Foster and Kinship Care Education Program
Child and Adult Development/Parent Education Department

Every family is special!

Drawn by Geneva, Age 7—Foster child

Workshop Schedule & Calendar 2016
Workshops

- Pre-registration is preferred. Please call to reserve your seat.
- Workshops are subject to cancellation if not enough people sign up.
- Walk-ins are welcome.
- The workshop environments are designed for adults only, unless otherwise noted in the workshop description.
- All Foster Care & Kinship educational group's topic presentations are selected by participants.

We thank the Chancellor’s Office of the California Community Colleges for their support.
**January 2016**

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<td>1 NEW YEAR'S DAY</td>
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<td>KEPS Orientation 10 am - 2 pm</td>
<td>D - Rate Pre-Service 9 am - 1 pm</td>
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<td>Human Trafficking Prevention 10:30 am - 1:30 pm 900 E. Wardlow Rd. LB</td>
<td>Foster Care Rights 10 am - 1 pm</td>
<td>D - Rate Pre-Service 9 am - 1 pm</td>
<td>Adoptions and the Special Needs Child 9 am - 1 pm</td>
<td>Positive Discipline I 9 am - 6:30 pm</td>
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<td>MARTIN LUTHER KING JR. DAY</td>
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<td>D - Rate Pre-Service 9 am - 1 pm</td>
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<td>Positive Discipline II 9 am - 6:30 pm</td>
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<td>Nutrition after the Holidays 10 am - 1 pm</td>
<td>Navigating through DCFS 6 - 9 pm</td>
<td>D - Rate Pre-Service 9 am - 1 pm</td>
<td>The GLBQT Child 6 - 9 pm</td>
<td>What to Expect: The 1st Placement 9 am - 12 pm</td>
<td>Emancipating Foster Youth College Success 9 am - 6:30 pm</td>
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"Love life, engage in it, give it all you’ve got, love it with a passion, because life truly does give back, many times over, what you put into it."

- Maya Angelou
**February 2016**

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<td>Renewing your Foster Home License 9 am - 1 pm</td>
<td>Raising the Self-Reliant Child 9 am - 6:30 pm</td>
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<td>F-Rate Pre-Service 9 am - 1 pm</td>
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<td>Asthma 10 am - 1 pm</td>
<td>Allegation Prevention 6 - 9 pm</td>
<td>F-Rate Pre-Service 9 am - 1 pm</td>
<td>Parent Project 5:30 - 9:30 pm</td>
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<td>The Commercial Sexual Exploitation of Children 9 am - 6:30 pm</td>
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<td>Diabetes and Children’s Behavior 10 am - 1 pm</td>
<td>Preparing for School Breaks 6 - 9 pm</td>
<td>F - Rate Pre-Service 9 am - 1 pm</td>
<td>Parent Project 5:30 - 9:30 pm</td>
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<td>Love and Logic 9 am - 6:30 pm</td>
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<td>Child Development 10 am - 1 pm</td>
<td>“Attitude is a little thing that makes a big difference.”</td>
<td>– Winston Churchill</td>
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**Emancipated Youth College Support**
Long Beach City College - EOP&S
Anthony Hayes and Virgina duRivage
(562) 938-4671 or (562) 938-3986

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**Foster and Kinship Care Education Program**
562.938.3014
562.938.3114
### March 2016

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<td>Special Ed: Understanding The IEP 6 - 9 pm</td>
<td>Parent Project 5:30 - 9:30 pm</td>
<td>Developmental Disabilities and Adult Transition 9 am - 3 pm</td>
<td>Managing Everyday Behavior 9 am - 6:30 pm</td>
<td>D - Rate Pre-Service 9 am - 5:30 pm</td>
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<td>DAYLIGHT SAVINGS TIME BEGINS</td>
<td>FIRST DAY OF SPRING</td>
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<td>ST. PATRICK’S DAY</td>
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<td>Children Behavior II</td>
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<td>Fetal Alcohol Syndrome 10 am - 1 pm</td>
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<td>TBD 9 am - 12 pm</td>
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<tr>
<td>EASTER SUNDAY</td>
<td>Obesity 10 am - 1 pm</td>
<td>Everything is Great: Foster Youth and Coping with Trauma and Distress 6 - 9 pm</td>
<td>Communication with the Out of Sync Child 10 am - 1 pm</td>
<td>CESAR CHAVEZ DAY</td>
<td>GOOD FRIDAY</td>
<td>FEBRUARY 2016</td>
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“Some days there won’t be a song in your heart. Sing anyway.”

