Classes begin the week of February 22, 2016
Register online at www.paceandskip.com
Participate in one of the Northern Counties' Adult Education Programs at the following locations:

- **Caldwell - West Caldwell Adult School**
  - 973-228-2092

- **Morris School District Community School**
  - 973-292-2063

- **Morris Hills Adult and Continuing Education**
  - 973-664-2296

- **Mount Olive Adult School**
  - 973-691-4000

- **Morris County Technical Adult School**
  - 973-627-0114

- **Adult School of the Chathams, Madison, and Florham Park**
  - 973-443-9222

Northern Counties Association of Lifelong Learning

Parsippany-Troy Hills Township
309 Baldwin Road
Parsippany, NJ 07054

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Think of the possibilities . . . There's always room for more.

Learning is Lifelong

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- Morris School District Community School
  - 973-292-2063

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  - 973-443-9222

Northern Counties Association of Lifelong Learning

EMERGENCY CLOSING

If the Parsippany-Troy Hills Schools are closed because of inclement weather, the Community School will also be closed. If the weather deteriorates as the day progresses and a late decision to close the Community School is made, it will be publicized as follows:

Website: www.pthsd.k12.nj.us
TV Station: NEWS 12 New Jersey
Channel 4 NBC
Fox 5
Channel 7 ABC
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PTHSD-pace
292 Parsippany Road
Parsippany, NJ 07054

Register Early to avoid
Classes Being Cancelled
FALL PACE CALENDAR

FEBRUARY
22 Classes Start

APRIL
11-15 Spring Break
No Classes

MAY
30 School Closed
No classes

REGISTER
Online at
www.paceandskip.com

MAKE CHECKS PAYABLE TO:
Parsippany BOE

By Phone
Disc/Master/Visa Card
Monday - Friday
8:00 am - 3:30 pm
973-263-7200x3021

By Mail
PACE
292 Parsippany Road
Parsippany, NJ 07054

By Fax
Disc/Master/Visa Card
Number & Expiration Date
973-263-7216

In Person
Monday - Friday
8:00 am - 3:00 pm
PACE Office
292 Parsippany Road
Parsippany, NJ 07054

TOWNSHIP SCHOOLS

PAL Building
33 Baldwin Rd.
Parsippany, NJ 07054

Parsippany High School
309 Baldwin Rd.
Parsippany, NJ 07054

Parsippany Hills High School
20 Rita Dr.
Morris Plains, NJ 07950

Brooklawn Middle School
180 Beachwood Rd.
Parsippany, NJ 07054

Central Middle School
1620 Route 46 West
Parsippany, NJ 07054

Eastlake School
40 Eba Rd.
Parsippany, NJ 07054

Intervale School
60 Pitt Rd.
Boonton, NJ 07005

Knollwood School
445 Knoll Rd.
Lake Hiawatha, NJ 07034

Lake Hiawatha School
1 Lincoln Ave.
Lake Hiawatha, NJ 07034

Lake Parsippany School
225 Kingston Rd.
Parsippany, NJ 07054

Littleton School
250 Brooklawn Dr.
Morris Plains, NJ 07950

Mt. Tabor School
900 Park Rd. & Route 53
Mt. Tabor, NJ 07878

Northvail School
10 Eileen Court
Parsippany, NJ 07054

Rockaway Meadow School
160 Edwards Rd.
Parsippany, NJ 07054

Troy Hills School
509 S. Beverwyck Rd.
Parsippany, NJ 07054
101
On Your Feet
Marquis

Two people who believed in their talent, their music and each other become an international sensation.
“Resist if you dare! A fresh, flashy and undeniably crowd pleasing new musical” NY Times

Saturday, May 7
Leaves: 10:30 am (2:00 pm curtain)
Fee: $110 (L-M /Rear Mezzanine)

102
School of Rock
Winter Garden

Down-on-his-luck wannabe rock star, Dewey Finn, poses as a substitute teacher at a prestigious prep school to make ends meet. When he discovers his students’ musical talents, he enlists his fifth graders to form a rock group and conquer the Battle of the Bands. Music by Andrew Lloyd Webber.

Saturday, May 7
Leaves: 10:30 am (2:00 pm curtain)
Fee: $146 (Orchestra)

*IMPORTANT*
All buses leave from Parsippany Hills High School, 20 Rita Drive, Morris Plains. Refunds, minus $15 per ticket, available only if tickets can be resold.
Tickets will be held at the bus.
Organized by Stage Right Broadway Trips.
Phone for the day of the trip:
201-920-2937
103

Lakota Wolf Preserve, Columbia, NJ
Lake Hopatcong Historic Cruise with Lunch

The Lakota Wolf Preserve, winner of the Governor’s Environmental Award, affords views of Timber and Arctic Wolves in natural surroundings. A naturalist will bring the wolves close with food and then will tell their fascinating stories. First, we’ll cruise Lake Hopatcong on the Miss Lotta while enjoying a buffet lunch. Marty Kane, author of four books about the lake, will narrate.

Saturday, June 4
Leaves: 9:45 am - 7:00 pm
Fee: $116

104

Hudson River Cruise/River Grill
Newburgh, NY

Our guided cruise of the Hudson north of West Point will pass Pollepel Island, Cold Spring, Bannerman Castle, Storm King and Breakneck Mountains: Included is lunch at the River Grill, just steps from the dock. We’ll also stop at the Orange County Chopper show room where motorcycles, featured on the Learning Channel’s American Chopper, will fascinate even dedicated non riders.

Saturday, June 11
Leaves: 9:15 am - 7:00 pm
Fee: $106

*IMPORTANT*

All buses leave from Parsippany Hills High School, 20 Rita Drive, Morris Plains.
Refunds, minus $15 per ticket, available only if tickets can be resold.
Tickets will be held at the bus.
Organized by Stage Right Broadway Trips.
Phone for the day of the trip:
201-920-2937
ENGLISH AS A SECOND LANGUAGE CLASSES
Are you new to the USA? ESL classes will teach you to speak, read and write in English while learning about the culture of the United States.

Fee: $130 per course

200 Beginners
Involves pronunciation, basic conversational English, simple Grammar skills and vocabulary recognition.
Instructor: Patricia Mendola
Monday & Wednesday Begins Feb. 22
10:00-12:00 am 10 weeks
PAL Building (33 Baldwin Rd., Pars.)

