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Ladies and Gentlemen,

Season has come to an end, and it is sure to be remembered for a long time. Beginning with the Grand Opening extravaganza at our beautifully renovated Clubhouse, a Street Fair that far surpassed last year’s in size and scope, and an end-of-season Farewell Party that rocked the night, we’ve had one of the most successful seasons ever at the Club. Polo has been truly transformed, not only our physical plant, but the way in which we deliver a first-class experience to our Members. We thank you for your participation and support and look forward to surpassing your expectations next season.

Polo has been the recipient of many awards this year, including our most recent recognition as one of America’s Healthiest Clubs. Details of the evaluation process which was used to measure Polo against their criteria can be found on page 30. We can all be very proud of the many accomplishments that our Club has achieved this year, including designation as a Distinguished Emerald Club of the World.

With the help of a new marketing firm, we have launched an aggressive campaign to entice our northern neighbors to experience this piece of paradise we call home. We are showcasing our “Stay and Play” Portofino home to those who are serious about relocating to South Florida. We want them to spend several days getting to know our culture and visit our 24 communities. While here, they will also have an opportunity to play golf, tennis, spend a day in our Spa, and dine in our various food outlets. Our beautiful facility, friendly staff and fabulous weather are sure to win their hearts. We ask all of our Members to invite their friends and families to participate in our Ambassador program.

Of utmost importance is offering our Members the best food and beverage experience, both in consistency and quality. Over the past three weeks, we have been interviewing Executive Chef candidates, searching for that one special individual who will take our F&B operation to the highest level. I will send out a notification to the Membership once we have reached an agreement with a candidate. Over the summer, our F&B team will create a new training program for the front of the house service staff to ensure that we have well-trained individuals who understand our operations and menu items. We are excited about the future of our F&B program, and look forward to introducing our new Executive Chef to you.

On behalf of the management team and staff, we hope you have a great summer wherever you are!

Warmest regards,

Brett Morris,
General Manager / COO

“Polo has been truly transformed, not only our physical plant, but the way in which we deliver a first-class experience to our Members.”
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SPECIAL FEATURES
ONE OF AMERICA’S HEALTHIEST CLUBS
Polo Club Earns High Health Scores

A GREENER GREEN
Putting Environmental Stewardship at Forefront of Golf Course Management

FORGET GENIUSES! YOU NEED A NERD.
Polo Member Inspires Nerd Alert Technology Business Entrepreneur

ROOM TO FLOURISH
The Pastry Team Sets Up Shop

Creative Director Diane Dragone
Art Director Valerie Sebring
Contributing Writers Michelle Brown, Lesley Marlo
Cover Photography Global Video Pros

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In appreciation for our Members' service and dedication to various local and community charities, the Community Relations Committee recently recognized their work and dedication at a luncheon honoring these volunteers.

The Volunteers of the Year for 2015 were Judi & Allan Schuman. Some of their charitable affiliations and efforts include:

**Judi Schuman**
- Chair of Women’s Philanthropy, Federation of South Palm Beach County
- Officer and Board Member of the Federation
- On the Board and the Executive Committee of the Levis Jewish Community Center
- Member of Arts and Learning Cultural Committee

**Allan Schuman**
- Mentor to young business professionals within the Federation system, and was the Business Icon for the month of October, 2014 where he taught a class to young business people
- Chair of the Board of the Business School at FAU
The safety and well being of Polo Members and staff are top priorities for The Polo Club. As part of our formal loss control program, we have a proactive Safety Committee (SC) to provide safety training, conduct regular facility inspections and supply appropriate personal protective equipment throughout the Club.

In addition, managers conduct monthly safety meetings, while daily "line up" briefings also address safety issues to heighten awareness and emphasize a culture of safety. Employees are encouraged to provide suggestions, and these are considered for implementation at the SC meetings.

Working with our insurance carrier, The Polo Club has participated in numerous safety surveys, provided CPR and First Aid training, and implemented our insurance carrier’s “5-Star Safety Leadership Training Program.” Initiatives have included the elimination of fall hazards, enforcement of safe workplace policies, reduction of chain saw use, improvement of walking surfaces and storage, and escalation of employee safety training.

Thanks to these safety and CPR training programs, last year a member of the lifeguard team saved a young girl from drowning at the Family Resort Complex.

The partnership with our insurance company has translated into significant savings on insurance premiums over the past four years. In fact, this partnership has reduced what used to be a $407,600 insurance expense to a $220,000 premium, saving The Polo Club almost $200,000 annually.

Based on the many improvements, training and enhancements made during this time, The Polo Club was recognized for its achievements related to employee safety, health and claims management, and recently presented with a “Safety Achievement Award.”

Congratulations to everyone—staff and members—who have helped make The Polo Club a safe and secure place to work and play!
POLO SPORTS
LIVING AN ACTIVE LIFESTYLE
Three decades of sportsmanship, athleticism, fitness, and yes—love—were recently served up at the 30th Anniversary Tennis Celebration at The Polo Club.

Thirty years is a lot of ground to cover, but the Tennis Celebration Committee, which included Members Elaine Lerner, JoAnne Mahoney and Caren Gorman, did a fantastic job of showcasing the highlights of Polo’s illustrious tennis history. The anniversary party, held on March 20 in The Laurels, was filled with emotional highlights, amusing stories of “Sets in the City” and proud memories of Polo’s leadership role in the world of tennis.

