Welcome to the Village of Sussex Parks & Recreation 2016 Summer Recreation Guide.

The Recreation staff strives to offer quality programs and events, while developing new and innovative activities.

If you have any questions or comments, call the Recreation Department at (262) 246–6447 or email us at recinfo@villagesussex.org.

Your leaders of fun,

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Parks & Recreation Director  
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msackett@villagesussex.org

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Administrative Assistant  
kangelroth@villagesussex.org

Sussex Community Center  
W240 N5765 Maple Avenue  
Sussex, WI 53089  
Phone (262) 246–6447  
Fax (262) 246–6337  
www.villagesussex.org  
recinfo@villagesussex.org

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General Office Hours
8 am to 5 pm Monday–Friday

Community Center Closed
Memorial Day – Monday, May 30
Independence Day – Monday, July 4
Labor Day – Monday, September 5
Five Easy Ways to Register . . .

**Online**
Register online at [https://apm.activecommunities.com/sussexrec/home](https://apm.activecommunities.com/sussexrec/home). After setting up an account, you’re ready to enroll in our programs. Processing fees apply, which are non-refundable.

**By Mail**
Mail completed registration form along with payment or credit card information to: Sussex Community Center, W240N5765 Maple Avenue, Sussex, WI 53089. We accept Visa, MasterCard, Discover and American Express.

**24-Hour Drop Box**
Drop your completed registration form and payment (in a sealed envelope) into the drop box at Village Hall (N64W23760 Main Street) on the west side of the building.

**Fax**
Fax your completed registration form to 262–246–6337, 24 hours a day, seven days a week. Faxed registrations must use the credit card option for payment.

**In Person**
Register in person at the Recreation Department Office, W240N5765 Maple Avenue, Sussex, from 8 am to 5 pm Monday–Friday. Please complete your registration form and payment method prior to your arrival.

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### Why Register Online?

- Online registration is safe and secure.
- Register and pay at your convenience—anytime, anywhere.
- Instantly know program availability.
- Register, pay and immediately receive a receipt.
- There is no need to fill out registration forms.
- Monitor and/or manage your daily, weekly or monthly activity schedules.
- Track your family’s participation and history.

---

Be an Early Bird

The decision to hold classes is determined at least one week prior to the start of the program. Therefore, the Recreation Department needs an early indication of how many people will be enrolled in a particular program. If classes do not meet the minimum registration requirements, they may be cancelled or combined.

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### Parks, Facilities & Amenities

#### Village of Sussex Parks, Facilities & Amenities

<table>
<thead>
<tr>
<th>Acres</th>
<th>Ball Diamonds</th>
<th>Basketball</th>
<th>Ice Skating</th>
<th>Sledding</th>
<th>Nature Trails</th>
<th>Playfield/Open Space</th>
<th>Picnic Area</th>
<th>Playground</th>
<th>Restroom</th>
<th>Shelter</th>
<th>Tennis Courts</th>
<th>Volleyball</th>
<th>Skate Park</th>
<th>Water Fountain</th>
<th>Soccer</th>
<th>Disc Golf</th>
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<tbody>
<tr>
<td>Armory Park (W239N5664 Maple Ave)</td>
<td>28</td>
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<td>x</td>
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<td>Butler Wetlands (W240N7085 Maple Ave)</td>
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<td>Coldwater Creek (N78W23152 Coldwater Dr)</td>
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<td>Grogan Park (W245N6697 Grogan Dr)</td>
<td>13</td>
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<td>Madeline Park (N65W23284 Elm Dr)</td>
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<td>Melinda Weaver Park (W239N6046 Maple Ave)</td>
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<td>Mapleway Park (W239N6776 Maple Ave)</td>
<td>9</td>
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<tr>
<td>Old Brooke Square (N63W23713 Main St)</td>
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<td>Prides Crossing (N70W23483 Prides Rd)</td>
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<td>Ridgeview Park (N75W23416 Water Tower Ct)</td>
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<td>Stonewood Estates (W245N7336 Stonefield Dr)</td>
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<td>Sussex Nature Preserve (N72W22924 Good Hope Rd)</td>
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<td>Village Park (N63W24459 Main St)</td>
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(262) 246-6447
**Parent/Guardian or Adult Participant Name:** ___________________________________________________________

**Last Name**

**First Name(s)**

**Address:** ___________________________________________________ **City:** ___________________________________________ **State:** __________ **Zip:** _________________

**Phone:** (________) __________________________ **Cell:** (________) ______________________ **E-mail address:** _____________________________________________________

**Emergency Name:** ___________________________________________________ **Relationship to Participant:** ___________________ **Phone:** (________) ______________________

I/We ___________________________________________ would like to _______________ participate/assist/motivate with the following: _____________________________________________________

---

**Name of volunteer(s):** ___________________________________________________

---

**Program Name**

**Example:** senior fitness, t-ball, coach pitch

**Class/Trip ID#**

Example: 1138.0 Found in each Description.

**First Name of Participant(s)**

**Male**

**Female**

**Age**

**Grade**

**T-Shirt Size**

**Fee/Cost**

---

**Statement of Liability and Understanding**

The undersigned, participant (adult), parent/guardian or a designee do hereby understand that I have registered the individual herein to participate in the aforementioned activities. I further agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand the requested programs, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Village of Sussex. I have read and agree to the registration and related policies, procedures and/or guidelines. I understand that any intentional misrepresentation about residency or age will result in removal from programming (forfeiting all fees/costs). I agree to provide proof of residency upon request. I read the enclosed and accept. By signing this, I agree to comply with the Code of Conduct policy set forth by the Village of Sussex and will accept the ramifications should I not adhere to it. By signing this form, you are stating that you understand the importance of recognizing and responding to the signs, symptoms and behaviors of a concussion or head injury and have read the Parent Concussion and Head Injury Information on the Village of Sussex website. I agree that my child must be removed from practice/play if a concussion is suspected and seek medical treatment. Adult Participant, Parent/Guardian, or an Adult Designee Signature is required for this registration to be valid.

**Signature**

**Date**

---

**Required Information for Credit Card Transactions (write legibly)**

*This credit card information is required for mail-in, drop-box & faxed registrations. Present credit card for immediate processing.*

**Circle One:** Visa  MasterCard  Discover  American Express

**Total amount to be applied to card:**

**Expiry Date:**

**Entire name is it appears on the credit card (please print legibly):** _____________________________________________________

I Cardholder acknowledges receipt of goods and/or services in the amount of the Total shown hereon and agrees to perform the obligations set forth in the Cardholder’s agreement with the Issuer.

**Signature (REQUIRED):** ___________________________________________ (This portion of the form will be destroyed after transaction is complete.)
**Special Events**

**Community Rummage Sale**

*Friday, April 29 & Saturday, April 30
8 am–3 pm
$5/Location
Program # 1603.1*

Reduce clutter around the house and make some money at the same time by taking part in the 2nd annual Sussex Area Rummage Sale. For a low $5 fee, your rummage sale will be included with a map with location indicated and a short description of items at your sale. Event will be held rain or shine!

Don’t delay … Start thinking about it today! The sign–up deadline for this event is Friday, April 8, 2016, to ensure you are included on the map. Maps will be available at Sussex Community Center, Sussex Village Hall or online at [www.villagesussex.org](http://www.villagesussex.org).

Register online or at the Sussex Community Center. If you have questions, email them to recinfo@villagesussex.org or call the Community Center at 262–246–6447.

**S.O.S. Community Fun Day**

*Sunday, June 5
1–3 pm
Village Park, Lion’s Open Air Shelter*

This free event brings the entire community together for fun and to raise money for Sussex Outreach Services and Food Pantry. Join us for games and prizes, food, silent auction and raffle.

All proceeds directly benefit our neighbors who use the Food Pantry!

**Classic Car Cruise Night**

*Thursday, June 16
6 pm Cruise starts at Maple Avenue School
6:30–8 pm Car Show & Live Music at Village Park
FREE*

The public is invited to throttle over to Village Park and stay awhile for this FREE fun family event. Classic car owners and enthusiasts alike love to share their passion for their cars while listening to live music and enjoying a cold beverage. Concessions available.

Classic car owners: There is no fee to cruise. Check in your car by 5:45 pm. Cruise will start at 6 pm at Maple Avenue School and end at Village Park. Classic cars not participating in the cruise can participate in the car show at Village Park beginning at 6:30 pm.

**York, April 30**

*Class # 1600.0 ($10/person)
Class # 1601.0 ($15/person/includes T–shirt)*

Register by April 15

The Village of Sussex invites you to our 4th annual Zumbathon! We believe that no child should be excluded from a recreational opportunity because of financial need. Join us where we will be “Bringing Down the House” in an effort to raise funds so we can continue to offer our scholarship program in the community.

This Zumba fitness fiesta includes a dance party, snacks, water and raffle prizes.

Onsite registration available on day of event for $15 (does NOT include T–shirt; however, extra T–shirts may be available at the event).

**Sussex Farmers Market**

*The Friends of Sussex Parks and Recreation group is excited to welcome the 2nd season of the Sussex Farmers Market!
Sundays, 9:30 am–1 pm
June 5–October 16
Armory Park*

- Featuring locally grown produce, honey, cheese, bakery, flowers, meat and much more.
- Includes artwork and products from local artisans.
- Local talent will provide live music.

Additional details about weekly events can be found on the Sussex Farmers Market Facebook page.

**Community Rummage Sale**

*Sponsored By:

**zumbathon MAKE EVERY MOVE COUNT CHARITY EVENT**

*Saturday, April 30
1–3 pm
Youth Hall
Class # 1600.0 ($10/person)
Class # 1601.0 ($15/person/includes T–shirt)*

Register by April 15

The Village of Sussex invites you to our 4th annual Zumbathon! We believe that no child should be excluded from a recreational opportunity because of financial need. Join us where we will be “Bringing Down the House” in an effort to raise funds so we can continue to offer our scholarship program in the community.

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Onsite registration available on day of event for $15 (does NOT include T–shirt; however, extra T–shirts may be available at the event).
**July 4th Celebrations**

**Monday, July 4**

**Sussex Village Park**

**9:15 am** Line-up for the Kiddie Parade in the parking lot at Maple Avenue School

**9:30 am** Kiddie Parade: Participants march to Main Street then west to Sussex Village Park

- **Bike decorating kits will be available at North Shore Bank**
- **Children’s games, crafts, face painting and ice cream at Village Park**
- **Fireworks display provided by the Bartolotta Group**
- **Fireworks Sponsored By**

**10 am**

- Children’s games, crafts, face painting and ice cream at Village Park

**9:20 pm** Fireworks display provided by the Bartolotta Group

**Sponsor:**

**5K Run/Walk**

**Saturday, July 16**

Day of registration & check-in: 7:30–8:15 am
Start Time: 8:30 am

**Village Park — North Open Air Shelter**

**Event # 2600.0**

Join us at Lions Daze for our annual 5k Run/Walk to benefit our Recreation Scholarship fund so no child is excluded from community recreation opportunities because of financial limitations.

Registration details are available at the Sussex Community Center or Village Hall and on the Village website, [www.villagesussex.org](http://www.villagesussex.org).