201 Intermediate/Advanced
Refining pronunciation, advanced conversational skills, vocabulary enrichment, basic essential Grammar skills.
Instructor: Naomi Berger
Tuesday and Thursday Begins Feb. 23
9:00-11:00 am 10 weeks
PAL Building (33 Baldwin Rd., Pars.)

202 Beginners
Involves pronunciation, basic conversational English, simple Grammar skills and vocabulary recognition.
Instructor: Beth Martin
Monday & Wednesday Begins Feb. 22
6:30-8:30 pm 10 weeks
Parsippany Hills H.S.

203 Intermediate/Advanced
Refining pronunciation, advanced conversational skills, vocabulary enrichment, basic essential Grammar skills.
Instructor: Patricia Mendola
Monday & Wednesday Begins Feb. 22
6:30-8:30 pm 10 weeks
Parsippany Hills H.S.

300 CONVERSATIONAL ITALIAN FOR BEGINNERS
This course is designed for those new to the Italian language. Experience the wonderful culture of Italy while learning conversational phrases, travel and history.
Instructor: Roseanna Hill
Monday Begins Feb. 22
7:00-9:00 pm 10 weeks
Parsippany Hills H.S.
Fee: $105

301 SPANISH FOR BEGINNERS
This is an introductory course designed for those who have had little to no exposure to the Spanish language. Topics will include, but are not limited to, basic introductory phrases, daily routine expressions, food, weather & leisure activities, along with elementary Grammar structures.
Instructor: Debra Johnson
Tuesday Begins Feb. 23
7:00-9:00 pm 10 weeks
Parsippany Hills H.S.
Fee: $105

302 SPANISH FOR INTERMEDIATES
This course will be an immersion type instruction whereby participants will be able to quickly understand the target language. Extensive vocabulary, along with high frequency grammar structures, will enhance proficiency. Required book: Easy Spanish Step-By-Step, Master High-Frequency Grammar for Spanish Proficiency-FAST!, by Barbara Bregstei
Instructor: Debra Johnson
Monday Begins Feb. 22
7:00-9:00 pm 10 weeks
Parsippany Hills H.S.
Fee: $105

PLEASE REGISTER EARLY!
Dance

400 BALLROOM AND LATIN DANCING / BEGINNERS
If you are an absolute beginner to ballroom and are a little worried about taking those first steps, these are the classes for you. Learn how to dance the most popular Ballroom and Latin dances for your upcoming wedding, vacation, cruise, or a night on the town. (Salsa, Cha Cha, Tango, Foxtrot and more).
Instructor: Tony Ninos
Wednesday Begins Feb. 24
6:30-7:30 pm 10 weeks
Parsippany H.S. Cafe
Fee: $75 per person

401 BALLROOM AND LATIN DANCING / INTERMEDIATE
Already know the basics of Ballroom and Latin and want to take your dancing to the next level? This course will teach you the technique and style you need to look great and feel confident on the dance floor.
Instructor: Tony Ninos
Wednesday Begins Feb. 24
7:30-8:30 pm 10 weeks
Parsippany H.S. Cafe
Fee: $75 per person

402 BALLROOM AND LATIN DANCING / INTERMEDIATE / ADVANCED
Perfect for someone who already has dancing skills, wants to improve technique, learn more patterns and a few easy dancing routines. This class will build upon what you have learned in previous classes and refine your personal style to let you express yourself on the dance floor.
Instructor: Tony Ninos
Wednesday Begins Feb. 24
8:30-9:30 pm 10 weeks
Parsippany H.S. Cafe
Fee: $75 per person

403 SOCIAL LINE DANCING - BEGINNERS
No partner needed! If you’ve never tried line dancing before, this is the course for you. It’s geared to beginners or previous students who wish to learn line dances taught at a slower pace or want to improve existing basic skills. Wear comfortable shoes and bring water.
Instructor: Sandra Morris
Thursday Begins Feb. 25
7:00-8:30 pm 8 weeks
Parsippany H.S. Gym
Fee: $65 Limit: 20

404 SOCIAL LINE DANCING - INTERMEDIATE
No partner needed! Repeat students who wish to improve technique, learn new dances, and get great exercise should take this course. Taught at a faster pace, the dances may include country western, ballroom, Latin, rock, or club. Wear comfortable shoes and bring water.
Beginners should not sign up for this class.
Instructor: Sandra Morris
Monday Begins Feb. 22
7:00-8:30 pm 12 weeks
Lake Hiawatha Gym
Fee: $100 Limit: 30

MIDDLE EASTERN BELLY DANCING I & II
The fascinating art of Middle Eastern Dance is a wonderful form of exercise that combines aerobic activity with toning muscles to help improve flexibility, posture, and coordination. You will learn the basic dance movements, isolations, and become familiar with Middle Eastern music and rhythms. Wear comfortable clothing. Ballet shoes, jazz shoes or socks are acceptable. No sneakers.
Instructor: Sa’Noorah
405 Beginners
Monday Begins Feb. 22
6:30-7:30 pm 8 weeks
Parsippany Hills H.S.
Fee: $65

406 Middle Eastern Belly Dancing II
Prerequisite: Beginner class and/or prior belly dance experience.
Monday Begins Feb. 22
7:30-8:30 pm 8 weeks
Parsippany Hills H.S.
Fee: $65
500 SHAPE-UP 101
A full body workout using fat burning cardio combinations, weight training, and core workout all in one class adaptable for the beginner to advanced. Major muscles will be targeted. Class ends by utilizing stretching and strengthening exercises to increase flexibility. Increased cardio endurance, core strength development, and muscle definition are the goals of this class. Bring an exercise mat and hand weights.
Instructor: Claudine Nicolich
Tuesday & Thursday Begins Feb. 23 6:30-7:30 pm 10 weeks Lake Hiawatha Gym Fee: $105

501 PILATES OVER 40
The Pilates method of exercise involves breathing, body movement control and awareness. Through dynamic core stabilization you will develop strength, stability, and flexibility. Flex bands can be purchased from instructor at first class.
Instructor: Nahed Salem
Monday & Wednesday Begins Feb. 22 7:30-8:30 pm 10 weeks Parsippany H.S. Cafe Fee: $105

