Come Visit us in the

Psychology Advising Center

For questions regarding your major requirements

Psychology Bldg Room 250

Office Hours
Monday through Friday
9am to 5pm

No Appointment Necessary
407-823-2219
Psychadvising@ucf.edu

UCF Psychology Department
psychology.cos.ucf.edu
UCF Psychology Virtual Advising Center
Psychology.cos.ucf.edu/undergraduate-psychology-advising

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Join us on LinkedIn: Psychology at UCF
WHERE DO I GO FOR...?

PSYCHOLOGY DEPARTMENT FACULTY 407-823-4344  psychology.cos.ucf.edu
Psychology Advising Center (PSY 250) 407-823-2219  psychadvising@ucf.edu

College of Sciences and Academic Services- COSAS (CSB 250) 407-823-6131
undergraduate.cos.ucf.edu/index.php
Advisement on GEP, Gordon Rule, Foreign Language, University Credit Hour Requirements, Processing of Approved Overrides, Overloads, Independent Study, and Graduation Procedures

Academic Calendar  registrar.sdes.ucf.edu/calendar/academic

Academic Services (MH 210) 407-823-2691  www.academicservices.ucf.edu
Administrative Record Changes, Waive Summer Enrollment Requirement, GEP Transfer Course Request, and A.A Degree

Student Academic Resource Center- SARC (HPH 113) 407-823-2000  www.sarc.sdes.ucf.edu
Study Skills Workshops/Help, Supplemental Instruction, and Tutoring

Testing Center (HPH 106) 407-823-8211  www.testing.sdes.ucf.edu
Foreign Language Proficiency Exam, FTCE – Florida Teaching Certification Exam, CLEP Exam

Through myUCF: Transcripts, Major Change, Catalog Year Change, Minor Declaration, Enrollment Verification

Other Offices
Career Services (CSEL Bldg, 1st floor) 407-823-2361  www.career.ucf.edu
Experiential Learning (CSEL Bldg, 3rd floor) 407-823-2667  www.explearning.ucf.edu
Counseling and Psychological Services - CAPS (Bldg 27) 407-823-2811
www.counseling.sdes.ucf.edu
International Services Center (Barbara Ying Bldg 81) 407-823-2337  www.intl.ucf.edu
Multicultural Academic and Support Services , MASS (SU Rm 154) 407-823-2716  mass.sdes.ucf.edu
Health Services (Health Center, 101) 407-823-2701  hs.sdes.ucf.edu
Student Disability Services (FC 185) 407-823-2371  sds.sdes.ucf.edu
Student Financial Assistance (MH 210) 407-823-2827  finaid.ucf.edu
Student Legal Services- SLS (FC 142) 407-823-2538  sls.sdes.ucf.edu
Study Abroad Program (MH 107) 407-882-2300  www.international.ucf.edu
Writing Center (CH 105, Library 425) 407-823-2197  uwc.ucf.edu
Office of Student Involvement-OSI (SU 208) 407-823-6471  www.getinvolveducf.com/osi
UCF Cares 407-823-5607  ucfcares@ucf.edu  concern.sdes.ucf.edu

Other Helpful Websites
American Psychological Association  www.apa.org
Association Psychological Science  www.psychologicalscience.org
GRE Information  www.ets.org/gre
Online Transient Student Admission Application Form  www.FLVC.org
Psychology (B.S.)
College of Sciences
Department of Psychology,
Psychology Building, Room: 301
psychology.cos.ucf.edu
Email: psychadvising@ucf.edu
Phone: 407-823-2216

Contact: Psychology Advising Center, PSY 250, 407-823-2219

Admission Requirements
None

Degree Requirements
- Students who change degree programs and select this major must adopt the most current catalog
- Departmental Residency Requirement: at least 21 semester hours of regularly scheduled 3000-4000 level courses must be taken from the UCF Psychology Department
- Students must earn at least a “C” (2.0) in each course counted toward the core requirements, restricted electives, and diversity courses
- Co-op or Internship credit cannot be used in this major without prior approval
- Students should consult with the Psychology Advising Center, prior to applying for graduation (before registration for the final term).
- Graduating seniors should complete the senior exit survey
- Additional requirements exist for students pursuing the Honors in the major program.
- All prerequisites of courses taught within the College of Sciences will be enforced.
- Courses designated in 1 (General Education Program) and 2 (Common Program Prerequisites) are usually completed in the first 60 hours.

1. UCF General Education Program (GEP) (36 hrs)
- Note: Certain courses may be selected in the GEP for this major bringing the total GEP hours to more than 36.

See Transfer Notes for possible substitutions.

A: Communication Foundations (9 hrs)
- Required STA 2023 Statistical Methods I or STA 2014C Principles of Statistics 3 hrs

B: Cultural & Historical Foundations (9 hrs)
- Required PSY 2012 General Psychology 3 hrs

C: Mathematical Foundations (6 hrs)
- Math: 3 hrs
- You may substitute a higher level math with appropriate scores on the Math Placement Test.

Prefer MAC 1105C College Algebra 3 hrs

Statistics: 3 hrs
- Required PSY 2012 General Psychology 3 hrs

D: Social Foundations (6 hrs)
- Social Sciences: 3 hrs
- Required PSY 2012 General Psychology 3 hrs

Political Science/Economics 3 hrs
- Select one of the listed choices 3 hrs

E: Science Foundations (6 hrs)
- Biology: 3 hrs
- Required BSC 1005 Biological Principles or 3 hrs
- Required BSC 2010C Biology I 4 hrs

Physical or Chemical: 3 hrs
- Select one of the listed choices 3 hrs

2. Common Program Prerequisites (CPP) (3 hrs)
- See Transfer Notes for possible substitutes for the courses listed below.
- See “Common Prerequisites” in the Transfer and Transitions Services section for more information.

Psychology:
- PSY 2012 General Psychology GEP
- DEP 2004C Developmental Psychology 3 hrs

Biology:
- BSC 1005 Biological Principles or 3 hrs
- BSC 2010C Biology I GEP

Statistics:
- STA 2014C Principles of Statistics or GEP
- STA 2023 Statistical Methods I or GEP

3. Core Requirements: Basic Level
- Most courses specifically identified in the preceding Common Program Prerequisites section of this catalog are also required in the Basic Core, and must be taken.

Psychology:
- PSY 2012 General Psychology GEP

Biology:
- BSC 1005 Biological Principles or GEP
- BSC 2010C Biology I GEP

Statistics:
- STA 2014C Principles of Statistics or GEP
- STA 2023 Statistical Methods I or GEP

4. Core Requirements: Advanced Level (15 hrs)
- PSY 2023 Careers in Psychology 2 hrs
- PSY 3204C Statistical Methods in Psychology 4 hrs
- PSY 3213C Research Methods in Psychology 5 hrs
- PSB 3002 Physiological Psychology 3 hrs
- PSY 4604 History and Systems of Psychology 3 hrs
- PSY 4948 Psychology Capstones 1 hr

5. Restricted Electives (33 hrs)

A. Experimental: Select from the following: 6 hrs
- EXP 3404C Basic Learning Processes or 3 hrs
- EXP 3204C Perception or 4 hrs
- EXP 3604C Cognitive Psychology or 4 hrs
- PSB 4204C Neuropsychology or 4 hrs
- PSY 4215C Advanced Research Methods in Psychology or 4 hrs
- EXP 3640 Psychology of Language 3 hrs

B. Personality/Social: Select from the following: 3 hrs
- PPE 3003 Personality Theory and Research or 3 hrs
- SOP 3004C Social Psychology 3 hrs

C. Developmental: Select from the following: 3 hrs
- DEP 2004C Developmental Psychology or 3 hrs
- DEP 3202 Psychology of Exceptional Children or 3 hrs
- DEP 3464 Psychology of Aging 3 hrs

D. Diversity: Select from the following: 3 hrs
- CLP 3184 Women’s Mental Health or 3 hrs
- SOP 3742 Psychology of Women or 3 hrs
- SOP 3723 Cross Cultural Psychology or 3 hrs
- SOP 3724 Psychology of Prejudice or 3 hrs
- SOP 3784 Psychology of Diversity 3 hrs

E. Applied: Select from the following: 3 hrs
- CLP 3302 Clinical Psychology 3 hrs
- EXP 3250 Principles of Human Factors Psychology or 3 hrs
- INP 3004 Industrial/Organizational Psychology 3 hrs

F. Psychology Electives 9 hrs
- Select additional courses from those taught by the Psychology department
- NOTE: The following courses will NOT fulfill this requirement.