**Streets**: sponsored by:

**LIONS DAZE**

**July 15-17, 2016**

**Sussex Village Park**

- Softball Tournament
- Carnival Rides
- Friday Fireworks at Dusk
- Firefighter’s Water Fights
- Bags Tournament
- Motorcycle Ride
- Live Music
- Bingo
- 5k Run/Walk
- Tractor Pull
- Parade on Sunday
- Camel & Pony Rides

**Full details at** [www.sussexlions.org](http://www.sussexlions.org)

**MOVIE NIGHT**

**Friday, August 12**

at Village Park

**7 pm** Music & Family Games

**8 pm** Movie: Rango

**Sponsor:**

**Concessions will be available, including FREE popcorn**

**Raindate:** Friday, August 26
Birthday Parties

Sit back, relax and let us do the work for your child’s birthday party. We will take care of everything, from playing age-appropriate games, creating crafts and serving flavorful cupcakes—all based around one of the themes we offer:

- Hawaiian
- Dance
- Pirates
- Outer Space
- Sports
- Princess
- Safari
- Harry Potter
- Detective
- Spa

The base fee is for a 1–1/2-hour party for seven children. Full details and application forms are available at the Sussex Community Center. Submit your application with a $25 deposit and we will schedule a birthday party that is just right for you. **Birthday parties must be scheduled at least two weeks prior to the intended party date.**

Base fee: $135 R, $160 NR

Additional fees for additional time and guests

(262) 246-6447

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**Birthday Parties**

Sit back, relax and let us do the work for your child’s birthday party. We will take care of everything, from playing age-appropriate games, creating crafts and serving flavorful cupcakes—all based around one of the themes we offer:

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Base fee: $135 R, $160 NR

Additional fees for additional time and guests

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**Spooky Sussex** committee thinks it’s never too early to begin planning the largest affordable, family-friendly Halloween event in our community! Mark your calendars for Spooky Sussex 2016 on Friday, October 21.

To continue the growing success of this event, we ask you to consider contributing to Spooky Sussex 2016 in the following ways:

- Sponsors
- Halloween Troubadours: Round up a group of coworkers, neighbors or friends, put on costumes, set up a scene on the Haunted Trail, step into character and entertain the little ones.
- Volunteers for crafts, concessions, registration, decorating and more.
- Interested in planning part of the event? Join the Spooky Sussex committee.

For more information about how you can help, send an email to recinfo@villagesussex.org or call 262–246–6447.
SUMMER DAY CAMP

Immerse yourself in fun this summer! Each week is full of activities centered around fun themes. We’ll enjoy games, arts/crafts, playground time, swimming, entertainment at the library and more. You MUST REGISTER at least one week prior to the start date of the selected camp. (See Day Camp Registration Form on Page 22.) A snack is provided, but each child should bring a brown bag lunch and a water bottle daily.

Ingoing Grades: 1st–6th
Sussex Village Park, Lion’s Building
Day Camp Coordinator: Ashley Pfeifer

Payment Plan Option Available

Half Day  Full Day
12:30–3:30 pm  9 am–3:30 pm
$82 R, $103 NR  $135 R, $169 NR (except Field Trip Week)

Registration is for full weeks only. Partial week or individual day registration is not available.

Transportation

In collaboration with the Summer Opportunities Program, Dairyland Busing and the Village of Sussex, a FREE shuttle will be available again this summer to and from the Summer Opportunities program at the Hamilton High School to the Sussex Day Camp program at Sussex Village Park. Transportation is available to Maple Avenue School for an additional fee. Parents register for the shuttle through Summer Opportunities. Children must be picked up and dropped off at the same location.

Half–Day Camps

Before Care is from 7 am until the Summer School bus arrives. After Care is from 3:30–5:30 pm.

Registration required one week prior to start of each camp.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Theme</th>
<th>Camp #</th>
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</thead>
<tbody>
<tr>
<td>Mon–Fri</td>
<td>Pet Paradise</td>
<td>2402.1</td>
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<tr>
<td>June 20–24</td>
<td>Register by June 17</td>
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<tr>
<td>Mon–Thur</td>
<td>Wonders of Weather</td>
<td>2403.1</td>
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<tr>
<td>June 27–July 1</td>
<td>Register by June 24</td>
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<tr>
<td>Mon–Fri</td>
<td>Leaders of Our Nation</td>
<td>2404.1</td>
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<tr>
<td>July 5–8</td>
<td>Register by July 1 (Fee: $66 R, $83 NR)</td>
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<tr>
<td>Mon–Fri</td>
<td>Career Week</td>
<td>2405.1</td>
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<tr>
<td>July 11–15</td>
<td>Register by July 8</td>
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Before/After Care

Our goal is to provide the most flexible program options to fit your busy schedule while at the same time allow for the campers to get the best day camp experience possible! Only those registered for Day Camps are eligible for this service. Activities will include indoor and outdoor supervised play. Children are welcome to bring along their breakfast or snack.

Before Care: 7–9 am
After Care: 3:30–5:30 pm
$35/child per week for before OR after care
$60/child per week for before AND after care
$20/child per week for half-day camps (Applies to Before Care only)
$10/child per day (if you don’t need a full week)

Full Day Camps

Registration required one week prior to start of each camp.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Theme</th>
<th>Camp #</th>
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<tbody>
<tr>
<td>Mon–Fri</td>
<td>Crazy Scientists</td>
<td>2401.1</td>
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<tr>
<td>June 13–17</td>
<td>Register by June 10</td>
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<tr>
<td>Mon–Fri</td>
<td>Holidaze</td>
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<tr>
<td>July 18–22</td>
<td>Happy St. Patrick’s Day! Happy Valentine’s Day! Merry Christmas!</td>
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<tr>
<td>Mon–Fri</td>
<td>Space Adventures</td>
<td>2470.1</td>
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<tr>
<td>July 25–29</td>
<td>To a galaxy far, far away is where we will travel this week! Jump aboard the spaceship and come explore the faraway galaxies.</td>
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<tr>
<td>Mon–Fri</td>
<td>Step Back in Time</td>
<td>2480.1</td>
</tr>
<tr>
<td>Aug 1–5</td>
<td>Take a leap back to another time with us, where we will dig into the history of our yesteryears.</td>
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<tr>
<td>Mon–Fri</td>
<td>Olympic Week</td>
<td>2460.1</td>
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<tr>
<td>Aug 8–12</td>
<td>Just in time to enjoy the historic Olympics, we will have our own Sussex Olympics. While learning about the history and culture of Brazil, you can participate in activities that the Olympians do!</td>
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<tr>
<td>Mon–Fri</td>
<td>Field Trip—a–Day</td>
<td>2450.1</td>
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<tr>
<td>Aug 15–19</td>
<td>All of your favorites from the summer make a second appearance! Participants will choose the fun activities that we’ll do, plus we’ll add in some fun summery activities.</td>
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<td>Aug 22–26</td>
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https://apm.activecommunities.com/sussexrec/home
KidsSports MultiSports

Ages: 2–3 years
Wednesdays, July 13–August 3
Armony Park Soccer Fields 7
$48 R, $60 NR
Instructor: KidsSport Staff

The KidsSports MultiSport program is designed to include a variety of fun active games and activities professionally designed to develop sport-specific and general skills, introducing many popular sports that we offer all in a fun, simple learning environment. Each week will be a new sport including soccer, baseball, football and kickball. Parent participation will be required for each participant in the 2-year-old class.

<table>
<thead>
<tr>
<th>Class #</th>
<th>Age</th>
<th>Time</th>
<th>Dates</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2121.1</td>
<td>2</td>
<td>10:10–10:40 am</td>
<td>WED, July 13–Aug 3</td>
<td>June 6</td>
</tr>
<tr>
<td>2122.1</td>
<td>3</td>
<td>9:10–9:50 am</td>
<td>WED, July 13–Aug 3</td>
<td>June 6</td>
</tr>
<tr>
<td>2123.1</td>
<td>3</td>
<td>10:50–11:30 am</td>
<td>WED, July 13–Aug 3</td>
<td>June 6</td>
</tr>
<tr>
<td>2124.1</td>
<td>2</td>
<td>6–6:40 pm</td>
<td>WED, July 13–Aug 3</td>
<td>June 6</td>
</tr>
</tbody>
</table>

KidsSports Baseball

Ages: 2–3 years old
Tuesdays
Avery Park Soccer Fields 7
$48 R, $60 NR
Instructor: KidsSport staff

KidsSports Baseball is a unique child development program for children ages 2 and 3, created to introduce kids to the game of baseball. Our classes develop important baseball skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting and positive environment. Parent participation required in the 2-year-old class.

<table>
<thead>
<tr>
<th>Class #</th>
<th>Age</th>
<th>Time</th>
<th>Dates</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2111.1</td>
<td>2</td>
<td>10:10–10:40 am</td>
<td>WED, June 8–29</td>
<td>June 1</td>
</tr>
<tr>
<td>2112.1</td>
<td>3</td>
<td>9:10–9:50 am</td>
<td>WED, June 8–29</td>
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</tr>
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<td>3</td>
<td>10:50–11:30 am</td>
<td>WED, June 8–29</td>
<td>June 1</td>
</tr>
<tr>
<td>2114.1</td>
<td>2</td>
<td>6–6:40 pm</td>
<td>WED, June 8–29</td>
<td>June 1</td>
</tr>
<tr>
<td>2115.1</td>
<td>3</td>
<td>5:10–5:40 pm</td>
<td>WED, June 8–29</td>
<td>June 1</td>
</tr>
<tr>
<td>2116.1</td>
<td>3</td>
<td>6:50–7:30 pm</td>
<td>WED, June 8–29</td>
<td>June 1</td>
</tr>
</tbody>
</table>

KidsSports SportsStart

Ages: 2–3 years
Wednesdays, June 8–29
Avery Park: Soccer Fields 7
$48 R, $60 NR
Instructor: KidsSports staff

The KidsSports SportsStart program is designed to include a variety of fun active games and activities professionally designed to develop sport-specific and general skills like eye-hand and foot-eye coordination, large and fine motor skills, muscle development, body balance and agility to name a few.

<table>
<thead>
<tr>
<th>Class #</th>
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<th>Time</th>
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Parent/Tot Tumbling

Ages: 2–3 years
Wednesdays
June 8–July 20
9:45–10:30 am
Heat Athletics
$60 R $72 NR
Instructor: KidsSports staff

This class will give you 45 minutes of uninterrupted time to spend with your special little one. Participants ages 2–3 and a parent will have fun in a 45-minute exploration class that focuses on social and physical development, beginning tumbling, and motor skills based stations and games.

You must complete a Heat Athletics Waiver for you and your child if you are new to Heat Athletics’ classes on the first day. (No class July 6.)

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One Day Wonders

Ages: 3–5 years
Tuesday/Wednesday/Thursday
June 21–July 14, 9–11:30 am
Sussex Village Park – Lion’s Building
$20 R, $25 NR per class or
$46 R, $58 NR for the week
Instructor: Sussex Recreation Department Day Camp Staff

Introducing One Day Wonders for our preschool aged children! One Day Wonders offer the opportunity for your children to enjoy a few action packed hours of fun and enrichment. Each one-day event centers on a specific theme with activities, games, crafts and stories. Sign up for one day or all of the days during that week at a discounted rate. We encourage the children to dress according to the theme. Register one week in advance.

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>2411.1</td>
<td>June 21</td>
<td>All About Me</td>
</tr>
<tr>
<td>2411.2</td>
<td>June 22</td>
<td>A Camping We Will Go</td>
</tr>
<tr>
<td>2411.3</td>
<td>June 23</td>
<td>Cave Adventures</td>
</tr>
<tr>
<td>2411.4</td>
<td>Week of June 21</td>
<td></td>
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Mom & Tot Field Trip

Ages 2½–5 years with adult
Friday, July 8
Depart at 9:45 am from Wagner Park–Pewaukee
Return approximately 1 pm
$12 per person (parent must also pay)
Trip #2415.0
Register by June 27

Join the farmers at Green Meadows Farm on a guided tour!
Children will learn about pigs, cows, goats, sheep, chickens, turkeys, ducks, geese, donkeys, horses and more.
Participants will have firsthand experience by touching all of the animals, plus they will hand feed the goats and sheep, milk a cow, ride a pony and have a tractor-drawn hayride.
Please bring a bag lunch for a picnic after the tour.
*No additional charge for siblings; 1 year and under.
Dance & Tumbling

Creative Movement
Ages 3–4 years
Thursdays, June 23–August 4
5:15–6 pm
Sussex Community Center
$43 R, $54 NR
Class # 2201.1
Register by June 20
Instructor: Angela Wiedenhoeft

In Creative Movement, students will start class with a ballet-themed craft and read a ballerina story. Students will work on rhythms while learning beginning dance steps and using creative dance movements. Students will also work on gross motor skills, ballet terms and steps, learn to count in French and develop memory and listening skills through creative movement. (No class July 14.)

