HOUSING, EMERGENCY SHELTER & REPAIRS
Hogar, vivienda temporal de emergencia y reparación

Eden I&R (shelter & housing)

Echo Housing Hayward 581-9380, Oakland 496-0496
Emergency Shelter Program, 24 hour Hayward 581-9380, Oakland 534-6300
FESCO (Family Emergency Shelter Coalition) Hayward 581-3223
Oakland Housing Assistance Center 238-6182

Housing Repairs - Reparacion
Healthy Homes Department (lead, mold, other hazards) Hayward 670-8282
Rebuilding Together, Oakland (home repair) 625-0316 ext. 104

Advocacy/defensa
Causa Justa: Just Cause, Oakland 836-2687
Tenants Together, Foreclosure Help 889-490-8020
HOPE NOW Hotline, Foreclosure Help 889-995-4673

IMMIGRANT SERVICES - Servicios para inmigrantes
Catholic Charities of the East Bay 768-3110
International Institute of Bay Area Oakland 451-2846
Fremont 984-3639
Lao Family Community Development 535-8830
Spanish Speaking Citizen’s Foundation 261-7839
U.S. Citizenship & Immigration Services 800-375-5283

IMMUNIZATIONS - Vacunas
Immunization Referrals for children & adults 267-3230

LEGAL SERVICES - Servicios legales
Alameda County Bar Association 302-2222 ext. 4
Alameda County Child Support Services 868-891-3212
Asian Pacific Islander Legal Outreach 251-2846
Bay Area Legal Aid 800-551-5554
Centro Legal de la Raza 437-1651
East Bay Community Law Center, Berkeley 548-4040
Equal Rights Advocates 800-839-4372
Family Violence Law Center, Oakland 836-3260x301, 904-974-3011
Homeless Action Center, Berkeley 540-0878

MULTI-SERVICE CENTERS - Centros de servicios completos
Davis Street Community Center, San Leandro 347-4620
Fremont Resource Center 574-2000
Healthy Oakland Family Resource Center 444-9655

PREGNANCY SERVICES - Servicios para el embarazo
For Pregnancy Referrals, Call Family Health Line 888-640-4636

Birthways, Support & Classes, Berkeley http://birthways.org
Black Infant Health, classes, African Americans 618-1967
Brighter Beginning “ timeframe” Family Support 437-9665
Healthy Families America, case management 667-3140
MADRE, for women who suffered fetal loss 667-4333
Mother To Baby Call information on toxins 900-324-2472
Nurse Family Partnership for first time mothers 667-4311
Women’s Health Promotion (formerly IPOC) 618-2080
African American women in zip codes 500-880-9047

SMOKING CESSATION - Ayuda para dejar de fumar
California Smokers’ Helpline

English 800-862-8887
Spanish 800-456-6386
Chinese 800-838-6817
Korean 800-556-5064
Vietnamese 800-775-8440

TEEN SERVICES - Servicios para adolescentes
Asian Health Services, Oakland 986-1024
Beyond Emancipation, Teens Timing Out 667-7694
Boys & Girls Club, Oakland 444-8211
California Youth Crisis Line 899-339-7223, Oakland 800-843-5200
Children’s Hospital Oakland, Berkeley 428-3387
East Oakland Youth Development Center 569-0808
Independent Living Skills Program, teens timing out 667-7696
Native American Health Center, Oakland 434-3330
Planned Parenthood Teen Success groups 300-3800
REACH Ashland Youth Center 481-4551
School-based Health Centers, call to find location 667-7617
Thunder Road, Substance Abuse Services 653-5040
Tri-City Teen Clinic, Fremont 770-8013
Youth Employment Partnership 555-3447
Youth Uprising, leadership, arts, health and careers 777-9900

School District Programs for Parenting Teens - Programas de escuelas para padres y madres adolescentes (CalSAFE)
Berkeley High School, Vera Casey Center 800-2254
Fruitvale Academy, Oakland 536-6086
Horizon High School, Pleasanton 925-422-4725
Island High School, Alameda 748-4024 x114
Kaiser Permanente Health Plan 800-255-5053

978-424-3746
AIDS Project of the East Bay (APEB) 663-7979
WORLD, women’s services 986-0340

