Cosmetology Course Syllabus

Prerequisites: Principles of Cosmetology: Successfully passed to the tenth grade
Design Principles of Cosmetology: Passed Principles of Cosmetology
Chemistry of Cosmetology: Passed Design Principles of Cosmetology

Credits:
Principles of cosmetology: 1 credit
Design Principles of Cosmetology: 2 credits
Chemistry of Cosmetology: 2 credits

Standards: Standards one through eight developed by the Tennessee Department of Education will be implemented for this course, along with lifelong standard-productivity.

Competencies Profile Sheet: The competency profile for this course will be used to accompany the standards, units and lesson plans throughout the school year.

Please sign in the spaces below acknowledging receipt of this syllabus along with a copy of your child’s competency profile. Remove and return this form to me. Thanks.
Student Name: _______________________________________________
Parent/Guardian Name: _________________________________________
Date: ________________________________________________________
Philosophy

The cosmetology curriculum seeks to produce students and workers who will be technologically literate and productive. The student’s talents, interest, and abilities are the major concern in designing and implementing a competency-based course of study. Community resources, technological advancements, and simulation of the work place will be utilized to prepare students for careers in cosmetology and related fields.

It is hoped that an understanding of the fundamentals of cosmetology will instill the desire to continue learning as well as the desire for improvement in the quality of life through meaningful work.

Rationale

Cosmetology is the science of beautifying or improving the complexion, skin, hair and nails. The cosmetologist’s task of improving patrons’ appearance is ever growing.

This multifaceted course provides challenging occupations by which to become gainfully employed. Each aspect is dynamic and exciting to pursue. The State Board of Cosmetology establishes a minimum number of fifteen hundred hours of training and candidates must pass the State Board of Cosmetology Examination to become licensed.

The cosmetology skills inspire and motivate the expression of creativity through diligent study and ardent practice. Instruction is designed to train and prepare students to qualify for license upon completion of the course requirements.

Professional cosmetologists, manicurists, and esthetician, who possess artistic ability and can perform the manipulative skills efficiently, will find a broad horizon in the lucrative beauty trade.

Purpose of the Program

In all its philosophies, concepts and functions, the program reflects the worth of the individual and of our industry, and a dedication to a quality program of instruction that recognizes the importance of the development of skills and constructive habits and ATTITUDES. We reinforce this basic philosophy through the following criteria:

1. To educate the individual to meet the demands of our ever-changing industry.
2. To develop industry and people skills.
3. To teach knowledge and ethics consistent with responsible social and professional behavior.
4. To assist our graduate in becoming social competent members of their communities to a degree that each can appreciate and handle the many human relation problems that will be encountered.
Class Goals
1. Provide a learning environment, in which students strengthen inner emotional controls, increase self-confidence and self-discipline, and establish a sense of dignity and self-worth.
2. Present learning activities, which teach students to listen, observe, solve problems and develop manipulative skills.
3. Provide diverse instructional strategies, which meet student’s needs and learning styles.
4. Provide an opportunity to learn the basic skills of the trade together with the related scientific and technical knowledge for advancement necessary in the cosmetology field.
5. Provide productive experiences as nearly like those “on-the-job” as possible.
6. Provide safety consciousness in the work environment.
7. Promote interpersonal relationships, which are directed toward developing the ability to work cooperatively.
8. Develop an understanding of the functions of the occupation and the relationship with other occupations.
9. Provide an opportunity for students to develop leadership abilities.
10. Create a learning environment in which students will develop an appreciation for quality craftsmanship.
11. Provide students with salable skills in the cosmetology field.
12. Develop a positive work ethic and the self-discipline required for work and advancement in the industry.

Administration of Curriculum and Course Description

The cosmetology course is a well-rounded program covering all phases of cosmetology. The approach to training is based on sound educational methods and teaching fundamentals. This type of program stresses a firm theoretical knowledge of cosmetology for development of a true professional.

The first hours of the course include lectures, demonstrations, special projects, role playing, interpretation of reading material, writing, and practice in molding pincurl patterns, roller placement, permanent waving, hair shaping, hair coloring, and the related theories. The LAW forbids students from working on paying clienteles until they have acquired two hundred hours of instruction.

