The International Diabetes Federation

The International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in 170 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950. We are a diverse and inclusive multi-cultural network of national diabetes associations and an authoritative global voice in non-communicable diseases. We uphold our independence and integrity in everything we do.

We work to ensure that the needs of all people affected by diabetes are met so that each can live their lives as unhindered by the disease as possible.

Our constituencies include people with diabetes; people at risk of diabetes; families affected by diabetes; governments; health professionals; pharmaceutical, food and other industries; education and research institutions; employers; and the wider community.

Our greatest strength is our ability to ground our global advocacy in the reality of local experience. Our Member Associations provide a volunteer force that will mobilise for good in the years ahead.

We uphold our independence and integrity in everything we do.

Our strategic goals 2013-2015:
- Improve health outcomes for people with diabetes.
- Prevent the development of type 2 diabetes.
- Stop discrimination against people with diabetes.

IDF has seven regional offices which strengthen the work of national diabetes associations and enhancing collaboration between them. Our seven regional offices are:
- Africa (AFR)
- Europe (EUR)
- Middle East and North Africa (MENA)
- North America and Caribbean (NAC)
- South and Central America (SACA)
- South-East Asia (SEA)
- Western Pacific (WP)

Our vision:
Living in a world without diabetes

Our mission:
To promote diabetes care, prevention and a cure worldwide
Looking back over the past twelve months, the first of my three-year Presidency of the International Diabetes Federation (IDF), I am once again amazed by the commitment and dedication shown by the global diabetes community - IDF Member Associations in more than 170 countries and territories, Young Leaders in Diabetes and thousands of volunteers - to tackle the many challenges posed by the diabetes epidemic.

The start of a new IDF triennium brought with it the development of a new strategic plan, outlining the priorities of the Federation until 2015 and beyond. IDF has a clear vision for future action to build on the progress achieved since the landmark United Nations High Level Meeting on Non-communicable Diseases (NCDs) and resulting Political Declaration in 2011, and hold governments to the commitments that they made. The Global Diabetes Plan 2011-2021 sets out three priority objectives - to improve care for people with diabetes, prevent the development of type 2 diabetes and prevent discrimination against people with diabetes. We will additionally drive and monitor progress on the historic nine global targets for diabetes and NCD prevention that were internationally agreed in November 2012. As the clock ticks closer to the expiration of the Millennium Development Goals (MDGs), IDF will also reinforce advocacy around the importance of diabetes on the global health and development agenda.

The activities highlighted in this report are testament to the progress that has been made in achieving these objectives. A ground-breaking World Diabetes Congress in Australia, the initiation of a global parliamentary group committed to tackling diabetes and the launch of a patient empowerment project are just some examples of the work done by the Federation to further its vision and mission in 2013. The landmark *Melbourne Declaration on Diabetes*, agreed on 2 December, strengthened the commitment of global parliamentary champions to work across parliaments to help prevent the incidence of diabetes, ensure early diagnosis and improve the treatment of people living with the condition.

The challenges remain immense and the diabetes epidemic is showing no signs of relenting, as evidenced by the data published in the latest edition of the *IDF Diabetes Atlas*, launched on World Diabetes Day 2013. The prevalence and impact of the disease will continue to grow unless we join together and amplify our voices.

2014 will provide us with new opportunities for collaboration and the potential to see diabetes firmly implanted on political agendas around the world. I look forward to working alongside you all and thank you for your tireless efforts so far.
Message from the CEO

I was privileged to join IDF as Chief Executive Officer just a fortnight before the World Diabetes Congress in Melbourne in December 2013. The Congress was a real eye-opener to the power and energy of the global diabetes community. With seven programme streams and numerous satellite events, the programme showed the diversity of IDF’s stakeholders and highlighted what is important to them. At the same time it was an opportunity for me to see where IDF is having a great impact through its programmes and projects and where we can expand in terms of innovative diabetes partnerships. I was also impressed by the strong political momentum present in Melbourne, over 50 parliamentarians from around the world have now committed to acting on diabetes through a formal declaration. This is a sign that governments are really waking up to the challenge of diabetes and viewing it as a whole of society issue rather than purely a health challenge.

I also joined IDF in time to see the publication of the 6th edition of our IDF Diabetes Atlas, on World Diabetes Day. The figures and the projections are staggering and vindicate our relentless efforts to promote solutions to this worldwide health crisis. Previous editions of the Atlas were a crucial tool in the successful campaign for a United Nations Resolution on diabetes and our figures informed the subsequent political declaration on non-communicable diseases.

Diabetes is now firmly on the highest of decision-making agendas and 2013 saw the achievement of another milestone, with the adoption at the 66th World Health Assembly of a Global Action Plan for 2013-2020. The adoption of the plan moves the process from the political to the practical realm and establishes the ‘what’ and ‘how’ of government action to ensure progress.

IDF’s reach around the world is great but I feel it is important to broaden it further and to expand our evidence base by approaching new partners both inside and outside of the diabetes world. It is imperative to partner with a variety of sectors to understand the disease better and to help educate where necessary. IDF is building new partnerships to combat and understand diabetes complications such as cardiovascular disease and diabetic retinopathy. These partnerships will in turn strengthen IDF’s position when it comes to negotiating diabetes targets and political action plans with national governments and with unilateral organisations such as the World Health Organization.

The figures in the latest edition of the IDF Diabetes Atlas are a harsh reminder of how far we still have to go but I believe we have the solutions. I will do my utmost to ensure that our work as a community reaches even more people touched by diabetes and continue to make changes for a healthier future for everyone.
TAKING THE DIABETES MESSAGE TO THE WORLD

World Diabetes Congress
Melbourne 2013

IDF’s biennial World Diabetes Congress is the highlight of the global diabetes calendar. It is one of the world’s largest health-related congresses attracting leading scientists, healthcare professionals, government representatives, people with diabetes and the media.

The World Diabetes Congress Melbourne 2013 was held in December and brought together over 10,200 delegates from 140 countries, making it the largest medical congress ever held in Australia.

The scientific programme was made up of seven streams and consisted of a total of 332 hours of sessions presented in 13 concurrently running sessions. Some 405 speakers from 51 different countries presented at the Congress and a record number of 2208 abstracts were submitted for peer-review.

Olympic champion, Cathy Freeman, and legendary international cricketer, Wasim Akram, added a celebrity touch to the World Diabetes Congress and proved that having diabetes need not stop you living life to the full.

The four day event had an impact beyond the congress itself.

On the eve of the World Diabetes Congress, IDF and The Fred Hollows Foundation announced a ten year partnership to tackle diabetic retinopathy, one of the most common diabetes complications, especially in poorer countries where diagnostic work is seriously underfunded. This partnership will strengthen work on diabetes retinopathy in the areas of advocacy, workforce, research and technology development.

“The largest medical congress ever held in Australia”
World Diabetes Day 2013: Taking Big Steps

From Abu Dhabi to Zanzibar the world went blue for diabetes in November. 2013 marked the fifth and final year of the World Diabetes Day 2009-2013 campaign on ‘Diabetes education and prevention’. The priority was to help local communities understand that diabetes is a global health threat with serious and far-reaching consequences. IDF provided the materials to assist its Member Associations to engage their communities with education and prevention messages.

The global diabetes community was encouraged to rally around the slogan ‘Diabetes: protect our future’ with the following key messages:

- World’s most populated countries: 1. China 2. India 3. DIABETES 4. USA 5. Brazil
- 1 in 2 people with diabetes don’t know they have it: are you at risk?
- Diabetes, know the complications: amputation, blindness, heart attack and kidney disease
- People with diabetes are just like you and me: don’t discriminate

A new initiative, Take a Step for Diabetes, was developed to engage IDF Member Associations and the wider diabetes community. They were asked to make symbolic donations of steps accrued through a variety of individual or group activities.

These included actions to promote diabetes awareness and healthy lifestyles; improve the lives of people with diabetes; and help reduce a person’s individual risk of developing type 2 diabetes. Participants were provided with a choice from a selection of activities, ranging from 30 minutes of physical activity a day to large-scale awareness events involving hundreds of people.

