California Society of Physical Medicine & Rehabilitation presents their

ANNUAL MEETING
April 29—May 1, 2016

Hilton Long Beach Hotel
Long Beach, California

Attendees may report up to
14 AMA PRA Category 1 Credits™
6 hours of QME
PROGRAM SCHEDULE

Friday — April 29, 2016

Lectures: Caribbean Room  Exhibits: Pacific I & II

12:00 noon  Registration / Exhibits
1:00 p.m.  Opening Remarks  
   Robert A. Bitonte, M.D., J.D., President
1:15 p.m.  Injuries in Dancers  
   Andrei Dokukin, M.D.
2:15 p.m.  Rehabilitation of Common Shoulder Problems  
   Patricia Nance, M.D.
3:15 p.m.  Break / View Exhibits
3:45 p.m.  Cervical Dystonia  
   Ziyad Ayyoub, M.D.
4:45 p.m.  Physician Intimidation  
   Robert A. Bitonte, M.D., J.D.
5:45 p.m.  Adjourn for the Day

Saturday — April 30, 2016

7:00 — 8:00 a.m.  Continental Breakfast / View Exhibits
8:00 a.m.  Epidemiology of Opioids  
   Ali Nemat, M.D.
9:00 a.m.  Opiate Prescribing in the 21st Century  
   Sanjog Pangarkar, M.D.
10:00 a.m.  Break / View Exhibits
10:30 a.m.  Practicing at the Margins: Rehabilitation Medicine’s Liability Reality  
   Sarah Pacini, R.N., J.D.
11:30 a.m.  Navigating the Criminal Enforcement Minefield for Physicians  
   Steve Goldsobel, Esq.
12:30 p.m.  Break / View Exhibits
1:00 p.m.  President’s Welcoming Luncheon and Business Meeting  
   (included in registration fee)  
   Robert A. Bitonte, M.D., J.D., President
   CMA Delegate’s Report—Jeffrey Young, M.D.
   Legislative Update—Steve Cattolica, CSPMR Lobbyist
2:30 p.m.  Break / View Exhibits
3:00 p.m.  Poster Presentations (Various Research Topics)  
   Roger Mignosa, D.O., Moderator
3:30 p.m.  Spasticity Management  
   Ziyad Ayyoub, M.D.
4:30 p.m.  Interventional Pain Management  
   Bianca Tribuzio, D.O.
5:30 p.m.  Adjourn for the Day
Sunday — May 1, 2016

Lectures: Caribbean Room
Exhibits: Pacific I & II

7:00 — 8:00 a.m. Continental Breakfast / View Exhibits

8:00 a.m. Resident Presentations (Various Research Topics)
Roger Mignosa, D.O., Moderator

8:30 a.m. Optimizing Motor Recovery After Traumatic Brain Injury
Duc Tran, M.D., Ph.D.

9:30 a.m. Confronting the Challenges of Inpatient Rehabilitation
Moshe Lewis, M.D., MBA, MPH

10:30 a.m. Break / View Exhibits

11:00 a.m. Introduction and Current Issues in Workers' Compensation
Jeffrey Young, M.D.

12:00 noon Adjournment of Annual Meeting

CSPMR Board Members

Robert A. Bitonte MD, JD, President
Robyn Sato, DO, President-Elect
Jeffrey L. Young, MD, Vice President
Jeffrey L. Young, MD, Immediate Past President
Thomas Pattison, MD, Editor
Grace Barzaga, MD, Secretary-Treasurer
Wei-Ching Lee, MD, Director, District 1
Janet Lord, MD, Director, District 2
Bradley Chesler, MD, Director, District 3

Jeffrey L. Young, MD, Director, District 4
Malcolm Lawton, MD, Director, District 5
Jeffrey L. Young, MD, Delegate to CMA
Specialty Society Delegation
Janet Lord, MD, Alternate Delegate to CMA
Specialty Society Delegation
Carl Brakensiek, MBA, JD, Legislative Advocate
Steve Cattolica, Legislative Advocate
Andi Irons, Executive Director
The California Society of Physical Medicine & Rehabilitation is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CSPMR takes responsibility for the content, quality and scientific integrity of this CME activity.