After the first year of training students are introduced to public clientele where they practice the knowledge gained during the previous training. It is only through applied knowledge that the necessary experience and comprehension of cosmetology can develop. For the remainder of the course students are scheduled for theory classes, as well as, practical classes. Subjects such as the hairdresser-customer relationship, salesmanship, professional attitudes, the latest haircuts, advanced comb-out techniques, pressing and Marcel curling, blow styling, beauty salon business, permanent waving and nail care are covered in these classes. As students progress through the training, becoming proficient in hairdressing procedures, the clinic experiences become more salon oriented.
Visual poise is stressed at all time. It is essential that safety and sanitation be an intricate part of the training for the patron’s protection, as well as, the student. Participation in competition, fashion programs and activities sponsored by our school is encouraged. Students become familiar with professional ethics and dispensary skills needed for preparation of professional products and the techniques of scheduling appointments and handling receptionist duties.

The course is fifteen hundred hours long plus successful completion of the curriculum. The curriculum has three phases:

**General**
- Bacteriology and Decontamination
- Anatomy and physiology
- Shop ethics, personality, and salesmanship
- State law

**Chemical**
- Permanent waving
- Hair relaxing
- Hair coloring, bleaching, and toning
- Sculptured nails
- Hair Structure and Chemistry

**Physical**
- Shampooing, conditioning, and rinses
- Hair and scalp care
- Hair shaping
- Hairdressing and styling (wet styling, blow styling, pressing and curling)
- Facials, arching, lash and brow tinting
- Artificial hair

**Grading Policy**

The following grading system is used in evaluating student performance:

- 93...100=A
- 85.....92=B
- 75.....84=C
- 70......74=D
- 69........0=F

The student is assessed in four categories for **Principles of Cosmetology**:

- Test........................................ 40%
- Quizzes................................. 10%
- Homework................................10%
- Class participation/projects... 40%

The student is assessed in four categories for **Chemistry and Design Principles of Cosmetology**:

- Test........................................ 30%
- Project Sheet...........................40%
- Homework..............................10%
- Job Sheet......................... 20%

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Types of assessment: rubric, written and oral responses, completed tasks, and projects

Criteria involved in assessing the student’s work is:
   a. Ability to follow and carry out instructions.
   b. Demonstrating the proper use of implements and equipment in performing the task.
   c. Following the proper steps and techniques in completing a performance lesson.
   d. Demonstrating patience in carrying out the patron’s needs.
   e. Demonstrating QUALITY service.
   f. Following and completing the required lessons and projects in a timely manner.

**Conduct**

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Negative attitudes must be left at the door when entering the class since we are training to become professionals. Each student must respect each other, as well as, the instructor. There is no excuse for taking tools or supplies from another student and this behavior will no be accepted.

**Attendance Policy**

Attendance and participation in class are required. Students are responsible for all content covered during class regardless of whether or not an absence is excused. An excessive number of absences may adversely affect a student’s performance in the course. *See SCS policy.

If you are tardy, you must sign the tardy book stating the time of arrival and the date. Upon receiving the third tardy you will receive a referral. See Student Handbook on attendance/tardy.

**Class rules**

1. Be on time for class every day.
2. Bring book, kit, paper, and pencil/pen to class every day.
3. Wear uniform and dress appropriately every day.
4. Do not eat or drink in class.
5. Participate in all classroom activities.
6. Keep a positive attitude and always do your best.
7. Use appropriate language every day.
8. Always are respectful.
9. Represent the class in a professional manner.
10. Be a positive role model to others.

**Supplies**

Kit          books          pencils/pens
paper       lab coat       manikin
marcels     nail supplies

**NOTE:** No student may enter or leave this class without his/her agenda book. All personal services must be pre-approved.
Orientation

Class Rules
Safety
SkillsUSA
Cosmetology State Law and Rules

Chapter 1, pp. 6-20-Cosmetology: The History and Opportunities

Early history
The twentieth century
Career Opportunities

Chapter 2, pp. 24-43-Life Skills

Psychology of Success
Motivation & Self Management
Goal Setting
Time Management
Study Skills
Ethics
Personality Development & Attitude
Human Relations

Chapter 3, pp. 48-65-Your Professional Image

Beauty and Wellness
Healthy Mind and Body
Your physical Presentation

Chapter 4, pp. 69-93-Communicating for Success

Communication Basics
The client consultation
Special Issues in communication

Part II
Cosmetology Sciences

Chapter 5, pp. 95-128-Infection Control: Principles & Practice

Bacteria
Viruses
Pathogenic Bacteria
Parasites
Immunity
Principles of Prevention
Universal precautions
Safety and State Law
Chapter 6, pp. 132-168-Anatomy and Physiology
  Cells
  Tissues
  Organs
  Body Systems
Chapter 7, pp. 170-200
  Chemistry
  Electricity
  Electro Therapy
  Light Therapy

