Dear Friend:

The St. Clair County Administration, County Office on Aging, and Intergovernmental Grants Department have jointly produced this County Resource Directory.

The purpose of this directory is to provide information concerning senior services and activities within St. Clair County that will assist you to make your life better and more fulfilled.

If you have any suggestions concerning this directory, do not hesitate to contact us at 234-4410, ext. 7044.

I am happy that St. Clair County is able to provide you with this directory and hope that it will be useful to you.

Respectfully,

MARK A. KERN, Chairman
St. Clair County Board
Preface

The Senior Citizens Resource Directory has been developed and underwritten by St. Clair County. The information contained herein was compiled by the staff of St. Clair County Office on Aging and RSVP Volunteer, Sharon Ripplinger. Appreciation to Jim Braden for technical support.

The Senior Citizens Resource Directory contains a wide variety of programs, agencies, and organizations that can provide services to older persons. The agencies are designed to address the health, education, training, social and employment needs of the older person.
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(ADULT DAY CARE)

Golden Years, The
Adult Day Care
7 North 44th St.
Belleville, IL 62226
618-235-0126

Lessie Bates Davis Neighborhood House
1200 N. 13th St.
East St. Louis, IL 62205
618-874-0777
www.lessiebatesdavis.org

St. John’s Community Care
222 Goethe
Collinsville, IL 62234
618-344-5008
www.stjohnscc.org

AGE DISCRIMINATION/EMPLOYMENT ACT

State of Illinois
Department of Human Rights
222 South College Street, Room 101
Springfield, IL 62704
217-785-5100
www.state.il.us/dhr

AIDS - GENERAL INFORMATION
AIDS/DRUG HOT LINE
800-825-3518
www.HIVcare.connect.com
(See Bethany Place)

ALZHEIMER’S ASSOCIATION OF GREATER ST. LOUIS
9370 Olive Boulevard
St. Louis, MO 63132
800-272-3900
www.alz.org/stl

ALZHEIMER’S DISEASE SUPPORT GROUP
Targeting those who are caregivers of people with Alzheimer’s Disease to offer support, education and community resources. Contact the Older Adult and Caregiver Counseling Program at PSOP.
618-234-4410, ext. 7031

AMBULANCE SERVICES

Abbot EMS
4400 North Belt West
Belleville, IL 62226
618-233-4820
www.abbottems.org

Medstar Ambulance, Inc.
705 Bradbury Lane
P.O. Box 296
Sparta, IL 62286
618-234-3088 or 800-426-9281
Service Locations: Belleville, Cahokia, Fairview Heights, Freeburg, Swansea
www.medstarems.net

AMERICAN ASSOCIATION OF RETIRED PERSONS - AARP: AARP/VOTE
601 ‘E’ Street, NW
Washington, D.C. 20049
www.aarp.org
AARP/VOTE is a non-profit, non-partisan voter education program of AARP, designed to yield an informed electorate about matters of concern to older persons. It will neither fund nor promote individual political candidates.
AARP LOCAL CHAPTERS:

Chapter 2827 Uptown
Alice Jackson
201 N. Church St.
Belleville, IL 62220
618-234-4410, Ext. 7044

Chapter 3643
Senior Complex
10025 Bunkum Rd.
Fairview Heights, IL 62208
Mary Gompers, President
44 Wayne Dr.
Fairview Heights, IL 62208
618-398-7795

Chapter 4299
Clyde Jordan Bldg.
6755 State St.
East St. Louis, IL 62203
Earnestine Walker, President
62 Phillips Dr.
Fairview Heights, IL 62208
618-394-3518

AARP FOUNDATION/WORKSEARCH
SENIOR EMPLOYMENT PROGRAM
6755 State Street
East St. Louis, IL 62203
618-397-5445
Fax: 618-397-2530
Provides skills, training, and job placement assistance to mature job seekers, 55+

AMERICAN CANCER SOCIETY
Metro East Office
#5 Schiber Court, Bldg. A
Maryville, IL 62062
618-288-2320 – Option 3
www.cancer.org
Reach to Recovery. This agency covers five counties in Southwestern Illinois. Provides transportation to and from treatment centers for cancer patients.

AMERICAN DIABETES ASSOCIATION
425 South Woods Mill Rd., Suite 110
Town & Country, MO 63017
314-822-5490 (Missouri) or 888-342-2383
Fax: 314-576-0002
www.diabetes.org
Provides information and resources for persons with diabetes and interested family and friends. Emergency assistance program for one-month supply of insulin and syringes. Youth group and summer camps for children and teens with diabetes. Advocacy program for legislative and insurance issues.

AMERICAN HEART ASSOCIATION
208 South LaSalle St., Ste. 1500
Chicago, IL 60604
312-346-4675
Midwest Affiliate
6100 West 96th St., Suite 200
Indianapolis, IN 46278
800-229-1503
www.heart.org

AMERICAN LUNG ASSOCIATION OF ILLINOIS
800-586-4872 or 800-LUNG-USA
www.lungil.org
Public education and research, information and referrals, and free quit-smoking counseling.

AMERICAN PARKINSON’S DISEASE ASSOCIATION
1415 Elbridge Payne, Ste. 150
Chesterfield, MO 63017
314-362-3299
www.stlapda.org

AMERICAN RED CROSS
Southern Illinois Branch Office
2805 North Illinois
Swansea, IL 62226
618-397-4600
www.redcross.org
Service area includes all of St. Clair, Madison and Monroe counties and Collinsville. Provides disaster relief to families affected by fire, tornado and other natural disasters. Administers Warm Neighbors program for Illinois Power and Rental Assistance Program for the Federal Emergency Management Agency (FEMA) when funds are available. Conducts
courses in CPR, first aid and other health and safety courses, babysitting and disaster preparedness.

AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION

Greater St. Louis Chapter
2258 Weldon Parkway
St. Louis, MO 63146
888-873-8539
www.alsa-stl.org

‘ALS’ (also known as Lou Gehrig’s Disease) is a progressive, fatal, neuromuscular disease that attacks the nerve cells and pathways in the brain and the spinal cord. This chapter provides a number of services including a social worker for information and guidance, respite care, medical equipment and independent living aids, communication equipment, support groups, meetings, professional and community education and a newsletter. Serves Southern Illinois and Eastern Missouri.

AREA AGENCY ON AGING OF SOUTHWESTERN ILLINOIS, Area 8 (AgeSmart)
2365 Country Road
Belleville, IL 62221
618-222-2561
Fax: 618-222-2567
www.AgeSmart.org

Serves residents who are 60 years of age and older, in Counties of: Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington. A planning and coordinating agency that sets priorities and objectives for this region. Provides state and federal funds to non-profit organizations for direct services. Coordinates existing resources, establishes linkage with other services.

Elder Abuse: Provides information about services for victims of elder abuse. 618-236-5863

ARTHРИTIS FOUNDATION
Heartland Chapter
4501 DeYoung, Ste. B104
Marion, IL 62959
618-933-1777
www.arthritis.org

A non-profit organization which provides support groups for individuals and families, plus community awareness, public education and research, information and referrals.

ASSISTED LIVING

Belle Manor
225 West B St.
Belleville, IL 62220
618-234-5457

Bradford Place
1463 Benchmark Court
Swansea, IL 62226
618-624-0683
www.bradfordseniors.com

Cambridge House
844 Cambridge Blvd.
O’Fallon, IL 62269
618-624-9900
www.bma-mgmt.com/cambridgehouseofallon
3900 Sullivan Dr.
Swansea, IL 62226
618-234-8910
www.bma-mgmt.com/cambridgehouseswansea

Cedarhurst of Shiloh
429 South Main St.
Shiloh, IL 62269
618-622-9890
www.cedarhurstdishiloh.com

Colonnade Senior Living
700 Weber Rd.
O’Fallon, IL 62269
618-624-6000
www.thecolonnadeseniorliving.com

Fountains of Shiloh, The
1201 Hartmann Lane
Shiloh, IL 62260
618-239-9282

Garden Place of Millstadt
208 S. Kossuth
Millstadt, IL 62260
618-476-1440
www.gardenplaceseniorliving.com

Knollwood Retirement Community
921 Knollwood Village Road
Caseyville, IL 62232
618-394-0569
www.knollwoodstclair.com
St. Francis Center Assisted Living
Our Lady of the Snows
726 Community Dr.
Belleville, IL 62223
618-394-6849

St. Paul’s Home
1021 West E Street
Belleville, IL 62220
618-233-2095
stpaulshome.com

Sycamore Village
225 Castellano Drive
Swansea, IL 62226
618-222-2571
www.sycamorevillage.net
Specialty is care for Alzheimer’s patients.

Silver Creek, The Assisted Living at
1227 Winding Oaks Lane
Mascoutah, IL 62258
618-566-4100
www.alsilvercreek.com

ATTORNEY GENERAL/U.S. GOVERNMENT
Southern Illinois District – U.S. Attorney
9 Executive Drive
Fairview Heights, IL 62208
618-628-3700

ATTORNEY GENERAL/ILLINOIS

Consumer Protection Services
201 W. Pointe Dr., Suite 7
Belleville, IL 62226
618-236-8616
www.illinoisattorneygeneral.gov/consumers
BEACON MINSTRIES
P.O. Box 23468
Belleville, IL 62223
618-222-8824
Fax: 618-222-8948
www.beaconministry.org
A social service clearinghouse operated by local churches to mobilize Christians to care for others.

BELLEVILLE PARKS & RECREATION
Belleville City of:
Main Office (8 a.m.-4:30 p.m.)
510 West Main St.
Belleville, IL 62220
618-233-1416
www.bellevilleparksandrec.com

BETTER BUSINESS BUREAU OF ST. LOUIS
211 N. Broadway, #2060
St. Louis, MO 63102
314-645-3300
Fax: 314-645-2666
(9 a.m. – 4 p.m.)
www.stlouis.bbb.org
Serves Eastern Missouri and Southern Illinois.
Provides customer experience records to inquiring public, advertising, monitoring, complaint handling and reports on charities.

BETHANY PLACE
821 West A Street
Belleville, IL 62220
618-234-0291
(8 a.m.-4:30 p.m.)
www.bethanyplace.org
A non-profit AIDS Service Organization. Case management, nursing assessments, resource and referrals for physicians, housing, utilities, food, dental, transportation, mental health, social security and public aid assistance, support groups, volunteer program, social activities, client advocacy, drop-in and community education, testing, and prevention.
Monday-Friday, 8 a.m. to 4:30 p.m.

