Welcome to this very special season as SEASPAR begins the celebration of its 40th anniversary in 2016! It has been my honor and privilege to have been a part of SEASPAR most of these 40 years. As I reflect on the evolution and substantial growth of the organization, there are many events, milestones, and occasions that come to mind. The common thread for all of these is the people. SEASPAR was, is, and will always be about people.

Participants and the relationships we have developed and shared over the years are amazing. In some cases, we have enjoyed a 40-year relationship – there aren't very many of those around in this world today! I wish to recognize the following nine participants and their families and caregivers who have supported, encouraged, and enabled this long-term relationship. We've had quite a journey – who could have imagined all that we would have experienced together! Thanks for your trust and support over these many years.

We extend a special 40th anniversary wish to SEASPAR’s founding member entities – the Darien, Downers Grove, Lisle, Westmont, and Woodridge Park Districts – for creating the foundation on which the association was built. We commend them for their strong support from the beginning, and for their ongoing commitment to people with disabilities.

The original partnership has grown from five to twelve communities. This partnership, along with those developed with special education departments and cooperatives, special education teachers, community organizations, and individuals, have worked together to make SEASPAR what is it is today.

What started with a desk and a telephone is now an organization with a permanent home office and dedicated program space in three communities that serves more than 2,000 people each year. So, it’s time to celebrate! Watch for anniversary events throughout the year in our program guides, in the electronic newsletter, and on social media. And enjoy pictures of these celebrations (and lots of other fun events) on Flickr!

Stay tuned as the SEASPAR of today works to become the SEASPAR of tomorrow!
Welcome to the first in our series of program guides celebrating our “Ruby Anniversary”! Throughout 2016, we invite you to join us on a trip down memory lane, traveling through the last four decades of SEASPAR. We’ll be sharing vintage photos along with some tidbits of our history.

This winter-spring issue takes us back to the 1970s and 80s, channeling SEASPAR’s first fifteen years of service. Whether you’ve been with us from the start or are new to our programs, we hope you enjoy learning more about the history of SEASPAR!

**Mission**
SEASPAR provides dynamic recreation programs and quality services for its residents with disabilities.

**Core Values**
Fun • Excellence • Service • Respect • Accountability

**Office Hours**
Monday–Friday, 8:30 a.m.–4:30 p.m.

**Recorded Message After Hours**

**Office Closures**
December 24, 25, 31 • January 1
March 25 • May 30

---

**Susan B. Friend, CPRP – Executive Director**
ADA, Association Operations, Board, Funding

**Catherine A. Morava, CPRP – Superintendent of Recreation**
Day Camps, Full-time Staff Supervision, Ongoing Program Supervision, Risk Management

**Matthew R. Corso, CTRS, CPRP – Superintendent of Program Development & Public Awareness**
Full-time Staff Supervision, Program Development, Public Awareness, Scholarships, Summer School Cooperative Programs

**Shannon Tovey, CTRS – Support Staff Manager**
Ability Awareness, Part-time Staff, Volunteer, and Intern Supervision, Vehicles

**Dawn Krawiec, CPRP – Day Program Manager**
EAGLES Program

**Dana Herrera, CTRS – Inclusion Manager**
Inclusive Programs, Leisure Education, Teen and Adult New Participant Liaison, Weekly Programs

**Lisa Rasin – Fund Development Coordinator**
Donations, In-Kind Services, Sponsorships

**Greg Pavesich, CPRP – Recreation Coordinator**
Adapted Sports, Drop In Center, Home Front Health, Low Incidence Programs, Nursing Home Outreach, Stroke Support Group, Youth at Risk

**Kimberly A. Huggins, CPRP – Recreation Coordinator**
Camping and Travel, Facility Scheduling, Social Clubs, Teen and Adult Special Events

**Rachel Pavesich, CTRS – Recreation Coordinator**
Adolescent Programs, Children’s Programs and Special Events, Day Camp, Wonders Multi-Sensory Room

**Aaron Hirthe – Recreation Coordinator**
Aquatics, Competitive Sport Programs, Cooperative Day Camps, Special Olympics Athletic Director

**Morgan Drdak – Marketing Coordinator**
Advertising, Public Relations, Publication and Brochure Development, Social Media, Website

**Carol Kocek – Administrative Services Manager**
Accounting, Computer System, Payroll, Registration

**Ann Franczyk – Administrative Assistant**
Guest Reception, Human Resources, Payroll, Recording Secretary for the Board

---

**What Are CPRP and CTRS?**
CPRP stands for Certified Park and Recreation Professional and CTRS stands for Certified Therapeutic Recreation Specialist. This status is given to leisure service professionals who can demonstrate through education, experience, and current practice that they meet and exhibit certain predetermined qualifications established by the National Recreation and Park Association Certification Board and the National Council for Therapeutic Recreation Certification. These professionals have earned a bachelor’s degree or higher from an accredited program, have passed a certified examination, and maintain sanctioned educational units.
# Table of Contents

## General Information
- Absences ........................................ 38
- ADA Statement .............................. 41
- Aktion Club .................................. 39
- Aktion Club .................................. 39
- Atlanto Axial Subluxation .............. 41
- Code of Conduct ............................ 40
- Discipline ..................................... 40
- Donations/Honors/Memorials ....... 7
- Drop-Off/Pickup .............................. 38
- Drop In Center ............................... 39
- EAGLES ....................................... 39
- Events and Fundraisers .................. 47
- Family Playgroup ............................ 38
- Inclusive Programs ......................... 38
- Medication Dispensation ............... 41
- Participant Expectations ............... 40
- Participant Scholarships ............... 39
- Program Locations ......................... 5
- Registration Forms ......................... 43–46
- Registration Information ............... 42
- SEASPAR/WDSRA Agreement .......... 39
- Staff Appreciation ......................... 6
- Staff Information ........................... 3
- Stroke Support Group ...................... 38
- Transportation .............................. 15, 29
- Weather Cancellations ................... 41
- Wellness Guidelines ....................... 41

## Programs for Everyone
- Adapted Music Lessons ................. 11
- Horseback Riding Lessons ............. 9
- Ice Skating .................................. 9
- Karate ...................................... 8
- Music Lessons .............................. 9
- Swimming ................................... 8
- Sensory Explorers ......................... 11
- Sensory Sunday ............................. 11
- Sunshine Through Golf .................. 8

## Programs for Children and Young Teens (Continued)
- Junior Crafters ............................. 12
- Rainbow Therapy Dogs ................. 12
- Right Fit .................................... 12
- Saturday Excursions ...................... 14
- Seasonal Snacks ......................... 12
- Sports Mania ................................ 13
- Teen Glee ................................... 12
- Water Park Adventures ................. 14
- Zensational Yoga ........................... 12

## Special Events for Children and Young Teens
- Blackberry Farm ............................ 18
- Candy Land Party .......................... 18
- Chicago Wolves ............................ 16
- Day Off School ............................. 16
- Disney on Ice ................................ 15
- DuPage Children’s Museum .......... 16
- How I Became a Pirate .................... 16
- Lunch & A Movie .......................... 15
- Progressive Dinner ....................... 18
- Sleigh Ride .................................. 15
- Spring Break Camp ....................... 17
- Swim & Sensory ............................. 18
- Teen Overnight ............................. 18
- Tour a Town .................................. 18

## Programs for Teens and Young Adults
- Actors Guild ................................ 28
- Adult Swim ................................... 28
- Afternoon Adventures ................. 25
- Alley Cats .................................... 27
- Animal Assisted Therapy .......... 26
- Aqua Exercise & Healthy Snack ....... 25
- At the Movies ............................... 28
- BINGO! ....................................... 25
- Bulls & Blackhawks Bonanza ....... 28
- Casino Night ............................... 25
- Crafters Club ............................... 29
- Dancin’ the Night Away ............. 27
- Day Away Tour ............................ 26
- Diner’s Delight ............................. 27
- Fit N’ Fuel .................................... 25
- Glee Club .................................... 29
- Holiday Treats ............................. 28
- Music Mania ................................. 26
- Role Play ..................................... 26
- Saturday Night Socialites .......... 30
- Social Club ................................... 30
- Strikers ....................................... 27
- Weight Training ............................ 29
- Woodworking ............................... 26
- Wrestle Mania .............................. 25
- Yoga ........................................... 29

## Programs for Individuals with Physical Disabilities
- Adapted Boccia ............................. 23
- Power Soccer ................................ 23
- Wheelchair Table Tennis ............. 23

## Programs for Teens and Young Adults
- Presidents’ Day Out! ...................... 24
- Spring Expedition ......................... 24
- Teen Scene ................................... 24
- Young Adult Club ......................... 24

## Special Events for Teens and Adults
- 50s Dance Party ............................ 37
- Brookfield Zoo ............................. 36
- Charlotte’s Web ............................ 36
- Chicago Bulls .............................. 35
- Chicago Wolves ............................ 32
- Cooper’s Hawk Restaurant .......... 35
- Cupcake Party .............................. 31
- The Dancing Horses Theatre ...... 34
- Dave & Buster’s ............................. 33
- Dreamgirls ................................... 36
- Frozen… A Winter Dance Party .... 31
- Fun Fair ...................................... 32
- Guys Day Out ............................... 35
- Hairspray ..................................... 32
- Harley-Davidson Museum .......... 37
- The Jungle Book ........................... 34
- Ladies Day Out ............................. 37
- Luau Dance ................................... 35
- Midwestern Dance ......................... 32
- Milwaukee Bucks .......................... 33
- Pinstripes ..................................... 34
- SEASPAR 40th Anniversary Dance .. 32
- Skydeck Chicago ......................... 32
- Spring Escape ............................... 36
- Spring Formal .............................. 37
- Spring Pool Party ........................... 37
- SRA Valentine’s Dance .................. 31
- Team Bowling Tournament ......... 35
- Uncle Julio’s Hacienda ................. 31
- West Side Story ............................. 34
- Winter Pool Party ......................... 33

---

**Remember When...**

The first SEASPAR program guide was published for the winter/spring 1977 season, offering 24 programs. Programs began on January 26, 1977.
program locations

Allstate Arena: 6920 Mannheim Rd., Rosemont

AMC Quarry Cinema: 9201 63rd St., Hodgkins

Arctic Splash: 330 W. Dundee Rd., Wheeling

Benet Academy: 2220 Maple Ave., Lisle

Big Ten Museum: 5440 Park Ave., Lisle

Blackberry Farm: 100 S. Place, Rosemont

Brookfield Municipal Building: 8820 Brookfield Ave., Brookfield Municipal Building:

Brookfield Zoo: 8400 W. 31st St., Brookfield

Brunswick Zone: 1515 W. Aurora Ave., Naperville

Centennial Community Center: 16028 127th St., Lemont

Cinemark – Seven Bridges: 6500 S. Route 53, Woodridge

Clarendon Hills Community Center: 315 Chicago Ave., Clarendon Hills

Community Park District of La Grange Park: 1501 Barnsdale Rd., La Grange Park

Cooper’s Hawk Restaurant: 1740 Freedom Dr., Naperville

The CORE Fitness & Aquatic Complex: 16050 127th St., Lemont

The Dancing Horses Theatre: 5065 W. 50th St., Delavan, WI

Darien Community Center: 7301 Fairview Ave., Darien

Darien Sportsplex: 451 Plainfield Rd., Darien

Dave & Buster's: 1155 N. Swift Rd., Addison

Denning Park: 4901 Gilbert Rd., La Grange

Doubletree Hotel: 2111 Butterfield Rd., Downers Grove

Downers Grove North High School: 4436 Main St., Downers Grove

Drury Lane Theatre: 100 Drury Lane, Oakbrook Terrace

DuPage Children’s Museum: 301 N. Washington St., Naperville

Ebersold Park: 6000 S. Main St., Downers Grove

Emerson Creek Pottery & Tea Room: 5126 Stephens Rd., Oswego

Hanson Center: 15W431 59th St., Burr Ridge

Harley-Davidson Museum: 400 W. Canal St., Milwaukee, WI

Hilton Lisle/Naperville: 3003 Corporate West Dr., Lisle

The Hyatt Lodge at McDonald’s Campus: 2815 Jorie Blvd., Oak Brook

IGI Gymnastics: 145 Plaza Dr., Downers Grove

Indian Boundary YMCA: 711 59th St., Downers Grove

Klein Creek Farm: 1N600 County Farm Rd., West Chicago

La Grange Community Center: 200 Washington Ave., La Grange

Lily Cache Soccer Field: Lily Cache Ln. & Hassett Blvd., Bolingbrook

Lincoln Center: 935 Maple Ave., Downers Grove

Links & Tees Golf Facility: 880 W. Lake St., Addison

Lisle Community Center: 1825 Short St., Lisle

Lisle Lanes: 4920 Lincoln Ave., Lisle

Lisle Recreation Center: 1925 Ohio St., Lisle

Lombard Community Building: 433 E. St. Charles Rd., Lombard

Luigi’s Pizza and Fun Center: 732 Prairie St., Aurora

Midwest Golf House – Sunshine Course: 11855 Archer Ave., Lemont

Midwestern University: 1555 31st St., Downers Grove

My Sweet Kake: 869 S. Roselle Rd., Schaumburg

Oak Brook Family Aquatic Center: 1450 Forest Gate Rd., Oak Brook

Ogden 6 Theatre: 1227 E. Ogden Ave., Naperville

Papa Passero’s: 6326 S. Cass Ave., Westmont

Paramount Theatre: 8 E. Galena Blvd., Aurora

Park Center: 2400 Chestnut Ave., Glenview

Park District of La Grange: 536 East Ave., La Grange

Phillies Pizza: 6300 Kingery Highway, Willowbrook

Pinstripes: 7 Oakbrook Center, Oak Brook

Portillo’s: 950 E. Ogden Ave., Naperville

Right Fit: 7101 S. Adams St., Willowbrook

SEASPAR: 4500 Belmont Rd., Downers Grove

Seven Bridges Ice Arena: 6690 S. Route 53, Woodridge

Skydeck Chicago: 233 S. Wacker Dr., Chicago

Splash Landing Aquatic Center: 2400 Chestnut Ave., Glenview

Stage 773: 1225 W. Belmont Ave., Chicago

Suburbanite Bowl: 201 Ogden Ave., Downers Grove

Theatre of Western Springs: 4384 Hampton Ave., Western Springs

Tibbott Elementary School: 520 Gary Dr., Bolingbrook

Tivoli Theatre: 5021 Highland Ave., Downers Grove

True Balance Karate: 406 Ogden Ave., Downers Grove

Twin Lakes Park: West 59th & Williams, Westmont

Uncle Julio’s Hacienda: 2360 Fountain Square Dr., Lombard

United Center: 1901 W. Madison St., Chicago

Vaughan Aquatic Center: 2121 W. Indian Trail, Aurora

Village Greens of Woodridge: 1575 W. 75th St., Woodridge

The Water Works: 505 N. Springinsguth Rd., Schaumburg

Westmont Community Center: 75 E. Richmond St., Westmont

Willowbrook Lanes: 735 Plainfield Rd., Willowbrook

Wonders Multi-Sensory Room: Lisle Recreation Center, 1925 Ohio St., Door 8, Lisle

Woodcraft: 7440 Woodward Ave., Suite A107, Woodridge

Woodridge Community Center: 2600 Center Dr., Woodridge
SEASPAR thanks all of the dedicated and caring support staff and volunteers for their time and hard work during the fall 2015 program season. Their efforts make it possible for SEASPAR to offer quality programs!

We would like to recognize SEASPAR support staff and volunteers for their longevity with us. Included are current staff members who work weekly, inclusion, and EAGLES programs.

<table>
<thead>
<tr>
<th>20 Years+</th>
<th>16–19 Years</th>
<th>11–15 Years</th>
<th>6–10 Years</th>
<th>1–5 Years</th>
<th>Less Than 1 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gary Naberhaus (V)</td>
<td>Don Egan</td>
<td>Brian Klama</td>
<td>Toni Anderson*</td>
<td>Bob Ackermann</td>
<td>Christine Ahn</td>
</tr>
<tr>
<td>Sharmaine Nardone</td>
<td>Ann Franczyk (V)</td>
<td>Todd Krystof</td>
<td>Kelsey Bramschreiber</td>
<td>Blair Bennett</td>
<td>Latasha Anderson</td>
</tr>
<tr>
<td>Inge Papaioiu</td>
<td>Larry Franczyk (V)</td>
<td>Jill Moldenhauer</td>
<td>Chad Flint</td>
<td>Carolyn Bozek</td>
<td>Nancy Brown</td>
</tr>
<tr>
<td>Cheryl Steed</td>
<td>Jennifer Kierscht</td>
<td>Karrie Pecce</td>
<td>Christine Grohne*</td>
<td>Jessica Bullard</td>
<td>Dean Coppin</td>
</tr>
<tr>
<td>Jason Steed</td>
<td>Patrick Mukushina</td>
<td>Sue Rubins (V)*</td>
<td>Mindy Jack</td>
<td>Pam Conlon</td>
<td>Amy Corson</td>
</tr>
<tr>
<td>Cheryl Westbrook</td>
<td>Tanja Murray</td>
<td>Ruby Saraf</td>
<td>Don Egan</td>
<td>Jennifer Daar</td>
<td>Christopher Gergits</td>
</tr>
<tr>
<td></td>
<td>Colleen Porritt</td>
<td>Jaime Tujo*</td>
<td>Ann Franczyk (V)</td>
<td>Lori Hohenstein</td>
<td>Kim Goodrich</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sharon Wierema</td>
<td>Larry Farnsworth</td>
<td>Kelly Lima</td>
<td>Victoria Jackson</td>
</tr>
<tr>
<td></td>
<td></td>
<td>William Wilson</td>
<td>Ryan Fleck</td>
<td>Jennifer Molsky</td>
<td>Jessica Jolly (V)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Jenna Flenget</td>
<td>Natalie Mungua</td>
<td>Patricia Kaden</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Lauren Flenget</td>
<td></td>
<td>Kathryn Lyter</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cathy Glidden</td>
<td>Gail Lupia (V)</td>
<td>Meagan Meneou (V)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Liz Grillos*</td>
<td>Meagan Meneou (V)</td>
<td>Jim Messina</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Kathy Hill (V)</td>
<td>Meagan Meneou (V)</td>
<td>Andrew Pawelczyk</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>AWN ROR (V)</td>
<td>Kathryn Lyter</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Meagan Meneou (V)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Jim Messina</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Andrew Pawelczyk</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Kim Qualizza</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Gail Sarlo</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Courtney Schmitt</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Peter Smith</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Janet Schroeder</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Melanie Schmalz</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Samantha Tracy</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Anne Tully</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Steph Vondersmith</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Kelly Wallace</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Brooke Zych</td>
</tr>
</tbody>
</table>

*Denotes reaching 5, 10, 15, or 20-year anniversary with SEASPAR. All anniversaries are as of 12/31/15.
(V) Denotes individuals that volunteer at SEASPAR on a regular basis.

Remember When...
SEASPAR was formed on March 9, 1976 – the same day that the first female cadets were admitted to West Point United States Military Academy. SEASPAR began with five park districts (Darien, Downers Grove, Lisle, Westmont, and Woodridge) and one full-time staff member (Director Kathleen M. Ellis).
SEASPAR wishes to thank the following individuals, families, businesses, and community organizations for their generous donations made from June through September 2015.

**DONATIONS**
- Allstate Giving Campaign
- Baxter Giving Campaign
- Lawrence & Jean Benischek
- Brandstrong
- Brookfield Zoo
- Brian & Eileen Couri
- Culver's of Downers Grove
- Darien Lions Club Foundation
- Flint Architects
- Gelsosomo's Pizzeria
- Holy Cow Sports
- Jewel Foods of Downers Grove
- Kohl's
- Kraft Foods Group Foundation
- LARABAR
- Thomas & Karen Mulroy
- Northwestern University
- Panera Bread
- Park PALS
- Phillips Pizza
- Rotary Club of Downers Grove
- SASED Westmont Transition Center
- Skuttlebutts
- Eileen Spinato
- Sweetwater Deli
- Charles & Ruthann Vihon

**IN MEMORY**
- In Memory of Dominic DeLuca
  - Theresa Amato
  - Arlene Andrews
  - Rose Argo
  - Daniel & Lurlean Chodora
  - Bonnie Cimaglia
  - Jack & Fay Considine
  - The Anthony DeLuca Family
  - Robert & Joan Del Sarto
  - Nick & Connie Favin
  - Tony Gonzalez
  - The Tim Hilger Family
  - Robert & Constance Hillgoss
  - Valissa Hillgoss
  - Geraldine Howe
  - Gerald & Margaret Idstein
  - Dave & Laura Johnson
  - Ronald & Verla Kamykowski
  - Mr. & Mrs. Victor Lippucci
  - Patrick Lyons
  - Thomas Lyons
  - Todd Main
  - Irena Mazurkiewicz

- In Memory of Susan Meyers
  - Joseph & Patricia Vrankin
  - Michael & Mary Ellen Vrankin

- In Memory of Michele Reed
  - Houghton-Mifflin

**IN MEMORY OF**
- In Memory of Susan Meyers
  - Joseph & Patricia Vrankin
  - Michael & Mary Ellen Vrankin

**Summer Golf Classic**
Thank you to the following individuals who competed in the 2015 Summer Golf Classic, and to the event’s generous sponsors.

**Golfers**
- Bob Ackermann
- Mike Adams
- Tim Arnett
- Neil Buchelt
- Mike Busse
- Mike Cronin
- Kevin Delaplane
- Della Deldin
- Louise Egofske
- Dan Garvy
- Rob Girgis
- Stephanie Gurge
- Jack Hamilton
- Jeff Hamilton
- Brian Hansen
- Matt Henderson
- Ryan Jastrzab
- Bill Kussmann
- Gina Madden
- Cathy Marchese
- John McGovern
- Dave Meiners
- Jim Moldenhauer
- Anthony Morelli
- Dave Oldham
- Matt Patrick
- Greg Pavesich
- Craig Rasin
- Jordan Rossi
- Jack Schubert
- Joanne Schubert
- Todd Shaberg
- Mike Toohy
- Barry Warden
- Bonnie Warden
- Ben Westberg
- Bob Westberg
- Don Westberg
- Scott Westberg

**Cart Sponsors**
- Grove Dental Associates, PC
- Lisle Savings Bank
- Deirdre Toler

**Hole Sponsors**
- Abbington Banquets
- Advocate Health Care
- All American Systems, Inc.
- Babich & Associates
- Bob Carter Auto Body
- Brooks, Tarulis & Tibble, LLC
- Downers Grove Park District
- Fairview Dental Care
- Holy Cow Sports
- The Janus Family
- Park District of La Grange
- Lisle Savings Bank
- Cathy Mahoney
- MG Computer
- The Osowski Family
- The Thomas Family
- Village of Western Springs
- Weigel Toolworks

**Raffle Sponsors**
- 221 Creations
- Anderson's Bookshop
- Avec Panache
- The Baked Apple Breakfast Co.
- Big Run Golf Club
- Downers Grove Golf Club
- Downers Grove Park District
- Golfsmith
- Grove Dental Associates
- Jeans & A Cute Top Shop
- Max Logan's Home Accents
- Precision Brand Products
- Village Greens of Woodridge

Remember When...
SEASPAR's first funding came from the Downers Grove Township, member entities, and donations made by the Darien Woman's Club and the Westmont and Downers Grove Evening Kiwanis Clubs.
Karate
The skills learned and the training methods used in non-contact karate help release tension and increase focus. Participants learn self-control, balance, and the ability to process and follow a series of directions. This is a continuous program, giving participants the ability to advance through the belt system and the opportunity to earn a black belt. All abilities are welcome, as instruction is tailored to each individual’s progress. **Note:** A waiver is sent with the program confirmation and must be returned by January 29.

<table>
<thead>
<tr>
<th>Code</th>
<th>Location</th>
<th>Day</th>
<th>Dates</th>
<th>No Program</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-074-01-1</td>
<td>True Balance Karate, Downers Grove</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-074-01-2</td>
<td>True Balance Karate, Downers Grove</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-074-01-3</td>
<td>The CORE, Lemont</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-074-01-4</td>
<td>The CORE, Lemont</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
</tbody>
</table>

Swimming
SEASPAR has partnered with Coach Eve Learn to Swim and its certified instructors to provide quality swim lessons. In these progressive classes, swimmers are introduced to basic water skills, breath holding, and a number of submerging progressions which lead the participants to unassisted swimming. Activities encourage self-confidence and strengthen gross motor skills. Swim lessons are taught in a small group, and 1:1 assistance is provided as determined by the staff. Please be aware that we share the pools with the public. **Note:** A waiver is sent with the program confirmation and must be returned to SEASPAR by January 29.

<table>
<thead>
<tr>
<th>Code</th>
<th>Location</th>
<th>Day</th>
<th>Dates</th>
<th>No Program</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-001-01-1</td>
<td>Hilton Lisle/Naperville, Lisle</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>4:30–5 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-2</td>
<td>Hilton Lisle/Naperville, Lisle</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-3</td>
<td>The CORE, Lemont</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-4</td>
<td>The CORE, Lemont</td>
<td>Monday</td>
<td>2/8–5/2 (12 Weeks)</td>
<td>3/28</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-5</td>
<td>The Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Tuesday</td>
<td>2/9–5/3 (12 Weeks)</td>
<td>3/29</td>
<td>4:30–5 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-6</td>
<td>The Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Tuesday</td>
<td>2/9–5/3 (12 Weeks)</td>
<td>3/29</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-7</td>
<td>The Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Tuesday</td>
<td>2/9–5/3 (12 Weeks)</td>
<td>3/29</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-8</td>
<td>The Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Tuesday</td>
<td>2/9–5/3 (12 Weeks)</td>
<td>3/29</td>
<td>6–6:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-9</td>
<td>Doubletree Hotel, Downers Grove</td>
<td>Wednesday</td>
<td>2/10–5/4 (12 Weeks)</td>
<td>3/30</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-10</td>
<td>Doubletree Hotel, Downers Grove</td>
<td>Wednesday</td>
<td>2/10–5/4 (12 Weeks)</td>
<td>3/30</td>
<td>6–6:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-11</td>
<td>Doubletree Hotel, Downers Grove</td>
<td>Wednesday</td>
<td>2/10–5/4 (12 Weeks)</td>
<td>3/30</td>
<td>6:30–7 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-12</td>
<td>Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>4:30–5 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-13</td>
<td>Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-14</td>
<td>Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-001-01-15</td>
<td>Hyatt Lodge at McDonald’s, Oak Brook</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>6–6:30 p.m.</td>
<td>$175</td>
</tr>
</tbody>
</table>

Sunshine Through Golf
The Sunshine Through Golf Foundation and Village Greens of Woodridge are teaming up to offer another great season of golf. We enjoy three weeks of instruction at Village Greens, two weeks at the Sunshine Course at the Midwest Golf House, and our final day at Village Greens for golf and snacks. Please call SEASPAR before the first class if you need to reserve clubs. No jeans or metal spikes may be worn on the course. **Note:** On May 12 and May 19, transportation is provided to the Sunshine Course. Please meet at Village Greens at 4 p.m. Pickup is at 6 p.m.