An online platform was created to collect all steps with a target of 371 million, equivalent to the number of people living with diabetes in 2012.

The campaign ran from May to December 2013 and was a huge success, with the 371 million steps achieved well in advance of the established deadline. Over 650 individuals and groups registered and submitted steps on the platform. In many cases they gave much time and effort to showcasing their activities to the world in support of the diabetes cause.

In recognition of these efforts, IDF sent an open letter to United Nations Secretary General Ban Ki-Moon on behalf of all participants in the Take a Step for Diabetes campaign. It reaffirmed the importance of maintaining the global diabetes commitments made during the 2011 United Nations High-level Meeting on Non-communicable Diseases for the global health agenda.

The Pin a Personality initiative also gained momentum, firmly establishing itself as a popular way of raising diabetes awareness. The campaign has helped over 1,000 worldwide public personalities learn more about diabetes through the blue circle pin.

The signature activity in many countries continued to be the Blue Monument Challenge. Over 60 countries brought diabetes to light in 2013 with some old favourites such as the Sydney Opera House, the Little Mermaid in Copenhagen and several new lightings in countries like Spain, Indonesia and Saudi Arabia.

”The world went blue for diabetes in November”
WORLD'S MOST POPULATED COUNTRIES

1. CHINA
2. INDIA
3. BRASIL
4. USA

DIABETES: PROTECT OUR FUTURE

World Diabetes Day is the primary awareness campaign of the DIABETES world.
Diabetes Voice: reaching a wide audience

IDF’s free global magazine *Diabetes Voice* plays an important role in providing readers with vital information on diabetes care, health lifestyles and the latest developments in health policy and education. With an average of 52,000 readers per issue, the magazine is available worldwide in English, French and Spanish.

Under the direction of a new editorial team led by Professor Rhys Williams, five new features were introduced during the year: ‘Debate’, ‘Diabetes voices’, ‘Currently in *Diabetes Research and Clinical Practice*’, ‘On the bookshelf’ and ‘Voicebox’.

Among the four editions published in 2013, two were special issues with topics related to children living with diabetes and the DAWN2 study.

Helping those in need

Since 2001 the IDF Life for a Child programme (LFAC) has made a valuable contribution to the lives of young people with diabetes in developing countries by working with local health services across the world.

More than 12,000 children and adolescents in 43 countries received assistance from LFAC in 2013. The provision of essentials such as insulin, blood glucose monitoring equipment, and education materials, was complemented by HbA1c testing, health professional training, and clinical research.

Considerable achievements were made in education, with pages in Azeri, Urdu and Sindhi being added to LFAC’s online diabetes education resources section. The *Pocketbook for Management of Diabetes in Childhood and Adolescence in Under-Resourced Countries*, produced in partnership with the International Society for Pediatric and Adolescent Diabetes (ISPAD), was launched in December at the World Diabetes Congress. The diabetic ketoacidosis (DKA) poster campaign also continued to expand.

The programme garnered further international recognition in June, when LFAC General Manager Dr Graham Ogle received the 2013 Harold Rifkin award for distinguished international service in the cause of diabetes. This major international award recognised his contribution, over many years, to the international diabetes community.
Young minds, fresh ideas, real change

The IDF Young Leaders in Diabetes Programme (YLD) is designed to improve the lives of young people with diabetes worldwide by creating a committed new generation of leaders.

In 2013, the YLD organised the second leadership training programme during the World Diabetes Congress. 123 Young Leaders from 66 countries were trained, two thirds of whom were new to the Programme. In Melbourne they were able to attend workshops run by world-class experts and diabetes professionals and hear about the latest developments. Returning Young Leaders presented the projects they had conducted since last meeting in 2011 and all made plans for their work in future years. The projects focused on diabetes-related issues locally, regionally and globally. These included increasing awareness, improved education, access to quality care, reducing discrimination, and improving quality of life for people with diabetes.

The YLD also further developed their governance structure and communication network. To ensure each voice within the network is heard the Young Leaders created a constitution and organised the first YLD General Assembly. The Programme website and social media channels were also enhanced to share best practices.
In 2013 the world’s governments put a formal stamp on historic targets to overcome diabetes and other NCDs. The World Health Assembly in Geneva set the course for meeting the commitment to reduce premature deaths from NCDs by 25% by 2025. It agreed a Global Action Plan (GAP) with a comprehensive global monitoring framework. A significant element of IDF’s advocacy activities was focused on building the political momentum and tracking progress governments are making in meeting these commitments.

Working in Partnership

IDF has a well-developed, twin-track approach of playing a key role in the NCD Alliance while identifying and advocating strongly on diabetes-specific concerns. This ensures that diabetes remains a visible political issue and IDF’s voice is heard at the UN and the World Health Organization (WHO). The specific international commitment to halt the rise in obesity and diabetes is testimony to the success of this approach.

IDF maintained a strong presence at key international events. During the World Health Assembly board members and senior staff held a number of high-level meetings with national delegations to press the case for action on diabetes, and ensure good visibility of diabetes amongst the NCDs.

Tracking Progress for Action

The targets agreed by world governments are ambitious. However, they are voluntary and so it is vital that there are strong mechanisms to track and report on achievements. IDF supported the NCD Alliance by providing expertise for contributions to two important WHO consultations on indicators for the Global Action Plan to prevent and control NCDs and the Global Coordination Mechanism. IDF recognises that establishing this mechanism will play a central role in progressing action on diabetes and NCDs as it will facilitate engagement among member states, international partners and United Nations agencies.

IDF also established its own monitoring tool to measure progress. Throughout 2013 IDF’s global advocacy team worked to develop a practical and realistic Global Diabetes Scorecard. Expert advice was sought throughout the process to ensure that the Scorecard will be an effective instrument for IDF Member Associations to encourage their national governments to make progress towards realising their commitments to action on diabetes.
Diabetes in the Post-Development Agenda

With the Millennium Development Goals (MDGs) set to expire at the end of 2015, there is an imperative for powerful advocacy to secure a place for NCDs in the future development agenda. IDF has concentrated substantial campaigning effort in making the case for responding to the diabetes challenge in this agenda.

To ensure the diabetes message was heard loud and clear, IDF launched an Advocacy Toolkit for Member Associations. The Toolkit contained campaign activity proposals and key messages to influence national governments’ interventions at the special event on the MDGs held during the 68th UN General Assembly in New York. Many associations took up the materials with enthusiasm and used them to advocate strongly with their governments.

The global advocacy team also developed a campaign targeting European officials and politicians in recognition of the strong role of the EU in international bodies. One outcome was that the Lithuanian Presidency circulated IDF’s position statement on the post-2015 development framework among all 28 EU member states during the development working group (CODEV) meeting held on World Diabetes Day.

A Voice in Every Parliament

Members of more than 50 national parliaments met in Melbourne for the first-ever Parliamentary Champions For Diabetes Forum and committed themselves to tackling the global challenge posed by diabetes. They established a continuing Parliamentarians for Diabetes Global Network and released the Melbourne Declaration on Diabetes. This is a sign that governments are really waking up to the challenge of diabetes and viewing it as a whole of society issue rather than purely a health challenge.
IDF Diabetes Atlas

The 6th edition of the *IDF Diabetes Atlas* was launched on World Diabetes Day, 14 November. The publication is the authoritative source of evidence for health professionals, academics, and policy-makers on the burden of diabetes.

New global and regional estimates were produced for prevalence of diabetes in adults, prevalence of undiagnosed diabetes, diabetes in young people, hyperglycaemia in pregnancy, mortality, and health expenditures. These compelling data were compiled into a comprehensive 160-page publication that was delivered to 216 IDF Member Associations, 206 ministries of health, and collected by over 8,000 delegates at the World Diabetes Congress in Melbourne. The redesigned Atlas website now features an Atlas digital download, regional factsheets, and interactive maps. The estimates are further supported by a series of thirteen open-access peer-reviewed manuscripts in *Diabetes Research and Clinical Practice*.