502 YOGALATES
Explore efficient variations to core work and body toning on the floor and standing through the fusion of Yoga and Pilates. Integrate the mind, body, and spirit through poses and breath-synchronized combinations. This class utilizes stretches, poses, and strengthening exercises to improve posture, strengthen and tone muscles, increase flexibility, and develop balance. An optimal alignment of muscles, joints, and bones will cultivate flexibility, strength, balance, and a calm focus. Bring an exercise mat.
Instructor: Claudine Nicolich
Tuesday & Thursday Begins Feb. 23 8:30-9:30 pm 10 weeks Lake Hiawatha Gym Fee: $105

503 CHAIR YOGA
Have you wanted to try yoga but were worried about getting on the floor or getting in “pretzel” poses? Do you sit at a desk all day or are you on your feet all day and feel too tired to exercise? Then a chair yoga class is for you! Chair yoga makes the gift of yoga available to everyone. In a chair yoga class you will learn techniques to release everyday tensions, build strength and flexibility, and leave you feeling renewed from the inside out!
Instructor: TBD
Wednesday Begins Feb. 24 6:15-7:00 pm 10 weeks Littleton Gym Fee: $105

504 YOGA FOR YOUR HEALTH
Hatha Yoga is not a specific style of yoga on its own, but rather an umbrella description of the variety of different asana (poses) and pranayama (breathing) techniques, designed to heal, restore and nurture the body. This class will incorporate stretching with some simple breathing exercises and seated meditation. This is a good place to learn basic poses, relaxation techniques, and become comfortable with yoga in a non-competitive environment.
Bring a yoga mat and yoga block to class.
Instructor: TBD
Wednesday Begin Feb. 24 7:15-8:15 pm 10 weeks Littleton Gym Fee: $105

505 TOTAL BODY FITNESS/ CARDIO CROSS TRAIN
This high-energy interval workout uses various modes of aerobics, boxing, plyometrics, tabatas, and hi/lo. Each segment will be followed by a short bout of resistance training using tubes, free weights, and your own body’s weight. Then it’s back to the next round of aerobics. All exercises are modified to accommodate every fitness level. Finishes with core training and a much needed stretch. Bring an exercise mat and hand weights.
Instructor: Claudine Nicolich
Tuesday & Thursday Begins Feb. 23 7:30-8:30 pm 10 weeks Lake Hiawatha Gym Fee: $105
506  LOSE WEIGHT WITH HYPNOSIS
Through hypnosis, weight loss is easily and painlessly attained. Shed unwanted pounds and keep them off in a safe, effective program. Please bring a small pillow to class. A reinforcement CD is strongly recommended and available for purchase for $18.  www.hypnosisnj.com
Instructor: Barry Wolfson
Wednesday May 4
7:30-8:30 pm One Session
Parsippany Hills H.S.
Fee: $60

507 RELAXATION THROUGH HYPNOSIS
You can reduce your stress using creative visualization, imagery, and hypnosis techniques, improving the quality of your life. Achieve relaxation without much effort or time. Reinforcement CD is strongly recommended and available for purchase for $18.  www.hypnosisnj.com
Instructor: Barry Wolfson
Wednesday May 4
8:30-9:15 pm One Session
Parsippany Hills H.S.
Fee: $60

508 STOP SMOKING WITH HYPNOSIS
Through hypnosis, smoking cessation is easily achieved in a one-hour session. Eliminate the craving for tobacco while minimizing discomfort. Please bring a small pillow to class. A reinforcement CD is strongly recommended and available for purchase for $18.  www.hypnosisnj.com
Instructor: Barry Wolfson
Wednesday May 4
6:30-7:30 pm One Session
Parsippany Hills H.S.
Fee: $60

509 VOLLEYBALL / INTERMEDIATE
For more skillful players but not at the competitive level. Must know how to bump, set, and spike. *Levels are determined by the instructor. Class Limit: 12
Instructor: Dawn Singerline
Wednesday Begins Feb. 24
7:00-8:00 pm 10 weeks
Central Middle School Gym
Fee: $85

509A VOLLEYBALL BEGINNER/RECREATIONAL
Join us for a night out! If you want to learn how to play volleyball, haven’t played in a long time, or just love the sport register now! A no stress class! Learn the basic rules and develop/improve your skills.
Class Limit: 12
Instructor: Judy Kret
Wednesday Begins Feb. 24
6:00-7:00 pm 10 weeks
Central Middle School Gym
Fee: $85

510 PERSONAL WATERCRAFT AND BOATING SAFETY
Coast Boating School LLC teaches this boating class for you to receive the mandatory NJ Boating Safety Certificate to operate any type of boat in NJ. We are NASBLA approved which gets you a certificate to operate in any state and an insurance discount. This course is eligible for anyone 12 and over. This course covers such things as safety, rules of the road, laws, docking and trailering. All materials are included.
Instructor: Coast Boating School
Monday and Tuesday Two Days
513 April 4 & 5
514 May 16 & 17
515 June 20 & 21
6:30-10:00 pm
Parsippany Hills H.S.
Fee: $85

ZUMBA-Join the Party
Zumba is a fitness class that uses Latin & world rhythms to create cardiovascular exercises mixing low impact impact sculpting movements with easy-to-follow dance steps...optional light weights 1-2 lbs. A very enjoyable way to burn calories and relieve stress!
Instructor: Zulma Restrepo
509 Monday Begins Feb. 22
509A Wednesday Feb. 24
6:30-7:30 pm 10 sessions each class
Central Middle School
Fee: $100 for each session
516 SUMMER KAYAKING TOUR
The cool morning mist mixing with the warmth of the rising sun begins the subtle flow of energy along the river. The classroom session will explain kayak preparation, strokes, proper attire, and related information for our 11-mile paddle down a calm and scenic section of the Delaware river in northwestern NJ. A short learning curve for beginners assures a pleasant experience on the very first outing. Safety groups will be established to insure that no one paddles alone. Optional two-person kayaks are available if you register with a partner. Children must be eight-years old and anyone under the age of eighteen must paddle with an adult in a two-person kayak. Veteran paddlers are welcome. Tuition includes: one classroom session, rental and transportation of kayaks, life jackets, instruction and guide fee for one kayak adventure.