INP 3141C Advanced Applied Psychology or 1 hr
INP 3951 Industrial/Organizational Field Work or 3 hrs
PSY 3905 Directed Independent Study or 1 hr
PSY 4906 Directed Independent Study or 1 hr
PSY 4912 Directed Independent Research 1 hr

G. Math/Science Electives: Select from the following: 6 hrs

NOTE: The following courses will NOT fulfill this requirement.
INP 3141C Advanced Applied Psychology or 1 hr
INP 3951 Industrial/Organizational Field Work or 3 hrs
PSY 3905 Directed Independent Study or 1 hr
PSY 4906 Directed Independent Study or 1 hr
PSY 4912 Directed Independent Research 1 hr

Undergraduate Catalog 2013-2014
UCF Degree Programs

- Students must meet the course prerequisites for any course they select. See course listing for prerequisites.
- PSY 3505C Biobehavioral Anthropology or 3 hrs
- PSY 3500C Primatology or 3 hrs
- PSC 1121 Physical Science or 3 hrs
- PHY 2053C College Physics I or 4 hrs
- CHM 1020 Concepts in Chemistry or 3 hrs
- COP 3223 Introduction to Programming with C or 3 hrs
- COP 3502C Computer Science I or 3 hrs
- COP 3500C Computer Science II or 3 hrs
- MAC 2233 Concepts of Calculus or 3 hrs
- MAC 2253 Applied Calculus or 3 hrs
- PCB 3703C Human Physiology or 4 hrs
- STA 4102 Computer Processing of Statistical Data or 3 hrs
- STA 4163 Statistical Methods II or 3 hrs
- STA 4164 Statistical Methods III or 3 hrs
- BSC 1050 Biology and Environment or 3 hrs
- BSC 2011C Biology II or 4 hrs
- BSC 4312C Advanced Marine Biology or 4 hrs
- PCB 3363 Genetics or 3 hrs
- ENV XXXX Any ENV prefix course or 3 hrs
- GEO XXXX Any GEO prefix course or 3 hrs
- MCB XXXX Any MCB prefix course or 3 hrs
- ZOO XXXX Any ZOO prefix course or 3 hrs

6. Capstone Requirements

- PSY 4049 Psychology Capstone 1 hr

7. Foreign Language Requirements

- Admissions:
  - Met by graduation requirement.
- Graduation:
  - Proficiency equivalent to one year of college instruction in either a foreign language, or two semesters equivalent of American Sign Language. Standardized examinations may be used to meet the requirement.
- Electives:
  - Select primarily from upper level courses after meeting with a departmental advisor. Courses may be outside the department.
- Additional Requirements:
  - None
- Required Minors:
  - None

11. Departmental Exit Requirements:

- Earn a grade of "C" (2.0) or better in each course used to satisfy the CPP, core requirements, restricted electives and science electives (sections 2-5).
- Maintain a minimum overall psychology GPA of 2.0.

12. University Minimum Exit Requirements:

- A 2.0 UCF GPA
- 60 semester hours earned after CLEP awarded
- 48 semester hours of upper division credit completed
- 30 of the last 39 hours of course work must be completed in residency at UCF.
- A maximum of 45 hours of extension, correspondence, CLEP, Credit by Exam, and Armed Forces credits permitted.
- Complete the General Education Program, the Gordon Rule, and nine hours of Summer credit.

Total Semester Hours Required:

- 120

Honors In Major

Additional Requirements:

- The Honors in Psychology is available to majors who show outstanding scholarship and promise in psychology.
- Apply and be accepted into the program through the department.
- Fulfill University requirements for Honors in the Major.
- Earn an overall UCF GPA above 3.2.
- All grades in Psychology courses must be a "B" (3.0) or higher.
- Have a Psychology GPA above 3.5, based on at least 11 credits, including the following course.
  - PSY 3213C Research Methods in Psychology 5 hrs
  - PSY 4903H Honors Directed Reading I 3 hrs

PSY 4970H Undergraduate Honors Thesis 3 hrs

Related Programs:

- Sociology
- Anthropology
- Statistics
- Criminal Justice

Certificates:

- Behavioral Forensics

Related Minors:

- Psychology
- Sociology
- Anthropology
- Mathematics
- Statistics

Advising Notes:

- Visit the Psychology Advising Center (PSY 250); walk-in advising available Monday and Friday from 9 to 5.

Transfer Notes:

- Lower division courses do not substitute for upper division courses.
- Courses transferred from private and out-of-state schools must be evaluated for equivalency credit. The student must provide all supporting information.

Acceptable Substitutes for Transfer Courses:

- The following substitutions for common program prerequisites are acceptable if taken prior to transferring to UCF:
  - Biology: any lower level BSC course or ZOO X010 will satisfy the CPP. However, the course is required in the core and still must be taken. In addition, the advanced course is a prerequisite for some courses.
  - Statistics; any lower level STA course will satisfy the CPP. However, the course is required in the core and still must be taken. In addition, they are prerequisites for some courses.
  - DEP 2004C; any lower level psychology course will fulfill the CPP. However, since this course satisfies the CPP as well as psychology restricted elective SC, students are advised to select it to satisfy their CPP.

Plan of Study:

- This is one of numerous possible plans of study. See program description for all requirements. Consult a departmental advisor for alternate, new or more appropriate selections.
- Although all classes are listed as being taken during the academic year, you may be required to complete 9 hours of them during the Summer. Consult with an advisor to determine if you are exempt.

Freshman Year - Fall

- PSY 2012 General Psychology 3 hrs
- ENC 1101 Composition I 3 hrs
- GEP-Math 3 hrs
- GEP 3 hrs
- GEP 3 hrs

Freshman Year - Spring

- Biology 3 hrs
- Statistics 3 hrs
- ENC 1102 Composition II 3 hrs
- GEP 3 hrs
- Psychology Cornerstone 2 hrs

Sophomore Year - Fall

- DEP 2004C Developmental Psychology 3 hrs
- Restricted Elective 3 hrs
- GEP 3 hrs
- Foreign Language 4 hrs

Sophomore Year - Spring

- Restricted Elective 4 hrs
- Restricted Elective 4 hrs
- Foreign Language 4 hrs
<table>
<thead>
<tr>
<th>Semester</th>
<th>Credits</th>
<th>Courses</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Year - Fall</td>
<td>16 hrs</td>
<td>PSB 3002 Physiological Psychology</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>PSY 3204C Statistical Methods in Psychology</td>
<td>4 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td>Junior Year - Spring</td>
<td>15 hrs</td>
<td>PSY 3213C Research Methods in Psychology</td>
<td>5 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>4 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td>Senior Year - Fall</td>
<td>13 hrs</td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Psychology Capstone</td>
<td>1 hr</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td>Senior Year - Spring</td>
<td>15 hrs</td>
<td>PSY 4604 History and Systems of Psychology</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Restricted Elective</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Elective / Minor</td>
<td>3 hrs</td>
</tr>
</tbody>
</table>

**Program Academic Learning Compacts**
- Program Academic Learning Compacts (student learning outcomes) for undergraduate programs are located at: [http://www.oeas.ucf.edu/alc/academic_learning_compacts.htm](http://www.oeas.ucf.edu/alc/academic_learning_compacts.htm)

**Equipment Fees**
- Part-Time Student: $13.00 per term
- Full-Time Student: $26 per term
## Undergraduate Psychology Courses

