1. Academic Support Services
   a. Academic Support Center
      i. Offers help with math, writing, study skills, etc. No fee for enrolled AU students.
      ii. Academic Support Center
           202 885 3360
           Fax: 202 885 1042
           Mary Graydon, Room 243
      iii. http://www.american.edu/ocl/asc/index.cfm
   b. Learning Services Program for Freshman with Learning Disabilities
      i. One time fee of $2,000
      ii. http://www.american.edu/ocl/asc/Learning-Services-Program-For-Freshmen-with-Learning-Disabilities.cfm
   c. Questions about the programs contact
      i. Academic Support Center
         202 885 3360
         Fax: 202 885 1042
         Mary Graydon, Room 243
         1. During the semester:
            Mon - Thurs, 9:00am - 8:00pm
            Fri, 9:00am - 5:00pm
            Sat and Sun: Closed
            Break/summer hours:
            Mon - Fri, 9:00am - 5:00pm
            Schwartz, Kathy
            Director, Academic Support Ctr

2. Child Care
   a. Reputable day cares
      i. http://daycareindc.org/
      ii. Washington Child Development Council
          1. 1400 Sixteenth St, NW Suite 715
          2. Washington DC 20036
          3. 202-387-0002
          Email one of the referral counselors: Tanya Woodson
twoodson@wcdc.net; Janet Wood jwood@wcdc.net
           www.daycareindc.org

3. Clothing (different offices may have clothing at different times. Call before you go!)
   a. Salvation Army Direct Social Services – Clothing offered on Tuesdays and Thursdays by referral. Need a picture ID. (Call 211 or talk to your YDS for a referral)
      i. 1434 Harvard Street NW
      ii. Washington, DC 20009
      iii. (202) 332-5000
   b. Miriam’s Kitchen (also offers clothing)
      i. 2401 Virginia Avenue NW
         Washington, DC 20037.
Tel: (202) 452-8926
info@miriamskitchen.org
c. Harbor Light Corps
   2100 New York Avenue NE
   Washington, DC 20002
   (202) 269-6333
d. Sherman Avenue Corps
   3335 Sherman Avenue, NW
   Washington, DC 20010
   (202) 829-0100
e. Soloman G. Brown Corps Community Center
   i. 2300 Martin Luther King Jr. Avenue, SE
   ii. Washington, DC 20020
      (202) 678-9770

4. Employment
   a. Campus job sources
      i. http://www.american.edu/studentjobs/
         1. Site offers job listings, tips on getting hired, listings for
            neighborhood jobs and resume help. Schedule an appointment with
            a Career Center advisor. Call 202-885-1804 or book online.
   b. Online job sources
      i. dcjobs.com
      ii. washingtonpost.com
      iii. dcjobssource.com
      iv. Careerbuilder.com

5. Financial Aid
   a. Financial Aid
      i. http://www.american.edu/admissions/
      ii. Prospective Students
         1. Financial Aid Office
            American University
            4400 Massachusetts Avenue, NW
            Washington, D.C. 20016
            202-885-6500
      iii. Current or Continuing Students
            AU Central
            201 Asbury Building
            American University
            4400 Massachusetts Avenue, NW
            Washington, D.C. 20016
            202-885-8000
   b. FAFSA
      ii. For assistance with problems or difficulties while using FAFSA on the
          Web, or for specific questions about the FAFSA, call the Federal Student
          Aid Information Center at 1-800-4-FED-AID (1-800-433-3243) or
          1-319-337-5665. If you are hearing-impaired and have questions, contact
          the TTY line at 1-800-730-8913.
      iii. You can also contact us live, online, by selecting the Live Help button
           conveniently located within the pages of the application.
      iv. Need help filling out your FAFSA? Your YDS can help!
   c. Scholarships
i. Scholarships.com
ii. Fastweb.com
iii. Studentscholarshipsearch.com
iv. Strategies to help get a scholarship.
   1. http://www.scholarships.com/financial-aid/college-scholarships/scholarship-application-strategies/scholarship-application-strategies.aspx * Note: There will be ads for colleges and online schools. Just click “No Thank You” and continue. You do not have to fill these portions out.