More than 350 Members, guests, and staff recognized the many important contributions which have made Polo’s tennis program a continuing success. Everyone laughed, danced, ate and drank their way through a night of fun, punctuated by the following great moments:

- Brett Morris congratulated all of the Members for their support and challenged them to another 30 years of great play.
- A plaque and gift were presented to Stan Weber, Tennis Chair, for his outstanding leadership and service to the Tennis program.
- The Tennis Committee and Tennis staff were recognized and thanked for their dedication and hard work.
- The Tennis Celebration Committee members were thanked and presented with floral bouquets for their efforts.
- A special slide show of “30 Years of Polo Tennis” played throughout the evening, featuring hundreds of pictures of highlights throughout the years.
- Director of Tennis, Jean Mills was presented with a commemorative plaque for her 30 years of dedication and unwavering commitment to the Tennis program and the Polo Club community.

Members and guests are invited to view the new Tennis trophy case, which displays awards donated by Chris Evert, Steffi Graff and the Virginia Slims Tennis Tournament, as well as other special awards and acknowledgements bestowed upon The Polo Club.
A super-sized 30th anniversary photo, featuring approximately 400 Polo Tennis Members, was unveiled to great applause and fanfare.
Polo Members Take Top Spots in Countywide Competitions

The 2015 competitive season of the Palm Beach County Senior Tennis League ended with Polo women at the top, winning 1st place in their division and representing their Club with pride.

The Ladies’ Polo Club Green Division 6 emerged winners after playing hard, smart, and as a team throughout the season.

“I am really proud how our ladies played, of their improvement, and of their overall performance. Results speak for themselves,” said Coach Piotr (Peter) Krzyzanowski. “The team made use of and implemented tennis tactics and strategies that they learned during team practices and used them cleverly in their matches. The competition was tough, but our Polo ladies just played smarter tennis to overcome the competition.”

Special thanks goes to Captain Laurie Green whose leadership, patience, love for the game, and dedication to the team helped the team win the division.

Not to be outdone, Polo men continued their winning streak, winning 1st place in the countywide Grand Slam League in the U.S. Open 3 division. Last year, after winning in a lower division, the men’s team was advanced to the next higher level, which they also won.

Men’s Coach and Polo tennis professional Mario Valle said it was a great accomplishment for the team to defend their title in a more challenging division.

“I told them to believe in themselves and to play consistently,” Valle said. “They stayed away from unforced errors and won by playing their game.”

The League features players who compete for most of the year, beginning in the fall and continuing through April. Valle said the long-running men’s team has played as a consistent unit for eight years.
Congratulations to our 2015 Polo Club Champions.

A highlight of the tennis season was the three weekends of The Polo Club Championships which included Mixed Doubles (held January 10 & 11); the Men’s and Ladies’ Doubles Championships (held March 28 & 29); and the Club Singles Championships (held April 25 & 26). These competitions brought out the “best” in Polo Tennis at all levels but more significantly provided an opportunity for our Membership to support neighbors and socialize with friends while seeing very competitive Club matches. There were approximately 100 Members watching the finals.
Pickleball – The Sweet Sport with the Sour Name – Comes to Polo

BY MICHELLE BROWN

When Barry King hits the tennis courts at Polo, he is not playing by the traditional rules. On Tuesday and Thursday mornings King and about 100 other Club Members hit a plastic ball with a paddle—not a racquet—because they are playing Pickleball.

Barry is the unofficial chair of the Polo Pickleball Club and encourages Members to learn the new sport, which is a combination of badminton, tennis and ping-pong. The sport is sweeping the state and gathering fans, due to its easy rules of play and smaller court size, which makes it less physically demanding than tennis.

Created in 1965 by three men from Washington State in an effort to alleviate summertime boredom with their kids, Pickleball has grown into a national pastime with playing facilities in all 50 states. There is even a USAPA (United States of America Pickleball Association) and website (www.usapa.org). Recently, it has enjoyed a surge of popularity in Florida, and clubs like Polo are not only introducing the sport, but also forming competitive leagues.

“About two months ago, some other Members and I were supposed to see a demonstration of Pickleball, but it got rained out. So Jean Mills asked me to lead the research and introduction of the sport to Polo,” said King. “I went on the internet and learned how to play the game, then invited Members to come learn more about it. It’s a lot of fun.”

Played on a doubles badminton court size of 20’ x 44’, Pickleball is played with a Pickleball paddle, which is smaller than a tennis racquet, but larger than a ping-pong paddle.

Check out Pickleball Tuesdays and Thursdays at 9:30 a.m. on Polo’s Tennis courts. Times and dates subject to change during Summer months.
All the elements of play make Pickleball a great aerobic exercise option that employs hand-eye coordination and dexterity, but without the same strength and flexibility demands as tennis.

“People really love it. It’s for all Members. I invite everyone to come out and try it.”

—BARRY KING
ENJOY GOLFING THIS SUMMER

3 TIPS FOR LOWERING YOUR SCORES IN HIGH TEMPERATURES

Golfing in South Florida summers requires planning, preparation and overall smarter play. With temperatures and humidity in the upper ranges, a round of golf can take a much larger toll on the body than playing during the cooler months of the year, but it doesn’t have to be that way.