Next Step Ballet/Tap
Ages 5–6 years
Thursdays, June 23–August 4
6:05–6:50 pm
Sussex Community Center
$43 R, $54 NR
Class # 2201.2
Register by June 20
Instructor: Angela Wiedenhoeft

Next Step Ballet/Tap is a gentle introduction to the world of ballet and tap. We will cover beginning ballet and tap steps with an emphasis on gross motor skill development, listening skills, and peer interaction. This class will help build coordination and self-esteem. Students will learn ballet terms and steps, learn to count in French, and develop memory and listening skills. The children will also read a ballet-themed story and do a ballet themed craft. (No class July 14.)

Tumbling & Cheer

Tiny Tumbling
Ages: 3–5 years
Heat Athletics
$61 R, $76 NR
Instructor: Heat Athletics Staff

Participants will learn the basic movements and body positions needed to begin tumbling. This is an introductory class. No experience is necessary!

Class Skills: Forward roll, backward roll, table top bridge, handstand, cartwheel.

Class # Dates Time Register By
2212.1 WED, June 8–July 20 4–5 pm June 3
2212.2 TH, June 9–July 21 5–6 pm June 3
2212.3 WED, July 27–Aug 31 4–5 pm July 22
2212.4 TH, July 28–Sept 1 5–6 pm July 22

Mini Tumbling
Ages: 6–8 years
Heat Athletics
$61 R, $76 NR
Instructor: Heat Athletics Staff

Participants will learn the basic movements and body positions needed to begin tumbling! This is an introductory class. No experience is necessary!

Class # Dates Time Register By
2212.5 WED, June 8–July 20 5–6:45 pm June 3
2212.6 TH, June 9–July 21 4–5 pm June 3
2212.7 WED, July 27–Aug 31 5–6 pm July 22
2212.8 TH, July 28–Sept 1 4–5 pm July 22

Fusion Dance
Ages 7–11 years
Wednesdays, June 8–July 13
5:45–6:45 pm
Sussex Community Center
$31 R, $39 NR
Class # 2211.0
Register by June 1
Instructor: Midhi Oberoi

Fusion Dance is where east meets west and teaches a combination of freestyle, jazz and hip-hop and disco from the west with a blend of Bollywood styles from the east. No previous experience is required, just a desire to dance and have fun! Please wear comfortable clothing. Participants will march and perform in the Lion’s Daze parade at 10 am Sunday, July 17. (No class June 29.)

Beginner Baton
Ages 6+
Mondays, June 13–August 15
5:45–6:30 pm
Wagner Park
$39 R, $49 NR (includes T–shirt)
Class # 2215.0
Register by June 6
Instructor: Meghan Kelsey

In Beginner Baton, students will learn basic baton moves, as well as techniques and choreography. Baton incorporates dance movements along with partner tricks. This class allows all ages to participate. A recital will be held the last day of class. Please bring your own baton. Jazz or baton shoes highly recommended. (No class July 4 and July 25.)

Mini Tumbling
Ages: 6–8 years
Heat Athletics
$61 R, $76 NR
Instructor: Heat Athletics Staff

Participants will learn the basic movements and body positions needed to begin tumbling. This class will teach athletes new to cheerleading, the basics of stunting, tumblings, jumps and dance.

Class # Dates Time Register By
2214.0 WED, June 9–July 20 5–6 pm June 3
2214.1 TH, June 10–July 21 4–5 pm June 3
2214.2 WED, July 27–Aug 31 5–6 pm July 22
2214.3 TH, July 28–Sept 1 4–5 pm July 22

Cheer Camp
Ages: 4–14 years old
Monday–Thursday, July 18–21
Heat Athletics
$96 R, $120 NR,
Instructor: Heat Athletics staff

Cheer Camp participants are provided instruction on tumbling, stunting, motions, dance, jumps, flexibility, and strength. They will also have themed spirit days as well as learn fun games. A performance will be done at the end of the last day of camp. Attire: clothes you can move in, gym shoes or bare feet, hair pulled back.

Class # Age Time Dates Register By
2206.1 4–9 9 am–12 pm M–Th, July 18–21 July 15
2206.2 10–14 1–4 pm M–Th, July 18–21 July 15

https://apm.activecommunities.com/sussexrec/home
### Youth Enrichment

#### Girls Just Wanna Have Fun Camp!

<table>
<thead>
<tr>
<th>Ages: 7–11 years</th>
<th>Monday–Friday, August 1–5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pauline Haas Library</td>
<td>$76 R, $95 NR</td>
</tr>
<tr>
<td>Class # 2213.0</td>
<td>Register by June 24</td>
</tr>
</tbody>
</table>

A fun camp just for the girls! Each day of **Girls Just Wanna Have Fun Camp** will start off with dancing followed by games and crafts, including nail art, temporary tattoos and face painting. Participants should bring their own snack each day.

#### Safety Academy

<table>
<thead>
<tr>
<th>Ages: 5–8 years old</th>
<th>Monday–Friday, August 8–12 9–11:30 am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>$55 R, $69 NR</td>
</tr>
<tr>
<td>Class # 2420.1</td>
<td>Register by August 3</td>
</tr>
<tr>
<td>Instructor: Lisa Pino</td>
<td></td>
</tr>
</tbody>
</table>

Safety first! This program will include safety lessons about strangers, traffic, pedestrians, fire, bicycles, bus, poisons (including drugs), water and guns from our very own Public Safety Department and there may even be a special guest visitor.

#### Kids in the Kitchen

<table>
<thead>
<tr>
<th>Ages: 6–10 years</th>
<th>1:30–3:30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>$17 R, $22 NR</td>
</tr>
<tr>
<td>Instructor: Lisa Pino</td>
<td></td>
</tr>
</tbody>
</table>

It's okay to get messy as we create some yummy themed snacks any age can whip up in the kitchen and have lots of fun while doing it.

#### Babysitting

<table>
<thead>
<tr>
<th>Ages: 11–15 years</th>
<th>Sussex Community Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class # 2407.1</td>
<td>Register by August 7</td>
</tr>
</tbody>
</table>

#### At the Scene of the Crime

<table>
<thead>
<tr>
<th>Ages: 6–12 years</th>
<th>Wednesday, July 6, 12:30–4:30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>$50 R, $63 NR</td>
</tr>
<tr>
<td>Class # 2416.1</td>
<td>Register by July 1</td>
</tr>
<tr>
<td>Instructor: Mad Scientist</td>
<td></td>
</tr>
</tbody>
</table>

Reveal the elusive ice cream thief by learning actual forensic science techniques in this fun-filled science sleuth program. Kids will get their own kit to use to collect evidence during class (and at home!)

#### Mad Scientists Lab

<table>
<thead>
<tr>
<th>Ages: 6–12 years</th>
<th>Tuesday, August 30, 12:30–4:30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>$50 R, $63 NR</td>
</tr>
<tr>
<td>Class # 2416.2</td>
<td>Register by August 24</td>
</tr>
<tr>
<td>Instructor: Mad Scientist</td>
<td></td>
</tr>
</tbody>
</table>

Spend a few hours being a true Mad Scientist as you learn about the chemical reactions that you might encounter in your daily life. Campers learn to swirl, pour and mix like a scientist! Can you keep two liquids separate in one container? Jr Mad Scientists will take a super sorter science tool to continue the fun and learning at home!

#### Trip to American Girl Place

<table>
<thead>
<tr>
<th>All ages (child must be with an adult)</th>
<th>Saturday, October 22, 8 am–7 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depart Sussex at 8 am.</td>
<td>Depart Chicago at 5 pm</td>
</tr>
<tr>
<td>Arrive in Sussex at 7 pm</td>
<td>$63 R, $76 NR</td>
</tr>
<tr>
<td>Class # 2512.0</td>
<td>Register by August 19</td>
</tr>
</tbody>
</table>

Our trip takes us to **American Girl Place** in the heart of Chicago. On arrival, we’ll have lunch in the American Girl Cafe. After lunch, you can explore the store … treat your doll to the American Girl hair salon or pose with her in the American Girl photo studio for a special portrait to highlight your day together. The shops of Michigan Avenue are footsteps away for more shopping options. Fee includes lunch and transportation.

#### Paint A Father’s Day Mug

<table>
<thead>
<tr>
<th>Ages: 5 years and up</th>
<th>Monday, June 13, 1–3 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our Creative Outlet in Sussex</td>
<td>$20 R, $25 NR</td>
</tr>
<tr>
<td>Class # 2302.1</td>
<td>Register by June 8</td>
</tr>
<tr>
<td>Instructor: Karen Norris, Our Creative Outlet</td>
<td></td>
</tr>
</tbody>
</table>

Pick out your favorite handmade stoneware mug or bowl to glaze and decorate in your own personal style. The fired pots will be microwaveable and dishwasher safe and can be picked up in time for Father’s Day.

#### Lego Problem Solving

<table>
<thead>
<tr>
<th>Ingoing Grades 2–7</th>
<th>Monday–Thursday, August 15–18 10 am–Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pauline Haas Public Library</td>
<td>$49 R, $61 NR</td>
</tr>
<tr>
<td>Class # 2506.1</td>
<td>Register by August 8</td>
</tr>
<tr>
<td>Instructor: Sue Ishihara</td>
<td></td>
</tr>
</tbody>
</table>

How tall can you build a Lego tower? How fast can you make a sail car go? In **Lego Problem Solving** we will use Lego science sets to solve these problems and many more. We will learn some basics about Lego building, learn to think out of the box, and use our imaginations to have fun.

#### Lego Simple Machines

<table>
<thead>
<tr>
<th>Ingoing Grades 2–7</th>
<th>Monday–Thursday, August 15–18 12:30–2:30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pauline Haas Public Library</td>
<td>$49 R, $61 NR</td>
</tr>
<tr>
<td>Class # 2506.2</td>
<td>Register by August 8</td>
</tr>
<tr>
<td>Instructor: Sue Ishihara</td>
<td></td>
</tr>
</tbody>
</table>

In this class, we will use Lego Science sets to discover the physics behind several simple machines. Students will learn how to use levers to lift, cams to build walking machines and how to gear up and down. We will be learning while having fun and using our imaginations to explore each simple machine concept.

---

**American Red Cross Babysitting** is designed for 11 to 15 year olds. Not only will participants learn about proper toys, nutrition, diaper changing and feeding, the babysitters training course will teach you to care for children and infants, be a good leader and role model, make good decisions and solve problems, keep you (the babysitter) and the children you watch safe and handle emergencies such as injuries, illnesses and household accidents.

**Throwing on the Potter’s Wheel**

<table>
<thead>
<tr>
<th>Ages: 8 years and up</th>
<th>Tuesday–Thursday, August 16–18 11:30–1 pm (Glazing on August 26)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our Creative Outlet in Sussex</td>
<td>$120 R, $150 NR</td>
</tr>
<tr>
<td>Class # 2302.2</td>
<td>Instructor: Karen Norris, Our Creative Outlet</td>
</tr>
</tbody>
</table>

Learn to use the potter’s wheel to create six to nine usable pots. With an emphasis on learning good technical skills, learn to center, open up the clay, bring up the sides, and shape the pots. Students with experience will be encouraged to create more complex pots. The stoneware pots will be glazed with food safe glazes.