<table>
<thead>
<tr>
<th>Code</th>
<th>Location</th>
<th>Day</th>
<th>Dates</th>
<th>No Program</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-041-01-2</td>
<td>Village Greens of Woodridge and Midwest Golf Course, Lemont</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>4:30–5 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-041-01-2</td>
<td>Village Greens of Woodridge and Midwest Golf Course, Lemont</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-041-01-2</td>
<td>Village Greens of Woodridge and Midwest Golf Course, Lemont</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5:30–6 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-041-01-2</td>
<td>Village Greens of Woodridge and Midwest Golf Course, Lemont</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>6–6:30 p.m.</td>
<td>$175</td>
</tr>
</tbody>
</table>
**Music Lessons**
Research demonstrates that studying music makes you smarter! Participants ages five and older can choose between piano, keyboard, drums, or voice lessons. Bring a spiral notebook, pencil, and any music books you have used in the past. Participants should indicate their lesson time on the registration form. Guitar students must provide their own guitar, and drum students need drumsticks and a practice pad. Lessons are one half-hour each. Note: Returning students retain their lesson time if they register by January 4.

**Piano/Drums/Guitar** (Instructor Kevin Wood)
- **Code**: 6-006-01-1
- **Ages**: 5 years and older
- **Location**: Darien Sportsplex
- **Dates**: Tuesdays, February 9 – May 17 (14 Weeks)  
  *No program March 29*
- **Time**: 6 – 9 p.m.
- **Fee**: $225

**Piano** (Instructor Debora Judycki)
- **Code**: 6-006-01-3
- **Ages**: 5 years and older
- **Location**: SEASPAR, Downers Grove
- **Dates**: Wednesdays, February 10 – May 18 (14 Weeks)  
  *No program March 30*
- **Time**: 4 – 8:30 p.m.
- **Fee**: $225

**Keyboard/Voice** (Instructor Nancy Urban)
- **Code**: 6-006-01-2
- **Ages**: 5 years and older
- **Location**: Darien Sportsplex
- **Dates**: Thursdays, February 11 – May 19 (14 Weeks)  
  *No program March 31*
- **Time**: 6 – 9 p.m.
- **Fee**: $225

**Horseback Riding Lessons**
Whether you are new to the saddle or have been horseback riding before, this program is for you. Riders develop balance and rhythm as they feel the movement of the horse. Riders of all levels embrace the ageless goal of lightness and harmony with one’s equine partner. Participants must be ambulatory and able to sit on a horse without a riding partner. The Hanson Center follows the Professional Association of Therapeutic Horsemanship International’s (PATH) guidelines. Note: Waivers are sent with the program confirmation and must be returned to SEASPAR by January 29. Each session has a maximum of two participants.

**Location**: Hanson Center, Burr Ridge
**Dates**: Wednesdays, April 6 and 20, May 4, June 1
**Fee**: $120
- **Code**: 6-070-01-1
- **Time**: 5 – 5:30 p.m.
- **Code**: 6-070-01-2
- **Time**: 5:30 – 6 p.m.
- **Code**: 6-070-01-3
- **Time**: 6 – 6:30 p.m.

**Ice Skating**
Ice skating lessons provide individuals the opportunity to learn to skate or improve skating skills. Instructors and student teachers work cooperatively with SEASPAR staff to provide lessons which focus on skill development, coordination, muscle strengthening, increasing endurance, and fun! Lessons are designed to allow skaters to reach obtainable objectives while working toward one long-term goal. Skaters progress at their own rate according to their abilities. Note: A waiver is sent with the program confirmation and must be returned to SEASPAR by January 29. (A free, optional practice time is available from 9:50 – 10:10 a.m.)

**Location**: Seven Bridges Ice Arena, Woodridge
**Time**: 10:10 – 10:40 a.m.
**Fee**: $79
- **Code**: 6-008-01-2
- **Dates**: Saturdays, February 27 – April 9 (5 Weeks)  
  *No programs March 26 and April 2*
- **Code**: 6-008-01-3
- **Dates**: Saturdays, April 23 – June 4 (5 Weeks)  
  *No programs May 7 and 28*
- **Fee**: $79

**Registration Deadline**: Monday, January 4 – 4:30 p.m.
SEASPAR’s multi-sensory room contains interactive equipment that pleases your senses in a variety of soothing ways. Feel the vibration of music as it plays through the Learning Chair, follow the motion of the bubbles as they move and change colors within the bubble tubes, make music with the wave of your hand, enjoy relaxing aromas, and make the water ripple as you dip your toes into the pond projected on the floor.

Benefits of the multi-sensory room include:
• Improved mood
• Fewer disruptive behaviors
• Decreased anxiety
• Decreased fear
• Improved communication
• Enhanced interpersonal interactions

The room primarily benefits individuals of any age with:
• Autism/Autism Spectrum Disorders
• Sensory Processing Disorders
• ADHD
• Dementia

Located at the Lisle Recreation Center – Door 8, 1925 Ohio Street
A one-way observation window is available in the room adjacent to Wonders.
Complimentary Wi-Fi and coffee are provided.

For information about Wonders or to schedule a tour, contact Rachel Pavesich at 630.960.7629 or rpavesich@seaspar.org.
Sensory Explorers

Our award-winning Wonders multi-sensory room provides participants with a chance to explore their feelings and become interested in their surroundings. SEASPAR has established a variety of program times for you to enjoy the multi-sensory room each week. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

- **Location:** Wonders, Lisle Recreation Center
- **Fee:** $70
- **Code:** 6-099-01-1
- **Ages:** 3–7
- **Dates:** Mondays, February 8–May 16 (14 Weeks)  
  *No program March 28*
- **Time:** 4–6 p.m.

- **Code:** 6-099-02-1
- **Ages:** 8–15
- **Dates:** Tuesdays, February 9–May 17 (14 Weeks)  
  *No program March 29*
- **Time:** 4–6 p.m.

- **Code:** 6-099-04-1
- **Ages:** 16 years and older
- **Dates:** Wednesdays, February 10–May 18 (14 Weeks)  
  *No program March 30*
- **Time:** 4–6 p.m.

Adapted Music Lessons

Have you ever had the chance to make music? This exciting program at Wonders gives individuals with limited mobility the opportunity to make beautiful music! The Soundbeam 5 translates movement into melody using movement sensory technology. Move your head, wave your hand, or spin your wheelchair, and musical notes fill the air. **Note:** Each session is for one half-hour. Indicate your time preference on the registration form.

- **Code:** 6-050-09-1
- **Ages:** All ages
- **Location:** Wonders, Lisle Recreation Center
- **Dates:** Thursdays, February 11–May 5 (12 Weeks)  
  *No program March 31*
- **Time:** 5:30–7 p.m.
- **Fee:** $85

Sensory Sunday

You’re invited to experience Wonders on dates flexible for you. Sensory Sunday is designed with your schedule in mind so that you can come only on the days which are convenient for you. Please select either the 5 or 12-visit pass on the registration form and we will send you a punch card with your confirmation. The card is punched at each of your visits.

Reservations are required in order to ensure that a stimulating, yet calming atmosphere prevails during the time your child explores the many wonders of the room. Sessions are cancelled if no one is signed up to attend. An electronic sign-up sheet will be emailed to you before the program begins.

- **Location:** Wonders, Lisle Recreation Center
- **Dates:** Sundays, February 14–May 22  
  *No programs March 27, April 3, and May 8*
- **Time**  
<table>
<thead>
<tr>
<th>Ages</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>3–7</td>
<td>1–1:30 p.m.</td>
</tr>
<tr>
<td>3–7</td>
<td>1:30–2 p.m.</td>
</tr>
<tr>
<td>8–12</td>
<td>2–2:30 p.m.</td>
</tr>
<tr>
<td>8–12</td>
<td>2:30–3 p.m.</td>
</tr>
<tr>
<td>13 years and older</td>
<td>3–3:30 p.m.</td>
</tr>
<tr>
<td>13 years and older</td>
<td>3:30–4 p.m.</td>
</tr>
</tbody>
</table>

- **Code:** 6-099-01-8
- **Fee:** $25 (5-visit pass)
- **Code:** 6-099-01-9
- **Fee:** $50 (12-visit pass)

Remember When...

The first program documented in the SEASPAR Board minutes was a program for children attending the Century Hills Education Center. This began a relationship with the School Association for Special Education in DuPage County (SASED) that continues to this day.

Twelve leisure education programs were conducted during SEASPAR’s initial season. The session ended with 433 participants served.
**Teen Glee**

Are you ready to take it up a notch and join our singing ensemble? Whether you are a soprano, alto, tenor, or bass, it doesn’t matter – we are calling all voices to band together to make sweet music! The group also learns dance moves to accompany the music.

**Code**: 6-077-01-1  
**Ages**: 11–15  
**Location**: Darien Community Center  
**Dates**: Mondays, February 8–May 2 (12 Weeks)  
**Time**: 4–5 p.m.  
**Fee**: $60

**Zensational Yoga**

Move, bend, and breathe in this guided yoga experience with a certified yoga practitioner. With regular practice, yoga as an adjunct to traditional therapies significantly enhances the participant’s physical, mental, and emotional development in a safe and gentle manner. Participants learn skills to calm themselves, quiet their minds, and honor their abilities in a fun and peaceful environment. Mats are provided. Please wear comfortable clothing.

**Code**: 6-075-01-1  
**Ages**: 9–15  
**Location**: Lisle Recreation Center  
**Dates**: Mondays, February 8–May 2 (12 Weeks)  
**Time**: 5:30–6:30 p.m.  
**Fee**: $170

**Rainbow Therapy Dogs**

Spend time with man’s best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

**Code**: 6-056-01-1  
**Ages**: 8–15  
**Location**: Darien Community Center  
**Dates**: Tuesdays, February 9–March 15 (6 Weeks)  
**Time**: 7–8 p.m.  
**Fee**: $38

**Right Fit**

Test your fitness skills while playing to stay fit. This program provides fitness, social interaction, and the opportunity to explore sport and movement through activities such as basketball, obstacle courses, tug-of-war, and more. This is a great opportunity to stay fit, build strength, learn body control, and increase flexibility. **Note**: A waiver is sent with the program confirmation and must be returned by January 29.

**Ages**: 7–15  
**Location**: Right Fit, Willowbrook  
**Dates**: Tuesdays, February 9–May 3 (12 Weeks)  
**Time**: 4–5 p.m.  
**Fee**: $198

**Seasonal Snacks**

Each season brings new holidays and flavors to enjoy! Make delectable seasonal delights themed around the winter, spring, and holiday seasons. Create and taste snacks such as chocolate covered strawberries, lucky leprechaun bark, and spring fruit flower bouquets. Learn how to follow a recipe to create your own succulent snack. Participants bring home the recipes each day.

**Ages**: 8–15  
**Dates**: Wednesdays, February 10–May 4 (12 Weeks)  
**Time**: 5–6 p.m.  
**Fee**: $85

**Junior Crafters**

Get in touch with your creative side at SEASPAR’s new fine arts program. Participants focus on different media of art such as jewelry, ceramics, and canvas. The artists can choose a piece of their own creation to be displayed at our art showcase at the Darien Community Center in November.

**Ages**: 8–15  
**Location**: Brookfield Municipal Building  
**Dates**: Wednesdays, February 10–May 4 (12 Weeks)  
**Time**: 6–7 p.m.  
**Fee**: $75

---

**programs for children and young teens**
Basketball Skills
This program is designed to develop basketball and sportsmanship skills. Emphasis is put on the basics such as passing, dribbling, shooting, and rules of the game. Wear gym shoes and athletic apparel, and bring a water bottle.

Code: 6-065-01-4
Ages: 8–15
Location: Park District of La Grange
Dates: Thursdays, February 11–May 5 (12 Weeks)
       No program March 31
Time: 5–6 p.m.
Fee: $60

Sports Mania
Develop the basic skills to play a variety of sports. Participants improve motor and cognitive skills through traditional sports such as kickball, tee-ball, and soccer. This fun-filled class teaches the importance of sportsmanship and teamwork. Wear gym shoes and athletic apparel, and bring a water bottle.

