This Formed Families Resource Directory provides information about programs and services offered in Northern Virginia to support families formed by adoption, foster care and kinship care who are raising children and youth with disabilities and other special needs.

This directory is provided as a free service to individuals and other organizations and agencies. It covers the areas of Alexandria, Arlington County, Fairfax County, Loudoun County, and Prince William County. Some entries are listed under multiple categories; there is an index of organizations at the end of the directory.

Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization’s listing or you would like your organization to be included in our directory, please contact our office at (703) 539-2904 or info@formedfamiliesforward.org.

WHO WE ARE AND WHAT WE DO

Formed Families Forward is a non-profit organization dedicated to supporting families formed through foster care, adoption and kinship care connections in the Northern Virginia area. Our mission is to improve developmental, educational, social, emotional and post-secondary outcomes for children and youth with disabilities and other special needs through provision of information, training and support to adoptive and foster parents, and kinship caregivers.

Formed Families Forward provides consultation and support to families and agency personnel to help them meet the special education needs of their children and youth. Short-term phone and direct consultations are available at no cost to adoptive, foster and kinship families and to child welfare and education professionals in northern Virginia. We also provide access to free support groups for parents and caregivers of children with special needs, led by professional counselors.

Formed Families Forward offers special education resources designed specifically for foster, adoptive and kinship families. We make linkages to other agencies and organizations, and offer access to direct group counseling services for families in need.

Disclaimer: Information provided in this directory does not necessarily reflect the position of Formed Families Forward, nor does the inclusion of information regarding various organizations constitute an endorsement of views, persons, methodology, or products.
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Condition Specific Information

American Diabetes Association

Government Affairs and Advocacy Division
1701 N. Beauregard Street
Alexandria, VA 22311
Phone: 1800DIABETES
Website: www.diabetes.org

The American Diabetes Association is committed to ending discrimination against people with diabetes through its legal advocacy program.

Autism Outreach Inc. (AOI)

455 Spring Park Place, Suite 200A
Herndon, VA 20170
Phone: 703-689-0019
Fax: 703-689-0039
E-mail: kodonnell@autismoutreach.org
Website: www.autismoutreach.org

Autism Outreach develops individualized programs that best meet the needs of each child and strives to provide each family with support, guidance, and personalized consultation. Services include Applied Behavioral Analysis (ABA) Consultation and Therapy; IEP Development; Intensive Potty Training; Social groups; Parents Training Workshops; and Parents Night Out.

Autism Society of Northern Virginia (ASNV)

2755 Hartland Rd. Suite 200
Falls Church, Virginia 22043
Phone: 703-495-8444
Fax: 703-563-6099
E-mail: Info@asnv.org
Website: www.asnv.org

ASNV advocates for and provides support to the families and caregivers of individuals with autism. It ensures access to education, vocational training, housing, transportation and recreation; aids in the collection and dissemination of information about autism to parents, professionals, policymakers, community leaders, employers and the general public; and fosters and reinforces awareness and respect for the rights of autistic adults, parents, and siblings.

Autism Speaks
Autism Speaks is an autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families. National Capital Chapter available.

**Center for Autism & Related Disorders (CARD)**

5400 Shawnee Road, Suite 208  
Alexandria, VA  22312  
Phone: 855-345-2273  
Fax: 703-750-0655  
E-mail: info@centerforautism.com  
Website: [www.centerforautism.com](http://www.centerforautism.com)

CARD treats children with autism and related developmental disorders, providing information, training, supervision, and therapy services throughout the U.S. and the world.

**Children and Adults with Attention Deficit Disorder (CHADD) – Northern Virginia**

P.O. Box 2645  
Fairfax, VA 22031  
Phone: 703-641-5451  
E-mail: northern-virginia@chadd.net  
Website: [www.chadd.org](http://www.chadd.org)

CHADD is a non-profit organization providing services to parents of children with attention deficit disorders, and children with AD/HD. CHADD provides the means for members to exchange ideas about raising and educating children with attention deficit disorders by offering monthly meetings with guest speakers and a periodic newsletter. CHADD-Northern Virginia offers support groups across Northern Virginia, from Alexandria to Loudoun County.

**Cystic Fibrosis Foundation, Metro DC Chapter**

6931 Arlington Road, Suite 312  
Bethesda, MD 20814  
Phone: 301-657-8444  
Fax: 301-652-9571  
E-mail: metro-dc@cff.org  
Website: [www.cff.org/Chapters/metrodc](http://www.cff.org/Chapters/metrodc)
The Cystic Fibrosis Foundation is a non-profit, donor-supported organization which funds research into a cure for cystic fibrosis. The Foundation supports the development of new drugs to fight the disease and to improve the quality of life for those with cystic fibrosis. The Metro DC Chapter conducts fundraising events in DC, Maryland and Virginia, including its largest event, Great Strides, where community members form teams through their workplace, through clubs and organizations or with friends and family, and join together for a family oriented celebration.

**Down Syndrome Association of Northern Virginia**

2755 Hartland Road, Suite 200  
Falls Church, VA 22043  
Phone: 703-621-7129  
E-mail: parenttoparent@dsanv.org  
Website: www.dsanv.org

The Down Syndrome Association of Northern Virginia helps families adjust to the birth of a child with Down syndrome and provides them with educational, financial, medical, legal and social support and resources. It also seeks to increase community awareness of the capabilities and contributions of individuals with Down syndrome and to provide financial support to families in need.

**Epilepsy Foundation of Virginia, Northern Virginia Office**

P O Box 3235  
Reston, VA 20195  
Phone: 703-349-2790  
E-mail: gina1216@comcast.net  
Websites: www.efva.org  

The Epilepsy Foundation of Virginia promotes awareness about epilepsy and advocates for, and provides assistance to, people with epilepsy. They provide information on employment rights, affordable assisted living facilities or independent housing, sources of reduced-cost or no-cost medication, physician referrals, special education, transportation, and health insurance.

**International Dyslexia Association - Virginia Branch**

804 H Industrial Avenue  
Chesapeake, VA 23324  
Phone: 866-893-0583  
E-mail: info@vbida.org  
Website: www.vbida.org

The International Dyslexia Association seeks to improve the lives of individuals with dyslexia through education, legislation, and services.
National Alliance on Mental Illness (NAMI) – Northern Virginia

P.O. Box 8693
Reston, VA 20195
Phone: 703-968-4007
E-mail: naminorthernva@gmail.com
Website: www.nami.org/MSTemplate.cfm?MicrositeID=197

NAMI-NoVA is an association of volunteers who provide support and education to people with mental illnesses and their families. They advocate to the community, and public officials, to ensure that people with mental illnesses are afforded the opportunity to live, work, learn and participate fully in their communities.

National Autism Center

Phone: 877-313-3833
E-mail: info@nationalautismcenter.org
Website: www.nationalautismcenter.org

The National Autism Center is May Institute’s center for the promotion of evidence-based practice. It is a nonprofit organization dedicated to serving children and adolescents with Autism Spectrum Disorders (ASD) by providing reliable information, promoting best practices, and offering comprehensive resources for families, practitioners, and communities. The Center identifies effective programming and shares practical information with families about how to respond to the challenges they face. It also conducts applied research and develops training and service models for practitioners, and works to shape public policy concerning ASD and its treatment through the development and dissemination of national standards of practice.

National Federation of Families for Children's Mental Health

9605 Medical Center Drive, Suite 280
Rockville MD 20850
Phone: 240-403-1901
Fax: 240-403-1909
Website: www.ffcmh.org

We are a national family-run organization linking more than 120 chapters and state organizations focused on the issues of children and youth with emotional, behavioral, or mental health needs and their families. It was conceived in Arlington, Virginia in February, 1989 by a group of 18 people determined to make a difference in the way the system works.

National Organization on Fetal Alcohol Syndrome (NOFAS)
NOFAS educates the public, practitioners, and policymakers about the risk of alcohol use during pregnancy and Fetal Alcohol Spectrum Disorders (FASD), the leading known preventable cause of brain damage, developmental disabilities, and birth defects, and a leading known cause of learning disabilities and behavioral problems in children, adolescents, and adults. On the NOFAS website you can find information and resources on FASD and the risks associated with drinking alcohol during pregnancy, and learn about the many facets of FASD and how NOFAS works to prevent the disorders and support individuals living with alcohol-related birth defects.

Northern Virginia Friends of NOFAS
Lydia Klene
E-mail: Klene.Lydia@outlook.com

PAH Providing Access to Healthcare for the Deaf & Hard of Hearing

1984 Opitz Blvd, Woodbridge, VA 22191
Phone: 703-496-7773
Phone: 866-240-4573
Email: info@pahdeaf.org
Website: http://pahdeaf.org/

www.facebook.com/ProvidingAccessHealthDeafCare

PAH provides advocacy services, community workshops, information referral and brochures on topics affecting Deaf individuals. Advocacy services include help navigating the system, self-advocacy training, applying for benefits (such as SSI/SSDI), amongst others. Community workshops are for the entire community and are always offered in both English and ASL. Workshops are on a variety of health topics and are geared toward the Deaf community. Information referral is providing resources for expanded information on Deafness and healthcare.

Parents of Autistic Children of Northern Virginia (POAC-NoVA)

P.O. Box 1839
Vienna, VA 22183
Phone: 703-391-2251
E-mail: President@POAC-NoVA.org
Website: www.poac-nova.org

POAC-NoVA works to improve the quality and quantity of education for students with autism within the Fairfax County Public Schools (FCPS). It holds a monthly parent support group and information meeting and it serves as a clearinghouse for research-based methodologies for instructing students on the autism spectrum, trains public and private school educators and parents in those methodologies, and advocates for students on the autism spectrum.
Spina Bifida Association of the National Capital Area

P.O. Box 523415
Springfield, VA 22152-5415
Phone: 703-455-4900
E-mail: mysbanca@gmail.com
Website: www.sbanca.org

The Spina Bifida Association facilitates monthly support groups which provide the opportunity to meet other members and share experiences. The Association runs a Loan Closet, which offers a variety of equipment and supplies; plans annual gatherings; furnishes a membership directory; and offers new parent outreach and individual support and assistance.

Tourette Syndrome Association of Greater Washington

5851 Deale Churchton Road, Suite 4
Deale, MD 20751
Phone: 410-867-1151
Fax: 301-681-4183
E-mail: info@tsagw.org
Website: www.tsagw.org

The mission of the Tourette Syndrome Association of Greater Washington (TSAGW) is to improve the quality of life in those affected by Tourette Syndrome through education, advocacy and awareness in Maryland, Virginia and Washington D.C.

Family Support and Education

Able to Learn, LLC

Elizabeth Yates, M.Ed., P.C.E.T., Program Director
12801 Worldgate Drive, Suite 500
Herndon, VA 20170
Phone: 703-625-2551
E-mail: abletolearnllc@gmail.com
Website: www.abletolearn.net

Able to Learn specializes in educational therapy, providing assessments and individual and small group therapy for students with learning disorders.
Academic Connections

PO Box 2852
Ashburn, VA 20146
Phone: 571-766-0454
Fax: 571-766-0452
E-mail: info@actutor.com
Website: www.actutor.com

Academic Connections offers professional in-home tutoring, special education consulting, academic testing and coaching, and advocacy for students with disabilities. They offer remedial reading programs such as Wilson, and home school consulting for students in kindergarten through college.

Achieve Beyond – Pediatric Therapy and Autism Services

11240 Waples Mill Rd. Suite 101
Fairfax, VA 22030
Phone: 703-237-2219
Fax: 703-237-2729
E-mail: metrodc@achievebeyondusa.com
Website: www.achievebeyondusa.com

Achieve Beyond, with a professional team including psychologists, program supervisors, instructors, board certified behavior analysts, and speech, occupational and physical therapists, develops an individualized program to teach communication, social/play skills, independence, appropriate behavior and pre-academic skills. They offer Parent Training, Therapy Services, Occupational and Physical Therapy, and Speech-Language Therapy.

ACPS (Alexandria City Public Schools) Special Education Family Resource Center

TC Williams High School
Minnie Howard Campus
3801 West Braddock Rd
Alexandria VA 22302
Phone: 703-824-0129
Email: janet.reese@acps.k12.va.us
Website: http://www.acps.k12.va.us/curriculum/special-education/prc/

The Anne R. Lipnick Special Education Family Resource Center serves the diverse families of children with disabilities in the Alexandria City community. We promote the understanding of the special education process, by conducting free workshops and training sessions. Parent support groups, individual support and consultations are also available. Our services are available at no charge to all residents of Alexandria with children ages 2 to 22, regardless of whether enrolled in public school, private school, preschool, or at home.
Autism Education Solutions

Tracey Greenwood
Phone: 703-232-1511
E-mail: tracey@autismedsolutions.com
Website: www.autismedsolutions.com

The mission of Autism Education Solutions, and Tracey Greenwood, its owner and founder, is to maximize the potential of all children with Autism Spectrum Disorders. They offer Social Skill Play and Leisure Groups, which are set up in the natural environment of a home or other mutually agreed upon space, and usually consist of a child with special needs and two typically developing peer models. Parents are encouraged to form the playgroups; Autism Educational Solutions can assist with networking as needed.

C. Adams Consulting Services, LLC

Catherine Adams
4031 University Dr., Suite 100
Fairfax, VA 22030
Phone: 571-405-3051
E-mail: adamsadhdcconsult@verizon.net
Website: www.adamsadhdcconsult.com

Catherine Adams, co-founder of the ADHD Resource Group of Northern Virginia, gives parent workshops and training sessions to educate professionals and support service organizations on the impacts associated with AD/HD.

ADHDC

Katherine Price
3727 N. Edison Street
Arlington, VA 22207
Phone: 703-217-8380
E-mail: Katherineprice@adhdc.com
Website: www.adhdc.com

ADHDC provides coaching to parents of kids with AD/HD and related disorders. Services include behavior plans, school advocacy, a plan of action, support, and connecting clients with the local resources.

All Can Read, LLC

Faune Marie Watkins, Executive Director
6829 Elm Street, Suite 240
All Can Read provides an intensive multisensory reading program for children with Dyslexia and other learning disabilities, using the Wilson Reading System.

**Arc of Greater Prince William**

13505 Hillendale Drive  
Woodbridge, VA 22193  
Phone: 703-670-4800  
Fax: 703-670-8648  
E-mail: info@arcgpw.org  
Website: www.arcgpw.org

The Arc of Greater Prince William is committed to promoting total community acceptance and awareness of individuals with developmental disabilities as contributing members of our society. Among its programs are INSIGHT, Inc. the residential component of The Arc, which offers adults with intellectual and developmental disabilities opportunities for personal growth and independence in a variety of supported living situations. The Muriel Humphrey Developmental Child Care Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. The Arc also provides a Parents Night Out Program and Respite Care.

**Arc of Loudoun County**

601 Catoctin Circle NE  
Leesburg, VA 20176-4964  
Phone: 703-777-1939  
E-mail: jlassiter@paxtoncampus.org  
Website: www.paxtoncampus.org/the-arc-of-loudoun

and

Steve Wolfsen  
P.O. Box 243  
Leesburg, VA 20178  
Phone: 703-777-1939  
E-mail: steve@thearcofloudoun.org  
Website: www.thearcofloudoun.org

The Arc of Loudoun County acts to support the inclusion and participation of individuals with intellectual and developmental disabilities in the community, providing resources and supports so that these individuals can make decisions about their own lives. Combined with the support of The Arc of Loudoun, the Paxton Campus has become a relentless promoter of disability rights.
for children throughout the community with special needs. The Paxton Campus has opened a preschool and also sponsors multiple programs, including ALLY Advocacy Center; Aurora School; Open Door Learning Center; and Maggie’s Closet.

**Arc of Northern Virginia**

2755 Hartland Road  
Falls Church, VA 22043  
Phone: 703-532-3214  
Fax: 703-208-0906  
E-mail: info@thearcofnova.org  
Website: www.TheArcofNoVa.org

The Arc of Northern Virginia works to educate legislators on issues and shape the policy that is important to people with intellectual and developmental disabilities and their families. The Arc advocates for increases in community-based funding in the General Assembly and in Fairfax, Falls Church, Arlington, and Alexandria. They offer programs and workshops for families and youth transitioning from school-aged services to adult community services, and they offer information and referral means for families to navigate the disability service system.

**Arlington County Department of Human Services**

2100 Washington Boulevard  
Arlington, VA 22204  
Gloria Starr, Coordinator, Project Family  
Phone: 703-228-1300  
Website: www.arlingtonva.us/departments/HumanServices/HumanServicesMain.aspx

The Arlington County Department of Human Services sponsors Project Family, a free early childhood education and parenting program for speakers of other languages as well as English-speaking Arlington residents (parents and children from pre-birth to age five). It also provides child protective services (703-228-1500), child care information (703-228-1685), and parent education resources (703-228-1550).

**Arlington Special Education PTA**

APS Special Education Parent Resource Center  
2110 Washington Blvd, Ste 158  
Arlington, VA 22204  
Website: www.arlingtonsepta.org

Arlington Special Education PTA, affiliated with the National PTA and the Virginia PTA, serves all children with special educational needs and their families in Arlington County.
ATTACH

P.O. Box 19122
Minneapolis, MN 55419
Phone: 1-612-861-4222
Fax: 1-612-866-5499
E-mail: questions@attach.org
Website: www.attach.org

ATTACH is an international coalition of professionals and families dedicated to helping those with attachment difficulties by sharing their knowledge, talents and resources. Children with attachment disorder, which can be triggered by abuse, neglect, abandonment, separation from birth parents, birth trauma, maternal depression, chronic illness, frequent moves and placements, and divorce, have difficulty in forming loving, lasting, intimate relationships. ATTACH provides an annual conference, membership directory, and other benefits to members and the public.

Autism Outreach Inc. (AOI)

Kellie O'Donnell
455 Spring Park Place, Suite 200A
Herndon, VA 20170
Phone: 703-689-0019
Fax: 703-689-0039
E-mail: kodonnell@autismoutreach.org
Website: www.autismoutreach.org

Autism Outreach develops individualized programs that best meet the needs of each child and strives to provide each family with support, guidance, and personalized consultation. Services include Applied Behavioral Analysis (ABA) Consultation and Therapy; IEP Development; Intensive Potty Training, Social groups, Parents Training Workshops, and Parents Night Out.

Autism Society of Northern Virginia (ASNV)

Sarah Peterson, Executive Director
98 N. Washington St.
Falls Church, VA 22046
Phone: 703-495-8444
Fax: 703-563-6099
E-mail: Info@asnv.org
Website: www.asnv.org

ASNV advocates for and provides support to the families and caregivers of individuals with autism in the Northern Virginia area. It ensures access to education, vocational training, housing, transportation and recreation; aids in the collection and dissemination of information
about autism to parents, professionals, policymakers, community leaders, employers and the
general public; and fosters and reinforces awareness and respect for the rights of autistic adults,
parents and siblings.

**Autumnleaf Group, Inc.**

Janine N. Harrigan, LGSW, LSW  
Chief Executive Officer  
8983 Hersand Drive, Suite 2  
Burke, VA 22015  
Phone: 703-658-7103 Ext. 102  
Fax: 703-426-7105  
E-mail: info@adoptattach.com  
Website: www.autumnleafgroup.com

Autumnleaf Group is an In-Home Services program offering home-based therapeutic and case
management services to children and families. Services offered include: Counseling;  
Individualized Treatment Plans; Skill Capacity Building; Case Management; Service  
Coordination; and Crisis Management Response Intervention. The Adoption Attachment  
Program offers therapeutic clinical services by qualified specialists using trauma and  
attachment-based principles.

**Bass Educational Services, LLC**

8304 Old Courthouse Road, Suite B  
Vienna, VA 22182  
Phone: 703-462-9299  
E-mail: info@basseducationalservices.com  
Website: www.BassEducationalServices.com

Bass Educational Services provides comprehensive college planning services for students with
learning differences, guiding families throughout the college selection and admissions process.  
Services include college and post-secondary planning, K-12 school placement, educational  
advising, and one-on-one standardized test preparation.