<table>
<thead>
<tr>
<th>Prefix &amp; Number</th>
<th>Title, Description &amp; Semester offered</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APK 3400</strong></td>
<td>Sports Psychology PR: PSY2012&lt;br&gt;A review of principles of psychology related to the enhancement of satisfaction and performance in sports. <em>Occasional.</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3004</strong></td>
<td>Behavioral Self Control PR: PSY2012&lt;br&gt;Application of behavioral and biofeedback techniques to self-regulation. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3143</strong></td>
<td>Abnormal Psychology PR: PSY2012&lt;br&gt;Classification, causation, and treatment of deviant patterns of behavior. Fall &amp; Spring</td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3143H</strong></td>
<td>Honors Abnormal Psychology PR: PSY2012 and consent of Honors&lt;br&gt;Classification, causation, and treatment of deviant patterns of behavior. With Honors content. <em>Spring</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3184</strong></td>
<td>Women’s Mental Health PR: PSY2012&lt;br&gt;Social and cultural factors of mental health issues and conditions that are unique to or primarily impact women in the U.S. today. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3302</strong></td>
<td>Clinical Psychology PR: PSY2012, CLP3143&lt;br&gt;An overview of approaches to psychopathology, methods of clinical assessment, and various approaches to individual and group counseling. &lt;br&gt;<em>Fall &amp; Spring</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3413</strong></td>
<td>Contemporary Behavior Therapy PR: PSY2012 &amp; CLP 3143&lt;br&gt;Emphasis on the underlying principles and the specific intervention procedures which are utilized in contemporary behavior therapy, including treatment strategies for enhancing interpersonal skills and personal growth. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 3467C</strong></td>
<td>Interpersonal Effectiveness &amp; Group Psychotherapy PR: PSY2012&lt;br&gt;Psychological aspects of interpersonal relationships, the rationale for group therapy, and strategies for enhancing interpersonal skills and personal growth. <em>Occasional</em></td>
<td>3(2,2)</td>
</tr>
<tr>
<td><strong>CLP 4134</strong></td>
<td>Childhood Psychopathology PR: PSY2012, DEP2004C &amp; CLP3143&lt;br&gt;An in-depth survey of the prevalence, classification, symptoms, diagnosis, consequences, and treatments of disorders of infancy, childhood, and adolescence. &lt;br&gt;&lt;br&gt;<em>Fall &amp; Odd Spring</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 4314</strong></td>
<td>Health Psychology PR: PSY2012&lt;br&gt;Interactions between psychosocial and physical conditions, in prevention, diagnosis, intervention and health care delivery policy planning. Course will cover empirical phases for prevention, assessment and intervention approaches for these focal areas: cancer, chronic heart disease, diabetes, HIV disease, pain and stress. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>CLP 4390</strong></td>
<td>Forensic Psychology PR: PSY2012&lt;br&gt;Clinical practice of psychology within the legal system, including forensic evaluation of competency/insanity, treatment, and criminal profiling. <em>Spring</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>DEP 2004C</strong></td>
<td>Developmental Psychology PR: PSY2012&lt;br&gt;The effects of genetic, psychological, maturational, and social factors on behavior throughout the life cycle. &lt;br&gt;<em>Fall &amp; Spring</em></td>
<td>3(3,2)</td>
</tr>
<tr>
<td><strong>DEP 2004H</strong></td>
<td>Honors Developmental Psychology PR: PSY2012 and consent of Honors&lt;br&gt;Genetic, psychological, maturational, and social factors on behavior throughout the life cycle. With Honors content &lt;br&gt;<em>Fall</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>DEP 3202</strong></td>
<td>Psychology of Exceptional Children PR: PSY2012&lt;br&gt;Psychological problems of exceptional children, including diagnosis, associated emotional problems, effects of institutionalization, special class placement, attitudes, and appropriate intervention methods. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>DEP 3464</strong></td>
<td>Psychology of Aging PR: PSY2012&lt;br&gt;An examination of basic psychological processes related to the aging process, with emphasis on the applied implications of changes in perceptual-motor, social emotional and cognitive-intellectual functioning. <em>Occasional</em></td>
<td>3(3,0)</td>
</tr>
<tr>
<td><strong>EAB 3703C</strong></td>
<td>Principles of Behavior Modification PR: PSY2012&lt;br&gt;An examination of the control of behavior through applications of principles and theories of learning. Examples are drawn from clinical and social psychology and from child rearing. &lt;br&gt;<em>Fall</em></td>
<td>4(3,2)</td>
</tr>
<tr>
<td><strong>EAB 3706C</strong></td>
<td>Behavior Modification Part II PR:PSY2012 &amp; EAB3703C&lt;br&gt;Continued examination of the principles of behavior analysis and their application, as well as ethical issues related to the delivery of behavior analysis programs. <em>Occasional</em></td>
<td>4(3,2)</td>
</tr>
<tr>
<td><strong>EXP 3204C</strong></td>
<td>Perception PR: PSY2012&lt;br&gt;Consideration of physical and psychological variables in perceptual phenomena. &lt;br&gt;<em>Fall</em></td>
<td>4(3,2)</td>
</tr>
</tbody>
</table>
### EXP 3250 Principles of Human Factors Psychology  
**PR:** PSY 2012  
The study of human performance in human-machine-environment systems. Topics will include human factors psychology in the design of displays and controls, human information processing, and the effects of some environmental variables on human performance.  
*Spring*

### EXP 3304C Motivation  
**PR:** PSY 2012  
Psychological and physiological aspects of human motivation.  
*Fall, Spring*

### EXP 3404C Basic Learning Processes  
**PR:** PSY 2012  
Theory and research on learning phenomena.  
*Occasional*

### EXP 3604C Cognitive Psychology  
**PR:** PSY 2012  
Theory and research on attention, memory, complex human learning, and problem solving.  
*Fall, Spring*

### EXP 3640 Psychology of Language  
**PR:** PSY 2012  
Psychological principles involved in the communicative process, with application to individuals and groups.  
*Occasional*

### EXP 4507C Advanced Human Memory & Cognition  
**PR:** PSY 3213C & EXP 3604C  
In-depth coverage of experimental research on human memory and cognition.  
*M&S fee: $15.00*

### GEY 3326H Honors Images of Aging  
**PR:** Advanced standing in the Honors College and consent of Honors.  
Interdisciplinary examination of issues in aging exploring how the various images of aging are reflected across the natural sciences, social sciences and humanities.  
*With Honors content Occasional.*

### INP 3004 Industrial/Organizational Psychology  
**PR:** PSY 2012  
Psychological theories and principles applicable to problems in industrial organizations.  
*Fall, Spring*

### INP 3004H Honors Industrial/Organizational Psychology  
**PR:** PSY 2012 and consent of Honors.  
Psychological theories and principles applicable to problems in industrial organizations.  
*With Honors content Occasional.*

### INP 3141C Advanced Applied Psychology  
**PR:** PSY 2012 and C.I.  
Course will explore application of psychological knowledge to clinical, experimental, industrial, or educational settings. Supervised laboratory experience is required. Graded S/U. May be repeated for credit.  
*Fall, Spring.*

### INP 3951 Industrial/Organizational Fieldwork  
**PR:** C.I.  
An opportunity for advanced undergraduate psychology majors to become involved in the application of I/O psychology to local organizations.  
*Occasional.*

### INP 4313 Organizational Psychology  
**PR:** PSY 2012  
Analysis of the psychological principles underlying individual and group behavior in an organizational setting. Topics include group dynamics, leadership and participation, intergroup behavior, and organization development.  
*Occasional*

### INP 4380 Psychology of Teamwork  
**PR:** PSY 2012 or C.I.  
Dynamics of small groups and teams from social and applied psychology perspectives.  
*Occasional*

### PCO 4203C Interviewing & Counseling  
**PR:** PSY 2012  
A review of various interviewing and counseling theories and techniques used in Mental Health settings as well as practical experience in interviewing and counseling procedures.  
*Fall, Spring.*

### PSB 3002 Physiological Psychology  
**PR:** PSY 2012  
The physiological basis of behavior, emphasizing the relationship between the nervous system and behavior.  
*Fall, Spring*

### PSB 3002H Honors Physiological Psychology  
**PR:** PSY 2012H and consent of Honors  
Physiological basis of behavior, emphasizing the relationship between the nervous system and behavior.  
*With Honors content Occasional.*

### PSB 3441 Psychobiological Aspects of Drugs  
**PR:** PSY 2012  
An advanced course designed for web instruction. Focuses on pharmacology, neurophysiology and neuroanatomy as the foundation of understanding behavior and social consequences of drug use.  
*Spring*

### PSB 3842 Sleep & Dreams  
**PR:** PSY 2012  
An overview of the psychological and physiological foundations of sleep and dreams. Concrete facts and disturbances of sleep. Cultural perspectives on, and contemporary applications of dreams.  
*Occasional*

### PSB 4103C Biofeedback Applications  
**PR:** PSY 2012, PSB 3002 and C.I.  
Introduction to theory, instrumentation, research and clinical application of biofeedback. Training in use of biofeedback equipment. Lecture/Lab.  
*Occasional.*

