Class of 2016 Cadet Jordan Komm, West Point Cadet Parachute team member (above), lands in Falcon Stadium prior to the Army West Point Football team’s 20-3 loss to Air Force Nov. 7 in Colorado Springs, Colorado. Members of the Firstie class of the WPCPT joined the U.S. Air Force Academy’s Wings of Blue Parachute team to train together. While in Colorado, members of WPCPT trained with the PTWOB demo team to jump into Falcon Stadium. This training came to a peak when three cadets from each school jumped into the Army-Air Force game. Football is considered the principal event of the academy rivals weekend, however there were many other events and moments captured throughout the three days (Nov. 6-8). See Pages 6-7 for story, photos and links to see everything from the weekend.

Photo by Michelle Eberhart/PV

#ArmyvsAF Weekend was a success among cadets! Catch a glimpse of the cadets’ perspective on pages 6-7.
Rock excavation completed on new barracks

Over the past two years, the U.S. Army Corps of Engineers blasted and hauled enough rock to fill a football field 32 inches high to make way for a new cadet barracks at the U.S. Military Academy.

The engineers performed this work under difficult conditions—surrounded by historic buildings filled with thousands of cadets. They worked in this restrictive area with great care knowing they will relieve the tight living quarters experienced by the cadets who are presently living in overcrowded conditions.

Today, the rock blasting is done and Davis Barracks is being constructed. The barracks will not only provide much needed living space, but also be energy efficient and save taxpayers’ money.

Davis Barracks is being designed and constructed by Army Corps contractor Walsh Construction Company of Chicago and its designer, Clark Nexsen.

The barracks will be 287,000 square feet in size and have six floors. Five of these floors will accommodate 130 cadets in two-person rooms. The entire barracks will provide living space for 650 cadets. Cadets will be provided with latrines and showers, a laundry area, day rooms, office areas, study and collaboration rooms, trash and recycling areas, and offices and storage rooms.

“The Corps has made major progress over the past two years since this project was awarded,” said Catherine Scott, team leader, U.S. Army Corps of Engineers, New York District. “We completed blasting and removal of almost 60 feet of solid rock from the top of a mountain, and then hauled approximately 150,000 cubic yards of this rock to off-site locations, all done from a restricted project site surrounded by historic structures occupied by over 4,000 cadets.”

The barrack’s infrastructure is expected to be completed this December and soon after this, work will begin on the granite exterior façade, windows and doors will be worked on as the new facility should be ready for occupancy by December 2016.

“As of today, the rock blasting is done at the site of the new Davis Barracks. Now the construction is focused on the infrastructure of the building that should be completed by December. Soon after the infrastructure is complete, various aspects such as the granite exterior façade, windows and doors will be worked on as the new facility should be ready for occupancy by December 2016.”

Eric S. Bartelt
PV Managing Editor, 938-2015
Michelle Eberhart
PV Assistant Editor, 938-3079
Kathy Eastwood
PV Staff Writer, 938-3684

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Hispanic Heritage Foundation, DSE host LOFT STEM Symposium

Approximately 100 high school students from The Young Women’s Leadership School in Astoria, Queens; Information Technology High School in Queens; and Robert Goddard High School of Ozone Park, New York, attended the inaugural LOFT (Latino’s on Fast Track) STEM Leadership Symposium Nov. 4 at Arnold Auditorium in Mahan Hall.

The symposium was hosted by the Society of Hispanic Professional Engineers Chapter at West Point, Hispanic Heritage Foundation, which host the LOFT programs, and the Department of Systems Engineering to promote STEM careers and provide career-path and leadership guidance, educational opportunities and connectivity for students and young professionals interested in the Science, Technology, Engineering and Mathematics fields.

Lt. Col. Jose Ramirez, assistant professor/operation research analyst for the Department of Systems Engineering spoke to the students about careers in the STEM fields.

“I know this is your first time at West Point,” Ramirez said. “I know you are trying to get through your high school days, but your career is very important.”

Ramirez is a first generation Mexican-American born in Los Angeles and was the second of seven children. During his youth, he grew up in the barrios of Pico Rivera, California. Ramirez received a Bachelor of Science degree in Civil Engineering from the University of Notre Dame, earned a Master of Science degree in Operations Research and Industrial Engineering at the University of Texas in Austin and earned a Ph.D. in Operations Management from the University of Colorado at Boulder.

Dean of the Academic Board, Brig. Gen. Timothy Trainor, presented the students with a quick history lesson of West Point.

“We defended West Point (during the Revolutionary War) by preventing the British from crossing the Hudson River,” Trainor said. “West Point is jutting out of the Hudson River and that is where we can have a defense. A chain of Iron going from West Point, across the Hudson River prevented the British from getting across to West Point. Engineering is important in the foundation of our country and West Point.”

Although engineering is important, Trainor advised the students that liberal arts, history, literature and English are just as important for a well-rounded education.

The Hispanic Heritage Foundation hosts LOFT symposiums in different regions across America, generally at universities. This year, students attended or will attend programs at the University of Houston, University of California, Georgia Tech University and the University of Texas.

HHF also partners with the Army in programs designed to help student leaders define their role within their schools or organization, encourage them to make an impact within their community, provide a chance to network with professionals and other young Latinos interested in STEM, and provide insightful panels of STEM professionals that showcase their different career paths, resources and opportunities available for Latinos entering the STEM field.

The LOFT institute is a social network providing leadership training, mentoring, and career path and workforce development programs.