Key figures of the 6th edition:

- Globally, 382 million people (8.3% of the adult population) had diabetes in 2013.
- Of these, 175 million (46%) were undiagnosed.
- Diabetes was responsible for 11% of the total global adult health expenditure (USD $548 billion) and 5.1 million deaths.
- 17% percent of all live births were associated with hyperglycaemia in pregnancy.
- 80% of people with diabetes live in low- and middle-income countries.
- 592 million people (10% of adults) will have diabetes by 2035.
2013 was a year of consolidation for the IDF BRIDGES (Bringing Research in Diabetes to Global Environments and Systems) Programme, which provides funding and ongoing support for 38 projects in 34 countries.

A new initiative - BRIDGES Research Net - was launched to replicate successful projects in other regions of the world. The first call for proposals was organised around a BRIDGES-backed diabetic foot care intervention, which took place between 2008 and 2010 in Alexandria, Egypt. Nineteen applications were received, three of which were selected for support. A week of onsite training, led by the Principal Investigator of the Egyptian project, will take place in each selected location prior to the start of the intervention.

The World Guide to IDF BRIDGES 2013 showcased supported projects and provided important health-related data on participating countries.

A joint IDF Diabetes Atlas/BRIDGES symposium took place during the World Diabetes Congress in Melbourne. The symposium was popular and successful, featuring a number of effective strategies and solutions provided by the supported projects in the fight against diabetes and its complications.

BRIDGES is an IDF programme supported by an educational grant from Lilly Diabetes.

KiDS: Kids and Diabetes in School

The incidence of diabetes among children is increasing in many countries, with some 78,000 children under 15 years estimated to develop type 1 diabetes annually worldwide. Evidence also shows that type 2 diabetes is growing in children and adolescents around the world at an alarming rate.

In September, in collaboration with the International Society for Pediatric and Adolescent Diabetes (ISPAD) and Sanofi Diabetes, IDF launched the Kids and Diabetes in Schools (KiDS) project to foster a school environment that creates a better understanding of diabetes and supports children with diabetes. This new project seeks to educate teachers and those who interact with children at school about type 1 and type 2 diabetes.

To reach this objective, the project team is developing a Global Diabetes Information Pack for school staff and children, providing information on diabetes prevention and management. This pilot phase is taking place in Brazil and India where adaptations of the pack will meet cultural and local needs.

In 2014 the Pack will be disseminated in 20 schools in each of the pilot countries, in collaboration with ministries of health and education, school and parent representatives. Using training workshops for teachers, in-school activities and social media, the long-term objective is to make the Global Diabetes Education Pack an accessible tool for all schools.
WINGS: Women in India with GDM Strategy

IDF estimates that almost six million women in India alone have hyperglycaemia in pregnancy, of which over 90% have gestational diabetes (GDM).

The WINGS project aims to tackle the increased prevalence of GDM in India by offering a multidisciplinary approach to GDM care which is both effective and feasible for implementation in resource-constrained settings.

A context-specific IDF GDM Model of Care is currently being piloted in Chennai (South India), based on global aspects of best practice and detailed research into local conditions. The materials used are both in English and Tamil. It will be finalised in 2014 and made available for use in other low- and middle-income countries worldwide in 2015.

The Model of Care is suitable for integration into existing maternal and child health systems, strengthening capacity to address GDM and improving health outcomes of women with GDM and their new-borns.

In 2013, the WINGS project successfully reached the following milestones:

- Completion of the pilot screening for GDM (and data analysis) of 1,040 pregnant women from Chennai and the surrounding areas.
- Development of a Train the Trainer curriculum for healthcare professionals. The first training session of multidisciplinary teams (including physicians, obstetricians and gynaecologists, nurses, nutritionists) was organised in July in Chennai.
- Development of a Standard Operating Protocol Manual on screening, diagnosis and management of GDM.
- Compilation of a practical handbook for women to refer to throughout pregnancy, including information on GDM, meal plans, and physical activity records, with translations in both English and Tamil.

The WINGS project has been developed through a partnership between IDF, the Madras Diabetes Research Foundation in Chennai, India, and the Abbott Fund, the philanthropic foundation of the global healthcare company Abbott.
The Diabetes Africa Foot Initiative (DAFI) is a multi-stakeholder partnership. It aims to develop a comprehensive, affordable and sustainable foot-screening programme with foot risk stratification in sub-Saharan Africa with the primary objective of lower extremity amputation prevention in people with diabetes. DAFI is a two-phase programme.

Phase I focused on establishing the initiative in ten selected African countries (Congo Brazzaville, Cameroon, Ghana, Guinea Conakry, Kenya, Madagascar, Rwanda, Senegal, Tanzania, Uganda). It had two main components:

- The development of a *Risk Stratification and Intervention* tool to prevent foot complications;
- The training of 30 health workers (3 per country) to strengthen the capacity of their sites by using the tool in their clinical practice and delivering diabetes foot care.

A prospective, observational, follow-up study of patients attending for routine diabetes care is being conducted to collect statistics on the risk of foot ulceration and demonstrate whether this systematic approach improves diabetes foot outcomes.

In the second phase of the initiative, participating centres are expected to become accredited reference centres to train peripheral centres about diabetes foot care and roll-out the programme in the selected countries.

This phase will have a population management approach targeting all people with diabetes in selected communities in sub-Saharan Africa, with the primary objective of preventing lower limb amputation in people with diabetes.

**Diabetes Education: Improving Diabetes Care and Knowledge**

The IDF Consultative Section on Diabetes Education (DECS) identifies and addresses issues related to diabetes education and care at the international level.

**Connecting the Global Community**

D-NET was launched at the end of 2010 as a forum for the exchange of ideas and information relating to diabetes education. Since then it has grown significantly and currently has over 2,200 members of geographical and organisational diversity representing 153 different countries around the world. Members emanate from a range of disciplines and share their knowledge, learning strategies and best practices through regular interaction on the D-NET forum. The second face-to-face meeting of D-NET members took place in Melbourne at the World Diabetes Congress and brought together health professionals from all over the world to discuss diabetes education and care within their regions.
Spreading Excellence

IDF Centres of Education are a global voluntary network of institutions chosen for their leadership and excellence in the development of diabetes educational opportunities and capacity building within IDF regions. In 2013 six of the eight centers successfully renewed their status as an IDF Centre of Education until the end of 2015.

The eight centers are:
1. Asociación Colombiana de Diabetes - Bogotá, Colombia
2. Associação Nacional de Assistência ao Diabético - Sao Paulo, Brazil
3. Associação Protectora dos Diabéticos de Portugal - Lisbon, Portugal
4. Baqai Institute of Diabetology and Endocrinology - Karachi, Pakistan
5. Dr Mohan’s Diabetes Specialties Centre & Madras Diabetes Research Foundation - Chennai, India
6. Vivir con Diabetes Education and Information Centre - Cochabamba, Bolivia
7. Diabetes Centre of the Royal Prince Alfred Hospital and University of Sydney - Australia
8. Chinese University of Hong Kong - the Prince of Wales Hospital Diabetes and Endocrine Centre - Hong Kong, China

IDF Recognition Programme

The IDF Recognition Programme recognises organisations offering courses in diabetes education and management that are consistent with the IDF International Curriculum for Health Professionals in Diabetes. After review and evaluation by a select group of DECS members and IDF Board members, IDF was pleased to recognize 11 organisations offering 15 programmes for 2014-2016:

- Argentine Society of Diabetes - Curso de Educador Certificado en Diabetes
- BMJ in partnership with University of Leicester - Diabetes Qualifications
- Centre for Health and Social Practice and Waikato Institute of Technology - Advanced Diabetes Nursing Practice
- Diabetcentro- Atención de la Persona con Diabetes
- Philippine Association of Diabetes Educators, Inc. and Association of Diabetes Nurse Educators of the Philippines, Inc. Diabetes Education - Training for Registered, Nurses, Registered Nutritionists-Dietitians and Allied Health Care Professionals
- Project HOPE - International Diabetes Educator E-Learning Program
- Public Health Foundation of India - Certificate Course in Evidence Based Diabetes Management
- University of South Wales - Postgraduate Diploma in Diabetes
- The Michener Institute for Applied Health Sciences - Diabetes Educator Graduate Certificate Program, Diabetes Management in the Elderly, Promoting Self Care in Chronic Illness, Diabetes and Pregnancy, Diabetes in Children and Adolescents
- The Michener Institute for Applied Health Sciences - Diabetes Educator Graduate Certificate Program (International)
- Waikato Institute of Technology and Waikato Diabetes Service - Diabetes Care and Management

Diabetes Conversations

Training for health care professionals to use the Conversation Map™ education tools continued in 2013. As of March, Conversation Map™ education tools were available for use in 121 countries, in 38 languages and with the support of 200 expert trainers.
2013 saw the launch of the *Conversation Starter™* education tools. These tools are designed to provide valuable one-on-one engagement between a person with diabetes and their educator.

