Partnering and Leading in INNOVATION and TRANSFORMATION

CMHO 40th Anniversary Conference
Program & Registration

NOVEMBER 18 – 20, 2012
Post-Conference - November 21, 2012
Marriott Toronto Downtown Eaton Centre

Children's Mental Health Ontario
Santé mentale pour enfants Ontario

Children's Mental Health Ontario champions the right of every child and youth in Ontario to mental health and well-being.

www.kidsmentalhealth.ca
An Invitation to Attend

Ontario’s child and youth mental health system is changing. New funding, new partnerships, new service models, and new leadership are intended to connect children and youth to help sooner, improve their outcomes, and ensure they get consistent access to the services they need as they move across several different systems.

We have chosen “Partnering and Leading in Innovation and Transformation” as the theme of our 2012 conference because it encompasses the ambitious range of objectives that challenge all of us who are committed to ensuring Ontario’s children, youth and families get the effective mental health services they need, as close to home as possible and as soon as they’re needed. Our 2012 conference program includes thought-provoking keynote speakers and informative workshops on topics that are relevant to community agency leaders, clinicians and frontline workers, educators, medical service providers, government policy-makers, parents, and youth themselves.

We have expanded our program this year to include more than 50 workshop and plenary sessions. Topics to be addressed will include examples of successful new partnerships within and across sectors, reports of new service delivery models that improve accessibility and outcomes, management-focused issues such as workplace stress and succession planning, new developments in evaluation and the use of system-wide measurement tools, and clinical and organizational innovations that address a wide variety of specific needs such as those involving transitional age youth, addictions, child protection, autism, aboriginal communities and more.

Several sessions will focus specifically on the provision of mental health services in schools, including one led by the U.S.-based co-founder of the International Alliance for Child and Adolescent Mental Health in Schools, Dr. Mark Weist. Two workshops (one for CMHO members only) will introduce the new Canadian Centre for Accreditation that launches next spring. The Ontario Centre of Excellence for Child and Youth Mental Health will present three workshops plus a special post-conference session about program evaluation. And senior Ministry representatives will provide the latest updates on implementation of Ontario’s child and youth mental health strategy.

Children’s Mental Health Ontario has been championing the right of every child and youth to mental health and well-being since 1972, ever since Ontario’s current system of community-based services was established. We’re excited to be celebrating our 40th anniversary with our biggest-ever annual conference, and to be welcoming many new partners who are joining with our accredited community-based members to meet the mental health needs of children, youth and families in Ontario.

I hope you will join us on November 19th and 20th in downtown Toronto at the Marriott Eaton Centre Hotel – to learn, share, partner and lead in the transformation towards a stronger and more effective system of mental health services for the young people of our province.

Gordon Floyd
CEO, Children’s Mental Health Ontario
Information

Conference Location

Marriott Toronto Downtown Eaton Centre Hotel
525 Bay Street
Toronto, Ontario M5G 2L2
Phone: 416-597-9200 Toll-free: 1-800-905-0667
www.marriott.com

Located in the heart of Toronto, the Marriott Toronto Downtown Eaton Centre Hotel is connected to the Eaton Centre, Toronto’s largest shopping mall. The hotel is steps from all of the attractions Toronto has to offer including the CN Tower, Royal Ontario Museum and Rogers Centre. Hotel amenities include a health club, a roof top pool and a restaurant, the Trios Bistro, that serves breakfast, lunch and dinner.

Accommodation

A limited number of rooms are being held at the Marriott Toronto Downtown Eaton Centre Hotel for delegates attending the CMHO 2012 Conference. The special conference rate is $179.00 per night, single or double occupancy, plus applicable taxes. This rate is available on a first-come, first-served basis until October 26, 2012. Delegates must make their own reservations by calling the hotel at 1-800-905-0667. Remember to identify yourself as a Children’s Mental Health Ontario delegate in order to receive the special rate.

Parking

On-site parking fee: $7.00 hourly, $29.00 daily
Valet parking fee: $35.00 daily
Garage height clearance: 2 meters 1 cm or 6 feet 7 inches
Registration Fees

If paying by credit card, you must register online at www.kidsmentalhealth.ca.
If paying by cheque, complete the registration form and fax it to 1 905 332 1587

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<td>Full Conference</td>
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**Workshop Speaker – Member**
(discounted fees available to 4 presenters per workshop)

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**Workshop Speaker – Non-Member**
(discounted fees available to 4 presenters per workshop)

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<td>Daily</td>
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**Full Conference Registration Fees Include:**

- Welcome Reception
- 3 keynote presentations
- 2 continental breakfasts & 2 lunches
- 48 education workshops
- CMHO Annual General Meeting
- Elizabeth Manson Award for Community Service in Children’s Mental Health
- Post-Conference on Wednesday, November 21, 2012, 9 am – noon

Daily Registration Fees Include:

- Breakfast, lunch and sessions on the day of registration

Membership Status

If you don’t know what your membership status is, please contact Marta Condolo at CMHO at 416-921-2109 ext. 24 before purchasing your conference registration.

Certificate of Attendance

Conference participants can receive a “certificate of attendance” to go towards continuing education credits.

Request a certificate of attendance on the registration form.

Cancellation Policy

Requests for refunds must be received in writing by October 26, 2012, at Meeting Management Services Inc. at the address below. All cancellations are subject to a $50.00 administration fee. Substitutions are accepted. Refund cheques will be issued after the conference.

Please Note: Your registration constitutes acceptance of your personal information being used by the conference organizers for 2012 CMHO Conference Purposes only. Your registration constitutes acknowledgement of willingness to appear in photographs, motion pictures and videos taken during the 2012 CMHO Conference and releases the conference organizers from liability resulting for use of such photographs, motion pictures and/or videos. If you disagree with the above, please see personnel at the registration desk when you arrive at the conference.

For more information or to cancel in writing, please contact:

**Meeting Management Services Inc.**
2267 Abbotsbury Street
Burlington, ON L7P 4H7
Telephone: 905 335 7993 Fax: 905 332 1587
E-mail: janice@mmsonline.ca
Program at a Glance

Sunday, November 18, 2012

3:00 pm – 7:00 pm  Registration

7:00 pm – 9:00 pm  Northern Meeting

7:30 pm – 10:00 pm  Welcome Reception

Monday, November 19, 2012

7:00 am – 5:00 pm  Registration

8:00 am – 9:00 am  Continental Breakfast
  Sponsored by...

9:00 am – 9:15 am  Opening Remarks

9:15 am – 9:30 am  The Honourable Dr. Eric Hoskins,
  Minister of Children and Youth Services (Invited)

9:30 am – 9:45 am  Youth Message

9:45 am – 10:30 am  Opening Keynote Presentation
  Gabor Maté, Noted Physician and Bestselling Author

10:30 am – 11:00 am  Refreshment Break

10:30 am – 6:00 pm  Marketplace

11:00 am – 12:30 pm  Concurrent Morning Sessions

  MA1  Succession – Planning for the Future
  MA2  Transforming How We See Children and Youth
  MA3  Brief Services in Children’s Mental Health – A Key Strategy for
       System Transformation
  MA4  Transforming Ontario’s Children’s Mental Health System: Technological
       Innovations in Service Outcome Measurement
Program at a Glance

11:00 am – 12:30 pm

Concurrent Morning Sessions continued

MA5  Addressing a Gap in Parenting Programs: A Collaborative Approach Between Child Welfare, Children’s Mental Health, Addictions, and Regional Health Department
MA7  Community-Wide Model for School-Based Addictions Counselling: A Model of Collective Impact
MA8  Don’t Let Them Fall Through the Cracks! – Identifying and Treating High Risk Children and Their Families Using a Collaborative Community Approach by Children’s Mental Health with Schools, Fire, and Police Services
MA9  Amalgamation Experiences: Innovative Approaches and Transformative Opportunities

12:30 pm – 1:30 pm

Delegate Luncheon

- The Elizabeth Manson Award for Community Service in Children’s Mental Health
- Acknowledgements

