Dear guests,

Kaya spa’s team would like to welcome you to our Spa. We hope you will spend an unforgettable experience with us.

Our Spa treatments have been designed to make every minute you spend with us a real pleasure.

We have selected a combination of traditional Khmer herbal treatments mixed along with modern wellness practices, to help your body renew and rebalance its energy levels.

We wish you a pleasant stay with us.

Open daily from 10:00 am to 10:30 pm
Last order at 9:30 pm
Experience the healing effects of an Asian aromatherapy and acupressure massage. Designed to suit your individual requirements, these massages will re-balance your energy and restore the harmony of your body and mind.

**Aromatherapy Massage**
Our aromatherapy massage will stimulate your senses using the properties of pure vegetable and essential oils.
This traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow and ease stress. It can also help to improve the circulatory, lymphatic, muscular and nervous systems.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Price</th>
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<tbody>
<tr>
<td>60 mins / 90 mins</td>
<td>24$ / 33$</td>
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**Amazing Candle Massage**
This is a signature Kaya massage, unique in Cambodia. By applying the warm massage oil that is melted during the combustion of the candle all over the body, this treatment will allow you to indulge in a pampering, sensual and therapeutic massage. The massage oil candles are handmade by Senteurs d’Angkor, using only natural ingredients.

**Essential oil blend available:** Relaxing / Sensual.

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<tr>
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<td>25$ / 34$</td>
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**Deep Renewal Massage**
Concentrating on the back and neck using the same essential oils as the Aromatherapy Massage, this treatment is ideal for those who prefer deeper muscular manipulation. Especially suitable to relieve tightened muscles alongside with those suffering from daily stress.

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<tr>
<th>Duration</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>60 mins / 90 mins</td>
<td>26$ / 36$</td>
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**Herbal Compress Massage**
This massage combines the healing effects of an aromatherapy massage with the application of a heated herbal compress. The treatment purifies, relaxes, warms, relieves aches and pains and improves the blood circulation whilst stimulating the senses.

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<thead>
<tr>
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<th>Price</th>
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<tbody>
<tr>
<td>90 mins</td>
<td>37$</td>
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**Ancient Khmer Massage**
This massage follows the body’s energy lines from the feet to the head and is used to release pain. This treatment makes use of passive stretching and gentle pressure along energy lines to relax the body and ease muscular tension. **This massage does not require the use of oil.**

<table>
<thead>
<tr>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>60 mins / 90 mins</td>
<td>21$ / 29$</td>
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Four Hands Massage
Massage therapy that involves two therapists working simultaneously, creating a choreographed massage. An unforgettable experience.
Massage available: Aromatherapy / Deep Renewal / Amazing Candle.
60mins 42$

Stone Massage
Enjoy the extraordinary blend of the aromatherapy massage stroke, which is enhanced by the use of heated basalt stones. The hot and cold stones are placed on specific areas of the body to reduce & relieve blockages in the energies pathway, enabling you to reach a wonderful state of balanced energy. This massage is perfect for those who find it difficult to unwind.
Essential oil blend recommended: Re-balance / Relaxing.
90mins 45$

Back Massage
A firm massage technique is applied to relieve stress related tension in the neck, shoulder and lumbar region of the spine. Incorporated gentle pressure is applied to restore a sense of wellbeing and harmony to your day.
60mins 20$

Foot Reflexology
This massage promotes the natural flow of energy in the body to help relieve stress and tension using an herbal foot cream. This ancient oriental massage incorporates the use of foot acupressure points which correspond to each part of internal body organs.
30mins / 60mins 14$ / 19$
A treatment menu to invigorate, exfoliate or nourish your skin.