As the seasons shift, players of all levels can take simple steps to improve their game, while enjoying the best of Florida’s outdoors. Here are three ways to make the most of playing Polo Club’s courses and not lose a stroke off your game.

1

BE CONSCIOUS OF THE HEAT. When you live in South Florida for a long time, the weather becomes a backdrop, not the focus. However, in June, average temperatures range from 74-88 degrees Fahrenheit, which means the day begins warm and gets hotter. Factor in an average morning humidity of 83 percent, and golfers are managing serious environmental elements as early as 8:00 a.m.

Simply being conscious of the heat and humidity will help Polo members dress appropriately, wear proper sun-protective gear and hydrate constantly, as well as schedule tee times that keep them out of the direct heat.

Check out Ladies’ and Men’s Ultraviolet Protection Factor (UPF) clothing and other sun-protective gear in the Golf Shoppe.
HYDRATE CONSTANTLY.
Golfers hear this tip time and again. Hydrate long before you hit the course, especially in the morning, as most people underestimate how hydrated they are. A sound preventative program includes consuming liquids and water-rich fruits and vegetables on a consistent basis, not downing a glass or two before grabbing the clubs.

Age matters when it comes to hydration. According to the “Age Defying Golf” website (www.agedefyinggolf.com), the body holds less water in reserve beginning at age 20. This loss can be as high as 15 percent. With less water in reserve, dehydration take effect faster if the player is not hydrating constantly. Also, what a golfer drinks can also affect his or her hydration. Water, low-sugar sports drinks and water-rich fruits, like grapes and melon, are preferable to beers, coffee, most tea drinks and soft drinks, which are high in caffeine and/or sugar.

Lastly, don’t discount dehydration’s detrimental impact on your golf game. It can lead to muscle stiffness, dry mouth, fatigue, weakness, poor concentration and sluggishness. In 2013, U.S. Senior Open professional Peter Jacobsen withdrew from competitive play after only nine rounds, due to heat illness and dehydration.

GET HELP. Great golf calls for expert assistance. Polo Club members can take advantage of the Titleist Performance Institute-certified instructors and technology to adjust their game and their physical performance to account for summer conditions. Instructors can help golfers play smarter, not harder, in the heat.

Check the weather to plan your game! It makes a world of difference when you know it’s going to be blistering, overly humid, raining or windy.
JUNIOR GOLFERS
SPRING 2015

LEARNING PROPER SKILLS & SPORTSMANSHIP
VALENTINE MIXED COUPLES
FEBRUARY 8TH, 2015

LOVE
SCORES
BIG AT
POLO

MIXED COUPLES MEMBERS/GUEST
MARCH 22ND, 2015

Left to Right: Gerald and Rita Gare (Guests), Sherry and Steven Einorn

Left to Right: Alan and Ellen Mirson, Jeff and Pam Good (Guests)

Left to Right: Donna Nadolny and Maria Rosenfield (Guest)

Left to Right: Steve Rosengarten and Nadine Flexer (Guests), Beverly Rhodes and Alan Silverstein

Left to Right: Arthur Cogan and Leonard Cogan (Guest)
On Wednesday March 4th, the 9-Hole Ladies Golf Association hosted a charity event to benefit The Slomin Center for Autism. Ninety-five ladies attended a wonderful luncheon, which raised $3,500 for the Center. Donna Weiss and Ann Gold were the Co-Chairs who made this all happen. Thanks to all the Ladies who contributed and attended this special event!
LADIES 9-HOLE CHARITY
CHECK PRESENTATION

CONNECTING THE PIECES.
ONE CHILD, ONE FAMILY AT A TIME.

To order Tribute Cards, please call Harriet Barres at 561-865-2737.
Congratulations to Barbara Rechter and Madeline Wolfson on a very memorable Play for P.I.N.K. Charity Day, dedicated to our beloved Joan Howard. Their hard work and efforts, along with the many volunteers and tremendous Member support, were able to raise over $35,000. Congratulations and Go P.I.N.K.
PLAY FOR P.I.N.K.
MARCH 17TH, 2015

RAISING OVER $35,000 FOR BREAST CANCER RESEARCH
CLUB CHAMPIONSHIP WEEK
MARCH 23RD - MARCH 29TH, 2015

MEN’S CLUB CHAMPION
LEWIS AUERHAAN

LADIES’ CLUB CHAMPION
BEV RHODES

MEN’S CHAMPIONSHIP FLIGHT
RUNNER-UP
GARY HELDMAN

LADIES’ CHAMPIONSHIP FLIGHT
RUNNER-UP
JACKIE HENIG

MEN’S 2ND FLIGHT
WINNER
DAVID BARNETT

MEN’S 2ND FLIGHT
RUNNER-UP
ALAN STEINBACH

MEN’S 3RD FLIGHT
WINNER
MARVIN TEPPER

MEN’S 3RD FLIGHT
RUNNER-UP
HOWIE NADOLNY

MEN’S 4TH FLIGHT
WINNER
JAY WISTON

MEN’S 4TH FLIGHT
RUNNER-UP
JAY WISTON
MEMBER/MEMBER CHAMPIONSHIPS
MARCH 10TH - MARCH 15TH, 2015

MEN’S CHAMPION FLIGHT WINNERS
Thomas Freed (left) & Michael Geltzeiler (right)

