<table>
<thead>
<tr>
<th>Vaccine/Age</th>
<th>19-26 Years</th>
<th>27-59 Years</th>
<th>60-64 Years</th>
<th>65 Years or Older</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza (Flu)</td>
<td>You need one dose every year.</td>
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</table>
| Tetanus, Diphtheria, Pertussis (Td, Tdap)

There are two vaccines that are commonly referred to as the "tetanus shot": Td (tetanus and diphtheria) and Tdap (tetanus, diphtheria, and pertussis). Adults need both vaccines at different times during their lives. If you are pregnant, you need one dose of Tdap, preferably after 27 weeks of pregnancy. You will need a repeat dose every 10 years. Be sure to consult your health care provider if you have a deep or dirty wound. You may need a dose at that time. |
| Varicella (Chickenpox)

If you've never had chickenpox, or you were never vaccinated, you need to get two doses. If you've been vaccinated but received only one dose, you need to get the second dose as soon as possible. |
| Human Papillomavirus (HPV)

You need three doses if you are a woman who is 26 or younger. You need three doses if you are a man who is 21 or younger. Some men aged 22-26 should also receive HPV vaccine. |
| Zoster (Shingles)

You need one dose of this vaccine if you are 60 or older. |
| Measles, Mumps, Rubella (MMR)

You may need one or two doses if you were born in 1957 or later and you were never vaccinated. You may need one or two doses if you were born before 1957 and you work in the health care field. |
| Pneumococcal

There are two vaccines that protect against pneumococcal disease: PCV13 (pneumococcal conjugate) and PPV23 (pneumococcal polysaccharide). Adults may need both vaccines at different times in their lives. You need one or more doses of PPV23 if you:
- smoke cigarettes
- live in a nursing home or long-term facility, or
- have certain medical conditions. You may also need a dose of PCV13 if you:
- are immunocompromised (including HIV), or
- have certain medical conditions. | You need both PCV 13 and PPV 23 at 65 or older. |
### Vaccine/Age

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| Meningooccal | You need one or more doses of MCV4 vaccine if you:  
- are a first-year college student who is 21 or younger living in communal housing,  
- are a military recruit,  
- live or work in certain other high-risk settings, or  
- have certain medical conditions. *  
People with certain medical conditions may need MenB.  
|  | Hepatitis A | You need two doses if you have never been fully vaccinated and you are either at risk for hepatitis A * or wish to be protected.  
|  | Hepatitis B | You need three doses if you have never been fully vaccinated and you are either at risk for hepatitis B * or wish to be protected.  
|  | Haemophilus influenzae type b (Hib) | You need one or more doses of this vaccine if you have certain medical conditions. *  
|  | Do you travel outside the United States? | If yes, you may need some of the above, and additional, vaccines. Please consult with your health care provider or a travel health specialist. For more information about vaccine recommendations for your travel destination, you can call the Centers for Disease Control and Prevention (CDC) at 1-800-232-4636, or visit their website at www.cdc.gov/travel.  

* Consult your health care provider to determine your risk for infection and your need for this vaccine.  
1 If you've never had, or don't remember having, at least three shots containing tetanus and diphtheria, you need to get them now.  
2 There are three HPV vaccines, HPV4 and HPV9 (Gardasil and Gardasil 9) can be given to men and women. HPV2 (Cervarix) should be given only to women.  
3 There are two different types of pneumococcal vaccines (PCV13 and PPV23). Talk with your health care provider to find out if one or both pneumococcal vaccines is recommended for you.