<table>
<thead>
<tr>
<th><strong>ARTrageous Camp</strong></th>
<th>Monday–Friday, August 1–5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>$56 R, $70 NR</td>
</tr>
<tr>
<td>Class # 2301.1</td>
<td>Register by August 10</td>
</tr>
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Each day at **ARTrageous Camp** brings a chance to explore a new medium of art with Our Creative Outlet. Uptown Art and Young Rembrandts. Bring your imagination and creativity and make the world your canvas! All art materials will be provided. Weekly schedule: Monday & Friday: Our Creative Outlet; Tuesday & Thursday: Uptown Art; Wednesday: Sussex Community Center with Young Rembrandts.

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<tr>
<th><strong>Lego Simple Machines</strong></th>
<th>Monday–Thursday, August 15–18 12:30–2:30 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pauline Haas Public Library</td>
<td>$49 R, $61 NR</td>
</tr>
<tr>
<td>Class # 2506.2</td>
<td>Register by August 8</td>
</tr>
<tr>
<td>Instructor: Sue Ishihara</td>
<td></td>
</tr>
</tbody>
</table>

In this class, we will use Lego Science sets to discover the physics behind several simple machines. Students will learn how to use levers to lift, cams to build walking machines and how to gear up and down. We will be learning while having fun and using our imaginations to explore each simple machine concept.
Volunteer Coaches Needed

Due to the growing number of children participating in our Summer Youth Soccer and Baseball programs, we are recruiting volunteer coaches. The number of teams will be determined by the number of volunteer coaches. Each team will have at least two coaches. Experience is helpful, but not necessary. A 25% credit will be given at the end of the season to coaches that participate throughout the season. Call Megan Sackett at 262-246-6447 or email to msackett@villagesussex.org regarding your desire to coach or if you have any questions.

Coaches Meeting & Training

Tuesday, June 7
6 pm for Soccer
7 pm for T-Ball/Coach Pitch
Sussex Community Center

Individuals interested in coaching or who have signed up to coach for our summer baseball or soccer program are required to attend this training. We will review the Code of Conduct policy, the goals and objectives for the programs and have team assignments and meet the other coaches. In addition, an instructor from KidsSports will offer a clinic for soccer coaches to discuss rules of the game, offensive and defensive skills and drills while walking through some of the curriculum that will be applied each week.

We look forward to meeting you and are very excited to get off to a GREAT start in the 2016 Summer Youth Sports programs.

Pint-Sized Soccer

Ages: 4–7 years
June 15–August 4
Armony Park Soccer Fields
$51 R, $64 NR

The KidsSports Play & Learn Soccer program will introduce your child to the game of soccer in a fun, but challenging, environment. Using a professionally-developed curriculum, the KidsSports participants will learn proper soccer skills, like dribbling, passing, trapping, shooting and defending, as well as other basic soccer concepts such as rules. The program consists of 45 minutes of energized age-appropriate games and activities each week, along with organized actual small-sided matches with other teams within the league. Included in the registration fee is a team T-shirt. Volunteer coaches are essential to have a successful, quality program. Please indicate your desire to be part of the team as a coach on the registration form. Rainouts will be made up at the end of the season.

Hooper Hands

Drills, Skills & Games Basketball Camp
Ages: 4–8 years old
Tuesday-Friday
Queen of Apostles School – Alberte Center
$72 R, $90 NR
Instructor: John Leavell

Are you ready for some fun; while learning the basic fundamentals of basketball? Little Hoopers will participate in different fundamental drills, skill challenges, team play, and fun games. We provide a non-competitive environment to develop and excite the kid’s vision of the game of basketball. Each camper will receive a t-shirt. Register one week in advance. (Queen of Apostles is located at 449 W. Wisconsin Avenue, Pewaukee.)

Hooper Sport British Soccer Camp

Ages: 7–11
Monday–Friday, July 25–29
1–4 pm
Armony Park Soccer Fields
$156 R/NR

Challenger Sport British Soccer Camp is the largest soccer camp in the US. Each camp will feature the 1,000 Touches Curriculum, packed with drills and practices designed to improve the individual ball control, foot skills, fakes, moves, juggling and core techniques. Register with Challenger Sports by June 10, your child will also receive a British Soccer jersey valued at $30. Each participant receives a soccer ball and T-shirt. Register at: www.challengersports.com

Flag Football

Ages: 4–6 years
Saturday, September 10–October 15
Sussex Village Park: Lighted Diamond
$51 R, $64 NR

This introductory program will teach your child the fundamentals of football. Children must be 4 by the start of the program and must be in kindergarten or below. Practice and games will last one hour. Children will use soft footballs on a 50-yard field. Volunteers are essential to have a successful, quality program. Please indicate your desire to assist the coordinator by coaching. Parents will be notified of their child’s team the week prior to the start of the program.

Golf Lessons

Ages: 8–13
Tuesdays & Thursdays, June 7–23
Helman’s Driving Range
$70 R, $88 NR
Instructor: Al Olmstead

Designed for beginner to intermediate level players, the program will work on the basic steps of your golf swing, stance, grip, ball position and finish. Please bring a five iron, pitching wedge and a driver. Registration fee includes instructions and one large bucket of balls per day. If a participant would like another bucket of balls, they will be required to purchase the additional bucket.

Lacrosse Skills & Scrimmage

Grades: 1–6
Tuesday–Thursday, August 16–18
5:30–7:30 pm
Sussex Village Park: North Diamond
$24 R, $29 NR
Class # 2160.5
Register by August 1
Instructor: Patrick Jauquet

This clinic will teach boys and girls the basic lacrosse skills of cradling, scooping, passing, catching and shooting. These skills are the foundation for games of lacrosse. The clinic will utilize soft stick lacrosse equipment provided for each participant.

Flag Football

Ages: 4–6 years
Saturday, September 10–October 15
Sussex Village Park: Lighted Diamond
$51 R, $64 NR

This introductory program will teach your child the fundamentals of football. Children must be 4 by the start of the program and must be in kindergarten or below. Practice and games will last one hour. Children will use soft footballs on a 50-yard field. Volunteers are essential to have a successful, quality program. Please indicate your desire to assist the coordinator by coaching. Parents will be notified of their child’s team the week prior to the start of the program.
**Basic Horsemanship**

**Ages:** 7 years and up  
**Knollwood Stables**  
2800 Oakwood Road, Hartland)  
$260 R, $286 NR  
**Instructor:** Knollwood Stables staff

These eight-week Basic Horsemanship group classes specialize in English-style riding. Riders will learn to hold a rein in each hand and post the trot. Students will learn the basic riding skills, all aspects of safety, the etiquettes of the arena and good horsemanship. (Knollwood Stables is located at 2800 Oakwood Road, Hartland.)

**Class #** | **Date** | **Time** | **Register By**  
--- | --- | --- | ---  
2117.1 | SUN, June 26–Aug 14 | 2:30–3:15 pm | June 23  
2117.2 | MON, June 27–Aug 15 | 6:30–7:15 pm | June 23  
2117.3 | TUE, June 28–Aug 16 | 5:30–6:15 pm | June 23  
2117.4 | WED, June 29–Aug 17 | 6:30–7:15 pm | June 23

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**Swimming Lessons**

**Ages:** 5 years or older  
**Monday-Friday, July 11–22**  
45-minute lessons offered between 9 and 11:45 am at Menomonee Park  
$30 R & NR

Head out to Menomonee Park for summer swimming lessons offered by Waukesha County Parks.  
All students will be tested the first class to ensure proper level placement.  
To register, call Waukesha County Parks at 262-548-7801.

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**Fishing Clinic**

**Ages:** 6–12  
**Saturday, June 4**  
**Nixon Park, Hartland**  
**FREE**  
**Register by May 30**

For the 10th year, the Hartland Kiwanis Club and Village of Hartland Recreation will hold fishing clinics for children 6–12 years old on Saturday, June 4, at Nixon Park Pond. The clinic will teach fishing techniques, equipment use, knot tying, safety rules and fish identification. All fishing equipment will be provided by Dick Smith’s, but the children are encouraged to bring their own rods and reels. Lunch will be provided to all children participants by Piggly Wiggly. Participants are required to check in 15 minutes prior to their session start time. Advance registration is required.

**Class #** | **Date** | **Time** | **Register By**  
--- | --- | --- | ---  
2997.1 | SAT, June 4 | 9–10:30 am | May 30  
2997.2 | SAT, June 4 | 10:30 am–12 pm | May 30

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**Okinawan Martial Arts**

**Ages:** 5–17 years  
**Mondays, 5:30–6:20 pm**  
**Okinawan Martial Arts, Sussex**  
$60 R, $72 NR  
**Instructor:** Veng-Ly Tong

This instructional program introduces a variety of fundamental, realistic and useful martial arts techniques. Classes are fun and interactive and emphasize age-appropriate personal development, education and physical fitness. All participants will demonstrate at the end of the session and receive a certificate of achievement. (No class July 4.)

**Class #** | **Dates** | **Time** | **Register By**  
--- | --- | --- | ---  
2150.1 | MON, June 6–July 18 | 5:30–6:20 pm | June 1  
2150.2 | MON, July 25–Aug 29 | 5:30–6:20 pm | July 20

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**Sand Volleyball**

**Ages:** 8–10 years  
**Monday–Thursday, June 20–23**  
5:30–6:45 pm  
**Sussex Village Park Volleyball Courts**  
$50 R, $60 NR  
**Class #** 2130.0  
**Register by June 15**  
**Instructor:** Ashley Pfeifer, Hamilton Volleyball Coach

This weeklong program emphasizes fun and fundamentals. Participants will spend time learning the fundamentals of volleyball, including bumping, setting and serving; with a combination of instruction and game play. So get ready to bump, set and serve up some fun! If necessary, rain dates will be added.

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**Learn to Skate**

**Ages:** 4–12 years  
**Wednesdays, 5:45–6:15 pm**  
**Naga-Waukee Ice Arena, Delafield**  
$55 R & NR  
**Instructor:** Naga-Waukee Ice Arena staff

In cooperation with the Waukesha County Park System, this class is offered to develop basic ice skating skills. Students develop confidence on the ice by making turns and stops, learning to forward and backward skate and falling and recovery techniques. Come early to allow time to put on skates. It is recommended that participants wear a helmet (bike helmet is fine). Skate rental is included. (No class July 6.)

**Class #** | **Dates** | **Time** | **Register By**  
--- | --- | --- | ---  
2181.1 | WED, June 8–July 13 | 5:45–6:15 pm | June 1  
2181.2 | WED, July 20–Aug 17 | 5:45–6:15 pm | July 13

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**Beginning Archery**

**Ages:** 7–15 years  
**Wednesdays, July 6–27, 5:30–7:30 pm**  
**Menomonee Park**  
**Class # 2166.1 $30 Own Equipment**  
**Class # 2166.2 $40 Renting Equipment**  
**Register by June 29**

Beginning Archery is a four–week course where beginners, or those wanting to improve their archery skills, will learn the proper safety, equipment inspection and maintenance and steps to successful archery. Children must have a parent or guardian present throughout the class period. Registrants may bring their own equipment; crossbows and broad head arrows will not be permitted. Equipment will also be provided for a small additional rental fee. Supplies needed (unless renting equipment): bow, arrows, quiver, tab, release and arm guard. The park entrance fee is included in course fee.  
Directional signs guide you to archery location in the park. Volunteers are essential to having a successful, quality program. Parents, please indicate your desire to assist the instructor on the registration form. Class will be held rain or shine. If weather is severe/dangerous, class may be cancelled and just one make up will be scheduled (rain date August 3).

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**Youth Scholarship Program**

Detailed information and applications for the Youth Scholarship Program can be viewed and downloaded from the Village of Sussex website at www.villagesussex.org or picked up at the Sussex Community Center.  
(262) 246-6447
Kinderprams

Ages: 5–6 years
Fridays, June 17–July 29, 9 am–12 pm
Pewaukee Yacht Club
$252 R, $277 NR
Class # 2410.0
Register by June 1
Instructor: Staff of the Pewaukee Lake Sailing School

The Kinderpram class at Pewaukee Lake Sailing School is targeted at teaching young sailors the following: Familiarity around the sailing school and the lake, personal safety, sailing and seamanship skills (power—boating, wind, knot tying, rigging and parts of the boat, docking and securing a boat and caring for the environment), and most of all, fun! The Pewaukee Lake Yacht Club is located at N22 W28204 Edgewater Drive, Pewaukee.