### PSB 4240C Neuropsychology  
**PR:** PSY 2012 & PSB 3002  
Study of brain function, with particular emphasis on human behavior.  
*Lecture/Lab. Fall, Odd Spring.*
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Description</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 2012</td>
<td>General Psychology</td>
<td>A survey of the basic principles, theories, and methods of contemporary psychology, including the study of human diversity. Fall, Spring.</td>
<td>3(3,0)</td>
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<tr>
<td>PSY 2012H</td>
<td>Honors General Psychology</td>
<td>PR: Permission of Honors. A survey of the basic principles, theories, and methods of contemporary psychology, including the study of human diversity. Honors-level content. Fall, Spring.</td>
<td>3(3,0)</td>
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<tr>
<td>PSY 2023</td>
<td>Psychology Cornerstone: Career Paths PR: PSY 2012</td>
<td>What it means to be a psychology major, career opportunities upon graduation, and different graduate school paths. Fall, Spring, Summer.</td>
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<tr>
<td>PSY 3022C</td>
<td>Academic Counseling PR: PSY 2012 &amp; C.I</td>
<td>Psychology majors only. Research findings, theory, models and techniques of academic counseling and career advising. S/U graded. Fall, Spring.</td>
<td>3(1,8)</td>
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<tr>
<td>PSY 3204C</td>
<td>Statistical Methods in Psychology PR: PSY 2012, STA 2014C or STA 2023, or C.I</td>
<td>Standard scores, confidence intervals, sampling distributions, hypothesis testing, correlation and regression as applied to research in psychology. Occasional.</td>
<td>4(3,1)</td>
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<tr>
<td>PSY 3204H</td>
<td>Honors Statistical Methods in Psychology PR: Consent of Honors, PSY 2012, STA 2014C or STA 2023 or C.I</td>
<td>Standard scores, confidence intervals, sampling distributions, hypothesis testing, correlation and regression as applied to research in psychology. With Honors content. Occasional.</td>
<td>4(3,1)</td>
</tr>
<tr>
<td>PSY 3213C</td>
<td>Research Methods in Psychology PR: PSY 2012, PSY 3204C, and STA 2014C or STA 2023</td>
<td>Investigation of experimental designs and research methods utilized in psychology. Laboratory outcomes will be statistically analyzed and reported in APA format. Fall, Spring. M&amp;S fee: $20.00</td>
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<td>PSY 3213H</td>
<td>Honors Research Methods in Psychology PR: PSY 2012, PSY 3204C, and STA 2014C or STA 2023 and consent of Honors</td>
<td>Investigation of experimental designs and research methods utilized in psychology. Laboratory outcomes will be statistically analyzed and reported in APA format. With Honors content. Occasional.</td>
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<td>PSY 3302</td>
<td>Psychological Measurement PR: PSY 2012 &amp; STA 2014C or STA 2023</td>
<td>A study of the theory underlying psychological tests and measurements procedures, including reliability, validity, and item analysis. Occasional.</td>
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<td>PSY 3320C</td>
<td>Survey Methods in Psychology PR: PSY 2012, PSY 3204C</td>
<td>Sampling methods, questionnaire construction, and interpretation of results. Occasional.</td>
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<td>PSY 3625</td>
<td>Science and Pseudoscience in Psychology PR: PSY 2012 or C.I</td>
<td>Critically evaluates fringe-science, paranormal, and otherwise unusual beliefs about human behavior. Scientific methodology is used to evaluate bizarre claims such as ESP, astrology, voodoo, mind control, and alien abduction. Occasional.</td>
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<td>PSY 3630</td>
<td>Psychology of Human-Animal Interaction PR: PSY 2012</td>
<td>Psychological aspects of human relationships with animals. Occasional.</td>
<td>3(3,0)</td>
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<td>PSY 3951</td>
<td>Undergraduate Field Work PR: Senior Standing &amp; C.I</td>
<td>Placement in a community agency for supervised experience in applications of psychology to community problems. Graded S/U. May be repeated for credit. Fall &amp; Spring.</td>
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<td>PSY 4025</td>
<td>Psychology of Art PR: PSY 2012 &amp; ARH 2050 or ARH 2051, or any ART prefix course</td>
<td>Discussion of the psychological perspectives on art to gain a greater understanding and enhanced appreciation for the process and products of creativity. Occasional.</td>
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<td>PSY 4049</td>
<td>Psychology Capstone PR: PSY 2012 &amp; Senior status</td>
<td>Refresh and apply their knowledge in core areas of psychology to cutting edge research in applied disciplines. Fall, Spring, Summer.</td>
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<td>PSY 4215C</td>
<td>Advanced Research Methods in Psychology PR: PSY 3213C</td>
<td>Design, analysis, and interpretation of complex research projects in psychology. Fall, Spring M&amp;S fee: $20.00.</td>
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<td>PSY 4270L</td>
<td>Advanced Research Methods Statistical Lab PR: PSY 3213C &amp; CR: PSY 215C</td>
<td>Data analysis and research reporting procedures. Experience in analyzing and explaining the methods and results used in research reports. Occasional. M&amp;S fee: $15.00.</td>
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<td>PSY 4604</td>
<td>History and Systems of Psychology PR: PSY 2012 &amp; Junior Standing</td>
<td>Historical development of psychology, with emphasis on classical theoretical positions. Occasional.</td>
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<tr>
<td>PSY 4604H</td>
<td>Honors History and Systems of Psychology PR: PSY 2012 &amp; Junior Standing and consent of Honors</td>
<td>Historical development of psychology, with emphasis on classical theoretical positions. With Honors content. Occasional.</td>
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<td>PSY 4906</td>
<td>Directed Independent Studies PR: C.I</td>
<td>See your faculty member for more information. S/U grade only.</td>
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<td>PSY 4912</td>
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<td>See your faculty member for more information. S/U grade only.</td>
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<tr>
<td>PSY 4937</td>
<td>Instructional Experiences in Undergraduate Psychology PR: PSY 2012 &amp; C.I</td>
<td>Preparation of undergraduate students to more effectively learn psychology concepts by facilitating learning in variety of university psychology classrooms and labs. Fall, Spring, Summer S/U grade only.</td>
<td>3(0,3)</td>
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SOP 2772  Sexual Behavior  **PR: PSY2012**  
Physiological, social, and clinical aspects of human sexuality.  *Fall.*  

SOP 3004C  Social Psychology  **PR: PSY2012**  
Effects of social situations and social variables on the behavior of individuals.  *Fall, Spring.*  

SOP 3723  Cross Cultural Psychology  **PR: PSY2012**  
Exploration of theories, issues, and research concerned with the psychological understanding of under-represented minority groups.  *Odd Spring.*  

SOP 3724  Psychology of Prejudice  **PR: PSY2012**  
Examination of literature relating to prejudice toward groups and individuals, development and maintenance of prejudice, and possible ways to reduce prejudice.  *Even Spring.*  

SOP 3742  Psychology of Women  **PR: PSY2012**  
Examination of the psychological impact of changing sex roles on women in modern society. Topics include child rearing, working women, and sex differences in personality and cognition.  *Fall, Spring.*  

SOP 3751  Legal Aspects of Psychology  **PR: PSY2012 or SYG 2000 or C.I**  
Ethical and legal dilemmas and issues in the practice of psychology.  *Occasional.*  

SOP 3784  Psychology of Diversity  **PR: PSY2012**  
A review of the contributions of psychology to the understanding of human diversity related to ethnic background, gender, sexuality, and belief systems.  *Occasional.*  

**Notes:**  
"C"  After the course number indicates the course includes a lab or extra lab work on student’s time outside class  
"PR"  Prerequisite courses that are required before taking the desired course  
"C.I."  Consent of the instructor.  
"C.R"  Co-requisite is a course in which the department prefers a student to enroll in during the same term as the primary course.  

**Definitions of Psychology Course Prefixes**  
The course prefix is a three-letter designator for a major division of an academic discipline, subject matter area, or sub-category of knowledge. The prefix is not intended to identify the department in which a course is offered. Rather, the content of a course determines the assigned prefix used to identify the course.  