– Emory Austin

RESOURCE: Emergency Food, Clothing and Assistance
(562) 599-1321 (562) 591-1641

Foster and Kinship Care Education Program
562.938.3014 562.938.3114

Managing Everyday Behavior 9 am - 6:30 pm

***ST. PATRICK’S DAY***

**Children Behavior II**
9 am - 6:30 pm
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|        |        | “When you come to the end of your rope, tie a knot and hang on.”  
– Franklin D. Roosevelt |          |          |        |          |
|        | 3      | 4       | 5         | 6        |        |          |
|        |        | D - Rate Pre-Service 5:30 - 9:30 pm | Emancipation I The Child Who Boomerangs Home 6 - 9 pm | Autism and Behavior 9 am - 2 pm |        |          |
|        | 10     | 11      | 12        | 13       | 14     | 15       |
|        |        | Attachment: When Children Experience Separation and Loss 10 am - 1 pm | D - Rate Pre-Service 5:30 - 9:30 pm | Hygiene 101 The Neglected Child: Lice, Bedwetting, etc. 10 am - 1 pm | TBD | Becoming the Trauma Informed Parent Part I 9 am - 6:30 pm |
|        |        | 17      | 18        | 19       | 20     | 21       |
|        |        | Nutrition and ADHD 10 am - 1 pm | How to Prepare for the First Placement 6 - 9 pm | D - Rate Pre-Service 5:30 - 9:30 pm | D - Rate Pre-Service 5:30 - 9:30 pm |        |
|        |        |        | 22        |          |        |          |
|        |        |        |          |          |        | Becoming the Trauma Informed Parent Part II 9 am - 6:30 pm |
|        |        |        |          |          |        |          |
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**RESOURCE:**

Housing: United Friends of the Children
Amanda De Loera-Morales (213) 580-1822

**Foster and Kinship Care Education Program**
562.938.3014 562.938.3114
## MAY 2016

**Foster Care Month**

RESOURCE: FREE Tutoring

http://dcfs.lacounty.gov/edu/freetutoring

Long Beach Public Library (562) 570-7500

**Blue Ribbon Month**

**Foster and Kinship Care Education Program**

562.938.3014

562.938.3114

### May 2016 Calendar

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<td>Harmful Behavior 10 am - 1 pm</td>
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<td>Parent Project 6 - 9:30 pm</td>
<td>Sibling Rivalry 9 am - 2 pm</td>
<td>Foster Care and Mental Health 9 am - 3:30 pm</td>
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<td>Life Books 6 pm - 9 pm</td>
<td>Parent Project 6 - 9:30 pm</td>
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<td>D-Rate Pre-Service 9 am - 5:30 pm</td>
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<td>ADHD, OCD, Bipolar, PTSD Disorders: Fact or Fiction? 9 am - 3 pm</td>
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<td>Celebrating Accomplishments and Reducing Burnout 9 am - 6:30 pm</td>
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<td>Diversity 10 am - 1 pm</td>
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<td>Parent Project 6:9:30 pm</td>
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<td>Attachment 9 am - 6:30 pm</td>
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<td>Stress Management 10 am - 1 pm</td>
<td>Parenting the Teen Parent 6 - 9 pm</td>
<td>Parent Project 6 - 9:30 pm</td>
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<td>29</td>
<td>MEMORIAL DAY LBCC CLOSED</td>
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<td>How I Succeeded in College 6 - 9 pm</td>
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<td>“The human spirit is stronger than anything that can happen to it.”</td>
<td>– C.C. Scott</td>
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### Other Dates

