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Dear Northwestern Parents and Family Members,

We would like to extend a warm Wildcat welcome to you as we begin a new academic year here at Northwestern. From the undergraduate entrepreneurs bringing their ideas to life in our innovation lab, The Garage, to the musicians settling into a new world-class facility along the lake, your students are certainly making the most of all that the University has to offer.

In collaboration with our partners – including parents and families – the Dean of Students Office serves, supports, and engages students and others in the Northwestern community to promote student success. Many of you have seen firsthand the Dean’s staff at work without even knowing it. While Wildcat Welcome and New Student and Family Programs may be most familiar to you, the Dean’s office also includes student-centered departments such as AccessibleNU, Northwestern Career Advancement, and Off Campus Life that each contribute to a thriving undergraduate experience.

Although Fall Quarter often represents an exciting period for students as they transition and begin new experiences in and out of the classroom, it is common for them to have feelings of stress and uneasiness during this time. If your student is dealing with a complex issue or challenging situation, they may want help navigating the many Northwestern services available to them. Another area within the Dean’s office, Student Assistance & Support Services – or SASS – works to create a well-coordinated network of resources for students as they address any barriers to their academic, co-curricular, or social wellbeing.

Another significant (and easily accessed) resource, the NUhelp website, has been designed by and for students, and provides a gateway for community members to locate a host of University services. The site contains pertinent information about safety and security, wellness resources – including counseling and other health-related services – and academic support categorized by individual school. In addition, you can share a concern through NUhelp regarding the wellbeing of a student.

Please let us know how we and our colleagues can be of assistance as the year unfolds. Thank you for sharing your wonderful students with us – we hope to see many of you in Evanston November 6, 7, and 8, for Family Weekend.

Todd Adams  
Assistant Vice President & Dean of Students  
Dean of Students Office

Jeff Scholl  
Graduate Assistant  
Dean of Students Office
JOIN US FOR FAMILY WEEKEND!

The Office of New Student and Family Programs is thrilled to invite you to Family Weekend on November 6, 7, and 8, 2015!

On Friday, see what it’s like to be a Northwestern student by attending faculty Family Lectures, enjoying receptions with the undergraduate schools, attending a panel with campus leadership, and joining your student for events at residence halls and residential colleges. Saturday, bundle up for our Family Weekend Tailgate and watch the Wildcats take on the Penn State Nittany Lions. Tailgate tickets are available here, and football game tickets are available here. Attend interest sessions with Northwestern Career Advancement, Counseling and Psychological Services, Study Abroad, and Fraternity and Sorority Life. Sunday morning, run the Krispy Kreme 5K or have brunch in a dining hall with your student.

Student performances, religious services, and campus tours will be available throughout the weekend. Take a look at the tentative Family Weekend schedule on our website, and make sure to register too so we can adequately plan for your arrival!

When you arrive for the weekend, check in to receive your schedule booklet, pick up your tailgate tickets, and snag your Family Weekend gift. Check-in is available on the ground floor of Norris University Center on Friday, November 6, from 9:00 a.m. to 6:00 p.m.; Saturday, November 7, from 9:00 a.m. to 5:00 p.m.; and Sunday, November 8, from 10:00 a.m. to noon.

Questions? Give us a call at (847) 467-3988 or send us an e-mail at family@northwestern.edu. We are looking forward to seeing you!
Global Chef Edouard Becker Visits Northwestern

Chef Edouard Becker visited campus on Monday, October 12, and Tuesday, October 13, to provide Northwestern students, faculty, and staff with authentic French and German cuisine. Chef Becker was born in Alsace, France and attended Strasbourg’s Ecole Hôtelière. He grew up speaking fluent French and German, which is reflected in his culinary point of view. Students were able to dine on coq au vin rouge Burgundy, salmon en croute, German potato salad, and spaetzle. Chef Becker’s motto is: “Don’t count the calories, count the blessings.” It was a true blessing having him and his cuisine on campus.

Borzynski’s Farm Visit

Northwestern Dining hosted more than 20 students for an afternoon getaway to Borzynski’s Farm in Sturtevant, Wisconsin. Local produce was the focus of the visit, as students got the opportunity to better understand where their food comes from. Corn mazes, hot apple cider and great fun were on the menu for the day, and students really enjoyed meeting Farmer Steve as he discussed the business of being a farmer.

