# Definition of Child Life Course

The required child life course must have a focus on children in the healthcare environment and must be taught by a Certified Child Life Specialist (CCLS). **ALL of the following applied areas of study must be included in the course.**

### Required Topics of Study

*(Detailed descriptions can be found on the reverse of this page)*

1. Child Life Documents
2. Scope of practice
3. Impact of illness, injury and healthcare on patients/families
4. Family-Centered Care
5. Therapeutic play
6. Preparation

The CCLS instructor is expected to complete and sign this form and provide a copy to each student upon successful completion of the course. It is incumbent upon the instructor to use the form to identify the topics covered in the course.**

It is the student’s responsibility to save all necessary verification forms that demonstrate coverage of the six areas of applied study. Without this documentation, the requirement will not be considered satisfied.

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**Important Notes**

- The supervising CCLS must maintain the CCLS credential throughout the period of instruction.
- Courses may be taken either in-person or online.
- There is no minimum number of credit hours per class.
- To be accepted, courses MUST:
  - be taken for credit; non-credit or audited courses are not accepted
  - be at the bachelor’s level or higher
  - be taken at an academic institution that has been accredited by an organization recognized by either the US Department of Education or the Council on Higher Education Accreditation or the international equivalent
- appear with a passing grade on an official transcript
- Candidates must submit an official transcript documenting that a passing grade was achieved.
- CLC does not pre-approve courses. It is the instructor’s responsibility to confirm which topics are covered in their course.
- Photocopies of this form are accepted as documentation when establishing eligibility for the exam.
- Exam candidates are encouraged to keep a copy of this form for their records.

**Instructions**

Complete the requested information. Submit by fax at 301-881-7092 or mail to:

Child Life Council  
11821 Parklawn Drive, #310  
Rockville, MD 20852

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**Background**

There are three components of eligibility for the Child Life Professional Certification Examination. All three must be met prior to the application deadline for the desired exam administration. Please refer to the Candidate Manual for more details.

1. **Minimum of Baccalaureate Degree:** Applicants must have either completed a bachelor’s degree, or be in the final semester of study for the degree.

2. **Course Work:** Applicants must have completed a total of 10 college - or university-level courses in child life or a related department/subject **including a minimum of one** child life course (defined below) taught by a Certified Child Life Specialist (CCLS). This is the form on which the CCLS instructor verifies that the child life-specific curriculum has been taught.

3. **Clinical Child Life Experience:** Applicants must complete a minimum of 480 internship or fellowship hours of child life clinical experience under the direct supervision of a CCLS who meets specific qualifications.

**Purpose of the Child Life Course Requirement**

The Child Life Certifying Committee (CLCC) aims to foster the proficiency of individuals pursuing a career in child life by requiring an academic background that includes knowledge essential to child life practice. Preparation that provides a solid academic and practical base for students will allow them to build a foundation of knowledge in the core competencies of child life.

When preparing students for specialized fields such as child life, having content experts provide instruction is highly valuable. Those who have earned the CCLS credential by successfully completing the Child Life Professional Certification Exam have demonstrated a level of expertise in child life that makes them uniquely suitable to instruct aspiring child life practitioners.
The following required topics of study were/were not covered in this class:

(Please check the appropriate box next to each of the topics below)

1. **Child Life Documents** - This will provide knowledge and understanding of the Official Documents of the Child Life Council (CLC) including the Code of Ethical Responsibility, Child Life Competencies, and Standards of Clinical Practice, the Child Life Mission, Values and Vision Statements, and the Code of Professional Practice.

   ![Covered/Not Covered Options]

2. **Scope of practice** – This will provide an introduction to the spectrum of child life practice in direct and non-direct services in pediatric health care including a historical review of the profession and its development in the evolution of children’s healthcare.

   ![Covered/Not Covered Options]

3. **Impact of illness, injury and health care on patients and families** – This will illustrate, within the context of developmental theory, the stressors and developmental and psychosocial treatment issues that affect the health care experience of a “child and family” including siblings.

   ![Covered/Not Covered Options]

4. **Family-Centered Care** - This will provide an understanding of the key principles of patient- and family-centered care, including principles of respect and dignity, information sharing, supporting participation in care, and collaboration in relationship to child life practice.

   ![Covered/Not Covered Options]

5. **Therapeutic play** - This will provide students with opportunities to examine elements of play, benefits of play, and various therapeutic play modalities for the clinical setting.

   ![Covered/Not Covered Options]

6. **Preparation** - This will include both historical and current perspectives on the rationale for, and techniques and outcomes of preparation, as well as accepted preparation methods for healthcare encounters and life-changing events.

   ![Covered/Not Covered Options]