Ages: 8–15
Dates: Thursdays, February 11–May 5 (12 Weeks)
       No program March 31
Time: 6–7 p.m.
Fee: $50
Code: 6-084-01-1
Location: Park District of La Grange
Code: 6-084-01-2
Location: The CORE, Lemont

Gymnastics
This high-energy program focuses on gross motor skills, strength, coordination, and flexibility. Apparatus work is incorporated into this non-competitive program. No experience necessary. Note: A waiver is sent with the program confirmation and must be returned to SEASPAR by January 29.

Location: IGI Gymnastics, Westmont
Dates: Thursdays, February 11–May 5 (12 Weeks)
       No program March 31
Fee: $160

Tumble Time
Code: 6-053-01-2
Ages: 3–6
Time: 5–5:45 p.m.

Beginner Gymnastics
Code: 6-053-01-1
Ages: 7–11
Time: 6–6:45 p.m.

Gymnastics 101
Code: 6-092-01-1
Ages: 12–15
Time: 7–7:45 p.m.

At-A-Glance • Programs for Children and Young Teens

MONDAYS
Teen Glee – Darien
Zensational Yoga – Lisle

TUESDAYS
Rainbow Therapy Dogs – Darien
Right Fit – Willowbrook

WEDNESDAYS
Seasonal Snacks – Brookfield/Downers Grove
Junior Crafters – Brookfield

THURSDAYS
Basketball Skills – La Grange
Sports Mania – La Grange/Lemont
Zensational Yoga – Lemont
Gymnastics – Westmont

SATURDAYS
Saturday Excursions – Various Locations
Water Park Adventures – Various Locations

4500 Belmont Road | Downers Grove, IL 60515 | 630.960.7600 | SEASPAR.org
programs for children and young teens

Saturday Excursions
Kick off your weekend with fun! Travel to a variety of different venues within our communities and experience what is available for leisure and play. Snacks are provided. If you are registering for a special event following Super Saturday or Teen Excursion, please bring a sack lunch.

Dates: Saturdays (see schedule below)
Time:
  - Lemont Transportation: 8:30 a.m.–1 p.m.
  - Denning Transportation: 9 a.m.–12:30 p.m.
  - SEASPAR Transportation: 9:30 a.m.–12 p.m.
Fee: $30 per event

Super Saturday
Ages 5–10

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-067-01-1</td>
<td>February 13</td>
<td>Valentine's Day Party</td>
</tr>
<tr>
<td>6-067-01-2</td>
<td>February 20</td>
<td>Open Gym</td>
</tr>
<tr>
<td>6-067-01-3</td>
<td>February 27</td>
<td>Bowling</td>
</tr>
<tr>
<td>6-067-01-4</td>
<td>March 5</td>
<td>Kids Town</td>
</tr>
<tr>
<td>6-067-01-5</td>
<td>March 12</td>
<td>Wonders Multi-Sensory Room</td>
</tr>
<tr>
<td>6-067-01-6</td>
<td>March 19</td>
<td>Egg Hunt</td>
</tr>
<tr>
<td>6-067-01-7</td>
<td>April 9</td>
<td>Kidstreet Playground</td>
</tr>
<tr>
<td>6-067-01-8</td>
<td>April 16</td>
<td>Games</td>
</tr>
<tr>
<td>6-067-01-9</td>
<td>April 23</td>
<td>Swimming</td>
</tr>
<tr>
<td>6-067-01-10</td>
<td>April 30</td>
<td>Arts and Crafts</td>
</tr>
<tr>
<td>6-067-01-11</td>
<td>May 7</td>
<td>Willowbrook Wildlife Center</td>
</tr>
</tbody>
</table>

Teen Excursion
Ages 11–15

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-085-01-1</td>
<td>February 13</td>
<td>Valentine's Day Party</td>
</tr>
<tr>
<td>6-085-01-2</td>
<td>February 20</td>
<td>Open Gym</td>
</tr>
<tr>
<td>6-085-01-3</td>
<td>February 27</td>
<td>BINGO and Prizes</td>
</tr>
<tr>
<td>6-085-01-4</td>
<td>March 5</td>
<td>Wonders Multi-Sensory Room</td>
</tr>
<tr>
<td>6-085-01-5</td>
<td>March 12</td>
<td>Candy Making</td>
</tr>
<tr>
<td>6-085-01-6</td>
<td>March 19</td>
<td>Egg Hunt</td>
</tr>
<tr>
<td>6-085-01-7</td>
<td>April 9</td>
<td>SEASPAR Bowling Tournament</td>
</tr>
<tr>
<td>6-085-01-8</td>
<td>April 16</td>
<td>Swimming</td>
</tr>
<tr>
<td>6-085-01-9</td>
<td>April 23</td>
<td>Breakfast</td>
</tr>
<tr>
<td>6-085-01-10</td>
<td>April 30</td>
<td>Willowbrook Wildlife Center</td>
</tr>
<tr>
<td>6-085-01-11</td>
<td>May 7</td>
<td>Downers Grove Museum</td>
</tr>
</tbody>
</table>

Water Park Adventures
Enjoy an afternoon of swimming, sliding, and splashing as we travel to different pools. No need to be an experienced swimmer, as participants are placed in small groups according to swim ability. Wear your swimsuit under your clothes and bring a towel. Please label all belongings. Snacks are included.

Dates: Saturdays (see schedule below)
Time:
  - SEASPAR Transportation: 12–5 p.m.
  - Denning Transportation: 9 a.m.–12:30 p.m.
  - Lemont Transportation: 1–4:30 p.m.
Fee: $40 per event

Nemo’s Sidekicks
Ages 5–10

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-068-01-1</td>
<td>March 19</td>
<td>Arctic Splash, Wheeling</td>
</tr>
<tr>
<td>6-068-01-2</td>
<td>April 9</td>
<td>Vaughan Aquatic Center, Aurora</td>
</tr>
<tr>
<td>6-068-01-3</td>
<td>April 16</td>
<td>Oak Brook Family Aquatic Center</td>
</tr>
</tbody>
</table>

Swimming Sampler
Ages 11–15

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-086-01-1</td>
<td>February 27</td>
<td>Splash Landing Aquatic Center, Glenview</td>
</tr>
<tr>
<td>6-086-01-2</td>
<td>March 12</td>
<td>Vaughan Aquatic Center, Aurora</td>
</tr>
<tr>
<td>6-086-01-3</td>
<td>April 30</td>
<td>The Water Works, Schaumburg</td>
</tr>
</tbody>
</table>
Disney on Ice
Grab your Mickey ears and get ready for the ultimate Disney experience at "Disney on Ice Celebrates 100 Years of Magic!" Be charmed by "Mouse-ter" of Ceremonies Mickey Mouse, Minnie Mouse, Donald Duck, Goofy, and many princesses including Cinderella, Ariel, and Elsa. Sing along with your favorite songs, such as "Let It Go" and "Hakuna Matata." Enjoy all the exciting moments from Finding Nemo, Aladdin, Toy Story, and beyond. Bring $20 for concessions and souvenirs.

Code 6-204-01-1
Ages 5–11
Location United Center, Chicago
Date Saturday, February 6
Time SEASPAR Transportation: 1:30–6:30 p.m.
Denning Transportation: 2–6 p.m.
Fee $50

Lunch & A Movie
Enjoy the delectable offerings at Portillo's before seeing a new release at the Ogden 6 Theatre. What a great way to spend your afternoon with SEASPAR friends! Please visit our website at SEASPAR.org or call SEASPAR on February 12 for movie title and time.

Code 6-209-01-1
Ages 12–15
Location Portillo's/Ogden 6 Theatre, Naperville
Date Saturday, February 13
Time SEASPAR Transportation: 12–5 p.m.
Denning Transportation: 12:30–5:30 p.m.
Lemont Transportation: 1–6 p.m.
Fee $30

Sleigh Ride
"Just hear those sleigh bells jingling, ring-ting-tingling too. Come on, it's lovely weather for a sleigh ride together with you." Your friends are calling "yoo-hoo" as we ride through Klein Creek Farm in an old-fashioned horse-drawn wagon. Next stop is downtown Wheaton for yummy treats to warm us up. Come out and you'll be saying, "Giddy up, giddy up, giddy up, let's go!"

Note: If there is not enough snow on the trails, this event will be cancelled.

Code 6-216-01-1
Ages 5–12
Location Klein Creek Farm, West Chicago
Date Sunday, February 14
Time SEASPAR Transportation: 12–4 p.m.
Denning Transportation: 12:30–4:30 p.m.
Lemont Transportation: 1–5 p.m.
Fee $25

Transportation
SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

Darien: Darien Sportsplex, 451 Plainfield Road, Darien
Denning: Denning Park, 4901 Gilbert Road, La Grange
Lemont: Centennial Community Center, 16028 127th Street, Lemont
Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle
SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
Day Off School
Looking for something fun to do on your day off from school? Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, crafts, and a field trip. Bring a sack lunch.

<table>
<thead>
<tr>
<th>Ages</th>
<th>6–15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>Darien Sportsplex</td>
</tr>
<tr>
<td>Time</td>
<td>9 a.m.–3:30 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$55 per event</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-210-01-1</td>
<td>Monday, February 15</td>
<td>Bowling</td>
</tr>
<tr>
<td>6-210-01-2</td>
<td>Tuesday, February 16</td>
<td>Chuck E. Cheese</td>
</tr>
</tbody>
</table>

DuPage Children’s Museum
Come discover, experiment, and create at the newly renovated DuPage Children’s Museum. Participants create a picture with light, make music with their hands, and play in the water stations. Lunch is provided.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-222-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>5–10</td>
</tr>
<tr>
<td>Location</td>
<td>DuPage Children’s Museum, Naperville</td>
</tr>
<tr>
<td>Date</td>
<td>Saturday, March 12</td>
</tr>
<tr>
<td>Time</td>
<td>SEASPAR Transportation: 12–5 p.m.</td>
</tr>
<tr>
<td></td>
<td>Denning Transportation: 12:30–5:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>Lemont Transportation: 1–6 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$30</td>
</tr>
</tbody>
</table>

How I Became a Pirate
Join us on this delightful and swashbuckling musical adventure! Sail off on a musical excursion when a band of comical pirates lands at North Beach looking for an expert digger to join their crew. Braid Beard and his mates enlist Jeremy Jacob as they try to find the perfect spot to bury their treasure. Jeremy finds that adventuring can be lots of fun, but also learns that love and home are treasures you can’t find on any map. This musical is based on the book *How I Became a Pirate*.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-224-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>5–11</td>
</tr>
<tr>
<td>Location</td>
<td>Theatre of Western Springs</td>
</tr>
<tr>
<td>Date</td>
<td>Saturday, March 19</td>
</tr>
<tr>
<td>Time</td>
<td>SEASPAR Transportation: 2:30–7 p.m.</td>
</tr>
<tr>
<td></td>
<td>Denning Transportation: 3–6:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>Lemont Transportation: 3:30–6 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$25</td>
</tr>
</tbody>
</table>

Chicago Wolves
SEASPAR is taking their pack to the Wolves’ den! Come howl with us as we cheer on the four-time champions. Enjoy the passion and excitement of professional hockey as the Wolves take on the Rockford IceHogs. Bring $20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return time is approximate. SEASPAR stays for the entire game. If the group is going to be more than 20 minutes late, staff will attempt to contact family with updated information.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-213-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>12–15</td>
</tr>
<tr>
<td>Location</td>
<td>Allstate Arena, Rosemont</td>
</tr>
<tr>
<td>Date</td>
<td>Saturday, February 20</td>
</tr>
<tr>
<td>Game Time</td>
<td>7 p.m.</td>
</tr>
<tr>
<td>Time</td>
<td>SEASPAR Transportation: 6–11:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>Denning Transportation: 6:30–11 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$45</td>
</tr>
</tbody>
</table>

CONTACT
for information about programs and special events for children and young teens.

**Rachel Pavesich**
630.960.7629
rpavesich@seaspar.org

Discover Us!
special events for children and young teens

Spring Break Camp
Spend time with your SEASPAR friends as we travel throughout the community on field trips. Our day also includes games, sports, and crafts. Participants are divided into smaller groups based on age. Bring a sack lunch each day.

Ages 6–15
Time 9 a.m.–3:30 p.m.
Fee $60 per event

<table>
<thead>
<tr>
<th>La Grange Community Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>6-227-01-1</td>
</tr>
<tr>
<td>6-227-01-2</td>
</tr>
<tr>
<td>6-227-01-3</td>
</tr>
<tr>
<td>6-227-01-4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lincoln Center, Downers Grove</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>6-227-01-5</td>
</tr>
<tr>
<td>6-227-01-6</td>
</tr>
<tr>
<td>6-227-01-7</td>
</tr>
<tr>
<td>6-227-01-8</td>
</tr>
<tr>
<td>6-227-01-9</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Centennial Community Center, Lemont</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>6-227-01-10</td>
</tr>
<tr>
<td>6-227-01-11</td>
</tr>
<tr>
<td>6-227-01-12</td>
</tr>
<tr>
<td>6-227-01-13</td>
</tr>
<tr>
<td>6-227-01-14</td>
</tr>
</tbody>
</table>

Day Camp 2016 Preview
Summer is just around the corner! Start planning for the break from school and see which camp is best for you!

