PTSD Facilities in the United States

http://www.greengateintensive.com/PTSD_Treatment.html
Flagstaff & Sedona, Arizona

The Center: Posttraumatic Disorders Program
Psychiatric Institute of Washington
4228 Wisconsin Ave. NW, Washington DC 20016
24-hour Clinical Assessment Center: 800-369-CARE (2273)
Program Administrator: Florence Hannigan, 202-885-5752 or call 800# and dial x5752
http://www.thecenteratpiw.com/


Sidran PsychTrauma Information and Resource Service
200 Joppa Road, Suite 207, Baltimore MD 21286
Phone 410-825-8888 Fax 410-337-0747
E-mail sidran@sidran.org Web page http://www.sidran.org/

Cottonwood de Tucson
4110 W. Sweetwater Drive, Tucson AZ 85745
Phone 800-877-4520; 520-743-0411; fax 520-743-7991
e-mail cotwood@dakotacom.net
website http://www.cottonwooddetucson.com/

Sierra Tucson
38580 S. Lago del Oro Pkwy., Tucson AZ 85739
Intake 800-842-4487; outreach 800-624-5858; fax 520-792-5869
e-mail outreach@sierratucson.com
Website http://www.sierratucson.com/

ANACAPA by the Sea
307 E. Clara St., Port Hueneme CA 93041
Info 800-989-4649
http://www.anacapabythesea.com/
Clinical Director: Nate Newman
http://www.anacapabythesea.com/

The National Treatment Center for Trauma-Based Disorders
Del Amo Hospital
23700 Camino Del Sol, Torrance CA 90505
Phone 800-533-5266
http://www.delamohospital.com/
Clinical Directors: Colin Ross, MD, Clinical Director; Kristen Parker, LCSW
Northeast Center for Trauma Recovery, Charles H. Rousell, M.D., Director
38 Lake Ave., Greenwich, CT 06830
Phone 203-661-9393; fax 203-661-9342

Women’s Trauma Center
25 Marlborough St., Portland CT 06480
860-342-6383; 800-251-6474
Website http://www.stfranciscarebh.org/

Nova Southeastern University Community Mental Health Center
3301 College Avenue, Fort Lauderdale, FL 33314
954-262-5730 (main number)
Additional locations at Lauderdale Lakes and Coral Springs.
Director: Steven N. Gold, Ph.D.

Women’s Institute for Incorporation Therapy
Hollywood Pavilion
1201 N. 37th Avenue, Hollywood, FL 33021
954-962-1355
e-mail: recovery@wiit.com
Website: http://www.wiit.com/
William B. Tollefson Ph.D., Director

The Renfrew Center 800-RENFREW (736-3739)
1. 7700 Renfrew Lane, Coconut Creek FL 33073, phone 954-698-9222; fax 954-698-9007
2. 940 NE 62nd St., Fort Lauderdale FL 33308, phone 305-432-8111
3. 601 N. Flamingo Rd., Ste. 200, Pembroke Pines FL 33028, phone 305-432-8111
4. 111 Majorca Ave., Coral Gables FL 33134, phone 305-448-8325
5. 1601 Forum Place, Ste. 602, West Palm Beach FL 33401, phone 407-554-4995

University Behavioral Center
2500 Discovery Drive, Orlando FL 32826
Phone 407-281-7000

Ridgeview Institute
3995 South Cobb Drive, Smyrna GA 30080-6397
770-434-4567, ext. 3200 (admissions)
800-329-9775
http://www.ridgeviewinstitute.com/

The Rock Creek Center
40 Timberline Drive, Lemont IL 60439
phone 630-257-3636, 800-669-2426; fax 630-257-8846
Clinical Director, Outpatient Trauma Unit: Dr. Naseem Chaudhri
Masters & Johnson Treatment Ctr for Trauma Based Disorders, Sexual Compulsivity, & Eating Disorders
River Oaks Psychiatric Hospital
1525 River Oaks Road West, New Orleans LA 70123
Phone 504-734-1740
http://www.riveroakshospital.com/

The Trauma Center
14 Fordham Road, Allston, MA 02134
Phone 617-782-6460
Director: Dr. Van der Kolk
http://www.traumacenter.org/

The Trauma Center (a program of Arbour Health System)
227 Babcock Street, Brookline MA 02146
Phone 617-782-6460

Dissociative Disorders & Trauma Program
McLean Hospital
115 Mill St., Belmont MA 02178
http://www.mcleanhospital.org/
Phone 800-333-0338
Clinical Director: James Chu, M.D., 617-855-2761
Information about Women’s Treatment Program: Karen Terk, R.N., M.S., 617-855-2346, e-mail women@mclean.harvard.edu

Trauma Disorders Treatment Program
Sheppard and Enoch Pratt Hospital
6501 North Charles Street, Baltimore MD 21285
410/938-5078

Forest View Hospital
1055 Medical Drive SE, Grand Rapids MI 49546-3671
800-949-8439
http://www.rossinst.com/
Trauma program director: Colin A. Ross, M.D.