A brand new *Conversation Map™* dealing with aspects of diabetes management during Ramadan was piloted in 2013 and launched in several countries.

The World Diabetes Congress in Melbourne provided the opportunity for expert trainers to feature best practices, the effectiveness of the tools and share their experiences through a number of oral and abstract presentations. In addition, the “put yourself on the map” drop in sessions at the WDC brought together health providers from all over the world who were interested in exploring different *Conversation Map™* tools.

Diabetes Conversations is a programme created by Healthy Interactions, in collaboration with IDF, and sponsored by Lilly Diabetes.

**Diabetes and Cardiovascular Disease**

Cardiovascular Disease (CVD) is one of the most common complications associated with diabetes and is responsible for over one third of all deaths in people with diabetes. In 2013 IDF launched a new global effort to quantify the regional and global burden of CVD. In collaboration with a global panel of experts, IDF will update its publication *Time to Act: Diabetes & Cardiovascular Disease*. It will raise public awareness, update the evidence base, and enable policy-makers to make informed decisions on diabetes.

The project is supported by a grant from the AstraZeneca/Bristol Myers Squibb Diabetes Alliance.

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**Guideline for Managing Older People with Type 2 Diabetes**

The Guideline for Managing Older People with Type 2 Diabetes was considered a necessary development following the launch of the IDF 2012 *Global Guideline for Type 2 Diabetes*. In the latter, recommendations for managing diabetes in older people were included for the first time by IDF. However the review group who wrote the report felt that there were many areas where specific advice was still needed to assist in clinical decision making. The group also felt that the format of recommendations in the 2012 guideline did not offer the flexibility required to address the special issues of older people and their varied physical, cognitive, and social needs.

An international group of diabetes experts was assembled to consider the key issues that require attention in supporting the highest quality of diabetes care for older people on a global scale. The new Guideline provides the clinician with recommendations that assist in clinical management of a wide range of older adults including those who are functionally dependent. This group has been categorised as those with frailty, or dementia, or those at the end of life. It includes practical advice on assessment measures that enable the clinician to categorise all older adults with diabetes and allow the appropriate and relevant recommendations to be applied.
REGионаl HighlightS

AFRICA (AFR)

In the IDF Africa Region, Diabetes Conversation Map™ Africa completed its third year in 2013. Focus was placed on strengthening the education infrastructure in the region to ensure sustainability of the project, continued training and support of facilitators, understanding more about the project’s impact and assessing future directions based on the unique situation in Sub-Saharan Africa.

A total of 18 countries in sub-Saharan Africa were active in the project, with 957 facilitators trained and 315 institutions using the Map™ education tools as part of their education. 21,728 people with diabetes have received education with the Map™ tools to date.

As part of the Diabetes in Africa Foot Initiative (DAFI), educational materials such as posters, patient cards and tools for management of diabetic foot were distributed to all beneficiaries of the project centres. An online system for the collection of data was also developed and a compilation of data activities at each center was started.

On World Diabetes Day a press release was issued appealing to governments in Africa to support the UN resolutions on diabetes and other non-communicable diseases. In particular it asked for their support in the forthcoming discussions on the Global Monitoring Framework.

EUROPE (EUR)

In the IDF Europe Region, over 100 amateur and professional cyclists from all over the world took part in the mHealth Grand Tour in September. They went from Brussels to Barcelona, a distance of 2,100km in 13 days, to raise awareness of diabetes and highlight the importance of physical activity for diabetes prevention and management. They were also able to demonstrate the benefits of mobile health solutions to empower people with diabetes.

IDF Europe was partner of the bike ride, organised by GSMA, the association of mobile operators.

The tour was an incredible success and represented a unique opportunity for IDF Europe to engage with local diabetes communities in the countries that were crossed by the tour: Belgium, Luxembourg, Germany, France and Spain.

In November IDF Europe published the initial findings of its study Access to Quality Medicines and Medical Devices for Diabetes Care in Europe. The first of its kind in the field of diabetes, the study highlights constraints and disparities in access to diabetes treatment in 47 European countries. Coming at a time when the issues of access to healthcare and the sustainability of healthcare systems are high on the European political agenda, the study also provides evidence to policymakers and stakeholders to address some of the challenges raised by the diabetes epidemic.
MIDDLE EAST AND NORTH AFRICA (MENA)

In the IDF MENA Region, the Qatar Diabetes Association (QDA), in collaboration with Lilly Diabetes, launched a Conversation Map™ to help people with diabetes achieve a safer Ramadan experience. The Map™ encourages conversation about the disease, its risks, the importance of creating a diabetes and Ramadan management plan, and what to do should complications arise.

Also in Qatar, the 13th Al Bawasil Children with Diabetes Camp was held in February to teach children with diabetes how to be in control and manage their condition well. Around 60 children participated in the week long camp, including for the first time children from Africa, North America and the Caribbean, who were sponsored by IDF.

NORTH AMERICA AND CARIBBEAN (NAC)

In the IDF NAC Region, a Culture Sensitive Lay Diabetes Education Programme for Adults with Type II Diabetes was launched in six Caribbean countries. The recruitment process and baseline measures were defined for the 300 participants from Antigua, Barbados, Belize, Grenada, Jamaica and St Lucia.

At the World Diabetes Congress in Melbourne, the regional contributions to the Diabetes Café focused on “Diabetes in Youth – Prevention and Management.” Speakers from various countries provided updates and highlights on how the Caribbean region is tackling this issue.

SOUTH AND CENTRAL AMERICA (SACA)

In the IDF SACA Region, eight countries established an educators’ programme in 2013 and training in diabetic foot care was offered in the Dominican Republic, Nicaragua and Peru.

For World Diabetes Day, various activities from online campaigns to diabetes screenings were carried out in the Region. In Argentina, several diabetes communities supported an online campaign requesting the amendment of the National Law for the Protection of People with Diabetes (Ley Para la Protección a Diabéticos) and demanding essential medicines for those living with the disease. In Nicaragua the IDF Member Association Asociación de Padres de Niños y Jóvenes Diabéticos (APNJDN) addressed the parliament and requested new legislation for people with diabetes.

In Paraguay the IDF Member Association Fundación Paraguaya de Diabetes (FUPADI) had a special audience with the President Horacio Cartes and members of the national government, including the Minister of Health.

WESTERN PACIFIC (WP)

In the IDF WP Region, the new Action Plan for Western Pacific Declaration on Diabetes (WPDD) 2012 – 2015 was launched at Parliament House, Canberra, Australia in March. Within the proposed global voluntary set of targets for NCD prevention and control, the WPDD will advocate for the indicators and targets related to diabetes to be a priority. It will also identify champions to raise the priority of diabetes in countries and among partners.