The California Society of Physical Medicine & Rehabilitation designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians attending this course may report up to 6 hours toward the requirements of California Labor Code section 139.2(d), continuing medical education towards QME status. This seminar also meets the current requirements of IMQ with respect to AB 1195 cultural and linguistic competency.

About the Program
This program has been designed for physical medicine and rehabilitation physicians (physiatrists) as an update and review. Participants will learn practical, clinical steps to manage various common patient care issues related to physician medicine and rehabilitation. Other physicians who refer to physiatrists, or who are directly involved in the treatment of neuromuscular or musculoskeletal impairments, will also benefit from this program by gaining knowledge that will improve their ability to manage these patients.

Disclosure
Consistent with CSPM&R policy, faculty are expected to disclose any economic or other personal interests that creates, or may be perceived as creating, a conflict of interest related to the material being presented or discussed. A complete disclosure statement will be in your course syllabus for your referral at the program.

Educational Objectives
At the conclusion of the annual meeting the participant will be able to:

- Outline the new approaches and methods for treatment of patients with common shoulder problems, cervical dystonia, spasticity management and interventional pain management.
- Describe the current trends in opioid prescribing.
- Identify diagnosis and treatment motor recovery after TBI and learn the challenges of inpatient rehabilitation.
- Learn the latest in research as presented by residents of various PM&R medical school programs.
- Learn the latest in physician intimidation, rehabilitation’s liability reality, and criminal enforcement for physicians.
Enrollment

Tuition includes a syllabus on flash drive, break snacks and Saturday lunch. We accept checks made payable to CSPM&R or credit card payment through PayPal on our website or Registration can also be done online by going to the website www.cspmr.net. Refunds must be requested by April 9, 2016 and will be subject to a $50.00 service charge. Program materials cannot be guaranteed unless payment is received prior to April 15th. CSPM&R has the right to cancel this meeting; in such a case, a full refund will be given.

CME Mission Statement

The CME Mission of the California Society of Physical Medicine and Rehabilitation is to disseminate scientific, socioeconomic and political aspects of medicine impacting the specialty of physical medicine and rehabilitation. **Purpose:** Our CME program’s purpose is to provide high-quality, evidence-based educational seminars designed to advance physician competence and enhance practice performance, throughout their professional careers. Our attendees will also learn about the importance of culture and communication for delivering effective health care. Our CME programs will establish a commitment to educate physicians to deliver culturally and linguistically appropriate care. **Target Audience:** Our target audience is the society membership of physicians who specialize in physical medicine and rehabilitation as well as other allied health personnel in the physical medicine and rehabilitation arena. Education will be presented with that target audience in mind but other physician specialties and professionals will be invited when deemed appropriate. Our target audience consists of the above groups mainly from California. **Types of Activities:** As a CME provider of a medical specialty organization our activities mainly consist of live courses directly sponsored by the California Society of Physical Medicine & Rehabilitation. The educational design, instructional methods and learning format for each CME event is created to best serve the educational needs and learning objectives of the educational seminar. **Content:** The content for each individual presentation within the event is chosen with the needs and objectives taken into consideration. This includes but is not limited to case presentations, didactic lectures, question and answer periods, group discussions, workshops and panel discussions. **Expected Results:** We expect our attendees will report greater performance in their approach to clinical problems and/or express their intent to change their behavior and apply newly acquired strategies in their practice. We expect that our attendees will demonstrate competence and the effective use of targeted skills to enhance patient outcomes.
Location

Hilton Long Beach Hotel
701 W. Ocean Blvd.
Long Beach, CA  90831

Reservations:  (562) 753-2107

Group Code:   CSPMR
California Society of Physical Medicine & Rehabilitation

Online Reservations:  Go to our website www.cspmr.net / Meetings / Annual Meetings Here you will find a link to click to make your hotel reservations online.

Hotel Features:  Situated in the heart of downtown Long Beach’s business district, adjacent to the World Trade Center, the Hilton Long Beach offers comfortable accommodations, deluxe amenities, and exceptional customer service in a classically elegant setting.  Conveniently located only seven miles from Long Beach Airport, and just a short drive from LAX, the Hilton Long Beach is surrounded by an array of exciting things to see and do.  Ideal for business travelers in town for a conference or event, and families visiting the many local area attractions, the Hilton Long Beach bridges the gap between productivity and relaxation for a hotel experience worthy of the Hilton name.

