Our flagship course, Psychiatry Clinical Reviews (formerly known as Acute Care Psychiatry Clinical Reviews), is aimed at providing clinically relevant updates for management of psychiatric problems across all care settings. Topics to be covered include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders, and a neurology update. The course, winner of the Mayo Clinic CME Innovation Award, is enjoyable and fast-paced. All participants surveyed over the past four years have found it to be a positive learning experience.

The course will be led by Drs. Mark Frye, Kristin Vickers Douglas and Brian Palmer of Mayo Clinic. The course will utilize brief lectures organized into clinical blocks for the morning sessions. Most lectures will be 30 minutes long with question and answer sessions ranging from 20-30 minutes. Video case examples will engage learners and a robust offering of breakout sessions will be included, based on participant feedback and hot topics in the field. Clinicians are encouraged to register early to ensure a spot and take advantage of early registration discounts.

The Psychiatry in Medical Settings course returns for its fifth year. The course will provide up to date reviews of depression, anxiety, delirium, dementia, suicide risk, substance use, and personality factors in medical-surgical patients. Updates also will be provided on somatic symptom disorders, functional neurologic disorders, functional gastrointestinal disorders, cardiac-psychiatric interactions, and psycho-oncology. Each day will include a featured topic that will be covered in depth by a group of medical and behavioral specialists through well-coordinated didactic presentations, panel discussions, and interactive workshops.

The course has been well-attended by both mental health and general medical practitioners, providing opportunities for free exchange of ideas from multiple vantage points. The 2016 course will include faculty from Mayo Clinic campuses in Minnesota, Arizona and Florida. The course directors are Drs. Jeffrey Staab and Robert Bright, experienced clinician-educators and researchers in the field of psychosomatic medicine.
This two-day course will teach psychiatrists and other clinicians what they need to know to become capable and comfortable in treating patients with borderline personality disorder (BPD). The course is co-led by Dr. John Gunderson from McLean Hospital/Harvard Medical School, Dr. Brian Palmer from Mayo Clinic, and Dr. Robin Kissell from UCLA.

The course begins with a focus on interpersonal hypersensitivity as unifying feature of the disorder. Through interactive cases and ample time for questions and answers, participants will develop skills in diagnosing BPD, understanding its course and outcome, starting a treatment, applying principles of psychopharmacology, and effectively collaborating in multi-provider treatments. Basic information about the impact of BPD on other psychiatric and medical disorders (and vice-versa) will help participants more effectively formulate care and treatment of patients with BPD and other disorders.

After six biennial conferences in the Swiss Alps, the Aeschi group will hold its third North American conference at the world-class Sonnenalp Resort in the Colorado Rockies. Chaired by Dr. J. Michael Bostwick, of Mayo Clinic, the conference will be built around a series of videos illustrating key concepts in narratives, assessment and treatment of patients at risk for suicide. National and international experts acting as teachers and discussants will engage in free-wheeling exchanges of ideas with participants whose number will be limited to 120 to preserve the intimate atmosphere that has characterized all Aeschi conferences. In addition to Dr. Bostwick, core faculty will include Dr. David Jobes of Catholic University of America, Dr. Konrad Michel of the University of Bern, and Dr. Matthew Nock of Harvard University, with additional experts to be announced.
New in 2017, the Psychiatry Board Review course is unlike any other psychiatry board review course. It is aimed at graduating residents and psychiatrists who are re-certifying for their boards – as well as psychiatrists looking to increase their overall fund of knowledge. Unlike question banks and online topic reviews, this course intentionally integrates self-assessments, focused lectures, and repeated quizzes – the most powerful tool for increasing knowledge. It applies the best in education science to the processes of mastering board content and draws on the considerable depth of Mayo Clinic faculty in both psychiatry and neurology.

Primary care providers are on the front line of identifying and treating mental health problems. The primary care setting is often viewed by patients as a more acceptable and accessible mental healthcare home than specialty psychiatry and psychotherapy settings. Large-scale research trials demonstrate the effective treatment of mental health disorders in the primary care setting. Yet, primary care providers and systems are stretched. In this course we will review the art and science of team-based integrated behavioral health services in the primary care setting.

Course format involves engaging lectures, rich with case examples within the context of existing and emerging science. Break-out seminars will be interactive and emphasize collaborative learning. Content ranges from managing electronic systems and data, to managing team conflict and burnout. Attendees will have opportunities to share their own integrated behavioral health experiences and challenges. Mayo Clinic faculty will share insights and practical applications of lessons learned after years of systematic IBH efforts. Faculty and attendees will include the many disciplines involved in primary care IBH, including psychiatry, psychology, social work, nursing, primary care physicians, and support staff (e.g., desk staff and schedulers). Please join us, and expect that you will walk away from the course with increased knowledge, motivation, and practical strategies for mental health care in the primary care setting.
Thank you for your interest in our 2016-2017 continuing education portfolio. At Mayo Clinic Department of Psychiatry and Psychology, we take pride in offering the highest quality continuing medical education for clinicians to translate into care of their patients. Our educational offerings are built around master educators/clinicians providing relevant, engaging and evidence-based continuing education.

All of our programs are based on key principles. First, our education should be dynamic, highly interactive and relevant to your individual practice. Education provided should be case-based and draw on principles gained from clinical research and our expertise in treating highly complex patients. Our courses utilize a combination of intense case-based sessions along with brief and highly focused larger lectures. Each course is unique, but our intent and philosophy is to bring learners and master educators/clinicians together to collaborate to improve patient care.

Our 2016-2017 portfolio includes popular annual courses including our Psychiatry Clinical Reviews, Psychiatry in Medical Settings, and Effective Clinical Management of Borderline Personality Disorder. The portfolio also includes Psychiatry Board Reviews. New in 2017, this course aimed at graduating residents and psychiatrists who are re-certifying for their boards – as well as psychiatrists looking to increase their overall fund of knowledge.

This brochure is intended to provide background information and allow for you to plan your schedule around attendance. For more detailed information regarding each of our courses, please go to the Mayo School of Continuous Professional Development (MSCPD) webpage at ce.mayo.edu for more details.

Mark A. Frye, M.D.
Professor and Chair
Department of Psychiatry & Psychology
Director, Mayo Clinic Depression Center

Brian A. Palmer,, M.D.
Vice Chair, Education
Department of Psychiatry and Psychology
October 5-7, 2016
Psychiatry Clinical Reviews
InterContinental Chicago Magnificent Mile, Chicago, Illinois

February 9-11, 2017
Psychiatry in Medical Settings
Fairmont Scottsdale Princess, Scottsdale, AZ

Spring 2017
Effective Clinical Management of Borderline Personality Disorder
Los Angeles, CA

June 8-10, 2017
Aeschi 9
Sonnenalp Resort, Vail, Colorado

June 29 - July 1, 2017
Psychiatry Board Reviews
Loews Minneapolis, Minneapolis, MN

August 11-12, 2017
Integrated Behavioral Health in Primary Care: System Approaches that Work
Mayo Clinic Rochester, Rochester, MN

For more information or to register for courses:
Web: ce.mayo.edu
Phone: 800-323-2688 (toll free)
E-mail: cme@mayo.edu
Facebook: facebook.com/MayoClinicPsychCME