LESSON 6
The Fruit of the Holy Spirit
The Fruit of the Holy Spirit

Lesson Objective:
In this lesson, kids will recognize the various ways that a Christian grows to become more like Jesus once they have received the fullness of the Holy Spirit.

Bottom Line:
The fruit of the Spirit is outward evidence that the Holy Spirit lives inside the Christian.

Bible Foundation:
Galatians 5:26, Luke 6:44

Teacher Insights:
“A great many persons are endeavoring to produce the fruit of the Spirit through the entirely natural processes of character building, such as: the exercise of the will, esthetic culture, mental science, the pursuit of philosophy, education in ethics, etc.; all of which is very commendable from the human point of view. It is much better to be moral, ethical, cultured, well-informed, decent, friendly, honorable and patient than to be the opposite; however, these above-named virtues, achieved by purely human effort, are not the fruit of the Spirit, but the imitation of it. They are wax fruit in contrast with real fruit; just as beautiful as the real to view from a distance, but immeasurably inferior to the taste.”

“When Christ fully formed in the believer by the indwelling of the Spirit, true Christian-like virtues will be the natural result – a result as natural as that of the growth of apples on an apple tree. If he is devoid of fruit, he is obviously devoid of the Spirit of Christ. Paul’s list of the characteristics of the fruit of the Spirit is actually the Sermon on the Mount in a nutshell. It is the ideal of Christian living in its most concentrated expression. The greatest treasure of the believer is this golden chain composed of nine precious links on which is engraved, “The fruit of the Spirit.” (Guy P. Duffield and Nathaniel M. Van Cleave, from Foundations of Pentecostal Theology, pg 292, LIFE Bible College, San Dimas, CA 1987.)
Discussion Questions:
For individual study of the teacher or for application as you teach:
Divide into groups, give each group a spiritual fruit (or more depending on the number of kids you have). In the group have them reread Luke 6:44. Then look up the scripture to go with each fruit. These scriptures can be found under ‘object talk.’ Take time and explain how that fruit would look to those around us, or even make a skit about how the fruit would be displayed in our lives.

About 10 minutes before class is over have one person come forward from each group and share about the fruit their group had and how you can show that fruit to others.

Memory Verse:  
(see pages 4 and 5)
“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.” Galatians 5:22

Object Talk:
The Fruitful Life  
(see pages 5 and 6)

Activities:

Game – Love is First  
(see page 6)
Craft – Fruit Loop Reminder  
(see page 7)
Handout – Fruit of the Spirit Scramble  
(see pages 8 and 9)

Take Home:
Reinforce learning from this lesson using the Take Home summary  
(see page 10)
Memory Verse

Memory Verse:
But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Galatians 5:22

Memory Verse Activity:
Display on paper and have students look up in their Bibles Galatians 5:22. Read the verse out loud in unison. Use a quiet voice at the start getting louder in the middle and then speaking quietly at the end. Raise and lower your hand to show when voices should be raised and lowered. Repeat verse several times, varying when you speak loudly and softly.
But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Galatians 5:22
Object Talk

The Fruitful Life

Theme:
The Fruits of the Spirit

Teaching Point:
We want people to see Jesus when they see the way we act and respond to others.

Supplies:
• Large Picture of Tree
• 9 different pictures of fruit (with tape or Velcro backing to attach to the tree)
• Basket

Scripture:
But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law. Galatians 5:22

Preparation:
On each picture of fruit write a different fruit of the Spirit. Then write the scripture to match the fruit of the Spirit to be used in the small group time.