Attractions and Shopping:  The Hilton Long Beach puts you within minutes from several of the area's most popular attractions such as the legendary Queen Mary, the Aquarium of the Pacific, the Pacific Ocean, Long Beach Convention Center, Long Beach Harbor, Carnival Cruise Terminal, and Long Beach Arena. Plus, we’re minutes from historic Pine Avenue, home to several unique shops, restaurants, and bars, and The Pike at Rainbow Harbor entertainment center. Hilton Long Beach is the official host and best choice of Grand Prix of Long Beach hotels. Our central location makes exploring Los Angeles and Orange County attractions quick and easy. Disneyland® Resort, the Getty Museum, LA Live in Downtown Los Angeles, and Hollywood, are only a short drive away. Best of all, the hotel offers complimentary local shuttle service (within a one mile radius) making getting around downtown a breeze.

Reservations:  To insure our special group rate from $179.00 per night (single/double occupancy, plus applicable taxes) you are requested to identify yourself as part of the California Society of Physical Medicine & Rehabilitation group when making your reservation Use group code: CSPMR.  Reservations should be made directly with the hotel by March 29, 2016 by calling the Hilton Long Beach Hotel reservation number: (562) 753-2107  Be sure to mention the group code listed above. Requests made after this date, will be handled on a space available basis. Check in time is 3:00 pm and check out time is 12:00 noon.
Course Director

Robyn Sato, D.O.
Chairman, Medical Education Committee

Faculty

Ziyad Ayyoub, M.D.
Clinical Professor of Medicine UCLA
Clinical Professor of PM&R at Western University Of Health Sciences
UCLA Multicampus Residency Training Program
Los Angeles County Rancho Los Amigos National Rehabilitation Center
Downey, California

Robert A. Bitonte, M.D., J.D.
President, Commission on Disability
City of Los Angeles
Los Angeles, California

Ali Nemat, M.D.
Medical Staff, Memorial Rehabilitation
Long Beach Memorial Medical Center
Clinical Assistant
Professor of PM&R
School of Medicine, UCI
Clinical Assistant
Professor of Medicine ad Anesthesiology
Keck School of Medicine, USC
Long Beach, California

Sanjog Pangarkar, M.D.
Director, Inpatient Pain Service
Veterans Health Service, Greater Los Angeles
Associate Professor of Medicine
David Geffen School of Medicine at UCLA
Los Angeles, California

Sarah Pacini, R.N., J.D.
CEO, Cooperative of American Physicians
Los Angeles, California

Duc Tran, M.D., Ph.D.
Medical Director of Traumatic Brain Injury
Director of Research Department of PM&R
Assistant Professor Loma Linda University School of Medicine
Loma Linda, California

Patricia Nance, M.D.
Chief, Rehabilitation Services
VA Long Beach Healthcare System
Clinical Professor, Dept. of Neurosurgery,
Physical Medicine and Rehabilitation
University of California Irvine
Long Beach, California
Enrollment Application

CSPM&R’s 2016 Annual Meeting
April 29-May 1, 2016
Hilton Long Beach Hotel, Long Beach, California
Register online: www.cspmr.net / Meetings / Annual Meetings
(online payments via PayPal—PayPal account not needed)

FEES:

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☐ I will be attending the Saturday luncheon and will have ____ guest(s) @ $35.00 each.
(Please include guest luncheon payment with your tuition.)
(Lunch is included for each registrant paying the tuition.)

Total enclosed: $___________

First Name ___________________________ Middle Initial ______________________ Last Name ___________________________
☐ M.D. ☐ D.O. ☐ P.T. ☐ R.N. ☐ D.C. ☐ Other ___________________________

Address ___________________________________________________________________________

City ___________________________ State ___________ Zip Code _______________

(_____) ___________________________ (_____) ___________________________
Day Phone ______________________ Fax Number _______________________

Email ______________________________ (for registration confirmation)

Information required for CME Credit and Name Badge:
Please indicate primary medical specialty:
☐ PM&R ☐ Other ___________________________

Guest names ___________________________________________________________________________

If paying by check please make check out to CSPM&R and mail with enrollment form to:
CSPM&R
8175 Arville Street, #199
Las Vegas, NV 89139-7111
phone/fax: (702) 365-0912
email: CSPMR@cox.net