To strengthen collaboration, the WPDD will also work more closely with Member Associations in the Region, giving special emphasis to the Pacific Islands where the incidence of diabetes is very high.
# Regions

## Africa
- **Chair**: Evariste Bouenizabila, Republic of Congo
- **Chair-elect**: Ahmed Reja, Ethiopia
- **Manager**: Nancy Njie

## Middle East and North Africa
- **Chair**: Adel El-Sayed, Egypt
- **Chair-elect**: Nizar Al Bache, Syria
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## Europe
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## North America and Caribbean
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- **Chair-elect**: Sharon Fraser, Belize
- **Coordinator**: Shelly McFarlane
South and Central America

Chair: Edwin Jimenez, Costa Rica
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Assistant: Ana Lucia Gonzalez

South East Asia

Chair: Veenoo Basant Rai, Mauritius
Chair-elect: Anil Bhoraskar, India
Manager: Manjula Suresh

Western Pacific

Chair: Nam Han Cho, South Korea
Chair-elect: Wayne H H Sheu, Taiwan
Manager: Esther Ng
# Member Associations

## AFRICA

**Botswana:**  
Diabetes Association of Botswana

**Burkina Faso:**  
Association Burkinabe d’Aide aux Diabétiques

**Burundi:**  
Burundian Diabetes Association

**Cameroon:**  
Cameroon Diabetes Association

**Central African Republic:**  
Association des Diabétiques en Centrafrique

**Chad:**  
Association Tchadienne de Lutte Contre le Diabète

**Côte d’Ivoire:**  
Association des Diabétiques de Côte d’Ivoire

**Democratic Republic of Congo:**  
Association des Diabétiques du Congo  
Association Vaincre le Diabète au Congo

**Eritrea:**  
Eritrean National Diabetic Association

**Ethiopia:**  
Ethiopian Diabetes Association

**Gambia:**  
Gambian Diabetes Association

**Ghana:**  
National Diabetes Association

**Guinea:**  
Association Guinéenne d’Éducation et d’Aide aux Diabétiques

**Kenya:**  
Diabetes Kenya Association

**Lesotho:**  
Lesotho Diabetes Association

**Madagascar:**  
Association Malgache contre le Diabète

**Malawi:**  
Diabetes Association of Malawi

**Mali:**  
Association Malienne de Lutte contre le Diabète

**Mauritania:**  
Association Mauritanienne de Lutte Contre le Diabète

**Mozambique:**  
Associação Moçambicana dos Diabéticos

**Namibia:**  
Diabetes Association of Namibia

**Nigeria:**  
Diabetes Association of Nigeria

**Republic of Congo:**  
Diabaction-Congo

**Rwanda:**  
Association Rwandaise des Diabétiques

**Senegal:**  
Association Sénégalaise de Soutien aux Diabétiques

**Seychelles:**  
Diabetic Society of Seychelles

**South Africa:**  
Diabetes South Africa  
Society for Endocrinology, Metabolism and Diabetes of South Africa

**Tanzania:**  
Diabetes Association of Zanzibar  
Tanzania Diabetes Association

**Togo:**  
Association Togolaise du Diabète

**Uganda:**  
Uganda Diabetes Association

**Zambia:**  
Diabetes Association of Zambia

**Zimbabwe:**  
Zimbabwe Diabetic Association

## EUROPE

**Albania:**  
Shoqata E Diabetit Ne Shqiperi

**Armenia:**  
Armenian Association of Diabetes

**Austria:**  
Österreichische Diabetes Gesellschaft

**Azerbaijan:**  
Azerbaijan Diabetes Society

**Belarus:**  
Belarussian Humanitarian Organisation Children’s Diabetes

**Belgium:**  
Association Belge du Diabète  
Diabetes Liga
<table>
<thead>
<tr>
<th>Country</th>
<th>Association/Association</th>
</tr>
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<tbody>
<tr>
<td><strong>Bulgaria</strong></td>
<td>Bulgarian Diabetes Association</td>
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<tr>
<td></td>
<td>Bulgarian Society of Endocrinology</td>
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<tr>
<td><strong>Croatia</strong></td>
<td>Hrvatski savez dijabetickih udruga</td>
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<td><strong>Cyprus</strong></td>
<td>Cyprus Diabetic Association</td>
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<td><strong>Czech Republic</strong></td>
<td>Ceska Diabetologicka Spolecnost</td>
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<td>SVAZ Diabetikù České Republiky</td>
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<td><strong>Faroe Islands</strong></td>
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<td><strong>Finland</strong></td>
<td>Finnish Diabetes Association</td>
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<tr>
<td><strong>France</strong></td>
<td>Association Francaise des Diabetiques</td>
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<tr>
<td><strong>Georgia</strong></td>
<td>Georgian Union of Diabetes and Endocrine Associations</td>
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<tr>
<td><strong>Germany</strong></td>
<td>DiabetesDE</td>
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<td><strong>Greece</strong></td>
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<td>Hellenic Diabetes Federation</td>
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<td>Panhellenic Federation of People with Diabetes</td>
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<td><strong>Hungary</strong></td>
<td>Magyar Diabetes Tarsasag</td>
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<td></td>
<td>National Federation of Hungarian Diabetics</td>
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<td><strong>Iceland</strong></td>
<td>Samtök Sykursjúkra</td>
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<td><strong>Ireland</strong></td>
<td>Diabetes Federation of Ireland</td>
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<td><strong>Israel</strong></td>
<td>Israel Diabetes Association</td>
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<td><strong>Italy</strong></td>
<td>Associazione Italiana per la Difesa degli Interessi dei Diabetici</td>
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<td></td>
<td>Associazione Medici Diabetologi</td>
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<td>Associazione Nazionale Italiana Atleti Diabetici</td>
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<td></td>
<td>Società Italiana di Diabetologia</td>
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<tr>
<td><strong>Kazakhstan</strong></td>
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<td><strong>Kyrgyz Republic</strong></td>
<td>Diabetes and Endocrinological Association of Kyrgyzstan</td>
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<td><strong>Macedonia</strong></td>
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<td><strong>Moldova</strong></td>
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<td><strong>Norway</strong></td>
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<td>Polskie Stowarzyszenie Diabetyków</td>
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<td>Polskie Towarzystwo Diabetologiczne</td>
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<td><strong>Portugal</strong></td>
<td>Associação Protectora dos Diabéticos de Portugal</td>
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<td>Sociedade Portuguesa de Diabetologia</td>
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<tr>
<td><strong>Romania</strong></td>
<td>Federatia Romana de Diabet Nutritie Si Boli Metabolice</td>
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<tr>
<td><strong>Russia</strong></td>
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<td><strong>Slovakia</strong></td>
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<td>Slovenska Diabetologicka Spolocnost</td>
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<td>ZVAZ Diabetikov Slovenska</td>
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<td><strong>Slovenia</strong></td>
<td>Zveza Drustev Diabetikov Slovenije</td>
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<tr>
<td><strong>Spain</strong></td>
<td>Federación de Diabéticos Españoles</td>
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<tr>
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<td>Sociedad Española de Diabetes</td>
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<tr>
<td><strong>Sweden</strong></td>
<td>Svenska Diabetesförbund</td>
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<td><strong>Switzerland</strong></td>
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<tr>
<td><strong>The Netherlands</strong></td>
<td>Diabetesvereniging Nederland</td>
</tr>
</tbody>
</table>
Turkey: Türk Diabet Cemiyeti
Turkish Diabetes Foundation

Ukraine: International Diabetes Association of Ukraine
Ukrainian Diabetic Federation

United Kingdom: Diabetes UK

Uzbekistan: Endocrinological and Diabetes Association of Uzbekistan
Tashkent Charity Public Association of the Disabled and People with DM "UMID"

MIDDLE EAST AND NORTH AFRICA

Afghanistan: Afghanistan Diabetes Association

Algeria: Fédération Algérienne des Associations des Diabétiques

Bahrain: Bahrain Diabetes Society

Egypt: Arabic Association for the Study of Diabetes & Metabolism
Egyptian Diabetes Association
Upper Egypt Diabetes Association