BIG BROTHERS/BIG SISTERS OF SOUTHWESTERN ILLINOIS
2726 Frank Scott Parkway West
Belleville, IL 62223
618-398-3162
www.bbbsil.org
Trained volunteers are matched with children ages 7-14, providing a role model, friendship and a mentoring relationship.
CALL FOR HELP, INC.
9400 Lebanon Road
East St. Louis, IL 62203
618-397-0968
Fax: 618-397-6836
www.callforhelpinc.org

Adult Residential Services  618-397-0977
Administration Office  618-397-0968
Emergency Mental Health Service  618-397-0963
Information and Referral Program
Sexual Assault Program & Service  618-397-0975
Transitional Living Center  618-397-3076

Provides 24-hour, 7-day-per-week telephone service in areas of crisis and suicide intervention, psychiatric related problems, Sexual Assault Victim Counseling, referral to other community resources and short-term residential stays for specific populations.

CANCER TREATMENT CENTER
4000 North Illinois Lane
Swansea, IL 62226
618-236-1000
www.thecancercenter.com
Program furnishes specialized information about cancer, treatments available and cancer support groups. Free and open to public, Monday through Friday until 3:30 p.m. Walk-ins welcome 8 a.m. to 5 p.m. Staffed by volunteers under direction of Oncology nurse. Physician directed.

CASE COORDINATION UNIT: (CCU)
618-236-5863
www.sivna.com
Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program. Home delivered meals assessments, elder abuse investigations.

CATHOLIC MINISTRY TO SICK AND AGED
2620 Lebanon Ave., Bldg. 6
Belleville, IL 62221
618-235-9991
www.psichurch.com/churches/104msa/index.html
Department of Catholic Diocese of Belleville
Ministering to the spiritual needs of the aged in long-term care facilities and Roman Catholic patients of Memorial Hospital. Sick room equipment available for loan to individuals living in private homes only. Care for the caregivers, advocacy training of MSA Volunteers.

CATHOLIC URBAN PROGRAMS
7 Vieuxcarre Dr.
East St. Louis, IL 62203
618-398-5616
www.catholicurbanprograms.org
Serves needy persons with food, clothing and financial assistance.

CEMETERIES:

Green Mount Cemetery
679 South Green Mount Road
Belleville, IL 62220
Catholic: 618-234-4858
Protestant: 618-233-3017 (Tisch Monument)
Non-Sectarian: 618-234-0451

Holy Cross Cemetery
9409 Holy Cross Rd.
Fairview Heights, IL 62208
618-397-0195

Lake View Memorial Gardens, Inc.
5000 N. Illinois St.
Fairview Heights, IL 62208
618-233-7200
www.lakeviewfuneralhm.com
Mount Carmel Cemetery
10101 West Main St.
Belleville, IL 62223
618-397-0181
Offers Grief Support Groups
2nd Wed. of month, 1 p.m.

Mount Hope Cemetery
9401 West Main St.
Belleville, IL 62223
Offers Grief Group

Valhalla Gardens of Memory & Mausoleum
3412 Frank Scott Parkway
Belleville, IL 62223
618-233-3110
www.valhallagardensandfuneralhome.com

Walnut Hill Cemetery
Belleville, City of:
1101 Mascoutah Ave.
Belleville, IL 62221
(Office) 101 South Illinois St.
Belleville, IL 62220
618-257-3330

CEREBRAL PALSY OF SOUTHWESTERN ILLINOIS
138 Lincoln Place Court, Suite 101
Belleville, IL 62220-4124
618-233-0210
www.cpswi.org

CHRISTIAN SOCIAL SERVICES
8601 West Main St., Suite 201
Belleville, IL 62223
618-394-5900
Individual, marriage and family counseling, adoption services, pregnancy care services, foster home placement of neglected and abused children, Don Bosco Children’s Center.

CITIZENS UTILITY BOARD (CUB)
309 West Washington Street, Ste. 800
Chicago, IL 60606
800-669-5556
Represents consumers in utility hearings. CUB is a voluntary organization which hires experts; lawyers, accountants, economists and engineers, to represent consumers in cases related to utility increases and can propose ways for utilities to be more efficient.

COMMUNITY CARE SYSTEMS, INC.
3890 North Illinois
Swansea, IL 62226
618-277-3226
www.ccsicares.com
Services: Housekeeping, laundry, meal preparation, grocery shopping, escort to medical services, and personal care. Serves Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties.

COMPUTER CLASSES
(See Southwestern Illinois College/PSOPSeniorLink, page 40)

CYSTIC FIBROSIS FOUNDATION
8251 Maryland Ave., Ste. 12
St. Louis, MO 63105
314-733-1241
www.cff.org
Non-profit association, public education and research, information and referrals.
DENTAL REFERRAL SERVICES
Southern Illinois University
School of Dental Medicine
Dental Clinic
2800 College Ave.
Alton, IL 62002
Information: 618-474-7000
www.siue.edu/eslc/dental.shtml

DEPARTMENT OF REHABILITATION SERVICES
Illinois Dept. of Human Services
601 South High St.
Belleville, IL 62220
618-235-5300 or 888-460-5133

DEVELOPMENTAL DISABILITY SERVICE OF METRO EAST
2900 Frank Scott Pkwy W., Suite 928
Belleville, IL 62223
618-236-7957
Fax: 618-236-7925
www.ddsme.org
An independent not-for-profit case coordination agency. Advocate and communication link between service providers, the individual with a developmental disability, and their family. Serves Madison and St. Clair counties.

DRIVER'S LICENSE EXAMINATION STATION
400 West Main
Belleville, IL 62220
618-236-8750
www.cyberdriveillinois.com

DRIVER IMPROVEMENT PROGRAMS
Driver Safety Courses
For those 55 years of age and older who are interested in receiving a discount on their automobile insurance. The course, offered in two half-day or evening sessions, gives the individual a chance to brush up on existing driving skills and pick up new ideas on how to drive safely and defensively. Trained volunteer instructors will help apply what is learned to the local driving situation.

Rules Of The Road Course
(For Written Test) Prepares people for the driver’s license written test. Course requires only a few hours and is offered free at following locations:

Southwestern Illinois College Programs and Services for Older Persons (PSOP)
201 North Church St.
Belleville, IL 62220
618-234-4410
www.swic.edu/PSOP

Senior Citizens Club of Belleville, IL, Inc
802 West C St.
Belleville, IL 62220
618-235-2387
ELDER ABUSE PROGRAM
Senior Protective Services
#7 Executive Woods
Swansea, IL 62226
618-236-5863
HOT LINE: 800-252-8966 (8:30 a.m. to 5 p.m.)
After Hours: 866-800-1409

ELDERCARE LOCATOR
HOT LINE: 800-677-1116
This program is a national Toll-Free Directory Service Assistance, giving callers access to an extensive network of staff and local organizations that serve older people.

ELDER LAW

Jones Elder Law
3005 Godfrey Rd., Ste. B
Godfrey, IL 62035
618-466-8466
28 Bronze Pointe, Ste. A2
Swansea, IL 62226
618-466-8466

Land of Lincoln Legal Assistance Foundation, Inc.
8787 State Street
East St. Louis, IL 62203
618-398-0958
www.lollaf.org
Serves St. Clair and Monroe Counties, making available free legal representation in civil cases for low-income people.

Land of Lincoln Ombudsman Program
Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

Land of Lincoln Senior Citizens Legal Services Project
Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

Nancy R. Larson, Attorney at Law
Heidi E. Dodd, Attorney at Law
201 South Jackson St.
Belleville, IL 62220
618-235-6335
219 East Main Street
Mascoutah, IL 62258
618-566-2911

Kristi Vetri, Esq.
5005 West Main St. Belleville, IL 62226
618-257-8563

EMERGENCY RESPONSE LINE
INFORMATION
American Red Cross Bi-State Chapter Lifeline services to the elderly
800-959-6989
www.lifelinesys.com

Lifeline
Personal Response Service provided 24 hours a day, 365 days a year
For more information call
618-234-4410, ext. 7040
(Mon.-Fri., 9 a.m.-5 p.m.)
www.lifelinesys.com
EMERGENCY SERVICES & DISASTER AGENCY
St. Clair County EMA
110 W. Washington
Belleville, IL 62220
618-825-2682
Fax: 618-825-2750
www.co.st-clair.il.us/Departments/EMA

East St. Louis ESDA
120 N. 3rd St.
East St. Louis, IL 62201
618-482-6873

EMPLOYMENT
(See AARP Foundation/Worksearch Senior Employment Program)

EPILEPSY FOUNDATION OF SOUTHWESTERN ILLINOIS
140 Iowa Avenue, Suite A
Belleville, IL 62220
618-236-2181
Fax: 618-236-3654
www.epilepsyfoundation.org
Offers counseling to individuals and families, community awareness, information and referral, and advocacy concerning epilepsy. Support Groups: Children’s Camps and 24-hour residential services. Serves Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington counties. Hours: 8:30 a.m. – 4:30 p.m.

EQUAL EMPLOYMENT OPPORTUNITY COMMISSION
500 West Madison Street, Suite 2800
Chicago, IL 60661
312-353-2713 (main)
800-669-4000 (information)
Fax: 312-353-4041
www.eeoc.gov
Monday-Friday, 8:30 a.m. – 5 p.m.
FAITH IN ACTION
222 Goethe
Collinsville, IL 62234
618-344-8080 (Main Office)

FEDERAL BUREAU OF INVESTIGATION
Department of Justice
6701 North Illinois, Ste. 200
U.S. Bank Building
Fairview Heights, IL 62208
618-397-4401
www.fbi.gov

FEDERAL RETIRED EMPLOYEES
NATIONAL ASSOCIATION
(See Retired Federal Employees)

FOOD PANTRIES
See Call for Help, Inc.
Food Pantry Information

Catholic Urban Programs (Cup)
#7 Vieux Carre Drive
East St. Louis, IL 62203
618-398-5616

Cahokia Community Basket
200 West Third St.
Cahokia, IL 62206
618-332-4280

Collinsville Area Food Pantry
201 East Church St.
Collinsville, IL 62234

Community Interfaith Food Pantry
205 West B Street Belleville, IL 62220
618-355-9199
Mon. Wed. Fri. 1-3 p.m., Sat. 9–11 a.m.

East St. Louis Township
6755 State Street
East St. Louis, IL 62201
618-874-3650

Fairview Heights Food Pantry
412 Saint Clair Road
Fairview Heights, IL 62208
618-398-0292
Mon-Fri, 9-11 a.m.
Serves residents of Fairview Heights only
once a month

Freeburg Food Pantry
St. Paul’s U.C.C. Parish House
8 North Belleville St.
Freeburg, IL 62243
618-539-5744 or 618-539-3756
3rd Thursday of month, 2 – 6 p.m.