**Behavioral Care Services**

7340 Heritage Village Plaza, Suite 102  
Gainesville, VA 20155  
Phone: 703-398-1085  
Fax: 866-299-2424  
E-mail: info@behavioral-care.com  
Website: www.behavioral-care.com
Behavioral Care Services provides comprehensive psychological services to children and adolescents with learning disabilities, Attention Deficit/Hyperactivity Disorder (AD/HD), developmental delays, and emotional and behavioral problems.

**Bibb Cook Group, LLC**

7513 Republic Court #304  
Alexandria, VA 22306  
Phone: 866-372-5910  
Fax: 703-565-2846  
E-mail: thebibbcookgroup@gmail.com  
Website: www.bibbcookgroup.com/index.html

The Bibb Cook Group is a Special Education Advocacy group assisting parents with procuring educational and therapeutic supports. They conduct parent education and training, assessment and tutoring, and educational consultation.

**Dan Campbell, LCSW**

10560 Main Street, Suite 411  
Fairfax, VA 22030  
Phone: 703-352-3812  
E-mail: dancampbell@aol.com

This is a Clinical Social Work practice specializing in treating children with disabilities. Services include individual and family psychotherapy, communication with schools and other professionals, and referrals.

**Center for Autism & Related Disorders (CARD)**

5400 Shawnee Road, Suite 208  
Alexandria, VA 22312  
Phone: 703-750-0633  
Fax: 703-750-0655  
E-mail: info@centerforautism.com  
Website: www.centerforautism.com

CARD treats children with autism and related developmental disorders, providing information, training, supervision, and therapy services throughout the US and the world.
The Center for Family Involvement is a program of the Partnership for People with Disabilities at VCU. The Center works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead the lives they want. The Center operates a Parent to Parent Network in the state.

Child and Family Counseling Center (CFCC)

13649 Office Place, Ste. 102
Woodbridge, VA 22192
Phone: 703-670-5738
Fax: 703-670-8213
E-mail: drjcrist@aol.com
Website: www.cfcc.info

CFCC is a private mental health facility located in Prince William County, also serving clients in Northern Virginia (including Alexandria, Arlington, and Fairfax), Stafford, and Fredericksburg. They offer the following services: Individual, family, and couples therapy for children, adolescents, and adults; Psychiatric Evaluation and Medication Management; Psychological Testing--Intelligence, Personality, and Educational; Cognitive-Behavioral Therapy; and Substance Abuse/Addictions Assessment and Treatment. There is an after-hours emergency service for current patients who need to reach their therapist in the event of a psychiatric emergency.

Children’s Academic Resource & Educational Service (CARES)

Kellie Meehan, Educational Resource Consultant
Phone: 571-214-9401
E-mail: kellie.cares@gmail.com
Website: www.caresresources.blogspot.com

CARES provides information about, and access to, resources needed for parents to become advocates for their children. They help parents locate the appropriate resources, including Speech Therapists, Occupational Therapists, Coaches, Tutors, Psychologists and Psychiatrists, Reading Specialists,
Testers/Evaluators, Neurologists, Social Workers, Nutritionists, and Summer Camps. They help parents navigate the IEP/ISP and 504 Plan processes, and to obtain resources within the school system.

**Children's Speech Therapy Center (CSTC)**

44025 Pipeline Plaza Suite 105  
Ashburn, VA 20147  
Phone: 703-858-7388  
E-mail: info@childrens-speech.com  
Website: www.childrens-speech.com

CSTC specializes in pediatric speech and language development and provides evaluation and treatment of communication delays or disorders for children of all ages.

**Clinical Neuropsychology Services, LLC**

Amy M. Pacos, Psy.D.  
200 North Glebe Rd. Suite 1050  
Arlington, VA 22203  
Phone: 703-231-5117  
Fax: 703-875-0476  
E-mail: amympacos@hotmail.com  
Website: www.clinicalneuropsychologyservices.com

Dr. Pacos specializes in evaluation, therapy, and consultation services for children and adolescents.

**Coleman Therapy Center**

Catherine Coleman, Speech-Language Pathologist  
5709 Centre Square Drive  
Centreville, VA 20120  
Phone: 571-242-2489  
E-mail: jjccoleman@gmail.com  
Website: www.colemantherapycenter.com

Coleman Therapy Center (CTC) offers pediatric speech and language therapy. Most of the therapy program consists of either a 30 or 60 minute individual therapy session, which follows an individualized treatment plan based on the strengths and needs of each child. They also offer Reading Programs, Social Skills Groups, Fabulous Fridays for Children with Down syndrome, Hippotherapy, and The Listening Program.

During the summer, the Northern Virginia Therapeutic Riding Program (NVTRP) and CTC pair up for a week long summer camp which includes therapeutic horseback riding, group speech therapy, and gross/motor sensory play.
Continuum Autism Spectrum Alliance

1651 Old Meadow Road, Suite 600
McLean, VA 22102
Phone: 800-828-5659
Fax: 866-857-0246
E-mail: contact@autismspectrumalliance.com
Website: www.autismspectrumalliance.com

Continuum Autism Spectrum Alliance addresses the needs of those who present with signs or symptoms associated with Autism Spectrum Disorder and related developmental disabilities, providing a seamless continuum of care starting with diagnosis and extending through assessment and treatment.

Creative Health Solutions

3900 Jermantown Rd., Suite 150
Fairfax, VA 22030
Phone: 703-910-5006
Fax: 888-314-6706
E-mail: INFO@CreativeHealthLLC.com
Website: www.creativehealthllc.com

Creative Health Solutions focuses on pediatric special needs, including customized occupational, speech, and allied therapies. They also offer therapeutic social groups, care coordination, and advocacy.

Developmental Support Associates, LLC (DSA)

P.O. Box 7682
Silver Spring, MD 20907-7682
Phone: 301-588-7228
E-mail: george@developmentalsupport.com
Website: www.developmentalsupport.com

DSA is licensed by the Commonwealth of Virginia as an intellectual disability supportive in-home and community service provider for children, adolescents and adults. DSA services include: In-home respite; Community respite; Supported vacations; and In-home and community supports.
Dower and Associates, Inc.

Nikia Dower, MS, CCC-SLP/L, BCBA - Director
9845 Business Way
Manassas, VA 20110
Phone: 540-687-5412
Fax: 703-257-4841
E-mail: information@dowerandassociates.com
Website: www.dowerandassociates.com/

Dower and Associates, Inc. has a focus in speech/language, education, and behavior analysis. They deliver services throughout Prince William, Loudoun and select regions of Fairfax and Fauquier Counties. They specialize in the assessment and treatment of children, adolescents and adults diagnosed with Autism Spectrum Disorder and related developmental disabilities. They also specialize in the assessment and treatment of children and adolescents in the areas of receptive and expressive language delays and disorders, learning disabilities, and AD/HD.

Educational Connections, Inc.

Ann Dolin, President
3923 University Dr.
Fairfax, VA 22030
Phone: 703-934-8282
Fax: 703-934-1222
E-mail: info@ectutoring.com
Website: www.ectutoring.com

Educational Connections offers in-home tutoring for students in reading, writing, history and social sciences, math, science and foreign languages. The office also provides LD, GT, and ADHD students assistance with special education eligibility, IEPs and 504s, and testing and records reviews, and offers assessments in reading, writing, and math.

Barry Ekdom, Ph.D., P.C.

3040 Williams Drive, Suite 402
Fairfax, VA 22031
Phone: 703-573-3573
Fax: 703-573-3574
Website: www.barryekdomphd.com

Dr. Barry B. Ekdom is a clinical neuropsychologist who provides neuropsychological assessment and treatment in medical and educational settings.

Exceptional Children's Center
Exceptional Children’s Center offers pediatric Occupational Therapy, Physical Therapy, Speech Therapy, and Art Therapy.

**Patrice B.F. Garver, Ph.D.**

2915 Hunter Mill Road, Suite 21
Oakton, VA 22124
Phone: 703-281-6058
Fax: 703-938-6203
E-mail: drpatricegarver@drpatricegarver.com
Website: www.drpatricegarver.com

Dr. Garver specializes in working with children and adults with Attention Deficit/Hyperactivity Disorder (AD/HD), and the student population of the Gifted and Learning Disabled. She also specializes in psychological and psycho-educational consultation, parent and school consultation and home or school intervention programs.

**George Mason University (GMU) Center for Psychological Services**

10340 Democracy Lane, Suite 202
Fairfax, VA 22030
Phone: 703-993-1370
E-mail: psycclin@gmu.edu
Website: www.psyclinic.gmu.edu

The GMU Center for Psychological Services provides comprehensive psycho-educational assessments for children and adolescents to assess for Attention-Deficit/Hyperactivity Disorder, Learning Disorders, cognitive and academic strengths and weaknesses. The specific measures included in the assessment differ depending upon the individual needs of the client and the preferred assessment strategies of the supervisor.

**Greenbriar Learning Center**

5401 S. 7th Road South
Arlington, VA 22204
The Greenbrier Learning Center (GBLC) works with the children and families of the Columbia Heights West and Village Pike Neighborhoods at two sites, Greenbrier Baptist Church and Virginia Gardens Apartments, and serves children from Carlin Springs, Campbell, Claremont, and Randolph Elementary schools. Through its afterschool program, Learning ROCKS!, GBLC provides academic support through tutorials, homework help, and other activities that challenge the children to learn and explore new subjects. Learning ROCKS! also focuses on strengthening the interpersonal skills of the children and giving them hands-on experiences.

**Growing Kids Therapy Center**

722 Grant St., Suite K  
Herndon, VA 20170  
Phone: 703-464-0456  
Fax: 703-464-0457  
Website: [www.growingkidstherapy.com](http://www.growingkidstherapy.com)

Growing Kids Therapy offers pediatric speech, diagnostic and therapeutic services for children of all ages. Services include developmental and speech-language screenings for toddlers and preschoolers, speech-language evaluations, language, cognitive, and academic evaluations. They also offer various tutoring services, including social skills, and math and reading remediation, as well as IEP and educational consulting.

**Ruth Heitin, Ph.D., Educational Consulting Services**

725 North Alfred St.  
Alexandria, VA 22314  
Phone: 703-519-7181  
Fax: 703-519-4737  
Website: [www.educationalconsultingva.com](http://www.educationalconsultingva.com)

Dr. Heitin, in cooperation with teachers, guidance counselors and pediatricians, provides assistance to children to ensure the best educational program and support system for each child. Dr. Heitin facilitates awareness training programs for educational professionals and assists them in creating programs for specific children. Assessment services include psycho-educational assessment, support for special education needs, stress reduction, and attention deficit disorder assessment. She also trains parents in advocacy.

**Independent School Options**
Leigh Ann Cahill, Director
218 North Lee Street, Suite 323
Alexandria, VA 22314
Phone: 703-671-8316
Fax: 703-997-8438
E-mail: lacahill@independentschooloptions.com
Website: www.independentschooloptions.com

Independent School Options provides educational guidance for families through school placement and consulting. Services Include: Educational Planning and Problem Solving; Day and Boarding School Placement; and Special Needs and Therapeutic Program Assistance. Referrals are made for: Testing; Tutoring; Special Needs Training/Therapy/Counseling; and Legal and Financial Assistance.

Jewish Social Service Agency (JSSA)

3018 Javier Road
Fairfax, VA 22031
Phone: 703-204-9100
Fax: 703-204-9590
E-mail: info@jssa.org
Website: www.jssa.org

JSSA works with children and teens with special needs, proving evaluation and treatment, counseling and therapy, and social skills groups. JSSA has offices in Bethesda, Gaithersburg, Rockville, Silver Spring and Fairfax, VA.

Jill’s House

9011 Leesburg Pike
Vienna, VA 22182
Phone: 703-639-5660
E-mail: info@jillshouse.org
Website: www.jillshouse.org

Jill’s House celebrates special needs children (ages six through seventeen) with intellectual disabilities without regard to race, religion, or ethnicity, and provides relief to their families. Jill’s House provides a safe, fun place full of adventure and tailor-made activities to children with special needs while giving their parents and caregivers time to rest and recharge. To ensure that parents and caregivers get a real break, typical siblings are welcome to stay at Jill’s House. Jill’s House is an integrated auxiliary of McLean Bible Church.
Kellar Institute for Human disAbilities (KIHD), Kellar Library

George Mason University
4400 University Drive, MS4D1
Fairfax, VA 22030
Librarian - Jackie Kinder Petersen
Phone: 703-993-3672
E-mail: jpetersk@gmu.edu
Website: www.kihd.gmu.edu

KIHD seeks to improve the lives and productivity of persons with disabilities. It combines the resources of George Mason University (GMU) with local, state, regional, national, public, and private sector agencies and organizations to develop products, services, and programs for persons with disabilities. The Kellar Library is a collaborative effort between the KIHD, the Virginia Department of Education’s Training and Technical Assistance Centers (T/TAC), and George Mason University. The library collection consists of almost 4,000 items including books, software, videos, assessment materials, assistive technology devices, journals, kits, textbooks, and reference materials covering disabilities and special education-related topics.

Dorothy Lange, M.S. Ed

2431 Inglewood Ct.
Falls Church, VA 22043
Phone: 703-204-4545
E-mail: lange.dorothy@gmail.com

Dorothy Lange is an educational diagnostician and therapist specializing in reading disabilities. She offers intensive, individualized research based reading programs for students who are struggling with reading or who are not reading to their potential.

Lead Changes Therapy Service, Inc.

42395 Ryan Road, Suite 112-109
Ashburn, VA 20148
Phone: 703-943-0566
E-mail: info@leadchangestherapy.com
Website: www.leadchangestherapy.com

Lead Changes Therapy offers direct care and consulting services to all ages, specializing in Aquatic Therapy and Community Inclusion in the Northern Virginia area. They also offer Team Building Workshops, Parents with Children with Disabilities Workshops, and Rehabilitative Fitness Plans.
L.E.A.P. Ahead, Inc.

10686 Crestwood Drive (Suites A & B)
Manassas, VA 20109
Phone: 703-392-6166
Fax: 703-392-3885
E-mail: info@leapahead.org
Website: www.leapahead.org

L.E.A.P. Ahead provides therapy and consultations to children ranging from the ages of 18 months to 16 years of age who have been diagnosed with Autistic Spectrum Disorder and other related disorders. They work in a variety of settings including within the home, their office, and supporting public and private schools. They focus on the implementation of Applied Behavior Analysis (ABA), with an emphasis in Verbal Behavior (VB).

Loudoun County Nurturing Parent Program

105 E. Market Street
Leesburg, VA 20176
Phone: 703-771-3973, Ext. 27
E-mail: nurturingprogram@lcsj.org
Website: www.lcsj.org/services/nurturing-parenting-program

The Nurturing Program is a series of parenting classes offered by the Loudoun Citizens for Social Justice/LAWS. The classes focus on child/adolescent development, strategies for increasing the child’s self-esteem, effective methods to address problem behaviors, and ways to promote positive family interactions.

McLean Bible Church, Access Ministry

Access Ministry
8925 Leesburg Pike
Vienna, VA 22182
Phone: 703-639-2000
Fax: 703-639-5680
Website: www.mbctysons.org/access

Access Ministry is McLean Bible Church’s ministry for individuals with disabilities and their families. Access Ministry serves the community by equipping people with disabilities and their families to become full participants and contributors in the church and their community. Jill's House is an integrated auxiliary of McLean Bible Church established for the purpose of providing care and support to children with special needs and their families through overnight respite and therapy programs without respect to race, gender, creed or religious preference.
MindWell provides testing and therapy services for children, teens, and adults. Services include consultation, psycho-educational testing, emotional and developmental testing, and in-school observation.

Mindworks Educational Services

Mindworks has over one hundred state-certified, experienced teachers providing in-home tutoring in the Northern Virginia area. They provide one-to-one tutoring to students of all ages, in all subjects, including standardized test preparation and educational coaching.

National Alliance on Mental Illness (NAMI) – Northern Virginia

NAMI-NoVA is an association of volunteers who provide support and education to people with mental illnesses and their families. They advocate to the community, and public officials, to ensure that people with mental illnesses are afforded the opportunity to live, work, learn and participate fully in their communities.

New Focus Coaching, LLC

Rebecca Wheeler, AD/HD Coach
201 King Suite, Suite 305
Alexandria, VA 22314
Phone: 703-980-0809
New Focus Coaching works with students with AD/HD to provide strategies, skills and support to maximize organization and productivity at home and school. They also offer parent coaching to help create a home life that bolsters the AD/HD child and supports the entire family. Coaching is offered in person, by phone or by Skype.

**Northern Virginia Family Service (NVFS), Healthy Families Program**

HF Alexandria,
Maria Gonzalez
Phone: 571-748-2851

HF Arlington
Elizabeth Willingham
Phone: 571-748-2712

HF Fairfax
Nancy Newman
Phone: 703-533-5317

HF Fairfax
Tiffani Peguese
Phone: 703-388-1393

HF Prince William
Mandi Fisher
Phone: 571-748-2608


The NVFS Healthy Families Programs provides free services to pregnant women and first-time parents. This program works with children age 0-3 years. Healthy Families is affiliated with Healthy Families America, an initiative of Prevent Child Abuse America. NVFS Healthy Families offers programs in the following areas: Alexandria, Arlington, Fairfax and Prince William. Healthy Families provides two main types of services to families in the program: Family Assessment and Home Visits.

**Northern Virginia Family Service (NVFS), Therapeutic Respite Care**

Ginny Snaider, LCSW
Training and Placement Supervisor
Phone: 571-748-2557
Therapeutic Respite Care pairs children having special needs (behavioral, emotional, or physical) with a specially trained family for regular visits. During the visits to the respite home, the child is provided a continuation of their therapeutic plan. Simultaneously, the visits allow the parents of the child to recuperate from the physical and emotional demands that come from raising their child.

Northern Virginia Urban League, Resource Mother’s Program

1315 Duke Street
Alexandria, VA 22314
Phone: 703-836-2858
Fax: 703-836-8948
E-mail: v.king@nvul.org, Vickey King
Website: www.nvul.org/resourcemothersprogram.htm

The Alexandria & Fairfax Resource Mothers Programs provide a combination of social support, education, and practical assistance to teens as they experience pregnancy and make the transition to parenthood. Key primary program goals are the reduction of infant mortality and increasing access to early, regular prenatal care. Comprehensive support services commence during the early stages of the prenatal period and continue through the child's first birthday.

Parent Educational Advocacy Training Center (PEATC)

100 N Washington St., Suite 234
Falls Church, VA 22046-4523
Phone: 703-923-0010
Fax: 1-800-693-3514
E-mail: partners@peatc.org
Website: www.peatc.org

PEATC works collaboratively with families, schools, and communities to develop, communicate, and disseminate state-of-the-art education, training, outreach, and support services for children (particularly children with disabilities), their families, and the professionals who serve them. The PEATC website offers a wealth of information about special education, parent involvement and advocacy, links to resources, and parent information resources.

Parenting by Heart

Rachel Bailey, M.A., CPDPE
Phone: 703-309-9131
Email: Rachel@ParentingbyHeart.net
Website: www.ParentingbyHeart.net
Parenting by Heart is a respect-based approach to raising confident, responsible children. Parenting by Heart offers individual, couple and family programs, including *90 Days to Calm and Connection in Your Family*, created specifically for parents and caregivers who want to handle power struggles, strong emotions, and other frustrating behavior from a place of calm and connection.

**Preemies Today**

P.O. Box 523525  
Springfield, VA 22152  
Phone: 703-229-0835  
E-mail: info@preemiestoday.org  
Website: www.preemiestoday.org

Preemies Today is a non-profit organization whose mission is to offer outreach and support programs to families affected by prematurity; programs start at birth and continue throughout childhood.

