Friday, October 21st, 2011
9:00 a.m. – 4:00 p.m.
at the
Masonic Temple
420 Corydon Avenue, Winnipeg

This one-day workshop promises to be informative, educational and an opportunity to connect with colleagues from across Manitoba.

REGISTER deadline is October 17th!

Registration fee (includes lunch & refreshments):
Members: $60/person
Non-members: $155/person
(group rates are available for non-members)
TR Students: $15/person

For more information, contact Recreation Connections Manitoba at (204) 925-5749 or email recconnections.admin@sportmanitoba.ca

website: www.recconnections.com
WORKSHOP AGENDA

8:30 a.m. – 9:00 a.m.
Registration & Welcome

9:00 a.m. – 10:00 a.m.
Keynote Presentation (everyone attends)
Energizing Your Workplace through Innovative Thinking
Learn new ideas on stimulating and implementing innovative thinking that can energize and make your organization even more successful. What does innovation look like? Why should an organization encourage innovative thinking? Where does it all come from and what needs to be in place to encourage innovation in your organization?
Presenter: Cec Hanec, Owner and President, Cec Hanec & Associates Inc.

10:30 a.m. - Noon
Workshop Session One:

1A) Active Participation for All
This session will provide information on programs for people with special needs, with a special focus on developmental and physical disabilities. Learn about specific programs such as Multi sensory environments, pottery, art, storytelling, gardening, aquatics and bowling. Participants will gain information on contacts and expertise in their community, guidelines and expectations for program participants, community inclusion and considerations for budget, staffing, space and equipment for these types of programs.
Presenters: Leigh Ann McLennan, Tommy Plesh & Leila McVannel, Therapeutic Recreation Specialists with Manitoba Developmental Centre.

1B) Exercises to Enhance Activities of Daily Living
Take a closer look at the purpose and benefits of various forms of exercise and how these can increase the well being of older adults. Learn program planning tips that will help your participants achieve success!
Presenter: Maria Mathews, Client Support Manager & Family Educator, Alzheimer Society of Manitoba, Manitoba Fitness Council Certified.

1:00 p.m. – 2:30 p.m.
Workshop Session Two

2A) Bring and Brag . . . Promising Program Ideas and Activities
Bring and Brag will provide participants with an opportunity to obtain new activity ideas, hear of unique program twists and activity adaptations for existing in house programming. Participants are encouraged to come prepared to share a program and/or activity idea(s). Do forget to bring samples, props and/or equipment!

2B) When Talking About the Weather Isn’t Enough
Social visits do not have to be the only in-room programs you provide. Practical ideas coupled with who, what, where, when and why will leave you with the expertise to develop quality in-room programs that make sense! Memory boxes, sensory stimulation and how to get families/ volunteers involved are a few of the topics to be reviewed. Bring your own ideas to share.
Presenter: Cindy Greenlay-Brown, Manager of Therapeutic Recreation, The Simkin Centre

3:00 p.m. – 4:00 p.m.
Keynote Presentation (everyone attends)
When Pushed to the Limit: Moving Beyond a Difficult Situation
Aggressive behaviour from a person with dementia can be difficult to cope with for professional caregivers. Are there better ways to understand and think about this behaviour so that negative feelings towards the person don’t increase to a point where the quality of care is affected (and may lead to symptoms of caregiver burnout)? What role could Therapeutic Recreation potentially play in this area.
Presenter: Dr. Hal Wallbridge, Psychologist, Department of Clinical Health Psychology, St. Boniface General Hospital, Winnipeg.

Resource Table & Display
Plan to check out the information table and displays for new program and activity ideas, resources and TR products.
Therapeutic Recreation Workshop  
October 21, 2011  
REGISTRATION FORM

Name

Position

Organization/Facility

Address  
City/Town  
Postal Code

Telephone  
Fax  
Email

Special Dietary Request: ____________________________________________

Please check ☑ workshop(s) you are registering for:

<table>
<thead>
<tr>
<th>Workshop A  10:30 a.m. – Noon</th>
<th>Workshop B  1:00 p.m. – 2:30 p.m.</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ A1: Active Participation for All</td>
<td>☐ B1: Bring and Brag – Promising Program Ideas and Activities</td>
</tr>
<tr>
<td>☐ A2: Exercises to Enhance Activities of Daily Living</td>
<td>☐ B2: When Talking About the Weather Isn’t Enough</td>
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REGISTRATION FEE (please ☑ one):

☐ Member: $60.00  ☐ Non-Member: $155.00  ☐ TR Student: $15.00

*Member . . . is a member in good standing with Recreation Connections Manitoba
*Non-members . . . with 2 or more staff attending the workshop from the same facility, go to the Recreation Connections Manitoba website (www.reconnections.com) for group rates or call (204) 925-4749.

Registration deadline is October 17th

PAYMENT INFORMATION (please ☑ one):

☐ Cheque (payable to Recreation Connections Manitoba)
☐ Invoice required prior to payment
☐ Visa  ☐ Master Card
  Card # ________________________  Expiry Date _____________
  Cardholder ____________________________________________
  Print Name                                                               Signature

Return the completed registration form (with payment information) to:

Recreation Connections Manitoba, Therapeutic Recreation Workshop
317 – 145 Pacific Avenue,  
Winnipeg, MB  R3B 2Z6
Phone: (204) 925-5749       Fax: (204) 925-5703