This online community connects emerging leaders to each other, experts in the fields of STEM, business and finance, foreign affairs and entrepreneurship to name a few.

The students participated in the U.S. Army Leadership Workshop, STEM panel presentations in the fields of engineering that included cyber, explored STEM fields at the career table and enjoyed a tour of West Point by the History Department.
SCUSA theme: Confronting Inequality: Wealth, Rights and Power

Story and Photos by Kathy Eastwood
Staff Writer

The U.S. Military Academy and the Department of Social Sciences hosted the cadet-run 67th Student Conference on United States Affairs Nov. 4-7.

Approximately 180 cadets, 40 senior participants, and 200 students from 150 colleges and universities from the United States and 20-30 foreign countries attended as delegates to the conference.

The conference also serves as a yearlong leadership development opportunity with the goal of solidifying SCUSA as a world-class conference, which is planned and developed exclusively by cadets.

“It’s a humbling and enlightening experience so far,” Class of 2018 Cadet Aaqib Syed said. “Even though we have diverse views, we always can find common ground. We can be united in the fact that we are all trying for one goal.”

The annual conference promotes academic discussion of U.S. foreign policy to help foster understanding among future military and civilian leaders.

There were 15 round-table discussions including exploring the question of gender equality in democratic countries and how the U.S. should act with democratic countries that show no gender equality.

Table discussion subjects included “North America, Separate but Unequal, Democratization,” which explored the question of whether gender, race and class still matter in today’s world and “Civil-Military Relations-The Military as a Mirror,” which explored the question whether the military should be representative of American Society.

Round table discussions were led by experts in the various fields such as retired Ambassador to the Republic of Macedonia from 2002-05, Lawrence Butler, who co-chaired the round-table discussion of Europe-Collective Defense, Disjointed Security.

Former Secretary of State, Madeleine Albright, was the keynote speaker and answered student delegates’ questions on foreign policy during a round-table discussion.

“I’m having a great time,” Paris Patterson-Garner from Laverne, California, said, “It’s crazy to be around all these people with different ideas. Everyone has a different perspective.”

Patterson-Garner said differing ideas are what make the conference interesting and talking about issues to form a common ground.

Delegates stayed with cadets in the barracks and dined in the mess hall during the conference, helping to promote understanding between military and civilian experiences.

“I think this is a great experience. I’m enjoying staying with the cadets and getting to see how they live for the four years they are here,” Oklahoma State University student Magen Regley said. “You definitely learn how to work on behalf of America at the conference even with a variety of backgrounds, and you learn to compromise.”

At the completion of the round-table discussions, delegates worked on a policy recommendation, which is submitted to their peers and the best papers are published in the Undergraduate Journal of Social Sciences.

“I’ve enjoyed it so far, it’s so interesting to get so many academic disciplines (in one place),” Class of 2016 Cadet Wilhelm Bunjor said. “I’ve been to other academic conferences where everyone seemed to gravitate to one discipline. This was more diverse.”

A SCUSA round-table discussion on China in one of 15 round-table discussions presented to student delegates and USMA Cadets. Students from roughly 120 colleges and universities, including U.S. Military Academy cadets, attended the 67th annual Student Conference on U.S. Affairs Nov. 4-7 at West Point. The theme for this year’s conference is “Confronting Inequality: Wealth, Rights and Power.”

War Council Panel: “Israel Defense Forces—Operation Protective Edge”

By Maj. John Paxton Defense and Strategic Studies


The group included Lt. Col. Mattan (an instructor at the Israeli Tactical Academy), Capt. Doran, Lt. Omri and Lt. Harrel (three current students at the Israeli Tactical Academy).

The IDF officers discussed the IDF in general as well as some of their experiences during the 2014 Israel-Gaza conflict known as “Operation Protective Edge.”

The event was well attended with approximately 65 cadets, staff and faculty in attendance.

The panelists started the discussion by highlighting some of the primary differences between the IDF and the U.S. Military, one being the Israel utilizes a conscript force.

All able bodied young Israeli men are required to serve a three-year service obligation to the IDF. Young women are required to serve two years.

Another key difference of the IDF from the U.S. is that they are in a constant state of impending conflict because of their geographical location.

Surrounded by unfriendly neighbors, including terrorist groups like Hamas and Hezbollah, Israel needs to remain at a heightened state of security at all times.

The takeaway from these two differences is that the IDF service member can remain confident that there will be some type of conflict during their short two or three years of compulsory service.

An area that both the U.S. Military and the IDF have in common is the restrictive nature of warfare in urban areas, due to rules of engagement, and attempting to minimize collateral damage in dense populations. Terrorist enemies, on the other hand, do not share these restrictions and use that to their advantage.

Not only are offensive military actions more restrictive, but it is also extremely difficult to recognize enemy fighters among the civilian population.

Terrorist groups often use this type of concealment to go unnoticed until they initiate an attack at their time and place of choosing.

The IDF panelists also discussed some highlights of OPE, an initiative to stop rocket fire from Gaza into Israel, and to seek and destroy tunnel systems that were used by Hamas to infiltrate the border.

They explained in detail the impressive infrastructure of these tunnels, and how...
Triathlon: The Army West Point Triathlon team traveled to Austin, Texas Nov. 8. Seventeen cadets raced in the Ironman 70.3 Collegiate National Championships. Again this year, the Army team swept the podium. The team had the top three collegiate men, top three collegiate women and the first-place team. Air Force was the second-place collegiate team. The top three Army West Point men were Class of 2018 Cadet Jacob Slife, Class of 2016 Cadet Thomas Hinds and Class of 2017 Cadet Dylan Varrato.