LADIES’ CHAMPION FLIGHT WINNERS
Aimee Jackness (left) & Alice Kemper (right)

1ST FLIGHT WINNER
Alan Mirson (left) & Dan Sennet (right)

1ST FLIGHT WINNER
Cathy Strosberg (left) & Judy Yorra (right)

2ND FLIGHT WINNER
Eric Perlmutter (left) & Ed Kline (right)

3RD FLIGHT WINNER
Gene Sandler (left) & Stan Lerner (right)

4TH FLIGHT WINNER
Bill Levine (left) & Tom Crystal (right)

5TH FLIGHT WINNER
Ray Fellerman (left) & Arnold Leibowitz (right)

6TH FLIGHT WINNER
Marvin Tepper (left) & Jay Wiston (right)
Early this year, as California faced historic draught conditions, the state’s governor implemented water-rationing measures to homes and businesses throughout the state.

Here in Florida, surrounded by lakes, ocean and Intracoastal waterways, it’s easy to forget that water is a precious resource in limited supply. Year-round guidelines for water use established by the South Florida Water Management District in conjunction with the State of Florida are in place to regulate usage and implement conservation efforts for residents and businesses alike. The guidelines also include an additional component that is part of a larger initiative at The Polo Club—golf course management strategies that minimize pollution while preserving precious water resources.
BEST MANAGEMENT PRACTICES

Originally, the Florida Department of Environmental Protection aimed to provide superintendents and golf course operators with course management strategies that included environmental protection, water quality protection, and conservation policies in a document titled Best Management Practices (BMP) for the Enhancement of Environmental Quality on Florida Golf Courses. Over the course of two decades, the document grew to include every consideration possible, from pesticide management to irrigation.

While the BMP started out as a wish list of what golf courses could be doing, the state of Florida has, through fertilizer ordinance, made those BMP’s mandatory. Each golf course must now have its own environmental impact mitigation initiatives documented in detail.

GREEN GREENS

The Polo Club has long been at the forefront of the watershed management movement, finding new ways to maintain the beauty and playability of our two Championship Golf Courses while making them more environmentally friendly, less dependent on chemical fertilizers and pesticides, and a model for sustainable, responsible golf course management.

Creating a BMP for The Polo Club courses involved carefully documenting efforts already underway. The initiative was led by Director of Golf Course Management, John Gallagher in collaboration with Mike Hamilton, a founder of Sustainability International, a company that works with communities to develop environmental programs, and Todd Miller of consulting firm Golf BMP Solutions.

“There is an eight-page checklist that accompanies the Florida DEP Best Management Practices guidelines for golf courses,” said Miller. “The Polo Club can put a check next to every item on the list. I’ve been in this field my entire life, and I can tell you that is very rare.”
BEYOND OUR GATES

The Polo Club’s holistic approach to course management keeps the turf from getting stressed, diseased, or infested with insects while minimizing the use of chemical pesticides and fertilizers from the greens and fairways to the lakes and irrigation system.

“If you’re not doing a proper job maintaining a course, the turf will not do well,” says Miller. “And, typically, the way to fix poor performing turf is with chemicals.” Yet, according to Gallagher, “Reaching into the cabinet for a chemical should be the last step in a successful pest management program.”

As part of the BMP, The Polo Club created a storm water management map that identifies all possible ways water can run off the property. Water that leaves Club grounds makes its way into local waterways, eventually ending up in the Intracoastal Waterway and all the way out to the Atlantic Ocean. If chemical pesticides or fertilizers are used in one area, or if something spills in another, where it is going to go and how will it connect to the lakes and canals on property and off is documented and accounted for.

CERTIFIED ENVIRONMENTAL STEWARDSHIP

Golf courses have long held a bad reputation for non-source point pollution, but modern golf course management practices like the ones used at Polo are demonstrating that responsible golf courses can have a positive effect on their local environment. Through the policies and procedures put in place by Gallagher and his team, our golf courses act as a natural filter that leaves storm water runoff cleaner than the waterways it flows into.

Combined with our recent certification as an Audubon Cooperative Sanctuary by Audubon International, the completion and accreditation of our individual BMP reinforces The Polo Club’s commitment to protecting and preserving the natural beauty of our community and area resources.

A COMMUNITY EFFORT

“Education is a big part of what we do,” says Hamilton, who also works with homeowners to employ sustainability measures at home. “We start with a checklist that covers water management to energy usage. Residents usually find that the amount of money they spend on a sustainability plan is easily offset by their water and energy savings.”

With South Florida’s limited water resources shared by 8.1 million residents, our economy, and our environment, the time and effort it takes to live and act more sustainably is minimal compared to the effects we can have on protecting the natural waterways that make our area such a unique and beautiful place to call home.

For more information on how you can practice sustainability, contact Sustainability International at (866) 872-3708.
At The Polo Club, wellness is a way of life. From the golf courses and pools to the tennis courts and fitness programs, the lifestyle cultivated here encourages its Members and staff to be active and engaged.