1:30 pm – 2:15 pm

Concurrent Afternoon Sessions

MP1  Evolving Risks for Directors and Officers
MP2  Characteristics of Brief, Effective Psychotherapy for Youth: A Meta-Analysis
MP3  Organizational Learning, Change Management
MP4  Using a Common Assessment Strategy to Support Personal, Program and System Level Transformation
MP5  Beyond the Surface: Investigating Deeper Levels of Integration
MP6  Innovative Partnerships: Developing Evidence-Informed Practice by Bringing Together Family and Service Provider Voices
MP7  Risk and Innovation: Re-Configuring and Re-Visioning Youth Programs to Serve Transitional Age Youth
MP8  Substance and Sessions: A Drug Education Program for Youth
MP9  Working Together to Improve Child and Youth Mental Health in Schools

2:15 pm – 3:00 pm

MP10  The CMHO Employee Benefits Program 2013 – Strength in Numbers
## Program at a Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>3:00 pm – 3:30 pm</td>
<td>Refreshment Break</td>
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<tr>
<td>3:30 pm – 5:00 pm</td>
<td>Concurrent Afternoon Sessions</td>
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<tr>
<td></td>
<td><strong>MP11</strong> System Improvement Through Service Collaboratives: Closing Gaps and Improving Access and Coordination</td>
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<td><strong>MP12</strong> Ontario’s Children and Youth Mental Health and Addiction Strategy: Baseline Scorecard and Evaluation Framework</td>
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<td><strong>MP13</strong> Addressing the Critical Role of Workplace Stress and Vicarious Trauma in Children’s Mental Health Organizations</td>
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<td><strong>MP14</strong> Tele-Link Mental Health, Building Partnerships in Service Delivery</td>
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<td><strong>MP15</strong> Culturally Grounded Mental Health Service Model for Aboriginal Children and Families</td>
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<td><strong>MP16</strong> Innovation and Collaboration: Building Partnerships, Mobilizing Knowledge and Enhancing Infant and Children’s Mental Health Services for Newcomer Families</td>
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<td><strong>MP17</strong> Maryvale’s Mental Health Bed Program and School Liaison Service</td>
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<td><strong>MP18</strong> Transforming into a Trauma-Informed Culture: Steps, Lessons Learned and Evidenced Results</td>
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<tr>
<td>5:00 pm – 6:00 pm</td>
<td>Reception and Marketplace</td>
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## Tuesday, November 20, 2012

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 am – 2:00 pm</td>
<td>Registration</td>
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| 7:30 am – 9:00 am| Continental Breakfast  
Sponsored by HealthSource Plus. |
| 8:00 am – 9:15 am| CMHO Annual General Meeting                                             |
| 8:50 am – 9:00 am| Welcome Back                                                           |
## Program at a Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:15 am – 10:00 am</td>
<td><strong>Keynote Presentation</strong>&lt;br&gt;Shelagh Rogers, CBC, Host of <em>The Next Chapter</em>&lt;br&gt;Sponsored by LOUGH BARNES Consulting Group</td>
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<tr>
<td>10:00 am – 10:30 am</td>
<td><strong>Refreshment Break and Poster Displays</strong></td>
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<td>10:00 am – 4:00 pm</td>
<td><strong>Posters on Display</strong></td>
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<tr>
<td>10:30 am – 12:00 pm</td>
<td><strong>Concurrent Morning Sessions</strong></td>
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<td>TA1 Members Only Session – CCA Accreditation: Results of Pilot Reviews</td>
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<td>TA2 The Psychotherapy Act, 2007: Implications for the Children’s Mental Health Sector</td>
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<td>TA3 Key Themes in School Mental Health in the United States</td>
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<td>TA4 Scripting the Path Forward: Steps Toward Collaborative System Transformation</td>
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<td>TA5 Partnering Together to Build a Mentally Healthy and Suicide Safer Ottawa: A Public Health Approach</td>
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<td>TA6 A Unique Community Partnership Leads to a Transformation of Children’s Mental Health Services for Youth with Autism Spectrum Disorder</td>
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<td>TA7 Mental Health Services for Youth in Conflict with the Law in Ontario: Partnering for Progress</td>
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<td>TA8 Integrated Case Management Working with Families Challenged by Child Protection Issues</td>
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<td>TA9 Action on Workplace Stress</td>
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<tr>
<td>12:00 pm – 1:00 pm</td>
<td><strong>Delegate Luncheon &amp; Poster Displays</strong></td>
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<tr>
<td>1:00 pm – 2:30 pm</td>
<td><strong>Keynote Presentation</strong>&lt;br&gt;Aryeh Gitterman, Assistant Deputy Minister, Policy Development and Program Design, Ministry of Children and Youth Services</td>
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Program at a Glance

2:30 pm – 4:00 pm

Concurrent Afternoon Sessions

TP1 Accreditation with a Difference: CCA Accreditation for Community-Based Health and Social Services
TP2 Walk-in Services
TP3 Building Evidence-Informed Models of Brief Services Within Behavioural and Narrative Frameworks
TP4 Parental Engagement in Mental Health at School
TP5 Working Toward a Violence- and Bullying-Free School: Community Partnerships in Action
TP6 Supporting Parent-Infant Attachment in Peel Using a Collaborative Approach
TP7 Adventure Quest: An Innovative Approach to Supporting Youth, Families and Their Schools
TP8 Implementing Evidence in the Real World: Guidance for Practice-Based Implementation Research in Child and Youth Mental Health
TP9 How the Centre of Excellence Supports Evidence Informed Practice

Post-Conference
Wednesday, November 21, 2012

9:00 am – Noon

Post-Conference Workshops offered by the Ontario Centre of Excellence for Child and Youth Mental Health. The Post-Conference is available to full conference participants only and is included in full conference registration.

Concurrent Sessions (limited to 30 participants per session)

WA1 Evaluation: Are You Ready for It?
WA2 Better Together: Evaluating the Strength and Impact of Your Collaborations
WA3 Putting Knowledge to Work: Using Evaluation Findings to Strengthen Care
Program

**Sunday, November 18, 2012**

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<tr>
<td>3:00 pm – 7:00 pm</td>
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<td>Welcome Reception</td>
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**Monday, November 19, 2012**

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<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 am – 5:00 pm</td>
<td>Registration</td>
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<tr>
<td>8:00 am – 9:00 am</td>
<td>Continental Breakfast Sponsored by Moore-Dean Health Sciences</td>
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<tr>
<td>9:00 am – 9:15 am</td>
<td>Opening Remarks</td>
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<td>9:15 am – 9:30 am</td>
<td>The Honourable Dr. Eric Hoskins, Minister of Children and Youth Services (Invited)</td>
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<tr>
<td>9:30 am – 9:45 am</td>
<td>Youth Message</td>
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<td>9:45 am – 10:30 am</td>
<td>Opening Keynote Presentation <strong>Gabor Maté</strong>, Noted Physician and Bestselling Author</td>
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Gabor Maté, M.D. is a physician and bestselling author whose books have been published in nearly twenty languages worldwide.

Common to all of Dr. Maté’s work is a focus on understanding the broader context in which human disease and disorders arise, from childhood behavioral disorders like ADD or bullying to obsessive gambling, or even workaholism.

Dr. Maté weaves together scientific research, case histories, and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them. His approach is holistic and kaleidoscopic – linking everything from neurophysiology, immunology, and developmental psychology to economic and social policy – and even touches on the spiritual dimensions of disease and healing.
**Program**

<table>
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<th>Time</th>
<th>Session/Activity</th>
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<tr>
<td>10:30 am – 11:00 am</td>
<td>Refreshment Break</td>
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<tr>
<td>10:30 am – 6:00 pm</td>
<td>Marketplace</td>
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<tr>
<td>11:00 am – 12:30 pm</td>
<td>Concurrent Morning Sessions</td>
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**MA1 Succession – Planning for the Future**

*Sandra Watt,* Chief of Organizational Learning and Development, Lutherwood  
*Steve Sherrer,* Chief Operational Officer, Lutherwood

Succession management has become one of the key strategic imperatives for any business that wishes to survive in today’s highly competitive global environment where human capital is its most important asset. Best practice organizations use succession management to secure the future of the organization and to retain and motivate employees at all levels. This session will provide delegates with a practical example of how Lutherwood has taken the theories of succession management and developed a succession strategy that is working.