The top three Army West Point women were Class of 2016 Cadet Cat Sedy, Class of 2018 Cadet Mackenzie Williams and Class of 2018 Cadet Paige Dougherty. Two cadets also qualified for the Ironman 70.3 World Championships in 2016. In addition to the outstanding collegiate results, Class of 2016 Cadet Dylan Morgan raced as a professional athlete and finished eighth overall out of a field of 33 professional male triathletes. Dylan completed the 1.2-mile swim, 56-mile bike and 13.1-mile run in a personal best of 4 hours and 5 minutes.

WAR COUNCIL PANEL,
cont’d from Page 4 —

Hamas builds them in a complex way that makes their discovery quite challenging.

In addition to the complexity, the tunnels are nearly 100 feet below the ground, a factor that makes them much more difficult to identify and destroy.

A parting word from the panel was the importance of strong confident leaders at the platoon through battalion levels.

They stressed that these leaders needed to show stamina to be able “to go the distance,” not just for the battle at hand.

This is a takeaway that applies not only to the IDF, but U.S. leaders as well, as we remain committed to combating those that would do us harm.
A friendly rivalry against our sister academies always makes for a good time. While the weekend may have been dampened by the 20-3 loss on the football field, the Cadets claimed victory over the Falcons in events throughout their stay at the Air Force Academy.

The festivities for the extended weekend began Nov. 5 with a bonfire rally at West Point. Cadets lit the “Chair Force” on fire and celebrated the upcoming weekend.

Hundreds of cadets were then flown to Colorado Springs on Air Force planes so they could partake in the merriments and enjoy all the competing sports and club teams.

Some of the Army West Point highlights from the weekend included a Women’s Rugby shutout against the Falcons 43-0.

The Army Women’s Boxing team also beat Air Force in a no-prisoners victory, beating the Falcons 3-0.

Army Co-ed Soccer beat Air Force 3-2; Judo reigned victorious 16-4-6; the Climbing team edged out the Falcons 562.2-532.5; and Men’s Team Handball narrowly defeated Air Force 41-40.

“Air Force’s Judo team works very hard and it was great competing with them,” said Class of 2017 Cadet and Judo club member Frank Lin. “Overall, it was a great experience learning about our sister academy and how everything works.”
#GOARMY: CADETS GET SOCIAL @AF_ACADEMY

@jessannejohnson: "Between seeing family, watching football and meeting some pretty cool zoomies, it’s been an awesome weekend! Already missing Colorado. Next up Navy! #fixBayonets #goArmy #BeatAirForce #BeatNavy #wecanonlyhope"

@_thecrucible: We’re pretty real #westpoint #beatairforce

@good_man_dan: “Tough loss, but good to know that I’ll have the best Air Force in the world supporting me in the years ahead.”

@armywpwrugby: "1-2-3 BEAT AIR FORCE! #GoArmy #BeatAirForce #MissionAccomplished"

@starfleet_cadet: "Making new friends is fun #goArmy #theWatchman"

@westpoint_usma: "Let's go Army! The West Point Spirit band performs here at @af_academy! #GoArmy #BeatAF #DutyHonorCountry"

Make sure to follow @Westpoint_usma for Instagram updates and use #GoArmy and #DutyHonorCountry to connect with us.
FEATURED ITEMS

Brigade Championships
The Intramural Brigade Championships will take place Monday-Wednesday, with make-up dates Nov. 19 and 23-24. The following is the schedule of events during Championship Week:
- Monday—Soccer, 4:30-5:45 p.m. at Daly Field;
- Monday—Basketball, 5:25-6:25 p.m. on the second floor of the Arvin Cadet Physical Development Center;
- Tuesday—Flag Football, 4:30-5:45 p.m. at Daly Field;
- Tuesday—Wrestling, 5:30-6 p.m. on the second floor of the Arvin Cadet Physical Development Center;
- Wednesday—Functional Fitness, 4:45-5:45 p.m. at Daly Field.

EDUCATION and WORKSHOPS

Modern War Institute event
The Modern War Institute is excited to announce that it’s continuing the tradition of the War Council with a series of multi-disciplinary panels and noteworthy speakers throughout the semester.

MWI cordially invites all interested cadets, staff and faculty to join it for the following event that will help everyone better understand the conflict that is shaping the world around us.

The next MWI Speaker Series event is the War Council Panel: “Ukraine—the Brink of War?” from 12:50-1:45 p.m. Friday at Washington Hall Room 5006.

American Education Week
American Education Week is Monday-Nov. 20. The Army Education Center, including representatives from the extension schools, will have an information table available at the PX from 10:30 a.m.-1:30 p.m. Nov. 19.

For details, contact Nancy Judd, AEC counselor at 938-3464.

Transition Workshops
Transition Workshops are designed to assist separating or retiring service members and their family members in preparing for a smooth transition to civilian life.

The workshops provide information on entitlements and services available, including the Department of Veterans Affairs Veterans’ Benefits Briefings.

The Department of Labor also conducts an extensive employment workshop.

Service members are required to begin the SFL-TAP no later than 12 months before transition.

Upcoming schedule dates are:
- Monday-Nov. 20;
- Dec. 7-11;
- Jan. 4-8.

Registration is required. Contact the SFL-TAP Office at 845-938-0634 or register for more details.

Job Fair/Networking Event—SFL-TAP and ACS Employment Readiness Program
Join the Soldier For Life—Transition Assistance Program and ACS Employment Readiness Program for a Job Fair/Networking event from 11 a.m.-1 p.m. Nov. 20 at ACS, Bldg. 622.