**Prince William County Public Schools Parent Resource Center**

14715 Bristow Road, Manassas, VA  
Phone: 703-791-8846  
TTD: 703-791-8847  
Fax: 703-791-8039  
Email: howartmj@pwcs.edu  
Email: bamaher@pwcs.edu

The Parent Resource Center offers training, information and assistance, free of charge, including direct assistance to parents/guardians: listening, problem-solving, providing resources; and information sessions for parents, school staff and community promoting parent/professional partnerships.

**Professional Education and Respite Service**

22 North Cameron St. Suite 1  
Winchester, VA 22601  
Phone: 540-431-5641  
Fax: 540-431-5628  
Email: misterk@thePERS.com  
Website: www.thePERS.com
PERS is an in-home service provider assisting families with children who have special needs. We are licensed by the Department of Behavioral Health and Developmental Services, and are a Medicaid provider for the Early Periodic Screening Diagnostic Treatment (EPSDT) Applied Behavior Analysis (ABA) Behavior Therapy program. We help with Behavioral Skills, Daily Living Skills, Life Skills, Communication, and provide academic and vocational training.

**Psych Ed Coaches**

Phone: Coaching: 571-289-9729  
Phone: Testing : 703-314-5267  
E-mail:info@psychedcoaches.com  
Website: www.psychedcoaches.com

Psych Ed Coaches provide diagnosis and coaching for children, teens, adults, and parents. It offers services to clients struggling with AD/HD or similar problems in executive functioning such as: AD/HD & Executive Function Coaching for individuals; Parent/Family Coaching to help educate parents and families about what they can do to navigate life with AD/HD; and Testing and Psychological Assessment for children, teens and adults who have interest in learning of a possible mental health diagnosis or gaining IEP/504 or SAT/ACT accommodations.

**Sensory Motor Integration (SMI) Therapy**

7171 New Market Court  
Manassas, VA 20109  
Phone: 703-392-5055  
Fax: 703-361-1906  
Website: www.gmskids.com/sensory

Sensory Motor Integration addresses the needs of children who suffer from various developmental delays, low muscle tone, dyspraxia, and attention deficits. By incorporating methodologies of sensory integration and perceptual motor development, the SMI approach enables children to sequentially and successfully acquire motor capabilities and motor planning skills. The program uses sensory integration as a means to regulate and network the nervous system, and motor development as the vehicle to achieve physical, cognitive, neuromuscular, and body awareness capabilities.

**SleepLady**

Kim West LCSW-C  
Phone: 410-975-5765  
Fax: 443-927-2722  
E-mail: assistant@sleeplady.com
Kim West is a licensed clinical social worker who provides advice to help babies sleep through the night, including through her book, *Good Night, Sleep Tight*.

**Virginia M. Smith, Ph.D. PLLC**

380 Maple Ave W, Ste 303b  
Vienna, VA 22180  
Phone: 703-938-5234  
E-mail: virginiasmith@verizon.net  
Dr. Virginia Smith is a Clinical Child & Adolescent Psychologist who does psycho-educational testing.

**Stop Child Abuse Now (SCAN) of Northern Virginia**

1705 Fern Street, 2nd Floor  
Alexandria, VA 22302  
Phone: 703-820-9001  
Fax: 703-820-9002  
E-mail: info@scanva.org  
Website: [www.scanva.org](http://www.scanva.org)  

SCAN’s Parent Education Program provides direct support, education and resources to parents and caregivers across Northern Virginia. SCAN offers a series of classes in both English and Spanish using the Nurturing Parenting Program® curriculum that helps families learn how to care for one another. In these classes, participants learn about child development, how to communicate physical and emotional needs, establishing routines for regular family activities, effective discipline methods, handling stress, and building family cohesion. They also offer educational parent support groups, developmental play groups, and parenting workshops.

SCAN also offers a Parent Resource Center ([www.scanva.org/parent_resource_center.htm](http://www.scanva.org/parent_resource_center.htm)), which provides tips, resources and support that can help improve positive parenting skills.

**Tochterman Muir Educational Consulting, LLC**

Dr. Suzie Muir  
1489 Chain Bridge Road, Suite 203  
McLean, VA 22101  
Phone: 703-728-8676  
E-mail: smuir@testingld.com  
Website: [www.testingld.com](http://www.testingld.com)
Tochterman Muir provides evaluation, diagnosis, and recommendations for services and accommodations for students (elementary through graduate school) with learning disabilities and/or hyperactivity disorder.

**T/TAC Online**

Email: vafam1@gmu.edu  
Website: www.ttaconline.org

T/TAC is an online community to help link people and resources to help children and youth with disabilities.

**T-TEN Services**

P.O. Box 794  
Asburn, VA 20146  
Phone: 703-574-0350  
Website: www.ttenservices.com

T-Ten specializes in teaching children with Autism Spectrum Disorders, Pervasive Developmental Disorders, AD/HD, and a variety of non-categorical behavioral and learning disabilities, offering individualized Applied Behavior Analysis-based programs in the home, community, and school setting.

**TutorExcel**

1615 North Queen Street, M604  
Arlington, VA 22209  
Phone: 703-400-4138  
Fax: 888-618-5533  
E-mail: tutoring@tutorexcelonline.com  
Website: www.tutorexcelonline.com

TutorExcel provides one-on-one private tutoring lessons personally designed to meet a student’s specific needs. They serve all ages (Pre-Kindergarten to Adult) in all subjects.

**Unique Steps, LLC**

Kim Wood, M.A.T.  
4609 Ferry Landing Road  
Alexandria, VA 22309  
Phone: 703-856-5563
Unique Steps is a special education consulting company specializing in case management, advocacy, social integration, and remediation.

**Virginia Cooperative Extension Family Focus**

VCE Family Focus - Grafton  
St. Mark Lutheran Church  
118 Old York-Hampton Hwy.  
Yorktown, VA 23692  
Phone: 757-898-2945  
VCE Family Focus - Williamsburg  
York River Baptist Church  
8201 Croaker Road  
Williamsburg, VA 23188  
Phone: 757-566-9777  
Website: [www.familyfocusva.org](http://www.familyfocusva.org)

VCE Family Focus is an organization that provides support and strengthens families and promotes the well being of children through community-based and culturally sensitive prevention services. Family Focus provides an array of services to families, including parent education classes, support groups for parents and caregivers, home visits, teen parent support within the schools, preschool programs, and parent-child interactive learning groups.

**Virginia Family Special Education Connection**

Website: [http://vafamilysped.org](http://vafamilysped.org)

The goal of this website is to provide a one-stop-shop for parents, families and caregivers of children with special needs to learn about and plan your child's educational program, understand your legal rights and responsibilities, access local resources including school system contacts and disability services in your community, and to access an abundance of resources, including instructional strategies, assistive technology and behavioral supports to help your child succeed.

**Virginia Tutoring Services**

Phone: 703-481-8345  
E-mail: vatutors@virginiatutoring.com  
Website: [www.VirginiaTutoring.com](http://www.VirginiaTutoring.com)
Virginia Tutoring provides tutoring services for all ages and in all subjects, at your home or office. They also offer SAT/ACT test preparation, languages, and study/organizational skills.

Voices for Virginia’s Children

701 East Franklin Street, Suite 807
Richmond, VA 23219
Phone: 804-649-0184
E-mail: info@vakids.org
Website: www.vakids.org

Voices for Virginia’s Children is a statewide, privately funded, non-partisan policy research and advocacy organization that champions policies and practices that improve the lives of children. Voices’ Family Economic Success work focuses on promoting family self-sufficiency, school readiness and success, and community economic strength by mobilizing broad support for funding to increase access to quality child care for low-income working parents.

Voices also advocates to reform the foster care system in Virginia so that children in foster care have the opportunity to build permanent family connections and have the supports needed to successfully transition to productive adulthood. Voices for Virginia’s Children has recently released a report, A Portrait of Virginia’s Child Welfare System, highlighting the latest Virginia data on child maltreatment and foster care, including data on foster care children with disabilities as well as racial disparities in Virginia’s foster care system.

Waddell Group

1952 Gallows Road, St 102
Vienna, VA 22182
Phone: 703-881-9173
Fax: 703-881-9174
Website: www.raymondjames.com/waddellgroup

The Waddell Group are financial advisors who seek to help families with special needs achieve financial security, providing independent financial planning for those who have a loved one with a disability.

Weinfeld Education Group

104 Northwood Avenue
Silver Spring, MD 20901
Phone: 301-681-6233
Fax: 301-593-3333
E-mail: weinfeld@comcast.net
Rich Weinfeld and his group of educational consultants advocate for services for children with learning difficulties, and provide training and consultation to schools and parents.

**WISE Educational Services**

Amy Fortney Parks, LPC  
722 Timber Branch Drive  
Alexandria, VA 22302  
Phone: 703-919-2021  
E-mail: amy@wise-edservices.com  
Website: www.wise-edservices.com

Wise Educational Services provides clinical and assessment services, including individual and group counseling, ADHD assessment and coaching, psycho-educational assessment, and working memory training.

**Wise Guide Educational Counseling, LLC**

Caren Appel, M.A.  
431 West Street NW  
Vienna, VA 22180  
Phone: 703-678-9981  
E-mail: cappel@WiseGuideVA.com  
Website: www.wiseguideva.com

Wise Guide is dedicated to helping children and their families reach their full potential, aiding children with testing anxiety, providing methods to improve executive functioning issues, and helping families come to terms with variegated learning difficulties. Services offered include: Academic Tutoring and Emotional Support; Educational Consulting; Study Skills and Executive Functioning Management; Strategies for Alleviating Anxiety; and College Admissions Guidance.

**WrightsLaw**

Pete and Pam Wright  
P. O. Box 1008  
Deltaville, VA 23043  
E-mail: webmaster@wrightslaw.com  
Website: www.wrightslaw.com

WrightsLaw provides extensive information and training about special education law (including information about the Individuals With Disabilities Education Act (IDEA 2004)), education law,
and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter (*Special Ed Advocate*), and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

**Legal Advocates/Legal Resources**

**Sheri R. Abrams, Esq.**

400 S Maple Ave., Suite 210  
Falls Church, VA 22046  
Phone: 703-536-7778  
Fax: 703-536-2452  
E-mail: srabrams@nmpattorneys.com  
Website: www.sheriabrams.com


**Academic Connections**

PO Box 2852  
Ashburn, VA 20146  
Phone: 571-766-0454  
Fax: 571-766-0452  
E-mail: info@actutor.com  
Website: www.actutor.com

Academic Connections offers professional in-home tutoring, special education consulting, academic testing and coaching, and advocacy for students with disabilities. They offer remedial reading programs such as Wilson, and home school consulting for students in kindergarten through college.

**Bibb Cook Group LLC**

7513 Republic Court #304  
Alexandria, VA 22306  
Phone: 866-372-5910
The Bibb Cook Group is a Special Education Advocacy group assisting parents with procuring educational and therapeutic supports. They conduct parent education and training, assessment and tutoring, and educational consultation.

**William Brownley, Esq.**

11710 Plaza America Drive, Suite 2000  
Reston, VA 20190  
Phone: 703-758-5562  
Fax: 703-758-5561  
E-mail: BillBrownley@Brownleylaw.com  
Website: www.brownleylaw.com

The law firm of William Brownley, Esq. specializes in education law and advocacy. It serves the Washington metropolitan area, providing integrated educational services from advocacy to legal representation.

**Wendy Carria, Licensed School Psychologist**

380 Maple Avenue West, Suite 303B  
Vienna, VA 22180  
Phone: 703-938-5234, Ext. 3  
Fax: 703-938-2949  
E-mail: wendycarria@aol.com

Wendy Carria is a licensed and nationally certified school psychologist who provides a variety of services to youth, from preschool to college age. She conducts comprehensive psycho-educational testing, counsels young people, and consults with parents and teachers. In addition, she works as a psychologist specialist within the public schools and facilitates the process of attaining services and accommodations in schools and colleges.

**Cohen, Dowd & Madsen, LLC**

P.O. Box 422  
Vienna, VA 22183  
Maxine F. Cohen, M.Ed.-Advocate/Coach  
Phone: 703-973-5510  
Kathy J. Dowd, M.Ed.-Advocate/Coach  
Phone: 571-283-9400
Cohen, Dowd & Madsen are advocates who are focused on serving the needs of parents of special education students who attend public and private schools, and the needs of special education students educated in inclusive settings from elementary school through college. They will review educational history, assess educational progress, facilitate effective communication between school and home, suggest appropriate educational services, interpret available educational testing and test reports, discuss appropriate placement options, assist in preparing for the IEP program meeting and accompany parents to the meeting, and review IEP documents before they are signed. They also provide academic coaching/tutoring services.

**disAbility Law Center of Virginia**

1910 Byrd Avenue, Suite 5  
Richmond, VA 23230  
Phone: 804-225-2042 (Voice/TTY) or 800-552-3962 (Voice/TTY) (Toll-Free in Virginia)  
E-mail: info@dlcv.org  
Website: [www.disabilitylawva.org](http://www.disabilitylawva.org)

The disAbility Law Center of Virginia seeks to protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities. It helps with disability-related problems like abuse, neglect, and discrimination and also helps people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems, targeted in program goals, may also receive advocacy services and/or legal representation.

**Equal Rights Center**

11 Dupont Circle N.W., Suite 450  
Washington, DC 20036  
Phone: 202-234-3062  
Fax: 202-234-3106  
Website: [www.equalrightscenter.org](http://www.equalrightscenter.org)

The Equal Rights Center, joined by the Disability Rights Council and its membership, protects the civil rights of persons with disabilities. Through its Disability Rights Program, the Center advocates the right of all people with disabilities to have equal access in all aspects of their lives.
Lisa Fagan, Esq.

Phone: 571-331-5626  
E-mail: fagan6@cox.net  
Website: www.lisafaganlaw.com

Lisa Fagan is an advocate in the areas of special education and disability rights, advocating for services under IDEA and section 504 for students with disabilities. She has represented clients in school disciplinary hearings and counseled clients regarding disability rights and benefits.

Ruth Heitin, Ph.D., Educational Consulting Services

725 North Alfred St.  
Alexandria, VA 22314  
Phone: 703-519-7181  
Fax: 703-519-4737  
Website: www.educationalconsultingva.com

Dr. Heitin, in cooperation with teachers, guidance counselors and pediatricians, provides assistance to children to ensure the best educational program and support system for each child. Dr. Heitin facilitates awareness training programs for educational professionals and assists them in creating programs for specific children. Assessment services include psycho-educational assessment, support for special education needs, stress reduction, and attention deficit disorder assessment.

Legal Services of Northern Virginia (LSNV)

Main Office (additional offices in Arlington, Fairfax, Alexandria, Prince William, Loudoun)  
4080 Chain Bridge Road First floor  
Fairfax Virginia 22030  
Phone: 703-778-6800  
Fax: 703-778-4790  
E-mail: help@lsnv.org  
Website: www.lsnv.org

LSNV provides free legal assistance to children from low-income families in Northern Virginia. It advocates for disadvantaged children and their families in the areas of education, special education, health, child welfare, disabilities, custody and more.

Loudoun Citizens for Social Justice/ Laws

105 East Market Street  
Leesburg, VA 20176
Phone: 703-771-3398  
Fax: 703:771:7865  
Email: laws@lcsj.org  
Website: www.lcsj.org

24 hour crisis line provides crisis counseling & information to persons in physical and/or emotional danger because of domestic violence & sexual assault.

**Moms In Motion, LLC**

Keri Ayres  
1152 Happy Ridge Drive  
Front Royal, VA 22630  
Phone: 800-417-0908 ext 101  
Fax: 703-468-4958  
E-mail: Keri@MomsInMotion.Net or Info@MomsInMotion.Net  
Website: www.MomsInMotion.Net

Moms in Motion is a consumer directed VA Medicaid waiver service facilitation (EDCD, ID & DD Waivers) and case management provider (DD/IFDDS Waiver). Their mission is to enhance the outcome for all clients by using person centered practices while providing superior service, sharing resources, and continually expanding knowledge and networking. Primary areas of growth include advocating in the school systems for younger clients and assisting young adults with transition to independence.

**Psychological Associates**

Dr. Browen Rankin Ph.D.  
313 Park Avenue, Suite 203  
Falls Church, VA 22046  
Phone: 703-424-2909  
Fax: 703-859-7675  
Email: browenrankin@gmail.com  
Website: www.novapsychology.com

Dr. Risa Broudy, Ph.D.  
2125 G Street NW  
Washington, DC 20052  
Phone: 703-965-7477  
Fax: 703-859-7675  
Email: rbroudy@gmail.com

Psychological Associates specialize in assessment, conducting psychological and psycho-educational testing. They also conduct psychotherapy for older children, adolescents, and adults,
using cognitive-behavioral approaches and evidence-based treatments. In addition, they provide consultation to parents, schools, and organizations.

**Law Offices of William B. Reichhardt & Associates**

4020 University Drive, Suite 222  
Fairfax, VA 22030  
Phone: 703-359-6060  
Fax: 703-359-6065  
E-mail: wbr@wbrlaw.com  
Website: www.wbrlaw.com

The Law Offices of Reichhardt & Associates concentrate on issues involving family law, school law, special education, mental health, criminal defense, and juvenile law. They serve Fairfax County, Loudoun County, Prince William County and the Counties of Arlington and Stafford as well as the cities of Alexandria and Falls Church. They handle school disciplinary hearings, special education planning and appeals, and supportive advocacy for all levels of mediation and alternative dispute resolution.

**Laurie J. Smith, Licensed School Psychologist**

380 Maple Avenue, West, Suite 303 B  
Vienna, VA 22180  
Phone: 703-938-5234, Ext. 4  
Fax: 703-938-2949  
E-mail: info@lauriesmithpsych.com  
Website: www.lauriesmithpsych.com

Ms. Smith is a licensed school psychologist who serves as an advocate to families and youngsters as they navigate through the special education process, and supports parents on how best to access educational resources due to their child’s learning, attentional, behavioral, social, and/or emotional needs. She conducts comprehensive psycho-educational evaluations and offers therapeutic counseling services for youngsters who are struggling with academic, behavioral, attentional, medical, social and/or emotional issues.

**Law Office of Alexander Soroko, Esq.**

Three Ballston Plaza, Suite 1010  
1100 North Glebe Road  
Arlington, VA 22201

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The law firm of Alexander Soroko provides assistance on legal issues for those with disability needs in the following areas: special education law; school discipline; due process hearings; IDEA FAPE IEP MDR 504; disability estate planning; special needs trusts; health care directives; power of attorney letters; living trusts; wills; guardianships; conservators; Medicaid health insurance; and social security supplemental income.

**Thompson and Wildhack, PLC**

6045 Wilson Boulevard, Suite 101  
Arlington, VA 22205  
Phone: 703-237-0027  
Fax: 703-237-0082  
Website: [www.kellythompsonlaw.com](http://www.kellythompsonlaw.com)

Thompson Wildhack, PLC is a law firm located in Arlington, Virginia providing professional legal representation primarily in the areas of estate planning, special needs planning, guardianship and conservatorship, elder law, and estate and trust administration to individuals in Northern Virginia and the District of Columbia.

**Law Office of Michael D. Toobin, PC**

7006 Little River Turnpike, Suite G  
Annandale, VA 22003  
Phone: 703-354-7700  
Fax: 703-941-3291  
E-mail: mtoobin@toobinlaw.net  
Website: [www.toobinlaw.vpweb.com/default.html](http://www.toobinlaw.vpweb.com/default.html)

The Law Office of Michael Toobin provides estate planning services, including estate planning for families with children who have special needs.

**Unique Steps, LLC**

Kim Wood, M.A.T.  
4609 Ferry Landing Road  
Alexandria, VA 22309  
Phone: 703-856-5563  
E-mail: info@uniquestepsllc.com.
Unique Steps is a special education consulting company specializing in case management, advocacy, social integration, and remediation.

**Weinfeld Education Group**

104 Northwood Avenue  
Silver Spring, MD 20901  
Phone: 301-681-6233  
E-mail: weinfeld@comcast.net  
Website: www.weinfeldeducationgroup.com

Rich Weinfeld and his group of educational consultants advocate for services for children with learning difficulties, and provide training and consultation to schools and parents.