**MA2 Transforming How We See Children and Youth**

*Stuart Ablon,* Director, Think:Kids Massachusetts General Hospital  
*Michael Hone,* Associate Executive Director, Crossroads Children’s Centre

This workshop will provide participants with an understanding of Collaborative Problem Solving, the research that supports the approach, and how the community transformed its way of interacting with children/youth and caregivers in an effort to provide a consistent approach to addressing the needs of the clients we serve.

**Objectives**
- How to evaluate preparedness of system for change.
- The Approach: Collaborative Problem Solving.
- Research/evidence about the approach.
- Establishing a community of practice.
Program

11:00 am – 12:30 pm MA3  Brief Services in Children’s Mental Health – A Key Strategy for System Transformation

Facilitators:

Purnima Sundar, Director, Knowledge Exchange, Ontario Centre of Excellence for Child and Youth Mental Health
Charlie Carter, Program Associate, Knowledge Exchange, Ontario Centre of Excellence for Child and Youth Mental Health

Panellists:

Jim Duvall, Director, Training, The Hincks-Dellcrest Centre, The Gail Appel Institute, and Director, Brief Therapy Training Centres International
Karen Young, Manager, Clinical Services, Manager, Training and Development, Reach Out Centre for Kids, and Training/Research Faculty Member, Brief Therapy Centres International
Angela Kays-Burden, Director, Innovative Practice, Reach Out Centre for Kids

The Ontario Centre of Excellence for Child and Youth Mental Health brings people and knowledge together to strengthen the quality and effectiveness of mental health services for children, youth and their families and caregivers. Strategically investing in our mental health system requires a strong link to credible, timely research on a wide range of issues. Policy ready papers provide decision makers with credible information rooted in reliable research evidence. Produced in partnership with respected experts, the Centre’s policy ready papers provide precise background information on current and emerging topics of strategic interest.

Brief services were identified as a priority topic through conversations with various leaders in sectors with a stake in child and youth mental health in Ontario. A variety of short term interventions have already been implemented in child and youth mental health agencies in Ontario, including walk-in clinics, quick access services, and the formal application of models such as Solution Focused Brief Therapy. Innovative work has been developed and applied across the province and initial evaluations indicate that brief services are having a positive impact on wait times, clinical outcomes, and client satisfaction. Agencies and practitioners have found that brief services can be both a philosophy of service and a vehicle for treatment that is at once cost-effective and
Program

11:00 am – 12:30 pm

MA3 continued

clinically effective. Authors will present research evidence and policy recommendations from the policy ready paper *Brief Services in Children’s Mental Health – A Key Strategy for System Transformation*. Participants will learn about key research findings on brief services and evidence-informed policy recommendations related to implementing brief services as a strategy and vehicle for efficient and effective service provision.

MA4 Transforming Ontario’s Children’s Mental Health System: Technological Innovations in Service Outcome Measurement

*Charles E. Cunningham,* Psychologist, McMaster Children’s Hospital  
*Peter Pettingill,* Director, BCFPI Inc.  
*Jeff St. Pierre,* Psychology Professional Practice Lead, Child and Parent Resource Institute (CPRI)  
*Patricia Lingley-Pottie,* President and Chief Operating Officer, Strongest Families Institute  
*Patrick McGrath,* Professor of Psychology, Pediatrics and Psychiatry, VP Research, Dalhousie University and IWK Health Centre

This workshop will demonstrate the use of the Brief Child and Family Phone Interview (BCFPI-V4) to inform service transformation using internet, self–completed assessments to measure the size and stability of treatment outcomes. An interactive discussion will explore the ways in which service providers use outcomes to develop service innovations.

Objectives

- Introduce participants to the BCFPI V4’s ability to use internet self-completed parent and teacher reports to measure treatment outcomes.
- Introduce participants to BCFPI V4’s ability to use internet self-completed parent, teacher, and youth reports to measure longer term treatment stability.
- How to benchmark BCFPI outcome data against clinical trial outcomes.
- Illustrate the use of the BCFPI outcome measurement capabilities to inform service innovations.
Parents and Families
11:00 am – 12:30 pm

**MA5  Addressing a Gap in Parenting Programs: A Collaborative Approach Between Child Welfare, Children’s Mental Health, Addictions, and Regional Health Department**

*Cathy Thomas,* Clinical Manager, Therapist, ROCK Reach Out Centre for Kids  
*Teena Shah,* Supervisor, Halton Children’s Aid Society  
*Paula D’Orazio,* Public Health Nurse, Halton Region Early Years Health Program  
*Julie Todd,* Addiction Case Manager, Hope Place Centres

Participants will learn how Children’s Mental Health, Child Welfare, Public Health and Addiction Services worked to develop this unique program. Participants will experience the steps, strengths and challenges and understand how to take a similar approach.

**Objectives**

- Learn how to initiate a collaborative review of parenting programs to identify gaps within their community. Identify resources, needs, potential partners and first steps for replicating a similar approach.
- Learn a step-by-step collaborative approach to curriculum development, and service delivery helpful in developing and implementing a new program.
- Become familiar with Parenting Basics, a developed parenting curriculum for clients working with Children’s Aid Society, and how this program is run in Halton Region; learn about success and challenges experienced by this collaborative.
- Learn key strategies on how to partner successfully with agencies funded by different Ontario ministries, with different mandates and philosophies.
Program

11:00 am – 12:30 pm

**Education**

**MA6 “Working Together” in Niagara: A Model of Cross-Sectoral Partnership**

*Kaarina Vogin, Executive Director, Contact Niagara*
*Bill Helmeczi, Director, Mental Health Services, Pathstone Mental Health*
*Ken Lococo, Behaviour Resource Teacher, Niagara Catholic District School Board*

The transformation of the “Problem Solving Model” followed by the Niagara Catholic District School Board, particularly the development of a joint protocol between the Board, Contact Niagara, and Pathstone Mental Health, provides an example of collaboration that made innovative use of school-based resources and successfully integrated two key Ministry initiatives.

**Objectives**
At the end of the presentation, attendees will be able to:
- Describe the factors associated with successful cross-sectoral partnerships.
- Identify the transformative influence of these practices on mental health delivery.

**MA7 Community-Wide Model for School-Based Addictions Counselling: A Model of Collective Impact**

*Matthew Beutel, Director, Community Initiatives, United Way / Centraide Ottawa*
*Paul Steeves, Senior Manager, Research and Evaluation, United Way / Centraide Ottawa*
*Carlie Chase, Director of Initiatives, Wabano Centre for Aboriginal Health*

Community-wide model for school-based addictions counseling: how funders, school boards and service providers are working together to achieve collective impact and getting it done in Ottawa.

**Objectives**
- Coordination and project management in the development of a school-based model for youth.
- Implement school-based treatment strategies and build capacity to reach youth in non-mainstream academic settings.
Program

Schools, Fire and Police Services

11:00 am – 12:30 pm

**MA8**  
**Don’t Let Them Fall Through the Cracks! – Identifying and Treating High Risk Children and Their Families Using a Collaborative Community Approach by Children’s Mental Health with Schools, Fire, and Police Services**

*Wendy Acton,* Team Leader, Vanier Children’s Services  
*Marion Whitfield,* Crisis Intake-RAPP-TAPP-C worker, Vanier Children’s Services

This project engaged a vulnerable population of children and parents and achieved outcomes beyond expectations. We’ll share the key ingredients for success: assertive outreach, a range of clinic and in-home services, treatment targeting child and parent issues, multidisciplinary approach, and evaluation measures that track mental health and behavioural change.