Family Brunch

During Family Weekend, make sure to stop by one of our dining halls for our annual Family Brunch on Sunday, November 8. For only $8, you and your family can enjoy an all-you-care-to-eat buffet and see where your students eat their meals. If you happen to be on campus the following week, you can also enjoy a Northwestern Dining tradition – Tour of Pork – as we celebrate all things pork! Follow us on Facebook to stay up to date on all the exciting events we host throughout the year.

Cat Cash Keeps Hunger Away

Help your student avoid getting “hangry” (that’s when you get angry because you are hungry)! Add Cat Cash to their WildCARD, and they can make food purchases anywhere on the Evanston and Chicago campuses. Students also save the sales tax when making food purchases using Cat Cash. Add Cat Cash to their WildCARD here.

Dietitian Services

Karen Sechowski is the campus dietitian for Northwestern University. Her services include offering free nutrition consultations to students, hosting Meet the Dietitian tables and Fireside Chats, working with and writing menus for students who have special dietary needs, and giving dining hall tours. Karen works closely with the chefs and management staff. She is also a preceptor for Loyola University Chicago’s dietetic internship and is working with dietetic intern Rebecca Lee. Rebecca graduated from Bradley University with a Bachelor of Science degree in dietetics and a minor in Leadership Studies. Currently, she is working on her master’s degree in dietetics while completing her internship.
Housing Master Plan in Motion
This summer, two of our buildings underwent full renovations as part of the Housing Master Plan. The North and South Mid-Quads reopened at the start of the quarter with updated amenities, including new bathrooms, flooring, furniture and air-cooling systems. Additionally, the first floors of both buildings were opened up to create more community space, which includes new lounges, a kitchen, and a laundry room.

This year, the Mid-Quads are home to PARC and Shepard residential colleges, as their usual homes are closed this year to be fully renovated as well.

Check out the housing website for more information on the Mid-Quads renovation project and the rest of the Housing Master Plan.

Academic Support at Night, over the Weekend, and at Home
As part of its mission to deliver direct academic support in residential spaces, the Office of Residential Academic Initiatives is continuing various partnerships and launching a new one this fall. Continuing programs from past years include:

- South-campus satellite locations two nights a week for the Math, Chemistry, and Physics Resource Rooms headquartered in McCormick Technological Institute. These tutoring hours are free and open to all students.

- Peer-Led Undergraduate Study (PLUS), which offers a drop-in forum for students who are working on a problem set or paper, reviewing last week’s class material, or preparing for an upcoming exam. PLUS sessions are led by upperclassmen, prepared by the Writing Place and the Searle Center for Advancing Learning and Teaching.

- Math and economics review study tables, which are collaborative review sessions facilitated by the teaching staffs of some of the largest gateway courses on campus. These events are held in dining halls on the days leading up to midterms and finals.

- “House Calls” by the pre-medical advisers from the Undergraduate Academic Advising Center. First-year students who need an overview of the pre-med landscape can attend these information sessions in residential settings after business hours.

New this year is a collaboration with the teaching staff of Chemistry 101, which has over 400 first-year students enrolled. On Sunday afternoons, students can attend workshops in a dining hall where instructors encourage small-group work on pre-selected problems and then have students report out their solutions. Attendance has been great so far, and we expect it will only increase as students get deeper into the course and encounter more challenging content. Fortunately, Northwestern units are coordinating efforts to make academic support available to accommodate different schedules and needs.

Winter Break Housing Notice
Due to high occupancy levels, as well as the construction schedule of the Housing Master Plan, Residential Services will not offer Winter Break Housing this year. Thank you for your understanding as we work to improve our residential facilities.
Introduction to Northwestern Career Advancement (NCA)

If your student is new to campus or hasn't had a chance to connect with NCA yet, here is a brief snapshot of how our office works with students in their career development, job or internship searches, and more, with programming highlights from 2014-15. Students are invited to schedule an appointment at our main office with their career counselor or adviser, or stop by our Express Advising Center at the Main Library between 2:00 p.m. and 4:00 p.m. on weekdays for answers to quick questions or resume and cover letter reviews (no appointment required).

Personalizing Communication from NCA

Students can personalize e-mails from NCA to receive the career opportunities that they care about most by selecting career interests and setting up a Job Search Agent in our internship and job search system, CareerCat. Detailed instructions can be found on the NCA website.

NCA Career Programming

Fall programs include Alumni-Student Mock Interviews, the First Year Career Checklist, and workshops on Understanding Careers in Marketing, Advertising & Public Relations, as well as Careers in Nonprofit, Government & Policy. Your student can find details and R.S.V.P. to workshops in CareerCat under the “Events” > “Workshops” tab.

