Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement: For and in consideration of USA Track & Field, Inc. ("USA Track & Field") allowing me, the undersigned, to participate in USA Masters Outdoor Track & Field Championships described above (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement").

I hereby represent that (i) I am at least eighteen (18) years of age or older (or that his document is also signed by my parent or legal guardian); (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs that would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.

I understand and acknowledge that participation in track & field Events is inherently dangerous and represents an extreme test of a person’s physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.

I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.

I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the “Released Parties” or “Event Organizers”), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) or any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which may be incurred as the result of such a claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Signature: ____________________________  Date: ________________

Use of Likeness Release: As a condition of my participation in the Event, I hereby grant USA Track & Field, Inc. a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting Event, USATF or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

Signature: ____________________________  Date: ________________
Sections 1 and 2 must be submitted for a complete entry submission

Entry Fees/Deadlines:
- Online entries are preferred and will receive a $5.00 discount
- On-time entries must be received by June 16, 2016. Late entries must be received on or before June 24, 2016.

Entry Form – Section 2

Entry Fees/Deadlines:
- Online entries are preferred and will receive a $5.00 discount
- On-time entries must be received by June 16, 2016. Late entries must be received on or before June 24, 2016.

Name: ____________________________________________________________

Street Address: _____________________________________________________

City: ___________________________________ State: ___________ Zip: ___________

Phone: (_____) ____________________ Email: _________________________

2016 USATF Membership #: ____________________ USATF Club Affiliation: _______ Yes

Required for U.S. citizens Circle “Yes” if you wish to represent the club that is part of your USATF member profile

Date of Birth: ___________________ Age _______ Sex: M F Citizenship: USA Other___________

Month Day Year as of July 14, 2016

[ ] I have a disability for which I am requesting an accommodation. Documentation must be submitted by June 24, 2016. Visit www.usatf.org/about/policies/ for more information.

<table>
<thead>
<tr>
<th>Events</th>
<th>Best Performance (in 2015 or 2016)</th>
<th>Fee</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td>$50 or $70 (Pentathlon)</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td>$20</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
<tr>
<td>9.</td>
<td></td>
<td>$18</td>
<td></td>
</tr>
</tbody>
</table>

Paper entry fee (enter online and receive a $5.00 discount) $5 $5

National Masters Track & Field Committee Surcharge (mandatory for all entries) $25 $25

Late fee (for entries received June 17 – June 24 / No entries accepted after June 24) $50

Banquet (Friday, July 15)
- $25 per ticket $25 x ___ (# of tickets)

Total Amount $________

Payments for entry fees must accompany your entry form.
Checks or Money Orders payable to: USATF Masters Outdoor Championships
Mail to: USATF Masters Outdoor Championships
132 E. Washington St.
Suite 800
Indianapolis, IN 46204