**Objectives**

- Identify the menu of mental health services and key ingredients to successfully engaging, assessing, and treating these children and their parents.
- From the evaluation outcomes identify the areas where this program has effectively improved the lives of high risk children and parents with mental health issues.
- Identify key lessons learned about conducting such a project in a mid-size agency, and key ingredients leading to sustainability.

**MA9**  
**Amalgamation Experiences: Innovative Approaches and Transformative Opportunities**

*Catherine Simunovic,* Quality Assurance Manager, North Eastern Ontario Family and Children’s Services  
*Rada Deletic,* Quality Improvement Coordinator, North Eastern Ontario Family and Children’s Services  
*Lothar Liehmann,* Executive Director, Craigwood Youth Services  
*Fred Galloway,* F.J. Galloway Associates Inc.

This workshop will focus on the experiences of two amalgamation efforts. The speakers will share their lived experiences in providing leadership to the process of amalgamation through the planning, development and implementation of leading practices and strategies. Different approaches were undertaken and valuable lessons learned will be shared with participants. The workshop will begin with information to frame the experiences of the presenters and will close with a summary of best practices when leading an amalgamation or similar organizational change. Participants will be provided with the opportunity to ask questions of all presenters at this workshop.
Program

12:30 pm – 1:30 pm  Delegate Luncheon

- The Elizabeth Manson Award for Community Service in Children’s Mental Health
- Acknowledgements

1:30 pm – 2:15 pm  Concurrent Afternoon Sessions MP1  Evolving Risks for Directors and Officers

Patrick Cruikshank, Manager, Specialty Risk – Professional Liability, Northbridge Insurance

Directors and officers liability is a topic that doesn’t get adequate attention. Organizations face a dizzying array of laws, policies and regulations. The landscape is constantly shifting and evolving, leaving organizations exposed to significant risks. Employment practices liability, human rights tribunals and cyber risks are three key areas of risk directors and officers are faced with.

1:30 pm – 3:00 pm  MP2  Characteristics of Brief, Effective Psychotherapy for Youth: A Meta-Analysis

Alain Carlson, Research Assistant, Behavioural Health Sciences Lab, Nipissing University

David Armstrong, Psychologist, Hands TheFamilyHelpNetwork.ca

Little is known about the effectiveness of brief services. The present meta-analysis supports the effectiveness of brief psychotherapy and identifies characteristics associated with the most success. These findings underscore the need for further research into brief psychotherapy, which could significantly reduce costs and waiting lists while improving quality of care.

Objectives
- Participants will learn about high rates of psychotherapy dropout, limited mental health resources, and unwarranted resistance to evidence-based care.
- Participants will learn about how much change is typically expected from a brief service compared to a longer-term service.
- Participants will learn about characteristics of families and interventions that are associated with the most change.
Program

1:30 pm – 3:00 pm

**MP3**  **Organizational Learning, Change Management**

*Mark MacAulay*, Manager, Implementation Support Program, Ontario Centre of Excellence for Child and Youth Mental Health

*Sandra Huang Del Frari*, Program Associate, Implementation Support Program, Ontario Centre of Excellence for Child and Youth Mental Health

Innovating and transforming the child and youth mental health service system while keeping the vision for improved outcomes in children, youth and their families presents opportunities as well as challenges. As the sector increasingly moves towards a focus on outcomes management, the need to maximize the use of evidence in practice also increases. To be successful, organizations must also focus on challenges associated with change management – including consistent teamwork, leadership and communication. We will facilitate an interactive workshop on leadership and change management using an organizational learning approach to provide agency leaders a framework with tools and resources they can utilize in facing the challenges ahead.

**MP4**  **Using a Common Assessment Strategy to Support Personal, Program and System Level Transformation**

*Marg Cox*, Executive Director, Point in Time Centre for Children, Youth and Parents

*John Lyons*, Professor and Endowed Chair, University of Ottawa, Children’s Hospital of Eastern Ontario

Total Clinical Outcomes Management (TCOM) is a practical and theoretical application of Child and Adolescent Needs and Strengths (CANS) to support change at the personal, program and system level. It is being implemented world-wide and the workshop will profile Haliburton’s application of some aspects which have been transformational.

Objectives

- Participants will know the key concepts of Total Clinical Outcomes Management including its philosophy, strategy, and key tactics.
- Participants will know the six key characteristics of a communimetric measurement strategy and how it fits into an outcomes management framework.
- Participants will know likely barriers to implementation and strategies to address each barrier.
Program

**1:30 pm – 3:00 pm**

**MP5**  
**Beyond the Surface: Investigating Deeper Levels of Integration**  
*Wanda St-Francois, Executive Director, Affiliated Services for Children and Youth*
*Grace Mater, Early Years Systems Manager, Social Development and Early Childhood Service Division, City of Hamilton*
*Marion Trent-Kratz, Early Years Senior Research Advisor, City of Hamilton*

Integrated Services Delivered at the Neighbourhood Level: Hamilton’s ‘Check It Out’ Drop-Ins. Hamilton’s Best Start Strategy has been working successfully to leverage existing resources across sectors to provide increased access to services to better meet the holistic needs of children and families. Valuable lessons learned on the process of delivering the right services in the right locations at the right times.

**Objectives**
- Integrated service delivery.
- Neighbourhood-based programs.
- Healthy social and emotional development in the early years.
- Shared governance.

**MP6**  
**Innovative Partnerships: Developing Evidence-Informed Practice by Bringing Together Family and Service Provider Voices**  
*Sarah Cannon, Executive Director, Parents for Children’s Mental Health*
*Cathy Dandy, Director, Family and Youth Engagement, Kinark Child and Family Services*

This presentation will describe the innovative partnership created between families, service providers, research, and government, and will describe the evolution of the partnership and the planning and development of the first phase of a project to design and implement a model of Family Support Provision.

**Objectives**
- Understand the unique process and partnership.
- Understand how the partnership and subsequent work will be transformed into an evidence-informed practice.
Program

Adult Mental Health Agencies

1:30 pm – 3:00 pm

MP7  Risk and Innovation: Re-Configuring and Re-Visioning Youth Programs to Serve Transitional Age Youth

Heather McDonald, Director, Adult and Youth Services, LOFT Community Services

Terry McCullum, CEO, LOFT Community Services

In 2011 LOFT Community Services undertook a radical restructuring of its youth services, in order to create a new model of service for transitional age youth. It reduced five programs to three and created an integrated, cross-sectoral model of service.

This highly participatory workshop will examine the themes of: 1. risk, innovation and perseverance, 2. impact research, 3. the challenges of implementing a consistent service model based on resiliency, recovery, and peer support.

Objectives

• To share (and seek input from participants) about research and experience on the needs and best practice for serving transitional age youth.
• To share a paradigm for risk and innovation service planning.
• To outline the steps used in re-configuring five separately functioning youth programs into three integrated programs using a consistent resiliency/recovery and peer support model of service.
• To share outcome data from the re-configured service.

MP8  Substance and Sessions: A Drug Education Program for Youth

Enid Grant, Director, Intensive Services and Partnerships, Delisle Youth Services

Deborah Goodman, Director, Child Welfare Institute, Children’s Aid Society of Toronto

Maria Papadimitriou, Coordinator, The STARS Project, Delisle Youth Services

STARS, a program for LBGTTQ youth, designed a drug education program based on best practice principles which combined information, skills and community learning. We will discuss evaluation methods being used including the community-based learning which provides staff an opportunity to target the curriculum to the most pressing challenges the youth we serve face.
Program

1:30 pm – 3:00 pm

MP8 continued

Objectives

• Understand the key components of an innovative drug education program.
• Learn best practice principles for designing a drug education curriculum and how to tailor such a program to your specific population.
• Learn how to build evaluation into the model.