Masters & Johnson Sexual Trauma Program/Two Rivers Psychiatric Hospital
5121 Raytown Rd., Kansas City MO 64133
816-356-5688; 358-HELP (4357); 800-225-8577
http://tworivershospital.com/
Medical Director: Dr. Pamela Seator

Life Healing Center of Santa Fe
P.O. Box 6758, Santa Fe NM 87502
The Renfrew Center of New York City  
15 East 36th Street, Suite 1D, New York NY 10016  
212-685-6856; fax 212-686-1865; 800-RENFREW (736-3739)  
http://www.renfrewcenter.com/

Four Winds Hospital  
650 S. Salina St., Syracuse NY 13202  
315-476-2161; 800-647-6479

The Renfrew Center  
475 Spring Lane, Philadelphia PA 19128  
Phone 800-RENFREW (736-3739)  
Phone 215-482-5353; fax 215-482-7390  
http://www.renfrewcenter.com/

Key Stone Center  
2001 Providence Rd., Chester PA 19013  
Phone 610-876-9000; 800-558-9600

The Brown Schools (Includes The Oaks Treatment Center)  
1407 West Stassney Lane, Austin TX 78745  
800-848-9090 National Call Center  
Each of the sites listed have groups to specifically address trauma. San Antonio, TX, San Marcos, Memphis & Nashville, TN, Colorado Springs, CO, Lecanto, FL (as well as other FL sites), Gooding, ID, Deer Lodge, MT, Tulsa, OK, Guayama, Puerto Rico, New Kent & Charlottesville, VA and Philadelphia, PA.

Shades of Hope Treatment Center  
PO Box 639, Buffalo Gap TX 79508  
Phone 800-295-HOPE (4673), 915-572-3843; fax 915-572-3405  
http://www.shadesofhope.com/  
Ann M. Finn, MA, LPC, Intake Counselor; Cindy Henson, Director of Administration

Ross Institute Trauma Program  
Timberlawn Mental Health System  
4600 Samuell Blvd., Dallas TX 75228  
800-426-4944; 214-381-7181  
http://www.timberlawn.com/  
Director: Colin Ross, M.D.

New Dimensions Hospital  
18333 Egret Bay Blvd., Suite 560, Houston TX 77058  
281-333-2284
Dominion Hospital
2960 Sleepy Hollow Road, Falls Church VA 22044
703-538-2872; 800-950-6463
http://www.dominionhospital.com/
Clinical Director of Trauma Program: Jane Kallio, LCSW-C

Center for Emotional Trauma Recovery (CETR)
Located in Lake Chelan Community Hospital
503 E. Highland Avenue
P.O. Box 908, Chelan WA 98816
http://www.dominionhospital.com/
General information for CETR 800-233-0045; calls for or about patients 509-682-2948
Main hospital number 509-682-2531; CETR fax 509-682-3475
Thomas G. Carlton, MD, Medical Director e-mail: cetrchelan@aol.com

Rogers Memorial Hospital
34700 Valley Road, Oconomowoc WI 53066
Phone 800-767-4411; 414-646-4411; fax 414-646-3158
http://www.rogershospital.com/


National Links for Treatment Facilities

Treatment Through US Department of Veterans Affairs

Men’s PTSD Residential Rehabilitation Program (inpatient)
National Center for PTSD program provided for male veterans by the U.S. Department of Veterans Affairs
Address inquiries to Admission Office: FTS (700) 463-7166 or (650) 493-5000, ext. 27166. Referral packet for admission can be found here. Applications can be faxed to (650) 617-2686 or mailed to: Admission Coordinator National Center for PTSD (352/117MPD) VA Palo Alto Health Care System 795 Willow Road Menlo Park, CA 94025

Women's Mental Health Center (inpatient)
National Center for PTSD program provided for women veterans by the U.S. Department of Veterans Affairs, located at Menlo Park, CA. Referral packet for admission can be found here. For further information or referral contact Darrah Westrup, Ph.D., Director Telephone: (650) 493-5000 ext.. 22479 E-Mail: darrah.westrup@med.va.gov

The Department of Defense National Resource Directory
Described as "An online partnership of "shared care" providing information on, and access to, services and resources for wounded, ill and injured service members and veterans, their families and families of the fallen, and those who support them from recovery and rehabilitation to community reintegration."