This is an excellent opportunity to meet with a small group of employers and service providers for networking and employment possibilities.

The event is open to active duty service members, veterans, military spouses, DOD civilians and their family members.

For a list of participating employers and the opportunities/fields available, check the West Point ACAP Facebook page for updates at www.facebook.com/WestPointACAP.

No registration required for job seekers. For details, call 938-0634.

Army Education Center

College courses are offered through the Army Education Center at West Point.

Undergraduate classes:
- Mount Saint Mary College—Call Shari Seidule at 845-446-0535 or email sharon.seidule@msmc.edu;
- Saint Thomas Aquinas—Call Erica Rodriguez at 845-446-2555 or email ERodriguez@stac.edu;
- Long Island University—Master’s Degrees in School Counseling, Mental Health Counseling and Marriage and Family Counseling—Call Mary Beth Leggett at 845-446-3818 or email marybethLEGGETT@liu.edu.

The Army Education Center is located at 683 Buckner Loop (between Starbucks and Subway).

Army Personnel Testing programs
The Army Education Center at West Point offers Army Personnel Testing (APT) programs such as the AFQT, DLAB, DLPT, SIFT through the DA and DLI.

Tests are free of charge to Soldiers. Call the Testing Center at 938-3360 or email gwenn.wallace@usma.edu for details or an appointment.

Employee Assistance Program
West Point Garrison offers an Employee Assistance Program that is a free and confidential counseling for civilians, family members and retirees.

The program offers services from 7:30 a.m.-4 p.m. Monday-Friday. The EAP is located at 656 Eichelberger Road.

For details, call 938-1039.

DANTES testing
The Army Education Center at West Point offers academic testing programs through the Defense Activity for Non-Traditional Education Support (DANTES) such as the SAT and ACT. Pearson VUE offers licensing and certification exams.

Most tests are free of charge to Soldiers.

Call the Testing Center at 938-3360 or email gwenn.wallace@usma.edu for details or an appointment.

OUTSIDE THE GATES

Garden Club of the Highlands lecture
Join the Garden Club of the Highlands for a gardening lecture by Hotel Thayer’s garden expert Jim Gray at 6:30 p.m. today at the Highland Falls Public Library.

There will be refreshments provided at the lecture.

O’Neill High School drama production
James I. O’Neill High School is presenting Fall semester drama productions at 7 p.m. Friday-Saturday at the James I. O’Neill High School Auditorium.

The presentations will be two one-act plays—Discovering Rouge and 10 Ways to Survive the Zombie Apocalypse.

An ice cream social fundraiser benefitting future O’Neill students will be held on weekends during the play.

Guests are invited to arrive early as tickets are only available at the door.

Grace Baptist Church of Highland Falls
Grace Baptist Church of Highland Falls is hosting a Memorial Day service at 9:45 a.m.; Worship Service at 11 a.m. (Free). The church is located at 54 Old State Road, in Highland Falls.

There will be a memorial service at 10 a.m. for those who have lost loved ones in the past year.

For details, call 845-446-4994.
FEATURED EVENT

Holiday Tree Lighting Ceremony
Join MWR at 6 p.m. Dec. 7 at Daly Field as the community lights the West Point Holiday Tree. Santa and refreshments will follow at the West Point Club.
Performances by Academy Brass Quintet of the USMA Band, Cadet Chapel Community Choir, Boy Scouts and Girl Scouts.
For details, call 938-4690.

JUST ANNOUNCED

2015-16 Night Time Basketball League
The MWR Sports Office will conduct the 2015-16 Night Time Basketball League open to all eligible USMA personnel 18 years of age and older. Games are played at Arvin Cadet Physical Development Center, second floor basketball courts, at 6:30 p.m. Mondays and Thursdays. League play starts Nov. 30. Personnel interested in entering a team, contact Jim McGuinness at 938-3066 or call 938-3066.
Deadline for team entries is Nov. 23.

AFAP Issues
Army Community Service is seeking suggestions for quality of life improvements from members of the West Point community. It’s very easy to submit a recommendation and it can even be done anonymously. Visit www.westpointmwr.com/afap.htm and click on the “Submit” button. Alternatively you can submit issues using www.myarmyonesource.com and click on the AFAP issue management icon on the home page.
Department of the Army Level issues must be submitted by Dec. 1 for consideration this year. All other local AFAP issues will be reviewed at the Garrison level at the next Commander’s Steering Committee meeting.
For questions, call Jen Partridge at 938-3655 or email jennifer.partridge@usma.edu.

Muder Mystery Dinner Theater
The West Point Club presents “Santa’s Hit List” Murder Mystery Dinner Theater at 7 p.m. Dec. 7. Organized crime never takes a holiday! The boys and their gun molls come back to West Point for the holiday to settle their “family” differences.
Find out who and why with dinner, dancing and a brand new murder mystery performed by New York’s leading mystery dinner theater group, “The Killing Company.”
There is a minimal fee for this event. Reservations are required by calling 938-5120.

ACS Holiday Reception
Army Community Service is offering a community holiday reception at 3:30 p.m. Dec. 10 at ACS, Bldg. 622.
Santa will be available for photos and refreshments will be served. RSVP by Dec. 7 to Kathryn.seymour@usma.edu or call 938-3487.

FOR THE ADULTS

Arts & Crafts November class schedule
- Today—Open Studio, 1-4 p.m. Come in and explore your artistic side. Canvas painting and glass-fusing projects will be available.
- Today—Arts & Crafts Private Event, 5-7 p.m. There is a minimal fee for the above classes. For details and to register, call 938-4812.