Tennis Lessons

Tennis Lessons

Ages: 5-12 years
Fees vary — See below

Our tennis program offers progressive instructional classes and team tennis for teens. These structured lessons emphasize the fundamental of the game through skill drills, practice techniques and game format— which will surely make you an “ACE” in no time. Youth racquets are available for use.

BEGINNER: First-time players have fun learning the basic grips, strokes and feet placement.

ADVANCED BEGINNER: A continuation of beginner skills with more emphasis on serves, more movement and introduction to volleys.

INTERMEDIATE: Can hit forehands, backhands, volleys, serves and keep score. Work on overheads, lobs, control and consistency.

TEEN SKILL CHECK: Make sure your child is placed in the correct level of tennis lessons by attending one of these skill check days. Each skill check will be 30 minutes in length. When students of like abilities are in the same class, the class is more enjoyable, learning and practice are more effective and students can challenge themselves in a positive atmosphere. Youth racquets are available for use.

Lessons Session I: June 7–30 (Tuesday & Thursday) at Hamilton High Tennis Courts

<table>
<thead>
<tr>
<th>Ages</th>
<th>Class/Level</th>
<th>Time</th>
<th>Fee</th>
<th>Class #</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>5–8 years</td>
<td>Beginner</td>
<td>5:30–6:15 pm</td>
<td>$46 R, $55 NR</td>
<td>2100.1</td>
<td>June 1</td>
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<td>5–8 years</td>
<td>Advanced Beginner</td>
<td>5:30–6:15 pm</td>
<td>$46 R, $55 NR</td>
<td>2100.2</td>
<td>June 1</td>
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<tr>
<td>5–8 years</td>
<td>Beginner</td>
<td>6:30–7:15 pm</td>
<td>$46 R, $55 NR</td>
<td>2100.3</td>
<td>June 1</td>
</tr>
<tr>
<td>5–8 years</td>
<td>Advanced Beginner</td>
<td>6:30–7:15 pm</td>
<td>$51 R, $64 NR</td>
<td>2100.4</td>
<td>June 1</td>
</tr>
<tr>
<td>9–12 years</td>
<td>Beginner</td>
<td>7:30–8:25 pm</td>
<td>$51 R, $64 NR</td>
<td>2100.5</td>
<td>June 1</td>
</tr>
<tr>
<td>Adult</td>
<td>Beginner/Advanced Beginner</td>
<td>7:30–8:25 pm</td>
<td>$51 R, $64 NR</td>
<td>2100.6</td>
<td>June 1</td>
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Lessons Session II: July 19–August 11 (Tuesday & Thursday) at Hamilton High Tennis Courts

<table>
<thead>
<tr>
<th>Ages</th>
<th>Class/Level</th>
<th>Time</th>
<th>Fee</th>
<th>Class #</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>5–8 years</td>
<td>Beginner</td>
<td>9:30–10:15 am</td>
<td>$46 R, $55 NR</td>
<td>2101.1</td>
<td>July 15</td>
</tr>
<tr>
<td>5–8 years</td>
<td>Advanced Beginner</td>
<td>10:30–11:15 am</td>
<td>$46 R, $55 NR</td>
<td>2101.2</td>
<td>July 15</td>
</tr>
<tr>
<td>5–8 years</td>
<td>Beginner</td>
<td>10:30–11:15 am</td>
<td>$46 R, $55 NR</td>
<td>2101.3</td>
<td>July 15</td>
</tr>
<tr>
<td>9–12 years</td>
<td>Beginner</td>
<td>9:30–10:25 am</td>
<td>$51 R, $64 NR</td>
<td>2101.4</td>
<td>July 15</td>
</tr>
<tr>
<td>Adult</td>
<td>Beginner/Advanced Beginner</td>
<td>8:30–9:25 am</td>
<td>$51 R, $64 NR</td>
<td>2101.5</td>
<td>July 15</td>
</tr>
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</table>

Lessons Session III: August 2-25 (Tuesday & Thursday) at Melinda Weaver Tennis Courts

<table>
<thead>
<tr>
<th>Ages</th>
<th>Class/Level</th>
<th>Time</th>
<th>Fee</th>
<th>Class #</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>5–8 years</td>
<td>Beginner</td>
<td>5:54 pm</td>
<td>$46 R, $55 NR</td>
<td>2102.1</td>
<td>July 29</td>
</tr>
<tr>
<td>5–8 years</td>
<td>Advanced Beginner</td>
<td>6:45 pm</td>
<td>$46 R, $55 NR</td>
<td>2102.2</td>
<td>July 29</td>
</tr>
<tr>
<td>9–12 years</td>
<td>Beginner</td>
<td>5:55 pm</td>
<td>$51 R, $64 NR</td>
<td>2103.3</td>
<td>July 29</td>
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<tr>
<td>9–12 years</td>
<td>Advanced Beginner/Intermediate</td>
<td>6:55 pm</td>
<td>$51 R, $64 NR</td>
<td>2103.4</td>
<td>July 29</td>
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### Weekly At-a-Glance Fitness Schedule

<table>
<thead>
<tr>
<th>CLASS</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yolates (Community Center)</td>
<td>5-6 am</td>
<td>5-6 am</td>
<td>8-9 am</td>
<td>5-6 am</td>
<td>5-6 am</td>
<td>8-9 am</td>
</tr>
<tr>
<td>Body Basics (Willow Springs)</td>
<td>5:30-6:30 pm</td>
<td></td>
<td></td>
<td>5:30-6:30 pm</td>
<td>6:30-7 pm</td>
<td></td>
</tr>
<tr>
<td>Cardio Tabata (Willow Springs)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Core Crunch (Willow Springs)</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Body (Willow Springs)</td>
<td></td>
<td></td>
<td></td>
<td>5:30-6:30 pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zumba Toning (Willow Springs)</td>
<td>5:30-6:15 pm</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Yoga (Community Center)</td>
<td>6-7 pm</td>
<td>7-8 pm</td>
<td>7-8 pm</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Zumba (Willow Springs)</td>
<td>6:45-7:45 pm</td>
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<tr>
<td>Wildcard Workout (Willow Springs)</td>
<td></td>
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</tr>
</tbody>
</table>

*See Schedule Posted Online*

### All Class Exercise Pass

**$79 R, $99 NR**

See individual program descriptions for days, times and locations of the group fitness programs you'd like to attend with the All Class Exercise Pass. The All Class Pass is for participants that would like to have the flexibility to participate in multiple group exercise classes each session. The pass includes: Yoga, Zumba, Zumba Toning, Yolates, Body Basics, Total Body, Cardio Tabata, Core Crunch and Wildcard Workout. (No classes July 2-8.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2703.1</td>
<td>June 4–July 22</td>
<td>5-6 am</td>
<td>June 3</td>
</tr>
<tr>
<td>2703.2</td>
<td>July 23–Sept 2</td>
<td>5-6 am</td>
<td>June 3</td>
</tr>
</tbody>
</table>

### Group Fitness Punch Cards

**June 4 – Sept 2**  
**$52 R, $65 NR**  
**Punch Card # 2777.0**

Need more flexibility to meet your busy schedule? Now you can purchase a punch card with eight (8) punches for the summer season. Bring your punch card to each class and the instructor will punch one number per class. The expiration date of the punch card is September 2. Punch cards are non-transferrable and non-refundable. You can use your punch card for any adult fitness classes.

### Body Basics

**Ages: 14+**  
Mondays, 5:30–6:30 pm  
Willow Springs Elementary  
**$36 R, $45 NR**  
**Instructor: Amy Wickert**

Define muscles! Strengthen your core! Each Body Basics class has a variety of exercises to target all areas of the body and major muscle groups by using hand weights, resistance bands, stability balls, stabilizing exercises and isometric holds to strengthen, condition, and stretch your muscles. The goal is to have fun and work hard while feeling the burn. The equipment is provided. Body Basics is part of the All Class Exercise Pass. (No class July 4.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
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</thead>
<tbody>
<tr>
<td>2715.1</td>
<td>MON, June 6–July 18</td>
<td>5:30–6:30 pm</td>
<td>June 3</td>
</tr>
<tr>
<td>2715.2</td>
<td>MON, July 25–Aug 29</td>
<td>5:30–6:30 pm</td>
<td>July 22</td>
</tr>
</tbody>
</table>

### Total Body

**Ages: 14+**  
Wednesdays, 5:30–6:30 pm  
Willow Springs Elementary  
**$36 R, $45 NR**  
**Instructor: Dian Zandi**

Total Body is an energetic workout including strength, cardio and core in one workout. Exercises and format change week to week to keep it fresh and keep your fitness level moving forward. It is recommended that you bring a bottle of water and towel. Total Body is part of the All Class Pass. (No class July 6.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2707.1</td>
<td>WED, June 8–July 20</td>
<td>5:30–6:30 pm</td>
<td>June 3</td>
</tr>
<tr>
<td>2707.2</td>
<td>WED, July 27–Aug 31</td>
<td>5:30–6:30 pm</td>
<td>July 22</td>
</tr>
</tbody>
</table>

### Core Crunch

**Ages: 14+**  
Thursdays, 6:30–7 pm  
Willow Springs Elementary  
**$25 R, $31 NR**  
**Instructor: Jennifer Leicht**

Core Crunch is an all-out ABtastic voyage that revolves completely around strengthening your “powerhouse” – your hips, glutes, lower back and abdominal muscles. (No class July 7.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2709.1</td>
<td>TH, June 9–July 21</td>
<td>6:30–7 pm</td>
<td>June 3</td>
</tr>
<tr>
<td>2709.2</td>
<td>TH, July 28–Sept 1</td>
<td>6:30–7 pm</td>
<td>July 22</td>
</tr>
</tbody>
</table>

### Cardio Tabata

**Ages: 14+**  
Thursdays, 5:30–6:30 pm  
Willow Springs Elementary  
**$36 R, $45 NR**  
**Instructor: Jennifer Leicht**

Cardio Tabata is a high-energy class that will help you burn calories and develop cardio endurance. The class will warm you up, move through timed sets of exercises performed all out for 20 seconds followed by a 10-second recovery and conclude with a cool down. Cardio Tabata is part of the All Class Exercise Pass. (No class July 7.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2708.1</td>
<td>TH, June 9–July 21</td>
<td>5:30–6:30 pm</td>
<td>June 3</td>
</tr>
<tr>
<td>2708.2</td>
<td>TH, July 28–Sept 1</td>
<td>5:30–6:30 pm</td>
<td>July 22</td>
</tr>
</tbody>
</table>

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**Active Adults**  
All Class Exercise Pass must be age 14 years or older. Participants under 18 years of age must have parent/guardian signature on registration form to participate.

(262) 246-6447
**Active Adults**

### Yolates

**Ages:** 14+
**Sussex Community Center**
**Tuesdays/Thursdays/Saturdays**
**$36 R, $45 NR**

**Instructor:** Rita Calatola–Pofahl

Yolates is a combination of traditional Yoga and Pilates. It's the same class, just a new name! This is a workout that tones the entire body, enhances posture, improves your flexibility and reduces stress. Bring a yoga mat and wear comfortable clothing. Yolates is part of the All Class Exercise Pass. (No class July 2, 5 & 7.)