Gethsemane Food Pantry
1435 Baugh Ave.
East St. Louis, IL 62205
314-422-2183

Jeremiah’s Food Pantry
538 South 35th St.
East St. Louis, IL 62207
314-537-2448

Lebanon Food Pantry
St. Paul U.C.C.
123 E. Dee St.
Lebanon, IL 62254
618-537-4991
Mon. & Thurs. 1 – 3 p.m.
Wed. 10 a.m. - noon

Lighthouse Harvest Mission
110 Art Street
Collinsville, IL 62234
618-304-6881

Mascoutah Food Pantry
17 West Main St.
Mascoutah, IL 62258
618-566-2524
Millstadt Food Pantry
#1 East Elm
Millstadt, IL 62260
618-476-1249

O’Fallon Community Food Pantry
801 East State St.
O’Fallon, IL 62269
618-624-7040

Salvation Army, East St. Louis
616 North 16th St.
East St. Louis, IL 62205
618-874-3136

Shiloh Food Pantry
Spring Valley Baptist Church
522 Maple St.
Shiloh, IL 62269
618-632-6706

State Park Area Food Pantry
3301 Harvard
Collinsville, IL 62234
618-344-4091

FUNERAL HOMES:

Barnes, John Funeral Home
220 West Washington
Millstadt, IL 62260
618-397-3350

Creason Funeral Home
220 West Washington
Millstadt, IL 62260
618-476-3111

Kassly Mortuary, Ltd.
9900 St. Clair Ave.
Fairview Heights, IL 62208
618-398-1122
www.kasslyfuneral.com

Kurrus Funeral Home
1773 Frank Scott Pkwy W.
Belleville, IL 62223
618-235-2100
www.kurrustr.com

Lake View Memorial Gardens
and Funeral Home
5000 N. Illinois St.
Fairview Heights, IL 62208
618-233-7200
www.lakeviewfuneralhome.com

Nash Funeral Home
144 N. 16th St.
East St. Louis, IL 62205
618-874-9225
www.nashfuneralhome.com

Officer Funeral Home
2114 Missouri Ave.
East St. Louis, IL 62205
618-874-4244
www.officerfh.com

Renner, George & Sons Funeral Home
120 N. Illinois St.
Belleville, IL 62220
618-233-5400
www.rennerfh.com

Russell Memorial Chapel
7916 State St.
PO Box 3349
East St. Louis, IL 62203
618-397-9510

Schildknecht Funeral Home
301 S. Lincoln Ave.
O’Fallon, IL 62269
618-632-3713
www.schildknechtfh.com

Serenity Memorial Chapel
3412 Frank Scott Pkwy. West
Belleville, IL 62223
618-233-3110
www.serenitymemorialchapel.com

Valhalla, Gardner & Holten Funeral Home
3412 Frank Scott Pkwy. West
Belleville, IL 62223
618-233-3110
www.valhallagardensandfuneralhome.com
GATEWAY FOUNDATION, INC.
Drug and Alcohol Outpatient Program:
1 Bronze Pointe
Swansea, IL  62226
618-234-9002
www.recovergateway.org

Drug & Alcohol Residential Program
600 West Lincoln St.
Caseyville, IL 62232
618-345-3970

GENERAL ASSISTANCE

(See Townships)
Assistance to low income or unemployed persons. Serves residents to 65 years of age. Advisable to make an appointment.

GUARDIANSHIP/ADVOCACY COMMISSION:
Illinois State of:
4500 College Ave., Suite 100
Alton, IL  62002
618-474-5503
Fax: 618-474-5517
www.gac.state.il.us
Three Divisions: Guardianship, Legal Advocacy Services and Human Rights Authority. Advocacy investigations of alleged rights violations and abuse of disabled and elderly persons. Attends to the well-being, treatment and financial conditions of persons in Nursing Homes.
HANDICAPPED LICENSE PLATES AND PARKING CARDS
Illinois State Of:
SENIOR TOLL-FREE NUMBER
800-252-2904
Monday-Friday, 8-10 a.m. and 2-4 p.m.

HEALTH DEPARTMENTS:

East Side Health District
Administration Office:
650 North 20th St.
East St. Louis, IL 62205
618-271-8722

1274 Camp Jackson Road
Cahokia, IL 62206
618-337-1478
(WIC Office only and Family Case Mgmt)

2568 North 41st St.
Fairmont City, IL 62201
618-271-7550

St. Clair County
19 Public Square, Suite 150
Belleville, IL 62220
618-233-7703

HEALTH VISIONS OF EAST ST. LOUIS
1269 North 89th St., Ste. 7
East St. Louis, IL 62203
618-271-7000
Faith-based ministry that provides advocacy and non-medical support services to seniors, the poor and the disabled.

HILL BURTON ACT – HOSPITALS
800-638-0742
Hospitals using Hill Burton Funds are required, by law, to provide a reasonable amount of services without charge, and to furnish information on free health care for those who cannot afford to pay. You must be an in-house hospital patient to apply.

Look for signs and literature concerning this benefit in the hospital where you are being admitted. If you think you might be eligible, contact the hospital’s Patient Accounting Department or the Business Office before being discharged.

HOLY ANGELS SHELTER
1410 North 37th St.
East St. Louis, IL 62204
618-874-4079
Provides shelter care and services to homeless women and children (no men allowed), regardless of age, color or race.

HOME HEALTH CARE AGENCIES:

A Living Angel Home Care Ltd.
37 Granvue Drive
Belleville, IL 62223
618-398-8440
www.alivingangelhomecare.com

Addus Healthcare, Inc.
4509 North Illinois St., Ste. 2
Swansea, IL 62226
618-394-1022

Anderson Home Health Services
6800 State Route 162
Maryville, IL 62062
618-288-9355

Barbervoss Home Health
122 Lincoln Place Court, Suite 202
Belleville, IL 62221
618-257-3444
www.barbervoss.com

Christian Home Care Services, Inc.
115 W. Randle
Lebanon, IL 62254
618-537-9590
www.chcsinc.org
Volunteer interfaith caregivers provide transportation and more
Gibson Health Services  
1468 State St.  
East St. Louis, IL  62202  
618-274-6026

Heartland Hospice  
333 Salem Place, Ste. 150  
Fairview Heights, IL  62208  
618-632-0304  
www.her-mansrscare.com

Help At Home, Inc.  
1830 Vaughn Road  
Wood River, IL  62095  
618-258-1155  
www.helpathome.com

Home Helpers of Southwestern Illinois  
200 W. 3rd St., #712  
Alton, IL  62002  
618-462-2762  
www.altonhomecare.com

Home Instead Senior Care  
2321 Country Road  
Belleville, IL  62221  
618-234-7640  
www.homeinstead.com/299

Mederi Home Health Care  
141 Market Place Dr., Ste. 110  
Fairview Heights, IL  62208  
618-277-8899

Mediplex Health Professionals  
209 West Pointe Dr., Ste. D  
Swansea, IL  62226  
618-293-6776

Memorial Hospital Home Care  
4500 Memorial Dr.  
Belleville, IL  62226  
618-233-7750, ext. 5700

Morning Glory Home Care, Inc.  
P.O. Box 498  
Collinsville, IL  62234  
618-667-8400 or 618-692-6462  
www.morninggloryhomecare.com

St. John’s Community Care  
222 Goethe Ave.

Gibson Health Services  
1468 State St.  
East St. Louis, IL  62202  
618-274-6026

Heartland Hospice  
333 Salem Place, Ste. 150  
Fairview Heights, IL  62208  
618-632-0304  
www.her-mansrscare.com

Help At Home, Inc.  
1830 Vaughn Road  
Wood River, IL  62095  
618-258-1155  
www.helpathome.com

Home Helpers of Southwestern Illinois  
200 W. 3rd St., #712  
Alton, IL  62002  
618-462-2762  
www.altonhomecare.com

Home Instead Senior Care  
2321 Country Road  
Belleville, IL  62221  
618-234-7640  
www.homeinstead.com/299

Mederi Home Health Care  
141 Market Place Dr., Ste. 110  
Fairview Heights, IL  62208  
618-277-8899

Mediplex Health Professionals  
209 West Pointe Dr., Ste. D  
Swansea, IL  62226  
618-293-6776

Memorial Hospital Home Care  
4500 Memorial Dr.  
Belleville, IL  62226  
618-233-7750, ext. 5700

Morning Glory Home Care, Inc.  
P.O. Box 498  
Collinsville, IL  62234  
618-667-8400 or 618-692-6462  
www.morninggloryhomecare.com

St. John’s Community Care  
222 Goethe Ave.
Hospice of Southern Illinois, Inc.
305 South Illinois St.
Belleville, IL  62220
618-235-1703 or 800-233-1708
www.hospice.org
Hospice of Southern Illinois, Inc. (HSI) provides a team of caring individuals who respond to the physical, psychosocial, emotional, and spiritual needs of terminally ill people and their families. HSI is licensed to serve the approximate lower one third of the state and offers comfort care in hospitals, nursing homes, and in-home settings.

Unity Hospice of Greater St. Louis
1604 Eastport Plaza Drive, ste. 102
Collinsville, IL  62234
618-346-1111 or 888-394-1055
www.unityhospice.com
A non-profit organization certified by Medicare and Medicaid. Provides a full range of services to meet special needs of terminally ill patients and their families. Trained interdisciplinary team includes physician, nurses, social workers, home health aides, spiritual counselor and clergy volunteers; physical, occupational, and speech therapists; dietary consultant and a bereavement program. Does not discriminate on basis of age, race, gender, creed, national origin, or handicap.

HOSPITALS
Memorial Hospital
4500 Memorial Drive
Belleville, IL  62226
618-233-7750
www.memhosp.com
St. Elizabeth’s Hospital of Belleville
211 South 3rd St.
Belleville, IL  62220
618-234-2120
www.steliz.org
Touchette Regional Hospital
5900 Bond Ave.
Centreville, IL 62207
618-332-3060
www.touchette.org

HOUSING AUTHORITY
St. Clair County
Belleville Central Offices
1790 South 74th St.
Belleville, IL 62223
618-277-3290
www.sccha.org

East St. Louis Housing Authority
700 North 20th St.
East St. Louis, IL  62205
618-646-7100
Provides housing for low and middle income senior citizens and families who meet the requirements. Projects are located throughout the county. Also provides housing assistance payments to limited number of approved landlords. Assistance is funded under HUD’s Section Eight Program.

HUMAN SERVICES, DEPARTMENT OF:
State of Illinois
800-843-6154 (Help Line)
www.dhs.state.il.us
Alcoholism and substance abuse, children and family services, Department of Corrections, Developmental Disabilities, Mental Health, Public Aid, Public Health, and Rehabilitation Services

Office of Rehabilitation Services
Services for Visually Impaired
601 South High St.
Belleville, IL  62220
618-235-5302

St. Clair County
Dept. of Human Resources
225 North 9th Street
East St. Louis, IL  62201
618-583-2300
Mon-Fri., 8:30 a.m. – 5 p.m.

Medical Assistance
Medical assistance program provides for payment of allowable medical care received by public aid grant recipients and certain other individuals and families who do not need assistance to meet their general living costs, but who do require help in meeting the cost of medical bills.
State Supplemental Payments
To the aged, blind, and disabled. Individuals in financial need, 65 years of age and older or who are any age but are blind or severely disabled as defined by the Social Security Administration and who have income insufficient to meet their basic maintenance needs, may be eligible for a State Supplemental Payment. Persons who have applied for the Federal Supplemental Security Income (SSI) Program through their local Social Security Office and have not yet been notified of their eligibility status may be eligible for a State Grant (Interim Assistance) while eligibility for the Federal Program is being determined.

