From the President

The Texas Nurse Practitioner Board of Directors invites nurse practitioners, advanced practice nurses, and students to the 28th Annual TNP Conference. TNP’s 28th “Excellence in Healthcare Delivery” Conference will be held at the Grand Hyatt in downtown San Antonio September 8 - 11, 2016.

If you are not already a TNP member, we welcome you to join Texas Nurse Practitioners and receive substantial discounts on your registration. Register now and arrive a day early (Thursday) for phenomenal pre-conference day workshops.

Join us Thursday for a networking and welcome event from 4:30-6:30 p.m. near the registration desk. While you are registering, please take a moment to sign up for the Legislative Champions Dinner. This fundraising event will include important legislative information and special guests.

Don’t forget about the ever popular Foundation Silent Auction and Walkathon. So, even if you do not want to be up at the crack of dawn-you can simply pay to NOT walk! Remember if you are going to walk, take some time to get sponsors as a prize will be awarded to the individual who raises the most support. It’s a wonderful way to meet others from around the state and support scholarships.

We look forward to seeing you in September.

Sincerely,
Jan Zdanuk, DNP, FNP-BC, APRN, FAANP
Texas Nurse Practitioners President
Texas Nurse Practitioners Legacy Member

Welcome from the TNP 2016 Conference Planning Committee

Welcome to the Texas Nurse Practitioners (TNP) 28th Annual Conference in downtown San Antonio. As you look at the planned conference you will see great diversity in topics including Pediatrics, Family Practice, Acute Care, Geriatric, Women’s Health and Professional Development. Additionally, we have included sessions that will meet the Texas Board of Nursing requirements for Pharmacology (RX), Ethics (E), Jurisprudence (J), Gero (G) and Controlled Substances (CS) requirements. Don’t forget the pre-conference workshops where there is opportunity to learn special skills and immerse yourself in areas of special interest. There truly is something for everyone!

Take advantage of the high quality speakers we have selected to enhance your profession and your practice. We encourage you to take this opportunity to network, learn and enjoy all of the offerings at the 28th Annual TNP Conference. We look forward to seeing you.

Sincerely,
Sheri Innerarity, RN, PhD, ACNS, FNP
TNP Education Chair

Thank You!

SPECIAL THANKS TO THE 2016 EDUCATION COMMITTEE

Sheri Innerarity, Chair and Vice President
Anna Jessup, Vice Chair
June Belt
Marcia Crisp
Johanna Hernandez
Virginia Holter
Allison Huffman
Katherine Kleinsteuber
Carole Moore
Kathryn Reveles
Donna Rolin

Jan Allen, TNP Meeting Planner
Emily Eastin, TNP Executive Director

Jan Zdanuk, DNP, FNP-BC, APRN, FAANP
Texas Nurse Practitioners President
Texas Nurse Practitioners Legacy Member
OVERALL AGENDA

WEDNESDAY | SEPTEMBER 7, 2016
3:00 – 7:00 p.m. Registration

THURSDAY | SEPTEMBER 8, 2016
7:00 a.m. – 7:00 p.m. Registration
8:30 – 11:45 a.m. Workshops (break from 10:00-10:15)
12:00 – 1:00 p.m. Thursday Lunch Symposium (Non-CE) Sponsored by Novo Nordisk
1:15 – 4:30 p.m. Workshops (break from 3:00 – 3:15)
4:30 – 6:30 p.m. Welcome Reception
6:30 – 8:30 p.m. Pre-Conference Board Meeting

FRIDAY | SEPTEMBER 9, 2016
7:00 a.m. – 5:00 p.m. Registration
7:00 – 8:00 a.m. Friday Breakfast Symposium (Non-CE)
7:15 – 8:15 a.m. Breakfast Concessions in Lone Star Ballroom Foyer
8:30 – 8:45 a.m. Welcome by Jan Zdanuk, TNP President
8:45 – 9:00 a.m. General Session (GS01): Legislative Welcome
9:00 – 10:15 a.m. General Session (GS02): Lessons Learned: The Journey to Full Practice Authority for Nurse Practitioners in Nebraska
10:15 – 10:45 a.m. Morning Break in Exhibit Hall, Exhibits and Silent Auction Opens
10:45 – 11:45 a.m. First Breakout Session
12:00 – 1:00 p.m. Concessions
1:15 – 2:15 p.m. Second Breakout Session
2:15 – 2:45 p.m. Break/Exhibits/Silent Auction/Posters (1CE)
2:45 – 3:45 p.m. Third Breakout Session
3:45 – 4:15 p.m. Break/Exhibits/Silent Auction
4:15 p.m. Exhibit Hall Closes
4:15 – 5:15 p.m. Fourth Breakout Session
6:30 – 8:30 p.m. Legislative Champions Dinner (Ticketed Event)

SATURDAY | SEPTEMBER 10, 2016
7:00 a.m. – 5:00 p.m. Registration
7:00 – 8:00 a.m. TNPF Walkathon (Ticketed Event)
7:30 a.m. Exhibit Hall Opens
7:30 – 8:30 a.m. Breakfast Concessions
8:45 – 9:45 a.m. Saturday Breakfast Symposium (Non-CE) Sponsored by XenoPort
9:45 – 10:15 a.m. First Breakout Session
10:15 a.m. Silent Auction Closes & TNPF Drawings in Exhibit Hall
10:15 – 11:15 a.m. Exhibit Hall Closes
11:45 a.m. Awards/Business Luncheon (Members Only) (Those not attending membership luncheon will be on their own for lunch.)
1:15 – 2:15 p.m. Third Breakout Session
2:15 – 2:30 p.m. Break
2:30 – 3:30 p.m. Fourth Breakout Session
3:30 – 3:45 p.m. Break
3:45 – 4:45 p.m. Fifth Breakout Session

SUNDAY | SEPTEMBER 11, 2016
7:00 – 12:20 p.m. Registration
7:00 – 8:00 a.m. Breakfast Concessions
8:00 – 9:30 a.m. General Session (GS03): The 2016 Elections and the Upcoming Texas 2017 Legislative Session
9:30 – 9:45 a.m. Break
10:00 – 11:15 a.m. General Session (GS04): Menopause Break
11:15 – 11:20 a.m. General Session (GS05): Best Practices in the Use of Incretin-based Therapies in the Management of Type 2 Diabetes
11:20 a.m. – 12:20 p.m. Post-Conference Board Meeting
12:30 p.m. Dinner

Hotels and meeting rooms can be cold when the air conditioner is running, so please dress accordingly and come prepared.