Trip date: Saturday, June 11th
Rain date: Sunday, June 12th
Instructor: Doug Gould, President Adventure Unlimited
Orientation Wed., March 23
8:00-8:30 pm
Parsippany Hills H.S.
Fee: $80

517 TENNIS / BEGINNERS
Get some exercise, burn some calories, learn to play, and save money! Indoor tennis court time is $55 an hour and that doesn’t include an instructor. Sign up with a friend or come alone for lots of fun in a non-competitive atmosphere. All you need is a racquet. The instructor will cover ground strokes, volleys, serves, and more. Class Limit: 12
Instructor: Premier Youth Golf & Tennis
Thursday Begins Feb. 25
7:00-8:00 pm 8 weeks
Central Middle School Gym
Fee: $85

518 TENNIS / ADVANCED INTERMEDIATE
Sign up for some fun and instruction. If you’ve played a little tennis and realized you could use some coaching, come join this class. Learn topspin, a slice serve, and much more. You will be beating your opponents after this class. Class limit: 12
Instructor: Premier Youth Golf & Tennis
Thursday Begins Feb. 25
8:00-9:00 pm 8 weeks
Central Middle School Gym
Fee: $85

519 HIKING, HEALTH & INNER PEACE
Hiking is a lifetime activity that improves muscle tone and cardiac function via a low-impact paradigm. Your spirit will feel the cleansing tonic of nature’s soothing pleasures as you become energized by the sun, awakened by the wind, and connected to the earth. Marvel at the shriek of a circling hawk, the pristine beauty of a secluded pond, or the vibrant hues of distant horizons. Achieve benefits in stress management, weight control and overall health while adding harmony, balance, and tranquility to your life. Embrace a new activity, meet new friends, and hike in safety with an experienced guide as we explore the beauty and serenity of the outdoor realm. Geology, animal signs, and tree identification will be discussed along the trail. Novice and veteran hikers are welcome. Routes are of varying difficulty and will occur at various venues in the NJ/NY area. Tuition includes: one classroom session and four full-day Saturday hikes selected from ten hiking dates scheduled from April 2 and June 4.

Instructor: Doug Gould, President & Senior Guide, Adventure Unlimited
Orientation Wed., March 23
7:00-7:45 pm
Parsippany Hills H.S.
Fee: $65

520 GOLF/BEGINNERS
Learn the fundamentals of golf-stances, grips and swings. You must bring your own wiffle golf balls, club (7 iron), golf mat, or doormat. Golf made easy! Wear sneakers.

Class limit: 12
Instructor: Rich Williams
Thursday Feb. 25
7:30-9:30 pm 4 weeks
Central Middle School Gym
Fee: $85

521 GOLF - ADVANCED BEGINNERS
For people who have some knowledge of the game or playing experience. This course will focus on improving your swing. You must have your own wiffle golf balls, golf mat, or doormat.

Class limit: 12
Instructor: Rich Williams
Thursday March 31
7:30-9:30 pm 4 weeks
Central Middle School Gym
Fee: $85
Cooking
With Dana Ilic

600 SUNDAY GRAVY
Learn how to make my family’s traditional “Sunday Gravy” with meatballs, braciole & sausage. Bring containers.
Tuesday Feb. 23
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional food fee $20 payable to instructor)
Class Limit: 10

601 HOMEMADE FRESH MOZZARELLA
Learn how to make fresh mozzarella with my dad, Anthony. He will show you how to make this delicious cheese from a whole milk curd. He will then make a rolled mozzarella with prosciutto.
*Instruction Only*
Everyone will take home a fresh mozzarella.
Tuesday March 1
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional food fee $15 payable to instructor)
Class Limit: 25

602 SPRING PASTA
We will be making a nice light pasta for the Spring with asparagus and plum tomatoes. Bring containers.
Tuesday March 8
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional food fee $20 payable to instructor)
Class Limit: 10

603 “GIRLS NIGHT OUT!”
Come and enjoy a girls’ night out, have fun with friends while cooking! We will start out with bruschetta on homemade crostini. Then we will make chicken with artichokes in a wine sauce. We will end this meal with a sweet ricotta fruit parfait.
Tuesday March 15
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional $20 food fee payable to instructor)
Class Limit: 10

604 CHICKEN SALTIMBOCCA
Don’t let the Irish name fool you. This is an old Italian family favorite! Chicken with vinegar peppers, potatoes, and mushrooms. You need good Italian bread with this. Bring containers.
Tuesday March 22
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional food fee $20 payable to instructor)
Class Limit: 10

605 SPRING APPETIZER PARTY
Bring containers.
Tuesday March 29
6:30-8:30 pm
Central Middle School - Room 416
Fee: $25 (Additional food fee $25 payable to instructor)
Class Limit: 10
### 700 iPad
Learn how to get the most out of your Apple iPad, including gesturing, typing, and troubleshooting common device issues. Familiarize yourself with Apple’s App Store, iTunes, and iCloud services. The course also demonstrates both built-in and third party apps for opening files, streaming videos, editing photos, and more.  
**Instructor:** Paul Guarnieri  
**Wednesday** Begins Feb. 24  
7:00-9:00 pm 3 Sessions  
Parsippany Hills H.S.  
Fee: $60

### MICROSOFT WORD 2013/BEGINNER
This course will help you understand how to create, edit, print and send as an attachment new documents and letters. You will learn how to use templates, headers and footers. Learn how to navigate the new ribbon bar and understand the built in security for documents. Please bring a flash drive with you to class.  
**Instructor:** Joe Russo  
**702 Beginner/Tuesday** Feb. 23  
7:00-9:00 pm 5 weeks  
**702A Advanced/Tuesday** March 29  
7:00-9:00 pm 5 weeks  
Parsippany Hills H.S.  
Fee: $75 for each class

### MICROSOFT EXCEL 2013/BEGINNER
This course is an introduction to creating, formatting, saving, and printing Excel workbooks. You will learn to identify the cell address, select cells and ranges, resize columns and rows, modify text and numbers, create basic calculations, filter data, and use the fill and series shortcuts. Please bring a flash drive with you to class.  
**Instructor:** Ellen O’Connor  
**701 Beginner/Wednesday** Feb. 24  
7:00-9:00 pm 5 weeks  
**701A Advanced/Wednesday** March 30  
7:00-9:00 pm 5 weeks  
Parsippany Hills H.S.  
Fee: $75 for each class

### MICROSOFT EXCEL 2013/INTERMEDIATE
This course is for students already familiar with Excel Beginner. In this class you will learn how to sort and subtotal numbers or text, use formulas and functions, transform your data into charts or graphs. Please bring a flash drive with you to class.  
**Instructor:** Ellen O’Connor  
**703 INTRO TO WINDOWS**  
Fast-track training covers: navigating Windows, setting up the desktop with shortcuts & personalized photos, customizing the Quick Launch Toolbar, managing files and folders, basic word processing, email basics, accessing the internet, flash drives, CDs, and scanning. Please bring a flash drive with you to class.  
**Instructor:** Joe Russo  
**Monday** Begins Feb. 22  
7:00-9:00 pm 5 weeks  
Parsippany Hills H.S.  
Fee: $75