Food Stamp Program
Applications to participate in the Food Stamp Program are available to everyone without regard to race, age, sex, color, handicap, religion, national origin or political belief.

Direct Deposit
Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Your Public Aid Office can answer questions.
ILLINOIS DEPT. ON AGING
John K. Holten, Director
1 Natural Resources Way, Ste. 100
Springfield, IL  62702
217-785-2870; Fax: 217-785-4477
www.state.il.us/aging

ILLINOIS HEALTH CARE
FRAUD TASK FORCE HOT LINE
U.S. Dept. of Health & Human Services
Office of Inspector General
222 Spruce St., Room 9.309
St. Louis, MO  63103
314-539-3430
A task force consisting of federal, state and local
law enforcement officials who look into health care
fraud. Anyone possessing information regarding
health care fraud can call the hot line.

INDEPENDENT LIVING
(see Retirement Communities)

INSURANCE INFORMATION
Illinois State of: Insurance Department
320 West Washington St.
Springfield, IL 62767
217-782-4515
(Mon.-Fri., 8 a.m.-5 p.m.)
www.insurance.illinois.gov

ITAC
You can get a free amplified phone through the
Illinois Telecommunications Access Corp.
For information call 618-234-4410,
ext. 7059, 7012, or 7024.

INTERGOVERNMENTAL GRANTS
DEPARTMENT (IGD)
St. Clair County
19 Public Square, Suite 200
Belleville, IL 62220
618-277-6790
www.co.st-clair.il.us/Departments/Intergovernmental+Grants
IGD provides a wide range of programs and services
to individuals, communities and businesses
with federal and state funded grants dispersed to St.
Clair County.
Programs administrated are: Employment and
Training Program designed specifically to train and
place participants in permanent employment. The
Community Development Program which provides
funds to communities for public works projects, also
for rehab programs for home owners and an
economic development revolving loan program,
Community Services Grant which provides
emergency and social services to clients.
Weatherization and Energy Assistance Programs are
also available.

INTERNAL REVENUE SERVICE (IRS)
U.S. Government of:
Fairview Heights Office
380 Fountain Office Court
Fairview Heights, IL 62208
618-632-2567
www.irs.gov

Illinois Dept. of Revenue
15 Executive Drive, Suite 2
Fairview Heights, IL 62208
618-624-6773
KIDNEY FOUNDATION, NATIONAL OF EASTERN MISSOURI AND METRO EAST
1001 Craig Road, Ste. 480
St. Louis, MO 63146
314-961-2828
Fax: 314-961-0888
www.kidney.org
A National Health Council approved volunteer agency, providing education research and patient community services.
LAND OF LINCOLN LEGAL ASSISTANCE FOUNDATION, INC.
8787 State Street
East St. Louis, IL 62203
618-398-0958
www.lollaf.org
Serves St. Clair and Monroe counties, making available free legal representation in civil cases for low-income persons.

Land of Lincoln Senior Citizens Legal Services Project
Serves residents of the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington who are 60 years of age and older. Representation is limited to civil matters.

Land of Lincoln Ombudsman Program
Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

LESSIE BATES DAVIS NEIGHBORHOOD HOUSE
1200 N. 13th St.
East St. Louis, IL 62205
618-874-0777
www.lessiebatedavis.org
A United Methodist Multi-Purpose Community Center. This agency seeks to strengthen families and to create a better quality of life for young and old alike. Through the Service to Older Adults Program, many of the elderly are able to remain independent in their own homes. Neighborhood House staff provide meal preparation, cleaning, laundry, shopping and escort to medical facilities. Adult day services also provided.

LEUKEMIA AND LYMPHOMA SOCIETY
Gateway Chapter
1972 Inner Belt Business Center Drive
St. Louis, MO 63114
314-590-2230 or 800-264-2873
www.lls.org/gat
Serves residents of Eastern Missouri, Southern Illinois and Arkansas. Provides: financial assistance to patients; the First Connection Peer Support Program; family support groups; professional and Public Education; and free educational literature.

LIFELONG LEARNING
Classes for Adults 18 and older
Southwestern Illinois College
2500 Carlyle Ave.
Belleville, IL 62221
618-235-2700, ext. 5540

LINC, INC.
15 Emerald Terrace
Swansea, IL 62226
618-235-9988
TDD 618-235-0451
Fax: 618-233-3729
www.lincinc.org
Living Independently Now Center (LINC) is a consumer-driven, community-based non-residential, not-for-profit corporation. Provides services to persons of all ages with all types of disabilities, plus information and referrals, individual advocacy, peer counseling, training in independent living skills, and home services. Sign language interpreting and technical assistance regarding accessibility are also provided. Serves Monroe, St. Clair and Randolph counties.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)
See “IGD”
LUPUS FOUNDATION OF AMERICA, INC.
Heartland Chapter
4640 Shenandoah Ave.
St. Louis, MO 63110
314-644-2222
www.lupus.org
Provides public education about Systemic or Discoid Lupus Erythematosus and hosts support groups.

LUTHERAN CHILD & FAMILY SERVICES OF ILLINOIS
317 W. Main St.
Belleville, IL 62220
618-234-8904
www lcfs.org
(9:30 a.m.-4:30 a.m.)
MAIL – U.S. POSTAL SERVICES
U.S. Government of/U.S. Post Offices
www.usps.com

Alorton Branch
4825 Bond Ave.
Alorton, IL 62207
618-874-3736

Belleville Main Office
120 West Washington St.
Belleville, IL 62220
618-233-0390

Cahokia Branch
801 Range Lane
Cahokia, IL 62206
618-332-3571

Caseyville Office
113 South Long St.
Caseyville, IL 62232
618-344-4594

Dutch Hollow/Swansea Station
5731 Mt. Pleasant Lane
Belleville, IL 62223
618-397-6616

East St. Louis Office
950 Missouri Ave.
East St. Louis, IL 62201
618-875-0200

Edgemont Station
8701 State St.
East St. Louis, IL 62203
618-398-3594

Fairview Heights Postal Store
10850 Lincoln Trail, Unit 20
Fairview Heights, IL 62208
618-397-5044

Lebanon Office
201 East St. Louis St.
Lebanon, IL 62254
618-537-4439

O’Fallon Office
111 South Lincoln Ave.
O’Fallon, IL 62269
618-632-4691

MEDICAL CENTERS

Belleville Oncology Center
7300 Twin Pyramid Parkway
Belleville, IL 62223
618-277-5882
www.bellevilleoncology.com

Gateway Regional Medical Center
2100 Madison Ave.
Granite City, IL 62040
618-798-3000
618-798-3200 Home Health Services
618-798-3800 Senior Circle Program
www.gatewayregional.net

Belleville Surgical Center
28 North 64th St.
Belleville, IL 62223
618-398-5705
www.bellevillesurgical.com

Illinois Oncology, Ltd.
4000 N. Illinois Lane, #C
Swansea, IL 62226
618-233-8000
www.illinoisoncology.com
Memorial Healthcare Centers
800 East Highway 50
O’Fallon, IL 62269
618-624-3125
For Physical Therapy Only

310 Seven Hills Road
O’Fallon, IL 62269
618-622-2590
Diagnostic Center
Radiology, lab, and mammography.

Memorial – St. Elizabeth’s Cancer Treatment Center
4000 N. Illinois, Ste. B
Swansea, IL 62226
618-236-1000

St. Elizabeth’s Hospital Diagnostic Center
St. Elizabeth’s Medical Park
1512 North Greenmount Road
O’Fallon, IL 62269
618-624-3750
www.steliz.org/services/urgicare_ofallon.php
Urgent Care Center open 7 days a week,
8 a.m. to 8 p.m.
(Closed Thanksgiving and Christmas)

St. Elizabeth’s Medical Plaza
739 N. Jefferson St.
Mascoutah, IL 62258
Physical Therapy Services 618-566-4900
Rural Family Medicine 618-566-8810

SIUE School of Nursing
We Care Clinic
SIUE East St. Louis Center
East St. Louis, IL 62201
618-482-6959
www.siue.edu/nursing
Services are offered in the clinic at the SIUE East St. Louis Center, and in churches, homes, businesses and senior centers. The following services are provided by nurse practitioners: routine health histories, physical exams, screening tests, immunizations, education programs and a memory assessment program.

USAF Medical Center
375 MDG (Medical Group)
310 West Losey St.
Scott Air Force Base, IL 62225
618-256-7500
www.scott.af.mil

MEDICAL EQUIPMENT AND SUPPLIES
MediEquip (Main Office)
618-622-9800
Will refer to proper area

MENTAL HEALTH SERVICES
Chestnut Health Systems
12 North 64th St., Suite 5
Belleville, IL 62223
618-397-0900
Fax: 618-397-0093
www.chestnut.org

Comprehensive Behavioral Health Center of St. Clair County, Inc.
(Drug Rehab)
505 South 8th Street
East St. Louis, IL 62201
618-482-7330
www.cbhc1.org

Heartlinks Grief Center
5110 West Main St.
Belleville, IL 62226
618-277-1800
www.myheartlinks.com
A full-service grief center for anticipated loss and grief, with groups, counseling, and information available for all ages. Special adult services available.

Memorial Senior Care
4500 Memorial Drive
Belleville, IL 62226
618-257-5900
Fax: 618-257-5463
Intensive outpatient mental health program addressing the unique needs of the older adult. Primarily group therapy.
Provident Counseling
141 Market Place Drive, Ste. 206
Fairview Heights, IL 62208
618-398-7250
Fax: 618-398-6870
www.providentsil.org
Provides counseling services to individuals, couples
and families on a sliding-fee scale. Some of the
problems addressed include alcohol, drugs, divorce,
anxiety, depression and childhood problems. Also,
programs for perpetrators of domestic violence.

St. Elizabeth’s Behavioral Medicine
211 South 3rd Street
Belleville, IL 62220
618-234-2120, ext. 1555

SWIC/PSOP Older Adult and Caregiver
Counseling Program
201 North Church St.
Belleville, IL 62220
618-234-4410, ext. 7031

MIND’S EYE FOR BLIND AND PRINT
HANDICAPPED
9541 Church Circle Drive
Belleville, IL 62223
618-394-6444
www.mindseyeradio.org
Radio Information Services broadcasts over 110
hours of programming, Monday through Friday
(7 a.m. to midnight), Saturdays and Sundays (8 a.m.
to 11 p.m.) exclusive to the blind and print-
handicapped persons in the Metro Area. Provides
reading of the newspapers, magazines, books and
periodicals and interviews with professionals in the
field of rehabilitation. Individual closed circuit
receivers are provided on a permanent loan basis.
Service is also available to many area nursing
homes via Low Power AM transmitters.