**Mother's Day**

**Memorial Day**

**Long Beach City College Closed**

**D-Rate Pre-Service**

9 am - 5:30 pm

**Attachment**

9 am - 6:30 pm

**Stress Management**

10 am - 1 pm

**Parenting the Teen Parent**

6 - 9 pm

**Sibling Rivalry**

9 am - 2 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Sibling Rivalry**

9 am - 3 pm

**Celebrating Accomplishments and Reducing Burnout**

9 am - 6:30 pm

**Life Books**

6 pm - 9 pm

**ADHD, OCD, Bipolar, PTSD Disorders: Fact or Fiction?**

9 am - 3 pm

**Harmful Behavior**

10 am - 1 pm

**Siblings Rivalry**

9 am - 6:30 pm

**Parenting the Teen Parent**

6 - 9 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Diversity**

10 am - 1 pm

**Parent Project**

6 - 9:30 pm

**Attachment**

9 am - 6:30 pm

**Parenting the Teen Parent**

6 - 9 pm

**Sibling Rivalry**

9 am - 2 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Stress Management**

10 am - 1 pm

**Attachment**

9 am - 6:30 pm

**Sibling Rivalry**

9 am - 2 pm

**Parenting the Teen Parent**

6 - 9 pm

**Sibling Rivalry**

9 am - 2 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Diversity**

10 am - 1 pm

**Parent Project**

6 - 9:30 pm

**Attachment**

9 am - 6:30 pm

**Sibling Rivalry**

9 am - 2 pm

**Parenting the Teen Parent**

6 - 9 pm

**Sibling Rivalry**

9 am - 2 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm

**Diversity**

10 am - 1 pm

**Parent Project**

6 - 9:30 pm

**Attachment**

9 am - 6:30 pm

**Sibling Rivalry**

9 am - 2 pm

**Parenting the Teen Parent**

6 - 9 pm

**Sibling Rivalry**

9 am - 2 pm

**Parent Project**

6 - 9:30 pm

**Parent Project**

6 - 9:30 pm
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<td>TDMs and Cause Decision Making 6 - 9 pm</td>
<td>Parent Project 6 - 9:30 pm</td>
<td>TBD 9 am - 1 pm</td>
<td>Working with Birth Parents 9 am - 6:30 pm</td>
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<td>LBCC GRADUATION</td>
<td>Parent Project 6 - 9:30 pm</td>
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<td>The GLBQT Child 9 am - 6:30 pm</td>
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<td>FLAG DAY</td>
<td>Parent Project 6 - 9:30 pm</td>
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<td>Birth Order and Children's Behavior 9 am - 2 pm</td>
<td>F - Rate Pre-Service 9 am - 5:30 pm</td>
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<td>FATHER'S DAY</td>
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<td>Preparing to Monitor the Visit 6 - 9 pm</td>
<td>Parent Project 6 - 9:30 pm</td>
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<td>Fat City with Dr. LaVoie 9 am - 2 pm</td>
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<td>Child Holiday Safety 10 am - 1 pm</td>
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“We cannot direct the wind but we can adjust the sails.”
– Anonymous

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**A Note:**
- **F - Rate Pre-Service:** 9 am - 5:30 pm
- **LBCC GRADUATION:** 9 am - 6:30 pm
- **Parent Project:** 6 - 9:30 pm
- **Fat City with Dr. LaVoie:** 9 am - 2 pm
- **Child Holiday Safety:** 10 am - 1 pm
- **The GLBQT Child:** 9 am - 6:30 pm

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**Foster and Kinship Care Education Program**
562.938.3014
562.938.3114

**Resource:**
Developmental Rehabilitation
Tichenor Center - Special Needs Children
(562) 597-8717

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**Calendar Dates:**
- **JUNE 2016**
- **JULY 2016**
- **MAY 2016**

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**FATHER’S DAY**
- **FL AG DAY**

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**Child Holiday Safety**
- **10 am - 1 pm**

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**We cannot direct the wind but we can adjust the sails.**
– Anonymous

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**De-Stress:**
Free Community Resources
10 am - 1 pm

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**Preparation to Monitor the Visit:**
6 - 9 pm

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**Fat City with Dr. LaVoie:**
9 am - 2 pm

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**Parent Project:**
6 - 9:30 pm

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**Working with Birth Parents:**
9 am - 6:30 pm

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**Working with the Biological Parent:**
10 am - 2 pm