- Kids Camp is for participants ages 5 to 12. Campers spend adventure-filled days playing games, sports, arts and crafts, music, drama, swimming, and field trips to fun destinations.
- Teen Camp is for participants ages 13 to 22. Campers learn independence by planning their own activities and enjoying a variety of community-based events.
- Camp Carefree is for participants ages 8 to 21 with physical disabilities or visual impairments.

Details for all of our camps are provided in our Summer Day Camp Brochure which is mailed in April. If you are interested in one of our camps and are a new camper, please contact SEASPAR and we will add you to the mailing list so that you have the most up-to-date camp information. If you have been in camp before, you are already on the mailing list.
**Teen Overnight**

Don't miss out on spending the night with friends! Start the evening bowling, followed by pizza for dinner. Later we watch movies, play games, and relax in the Wonders multi-sensory room. We have breakfast before saying goodbye. Pack an overnight bag with necessary items and bring a sleeping bag. Bring your favorite board games, Wii games, movies, and CDs if you'd like.

**Code** 6-229-01-1  
**Ages** 11–15  
**Location** Lisle Recreation Center  
**Dates** Friday, April 1 – Saturday, April 2  
**Time** 5:30 p.m.–9 a.m.  
Denning Transportation: 4:30 p.m.–10 a.m.  
Lemont Transportation: 5:00 p.m.–9:30 a.m.  
**Fee** $60

**Progressive Dinner**

Having trouble choosing between restaurants? Now you don’t have to! Come hungry as we explore the sights and tastes of Lemont. We stop at Lemon Tree for appetizers, have dinner at Front Street Cantina, and top it off with dessert at Muffin’s.

**Code** 6-233-01-1  
**Ages** 12–15  
**Location** Lemont  
**Date** Saturday, April 9  
**Time** Denning Transportation: 3:30–7:30 p.m.  
SEASPAR Transportation: 4–8 p.m.  
Lemont Transportation: 4:30–7 p.m.  
**Fee** $35

**Candy Land Party**

Step into a life-sized version of Candy Land! All games, activities, crafts, snacks, and décor are related to the candy-themed board game. Take a bite out of this sweet shindig!

**Code** 6-235-01-1  
**Ages** 5–10  
**Location** Darien Sportsplex  
**Date** Saturday, April 16  
**Time** SEASPAR Transportation: 2–6:30 p.m.  
Denning Transportation: 2:30–6 p.m.  
Lemont Transportation: 3–5:30 p.m.  
**Fee** $25

**Tour a Town**

Join your friends as we explore the village of Westmont. SEASPAR provides specially made passports that are stamped after each stop, including bowling at Suburbanite. A snack is included.

**Code** 6-239-01-1  
**Ages** 11–15  
**Location** Westmont  
**Date** Saturday, April 23  
**Time** Lemont Transportation: 2–6:30 p.m.  
Denning Transportation: 2:30–7 p.m.  
SEASPAR Transportation: 3–6 p.m.  
**Fee** $30

**Swim & Sensory**

Come for a swim at The CORE followed by an amazing experience exploring your senses in the Wonders multi-sensory room. Wear your swimsuit and bring a change of clothes and a towel. Please label belongings. Dinner is included.

**Location** The CORE, Lemont/Lisle Recreation Center  
**Time** Denning Transportation: 3–8 p.m.  
Lisle Transportation: 3:30–7:30 p.m.  
Lemont Transportation: 4–8:30 p.m.  
**Fee** $30

**Blackberry Farm**

Blackberry Farm is a living history museum where pioneer life is re-created through demonstrations and hands-on fun. Our visit includes a ride on the restored miniature train to visit the pioneer cabin and an old-fashioned hayride along Blackberry Creek. Back at the village, we ride the carousel. Lunch is provided.

**Code** 6-245-01-1  
**Ages** 5–10  
**Location** Blackberry Farm, Aurora  
**Date** Saturday, May 7  
**Time** SEASPAR Transportation: 12–4:30 p.m.  
Denning Transportation: 12:30–5 p.m.  
Lemont Transportation: 1–5:30 p.m.  
**Fee** $42
Eligibility
Persons are eligible for Special Olympics if they are eight years of age or older and have been identified by an agency or professional as having intellectual disabilities, cognitive delays as determined by standardized measure, or have significant learning or vocational problems due to cognitive delays that require, or have required, specially designed instruction.

Application for Participation
Athletes wishing to participate in Special Olympics programs must have a current Special Olympics application for participation on file at SEASPAR. The application may be obtained online at SEASPAR.org. Faxed forms or copies are not accepted. The application is valid for two years from the date of the examination. Please contact SEASPAR to find out when your application expires.

Disclaimers
Team sports and relay events take precedence over individual sports or events at the state level of competition.

Athletes registered for team sports are expected to attend practices, games, and tournaments.

CONTACT
for information about Special Olympics.

Aaron Hirthe
630.960.7627
ahirthe@seaspar.org

2016 Special Olympics/ITRS/Invitational Competition Schedule
(All Dates Subject To Change)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 6</td>
<td>SO District Alpine Skiing Qualifier</td>
</tr>
<tr>
<td>January 10</td>
<td>SO District Cross Country Skiing and Snowshoeing Qualifier</td>
</tr>
<tr>
<td>January 24</td>
<td>SO District Basketball Qualifier</td>
</tr>
<tr>
<td>February 2-4</td>
<td>SO State Winter Games</td>
</tr>
<tr>
<td>February 6</td>
<td>WDSRA Swim Meet</td>
</tr>
<tr>
<td>February 14</td>
<td>ITRS Senior Basketball Tournaments</td>
</tr>
<tr>
<td>March 3</td>
<td>SO District Aquatics Qualifier</td>
</tr>
<tr>
<td>March 6</td>
<td>SO District Gymnastics Qualifier</td>
</tr>
<tr>
<td>March 11-13</td>
<td>SO State Basketball</td>
</tr>
<tr>
<td>April 9</td>
<td>SEASPAR Team Bowling Tournament</td>
</tr>
<tr>
<td>April 17</td>
<td>WDSRA Track and Field Meet</td>
</tr>
<tr>
<td>April 17</td>
<td>SO District Soccer Qualifier</td>
</tr>
<tr>
<td>May 1</td>
<td>SO District Spring Games and Powerlifting Qualifier</td>
</tr>
<tr>
<td>May 15</td>
<td>ITRS Soccer Tournament</td>
</tr>
<tr>
<td>June 10-12</td>
<td>SO State Summer Games</td>
</tr>
<tr>
<td>July 9</td>
<td>SO District Tennis Qualifier</td>
</tr>
<tr>
<td>July 10</td>
<td>ITRS Softball Tournament</td>
</tr>
<tr>
<td>July 18</td>
<td>SO District Unified Golf Qualifier</td>
</tr>
<tr>
<td>July 19</td>
<td>SO District Golf Skills Qualifier</td>
</tr>
<tr>
<td>July 23</td>
<td>SO Area Bowling Qualifier</td>
</tr>
<tr>
<td>July 24</td>
<td>SO District Softball Qualifier</td>
</tr>
<tr>
<td>August 1</td>
<td>SO District Golf (3/6/9 Hole) Qualifier</td>
</tr>
<tr>
<td>August 13-14</td>
<td>SO State Tennis</td>
</tr>
<tr>
<td>September 10-11</td>
<td>SO Outdoor Sports Festival</td>
</tr>
</tbody>
</table>
**Softball**

Grab your mitt – softball season is here! Athletes work to improve their skills through practices and games with other SRAs. Athletes are divided into teams according to game play ability, age, and the discretion of the coaches. Teams participate in the ITRS Tournament on July 10 and the Special Olympics District Qualifier on July 24. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game.

Code 6-117-01-1  
Ages 16 years and older  
Location Various  
Dates Tuesdays, April 26–July 19 (13 Weeks)  
Time 6:30–8 p.m.  
Limit 24  
Fee $195

**Powerlifting**

Athletes set and reach fitness goals through the disciplined and challenging sport of powerlifting. Participants learn proper technique for the deadlift and bench press, while improving their overall fitness level through weekly workout sessions. Athletes participate in the District Powerlifting Qualifier at the Special Olympics Spring Games on May 1. Gold medal winners advance to the Summer Games at Illinois State University June 10–12.

Code 6-122-01-1  
Ages 16 years and older  
Location Lisle Community Center  
Dates Mondays, February 8–June 6 (16 Weeks)  
No programs March 28 and May 30  
Time 6–7:30 p.m.  
Limit 6  
Fee $185

**Tennis**

The SEASPAR tennis program offers athletes an opportunity to improve agility, upper body strength, hand-eye coordination, and overall fitness. For first-time players and seasoned veterans, this program teaches the basic rules and etiquette of the game required for the individual skills competition through traditional court match play. Each week, coaches work on the basic skills of forehand and backhand shots, volleying, and serving. Athletes compete in the Special Olympics District Qualifier on July 9. Gold medal winners qualify for the State Tennis Competition August 13–14.

Code 6-119-01-1  
Ages 11 years and older  
Location Twin Lakes Park, Westmont  
Dates Mondays, April 18–June 27 (10 Weeks)  
No program May 30  
Time 4:30–5:30 p.m.  
Limit 6  
Fee $110

**Soccer**

SEASPAR and Lily Cache Special Recreation Association athletes are once again teaming up on the soccer pitch! Coaches focus on general soccer skills such as dribbling, passing, and shooting, while emphasizing teamwork and good sportsmanship. Teams participate in the Special Olympics District Qualifier in April and the ITRS Tournament on May 15. Information regarding transportation, practices, games, and tournaments is sent at the start of the season. Uniforms are distributed at practice prior to the first game. **Note:** The home field for the team is located at the Lily Cache Soccer Fields in Bolingbrook.

Code 6-116-01-1  
Ages 13 years and older  
Location Various  
Dates Wednesdays, February 24–May 11 (12 Weeks)  
Time 6:30–8 p.m.  
Limit 6  
Fee $130

**Registration Deadline:**  
Monday, January 4 – 4:30 p.m.
**Golf (Pre-Season Practice)**

This program is for the experienced, competitive golfer who wants to start the golf season early with some time on the range. Grab your clubs, meet with old friends, and add distance to your drives or accuracy to your short game. We use the temperature-controlled Links & Tees Dome for the first portion of the program and move to its outdoor driving range once the dome closes. A collared shirt and khaki shorts or pants are required.

- **Ages**: 8 years and older
- **Location**: Links & Tees Golf Facility, Addison
- **Time**: 7–8 p.m.
- **Limit**: 12
- **Fee**: $95
- **Code**: 6-113-01-1
- **Dates**: Thursdays, February 18–March 24 (6 Weeks)
- **Code**: 6-113-01-2
- **Dates**: Thursdays, April 7–May 12 (6 Weeks)

**Golf Skills**

It’s never too late to get into the swing of things! SEASPAR staff coach athletes on etiquette, club selection, and basic golf skills. Athletes compete in the Special Olympics Golf Skills Qualifier on July 19. Gold medal winners qualify for the Outdoor Sports Festival September 9–11. Clubs will be provided for athletes who do not have their own. No jeans or metal spikes may be worn on the golf course, and a collared shirt and khaki shorts or pants are required.

- **Code**: 6-113-01-3
- **Ages**: 8 years and older
- **Location**: Village Greens of Woodridge
- **Dates**: Wednesdays, May 4–July 13 (10 Weeks)
- **Time**: 4:30–5:30 p.m.
- **Limit**: 10
- **Fee**: $130

**Unified Golf**

Unified Golf pairs a Special Olympic athlete with a “Unified Partner” for traditional course play. Scoring for Unified Golf is aggregate; i.e., both players’ scores on each hole are added together. The Qualifier for Unified Golf is on July 18. Gold medal winners qualify for the Outdoor Sports Festival September 9–11. Tee times begin between 5:30 and 6:30 p.m. A schedule is sent prior to the first week. No jeans or metal spikes may be worn on the golf course and a collared shirt is required.

- **Code**: 6-123-01-1
- **Ages**: 8 years and older
- **Location**: Various
- **Dates**: Wednesdays, May 4–July 13 (10 Weeks)
- **Time**: Refer to Schedule
- **Limit**: 16
- **Fee**: $165

**Bocce (Pre-Season Practice)**

Bocce, a favorite family game, is one of Special Olympics’ most enjoyable competitive sports. Closely resembling bowling, this game requires skill, strategy, and a little luck. Learn to toss, roll, hit, and score while having a great time with your friends. Gold medal athletes who qualified for the 2016 Summer Games are encouraged to participate.

- **Code**: 6-104-01-1
- **Ages**: 8 years and older
- **Location**: Ebersold Park, Downers Grove
- **Dates**: Wednesdays, April 27–June 8 (6 Weeks)
- **Time**: 5:30–6:30 p.m.
- **Limit**: 10
- **Fee**: $40

---

**Remember When...**

In 1985, the first SEASPAR athlete competed in a Special Olympics international competition. Karen Buron was named to the Illinois Team for the Winter Games and earned two gold medals for cross-country skiing at the competition held in Park City, Utah.