Education

MP9 Working Together to Improve Child and Youth Mental Health in Schools

Moderator:

Don Buchanan, Knowledge Mobilization Officer, E-BEST (Evidence-Based Education and Services Team), Hamilton-Wentworth District School Board

Mental health problems in children and youth are not simple problems. They arise from a complex mixture of social, cognitive, and biological factors, and often require complex solutions that span several systems. Ontario is investing in a mental health and addictions strategy that reflects that complexity by bringing together resources from the Ministry of Education, the Ministry of Child and Youth Services, and the Ministry of Health. The focal point for much of this work is the school, where most of our children and youth spend much of their day.

This new plan brings challenges in implementation, as long-established systems and ways of working together are re-invented to meet this complexity. This session will begin with an overview of the science of effective implementation. Following this, representatives from each of these Ministries will provide a more detailed view of the several initiatives that focus on school planning and intervention. Finally, we will discuss the challenges of bridging culture and practice across systems and communities.
Program

2:15 pm – 3:00 pm

MP10 The CMHO Employee Benefits Program 2013 – Strength in Numbers
Jeff Stinchcombe, Partner – Senior Benefits Consultant, HealthSource Plus

Join us for an overview of the benefits of participating in the CMHO Employee Benefits Program. You will learn:

• Why other members have joined the program.
• How to keep your program the same as it is now, while still enjoying the benefits of the CMHO program.
• How you can lower your costs and increase your benefits through this innovative program.
• How to get the FREE Wellness Program included.

3:00 pm – 3:30 pm

Refreshment Break

3:30 pm – 5:00 pm

Concurrent Afternoon Sessions

MP11 System Improvement Through Service Collaboratives: Closing Gaps and Improving Access and Coordination
Rob Moore, Executive Director, Provincial System Support Program, Centre for Addiction and Mental Health

The Systems Improvement through Service Collaboratives (SISC) initiative, sponsored by the Centre for Addiction and Mental Health, will improve access and coordination for children, youth and adults with mental health and addictions problems in regions across Ontario. We will provide an overview, update on progress and lessons learned to date.
Program

3:30 pm – 5:00 pm

**MP12  Ontario’s Children and Youth Mental Health and Addiction Strategy: Baseline Scorecard and Evaluation Framework**

*Astrid Guttmann*, Senior Scientist, Institute for Clinical Evaluative Sciences  
*John Cairney*, Associate Professor, Departments of Family Medicine, Psychiatry & Behavioural Neurosciences, and Clinical Epidemiology and Biostatistics, McMaster University  
*Paul Kurdyak*, Adjunct Scientist, ICES, and Clinical Director, Emergency Crisis Services, Head of Research, Centralized Assessment, Triage and Support Program, Centre for Addiction and Mental Health

This presentation will discuss the processes undertaken by researchers at the Institute for Clinical Evaluative Sciences (ICES) tasked to create an evaluation framework and baseline scorecard for Ontario’s Child and Youth Mental Health and Addiction Strategy. Areas of focus will include: evaluation framework and baseline scorecard components, challenges around measuring system change, and ICES’ multi-sectorial data strategy.

**MP13  Addressing the Critical Role of Workplace Stress and Vicarious Trauma in Children’s Mental Health Organizations**

*Patricia Fisher*, President, Fisher & Associates

The impact of workplace stress and vicarious trauma exposure places a critical burden on the health of those working in the children’s mental health field and on their organizations. This presentation will provide a clear understanding of the complex issues and will introduce practical and effective approaches.

Objectives
- Understand the impact of sustained stress and trauma on individuals in terms of physical and mental health, behaviours and interpersonal abilities.
- Recognize the pervasive negative effects of chronic stress on organizational capacity, budget pressures, organizational culture, inter-generational dynamics, recruitment and retention, absenteeism, etc.
- Consider the mechanisms of workplace stress and trauma in terms of the range of risk and resilience factors that predict relative resilience or vulnerability to stress effects.
- Understand the principles of effective intervention, and consider effective approaches to workplace stress in trauma-informed workplaces.
Program

3:30 pm – 5:00 pm

**MP14** Tele-Link Mental Health, Building Partnerships in Service Delivery

*David Willis*, Clinical Program Manager, Tele-Link Mental Health Program, The Hospital for Sick Children

*Tony Pignatiello*, Medical Director, Tele-Link Mental Health Program, The Hospital for Sick Children

Tele-Link Mental Health has created a mental health program stretching across service and jurisdictional boundaries within Children’s Mental Health to support and promote a seamless model of service delivery. Through strategic alliances and partnerships with other organizations and service providers, Tele-Link enables mental health support on multiple levels providing clients with a continuum of services while promoting enhanced community capacity, locally based resources, research and education. Tele-Link invites clients, families and service agencies to the table to help create a patient-centred, community-based mental health plan focused on timely, equitable, results-oriented service delivery.

**Objectives**

- To provide examples of cross-sectoral collaborations and how they enhance care to the province’s children and youth.
- To create a better understanding of the capabilities of Tele-Link and how through these partnerships they help to enhance local resources while creating seamless service delivery provincially.
- To highlight the partnerships we have formed that provide a shared care experience for the client.
- To provide a description of the data base and referral management system and show the functionality and resource rich characteristics of this paperless system.

**Aboriginal Communities**

**MP15** Culturally Grounded Mental Health Service Model for Aboriginal Children and Families

*Steve Lough*, President, Steve Lough & Associates Ltd.

*Kenn Richard*, Executive Director, Native Child and Family Services of Toronto

*David Barnes*, President, Barnes Management Group

Many children are identified with special needs but are without culturally appropriate services. We will discuss Native Child and Family Services of Toronto’s journey in
Program

3:30 pm – 5:00 pm

**MP15 continued**

bridging the gaps in its services and in developing a comprehensive mental health service model tailored for Aboriginal children and families.

Objectives

- Understanding of elements of a mental health assessment tailored for Canadian Aboriginal children and families.
- Understanding of a strategy to bridge gaps in a continuum of service: internal gap of resources for Protection vs. Support programs and external gaps of understanding of Aboriginal cultural nuances.

**Immigrant/Settlement Agencies**

**MP16 Innovation and Collaboration: Building Partnerships, Mobilizing Knowledge and Enhancing Infant and Children’s Mental Health Services for Newcomer Families**

*Leigh Armour*, Child and Family Therapist, Aisling Discoveries Child and Family Centre  
*Martin Kengo*, Toronto East Quadrant Local Immigration Partnership Officer

This workshop will describe an innovative partnership, between the Toronto East Local Immigration Partnership and Aisling Discoveries, to better serve newcomer communities in Scarborough. Drawing on needs assessments, service networking and newcomer community inputs, the presenters will outline findings garnered, key outputs, barriers exposed and solutions proposed to promote children’s mental health.

Objectives

- Participants will learn about the LIP model and benefit from the expertise gained about newcomer needs and children’s mental health.
- Participants will hear about Aisling Discoveries’ infant mental outreach efforts and our findings regarding awareness, access, obstacles and opportunities to better serve newcomer families.
- Participants will explore what actions they, their agencies and CMHO can take to be more accessible to newcomer families and to promote children’s mental health in newcomer communities.
Program

Monday, November 19, 2012 continued

3:30 pm – 5:00 pm

**MP17** Maryvale's Mental Health Bed Program and School Liaison Service
* Matt Brooks, Residential Treatment Supervisor, Supervisor, School Liaison Service, Maryvale Adolescent and Family Services

Maryvale's Acute Mental Health Bed Program is an off-site program operated by Windsor Regional Hospital on the grounds of Maryvale Adolescent and Family Services, a Children's Mental Health Treatment Centre. The program provides comprehensive mental health assessments and service referrals, and partners with community schools.

Objectives
- Describe service provision.
- Provide clinical perspective on clientele.
- Outline community partnerships used to develop the programs.