**APK** = APPLIED KINESIOLOGY  
**CLP** = CLINICAL PSYCHOLOGY  
**DEP** = DEVELOPMENTAL PSYCHOLOGY  
**EAB** = EXPERIMENTAL ANALYSIS OF BEHAVIOR  
**EXP** = EXPERIMENTAL PSYCHOLOGY  
**INP** = INDUSTRIAL & APPLIED PSYCHOLOGY  
**PCO** = PSYCHOLOGY FOR COUNSELING  
**PPE** = PERSONALITY  
**PSB** = PSYCHOBIOLOGY  
**PSY** = PSYCHOLOGY  
**SOP** = SOCIAL PSYCHOLOGY  

Updated 10/10/2013
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**Recommended GEP COURSES for Psychology Majors**

- MAC 1105C College Algebra
- PSY 2012 General Psych
- BSC 1005 or BSC 2010C
- PSC 1121C, PHY 2059C, or CHM 1020C
- COM 1000, SPC 1603, or SPC 1608
- STA 2014C or STA 2023

**Other Recommended Courses for 1st and 2nd Year Psychology Majors**

- PSY 2XXX Psychology Cornerstone
- DEP 2004C Developmental Psych
- SOP 3004C Social Psychology
- PPE 3003 Personality Theory and Research
- Foreign Language Requirement
- PSY 3204C Stat. Methods in Psych
Opportunities for Psychology Students at UCF (updated Oct 2013)

PSYCHOLOGY RELATED ORGANIZATIONS

UCF Psychological Society
The Psychological Society is an organization offered at the main campus as well as Regional campuses for those interested in getting involved with Psychology. Link with faculty, staff, and professionals in the field, learn about volunteer and research opportunities, and provide information about Psychology at UCF. Drop off yearly/semesterly application in PSY 323 during their posted office hours.

- Email: psychsociety.ucf@gmail.com
- Find them on Facebook: UCF Psych Society at UCF Main Campus

Psi Chi International Honor Society
As a Psychology major or minor, you can join Psi Chi honor society if you meet their yearly GPA cutoff. This society recognizes scholastic excellence and contributions to the field of Psychology by undergraduate majors. Getting involved with Psi Chi at UCF opens a wealth of information and support from the National Psi Chi office: www.psichi.org. Drop off application in PSY 323 during their posted office hours.

- Email: ucfpsi chi@gmail.com
- Find them on Facebook: Psi Chi at UCF

The Multicultural Psychological Student Association (MPSA)
The goal of this organization is to embrace diversity in psychology. They host annual conferences and help with getting involved with Psychology in the UCF and Orlando community.

- Check them out during their office hours in PSY 323.
- Find them on Facebook: Multicultural Psychological Student Association
- Email: mpsa.ucf@gmail.com

Western Region Psychology Club
The mission of the Western Region Psychology Club is to enhance teamwork among students, to establish relationships with peers and faculty, to encourage community engagement, and to aid members in professional and academic advancement in all fields of psychology. This club meets at the South Lake and Ocala regional campuses.

- Webpage: psychology.cos.ucf.edu/western-region/

American Psychological Association- Student Affiliate
You can become an APA Student Affiliate as a Psychology undergraduate to be a member of the national organization in psychology, have access to subscriptions, and learn about internships and career resources, possible scholarships, and more. To find out how to become an APA Student Affiliate go to www.apa.org/membership/student/index.aspx

Active Minds
Though not a Psychology specific organization, this is a club you can be a part of to help spread the importance of Mental Health on the college campus. Through campus-wide events and national programs, Active Minds aims to remove the stigma that surrounds mental health issues, and create a comfortable environment for an open conversation about mental health issues on campuses throughout North America.

- Check out their website: caps.sdes.ucf.edu/active
RESEARCH EXPERIENCE

Research within the Psychology Department
To get involved with research opportunities, look up the labs posted on the Psychology Department webpage: psychology.cos.ucf.edu/research/laboratories. Most research labs prefer if you have at least PSY 3204 Stat Methods in Psych completed and with a grade of “B” or better. You can apply to the labs through RA Match: psy-ramatch.cos.ucf.edu. Be sure to contact the professor in charge of the lab to express your interest.

If you can’t get into the research lab relevant to your preferred field, don’t worry! All research experience is good research experience! Learning how to work with participants, read, collect, and input data, and work on research papers will be necessary to apply for graduate programs in any field. Most graduate programs like to see a year’s worth of research experience or more.

Other Research Lab opportunities
Other undergraduate research opportunities may be found through the UCF Institute for Simulation Training (www.ist.ucf.edu) or the UCF Marriage and Family Research Institute (www.mfri.ucf.edu). Check out other Departments at UCF about their Research opportunities such as with Criminal Justice, Sociology, Education, and more.....

Office of Undergraduate Research
The University of Central Florida offers numerous opportunities for undergraduates to pursue research in various disciplines under the direction of a faculty member. This intensive research opportunity enhances the academic experience and challenges students to strengthen their critical, analytical, and writing skills. You can find out more at the UCF Office of Undergraduate Research www.our.ucf.edu

Honors in the Major (HIM) Program
The Burnett Honors College hosts the HIM program which offers UCF juniors and seniors the opportunity to earn Honors distinction on their diploma. Students work with faculty in their major to produce an independent thesis on an original topic in their area of interest.
research.honors.ucf.edu/honors-in-the-major

McNair Scholars Program
McNair prepares undergraduate students for doctoral studies through involvement in research and other scholarly activities. Participants are either first-generation college students and low-income as defined by federal guidelines or members of a group that is traditionally underrepresented in graduate school. mcnair.ucf.edu

Research and Mentoring Program (RAMP)
RAMP offers paid research experiences to students in their junior and senior years with the potential to continue in graduate school. Faculty members mentor students, and participants engage in research throughout the academic year. www.ramp.ucf.edu

Burnett Research Scholars
The Burnett Honors College hosts the SMART program, which offers research experiences to all UCF undergraduate students who have completed at least one semester and have at least two semesters left before graduation. SMART offers grants to students and faculty every spring, summer, and fall. research.honors.ucf.edu/burnett-research-scholars

Summer Research Academy (SRA)
This two-and-a-half day event is held every summer for transfer students and rising sophomores and juniors. SRA scholars receive one credit and free housing (if needed) for the academy, where they learn about academic research. www.sra.ucf.edu
INTERNSHIPS

Psychology Fieldwork Opportunities
Undergraduate Fieldwork provides an opportunity for advanced undergraduate Psychology majors to become involved, under supervision of a trained professional, in the application of psychology. The role of the student in the placement is not limited to passive observation, but rather to provide as complete involvement as appropriate for the student’s level of training. These experiences can have several purposes: 1. The student has an opportunity to test the principles obtained in the classroom against the realities of delivering human services or counseling with agencies; 2. The student can explore vocational alternatives in light of further professional training that would be needed in the setting, or the student can utilize certain settings as a type of apprenticeship/internship looking towards immediate employment upon graduation; 3. The student earns upper level psychology credits.

Common Requirements for Fieldwork:
- Students must have junior or senior standing with the majority of coursework completed.
- Students must have a minimum 3.0 GPA.
- Students must have completed courses appropriate to the applied setting.
- Students must apply and be accepted for fieldwork by the Undergraduate Coordinator in their area of interest.

Coordinator: Dr. Monique Levermore (Monique.Levermore@ucf.edu)

Every semester before you want to do Fieldwork, be on the lookout for “Information Sessions” that are held every semester. When you attend an information session, turn in a resume, degree audit, and application and learn about places you can intern at. Applications are found in the Psychology Advising Center in PSY 250. After the info session, it is up to you to get hired at the internship site before you can be enrolled in the Field Work PSY 3951 course. This online course requires a total of 150 completed hours at 10-15 hours a week and is graded as Satisfactory (S) or Unsatisfactory (U) rather than letter graded.

Teaching Assistant Internship, PSY 4932- Special Topics: Instruction Experience in Psych
This internship is designed for advanced psychology majors who want to explore Teaching as part of their professional development. Additionally this experience gives students a chance to work more closely with professors in the Psychology Department. It is required that you register for PSY 4932 Special Topics: Instruction Experience in Psychology, during your first semester as a Teaching Assistant. PSY 4932 is an online (S/U) graded 3 credit course that coincides with the work you complete with a faculty member.

To become a TA- While you are in classes, network with your professors by attending office hours, participating in class, and having conversations with them one on one. Well before the semester you want to assist them, ask for their permission. TA duties depend on the each individual professor you work with.

