Understanding Self-Efficacy in Relapse Prevention: A Cognitive-Behavioral Perspective – Friday, March 21
9:00 am – 4:00 pm, The Richard Stockton College of NJ, Galloway
Room B012
Approved for 6 CEUs for Social Work, MFT, LPC and 6 CEUs for LCADC/CADC

In the field of alcohol and drug addiction, clinicians have been trained in teaching clients relapse prevention skills when they encounter high-risk situations. However, as clinicians, how do we know if clients can execute the skills that we teach them? We need to measure their degree of self-efficacy. Self-efficacy is defined as a person’s belief in his or her ability to succeed in a particular situation (Bandura, 1994). Bandura described these beliefs as determinants of how people think, behave, and feel. This is important to measure in helping our clients succeed in recovery.

Instructor: James D. Harris, Jr., PhD, LAC, LCADC, ICADC, SAP, Therapist

Family Intervention Strategies – Friday, March 28
9:00 am – 4:00 pm, The Richard Stockton College of NJ, Galloway
Room: B012
Approved for 6 CEUs for Social Work, MFT, LPC and 6 CEUs for LCADC/CADC

Substance abuse impacts not only the chemically dependent person, but also reaches beyond, causing pain and suffering to those involved in the person’s life. Helping someone with a substance abuse disorder requires a knowledgeable, skilled professional who can assist those who have been affected through the challenging process of recovery. The question is, “What if they do not want help?” An effective way to address a person’s substance abuse is by conducting a Family Intervention. This course will assist the professional and the paraprofessional with identifying, understanding, and implementing a successful substance abuse intervention approach.

Instructor: Joseph Williams, MA, CCS, LCADC, CPS, is Executive Director/CEO of The Southwest Council, Vineland, NJ

Women and Diversity: Lifespan Issues – Friday, April 4
9:00 am – 4:00 pm, The Richard Stockton College of NJ, Galloway
Room: B015
Approved for 6 CEUs for Social Work, MFT, LPC and 6 CEUs for LCADC/CADC

It is important to understand the historical journey of women and the implication for present day treatment. This workshop will identify the key milestones in the development of women specific treatment, as well as the gender differences for treatment. Various population subgroups also have differences as they relate to addiction and recovery. As a result it is important that professionals develop clinical skills in working with diversified women populations, and understand the empowerment and strength-based models as part of addiction treatment for women.

Instructor: Laurie Dutton, MA, LPC, LCADC, DRCC, ACS, is Associate Director of Counseling Services at The Richard Stockton College of New Jersey

Register
Women’s Trauma Specific Treatment – Friday, April 11
9:00 am – 4:00 pm, The Richard Stockton College of NJ, Galloway
Room: B012
Approved for 6 CEs for Social Work, MFT, LPC and 6 CEs for LCADC/CADC

This workshop will assist professionals with defining, identifying, diagnosing, and listing the effects of various traumas including recognizing common misperceptions. Discussion will include the Review Assessment Tools for Trauma and specific terms as they relate to treatment; in addition to treatment options and implications as they relate to different types of trauma (mental illness, addiction, child abuse, betrayal, sexual assaults, etc). Finally, professionals will learn about the different medications used in treating trauma and its relationship to addiction and recovery.

Instructor: Laurie Dutton, MA, LPC, LCADC, DRCC, ACS, is Associate Director of Counseling Services at The Richard Stockton College of New Jersey

Mandatory Renewal Legal Course – Saturday, April 12
9:00 am – 4:00 pm, The Richard Stockton College of NJ, Galloway
Room: B012
Approved for 6 CEs for Social Work, MFT, LPC and 6 CEs for LCADC/CADC

This workshop is the required six-hours of continuing education in legal standards related to the practice of alcohol and drug counseling in New Jersey during the initial biennial period.

Instructor: Edward Reading, PhD., LCADC, teaches for Stockton College’s Student Assistance Coordinator Certificate Program, is President of the International Coalition of Addiction Studies Educators, and Chair of the Alcohol and Drug Counselors Committee of the State Board of Marriage and Family Therapy Examiners.

Cost of each course is $80
Please note: lunch is on your own
To register:
www.stockton.edu/cs
Go to “Course Offerings” then click on ‘Certificate Programs’ or ‘Social Work’ or contact Continuing Studies at 609.652.4227