The second SEASPAR athlete to compete in a Special Olympics International competition was Tom Zavis in 1989, also for cross-country skiing.
Aquatics
Aquatics is designed for swimmers who want to compete. Practices focus on swim endurance and stroke mechanics. The team competes in the Western DuPage Special Recreation Association Swim Meet on February 6 and the Special Olympics District Aquatics Qualifier on March 3. Gold medal winners advance to the Summer Games at Illinois State University June 10–12.

Code 6-118-01-1
Ages 8 years and older
Location Indian Boundary YMCA, Downers Grove
Dates Saturdays, January 30–May 21 (15 Weeks)
No programs March 26 and April 2
Time 1–2 p.m.
Limit 25
Fee $175

Artistic Gymnastics
Gymnasts practice the individual movements required to complete specific routines for the Vault, Balance Beam, Uneven Bars, and Floor Routine, in preparation for the Special Olympics District Qualifier on March 6. Gold medal winners advance to the Summer Games at Illinois State University June 10–12. Participants must exhibit patience and be able to follow all safety guidelines for the facilities and equipment used. Athletes should wear gymnastics leotards or fitted clothing.

Code 6-114-01-2
Ages 16 years and older
Location Centennial Community Center, Lemont
Dates Wednesdays, January 20–May 11 (16 Weeks)
No program March 30
Time 7:15–8:30 p.m.
Limit 6
Fee $250

Bowling
Join SEASPAR’s bowling team to train for competition. Coaches help you work on your form and techniques to improve your game. SEASPAR competes in the Special Olympics Area Bowling Qualifier on July 23. Gold medal winners qualify for the Sectional Qualifier on October 16. Gold medal winners at the Sectional Qualifier compete at the State Bowling Competition in Peoria on December 3. Note: Bowlers may only register for one of the two practice options.

Ages 8 years and older
Location Willowbrook Lanes
Dates Thursdays, May 19–July 21 (10 Weeks)
Limit 4
Fee $135

Code 6-106-01-1
Time 4:30–5:30 p.m.

Code 6-106-01-2
Time 5:30–6:30 p.m.

Remember When...
The Downers Grove Kiwanis Breakfast Club began its support of SEASPAR in 1978 by sponsoring a Special Olympics Swim Meet for swimmers from SEASPAR and other special recreation associations. The event continues today, and will celebrate its 38th anniversary in 2016.
Adapted Boccia
Join SEASPAR in playing boccia designed for individuals whose physical impairment is their primary disability. Boccia is a game of precision in which the object is to place the balls closest to a target. Adaptive ramps are available to make the sport accessible for all individuals.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-050-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>All ages</td>
</tr>
<tr>
<td>Location</td>
<td>Tibbott Elementary School, Bolingbrook</td>
</tr>
<tr>
<td>Dates</td>
<td>Thursdays, February 11–May 5 (12 Weeks)</td>
</tr>
<tr>
<td>Time</td>
<td>6:45–7:45 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$35</td>
</tr>
</tbody>
</table>

Power Soccer
Participants use an oversized soccer ball and maneuver their power chairs to dribble, pass, shoot, and score goals. A footguard is attached to the front of the power wheelchair and the game is on! This program is an introduction to power soccer and is designed for beginners. Footguards are provided.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-050-06-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>All ages</td>
</tr>
<tr>
<td>Location</td>
<td>Westmont Community Center</td>
</tr>
<tr>
<td>Dates</td>
<td>Saturdays, February 13–May 7 (11 Weeks)</td>
</tr>
<tr>
<td>Time</td>
<td>9:30–10:30 a.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$42</td>
</tr>
</tbody>
</table>

Wheelchair Table Tennis
Get your top spin going with SEASPAR’s table tennis program! Learn the basics of wheelchair table tennis, or how to deal out a killer serve and counter your opponent’s return. This program is for beginners.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-050-12-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages</td>
<td>8 years and older</td>
</tr>
<tr>
<td>Location</td>
<td>Darien Sportsplex</td>
</tr>
<tr>
<td>Dates</td>
<td>Saturdays, February 13–May 7 (11 Weeks)</td>
</tr>
<tr>
<td>Time</td>
<td>11 a.m.–12 p.m.</td>
</tr>
<tr>
<td>Fee</td>
<td>$37</td>
</tr>
</tbody>
</table>

Late Registration
The registration deadline is Monday, January 4 at 4:30 p.m. Many programs fill quickly, and registering by the deadline is the best way to avoid being put on a waiting list. However, there may be openings available for programs after the deadline; please call SEASPAR to find out if a program you are interested in is still available.

Annual Information Forms
SEASPAR requires that all participants complete an Annual Information Form (AIF). Individuals without a current AIF on file will not be permitted to participate.

Please Check In
When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.

Participation
Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

ADA Statement
SEASPAR is committed to accessibility for all individuals with disabilities, and strives to comply with the 1990 Americans with Disabilities Act by providing reasonable accommodations for all individuals. Please advise SEASPAR of any special assistance or accommodation required to participate in programs. This program guide is available in an alternate format upon request. Individuals who have an accommodation concern should contact Susan Friend at 630.960.7600.

Loss or Theft
Label all items brought to programs with the participant’s name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.

Remember When...
In 1977, the first piece of adaptive equipment was put into service – a bowling ramp handcrafted by Reed Loy of the Downers Grove Park District.

Contact
for information about programs for individuals with physical disabilities.

Greg Pavesich
630.960.7629
gpavesich@seaspar.org
Teen Scene
Spend the afternoon with SEASPAR exploring the community and having fun! Activities include shopping, movies, bowling, and more. Participants are picked up directly from school. Parents are responsible for pickup at Denning Park, Lemont, or SEASPAR after the program. A schedule is mailed with confirmations.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-012-01-2</th>
<th>Location</th>
<th>Lyons Township North and South High Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Mondays, February 8–May 2 (12 Weeks)</td>
<td>No program March 28</td>
<td></td>
</tr>
<tr>
<td>Pickup</td>
<td>Denning: 6 p.m.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fee</td>
<td>$312</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>6-012-01-1</th>
<th>Location</th>
<th>Downers Grove South and Lemont High Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Tuesdays, February 9–May 3 (12 Weeks)</td>
<td>No program March 29</td>
<td></td>
</tr>
<tr>
<td>Pickup</td>
<td>Lemont: 6 p.m.</td>
<td>SEASPAR: 6:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>Fee</td>
<td>$312</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Young Adult Club
Calling all teens and young adults! This club is geared specifically for teens and young adults transitioning into adult programs. Activities and outings place a strong emphasis on socialization, while also having fun. It's the perfect opportunity to meet new friends and connect with old ones!

<table>
<thead>
<tr>
<th>Code</th>
<th>6-095-01-1</th>
<th>Location</th>
<th>Various</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dates</td>
<td>Saturdays, February 13 and 27, March 12 and 19, April 2 and 16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>SEASPAR Transportation: 1:30–6 p.m.</td>
<td>Denning Transportation: 2–5:30 p.m.</td>
<td>Lemont Transportation: 2:30–5:00 p.m.</td>
</tr>
<tr>
<td>Limit</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fee</td>
<td>$225</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Remember When...
The Village of Indian Head Park joined SEASPAR in 1978 as the first Cook County member.
By 1989, SEASPAR had grown from five to nine member entities.

Presidents’ Day Out!
Celebrate Presidents’ Day with SEASPAR! Start with a strike at Brunswick Zone, then head to Luigi’s Pizza and Fun Center for an afternoon filled with more than 100 arcade games and pizza for lunch. Don’t miss out on this exciting day off from school!

<table>
<thead>
<tr>
<th>Code</th>
<th>6-211-01-1</th>
<th>Location</th>
<th>Brunswick Zone/Luigi’s Pizza and Fun Center, Naperville/Aurora</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Monday, February 15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>Denning Transportation: 9 a.m.–3:30 p.m.</td>
<td>SEASPAR Transportation: 9:30 a.m.–3 p.m.</td>
<td></td>
</tr>
<tr>
<td>Fee</td>
<td>$48</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Spring Expedition
Looking to socialize and see friends over spring break? Join the Spring Expedition for outings in the community to the bowling alley, movies, and more! Lunch is provided.

| Location          | Lisle Recreation Center |
| Time              | Lemont Transportation: 9 a.m.–3:30 p.m. | Denning Transportation: 9:30 a.m.–3 p.m. |
| Fee               | $50 |

<table>
<thead>
<tr>
<th>Code</th>
<th>6-028-01-1</th>
<th>Date</th>
<th>Tuesday, March 29</th>
</tr>
</thead>
<tbody>
<tr>
<td>Code</td>
<td>6-028-01-2</td>
<td>Date</td>
<td>Thursday, March 31</td>
</tr>
</tbody>
</table>
Fit N’ Fuel
Regular exercise and physical activity are extremely important and beneficial for long-term health and well-being. Fit N’ Fuel explores different exercises such as Zumba, kickboxing, boot camp, and more! Participants learn how to make a healthy snack following the fitness portion. Please bring a water bottle. Athletic apparel and gym shoes are required. No jeans are allowed.

Code 6-003-01-4
Location Community Park District of La Grange Park
Dates Mondays, February 8 – May 2 (12 Weeks)
No program March 28
Time 5–7 p.m.
Fee $60

Afternoon Adventures
Enjoy exciting travels throughout the community with your friends. You're sure to have a memorable time! Parents are responsible for pickup at SEASPAR or Denning Park after the program. A schedule is mailed with confirmations.

Code 6-007-01-3
Location Various
Dates Mondays, February 8 – May 2 (12 Weeks)
No program March 28
Drop-off SEASPAR: 2:30 p.m.
Darien: 3 p.m.
Lisle: 3:30 p.m.
Pickup Denning: 6 p.m.
SEASPAR: 6:30 p.m.
Limit 12
Fee $270

Casino Night
Feeling lucky? Spend an evening with your friends trying your luck at poker, roulette, blackjack, and more! Snacks are provided.

Code 6-017-01-1
Location Woodridge Community Center
Dates Mondays, February 8 – May 2 (12 Weeks)
No program March 28
Time 6–7 p.m.
Fee $36

Wrestle Mania
Liven up your Monday nights and spend it watching WWE Monday Night RAW at SEASPAR’s program room. The evening includes pizza, watching wrestling on TV, and enjoying time with your friends.

Code 6-046-01-1
Location Lisle Recreation Center
Dates Mondays, February 22, March 7 and 21, April 4 and 18, May 2
Time 7–9 p.m.
Denning Transportation: 6:30–9:30 p.m.
Fee $66

Aqua Exercise & Healthy Snack
Jump right into SEASPAR’s aqua exercise class! Build cardiovascular fitness and strength in a fun way. Participants experience a mix of water aerobic and aqua boot camp. After drying off, the group learns how to prepare a healthy snack. Wear your swimsuit under your clothes, and bring a towel. Participants will use the fitness center/walk the track on days the pool is not available.

Code 6-002-01-3
Location The CORE, Lemont
Dates Tuesdays, February 9 – May 3 (12 Weeks)
No program March 29
Time 5–7 p.m.
Fee $60

BINGO!
Don’t miss your chance to be a big winner! Spend the evening with your SEASPAR friends trying your luck at B-I-N-G-O! We have many wonderful prizes and snacks, plus there’s time to socialize.

Code 6-034-01-1
Location Lincoln Center, Downers Grove
Dates Tuesdays, February 9 – March 15 (6 Weeks)
Time 7–8 p.m.
Fee $40

Code 6-034-01-2
Location The CORE, Lemont
Dates Tuesdays, March 22 – May 3 (6 Weeks)
No program March 29
Time 6–7 p.m.
Fee $40

Registration Deadline:
Monday, January 4 – 4:30 p.m.
programs for teens and adults (ages 16+)

**Role Play**
Express yourself, gain confidence, and socialize while acting in a fun, relaxed setting. Participants work on new scenes each week in this non-performance-based acting class. The program focuses on group activities and improvisation. Get ready to move and be a star in this exciting program! Please wear comfortable clothes and bring a water bottle.

- **Code**: 6-076-01-1
- **Location**: Westmont Community Center
- **Dates**: Tuesdays, February 9–May 3 (12 Weeks)  
  *No program March 29*
- **Time**: 5:30–6:30 p.m.
- **Fee**: $60

**Music Mania**
Learn new songs, free dance, and how to jam instrumentally. The group experience teaches patience, sharing, and listening. The goal is for you to use music for stress reduction, relaxation, and improving communication, but the most important objective is to have fun!

- **Code**: 6-014-01-1
- **Location**: Westmont Community Center
- **Dates**: Tuesdays, February 9–May 3 (12 Weeks)  
  *No program March 29*
- **Time**: 7–7:45 p.m.
- **Fee**: $95

**Day Away Tour**
If you have been wishing for something to do during the week, join Day Away Tour. This group travels beyond the local community to experience a variety of fun recreational activities. Outings include shopping, theater, and sporting events. A schedule is mailed with confirmations. **Note**: Based on the distance of the destination, times may vary.