Sunday Brunch at the West Point Club
The West Point Club’s Sunday Brunch in the Club’s Pierce Dining Room is 10 a.m.-2 p.m. Sunday. Reservations are suggested. For details, call 938-5120.

Spin Express
Revolutionize your evenings and spin! A 45-minute Spin class is scheduled at 7 p.m. Nov. 19, Dec. 3 and 17 at the MWR Fitness Center. For details, call 938-6497.

November trip with Leisure Travel Services
- Nov. 25—Museum of Natural History and Macy’s Balloon Inflation. Leave West Point at 10 a.m., leave New York City at 4:30 p.m.
- There is a minimal fee for this trip and event. For details on the above trips, call LTS at 938-3601.

Macy’s Thanksgiving Parade
Tickets are on sale now at Leisure Travel Services (LTS) for the Macy’s Thanksgiving Parade. This traditional New York City parade takes place Nov. 26.
Leave West Point at 6 a.m. Return immediately after the parade. There is a minimal transportation fee for this event.
For tickets and more details, call 938-3601.

Thanksgiving Day Feast
Enjoy the West Point Club’s traditional Thanksgiving dinner Nov. 26. Two seatings will be available.
The first seating is at noon in the Pierce Dining Room. The second seating is at 2 p.m. in the Grand Ballroom. Reservations are required.
For reservations and pricing, call 938-5120.

Thanksgiving Boarding
Morgan Farm is now taking reservations for pet boarding for Thanksgiving. Reservations are taken 8 a.m.-1:30 p.m. Monday-Friday. For details, call 938-3926.

NFL Sunday Ticket
The West Point Club now has NFL Sunday Ticket from 12:45-8 p.m. every Sunday.
Complimentary snacks, free Wi-Fi, weekly menu specials and a pub menu are available. For details, call 938-5120.

WEST POINT MWR CALENDAR

FOR THE FAMILIES

EFMP Families: Family Fun Night Series
Join us at ACS, Bldg. 622, from 3:30-5 p.m. for our Family Fun Night Series. The upcoming dates are:
- Nov. 19—Family Game Night—we will have different stations of games to enjoy with your friends and family;
- Dec. 10—ACS Holiday Social—Join Santa, ACS and the entire community for some punch, cookies and holiday spirit.
Bring the whole family to each event.
Contact Josephine Toohey or Anne Marshall at 938-5655.

Radio City Christmas Spectacular starring the Rockettes
Tickets are on sale now at Leisure Travel Services for Radio City Christmas Spectacular starring the Rockettes. This holiday tradition has two available show dates—Dec. 10 and 17. Leave West Point at 1 p.m., for a 5 p.m. curtain. Return immediately following the show. Motor coach transportation is provided.
For details, call 938-3601.

CYSS Football Childcare
A required minimum of 15 paid children is needed in order to provide care on Army West Point football game days. Care is located at the Stony CDC, Bldg. 1207.
Care will begin one hour before the game and children must be picked up within one hour of the game’s end. Meals and snacks will be provided.
Children must be registered with CYSS Services.

FOR THE YOUTHS

PAWS for Kids
The Exceptional Family Member Program presents the American Red Cross PAWS for KIDS.
All sessions take place between 3:30-5 p.m. at ACS on the following dates:
- Tuesday, Dec. 1 and 8.
For details, call 938-5655 or Josephine.toohey@usma.edu.

Youth Sports Basketball Leagues
Four divisions of Youth Sports Basketball Leagues are available:
- Little Shooters for 4 year olds. From 10-10:45 a.m. Saturday mornings;
- Training League for 5-6 year olds. From 5-6 p.m. Mondays and Wednesdays;
- Collegiate League for 7-9 year olds. From 6-8 p.m. Monday and Wednesdays;
- Junior NBA for 10-13 year olds. From 6-8 p.m. Tuesdays and Thursdays.
The season starts Dec. 7. Registration is open for residents and non-residents. Registration closes Wednesday. There is a fee for the leagues.
For details, call 938-3550/8896.

Wee Ones and Wee Read Winter programs
The Family Advocacy Program has your winter Wee Ones and Wee Read dates scheduled.
Wee Ones will meet Mondays—9:30-11 a.m. Dec. 7 and 14 and Jan. 4, 11 and 25 at the Youth Center, Bldg. 500. Wee Read will meet Thursdays—9-10 a.m. Dec. 3 and 17 and Jan. 7 and 21 at the ACS Resiliency Center, Bldg. 626, second floor (pre-registration required).
For details, contact Shelley Ariosto at 938-3369 or Lisa Pokorny at 938-0629.

Breakfast with Santa
Join the West Point Club from 9 a.m.-noon Dec. 6 for its annual Sunday breakfast with Santa.
- Design your own cupcake bar. Children can decorate their own dessert with the assistance of our staff. Santa and his helpers will be on hand to visit with all the children.
For reservations, call 938-5120.
Keller Corner

Join Keller in the Movember campaign for men’s health awareness

The Movember Foundation is a global charity committed to men living happier, healthier, longer lives. Since 2003, millions have joined the men’s health movement, raising $650 million and funding over 1,000 programs focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity.

There are two parts to Movember:
(1) MOVE—a 30-day fitness challenge to get started in a workout routine or to boost your current workout routine. Take a 30-minute walk to work, play a game of ping pong or go on an epic bike ride—no MOVE is too big or small. Post pictures, updates and/or words of encouragement on your social media page to encourage others.