### MICROSOFT EXCEL 2013/ADVANCED
This course is for students already familiar with Excel Beginner. In this class you will learn how to sort and subtotal numbers or text, use formulas and functions, transform your data into charts or graphs. Please bring a flash drive with you to class.  
**Instructor:** Ellen O’Connor  
**704 POWERPOINT 2013**  
Need to upgrade your presentation at your next meeting? Learn how to create dynamic presentations that include graphics, videos, sound, and animations. In this course you will be able to create handouts, as well as speaker notes for you to use when you present. Please bring a flash drive with you to class.  
**Instructor:** Joe Russo  
**Thursday** Begins Feb. 25  
7:00-9:00 pm 5 weeks  
Parsippany Hills H.S.  
Fee: $75
705 GOOGLE CHROME
Learn how to use Google Chrome browser for Internet use, gmail, Google email, Drive (Storage) and other Google applications - Music & Photos. Google is an internet browser that combines a minimal design with technology to make the Web faster, safer and easier. Google Chrome browser offers features including access to favorite pages instantly with thumbnails, desktop shortcuts to launch Web applications and independently run tabs within the browser to prevent browser crashing.

Instructor: Joe Russo
Wednesday Begins Feb. 24
7:00-9:00 pm 4 weeks
Parsippany Hills H.S.
Fee: $60

802 CROCHETING BEGINNER
The curriculum for crocheting classes will teach basic techniques for the beginner. Instruction will include foundation chain, slip knot, single crochet, double crochet, half double crochet, increase and decrease, shell stitch, working front and back loops, reading crocheting instructions, and gauging. You will be able to create scarf, hat, cell phone cover and more. Material needed for first class: Worsted weight, light color yarn (#4), crochet hook H or I. Additional useful crocheting supplies will be discussed at the class.

Instructor: Eva Rakos
Monday Begins Feb. 22
6:30-8:30 pm 5 weeks
Parsippany Hills H.S.
Fee: $65

800 KNITTING BEGINNER
The curriculum for knitting classes will teach beginner and basic techniques. Instruction will include casting on, knit/purl stitches, changing yarn, increasing, decreasing, binding off, reading knitting patterns, and gauging. You will be able to knit a scarf, hat, pillow cover and more. Material needed for the first class: Worsted weight, light color yarn (#4), 1 pair number 8 or 9 knitting needles 10 inches long. Additional useful knitting supplies will be discussed at the classes.

Instructor: Eva Rakos
Tuesday Begins Feb. 23
6:30-8:30 pm 5 weeks
Parsippany Hills H.S.
Fee: $65

801 KNITTING INTERMEDIATE
If you are familiar with knit and purl stitches, the next step is learning cable, lace patterns, different casting-on methods and circular knitting. Reading patterns, you will be able to knit a scarf, neck warmer, hat, infinity scarf, and more. Material needed for first class: Worsted weight light color yarn (#4), 1 pair number 8 or 9 knitting needles 10 inches long. Additional useful knitting supplies will be discussed at the classes.

Instructor: Eva Rakos
Tuesday Begins March 29
6:30-8:30 pm 5 weeks
Parsippany Hills H.S.
Fee: $65

804 SEWING - BASIC
If you would like to learn to sew but don't know how to get started, come and learn. Complete instruction on selection of pattern and material. Also, supervision of cutting, fitting, marking, sewing and pressing are included. Bring your sewing machine and scissors.

Instructor: Lois Bright
Tuesday Begins Feb. 23
7:00-9:00 pm 10 weeks
Parsippany Hills H.S.
Fee: $100
805 SEWING – BEYOND THE BASICS
Familiar with the basics of sewing? Afraid to try a more involved project? Are you more comfortable having expert advice readily available when you sew? Increase your sewing know-how and work on a more challenging project. Bring your sewing machine if you have one.
Instructor: Lois Bright
Tuesday  Begins March 8
7:00-9:00 pm  8 weeks
Parsippany Hills H.S.
Fee: $80

806 INTRODUCTION TO MAH JONGG
Join us and learn to play this ancient tile game. Mah Jongg combines skill, strategy and luck. All you need to play is the desire to learn and have fun! This course is for beginners. We’ll introduce you to American Mah Jongg and teach you to play during our five-week session. Topics covered include: game description, tile recognition, set construction, basic rules and procedures, winning hand combinations, table etiquette and strategy. A materials fee of $10 is to be paid to the instructors at the first class for a 2015 American Mah Jongg Card.
Instructors: Christine Maccarella & Anna Marie Osvold
Tuesday  Begins Feb. 23
6:30-8:30 pm  5 weeks
Parsippany Hills H.S.
Fee: $55

807 PAINTING 101
Are you a painter who wants to improve their skills and learn to use new materials? Or are you new to it and want to learn how to paint beautiful pictures? In this course you will be introduced to a variety of paints and mediums, with a strong focus in watercolors and acrylics. Learn how to paint still life, flowers, and landscapes using a variety of techniques from the Masters. Dress comfortably. Smocks/aprons are suggested. (Additional $25 fee paid to instructor for materials)
Instructor: Jennifer Young
Tuesday  Feb. 23
6:30-8:30 pm  5 weeks
Parsippany Hills H.S.
Fee: $55

808 COUPONING 101
Interested in slashing your grocery bill in half and keeping your pantry stocked? Don’t be intimidated by coupons anymore! Learn the basics of couponing in a friendly, interactive introductory session that will cover grocery store sales cycles and coupon policies, how to spot the best deals, where to find coupons, how to take advantage of catalina offers, digital saving apps and getting items for free! Bring your weekly grocery store circular and coupons so we can all plan our next shopping trip!
Instructor: Chrissy Russell
Monday  May 9
7:00-8:30 pm  One Session
Parsippany Hills H.S.
Fee: $24