Iran: Iranian Diabetes Society

Iraq: Iraqi Diabetes Association

Jordan: Jordanian Society for the Care of Diabetes

Kuwait: Kuwait Diabetes Society

Lebanon: Chronic Care Center
Lebanese Diabetes Association

Libya: Libyan Diabetic Association

Morocco: Ligue Marocaine de Lutte contre le Diabètè

Pakistan: Diabetic Association of Pakistan

Qatar: Qatar Diabetes Association

Saudi Arabia: Saudi Diabetes and Endocrine Association

Sudan: Sudanese Diabetes Association

Sultanate of Oman: Oman Diabetes Society

Syria: Syrian Diabetes Association

Tunisia: Association Tunisienne des Diabétiques

United Arab Emirates: Emirates Diabetes Society

Yemen: Yemen Diabetes Association

NORTH AMERICA AND CARIBBEAN

Anguilla: Anguilla Diabetes Association

Antigua and Barbuda: Antigua and Barbuda Diabetes Association

Aruba: Aruba Diabetes Foundation

Barbados: Diabetes Association of Barbados

Belize: Belize Diabetes Association

Bermuda: Bermuda Diabetes Association

British Virgin Islands: British Virgin Islands Diabetes Association

Canada: Canadian Diabetes Association
Diabète Québec

Cayman Islands: Cayman Islands Diabetes Association

Curaçao: Sosiedat Kurasoleno di Diabetiko

Dominica: Dominica Diabetes Association

Grenada: Grenada Diabetes Association

Guyana: Guyana Diabetic Association

Haiti: Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires

Jamaica: Diabetes Association of Jamaica

Mexico: Federación Mexicana de Diabetes
Sociedad Mexicana de Nutrición y Endocrinología

Montserrat: Montserrat Diabetes Association

Sint Maarten: Diabetes Foundation of Sint Maarten

St Kitts & Nevis: St Kitts Diabetes Association

St Lucia: St Lucia Diabetic and Hypertensive Association

Suriname: Diabetes Vereniging Suriname
The Bahamas: Bahamas Diabetic Association
Trinidad and Tobago: Diabetes Association of Trinidad and Tobago
USA: American Association of Diabetes Educators
American Diabetes Association

SOUTH AND CENTRAL AMERICA
Argentina:  
Asociación Civil de Diabetes Argentina  
Asociación para el Cuidado de la Diabetes en Argentina  
Federación Argentina de Diabetes  
Liga Argentina de Protección al Diabético  
Sociedad Argentina de Diabetes

Bolivia:  
Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición  
Vivir con Diabetes

Brazil:  
Associação de Diabetes Juvenil  
Federação Nacional de Associações e Entidades de Diabetes  
Sociedade Brasileira de Diabetes

Chile:  
Fundación Diabetes Juvenil de Chile  
Sociedad Chilena de Endocrinología y Metabolismo

Colombia:  
Asociación Colombiana de Diabetes  
Federación Diabetológica Colombiana  
Fundación Santandereana de Diabetes y Obesidad

Costa Rica:  
Asociación Día Vida Pro Diabéticos  
Asociación nacional pro estudio de la diabetes, endocrinología y metabolismo

Cuba: Sociedad Cubana de Diabetes

Dominican Republic:  
Instituto Nacional de Diabetes, Endocrinología y Nutrición  
Sociedad Dominicana de Diabetes

Ecuador:  
Federación Ecuatoriana de Diabetes  
Fundación Aprendiendo a Vivir con Diabetes  
Fundación Los Fresnos “Casa de la Diabetes”

El Salvador:  
Asociación Salvadoreña de Diábetes

Guatemala:  
Patronato de Pacientes Diabéticos de Guatemala

Nicaragua:  
Asociación de Padres de Niños y Jóvenes Diabéticos de Nicaragua  
Fundación Nicaraguense para la Diabetes  
Fundación Pro Ayuda a Enfermos Crónicos

Panama: Asociación Panameña de Diabéticos

Paraguay:  
Fundación Paraguaya de Diabetes  
Sociedad Paraguaya de Diabetología

Peru:  
Asociación de Diabetes del Peru  
Asociación de Diabéticos Juveniles del Peru

Puerto Rico:  
Asociación Puertorriqueña de Diabetes  
Asociación Puertorriqueña de Educadores en Diabetes  
Sociedad Puertorriqueña de Endocrinología y Diabetología

Uruguay:  
Asociación de Diabéticos del Uruguay  
Sociedad de Diabetología y Nutrición del Uruguay

Venezuela:  
Federación Nacional de Asociaciones y Unidades de Diabetes  
Sociedad Venezolana de Endocrinología y Metabolismo

SOUTH EAST ASIA
Bangladesh:  
Diabetic Association of Bangladesh  
Eminence  
Faridpur Diabetic Association

India:  
Diabetic Association of India  
Research Society for the Study of Diabetes in India

Maldives: Diabetes Society of Maldives

Mauritius: Mauritius Diabetes Association

Nepal: Nepal Diabetes Association

Sri Lanka: Diabetes Association of Sri Lanka
**WESTERN PACIFIC**

**Australia:** Diabetes Australia

**Cambodia:** Cambodian Diabetes Association

**China:** Chinese Diabetes Society

**Democratic People’s Republic of Korea:**
Diabetes Committee of Hospitals Association of Korea

**Fiji:** Diabetes Fiji

**Hong Kong SAR:**
Diabetes Hongkong
Hong Kong Juvenile Diabetes Association
Hong Kong Society of Endocrinology, Metabolism and Reproduction

**Indonesia:** Persatuan Diabetes Indonesia

**Japan:**
Japan Association for Diabetes Education and Care
Japan Diabetes Society

**Korea:** Korean Diabetes Association

**Macau SAR:**
Associação de Apoio aos Diabéticos de Macau

**Malaysia:** Diabetes Malaysia

**Mongolia:** Mongolian Diabetes Association

**Nauru:** Nauru Diabetes Association

**New Zealand:** Diabetes New Zealand

**Papua New Guinea:**
Diabetic Association of Papua New Guinea

**Samoa:** Diabetes Association of Samoa

**Singapore:**
Association of Diabetes Educators
Diabetic Society of Singapore

**Taiwan:**
Chinese Taipei Diabetes Association
Taiwanese Association of Diabetes Educators

**Thailand:** Diabetes Association of Thailand

**The Philippines:** Diabetes Philippines

**Tonga:** Tonga Diabetes Association

**Vanuatu:** Vanuatu Diabetes Association

**Vietnam:**
Vietnamese Association of Diabetes and Endocrinology

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**TRANSNATIONAL MEMBERS**

**Diabetes in Asia Study Group**

**European Association for the Study of Diabetes**

**Juvenile Diabetes Research Foundation International**

**Mediterranean Group for the Study of Diabetes**

**Société Francophone du Diabète (ALFEDIAM)**

**The Asian Association for the Study of Diabetes**
### IDF - Profit & Loss Analysis 2013

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Membership fees</td>
<td>276,260</td>
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<tr>
<td>Corporate Partnership</td>
<td>2,427,131</td>
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<td>Project</td>
<td>2,458,462</td>
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<td>Miscellaneous</td>
<td>778,082</td>
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<td>Congress</td>
<td>7,677,334</td>
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<tr>
<td>Merchandising</td>
<td>42,949</td>
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<tr>
<td><strong>Total Income</strong></td>
<td>13,800,715</td>
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<tr>
<td>Goods and Services</td>
<td>-9,535,571</td>
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<tr>
<td>Remunerations</td>
<td>-2,996,776</td>
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<tr>
<td>Depreciation</td>
<td>-95,131</td>
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<tr>
<td>Provision for Risks and Charges</td>
<td>99,044</td>
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<tr>
<td>Other charges</td>
<td>-127,875</td>
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<tr>
<td>Financial Income</td>
<td>1,102,726</td>
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<tr>
<td>Financial Charges</td>
<td>-1,248,738</td>
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<tr>
<td>Exceptional Charges</td>
<td>-94,411</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>-12,896,731</td>
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<tr>
<td><strong>Results</strong></td>
<td>903,984</td>
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### IDF Balance Sheet 2013