**WrightsLaw**

Pete and Pam Wright  
P. O. Box 1008  
Deltaville, VA 23043  
E-mail: webmaster@wrightslaw.com  
Website: www.wrightslaw.com

WrightsLaw provides extensive information and training about special education law (including information about the Individuals With Disabilities Education Act (IDEA 2004)), education law, and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter (*Special Ed Advocate*), and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

**Medical and Health Care Resources**

**American Childhood Cancer Society**

American Childhood Cancer Organization  
National Office  
P.O. Box 498  
Kensington MD 20895-0498  
Phone: 301-962-3520  
Fax: 301-962-3521  
Website: [http://acco.org](http://acco.org)
American Childhood Cancer Organization's mission is to address the needs of families through programs that emphasize information, advocacy, awareness, and research. It supports families both directly and through our affiliation with local organizations, and work toward a better tomorrow for our children and adolescents.

Blue Ridge Speech & Hearing Center

19456 Deerfield Avenue, Suite 201
Landsdowne, VA 20176
Phone: 703-858-7620
Fax: 703-858-7657
E-mail: info@speechhearing.org
Website: www.speechhearing.org

Blue Ridge Speech & Hearing Center is a nonprofit providing Audiological Services, Speech Therapy, and Occupational Therapy to Loudoun County’s residents in need. Discounted or subsidized treatment for people with speech, language, hearing, and developmental challenges is available. The Audiology department offers an array of services to help protect hearing, diagnose hearing loss, and assist in all hearing healthcare. The clinic works with several hearing aid manufacturers to provide patients with a variety of options including different levels of technology, sizes, and costs. In addition the clinic uses the Fast ForWord Therapy Program, a computer based therapy program that "retrains" the brain to improve language skills.

Children's Speech Therapy Center (CSTC)

Curtis Waters
44025 Pipeline Plaza Suite 105
Ashburn, VA 20147
Phone: 703-723-7270
E-mail: info@childrens-speech.com
Website: www.childrens-speech.com

CSTC specializes in pediatric speech and language development, and provides evaluation and treatment of communication delays or disorders for children of all ages.

Coleman Therapy Center (CTC)

Catherine Coleman, Speech-Language Pathologist
The Coleman Therapy Center
5709 Centre Square Drive
Centreville, VA 20120
Phone: 571-242-2489
E-mail: jjccoleman@gmail.com
Coleman Therapy Center (CTC) offers pediatric speech and language therapy. Most of the therapy program consists of either a 30 or 60 minute individual therapy session, which follows an individualized treatment plan based on the strengths and needs of each child. They also offer Reading Programs, Social Skills Groups, Fabulous Fridays for Children with Down syndrome, Hippotherapy, and The Listening Program.

The Northern Virginia Therapeutic Riding Program (NVTRP) and CTC pair up for a week-long summer camp which includes therapeutic horseback riding, group speech therapy, and gross/motor sensory play.

**Continuum Pediatric Therapy**

1651 Old Meadow Road Suite 600  
McLean VA 22102  
Phone: 800-828-5659  
Fax: 866-857-0246  
Website: [www.continuumhealthcare.net](http://www.continuumhealthcare.net)

Founded over twenty years ago on the belief that many institutionalized children could benefit greatly from highly skilled in-home nursing, we’ve been at the forefront of a nationwide movement that recognizes that, for many young patients, the nurturing support of family and familiar surroundings is critical to their long-term emotional and physical well being. We deliver pediatric home health care in the Washington DC/Baltimore MD Metropolitan areas – including the Northern Virginia and the Maryland suburbs, and in Norfolk and Virginia Beach.

**Creative Health Solutions**

Richard Feingold  
3900 Jermantown Rd., Suite 150  
Fairfax, VA 22030  
Phone: 703-910-5006  
Fax: 888-314-6706  
E-mail: richard.feingold@creativehealthllc.com  
Website: [www.creativehealthllc.com](http://www.creativehealthllc.com)

Creative Health Solutions focuses on pediatric special needs, including customized occupational, speech, and allied therapies. They also offer therapeutic social groups, other unique innovative programs, care coordination, and advocacy.

**Cumberland Hospital for Children and Adolescents**
Located between Williamsburg and Richmond, Virginia, Cumberland Hospital is situated on more than 98 acres that include waterways and wilderness areas. Our unique environment offers a different approach to help children with complex needs, who fail repeatedly in conventional settings. We understand the unique psychological, social and behavioral challenges that often interfere with successful treatment of chronic disease, brain injury, neurological impairment and other medical conditions.

**Davis Vision Therapy**

Gainesville, Winchester, Fredericksburg
Phone: 703-753-9777
Website: [http://virginiavisiontherapycenter.com/](http://virginiavisiontherapycenter.com/)

Dr. Davis and Dr. Carlyle have over 30 years of experience. They provide hope for children and adults by providing the answers and solutions to all of the difficulties and symptoms related to a vision disorder.

**Dower and Associates, Inc.**

Nikia Dower, MS, CCC-SLP/L, BCBA - Director
9845 Business Way
Manassas, VA 20110
Phone: 703-618-6180
Fax: 703-257-4841
E-mail: information@dowerandassociates.com
Website: [www.dowerandassociates.com/](http://www.dowerandassociates.com/)

Dower and Associates, Inc. has a focus in speech/language, education, and behavior analysis. They deliver services throughout Prince William, Loudoun and select regions of Fairfax and Fauquier Counties. They specialize in the assessment and treatment of children, adolescents and adults diagnosed with Autism Spectrum Disorder and related developmental disabilities. They also specialize in the assessment and treatment of children and adolescents in the areas of receptive and expressive language delays and disorders, learning disabilities, and AD/HD.
Exceptional Children's Center

Tracy Greer, DOT, MS, OTR/L
7001 A Loisdale Road
Springfield, VA 22150
Phone: 703-971-0602
Fax: 703-971-0606
E-mail: info@exceptionalchildrenscenter.com
Website: www.exceptionalchildrenscenter.com

Exceptional Children’s Center offers pediatric Occupational Therapy, Physical Therapy, Speech Therapy, and Art Therapy.

Fairfax County Health Department Speech & Hearing Clinic

3750 Old Lee Highway
Fairfax, VA 22030
Phone: 703-246-7120 TTY: 711
Fax: 703-246-5317
E-mail: jaime.vasas@fairfaxcounty.gov
Website: www.fairfaxcounty.gov/hd/speech

The Speech and Hearing Clinic provides speech, language, and hearing services, including complete diagnostic evaluation and treatment of adult language and swallowing disorders, aphasia, apraxia, articulation delay/disorder, autism spectrum disorders, child language delay/disorder, cleft palate, stuttering, and language learning disabilities.

Fleming Therapy Services, Inc.

13890 Braddock Road, Suite 207
Centreville, VA 20121
Phone: 540-720-2261 EXT 3
6165 Fuller Court
Alexandria, VA 22310
Phone: 540-720-2261 EXT 2
Fax: 540-720-5660
E-mail: office@flemingtherapy.com
Website: www.flemingtherapy.com

Fleming Therapy Services, Inc. is a family owned and operated business providing flexible and unique options in speech, feeding and occupational therapy, and tutoring. Services provided include: free consultations; individualized therapy in speech, feeding, and occupational therapy; extensive evaluations; tutoring; group therapy; language therapy; oral motor intervention; articulation therapy; voice therapy; and fluency therapy.
HealthWorks for Northern Virginia is a trio of community health centers located in Leesburg, Sterling and Herndon. We provide quality medical, dental and behavioral health care services as well as specialty services such as: diabetes treatment, wellness and nutrition classes and the new HealthWorks Breastfeeding Center. We offer core health care services to anyone in need, regardless of age or ability to pay, whether you have insurance or not. Medicare and Medicaid patients are always welcome.

INOV A Care Connection for Children

Care Connection for Children is affiliated with Inova Children’s Hospital and sponsored by the Virginia Department of Health. Their goal is to help families coordinate community and education resources with medical expertise to ensure that children with special healthcare needs can reach their maximum potential.

JoAnn Kennedy, OTR/L, LLC

JoAnn Kennedy is a licensed occupational therapist who has been working with children who have sensory integration needs for over 30 years. She also specializes in serving children who have attachment and trauma disorders, and is currently completing a clinical doctorate in occupational therapy.

Kennedy Krieger Institute
The Kennedy Krieger Institute is dedicated to improving the lives of individuals with disorders of the brain, spinal cord, and musculoskeletal system, including autism spectrum disorders, cerebral palsy, Down syndrome, muscular dystrophy, and spinal bifida. The Institute seeks to help these individuals achieve their potential and to participate in family, school, and community life.

Lynn Konnerth, SLP

10023 Black Ct
Fairfax, VA 22032
Phone: 703-503-3216
E-mail: lynnk2@verizon.net

Lynn Konnerth is a Speech Pathologist/Therapist.

May Institute Centers of Autism Spectrum Disorders

1516 Willow Lawn Drive, Suite 203
Richmond, VA 23230
Phone: 804-269-4732
Fax: 804-447-4867
Website: www.mayinstitute.org

May Institute is an award-winning nonprofit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and behavioral health needs. The Institute also provides training and consultation services to professionals, organizations, and public school systems.

The Mesothelioma Group

Phone: 888-708-5660
E-mail: Help@MesotheliomaGroup.com
Website: http://www.mesotheliomagroup.com/

Mesothelioma is a rare and aggressive form of cancer that develops in the protective lining that covers the body’s internal organs. The Mesothelioma Group is a small team of healthcare professionals, patient advocates, and communication specialists who have one goal: to lead the
way in supporting and encouraging mesothelioma patients and their families. It focuses on education, support services and financial compensation.

**Milestones in Language and Speech, LLC**

Gracia J. Holtz, CCC-SLP  
6 Wirt Street  
Leesburg, VA 20175  
Phone: 571-338-1863  
Fax: 703-726-9545  
E-mail: milestonesllc@yahoo.com  
Website: www.reachmilestones.com

Milestones is a pediatric practice providing speech-language services to children of all ages in the Leesburg, VA area. Services include: Comprehensive Speech-Language Evaluations; Articulation Therapy; Feeding Therapy; Expressive, Receptive and Pragmatic Language Therapy; Oral Sensory-Motor Therapy; Educational Support; Auditory Processing Therapy; and The PROMPT Method.

**Moms In Motion, LLC**

Keri Ayres  
1152 Happy Ridge Drive  
Front Royal, VA 22630  
Phone: 800-417-0908 EXT 101  
Fax: 703-468-4958  
E-mail: Keri@MomsInMotion.Net  
Website: www.MomsInMotion.Net

Moms in Motion is a consumer directed VA Medicaid waiver service facilitation (EDCD, ID & DD Waivers) and case management provider (DD/IFDDS Waiver). Their mission is to enhance the outcome for all clients by using person centered practices while providing superior service, sharing resources, and continually expanding knowledge and networking. Primary areas of growth include advocating in the school systems for younger clients and assisting young adults with transition to independence.

**OT 4 Kids**

1125 North Patrick Henry Drive  
Arlington, VA 22205  
Phone: 703-237-7320  
Fax: 703-237-7321  
E-mail: OT4Kids@ot4kidsvirginia.com  
Website: www.ot4kidsvirginia.com
This is a pediatric occupational therapy group, specializing in treating children with a broad range of needs, with a focus on early intervention in any developmental delays, using the Sensory Integration frame of reference. Services offered include: Evaluation and assessment of fine/gross motor skills, sensory integration and visual-perceptual skills; Individual treatment sessions; Play partner and socialization sessions; Parent, caregiver, and school consultations; Coordination of treatment with other service providers; Therapeutic Listening Program; and Handwriting Without Tears.

**Pediatric Achievements, LLC**

2235 Tackett’s Mill Drive, Suite C  
Woodbridge, VA 22192  
Phone: 703-491-1044  
Fax: 703-491-204  
Email: info@pediatricachievements.com  
Website: www.pediatricachievements.com

Our mission at Pediatric Achievements, LLC is to facilitate independence, intrinsic motivation, and happiness across all environments as we aim to collaboratively treat the whole child with the highest quality of individualized care and undivided attention to children and their families. We offer Occupational Therapy Evaluations & Treatment, Occupational Therapy Evaluations for a 504 Plan, Early Intervention Services, Handwriting Tutoring, Parent-Infant Massage Classes, Group Motor Skills Classes, Consultations and Monthly Informational Seminars & Workshops.

**Preemies Today**

P.O. Box 523525  
Springfield, VA 22152  
Phone: 703-229-0835 or toll free 1-888-712-3208  
E-mail: info@preemiestoday.org  
Website: www.preemiestoday.org

Preemies Today is a non-profit organization whose mission is to offer outreach and support programs to families affected by prematurity; programs start at birth and continue throughout childhood.

**Psychiatric Rehabilitation Services (PRS, Inc.)**

1761 Old Meadow Road, Suite 100,  
McLean, VA 22102  
Phone: 703-531-6321  
Fax: 703-448-3723  
Email: mhovan@prsinc.org
PRS provides skills training and supports so individuals living with mental illness, substance use disorders, mild intellectual disabilities, autism spectrum disorders or any combination of these achieve wellness, recovery and community integration

**Sensory Motor Integration (SMI) Therapy**

7171 New Market Court  
Manassas, VA 20109  
Phone: 703-392-5055  
Fax: 703-361-1906  
Website: [www.gmskids.com/sensory](http://www.gmskids.com/sensory)

Sensory Motor Integration addresses the needs of children who suffer from various developmental delays, low muscle tone, dyspraxia, and attention deficits. By incorporating methodologies of sensory integration and perceptual motor development, the SMI approach enables children to sequentially and successfully acquire motor capabilities and motor planning skills. The program uses sensory integration as a means to regulate and network the nervous system, and motor development as the vehicle to achieve physical, cognitive, neuromuscular, and body awareness capabilities.

**Skillbuilders**

7617 Little River Turnpike, Suite 310  
Annandale, VA 22003  
Phone: 703-941-7757  
Fax: 703-941-0587  
and  
1481 Chain Bridge Road, Suite 102  
McLean, VA 22101  
Phone: 703-821-8883  
Fax: 703-941-0587  
Website: [www.skillbuildersllc.com](http://www.skillbuildersllc.com)

Skill Builders is a private, speech-language and occupational therapy practice seeking to foster positive changes in the daily lives of children and adults. Licensed therapists work with each family to tailor a specific and focused treatment program that meets the unique needs of each patient.

**Jo Ann Skinner, ACC, ACAC**

1268 New Bedford Lane
Jo Ann Skinner coaches students and adults with AD/HD, as well as parents and spouses. Her coaching philosophy revolves around positive change and self awareness. She helps her clients find their strengths in order to understand the strategies they need to maximize their potential in all aspects of their lives. Coach and client work together as partners to meet challenges and improve performance.

**SleepLady**

Kim West LCSW-C  
Phone: 410-975-5765  
Fax: 443-927-2722  
E-mail: assistant@sleeplady.com  
Website: www.sleeplady.com

Kim West is a licensed clinical social worker who provides advice to help babies sleep through the night, including through her book, *Good Night, Sleep Tight*.

**Smile for a Lifetime**

Website: [http://www.s4l.org](http://www.s4l.org)

Smile for a Lifetime is a national non-profit that provides scholarships for children aged 10-17 who need orthodontics.

**Speech Beginnings, PLC**

6208 Redwood Lane  
Alexandria, VA 22310  
Phone: 571-481-4344  
E-mail: speechbeginnings@gmail.com  
Website: www.speechbeginnings.com

Speech Beginnings is a pediatric speech therapy private practice serving Northern Virginia. They provide evaluations, screenings, in-home therapy, and consultations.
Washington Speech

11150 Fairfax Boulevard, Suite 500
Fairfax, VA 22030
Phone: 703-537-0373
Fax: 703-865-7379
E-mail: info@washingtonspeech.com
Website: www.washingtonspeech.com

Washington Speech is a private speech therapy practice treating children and adults with speech, language, voice, and cognitive disorders.

Mental Health and Substance Abuse Resources

Achieve Beyond Pediatric Therapy & Autism Services

11240 Waples Mill Rd., Suite 101
Fairfax VA 22030
Phone: 703-237-2219
Fax: 703-237-2729
Email: metrodc@achievebeyondusa.com
Website: www.achievebeyondusa.com

Achieve Beyond provides pediatric therapy to help each child reach their full potential through education, therapy, and family support services. We offer initial screenings, parent or school consultations, and comprehensive evaluation services to infants and children with special needs and/or developmental disabilities/delays and children who might just need some extra assistance.

Mary D. Ainsworth Child-Parent Attachment Clinic

Robert S. Marvin, Ph.D., Director
914 E Jefferson St
Charlottesville, VA 22902-4745
Phone: 434-984-2722
E-mail: rsm8j@virginia.edu
Website: www.theattachmentclinic.org

The Ainsworth Clinic provides evaluation, intervention-planning, and intervention-consultation for children from birth through adolescence who have experienced significant challenges or disruptions to their relationships and/or attachment bonds with their parents or other caregivers. Among the children who benefit from these services are those in foster care or
adoptive care, those having difficulties with custody/visitation arrangements, and those whose families have experienced a traumatic event.

**Alexandria Community Services Board (CSB)**

Dept. of Community & Human Services  
Alexandria City Hall  
301 King St.  
Alexandria, VA 22314  
Phone: 703-746-3400  
Website: [www.alexandriava.gov/CSB](http://www.alexandriava.gov/CSB)

The Alexandria Community Services Board (CSB) is a group of 16 volunteers appointed by the Alexandria City Council to oversee the use of public funds to provide mental health, intellectual disability, and substance abuse services through the Department of Community and Human Services. The Department has an Office of Strategic Initiatives & Communications, a Center of Administration and three service centers: Center for Adult Services, Center for Children and Families, and Center for Economic Support. CSB meetings are open to the public.

**Arlington County Community Services Board (ACCSB)**

1725 N. George Mason Drive  
Arlington, VA 22207  
Phone: 703-228-4871  
E-mail: dhscsb@arlingtonva.us  
Website: [www.arlingtonva.us/csb](http://www.arlingtonva.us/csb)

The ACCSB consists of members of the community appointed to oversee services provided through divisions within the Department of Human Services to persons challenged by mental health, intellectual disabilities, and substance abuse issues. The ACCSB provides the principal forum for residents and consumers of services to review, comment on, and influence the direction of those services, and acts as an advocate, educator, community organizer, and community planner for services.

**Arlington Human Services Department, Child and Family Mental Health and Substance Abuse Treatment Services**

2100 Clarendon Blvd.  
Arlington, VA 22201  
Phone: 703-228-3000  
Website: [www.arlingtonva.us/departments/HumanServices/ChildrenFamily/page59822.aspx](http://www.arlingtonva.us/departments/HumanServices/ChildrenFamily/page59822.aspx)
Child and Family Mental Health and Substance Abuse Treatment Services promote the emotional and psychological well-being of Arlington County youth and families. They provide services to children, teens and their families to prevent mental health and substance abuse problems from developing or becoming more serious, and assist children and teenagers in overcoming problem thoughts, feelings and behaviors that interfere with daily life, and they help to develop skills for healthy living.

**Ashburn Psychological Services**

44095 Pipeline Plaza, Suite 240  
Ashburn, VA 20147  
Phone: 703-723-2999  
Fax: 703-723-4144  
Website: [www.ashburnpsych.com](http://www.ashburnpsych.com)

Ashburn Psychological Services offers a wide array of diagnostic, psychotherapy, medication, and consultation services for children, adolescents, adults and families.

**Beacon Tree Foundation**

9011 Arboretum Parkway, Suite 240  
N. Chesterfield, VA 23236  
Phone: 804-937-2288  
Website: [www.BeaconTree.org](http://www.BeaconTree.org)

The foundation provides funding to help families with the financial challenges of supporting a child with mental health issues. It accomplishes this through an annual scholarship, a grant program to help families pay for residential treatment programs, and funding for initial psychological evaluations for youth and their families. Beacon Tree also provides access to important information, resources and advocacy.