809 MOSAIC NIGHT-LIGHT
Learn how to make your own mosaic night-light. You will learn how to use glass nippers to cut glass into pieces and fit them together on a glass surface. Take home a complete night light to light up your night!
Instructor: Eleanor Parr-DiLeo
Wednesday  April 13
6:30-9:30 pm  One Session
Parsippany Hills H.S.
Fee: $30 (Additional $10 material fee payable to instructor)
902 ORGANIZING YOUR HOME FROM ATTIC TO BASEMENT
Do your counter tops look like a cyclone blew through your kitchen window? Do you waste precious time looking for lost and misplaced articles? Certified Professional Organizer, Deborah Gussoff, will teach you how to organize your papers, time and space. Get specific tips for key rooms in the house, as well as for management of paper and filing systems. Deborah will also discuss organizing children’s art, schoolwork and establish routines. Learn the important components of organizing and how to banish clutter, get rid of unneeded possessions and conquer the task that seems so overwhelming.
Instructor: Deborah Gussoff, CPO, MBA
Monday Feb. 29
6:30-8:30 pm One Session
Parsippany Hills H.S.
Fee: $30

903 MAKING A WILL
When Hard Decisions Need To Be Made
(Disinherit My Children)
Have you put off drafting a will because you have tough choices that need to be made and you don’t know how to resolve them? You are not alone. The purpose of this course is to create a dialogue for you to better understand your options so that you can prepare a will that addresses your special concerns. Issues to be discussed will include the following:
--How do you make provisions in your will for a child who has a substance abuse problem?
--What can you do to prevent your estate from being dragged into court after you are gone, where your children can’t get along with one another?
--How do you provide for a spouse from a second marriage and at the same time protect your children from a first marriage?
--How do you protect your children when you are concerned that their marriage will likely end in divorce?
Instructor: Kenneth R. Cohen, Esq.
Tuesday March 15
7:00-8:30 pm
Parsippany Hills H.S.
Fee: $10

1101 EASTERN TOUCH THERAPIES & REFLEXYOLOGY FOR PARTNERS
This one-night workshop provides a wonderful opportunity for partners and friends to experience the rejuvenating benefits of “healing energy” touch therapies from China, Japan, and India, as well as, reflexology. In the workshop, which is suitable for people of all ages, participants will work in pairs to learn how to ease tension, release physical and mental stress and enhance communication through energy touch techniques from the traditions of Chinese medicine and Ayurveda, as well as reflexology, which involves pressing reflex points on the hands and feet. Participants will practice a variety of easy-to-learn hands-on techniques that incorporate the concepts of chi or prana (life force) to allow abundant energy flow into the body and mind. Please wear comfortable clothing and bring an exercise mat or blanket.
Instructor: Ted Sheola, CP, CYI
Monday March 21
7:00-9:00 pm One Session
Parsippany Hills H.S.
Fee: $55 couple

NY Film Critics Invites You To The
Fall 2015 Series!
Eight weeks of the season’s best films and live discussions!

Bow Tie Parsippany Cinema 12
3165 Route 46
Parsippany, New Jersey

Wednesdays at 7 pm
April 6, 13, 20, 27
May 4, 11, 18, 25

njfilm@optonline.net or www.nyfilmcritics.com

1102 ORGANIZING YOUR HOME
FROM ATTIC TO BASEMENT

LAST WILL & TESTAMENT
1103 RELIVING YOUR PAST LIVES
Who were you in your last life? A past life regression may give you an answer to this and other questions relating to the possibility of past lives. Many people feel that we have lived before - in the past - as someone else. Using methods of self-hypnosis, some very interesting things are revealed that could help you improve your life. Please bring a pillow and sleeping bag or mat to class.
Instructor: Marc Sky, Hypnotist
Monday March 7
6:30 pm One Session
Parsippany Hills H.S.
Fee: $35

1104 SPIRIT ENCOUNTERS
Find out how to communicate with loved ones that have crossed over....do you have loved ones that have passed away and wonder if their spirits are still around you? Can they give you messages? Can you communicate with them? Is it possible to see or sense them? If you want to reconnect with loved ones, or just want to have a seance and see a ghost for the entertaining fun of it, here’s your opportunity. A $10 class materials fee will be collected by the instructor.
Instructor: Marc Sky
Monday March 7
8:15 pm One Session
Parsippany Hills H.S.
Fee: $35

Life Strategies

1201 SUPERPOWER MEMORY
How to remember anything, anytime, anywhere, easily! Are you terrible at remembering names? Forget where you put your car keys? There is an explosion of knowledge that you must absorb in order to succeed in today’s world. Don’t get left behind!! In this workshop, you’ll learn the secrets of developing a near-photographic memory, with very little effort. You’ll discover easy and sure-fire ways to instantly recall names, faces, lists, instructions, school work, English and foreign vocabularies. Workbook is included.
Instructor: Marc Sky, Memory Expert
Tuesday March 8
6:30-8:00 pm One Session
Parsippany Hills H.S.
Fee: $35

1202 ASSERTIVENESS SKILLS
This class is for anyone who wants to behave assertively. You will understand the difference among aggressive, passive and assertive behaviors. You will also learn tips and techniques for behaving assertively.
Instructor: Kathleen McGlory
KMG Learning & Development, LLC
Tuesday Feb. 23
7:00-9:00 pm One Session
Parsippany Hills H.S.
Fee: $35

1203 NATURAL HEALTH & HEALING SECRETS
Topics covered include: The best foods, herbs and nutrients for optimizing your ideal weight, aging healthfully, improving joint and bone health, as well as, types of fiber to cleanse and detoxify your body. We will also present tonics, herbs, and formulas from Chinese medicine and Indian Ayurveda to balance and tone your digestive system, ward off colds and stress, increase energy, and endurance. The interactive seminar features recent scientific research that validates ancient wisdom and traditions in a clear and practical way.
Instructor: Ted Sheola, CP, CYI
Monday April 25
7:00-9:00 pm One Session
Parsippany Hills H.S. Media Center
Fee: $30

1204 GETTING PAID TO TALK
Ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Learn what the pros look for, how to prepare, and where to find work in your area! We’ll discuss industry pros and cons and play samples from working voice professionals. In addition, you’ll have an opportunity to record a short professional script under the direction of our teacher.
This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. For more info please visit: http://voicecoaches.com/gppt
Instructor: Jenny Marcotte
Monday March 28
6:30-9:00 pm One Session
Parsippany Hills H.S.
Fee: $25
1205 STRESS REDUCTION AND MEDITATION TECHNIQUES
Despite the hectic pace of modern life, it is possible to create and tune into an “inner oasis” of relaxation and peace and get in touch with your inner resources to handle stress without distress. You will learn to do special exercises and proven techniques of deep relaxation and breathing, meditation and visualization to let go of tension and clear the mind. Please wear comfortable clothing and bring an exercise mat or blanket.