MULTIPLE SCLEROSIS SOCIETY
Gateway Area Chapter
1867 Lackland Hills Parkway
St. Louis, MO 63146
314-781-9020 or 800-FIGHT-MS
(8:30 a.m.-5 p.m.)
www.nationalmssociety.org
This organization serves people with Multiple
Sclerosis and their families by providing
information and support through a daytime help
line. Provides resources which enhance the quality
of life for those with MS, plus information on
current research programs on the local and national
levels. Serves 90 counties in Eastern Missouri and
Southern Illinois.

MUSCULAR DYSTROPHY ASSOCIATION
530 Maryville Center Dr., Ste. 410
St. Louis, MO 63141
314-962-0023
Health Services
Fax: 314-683-2048
www.mdausa.org
Mississippi Valley Chapter serves persons with
Muscular Dystrophy and related neuromuscular
diseases in St. Louis City/County and in 13 out-of-
state counties. Illinois Counties: Madison, Monroe,
St. Clair, Randolph, Bond, Clinton, Fayette and
Jefferson.

MYASTHENIA GRAVIS FOUNDATION
7514 Forest View
St Louis, MO 63121
www.myasthenia.org
Serves residents of Eastern Missouri and Southern
Illinois. Provides referrals and information on
Myasthenia Gravis.
NATIONAL SHRINE OF OUR LADY OF THE SNOWS
442 S. Demazenod Dr.
Belleville, IL 62223
618-397-6700
www.snows.org

NURSING HOMES

Atrium Healthcare and Rehab Center
3354 Jerome Lane
Cahokia, IL 62206
618-337-9823

Belleville Health Care
150 N. 27th St.
Belleville, IL 62226
618-235-6600

Cahokia Nursing and Rehab Center
#2 Annabel Court
Cahokia, IL 62206
618-332-0114

Caseyville Nursing & Rehab Center
601 West Lincoln St.
Caseyville, IL 62232
618-345-3072

Cedar Ridge Senior House & Rehab
One Perryman St.
Lebanon, IL 62254
618-537-6165
www.cedarridgehealthcare.com

Collinsville Rehab and Health Care Center
614 North Summit Ave.
Collinsville, IL 62234
618-344-8476
www.petersenhealthcare.net

Dammert Geriatric Center
Our Lady of the Snows
726 Community Drive
Belleville, IL 62223
618-394-6262
www.apartmentcommunity.org

Faith Countryside Homes
100 Faith Dr.
Highland, IL 62249
618-654-4600
www.faithcountryside.org

Four Fountains Nursing Home
101 South Belt West
Belleville, IL 62220
618-277-7700

Freeburg Care Center
746 Urbanna Drive
Freeburg, IL 62243
618-539-5856
www.freeburgcarecenter@gmail.com

Freeburg Terrace
4 Hill Mine Rd.
Freeburg, IL 62243
618-539-4882

Land of Lincoln Ombudsman Program
618-398-0958
Legal Issues Only: 618-394-7300
Serves nursing home residents in the counties of Bond, Clinton, Madison, Monroe, Randolph, St. Clair and Washington.

Lebanon Care Center
1201 N. Alton St.
Lebanon, IL 62254
618-537-4401
www.petersenhealthcare.net
Lebanon Terrace
221 East 3rd St.
Lebanon, IL 62254
618-537-4133
www.donnab@ilhelp.net

Mar-Ka Nursing Homes, Inc.
201 S. 10th St.
Mascoutah, IL 62258
618-566-8000

Memorial Care Center
4315 Memorial Dr.
Belleville, IL 62226
618-257-5056

Midwest Rehabilitation & Respiratory Center
727 N. 17th St.
Belleville, IL 62226
618-234-3323

Nathan Health Care Center
5050 Summit Ave.
East St. Louis, IL 62203
618-874-3597

New Athens Home for the Aged
203 South Johnson St.
New Athens, IL 62264
618-475-2550
www.newathenshome.org

Park Haven Care Center
107 South Lincoln St.
Smithton, IL 62285
618-235-4600
www.cypresshealthgroup.com

Rosewood Care Center
100 Rosewood Village Dr.
Swansea, IL 62226
618-236-1391
www.rosewoodnursing.com

St. Paul’s Home
1021 West “E” St.
Belleville, IL 62220
618-233-2095
www.stpaulshome.com

Swansea Rehab & Health Care Center
1405 North 2nd St.
Swansea, IL 62226
618-233-6625

Terrace on the Park
901 N. 10th St.
Mascoutah, IL 62258
618-566-2183

Willowcreek Rehab and Nursing Center
40 North 64th St.
Belleville, IL 62223
618-397-8400

NUTRITION AND COMMUNITY CENTERS

Callie Boyd Community Center
(No meals)
701 S. 44th St.
Centreville, IL 62207
618-274-4206

Clyde Jordan Senior Center
6755 State St.
East St. Louis, IL 62203
618-293-6700

Macke Senior Center
815 N. Borders St.
Marissa, IL 62257
Home-delivered meals
618-295-3474
www.mackecenter@frontier.com

Mascoutah Senior Service Program
227 North Market St.
Mascoutah, IL 62258
618-566-8758
www.mascoutahsrdirector@gmail.com
Home-delivered meals, senior lunches and activities.
Monday-Friday, 8 a.m. to 1 p.m.

Millstadt Township Senior Services
102 South Jefferson St.
Millstadt, IL 62260
618-476-3731
Home-delivered meals, congregate meals, transportation and activities.
O’Fallon Township
801 East State Street
O’Fallon, IL 62269
618-632-3517
OLDER WOMEN’S LEAGUE (OWL)
1025 Connecticut Ave. NW, Suite 701
Washington, D.C. 20036
877-653-7966, Fax: 703-812-0687
www.owl-national.org
OWL is a grassroots organization advocating for economic and social equity of midlife and older women. It offers fact sheets on issues such as social security, pensions and women’s health.
PARENTS AND FRIENDS OF THE SPECIALIZED LIVING CENTER
1450 Caseyville Ave.
Swansea, IL 62226
618-277-7730
www.pafslc.org

PARKINSON’S DISEASE SUPPORT GROUP
For persons with Parkinson’s Disease and their caregivers. Offers advocacy, education, guidance, assistance, referrals, and community resources.
Meets monthly.
618-234-4410, ext. 7031

PHYSICIANS’ SERVICES
Belleville Family Health Center
St. Elizabeth’s Medical Arts Bldg.
180 South Third St., 3rd Floor
Belleville, IL 62220
618-233-5480

Physicians Referral Services
St. Clair County Medical Society
6400 West Main St.
Belleville, IL 62223
618-397-8390
www.stclairmed.com
This service can help locate a family doctor or specialist who will accept new patients.

POISON CONTROL CENTER
Illinois Poison Center
222 South Riverside Plaza
Chicago, IL 60606
800-222-1222
Fax: 312-627-8006
www.illinoispoisoncenter.org

PROGRAMS & SERVICES FOR OLDER PERSONS (PSOP)
(See Southwestern Illinois College)

PUBLIC AID, DEPARTMENT OF
Illinois, State of: St. Clair County
(See Human Services, Dept. of)
RADIO INFORMATION SERVICE
(see Mind’s Eye)

REHABILITATION SERVICES,
DEPARTMENT OF: (DRS)
Illinois, State of: Belleville
601 South High St.
Belleville, IL 62220
618-235-5300
Fax: 618-235-5163
Vocational Rehabilitation: Eligibility evaluation, vocational counseling and planning, training, physical restoration, job placement, and other vocational services as necessary. Requirements: Presence of a substantial vocational handicap must be established through medical information and an ability to benefit from services in terms of work. Home Services: chores and housekeeping, homemaker, home health and respite. Requirements: Individual must be under 60 years of age and in danger of institutionalization without services.

RETIRED FEDERAL EMPLOYEES –
(NATIONAL ACTIVE AND)
Building 50
Scott AFB, IL
618-256-9350
www.narfe.org
An organization to assist and support retired Federal civilian employees. NARFE Chapter 1019 Service Center operates every Tuesday only, 10 a.m. to 2 p.m. At other times, call Gene Wiggins at 618-566-7980

RETIREMENT COMMUNITIES

Apartment Community of Our Lady of the Snows
726 Community Drive
Belleville, IL 62223
618-394-6852 or 800-533-6279
www.apartmentcommunity.org

Atrium of Belleville
201 South Belt West
Belleville, IL 62220
618-235-9300
www.atriumseniorliving.com

Bradford Place
1463 Benchmark Court
Swansea, IL 62226
618-624-0683
www.bradfordseniors.com

Cambridge House
844 Cambridge Blvd.
O’Fallon, IL 62269
618-624-9900

Carriage House Apartments
115 E. B Street
Belleville, IL 62220
618-277-6900

Cedars of Lebanon Apts.
600 South Horner St.
Lebanon, IL 62254
618-537-6112

Cedar Trails Senior Living Community
490 Urbana Drive
Freeburg, IL 62243
618-539-9190

Charles Gardens Retirement Community
120 South Ruby Lane
Fairview Heights, IL 62208
618-398-2225
Colonnade Senior Living
700 Weber Road
O’Fallon, IL 62269
618-624-6000
www.thecolonnadeseniorliving.com

Fountains of Shiloh, The
1201 Hartman Lane
Shiloh, IL 62221
618-239-9282
www.fountainsshiloh.com

Garden Place
208 S. Kossuth
Millstadt, IL 62260
618-476-1440
www.gardenplaceseniorliving.com

Grand Court, The
201 South Belt West
Belleville, IL 62220
618-235-9300

Grand Manor
58 Frank Scott Parkway E.
Swansea, IL 62226
618-257-1400 or 618-942-8000

Housing Authority – St. Clair County
Belleville Central Offices
1790 South 74th St.
Belleville, IL 62223
618-277-3290
www.sccha.org

Housing Authority - East St. Louis
Executive Office
700 N. 20th St.
East St. Louis, IL 62205
618-271-0498

O’Fallon Apts.
750 Weber Road
O’Fallon, IL 62269
618-632-9817

Parkway Gardens
379 Fountains Parkway
Fairview Heights, IL 62208
618-622-1988

Rush Senior Gardens Apts.
1530 Bond Ave.
East St. Louis, IL 62207
618-875-9747

St. Clair Village Apartments
409 Carlyle East
Belleville, IL 62221
618-234-2203

St. Paul’s Retirement Apartments
901 West E St.
Belleville, IL 62220
618-233-2095
www.stpaulshome.com

Touchette Elderly Apartments
1718 Wilford Ave.
East St. Louis, IL 62207
618-482-9813
5900 Bond Ave.
Centreville, IL 62207
618-337-6471

Westfield Manor
7245 Westfield Plaza Drive
Belleville, IL 62223
618-233-5506
www.LSSLiving.org

Wingate Manor Senior Apartments
161 Wingate Blvd.
Shiloh, IL 62221
636-728-5100

REVENUE, DEPT. OF:

Illinois, State of:
Regional Office
15 Executive Drive, Suite 2
Business Center One
Fairview Heights, IL 62208
618-624-6773
TAXPAYER INFORMATION-Springfield
800-732-8866
www.revenue.state.il.us

www.LSSLiving.org
ST. CLAIR ASSOCIATED VOCATIONAL ENTERPRISES, INC. (SAVE)
3001 SAVE Road
Belleville, IL 62221
618-234-1992 Fax: 618-234-1990
www.saveorg.org
A not-for-profit agency providing day training, residential, and job placement services to adults with physical and/or developmental disabilities who are 18 years of age or older.