Get your friends, family, school or workplace involved to MOVE as a team, or challenge them to match your MOVEs.
(2) Moustaches in Movember—For 30 days your moustache turns you into a walking, talking billboard for men’s health.

In particular, Movember focuses on Prostate Cancer, Testicular Cancer, Poor Mental Health and Physical inactivity.

For military members, your moustache must be within military regulations. For civilians, your moustache should be neat in appearance.

If you would like to get involved in the Movember fundraising efforts, go to https://us.movember.com/get-involved/moustaches for more details.

Keller to receive state-of-the-art MRI machine Monday and Tuesday

Keller Army Community Hospital will receive delivery of a new state-of-the-art MRI machine Monday and Tuesday.

Ambulatory patrons are requested to use the main entrance during the working hours those two days in lieu of the Emergency Department entrance.

Ambulances and non-ambulatory patients may continue to use the ED entrance during the working hours Monday and Tuesday.

Traffic diversion signage within Keller will be placed directing patients to the main entrance during the MRI delivery activity.

UPCOMING EVENTS:

Ballroom Dancing
West Point Club’s Grand Ballroom
November 22
12-3pm

Come dance the afternoon away in the Grand Ballroom. Autumn lunch buffet and cash bar.

Member: $24* per person
Non-Member: $29.50 per person

For info call, 938-5120

As one of the leading causes of death, keep Diabetes in check

By Keller’s Population Health Nurse
Primary Care Dept.

Diabetes is one of the leading causes of disability and death in the United States. One in 11 Americans have diabetes—that’s more than 29 million people. Another 86 million adults in the United States are at high risk of developing type 2 diabetes.

People with diabetes are nearly two times more likely to die from heart disease or stroke than a person without diabetes.

Diabetes is one of the most serious health problems that the African-American community faces today.


To raise awareness about diabetes and healthy living, Keller Army Community Hospital is proudly participating in American Diabetes Month. Locally, as of 2009, 6.9 percent of the adult population in Orange County live with or are at risk of diabetes.

American Diabetes Month® is the vision of the American Diabetes Association to help people live free of diabetes and all its burdens.

Raising awareness of this ever-growing disease is one of the main efforts behind the mission of the Association.

The American Diabetes Association estimates that the total national cost of diagnosed diabetes in the United States is $245 billion.

Visit www.diabetes.org/in-my-community/american-diabetes-month.html/?sthash.zwcrC8VD.dpuf to learn more. If you are overweight, have high blood pressure or are age 45 or older, you are at higher risk of developing type 2 diabetes.

The good news is that making healthy changes can greatly lower your risk. To help prevent type 2 diabetes you should:
• Watch your weight;
• Eat healthy;
• Get more physically active.

For more details, visit www.YourDiabetesInfo.org/DiabetesMonth2015. Make an appointment at 845-938-7992 to see your Primary Care Manager.

LifeWorks

• Thanksgiving Day Craft: BBC will be making Pilgrim napkin holders out of recycled juice boxes at 132 Bartlett loop from 3-4:30 p.m. Tuesday.

Register via email at j Aeemi@abcre.pom by Friday. All events are free and open to current West Point Family Home residents.

• Thanksgiving Turkey Dinner:

Celebrate Thanksgiving a week early at the Youth Center’s Annual Turkey Dinner in partnership with CYSS and BBC from 5-7 p.m. Nov. 19.

Open to all registered youth in grades 6-12.

Registration is required to reserve a spot.

Register at the Youth Center by Saturday or by calling 845-938-3727.

SHARP Resources

• USMA SARC Program Manager, Samantha Ross—call 938-0508;
• Garrison SARC, Dan Toohey—call 845-938-5657 or email dan.toohey@usma.edu;
• USCC SARC, Maj. Damon Torres—call 845-938-7479 or email damon.torres@usma.edu;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
• USMA SARC Program Manager, Samantha Ross—call 938-0508;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;
• KACH SARC, Dr. Scotti Veale—call 845-938-4150 or email scotti.l.veale.civ@mail.mil;
• USMAPS SARC, Dr. Stephanie Marsh—call 845-938-1950 or email stephanie.marsh@usma.edu;

MOVIES at MAHAN

Theatre schedule at Mahan Hall, Bldg. 752.

Friday—Spectre (First Run), PG-13, 7:30 p.m.
Saturday—Pan, PG, 7:30 p.m.
Saturday—Everest, PG-13, 9:30 p.m.
(For movie details and updates schedules, visit www.shopmyexchange.com/reel-time-theatres/West-Point-1044343.)
Volleyball downs Lafayette for 20th win

By Ally Keirn
Army Athletic Communications

The Army West Point Volleyball team earned its 20th victory of the season Nov. 7 over Lafayette in Easton, Pennsylvania. The Black Knights swept the Leopards with set scores of 25-20, 25-11 and 25-8.

With the win, Army improves to 20-7 overall. This is the first time since the 2012 season that the volleyball squad has surpassed 20 wins.

In 2012, the Black Knights finished the season 20-9. This is the sixth time in head coach Alma Kovaci’s tenure that her team has eclipsed 20 wins.

“The team played great today,” Kovaci said. “They took care of business while also having fun. It was a total team win and we are going to take the time to celebrate before focusing on the final regular season matches.”

Senior outside hitter Nicole Perri led Army’s offense with 12 kills, she was followed by sophomore outside hitter Amber Clay who recorded 11 kills. Sophomore middle blockers Rachel Gearon and Carolyn Bockrath tallied six kills apiece, while junior outside hitter Olivia Fairfield recorded five.