<table>
<thead>
<tr>
<th>Class #</th>
<th>Date</th>
<th>Time</th>
<th>Register By</th>
</tr>
</thead>
<tbody>
<tr>
<td>2710.1</td>
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### Zumba Toning

**Ages:** 14+
**Tuesdays, 5:30–6:15 pm**
**Willow Springs Elementary**
**$30 R, $39 NR**

**Instructor:** Daly Soto

When it comes to body sculpting, Zumba Toning raises the bar (or rather, the toning stick). It combines targeted body-sculpting exercises and high-energy cardio work with Latin–infused Zumba moves to create a calorie-torching, strength-training dance fitness party. Students learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes and thighs. Zumba Toning is the perfect way for enthusiasts to sculpt their bodies naturally while having a total blast. Zumba Toning is part of the All Class Exercise Pass. (No class July 5.)

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### Yoga

**Ages:** 14+
**Mondays/Wednesdays/Thursdays**
**Sussex Community Center**
**$36 R, $45 NR**

**Mondays:** Stacy Chic
**Wednesday & Thursdays:** Jenny Steeger

Yoga is an ancient exercise that enhances physical strength, flexibility, balance, and mental and emotional well-being. In this class, we will move through asanas or poses using our breath using a vinyasa type yoga, creating heat in the body to develop muscular flexibility and to build strength by holding poses for a few breaths and finally deepening our poses for enhanced long-term flexibility. Needed: Yoga mat and comfortable clothing. Yoga is part of the All Class Exercise Pass. (No class July 4, 6.)

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### Adult Tennis League

**Ages:** 18+
**Sundays, June 5–August 28 6–7:30 pm**
**Hamilton High School Tennis Courts**
**$29 R, $36 NR**

**Class # 2182.0**

**Register by June 1**

**Coordinator:** Chris Liedtke

Join us on Sunday evenings for this recreational league for all levels. Participants may sign up as a beginner, intermediate or advanced player. If you are not sure which category you fall into, we can evaluate you on the first night. We will do our best to match everyone up at or near their level of play. This is planned as an adult mixed doubles league; however, depending on the number of participants and their levels of play, there may be opportunities for some singles play. (No class June 19, July 3.)

### Pickleball

**Ages 18+**

**Wednesday, May 18, 5–7 pm**

**Thursday, May 19, 10 am–12 pm**

**Wagner Park, Pewaukee**

**Registration required FREE!**

**Class #2807.0**

Have you heard about the game, but don't know where to start? Sign up for this easy-to-understand clinic taught by friendly, experienced players. Participants will learn the basics of the game including rules, scoring and how to use the equipment. This will prepare you to play in our Pickleball programs! Free gift for all registered participants.

### Sailing Lessons

**Ages:** 19+ years
**Tuesdays/Thursdays, 5:30–8 pm**
**Pewaukee Yacht Club, $144 R, $159 NR**

**Instructor:** Pewaukee Lake Sailing School staff

This beginning class is targeted to teaching adults how to sail in a safe and comfortable environment. Students will be sailing in Flying Scots, provided by PLSS. Sailors will learn the basic skills of personal safety, knots, rigging, skipping, crewing as a team, learning about different points of sail, and avoiding collisions. Pewaukee Yacht Club is located at N22 W28204 Edgewater Drive, Pewaukee.

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### Zumba

**Ages:** 14+

**Wednesdays, 6:45–7:45 pm**

**Willow Springs Elementary**

**$36 R, $45 NR**

**Instructor:** Jane Bremmer

Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance and core training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA! Zumba is part of the All Class Exercise Pass. (No class July 6.)

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### Pickleball Clinic for the Novice Player

**Ages 18+**

**Wednesday, May 18, 5–7 pm**

**Thursday, May 19, 10 am–12 pm**

**Pewaukee Yacht Club, $144 R, $159 NR**

**Class #2807.0**

Have you heard about the game, but don’t know where to start? Sign up for this easy-to-understand fitness clinic taught by friendly, experienced players. Participants will learn the basics of the game including rules, scoring and how to use the equipment. This will prepare you to play in our Pickleball programs! Free gift for all registered participants.

### Adaptive Climbing

**All Ages**

**1st & 3rd Sundays of the month 5:30–8:30 pm**

**Adventure Rock in Pewaukee**

**$10**

**Midwest Adaptive Climbing** provides opportunities for persons with physical disabilities and their loved ones to enjoy the sport and lifestyle of climbing. Fee includes admission, gear rental, instruction and a cool community of people to help reach new heights. See calendar for specific dates as dates are subject to change.

**Register at**

[www.adaptiveadventures.org](http://www.adaptiveadventures.org)
BBQ Basics
Ages: 18 years and up
Sussex Village Park – North Open Air Shelter
$30 R, $38 NR
Instructor: John Doornek, Rupena’s – West Allis

Have you often wished that you could do more with your grill than cook hamburgers and hot dogs? If you have answered yes to these questions, then we have the class for you! Join John Doornek, Butcher and Chef for 15+ years at Rupena’s Fine Foods and Catering of West Allis.

BBQ Basics I
Thursday, June 16, 6–8:30 pm
Class #: 2901.1
Register by June 9

Spend the evening outdoors learning from a professional on all the secrets of grilling. From charcoal selections, ways to use your gas grill more effectively, how to pick the right cut of meat, marinating, length of cooking time, how to tell when food is done and some side dishes you can prepare on the grill, you will walk away ready for your Summer.

BBQ Basics II
Thursday, June 30, 6–8:30 pm
Class # 2901.2
Register by June 23

Do you really want to impress your guests at your next party? Step up your cooking skills in BBQ Basics II. Bring your appetite, something to drink and something to write with.

In the Kitchen
Cooking Demo with Staci Joers
Monday, August 22, 6:30-9 pm
Wagner Park
$22 per person
Register by August 15
Class # 2902.1

Fried Green Tomatoes … Love the book? Adore the movie? I do, and I’m crazy about the food. So tonight I’ll make some of my favorites: Southern Sweet Tea, Whistle-stop Cafe Chicken & Dumplings, Barbeque (pulled pork on white bread), Fried Green Tomatoes & Peach Cobbler

Self Defense
Ages: 14+
Tuesday, July 19, 5:30–8:30 pm
Pewaukee City Hall Common Council Chambers
$25 R, $35 NR
Class #: 2402.0
Register by July 11
Instructor: Wes Manko of Defenseworks

The best way to protect yourself is not to be in a violent and life threatening situation. While everyone has the ability to use intuition it has become neglected as a viable tool in crime prevention. This is a practical seminar that teaches non – violent and physical tactics that defend against attackers. Attendees learn both psychological and physical defensive strategies to while dating, attending school and dealing with strangers. Students under 18 must attend with a parent.

Basketweaving Studio
Tuesdays, 9 am–12 pm
Regular Studio: Weekly thru May 17
Summer Studio: June 21 & 28; July 12 & 19; August 2, 16 and 30
Sussex Community Center-Craft Room
$12/person each week
No pre-registration necessary

Students of all levels are welcome to weave a project of their choice with the guidance of an experienced instructor. Project materials are available for purchase through the instructor or bring your own. Tips are provided for all aspects of basket making. This is an open studio – come on as many days as you’d like! Bring the following supplies to each session: clippers or strong scissors, 10–15 clip clothespins, old towel, small flat screwdriver, pail or bucket, plant mister, pencil, needle-nosed pliers. (No class April 19.)
Baseball & Beer
Friday, May 20
Depart Sussex at 8 am
Return to Sussex at 3:30 pm
$59 R, $64 NR
Trip #1909.1
Register by April 30
Explore two of Milwaukee's more well known landmarks, Miller Park and MillerCoors Brewery. We'll begin our day with a tour that takes us behind the scenes of Miller Park, including the Visitor's Clubhouse, bullpen, the luxury suite level, Uecker's booth and much more. Enjoy great views of the field in Miller Park during your buffet style lunch at Friday's in Miller Park. To finish the day, we head to MillerCoors for a guided tour of the brewery, including free samples. Both tours include walking, but there are places to sit along the tour.

Down on the Farm
Ages: 18+
Wednesday, June 22
Depart Sussex Community Center at 8:30 am
Return to Sussex Community Center at 5:30 pm
$64 R, $69 NR
Trip #2505.0
Register by June 1
We will spend the day on the farm, beginning with a tour and buffet lunch at LaClare Goat Farm near Fond du Lac. Our tour will include crops, the milking parlor, an explanation of cheese making and viewing of the aging cellars. Our afternoon takes us to Larson's Clydesdale Farm where you will have an opportunity to see these majestic horses up close on our tour. On our way home, we will stop by Kelley's Country Creamery for a homemade ice cream treat (not included in price of trip).

Bingo – the Winning Musical
Wednesday, July 13
Trip #2508.0
Departure Sussex at 11 am
Return to Sussex at 5:15 pm
$74 R, $79 NR
Register by June 17

We are headed to the Memories Theater in Port Washington to see Bingo–The Musical. With “Bingo or Bust” as their unspoken motto, Vern, Honey and Patsy, stop at nothing to miss their weekly bingo game. Braving a terrible storm, this trio of best friends ignores the caution of the local weather center and paddle their way to the bingo hall; nothing will come between them and that $200 pot! You will become part of the action as you join in and play bingo, right along with the cast! Be prepared to experience hilarious and loveable characters and memorable songs. Lunch will be served prior to the show and includes Beef Stoganoff with buttered noodles, vegetable, fluff, salad, roll and a cream puff.

US Mailboat Tour on Lake Geneva
Thursday, July 21
Depart Sussex at 7:30 am
Return Sussex at 5:45 pm
$74 R, $79 NR
Trip #2509.0
Register by June 17
We will travel by coach bus to Lake Geneva, where we will board the US Mailboat and celebrate their 100th year. This unique mail delivery will have you on the edge of your seat, or you can sit back and enjoy the beautiful front row shoreline views. We will have lunch at Popeye's where you will have a choice of a one-quarter rotisserie chicken with rice or rotisserie pulled pork with mashed potatoes. Please indicate your meal choice when registering. After lunch you will have time to explore the shops in downtown Lake Geneva, and we will stop at the Elegant Farmer on the way home.

Bookworm Gardens
A trip for Grandparents and Grandchildren
Wednesday, August 10
Departure Sussex at 8:30 am
Return Sussex at 5:45 pm
$39 R/NR per person
Trip #2510.0
Register by July 7

Enjoy a special day with your grandchild as you travel by coach bus to beautiful Bookworm Gardens in Sheboygan. Geared toward children and adults of all ages, this interactive, playful and magical two-acre garden is divided into seven different gateways, each based on children's literature. You and your special guest will create amazing memories while reading, learning and exploring together. Sixty different books are represented, including well-known titles like The Magic Treehouse, Winnie the Pooh, Johnny Appleseed and Where The Wild Things Are. The Memory Gateway includes an enchantingly beautiful flower garden which supports caterpillars, butterflies and hummingbirds. We will enjoy a buffet lunch including chicken, pizza, soup, salad, sides and dessert at the Pizza Ranch, and we will stop at Broadway Popcorn for samples. Please indicate your doctor's name and phone number when registering. Unless your guest lives with you, a separate registration form with their information and adult signature is required.

Chicago’s Roarin’ Gangster Era
Ages: 18+
Wednesday, August 17
Depart Sussex at 7:30 am
Return to Sussex at 5:30 pm
$84 R, $89 NR
Trip #2504.0
Register by July 31

Escape into Chicago's underworld of crime and the mob. Some of the world's most famous criminals, mobsters and gangsters bamboozled their way through Chicago. We begin the day by seeing famous Chicago crime scenes from the 19th century through modern times on our guided bus tour. Then we head to Tommy Gun's Garage to enjoy a gangster & flapper show with lunch in a Prohibition-themed speakeasy.