**MP18** Transforming into a Trauma-Informed Culture: Steps, Lessons Learned and Evidenced Results
* Sara White, Director of Research and Program Evaluation, kidsLINK
  * Kevin Clouthier, Director of Services, kidsLINK
  * Barb Ward, Director of Services, kidsLINK

Presenters will share findings demonstrating: 1) the detrimental impact of trauma-organized services on client wellness; 2) practical steps for shifting from a trauma-organized culture to a trauma-informed culture; and 3) organizational impacts and client outcomes associated with a shift to trauma-organized work practices in children’s mental health.

Objectives
- Participants will be able to identify critical success factors associated with a trauma-informed framework.
- Participants will be able to recognize major organizational shifts that are necessary to transition to a healing workplace environment for clients and families.
- Participants will know at least three barriers to trauma-informed work practices and will understand key methods for overcoming these barriers.

5:00 pm – 6:00 pm

Reception and Marketplace
Posters will be on display on Tuesday, November 20th from 10:00 am to 4:00 pm.

**Promoting Students’ Mental Health Through Partnership**
Judy Hills, Executive Director, Psychology Foundation of Canada; Robin Alter, Child Psychologist, The Hincks-Dellorest Centre; Bill Hogarth, President, Education, Research and Development Canada; Judy Ferguson, Guidance Counsellor/Volunteer, Psychology Foundation of Canada

**SSLI – Coaching Young People for Success Project**
Arlene Johnson-Gauthier, Manager, School Mental Health Program, HandsTheFamilyHelpNetwork.ca; Susan Wardell, Principal, Mother St. Bride School, Nipissing Pary Sound Catholic District School Board; Robyn Chelkew, Clinical Social Worker, Director, Life Business Consultancy, Australia

**Young Health Program: Fostering the Emotional and Mental Well-Being of Canadian Youth**
Janath Vesna, Manager, National Programs, Boys and Girls Clubs of Canada; Caley Hartney, Program Manager, Physical and Health Education Canada; Eugenia Canas, Community Engagement Coordinator, mindyourmind

**Expand the Reach**
Lisa Cluett, Program Manager, New Path Youth & Family Services

**The WITS Programs (K to 6): Creating Responsive Communities for the Prevention of Bullying and Peer Victimization**
Caroline Teske, WITS Programs Coordinator, Queen’s University

**Building Resilient Children, Youth and Families Through Wraparound: An Evidence-Based, Multi-Site Evaluation Framework**
Andrew Debicki, National Development Director, Wrap Canada, and Shalem Mental Health Network; Mark Vander Vennen, Executive Director, Shalem Mental Health Network; Jane Ashmore, Wraparound Coordinator, Wraparound Northumberland, Highland Shores Children’s Aid; Kim Latour, Manager, Quality Assurance, and Early Intervention Program, Catulpa Community Support Services

**Disable the Label – W. Ross Macdonald School's Journey into Mental Health Literacy and Promotion**
Martha Martino, Principal, W. Ross Macdonald School for the Blind; Mary Martin, Vice-Principal, W. Ross Macdonald School for the Blind

**Meeting the Needs of Children with a Dual Diagnosis in Northern Ontario: Lessons Learned from a Collaborative Partnership for Integrated Services**
Terri Barriault, Psychologist & Clinical Director, Child Care Resources; Diane Walker, Psychologist & Clinical Director, Children’s Centre Thunder Bay; Lisa Grimard, Director of Services – West, Child Care Resources; Sherry Fournier, Associate Executive Director, Child Care Resources

**Partnership and Innovation for Culturally Specific Substance Abuse Prevention and Interventions for Somali Youth and Families**
Paul Welsh, Executive Director, Rideauwood Addiction and Family Services; Farah Aw-Osman, Executive Director, Canadian Friends of Somalia

**The Virtual Emergency Room: Using Technology to Reach Children and Youth in Crisis**
Jane Thompson, Project Coordinator, Virtual Emergency Room, Ontario Shores Centre for Mental Health Sciences; Cynthia Weaver, Administrative Director, Adolescent Unit, Ontario Shores Centre for Mental Health Sciences; Stewart Stein, Manager, Mental Health and Addictions, Ontario Telemedicine Network

**Collaborating Between Schools, Health Care Professionals, and Immigrant Families for Early Identification, Intervention, and Navigation of Children’s Mental Health Services in Peel**
Keith Leung, Program Coordinator, Early Intervention Program, The Credit Valley Hospital; Meghan Echlin, Principal, Dixie Public School, Peel District School Board
Program

**Tuesday, November 20, 2012**

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<td>7:30 am – 2:00 pm</td>
<td>Registration</td>
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<tr>
<td>7:30 am – 9:00 am</td>
<td>Continental Breakfast       [Sponsored by HealthSource Plus. Group Benefits - Administration - Wellness - Retirement]</td>
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<tr>
<td>8:00 am – 9:15 am</td>
<td>CMHO Annual General Meeting</td>
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<td>8:50 am – 9:00 am</td>
<td>Welcome Back</td>
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| 9:15 am – 10:00 am | Keynote Presentation
  **Shelagh Rogers, CBC, Host of The Next Chapter**

Shelagh Rogers believes in the power of stories. Her own story has been enlarged and enriched by the stories of others. So hosting a program about Canadian books and writing is like winning the lottery. Canada consistently “punches above its weight” as far as its literature goes. And these are great days for stories by Canadian writers. Outside of CBC, Shelagh criss-crosses the country, in an effort to topple the stigma of mental illness (she has won a number of awards for talking publicly and candidly about her own depression). She is also an activist for reconciliation between Aboriginal and non-Aboriginal people from coast to coast to coast and serves as an Honorary Witness for the Truth and Reconciliation Commission of Canada. In September 2011, Shelagh was admitted into the Order of Canada as an Officer, the country’s highest civilian honour.

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<tr>
<td>10:00 am – 10:30 am</td>
<td>Refreshment Break and Poster Displays</td>
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<td>10:00 am – 4:00 pm</td>
<td>Posters on Display</td>
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Tuesday, November 20, 2012 continued

Program

10:30 am – 12:00 pm

Concurrent Morning Sessions

Members Only Session

TA1  CCA Accreditation: Results of Pilot Reviews

Barbara Wiktorowicz, Executive Director, Canadian Centre for Accreditation

Gail Vandermeulen, Acting Director of Standards & Services, Children’s Mental Health Ontario

The Canadian Centre for Accreditation (CCA) is a new, not-for-profit, national, bilingual organization that will begin to provide a third party accreditation process tailored to community-based health and social services, starting in April 2013. CMHO was one of five associations serving community-based service providers who were founding partners and provided leadership in establishing CCA; by combining and revising their five separate accreditation programs they created the new third-party organization.

On April 1, 2013, CCA will become the accrediting body for CMHO centres and for organizations belonging to several other associations. Eight Pilot Reviews will have been completed during the summer and early fall of 2012 including an evaluation of the Pilot standards, processes, tools and materials. This workshop will share with CMHO members the results of the Pilot Reviews and will summarize changes that may need to be made in the accreditation process and standards as a result. Plans for the transition to CCA and information relevant to centres being accredited in the first year will be discussed.

TA2  The Psychotherapy Act, 2007: Implications for the Children's Mental Health Sector

Lonny Rosen, Rosen Sunshine LLP

In April 2013, the Psychotherapy Act, 2007 and its associated regulations will become law in Ontario. Thereafter, “psychotherapy” will be a controlled act, which only members of certain regulated health professions can perform, and “psychotherapist” will become a restricted title that can only be used by members of certain regulated health professions. In this session, CMHO’s legal consultant will review the implications of this legislation for children’s mental health centres and their staff, who may be required to change the manner in which they deliver therapy or to seek membership with the new College of Psychotherapists and Registered Mental Health Therapists of Ontario (CPRMHTO).
Program

Education

10:30 am – 12:00 pm

TA3  Key Themes in School Mental Health in the United States

Mark D. Weist, Professor, University of South Carolina

Based on 20 years of experience in school mental health (SMH), including 15 founding and directing the federally funded, Center for School Mental Health, Professor Weist will review key themes characterizing the growing SMH movement in the United States. He will review the status of child and adolescent mental health, reasons for SMH, special education issues, and strategies to assure high quality, evidence-based programs and services. The presentation will also include review of a National Community of Practice on SMH, and a range of relevant resources useful for advancing SMH at local, state and regional levels.