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td><strong>Fixed Assets</strong></td>
<td>274,717.50</td>
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<tr>
<td>Intangible Assets</td>
<td>6,975.73</td>
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<tr>
<td>Tangible Assets</td>
<td>244,666.77</td>
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<tr>
<td>Financial Assets</td>
<td>23,075.00</td>
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<tr>
<td><strong>Current Assets</strong></td>
<td>13,966,290.35</td>
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<tr>
<td>Stock and Contracts in progress</td>
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<tr>
<td>Amounts Receivable within one y</td>
<td>1,985,650.30</td>
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<tr>
<td>Trade Debtors</td>
<td>1,583,002.82</td>
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<td>Other Amounts receivable</td>
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<td>Investments</td>
<td>6,938,297.90</td>
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<td>Cash at bank and in hand</td>
<td>4,992,633.03</td>
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<tr>
<td>Deferred charges and accrued</td>
<td>49,709.12</td>
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<tr>
<td>income</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>14,241,007.85</td>
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<tr>
<td><strong>Capital and Reserves</strong></td>
<td>6,608,665.50</td>
</tr>
<tr>
<td>Profit carried forward</td>
<td>6,608,665.50</td>
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<tr>
<td><strong>Provision and Deferred Taxation</strong></td>
<td>521,350.55</td>
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<tr>
<td>Provision for Liabilities and Charges</td>
<td>521,350.55</td>
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<tr>
<td><strong>Creditors</strong></td>
<td>7,110,991.80</td>
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<td>Amounts Payable within one y</td>
<td>6,798,080.87</td>
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<td>Trade Debts</td>
<td>1,280,002.65</td>
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<tr>
<td>Advance on Contracts in Progress</td>
<td>4,916,168.88</td>
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<td>Taxes and remunerations</td>
<td>381,544.22</td>
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<td>Other Amounts Payable</td>
<td>220,365.12</td>
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<tr>
<td>Accrued Charges and Deferred</td>
<td>312,910.93</td>
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<tr>
<td>Income</td>
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<tr>
<td><strong>Total Liabilities</strong></td>
<td>14,241,007.85</td>
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<tr>
<td><strong>Board</strong></td>
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<tr>
<td><strong>President</strong></td>
<td>Sir Michael Hirst, United Kingdom</td>
</tr>
<tr>
<td><strong>President-Elect</strong></td>
<td>Shaukat Sadikot, India</td>
</tr>
<tr>
<td><strong>CEO</strong></td>
<td>Dr Petra Wilson</td>
</tr>
<tr>
<td><strong>Vice-Presidents</strong></td>
<td>Anne Belton (Canada), Gordon Bunyan (Australia), Chris Delicata (Malta), Trisha Dunning (Australia), John Grumitt (United Kingdom), Akhtar Hussein (Norway), Linong Ji (China).</td>
</tr>
<tr>
<td><strong>Regional Chairs</strong></td>
<td>Evariste Bouenizabila (Republic of Congo, AFR), Adel El Sayed, Egypt (MENA), João Nabais, Portugal (EUR), Serge Langlois, Canada (NAC), Veenoo Basant Rai, Mauritius (SEA), Edwin Jimenez, Costa Rica (SACA), Nam Cho (South Korea, WP).</td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>Honorary Presidents</strong></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>George Alberti (UK), Jasbir Bajaj (India), María L. de Alva (Mexico), Jak Jervell (Norway), Pierre Lefèbvre (Belgium), Wendell Mayes Jr. (USA), Lorna Mellor (Australia), Manuel Serrano Rios (Spain), Samad Shera (Pakistan), John R. Turtle (Australia), Paul Zimmet (Australia).</td>
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<tr>
<th><strong>Task Forces and Consultative Sections</strong></th>
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<tbody>
<tr>
<td><strong>Diabetes Education</strong></td>
<td>Health Economics</td>
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<tr>
<td><strong>Chair</strong></td>
<td>Ms Sue McLaughlin</td>
</tr>
<tr>
<td><strong>Chair</strong></td>
<td>Professor Andrew Palmer</td>
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<tr>
<td><strong>Diabetes Foot</strong></td>
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<tr>
<td><strong>Chair</strong></td>
<td>Professor Karel Bakker</td>
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<tr>
<td><strong>Incoming Chair</strong></td>
<td>Dr Kristien Van Acker</td>
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<tr>
<td><strong>Science</strong></td>
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<tr>
<td><strong>Chair</strong></td>
<td>Professor Akthar Hussain</td>
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<tr>
<td><strong>Epidemiology and Prevention</strong></td>
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<tr>
<td><strong>Chairs</strong></td>
<td>George Alberti, Paul Zimmet</td>
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<tr>
<td><strong>Clinical Guidelines</strong></td>
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<tr>
<td><strong>Chair</strong></td>
<td>Professor Stephen Colagiuri</td>
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<tr>
<td><strong>Incoming Chair</strong></td>
<td>Professor Pablo Aschner</td>
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<tr>
<td><strong>Insulin and Other Essential Medicines and Technologies</strong></td>
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</tr>
<tr>
<td><strong>Chair</strong></td>
<td>Larry C. Deeb</td>
</tr>
</tbody>
</table>
### Board Standing Committees

#### Nominating Committee
- **Chair**: Jean Claude Mbanya
- **Members**: Adel El-Sayed, Anne-Marie Felton, Samad Shera, Wim Wientjens

#### Audit and Risk Management Committee
- **Chair**: Serge Langlois
- **Members**: Chris J. Delicata, John Grumitt

### Committees

#### Governance and Membership
- **Chair**: Gordon Bunyan
- **Members**: Adel El-Sayed, Anne-Marie Felton, Samad Shera

#### Finance and Administration
- **Chair**: John Grumitt
- **Members**: Serge Langlois, Wim Wientjens

#### Ethics Advisory Committee
- **Chair**: Trisha Dunning
- **Members**: Gordon Bunyan, Nam H. Cho, Akhtar Hussain

#### Regional Development
- **Chair**: Shaukat Sadikot
- **Members**: Veenoo Basant Rai, Evariste Bouenizabila, Nam H. Cho, Adel El-Sayed, Edwin Jimenez, Serge Langlois, Joao Manuel Valente Nabais

#### External Relations
- **Chair**: Chris Delicata
- **Members**: Nam H. Cho, Trisha Dunning, Edwin Jimenez, Joao Manuel Valente Nabais

#### Policy and Programmes
- **Chair**: Anne Belton
- **Members**: Veenoo Basant Rai, Evariste Bouenizabila, Linong Ji, Edwin Jimenez
The IDF Board would like to express its thanks and sincere appreciation to the members of all the IDF Task Forces, Consultative Sections and Committees.
WHERE DO YOU ACT ON DIABETES?
PARTNERSHIPS WITH THE PRIVATE SECTOR

Thanks to the support of its partners in 2013, IDF was able to secure the inclusion of diabetes in the post-2015 development framework, which will prove to be vital in establishing political priority and the resources needed to combat the epidemic.

IDF partners were not only instrumental in the Federation’s advocacy work but also helped IDF achieve one of the largest World Diabetes Day campaigns to date. Major projects and programmes were delivered and many new ones commenced thanks to the generous support of IDF partners.

NEW PROJECTS

Cardiovascular Disease in People with Diabetes:

IDF and the AstraZeneca/Bristol-Myers Squibb (AZ/BMS) Alliance announced a partnership to quantify the regional and global burden of cardiovascular disease (CVD) in people with diabetes. The collaboration between IDF and the AZ/BMS Alliance will ensure that the ‘Cardiovascular disease in people with diabetes’ project produces the data needed to mobilise and strengthen the global diabetes community across all levels of society worldwide and to raise awareness of the dangerous links and complications of the dual condition.

Medtronic Foundation: Defeating Discrimination and Overcoming Stigma:

Discrimination and stigma are faced by millions of people with diabetes. The IDF International Charter of Rights and Responsibilities of People with Diabetes sets out a framework of fundamental rights covering care, information, education, and social justice. At the same time the Charter acknowledges the responsibilities held by people with diabetes. Supported by the Medtronic Foundation, IDF is working with its Member Associations in South Africa, Brazil and Canada to drive change using the Charter. The outcome document of the project will be a Storybook of powerful case studies and anecdotes aiming to raise awareness of diabetes-related discrimination and stigma at major meetings in the future.

