Enjoy Learning
With Your Child

Visit www.district196.org to find classes that will enrich you and your children! Register for these classes and more through Community Ed. Call 651-423-7858 for more information.

Amazing Tots (parents and children 20 mos-3 yrs)
Discover sports that will get your toddler moving. Enjoy physical challenges and organized activities that increase major motor development. Explore and learn four sports with your child.

Wed  |  Jun 22-Aug 10  |  9:15-10 am, 5:15-6pm or 6:15-7pm  |  8 ses
Infants under eight months attend free with paid sibling.

DANCE!
Use your imagination and self expression to explore the art of dance and music. Focus on coordination, rhythm and interpreting different styles of music through movement.

Family Creative Dance
(parents and children birth-5 yrs)
Dance along with your little ones and discover how much fun it is!

Mon-Fri  |  Aug 8-12  |  10am-noon  |  5 ses

Animal Explorers Dance Camp (ages 4-7)
It’s a wild dance adventure. Focus on different animals and how they move. Interpret different styles of music through basic ballet movements. Create an animal craft each day. There will be a short performance on the last day of camp.

DANCE! (*ECE* ECE)
Use your imagination and self expression to explore the art of dance and music. Focus on coordination, rhythm and interpreting different styles of music through movement.

Music Together (parents and children birth-5 yrs)
Share the joy of making music! Sing songs, play instruments and move in a relaxed, playful setting. Receive an illustrated songbook filled with music-making ideas and two new CDs.

Summer 2016

ECFE Lottery Deadline
June 23

Learn to Swim
It’s never too early to encourage a love of water. We offer age-appropriate safety instruction in our swim lessons: Aqua Tots (6 to 26 months) and Aqua Kids (ages 3 to 9).

Aquatics
Aqua Tots (ages 3 mos-2 yrs): 9:30am, 9:45am
Aqua Kids (ages 3 to 9): 10am, 10:15am, 10:30am, 10:45am, 11am

Aqua Kids (ages 3 to 9): 10am, 10:15am, 10:30am, 10:45am, 11am

Contact
952-431-8777 for more information.

www.district196.org/swim or call 651-423-8777 for more information.
Welcome to Early Childhood Family Education

We offer fun, educational, affordable programs for parents and their children from birth through prekindergarten. Our summer schedule provides a sample of the classes available throughout the year, including age-specific and topic classes. Family playtimes for parents and their children from birth through prekindergarten are listed on the back of the brochure.

For classes listed below, parents and children will not separate. Registration is limited to children in the designated age groups.

**Babies: Birth Through 12 Months**
- **No separation**
- Babies sure bring big changes to everyone! Join other parents of infants and learn how to make the adjustment to "being a family." This will be a relaxing and informative class. You can ask your questions, and we will share ideas with you about building a solid base for your family. We will also have time to sing songs and play games with the babies.

  - Wed | Jul 13, 20, 27 | 5:45-7:15pm | Fee B | 318-118

  - Thu | Jul 14, 21, 28 | 8:30-10am | Fee B | 318-118

**Parents and Toddlers: 19 through 23 months (no separation)**
- Here is a chance to let your baby experience new sights and sounds during this one-on-one time with you. You will meet other parents, sharing questions on sleep, schedules and feeding. This fun class will nurture your relationship with your baby.

  - Wed | Jul 12, 19, 26 | 10:30am-noon | Free | 102-216

**Parents and Tiny Toddlers: 13 through 18 months (no separation)**
- This class suits parents with those tiny toddlers who get weary after playing hard. You and your child will remain in the same room while the parent discussion takes place, a good way to practice separation with your baby. We will talk about your choice of subjects, which could include separation anxiety, setting limits, development or other relevant topics.

  - Wed | Jul 13, 20, 27 | 8:30-10am | Fee B | 151-216

**Parents and Toddlers: 19 through 23 months (no separation)**
- As your toddlers rapidly grow and try new things, establishing routines and consistency are very important. Parents will learn how to arrange the environment to set limits and help move children from activity to activity. You can choose your discussion topics for these classes. Come and see what you can expect from your growing toddler.