This activity is approved for 21.05 contact hour(s) of continuing education (which includes 14.65 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 16072234.
This activity was planned in accordance with AANP CE Standards and Policies.
For your convenience we have listed the programs within particular tracks that are being offered at the Fall Conference.

Many of the topics are family practice topics, but if you are looking for a track please see the programs below:

Acute: WS02, WS09, F01, F08, F16, F24, F26, S32, S40, S48, S56, S60, S63  
Gero: WS05, F03, F15, F21, F29, S42, S45, S50, S57, S65  
Pediatric: WS11, F03, F05, F12, F20, F28, S37, S44, S53  
Women’s Health: WS04, WS13, F04, F11, F19, S42  
Psych/Mental Health: F06, F13, F21, S36, S43, S53, S55  
Practice/Professional: F07, F14, F22, F23, S38, S46, S54, S61, S69  
Business Owners: S39, S47, S55, S62

In addition, we will include information next to the description if the session includes any of the following hours required by the Board of Nursing:

Controlled Substance (CS): WS07, S36  
Ethics (E): WS03, WS10, S36, S50, S54, S57, S65  
Gero (G): WS05, F03, F15, F21, F29, S42, S45, S48, S50

Please see the conference program for a description of each workshop and session offered.
Thursday, September 8, 2016 | 8:30 - 11:45 a.m.

(WS01) Pharmacology Update  
Amelie Hollier, DNP, FNP-BC, FAANP  
Pharmacology Update (3CE; 3RX)

(WS02) Basic Suturing  
Michael Hazel, DNP, APRN, FNP-BC & Steve Branham  
Basic wound closure is a must for the NP in the office, operating room or emergency department. This workshop will discuss wound healing, multiple types of wound closure with the opportunity for each participant to practice and receive help from experts in the area of suturing in a non-threatening and friendly manner. (3CE; 0.5RX)

(WS03) What to Order When: The Role of Imaging in Diagnosis of Disease and Injury  
Rob Milman, MD  
What to Order When: The Role of Imaging in Diagnosis of Disease and Injury (3CE; .25E)

(WS04) To IUD or not to IUD, that is the question  
Shelagh Larson, RNC, WHNP, NCMP  
LARCs are becoming the contraception of the future. Confused by who can get one and why. Or need training on how the insert or remove the IUD. Come join us for a 3 hour workshop to discuss and train you on the latest IUD. (3CE; 2.7RX)

(WS05) Evaluation and Treatment of Hip and Knee Pain in the Adult Patient  
William Crowe, RN, FNP-BC, MSN, MBA  
Hands-on class designed to increase the Nurse Practitioner’s confidence in evaluating an adult patient with common hip and knee problems. (3CE; 1RX; 0.5G)

(WS06) ECG Interpretation: The Basics and Beyond  
Cindy Weston, DNP, RN, CCRN, CNS-CC, FNP-BC  
This session will review the basics of 12 lead electrocardiogram: when to order it, the most common rhythms and their treatment and the identification of acute myocardial infarction. (3CE)

Thursday, September 8, 2016 | 1:15 - 4:30 p.m.

(WS07) Safe Prescribing of Controlled Substances  
Amelie Hollier, DNP, FNP-BC, FAANP  
Safe Prescribing of Controlled Substances (3CE; 3RX; 3CS; 1J)

(WS08) Advanced Wound Closure  
Michael Hazel, DNP, APRN, FNP-BC & Steve Branham  
Advanced wound closure is for the NP who is ready to advance their skills to include wound blocks and complex wounds. This workshop will allow the learner to expand their scope of practice to tackle a more difficult wound which will need more than one stitch. This will allow the attendee to utilize multiple techniques of closure. (3CE; 0.5RX)

(WS09) Imaging Interpretation for the Advanced Practice Nurse  
Rob Milman, MD  
Imaging interpretation for the Advanced Practice Nurse (3CE; 0.5RX)

(WS10) Sports Participation Exams - Before, During, & After the Game  
Kathryn Reveles, PhD, DNP, APRN, CNS, CPNP; Dr. Marcie Crips & Ms. Stacey Upton  
Sports Participation Exams - Before, During, & After the Game (3CE; 0.25J; 0.25E)

(WS11) EBP and NPs: The Alphabet Soup of EBP Integration into Practice  
Cara Spencer, PhD, FNP-BC, RN  
Evidenced-Based Practice is essential to exceptional patient care. A review of searching for evidence, examining the levels of evidence, critiquing evidence, and pearls for integrating EBP into practice will be presented. (3CE)

(WS10) Advanced Diagnostic and Treatment Options for Allergies  
Kevin Letz, DNP, MSN, MBA, RN, CEN, CNE, FNP-C, ANP-BC, PCPNP-BC, FAANP  
This workshop will describe diagnostic and treatment options for allergy disease in the primary care environment. (3CE; 1RX)

(WS13) Miss Understood: The Female Pelvis  
Shelagh Larson, MS, WHNP, NCMP  
The Female Pelvis; so many parts that are often unspoken. Come learn the real names and function of this misunderstood anatomy. You will get answers to the questions you were afraid to ask. We will spend time learning the anatomy and how to do a proper and comfortable pelvic exam on a woman. (3CE; 1.25RX)
(F01) Understanding the Management of Atrial Fibrillation
Jose L Villa, DNP, APRN, FNP, BC
Atrial fibrillation management *(1CE; 0.5RX)*

(F02) Treating Obesity in Primary Care Current Status
Joanna Guenther, PhD, RN, FNP-BC, CNE
Update on the Status and Treatment of Obesity in Primary Care *(1CE; 0.3RX)*

(F03) What’s Safe or Unsafe? Supplement and Herbal Medicine in Oncology Practice
Jane Williams, MSN, FNP-BC
How safe is supplement use in cancer patients? This presentation will review the evidence related to benefit versus risk of supplements and herbal therapies as well as toxicities during cancer therapy and interactions with chemotherapy or radiation therapy. The presentation will also offer resources for the provider to use in guiding clients to make appropriate decisions regarding use of CAM. *(1CE; 0.25RX; 0.25G)*

(F04) Interstitial Cystitis
Peggy Francis, DNP, RN, FNP
The purpose of this presentation is to provide a disease state focused talk on Interstitial Cystitis - a complicated and poorly understood disease process, without pharmaceutical influence or support. *(1CE)*

(F05) Vaping: Implications for Practice
Kathryn Reveles, PhD, DNP, APRN, CNS, CPNP
Vaping: Implications for Practice *(1CE)*