ST. CLAIR COUNTY OFFICE ON AGING
201 North Church Street
Belleville, IL 62220
618-234-4410, ext. 7056, 7044 or 7081
Develops coordination and cooperation among County services for the purpose of maximizing resources to serve senior citizens.

Active Seniors Club:
Activities include weekly Walks of Wellness, ballroom and line dance classes. New activities are developed on an ongoing basis. Membership is free.

Caregiver Workshops:
Free caregiver’s workshops are presented throughout the year. If you are providing emotional, physical or financial support to an older adult, or think you may need to in the future, these informational workshops may be of interest to you.

Educational Workshops:
A wide variety of workshops related to health, social, historic, and other topics are offered several times each month.

Evening dinner dances:
Themed dinner dances are held with live music and a meal.

Grief Support Group:
Meets monthly on the third Monday of the month from 10 – 11:30 a.m.

Health & Wellness Workshops:
These include informative workshops and health care screenings targeted to seniors to improve overall wellness.

Lunch with a Health Care Professional:
A monthly educational seminar with a health care provider in partnership with St. Elizabeth’s Hospital.

St. Clair County Transit District Passes:
The Office on Aging issues Metro passes to seniors 65+ and disabled riders twice a month on Mondays at Programs & Services for Older Persons.

Senior Transit Express Program (STEP):
From April through October, two trips are offered monthly for seniors to learn how to navigate MetroLink and Metro buses in the local and St. Louis areas. These trips are free and include a box lunch at the conclusion of each excursion.

Ten Toe Program:
12-week program offered in spring and fall to encourage seniors to walk more and use public transit.

ST. VINCENT DE PAUL SOCIETY
3718 State St.
East St. Louis, IL 62203
618-271-6230
General assistance to persons who are homeless, ill, aged, abused or in need of financial assistance.

SALVATION ARMY
Corps Community Center
20 Glory Place
Belleville, IL 62223
618-235-7378
www.salvationarmy.org

Thrift Store
218 North Illinois St.
Belleville, IL 62220
618-233-7617
Salvation Army Community Center
616 North 16th St.
East St. Louis, IL 62205
618-874-3136

SCHOOLS – OLDER ADULT EDUCATION

East St. Louis Community College Center
601 James Thompson Blvd.
East St. Louis, IL 62201
618-874-8700
www.eslccc.com

McKendree University
701 College Rd.
Lebanon, IL 62254
618-537-4481, Fax: 537-6417
www.mckendree.edu

SIUE – East St. Louis Center Office
General Information
East St. Louis Higher Education Building
601 James R. Thompson Blvd.
East St. Louis, IL 62201
618-482-6900
www.siue.edu

SIUE – Southern Illinois University/Edwardsville
Office of Outreach Education
Campus Box 1084
Edwardsville, IL 62026
618-650-3210
Older Adult Education – credit and non-credit activities

Southwestern Illinois College
2500 Carlyle Ave.
Belleville, IL 62221
618-235-2700, ext. 5540
www.SWIC.edu

SWIC SeniorLink @ PSOP
201 North Church Street
Belleville, IL 62221
618-234-4410, ext. 7018
Computer classes for mature adults

University of Illinois Extension
1 Regency Plaza Drive
Collinsville, IL 62234
618-344-4230
www.web.extension.illinois.edu/mms

SECRETARY OF STATE
Illinois State of:
Department of Senior & Community Services
324 W. Monroe
Springfield, IL 62756
800-252-2904 (8-10 a.m.)
www.cyberdriveillinois.com

Rules of the Road Review Classes
Defensive Driving Program
Photo Identification Program
Special License Plates and Parking Placards for Persons with Disabilities
Veteran’s Needs

SENIOR BANK CLUBS

Classic Club First National Bank
3 E. Washington
Millstadt, IL 62260
618-476-1351
www.fnbwaterloo.com

Classic Club First National Bank
350 Hartman Lane
O’Fallon, IL 62269
618-624-3100

Senior Partners of Commerce Bank
5701 West Main St.
Belleville, IL 62226
618-234-5700
www.commercebank.com

US Bank
Silver Elite
6701 North Illinois
Fairview Heights, IL 62208
618-394-4412
www.usbank.com

6201 West Main St.
Belleville, IL 62223
618-398-6850
**SENIOR CITIZENS ORGANIZATIONS**

**Cahokia Nutrition Senior Center**  
190 Cahokia Park Rd.  
Cahokia, IL 62206  
618-337-9515

**Caseyville Township**  
10001 Bunkum Road  
Fairview Heights, IL 62208  
618-398-6248  
[www.toi.org/caseyvilletownship](http://www.toi.org/caseyvilletownship)

**Collinsville Senior Social Group**  
420 E. Main St.  
Collinsville, IL 62234  
618-344-7787

**Mascoutah Senior Services**  
227 N. Market Street  
Mascoutah, IL 62258  
618-566-8758  
Monday-Friday, 8 a.m. to 1 p.m.

**Millstadt Township Senior Services**  
102 South Jefferson St.  
Millstadt, IL 62260  
618-476-3731

**New Life Club**  
St. Matthew Methodist Church  
1200 Moreland Drive  
Belleville, IL 62223  
618-397-5994

**O’Fallon Township**  
801 East State Street  
O’Fallon, IL 62269  
618-632-3517  
[www.ofallontownship.org](http://www.ofallontownship.org)

**Pontoon Beach Senior Citizens**  
13 Lily Street  
Pontoon Beach, IL 62040  
618-931-7070  
[www.pontoonbeach.org/community.htm](http://www.pontoonbeach.org/community.htm)

**Senior Citizens**  
802 West C St.  
Belleville, IL 62220  
618-235-2387 (Warehouse for donations)

**Seniors in Ministry Program**  
Zion Lutheran Church  
1810 McClintock Ave.  
Belleville, IL 62221  
618-233-2299  
[www.zionbelleville.org](http://www.zionbelleville.org)
SENIOR CITIZENS TOLL-FREE HOT LINES

ADULT LEARNING, ILLINOIS ....800-321-9511
AIDS/DRUG INFORMATION ......800-825-3518
ALZHEIMER’S DISEASE INFORMATION ........................................800-272-3900
AMERICAN CANCER SOCIETY ..800-227-2345
AMERICAN DIABETES ASSOCIATION ........................................800-232-3472
AMERICAN HEART ASSOCIATION ........................................800-252-8511
AMERICAN LUNG ASSOCIATION ........................................800-586-4872
AMTRAK TRANSPORTATION INFORMATION ................................800-872-7245
ASSISTED LIVING HOTLINE .....800-252-4343
BLIND, AMERICAN COUNCIL OF ........................................800-424-8666
CANCER INFORMATION, NATIONAL CANCER INSTITUTE ..........800-422-6237
CIRCUIT BREAKER INFORMATION ........................................800-624-2459
CONSUMER COMPLAINTS FOR SR. CITIZENS ................................800-243-5377
CRIME VICTIM’S COMPENSATION ........................................800-228-3368
DEPRESSION AWARENESS ....800-421-4211
DIALYSIS HOTLINE ..........800-252-4343
ELDER ABUSE ......................800-252-8966
ELDERCARE LOCATOR INFORMATION .....................................800-677-1116
ENERGY ASSISTANCE & WEATHERIZATION ................................877-411-9276
EYE CARE AMERICA ..............800-222-3937
FEDERAL GOVERNMENT AGENCIES INFORMATION ......................800-688-9889
FLOOD INSURANCE/NATIONAL ........................................800-638-6620
GOVERNOR’S OFFICE/ILLINOIS ........................................800-642-3112
HEALTH AND HUMAN ABUSE SERVICES (FRAUD) ......................800-447-8477
HEARING AIDS: CONSUMER PROTECTION PROGRAM ..............800-545-2200
HEARING IMPAIRMENTS RELAY SYSTEM ................................800-526-0857
HOME HEALTHCARE ABUSE HOTLINE .................800-252-4343
HOSPITAL ABUSE HOTLINE .....800-252-4343
HOSPICE ABUSE HOTLINE ......800-252-4343
HOSPICE INFORMATION ..........800-658-8898
HOUSING DISCRIMINATION ......800-669-9777
HUMAN SERVICES, IL DEPT. OF ........................................800-843-6154
ILLINOIS DEPT. OF INSURANCE (SENIOR HEALTH INS.) ..........800-548-9034
LOTTERY INFORMATION/ILLINOIS ........................................800-252-1775
MEDICARE BENEFICIARY/PEER REVIEW ORGANIZATION ..............800-647-8089
MEDICARE/MEDICAID FRAUD ........................................800-447-8477
MENTAL HEALTH AMERICA ....800-969-6642
MISSING PERSONS, CLEARINGHOUSE FOR ................................800-843-5763
MYASTHENIA GRAVIS FOUNDATION
(IL CHAPTER) ................................. 800-888-6208

NATIONAL ASSOCIATION FOR .......................... CONTINENCE ................................. 800-252-3337

NATIONAL INSTITUTE ON AGING .................. ......................................................... 800-222-2225

NURSING HOME ABUSE HOTLINE ................. .......................................................... 800-252-4343

ORGAN DONOR PROGRAM .............................................. 800-545-4438

OSTEOPOROSIS FOUNDATION ......................... ......................................................... 800-223-9994

PARKINSON’S DISEASE INFORMATION ............... ......................................................... 800-223-2732

PHARMACEUTICAL ASSISTANCE PROGRAM ....... ......................................................... 800-624-2459

SECRETARY OF STATE SENIOR’S HOTLINE .......... ......................................................... 800-252-2904

SENIOR HELPLINE ON AGING (I.D.O.A.) ............... ......................................................... 800-252-8966

SNAP/ILLINOIS LINK FRAUD ............................. 800-843-6154

SOCIAL SECURITY ................................................................. 800-772-1213

TAX ASSISTANCE/INTERNAL REVENUE SERVICE:
FEDERAL U.S. INCOME TAX INFORMATION ......................... ......................................................... 800-829-1040

ILLINOIS STATE INCOME TAX INFORMATION ................. ......................................................... 800-732-8866

TAX AUTOMATED REFUND/TELETAX ................. ......................................................... 800-829-4477

TTY FOR THE DEAF ......................... ................................................................. 800-526-0844

TOLL-FREE DIRECTORY ASSISTANCE ................. ......................................................... 800-555-1212

U.S. DEPT. OF VETERAN’S AFFAIRS ................. ......................................................... 800-827-1000

US TOO PROSTATE CANCER SUPPORT.............. GROUP ................................................................. 800-808-7866

SENIOR COUNSELING MENTAL HEALTH PROGRAMS

Comprehensive Behavioral Health Center
of St. Clair County, Inc.
3911 State St.
East St. Louis, IL 62205
618-482-7330
www.cmhel.org

Memorial Senior Care
4500 Memorial Drive
Belleville, IL 62226
618-257-5900, Fax: 257-5463
Intensive outpatient mental health program
addressing the unique needs of the older adult.
Primarily group therapy.