Fall On-Campus Recruiting

Following the Fall Internship & Job Fair in September, more than 100 of the world’s best companies and organizations have been visiting the NCA Interview Center this quarter for on-campus interviews with Northwestern students. Companies include PwC, Nielsen, Facebook, Accenture, Macy's, Morningstar, WW Grainger, and IBM. Job and internship positions are listed in CareerCat, NCA's internship/job search system, and remaining company information sessions for the quarter can be found in CareerCat under the “Events” > “Information Sessions” tab. Students can mark their calendars for the two-day Winter Internship & Job Fair on Tuesday, January 12, and Wednesday, January 13, from 12:00 p.m. to 4:00 p.m. in Norris.

Applications Now Open for the NCA Career Development Fund

Applications are now being accepted for the Career Development Fund, which provides funding to support the career development needs of undergraduate students with demonstrated financial need. Students can apply to receive funding to support travel to internship, job and graduate school interviews, professional career events and the purchase of professional attire. Applications will be accepted on a rolling basis throughout the academic year.

#TakeNUToWorkDay Twitter Takeover Program

NCA launched its new #TakeNUToWorkDay Twitter Takeover program in October, where employers and Northwestern alumni in a range of career fields share their work days with Northwestern students on NCA’s @JobsforCats Twitter account. In NCA's inaugural Twitter Takeover, Derek Tucker (McCormick '15), an associate business analyst at FCB Chicago, offered a glimpse of his work day at an advertising agency. You can find Derek's #TakeNUToWorkDay on Storify. Your student is invited to follow us on @JobsforCats as we announce more Twitter Takeovers throughout the year. Next up: Sam Zabell (Medill '14) takes us through her workday at Real Simple on @JobsforCats on Thursday, October 29!
Students network with 80+ employers each day of the two-day Fall Internship & Job Fair in September. | Credit: Student Affairs Marketing
NORTHWESTERN CAMPUS LIFE’S NIGHT AT THE ART INSTITUTE

The first Northwestern Night at the Art Institute is Thursday, November 5, 2015. Students, faculty, and staff may show a valid WildCARD at the check-in table at the museum’s modern wing entrance (Monroe Street), in exchange for free tickets for themselves and as many guests as they like. Northwestern Campus Life sponsors complimentary round-trip transportation via charter bus for students between the museum and the Evanston campus for this special event. Other guests are encouraged to take public transportation.

Art Institute curators will lead special guided tours for both first-time visitors as well as Art Institute enthusiasts, including a tour of the museum’s Native American art, co-sponsored by One Book One Northwestern. Student docents from Northwestern’s Mary & Leigh Block Museum of Art will offer insight into their favorite Art Institute pieces throughout the galleries. The Art Institute will offer free, guided tours of the popular, temporary exhibit Making Place: The Architecture of David Adjaye. All guests will enjoy special discounts in the museum shops and cafes for the evening.

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The Art Institute was recently ranked the number one museum in the world by TripAdvisor.com. In addition to Making Place, current exhibitions include: sculptures and paintings by Edgar Degas, a collection of Krishna paintings, Dionysos Unmasked: Ancient Sculpture and Early Prints, and many others. Full information is available on the Art Institute’s website. The museum’s permanent collection includes world famous pieces by Claude Monet, Marc Chagall, Georgia O’Keefe, Piet Mondrian, Rene Magritte, and Vincent van Gogh, as well as galleries of decorative arts, photography, Ancient and Byzantine art, African art, textiles, Asian art, and miniatures.

Undergraduate students are admitted to the museum for free throughout the year when they present a valid Wildcard at the museum ticket counter. The partnership between Northwestern University and the Art Institute of Chicago is fully supported by the generosity of Shirley Welsh Ryan (WCAS ’61) and managed by Northwestern Campus Life. More information about this event can be found on Planit Purple.
The Office of Sustainability is dedicated to making Wildcat Welcome a sustainable experience. This year, the office achieved that goal in part by planning zero-waste events. Thanks to partnerships with Northwestern Dining and New Student and Family Programs, four events pursued zero waste. On each of these occasions, less than two bags of trash were generated – compared to dozens of bags of recycling and compost. Achieving zero waste is a very high aspiration, but it is possible to drastically reduce what we send to the landfill by considering reusables, providing composting and recycling options, and educating attendees about their waste.