To enroll in PSY 4932- bring in a note or email from a professor to the Psychology Advising Center in PSY 250 that says you can be a TA for them.
If you have completed the TA class, you can TA again as a volunteer and for other professors. Just work it out with that professor what your duties will be, no need to enroll for TA course.

Experiential Learning
Apply online: www.explearning.ucf.edu to learn about co-op opportunities. Denise Moore denise.moore@ucf.edu is the advisor for Psychology majors, she can help you find placements in internships during your Junior and Senior years. There are possible paid internships available with the Office of Experiential Learning. Be sure to talk to UCF Office of Experiential Learning in the 3rd floor of the new CSEL building near the Psychology building on Memory Mall. If not getting paid for your work, you can receive upper level college credit if you need it.
Psychology Peer Advising
The Psychology Peer Advisors (PA’s) are advanced undergraduate psychology majors who assist other psychology majors/minors to understand and complete their psychology degree requirements. The PA’s help students understand university policies and procedures, assist in schedule planning, and provide advisement on other academic matters such as applying for extracurricular activities and graduate school.
Peer Advisors, are not paid, but do earn upper level psychology credit for participating in the internship. This is a three semester of Fall, Spring, and Summer-10 hour per week-commitment. PA’s are chosen based on GPA, other related experience, and extracurricular activities.
Applications are found in PSY 250, it is highly recommend you speak to a Peer Advisor before applying. Applications are due in June, with interviews conducted soon after. Training will start for selected PA’s before Fall starts.

OTHER INVOLVEMENT OPPORTUNITIES
Office of Student Involvement
Join student organizations, clubs, and go to campus events to meet new peers, network with faculty, staff, and professionals, gain leaderships skills and enjoy your time at UCF! This is what college is about- get involved!
www.getinvolveducf.com
• Registered Student Organization Database: www.getinvolveducf.com/student-orgs.php
• Need help with learning about ALL the opportunities available to you on campus? Make an appointment with KORT (Knights of the Round Table)’s KNIGHT QUEST: getinvolveducf.com/kort/rebuild/

Career Services
Need help with applying to clubs, research, internships, or part-time jobs? See Career Services for Walk-In Resume help from 10am to 3pm or make an appointment to see a counselor: 407-823-2361 in CSEL career.sdes.ucf.edu
Looking for a way to research colleges, careers, and majors?

Check out:

MyPlan.com

MyPlan is a web-based career planning resource which helps students choose majors and careers. MyPlan offers information on colleges, careers, and majors.

Best of all - it's totally FREE to you as a UCF student or alumni!

Want to take an assessment?

-Click on the “Assessment” tab at the top of the screen. You cannot save results mid-way, so only start if you will be able to finish.

-For any assessment you take, you can click on “CareerMatch” to see the list of related occupations and explore academic programs.

Important!

Self-assessments do not tell you what careers to pursue—ultimately it is your decision. They are meant to help you learn more about yourself relative to majors/careers. We strongly encourage you to schedule a follow-up appointment with a career counselor to discuss your results.

How to Sign Up:

1. Go to http://career.ucf.edu

2. Hover over “Students,” then “Virtual Career Center,” and click on “Explore Self and Careers”

3. Copy the UCF License Code under MyPlan, then click the MyPlan link

4. Click “Create Free Account” and fill in the account information required and click “Continue.” Make sure to provide the UCF License Code when prompted.

5. To take the self-assessments, click on the assessment tab at the top of the screen. Explore majors and careers with the other tabs.

Contact Career Services with any questions or to make an appointment:
407-823-2361
career@ucf.edu
http://career.ucf.edu

- Are you not sure of what you want to do with your Psychology degree? Use Myplan.com to help you figure out your interests, personality, and skills and what careers would be best for you.
- Also use Myplan.com as well as Occupational Outlook Handbook (bls.gov/ooh) and O*net (onetonline.org) to help you search more about the careers you want to know more about.
- Do an information interview with someone who is in that career to help you gain additional insight that won’t come from a website!
I'm Getting My Bachelor's Degree in Psychology--What Can I Do With It?

by R. Eric Landrum - Boise State University

Category: Career Preparation

The answer is - plenty! While some undergraduates continue their education in graduate school, the majority of students do not go to graduate school (only about 25% of undergraduate psychology majors nationally go to graduate school). This article is about the options, opportunities, and challenges for the rest--the remaining 75% who seek a good job with their bachelor's degree in hand.

At the undergraduate level, many students select psychology as a major because of their interest in someday becoming a psychologist. If you carefully read *Eye on Psi Chi* articles, talk to other students majoring in psychology, and listen to your professors, you'll understand that you will not be qualified to be a psychologist at the conclusion of your undergraduate training. It's best to think of your undergraduate education in psychology as learning "about" psychology, not learning "to do" psychology. McGovern, Furumoto, Halpern, Kimble, and McKeachie (1991) made this point clear when they stated that "a liberal arts education in general, and the study of psychology in particular, is a preparation for lifelong learning, thinking, and action; it emphasizes specialized and general knowledge and skills" (p. 600). A quality undergraduate education in psychology should prepare you to be a good citizen and a critical thinker. Fortunately, the skills and abilities that psychology majors acquire through their coursework and out-of-class experiences make them marketable for a wide variety of employment options.

Even though the bachelor's degree in psychology is not a professional degree, it is still a good choice in becoming a well-rounded, well-educated citizen and person. Why? Although psychology departments at colleges and universities differ, McGovern et al. (1991) identified common goals for undergraduate students to accomplish. These goals include:

- **A knowledge base.** There is a wide array of information in psychology that you need to understand to truly be a student of human behavior. In other words, a future employer might actually expect you to know something about human behavior!

- **Thinking skills.** Critical thinking and reasoning, analysis of outcomes through experimental methods and statistics give psychology students the tools to make reasoned decisions.

- **Language skills.** As scientists, psychologists must be able to communicate findings to the broader scientific community; students must develop reading, writing, and presentation skills.

- **Information gathering and synthesis.** Psychology students need to be able to gather
information from a number of sources (e.g., library, computerized databases, the Internet) and be able to synthesize this information into coherent lines of reasoning.

- **Research methods and statistical skills.** The development of quantitative and qualitative methods of data analysis and interpretation is central to the discipline.

- **Interpersonal skills.** Psychology students need to be sensitive to the diversity of the environment in which they live and be able to use this increased sensitivity and self-knowledge to monitor their own behavior.

- **History of psychology.** Psychology majors need to understand the contexts out of which popular ideas and people have emerged. George Santayana once said, "Those who do not know history are doomed to repeat it."

- **Ethics and values.** Psychology majors need to understand the ethical treatment of research participants, to understand conflicts of interests, and to generate options that maximize human dignity and human welfare and adhere to high standards of academic and scientific integrity.

This is an important list. If you want to make the most of your undergraduate education, you should try and accomplish as many of these goals as possible. In fact, you might base curricular decisions (in part) by how well the courses and other experiences help you achieve your goals.

I've covered what educators want to instill in their students. To be successful, instructors hope that our students want to achieve the same skills, abilities, and qualities. But what about employers? What do they want? In an article I wrote with undergraduate student Renee Harrold, we surveyed employers around the country and asked them what skills and abilities are important when hiring psychology bachelor's degree holders. Our list is on the left side of Table 1. On the right side of the table is another listing published by JobWeb. Notice the similarities between the two lists. In our study, we also surveyed students about their perceptions of what they thought employers think is important. Out of these top 10 skills and abilities, students significantly underestimated their importance compared to actual employers. Students need to be aware of these gaps in importance, and if a good job is the goal, better align their perceptions with employer's perceptions.

Now we have an idea of the most important skills and abilities needed, but we need to know who is doing the hiring, in what types of jobs, and what the salary levels are. Schwartz (2000) reported that the top 10 occupations that employ persons with only a bachelor's degree in psychology are:

- Top- and mid-level managers, executives, administrators
- Sales occupations, including retail
- Social workers
- Other management-related occupations
- Personnel, training, labor-relations specialists
- Other administrative (record clerks, telephone operators)
- Insurance, securities, real estate, business services
- Other marketing and sales occupations
- Registered nurses, pharmacists, therapists, physician assistants
- Accountants, auditors, other financial specialists

While the opportunities are available, Schwartz (2000) estimates that only about 25% of psychology undergraduates end up working in a field closely related to psychology. As you can understand from the skills and abilities found in Table 1, these qualities make psychology majors marketable well beyond the boundaries of psychology. Table 2 presents a wide array of job titles suitable for psychology bachelor's degree holders. Note the variety in the opportunities available! This listing might give you some leads and ideas of avenues to pursue that perhaps you hadn't thought of before.

