Additional Services

Wake Pediatric Behavior Clinic
- Weekly clinic offered on Thursday mornings for children and teenagers.
- Provides multidisciplinary mental health evaluations.
- Treatment may involve supportive psychotherapy, parent education and counseling, medication intervention, and ongoing school consultation.
- Located at the Wake County Human Services Building in Clinic B (next to Wake Medical Center).
  10 Sunnybrook Rd.
  Raleigh, NC 27610
- Referrals can be made by the child’s parent or legal guardian by calling (919) 733-5344 and asking to be scheduled for the Behavior Clinic.

Department of Psychiatry, Raleigh Campus
Street Address
(Located on the former Dorothea Dix Hospital campus)
2108 Umstead Drive
Raleigh, NC 27603

Mailing Address
3024 MSC
Raleigh, NC 27699-3024

Phone
(919) 733-5344

Fax
(919) 733-9441

Wake Pediatric Behavior Clinic
10 Sunnybrook Road
Raleigh, NC 27610

Additional services are available from the UNC Department of Psychiatry. For further information, please call (919) 733-5344.
**Services Offered**

Every child and family that is provided services at the Clinic is offered the following services as parts of the holistic and multidisciplinary evaluation process:

- **Diagnostic Evaluations**
  - Conducted by a multi-disciplinary team of clinicians, including: child psychiatrists, social workers, psychologists, child psychiatry fellows, and interns in social work and psychology.
  - Generally requiring 3-4 weekly sessions, in which the child is seen by a child therapist and the parent(s) are seen by a parent therapist.

- **Psychological Testing**
- **Psycho-educational Consultation and Assessment**
  - Conducted by a Psycho-educational Consultant through classroom observations, consultation with school teachers and staff, and/or participation in school meetings with parent(s) and child.

At the conclusion of the diagnostic evaluation, the team of clinicians meets with the family to discuss the findings and recommendations. These recommendations may include: referrals to outside agencies and providers, resources within the community, collaboration with previous and referring providers, and/or therapies provided by the Clinic. Outpatient therapy provided at the Clinic may include child therapy, parent counseling, family therapy, group therapy, and ongoing school consultation.

**How to Make a Referral**

- Initial referrals can be made by parent(s) or legal guardians, physicians, psychologists, social workers or other childcare agencies in the community.
- Before a child can be accepted for an evaluation, the parent or guardian must call the clinic at (919) 733-5344 and ask to speak with the intake social worker.
- Evaluations are generally started within 2-6 weeks of the initial intake call depending on the length of the waiting list and urgency of the referral.

**Mission of Clinic**

Provide diagnostic evaluations and treatment services to children ages 3-17 years old with emotional and/or behavioral problems and to their families.

Comprehensive training for professionals in child and family mental health.

**Fees**

The Clinic accepts Medicaid, Private Insurances, and Fee for Service.