If you were at the President’s Reception on North Beach the night of move-in, you probably noticed students standing by the waste stations. These volunteers are part of the sustainNU Crew, and their job is to properly direct waste and teach attendees how to compost. It’s not a glamorous job, but it’s an important one: the sustainNU Crew ensures we don’t contaminate our collections and serves as a visual representation of our commitment to sustainability. Having the sustainNU Crew at an event isn’t enough to make it zero-waste, though; Northwestern Dining has to be conscious about what they purchase to make sure they buy recyclable and compostable options.

By the end of the first week of school, three more zero-waste events were held: the NU vs. Eastern Illinois tailgate, the NU vs. Duke viewing party, and the Deering Days barbecue. By the final event, students attending knew the drill and most could sort their waste properly – a marked improvement from our first event. The sustainNU Crew will continue to make appearances at events throughout the year, furthering our mission of helping purple go green.
NU HILLEL

Kicking off the “NU” Year!

We have had a busy start to Fall Quarter at NU Hillel, celebrating two “NU Years!” Dozens of excited first-year students participated in our 22nd annual Freshman Fest, an overnight celebration of the arrival of the Class of 2019.

Only one week later, hundreds of students gathered in the Hillel building to celebrate Rosh Hashanah, the Jewish New Year. Our students have continued to celebrate Jewish life on campus, helping to build our beautiful Sukkah, spending Shabbat dinner with new friends at Hillel, and registering for our Winter Birthright Israel trip!

Join us for Family Weekend!

NU Hillel is thrilled to invite you to join us in celebrating Family Weekend at Northwestern! Join us Friday, November 6, at 5:00 p.m. for a reception and special performance featuring ShireiNU, Northwestern's premier Jewish a capella group. Services and dinner will immediately follow the reception.

On Sunday, November 8, don't miss out on our famous Family Weekend Bagel Brunch from 9:00 to 11:00 a.m.! Scrumptious lox, bagels and shmear will be served while you schmooze with fellow Wildcat families! To R.S.V.P., please fill out this form or contact Shayna Horwitz at shayna.horwitz@u.northwestern.edu. We hope to see you during Family Weekend!
Catalyzer, Northwestern’s official crowdfunding platform, helps student organizations successfully raise funds for projects ranging from support for the arts to global disaster relief. This fall, seven more student organizations bring their causes to the online platform.

Here’s a peek at Catalyzer’s diverse fall projects, which must reach their funding goals by November 6, 2015:

- **Engineers Without Borders** – seeking $6,000 to send students to Kimuka, Kenya during winter break. The trip will allow students to assess the potential for a project to help the community access clean water.
- **Northwestern Triathlon Club** – raising $10,000 to alleviate the financial burden of hard-working student athletes training to compete at USAT Collegiate Nationals.
- **Camp Kesem** – raising $5,000 to offset training and recruitment costs for counselors. Camp Kesem offers a free, two-week summer camp program for Chicago area children affected by a parent’s cancer illness.
- **Treblemakers** – launching a campaign for $8,000 for its first international tour. The group plans to visit South Korea, China, Taiwan, Hong Kong and more to share music while connecting with area alumni and prospective students.
- **Northwestern University Dance Marathon** – raising $7,000 to upgrade its media production equipment. The new HD cameras, computer and software are vital for the organization's promotions and online live stream, which is viewed by tens of thousands of donors around the world.
- **EPIC Labs** – looking for $3,500 in an effort to provide an entrepreneurship leadership course for students on how to bring products to market.
- **The Dolphin Show** – seeking $9,000 that will allow the organization to implement a sustainability plan for its set pieces, as well as purchase reusable and efficient devices such as tablets and microphones.

All gifts made through Catalyzer are tax deductible and 100 percent of contributions directly benefit the student projects, regardless of whether they meet their fundraising goals.
Family Weekend NU Recreation Open House & Family All Access Pass

Free facility use, free facility tours, free group exercise class participation, and free program information

Students should engage in the NU Recreation Experience! Offering 10 recreation facilities, three intramural sport seasons with eight sports, 34 club teams, open recreation, a vast array of fitness equipment, wellness programs and services, indoor and outdoor water activities and tennis, NU Recreation has something for everyone! Students can enhance or develop their sport and fitness skills, meet new people and discover the joys of friendly competition. They can learn how fitness, wellness, recreation and sport activities can help them deal with the stresses of academic life, help lose those extra pounds, and improve their every day.

Family Weekend All Access Recreation Pass

Visit the Henry Crown Sports Pavilion during the hours listed below to receive your free Family Weekend All Access Recreation Pass, valid for your family participation in open gym, open swim, fitness center use, group exercise classes, and facility tours during ALL NU Recreation facility hours of operation (including the Henry Crown Sports Pavilion, Norris Aquatics Center, Combe Tennis Center, and Wellness Suite). Participating families will need to sign in with their student’s Wildcard ID number to take advantage of these free programs.