Instructor: Ted Sheola, CP, CYI
Tuesday April 19
7:00-9:00 pm One Session
Parsippany Hills H.S.
Fee: $30

1206 PROVIDING FEEDBACK AND WRITING PERFORMANCE REVIEWS
Are you a Supervisor or Manager with the responsibility for providing feedback and writing performance reviews? Do you find this to be the most difficult part of your job? Join me for two hours and I will show you how to provide honest, objective feedback. You will also learn to write meaningful, motivating, and effective performance reviews. I will also cover how to deal with negativity and defensiveness.

Instructor: Kathy McGlory
KMG Learning & Development, LLC
Tuesday March 1
7:00-9:00 pm One Session
Parsippany Hills H.S.
Fee: $35

1207 UNDERSTANDING AMERICANISMS AND IDIOM
Is English your second language? Are you sometimes confused by certain phrases, words or sayings? Attend this 2-hour class and come away with a better understanding of many Americanisms and idioms. Feel free to bring a list of the Americanisms that are most confusing to you.

Instructor: Kathy McGlory
KMG Learning & Development, LLC
Tuesday March 8
7:00-9:00 pm One Session
Parsippany Hills H.S.
Fee: $35

Kids Classes

BABYSITTER TRAINING
This course is designed to provide youths, ages 11 to 15 with the information and skills necessary to provide safe and responsible care for children in the absence of their parents or guardians. This training will help participants develop skills in five critical areas: leadership, safety and safe play, basic care, first aid, and professionalism. Please bring a bag lunch to class.

Instructor: Louis Drucks
1301 Saturday February 6
1302 Saturday April 2
9-3 PM One Session Classes
Parsippany High School Media Center
Fee: $75
Minimum Enrollment 5

1303 HOP ON IT FOR EASTER
You will learn how to make cute little Easter nests and decorate Easter cupcakes. (Additional $5 food fee paid to Instructor)

Class Limit 8
Instructor: Dana Ilic
Wednesday One Session
6:00-7:30 pm March 16
Central Middle School
Fee: $20

DO YOU HAVE A SPECIAL TALENT, HOBBY OR INTEREST AND WOULD LIKE TO SHARE IT?
The Parsippany Adult & Community Education School is always looking for people to teach in our school. Certification is not required, just knowledge, enthusiasm and time. If so, contact:

PACE
Parsippany-Troy Hills Township
292 Parsippany Road
Parsippany, NJ 07054
Phone: 973-263-7200 Ext. 3021
FIRST AID
This course trains participants to become familiar with how to recognize and give care. It covers emergency care for conscious bleeding and other first aid emergencies. Respiratory and cardiac emergencies are NOT covered in this course. American Red Cross Certification in First Aid Basics will be issued upon successful completion of the course. Certification is good for 2 years.
Instructor: Louis Drucks
2001 Thursday Feb. 4
2002 Wednesday April 6
One Session
6:00-10:00 pm
Fee: $75 Media Center
Minimum Enrollment 5

INFANT, CHILD & ADULT
CPR/AED
First Aid: Participants learn to recognize and care for a variety of first aid emergencies, such as burns, cuts and scrapes, sudden illnesses, head, neck and back injuries, and heat and cold emergencies.*Lifeguard certification not included.
CPR Adult: Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults.
CPR Child and Infant: Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12.
AED: Participants learn how to use automatic external defibrillators.
Certification is good for 2 years.
Instructor: Louis Drucks
2003 Wednesday Feb. 3
2004 Tuesday April 5
One Session
6:00-10:30 pm
Fee: $120 Media Center
Minimum Enrollment 5
SAT PREPARATION

Lentz & Lentz has had proven results helping thousands of students prepare for the SAT exams for over forty-two years. This SAT preparatory program includes course materials, extra help at no charge, live make-ups, a practice testing session, online downloads for review or as a supplement for missed lessons and complimentary fall review sessions. The course features test-taking skills, vocabulary development, advanced math review, shortcut math, reading interpretation, speed reading improvement techniques, essay writing, grammar skills, and tip sheets. We use our own copyrighted curriculum in conjunction with SAT type questions, designed to reflect the most recent changes in the format of the “NEW SAT.”

Fee: $409
Classes begin March 7, 14, 21, 28; April 4, 18, 25; May 2
6:30-9:30 pm
Parsippany Hills High School

Lentz & Lentz Guarantee:
Money back guarantee within three calendar days after lesson one if the student is not satisfied with the program. No refunds will be issued after that point in time. If the student does not attend the first session, regardless of any reason, there will be an $85.00 charge. Lentz & Lentz reserves the right to dismiss any student from the program for disciplinary reasons. No refunds will be issued in cases of that nature.
For information or to register, call:
Lentz at 800-866-SATS (7287) or visit www.lentzsatprep.com

SAT Prep Course

This spring, class of 2017 and beyond will be facing a new, redesigned SAT. Educational Services Center’s curriculum has been revised to reflect the changes in subject matter and format. In addition to a thorough subject matter review, the program exposes students to the pattern and trappings of questions. Students learn time-saving techniques, discover how to easily spot incorrect answers and build stamina, so they are more relaxed and in command on test day. (Course includes preparation for the June ACT.)

SAT Prep Course for May Exam
Schedule details: Thursday 6:30-9:30 pm / eight sessions from March 3 through May 5.

Tuition: $449 ($30 discount for registrations received by February 8, 2016. All lesson materials are included in tuition cost.

Parsippany Hills High School
Registration: 1-800-762-8378 or www.esctestprep.com
Refer to groups 73 & 74

Between school and home...

SAFE KIDS IN PARSIPPANY
Provide quality childcare for your children and peace of mind for yourself by enrolling your children. Afterschool childcare is available to all district students K-8, Monday through Friday, at all elementary schools in the AM and PM, and the Middle Schools in the PM.

Call 973-263-7200 ext. 4342
The Princeton Review

SAT and ACT

The Princeton Review, the nation’s leader in SAT test preparation, is once again bringing the best SAT prep course to Parsippany. We would all love to live in a world where tests like the SAT and ACT don’t exist. But, since you have to take them, you should be prepared to ace them. The tremendous success our students achieve can be attributed to the care we have taken in designing our program. The Princeton Review is the undisputed test-preparation and admissions expert, and our results speak for themselves. Last year, The Princeton Review helped 3.5 million students realize their college dreams with outstanding results.