• Love: 1 Corinthians 13
• Joy: Nehemiah 8:10
• Peace: Philippians 4:11-13
• Patience: Psalms 37:7 & 1 Cor. 12:4
• Self – Control: Proverbs 16:32 &
  1 Corinthians 9:24-27
• Kindness: Titus 3:4-7
• Goodness: Acts 11:24 – 26
• Faithfulness: Genesis 39 - 41
• Gentleness: John 8:1-11
Place fruit in basket
Read Luke 6:44

Suggested Presentation:
It says you will know a tree by the fruit. Does that mean we will be growing apples from our elbow and bananas from our ear? This tree looks cool, colorful with lots of different fruit. When you see a tree like this it makes you want to pick its fruit or sit under it. Most trees have only 1 fruit but this tree has lots of different kinds of fruits. Today I have brought in a tree and I am going to show you what fruit Jesus wants to see in our lives. Let's take a look at the different kinds of fruit on this tree. Have different kids come up and pull a fruit from the basket. Have them read what is on the fruit and have them place it on the tree. When all the fruit is on the tree have the kids look up in their Bibles Galatians 5:22 and read the verse together (or have the verse on a board for them to read together). We can be like this tree, attracting to others because the Fruit of the Spirit is active in our lives.

Prayer:
Lord please grow these fruits in our lives that we would be an example of Jesus to those around us.
Love is First

Teaching point:
We can’t just pick and choose the fruit we want in life. The Bible refers to love “the greatest of these is love” 1 Corinthians 13. God put love first to remind us that we need to start with love and the other fruit are an overflow of that love.

Supplies:
• The tree and fruit from the object talk.

Option 1:
• Mix up all the fruits of the Spirit.
• Have children put the fruit in order according to the scripture verse.
• You can do this as a relay.
• One person at a time putting one fruit in the right place until all are in order.

*Time different children putting the fruit in order.*

Option 2:
• Have all the fruit on the tree.
• Remove different fruits.
• Have children guess what fruit has been removed.
• Once they have guessed have them share a way they could show that fruit in their life.

Teaching Point:
We need all the fruits in our life. Each fruit ties into the next. We can’t leave one out. Some we need to work on more than others, but they all need to be active in our life.
Craft

Fruit of the Spirit Reminder

Teaching Point:
We want to make sure our lives are displaying the fruit of the Spirit. Let’s think of different ways that may look.

Supplies
- Card Stock
- Photocopy list of the fruits of the spirit.
- Fruit loop cereal
- Glue

Directions:
Photocopy your list of the "fruits". Make one 3 x 4 copy for each child. Have children glue the list to a 5 x 7 piece of poster board. Have children then glue their fruit loops around the edge of the list to frame it. If desired, you can hole punch at top and string with yarn so they can wear their art or even put some magnet tape on back for a refrigerator picture list of the fruits of the spirit.

Suggestions:
1. Give each child a fruit to make a picture.
Unscramble the words, then place the letter above each number on the line below.

1. C E E P A

2. S G N O O D E S

3. L C S F O R E T O L N

4. V L O E

5. L G S T E N E E N

6. S D N K I S E N

7. O Y J

8. T C E P A I N E

9. L N A S I F F T U S E H

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Fruit of the Spirit Reminder Scramble

_P_ _E_ _A_ _C_ _E_ _E_  
(CEEP A

_G_ _O_ _O_ _D_ _N_ _E_ _S_ _S_  
(SGNOODES

_S_ _E_ _L_ _F_ _C_ _O_ _N_ _T_ _R_ _O_ _L_  
(LCSFORETOLN

_L_ _O_ _V_ _E_  
(VLOE

_G_ _E_ _N_ _L_ _E_ _N_ _E_ _S_  
(LGSTENEEN

_K_ _I_ _N_ _D_ _N_ _E_ _S_  
(SDNKISEN

_J_ _O_ _Y_  
(OYJ

_P_ _A_ _T_ _E_ _N_ _C_ _E_  
(TCEPAINE

_F_ _A_ _L_ _E_ _H_ _U_ _N_ _E_ _S_ _S_  
(LNASIFFTUSEH

_F_ _R_ _U_ _L_ _E_  
(F2UL}

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Bottom Line  
week 6  
The Fruit of the Spirit is evidence that the Holy Spirit lives in us.

Memory Verse  
But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law.  
Galatians 5:22

We are learning about:  
THE HOLY SPIRIT

The Fruit of The Holy Spirit

Take Home

Talk About It  
Talk about these questions as a family on your way home or during a meal.  
Kid’s Question:  
When is a time when you have shown self-control?  
Parent’s Question:  
When is a time when you have shown patience?  

Today’s Bible Story is:  
A tree will be known for its fruit.  
Luke 6:44

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