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**Preparing to Monitor the Visit:**
6 - 9 pm

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**LBCC GRADUATION:**
9 am - 6:30 pm

---

**F - Rate Pre-Service:**
9 am - 5:30 pm

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**Birth Order and Children’s Behavior:**
9 am - 2 pm

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**Parent Project:**
6 - 9:30 pm
### Foster and Kinship Care Education Program

**INDEPENDENCE DAY**

**LBCC CLOSED**

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- **Monday, June 1:** D - Rate Pre-Service 9 am - 1 pm
- **Tuesday, June 2:** Chores and the Special Needs Child 10 am - 1 pm
- **Wednesday, June 3:** TBD 9 am - 12 pm
- **Thursday, June 4:** Parent Project 9 - 5:30 pm
- **Friday, June 5:** Bullying 9 am - 6:30 pm
- **Saturday, June 6:** Teen Pregnancy Prevention 9 am - 2 pm
- **Sunday, June 7:** W - Rate Pre-Service 9 am - 5:30 pm

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- **Monday, June 8:** Incarcerated Parents 6 - 9 pm
- **Tuesday, June 9:** Incarcerated Parents 6 - 9 pm
- **Wednesday, June 10:** Incarcerated Parents 6 - 9 pm
- **Thursday, June 11:** Incarcerated Parents 6 - 9 pm
- **Friday, June 12:** Incarcerated Parents 6 - 9 pm
- **Saturday, June 13:** Incarcerated Parents 6 - 9 pm
- **Sunday, June 14:** Incarcerated Parents 6 - 9 pm

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- **Monday, June 15:** Incarcerated Parents 6 - 9 pm
- **Tuesday, June 16:** Incarcerated Parents 6 - 9 pm
- **Wednesday, June 17:** Incarcerated Parents 6 - 9 pm
- **Thursday, June 18:** Incarcerated Parents 6 - 9 pm
- **Friday, June 19:** Incarcerated Parents 6 - 9 pm
- **Saturday, June 20:** Incarcerated Parents 6 - 9 pm
- **Sunday, June 21:** Incarcerated Parents 6 - 9 pm

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- **Monday, June 22:** Incarcerated Parents 6 - 9 pm
- **Tuesday, June 23:** Incarcerated Parents 6 - 9 pm
- **Wednesday, June 24:** Incarcerated Parents 6 - 9 pm
- **Thursday, June 25:** Incarcerated Parents 6 - 9 pm
- **Friday, June 26:** Incarcerated Parents 6 - 9 pm
- **Saturday, June 27:** Incarcerated Parents 6 - 9 pm
- **Sunday, June 28:** Incarcerated Parents 6 - 9 pm

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- **Monday, June 29:** Incarcerated Parents 6 - 9 pm
- **Tuesday, June 30:** Incarcerated Parents 6 - 9 pm
- **Wednesday, July 1:** Incarcerated Parents 6 - 9 pm
- **Thursday, July 2:** Incarcerated Parents 6 - 9 pm
- **Friday, July 3:** Incarcerated Parents 6 - 9 pm
- **Saturday, July 4:** Incarcerated Parents 6 - 9 pm
- **Sunday, July 5:** Incarcerated Parents 6 - 9 pm

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- **Monday, July 6:** Incarcerated Parents 6 - 9 pm
- **Tuesday, July 7:** Incarcerated Parents 6 - 9 pm
- **Wednesday, July 8:** Incarcerated Parents 6 - 9 pm
- **Thursday, July 9:** Incarcerated Parents 6 - 9 pm
- **Friday, July 10:** Incarcerated Parents 6 - 9 pm
- **Saturday, July 11:** Incarcerated Parents 6 - 9 pm
- **Sunday, July 12:** Incarcerated Parents 6 - 9 pm

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- **Monday, July 13:** Incarcerated Parents 6 - 9 pm
- **Tuesday, July 14:** Incarcerated Parents 6 - 9 pm
- **Wednesday, July 15:** Incarcerated Parents 6 - 9 pm
- **Thursday, July 16:** Incarcerated Parents 6 - 9 pm
- **Friday, July 17:** Incarcerated Parents 6 - 9 pm
- **Saturday, July 18:** Incarcerated Parents 6 - 9 pm
- **Sunday, July 19:** Incarcerated Parents 6 - 9 pm