  - Wed | Jul 13, 20, 27 | 10:30am-noon | Fee B | 217-216

**Parents and Ones: 13 through 24 months (no separation)**
- Looking for a fun class for your one-year-old? Join other parents and toddlers for an evening class. Toddlers love to take off and explore if their parents are close by. Parent discussion will take place in the children’s room, where toddlers can check in with their parents if they need to.

  - Wed | Jul 13, 20, 27 | 5:45-7:15pm | Fee B | 220-216

Call us at 952-388-1953 if you did not receive your lottery confirmation email.

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Parents and Twos: 24 through 35 months (Separation)
- Twos are growing at high speed, so they require guidance and limits as they set out to try everything in sight. Make a date with your two-year-old and learn delightful ways to enjoy time together. You will value a parent group where you can learn about and share this super stage in your child’s development.

  - Wed | Jul 13, 20, 27 | 5:45-7:15pm | Fee B | 255-118
  - Thu | Jul 14, 21, 28 | 8:30-10am | Fee B | 255-118

**Exploring Nature (Separation)**
- Summer is finally here, and in Minnesota we want to get out and enjoy it. We will discuss ways children can interact with the environment and enjoy the great outdoors. Research reveals that contact with nature is necessary for the healthy development of children and adults. This growing body of research links our mental, physical and spiritual health directly to our association with nature. Find out why we are becoming a “de-natured” society. This class will include at least one field trip to discover our community’s natural spaces and activities that your children will love.

  - Wed | Jul 13, 20, 27 | 9-11am | Fee A | 318-118

**Positive Parenting (Separation)**
- This class is for parents who want to focus on the positive by learning to guide and teach young children in ways that are kind but firm. We will explore what prompts children to behave in ways that are sometimes confusing. Based on the book Positive Discipline by Dr. Jane Nelsen, this class will teach the skills and tools necessary to decode children’s behaviors and respond in ways that address them. Children will experience positive guidance in the classroom as they make new friends and enjoy activities.

  - Wed | Jul 12, 19, 26 | 9-11am | Fee A | 482-118A

**Parents and Ones: 13 through 24 months (Separation)**
- Please register ALL children, including siblings. Children attending kindergarten fall 2016 are eligible to enroll.

  - Wed | Jul 13, 20, 27 | 8:30-10am | Fee B | 220-216

**Family Playtime**
- Family playtimes for parents and their children from birth through prekindergarten are listed on the back of the brochure.

**DAKOTA VALLEY LEARNING CENTER**
- 4679 144th Street West, Apple Valley

<table>
<thead>
<tr>
<th>CLASS TITLE</th>
<th>DAY/TIME</th>
<th>ROOM NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Playtime</td>
<td>Tuesday, Wednesday, Thursday</td>
<td>9-11:30</td>
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</tbody>
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For More Information
- Apple Valley Learning Center, 4679 144th St W, Apple Valley, MN 55124
- 952-388-1953
- Visit www.district196.org/ecfe

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  - Wed | Jul 12, 19, 26, Aug 2 | 5:45-7:15pm | Free | 100-216

**Babies: Birth Through 6 Months**
- Having a baby can mean major adjustments in every area of your life. Physical, social, mental, emotional and financial changes often occur. This relaxing class is designed to be educational, yet allow you to slow down, enjoy your infant and learn some fun games and songs.

  - Tue | Jul 12, 19, 26, Aug 2 | 8:30-10am | Free* | 101-216

**Babies: 7 Through 12 Months**
- Here is a chance to let your baby experience new sights and sounds during this one-on-one time with you. You will meet other parents, sharing questions on sleep, schedules and feeding. This fun class will nurture your relationship with your baby.

  - Wed | Jul 12, 19, 26 | 10:30am-noon | Free* | 102-216

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