- **Code**: 6-007-01-1
- **Ages**: 21 years and older
- **Location**: Various
- **Dates**: Tuesdays, February 16, March 1 and 15, April 5 and 19, May 3
- **Time**: SEASPAR Transportation: 9 a.m.–3 p.m.
- **Fee**: $315

**Woodworking**
Let the experts at Woodcraft help you create your own woodworking masterpiece in this unique program. Staff members help you choose from a multitude of different woodworking activities. Past projects have included birdhouses, magazine racks, pens, and ornaments.

- **Code**: 6-015-01-1
- **Location**: Woodcraft, Woodridge
- **Dates**: Tuesdays, March 15, April 5 and 26, May 3
- **Time**: 6–7:30 p.m.
- **Limit**: 8
- **Fee**: $88

**Animal Assisted Therapy**
Spend time with man’s best friend. You have the opportunity to work with Rainbow Therapy Dogs using simple obedience commands. The unconditional love from these tail-wagging friends encourages you to share, give praise, and express yourself while increasing your self-esteem.

- **Code**: 6-039-01-1
- **Location**: Darien Community Center
- **Dates**: Tuesdays, March 22–May 3 (6 Weeks)  
  *No program March 29*
- **Time**: 7–8 p.m.
- **Fee**: $50
**Dancin’ the Night Away**

Have you always wanted to learn how to boogie down? Now you can! Learn dance movements that you’ll be able to show off for your friends and family on the final date of the program. You can also flaunt your new moves at one of our many dances offered throughout the year.

**Code** 6-011-01-2  
**Location** Brookfield Municipal Building  
**Dates** Wednesdays, February 10–May 4 (12 Weeks)  
*No program March 30*  
**Time** 7–8 p.m.  
**Fee** $72

---

**Alley Cats/Strikers**

Enjoy a leisurely game of bowling with your friends. This non-competitive program focuses on the importance of sportsmanship, socialization, and fun with basic instruction. Scores are recorded to help participants track their progress. These scores are also used as a basis for participants who choose to sign up for Special Olympics Bowling. **Note:** Parents and/or guardians are responsible for bringing participants into the bowling alley and checking in with staff.

**Diner’s Delight**

Whether you work up an appetite from bowling, or are looking for an evening among friends, Diner’s Delight can provide you with a tasty meal and friendly conversations. Staff help participants promote their independence by having them order their own meals, set the tables, engage in appropriate social interaction, and clean up after the meal. A schedule is mailed with confirmations. **Note:** Participants registering only for Diner’s Delight meet at Lisle Lanes at 4:45 p.m. or at Willowbrook Lanes at 5:15 p.m. Participants registered for Lisle EAGLES and Alley Cats Lisle are picked up from Lisle EAGLES at 3:30 p.m.

---

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Location</th>
<th>Day</th>
<th>Dates</th>
<th>No Program</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-023-01-1</td>
<td>Alley Cats</td>
<td>Lisle Lanes</td>
<td>Wednesday</td>
<td>2/10–5/4 (12 Weeks)</td>
<td>3/30</td>
<td>4–5 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-022-01-1</td>
<td>Diner’s Delight</td>
<td>Lisle Lanes</td>
<td>Wednesday</td>
<td>2/10–5/4 (12 Weeks)</td>
<td>3/30</td>
<td>5–6:30 p.m.</td>
<td>$182</td>
</tr>
<tr>
<td>6-023-01-2</td>
<td>Alley Cats</td>
<td>Willowbrook Lanes</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>4:30–5:30 p.m.</td>
<td>$175</td>
</tr>
<tr>
<td>6-022-01-2</td>
<td>Diner’s Delight</td>
<td>SEASPAR, Downers Grove</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5:30–7 p.m.</td>
<td>$182</td>
</tr>
<tr>
<td>6-022-01-3</td>
<td>Diner’s Delight</td>
<td>Denning Park, La Grange</td>
<td>Thursday</td>
<td>2/11–5/5 (12 Weeks)</td>
<td>3/31</td>
<td>5:30–7 p.m.</td>
<td>$182</td>
</tr>
<tr>
<td>6-023-01-3</td>
<td>Strikers</td>
<td>Suburbanite Bowl, Westmont</td>
<td>Saturday</td>
<td>2/13–5/7 (11 Weeks)</td>
<td>3/26 &amp; 4/2</td>
<td>1:30–2:30 p.m.</td>
<td>$160</td>
</tr>
</tbody>
</table>

---

**Remember When...**

*In the late 1970s, SEASPAR offered a weekly program teaching “the latest disco dance steps.” Annual parties were also held at the Tool & Die Works Disco in Downers Grove.*
**Bulls & Blackhawks Bonanza**

Don’t miss your chance to cheer on the Bulls and the Blackhawks this season! Head Coach Fred Hoiberg leads the Bulls through an exciting season of slam dunks, and Head Coach Joel Quenneville leads the Blackhawks through an exhilarating season of breakaways. Dinner is served as the competition plays out on the big screen. **Note:** Due to the unpredictable length of the games, return time to Denning Park is approximate. SEASPAR remains until the end of the game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-027-01-1</td>
<td>February 10</td>
<td>Bulls vs. Atlanta Hawks</td>
</tr>
<tr>
<td>6-027-01-2</td>
<td>February 24</td>
<td>Bulls vs. Washington Wizards</td>
</tr>
<tr>
<td>6-027-01-3</td>
<td>March 16</td>
<td>Blackhawks vs. Philadelphia Flyers</td>
</tr>
<tr>
<td>6-027-01-4</td>
<td>April 13</td>
<td>Bulls vs. Philadelphia 76ers</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-032-01-1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-010-01-1</td>
<td>Location</td>
<td>Lincoln Center, Downers Grove</td>
</tr>
<tr>
<td>6-002-01-1</td>
<td>Location</td>
<td>Doubletree Hotel, Downers Grove</td>
</tr>
</tbody>
</table>

**Holiday Treats**

Each season brings new holiday treats to enjoy! We make delectable delights for each of our favorite holidays. Try your luck at heart-shaped chocolate covered strawberries, lucky leprechaun bark for St. Patrick’s Day, and a spring fruit flower bouquet. Learn how to follow a recipe in order to create your succulent snack.

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-019-01-1</td>
<td>Location</td>
<td>AMC Quarry Cinema, Hodgkins</td>
</tr>
<tr>
<td>6-019-01-2</td>
<td>Location</td>
<td>Cinemark – Seven Bridges, Woodridge</td>
</tr>
</tbody>
</table>

**Actors Guild**

This exciting program is taught by Christine Grohne of Actors with Special Needs. Actors Guild is designed to build self-esteem, enhance character, and motivate each of you to do your best. No acting experience is necessary. Family and friends are encouraged to practice lines with participants. Participants perform Oklahoma Jr. on May 11.

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-032-01-1</td>
<td>Location</td>
<td>Darien Sportsplex</td>
</tr>
<tr>
<td>6-019-01-1</td>
<td>Location</td>
<td>Cinemark – Seven Bridges, Woodridge</td>
</tr>
</tbody>
</table>

**At the Movies**

Lights, camera, action! Get together with friends to see a current G, PG, or PG-13 movie. Please visit our website at SEASPAR.org or call SEASPAR after 2 p.m. on the day of the program for movie title and time (if calling after hours, select the program update option). Bring $10 for concessions if you wish. **Note:** Parents, guardians, and/or caseworkers must check in with the supervisor upon arrival and departure.

<table>
<thead>
<tr>
<th>Code</th>
<th>Date</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-019-01-2</td>
<td>Location</td>
<td>Cinemark – Seven Bridges, Woodridge</td>
</tr>
</tbody>
</table>

**Remember When...**

A program called Come to the Movies! was offered in the winter-spring 1977 season at Eisenhower Junior High in Darien. The films shown were Pinocchio and Treasure Island.
**Weight Training**

Are you willing to go the extra mile and dedicate yourself to our weight training program? When it comes to changing how your body looks, weight training wins hands-down. Lifting weights can help raise your metabolism, strengthen bones, help you avoid injuries, increase your confidence and self-esteem, and improve coordination and balance. SEASPAR staff assist you in choosing which exercises help you achieve your goals. Bring a water bottle. Athletic apparel and gym shoes are required. No jeans allowed.

- **Code**: 6-013-01-1
- **Location**: Lisle Community Center
- **Dates**: Thursdays, February 11–May 5 (12 Weeks)
  - *No program March 31*
- **Time**: 4:30–5:30 p.m.
- **Fee**: $96

**Glee Club**

Are you ready to take it up a notch and join our singing ensemble? We need all the soprano, alto, tenor, and bass voices to band together to make sweet, sweet music. Practicing helps you stay “in tune” in preparation for the spring recital, keeping the “perfect pitch” for your friends and family. Mark your calendar for the recital on May 21!

- **Code**: 6-014-01-2
- **Location**: Darien Sportsplex
- **Dates**: Thursdays, February 11–May 5 (12 Weeks)
  - *No program March 31*
- **Time**: 5–6 p.m.
- **Fee**: $110

**Crafters Club**

Get in touch with your creative side at SEASPAR’s new fine arts program! Participants focus on different art media such as jewelry, ceramics, and canvas. The artists can choose their own projects to be displayed throughout our member districts.

- **Code**: 6-028-01-1
- **Location**: Darien Community Center
- **Dates**: Thursdays, February 11–May 5 (12 Weeks)
  - *No program March 31*
- **Time**: 6–7 p.m.
- **Fee**: $50

**Yoga**

Yoga is designed to safely guide you toward enhanced strength, stamina, and flexibility. Studies show yoga has multiple health benefits such as reducing high blood pressure, blood sugar, and obesity. Mats are provided. Please bring a water bottle.

- **Code**: 6-033-01-1
- **Location**: Darien Community Center
- **Dates**: Thursdays, February 11–May 5 (12 Weeks)
  - *No program March 31*
- **Time**: 7–8 p.m.
- **Limit**: 8
- **Fee**: $152

**Transportation**

SEASPAR offers transportation options for select programs and events to provide participants with easy access to offerings throughout our twelve member communities and beyond! Transportation options are listed in program descriptions. These locations may include:

- Darien: Darien Sportsplex, 451 Plainfield Road, Darien
- Denning: Denning Park, 4901 Gilbert Road, La Grange
- Lemont: Centennial Community Center, 16028 127th Street, Lemont
- Lisle: Lisle Recreation Center, 1925 Ohio Street, Lisle
- SEASPAR: SEASPAR Office, Downers Grove Recreation Center, 4500 Belmont Road, Downers Grove

When completing your registration form for programs that include transportation, please circle the location of your choice.

The following procedures are required to ensure the safety of program participants while riding in SEASPAR vehicles. SEASPAR reserves the right to refuse to transport individuals. All passengers must be sitting in seats or wheelchairs with seat belts securely fastened, or the driver will not move the vehicle. All wheelchairs must have brakes that are in good working condition and can stop the chair from moving. SEASPAR staff are responsible for determining whether a participant can be transported safely. Persons using an Amigo-type scooter or stroller must transfer to a vehicle seat and use a seat belt.
Social Club
Social Club offers activities and excursions within the community. As clubs are established, consideration is given to age, peer groups, carpools, CILAs, and issues that are important to you. Please be sure to list carpool information on the registration form. Accessible transportation is available. The Fun Fair and SEASPAR's 40th Anniversary Dance are included in the club schedule.

- Code: 6-025-01-1
- Dates: Fridays, February 12–May 6 (11 Weeks)
- Time: Varies
- Fee: $195

At-A-Glance • Programs for Teens and Adults

**MONDAYS**
- Fit N' Fuel – La Grange Park
- Afternoon Adventures – Various Locations
- Casino Night – Woodridge
- Wrestle Mania – Lisle

**TUESDAYS**
- Aqua Exercise & Healthy Snack – Lemont
- BINGO! – Downers Grove/Lemont
- Role Play – Westmont
- Music Mania – Westmont
- Day Away Tour – Various Locations
- Woodworking – Woodridge
- Animal Assisted Therapy – Darien

**WEDNESDAYS**
- Alley Cats – Lisle
- Diner's Delight – Lisle
- Dancin' the Night Away – Brookfield
- Bulls & Blackhawks Bonanza – Westmont
- Holiday Treats – Darien
- Actors Guild – Downers Grove
- Adult Swim – Downers Grove
- At the Movies – Hodgkins/Woodridge

**THURSDAYS**
- Alley Cats – Willowbrook
- Diner's Delight – Downers Grove/La Grange
- Weight Training – Lisle
- Glee Club – Darien
- Crafters Club – Darien
- Yoga – Darien

**FRIDAYS**
- Social Club – Various Locations

**SATURDAYS**
- Strikers – Westmont
- Saturday Night Socialites – Various Locations

Remember When...
The Adult Club program – the predecessor to Social Club – was included in SEASPAR’s very first program brochure in 1977.

Saturday Night Socialites
This program is designed for adults who are ready to venture out on their own, but may need a jump-start. The group plans a variety of community outings. A schedule is mailed and available on our website at SEASPAR.org once the activities are determined. Participants must contribute to the social dynamics of the group and adhere to dress and behavior codes.