ACTIVITY HIGHLIGHTS

Advocacy

The financial resources provided by IDF partners were crucial to the implementation of IDF’s global advocacy initiatives in 2013 and enabled IDF to drive change for diabetes at international gatherings and deliver expert briefings to policy-makers and influencers. The Federation’s advocacy work in 2013 helped increase the momentum for action to turn back the global tide of diabetes.

Global Diabetes Scorecard

This project will provide IDF Member Associations with a powerful tool to track the progress that national governments are making to prevent and treat diabetes. The project is made possible thanks to the financial support of IDF partner Bupa and the contribution from IDF experts and Member Associations.
Together the consortium developed a comprehensive survey to collect relevant data covering prevention, treatment, rights and political leadership.

At the World Diabetes Congress Melbourne 2013, IDF and Bupa convened over 100 Member Associations to gather input on the national initiatives via surveys. In 2014 this data will be analysed to evaluate the strength of current programmes and to develop the necessary tools to enable success moving forward.

World Diabetes Day

As official World Diabetes Day partners, all IDF Global Partners and Corporate Supporters helped shape a successful World Diabetes Day campaign in 2013. Our partners launched a number of initiatives on World Diabetes Day which extended the campaign’s reach, raised funds for people with diabetes and engaged their employees in screening for diabetes and promoting healthy lifestyles. IDF partners also actively engaged in the ‘Take a Step for Diabetes’ initiative by submitting steps or aligning their activities around the goals and objectives of the campaign. Additional support was given to two other initiatives, the Blue Monument Challenge and the Pin a Personality campaigns.

2013 saw the launch of the 6th edition of the IDF Diabetes Atlas and a redesigned Atlas website. As in 2011, the launch was twinned with World Diabetes Day to reinforce diabetes awareness with a comprehensive and official publication. Thanks to the commitment and the continuous support of its partners, IDF was able to deliver up to date evidence on the global burden of diabetes.

Partners also collaborated with IDF Member Associations across the globe to amplify their advocacy and awareness raising activities for the campaign, helping to raise the voice of diabetes amongst all stakeholders. The new Atlas received significant media coverage, including stories by the BBC, Financial Times, CNN, Bloomberg, Reuters, The Independent, The Australian, La Libre, La Nación, and many others.

World Diabetes Congress

The World Diabetes Congress 2013 in Melbourne was officially Australia’s largest ever health conference at the time. Delegates came from across the globe to attend the ground-breaking scientific sessions and to learn about the latest diabetes innovations at the various lively exhibitions. IDF would like to thank all that helped make the congress possible including but not limited to the various organising committees, delegates, sponsors and exhibitors, with special thanks to its Global Partners and Corporate Supporters for their participation and continued support of the World Diabetes Congress.

Global Partners are engaged in multi-year strategic partnerships with IDF. They support the Federation’s core activities as well as specific tailored projects.

Corporate Supporters actively contribute to the Federation’s work and activities to promote diabetes care, prevention and a cure worldwide. They also participate in joint efforts to strengthen global awareness and advocacy initiatives.
List of Programmes and Projects

The following programmes and projects were made possible thanks to the invaluable support of our funding partners in 2013:

**Bringing Research in Diabetes to Global Environments and Systems (BRIDGES)**
- Lilly Diabetes

**Cardiovascular Disease in people with diabetes**
- AstraZeneca, Bristol-Myers Squibb

**Diabetes Africa Foot Initiative (DAFI)**
- Sanofi Diabetes

**Diabetes Voice Special Issue**
- Novo Nordisk, Sanofi Diabetes

**D-NET: IDF Diabetes Education Network for Health Professionals**
- Novo Nordisk

**Global Diabetes Conversations Programme**
- Lilly Diabetes

**IDF Diabetes Atlas, 6th Edition**
- Lilly Diabetes, Merck and Co., Inc., Novo Nordisk, Pfizer, Inc., Sanofi Diabetes

**IDF Diabetes Roadmap to the UN Summit**
- Medtronic Philanthropy, Roche

**IDF Young Leaders in Diabetes Programme**
- Bayer HealthCare, Lilly Diabetes, Medtronic, Novo Nordisk, Sanofi Diabetes, Roche Diagnostics, FEND

**KiDS project**
- Sanofi Diabetes

**Parliamentarians for Diabetes Global Network**
- Victorian Government, AusAID, AstraZeneca, Bristol-Myers Squibb, FEND, Merck and Co., Inc., Nestlé, Novartis, Novo Nordisk, Roche, Sanofi

**Patient Empowerment Project**
- Medtronic Philanthropy

**Women in India with Gestational Diabetes Strategy (WINGS)**
- Abbott Fund

**GLOBAL PARTNER PROJECT HIGHLIGHT**

**Lilly Diabetes: Global Diabetes Conversations Programme**

The implementation of the Diabetes Conversations Programme continued in 2013 with the training of new Expert trainers from across the globe. 2013 also saw the introduction of a map dedicated to Diabetes and Ramadan which was well received by diabetes educators around the world. In addition, a showcase event at the World Diabetes Congress in Melbourne offered participants the opportunity to familiarise themselves with Conversation Map™ tools and inspired many more to seek the introduction of the Programme into their area. This could not have been possible without the on-going partnership between Healthy Interactions, IDF and Lilly Diabetes.

**Novo Nordisk: DAWN2™ Study**

IDF and Novo Nordisk are in a global partnership in the DAWN2™ Study. This expands on the original DAWN™ study and involves more than 15,000 people in 17 countries living with diabetes or caring for people with the condition, patient organisations and diabetes policy experts. Its main objectives are to improve understanding and awareness of the unmet needs of people with diabetes and their families; promote dialogue and collaboration to strengthen patient involvement and improve self-management and psychosocial support and establish an international benchmarking system for person-centred diabetes care.

**Sanofi Diabetes: KiDS Project**

IDF, Public Health Foundation India (PHFI) and the Juvenile Diabetes Association Brazil (ADJ), in collaboration with Sanofi Diabetes, launched the Kids and Diabetes in School (KiDS) project in 2013. This project fosters a safe and supportive school environment for children to manage their diabetes and avoid discrimination when at school. The project also seeks to raise awareness of diabetes and the benefits of healthy nutrition and exercise habits among all school-age children. As part of this project a global information pack for schools will be developed which will be made available to schools and healthcare professionals around the world. KiDS is an 18 month project due to be completed in 2014.

**HUMANITARIAN PROGRAMME**

**Life for a Child**

**PARTNERS AND MAJOR CONTRIBUTORS:**

Non-government organisations:
- Australian Diabetes Council, HOPE worldwide, Insulin for Life, International Society for Pediatric and Adolescent Diabetes (ISPAD)

Industry:
- Lilly Diabetes and Lilly Foundation; Nipro Diagnostics Inc.; LifeScan

Foundations:
- Charles Evans Hughes Memorial Foundation, Fondation de l’Orangerie and its donors, The Leona M. and Harry B. Helmsley Charitable Trust

OTHER SUPPORTERS:

Non-government organisations:
- Caring & Living as Neighbours (CLAN); Crumlin Diabetes Centre Parents Group; Diabetes Hands Foundation; Direct Relief International; Diabetesvereniging Nederland; Foundation of European Nurses in Diabetes (FEND); Lion’s Club International; Association Luxembourgeoise de Diabète; Marjorie’s Fund; Rotary International; Stichting Vrienden van Diabeter; T1D Exchange; Greatergood.org

Industry:
- ACON; Becton Dickinson; Boehringer Ingelheim; Gattorna Alignment; Health Nuts Media; Landmark Group; Medtronic, Inc.; National Diagnostic Products; Roche; Sanofi Diabetes; Timesulin; UTi Pharma

Sports:
- Team Novo Nordisk
### Funding Partners

made possible thanks to the invaluable support of our funding partners in 2013:

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