**Center for Attachment and Trauma Services, Inc.**

8136 Old Keene Mill Rd, Suite A-209  
Springfield VA 22152  
Phone: 703-913-8563  
Fax: 703-913-8562  
Email: info@familyattachment.org  
Website: [www.familyattachment.org](http://www.familyattachment.org)

Formerly, American Foundation for Family Attachment, CATS is a non-profit organization offering programs and counseling geared toward promoting healthy relationships from infancy through adulthood. Services include Counseling, Parent Guidance and Coaching, Assessment
and Evaluation, Community Education and Training, and the Clinic for Understanding Baby Behaviors (CUBB).

**The Child & Family Counseling Group, PLC**

3959 Pender Drive  
Suite 320  
Fairfax, VA 22030  
Phone: 703-352-3822  
Fax: 703-385-8353  
Website: [www.childandfamilycounseling.com/#/about-us/psychiatrists](http://www.childandfamilycounseling.com/#/about-us/psychiatrists)

The Child & Family Counseling Group, PLC is a qualified team of Psychiatrists, Psychologists, and Clinical Social Workers who are committed to providing the highest level of comprehensive diagnostic and therapeutic services to families in the Washington Metropolitan area.

**Childhelp**

Alice C. Tyler Village of Childhelp  
23164 Dragoon Road  
Lignum VA 22726  
Phone: 540-399-1926  
Fax: 540-399-1052

Website: [http://www.childhelp.org/](http://www.childhelp.org/)

Founded in 1959, Childhelp® is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Childhelp's approach focuses on prevention, intervention and treatment.

**Commonwealth Catholic Charities**

Website: [www.cccofva.org](http://www.cccofva.org)  
facebook.com/cccofva

CCC helps the most vulnerable individuals and families in central and southwestern Virginia. We provide support in crisis as well as services to strengthen families and nurture children.

**Continuum Autism Spectrum Alliance**

1651 Old Meadow Rd, Suite 600  
McLean VA 22102
Continuum Autism Spectrum Alliance addresses the needs of those who present with signs or symptoms associated with Autism Spectrum Disorder and related developmental disabilities. We provide a seamless continuum of care starting with diagnosis and extending through assessment and treatment, and we offer a variety of behavioral and educational services in the home, school and community. We will configure a program specifically designed for your child with your goals, objectives and budget in mind.

**Crisis One**

Northern Virginia Area Phone: 703-778-2259  
24 hour Referral Line: 804-980-5373  
E-mail: ktoms@interceptyouth.com  
Website: [www.interceptyouth.com](http://www.interceptyouth.com)

Crisis One mobile community crisis services are available for individuals who have have a mental health diagnosis and are experiencing a mental health crisis that is putting them at risk of psychiatric hospitalization or incarceration.

**Crossroads Counseling Center, Inc. (CCC)**

7545 Presidential Lane  
Manassas, VA 20109  
Phone: 703-361-1525  
Fax: 703-361-3395  
E-mail: crossroads2@crossroadsvirginia.com  
Website: [www.crossroadsvirginia.com](http://www.crossroadsvirginia.com)

CCC provides counseling services to Medicaid eligible children and adults and is committed to improving mental health and family stability. It provides treatment services to children and teens that may be at risk for out of home placement; school-aged students who have emotional and/or behavioral difficulties that impact their learning; and older teens and adults who have difficulty with independent living due to their mental health needs.

**Ellissa Arling Dolina, Psy.D., LCP**

1483 Chain Bridge Road, Suite 301  
McLean, VA 22101  
(in the office of McLean Psychotherapy Practices)  
Phone: 571-572-2214  
Website: [www.mcleanpsychology.com](http://www.mcleanpsychology.com)
Dr. Dolina is a licensed clinical psychologist who conducts psychological evaluations and provides treatment to children and adolescents struggling with self-esteem, depression, anxiety.

**Dominion Youth Services**

Phone: 1-855-444-9838  
Email: info@dominionyouthservices.com  
Website: www.dominionyouthservices.com

Services provided include Dominion ABA, Dominion Academy, Educational 1:1, Intensive In-Home, Mental Health Support, Mentoring, Milepost 18, Outpatient Therapy, Socialights™, and Therapeutic Day Treatment.

**Dominion Hospital, HCA Virginia Health System**

2960 Sleepy Hollow Road  
Falls Church, VA 22044  
Phone: 703-536-2000  
Fax: 703-531-6164  
E-mail: Amy.Parker3@hcahealthcare.com  
Website: www.dominionhospital.com

Dominion Hospital treats children ages 5-11 and adolescents ages 12-17 with emotional and behavioral health problems. Services include inpatient stabilization for young people who are challenged with an acute behavioral health issue. There are separate and distinct programs for each age group. Treatment plans involve collaboration with outpatient treatment providers and emphasize patient and family education to help everyone involved better understand emotional health issues and symptom management. Services include: Medication management; Supportive medical care; Therapeutic milieu (environment) setting; Behavior modification; Group therapy; Nursing education groups; Psycho-education groups; Activities therapy; Pet therapy; and Family discharge planning sessions. Outpatient services are provided for patients who are able to maintain their work schedules while working to improve their overall health in a supportive and calming environment.

**Fairfax-Falls Church Community Services Board (CSB)**

12011 Government Center Parkway, Suite 836  
Fairfax, VA 22035-1100  
Phone: 703-324-7000  
Fax: 703-324-7092  
Website: www.fairfaxcounty.gov/csb
The CSB provides services for people of all ages who have mental illness, substance use disorders, and/or intellectual disability, and for infants and toddlers with developmental delays. Most CSB services are primarily for people whose conditions seriously impact their daily functioning. However, anyone with a related concern may contact the CSB for help in finding appropriate treatment and resources. The Infant & Toddler Connection of Fairfax-Falls Church provides evaluations and early intervention services for infants and toddlers (up to age three) who have a developmental delay or a diagnosis that may lead to developmental delays.

**Family Counseling of Springfield**

8440 Old Keene Mill Rd  
Springfield VA 22152  
Phone: 703-569-1300  
Fax: 703-569-1972  
Email: jдонberg@cox.net  
Website: www.FamilyCounselingOfSpringfield.com

Family Counseling of Springfield is an outpatient clinical counseling center with experienced, skilled therapists who work collaboratively with many medical practices, hospitals, schools and government agencies. We are committed to empowering you and your family by teaching you the skills necessary to overcome anxiety, depression, relationship problems, substance abuse, addictions, and stress.

**Family Insight, P.C.**

8314 Browns Lane, Unit 201  
Manassas, VA 20111  
Phone: 571-208-0592  
Fax: 571-379-4331  
E-mail: familyinsight@familyinsight.net  
Website: www.familyinsight.net

Family Insight services, primarily Medicaid funded through the Department of Medical Assistance Services (DMAS), provide treatment for children, adolescents, families and adults who have been diagnosed with a wide range of mental health and/or substance abuse disorders. They offer Intensive In-Home Counseling, a service for youth ages 4-21 utilizing evidence-based interventions to address problematic behaviors that are placing the child at risk of being placed out of the home. They also offer Mental Health Support Services, a service for late teens and adults who suffer from mental illness and lack basic living skills, need connection to community resources, and require help in managing their psychiatric symptoms.

**Family Priority, LLC**
Family Priority, LLC is a private agency that provides Intensive In-Home Counseling services to youth and their families in Northern Virginia. It provides Home-Based Counseling, Medical Advocacy, Applied Behavior Analysis Services, and Level III, a comprehensive therapeutic program that bridges the gap between traditional in-home approaches and residential treatment. Family Priority works with Social Service Agencies, Juvenile Courts, Schools, Physicians, and Private Referrals.

Gil Institute for Trauma Recovery and Education, LLC

Gil Institute provides research-informed, trauma-focused treatment to children, adolescents, and adults. It offers several treatment options, including individual, group, couples, family and parent-child therapy, working with children as young as three years of age. Specialized services include parent-child assessments, Boundary Project for problem sexual behaviors in children, Extended Play-Based Developmental Assessments (EPBDA), attachment- and brain-based parenting programs, and a variety of professional training services.

Grafton Integrated Health Network

Grafton Integrated Health Network is a private, nonprofit organization that provides a full continuum of services to people overcoming emotional, behavioral or developmental challenges. Grafton provides a continuum of services to children, youth and adults including applied behavior analysis, early intervention, psychiatric residential treatment facilities, a short-term stabilization program, special education programs, community-based group homes, intensive outpatient program and outpatient services.
Hallmark Youthcare

12800 West Creek Parkway, Richmond, VA 23238
Phone: 804-784-6432
Phone: 800-966-4782
Fax: 804-784-5261
Email: info@hallmarksystems.com
Website: www.hallmarkyouthcare.org

Hallmark offers intensive in-home services, family services, mental health skill-building, therapeutic day support, sanctuary, residential programs, assessment and diagnosis, educational programs and treatment for sexually acting out youth.

Improving Outcomes

101 Rowell Court
Falls Church VA 22046
Phone: 703-533-1996, Ext #3
Email: info@improvingoutcomes.com
Website: http://www.improvingoutcomes.com/improving_home.html

Services offered include psycho-educational services, mentoring services, crisis de-escalation services, family relationship building, parenting skills training and social skill building.

In Step

8500 Executive Park Avenue, Suite 204
Fairfax, VA 22031
Phone: 703-876-8480
Fax: 703-876-8482

In Step, West
6 Pigeon Hill Drive, Suite 200
Sterling, VA 20165
Phone: 703-433-5771
Fax: 703-433-5773

Website: www.insteppc.com

In Step provides a comprehensive range of mental health programs to the Northern Virginia community. Services include a wide range of group therapy options, as well as individual and family therapy. In Step specializes in: Social Skills Training; Depression; Anger Management; Parenting; AD/HD; Asperger's Disorders; Anxiety; Children Struggling With Divorce; and Teens Struggling With Interpersonal Issues. They also offer the Stepping Stones program, a structured,
step-by-step approach for both parents and children, using specific cognitive-behavioral techniques to help children learn the skills they need to make and maintain friends.

**Jewish Social Service Agency (JSSA)**

3018 Javier Road  
Fairfax, VA 22031  
Phone: 703-204-9100  
Fax: 703-204-9590  
E-mail: info@jssa.org  
Website: www.jssa.org

JSSA works with children and teens with special needs, proving evaluation and treatment, counseling and therapy, and social skills groups. JSSA has offices in Bethesda, Gaithersburg, Rockville, Silver Spring and Fairfax, VA.

**Kempsville Center for Behavioral Health**

860 Kempsville Road  
Norfolk, VA 23502

Phone: 757-461-4565  
Phone: 877-409-2228  
Website: www.kempsvillecenter.com

Kempsville Center for Behavioral Health provides comprehensive behavioral health services to children and adolescents with mental health concerns. We offer acute inpatient hospitalization in a safe, secure, and therapeutic environment with the youngest and most vulnerable children ages 4-11 having a completely separate and wing.

**Kennedy Krieger Institute**

707 North Broadway  
Baltimore, MD 21205  
Phone: 443-923-9200  
Website: www.kennedykrieger.org

The Kennedy Krieger Institute is dedicated to improving the lives of individuals with disorders of the brain, spinal cord, and musculoskeletal system, including autism spectrum disorders, cerebral palsy, Down syndrome, muscular dystrophy, and spinal bifida. The Institute seeks to help these individuals achieve their potential and to participate in family, school, and community life.
Loudoun County Community Service Board (CSB)

P.O Box 7000
Leesburg, VA 20177
Phone : 703-777-0100
E-mail: LCCSB@loudoun.gov
Website: www.loudoun.gov/index.aspx?NID=458

The Community Services Board (CSB) acts as the agent of Loudoun County in the establishment and operation of community mental health, developmental services, and substance abuse programs. The CSB oversees the programs and services of the Department of Mental Health, Substance Abuse and Developmental Services (MHSADS), sets departmental policy and procedures, and determines priorities as mandated by the state of Virginia.

Matthew's Center

Matthew’s Center is a non-profit organization dedicated to enhancing the lives of children and families affected by autism. We offer Camp Adventure, Day School, and after school programs in various locations.

Website: www.matthewscenter.org

West NOVA Region
10651 Lomond Drive, Manassas Virginia 20109
Phone: 703-369-2976
Fax: 703-366-2777

East NOVA Region
17286 Dumfries Rd, Dumfries, VA 22026

Shenandoah Valley Outreach
312 Neff Avenue
Harrisonburg VA 22801
Phone: 540-433-4773
Fax: 540-433-0772

Neil McNerney, LPC

1984 Isaac Newton Square, South
Suite 204
Reston, VA 20190
Phone: 703-352-9002
Website: www.neilmcnerney.com
Neil McNerney is a Professional Counselor, Parent Consultant, Speaker, and Trainer. He helps children with a number of issues including anxiety, misbehavior, AD/HD, and other issues. In addition, he provides family counseling, teen counseling, and individual counseling. His main office is in Reston, VA, and he has limited hours in Purcellville, VA.

**MindWell Psychology**

14110 Robert Paris Court  
Chantilly, VA 20151  
Phone: 703-378-7998  
Fax: 703-378-6109  
Website: www.mindwell.us

MindWell Psychology provides testing and therapy services for children, teens, and adults. Services include consultation, psycho-educational testing, emotional and developmental testing, and in-school observation.

**Multicultural Clinical Center**

Early Periodic Screening Diagnostic Treatment  
6563 Edsall Rd,  
Springfield, VA 22151  
Phone: 703-354-0000

We provide cross-cultural outpatient diagnostic and treatment services for children, adolescents and adults. Diagnostic Clinic, Psychological & Neuropsychological Evaluations, Psychiatric Evaluations, Assessments, Specialized Treatment, Children / Adolescent Services, Sex Offender Services, Substance Abuse Services, and Gang Intervention Services. We offer Home-Based, Play, Individual, Group, Family and Couples Therapy.

**National Alliance on Mental Illness (NAMI) – Northern Virginia**

P.O. Box 8693  
Reston, VA  20195  
Phone: 703-968-4007  
E-mail: naminorthernva@gmail.com  
Website: www.nami.org/MSTemplate.cfm?MicrositeID=197

NAMI-NoVA is an association of volunteers who provide support and education to people with mental illnesses and their families. They advocate to the community, and public officials, to ensure that people with mental illnesses are afforded the opportunity to live, work, learn and participate fully in their communities.
**National Child Traumatic Stress Network (NCTSN)**

Website: [www.nctsn.org](http://www.nctsn.org)

The mission of the National Child Traumatic Stress Network is to raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. The NCTSN website includes information and resources regarding child traumatic stress, including a section entitled “Treatments that Work.” It also offers many products which may be viewed online or printed from the website.

**National Counseling Group, Inc.**

4201 Martin Avenue  
Annandale, VA 22003  
Phone: 703-813-5982  
Fax: 703-813-5986  
Website: [www.nationalcounselinggroup.com](http://www.nationalcounselinggroup.com)

Therapeutic Foster Care Northern VA  
Website: [www.ncgtfc.com](http://www.ncgtfc.com)

108 Elden Street Unit 15C  
Herndon, VA 20170  
Phone: 703-796-6380  
Fax: 703-796-6381

4201 Martin Avenue  
Annandale, VA 22003  
Phone: 703-813-5982

9301 Forest Point Circle  
Manassas VA 20110  
Phone: 703-257-5997

National Counseling Group (NCG) is a private group of therapists and counselors dedicated to providing comprehensive community-based, outpatient services, therapeutic day treatment, and therapeutic foster care to individuals and families throughout the Commonwealth of Virginia. The NCG’s Treatment Foster Care Program seeks to provide loving homes to children and adolescents in need of a foster family and to provide those families with the training and support that will equip them with the tools needed to meet the needs of youth in care.

**National Federation of Families for Children’s Mental Health**

9605 Medical Center Drive, Suite 280  
Rockville MD 20850  
Phone: 240-403-1901  
Fax: 240-403-1909
We are a national family-run organization linking more than 120 chapters and state organizations focused on the issues of children and youth with emotional, behavioral, or mental health needs and their families. It was conceived in Arlington, Virginia in February, 1989 by a group of 18 people determined to make a difference in the way the system works.

**Poplar Springs Hospital**

350 Poplar Drive  
Petersburg, VA 23805  
Phone: 804-733-6874  
Phone: 866-546-2229  
Website: [www.poplarsprings.com](http://www.poplarsprings.com)

Poplar Springs is central Virginia’s largest free-standing psychiatric facility. We provide a full continuum of behavioral health care services and specialize in treating adults and adolescents aged 11 – 17 in programs that include: acute care, residential services for adolescents, sexually abusive youth, and separate programs for active duty military.

**PHILLIPS Family Partners**

Sandy Porteous  
7010 Braddock Road  
Annandale, VA 22003  
Phone: 703-941-8810  
Fax: 703-658-2378  
E-mail: Sandy.Porteous@phillipsprgrams.org  
Website: [www.phillipsprograms.org](http://www.phillipsprograms.org)

PHILLIPS Family Partners provides home-based and therapy services for youth and families, and is designed to help families address behavioral issues that threaten their ability to keep their child at home. Services include case management, family counseling, psychiatric treatment and collaborative goal-setting to address specific family concerns.

**Prince William County Community Services Board (CSB)**

8033 Ashton Avenue  
Manassas VA 20109  
Phone: 703-792-7800  
Fax: 703-792-7817

15941 Donald Curtis Drive Suite 200  
Woodbridge, VA 22191  
Phone: 703-792-4900  
Fax: 703-792-7057
E-mail: emailcsb@pwcgov.org
Website: www.pwcgov.org/government/dept/cs/Pages/default.aspx

The Prince William County CSB is a public agency providing a variety of mental health, intellectual disability, substance abuse, emergency services, and early intervention for residents of Prince William County and the cities of Manassas and Manassas Park.

Professional Mental Health Associates (PMHA)

Dr. Gustavo Rifé
Burke Center Plaza
9554 Old Keene Mill Rd. Suite F
Burke, VA 22015
Phone: 703-786-3703
Fax: 703-425-7435
E-mail: Gustavo.rife@verizon.net
Website: www.psychologicalevaluations.org

The goal of PMHA is to provide people from all cultural and racial backgrounds a variety of psychological services that include: psychological evaluations, parent-child assessments; individual, family, couples, and group therapy; and Home based psychological services. PMHA provides psychotherapy for children, adolescents, and adults dealing with issues such as: Depression; Anxiety; Severe Trauma (including victims of sexual abuse, domestic violence, torture); Anger Management; Conduct and Disruptive Behavior Disorders; Developmental Disorders (Autism, Asperger's); Substance Abuse (groups); Behavioral Management; and Life Transition/Adjustment due to life stage or disability.

Substance Abuse and Mental Health Services Administration (SAMHSA)

1 Choke Cherry Road
Rockville, MD 20857
Phone: 1-877-SAMHSA-7
E-mail: SAMHSAInfo@samhsa.hhs.gov
Website: www.samhsa.gov

The mission of SAMHSA is to reduce the impact of substance abuse and mental illness on America’s communities. SAMHSA Centers include: The Center for Health Mental Services, which focuses on the prevention and treatment of mental disorders; The Center for Substance Abuse Prevention, which seeks to prevent and reduce the abuse of illegal drugs, alcohol, and tobacco; and The Center for Substance Abuse Treatment, which supports the provision of effective substance abuse treatment and recovery services. Many publications are available for sale on the website.

Vienna Counseling Solutions
Vienna Counseling Solutions, LLC offers short and long term counseling for individuals, couples and families. Therapist Barbara Dumais has experience working with clients with depression, anxiety, divorce, grief, marital issues and issues regarding families and children, including adoption.