6. Food
   a. Campus Food Programs Website http://www.american.edu/ocl/housing/index.cfm
      i. Housing and Dining Programs
         Anderson Hall First Floor
         4400 Massachusetts Avenue, NW
         Washington, D.C. 20016-8142
         202-885-3370
   b. Washington DC Department of Social Services – Food Assistance
      i. Website explaining program:
         http://dhs.dc.gov/dhs/cwp/view,a,3,q,641238.asp
      ii. Application: (Cash assistance for disabled and parents only)
      iii. Phone number for 1207 Taylor St NW Department of Social Services
         Office: 202-576-8000
   c. Food Pantries and Programs
      *Note: These programs may vary in their eligibility and availability. Always call the office before going to ensure that your specific situation can be served by them. If you are unable to find assistance always call 2-1-1, the United Way’s free number, to be connected to a specialist that can help you find what you need.
      i. Capital Area Food Bank
         645 Taylor St
         Washington DC 20017
         (202) 526-5344
      ii. D.C. Hunger Solutions
         1875 Connecticut Ave, NW
         Suite 540
         Washington, DC 20009
         (202) 986-2200
         info@dchunger.org
      iii. Miriam’s Kitchen
         2401 Virginia Avenue NW
         Washington, DC 20037.
         Tel: (202) 452-8926
         info@miriamskitchen.org
      iv. Bread for the city
         1525 Seventh St NW
         Washington DC 20001
         202-561-8587
         info@breadforthecity.org
         2nd Location
         1640 Good Hope Rd SE
         Washington DC 20020
         202-561-8587
7. Health Care

a. Campus Health Center [http://www.american.edu/ocl/healthcenter/]
   i. Student Health Center
      202 885 3380
      Fax: 1202 885 1222
      McCabe, Room 1st Floor

   i. For assistant contact the Taylor St office at
      1207 Taylor St NW (202) 576-8000

c. DC Health Care Alliance
   i. The DC Healthcare Alliance offers a full range of health care services for its members. Benefits include: inpatient hospital care, outpatient medical care (including preventive care), emergency services, urgent care services, prescription drugs, rehabilitative services, home health care, dental services, specialty care, and wellness programs. [http://dhcf.dc.gov/dhcf/cwp/view,A,1412,Q,609143,dhcfNav,%7C34820%7C.asp]
   ii. To find an enrollment location near you contact
       The Alliance Enrollment Office
       1820 Jefferson Place, NW
       Washington, DC 20036
       (202) 639-4030

d. Medical professionals that accept Medicaid can be found at this website [http://www.chartered-health.com/index.php?option=com_frontpage&Itemid=1]
   i. Use the “Quick Links” section in the lower part of the right column.
   ii. Select “Find a Physician”, “Find a Pharmacy” or “Find a Drug or Medicine”
   iii. Follow the prompts to continue to the search engine, fill out the search with your information and select a doctor/pharmacy/medicine from the list given.
   iv. DC Chartered Health Plan, Inc.
       1025 15th Street, N.W.
       Washington, D.C. 20005
       Telephone: 202-408-4720
       Toll free: 1-800-408-7511

e. National Institute of Mental Health
   i. Helps you locate services in your area and provides support
   ii. The Information HelpLine is an information and referral service which can be reached by calling 1 (800) 950-NAMI (6264), Monday through Friday, 10 am- 6 pm, Eastern time.

f. Crisis Hotlines
i. Free hotlines for emergency situations. **If your emergency is life threatening please call 911**
   http://www.allaboutcounseling.com/crisis_hotlines.htm

ii. **Boys Town Suicide and Crisis Line: 800-448-3000 or 800-448-1833**
   Provides short-term crisis intervention and counseling and referrals to local community resources. Counsels on parent-child conflicts, marital and family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues. Operates 24 hours, seven days a week. (Not just for boys)

   Several other phone numbers in the online list for eating disorders, drug use, STDs, sexual assault, rape and other issues. Confidential and free of charge.