Or, beat the rush and register for your All Access Recreation Pass online today! Your pass will be ready for you when you arrive. The Family Weekend All Access Recreation Pass is valid for use during ALL TIMES the Henry Crown Sports Pavilion is open as well as for all daily group exercise classes offered.

For more information about all 2015 Family Weekend events throughout the University, click here.

Family Weekend All Access Pass Pick-Up:

- Friday, November 6: 10:00 a.m.–5:00 p.m.
- Saturday, November 7: 9:00 a.m.–11:00 a.m. and 3:00 p.m.–6:00 p.m.
- Sunday, November 8: 10:00 a.m.–2:00 p.m.

Click the Links Below for Additional Involvement Information:

- Henry Crown Sports Pavilion and Norris Aquatics Center Facility Hours
- Group Exercise Class Schedule
- Finals & Holiday Stress Buster Massage Specials
- Click here for the NU Recreation Student Experience information card!

For more information about getting involved in the NU Recreation Student experience, click the links below. If students have visitors to campus outside of Family Weekend, daily passes can be purchased throughout the year. More information here.

Aquatics | Sport Clubs | Facilities | Group Exercise | Intramural Sports | Massage Services | Personal & Group Training | Sailing | Tennis | Wellness Suite
Northwestern’s Office of Sexual Harassment Prevention is pleased to share new resources and initiatives to strengthen the University’s efforts to protect students from all forms of sexual misconduct, including sexual assault. Northwestern’s policies and procedures are designed to ensure fairness, impartiality, compassion and respect for all parties.

- A comprehensive new website on Sexual Misconduct Response & Prevention launched on Thursday, September 10, with updated information created with student input.
- A new, online educational course for staff, faculty, and graduate and professional students will be rolled out in phases this fall.
- Expanded resources for counseling and advocacy are in place for students affected by sexual misconduct, which will also help bolster awareness, prevention and response efforts.
- A new resource booklet designed to help survivors of sexual misconduct, titled “You Have Options. Northwestern Can Help” was published this fall.
- A two-page resource guide for faculty and staff on how to respond to a disclosure of sexual misconduct is now available.
- Results were released on Monday, September 28, from the Campus Climate Survey of students addressing sexual misconduct experience, attitudes and awareness of services at Northwestern, which was conducted in May. These results will help guide the University’s continued efforts to improve sexual misconduct prevention and response.

- A new training program, Support Starts Here, by the Center for Awareness, Response and Education (CARE), gives faculty, staff and students the skills to effectively support survivors and create a community where they can be heard, supported and referred in meaningful ways.
- As part of Northwestern’s Study Abroad Guide for students, Information and Options for Survivors of Sexual Misconduct Abroad provides support to overseas survivors.

For more information, please contact Northwestern’s Title IX Coordinator, Joan Slavin, at TitleIXCoordinator@northwestern.edu.
HEALTH SERVICE

Don't let the FLU sideline your Northwestern student

Encourage your Northwestern student to get their vaccine this year! We don’t want them to miss out on a fall quarter full of new friends and fun sporting events for a quarter filled with cough drops and tissues. Flu shots are covered by Aetna and other health insurance plans.

Students can call (847) 491-2204 or go online to schedule an appointment and stop by Northwestern Health Service on the first floor of Searle Hall, 633 Emerson for their flu shot. For more information, visit NUHS online.

ATHLETICS

Football

Join Coach Fitz and Chicago's Big Ten Team this fall at Ryan Field. Family Weekend is quickly approaching, and tickets are still available for you to join your student at the game on Saturday, November 7 vs. Penn State. Game time is TBA and will be decided by the TV networks as we approach the game. Tickets are available at NUsports.com.

Men's Basketball

Coach Collins and the Wildcats return to Welsh-Ryan Arena for their opener on Thursday, November 5, in an exhibition contest. Season tickets are now on sale – act now to reserve the best seats all season long. In town for a weekend later this year? Take a look at the schedule to see if you can attend a game. Single-game tickets are available at NUsports.com.

Northwestern Wildside

The Northwestern Wildside is the official student fan group of Northwestern Athletics. All students are welcome to participate – for more information or to get involved, email wildside.exec@gmail.com. For the most up-to-date Northwestern Athletics news, schedules and information, visit NUsports.com.