Senior setter Vanessa Edwards dished out 37 assists for the Black Knights and had a team-high 11 digs. Clay added 10 digs, while sophomore libero Shannel Chong had nine.

Freshman outside hitter Victoria Reyer had a career-high six service aces in the win.

The first set was tied 10-10 before the Black Knights pulled away. Army reached the 20-point mark first when Lafayette was cited for a ball-handling error to bring the score to 20-15. The Leopards fought back to make the score 20-17, but Edwards assisted Gearon before Perri tallied a kill of her own to push the Black Knights ahead 22-18.

Clay converted a kill off a pass from Chong and then Reyer recorded a service ace. Gearon recorded a kill to close out the set 25-20.

Army dominated in the second set and jumped out to a 13-3 lead. The Leopards tallied two points, but the Cadets scored four-straight points to increase their lead to 17-5.

Perri and Gearon recorded two points for Army off of kills, while two points were scored off attacking errors by Lafayette.

Kills by Gearon and sophomore outside hitter Jaden Pickell pushed the Black Knights lead to 19-7. The Leopards earned a kill, but that seemed to excite Army.

The Cadets then went on a 6-3 run to close the set. Pickell earned a kill, which was followed by a service ace by Chong. Edwards and Chong each tallied assists during the stretch, and the Black Knights earned match point off a kill by Clay.

In set three, the Black Knights doubled the Leopards score at 15-8 before Reyer was subbed in to be on the serve to close out the set with 10-straight points.

Reyer had three aces in the 10-0 stretch, while Clay tallied four kills.

The Black Knights held an advantage in every statistical category over Lafayette.

The Cadets led in points, 60-27; kills, 49-22; aces, 8-3; blocks, 3-2; assists, 47-20; and digs, 52-35.
By Ally Keirn
Army Athletic Communications

For the first time in over a decade, the Army West Point Men's Swimming and Diving team edged Columbia. The Black Knights defeated the Lions in a close, 153-143, dual-meet Nov. 6 in New York.

Army maintained its unbeaten streak on the year and improved to 4-0 overall.

"It was a great team win for us," head coach Mickey Wender said. "They were able to come off the bus into a challenging environment and be successful. It was a great win and the team showed a lot of heart and toughness in the meet. Nobody got overly emotional. "The guys knew what their roles were and executed well. They focused on the things that mattered most and it was a great overall team win. Chris and Jay really stepped up big for us today and had wins in key races," Wender added.

The Black Knights started the meet off strong by placing first and third in the 200 medley relay. Sophomore Josh Sembrano, senior Sam Mo, senior Austin Kong and senior Chris Szekely joined together to touch the wall in 1:31.84.

Sophomore Evin Rude, freshman Neon Stern, sophomore Jason Rodriguez and freshman Brandon McCredie placed third with a time of 1:35.06.

In the 1000 free, freshman Tom Ottman was the Cadets' top finisher after clocking a 9:37.81, a personal best. He finished third and was followed by junior Clay Harmon who recorded a 9:42.15.

Sembrano placed first in the 100 back for the Black Knights after touching the wall in 50.33 before freshman Jay Yang clocked a first-place time of 1:49.47 in the 200 fly.

Sophomore Jason Rodriguez (1:52.47) and senior Zack Blankenbecker (1:53.49) earned the third- and fourth-place spots in the 200 fly for Army.

In the 50 free, Szekely finished in first place with a time of 20.72. McCredie was third after clocking a 21.19.

After the diving break, Szekely turned around to be the top finisher in the 100 free after touching the wall in 45.25.

McCredie, McCall and Sjoholm were third through fifth for the Black Knights in the same event.

Yang and Sembrano went one-two in the 200 back. Yang recorded a time of 1:49.72 and Sembrano finished in 1:50.73. Ottman clocked a 4:37.78 in the 500 free to place third, while Kong (50.09) and Rodriguez (50.80) were second and third in the 100 fly.

Yang recorded another first-place finish on the night in the 200 individual medley. He touched the wall in 1:51.33.

The Black Knights closed-out the meet with the top time in the 400 free relay. The team of Szekely, McCredie, McCall and Rude had a time of 3:02.92 to place first.

In the diving events, junior Edward Emery was awarded 186.15 points off the 3-meter to place third. On the 1-meter, senior Joe Frullaney tallied 237.23 points, while Emery was fourth with a score of 188.48.

Army increases its lead over the Lions to 58-24 all-time with tonight's victory.

The Black Knights will take a weekend of rest before heading to the Terrier Invitational Nov. 21-23 at Boston University.
Hockey erases two-goal deficit, ties RIT

By Matt Faulkner
Army Athletic Communications

The Army West Point Hockey team erased a two-goal deficit in the first period to finish in a 2-2 tie against RIT in an Atlantic Hockey Association game Nov. 7 at Tate Rink.

Army moves to 0-5-2 overall and 0-4-2 in the league after the draw, while RIT goes to 3-4-2 and 3-0-1.

“Anytime you lose a game on a Friday night, you are always thankful to get back at it,” head coach Brian Riley said. “We were certainly excited for our opportunity to come back tonight. We knew it was going to be a huge challenge because RIT is a good team. I am really pleased with how our guys responded, especially after the first period. I give the guys all the credit in the world. They came together and figured out a way to do this.”