St. Elizabeth’s Behavioral Healthcare Services
211 South 3rd St.
Belleville, IL 62220
618-234-2120, ext. 1555

Southwestern Illinois College Programs & Services for Older Persons Older Adult and Caregiving Counseling Center.
201 North Church Street
Belleville, IL 62220
618-234-4410, ext. 7031
Short-term crisis intervention counseling is provided
for those 60+ and to the caregivers of the elderly.
Six to eight individual sessions are conducted at the
PSOP offices or in the home if the individual is
homebound due to physical or emotional obstacles.

SENIOR HEALTH INSURANCE/ MEDICARE PROGRAM (SHIP)
Illinois Department of Insurance Information:
Personal Counseling at no charge, is dedicated to
assisting Illinois Medicare beneficiaries.
Does not sell or solicit insurance
618-234-4410, ext. 7019
SEXUAL ASSAULT VICTIM’S UNIT CALL
FOR HELP
9400 Lebanon Road
Edgemont, IL 62203
618-397-0975
Provides 24-hour, 7-day-per-week telephone service and advocacy. Also provides short- and long-term counseling for adult and child victims and significant others, and education for the community.

SHERIFF’S OFFICE – ST. CLAIR COUNTY
700 North 5th St.
Belleville, IL 62220
618-277-3505
www.mysheriff.us

SOCIAL SECURITY ADMINISTRATION
Belleville Office
Lake Christine Center
1670 Lebanon Ave.
Belleville, IL 62221
877-405-0471
Mon., Tues., Thurs., Fri. 9 a.m. – 3 p.m.
Wed. 9 a.m. – 12 p.m.
www.ssa.gov

East St. Louis Office
Federal Bldg., Room 104
650 Missouri Ave.
East St. Louis, IL 62201
877-700-4849
Mon., Tues., Thurs., Fri. 9 a.m. – 3 p.m.

Social Security:
A Federal Retirement Insurance program for persons who have reached retirement age of 65 years (or if desired, retirement at age 62 years, with the reduction of benefits). Also provides disability and survivor’s benefits to persons who are eligible.

Supplementary Security Income:
Also known as SSI, provides a minimum income to people in financial need who are 65 years of age and older, to the blind or disabled who are eligible.

Direct Deposit:
Your monthly government payment is sent directly to wherever you do your banking, deposited to your checking or savings account. Check with your Social Security office.

Federal Health Insurance Program:
Insures persons who are 65 years of age and older and disabled persons on Social Security disability benefits after 24 months of receiving a Social Security check.

PART A – Hospital Insurance Free to persons receiving Social Security or Railroad Retirement benefits. Those on Social Security Disability receive health insurance benefits after the 24th check (24th month).

PART B – Medical Insurance Monthly premium is withdrawn from your Social Security Check.

PART D – Prescription insurance

SOUTHWESTERN ILLINOIS COLLEGE
PROGRAMS & SERVICES FOR OLDER PERSONS (PSOP)
201 N. Church St.
Belleville, IL 62220
618-234-4410
www.swic.edu/psop
Southwestern Illinois College sponsors various programs to meet the needs of older persons. This is in keeping with the Community College’s mission to attempt to serve all residents of District #522.

Activities and Recreation:
Trips, arts and crafts, dances, bridge/pinochle, parties and special events.

Advocacy Program:
The mission of this program is to assist older persons in meeting their physical, emotional, financial and social needs. Provides an integrated service of information, assistance and referral. Provides advocacy services to meet elder abuse and consumer problems of older persons and assist with applications for government benefit programs, and obtaining power of attorney for health care and property.
ATS/Alternative Transportation System:
718 Scheel Street, Suite C
Belleville, IL 62220
618-239-0749

ATS is a general transportation service designed to
provide curb-to-curb transportation for eligible
persons who are registered with ATS. Eligible
persons with disabilities are those who qualify under
the Americans with Disabilities Act (ADA) and
meet residency requirements, and eligible elderly
(60 years and over) must meet the residency
requirement. Elderly eligible service areas are
indicated with an asterisk (*).

Currently service areas include:
Townships of: *Belleville, Canteen, Caseyville,
Centreville, East St. Louis, Englemann, *O’Fallon,
Shiloh Valley, *Smithton, *St. Clair, Stites and
*Stookey.
Communities of: Alorton, *Belleville, Brooklyn,
Cahokia, Caseyville, Centreville, Collinsville (St
Clair County only), East St. Louis, Fairmont City,
Fairview Heights, *Lebanon, Mascoutah,
*O’Fallon, Sauget, Scott Air Force Base, Shiloh,

Service areas are subject to change. You must
register for this service.
Call 618-239-0749 and ask for registrations.
Reservations may be made up to two weeks prior to
day of the ride, Monday through Sunday, between
8:30 a.m. and 4:30 p.m. by calling 618-239-0749,
ext. 1.
Cancellations should be made no later than an hour
before the one-hour-ride time frame. Call 618-239-
0749, ext. 2, to cancel a reservation or to obtain
additional information.

Caregiving:
Information regarding issues and concerns of caring
for an older adult.

Circuit Breaker Assistance:
Rebate of property tax or rent relief from sales tax.
Eligibility: Persons 56 years of age and older or
persons on disability. Maximum income limitation.

Counseling (Older Adult and Caregiver
Counseling Programs
Short term counseling is available for St. Clair
County residents over the age of 60, or for those
caregiving for a person over the age of 60.
Counseling sessions are meant to assist with
emotional adjustments and practical resources
related to aging, illness, bereavement, life events, or
caregiving. Counseling may take place at PSOP or
in the home of homebound clients. Services are free
of charge. Ext. 7031

Foster Grandparent Program:
Offers senior volunteers, age 55 and older, the
opportunity to serve as mentors, tutors and
caregivers for children and youth with special needs.
For their service Foster Grandparents receive a tax-
free stipend, reimbursement for travel and meals,
on-duty insurance, and an annual physical
examination. Ext. 7062

Retired And Senior Volunteer Program (RSVP)
Recruits volunteers, 55 and older, to help others
through agencies, hospitals, schools, libraries and
nursing homes. There are over 1,000 volunteers
working at 150 locations in St. Clair County and
Madison County. Ext. 7012

Senior Companion Program:
Persons 55 years of age or older, who meet income
criteria, are provided an opportunity to volunteer as
a Senior Companion, to help ease the loneliness and
illness of others. Through their services their peers
are able to maintain the highest possible level of
independent living. Senior Companions also provide
respite care for a family member who needs a break
from constant caregiving. For their service, Senior
Companions receive a tax-free stipend,
reimbursement for transportation and meals, on-
duty insurance and an annual physical
examination. This service is free to clients. Ext. 7036

Senior Health Insurance Program (SHIP):
Counseling Medicare Insurance problems at no
charge. Service is provided by Illinois State
Department of Insurance. Does not sell or solicit
insurance.
SeniorLink Computer Club:
A program to assist seniors 55+ to learn the language and workings of the computer, I-Pad, cell phones, and other devices, through peer-assisted hands-on practice. Students can learn at their own pace in a non-threatening environment. All students must be members of the SeniorLink Club and scholarships are available. Ext. 7018

Service Coordination for Senior Housing:
Bel Plaza II
115 North 47th St.
Belleville, IL 62226
618-257-0011
Program for Senior Citizens residing in subsidized housing in St. Clair County. Assists senior and disabled residents to maintain independent living. Advocacy, complaint resolution, individualized needs assessment, activities, referrals and assistance program funded by HUD.

Social Service Information and Assistance:

Support Groups:
Alzheimer’s Disease Caregivers and Parkinson’s Disease

Travel Program:
The Travel Program provides fun and educational group travel experiences. Day trips and extended tours within the United States are offered, as well as international travel, cruises, and travel/study for adults. This program is open to all age groups and provides an opportunity to see wonderful places and make new friends.

Wellness Clinic:
The Clinic encourages and assists older adults to take positive and responsible actions to improve their health. Activities of the Wellness Clinic are designed to improve physical and emotional well-being through organized fitness classes and a fitness center open 8-5, M-F, lectures, and workshops. individual screenings and health-related classes. Classes include Tai Chi, Yoga, Zumba gold, and interval training.

SPECIALIZED CARE FOR CHILDREN, DIVISION OF: (DSCC)
University of Illinois at Chicago
St. Clair Regional Office
1734 Corporate Crossing, Suite 1
O’Fallon, IL 62269
618-583-2220 or 800-842-7204
No-cost diagnostic services for any Illinois child from birth to 21 who qualifies. DSCC can also provide financial assistance if child has an eligible medical condition which can be improved through treatment. To find out if your child is medically or financially eligible, please call the regional office.

STATE POLICE
Illinois State of:
1100 East Port Plaza Drive
Collinsville, IL 62234
TDD and VOCAL 911
www.isp.state.il.us

SUICIDE AND CRISIS INTERVENTION SERVICES ‘CALL FOR HELP’
9400 Lebanon Road
Edgemont, IL 62203
618-397-0963
Telephone services 24 hours a day, 7 days a week

SUPPORT GROUPS
Al-Anon (answering service)
618-398-9470
Support group for family members and friends who have drinking problems.

Blind Support Group, Impact, Inc.
2735 East Broadway
Alton, IL 62002
618-462-1411
8 a.m. – 4:30 p.m., Mon.-Fri. (Closed 12-1 p.m.)
Meetings are held first Wednesday of each month.

Cancer Treatment Center
Memorial and St. Elizabeth’s Hospitals
Health Care Services
4000 N. Illinois
Swansea, IL 62226
618-236-1010
Deaf Support Group, Impact, Inc.
2735 E. Broadway
Alton, IL 62002
618-462-1411
Mon.-Fri., 8 a.m.-4:30 p.m.
www.impactcil.org/
Meetings are held the first Tuesday of every month, except July.

Diabetic Support Group
Memorial Hospital
4500 Memorial Dr.
Belleville, IL 62226
618-257-5649
www.memhosp.com
Meetings are held on the fourth Monday of every month from 9-11 a.m. in the Memorial Hospital Auditorium.

Gamblers Anonymous
618-235-0780
www.gamblersanonymous.org
Meetings are held on Mondays and Thursdays, 7:30 p.m. at United Methodist Church, 721 East Main St., Belleville.