**Virginia Department of Behavioral Health and Developmental Services**

P.O. Box 1797  
Richmond, VA 23218-1797  
Phone: 804-786-3921  
Fax: 804-371-6638  
Website: [www.dbhds.virginia.gov](http://www.dbhds.virginia.gov)

Virginia’s public mental health, intellectual disability, and substance abuse services system is comprised of 16 state facilities and 40 locally-run community services boards (CSBs). The CSBs and facilities serve children and adults who have or who are at risk of mental illness, serious emotional disturbance, intellectual disabilities, or substance abuse disorders. Virginia’s state-run facilities provide highly-structured, intensive services and consist of: seven mental health facilities, five intellectual disability training centers, a psychiatric facility for children and adolescents, a medical center, a psychiatric geriatric hospital and a center for behavioral rehabilitation (SVP). For placement in state facilities, patients are initially evaluated and referred from local CSBs.

The website covers many topics, including mental health, developmental services, substance abuse services, and child and family services.

**Virginia State Mental Health Facilities**

Website: [www.dmhmrsas.virginia.gov/SVC-StateFacilities.htm](http://www.dmhmrsas.virginia.gov/SVC-StateFacilities.htm)

Virginia operates seven behavioral health facilities, five training centers, a psychiatric facility for children and adolescents, a medical center, a psychiatric geriatric hospital and a center for behavioral rehabilitation. State facilities provide highly structured, intensive services for citizens of the Commonwealth of Virginia who have mental illness, intellectual disability or are in need of substance abuse services. Patients are initially evaluated and referred to the mental health facilities by staff from Community Services Boards (CSBs). Pre-admission screening services are provided by CSBs 24 hours a day, seven days a week.
Virginia Treatment Center for Children

515 North 10th Street
P.O. Box 980489
Richmond, VA 23298-0489
Phone: 804-828-3129 (Receptionist)
Phone: 855-546-7792 (Inpatient Services)
Phone: 804-828-3137 (Outpatient Services)
Fax: 804-828-9493
Website: www.vcuhealth.org/vtcc

Virginia Treatment Center for Children (VTCC) is the Child & Adolescent Psychiatric Program of the Department of Psychiatry of the VCU Medical Center and the VCU Medical School. VTCC provides inpatient Acute Care Crisis Stabilization and a full spectrum of outpatient mental health services for children and adolescents ages 3 through 17.

Other Adoptive, Foster and Kinship Resources

Adolescent and Family Growth Center Inc.

8000 Forbes Place
Springfield, VA 22151
Phone: 703-425-9200
E-mail: jhjohnson@afgcinc.com
Website: http://www.afgcinc.com/

Adolescent and Family Growth Center Inc. (AFGC) provides mental health and human services which includes treatment foster care, outpatient counseling and unique after school programming to the children, adolescents and families of Northern Virginia.

Adoptions Together

457A Carlisle Dr.
Herndon, VA 20170
Phone: 703-689-0404
Fax: 703-689-9488
E-mail: info@adoptiontogether.org
Website: www.adoptiontogether.org

Adoptions Together is an adoption center which supports children and families formed through adoption, guardianship, foster care, and kinship care with specialized services offered at locations in Maryland, Virginia and DC. Their support remains available to every family for a lifetime of guidance, education, and counseling to ensure that each family stays strong together.
AdoptUSKids

605 Global Way, Suite 100
Linthicum, MD 21090
Phone: 888-200-4005
E-mail: info@adoptuskids.org
Website: www.adoptuskids.org

AdoptUSKids is a service of the U.S. Children’s Bureau whose mission is to raise public awareness about the need for foster and adoptive families for children in the public child welfare system, and to assist U.S. States, Territories, and Tribes to recruit and retain foster and adoptive families and connect them with children. They provide services to families and child welfare professionals, including tips and resources, and an extensive database of children in U.S. foster care available for adoption, and families who are home studied, approved, and ready to adopt them.

Arlington County Department of Human Services, Child Placements

2100 Clarendon Blvd
Arlington VA 22201
Phone: 703-228-3456
Website: www.arlingtonva.us/departments/HumanServices/services/family/HumanServicesServicesFamilyChildrenFamily.aspx

This adoption program serves people who wish to place their child for adoption, people who want to adopt children who are in the custody of Arlington County, and people who were adopted through Arlington County and desire information about their adoption. Foster care is a temporary living arrangement providing care and parenting for children who can no longer live in their homes because of abuse, neglect or other severe family problems. Social workers help families resolve problems so that their children can return home without further incidence of abuse or neglect.

Barker Foundation

7979 Old Georgetown Road
Bethesda, MD 20814
Phone: 301-664-9664
Fax: 301-664-9604
Website: www.barkerfoundation.org

The Barker Foundation is an adoption center offering pregnancy services, domestic and international adoption services, counseling, and education. It promises a continuing commitment to the individuals and families served by the Foundation.
Center for Adoption Support and Education, Inc. (C.A.S.E.)

Springdale Professional Center  
5101-H Backlick Road  
Annandale, VA 22003  
Phone: 703-256-3820  
Website: www.adoptionsupport.org

C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences.

Center for Attachment and Trauma Services, Inc.

8136 Old Keene Mill Rd, Suite A-209  
Springfield VA 22152  
Phone: 703-913-8563  
Fax: 703-913-8562  
Email: info@familyattachment.org  
Website: www.familyattachment.org

Formerly, American Foundation for Family Attachment, CATS is a non-profit organization offering programs and counseling geared toward promoting healthy relationships from infancy through adulthood. Services include Counseling, Parent Guidance and Coaching, Assessment and Evaluation, Community Education and Training, and the Clinic for Understanding Baby Behaviors (CUBB).

Children’s Home Society & Family Services East

6800 Versar Center #404  
Springfield, VA 22151  
Phone: 703-642-2193  
E-mail: inquire@chsfs.org  
Website: www.chsfs.org/East

Children’s Home Society & Family Services (CHSFS) is an adoption service agency working to give every child security, opportunity and a loving family. CHSFS East has been providing high-quality international adoption services for families in Maryland and Virginia since 1981.

Coordinators² Inc

8100 Three Chopt Road, Suite 101  
Richmond, VA 23229
Coordinators²inc is a non-profit, Virginia-licensed agency offering training and education, placement, and adoptive family support services. Their website provides a broad education on the types of adoption available, and details the services Coordinators²inc provides before, during, and after placement.

Dave Thomas Foundation for Adoption

716 Mt. Airyshire Blvd., Suite 100
Columbus, OH 43235
Phone: 1-800-275-3832
E-mail: info@davethomasfoundation.org
Website: www.davethomasfoundation.org

The Dave Thomas Foundation for Adoption finds homes for children who are waiting to be adopted from foster care in North America. They provide free educational resources, promote awareness, assist policymakers and employers, and support adoption professionals and agencies throughout the United States and Canada.

FACES of Virginia Families (Foster, Adoption, and Kinship Association)

Cate Newbanks, Executive Director
113 S. Railroad Avenue
Ashland, VA 23005
Phone: Toll free 877-823-2237
Phone: Local: 804-496-6029
E-mail: cnewbanks@fovf.org
Website: www.facesofvirginia.org/families

The mission of FACES is to provide a united voice for children, youth, and families involved in foster, adoptive, and kinship care so all children and youth are treated with dignity, respect, and equality. They support the recruitment and retention of quality foster, adoptive, and kinship families; Advocate for and provide consistent and standardized training and support for foster, adoptive, and kinship families; Provide resources and information to parents, empowering them to be educated, equipped, and effective; Advocate for the needs of foster, adoptive, and kinship families; and Promote and strengthen collaborations among all professionals, including caregivers.

Fairfax Families4Kids

Beverly Howard, Ph.D., Coordinator
Fairfax Families4Kids gives teenagers living in foster care the opportunity to participate in rewarding activities in the community.

**Foster Care Alumni of America**

901 N Washington Street, Suite 208  
Alexandria VA 22314  
Phone: 703-299-6767  
Fax: 703-299-6776  
E-mail: admin@fostercarealumni.org  
Website: www.fostercarealumni.org

The mission of Foster Care Alumni of America is to connect the alumni community and to transform policy and practice, ensuring opportunity for people in and from foster care. They hope to ensure a high quality of life for those in and from foster care through the collective voice of alumni.

**FosterParentCollege.com**

Northwest Media, Inc.  
326 West 12th Avenue  
Eugene, OR 97401  
Phone Main: 541-343-6636  
Phone Toll Free: 800-777-6636  
Fax: 541-343-0177  
E-mail: fpc@northwestmedia.com  
Website: www.fosterparentcollege.com

The FosterParentCollege.com website strives to give foster, adoptive and kinship parents the knowledge they need to raise children who will thrive in today’s world. The website provides innovative, research-based, interactive online courses for foster, adoptive, and kinship parents.

**National Foster Parent Association**

National Foster Parent Association  
2021 E Hennepin Ave #320  
Minneapolis, MN 55413-1769  
Phone: 800-557-5238  
Fax: 888-925-5634  
E-mail: Info@NFPAonline.org  
Website: www.nfpaonline.org
The National Foster Parent Association is a non-profit, volunteer organization formed to meet the needs of foster families in the United States. It seeks to support foster parents in achieving safety, permanence and well-being for the children and youth in their care.

North American Council on Adoptable Children (NACAC)

970 Raymond Avenue, Suite 106
St. Paul, MN 55114
Phone: 651-644-3036
Fax: 651-644-9848
E-mail: info@nacac.org
Website: www.nacac.org

NACAC is committed to meeting the needs of waiting children and the families who adopt them, through advocacy, education, adoption support, and leadership development. NACAC supports parent groups and other community leaders; hosts a comprehensive adoption training conference; conducts training sessions and workshops on adoption subsidy, child welfare reform, and transracial adoption; offers leadership training to adoptive, foster, and kinship parents; creates and disseminates publications that provide resources, information, and support to adoptive families and prospective adopters. They also provide phone consultation and materials to address parents’ questions about adoption subsidies for children with special needs. NACAC has volunteers in Virginia to assist adoptive families in finding needed resources.

Northern Virginia Family Service (NVFS), Therapeutic Foster Care

10455 White Granite Drive, Suite 100
Oakton, VA 22124
Phone: 571-748-2500
Website: www.nvfs.org/fostercare

Therapeutic Foster Care provides temporary, quality, family settings for children with special needs who may have experienced abuse and neglect. The program serves children from birth through age eighteen who have emotional, behavioral, physical or developmental needs that cannot be met in their own homes. Northern Virginia Family Service social workers carefully match each child with an appropriate, trained foster family. NVFS foster care workers provide foster families, children and biological families much-needed support, training and encouragement.

PHILLIPS Teaching Homes

7010 Braddock Road
Annandale, VA 22003
Phone: 703-941-8810
PHILLIPS Teaching Homes is a nonprofit organization providing specialized support for families providing foster care and individualized treatment to unique children. They offer homes with specially trained foster parents for children with significant behavioral issues or other challenges. Services are available for children from birth to age 21 at time of placement. Therapeutic foster care services include: Treatment foster care and teen parent placements; Respite care out of home; Independent living support; Case management; and Foster/adoptive parent training.

United Methodist Family Services (UMFS)

5400 Shawnee Road, Ste. 101
Alexandria, VA 22312
Phone: 703-941-9008
Fax: 703-750-0621
E-mail: nova@umfs.org
Website: www.umfs.org

UMFS offers treatment foster care and adoption preservation services. UMFS' treatment foster care program allows older children and adolescents with behavioral and emotional problems to live with families while receiving the additional support they need to be successful. Adoption services are free-of-charge to families who adopt a special needs child or children. The majority of children in Virginia who need adoptive homes are eight years old and older. Others are sibling groups that need to stay together. Some children are developmentally disabled or have medical needs. Families adopting a special needs child may also be eligible for state and federal adoption subsidies. Adoptive Family Preservation provides services important to preserving the adoptive family in the months or even years after finalization.

U.S. Department of Health & Human Services

Children’s Bureau/ACYF
1250 Maryland Avenue, SW Eighth floor
Washington, DC 20024
Phone: To report child abuse 1-800-422-4453, personal assistance 1-800-394-3366
Email: info@childwelfare.gov
Website: www.childwelfare.gov

-- Child Welfare Information Gateway connects child welfare and related professionals to comprehensive information and resources to help protect children and strengthen families, featuring the latest on topics from prevention to permanency, including child abuse and neglect, foster care, and adoption.
--U.S. Adoption Agencies That Place Children From Abroad:
www.childwelfare.gov/pubs/country_resource_lists.cfm

Virginia Department of Social Services

--Information regarding licensed child placing agencies:
www.dss.virginia.gov/facility/lcpa.cgi

--Directory of Licensed Child Placing Agencies in Virginia:

Virginia One Church One Child

1214 West Graham Road
Richmond, VA 23220
Toll-free Phone: 800-440-5090
Phone: 804-329-3420
Fax: 804-329-3906
E-mail: oonechild@aol.com
Website: www.vaonechurchonechild.org

Virginia One Church, One Child works to reduce the numbers of children in the VA foster care system through adoption education and recruitment. They seek to increase adoption opportunities for Virginia’s waiting children and work with more than 300 churches statewide to promote adoption awareness. They recruit adoptive families and conduct adoption information sessions and orientations—the early steps in the Virginia adoption process. Families wanting to proceed are then connected with either public departments of social services or private licensed child placing agencies for home study and placement services. In addition, they host an adoption conference every year, offer adoptive family support, and family assessment and placement services.

Post Secondary Resources

ADHD College Success Guidance Program

Phone: 703-855-8023
Email: info@adhdcollegesuccess.com
Website: www.adhdcollegesuccess.com
We provide college readiness assessment, residential workshops, training and follow up guidance for students with ADHD.

Sheri R. Abrams, Esq.

400 S Maple Ave., Suite 210
Falls Church, VA 22046
Phone: 703-536-7778
Fax: 703-536-2452
E-mail: srabrams@nmpattorneys.com
Website: www.sheriabrams.com


Alexandria City Public Schools (ACPS) Career and Transition Services

200 N. Beauregard Street
Alexandria, VA 22311
Phone: 703-824-6600
Website: www.acps.k12.va.us/curriculum/special-education/transition/

As defined by Virginia regulations, transition services are a coordinated set of activities for students with disabilities that promote movement from school to post-school activities including postsecondary education, vocational education, integrated employment, continuing and adult education, adult services, independent living, or community participation.

Arlington Public Schools (APS) Special Education Transition Services

1426 N Quincy Street
Arlington, VA 22207
Phone: 703-228-6000
Website: www.apsva.us/page/2092

As defined by Virginia regulations, transition services are a coordinated set of activities for students with disabilities that promote movement from school to post-school activities including postsecondary education, vocational education, integrated employment, continuing and adult education, adult services, independent living, or community participation.

Center on Transition Innovations

VCU Center on Transition Innovations
1310 West Main Street
The Center on Transition Innovations (CTI) is committed to serving Virginia’s middle and secondary special educators, families, service providers, and other stakeholders as they support youth with disabilities to create self-determined paths to adulthood. CTI serves as a portal for information and resources on the transition of youth with disabilities. It offers a website that includes free web courses for Virginia’s special educators, fast facts about transition and webcasts from experts in the field. CTI is also highly involved in conducting demonstration and research in Virginia that will be used to develop resources for online use.

Chimes Virginia

3951 Pender Drive, Suite 120
Fairfax, VA 22030
Phone: 703-267-6558
Fax: 703-267-9684
Website: www.chimesva.org

Chimes Virginia operates supervised group homes, provides in-home supports for people who live with their families, and offers an alternative to traditional day services utilizing the Club House model. Services are delivered in the northern Virginia suburbs.

Community Concepts, Inc.

17932 S. Fraley Blvd., Suite 300
Dumphries VA 22026
Phone: 703-229-6117
Phone: 703-680-5127
Fax: 703-878-1202
Website: www.comconinc.net

Community Concepts, Inc. was founded in 2008 to provide residential and day support services to persons with intellectual disabilities. We help the persons we support broaden their horizons and embrace new dreams. We are licensed by the Department of Behavioral Health and Developmental Services and collaborate with the Prince William, Loudoun, and Rappahannock-Rapidan Community Service Boards.

ENDependence Center of Northern Virginia, Inc. (ECNV)

2300 Clarendon Blvd., Suite 305
A local branch of the National Council on Independent Living, ECNV is a community-based resource and advocacy center managed by and for people with disabilities. ECNV promotes the independent living philosophy and equal access for all people with disabilities. **Loudoun ENDependence (LEND)** ([www.ecnv.org/LEND/lend.html](http://www.ecnv.org/LEND/lend.html)) is a Center for Independent Living (CIL) Satellite Program of ECNV located in Ashburn, VA.

**Fairfax County Public Schools (FCPS) Career and Transition Services**

Website: [www.fcps.edu/dss/sei/careertransition](http://www.fcps.edu/dss/sei/careertransition)

The mission of Career and Transition Services is to empower a diverse population of students with the opportunities and resources necessary for transition to a variety of post-secondary options. These services help students develop essential skills for self-determination, independent living, further education, and employment in order to maximize participation in their communities.

**I’m Determined Project**

Phone: 703-993-4496  
Email: nanders7@gmu.edu  
Email: dloomis@gmu.edu  
Website: [http://www.imdetermined.org/](http://www.imdetermined.org/)

Sponsored by the Virginia Department of Education, the I’m Determined project offers training modules and other materials and events for educators, parents and youth. Self-determination materials are designed to teach and encourage youth to take control of planning for their education, goals and future.

**Loudoun County Public Schools Career and Transition Services, A Handbook on Transition Planning for Students and Families**

This is a detailed and informative handbook providing parents of a child or adolescent with disabilities, information, practical suggestions, and questions to consider as their children transition from the world of school as a student into the world of an adult.

**MVLE**

7420 Fullerton Road, Suite 110  
Springfield, VA 22153  
Phone: 703-569-3900  
Fax: 703-569-3932  
Website: [www.mvle.org](http://www.mvle.org)

MVLE is an internationally accredited agency that partners with more than 125 commercial businesses in addition to government and other not-for-profit agencies to support individuals with disabilities through employment and support services.

**Northern Virginia Community College Disability Support Services**

7630 Little River Turnpike, Suite 306  
Annandale, VA 22003-3796  
Phone: 703-764-5032  
Phone: 571-225-2106 (C)  
Fax: 703-323-3764  
Email: eldugourd@nvcc.edu  
Website: [http://www.nvcc.edu/current-students/disability-services/](http://www.nvcc.edu/current-students/disability-services/)

NOVA will make reasonable accommodations in providing course, program and building modification, and/or auxiliary aids and services in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act Amendments Act (ADAAA) of 2008. No academically qualified student with a disability shall be denied access to or participation in the services, programs and activities of the College.

**NVCC’s Adult Career Pathways Program**

Phone: 703.425.5245  
Email: acp@nvcc.edu  
Website: [www.nvcc.edu/academics/additional-learning-opportunities/acp/](http://www.nvcc.edu/academics/additional-learning-opportunities/acp/)

Adult Career Pathways (ACP) provides adult students with a structured support system specifically designed to assist with navigating the unique challenges that adults face while attending college. Participants receive ongoing support and guidance through each step of the college experience. The key to ACP’s success is its student-centered model, which builds an ongoing relationship between students and their counselors, faculty members and peers.
Prince William County Schools Transition Services

Website: http://specialeducation.departments.pwcs.edu/modules/cms/pages.phtml?pageid=188800&sessionid=e9b62170c8828daeff48a760dd4966c27

Transition Services refers to those programs and services provided by Prince William County Public Schools’ Special Education Department that are specifically designed to prepare and support students with disabilities in their transition from high school to adult roles. Emphasis is placed on developing the student’s self-determination and those skills necessary for achieving successful postsecondary outcomes. Outcomes may include, but are not limited to, independent living, vocational training, employment, and postsecondary education.

Rehabilitation Engineering and Assistive Technology Society of North America (RESNA)

1700 North Moore Street, Suite 1540
Arlington, VA 22209
Phone: 703-524-6686
Fax: 703-524-6630
Website: www.resna.org

RESNA is an organization dedicated to promoting the health and well-being of people with disabilities through increasing access to technology solutions. RESNA offers certification, continuing education, and professional development. It develops technology standards; promotes research and public policy; and sponsors forums for the exchange of information and ideas to meet the needs of its multidisciplinary constituency.