Vet Centers: Facilities Locator and Directory
United States Department of Veteran Affairs recommends searching for treatment programs through the US VA Facilities locator webpage. This direct link to their PTSD programs, Specialized PTSD Treatment Programs in the U.S. Department of Veterans Affairs, may help. Also call your local VA medical center, call VA Benefits: 1-800-827-1000 and/or call VA Health Care Benefits: 1-877-222-8387 for help and assistance.

US Treatment Center Recommended by Sidran
Comprehensive list of US Treatment Centers for PTSD and Trauma
U.S. Sidran Institute's list of trauma and PTSD treatment centers provided by PTSD and Me. Sidran is a world leader in the treatment of trauma. Excellent recommendations.

Treatment Through US Medical Centers Affiliated with Universities
Dissociative Disorders and Trauma Program at McLean Hospital (inpatient)
U.S. News & World Report consistently ranks McLean Hospital the nation's top psychiatric hospital. McLean is the largest psychiatric clinical care, teaching and research facility of Harvard Medical School, an affiliate of the Massachusetts General Hospital and a member of Partners HealthCare.
Belmont, Massachusetts (800) 333-0338

The Center for the Treatment and Study of Anxiety at the University of Pennsylvania (outpatient)
The Center for the Treatment and Study of Anxiety is an internationally recognized research and clinical facility that offers a state-of-the-art treatment program specifically designed to deal Posttraumatic Stress Disorder (PTSD)
Philadelphia, Pennsylvania (215) 746 3327

Center for the Study of Trauma and Resilience
Columbia University Medical Center and the New York State Psychiatric Institute's nonprofit academic center specializing in the diagnosis and treatment of Posttraumatic Stress and grief-related problems. They offer effective, specialized treatment that is not widely available elsewhere. Their professionals all hold faculty positions with Columbia University and offer compassionate, expert care at no cost to the client who qualifies.
New York City, New York (212) 543-5367

Finding Treatment Through Referral Networks
Sidran Help Desk
Locating trauma resources can often be difficult. Sidran provides information to survivors, family members, friends, professionals and students including a trauma resource database of therapists located near you, treatment centers all over the country, organizations dedicated to survivor groups, and peer-support groups in your area. E-mail your request or call 410-825-8888, ext. 203.

Mental Health Services Locator
Excellent- resources are organized by state and include: Mental Health Services Directory, Listings for Facilities, Substance Abuse Treatment Facility Locators, State Suicide Prevention Programs, and State Resource Guides.

Association for Behavioral and Cognitive Therapies
ABCT’s Find-a-Therapist service gives you access to therapists schooled in cognitive and behavioral techniques, searching by city, state, county, last name, population or specialty.

Anxiety Clinics
Clinicians for your area can be found using their specialist referral network.

Theramatch
Site Search engine returns a national index of those therapists who treat, and many who specialize only in treating, anxiety disorders and PTSD.

Therapist Directory
Organized by state, click on the state and then the therapist to find their area of specialty.

Facts for Health
PTSD clinicians for your area can be found using the Facts for Health referral network

Traumatic Incident Reduction
List of practitioners on website. TIR is a systematic method of locating, reviewing and resolving traumatic events.
TIR has proven useful in relieving a wide range of fears, limiting beliefs, suffering due to losses (including unresolved grief and mourning), depression, and other PTSD symptoms.

Orgone Therapists and Related Therapy
Body Therapy that focuses on the natural flow of life energy being blocked in the body by traumatic experiences in life. A listing of those who have sent in or posted information of their Service. Listed by country and location within country.

The UK Trauma Group
Comprehensive list of UK Services and Academic Groups with a focus on trauma.