TA4  Scripting the Path Forward: Steps Toward Collaborative System Transformation

Shelley Woon, Superintendent of Special Education and Safe Schools, Trillium Lakelands District School Board
Niki Worton, Project Manager, Point in Time Centre for Children, Youth and Parents
Margaret Rose-Jackson, Executive Director, Chimo Youth and Family Services
Marty Rutledge, Executive Director, Family, Youth and Child Services of Muskoka

This workshop will profile the transformational work that is underway in Haliburton, City of Kawartha Lakes and Muskoka between Trillium Lakelands District School Board and three Children’s Mental Health agencies. Partners have worked collaboratively to establish standardized responses and protocols to address the needs of youth experiencing acute behavioural/mental health crisis.

Objectives

- Participants will learn about the process used to develop a standardized response across education and mental health systems.
- Participants will learn about the benefits of common processes to address the needs of children and youth with acute behavioural and mental health presentations.
- Participants will gain an understanding of the key elements in utilizing a collaborative approach to system transformation.
- Participants will learn about the agreements that have been developed in this project.
Program

10:30 am – 12:00 pm  TA5 Partnering Together to Build a Mentally Healthy and Suicide Safer Ottawa: A Public Health Approach

Benjamin Leikin, Mental Health Project Officer, Ottawa Public Health
Joanne Lowe, Executive Director, Youth Services Bureau
Michael Hone, Associate Executive Director, Crossroads Children’s Centre

This presentation will review Ottawa Public Health’s child and youth mental health promotion and suicide prevention strategy and its vital community partnerships. The strategy development, a review of the key initiatives within the strategy and progress made to date, including outcomes and evaluation results, will be discussed.

Objectives

• Learn the process Ottawa Public Health took to engage community partners to develop our child and youth mental health promotion and suicide prevention strategy; and learn about the initiatives within the strategy.
• Learn about the successes and challenges we have encountered by sharing results of program evaluations and outcomes of our initiatives within the strategy.
• Gain ideas for how other public health units, hospitals and community-based mental health services can work together to promote mental health and help prevent suicide in children and youth.
Program

**Autism Services**

10:30 am – 12:00 pm

**TA6**  A Unique Community Partnership Leads to a Transformation of Children’s Mental Health Services for Youth with Autism Spectrum Disorder  
*Neil Walker,* Project Manager, York ASD Partnership  
*Cindy Buick,* Parent of a youth with an ASD, York ASD Partnership

The York ASD Partnership is facilitating collaboration and systems change to open doors to children’s mental health services for people with an Autism Spectrum Disorder in York Region. Often Children’s Mental Health services feel insufficiently equipped to serve people on the Autism Spectrum, however, many people living with an Autism Spectrum Disorder experience co-occurring mental health issues and need these supports.

Objectives

- Serve the Mental Health needs of Children with an ASD.
- Understand effective models for systems change.
- Recognize the importance of parent involvement in community planning.

**Youth Justice**

**TA7**  Mental Health Services for Youth in Conflict with the Law in Ontario: Partnering for Progress  
Moderator:  
*JoAnn Miller-Reid,* Assistant Deputy Minister (ADM), Youth Justice Services Division, Ministry of Children and Youth Services

Panelists:  
*Trish Moloughney,* Director, Planning and Program Development Branch, Youth Justice Services Division, Ministry of Children and Youth Services  
*Paul Allen,* Executive Director, Youthdale Treatment Centres  
*Colin Dart,* Executive Director, Turning Point Youth Services

Conference participants will hear from and interact with senior staff in the Youth Justice Services Division in the Ministry of Children and Youth Services and community leaders about mental health initiatives for youth in conflict with the law in Ontario. The panel
Program

10:30 am – 12:00 pm

**TA7 continued**

Discussion will focus on the Intensive Support and Supervision Program, a specialized alternative to custody program unique to Ontario for youth with mental health needs, and the Youth Mental Health Court Worker program. The panel will illustrate the importance of partnerships, highlighting the opportunities and challenges established through the development, implementation and expansion of these mental health initiatives.

The panel will also discuss components of Ontario’s Comprehensive Mental Health and Addictions Strategy, emphasizing services and supports for youth in conflict with the law who have mental health needs.

Objectives
- To showcase provincial progress on mental health programming for youth in conflict with the law in Ontario.
- To demonstrate the importance of community justice partnerships in diverting youth away from the justice system to a community-based model of care.

**Child Welfare Agencies**

**TA8**  
*Integrated Case Management Working with Families Challenged by Child Protection Issues*

*Chris Burt, Clinical Director, Hollyburn Family Services*

Effective Integrated Case Management is a service delivery philosophy that coordinates multiple professionals. This session will explore researched best practice principles in creating effective, coordinated multi-practitioner service delivery using a Family Preservation service model to highlight how this can be implemented across agencies and disciplines when dealing with child protection issues.

Objectives
- Researched best practice principles of effective Integrated Case Management.
- Researched best practices in Family Preservation.
- Functional model of coordinated service delivery for Family Preservation for Community Based Organizations and Child Protection Agencies.
- Implications for joint training and protocol creation across agencies/disciplines.
Program

10:30 am – 12:00 pm  **TA9 Action on Workplace Stress**

*Terri Aversa,* Health and Safety Officer, *Ontario Public Service Employees Union (OPSEU)*  
*John Oudyk,* Occupational Hygienist, *Occupational Health Clinics for Ontario Workers (OHCOW)*

The impact of workplace stress carries a tremendous burden for workers and employers alike. Workers suffer ill health, diagnosed or undiagnosed mental health conditions, and the effects detract from their quality of life. For employers, stress impacts cause economic losses due to absenteeism, illness and injuries, productivity loss, and create an overall negative work environment. This workshop will discuss a project in which workers set out to identify factors at work that most affected their self-reported health outcomes using a questionnaire, and will report on the action and process that followed identification of those concerns.

Objectives

- Participants will be able to list at least 5 reasons why preventing workplace stress factors is beneficial to organizations.
- Participants will be able to list at least 5 workplace “stress” factors that can negatively impact workers’ health outcomes and identify at least 1 process by which they can be identified.
- Participants will know about a proposed systems approach and other strategies to identify and address workplace factors that affect health outcomes.
- Participants will feel confident that approaches and resources exist to take action in their own organizations to identify, prevent and address workplace factors that negatively affect workers and the operation of organizations.

12:00 pm – 1:00 pm  **Delegate Luncheon & Poster Displays**
Program

1:00 pm – 2:30 pm  **Keynote Presentation**

**Aryeh Gitterman**, Assistant Deputy Minister, Policy Development and Program Design, Ministry of Children and Youth Services

Conference participants will hear from Aryeh Gitterman, Assistant Deputy Minister at Ontario Ministry of Children and Youth Services. The presentation will touch on the transformation of the child and youth mental health system undertaken by the Ministry. Participants will learn about how the work of service providers has evolved since the release of Ontario’s policy framework for child and youth mental health. This historical context will set the stage for a look forward, a discussion of how system transformation can further operationalize the work contained in the 10 year mental health and addictions strategy.

2:30 pm – 4:00 pm  **Concurrent Afternoon Sessions**

**TP1  Accreditation with a Difference: CCA Accreditation for Community-Based Health and Social Services**

*Barbara Wiktorowicz*, Executive Director, Canadian Centre for Accreditation

*Gail Vandermeulen*, Acting Director of Standards & Services, Children’s Mental Health Ontario

The Canadian Centre for Accreditation (CCA), a national non-profit, accredits a wide range of community-based human service organizations including child and youth mental health services, credit counselling, community-based primary health care, family services, community mental health and addiction, community support services and child welfare. The structure of the accreditation system is modular, tailored to the specific services and programs that each organization delivers. CCA will be developing standards modules for other kinds of community based services in the near future.