ServiceSource

6295 Edsall Rd, Suite 175
Alexandria, VA 22312
Phone: 703-461-6000
Website: www.servicesource.org

ServiceSource is a nonprofit disability resource organization with regional offices and programs located in eight states and the District of Columbia. It offers a broad range of rehabilitation and employment services to individuals with disabilities, including employment, training, habilitation, housing and other support services.

STRIVE (Support & Training Resources for Independence & Vocational Education)

10903 Indian Head Hwy Suite 201
Ft. Washington, MD 20744
STRIVE is a non-credit, CEU, certificate granting, college campus and community based career life planning program. The program prepares LD students for the challenges of adult living in the following areas: career life planning; community based training, involvement, and employment; community service learning; recreation and leisure; social skills; academic referral; and residential living.

To Enroll in STRIVE Courses:

Northern Virginia Community College
Office of Continuing Education
8333 Little River Turnpike
Annandale, VA 22003-3796
Phone: 703-323-3168
Website: www.nvcc.edu/wdce/annandale

VaACCSES

7420 Fullerton Road, Suite 110
Springfield, VA 22153
Phone: 571-339-1305
Fax: 703-569-3932
Website: http://www.vaaccses.org/

Chartered in 1975, the Virginia Association of Community Rehabilitation Programs (VaACCSES) is an active statewide association of organizations providing quality employment, residential, day support, training, and support services for persons with disabilities. Our mission is to provide valued services that enhance the ability of member organizations to create quality employment, training, residential and community support options for Virginia’s citizens with disabilities.

Waddell Group

1952 Gallows Road, St 102
Vienna, VA 22182
Phone: 703-881-9173
Fax: 703-881-9174
Website: www.raymondjames.com/waddellgroup

The Waddell Group are financial advisors who seek to help families with special needs achieve financial security, providing independent financial planning for those who have a loved one with a disability.

Wall Residences
We provide support services based on need; these include sponsored residential services, group homes, in-home support, day support, crisis stabilization and therapeutic consultation.

**Public Agency Resources: Infant, Toddler**

**Alexandria City Parent Infant Education Program**

Alexandria City Hall,
301 King St.
Alexandria, VA 22314
Phone: 703-746-4000
Website: [www.alexandriava.gov/CSB](http://www.alexandriava.gov/CSB)

The Parent Infant Education Program (PIE) of the Alexandria Community Services Board (CSB) works with infants and toddlers with developmental delays or disabilities. The Alexandria CSB is a group of 16 volunteers appointed by the Alexandria City Council to oversee the use of public funds to provide mental health, intellectual disability and substance abuse services through the Department of Community and Human Services. The Department has an Office of Strategic Initiatives & Communications, a Center of Administration and three service centers: Center for Adult Services, Center for Children and Families, and Center for Economic Support.

**Arlington County Parent Infant Education Program**

Human Services Center at Sequoia Plaza
2100 Washington Blvd.
Arlington VA 22204
Phone: 703-228-1630
Fax: 703-228-1126
Website: [www.arlingtonva.us/departments/HumanServices/PublicHealth/page76654.aspx](http://www.arlingtonva.us/departments/HumanServices/PublicHealth/page76654.aspx)

Parent Infant Education (PIE) is a family-centered program that serves children who have special needs from birth through two years of age. The program helps families work with their children to help them develop to their maximum potential. Services include individual plans for each child for services such as physical therapy, occupational therapy, speech therapy, and educational services.

**Fairfax-Falls Church Community Services Board (CSB)**

12011 Government Center Parkway, Suite 836
Fairfax, VA 22035-1100
Phone: 703-324-7000
The CSB provides services for people of all ages who have mental illness, substance use disorders, and/or intellectual disability, and for infants and toddlers with developmental delays. Most CSB services are primarily for people whose conditions seriously impact their daily functioning. However, anyone with a related concern may contact the CSB for help in finding appropriate treatment and resources. The Infant & Toddler Connection of Fairfax-Falls Church provides evaluations and early intervention services for infants and toddlers (up to age three) who have a developmental delay or a diagnosis that may lead to developmental delays.

**Infant & Toddler Connection of Loudoun County**

906 Trailview Blvd, Suite A  
Leesburg, VA 20175  
Phone: 703-777-0561  
Fax: 703-737-8235  

The Infant and Toddler Connection of Loudoun provides early intervention services for families, infants and toddlers (birth through age two), who have a diagnosed handicapping condition, suspected delay in development, or atypical development. Children with vision and hearing impairments can also be served in this program.

**Infant & Toddler Connection of Prince William County, Manassas, & Manassas Park**

Website: [www.pwcgov.org/government/dept/cs/Pages/Infant-Toddler-Services.aspx](http://www.pwcgov.org/government/dept/cs/Pages/Infant-Toddler-Services.aspx)

Early Intervention Programs provide services for families of infants and toddlers (birth to 3 years of age) who have a disability or developmental delay. The Parent-Infant Education (PIE) Program and the Infant Information Center (IIC) are part of a local inter-agency system of early intervention services for Prince William County and the City of Manassas and Manassas Park. The IIC helps families gain access to services from an inter-agency system of providers. Services include: Developmental screening and follow-up; Development of an Individualized Family Service Plan (IFSP); and Training and information about Part C of IDEA and Early Intervention Services.

The PIE Program provides therapy and educational services to eligible children. Services include: Multi-disciplinary evaluations for children who are suspected of having a developmental delay or have a diagnosed handicapping condition; Development of an Individualized Family Service Plan (IFSP); Physical, occupational, and speech therapy; Special instruction for infants and toddlers; Home visits and Home Activity Plans; Consultations with child care providers and other community resources; and Transition to public school services and other community programs.
Infant & Toddler Connection of Virginia

Virginia Department of Behavioral Health and Developmental Services
1220 Bank Street, 9th Floor
P.O. Box 1797
Richmond, VA 23219-1797
Phone: 1-800-786-3710
Fax: 804-371-7959
Website: www.infantva.org

The Infant & Toddler Connection of Virginia provides early intervention supports and services to infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. In addition, supports and services focus on helping parents and other caregivers know how to find ways to help the child learn during everyday activities. These supports and services are available for all eligible children and their families regardless of the family's ability to pay.

Public School Resources: Pre-School and Above

Alexandria City Public Schools (ACPS)

Website: www.acps.k12.va.us

- Anne R. Lipnick Special Education Family Resource Center:

  2000 N. Beauregard Street, Suite 203
  Alexandria, VA 22311
  Phone: 703-824-6600
  Website: www.acps.k12.va.us/curriculum/special-education/prc/

  -College and Career Center: www.acps.k12.va.us/tcw/counseling/career-center

Arlington Public Schools (APS)

Website: www.apsva.us

- Arlington Education & Employment Program (REEP): www.apsva.us/reek
- Teenage Parenting Program-Infant Care Center: www.apsva.us/domain/3824
- Special Education Parent Resource Center:
2110 Washington Boulevard, Suite 158
Arlington, VA 22204
Phone: 703-228-7239
Website: www.apsva.us/site/Default.aspx?PageID=2881

Fairfax County Department of Family Services (DFS)
Website: www.fairfaxcounty.gov/dfs
- Kinship Care: www.fairfaxcounty.gov/dfs/kinship
- Parenting Education Classes:
  www.fairfaxcounty.gov/dfs/childrenyouth/parentingresource/parentinged.htm

Fairfax County Public Schools (FCPS)
- Child Find: www.fcps.edu/dss/sei/ecids/overview.shtml
- Community Liaisons: www.fcps.edu/cco/fam/community_liaisons.shtml
- Family & School Partnerships: www.fcps.edu/cco/fam/index.shtml
- Parenting Classes: www.fcps.edu/cco/fam/resources/classes/index.shtml
- Parent Resource Center:
  2334 Gallows Road, Rm 105
  Dunn Loring, Virginia 22027
  Phone, English: 703-204-3941
  Phone, Español: 703-204-3955
  E-mail: prc@fcps.edu
  Website: www.fcps.edu/cco/prc/

Fairfax County Head Start & Early Head Start
Office for Children Head Start
12011 Government Center Pkwy, Suite 903
Fairfax VA 22035
Phone: 703-324-8290

Dunn Loring Center
2334 Gallows Road, Dunn Loring VA 22027
Phone: 703-204-6700
Espanol: 703-204-6701

Falls Church/Bailey’s Crossroads
Higher Horizons Day Care Center, Inc.
5920 Summers Lane, Bailey’s Crossroads, VA 22041
Head Start is an income-based federal program that serves children up to the age of five, and pregnant women, from low-income families. Head Start helps prepare children for success in school through early childhood education, services for children with disabilities, healthy meals and snacks, helping pregnant women find pre-natal care, helping families find health care, including dental and mental health care, and offering parenting workshops, events and one-on-one training.

**Loudoun County Public Schools**

- Office of Special Education: [www.loudoun.k12.va.us/page/909](http://www.loudoun.k12.va.us/page/909)
- Parent Resource Center:
  20 Union Street, NW, Leesburg, VA 20176
  Phone: 571-252-2185
  E-mail: Educator allyson.pate@lcps.org
  E-mail: Parent pamala.spiering@lcps.org

**Prince William County Schools**

- Office of Special Education: [http://specialeducation.departments.pwcs.edu/](http://specialeducation.departments.pwcs.edu/)
- Office of Special Education Parent Resource Center:
  Kelly Leadership Center, first floor
  14715 Bristow Rd.
  Manassas, VA 20112
  Phones: 703-791-8846 and 703-791-7438
  Website: [www.specialeducation.departments.pwcs.edu](http://www.specialeducation.departments.pwcs.edu)

**Other School Resources (Private Schools)**

**Accotink Academy**
Accotink Academy Therapeutic Day School is a special needs, language-based, literacy-rich Pre K-12 (ages 5-21) therapeutic setting serving children with emotional disabilities, developmental disabilities (including receptive and expressive language disorders), and specific learning disabilities in reading, mathematics, and written expression.

Accotink Academy Learning Center

8519 Tuttle Road, Building B
Springfield, VA 22152
Phone: 703-644-9072
Fax: 703-644-9074
E-mail: Julia.warden@accotink.com
Website: www.accotink.com

Accotink Learning Center's curriculum utilizes a multisensory and experiential approach to learning. Courses are designed to meet graduation requirements for Fairfax County and District of Columbia Public School systems and to prepare students to pass the Virginia Standards of Learning (SOL) and District of Columbia Comprehensive Assessment System (DC-CAS) testing.

Alternative Paths Training- Alexandria

5632 Mt. Vernon Memorial Hwy.
Alexandria, VA 22309
Phone: 703-766-8708
Fax: 703-766-8713
E-mail: sgross@aptsprograms.org, Susan Gross, Program Director
Website: www.aptschool.org

APTS school-based program components include: 1:1.5 Staff to Student Ratio School-wide; 12-Month Program; Extended School Day (6.75 hours); In-home Behavior Consultation (Behavior Intervention Training, Transition Support between School/Residence); 24/7 Emergency Support Services to Families; Functional Academics/On and Off-Site Vocational Experiences Offering Students an Individualized Life-Skills Oriented Academic Education; Full Range of IEP Support Services; State of the Art Individualized Functional Behavioral Assessment and Behavior Intervention Plan Development (Video Monitoring, Computer Data Collection Systems Development); and Collaboration with Established Community-Based Vocational Day Program Facilities.
Auburn School, Herndon Campus

13525 Dulles Technology Drive, Suite 101
Herndon, VA 20171
Phone: 703-793-9353
Fax: 703-793-9355
E-mail: admissions.herndon@theauburnschool.org
Website: www.theauburnschool.org/Herndon.cfm

The mission of The Auburn School is to grow the social and academic potential of bright students with social and communication challenges.

Aurora School

601 Catoctin Circle N.E.
Leesburg, VA 20176
Phone: 540-751-1414, ext 103
Fax: 703-777-1935
E-mail: cdeal@paxtoncampus.org, Courtney Deal, Admin. Director
Website: www.paxtoncampus.org/aurora-school

The Aurora School was founded by parents in cooperation with The Arc of Loudoun to provide a quality education for individuals with special needs. The school provides a progressive learning environment that serves individuals with intellectual disabilities, ages 5 to 22. It offers a wide variety of special education programs made to meet the individual student’s needs. Among the skills taught are: Verbal behavior; Academic literacy; Reading; Social skills; Self-management; and Problem-solving skills.

CARD (Center for Autism and Related Disorders) Virginia School

5400 Shawnee Road, Suite 208
Alexandria, VA 22312
Phone: 703-750-0633
Fax: 703-750-0655
E-mail: info@centerforautism.com
Website: http://dcwashington.centerforautism.com/

CARD’s overall purpose is to help each student achieve as much as they can and reach their maximum potential. Through its assessment, curriculum, and procedures they can provide an environment to optimize the learning of students and help them achieve academically, behaviorally, and socially. This is a day school for ages 3 through 15 years.

Commonwealth Academy

1321 Leslie Avenue
Alexandria, VA 22301
The Commonwealth Academy is a grade-level college preparatory program for students in Grades 3–12, offering services to average to superior students who require individual attention in small classes, as well as to students who have been diagnosed with a specific learning disability (LD) and/or with AD/HD. It provides on-site support services such as counseling, college counseling, and SAT/ACT preparation, and a wide variety of electives, clubs, activities, and athletics, readying its students for the challenges of college or other post-secondary education.

**Dominion School**

8000 Forbes Place, Suite 102  
Springfield, VA 22151  
Phone: 703-321-9091  
Fax: 703-321-9017  
Email: PellDK@aol.com, Debbie Pell, Director  
Website: www.thedominionschool.com

The Dominion School is an accredited, coeducational, therapeutic special education day school, providing a highly structured and individualized psycho-educational model for 27 adolescents who are experiencing emotional, learning, and/or behavioral problems that interfere with their educational development. Its primary goal is to help students return to a less restrictive educational setting with the academic, social, and emotional skills they need to succeed.

**Girls Recovery-Deep Run Lodge**

3100 Arlington Boulevard  
Arlington, VA 22204  
Phone: 540-446-3929 Admission Manager  
Phone: 703-302-3880 Campus  
Fax: 571-312-1394  
E-mail: admissions@phoenixhouse.org  
Website: www.phoenixhouse.org/locations/virginia/girls-recovery-lodge  
www.phoenixhouse.org

The Girls Recovery Lodge is a nationally accredited, eight-bed program for teenage girls. The program uses a cognitive-behavioral, 12-step approach to help residents understand the consequences of their substance use, develop their own recovery resources, and use those tools in their daily lives. Family involvement is strongly encouraged to facilitate the healing of relationships. Addiction counselors, as well as medical and psychiatric staff, address a wide range of substance abuse and mental health problems, and provide medication management.
Grafton School – Leesburg

801 Children’s Center Road, S.W.
Leesburg, VA 20175
Phone: 703-777-3485
Fax: 703-777-4887
E-mail: julderich@grafton.org
Website: www.grafton.org/locations/lessburg

The Loudoun Campus Intensive Outpatient Program treats adolescents (ages 12-17) who are in need of treatment and support due to a psychiatric condition (including dual diagnosis clients) that is interfering with their ability to function successfully within the community or at home. The program is based on learning and practicing anger management and stress management skills. Dialectical behavioral skills are taught and experienced so that clients learn how to effectively cope with negative moods and uncomfortable emotions. Cognitive behavioral therapy is used throughout the program to address participants’ identified needs and help them meet their treatment goals.

Grafton School-Sterling

152 Enterprise Street
Sterling, VA 20614
Phone: 703-430-0176
Fax: 703-430-0651
E-mail: drichardson@grafton.org
Website: www.grafton.org/locations/sterling

The Sterling day school program serves youth identified as having serious emotional disturbances, specific learning disabilities, or other health impairments. The school provides academic instruction for individuals ages 12-22, in conjunction with strong therapeutic support to assist students in successfully addressing their individual educational, social/emotional, and developmental goals. Students in the Day School program learn strategies and coping skills that can allow them to meet one of our goals: a successful transition back to a public school setting.

Griffin Academy Preschool at The Westminster School

6800 Columbia Pike
Annandale, VA 22003
Phone: 703-256-2035
Website: www.westminsterschool.com

The overall goal of the Griffin Academy is to provide a nurturing learning environment for preschool-aged children. There will be a routine to the day which will include exploration of various topics, including academics, as well as social learning. Children will be encouraged to use proper manners, learn to respect themselves and others, and to work and play together harmoniously.
Hartwood Foundations, Inc.

3702 Pender Drive, Suite 410
Fairfax VA 22030
Phone: 703-273-0939
Fax: 703-273-6807
Website: http://www.hartwoodfoundation.com/

The Hartwood Foundation is a nonprofit, nonsectarian organization that develops and operates residential service programs for persons with intellectual disabilities in Virginia. Founded in 1973 by a small group of families, our first program provided respite services. Today we have 17 additional community based group homes, along with a variety of family support programs. Nearly 100 persons live in our full-time community homes and 50 to 60 persons use the respite program annually. We also offer family support programs in cooperation with the Fairfax-Falls Church Community Services Board.

Ideal Schools

44675 Cape Court, #105
Ashburn VA 20147
Phone: 703-956-5020
Fax: 703-858-0843
Email: info@idealschools.org
Website: www.idealschools.org
Website: www.loudounGifted.org/

Ideal Schools High School opened in 2008 as the first and only co-educational independent high school in Loudoun County, Virginia. Dr. Deep Sran, an attorney, academic researcher, college and graduate school instructor, high school teacher, and high school administrator, founded the school after 15 years of research on and practice in how to improve formal education. In 2012, the school added grades 6 through 8 and was renamed Loudoun School for the Gifted, to reflect the school's focus and academic program.

Kellar School

11204 Waples Mill Road
Fairfax, VA 22030
Phone: 703-218-8500
Fax: 703-359-0463
E-mail: amy.hartswick@inova.org
Website: www.inova.org/healthcare-services/inova-kellar-center/kellarschool.jsp

The Kellar School is a therapeutic education program serving students grades three through 12 who have been identified as eligible for special education services. The structured, individualized program is designed to meet the needs of students with emotional and/or learning disabilities. These students may also have social, behavioral or health-related issues that significantly interfere with their ability to learn. The majority of the students are referred and placed by their
local school jurisdiction. Eligibility for special education at the private day school level is based upon the students’ Individual Education Program (IEP).

**Matthew's Center**

10651 Lomond Drive  
Manassas, VA 20109  
Phone: 703-369-2976  
Fax: 703-366-2777  
Website: [www.matthewscenter.org](http://www.matthewscenter.org)

Matthew's Center is a private nonprofit organization providing special education day school, after school, and outreach services to children with autism and their families.

**Minds In Motion Academy**

7171 New Market Court  
Manassas, VA 20109  
Phone: 703-772-2653  
Fax: 703-361-1906  
E-mail: aroushas@aol.com  
Website: [www.mindsinmotionva.com](http://www.mindsinmotionva.com)

The Minds in Motion Academy is an independent, co-educational school serving students in Kindergarten through 4th grade. It provides a multi-sensory learning environment that encourages dynamic learning and promotes movement and sensory integration throughout the academic day. Its mission is to nurture natural strengths and remediate areas of sensory-motor weakness in order to develop cognitive, academic, social, and physical foundations for a well-rounded education.

*Also offered is Minds in Motion Summer Camp (Website: [www.mindsinmotionva.com/mim-summer-camps](http://www.mindsinmotionva.com/mim-summer-camps)).*

**North Spring Behavioral Healthcare**

42009 Victory Lane  
Leesburg, VA 20175  
Phone: 703-777-0800  
Fax: 703-777-1038  
E-mail: Fredericka.harris@uhsinc.com  
Website: [www.northspringleesburg.com](http://www.northspringleesburg.com); [www.northspringleesburg.com/ed_center.html](http://www.northspringleesburg.com/ed_center.html)

The Center provides students with emotional and learning disabilities with an environment that promotes physical and emotional safety and enhances academic achievement. It offers students
an education that meets their individual learning needs and provides them new experiences in the core curricular areas, as well as Art and Music. The curriculum meets existing curriculum requirements for achieving high school diploma equivalency, and enhancing reading, vocabulary and social skills.