Now the world is starting to notice the Club’s wellness philosophy. This spring, a national private club evaluation firm, Prevo Health Solutions, Inc., recognized Polo as one of America’s Healthiest Clubs.

The Polo Club earned an impressive 85 percent on its Health Score, which evaluated the Vision, Alignment and Execution of the club’s departments and scored them based on how well they served the development of wellness among Members and staff. Prevo’s evaluation considered seven different categories: Strategy, Membership, Fitness, Food & Beverage, Golf, Tennis and Human Resources.

The evaluation process required that department heads and staff be interviewed and then measured the Club, as a whole, by its efforts to improve and encourage wellness at all levels.
“Today, more than ever, people are concerned about more than just their health,” said Chief Operating Officer, Brett Morris. “Our Members are interested in getting the most from their everyday lives, and that means being vibrant and engaged in all activities, not only tennis and golf. Food, accessibility to information and experts, community programs, social events and family time are all factors in their wellness. As their home, The Polo Club has a vested interest in creating an environment of wellness. This distinction speaks to our commitment to our Members, their families and our staff.”

COMPETITIVE CLUBS PLACE WELLNESS AS PRIORITY

In an extensive Health Report, the Club was thoroughly evaluated on its strengths and successes, as well as opportunities for improvement. Rick Ladendorf, president of Prevo Health Solutions, Inc., said Polo is among an exclusive, and growing, group of private clubs that is focusing on wellness as a strategy for Member satisfaction and employee retention and recruitment.

“Clubs that undergo this certification process look at how it will affect the marketing of the club, increasing goodwill within the membership, targeting what can be done better and best practices,” he said. “The Healthiest Club distinction is also a validation of what some private clubs are offering in comparison to their competition.”

POLO’S TENNIS AND GOLF EARN HIGH MARKS

Renowned for its golf and tennis, Polo earned high scores when it came to the service, accessibility, technology, expertise and encouragement of its signature programs.

Tennis earned a 91 percent score on its Wellness evaluation. Director of Tennis, Jean Mills, attributed the high score to Polo’s customized approach to its Members.

“We’re about getting to know you as a person and discovering what you want to do, not just whether you want to be on a team or play tennis,” she said. “Where do you want your tennis to be in six months or three years? Some people just want to play, some want to watch and others really want to get better.”

Golf Director Tom Haase ties his department’s exemplary score of 94 percent to the same type of personal touch. Through the Titleist Performance Institute technology and TPI-certified instructors, the Club’s golf program is able to craft solutions, fitness programs and wellness therapies for each individual.

“It’s not a surprise to me that Polo ranked so highly as a Healthiest Club,” he said. “Our Members appreciate the number of ways we make their wellness a priority. Having active Members, who are healthy and using the whole club, is our goal.”

Look for the America’s Healthiest Club recognition on Polo’s materials and website. We are extremely proud of our Club!
DUELING PIANOS
MARCH 5TH-6TH, 2015

Larry Klass and Henry Haid deliver an evening of fast, funny, and unforgettable entertainment.
POLO EVENTS
HAPPENINGS AROUND THE CLUB
The man with the voice... who also happens to be funny.

Left to right: Cher, Willie Nelson and Elvis Impersonations
JERSEY BOYS
MARCH 17TH-18TH, 2015
Celebrating its most successful year, The Polo Club’s Art Show is dedicated to showcasing our Members’ contemporary, emerging, and modern works of art.
Over 47 participants exhibited at this bi-annual event which featured painting, photography, sculpture, ceramics and more to showcase one-of-a-kind works. This much-anticipated Art Show was another great triumph, drawing over 1,200 guests.
FORGET GENIUSES! YOU NEED A NERD.

BY LESLEY MARLO

In 2010, Polo Club Member Shirley Kayne was frustrated with her lack of technological know-how and wanted to learn to use the iPad she’d been given as a gift. She was advised to take private lessons for $99 at an Apple store in New Jersey. “I went a few times. It was not at all helpful and certainly not private,” says Shirley, pointing to the fact that the one-on-one tutoring takes place in the middle of an almost-always crowded store.

In Florida that winter, she enrolled in group classes at the Apple store in Boca Raton’s Town Center Mall but still didn’t feel that she was getting enough help. Then, one day as she was leaving the store, she overheard Apple “Genius” Julius McGee demonstrating an iPad to a group. She was mesmerized at what she calls his “marvelous way of teaching.”

“When he was done, I went up and complimented him and asked if he taught privately,” shares Shirley. He didn’t, but Julius invited Shirley to come in whenever he was training new store employees. “I was very appreciative and actually did go a few times,” Shirley says. “I got to know Julius a little better and told him how special his teaching abilities are.”

One night Julius phoned Shirley, whom he calls “Grandma Technology,” saying he’d had an epiphany. Shirley recalls Julius saying that, thanks to her encouragement, he knew what he wanted to do with his life—teach! Julius left Apple and started teaching Shirley’s friends and neighbors at The Polo Club. He then partnered with three fellow FAU grads who had previously been involved in successful tech-start ups. Together they formed Nerd Alert, an on-demand tech support, training and repair company that provides services on both PC and MAC platforms. “Think Uber meets Geek Squad,” says William Levy, one of McGee’s partners.