PART III
Hair Care

Chapter 8, pp. 201-226-Properties of the Scalp and Hair
  The Hair
  Hair Growth
  Hair Analysis
  Scalp Care
  Hair Loss
  Disorders and diseases of the hair and scalp

Chapter 9, pp. 229-253, Principles of Hair Design
  Philosophy of Design
  Elements of Hair Design
  Principles of Hair design
  Creating Harmony between the hairstyle and facial structure
  Designing for men

Shampooing, Rinsing, & Conditioning
  Types of Shampoos and conditioners
  Brushing the hair
  Scalp Massage
  Procedures for Shampooing, rinsing and conditioning
  General Hair and Scalp Treatments

Chapter 11, pp. 283-345-Haircutting
  Basics of Haircutting
  Client Consultation
  Tools, Body Position, and Safety
  Other cutting techniques
  Clippers and Edgers
Chapter 12, pp. 350-424 - Hairstyling
  Client Consultation
  Hairstyling Basics
  Finger Waving
  Pin Curls
  Roller Curls
  Comb-out Techniques
  Hair Wrapping
  Blow-dry styling
  Styling Long Hair
  Thermal Hairstyling
  Thermal Hair Straightening
  Safety

Chapter 13, pp. 426-457, Braiding and Braid Extensions
  Client Consultation
  Understanding the Basics
  Braiding the Hair

Chapter 14, pp. 460-485 - Wigs & Hair enhancements
  The Consultation
  Wigs
  Hairpieces
  Hair Extensions

Chapter 15, pp. 487-545 - Chemical Texture Services
  Hair Structure
  Client Consultation
  Permanent Waving
  Permanent Waving Procedures
  Chemical Hair Relaxers
  Relaxer Procedures
  Soft Curl Permanent wave

Chapter 16, pp. 547-605 - Haircoloring
  Why People Color their Hair
  Color Theory
  Hair Facts
  The Level System
  Types of Haircolor
  Consultation
  Haircolor application procedures
  Lightening Techniques
  Special Effects
  Special Problems in Haircolor/Corrective coloring
  Salon Menu of Services
  Safety
PART IV
Skin Care

Chapter 17, pp 607-632-Histology of the Skin
   Anatomy of the skin
   Disorders of the skin
   Maintaining the Health of the Skin

Chapter 18, pp. 634-652-Hair Removal
   Client Consultation
   Permanent Hair Removal
   Temporary Methods of Hair Removal

Chapter 19, pp. 655-695-Facials
   Basic Classification & Chemistry of Skin Care products
   Client Consultation
   Facial Massage
   Electro therapy & Light therapy
   Facial Treatments
   Aromatherapy
   Face Value

Chapter 20, pp. 697-737-Facial Makeup
   Cosmetics for Makeup
   Makeup color theory
   Client Consultation
   Corrective Makeup
   Artificial Eyelashes
   Safety Precautions

PART V
Nail Care

Chapter 21, pp. 739-759-Nail Structure and Growth
   The Nail
   Nail Growth
   Nail Fungus
   Diseases of the nail

Chapter 22, pp. 760-795-Manicuring and Pedicuring
   Nail care tools
   The manicure table
   Client Consultation
   The Plain Manicure
   Arm & Hand Massage
   Other Type of Manicures
   Pedicures
   Safety Rules
   A Valuable Service

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Chapter 23, pp. 797-827-Advanced Nail Techniques
- Pre and post service procedures
- Nail tips
- Nail wraps
- Acrylic Nails
- Gels
- Dipped Nails
- Safety Precautions
- Nail Art

PART VI
The Business of Cosmetology

Chapter 24, pp. 829-856-The Salon Business
- What You Should Know about Opening a Salon
- Operating a Successful Salon
- Selling in the Salon
- State Law

Chapter 25, pp. 856-889-Seeking Employment
- Preparing for Licensure
- Preparing for Employment
- On your way the Right way

Chapter 26, pp. 891-910-On the Job
- Moving from School to work
- Out in the real world
- Discover the selling--You