Recovery Connection®
Comprehensive list of drug rehabilitation centers, organized by state. (Drug addiction can sometimes be caused by PTSD responses to traumatic events)
Partial List of Treatment Centers by Location

**Arizona**
Sierra Tucson (inpatient)
Provides individualized treatment for Anxiety/panic disorders. A unique treatment center dedicated to the prevention, education, and treatment of addictions and behavioral disorders.
Tuscon, Arizona (800) 842-4487

**California**
The Colin A. Ross Institute (inpatient and day treatment)
Treatment centers located at:
Forest View Hospital, Grand Rapids Michigan (800) 949-8439
Timberlawn, Dallas, Texas (214) 381-7181
Del Amo Hospital, Torrance, California (310) 530-1151

Traumatic Stress Treatment Center
Forensic evaluations
Pasadena, CA (626) 483-3896

Virtual Reality Medical Center
VRMC currently uses virtual reality exposure therapy (3-dimensional computer simulation) in combination with physiological monitoring and feedback to treat panic and anxiety disorders.
San Diego, CA (858) 642-0267

**Colorado**
Sensorimotor Psychotherapy Institute (outpatient)
Focuses not just on the devastating effects of trauma-induced alterations on mind, but also on body and brain.
Trauma and the Body- new book, practitioners listed on website.
Boulder, Colorado (800) 860-9258

The Foundation for Human Enrichment (outpatient)
Utilizes the Somatic Treatment Method, a form of therapy used to relieve the symptoms of Post Traumatic Stress Disorder (PTSD) and other mental and physical trauma-related health problems by focusing on the client’s perceived body sensations (or somatic experiences). Practitioners listed.
Niwot, Colorado (303) 652-4035

**Washington D.C.**
Psychiatric Institute of Washington (inpatient)
Provides comprehensive behavioral healthcare for children, adolescents, adults and senior adults suffering from mental health and addictive illnesses. They are a short-term, acute care hospital offering inpatient, partial and intensive outpatient hospitalization, as well as specialized treatment programs for chemical dependency. Accepts most health insurance plans, medicaid (DC/Maryland) and medicare.
Washington, D.C. (800) 369-2273

Ross Center for Anxiety (outpatient) Private practitioner
Washington, DC (202) 363-1010

The Center (inpatient)
Short-term, directed treatment for adults who exhibit acute symptoms associated with posttraumatic and dissociative disorders and other trauma-based conditions.
Washington, DC (800) 369-2273

Florida
Women's Institute for Incorporation Therapy (inpatient)
Psychiatric program for women who have acute symptoms associated with psychological trauma, including grief, loss, depression, post traumatic stress and dissociative disorders.
Hollywood, Florida (800) 437-5478

Louisiana
River Oaks Hospital (inpatient, partial hospitalization, and outpatient) Specialized treatment is available for individuals suffering from trauma-based disorders.
New Orleans, Louisiana (800) 366-1740

Maryland
Sheppard Pratt (inpatient)
Short-term, directed treatment for adults who exhibit acute symptoms associated with posttraumatic and dissociative disorders and other trauma-based conditions. Both inpatient and day treatment offered.
Baltimore MD (888) 938-4207

Massachusetts
Austin Riggs Center (inpatient)
Providing intensive psychodynamic psychotherapy in a voluntary, open, and non-coercive community. Client base includes and focuses on those who have not been helped by other therapy or are treatment resistant.
Stockbridge, Massachusetts (800) 517-4447

Missouri
Two Rivers Psychiatric Hospital (inpatient)
Offering programs in Traumatic Grief, Traumatic Stabilization and/or Trauma and Addictions.
Kansas City, Missouri (800) 225-8577

New York
Anxiety and Phobia Treatment Center (outpatient treatment, support groups & two week overnight treatment programs)
White Plains, New York (914) 681-1038
Four Winds Hospitals
Leading specialized providers of inpatient psychiatric treatment for children and adolescents.
Katonah, New York: (800) 528-6624
Saratoga Springs, New York (800) 888-5448

The Institute for Authentic Process Healing
Reducing suffering and supporting possibility: a paradigm that integrates body, mind, and spirit in the
journey toward wholeness.
New York, NY (212) 627-9678

West Virginia
Intensive Trauma Therapy (outpatient)
One-week and two-week programs that provide an effective and cost-efficient way to address the trauma-
related disorders. Art therapy, hypnosis and an externalized dialogue as well as individual psychotherapy.
These techniques make it possible to process a trauma without re-living it.
Morgantown, West Virginia (304) 291-2912

International Treatment Facilities
Homewood Health Centre
Homewood Health Centre's Program for Traumatic Stress Recovery (PTSR) is the only in-patient program
of its kind in Canada. This program helps people recover from the after-effects of trauma.

Netherlands PTSD Treatment Center
Treatment at various locations is offered for members of the resistance and victims of the Second World
War, their families and veterans, as well as out-patient treatment to both adult and young traumatised
refugees and asylum-seekers (whether or not living as a family)
011 +31 +20 627-4974

Emergency Services Trauma Specialists
We aim to assist the normal human healing process by enabling each sufferer to talk in safety and complete
confidentiality with one of our highly qualified Specialists. We do understand, and are here to help YOU.