Prices per hour for training, troubleshooting or initial diagnosis are 20%-50% less than similar services offered at computer and electronics stores. Nerd Alert also provides convenient, on-demand, same-day service through a dedicated “nerd” who comes to the customer’s home or place of business. Among the most popular services are training on iPhones, iPads, and laptops.

Despite Nerd Alert’s growing success, Julius stays true to the roots that inspired him, teaching group classes at The Polo Club several times a month. “Helping people with technology can change their lives and empower them,” he says.

For more information about Nerd Alert, call 561-402-7343 or visit www.nerdalert.com
“JULIUS IS A WONDERFUL TEACHER. IT WAS HIS DESTINY.”

—SHIRLEY KAYNE, POLO CLUB MEMBER

Nerd Alert classes include iPhone, iPad, Mac laptop and social media instruction.
Details for Fall classes are coming soon...
Members spent a night in Havana and said farewell to the Winter season. The festivities included Cuban cuisine, tropical cocktails, fire dancers, cigar rollers and fireworks.
FAREWELL PARTY
APRIL 24TH, 2015

PoloClub.net
SWEET TREATS FOR THE KID IN ALL OF US
POLO DINING
DELIGHTING THE SENSES
Prior to last year’s renovation, the pastry team shared kitchen space with the rest of the culinary staff. This meant being relegated to a free table here or there, communal freezer space, ovens, and elbow room while producing every single plated dessert, buffet sweet, and nearly all the breads served in every dining room at The Polo Club. It wasn’t easy, but they managed. Now, with the renovated kitchens designed to accommodate the immense demands involved in servicing all of the Club’s facilities, Pastry Chef Christophe Joly and his team of bakers and pastry cooks finally have a place to call their own.

Just off the main kitchen is the “pastry shop,” a 20’x30’ space with a walk-in freezer, dedicated refrigerator, real stone ovens that steam and bake crusty artisan bread and, just in time for summer, an ice cream and gelato maker. Christophe is excited that the machine will allow him to create healthier ice creams and gelatos from scratch without the additives and artificial ingredients common in store-bought ice cream.

To master the art and science of making ice cream, Chef Christophe spent his vacation in North Carolina at gelato school. While others headed to the beach or the mountains, Christophe was hard at work at a professional training center which offered specialty dessert courses that combined classroom learning with hands-on instruction. There, he learned the intricacies of perfect frozen desserts made with fresh concoctions of wholesome ingredients, including milk or cream, sugar and fresh fruit. Members watching their weight or sugar intake will be happy
they can also indulge, because gelato is naturally lower in fat and sugar than ice cream.

**HEALTHY CHOICES**

For those avoiding sugar entirely, Christophe’s team will continue offering sugar-free delights using maltitol, a sugar-derived ingredient that has half the calories and a lesser effect on blood glucose than sugar. While those on physician-recommended diets should consult with their own doctors, Chef Christophe prefers maltitol as a healthier alternative to artificial sweeteners that often carry health warnings.

“We try to satisfy all Members and their dietary needs,” he says, also noting the efforts made to accommodate those with gluten-sensitivities. “They say you can’t make everybody happy. I don’t believe that. Sometimes it’s hard, but we try!”

In addition to sugar-free and gluten-free goodies, on an average day in season the six-person pastry team produces approximately 900 to 1,200 cookies, 600 to 900 rolls, ten to twenty large loaves of bread plus all of the specialty breads served in the four restaurants and banquets. They also create 1,000 mini desserts per buffet, which can sometimes mean up to 6,000 mini desserts on a weekend that has four to six parties scheduled.

To flawlessly produce such massive quantities requires strategy. “On my side, it is all about planning. We touch so many areas and serve all restaurants and banquets,” says Christophe. “Everybody on our team has a specific function, and it’s my job to coordinate it all.” Christophe adds that the new quarters undoubtedly allow him to plan and organize much better. “We are all very grateful to have our own designated space.”

“We try to satisfy all Members and their dietary needs.”

—CHEF CHRISTOPHE JOLY
A Taste of Summer

SUMMER AT THE POLO CLUB HAS NEVER BEEN MORE SOCIAL!
This summer, prepare to see your social life get a major boost, as The Polo Club Food and Beverage department hosts several new and exciting events, food and drink specials, rotating restaurants, and themed parties complete with prizes galore.

DINE AND DANCE
Say goodbye to the mid-week slump! Wednesday evenings bring Dine and Dance to The Laurels with full dinner service, dancing, and themed activities, including Trivia Night, Bingo, and Karaoke. Dress to impress and be sure to don your dancing shoes. Festivities begin at 6:00 p.m.

THIRSTY THURSDAYS
TGI…Thursday! Join friends and neighbors every Thursday beginning in June for Thirsty Thursdays. Enjoy live music in Traditions with half-price drinks and hors d’oeuvres from 5:00 p.m. to 9:00 p.m.

MUSIC IN THE COURTYARD
Enjoy an evening under the stars with live music and dancing in the courtyard every other Saturday starting at 7:00 p.m. Mudslide drink specials are the perfect way to cool off from the summer heat. Check the Dining Calendar or the Weekly Buzz for dates.