Madison Farmers Market
Ages: 18+
Saturday, August 27
Depart Sussex at 6:45 am
Return to Sussex at 2:30 pm
$29 R, $34 NR
Trip #2503.0
Register by August 15

Eat your way through 200 vendors of produce, bakery and new food products! Enjoy live music or visit the Wisconsin Veterans Museum on the Capitol Square. Take a stroll down State Street to do some people watching! Last stop Memorial Union Terrace on the shores of Lake Mendota to picnic lunch on our market finds or purchase an optional lunch. Walking shoes and a shopping bag a must!!
Depart TJ Middle School 6:30am

Trip Refund Policy

Trip cancellations must be made prior to the registration deadline date. Any trip cancellation received prior to that deadline date may receive a refund, minus a $10 administrative fee. Cancellation requests received after that deadline will only receive a refund if a replacement is found. The $10 administrative fee will still apply.

https://apm.activecommunities.com/sussexrec/home
Fireside Theatre
Million Dollar Quartet
Wednesday, September 28
Depart Sussex at 6:15 am
Return to Sussex at 5:45 pm
$94 R, $99 NR
Trip #2507.0
Register by August 19

Our coach bus is headed to the Fireside where we will enjoy a delicious dinner and a production of Million Dollar Quartet. On December 4, 1956, an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together for what would be one of the greatest jam sessions ever. Relive the era with the smash-hit sensation featuring an incredible score of rock 'n' roll, gospel, R&B and country hits, performed live onstage by world-class actors and musicians. Hit songs include: Blue Suede Shoes, Great Balls of Fire, Fever, Whole Lotta Shakin' Goin’ On, and many more. On the way to the Fireside we will stop at the Jones Dairy Farm Outlet.

Warren’s Cranberry Festival
Ages: 18+
Saturday, September 24
Depart Sussex at 7 am
Expected Return at 8:30 pm
$39 R, $44 NR
Trip #2502.0
Register by September 15

At the world’s largest Cranberry Festival, you will enjoy over 70 different food booths, 850 art and craft booths and over 100 farmers’ market booths! A coach bus will be provided along with coffee and donuts prior to departure. For more information, check at cranfest.com. This is an all day walking trip.

Preserving our Past…
Ages: 18+
Wednesday, September 21
Depart Sussex at 6:30 am
Expected Return at 6:30 pm
Register by September 1
$69 R, $74 NR
Trip #2501.0

Although we love our Packers, there’s more to the Green Bay area. We’ll spend the day learning about some of the foundations of our country and how they shaped our country, including the Native Americans and the railroad. We’ll begin the day on a cultural tour of the Oneida Nation that will share many attractions to learn what it was like, what happened, and life today in the Oneida Nation including an apple orchard, Log Home Restoration Area, Buffalo Overlook, the oldest episcopal church and then enjoy a Native American favorite for lunch. Then, it’s on to the National Railroad Museum for a guided tour including a train ride highlighting the museum’s collection, including: the General Motors Aerotrain, General Eisenhower’s WWII command train, the Union Pacific Big Boy, Pennsylvania Railroad GG-1 electric locomotive, the Pullman porters and the Wisconsin 40&8 boxcar.
The Center of Attention

Senior Programming details are listed in the Center of Attention senior newsletter. Published quarterly, the Center of Attention provides our senior community with information about activities, events, trips, classes, seminars, support groups and resources. Copies are available at the Pauline Haass Public Library, the Sussex Village Hall, the Sussex Community Center, Sussex Mills, the Bristol Court apartment complexes and on the Village website at www.villagesussex.org.

Senior Dining Meal Site ... Fellowship, Food and Fun!

Senior Dining includes both senior dining centers and home-delivered meals. The senior dining centers provide low cost nutritious meals to persons 60 years of age and older, with an emphasis on reaching frail, isolated, homebound and disadvantaged older adults. In addition to a hot noon meal, older adults receive nutrition education, health information and screenings, outreach and support for themselves and their families.

Monthly menus are available at the Sussex Community Center, on the Village Web site at www.villagesussex.org and on the Waukesha County website at www.waukeshacounty.gov.

Reservations are required at least 24 hours in advance. Call (262) 246-6747 before 1 pm Monday—Friday or (262) 548-7848 anytime prior to 1 pm to make reservations.

### Senior Fitness

**Ages: 55+**  
Mondays/Wednesdays/Thursdays  
9–9:45 am  
Sussex Community Center  
$17 R, $21 NR  
Instructors: Miranda Laffin (Mondays); Barb Coughlin (Wednesdays); Donna Wolff (Thursdays)

This is a low-impact, aerobic program and is designed for ages 55 and older to improve flexibility and cardiovascular health while safely and appropriately stretching. This fitness routine is great for your overall wellness. Senior Fitness is not part of the All Class Exercise Pass. (No class July 4 or September 5.)

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### Gentle Yoga

**Ages: 55+**  
Fridays, 9–9:45 am  
Sussex Community Center  
$21 R, $26 NR  
Instructors: Jennifer Waltz (Fridays); Mary Kraemer (Saturdays); Eileen Kaiser (Sundays)

Gentle Yoga stretches, breathing, relaxation and simple movements increase range of motion of the major joints. Gentle Yoga is appropriate for seniors or those who simply prefer to move at a slower pace. Individualized instruction and modifications are given to accommodate those with chronic symptoms such as muscle or joint pain, stiffness, weakness or fatigue. Gentle Yoga is NOT part of the All Class Exercise Pass.

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### It’s Time for a SOLE Revival

**Ages: 55+**  
Tuesday, May 3  
8:30–9:30 am  
Sussex Community Center  
$10 R, $12 NR  
Class # 2998.0  
Register by April 29  
Instructor: Patti Breitbach-Rashid

The sole of your foot that is! Your feet are the foundation of your body. Everything that happens here affects what's going on from the ankles up. Did you know that your feet can be a fairly good predictor about the future of your knees, hips and spine? In this feel good introductory workshop, we will learn how to stretch, and mobilize the 26 bones, 33 joints and over 100 muscles, ligaments and tendons in our feet through self-care techniques and a few corrective exercises. We'll take a look at how to align our bodies in relationship to our feet so that our feet can support us comfortably and safely in our lives. Healthy, flexible and strong feet = a happy body!

### Senior Citizen Advisory Committee

Available to Sussex Village residents 55 years of age and older, the Senior Advisory Committee brings specialized experiences and ideas geared towards the senior citizens in our community to our Village government. The committee encourages short- and long-term planning for programs, events, trips and facility needs. The committee meets at 4 pm on the third Tuesday in odd months, unless otherwise stated on the agenda. Meetings are open to the public. Meeting minutes are available in the front office of the Sussex Community Center.

**Senior Advisory Committee Members**
- Pat Tetzlaff, Village Trustee
- Patricia Plude  Roger Johnson
- Art Rude  Eileen Kaiser
- Karen Sukkert  Shirley Johnson
- Jennifer Waltz  Mary Kraemer

### green thumb Planting event

**Wednesday, June 8**  
10 am–Noon  
Sussex Village Park, Lions Shelter  
FREE  
Class # 1805  
Register by Friday, June 3

With the help of volunteers, plant a table top planter to take home to enjoy and brighten your patio. This year's event also includes a craft project. You will also learn about our new garden and landscape plans for our new Civic Campus.

As always, come for the fun and join us for lunch at the Community Center by calling 262-246-6747 at least 24 hours in advance.

**Sponsored by BMO Harris**
Registration Policies

- Registrations are processed on a first-come, first-served basis, with this exception: registrations received prior to the designated registration dates will be kept in our safe until the designated registration date.

- Register early! Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination, often including facility scheduling, staffing, volunteer recruitment and purchasing supplies.

- Registration Expectations: A minimum and maximum numbers of participants are required for each program. These guidelines are necessary to ensure the best possible instruction for each participant. The department may increase or reduce program size if necessary.

Where enrollment is low, the Recreation Department reserves the right to cancel a program. Program cancellations due to low registration will be made at least two (2) days before the start of the program. Participants will be notified by the Recreation Department and will receive a 100% refund of the program fee.

- Do I pay resident or non-resident fees? If you pay your residential property taxes to the Village of Sussex, you are considered a resident. Any taxing municipality outside the Village of Sussex is non-resident. Unfortunately, being in the Sussex Hamilton School District or having a “Sussex” mailing address does not necessarily mean you are considered a resident of the Village. Non-resident participants pay higher fees because a portion of the Village of Sussex property taxes is designated to pay for the buildings, parks, instructors and administration of recreation services.

- Individuals under age 18 must have parent/guardian signature on registration in order to participate.

- Individuals are placed on waiting lists if their requested program is full. If space becomes available, we will call individuals on the waiting list.

- Registrations are not processed if an incorrect payment accompanies the registration form. We will not reserve spots open until full payment has been received. Inadvertent overpayments are placed on the payee’s ActiveVet registration account.

- Do not participate in a program you are not registered for.

- If a payment is returned as “non-payable” for any reason, there will be a charge of $30 for each returned submission. Accounts are suspended and individuals are removed from program rosters and must not attend any further classes until issuer pays in full the balance due plus all accrued service charges.

Refund Policies

- Customers seeking refunds have two options. One is to receive a refund back in the original form of payment. The second option is to place the refunded amount on your ActiveVet registration account to be used for future recreation programming fees. Money placed on your ActiveVet registration account does not expire. Program registration cancellations requested prior to the registration deadline will receive a refund minus a $10 administrative fee. If the refund is placed on the ActiveVet registration account, only a $5 administrative fee will be assessed.

- Program registration refund requests can be made up to one week past the program start date. Should the request be approved, a refund will be made minus a $10 administrative fee. If a refund request is made for which the Recreation Department has incurred expenses on your behalf, a refund may not be granted. Expenses may be but are not limited to: uniforms, equipment, supplies, etc.

- Online convenience fees are non-refundable.

- Program registration refund requests that are submitted after the first week will only be considered with a physician’s note stating the patient is unable to participate in the activity that is required. The refund will be pro-rated based on the date of the physician’s note.

- Once a program begins, registration remains open at the advertised registration fee as space allows and with instructor permission.

- Refunds will not be made for individual absences (i.e. illnesses, vacations, etc.) and cannot be made up nor may you participate in a class other than the one you are registered for.

- Trip cancellations must be made prior to the registration deadline date. Any trip cancellation received prior to that deadline date may receive a refund, minus a $10 administrative fee. Cancellations requests received after that deadline will only receive a refund if a replacement is found. The $10 administrative fee will still apply.

- The Parks & Recreation Department will try to reschedule a make-up class if a program has been cancelled due to adverse weather conditions. There will be no refund if a class cannot be rescheduled or if a participant cannot make the rescheduled class.

Registration Modifications/Transfers

Modifications to the original registration must be made in writing and are subject to a $5 administrative fee per transaction. These may include but are not limited to transfer to another session or program, removal of Before or After care for Day Camp, etc. All assessed fees must accompany the written request.

An example of a modification or transfer would be if a child is registered for the first week of Day Camp and wants to transfer to Week 6 of Day Camp. This would also apply to any adjustments made to Before or After Care for Day Camp.

Program Information Distribution

The Parks & Recreation Department direct mails three seasonal Recreation brochures per year to all residents in the 53089 zip code, along with portions of Merton, Hartford, Colgate, Richfield, Pewaukee, Menomonee Falls and Lannon. In addition, copies of the Recreation Brochure are available at the Pauline Haass Library, Sussex Village Hall and Sussex Community Center or on the Village of Sussex website. Unfortunately, we do not mail individual copies upon request.

Adverse Weather Condition Guidelines

If adverse weather conditions exist and the Sussex Hamilton School District has closed its schools or cancelled their activities, the recreation programs and events are cancelled. When the District is no longer in session, the weather delay or cancellation announcements will be posted as listed below.

Should adverse weather conditions be imminent or exist, recreation staff will post notification of the cancellations/changes in the most effective manner. The responsibility lies also with individuals to inquire about potential closings or cancellations. Every effort is made to give reasonable, prudent and advanced notice to registered participants by any of the following:

- Facebook and Twitter
- www.villagesussex.org
- Taglines on local TV stations
- Email to registered participants

We DO NOT call individual registered participants to announce cancellations or changes.