(F06) Rebooting Your Brain: The Mindful Minute
Carol Rizer, DNP, CRNA
Research suggests that mindfulness meditation promotes cognitive awareness and decreases rumination (repetitive contemplation or pondering). These benefits, in turn, contribute to more effective emotional regulation (APA, 2012). Research on mindfulness has identified these general benefits: Stress moderation, reduced rumination, improved memory and focus, & decreased emotional reactivity. There are also positive effects on caregivers, students, and children, including increased empathy, increased compassion, improved counseling skills, decreased stress and anxiety, improved perceptions of quality of life, and anger management. *(1CE)*

(F07) Legislative Advocacy 101: The Texas Legislative Process and How to Communicate Effectively With Your Legislators
Erin Cusack, MGPS, MPA
This session will cover the basic anatomy of the Texas legislative process. For example, which entities govern the nurse practitioner profession? How does a bill become a law? What are the chief obstacles encountered in the political process? In addition to these fundamentals, workshop attendees will learn messaging strategies and techniques for how to communicate nurse practitioner policy issues effectively to their state legislators. *(1CE)*

(F08) The Sepsis Puzzle: Unraveling the Case of Mr. H
Essence (Monee’) Carter-Griffin, DNP, ACNP-BC
An interactive case study presentation that will walk APNs through initial and advanced sepsis management based on current guidelines and research. *(1CE; 0.25RX)*

(F09) Updates in Treating Hypertension: Do you SPRINT?
Cindy Weston, DNP, RN, CCRN, CNS-CC, FNP-BC
This presentation will review pharmacologic classes for treating hypertension and discuss the SPRINT Trial findings and implications in practice. *(1CE; 0.7RX; 0.5G)*

(F10) Concussion Recognition and Care
Karen Williams, FNP-BC
Concussion is a common injury that often is under treated. This presentation will review the diagnostic criteria for a concussion, the basics of exam and treatment considerations, along with a review of available resources for providers and patients. *(1CE; 0.2RX; 0.25J)*

(F11) Battling the Menopause Bully Together: The APRN and Pelvic Floor Physical Therapy
LaMicha Hogan, MSN, RN, FNP-BC, Kathryn K. Curry, PT, DPT & Joyce Miller, DNP, RN, WHNP-BC, FNP-BC
This presentation highlights the newer terminology for post-menopausal women experiencing the chronic, progressive symptoms of Genitourinary Syndrome of Menopause. Discussion of current guidelines to approach this syndrome and a collaborative approach between the roles of APRN and Pelvic Floor Physical Therapists can support this population holistically through a team approach. *(1CE; 0.25RX)*

(F12) Meeting the Primary Care Needs of Immigrant Children
Kathryn Reveles, PhD, DNP, APRN, CNS, CPNP
Meeting the Primary Care Needs of Immigrant Children *(1CE; 0.25RX)*

(F13) Substance Induced Mood and Psychotic Disorders: Is it Just the Drugs?
Justin Scaffa, PMHNP
Comparing and contrasting substance induced mood and psychotic symptoms versus classic Psychotic and Mood disorders. We will expand basic understanding of illicit and abusable substances that are most likely to cause substance induced episodes, renew the basic mechanisms of action, and describe appropriate treatment approaches. *(1CE; 0.5RX)*

(F14) Be the Professional You Would Want to See
Peggy Francis, DNP, RN, FNP
Nurse Practitioners are healthcare providers that will be called upon to fill the ever increasing gaps between patients and healthcare. An increased awareness of issues like how we greet patients, talk, and dress affect patients’ perception of Nurse Practitioners as professionals that can be trusted for their healthcare needs. *(1CE)*
(F15) Care of the “Oldest Old”  
Debbie Mahoney, PhD, FNP-BC & Deborah Bell  
This session will discuss the unique physical, social and spiritual needs of the population 85 years old and older. (1CE; 0.25RX; 1G)

FRIDAY, SEPTEMBER 9, 2016 | 2:45 - 3:45 P.M.

(F16) Basics of Pacemakers and ICDs for all Providers  
Glenda Dell, ACNS-BC  
The number of patients receiving pacemakers and defibrillators has been steadily increasing over the past decade. Learn the reasons why pacemakers, defibrillators and cardiac resynchronization devices are implanted. Learn about acute and chronic complications post device implant. (1CE)

(F17) CKD: Recognition, Prevention and Management  
M. Sue McManus, PhD, FNP-BC, CNN  
Current guidelines to guide primary care and other non-nephrology specialists in screening, staging, and managing patients with chronic kidney disease. (1CE; 0.25RX)

(F18) Common Thyroid Disorders: Test and Treatments  
Heather Cuevas, PhD, RN, ACNS-BC  
The goal of this talk will be to discuss two common thyroid disorders, hypothyroidism and hyperthyroidism, including clinical presentation, expected laboratory findings, and treatment options for both conditions. (1CE; 0.5RX)

(F19) New Options in Hormone Receptor Positive Breast Cancer  
Sharon Wilks, MD, FACP  
This session will be given by the speaker to discuss approaches to Hormone receptor (HR)Positive breast cancer which is the most common form of breast cancer reported- 2/3 of women diagnosed with Breast cancer have HR+ disease. (1CE; 0.5RX)

(F20) The Professionals Role in the Adoption Process  
Emily Morehead, MA, LPC-Intern- TX  
In the spirit of celebrating those touched by adoption, information from an adoption professional may be helpful to clinicians working with patients planning adoption. For many reasons, clinicians, including nurses, may feel uncertain about how to care for a patient planning adoption. They may have little experience with patients planning adoption or be unsure of their hospital’s policies about care of patients planning adoption. (1CE)

(F21) Choose this not that: Selecting Antidepressants for Patients with Medical Conditions  
Linda Barloon, RN, MSN, PMHCNS, PMHNP  
This session will help nurse practitioners to develop a better understanding of the differences between antidepressants, their specific benefits and side effects, and contraindications. In addition, we will apply this information to a variety of medical conditions that nurse practitioners commonly encounter including cardiac conditions, seizure disorders, cancer, pain, and hyponatremia. Utilizing case studies to help illustrate, we will review in detail how to make well informed decisions in order to make the most beneficial and least harmful antidepressant selections for patients. (1CE; IRX; 0.5G)

(F22) Let’s LinkedIn, Facebook, and Twitter safely together! How to create the life you want by using social media tools safely and effectively  
Monica Alleman, DNP, FNP, APRN  
This session is for NPs who want to learn how to use their social media profiles such as LinkedIn, Facebook, and Twitter, to help create the lives they want. This session will provide guidance and recommendations on how NPs can better utilize social media tools to reflect their professional goals and provide recommendations on how to use the tools safely and effectively. (1CE)

(F23) Stay Ahead of the Curve - Don’t Become a Case Study: Malpractice Claim Trends for NPs  
David Griffiths (Senior Vice President, NSO)  
A review of Nurse Practitioner claim data from across the country. This session will review claim scenarios as a didactic tool with a focus on risk management. (1CE; 1J)

FRIDAY, SEPTEMBER 9, 2016 | 4:15 - 5:15 P.M.