CCA accreditation is designed to be integral to an organization’s ongoing quality improvement strategies and to support community organizations to meet value-added goals that go beyond achieving accreditation.

In this session learn how CCA’s values and approach are rooted in community service delivery combining clear and transparent expectations with a responsive assessment approach that recognizes the varied realities of community service organizations – with their different communities, sizes, settings, service offerings and funding.
Program

2:30 pm – 4:00 pm  

TP2  Walk-in Services
Associated Youth Services of Peel
Rapport Youth and Family Services
Peel Children’s Centre
kidsLINK
Lutherwood
East Metro Youth Services
Oolagen
Yorktown

This session will explore the successes and the challenges faced by several agencies in operating walk-in-clinics.

TP3  Building Evidence-Informed Models of Brief Services Within Behavioural and Narrative Frameworks
David Armstrong, Chief Psychologist, Upper Canada District School Board, and Director, Behavioural Health Sciences Lab, Nipissing University
Everett McGuinty, Child and Family Therapist, Hands TheFamilyHelpNetwork.ca
Alain Carlson, Research Assistant, Behavioural Health Sciences Lab, Nipissing University

This presentation will provide an overview of two models of brief services. STP-CMH is a 5 session model that assesses, triages, and provides minimally sufficient intervention for common children’s mental health concerns. Externalizing Metaphors is a 4 session model for dysphoria using a narrative/metaphor therapy tradition.

TP4  Parental Engagement in Mental Health at School
Annie Kidder, Executive Director, People for Education
Kelly Gallagher-Mackay, Research Director, People for Education

Engaged, knowledgeable parents are a crucial part of any strategy to address children’s mental health. Parents have a key role identifying early signs of mental illness, finding services, and helping overcome stigma and discrimination. Schools have an important role to play supporting not only children but families.

Objectives
- Parent engagement strategies.
- School-based strategies for mental health.
Program

Education

2:30 pm – 4:00 pm

TP5  Working Toward a Violence- and Bullying-Free School: Community Partnerships in Action

Michelle Probizanski, Principal, Lakehead District School Board
Tom Walters, Executive Director, Children’s Centre Thunder Bay

McKellar Park Central, a K-8 school part of the Lakehead District School Board in Thunder Bay, together with the Children’s Centre Thunder Bay, partnered in a unique way to work towards a complete cultural shift within a school suffering from violent behaviour and bullying. A strengths-based approach, entitled Strengths in Motion, was implemented together to build and maintain an equitable and inclusive school culture. Fifty percent of the school’s population has self-identified as First Nations or Metis. Participants will hear how these two organizations came together for the sake of children’s mental health to deliver unique programming that completely changed the school.

Objectives
• Knowledge exchange on an innovative model of school-wide intervention.
• Sharing of research outcomes on the impact of the model.
Program

Early Childhood Programs

2:30 pm – 4:00 pm

TP6  Supporting Parent-Infant Attachment in Peel Using a Collaborative Approach
•  Caroline Roncadin, Psychologist, Peel Children’s Centre
•  Bhupinder Heer, Clinical Supervisor, Peel Children’s Centre
•  Penny Davies, Program Supervisor, Human Services Department, Region of Peel

The Valley Infant-Parent Program is an innovative, infant therapeutic program developed between a regional Children’s Services department and a children’s mental health agency. Presenters will use case examples to illustrate how the evidence-informed unique treatment model that evolved can be adapted to support caregivers and their infants facing a variety of complex challenges.

Objectives
• To learn about the evolution of an intensive, evidence-informed, therapeutic program supporting parent-infant relationships in Peel Region.
• To learn how an interdisciplinary, interagency collaboration can improve a community’s ability to meet the identified needs of this population.
• Through case presentations, to appreciate how one program can adapt to the needs of a diverse client population.

TP7  Adventure Quest: An Innovative Approach to Supporting Youth, Families and Their Schools
•  Bruce Scott, Coordinator, Youth Support Programs, Boys and Girls Clubs of Kawartha Lakes
•  Teresa Rye, Adventure Quest Program, Chimo Youth and Family Services
•  Ashley Moore, Intensive Family Services Worker, Chimo Youth and Family Services

Learn about Adventure Quest, an innovative, evidence-informed program. A collaboration of The Boys and Girls Clubs of Kawartha Lakes, Chimo Youth and Family Services and local school boards, the program is designed to assist youth struggling within conventional school programs. Presentation participants will also experience examples of adventure-based therapeutic activities used in the program.
Program

2:30 pm – 4:00 pm  TP8  Implementing Evidence in the Real World: Guidance for Practice-Based Implementation Research in Child and Youth Mental Health

Melanie Barwick, Associate Scientist, Hospital for Sick Children
Graham Ashbourne, Program Director, Craigwood Youth Services
Sean Flaherty, Manager of Residential Programs, Flamborough Site, Lynwood Charlton Centre

Ontario’s child and youth mental health sector is being encouraged to enhance the use of ‘what works’ in practice. Many are still unclear on how best to make this happen. We will present a field-friendly guideline developed from two implementation studies in child and youth mental health service provider organizations in Ontario.

Objectives
• Participants will identify (via live quiz) the stages of implementation (knowledge).
• Participants will explain (via Q/A) why the competency drivers of implementation are important for success (comprehension).
• Participants will name the five groups of factors known to be important for successful implementation (knowledge).
• Participants will work through the steps to implementing an evidence informed program in large group exercise (application).
TP9  How the Centre of Excellence Supports Evidence Informed Practice

Ian Manion, Executive Director, Ontario Centre of Excellence for Child and Youth Mental Health

TBA, Ontario Centre of Excellence for Child and Youth Mental Health

At the Ontario Centre of Excellence for Child and Youth Mental Health (the Centre), we work to bring people and knowledge together to strengthen the quality and effectiveness of mental health services for children, youth and their families and caregivers. Using an organizational learning approach, the Centre supports child and youth mental health agencies to implement and evaluate evidence-informed practices to enhance service provision. Through a number of programs and services (including the Implementation Support Program, Evaluation Support Program and Evidence Insight), Centre staff help practitioners to gather information, use knowledge to grow and share stories about what works on the front lines of care. In this interactive presentation, participants will hear about how the Centre’s programs and services can be used to enhance practitioners’ work and strengthen outcomes for children, youth and families across the province of Ontario.
Post-Conference Program

Wednesday, November 21, 2012

9:00 am – 12 noon

The Post-Conference is available to full conference participants only and is included in full conference registration fees. Post-conference workshops are offered by the Ontario Centre of Excellence for Child and Youth Mental Health.

About the Centre: We bring people and knowledge together to strengthen mental health care for Ontario’s children, youth and families. The Centre helps child and youth mental health agencies find, use and share evidence that improves outcomes on the front line of care.

We offer a diverse range of tools and services that give agencies the information and skills they need to manage today’s demands and respond to tomorrow’s challenges. They include customized support in evaluation and implementation, toolkits, webinars, an evidence searching service and a growing suite of training modules.

Post-Conference Program (includes breakfast and a refreshment break)

Concurrent Sessions (limited to 30 participants per session)
WA1 Evaluation: Are You Ready for It? Before starting an evaluation project, it’s important to know if your program is ready to be evaluated and whether your organization is prepared to support the evaluation. In this workshop you will learn how to conduct an ‘evaluability assessment’ so that your project gets off to the right start.

WA2 Better Together: Evaluating the Strength and Impact of Your Collaborations Interagency collaborations are becoming more common, but it can be tough to determine if our efforts are really making a difference. In this workshop you will learn how to evaluate whether your collaboration is functioning optimally.

WA3 Putting Knowledge to Work: Using Evaluation Findings to Strengthen Care Agencies across the province are building their evaluation capacity and collecting important data on their programs, but the true power of evaluation is only realized when you use new knowledge to improve service. In this workshop you will learn how to use your evaluation results to make programmatic improvements and effect organizational change.