Grandparents Parenting Again
2133 Johnson Road, Suite 104
Granite City, IL 62040
618-874-0216, ext. 104

Hope Blooms (Breast Cancer)
Memorial Hospital
4500 Memorial Dr.
Belleville, IL 62226
618-233-7750
Meetings are the second Tuesday of every month at 7 p.m. in the hospital auditorium.

Leukemia & Lymphoma Monthly Group
618-236-1000
Meetings are the second Tuesday of each month, 6:30-8:30 p.m. at the Cancer Treatment Center, 400 North Illinois St. in Swansea.

Stroke Support Group
St. Elizabeth’s Hospital
618-234-2120, ext. 1519
**TALKING BOOK CENTERS**  
Illinois Talking Book Outreach Center  
125 Tower Drive  
Burr Ridge, IL  60527  
800-426-0709  
Services for persons who are unable to read conventional print due to visual or physical disability.

**TAX, ASSESSOR’S OFFICE**  
Senior Citizen’s Property Assessment Freeze  
Jennifer Gomric Minton, St. County Assessor  
Senior Freeze Department  
10 Public Square  
Belleville, IL  62220  
618-825-2704  
[www.co.st-clair.il.us](http://www.co.st-clair.il.us)  
If you are 65 years of age or older, have had the property you are applying for be your principal residence for a period of time that would include the past two January 1sts, and have a total household income of $55,000 or less, you may qualify for this exemption that freezes the assessment on your property.

**TAX, BOARD OF REVIEW**  
Senior General Homestead  
St. Clair County Court House  
10 Public Square  
Belleville, IL  62220  
618-277-6600, ext. 2493,2489, 2488 or 2476  
If you are 65 years of age or older, own and reside in your own home, you may be eligible for a tax deduction off the assessed value of your property.  
You must show the deed to your home along with your age identification (state I.D. or driver’s license/current address only)

**TAX, INCOME ASSISTANCE AARP PROGRAM**  
During Tax Season (Feb. 1 to April 15)  
Call 618-277-5511  
During off Tax Season (April 16 to Jan. 31)  
Call 618-589-3838  
AARP Tax Assistance Program provides free tax assistance to persons 50 years of age and older.  
Prepares federal, and state forms at many local sites.  
Home assistance to shut-ins.

**TEACHERS, RETIRED, ST. CLAIR COUNTY ASSOCIATION**  
Davie Sue Raker, President  
2005 SugarLoaf Drive  
Dupo, IL  62239  
618-286-3659

**TOLL-FREE TELEPHONE NUMBERS INFORMATION: 800-555-1212**  
(See Senior Citizens “Hot Lines’)

**TOWNSHIPS – ST.CLAIR COUNTY**

**Belleville Township**  
111 West A St.  
Belleville, IL 62220  
618-233-0206  
[www.bellevilletownship.org](http://www.bellevilletownship.org)

**Canteen Township**  
5500 Bunkum Road  
Washington Park, IL 62204  
618-874-8350

**Caseyville Township**  
10001 Bunkum Road  
Fairview Heights, IL 62208  
618-398-6248  
[www.caseyville.org](http://www.caseyville.org)

**Centreville Township**  
4831 Bond Ave.  
Alorton, IL 62207  
618-874-1034
East St. Louis Township
1210 State St. East
St. Louis, IL 62201
618-874-3650

Engelmann Township
10440 Kruse Rd.
Mascoutah, IL 62258
618-566-4406

Fayetteville Township
766 Flora
St. Libory, IL 62282
618-768-4952

Freeburg Township
203 South Richland St., P.O. Box 35
Freeburg, IL 62243
618-539-5639
www.freeburg.com

Lebanon Township
10182 Summerfield South Rd.
Trenton, IL 62293
618-934-3117

Lenzburg Township
966 Winter Road
Marissa, IL 62259
618-475-3427

Marissa Township
132 Doza Creek Rd.
Marissa, IL 62257
618-317-5011

Mascoutah Township
622 West Main St.
Mascoutah, IL 62258
618-566-7132

Millstadt Township
820 S. Jefferson
Millstadt, IL 62260
618-476-1207
www.millstadt.org

New Athens Township
134 Phillips St.
New Athens, IL 62264
618-475-2025

O’Fallon Township
801 East State St.
O’Fallon, IL 62269
618-632-3517
www.ofallontownship.org

Prairie DuLong Township
2505 Kaiser Road
New Athens, IL 62264
618-473-2180

St. Clair Township
107 Service St.
Swansea, IL 62226
618-233-3437
www.stclairtownship.com

Shiloh Valley Township
901 Shiloh Station Road
Belleville, IL 62221
618-234-7833
www.shilohil.org

Smithton Township
203 North Main St.
Smithton, IL 62285
618-234-5943

Stites Township
500 Washington St.
Brooklyn, IL 62059
618-874-0621

Stookey Township
313 Eiler Road
Belleville, IL 62223
618-538-7700 or 618-398-6925

Sugar Loaf Township
240 South 5th St.
P.O. Box 279
Dupo, IL 62239
618-286-4016
TRANSPORTATION INFORMATION

ATS (Alternative Transportation System)
MetroLink Station
718 Scheel Street, Suite C
Belleville, IL 62220
Information: 618-239-0749
ATS is designed to provide general transportation for eligible handicapped persons. Persons 60 years of age or older and residing in the service area may be eligible without being disabled. Call for information and registration.

Amtrak Rail
Passenger Service 800-872-7245

Christian Homecare Services
115 West Randle
Lebanon, IL 62254
618-537-9590
www.chesinc.org
Provides transportation to medical appointments, both local and St. Louis, at no charge.

Health Visions of East St. Louis
1269 North 89th Street, Ste. 7
East St. Louis, IL 62203
618-271-7000
FAST provides one-on-one assisted transportation for seniors 60 years of age and older, who live in East St. Louis, Centreville, Lovejoy, Washington Park, Alorton and Cahokia. Seniors are asked to call three days ahead of time for transportation.

Helping Hands, Inc.
2125 South Belt West
Belleville, IL 62226
618-239-9900
Provides transportation to medical appointments.

MetroLink/Buses
Bus schedules, MetroLink schedules, and bus routes
St. Clair County Transit District
1004 South Lincoln, Suite 1
O’Fallon, IL 62269
618-628-8090
www.scctd.org

Mid America Cab Co.
501 South 2nd St.
Belleville, IL 62220
618-277-1515

New Athens Golden Age
Transportation
100 South Benton St.
New Athens, IL 62264
618-475-3683
UNITED STATES ATTORNEY
Southern Illinois District
9 Executive Drive
Fairview Heights, IL 62208
618-628-3700
www.justice.gov/usao/ils/

UNITED WAY OF GREATER ST. LOUIS
Illinois Division
1444 Boul Avenue
Swansea, IL 62226
618-233-8441 (8 a.m.-5 p.m.)
www.stl.unitedway.org
Funds agencies throughout St. Clair, Clinton, Monroe and Randolph Counties, which serve both the young and the aged. Funds community projects and sponsors workshops.

URBAN LEAGUE OF METROPOLITAN ST. LOUIS, INC.
St. Clair County Division
10220 Lincoln Trail Drive
Fairview Heights, IL 62208
618-274-1150
www.ulstl.org
Provides core social services to area residents, employment, housing and community organizations.
VETERANS AFFAIRS, DEPT. OF:
U. S. Government Regional Office Benefits, Information and Assistance
536 South Clark St.
Chicago, IL 60605
800-827-1000
www.va.gov

VETERANS OF FOREIGN WARS
Scott VFW
1516 Old Highway 158
Belleville, IL 62221
618-746-9801

VETERANS AFFAIRS, DEPT. OF:
Illinois, State of:
4519 West Main St.
Belleville, IL 62226
618-233-5140

VETERANS OF FOREIGN WARS
Scott VFW
1516 Old Highway 158
Belleville, IL 62221
618-746-9801

10 Collinsville Ave.
East St. Louis, IL 62201
618-583-2065, Fax: 618-583-2283

VA Clinic
6500 West Main Street
Belleville, IL 62223
800-228-5459, ext. 56988

VETERANS ASSISTANCE COMMISSION
St. Clair County
19 Public Square, Suite 300
Belleville, IL 62220
618-277-0040
Assistance to indigent veterans of St. Clair County (who have been honorably discharged) and their families. Call for information before going in.

VETERANS MEDICAL CENTERS
U.S. Government
John Cochran and Jefferson Barracks Medical Center
St. Louis, MO 63125
314-652-4100

USAF Medical Center
Scott AFB, IL 62225
618-256-7500 (Hospital information)
618-256-1110 (Base operator)

VISITING NURSE ASSOCIATION OF SOUTHWESTERN ILLINOIS
7 Executive Woods Court, Suite A
Swansea, IL 62226
800-642-5429 or 618-236-5800
Fax: 618-236-5859
www.sivna.com

Home Health Care:
Under physician’s orders, services can be provided by nurses, home health aids, physical therapists, speech therapists, dietitians and social workers. Areas served: St. Clair, Madison, Monroe, and Randolph counties.
**Case Coordination Unit: (CCU)**
Illinois Dept. on Aging provision of case management services for senior citizens. Provides a comprehensive needs assessment and service coordination to assist older persons gain access to needed services. Eligibility determinations for the Illinois Dept. on Aging Community Care Program, home-delivered meals assessments, and elder abuse investigation.

**VISUALLY HANDICAPPED**
**METRO EAST AREA**
(See Mind’s Eye Information Services For Blind and Print Handicapped.)

**VISUALLY IMPAIRED:**
The Services for State of Illinois:
Department of Human Services,
Division of Rehabilitation
601 South High St.
Belleville, IL 62220
618-235-5300 or 618-235-5302
Provides vocational rehabilitation services.
Instructions in blindness skills, techniques and mobility services. Ongoing in-service training provided to employers, schools, nursing and medical facilities and to other facilities upon request.
Speakers available upon request. Counties served:
Calhoun, Clinton, Jersey, Madison, Monroe, Randolph, St. Clair and Washington.
WEATHER AND HIGHWAY CONDITIONS
Illinois State Police
1100 Eastport Plaza Drive
Collinsville, IL 62234
618-346-3636 or 800-452-4368
www.gettingaround.illinois.com

WOMEN’S CRISIS CENTER
(See Violence Prevention Center)
YMCA OF SOUTHWEST ILLINOIS
www.ymcaswil.org

Collinsville/Maryville/Troy
#1 Town Center Drive
Maryville, IL 62062
618-346-5600

Downtown Belleville Center
200 South Illinois
Belleville, IL 62220
618-233-1243, Fax: 618-233-7435

East Belleville Center
2627 Carlyle Ave.
Belleville, IL 62221
618-236-9986

O’Fallon YMCA
284 N. Seven Hills Rd.
O’Fallon, IL 62269
618-628-7701