EWMA Educational Development Programme

Curriculum Development Project

Education Module:

Introduction to Wound Management

Latest revision: October 2012
ABOUT THE EWMA EDUCATIONAL DEVELOPMENT PROGRAMME

The Programme is designed to assist students and healthcare professionals who work with patients with wounds and related skin conditions and wish to develop and/or increase their knowledge and skills in order to meet patient needs.

Overall, the Programme aims to:

- Provide students and healthcare professionals with the knowledge and skills to equip them to perform their role in the delivery of optimal wound care.
- Provide contemporary, interdisciplinary, product/brand neutral wound management education that is endorsed by EWMA.
- Provide quality standards against which other organisations can evaluate existing wound management programmes.
- Achieve European acceptance by developing an educational framework that is in line with European Commission educational initiatives in order to disseminate best practice in wound care.

ABOUT THE CURRICULUM DEVELOPMENT PROJECT

The Curriculum Development Project is at the heart of the Educational Development Programme. The aim of the Project is to develop a flexible curriculum, consisting of a number of modules. All modules are based on a standard template but individually focused on a specific aspect of wound management. Each module is developed by a small group consisting of members of the EWMA Education Committee and/or affiliated wound care key specialists. For an updated list of the currently available modules please visit the education sub page at www.ewma.org.

ABOUT THIS MODULE

The Introduction to Wound Management module aims to:

- Broaden participant’s knowledge and understanding of the principles of assessment and management of wounds.
- Evaluate strategies to promote effective inter-professional collaborative working for patients with wounds.
MODULE CONTENT

1. Elaborating Body

European Wound Management Association (EWMA)

2. Date of production of module

June 2004

3. Latest review date

October 2012

4. Module intended learning outcomes

This module provides opportunities for health professionals to develop and demonstrate knowledge and understanding, skills and other attributes in the following areas:

A. Intellectual Skills – Knowledge and Understanding

Participants will have knowledge of the:

1. Physiology of normal wound repair and the body’s response to injury.
2. Physiological differences between acute and chronic wounds.
3. Epidemiology of a range of different wound types.
4. Assessment of the patient with wounds and factors that delay wound healing and compromise tissue viability.
5. Broad range of wound management treatments.
6. Psychosocial impact wounding has on the individual and society.
7. Organisation of interdisciplinary services available for the assessment and management of patients with wounds.

B. Practical Skills – Skills and Attributes:

Participants will be able to:

2. Assess the wound and surrounding skin.
3. Make effective treatment decisions, initiate further investigations and know when to refer to specialist services.
4. Monitor and evaluate treatment outcomes.
5. Identify the psychosocial impact that wounding has on the individual.
6. Evaluate the provision of multidisciplinary services for the assessment and management of patients with wounds.
5. **Teaching/learning methods & strategies**

   Acquisition of 4.A & 4.B (see above) is through a combination of lectures, small group workshops and learning in practice throughout the module. There is also the possibility of using e-learning in combination with traditional learning methods. Throughout, the learner is encouraged to undertake independent study both to supplement and consolidate what is being taught and to broaden individual knowledge and understanding of the subject.

6. **Assessment methods**

   Assessment methods will need to vary for each professional group. Understanding will be assessed in a variety of ways i.e. open discussion, formal written exercises, case studies, practice work-books. Throughout, the learner is expected to consolidate the development of practical skills / management skills in the clinical setting.

7. **Unit content**

   **A. Overview / epidemiology**
   Prevalence and incidence of acute and chronic wounds
   *National/International guidelines*
   **The financial costs associated with wound care**
   Indirect costs and quality of life
   Economical evaluation in wound care
   Auditory / quality of care

   **B. Anatomy**
   Skin and associated structures
   Function of cells associated with wound healing e.g. neutrophils, fibroblasts

   **C. Pathophysiology**
   The physiology of wound healing and tissue repair
   Physiological differences between acute & chronic wounds
   Risk factors associated with delayed wound healing
   Role of inflammation in wound care

   **D. Principles of patient care**
   Assessment e.g. physical, psychological, social
   Identification of patient centred management objectives
   Care planning and documentation
   Evaluation of outcomes
Use of evidence based practice/clinical guidelines
Referral criteria
Interdisciplinary team working
Ethical / Legal implications
Reimbursement

E. Assessment
General assessment process e.g. patient factors, lifestyle factors
Local wound assessment process e.g. wound bed preparation
**Differential diagnosis – acute and chronic wounds**
Skin assessment e.g. allergies, dermatitis, pressure ulcer risk assessment
Investigations e.g. blood screening, urinanalysis, biopsy, x-ray
Assessment of wound-related pain

F. Wound management
Wound management strategies including the use of wound management products and adjunct therapies
Assessment of wound bed, surrounding skin
Principles of wound cleansing
Selection of wound cleansing agents
Wound bed preparation including debridement, management of inflammation/infection
moisture balance and stimulation of the wound margin
Pain management to ensure effective assessment and evaluation of outcomes including the use of analgesia
Dressing selection including product availability relative to local circumstances and different healthcare settings
Care of the surrounding skin e.g. contact dermatitis, avoidance of trauma/skin stripping, maceration, blistering, allergies.
Advanced wound care products/techniques
The use of guidelines and evidence-based practice to treat wounds
Evidence base to support complementary wound therapies e.g. aromatherapy

G. Management of Infection
Assessment/presentation - clinical signs/symptoms, silent infection
Superficial infections, cellulites and sepsis
Deep infections - surgical drainage
Methods of identifying infecting agents - culture and swab techniques, biopsy
Radiological and other investigations – Isotope scans, Magnetic Resonance Scans
Management of MRSA and other multi-resistant organisms
Use of topical antiseptics - indications, type and duration of treatment
Biofilms – diagnosis and treatment
Active dressings (silver, iodine, honey)
Adjunct therapies: their relevance and practical application

H. Specialist Interventions
Referral criteria for specialist assessment e.g. plastic surgery, dermatology

I. Systemic and local pharmacological management
Analgesia e.g. local, systemic
*Nutritional supplements e.g. mineral and vitamin supplementation*
Antibiotic therapy for infection - indications, type and duration of treatment

J. Rehabilitation services
Structure and management of wound care services
Integrated hospital and community care
Specialized wound care clinics
Multi-disciplinary, multi-professional approach
Patient follow-up services

K. Psychosocial aspects of care
Impact of wounds on the individual & society – quality of life issues
Factors affecting adherence to treatment including case examples of individuals who have effectively failed to comply with treatment strategies
Effective patient education strategies
Advantage of using quality of life instruments specific for people with wounds
Caregiver’s education and support

8. Unit specific learning resources
   - Books
   - Journals
   - Web links