**Oak Valley Center**

11230 Waples Mill Road, Suite 100  
Fairfax, VA 22030  
Phone: 703-591-1146  
Fax: 703-591-1148  
E-mail: ovc@oakvalleycenter.com  
Website: www.oakvalleycenter.com

Oak Valley Center is a personalized day school for emotionally and learning disabled students offering comprehensive academic instruction for grades three through twelve in Science; Social Studies; Mathematics; Physical Education; English/Language Arts; Health; and Art. Students also attend a social skills group that introduces values such as honesty, conflict resolution, communication skills, problem solving, self-care, self-reliance, self-discipline, and dependability.

**Oakwood School**

7210 Braddock Road  
Annandale, VA 22003  
Phone: 703-941-5788  
Fax: 703-941-4186  
E-mail: rmcintyre@oakwoodschool.com  
Website: www.oakwoodschool.com

Oakwood School is a private, non-profit, co-educational day school for elementary and middle school students with mild to moderate learning differences. Students are of average to above average potential and exhibit a discrepancy between their potential and their current level of achievement. Some students may have been diagnosed with learning disabilities; some may also have attention difficulties; and others may have dyslexia, language or visual processing deficits, or difficulty with math.

**PHILLIPS Programs for Children and Families**

7010 Braddock Road  
Annandale, VA 22003  
Phone: 703-941-8810  
Fax: 703-658-2378
The PHILLIPS School – Annandale is state approved to serve students with: Specific Learning Disability; Emotional Disability; Autism; Intellectual Disability; Other Health Impairments; and Multiple Disabilities. The PHILLIPS Building Futures Fairfax and PHILLIPS Building Futures Loudoun provide intensive vocational programming for students with disabilities. The programs provide students with academic programming, supportive services, and related services while they learn the building trades as part of their school day.

Sensory Motor Integration Learning Enrichment Programs (SMILE)

7171 New Market Court
Manassas, VA 20109
Phone: 703-392-5055
Fax: 703-361-1906
Website: www.gmskids.com/sensory/programs/smile

The SMILE™ program provides a multi-sensory approach to academic, social, cognitive and motor learning. It is a half day program designed for children within the ages of three-six to serve as a preparatory program to Pre-Kindergarten and Kindergarten. The program curriculum includes gross motor, fine motor, Handwriting Without Tears®, Talkies™, social skills development, visual spatial skills, visual sequencing skills, and motor planning skills.

Youth for Tomorrow-New Life Center

11835 Hazel Circle Drive
Bristow, VA 20136
Phone: 703-368-7995
Fax: 703-361-4335
E-mail: etabish@yftva.com
Website: www.youthfortomorrow.org/Home

Youth for Tomorrow serves boys and girls who have been abandoned or abused by family, are homeless, are expelled from public schools or are in need of therapeutic intervention to address their mental health issues. Committed to providing a safe, healthy and motivating environment on its 200 acre campus, Youth for Tomorrow’s mission is to provide students with the opportunity to focus their lives and develop the confidence, skills, intellectual ability, spiritual insight, and moral integrity to become responsible and productive members of society.

Recreation and Leisure
Achieve Beyond – Pediatric Therapy and Autism Services

11240 Waples Mill Road. Suite 101
Fairfax, VA 22030
Phone: 703-237-2219
Fax: 703-237-2729
E-mail: MetroDCAutism@achievebeyondusa.com
Website: www.achievebeyondusa.com

Achieve Beyond, with a professional team including psychologists, program supervisors, instructors, board certified behavior analysts, and speech, occupational and physical therapists, develops an individualized program to teach communication, social/play skills, independence, appropriate behavior and pre academic skills. They offer Parent Training, Therapy Services, Occupational and Physical Therapy, and Speech-Language Therapy.

Adapted Sports, Recreation and Travel Fair for Individuals with Disabilities

James Lee Community Center
2855-A Annandale Road
Falls Church, VA
Phone: 703-534-3387
Website: www.poac-nova.org

The Parents Of Autistic Children of Northern Virginia (POAC-NoVA), Autism Society of Northern Virginia (ASNV), and a host of other support organizations for ALL individuals of ALL ages with ANY disability in coordination with the Fairfax County Therapeutic Recreation Services Department host an annual "Adapted Sports, Recreation and Travel Fair for Individuals with Disabilities." The Therapeutic Recreation Services Departments from Fairfax County and other areas usually participate, along with over 20 other agencies and teams from fifteen adapted sports and recreation categories. This fair is intended to provide information on adapted sports, recreation and travel opportunities for all individuals with disabilities living in Northern Virginia, including adapted summer programs and camps.

Alexandria City Department of Recreation, Parks & Cultural Activities-Therapeutic Recreation

1108 Jefferson St.
Alexandria, VA 22314
Phone: 703-746-5422
Fax: 703-535-5863
Website: www.alexandriava.gov/recreation/info/default.aspx?id=45758

Lee Center Therapeutic Recreation Programs include: Therapeutic Recreation Summer Program; Mainstream After-School Program (Ages 6-12); Little Dippers (Ages 6-12); Fantastic Fridays (Ages 6-12); Kids’ Day Out (Ages 6-12); Sensory Time Exploration Program (STEP)
(parent/child); Teen Scene (Ages 13-17); Friday Nite Hype (Ages 17-27); Adult Social Club (Ages 18 & up); Art Works (Ages 18 & up); Hobby Class (Ages 18 & up); TOP Soccer (Ages 5-18).

Arlington County Department of Parks and Recreation- Therapeutic Recreation

Langston-Brown Community Center
2121 North Culpeper Street
Arlington, Virginia 22207
Phone: 703-228-5210
Fax: 703-228-4757
E-mail: trinfo@arlingtonva.us
Website: www.arlingtonva.us/departments/parksrecreation/scripts/assistance/page79701.aspx

Arlington County provides specialized services for individuals with disabilities of all ages as they can be at an increased risk of physical, social or intellectual barriers. Specialized services include social clubs, family-centered programming, camps, adapted classes, and leisure education. Among the offerings is:

iCan Bike Camp

Kenmore Middle School
200 S. Carlin Springs Road
Arlington, VA 22204
Phone: 703-228-6800
Website: www.arlingtonva.us/departments/parksrecreation/scripts/assistance/page81653.aspx

iCan Bike (formerly Lose the Training Wheels Camp) is a camp designed to teach children with disabilities how to ride a two-wheeled bicycle. With their adapted bicycles, specialized instructional program, and trained staff and volunteers, most participants are riding on a two-wheel bicycle in 5 days. Riders attend a 75 minute session for 5 consecutive days where they practice riding while accompanied and encouraged by volunteer spotters.

Arlington Special Olympics

Therapeutic Recreation Services
Langston-Brown Community Center
2121 North Culpeper Street
Arlington, Virginia 22207
Phone: 703-228-4740
Fax: 703-228-4741
Website: www.arlingtonva.us/departments/ParksRecreation/scripts/assistance/ParksRecreationScriptsAssistanceTrResourceLinks.aspx
The Special Olympics Program is a year-round volunteer-run program for individuals with disabilities, and is one of the therapeutic recreation programs offered in Arlington. Fall sports include soccer, bowling, golf, soccer & volleyball. For more information, visit the Special Olympics Virginia website at www.novasova.org.

## Camp Fairlee

22242 Bay Shore Road  
Chestertown MD 21620  
Phone: 410-778-0566  
Fax: 410-778-0567  
Email: fairlee@esdel.org  
Website: www.de.easterseals.com/fairlee

Easter Seals provides accessible camping at Camp Fairlee near Chestertown, Maryland. This beautiful, residential/recreational and respite camp has 250 acres on Fairlee Creek and offers campers, age 6 and up, the opportunity to experience the joys and challenges of camp in a fully-accessible setting. In addition to summer camp, we offer respite weekends and Autism Weeks at camps.

## Children’s Adaptive Team Sports (CATS)

14550 Lee Road  
Chantilly, VA 20151  
Phone: 703-266-0118  
E-mail: catsports.info@gmail.com  
Website: www.thenzone.com/

CATS is a sports league for children with developmental disabilities, providing the opportunity to play basketball or soccer. The goal of CATS is for children that are not able to participate in typical functioning team sports programs will have the opportunity to participate in all of the same activities, experiences, and friendships created through sports. Children are grouped based on ability, not age or grade. Any significant behavior or health concerns will be addressed on a case-by-case basis. Games are played on the weekends at the nZone. Seasons consist of 8 games and go year round.

## Fairfax County Community and Recreation Therapeutic Recreation

Website: www.fairfaxcounty.gov/ncs/trs/

Examples of Therapeutic Recreation programs offered are: S.M.I.L.E. (Ages 3-5); Motor Skills (Ages 5-12); Saturday Leisure (Ages 6-22 ); Summer Adventure (Ages 5-12); Summer Explorer
(Ages 5-22); Summer Leisure (Ages 5-22); Wheelchair Sports (Ages 6-22); Joey Pizzano Memorial Fund Swim and Water Safety (Ages 5-22); and Beepball (Ages 8+).

**iCan Shine**

P.O. Box 541Paoli, PA, 9301  
Phone: 610-647-4176  
Website: [www.icanshine.org](http://www.icanshine.org)

iCan Shine (formerly, Lose the Training Wheels) provides quality learning opportunities in recreational activities for individuals with disabilities. They partner with local organizations and individuals to conduct iCan Bike programs in 32 States. Access their website to see when there is a program in your area. iCanShine will continue expanding their flagship iCan Bike program throughout North America and plan to offer other programs such as an iCan Swim program beginning in 2014.

**KEEN (Kids Enjoy Exercise Now)**

P.O. Box 341590  
Bethesda, MD 20827  
Phone: 301-770-3200  
E-mail: [info@keengreaterdc.org](mailto:info@keengreaterdc.org)  
Website: [www.greaterkeendc.org](http://www.greaterkeendc.org)

KEEN brings together volunteers from the community and young people with significant developmental and physical disabilities. It runs 25 free-of-charge sports programs in northern Virginia, Maryland and the District of Columbia. Offerings in Virginia include Sports and Music (Kids and Teens), Virginia Sports, and Tennis.

**Kellar Institute for Human disAbilities (KIHd)**

George Mason University  
4400 University Drive, MS 1F2  
Fairfax, VA 22030  
Phone: 703-993-3672  
E-mail: jpetersonk@gmu.edu  
Website: [http://kihd.gmu.edu/](http://kihd.gmu.edu/)

KIHd seeks to improve the lives and productivity of persons with disabilities. It combines the resources of George Mason University (GMU) with local, state, regional, national, public, and private sector agencies and organizations to develop products, services, and programs for persons with disabilities. KIHd sponsors a summer camp, **CompuRight**, a computer writing camp for rising third through rising eighth grade students. The primary focus of the camp is to work with students having difficulty in the writing process. Access the camp application at [http://kihd.gmu.edu/assets/docs/kihd/Camp/compuwrite%20_application_2013.pdf](http://kihd.gmu.edu/assets/docs/kihd/Camp/compuwrite%20_application_2013.pdf).
Loudoun County Parks, Recreation and Community Services, Adaptive Recreation

Website: www.loudoun.gov/index.aspx?NID=1185

A wide variety of Adaptive Recreation events and activities are offered throughout the year including: Adapted Aquatics; Bowling; Camping; Camps; Community Outings; Movies; Outdoor Recreation; Overnight Trips Special Olympics; and VSA Arts.

Loudoun County Special Olympics

Phone: 703-777-0438
E-mail: caitlin.marcotte@loudoun.gov, Area Coordinator Caitlin Marcotte
Website: www.loudounspecialolympics.org

Special Olympics is a non-profit organization that provides training and competition in various Olympic-style sports. Training is free to the athletes. Eligibility for participation in Special Olympics is open to those individuals at least eight years old who have been identified by an agency, or professional, as having cognitive delays as measured by formal assessment, or who have significant learning or vocational problems due to cognitive delay which have required specifically designed instruction.

Muscular Dystrophy Association Summer Camp

11800 Sunrise Valley Drive # 1210
Reston, VA 20191
Phone: 703-476-5780
Fax: 703-476-7095
Contact: Sherry McDaniel
E-mail: dcva@mdausa.org
Website: www.mdausa.org

The Muscular Dystrophy Association (MDA) offers a week-long residential summer camp for youth with muscular dystrophy. Activities offered are swimming, soccer, wheelchair races, carnivals, and fun activities for campers. Link to Virginia camp information: www.virginianavigator.org/vn/mda-summer-camp-northern-virginia/muscular-dystrophy-association-inc/program-253459.aspx.

National Federation of the Blind

200 East Wells Street at Jernigan Place
Baltimore MD 21230
Phone: 410-659-9314
Email: NShaheen@nfb.org
The National Center for Blind Youth in Science program—NFB STEM-X—provides students with learning opportunities in STEM disciplines ranging from engineering and robotics to the science of cooking. The program, held in the Baltimore metropolitan area on the campus of Towson University from July 29 to August 3, serves fifty blind high school students from around the country.

**Northern Virginia Special Olympics**

11350 Random Hills Road C-4  
Fairfax, VA 22030  
Phone: 703-359-4301  
Fax: 703-359-4306  
E-mail: vjennings@specialolympicsva.org; phammeke@finsvcs.com  
Website: [www.novasova.org](http://www.novasova.org)

This is a year-round program of sports training and athletic competition for children and adults with intellectual disabilities, serving all the communities of Arlington County, City of Alexandria, and Fairfax County. It provides year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with intellectual disabilities.

**Northern Virginia Therapeutic Riding Program**

6429 Clifton Road  
Clifton, VA 20124  
Phone: 703-764-0269  
E-mail: info@nvtrp.org  
Website: [www.nvtrp.org](http://www.nvtrp.org)

The Northern Virginia Therapeutic Riding Program (NVTRP) is a non-profit organization dedicated to enriching the lives of children and adults with disabilities, youth-at-risk, and veterans through the challenging, physically-active sport of horseback riding.

**Prince William County Parks and Recreation**

George Hellwig Memorial Park  
14420 Bristow Road  
Manassas, VA 20112  
Phone: 703-792-7060  
Fax: 703-792-4278  
Website: [www.pwcparks.org](http://www.pwcparks.org)
The Prince William County Department of Parks & Recreation provides indoor and outdoor recreational opportunities to the residents of Prince William County with more than 4,000 acres of park land, with 100+ miles of trails, blue ways and lakes. We provide nearly 200 summer camps for boys and girls throughout Manassas, Woodbridge, Dale City, Gainesville and Haymarket.

**Prince William County Special Olympics**

Phone: 703-680-6661; 540-729-2915  
E-mail: areacoordinator@pwsova.org  
Website: www.pwsova.org/pwso

Prince William County Special Olympics provides recreational programs for individuals with developmental disabilities who reside in the county. Currently there are 13 competitive sports events which involve 270 athletes (children and adults).

**Springfield Challenger Baseball**

8810 Dianne Place  
Springfield, VA 22152  
Phone: 703-304-2330  
E-mail: Egarret166@aol.com, Eddie Garretson, League Director  
Website: www.springfieldchallenger.org

Springfield Challenger is Little League Baseball for boys and girls, ages 4 – 21, who have any special needs that preclude them from participating in a mainstream Little League program.

**Washington Metro Transit Reduced Fare Program**

600 5th Street, NW,  
Washington, DC 20001  
Phone: 202-638-3780  
Website: http://www.wmata.com/fares/reduced.cfm

People with disabilities who have a valid Metro Disability ID card may ride for half the peak fare on Metrorail, and for 90¢ cash, or 80¢ paying with a SmarTrip® card, on regular Metrobus routes, and for discounted fare on other participating bus service providers.
Social Service Agencies

Alexandria City Community & Human Services, Center for Children & Families
Website: www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=50494

Arlington Department of Human Services, Child and Family Services
Website: www.arlingtonva.us/departments/HumanServices/services/family/HumanServicesServicesFamilyChildrenFamily.aspx

Fairfax County Department of Family Services
Website: www.fairfaxcounty.gov/dfs
- Complete Guide to Services for People With Disabilities: www.fairfaxcounty.gov/dfs/dspd/complete_guide_to_services.htm
- Disability Related Legal Resources: www.fairfaxcounty.gov/dfs/dspd/legal_resources.htm
- Kinship Care: www.fairfaxcounty.gov/dfs/kinship

Falls Church City Human Services Department, Housing and Human Services
Website: www.fallschurcchva.gov/content/government/departments/humanservices/housinghumanservices/human/default.aspx?cnlid

Loudoun County Department of Family Services
Website: www.loudoun.gov/index.aspx?NID=107

Prince William County Department of Social Services
Online Guides/Resources

**Alexandria City Community & Human Services Resource Guide for Children, Youth and Families:**

**Arlington Public Schools Education Center Private Tutor List:**
www.arlingtonteens.com/school/Tutors

**Arlington Public Schools Special Education Family Resource and Information Binder:**

**Fairfax County Kinship Care Quick Guide:**

**FCPS Parent’s Guide to Discipline Hearings:**
www.fcps.edu/supt/hearings/parentsguide.pdf

**FCPS Parent’s Companion Guide to Student Rights and Responsibilities:**

**FCPS Parent Resource Center Tutor List:** www.fcps.edu/cco/prc/resources/tutors.shtml

**FCPS Special Education Handbook for Parents:**

**Guide to Disability Rights Laws, including the Americans with Disabilities Act (ADA) and the Individuals with Disabilities Education Act (IDEA):**
www.ada.gov/cguide.htm

**Learning Disabilities Association of America:** www.ldanatl.org
Loudoun County Public Schools Handbook on Transition Planning for Students and Families:

Loudoun County Public Schools Parent Resource Center Tutor List:
www.lcps.org/page/1413

Prince William County Public Schools Tutor List:
www.studentservices.departments.pwcs.edu/modules/cms/pages.phtml?pageid=253308&SID

Special Needs Kids Information, LLC: www.specialneedskidsinfo.com

Technical Assistance Center on Social Emotional Intervention for Young Children (TACSEI): www.challengingbehavior.org

U.S. Department of Health & Human Services, Child Welfare Information Gateway:
www.childwelfare.gov

U.S. Department of Education Office of Special Education and Rehabilitative Services
Tool Kit on Teaching and Assessing Students with Disabilities:
www.osepideasthatwork.org/toolkit/index.asp

Virginia Department of Education Parent's Guide to Special Education:
In Spanish: www.doe.virginia.gov/special_ed/parents/parents_guide_spanish.pdf
For e-readers: www.doe.virginia.gov/special_ed/parents/parents_guide.epub

Virginia Department of Education Division of Instruction:
www.doe.virginia.gov/about/instruction/index.shtml

Virginia Department of Education Division of Instruction Standards of Learning:
www.doe.virginia.gov/testing/sol/standards_docs/index.shtml

Virginia Department of Education Licensed Private Schools for Children With Disabilities
www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf

Virginia Department of Education Parents Guide to Special Education:

Virginia Department of Education Regulations Governing Special Education Programs for Children With Disabilities:
Virginia Department of Education's Training/Technical Assistance Centers (T/TAC)
For Persons Serving Children and Youth With Disabilities: www.ttaonline.org

Virginia Family Special Education Connection Website
The goal of this website is to provide a one-stop-shop for parents, families and caregivers of children with special needs: www.vafamilysped.org
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Formed Families Forward
4031 University Drive, Suite 100
Fairfax, VA 22030
(703) 539-2904 phone
(703) 277-7730 fax
info@formedfamiliesforward.org
www.formedfamiliesforward.org
Kelly Henderson, Ph.D., Executive Director