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- **Monday, July 20:** Incarcerated Parents 6 - 9 pm
- **Tuesday, July 21:** Incarcerated Parents 6 - 9 pm
- **Wednesday, July 22:** Incarcerated Parents 6 - 9 pm
- **Thursday, July 23:** Incarcerated Parents 6 - 9 pm
- **Friday, July 24:** Incarcerated Parents 6 - 9 pm
- **Saturday, July 25:** Incarcerated Parents 6 - 9 pm
- **Sunday, July 26:** Incarcerated Parents 6 - 9 pm

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- **Monday, July 27:** Incarcerated Parents 6 - 9 pm
- **Tuesday, July 28:** Incarcerated Parents 6 - 9 pm
- **Wednesday, July 29:** Incarcerated Parents 6 - 9 pm
- **Thursday, July 30:** Incarcerated Parents 6 - 9 pm
- **Friday, July 31:** Incarcerated Parents 6 - 9 pm
- **Saturday, August 1:** Incarcerated Parents 6 - 9 pm
- **Sunday, August 2:** Incarcerated Parents 6 - 9 pm

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- **Monday, August 3:** Incarcerated Parents 6 - 9 pm
- **Tuesday, August 4:** Incarcerated Parents 6 - 9 pm
- **Wednesday, August 5:** Incarcerated Parents 6 - 9 pm
- **Thursday, August 6:** Incarcerated Parents 6 - 9 pm
- **Friday, August 7:** Incarcerated Parents 6 - 9 pm
- **Saturday, August 8:** Incarcerated Parents 6 - 9 pm
- **Sunday, August 9:** Incarcerated Parents 6 - 9 pm

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*When we love, we always strive to become better than we are. When we strive to become better than we are, everything around us becomes better too.*

- Paulo Coelho, *The Alchemist*
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**AUGUST 2016**

**RESOURCE:** California Youth Connection
Foster Youth Club - Empowerment and Advocacy
(310) 575-9400
(562) 938-3114 (Long Beach)

**Foster and Kinship Care Education Program**
562.938.3014
562.938.3114

**JULY 2016**

- **S M T W T F S**
  - 1 2
  - 3 4 5 6 7 8 9
  - 10 11 12 13 14 15 16
  - 17 18 19 20 21 22 23
  - 24 25 26 27 28 29 30

**SEPTEMBER 2016**

- **S M T W T F S**
  - 1 2 3
  - 4 5 6 7 8 9 10
  - 11 12 13 14 15 16 17
  - 18 19 20 21 22 23 24
  - 25 26 27 28 29 30 31

- **This is where it all begins. Everything starts here, today.**
  - *David Nicholls, One Day*
**Foster and Kinship Care Education Program**

**RESOURCE:**
National Foster Parenting Association  
1-(888) 694-7263  
1-(800) 557-5238

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### SEPTEMBER 2016

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| **AUGUST 2016**  
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**It is often in the darkest skies that we see the brightest stars.**  
- Richard Evans

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- **4** LABOR DAY  
  LBCC CLOSED

- **5**  
  KEPS: Addressing the Generation Gap  
  10 am - 1 pm

- **6**  
  Parent Project  
  6 - 9:30 pm

- **7**  
  Foster Youth and Fetal Alcohol Syndrome  
  9 am - 3 pm

- **8**  
  Parent Project  
  6 - 9:30 pm

- **9**  
  D - Rate Pre-Service  
  9 am - 5:30 pm

- **10**  
  Parent Project  
  9 am - 6:30 pm

- **11**  
  Suicide and Other Harmful Behavior  
  10 am - 1 pm

- **12**  
  Parenting in the Tech Age  
  6 - 9 pm

- **13**  
  Parent Project  
  6 - 9:30 pm

- **14**  
  D - Rate Pre-Service  
  9 am - 5:30 pm

- **15**  
  Parent Project  
  9 am - 6:30 pm

- **16**  
  Defeating Children’s Loneliness  
  10 am - 1 pm

- **17**  
  Parent Project  
  6 - 9 pm

- **18**  
  Formulating Questions to Ask with Your Placement  
  6 - 9 pm

- **19**  
  Working with your Social Worker  
  6 - 9 pm

- **20**  
  Adoption I  
  9 am - 12 pm

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**SEPTEMBER 2016**

**LABOR DAY**  
LBCC CLOSED

**FIRST DAY OF AUTUMN**

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- **21**  
  FIRST DAY OF AUTUMN