**g. Planned Parenthood**
   i. Sexual health for men and women, birth control, pregnancy care.
      1. 1108 16th Street NW
         Washington, DC 20036 P: 202.347.8512
      2. http://www.plannedparenthood.org/ for a list of all PP offices in the DC area
         **Plan B (Morning After) Birth Control assistance provided.**

**h. Free Clinics**
   *Note: Not all clinics provide the same services. Please call before you go.*
   i. Hoya Clinic
      1900 Massachusetts Ave SE
      Washington DC 20003
      202-468-4816
      info@hoyaclinic.org

   ii. Bread for the city (Also provides some food. See “Food” category for information)
      1525 Seventh St NW
      Washington DC 20001
      202-561-8587
      info@breadforthecity.org

   iii. La Clinica Del Pueblo Inc
      2831 15th St NW
      Washington DC 20009
      202-469-4788
      lcp.org

8. Housing
   a. **Dorms/Resident Halls Website:**
      http://www.american.edu/ocl/housing/abouthousing.cfm
      Moody, Christopher L
      Executive Director, Housing and Dining Programs
      Housing / Dining Programs
      202 885 3370
      Fax: 202 885 1154
      Anderson, Room 1st Floor

   b. **Off Campus Housing Website:**
      http://www.american.edu/ocl/housing/Off_Campus_Housing.cfm
      “If you have any questions or suggestions regarding the off-campus housing
resources available to you, please feel free to contact us at (202) 885-3370 or via email at offcampushousing@american.edu.”

c. Department of Housing and Community Development General Website:
http://www.dhcd.dc.gov/dhcd/site/default.asp
   i. General Information:
      Department of Housing and Community Development
      1800 Martin Luther King, Jr. Avenue, SE
      Washington, DC 20020    (202) 442-7200
   ii. DC Housing Search http://www.dchousingsearch.org/
   iii. DC Rental Assistance Program
      2. or call 800-569-4287 for advice.

d. Roommate Finders/Boards
   i. www.roommates.com
   ii. www.roomster.com
   iii. www.Roomates4you.com

e. Energy Assistance
   i. http://ddoe.dc.gov/ddoe/cwp/view,a,1209,q,492145,ddoeNav_GID,1478,ddoeNav,%7C31424%7C.asp
      1. District Department of the Environment
         Energy Office
         Frank D. Reeves Municipal Center
         2000 14th Street, NW, 300 East
         Washington, DC 20009
         Phone: (202) 673-6700

9. Social Support
   a. Student organizations
      i. Student organizations can provide outlets for social networking and support, connecting with students that have similar life experiences, interests and majors, getting help with an academic issue (such as asking a member of a math club to tutor you) and connections to community and campus events including dances, parties and concerts. Being an active member of a student organization also opens up employment, scholarship and further academic opportunities. Take advantage of this awesome resource!
      ii. http://www.american.edu/ocl/activities/Student-Organization-Network.cfm (Skip the “sign in” if not yet an AU student and just skip to the tab labeled “Student Groups” to browse student organizations and activities.)

10. Transportation
    a. Basic Campus Transportation Website
       http://www.american.edu/finance/transportation/index.cfm
    b. Commuter Connections
       i. Information on Ride Share / Zimride (carpool connections), Guaranteed Ride Home (free ride home in emergencies up to 4 times per year for individuals without a car) and Zip Car (cars for rent per hour or per day).
       ii. Zimride http://zimride.american.edu/
       iii. GRH http://www.american.edu/finance/transportation/grh.cfm
       iv. Zip Car http://www.american.edu/finance/transportation/zipcar.cfm
       v. Commuter Connections
          777 North Capitol Street, NE
Suite 300
Washington, DC 20002-4201
1-800-745-RIDE
Fax (202) 962-3218

Don’t see what you need or aren’t sure? Call 2-1-1 the United Way Hotline and be connected to a specialist who will listen to your concern and help you find the right answer. This call is confidential and free.