THE SCOOP ON GELATO VS. ICE CREAM

BY LESLEY MARLO

People commonly mistake gelato and ice cream as one in the same, but the truth is that the two frozen desserts are not made equal. Aside from being served less cold than ice cream, gelato has a very different nutritional value than ice cream. Here’s the scoop:

In order to be labeled “ice cream” the mixture must be made of at least 10% milkfat. Most store-bought ice cream contains 14-17% milkfat. In manufacturing, ice cream is churned at a high speed to create a smooth, fluffy texture and create an end product that is typically more than 50% air. By contrast, gelato contains only 3-8% milkfat and just 25-30% air, making it creamier and denser than ice cream and often lower in calories, fat, and sugar. The fat in both desserts coats your taste buds, preventing you from tasting the full flavor. But because gelato has less fat, it does not need as much sugar to produce the same sweet flavor as ice cream.

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A TYPICAL 3.5-OUNCE SERVING OF VANILLA
SPA & FITNESS
EXPLORING HEALTH AND BEAUTY
As the season winds down, I would like to thank everyone for their support, feedback and participation at the Spa and Fitness Center. We have an incredible team that does an amazing job and I am extremely proud of each and every one of them.

Our fitness professionals, personal trainers and pilates instructors are all very knowledgeable and excel in their fields. From functional movement, improving your golf and tennis game, swinging kettlebells, losing weight, improving strength, stability, balance and mobility--our team can do it all! We have the best of the best and they hold certifications from NCAA approved organizations as well as health and fitness related degrees:

1. National Strength and Conditioning Association
2. American College of Sports Medicine
3. American Council on Exercise
4. National Academy of Sports Medicine
5. American Fitness and Aerobic Association
7. Functional Movement Systems
8. Russian Kettlebell Certification
9. United States of America Weightlifting
10. Power Pilates
11. Pilates Method Alliance
12. Peak Pilates

I would like to invite you to come in and meet the team. Let us help you achieve your fitness goals and improve your quality of life!
From left to right: (First Row) Jonathan Kamler, Abby Tannen, Lisa Kyte, Adrienne Krinsky, Jessica Kimble, Angela Vignola; (Second Row) Stephen Nightingale, Nicoletta Cabianca, Penny Foster, Todd Hart, Scott Barbour, (Back Row) Lori Ostrov, Gary Melzer, Linda Velez, Aaron Golombek, Kyle Sessions, Joe Patterson and Jenny Meiler

Not pictured: Barbara Freeman, Brian Harris, Rich Hollenberg, Rich Iscaro, Arick Pinsk
SPINNING CLASSES

A GREAT WAY TO GET A VIGOROUS WORKOUT WHILE BURNING CALORIES AND KEEPING YOUR MUSCLES IN SHAPE.

Indoor cycling classes are done in a fitness studio, with various lighting and music settings that create an energized atmosphere. Instructors guide participants through workout phases: warm-up, steady uptempo cadences, sprints, climbs and cool-downs. You can control resistance on your bike to make the pedaling as easy or difficult as you choose, and constant adjustment is normal. All you need are workout clothes, a towel and a water bottle. Sign up for a class and feel energized!

REASONS TO RIDE:

+ Fun and effective workout.
+ Allows you to train in the off-season.
+ Varied routines keep things fresh.
+ Great for all ability levels.
+ Safe alternative to road cycling.
+ Non-impact workout is easy on your joints.
KIDS OF ALL AGES ENJOY FUN AND GAMES AT POLO’S CAC
### CAC Summer Craft Schedule

**Hours:** Thursday–Sunday from 9:00 to 5:00 pm.  
*All Crafts are subject to change.*

#### SUMMER CAMP

**Session I:** 6/29/15 - 7/3/15  
**Session II:** 7/6/15 - 7/10/15  
**Session III:** 7/13/15 - 7/17/15  
**Time:** 9:00 a.m. - 4:00 p.m.  
**Ages:** 5-12 Years

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OVER 250 ADULTS AND CHILDREN ENJOYED FAMILY FUN AT THE POLO SPRING PARTY
On March 23, the Polo Billiards League began its Championship Week for Divisions A & B.

The following week an awards ceremony and cocktail party was held in Traditions to recognize the winners. Jeff Tanz was the A Division winner and Jon Mandell was the B Division winner. In addition, Richie Isaacson was given a trophy for the most wins in tournament play nights.

This season’s Tuesday night tournaments began in January, a bit late due to the completion of the Club renovation. Nonetheless, it was a great season, with the highlight of each evening being the ability to sink the 9-ball on the break. It happened only five times in over 400 games! The proud players (whose names go on the wall plaque) were father and son, Allen and Luke Schachter, each twice, and once for Jerry Dwosh.

Aside from in-house competition, two teams captained by Richie Isaacson and Irwin Klar captured first place in Division 3 of the South County 9-Ball League. A summer league has been formed in which Polo will field a team.

This past season, the enthusiasm was terrific, with more newcomers joining the Polo Billiards League, and enjoying true Membership camaraderie, who “took the cue and got on the stick”!
CARD ROOM

ANNUAL TOURNAMENT WINNERS

Congratulations to Bridge
Best Out of Six
Winter Champions

FRIDAYS’ BRIDGE CHAMP
Shirley Weinger
with a score of 61.76%

WEDNESDAYS’ BRIDGE CHAMPS
Eugene Grumer (left) and
Mickey Cail (right)
WITH A SCORE OF 59.33%

Kudos to our Ladies’ Interclub Bridge Team
Our newly formed Ladies bridge team, captained by Karen Pollack, battled hard throughout the season and came in second place. Well done, ladies!