(F24) Anatomy of a Critically Ill Patient: Cardiovascular and Respiratory care support: A Case Report  
Louisa “Chika” Ikpeama, DNP, APRN, ACNP-BC  
Complex and critically ill patients require immediate and thorough assessment and identification of all system dysfunctions. This presentation based on a case report illustrates that immediate assessment, treatment and continuing support for the critically ill patient improves outcomes, and may decrease escalation to intensive care unit. (1CE; 0.25RX)

(F25) Integration of Common Homeopathic Remedies in Primary Care  
Mary Fenton, PhD, ANP  
Homeopathy is one of the least understood of the integrative therapies but is readily available to consumers. This presentation will discuss how common over the counter homeopathic remedies can be integrated safely into primary care practice and acute situations. (1CE; 0.75RX; 0.25J)

(F26) Understanding Syncope, Diagnosis, Risk Assessment and Treatment  
Rose Bagh, AGACNP-BC, FNP-BC  
This session will discuss the concept of syncope, its relation to other causes of transient loss of consciousness (TLOC), certain conditions which may be misdiagnosed as syncope, various causes of syncope, how to differentiate various types of syncope, diagnostic approach with risk stratification, specific diagnostic tests, specific conditions and treatment, specific issues with older population. (1CE)

(F27) Chronic Venous Insufficiency  
Kimberly Giberga, RN, MSN, FNP-C  
Studies show a 30-50% prevalence of Chronic Venous Insufficiency of the lower extremities in the adult population. It is important for providers to be able to recognize signs and symptoms of this often overlooked disease and be able to manage this appropriately. This presentation will include diagnostic pearls so you will not miss diagnosing these patients in your practice including examination of the connection between Chronic Venous Insufficiency and Restless Leg Syndrome and best practice for referring these patients appropriately. (1CE)
(F28) Adolescent Diabetes by the Numbers: Strategies for NP's to Improve the Score
Terri Schmitt, PhD, ARNP, FNP-BC, CDE
The purpose of this presentation is to review the differences in T1DM and T2DM in adolescents, psychosocial and developmental factors that affect diabetes disease management, risks specific to the adolescent with diabetes, and to identify specific provider actions and treatment modalities that may benefit the adolescent with diabetes and their family. Primary care, clinically focused. (1CE; 0.5RX)

(S28) Parkinson's Disease in Primary Care
Catherine Harris, PhD, MBA, AGACNP, ANP-BC, FNP-BC
This session will discuss the difference of motor and non-motor symptoms. In addition treatments, management, side effects, and community resources will be discussed. (1CE; 0.75RX; 1G)

(F30) AGACNP Scope of Practice: Can I Do That?
John Gonzalez, DNP, RN, ACNP-BC, ANP-C
Scope of practice for the AGACNP goes beyond the Texas Board of Nursing’s nurse practice act and regulations. Additional Texas State laws, federal regulations and hospitals have an impact on the AGACNP’s scope of practice. This session will explore how Texas State laws, Federal Regulations, and hospitals shape the scope of practice for the AGACNP. (1CE; 0.5RX; 0.5J)

(F31) So You Want to Volunteer on Global Health Mission?
Amy Moore, DNP, RN, FNP-C & Emily Merrill
Delivering patient care in a third-world country is exciting and rewarding. As the nurse practitioner is considered trustworthy in their care, they should be aware of all possible outcomes before embarking on an international healthcare trip. Components of healthy global experiences will be the focus of this presentation. Participants will have the opportunity to share learned lessons and develop collaboration for future international health experiences. (1CE; 0.25RX; 0.2JR)

SATURDAY, SEPTEMBER 10, 2016 | 8:45 - 9:45 A.M.

(S32) Atrial Fibrillation: Applying Latest Evidence to Treatment
Louisa Chika Ikpeama, DNP, APRN, CCRN, ACNP-BC
Atrial fibrillation (A fib) is the most common cardiac arrhythmia seen in clinical practice. Just as there are different etiologies of the disorder, there are variable anti-arrhythmia medications that can alter the rhythm or control the rate of A fib. (1CE; 0.5RX)

(S33) African American Cultural Consideration in HIV/AIDS
Shamika Brooks, RN, MSN, FNP-C
To discuss the cultural, political and socioeconomic issues that plague the African American community and result in HIV/AIDS epidemic (1CE)

(S34) Medications Therapies for Asthma & COPD: Similarities & Differences
Catherine “Casey” Jones, PhD, APRN, AE-C, ANP-C
Medications therapies for asthma & COPD: Similarities & Differences (1CE; 1RX)

(S35) Obesity and Cancer in Primary Care: Challenges and Solutions
Jill MacPherson, DNP, RN, FNP-BC, AOCNP
Obesity and Cancer in Primary Care: Challenges and Solutions (1CE; 0.25RX)

(S36) The Opiate Epidemic in America
Sara Wood, RN, PMHNP-BC, MSN
This presentation will review history of the current increased use of opiates including prescription drugs and heroin, and the public health consequences. Treatment options for Opioid Use Disorder will be reviewed. Resources that NPs can use for safer prescribing practices will be presented. (1CE; 1RX; 1CS; 0.5E)

(S37) Sleep Issues in Adopted Children: Parent’s “Lived-Experiences”
Cara Spencer, PhD, FNP-BC, RN
Children experience a high rate of sleep issues after international adoption. Successful and unsuccessful parental sleep management techniques in this population may translate to other children with histories of trauma and neglect. A comparison of research on sleep issues in traumatized children will be presented. (1CE; 0.25RX)

(S38) Reducing Cognitive Errors: Improving Health Care through Better Thinking
Emily Merrill, PhD, APRN, FNP-BC, CNE, FAANP & Barbara Cherry and Melanie Richburg
Diagnostic thinking errors are repeatedly identified as a chief cause of preventable morbidity and mortality. This session will identify common thinking (cognitive) errors in diagnosing and delivering health care. Strategies to reduce cognitive errors and improve clinical reasoning and decision making will be explored. (1CE)

(S39) Small Matters, Big Business
Holly Jeffreys, DNP, APRN, FNP-BC
Have you ever heard it’s the small things in life that matter? Business and personal growth and development are no different. Learn how to improve your business while enhancing your personal growth and development working through small matters. (1CE)

SATURDAY, SEPTEMBER 10, 2016 | 10:15 - 11:15 A.M.