Hopefully there are some items on this list that you've never thought about. It is important to be open to possibilities that you might not typically think of. Psychology majors leave college with a valuable set of skills and abilities, and making the most of your undergraduate experience can help to enhance your marketability. We've had a glimpse of what you can do; now, how much can you make? This is a difficult question to answer because no one organization tracks this information formally and officially. Unfortunately, this leads to great variability in salaries for psychology bachelor's degree holders. The two most current estimates come from Schwartz (2000) and JobWeb (2001b). Schwartz reported that the Bureau of Labor Statistics found that in 1999, the average starting salary
for psychology bachelor's degree holders was $20,600. JobWeb reported that the average salary offer to 2001 psychology bachelor's graduates was $30,338. Did the average starting salary really go up $10,000 in one year? No. This variation is due to the different techniques with which the data are collected. Since there is no uniform data collection mechanism, estimates vary. Also, please realize that there are significant regional differences in job offers and in the economy in general. Reality is probably somewhere in the middle of these two estimates.

A college degree is a special accomplishment. Only 13% of the United States population holds a college degree. This achievement puts you in the educationally elite in this country. Additionally, your degree tells employers much about you. You have the ability to set a goal and achieve it, and you did not give up on a long-term goal that had hurdles to overcome (Aubrecht, 2001). At the same time, psychology is a popular major. For the past few years there have been over 70,000 psychology bachelor's degree graduates each year. Remember, most of you will be competing with these graduates for the best jobs. What will you do to make yourself stand out in the competition? This article is the first of a three-part series, and in later articles I'll offer some concrete advice on how you can set yourself apart from the crowd, gain the skills and abilities that you need, and increase your marketability to achieve success.

One important lesson to remember is that in almost every type of job, you have to start at the bottom and work your way up. That is, you are not going to land the perfect job the first time you apply for it. You may think that your first job after completing college is beneath you. This is not a healthy attitude to have if you want to achieve long-term success. Be patient as you practice and perfect your set of practical skills and abilities while establishing your track record. This is a time during your employment career to show others your work ethic and establish a solid work history. It's easy to enjoy and succeed at a great job--can you find a way to enjoy and succeed at a job that is not as great as you want? Remember, when Bill Gates started Microsoft, he wasn't the world's wealthiest person. It took time, hard work, and some luck to be in the right place at the right time. You know what you need to do--now make it happen!

References


### Table 2

**Categories of Job Titles Relevant to Psychology Bachelor’s Degree Holders**

<table>
<thead>
<tr>
<th>Related to psychology</th>
<th>Related to business</th>
<th>Other areas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic advisor</td>
<td>Administrative assistant</td>
<td>Activity director</td>
</tr>
<tr>
<td>Alcohol/drug abuse counselor</td>
<td>Advertising agent</td>
<td>Assistant youth coordinator</td>
</tr>
<tr>
<td>Behavior analyst</td>
<td>Advertising trainee</td>
<td>Camp staff director</td>
</tr>
<tr>
<td>Career counselor</td>
<td>Affirmative action representative</td>
<td>College admissions officer</td>
</tr>
<tr>
<td>Career planning and placement counselor</td>
<td>Airline reservations clerk</td>
<td>Community organizer</td>
</tr>
<tr>
<td>Case management aide</td>
<td>Bank management</td>
<td>Community recreation worker</td>
</tr>
<tr>
<td>Case worker</td>
<td>Claims specialist</td>
<td>Community relations officer</td>
</tr>
<tr>
<td>Child care worker</td>
<td>Customer relations</td>
<td>Congressional aide</td>
</tr>
<tr>
<td>Child protection worker</td>
<td>Customer service representative</td>
<td>Crime prevention coordinator</td>
</tr>
<tr>
<td>Community outreach worker</td>
<td>Employee counselor</td>
<td>Director of alumni relations</td>
</tr>
<tr>
<td>Community support worker</td>
<td>Employee relations assistant</td>
<td>Director of fundraising</td>
</tr>
<tr>
<td>Corrections officer</td>
<td>Counselor aide</td>
<td>Driving instructor</td>
</tr>
<tr>
<td>Day care center supervisor</td>
<td>Day care center supervisor</td>
<td>Educational coordinator</td>
</tr>
<tr>
<td>Director of volunteer services</td>
<td>Director of volunteer services</td>
<td>Fast food restaurant manager</td>
</tr>
<tr>
<td>Eligibility worker</td>
<td>Employment counselor</td>
<td>Foster home parent</td>
</tr>
<tr>
<td>Employment counselor</td>
<td>Family services worker</td>
<td>Film researcher/copywriter</td>
</tr>
<tr>
<td>Gerontology aide</td>
<td>Gerontology aide</td>
<td>Historical research assistant</td>
</tr>
<tr>
<td>Group home coordinator</td>
<td>Life skill counselor</td>
<td>Hospital patient service representative</td>
</tr>
<tr>
<td>Housing/student life coordinator</td>
<td>Mental health technician</td>
<td>Juvenile probation officer</td>
</tr>
<tr>
<td>Life skill counselor</td>
<td>Mental retardation unit manager</td>
<td>Laboratory assistant</td>
</tr>
<tr>
<td>Mental health technician</td>
<td>Parole officer</td>
<td>Law enforcement officer</td>
</tr>
<tr>
<td>Mental retardation unit manager</td>
<td>Political campaign worker</td>
<td>Neighborhood outreach worker</td>
</tr>
<tr>
<td>Parole officer</td>
<td>Probation officer</td>
<td>Newspaper reporter</td>
</tr>
<tr>
<td>Political campaign worker</td>
<td>Program manager</td>
<td>Nursing home administrator</td>
</tr>
<tr>
<td>Probation officer</td>
<td>Public affairs coordinator</td>
<td>Park and recreation director</td>
</tr>
<tr>
<td>Program manager</td>
<td>Public relations specialist</td>
<td>Private tutor</td>
</tr>
<tr>
<td>Publications researcher</td>
<td>Rehabilitation advisor</td>
<td>Research assistant</td>
</tr>
<tr>
<td>Radio/TV research assistant</td>
<td>Residential counselor</td>
<td>Security officer</td>
</tr>
<tr>
<td>Rehabilitation advisor</td>
<td>Residential youth counselor</td>
<td>Statistical assistant</td>
</tr>
<tr>
<td>Residential counselor</td>
<td>Secondary school teacher</td>
<td>Statistical reports compiler</td>
</tr>
<tr>
<td>Residential youth counselor</td>
<td>Social services assistant</td>
<td>Store manager</td>
</tr>
<tr>
<td>Secondary school teacher</td>
<td>Social services director</td>
<td>Task force coordinator</td>
</tr>
<tr>
<td>Social services assistant</td>
<td>Social work assistant</td>
<td>Teaching</td>
</tr>
<tr>
<td>Social services director</td>
<td>Urban planning research assistant</td>
<td>Technical writer</td>
</tr>
<tr>
<td>Social work assistant</td>
<td>Veterans advisor</td>
<td>Vocational rehabilitation counselor</td>
</tr>
<tr>
<td>Urban planning research assistant</td>
<td>Warehouse manager</td>
<td>Volunteer coordinator</td>
</tr>
<tr>
<td>assistant</td>
<td></td>
<td>Warehouse manager</td>
</tr>
</tbody>
</table>

ABOUT THE AUTHOR: Eric Landrum, PhD, is currently a professor of psychology at Boise State University, where he served as chair of the Psychology Department from 1996-2000. He received his PhD in cognitive psychology (with an emphasis in quantitative methodology) from Southern Illinois University in 1989. His research interests center around the study of and understanding of educational issues, specifically, identifying those parameters that best facilitate student learning. The underlying theme is to understand the learning process of students and design situations and environments that maximize students' opportunity for success. Much of this work has also examined the development of psychological instruments capable of measuring and quantifying concepts such as attitudes concerning diversity, measuring grade inflation, student retention, learning materials, etc. He has made over 100 professional presentations at conferences and over 25 professional publications in scholarly, peer-reviewed journals. He is the coeditor and author of two chapters in Protecting Human Subjects: Departmental Subject Pools and Institutional Review Boards (1999, APA Books), author of A Guide to Teaching Introductory Psychology (1998, Harcourt Brace), and Introduction to Psychology: A General Guidebook (2nd ed., 1997, Kendall-Hunt), and lead author of The Psychology Major: Career Options and Strategies for Success (2000, Prentice Hall).