- **22**  
  Adoption I  
  9 am - 12 pm

---

**It is often in the darkest skies that we see the brightest stars.**  
- Richard Evans
"I don't think of all the misery, but of the beauty that still remains."

- Anne Frank, *The Diary of a Young Girl*
Foster and Kinship Care Education Program
562.938.3014
562.938.3114

RESOURCE:
Helping Youth Counseling (562) 549-2249
Guidance Center (562) 485-3085

Adoptions III
9 am - 12 pm

Adoptions I:
Ethical Issues
Parenting, Attachment
9 am - 6:30 pm

Adoptions II:
Closure: I Want to Find my Family
9 am - 6:30 pm

Healthy Holidays
10 am - 1 pm

Stress and the Holidays
10 am - 1 pm

TBD
6 - 9 pm

TBD
6 - 9 pm

TBD
10 am - 1 pm

There is nothing more precious than laughter
-Frida Kahlo,
The Diary of Frida Kahlo: An Intimate Self-Portrait
DECEMBER 2016

“If you find it in your heart to care for somebody else, you will have succeeded.”
- Maya Angelou

The Program is CLOSED
HAVE A HAPPY HOLIDAY SEASON!

4  5  6  7  8  9  10
Depression and the Holidays
10 am - 1 pm
Impact of Neglect and Abuse
10 am - 1 pm

11  12  13  14  15  16  17

18  19  20  21  22  23  24

CHRISTMAS DAY 25  26  27  28  29  30  NEW YEAR’S EVE 31

RESOURCE: INFOLINE - Information and Community Resources Service
Dial 211 or 1-(800) 339-6993

Foster and Kinship Care
Education Program
562.938.3014
562.938.3114

TBD

Accomplishment Celebration
9 am - 6:30 pm

Cultural Competence
9 am - 6:30 pm

Pre-Service
9 am - 5:30 pm

Stress Management
9 am - 6:30 pm

F - Rate

Impact of Neglect and Abuse
10 am - 1 pm

F - Rate

Pre-Service
9 am - 5:30 pm

DECEMBER 2016

SCORECARD

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20 21 22 23 24 25 26
27 28 29 30 31

JANUARY 2017

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29 30

"If you find it in your heart to care for somebody else, you will have succeeded."
- Maya Angelou

DECEMBER 2016

SCORECARD

S M T W T F S
1  2  3  4  5  6  7
8  9  10  11  12  13  14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

NEW YEAR’S EVE 31

F - Rate

Pre-Service
9 am - 5:30 pm

Stress Management
9 am - 6:30 pm

F - Rate

Pre-Service
9 am - 5:30 pm

TBD

Accomplishment Celebration
9 am - 6:30 pm

Cultural Competence
9 am - 6:30 pm

Pre-Service
9 am - 5:30 pm

Impact of Neglect and Abuse
10 am - 1 pm

F - Rate

Pre-Service
9 am - 5:30 pm

Depression and the Holidays
10 am - 1 pm

TBD

10 am - 1 pm

HAVE A HAPPY HOLIDAY SEASON!
Interested in becoming a foster or adoptive parent?

Please follow the steps listed below:

1. Attend a foster/adoptive parent orientation. You may register by calling the Foster/Adoption information line (800) 735-4984.

2. Register and acquire the necessary requirements to become enrolled in PS-MAPP, the mandated foster/adoptive workshop training that initiated the foster care approval process through the Department of Children and Family Services. Please call the Community College Foundation at (213) 427-6910 and request the PS-MAPP Department to become enrolled in a PS-MAPP workshop. Long Beach City College offers PS-MAPP workshops (Saturdays) March 5 through April 16, 2016. Participants interested in attending any PS-MAPP workshop must FIRST complete steps 1 and 2.