(S40) Acute Care Billing Practices: Building a Case for Optimal Return
Monique Lambert, DNP, APRN, ACNP-BC
During this session the attendee will gain greater understanding of in-patient billing practices. An inventory of current billing related challenges will be explored. Utilizing a template based approach the attendee will be able to translate the problem and package the data for presentation to key leaders. Incorporating supportive data from literature we will create a linkage between meaningful outcomes that impact interdisciplinary team efficiency and patient satisfiers. (1CE)

(S41) Pain Management with Auricular Therapy/Auricular Acupuncture
Karen Williams, FNP-BC
Pain management can quickly become frustrating for both the patient and the provider. Using just the ear, Auricular therapy/Auricular acupuncture can reduce or resolve pain during the office visit. (1CE; 0.2RX; 0.25J)
This presentation will cover the use and care of pessaries for pelvic organ prolapse. (1CE; 0.25RX; 1G)

Diagnosing and Managing Psychiatric Illness in Primary Care
Donna Rolin, PhD, PMHCNS-BC, PMHNP-BC & Katherine Van Noy, MSN, PMHNP-BC
This session will discuss common mental illness complaints originating in primary care, as well as evaluation, diagnostic criteria, and treatment of these illnesses. We will also discuss psychopharmacology as well as criteria for referral to psychiatric specialty. (1CE; 0.5RX; 0.5J)

The NP Role and the Transgender Adolescent
Kathryn Reveles, PhD, DNP, APRN, CNS, CPNP
The NP Role and the Transgender Adolescent (1CE)

Aortic Stenosis, Mitral Regurgitation - When Open Heart Surgery is Not an Option
Debbie Lewis, RN, MSN, FNP-C
Overview of aortic stenosis, mitral valve disease and current transcatheter procedures. Discuss management of patients with valvular heart disease in primary care. Understand how to evaluate, when to refer and available treatment options. (1CE; 0.5G)

Is a Faculty Role in My Future?
Kenneth Lowrance, DNP, APRN, CNS, FNP-BC, NEA-BC
Have you ever considered a full-time or adjunct faculty position? What are the pros and cons? This session will share the experiences and insight of a seasoned Nurse Practitioner who made the transition from practice to academia with the rewards and challenges along the way. (1CE)

Nurse Practitioners Bridging the Gap: The Impact of a Nurse Practitioner Managed Transitional Care Chronic Disease Management Clinic on Low Income and Uninsured Patients in Southeast Texas
Seth Stephens, DNP, APRN, ACNP-BC
An examination of the clinical and financial impact of a Nurse Practitioner Managed Clinic on Low Income and Uninsured individuals in Southeast Texas (1CE; 1E)

SATURDAY, SEPTEMBER 10, 2016 | 1:15 - 2:15 P.M.

Lumbar Spinal Disorders: Evidence-based Practice Guidelines for Diagnosis and Treatment
Robert Metzger, DNP, APRN, FNP-BC
This presentation will review of lumbar anatomy, etiologies, physiologies, physical exam techniques, and differential diagnoses of common lumbar spinal conditions following EBP guidelines. A review of EBP treatment modalities, both non-pharmacological and pharmacological, for lumbar conditions will be discussed. (1CE; 0.25RX; 0.25G)

Prediabetes and Metabolic Syndrome: Current Guidelines & Preventative Measures
Allison Huffman, DNP, RN, FNP-C
Current trends in prediabetes and the relationship to metabolic syndrome will be reviewed including pharmacologic and non-pharmacologic treatment recommendations for diabetes, dyslipidemia, and hypertension. (1CE; 0.25RX)

Prevention Is the Intervention: Anticholinergics and the Risk for Cognitive Decline, a Deprescribing Protocol
Vashti “Jude” Forbes-De La Cruz, MSN, FNP-C, PMHNP-BC
The CDC, HEDIS and Texas DSH are just a few agencies monitoring prescribing practices of potentially inappropriate medications “PIMS”. Anticholinergics, one type of PIM is associated with an increase risk for cognitive decline. Determination of anticholinergic load and appropriate deprescribing will be introduced to the audience. (1CE; 0.95RX; 1G; 0.25E)

Worms, Wheezes, and Weird Diseases: Deciphering the Complexities of Eosinophilia
Kevin Letz, DNP, MSN, MBA, RN, CEN, CNE, FNP-C, ANP-BC, PCNP-BC, FAANP
The initial diagnostic work-up of Eosinophilia will be reviewed in a case study and presentation format. The initial diagnostic work-up of Eosinophilia will be reviewed. (1CE; 0.3RX)

A PCP’s Guide to CKD Detection and Delaying Progression
Katharine Adams-Krick
This session will provide in-depth learning of CKD screening and management as it relates to PCPs. Topics include advantages of GFR over creatinine clearance, formulae used to calculate GFR, and measuring ACR. Managing risks and complications associated with CKD will also be addressed. (1CE; 0.3RX)

Ensuring Successful Transitions for the College-Bound Adolescent with a Mental Health Disorder
Cara Young, PhD, RN, FNP-C & Susan Calloway
This presentation will discuss strategies to help all students make a successful transition from high school to college life but will focus on salient vulnerabilities related to adolescents with an active or latent mental health disorder. We will discuss practical ideas to optimize mental health, identify warning signs for deteriorating mental health and find helpful resources. (1CE)

Enhancing the Role of the Advanced Practice Provider (APP) Post Stem Cell Transplant: Integrating Patients Back into the Community
Mary Peterson, MS, APRN, ANP-BC, AOCNP
Autologous and Allogeneic Stem Cell Transplantation (SCT) is a highly complex process used in treating various malignant and nonmalignant disease states. It requires intensive care of patients both during their hospital admission and in outpatient follow up. With advances in SCT – patients are living longer, however many times left with long-term complications. Integrating patients back into the community setting takes a team approach and APPs will play key roles in providing ongoing post-transplant and survivorship care. (1CE; 0.5RX; 0.2G; 0.1E)