SAT Ultimate Courses Preparing for the May, 7 SAT: Meets March 14 to May 4 (Monday/Wednesday PM)

- 25 hours of live instruction
- 4 full-length proctored practice SATs, 15 additional SATs and 2 practice ACTs
- In-class review of all SAT content
- Extensive guided practice of all test-taking strategies including 150 videos, and guided practice questions available 24/7
- Our new “Chat with a Teacher” offers up to 3 hours of free, personalized instruction online
- Access to both our SAT and ACT Self-Paced Courses with video lessons on every topic covered in class
- 100 point score-improvement -Money Back guarantee*

Fee: $999, Discount $799 for Parsippany District Students
(Promo Code: 8WVDT% Course Code: 259223)

Visit us online at PrincetonReview.com/guarantee

Kaplan

SAT and ACT TEST PREP

Kaplan, the world leader in test preparation, offers unmatched expertise and guaranteed results or your money back!

SAT Preparation Course (New Redesigned SAT) or ACT Preparation Course

- Proven and interactive full classroom program led by top scoring teachers.
- Six 3-hour instructional sessions with engaging teacher.
- Two full-length proctored practice tests under realistic conditions AND two live proctored full-length timed practice tests for home practice.
- Lessons built around the Kaplan Smart Points system - learn the skills that get you the most points on Test Day.
- Lessons-on-Demand/free online reviews and makeup classes available.

Prep for the April ACT @ PHHS
March 7 - April 4
8 Sessions - Monday & Wednesday PM

Prep for the May SAT @PHHS
March 29 - May 3
8 Sessions - Tuesday & Thursday PM

Parsippany Hills High School

Parsippany District Students Pay Fee: $699 for Parsippany District Students

The Kaplan Higher Score Guarantee: If you feel that you’re not yet ready to take the exam, you can take our full classroom course again for free. No matter how many points you improve, if you want an even better score, you can study again for free. And if for any reason you don’t score higher than your initial baseline score, you can study with us again for free or get your money back.

For information or to register for either session sessions visit: kaplanatschool.com/Parsippany or call 800-KAPTEST
1. **ONLINE**
   You may register online at www.paceandskip.com, by phone, mail, fax or in person, but register early. You must be 16 years of age to register for classes unless indicated differently in the course description.
   **Four easy ways to enroll:**

   **BY PHONE**
   You can enroll over the phone with Disc./Master/Visa card. Please have all the information requested on the registration form before calling. Our phones are staffed during business hours, Monday-Friday from 8:30am-3:00 pm.
   CALL 973-263-7200, EXT. 3021

   **BY MAIL**
   Simply complete the registration form and send it to PACE, 292 Parsippany Road, Parsippany, NJ 07054, with your check made out to Parsippany BOE or your Disc./Master/Visa card number, expiration date & security code.

   **BY FAX**
   Fax your completed registration form with your Disc./Master/Visa card number and expiration date. The line is open 24 hours. 973-263-7216

   **IN PERSON**
   Come into the PACE office during business hours, Monday to Friday from 8:30 am - 3:00 pm. See calendar for dates, times and location.

2. **Registration:**
   Your registration has been accepted unless you are notified to the contrary. Check the brochure carefully for the location, beginning date and time of your class. Registrations will not be accepted the night of the class.

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**REFUNDS:**

a. Refund requests must be made at least two business days in advance of the start of the class. Refunds will not be given for any reason after that time. An administrative charge of $10 will be deducted from each refund requested.

b. There will be no refunds for one-evening classes or for trips unless otherwise noted.

c. If PACE cancels a class, the full tuition fee will be refunded or applied to another class.

d. Refunds take approximately six weeks to be processed through the Board of Education.

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**GENERAL INFORMATION**

1. No parking in the fire zones in front or rear of the school building.
2. No smoking anywhere on school district property.
3. PACE reserves the right to make any changes in course offerings, scheduling, instructor and/or room assignments as necessary.
4. Participation in PACE programs is at your own risk. The Parsippany-Troy Hills Public Schools assume no liability.
5. Call the PACE office at (973) 263-7200, ext. 3021 between the hours of 8:30 am -3:00 pm for additional information.
6. If classes are cancelled for inclement weather or unforeseen emergencies and make-up classes are not able to be scheduled, no refunds will be granted for remaining classes.

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**NOTICE**

PACE students and staff must obey the parking regulations prohibiting general parking in fire and handicapped parking zones in all school lots and driveways or be subject to fines, penalties and/or tow away by Parsippany-Troy Hills Police Department.

**STUDENTS REGISTERING BY MAIL SHOULD GO TO FIRST SCHEDULED CLASS. YOUR REGISTRATION IS ACCEPTED UNLESS YOU ARE NOTIFIED TO THE CONTRARY.**
STUDENTS REGISTERING BY MAIL SHOULD GO TO FIRST SCHEDULED CLASS.
YOUR REGISTRATION IS ACCEPTED UNLESS YOU ARE NOTIFIED TO THE CONTRARY.

PARSIPPANY ADULT AND COMMUNITY EDUCATION

NAME __________________________ last first

ADDRESS _____________________________________________________________

TOWN _______________________ ZIP _________________________________

HOME PHONE ___________________, CELL _____________________________

COURSE NO./ TITLE ___________________ E-MAIL ________________________

Visa/MasterCard/ DISC. # ____________________ Expiration Date __________

Tuition Fee __________________________ Total Fee _______________________

Grand Total __________________________

PLEASE MAKE CHECKS PAYABLE TO Parsippany BOE
Mail to PACE
292 Parsippany Road, Parsippany, NJ 07054

STUDENTS REGISTERING BY MAIL SHOULD GO TO FIRST SCHEDULED CLASS.
YOUR REGISTRATION IS ACCEPTED UNLESS YOU ARE NOTIFIED TO THE CONTRARY.
PACE OFFICE
292 Parsippany Road
Parsippany, NJ 07054

We offer classes in:

Computers
Cooking
Dance
Health and Fitness
Languages
Motor Vehicle
Personal Enrichment
SAT Prep
Trips/Tours

PACE is always looking for new programs to offer the community! Do you have an idea for a new class, trip or program? Contact us today - we would love to hear from you!

Phone: 973-263-7200 ext. 3021

How can we better serve you?