Port Macquarie Base Hospital

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Port Macquarie is the major metropolitan hub of the Hastings Macleay region located on the scenic mid north coast of New South Wales where the Hastings River meets the Pacific Ocean, and is an easy four hours’ drive north of Sydney.

The area is a paradise for those who love the outdoors. You name it…it’s right here at your door; from sailing, kayaking and surfing, to paragliding, bushwalking in nearby national parks, deep sea fishing, whale watching and stunning ocean walks.

Wildlife abounds in the area. Dolphins are always happy to share the surf or river, kangaroos are common golfing companions, while koalas are often found perched in a gum tree in your own back yard. Watch thousands of flying foxes make their migration at dusk, while kookaburras announce the dawn.

Port Macquarie boasts a vibrant CBD with an exciting variety of shops, cafes, restaurants and pubs. For those with a leaning toward culture and the arts, the region has a wide array of options for your enjoyment including theatre, cinema, art galleries, dance and live music. Nearby wineries enjoy well deserved reputations for excellence.

Within an easy commuting distance from Port Macquarie are a number of idyllic villages, from coastal towns to rural hamlets. Affordable housing, excellent education and recreation facilities, combined with all the benefits of a healthy lifestyle make this region one of the fastest growing in the State.

Local Area

Port Macquarie Base Hospital

Kempsey District Hospital
Facility Overview

PMBH is part of the Mid North Coast Local Health District and was originally commissioned in November 1994. It is a 170 bed facility that provides base hospital services for the growing communities of Port Macquarie, the Hastings and Macleay Valleys.

Port Macquarie Base Hospital facilities include:

1. 24 Hour Emergency services
2. 5 Operating Theatres
3. 3 Birthing Rooms
4. Rehabilitation facilities, including a Hydrotherapy Pool
5. On-site facilities:
   - Pharmacy
   - Pathology
   - Medical Imaging
   - Day Hospital and Allied Health Services
   - Rotary Lodge
   - Pre-Admission Clinic
   - Day Procedures
   - Acute Care Centre
   - Community Mental Health Service
   - North Coast Cancer Institute
   - Breast Screen NSW
   - University of NSW
   - Staff Cafeteria
   - Coffee Shop

Wards:
1A Psychiatric Unit
1B Medical/ Stroke
1C Medical
2A Obstetrics/Special Care Nursery
Children's Paediatric/Adolescent Unit
2C Surgical
3D Urology/Orthopaedics
ICU Intensive Care Unit
ED Emergency Department
MAU Medical Assessment Unit – located in Ward 1C
AGEM Geriatric Evaluation and Management
CCU Coronary Care Unit
**Term rotations:**

**GENERAL MEDICINE:**

Med A - Geriatrics / Rheumatology / General Medicine  
**Matt Kinchington** / Michael Prowse

Med B - Respiratory Medicine / General Medicine  
Baerin Houghton / **Steven Chung** / Geoff Williams

Med C - Cardiology / General Medicine  
Kristian Prados / Chris Alexopoulos / **Kevin Alford**

Med D - Gastroenterology / General Medicine  
Leigh Dahlenburg / Stuart Kostalas / Andrew Eakin

Med E - Haematology / Infectious Diseases / Renal / General Medicine  
Aiveen Bannan / Richard Stark / **Mohan Vattekad**

Med F - Geriatrics/ Oncology / General Medicine  
**Steven Begbie** / Nishanth Senanayake

**GENERAL SURGERY:**

Surg A - Vascular / ENT / Ophthalmology / General Surgery  
**John Gan** / Jenny Chambers / Chris Prowse / Ophthalmology

Surg B - Upper GI / Hepatobiliary / Breast / General Surgery  
**Nigel Peck** / George Petrou / Tim Pollitt / Guy Hingston

Surg C - Lower GI / General Surgery / Urology  
**Greg Longfield** / Bruce Hodge / Chris Chee / Nader Awad / Prem Rashid

Surg D - Acute Admitting / General Surgery / Facio-maxillary  
**Mark Romero** / Ken Dawson

**DIVISION OF ORTHOPAEDICS:**

Mark Baker / Yong Liaw / Bill Cumberland / Dean Pepper / Stuart Kennedy / **Rupert Snyman** / Michael Shatwell / Ed Wellings

2 Junior Medical Officer's will work in close association with four specialty orthopaedic registrars.

**DIVISION OF OBSTETRICS / GYNAECOLOGY:**

**Penny Black** / Ray Hodgson / Stephano Kim / Gordon Wicks / Fiona Leslie

The JMO will work with 3 registrars on the maternity ward, delivery suite, in theatre and antenatal clinics.
Term rotations:

DIVISION OF INTENSIVE CARE:
Bill Lancashire / John Roberts / Kishore Sanghi / Craig Hore

The JMO (PGY 2 only) will be involved in the ongoing management of ICU and CCU patients, working with the rostered intensivist / registrar and cardiology team. The JMO provides ward cover overnight with support from the ICU Registrar.

DIVISION OF PAEDIATRICS:
David Mcdonald / Jim Kerr / Mark Johnson

The JMO (PGY2 only) for this term will assist in the provision of inpatient paediatric care, working with 2 Registrars, the paediatric staff specialist and VMOs. This position will also involve paediatric clinics and baby checks on the maternity ward.

DIVISION OF PSYCHIATRY:
Andy Hughes

Port Macquarie Base Hospital Mental Health Service consists of a 12 bed inpatient unity with a mix of voluntary and involuntary patients and community based Mental Health Team which provides acute assessment and treatment and ongoing treatment and care programs.

DIVISION OF EMERGENCY MEDICINE PMBH AND KDH:
Alan Forrester/ FACEMs
The Emergency Department provides acute care to medical, surgical and mental health patients. The JMO (PGY 1 only) will be involved in assessment and management of these patients under the supervision of the Term Supervisor / FACEM or the ED rostered senior CMO. The term is split between PMBH and KDH.

KDH GENERAL MEDICINE:
Harry Johnson / Muhammed Hussain
PGY 1 & PGY 2 general medicine with 2 medical registrars.

Hours of Duty PMBH:

Day Duty: Medicine: 0800 – 1630
Surgery: 0700 – 1530
Evening Duty: General Medical Registrars: 1630 – 2230
Anaesthetic / Orthopaedic / Surgical Registrars: On Call
ICU: Day: 0800 – 2000
Night: 2000 –0800
Weekend Duty: Interns / RMOs (as per roster) (D) 0800 – 1630
Or (E) 1400 – 2230
Plus (A) 0800 - 1630
**Vocational Training**

JMO Education Programs:

Weekly tutorials are held on Wednesdays at 1300 in the hospital.

Weekly cardiology tutorials are held Thursday 1300 in the UNSW (located on the grounds of the hospital).

Grand Rounds are conducted by the Medical Department every Tuesday at 0800 in the large UNSW tutorial room.

Weekly radiology tutorials are held Tuesday 1400 in the Radiology Department.

The Emergency Department have a tutorial Thursday from 0730.

Surgical M&M meetings / Orthopaedic X-Ray meetings are also held – session times available from each department.

PMBH employs a number of Junior Medical Registrars and also Advanced Trainee’s in Respiratory, Gastroenterology and General Medicine.

BPTs are rotated from POW.

Orthopaedics / General Surgery / Urology / Vascular / Paediatrics / Anaesthetics / Psychiatry / Ophthalmology / O&G and Oncology trainees are all rotated via various training networks.

PMBH also employs and is accredited for ED and ICU trainees and has a critical care 2 year rotation – ICU / ED / MAU / Anaesthetics.