Traditional Herbal Spoom
Khmer traditional steaming called “Spoong” is renowned from Khmer families since decades. This treatment can help to rebuild energy balance and make skin healthier and nicer.
30mins (included time for 2 showers) 14$
Special price for couple 23$

Scrubs

Rice & Salt Scrub
This complete body polishing treatment uses a combination of freshly ground rice and salt and your selection of essential oil blend. It will help to deep cleanse, exfoliate and stimulate circulation. Your skin will end up being as smooth as silk.
Essential oil blend available: Relaxing / Re-balance.
40mins 21$

Sugar Palm Scrub
Refresh your body with this scrub using Cambodian raw palm sugar mixed with your choice of essential oil blend. This treatment exfoliates, cleanses, and moisturizes the skin. Your skin will be rejuvenated and ready for a relaxing massage.
Essential oil blend available: Oriental / Sensual.
40mins 21$

Wraps (using natural fiber)

A unique experience for those who wish to detoxify and balance excess body fluids. This treatment starts by applying the rich blend of ingredients, followed by the wrap itself using natural fiber to cover and enclose the body. A heavenly scalp massage is provided during the wrap and the skin care finishes with the application of a firming body cream.

Mango Clay Wrap
Enjoy the sensory mixed benefits of fresh seasonal mango fruit with our rich mineral clay, fresh yoghurt and wild honey. The fresh Mango will work as a softening, moisturizing and nourishing agent and Honey will enhance the appearance of dry or damaged skin.
40mins 24$

Spirulina Clay Wrap
The healing properties of Spirulina algae are best known to nourish and revitalize the body. It helps to revitalize and feed the skin by replacing key nutriments. The seaweed will bring essential vitamins, minerals and protein and the freshly mashed cucumber will works as a cooling and revitalizing agent.
40mins 24$
Our facial treatment specially designed by Kaya Spa use only the finest natural, local and fresh ingredients. The ritual will be selected based upon an evaluation of your skin type. Luxury facial combines clay masks and massage traditions. It will leave your skin deeply cleansed, revitalized and lifted for a brighter complexion and a relaxed mind.

Express Classic Facial (mask not included)
30mins 18$

Luxury Facial (mask included)
60mins 32$

Mango Facial Mask
Skin benefits: Softening & Moisturizing
Contains: White kaolin clay, jojoba oil, freshly mashed mango, honey and mineral water.
Focus on Mango: The fresh Mango will work as softening, moisturizing and nourishing agent.
Focus on Honey: The honey will enhance the appearance of dry or damaged skin by reducing flaking and restoring suppleness to normal and sensitive skin.
All skin types.

Spirulina Facial Mask
Skin benefits: Purifying & Calming
Contains: Green illite clay, jojoba oil, spirulina powder and mineral water.
Focus on Spirulina: Well known for skin benefits. It is a microscopic blue-green algae naturally rich in amino acids, proteins, vitamins and antioxidants.
All skin types.

Papaya Facial Mask
Skin benefits: Exfoliating & Antioxidant
Contains: Yellow clay, jojoba oil, freshly mashed papaya and mineral water.
Focus on papaya: A good source of Vitamin A and papain. Vitamin A acts as an antioxidant, while the papain breaks down inactive proteins and removes dead skin cells.
Not recommended for sensitive skin.
A luxurious treatment uses an extensive range of high quality products to give you an exceptional wellness experience.

Express Manicure or Pedicure
It is a quick care that includes filing, shaping and the application of polish on your nails. (trimming, cuticle, buffing, polishing)

Manicure or Pedicure - 30mins 10$

Mini French Manicure or Pedicure
Botanical foot or hand soak, filing and shaping of the nails, cuticle treatment, massage of the feet or hands and the application of French nails. (bath, scrub, cleaning, trimming, French nail)

Manicure or Pedicure - 45mins 14$

Luxury Spa Manicure or Pedicure
Enjoy a full manicure or pedicure, including exfoliation and a relaxing massage, filing and shaping of nails, cuticle treatment and the buffing of nails. (herbal bath, exfoliation, cuticle, trimming, buffing, moisturizing, massage and polishing)

Manicure or Pedicure - 60mins 18$

Perfect together (Manicure & Pedicure)
Our therapist will provide you both Luxury Spa Manicure and Pedicure.
90 mins 25$

Depilation
For silky smooth, hair free skin we use only the highest quality warm wax including post waxing cooling gel or natural after wax oil to remove the wax residue and refresh your skin.