Jurisprudence for Advanced Practice Nurses in Texas
Glenda Joiner-Rogers, PhD, RN, ACNS-BC
Jurisprudence for Advanced Practice Nurses in Texas. (1CE; 1J)
(S56) Screening and Management of Alcohol Misuse in Primary Care: What Every NP Should Know  
Marie Crisp, DNP, APRN, FNP-C & Carol Rizer DNP, CRNA  
Reviews appropriate screening and managements of alcohol misuse in the primary care setting. The program teaches about appropriate screening tools, how to apply the DSM-5 criteria, Screening and Brief Intervention and identification of resources and referrals for the NP working in the primary care setting. (1CE)

(S57) Caring for the Geriatric Patient Part 1  
Catherine "Casey" Jones, PhD, APRN, AE-C, ANP-C & Joyce Danter, MSN, AGNP  
Caring for the Geriatric Patient (1CE; 0.25RX; 1G; 0.3E)

(S58) Headache Management: a Multi-modality approach  
Karen Williams, FNP-BC  
Identification and treatments for refractory headaches. These headaches include migraine, tension type and occipital headaches. The use of multiple modalities includes medications and alternative therapies. (1CE; 0.25RX)

(S59) Renal Replacement Therapy: What the PCP Needs to Know  
Katharine Adams-Krick  
This presentation provides up-to-date information on life-saving treatments for CKD, including hemodialysis, home hemodialysis, peritoneal dialysis, and kidney transplantation. This session focuses on the unique role that PCPs play in managing CKD treatments, and covers the pivotal issue of patient education. (1CE; 0.5RX)

(S60) Understanding Heart Failure with Preserved EF  
Carole Moore, RN, MNSc, ACNP-BC  
Congestive heart failure represents a significant component of hospital admissions. Heart failure with preserved EF (HFpEF) occurs in about 50% of all heart failure episodes and is thought to be related to complex multisystem dynamics. Understanding the relationships of comorbidities will help with early identification of HFpEF and promote management with healthy life-style behaviors and pharmacologic therapy as indicated. (1CE; 0.5RX)

(S61) Precepting Perfection: Essential Tools for Successful Outcomes  
Anna Jessup, MSN, APRN, FNP-C  
The role of preceptors in APRN education continues to evolve and expand. Preceptors fill a vital role in the educational programs of numerous students. Therefore, it is imperative that preceptors receive an exemplary toolkit to equip them for success. (1CE)

(S62) ICD 10  
Holly Jeffreys, DNP, APRN FNP-BC  
This session will provide a brief overview of ICD coding along with helpful methods of implementing ICD 10 into any practice as well as best practices with regards to ICD 10 billing. (1CE)

(S63) Neuro Flashes: Neurological Assessment and Management of Neuro Case Studies  
Elda Ramirez, NP  
Neuro Flashes: Solve the case! (1CE; 0.75RX)

(S64) Annual Skin Exam in the Primary Care Setting and Skin Cancer Review  
Donna Houard, MS, APRN, FNP-C  
This presentation will focus on importance of the Full body skin exam and how to perform a succinct comprehensive exam. Additionally, participants will receive a review of common skin cancer presentations as well as items to monitor in high risk patients. (1CE)

(S65) Caring for the Geriatric Patient Part 2  
Catherine "Casey" Jones, PhD, APRN, AE-C, ANP-C & Joyce Danter, MSN, AGNP  
The new Board of Nursing for the state of Texas requires that any APRN whose practice includes geriatric individuals need to complete two contact hours for every licensure cycle. The two hour presentation (Part 1 & 2) will discuss chronic disease conditions, memory changes and dementia, immunizations, elder abuse and end of life issues. (1CE; 0.25RX; 1G; 0.3E)

(S66) TB in the US Foreign Born Population: Why do NPs Need to Pay Attention?  
Allison Huffman, DNP, APRN, FNP-C  
In this program we will discuss the problem of the global and US immigrant burden of TB, current screening methods for TB in the immigrant population, and why NPs need to be aware of this issue in patient care. (1CE)

(S67) Developing a Comprehensive Care Plan for the Patient with Diabetes in a Primary Care Setting  
Laura Rooney, DNP, APRN, FNP-BC, DCC, BC-ADM, FAANP  
Diabetes is a chronic condition frequently diagnosed and managed in the primary care setting. Treating a complex disease in primary care, however, can be challenging. This presentation will provide the audience with tools to improve patient outcomes using the most recent guidelines, including a discussion on the most recent pharmacologic changes. (1CE; 0.5RX)

(S68) Every Breath You Take - Everything You Need to Know about Alpha 1 Antitrypsin Deficiency  
Debbie Mahoney, PhD, FNP-BC & Debbie Waldrop, MSN, RN, CCRC  
This session will discuss the historical discovery of AAT as a unique disease process. In addition it will describe the genetic etiology and prevalence of AAT as well as the pulmonary and extrapulmonary clinical manifestations of AAT. Finally, treatment options will be discussed. (1CE; 0.5RX)

(S69) Integrating Spiritual Wellness into Practice  
Dinorah Martinez-Anderson, MSN, APRN, FNP-C  
As advanced practice nurses, we are trained to focus on the overall wellness of our patients. Caring for the whole patient is caring for their body, mind, and spirit, but are we addressing the spirit? Let’s examine what is Spiritual Wellness and how can we integrate it in our practice in the primary care setting. (No CE Offered)
Deciding to enter graduate school to become a neonatal nurse practitioner, a qualitative study
Melinda Brand, PhD, APRN, RN, NNP-BC
A qualitative study using semi-structured interviews to explore the experiences of students regarding their decision to enter graduate school to become neonatal nurse practitioner students.

The effect of yoga on depression in patients with chronic low back pain
Julie Brinzo, APRN, FNP-C, MS, MBA
Low back pain is a common complaint in the primary care environment. This poster looks at the evidence and role that yoga may play in the management of chronic low back pain.

Prevention of Holiday Weight Gain Among Rural Hospital Night Shift Employee
Vicki Brooks, DNP, APRN, FNP-BC
A Quality Improvement Pilot study for the Prevention of Holiday Weight Gain Among Rural Hospital Night Shift Employee

Kimberly Clipp, MSN, NNP-BC

Assessment of cognitive function in people with type 2 diabetes
Heather Cuevas, PhD, RN, ACNS-BC
A discussion of current rationales and efficient methods for assessing cognitive function in patients with type 2 diabetes in the outpatient setting.

Components of a Business Plan for Opening a Primary Care Clinic
Mercedes Day, MSN, RN, FNP-C
The recent changes in healthcare with the Affordable Care Act and all citizens required to have health insurance has created a lack of primary care providers to fill these needs. Nurse practitioners are at the forefront of alleviating this burden. Developing a business plan to successfully open a primary care clinic owned and operated solely by nurse practitioners can provide a solution to the lack of primary care providers. The article introduces healthcare providers to the basic concepts and essential elements of developing a business plan for a primary care clinic that will allow for a successful business.