Insurance/Liability

Activities are conducted in a safe manner. There is an inherent risk of injury when choosing to participate in recreational activities. The Village of Sussex does not provide hospital/medical insurance coverage for persons participating in our recreation programs and events. Participants are encouraged to obtain their own insurance coverage prior to and for the duration of the activity they take part in.

Americans with Disabilities Act

The Village of Sussex will make reasonable modifications to support inclusive recreation participation. We request ample notice regarding special assistance requests; this will allow us proper planning time to accommodate needs. If you require special accommodations in order to participate, please inform us when you register.

Program Observation

In an effort to better promote a positive learning environment for programs, only registered participants are permitted in the program area. Our instructors welcome the opportunity to discuss participant’s progress with parents after class.

Sharing Personal Information

The personal information provided to the Sussex Recreation Department on the registration form is used solely for the purpose of participating in Sussex Recreation programs. The Sussex Recreation Department will not share information with outside parties.

Say Cheese!

Our Recreation Department periodically takes pictures of participants in our classes, during special events, and in the Village’s parks. Please be aware that these photos are for recreational use and may be used in the Village’s brochures, pamphlets, flyers, or Web site. You must give us written notice if you or your family members do not want to be photographed or published.

Announcements

- Smoking and alcohol are strictly prohibited in any Village-owned property.
- No guns or weapons are allowed in any Village-owned building.

Lost and Found

The Recreation Department is not responsible for any items lost or stolen during participation in any Village-sponsored activities. Any found items are taken to the Sussex Community Center. Any unclaimed items are donated to a local charitable organization at the end of each season.

New Program Ideas

The Parks & Recreation Department is always receptive to suggestions for the development of programs. A program proposal form must be completed to provide preliminary information. The form is available on the Village of Sussex website.

Code of Conduct

Recreation programs can be used as an opportunity for people, young and old, to learn how to engage in healthy activities while maintaining respect for themselves and other participants. Benefits are derived from the participant’s attitude toward the program and the adherence to accepted standards of behavior. The complete Code of Conduct Policy can be reviewed at www.villagesussex.org. By participating and authorizing participation in Sussex Recreation activities, programs and special events, individuals agree to adhere to the Codes of Conduct set forth.

Program Errors/Changes

Occasionally there may be a misprint within this program guide. We will make every effort to correct the error as soon as possible. The Parks & Recreation Dept. reserves the right to cancel, postpone, combine classes, change program locations or times for various reasons. Notification will be given in the most efficient manner possible.
Sussex Recreation Department Summer Day Camp Registration Form
W240N5765 Maple Ave., Sussex WI 53089
262-246-6447 Office  262-246-6337 Fax  www.villagesussex.org  recinfo@villagesussex.org

Parent/Guardian Name:__________________________________________________________________________________________________

Child's Date of Birth  ___________________      Age ________

Receipts, notifications, cancellations and other important program information from the Recreation Department are sent via e-mail.

Child's Name (Please Use One Form Per Child)  _______________________________________________________________________

Address: _____________________________________________________  City: _______________________________ State: __________ Zip: _________________

Phone: ( ) _________________________  Cell: ( ) _________________________  E-mail address: _______________________________________________________________________________

The undersigned, participant (adult), parent/guardian or a designee do hereby understand that I have registered the individual herein to participate in the aforementioned activities. I further agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand the requested programs, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Village of Sussex. I have read and agree to the registration and related policies, procedures and/or guidelines. I understand that any intentional misrepresentation about residency or age will result in removal from programming (forfeiting all fees/costs). I agree to provide proof of residency upon request. I read the enclosed and accept. By signing this, I agree to comply with the Code of Conduct policy set forth by the Village of Sussex and will accept the ramifications should I not adhere to it. Adult Participant, Parent/Guardian, or an Adult Designee Signature is required for this registration to be valid.

Statement of Liability and Understanding

List dollar amount in all boxes that apply

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6</th>
<th>Week 7</th>
<th>Week 8</th>
<th>Week 9</th>
<th>Week 10</th>
<th>Week 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crazy Scientists</td>
<td>Pet Paradise</td>
<td>Wonders of Weather</td>
<td>Leaders of Our Nation</td>
<td>Career Week</td>
<td>Holiday</td>
<td>Space Adventures</td>
<td>Step Back in Time</td>
<td>Olympic Week</td>
<td>Field Trip</td>
<td>Summer Favorites</td>
</tr>
<tr>
<td>$135R/ $169NR</td>
<td>$20</td>
<td>$20</td>
<td>$16</td>
<td>$20</td>
<td>$135R/ $169NR</td>
<td>$135R/ $169NR</td>
<td>$135R/ $169NR</td>
<td>$135R/ $169NR</td>
<td>$135R/ $169NR</td>
<td>$135R/ $169NR</td>
</tr>
</tbody>
</table>

Before Care ($35/week)  $20  $20  $16  $20

After Care ($35/week)  $50  $50  $40  $50

10% Discount (only avail. at Preview Day)  Grand Total

Payment Method (Check all that apply)

___ Cash
___ Gift Certificate
___ Payment Plan (must make 50% payment and provide credit card info for future payments taken on the 10th of each month. A one-time service fee of $10 will be charged for use of Payment Plan).

Required Information for Credit Card Transactions (write legibly)

This credit card information is required for mail-in, drop-box & faxed registrations.

Circle One: Visa  MasterCard  Discover  American Express  Expiration Date: __________

Card #: __________

Entire name is it appears on the credit card (please print legibly): ____________________________________________________________________________________________________________

I, the Cardholder, acknowledges receipt of goods and/or services in the amount of the Total shown hereon and agrees to perform the obligations set forth in the Cardholder’s agreement with the Issuer.

Signature (REQUIRED): __________________________________________________________________________________________________

Statement of Liability and Understanding

The undersigned, participant (adult), parent/guardian or a designee do hereby understand that I have registered the individual herein to participate in the aforementioned activities. I further agree to completely indemnify and hold harmless the Village of Sussex and its employees, officers and agents from and against any and all liability. I understand the requested programs, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good physical condition appropriate for the stated activity and the participants assume full responsibility for injuries incurred while taking part in an activity. No accident insurance is provided by the Village of Sussex. I have read and agree to the registration and related policies, procedures and/or guidelines. I understand that any intentional misrepresentation about residency or age will result in removal from programming (forfeiting all fees/costs). I agree to provide proof of residency upon request. I read the enclosed and accept. By signing this, I agree to comply with the Code of Conduct policy set forth by the Village of Sussex and will accept the ramifications should I not adhere to it. Adult Participant, Parent/Guardian, or an Adult Designee Signature is required for this registration to be valid.

Signature __________________________________________________________________________________________ Date __________

https://apm.activecommunities.com/sussexrec/home
Looking for a Place to Host a Party or Family Event?

The Park & Recreation Department has several facilities that may be rented throughout the year. Park & Facility Permit forms, pricing and guidelines, credit card payment options and the policies and procedures are available at the Community Center, the Sussex Village Hall, or can be downloaded from the Village's website at [www.villagesussex.org](http://www.villagesussex.org).

If you have any questions regarding the rental of any park or facility, call the Parks & Recreation Department at 262-246-6447 or email recinfo@villagesussex.org.

### ENCLOSED FACILITIES

<table>
<thead>
<tr>
<th>Enclosed Facilities</th>
<th>Location</th>
<th>Rental Fee</th>
<th>Deposit</th>
<th>Capacity</th>
<th>Equipment/Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion's Building</td>
<td>Sussex Village Park</td>
<td>$100</td>
<td>$100</td>
<td>40</td>
<td>Electricity, Restrooms, Tables, Chairs, Refrigerator</td>
</tr>
<tr>
<td>Community Center</td>
<td>W240N5765 Maple Avenue</td>
<td>$150</td>
<td>$100</td>
<td>80</td>
<td>Electricity, Restrooms, Tables, Chairs</td>
</tr>
<tr>
<td>Craft/Meeting Room</td>
<td>W240N5765 Maple Avenue</td>
<td>$75</td>
<td>$100</td>
<td>20</td>
<td>Electricity, Tables, Chairs, Restrooms</td>
</tr>
<tr>
<td>Craft/Meeting Room</td>
<td>W240N5765 Maple Avenue</td>
<td>$50</td>
<td>N/A</td>
<td>20</td>
<td>Electricity, Tables, Chairs, Restrooms</td>
</tr>
<tr>
<td>Armory Concession Stand</td>
<td>Armory Park</td>
<td>$50</td>
<td>N/A</td>
<td>20</td>
<td>Electricity</td>
</tr>
</tbody>
</table>

### OPEN SHELTERS

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Location</th>
<th>Rental Fee</th>
<th>Deposit</th>
<th>Capacity</th>
<th>Equipment/Amenities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion's Open Air</td>
<td>Sussex Village Park</td>
<td>$155</td>
<td>$100</td>
<td>240</td>
<td>Electricity, Port-A-John, Picnic Tables</td>
</tr>
<tr>
<td>North Open Air</td>
<td>Sussex Village Park</td>
<td>$80</td>
<td>$100</td>
<td>60</td>
<td>Electricity, Port-A-John, Picnic Tables</td>
</tr>
<tr>
<td>Early Days Open Air</td>
<td>Sussex Village Park</td>
<td>$55</td>
<td>$100</td>
<td>40</td>
<td>Electricity, Port-A-John, Picnic Tables</td>
</tr>
<tr>
<td>Armory Park Open Air</td>
<td>Armory Park</td>
<td>$55</td>
<td>$100</td>
<td>40</td>
<td>Electricity, Picnic Tables, Restrooms</td>
</tr>
</tbody>
</table>

****Restrooms available upon request for above shelters****

Our Summer day camp program features weekly field trips, summer themed activities, theme weeks, sports and crafts. We're flexible to meet your summer care needs at our convenient Pewaukee location.

The public is welcome!

Accepting applications for children completing 5K through age 14.

For more information, including a complete calendar of events, go to [www.QG.com/quadcare](http://www.QG.com/quadcare).

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**Gift Certificates Available**

Surprise someone with a gift certificate for any dollar amount to be used toward a recreation program or trip. Gift Certificates can be purchased at the Sussex Community Center from 8 am to 5 pm Monday–Friday.

QuadCare is a BLAST in summer! It is one of the best summers you will ever have.”

– Marie, age 11
## Sussex Park & Facility Locations

*(Facilities most often used for programs and events)*

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sussex Community Center</td>
<td>W240N5765 Maple Avenue</td>
</tr>
<tr>
<td>Willow Springs School</td>
<td>W220N6660 Town Line Road</td>
</tr>
<tr>
<td>Sussex Village Park</td>
<td>W244N6067 Weaver Drive</td>
</tr>
<tr>
<td>Hamilton High School</td>
<td>W220N6151 Town Line Road</td>
</tr>
<tr>
<td>Wagner Park</td>
<td>N31W23320 Green Road, Pewaukee</td>
</tr>
<tr>
<td>Melinda Weaver Tennis Courts</td>
<td>W239N6046 Maple Avenue</td>
</tr>
</tbody>
</table>

**Be informed. Be secure. Be smart.**

Cell 414-333-3052 • Office 262-523-1440
crapp@aris-secure.com aris-secure.com/carltrapp

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**Send your advertising message to every home and business in the Sussex area**

The Sussex Recreation Department offers unique advertising opportunities in our Recreation Brochure, which is delivered to thousands of homes and businesses each year. The brochure is packed full of information about programs, special community events, parks and facilities.

If you are interested in placing an ad, call the Sussex Community Center at (262) 246–6447, or email us at recinfo@villagesussex.org.

You may also review the Advertising and Sponsorship Opportunities Brochure made available to you on our website at [www.villagesussex.org](http://www.villagesussex.org), at Sussex Village Hall, Sussex Community Center and the Pauline Haass Public Library.