Left to right: back row – Penny Levin, Roxy Freedman, Arlene rose, Shirley Weinger, Anna Stupak, Bobbie Ruff, Fran Frischer, Linda Green (Bridge Director), Elaine Blaustein and Judith Steinhardt; front row: Karen Pollack and Maris Faigin

Congratulations to our annual
Canasta Tournament Winners

Left to right: First Place – Dolores Moucatel and Paula Schaiton (31,700 points); Second Place – Cookie Kozan and Elaine Simes (25,200 points); Third Place – Bernice Brookmire and Maxine Greenfield (25,100 points)
GET INVOLVED!

Looking to have a little fun? Want to try something new? Here are some ideas, along with contact information that you might find helpful. Please call the numbers listed to find out what other activities we have at The Polo Club or check the flyer boxes in the Administration hallway.

READY TO WORK OUT?
We have plenty of fitness classes available and a wonderful gym with the latest equipment. We also have 25 fitness trainers on staff who can create a custom workout for you.
Fitness Center 561-995-1244

TENNIS ANYONE?
We offer private and group lessons for players of all levels, including a junior tennis program for the kids!
Tennis & Resort Shoppe 561-995-1260

HOW ABOUT GOLF?
It’s never too late to learn how to play. Our professional golf staff can help you get started or sharpen and improve your existing skills. There is also a junior program for the kids!
The Golf Shoppe 561-995-1150

WHAT CAN KIDS DO?
We have a wet play area, a kiddie pool, and a variety of fun activities in the Children’s Activity Center and Sport’s Court. We also have a Teen Center equipped with many different video games.
Children’s Activity Center 561-995-1100

DO YOU LIKE TO BRAINSTORM & PARTICIPATE IN MEANINGFUL DISCUSSIONS?
We have a Polo Discussion Group designed to keep you stimulated and sharp on topics of your choice.
Dolores Plaxen 561-367-3588

CARDS & GAMES MIGHT BE FUN!
Bridge, Canasta, Mah Jongg, Gin, Poker, Chess, Pan, Pinochle, and Scrabble… we have it all! We also offer lessons to help get you started. And if you already know how to play, we can help you get into a game.
Card Room Manager 561-912-1025

DO YOU LIKE TO HELP OTHERS?
We have a Community Relations Committee that loves to help out in the area. There are plenty of opportunities for everyone to participate, regardless of how much time you can contribute.
Nate Miller 561-998-7692
bradyboy222@gmail.com

JOIN SOME FELLOW BOOKWORMS!
You don’t have to watch Oprah reruns to get good insight and analyses on great reads. Joining the Polo Book Club is a great way to meet others who share your interests.
Bobbie Devin 561-241-6549

LIKE TO REEL THEM IN?
Consider joining the Fishing Club. Meet up with other fishing enthusiasts to share tips and techniques. You’ll also enjoy the annual Fishing Rodeo!
Harve Stein 561-241-7716

BILLIARDS ANYONE?
You don’t have to be a pool shark to play, but you’ll be guaranteed some great games with our Billiards League Members.
Richie Isaacson 781-254-5194

FOR THE LATEST INFORMATION Remember to check out our internal TV stations: Channels 63 and 95
VIP discounts are subject to change and prices are not guaranteed. The Polo Club does not endorse these businesses or guarantee quality in any way. 3/17/15

**HOTELS**

Boca Raton Marriott at Boca Center  
5150 Town Center Circle, Boca Raton, FL 33486  
888-888-3780  
Enter X6B in the space under Corporate/Promotional Code, which is under Special Rates & Awards at www.marriott.com

Renaissance Boca Raton Hotel  
2000 NW 19th Street, Boca Raton, FL 33431  
800-321-0472  
The online booking code is X6B  
www.renaissancebocaraton.com

Hilton Suites  
7920 Glades Road, Boca Raton, FL 33434  
561-852-4024

Embassy Suites  
661 NW 53rd, Boca Raton, FL 33487  
561-994-8200

**LIMOUSINES**

M&M Limousine & Airport Service  
561-488-6014  
Ask for special rates. Cash only.

A1A Airport & Limousine Service  
1990 NW Boca Raton Blvd., Boca Raton, FL 33432  
561-222-2222 or 561-391-4762  
10% discount for new and existing customers.

Diamond Coach Limo  
561-218-1887  
Ask for special rates.

Eagle Limousine Service  
954-592-9996  
$5 discount.

**PRODUCTS & SERVICES**

Pride Air Conditioning & Appliance, Inc.  
1-800-955-1086  
Offering a 6% discount on an annual Home Service Contract.

Dry Clean Express of Boca  
7720 Lexington Club Blvd., Delray Beach, FL 33346  
561-445-1163  
10% discount for new and existing customers. Free pick-up and delivery.

Prima Dona Cosmetics  
16950 Jog Rd Suite 103, Delray Beach, FL 33446  
(inside Moda Salon at Addison Place)  
561-988-7555  
10% discount. Ask for Dona Schiff.