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
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<tbody>
<tr>
<td>Under arm</td>
<td>10$</td>
</tr>
<tr>
<td>Half arm</td>
<td>12$</td>
</tr>
<tr>
<td>Full arm</td>
<td>17$</td>
</tr>
<tr>
<td>Half leg</td>
<td>15$</td>
</tr>
<tr>
<td>Full leg</td>
<td>24$</td>
</tr>
<tr>
<td>Bikini line</td>
<td>1.6$</td>
</tr>
<tr>
<td>Full bikini</td>
<td>23$</td>
</tr>
<tr>
<td>Upper lip</td>
<td>8$</td>
</tr>
<tr>
<td>Eyebrow</td>
<td>8$</td>
</tr>
<tr>
<td>Back</td>
<td>19$</td>
</tr>
<tr>
<td>Chest</td>
<td>13$</td>
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Spa Packages

The Kaya Escape
Body Scrub: 30mins
Aromatherapy Massage: 60mins
90mins $39

Re-balance
Aromatherapy Massage: 60mins
Cambodian Body Wrap: 30mins
90mins $43

Aroma indulgence
Candle Massage: 60mins
Express Facial: 30mins
90mins $37

Body Detox
Herbal spoong: 30mins
Deep massage: 60mins
90mins $36

Natural Touch Journey
Aromatherapy Massage: 60mins
Luxury Facial: 60mins
120mins $49

De-Stress
Herbal Compress Massage: 90mins
Express Facial: 30mins
120mins $49

Couples package
in your own private suite with a steam room, massage room, double shower bathroom and a lounge to relax.

Package 1 | 2.30 h | 55$ per pax.
Relaxing floral foot bath & scrub
Spoong for 2 (traditional herbal steam)
Aromatherapy massage | 90min
or Deep renewal massage | 90min
Body wrap
A drink with a traditional dessert from Kaya Café

Package 2 | 2.30 h | 60$ per pax.
Relaxing floral foot bath & scrub
Body scrub
Aromatherapy massage | 90min
or Deep renewal massage | 90min
Express facial care
A drink with a traditional dessert from Kaya Café
Basic information

Age requirement: guests who are younger than 15 years of age are not allowed to purchase any treatments in the spa menu, unless accompanied by your guardian.

Arrival: please arrive to the Spa 10 minutes prior to your treatment to receive a complimentary footbath.

Attire: our primary concern is your total relaxation. Please feel free to wear whatever makes you feel comfortable. Towel and disposable underwear are available at the Spa.

Cancellation policy: 24 hours cancellation notice is required to help us reschedule your appointment.

Health recommendation: it is recommended that guests with high blood pressure, heart problems, pregnancy or have any other medical condition, inform our team before treatment.

Male or female therapists: for a male therapist, please ask us in advance.

Payment: prices are quoted in US Dollars and are inclusive of a 5% service charge for your therapist. We accept cash and major credit cards.

Smoke & alcohol: smoking and the consumption of alcohol in the Spa are prohibited. Alcohol consumption is not recommended before treatments.

Reservations: we recommend that all Spa treatments be booked in advance to avoid disappointment.

Valuables: it is best to remove all jewellery before your Spa treatment and any items of value should be secured in our safety box provided. The Spa management will not be responsible for any loses or damages.

Voucher: a voucher is a wonderful way to surprise family, friends and associates. To purchase a gift certificate, please ask our Spa receptionist.

We treasure local tradition as the very essence of touch to offer you a truly natural and authentic experience.

Kaya Spa & Café
Psar Chaa (close to Senteurs d’Angkor shop)
Siem Reap - Cambodia
Reservation: 063 966 736