800-901-3212
Earn it, Keep it, Save it (Free Tax Preparation Help) 2-1-1
For Financial Coaching, Bank accounts, Savings, Credit Building:
Family Economy Success, Fremont Resource Center 569-2546
Operation Hope Inc., Oakland 535-6700
Sparkpoint, Oakland 924-3610

FOOD HELP - Ayuda con comida
Alameda County Community Food Bank 800-870-3663, 635-3663
Emergency food, CalFresh application assistance

FOOD: WIC PROGRAMS - Los Programas de WIC
Food Assistance Program for Women, Infants and Children
Programa de asistencia de comida para mujeres, bebes y ninos

Alameda County Eastmont, Telegraph, Hayward 595-5400
Fremont 795-2457
Axis Community Health, Pleasanton 925-462-2365
City of Berkeley 981-5360
East Oakland Health Center 430-9400
Native American Health Center Oakland 434-5300
Alameda 814-8440
La Clinica de La Raza, Fruitvale 535-4110 San Antonio 272-1500
Tiburon Vista, Various Locations 471-5913
West Oakland Health Center 835-9610

FOSTER CARE - Padres de crianza
Emergency Foster Care (SSA Crisis Line) 800-309-2131
Foster & Adoptive Parent Hotline, SSA 259-3575
Foster Pal: Family Pathways, 888-580-3725, 893-9266
Kinship Support Services, respite and support, referrals
Family Support Services North County 834-2443
Lincoln Children’s Center South & East County 583-8026
Legal Assistance for Seniors - guardianship 832-3040

HEALTH CLINICS - Clinicas de salud
P means provides comprehensive prenatal care
P significa que proporciona cuidado prenatal

For health care referrals, call Family Health Line 888-604-4636
ACCESS (for reproductive referrals) Eng 800 376-4636
Span 888 422-2237
Alta Bates Summit Perinatal Center P 869-8425
Ann Chandler Health Clinic, Berkeley 981-5350
Asian Health Services, Oakland P 986-8680
Axis Community Health Centers P 925-462-1755
Berkeley Free Clinic 800-625-462, 548-2570
Children’s Hospital Outpatient Clinic, Oakland 428-3226
Clinica Alta Vista (Tel.) Oakland 535-6300
Davis Street Primary Care Clinic, San Leandro 347-4620
East Oakland Health Center P 613-2222
Eastmont Wellness Center, Oakland 567-5700
Encore Medical Clinic for Homeless 717-5670
FPA Womens Health, Oakland 877-883-7264
Family Planning Specialists, Oakland (pregnancy termination) 268-3720
Firehouse Clinic, Haywood 398-7500
Frank Kiang Medical Center, Oakland 986-6880
Fuente Wellness Center, Ashland 481-4556
Hayward (formerly Winton) Wellness Center P 266-1700
Healthy Oakland, Save a Life Wellness Center 444-9655
Highland Hospital, Oakland Outpatient Clinics P 437-4800
Pediatrics 437-4887, Women's Urgent Care 437-4778
La Clinica de la Raza, Oakland P 535-4110
La Loma Medical Group, Oakland P 261-1677
Lifelong Medical Care P 981-4100
Native American Health Center, Oakland P 535-4400
NewWellness Center P 505-1600
Planned Parenthood, various locations 300-3800
R & K Lowe Medical Center, Oakland P 318-5800
San Antonio Health Center 899-339-7223, Oakland 800-843-5200
Street Level Health Project, Oakland 471-5880
Tiburcio Vasquez Health Center, San Leandro, Hayward/Union City 770-8040
Washington Park Walk-In Clinic 791-2273
West Oakland Health Center P 835-9610
Women’s Center at St. Rose Hospital, Hayward 400-3220

HEALTH INSURANCE - Seguro medico
Health Insurance Technicians (HealthPAC) 802-449-9425
Medi-Care Access Program (Prenatal) 800-433-2611
Alameda Alliance for Health 877-932-2738
Blue Cross of California 800-200-1506
Covered California 800-300-1506
Kaiser Permanente Child Health Program 800-255-5053

HIV and AIDS - VIH, SIDA
AIDS Project of the East Bay (APEB) 663-7979
WORLD, women’s services 986-0340

FINANCIAL SERVICES - Servicios financieros
Alameda County Child Support Services 866-901-3212
Earn it, Keep it, Save it (Free Tax Preparation Help) 2-1-1

LA PREDICCIÓN DE LA VIDA SANTO (CLAVE)