Suicide Assessments and Interventions: How Effective are They for Preventing Suicide Attempts or Re-Attempts?
Cindy Edwards, RN, MSN, CPN & Denise Tengan, RN
The purpose of this poster presentation is to evaluate the state of the science of suicide risk assessments, interventions, and prevention methods that have been utilized in order to prevent first-time and repeat suicide attempts among persons in the community and/or hospitals.

The Great Imitator: Bullous Pemphigoid in the Elderly
Kathryn Ellis, DNP, ANP-BC, FNP-BC
The purpose of this presentation is to familiarize nurse practitioners with the pathogenesis, clinical manifestations and diagnosis of bullous pemphigoid (BP), a bullous autoimmune disease affecting primarily the elderly population.

Cuidate: Implementation of a Culturally Based Risk Reduction Program for Hispanic Adolescents
Kristi Feutz, DNP, RN, APRN, FNP
This poster describes the implementation of Cuidate at a FQHC in a medically underserved area. Cuidate is a CDC evidence based HIV & Pregnancy Prevention Program targeting Hispanic Adolescents ages 13-18. The goal of the program is to increase the adolescents self efficacy, behavioral intent, and skills related to abstinence and condom usage.

Saving Lives Through Sepsis Surveillance Screening: The SERRI Project
Elizabeth Gigliotti, BA, MS, APRN, NP-C, ACNP-BC
This poster describes implementation of a screening tool and response for patients with suspected early sepsis as well as the observed effects on sepsis mortality and cost savings correlating to high screening compliance.

Breast Cancer Multi-Team Clinic: The Advanced Practice Provider’s Role
Lynn Grimes, RN, ANP-BC
Poster presentation on the role of Advanced Practice Provider’s in a breast cancer multi-team clinic.

An Interdisciplinary Team Based Approach to Caring for the Socio-medically Complex Patient
Ana Herrera, MSN, APRN, FNP-C
The purpose of this poster presentation is to inform the audience of an innovative practice that operates by means of a team based approach to eliminate barriers to access healthcare, reduce cost, and optimize patients’ health. This innovative practice was designed to address the needs of the socio-medically complex patient population.

Acute Compartment Syndrome: What You Need to Know to Care for Your Patient
Kara Jones, MSN, RN, FNP-BC & Daryl Jones, BS, NRP
Acute Compartment Syndrome, if not recognized and treated in a timely fashion, can result in devastating complications. This poster presentation will provide an overview of what providers, from pre-hospital personnel to bedside nurses, need to know to care for the injured patient.

Reduction of Idle Intravenous Catheters: A Quality Improvement Project
Kara Jones, MSN, RN, FNP-BC & Cristi Cline BSN, RN
It all started with an itch that we couldn’t scratch, an annoyance.
Community-Acquired Clostridium difficile
Cheryl Juneau, DrPH, MSN, FNP-C & Sheryl Bishop PhD
The epidemiology of Clostridium difficile is changing. Associated with nosocomial infections, cases of C. difficile are now seen within the community. The following is a presentation of a retrospective Quality Control Study conducted to determine the incidence and proportion positive of C. difficile within a sample from the Houston, Galveston community.

The Revolving Door of Inpatient Psychiatry: A Review of Literature on Factors Affecting Inpatient Psychiatric Readmission Rates
Joshua Meza, RN & Andrew Kokesh, RN
Inpatient psychiatric hospital re-admission are a considerable problem in psychiatry. Understanding the predictive factors that increase or decrease likelihood of readmission is an important step in helping to reduce readmission rates.

Expanding the scope of practice for Advanced Practice Registered Nurses (APRN) Creating a Barrier Free Landscape
Mary Peterson, MS, APRN, ANP-BC, AOCNP
Poster Presentation on Expanding the scope of practice for APRNs.

Provider Collaboration to Improve Pediatric Oral Health Care
Doris Poston, RN, BSN, FNP Student
The purpose of this presentation is to highlight the importance of collaboration between health care providers in diagnosing and treating dental caries in the pediatric population as well as identifying potential barriers to this collaborative process.

Understanding Precipitating Factors to Non-Suicidal Self-Injury (NSSI) in Youth in the Emergency Department to Inform Tool Development
Amanda Simonton, BSN, RN & Cara C. Young, PhD, RN, FNP-C
This poster will present the outcomes of a study on precipitating factors related to NSSI. The outcomes could be useful for practitioners who work with youth and young adults and highlights emotional themes to be aware of when screening patients for NSSI or who may be at-risk for NSSI.

The Clinical and Cost Effectiveness of Evaluating Vitamin D Levels in Primary Care
Julie Swartz, MSN, RN, DNP (student)
Doctor of Nursing Practice Scholarly Project completed to evaluate the clinical significance and cost effectiveness of serum Vitamin D testing in asymptomatic adults as a means of primary prevention. This project includes a 100-chart retrospective chart review as part of a quality-improvement project in Primary Care setting.

Suicide Assessments and Interventions: How Effective are They for Preventing Suicide Attempts or Re-Attempts?
Denise Tengen, RN
Co Presenter, Cindy Edwards, RN, MSN, CPN
The purpose of this poster presentation is to evaluate the state of the science of suicide risk assessments, interventions, and prevention methods that have been utilized in order to prevent first-time and repeat suicide attempts among persons in the community and/or hospitals.

Atrial fibrillation education program to minimize hospital readmissions
Jose Villa, DNP, APRN, FNP, BC
Capstone poster presentation
THEME: Texas Nurse Practitioners Foundation (TNPF)

**TNPF Walk-a-Thon**
Saturday, September 10 | 7:00 – 8:00 a.m.

Enjoy an invigorating walk on Saturday morning to benefit Texas Nurse Practitioners Foundation (TNPF). Participants are eligible for prizes and will receive a goodie bag. A special prize will be awarded to the walker who raises the most money for TNPF. The district raising the most money for TNPF will be recognized. You are encouraged to commit and collect from sponsors prior to coming to the conference. Registration is $15. If you prefer not to walk please consider making a donation to TNPF. So come join us and have fun while raising money for TNPF.

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**Thursday Opening Night**
“Welcome Networking Event”
Thursday, September 8, 2016
4:30 - 6:30 p.m.

Kick-off the 28th Annual with networking with others from your area of the state from 4:30 - 6:30 p.m.

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**TNP Legislative Champions Dinner (LD01)**
Friday, September 9, 2016
6:30 - 8:30 p.m.