He is a member of the American Psychological Association and a Fellow of the Society for the Teaching of Psychology (Division Two), Midwestern Psychological Association, the American Society for Training and Development, the Idaho Academy of Science, and the National Association of Student Personnel Administrators. He recently completed his two-year term as national president of the Council of Teachers of Undergraduate Psychology.

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GENERAL THINGS ALL PSYCHOLOGY MAJORS SHOULD DO DURING THEIR ATTENDANCE AT UCF Updated Oct. 2013

1. DEVELOP STRONG STUDY SKILLS
   - If you need better study skills, check the Student Academic Resources Center (SARC): [www.sarc.sdes.ucf.edu](http://www.sarc.sdes.ucf.edu) 407/823-5130 PH 113
     - They have tutoring and workshops available to help you learn how to study better and smarter
   - Enhance your college skills in SLS 1501 or MHS 2330:
     - SLS: The Freshman Seminar- take this course to learn about resources on campus and how to succeed in college.
     - MHS 2330: Career Development- learn about resources and opportunities on campus to help with unclear career goals

2. DEVELOP STRONG WRITING SKILLS
   - UCF Writing Center: [www.uwc.ucf.edu](http://www.uwc.ucf.edu) 407-823-2197
     - Assist with writing assignments for any course and can even help with grammar and writing for Personal Statement required for Graduate School acceptance
   - Take more writing classes to enhance skills
     - ENC 3314 Writing in the University
     - ENC 3455 Writing about Science and Technology

3. EARN STRONG GRADE POINT AVERAGES
   - Earn strong grade point averages in all your courses if you want to get into graduate school or a job with your Psychology Bachelor’s Degree.
     - The Psychology GPA, Total 120 Hours GPA, and the UCF GPA will have an effect on whatever GPA a Psychology Graduate Program will request from you.
     - You must research schools and programs to determine what GPAs each school you apply to will want. Generally it needs to be at least a 3.0, but a competitive GPA would be a 3.5 or higher
     - A good GPA is also needed for Psychological organizations, Internships, and Research Positions so it is important to focus on your studies throughout your undergraduate coursework!
     - Go to class, study with peers, do homework and projects to the best of the ability, you are only cheating yourself if you just get by with the bare minimum!

4. RESEARCH CAREERS IN PSYCHOLOGY AND RELATED FIELDS
   - What are you going to do with your degree in Psychology? If you don’t know now, you need to explore what’s out there. Talk to professors and professionals in the field you are interested in.
     - Check out the Bookshelf in PSY 250B- we have binders available during office hours of different careers in Psychology
     - Take PSY 2023 Cornerstone, Careers in Psychology, a required course for 2013 and higher Psychology majors.
     - Talk to UCF Career Services right next to the Psych building! Make an appointment, or just walk in! [www.career.ucf.edu](http://www.career.ucf.edu) Check out their workshops, information sessions, career fairs, and more!
   - Helpful sites to do career research:
     - [Onetonline.org](http://Onetonline.org), [myplan.com](http://myplan.com), [bls.gov/oco](http://bls.gov/oco)
5. DO INDEPENDENT RESEARCH

- Participate in Research to find out what it is all about: ucf.sona-systems.com
- Psychology Department Research Labs Information: psychology.cos.ucf.edu/research/laboratories
  - Read about what the labs are about, what they are doing, what they are trying to accomplish, recent publications from the Professor in charge
  - Apply for Psych Dept labs with RA Match here: psy-ramatch.cos.ucf.edu Usually must have PSY 3204, Stat. Methods in Psych completed first!
  - Make an appointment to meet with the professor in charge of that lab to learn about graduate school, research interests, and if they have availability in their lab
- Other Psychology related labs: www.ist.ucf.edu or www.mfri.ucf.edu
- Office of Undergraduate Research: our.ucf.edu has more opportunities to look into:
  - Undergraduate Research Journal
  - RAMP –Research and Mentoring Program
  - REU-Research Experiences for Undergraduates
  - SMART- Student-Mentor Academic Research Teams
  - Undergraduate Research Initiative
  - Honors in the Major
    - Start Building a relationship with a professor with common interests. Contact the Honors college to determine eligibility (In Psychology must have at least a “B” in Research Methods). Ask your professor if they are willing to supervise. When they say yes, complete the paperwork and get signatures to get credit. Get to work on your own research!

6. DO INTERNSHIPS

- UCF Office of Experiential Learning: www.explearning.ucf.edu Apply online for an internship position and sit with Psychology Advisor, Denise Moore, to be placed. Must be a junior.
- Fieldwork course: PSY 3951. Work 10-15 hours a week in a Psychology related agency or organization while doing online course. S/U graded. Look for dates for Information Sessions with Coordinator, Dr. Monique Levermore (Monique.Levermore@ucf.edu) to apply every semester. Must be hired with placement site before the semester begins!
- Peer Advising: PSY 3022 Academic Advising. Become a Psychology Peer Advisor helping students with their degree audits and preparing for graduate school. THREE SEMESTER COMMITMENT! Applications in PSY 250, Applications due in Summer along with interview and training required to start in Fall. Talk with a Peer Advisor today to learn more. No appointment needed in PSY 250 9am to 4pm M-F Psychadvising@ucf.edu
- Teacher’s Assistant: PSY 4941. Work with Faculty members helping them in the classroom setting, great way to connect with your professors. Online, S/U graded class, PSY 3940 counts as a Psychology elective! Once professor says you can TA for them, bring note or email to PSY250 to enroll in TA course. If already taken the course, can just volunteer for professor
- Search for internships on your own! No credit required. Some sites prefer if class is associated with your experience, but not all. Just ask professionals around if they are willing to take on a volunteer!
7. PREPARE FOR THE GRE

- Recommended to take the GRE after first semester of your Junior year. Scores last for 5 years, the sooner you take it, then you have time to retake it, but don’t send your score to your interested institution every time! psychology.cos.ucf.edu/undergraduate-psychology-advising/preparing-for-graduate-school/pre-graduate-record-exam/
- Study for the GRE NOW!
- Ets.org/gre has resources on how to sign up, and how to study!
- UCF Continuing Education, Kaplan or Princeton Review exam prep courses
- Buy a book from the bookstore to help you study and learn about the test
- Kaptest.com has free practice tests you can register for every semester

8. FINE TUNE JOB-FINDING SKILLS

- Prepare for Graduation early! Go to Career Services to learn about Interviews, Resumes, appearance, finding that first job, gaining experience, job fairs, and local jobs in the community www.career.ucf.edu
- Sign up for UCF’s KnightLink – online system with over 4,000 employers for students who are looking for full time or part time work: ucf-csm.symplicity.com/students/

9. JOIN AND BE ACTIVE IN A RELATED PSYCHOLOGY ORGANIZATION

- American Psychological Association, Student Affiliate: www.apa.org
- UCF’s Psychology Society: Located in PSY 323, like them on Facebook!
- UCF Psi Chi Honor Society: Located in PSY 323, find them on Facebook!
- Multicultural Psychological Student Association: find them on Facebook!
- Active Minds: caps.sdes.ucf.edu/active
- Student Professionals in Industrial Organizational Psychology (SPIOP): http://ucfspiop.wordpress.com/2012/12/02/spiop-at-siop-2012/

10. GET INVOLVED! Some opportunities:

- Attend Campus Events! Fun, Free, Informational! www.getinvolveducf.com
- Knight Quest- KORT advisors can help find involvement opportunities based off your interests!: osi.ucf.edu/kort
- Registered Student Organization (RSO) Database: public.rso.asf.ucf.edu
- CAB- Campus Activity Board: Free movies, concerts, and other events osi.ucf.edu/cab
- Late Knights- Every Friday at the end of the month on campus
- Fraternity and Sorority Life: fsl.sdes.ucf.edu
- UCF Recreation and Wellness Center: hrwc.sdes.ucf.edu
- Student Government Association (SGA): www.ucfsga.com
- Volunteer UCF: vucf.getinvolveducf.com
- So much more on and off campus!