“We expect effort from our guys every game so I wasn’t surprised, but to be down two goals to a very good team, it could have gone two ways,” Riley added. “I am really pleased for the way our guys rallied around each other and obviously Parker made some huge saves. There were a lot of good things, but still more to work on.”

Army had its first power play opportunity of the contest just 1:22 into the opening period after an RIT skater was called for hooking. The Black Knights registered four shots on the man advantage, with two of attempts being saved by Tiger goaltender Mike Rotolo. Rotolo totaled 31 stops on the night.

RIT netted consecutive goals 12 seconds apart, with both tallies coming off the stick of Myles Powell. Powell netted the first on assists from Greg Amlong and Alexander Kuvali while the Tigers had an extra skater due to a delayed penalty on Army.

Powell scored the second goal on the ensuing power play with 10:19 left in the period on assists from Mark Goldberg and Amlong to extend RIT’s advantage to 2-0.

Army took advantage of its second power play of the game 3:22 into the second stanza, as junior forward C.J. Reuschlein tallied his first of the year on an assist from sophomore forward Tyler Pham to cut the Black Knights’ deficit to a goal.

Freshman forward Trevor Fidler fired a shot on the near side that Rotolo stopped with his blocker, but drew a slashing penalty in the process to send Army back on the power play with 10:25 remaining in the middle period.

The Black Knights power-play unit manufactured three shots, but was unable to solve Rotolo and the Tiger defense as the score remained 2-1, in favor of the visitors.

Army junior netminder Parker Gahagen settled in after allowing the two first-period goals, as the junior came up with 14 saves and held the Tigers scoreless in the second frame before finishing the game with 37 saves.

The Black Knights knotted the contest up at 2-2 on a power-play goal from sophomore defenseman Mike Preston with 5:02 remaining. Fidler sent a lead pass ahead to senior forward Joe Kozlak, who sent a shot on goal that was saved before Preston batted the puck out of midair and into the back of the net.

The action went back and forth for the first portion of the third period before an Army slashing penalty with 7:10 remaining tilted the offensive chances in favor of RIT.

The Tigers registered four shots on the power play, but Gahagen turned away two of the shots and senior forward Shane Hearn blocked away another.

The game got off to a slow start, as neither team was able to find the try zone until the 31st minute when freshman Nicole Newton dotted down to put Army up 5-0.

Freshman Jessica Maddox earned her first try of the season in the 43rd minute with sophomore Olivia Lopes connecting on the conversion to take the 12-0 lead.

Junior Savannah Murray scored three minutes later, as Lopes booted her second conversion, to send Army into the break with the 19-0 lead.

Army came out strong in the second half, as freshman Taylor Jessop scored her first of the morning in the 63rd minute. Lopes connected on the kick and Newton would find the try zone again in the 80th minute, with Lopes connecting on the conversion to take the 12-0 lead.

Junior forward C.J. Reuschlein scored his first goal of the season to help Army West Point come back from a two-goal deficit to tie RIT, 2-2, Nov. 7 at Tate Rink.

Kozlak stole the puck in Army’s defensive zone before making his way down the rink and killing off close to 20 seconds before firing a shot on net that was saved to all but end RIT’s man advantage. Kozlak and Hearn recorded shots on net that were saved with under five ticks remaining in regulation before RIT was called for a roughing penalty with 0.4 seconds left in the period.

Kozlak had two more shots on the ensuing power play to start the overtime period before the Tigers were whistled for a second penalty to give the Black Knights a 5-on-3 advantage for 3 seconds, beginning with 3:12 left in overtime. RIT successfully killed off both penalties before drawing a holding call against the Black Knights with 59.6 seconds on the clock.

RIT fired two shots on the power play, but neither made it to Gahagen as the game ended in a tie.

Women’s Rugby grounds
Air Force in 43-0 victory

By Kelly Dumrauf
Army Athletic Communications

The Army West Point Women’s Rugby team blew past service academy rival Air Force Nov. 7, Downing the Falcons by a score of 43-0 in Colorado Springs, Colorado.

Six different Black Knights found the scoresheet on the morning as the team bested the Falcons for the second consecutive year in 15s action.

“It took a while to find our rhythm, but everyone stuck together and stuck to the plan and by the second half we started firing on all cylinders,” head coach Bill LeClerc said. “They worked really well together and it was pleasing to see them get a really, well-deserved win.”

The game got off to a slow start, as neither team was able to find the try zone until the 31st minute when freshman Nicole Newton dotted down to put Army up 5-0.

Freshman Kaley Rose would dot down in the 73rd minute, with Newton would find the try zone again in the 80th minute, with Lopes connecting on the conversion to take the 12-0 lead.

Junior Savannah Murray scored three minutes later, as Lopes booted her second conversion, to send Army into the break with the 19-0 lead.

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Junior Savannah Murray scored three minutes later, as Lopes booted her second conversion, to send Army into the break with the 19-0 lead.

Army came out strong in the second half, as freshman Taylor Jessop scored her first of the morning in the 63rd minute. Lopes connected on the kick and Army earned the 26-0 advantage.

Jessop would score again seven minutes later, with Lopes adding the conversion, to put the Black Knights up by a score of 33-0.

Freshman Kaley Rose would dot down in the 73rd and Newton would find the try zone again in the 80th minute, as Army earned the 43-0 victory.

With the win, the Black Knights move to 6-4 on the season. They’ll return to Anderson Rugby Complex at 5 p.m. Friday to take on fellow service academy Navy in the final regular season contest of the 2015 season.

Women’s Rugby grounds
Air Force in 43-0 victory

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Army Athletic Communications

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