The Legislative Champions Dinner is a time to recognize legislators, health care leaders, and nurse practitioners who are leading the way in transforming health care. In addition to our awards ceremony, this year we will have live San Antonio themed entertainment and a panel on health care access featuring experts from the senior, veteran, telemedicine, and business community.

*Ticketed Event ($100 per ticket)*
*Registration Required*

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**WALK-A-THON DETAILS**

*Help Support Texas Nurse Practitioner Foundation - 100% of proceeds benefit the Foundation*

Thank you for helping Texas Nurse Practitioner Foundation fulfill its mission of providing educational opportunities for the advancement of registered nurses in a specialty field that promotes health care access to all people.
(GS02) Lessons Learned: The Journey to Full Practice Authority for Nurse Practitioners in Nebraska
Katherine Hoebelheinrich
This presentation is a retrospective review of the statutory credentialing review process and ultimately successful legislative initiative that followed to remove the Integrated Practice Agreement requirement with physicians in Nebraska. Nurse practitioners who are willing to step outside of their clinical roles and comfort zones to participate in the political process are the cogs and wheels that move health policy initiatives.
(1.25CE)

(SG03) The 2016 Elections and the Upcoming Texas 2017 Legislative Session
Erin Cusack
Following the 2016 Texas primary elections, the legislature will look a little different going into the next legislative session. The first half of the policy update session will cover who won, who lost, and who we can expect to enter into key leadership positions over health care in the 85th Texas Legislature. The second half of the session will unveil Texas Nurse Practitioner’s legislative agenda for the 2017 Legislative Session and discuss what makes this year unique - including the falling price of oil and projected budget shortfalls, the Board of Nursing Sunset Review, and trending issues such as telemedicine and the opioid epidemic.
(1.5CE)

(SG04) Best Practices in Care for the Menopausal Terri Suresh-DeNeui
(1.25CE; 1.25RX)

(SG05) Best Practices in the Use of Incretin-based Therapies in the Management of Type 2 Diabetes
Frances M. Sahebzamani, PhD, ARNP, FAANP
(1CE; 0.5RX)
Thursday Lunch Symposium
(Limit 200)
12:00 - 1:00 p.m.

Sponsored by: Novo Nordisk

Understanding GLP-1 Therapy: Approach to Patients T2D and Renal Impairment

Charles A. Reasner II, MD
Staff Physician
Diabetes America
Adjunct Professor of Medicine
Department of Diabetes
University of Texas Health Science Center
Texas Diabetes Institute University Health System
San Antonio, Texas

Understanding GLP-1 Therapy: Approach to Patients With T2D and Renal Impairment will provide an overview of the intersection of the growth of the aging population and the increasing prevalence of type 2 diabetes with respect to renal impairment. As a practitioner caring for patients with type 2 diabetes, it is important to take into consideration a patient’s renal function when selecting therapy. This presentation will cover clinical data related to the use of GLP-1 therapy for the treatment of patients with type 2 diabetes who have renal impairment.

FRIDAY BREAKFAST SYMPOSIUM
(Limit 100)
7:00 – 8:00 a.m.

Sponsored by: Boston Scientific Urology and Pelvic Health

Erectile Dysfunction: It’s not Just about Sex!
Understanding the link between erectile dysfunction, diabetes, and heart disease and why it’s important to discuss with your patients.

Presenter is LeRoy A. Jones, MD

Saturday Breakfast Symposium
(Limit 100)
7:30 - 8:30 am

Sponsored by: XenoPort

Horizant (gabapentin enacarbil)
Pain After Shingles (post herpetic neuralgia) Discussion

Dr. John Michels

Pain after shingles is a debilitating disorder that affects many Americans. Dr. John Michels will discuss the pathophysiology of PHN along with the various treatment options, including Horizant (gabapentin enacarbil). Horizant provides predictable absorption, 24 hour therapy dosed twice daily and a single step titration to the target dose. Dr Michels is a highly regarded pain clinician in Dallas, TX. He is also an NFL Super Bowl Champ! We look forward to seeing you!
**HOTEL INFORMATION**

Grand Hyatt San Antonio  
600 E. Market Street  
San Antonio, Texas 78205

**Single/Double: $169**  
**Triple: $194**  
**Quad: $219**

Register Online: https://resweb.passkey.com/go/2016TexasNursePractitioners

For reservations call 210.224.1234 and identify yourself attending the Texas Nurse Practitioners 2016 Conference to receive the group rate.

The cut-off date is August 17, 2016. Reservation requests received after the cut-off date will be on availability at the Hotel's prevailing rates.

Please remember that Thursday, September 8 will be the Pre-Conference Workshops and the General Conference will be Friday, September 9 through Sunday, September 11 (concluding by noon).

**Check-in:** 4:00 PM  
**Check-out:** 11:00 AM

**Parking:**  
On-site self-parking fee: $15 daily  
Valet parking fee: $37 daily

There are fees for parking in downtown San Antonio. If possible, make plans to car pool to reduce your costs. Parking information is located at http://www.sanantonio.gov/CCDO/parking/parkingmap.aspx

**AIRPORT INFORMATION**

- The San Antonio International Airport is approximately 8 miles from the Grand Hyatt San Antonio and the Downtown area. The airport is located at the juncture of NE Loop 410 and Hwy 281 N. with easy access to and from the interstate, and is open 24 hours a day.

- To reach the airport from the hotel, exit right onto Market Street. Veer left to I-37 North. Follow I-37 North (merges with Highway 281 North) to the San Antonio International Airport exit (approximately 8 miles) from airport to hotel.

**AIRPORT TRANSPORTATION**

- **Yellow Cab**  
  Phone: (210) 222-2222

- **San Antonio Taxi**  
  Phone: (210) 444-2222

- **GO Shuttle**  
  Phone: (210) 281-9900

*Advanced reservations are not required for individuals, though recommended. One-way rates to or from the airport for individuals are approximately $18 – $22. Rates do not include greeting services or airport porterage.*
Please visit our booth to learn more
Learn how talking to your patients about ED could help identify hidden issues and prevent the progression of other diseases.

One in two men with diabetes is suffering from Erectile Dysfunction (ED), but did you know that ED could be an early warning sign of a potential heart attack or stroke? Learn more about how ED, Diabetes and CVD are connected and how talking to your patients about ED could help identify hidden issues and prevent the progression of other diseases.

Join us at the Friday Breakfast Symposium or visit us at Booth 306 & 308

Erectile Dysfunction (ED)—it’s not just about sex;
The "LINK" between Diabetes, ED and cardiovascular disease