- Code: 6-026-01-1
- Ages: 21 years and older
- Location: Phillies Pizza, Willowbrook
- Planning Date: Saturday, February 13
- Time: SEASPAR Transportation: 6–9:30 p.m.; 737 Apts. Transportation: 6:30–9 p.m.
- Program Dates: Saturdays, February 27, March 19, April 16 and 30, May 7
- Program Time: Varies
- Limit: 12
- Fee: $260

**CONTACT**
for information about programs for teens and adults 16+

**Dana Herrera**
630.960.7609
dherrera@seaspar.org
**Frozen... A Winter Dance Party**

This first dance of 2016 has a wintry theme, based on the hit movie *Frozen*. Don’t be left out in the cold! Be sure to sign up for this dance which features fantastic tunes and cool decorations. The SEASPAR Aktion Club is hosting this event as a fundraiser. All monies raised by the dance are donated to the American Red Cross and Noah’s Hope, a local charity dedicated to finding a cure for LINCL-Batten Disease. Be sure to show your festive spirit by dressing up for the event. Don’t worry about working up an appetite while dancing – tasty refreshments are provided for you!

**Code** 6-202-01-1  
**Location** Lisle Recreation Center  
**Date** Saturday, January 23  
**Time** 7–9 p.m.  
**Limit** 65  
**Fee** $17

**Uncle Julio’s Hacienda**

Uncle Julio’s Hacienda serves the freshest authentic border-style Mexican food. Enjoy their Tex-Mex classics including enchiladas, tacos, or fajitas – the choice is yours! This welcoming atmosphere creates an experience that will be remembered for its warm memories and fantastic taste.

**Code** 6-203-01-1  
**Location** Uncle Julio’s Hacienda, Lombard  
**Date** Saturday, February 6  
**Time** Lemont Transportation: 3:30–8:30 p.m.  
Denning Transportation: 4–7:30 p.m.  
SEASPAR Transportation: 4:30–8 p.m.  
**Limit** 12  
**Fee** $55

**Cupcake Party**

Don’t miss your opportunity to join the cupcake craze! We visit My Sweet Kake in Schaumburg for a cupcake decorating party. You can decorate three cupcakes – one to eat and two to take home! After our Kake adventures, we stop for pizza to finish the party.

**Code** 6-205-01-1  
**Location** My Sweet Kake, Schaumburg  
**Date** Sunday, February 7  
**Time** Lemont Transportation: 10:30 a.m.–3:45 p.m.  
Denning Transportation: 11 a.m.–3:15 p.m.  
SEASPAR Transportation: 11:30 a.m.–2:45 p.m.  
**Limit** 12  
**Fee** $50

**SRA Valentine’s Dance**

Wear your favorite party dress or dress slacks and collared shirt and join us for the Northeast DuPage Special Recreation Association’s Valentine’s Dance. This is a chance to meet friends from other SRAs and enjoy an evening of dancing, fun, and food! A DJ plays all of your favorite tunes. Refreshments are included. The highlight of the evening is the crowning of the King and Queen, and recognizing the Court.

**Code** 6-206-01-1  
**Location** Lombard Community Building  
**Date** Friday, February 12  
**Time** Lemont Transportation: 5:30–11 p.m.  
SEASPAR Transportation: 6–10:30 p.m.  
Denning Transportation: 6:30–10 p.m.  
**Limit** 12  
**Fee** $42
Fun Fair
Benet Academy is hosting a fun-filled evening for SEASPAR. The gymnasium is transformed into a mini fun fair. Play carnival games, dance, or snack on delicious treats. Find a friend or two and play a round of Baggo. You won’t want to miss this party!

**Note:** This event is included in all Social Club schedules.

- **Code:** 6-207-01-1
- **Location:** Benet Academy, Lisle
- **Date:** Friday, February 12
- **Time:** 6:30–8:30 p.m.
- **Fee:** $17

Midwestern Dance
Midwestern University is hosting its 15th annual dance for SEASPAR and other SRAs. Wear your dancing shoes because this is sure to be an exciting night! Midwestern students are busy decorating and choosing the perfect songs for the evening to ensure you have a wonderful time. Refreshments are served. The event is held in the Student Athletic Center.

- **Code:** 6-208-01-1
- **Location:** Midwestern University, Downers Grove
- **Date:** Saturday, February 13
- **Time:** 6:30–8:30 p.m.
  - Lemont Transportation: 5:30–9:30 p.m.
  - Denning Transportation: 6–9 p.m.
- **Limit:** 60
- **Fee:** $17

Chicago Wolves
Cheer for the Chicago Wolves as they take on the Rockford IceHogs. Bring $20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information.

- **Code:** 6-213-01-1
- **Location:** Allstate Arena, Rosemont
- **Date:** Saturday, February 20
- **Game Time:** 7 p.m.
- **Time:**
  - Lemont Transportation: 4:30 p.m.–12 a.m.
  - SEASPAR Transportation: 5–11:30 p.m.
  - Denning Transportation: 5:30–11 p.m.
- **Limit:** 20
- **Fee:** $55

**Accessible Seats**
- **Code:** 6-213-01-2
- **Limit:** 2

Hairspray
Tracy Turnblad is a plus-size teen with plus-size hair and she has one big plus-size dream: to dance her way onto Baltimore’s smash hit TV show, *The Corny Collins Show*. Every day after school, she and her best friend Penny bee-line home to watch the cool kids shake the rafters to the hottest tunes on Collins’ program. *Hairspray* is a high-octane ride with thrilling choreography, rockin’ tunes, and explosively colorful costumes – plus some really cool hairdos! More importantly, under all the glitz, *Hairspray* reminds us of the importance of individuality and the acceptance of one another – a wonderful message to share with everyone. Bring $20 for concessions. Please have an early dinner before this event.

- **Code:** 6-214-01-1
- **Location:** Paramount Theatre, Aurora
- **Date:** Sunday, February 21
- **Show Time:** 5:30 p.m.
- **Time:**
  - Lemont Transportation: 3–10 p.m.
  - Denning Transportation: 3:30–9:30 p.m.
  - SEASPAR Transportation: 4–9 p.m.
- **Limit:** 21
- **Fee:** $66

**Accessible Seat**
- **Code:** 6-214-01-2
- **Limit:** 1

Skydeck Chicago
Whether it is daring to stand out on The Ledge or learning about the Windy City, you get a one-stop Chicago experience. The Skydeck is 103 floors above Wrigley Field, Cloud Gate at Millennium Park, and North Avenue Beach. A pizza lunch is included.

- **Code:** 6-216-01-1
- **Location:** Skydeck Chicago
- **Date:** Saturday, February 27
- **Time:**
  - Lemont Transportation: 9:30 a.m.–5 p.m.
  - SEASPAR Transportation: 10 a.m.–4:30 p.m.
  - Denning Transportation: 10:30 a.m.–4 p.m.
- **Limit:** 11
- **Fee:** $75
**Winter Pool Party**
Come take a plunge with SEASPAR at The CORE pool. It might be cold outside, but we stay warm inside! Pizza and munchies are provided. Wear your swimsuit under your clothes and bring a change of clothes and a towel.

- **Code**: 6-217-01-1
- **Location**: The CORE, Lemont
- **Date**: Sunday, February 28
- **Time**: 5–7:30 p.m.
  - SEASPAR Transportation: 4–8:30 p.m.
  - Denning Transportation: 4:30–8 p.m.
- **Limit**: 12
- **Fee**: $28

**Dave & Buster’s**
Find the new mix of fun at Dave & Buster’s! Enjoy dinner and the Million Dollar Midway, where there are more than 200 arcade games to play with a power card – the choice is yours. Let your inner kid run free!

- **Code**: 6-218-01-1
- **Location**: Dave & Buster’s, Addison
- **Date**: Saturday, March 5
- **Time**: Lemont Transportation: 3:30–8:30 p.m.
  - Denning Transportation: 4–8 p.m.
  - SEASPAR Transportation: 4:30–7:30 p.m.
- **Limit**: 12
- **Fee**: $55

**Milwaukee Bucks**
Watch the Bucks dribble, shoot, and score against the Oklahoma City Thunder. Bring $30 for concessions and souvenirs. Please have lunch at home before this event. **Note**: Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. This program is not recommended for those who fear heights, as our seats are located in the upper level.

- **Code**: 6-219-01-1
- **Location**: Bradley Center, Milwaukee
- **Date**: Sunday, March 6
- **Game Time**: 2:30 p.m.
- **Time**: Lemont Transportation: 11 a.m.–8:30 p.m.
  - SEASPAR Transportation: 11:30 a.m.–8 p.m.
  - Denning Transportation: 12–7:30 p.m.
- **Limit**: 11
- **Fee**: $95

**Accessible Seat**

- **Code**: 6-219-01-2
- **Limit**: 1

**Remember When...**
SEASPAR participants have attended sporting events from the beginning. Trips to see the Chicago White Sox and Cubs were offered in the summer of 1978, when ticket prices were less than $5. Since then, the average Cubs ticket price has increased 715%.

**SEASPAR 40th Anniversary Dance**
Dance the night away with your friends as we celebrate SEASPAR’s 40th anniversary. Time flies when you are having fun at SEASPAR! Our DJ spins the latest tunes. Refreshments are served. **Note**: This event is included in all Social Club schedules.

- **Code**: 6-220-01-1
- **Location**: Clarendon Hills Community Center
- **Date**: Friday, March 11
- **Time**: 6:30–8:30 p.m.
  - Lemont Transportation: 6–9 p.m.
- **Fee**: $17

**Discover Us!**
The Dancing Horses Theatre

The Dancing Horses show is a live equestrian extravaganza which has been described by journalists as a blend between Las Vegas and Disney. We also see the exotic bird show featuring eight large parrots that talk, sing, and perform tricks. Lunch is provided.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-225-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>The Dancing Horses Theatre, Delavan, WI</td>
</tr>
<tr>
<td>Date</td>
<td>Saturday, March 19</td>
</tr>
<tr>
<td>Show Time</td>
<td>1 p.m.</td>
</tr>
<tr>
<td>Time</td>
<td>Lemont Transportation: 8:30 a.m.–6:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>Denning Transportation: 9 a.m.–6 p.m.</td>
</tr>
<tr>
<td></td>
<td>SEASPAR Transportation: 9:30 a.m.–5:30 p.m.</td>
</tr>
<tr>
<td>Limit</td>
<td>11</td>
</tr>
<tr>
<td>Fee</td>
<td>$90</td>
</tr>
</tbody>
</table>

Accessible Seat

<table>
<thead>
<tr>
<th>Code</th>
<th>6-225-01-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limit</td>
<td>1</td>
</tr>
</tbody>
</table>

West Side Story

It’s quite possibly one of the greatest love stories ever to be told in a musical. From heart-wrenching ballads like “Somewhere” and steamy Latin beats in “America” to the soaring lyrics of “Tonight,” West Side Story is a musical masterpiece. It makes no difference if you’ve seen West Side Story before or if you’ve never seen it at all. The Paramount Theatre creative team takes this production to a level that makes this the West Side Story you’ll never forget. Bring $20 for concessions. Please have an early dinner before this event.

<table>
<thead>
<tr>
<th>Code</th>
<th>6-226-01-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>Paramount Theatre, Aurora</td>
</tr>
<tr>
<td>Date</td>
<td>Sunday, March 20</td>
</tr>
<tr>
<td>Show Time</td>
<td>5:30 p.m.</td>
</tr>
<tr>
<td>Time</td>
<td>Lemont Transportation: 3–10 p.m.</td>
</tr>
<tr>
<td></td>
<td>Denning Transportation: 3:30–9:30 p.m.</td>
</tr>
<tr>
<td></td>
<td>SEASPAR Transportation: 4–9 p.m.</td>
</tr>
<tr>
<td>Limit</td>
<td>11</td>
</tr>
<tr>
<td>Fee</td>
<td>$66</td>
</tr>
</tbody>
</table>

Accessible Seat

<table>
<thead>
<tr>
<th>Code</th>
<th>6-226-01-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Limit</td>
<td>1</td>
</tr>
</tbody>
</table>

Registration Deadline: Monday, January 4 – 4:30 p.m.
special events for teens and adults (ages 16+)

**Chicago Bulls**
Watch the Bulls dribble, shoot, and score against the Detroit Pistons. Bring $20 for concessions and souvenirs. **Note:** Due to the unpredictable length of the game, return times are approximate. SEASPAR stays for the whole game. If the group is going to be more than 20 minutes late, staff will attempt to contact families or caseworkers with updated information. This program is not recommended for those who fear heights, as our seats are located in the upper level.

- **Code** 6-230-01-1
- **Location** United Center, Chicago
- **Date** Saturday, April 2
- **Game Time** 7 p.m.
- **Time**
  - Lemont Transportation: 4:30–11:30 p.m.
  - SEASPAR Transportation: 5–11 p.m.
  - Denning Transportation: 5:30–10:30 p.m.
- **Limit** 16
- **Fee** $95

**Accessible Seats**

- **Code** 6-230-01-2
- **Limit** 2

**Cooper's Hawk Restaurant**
Cooper’s Hawk Restaurant is an upscale casual restaurant that serves the finest ingredients. Enjoy their assortment of pastas, chicken, seafood, beef or pork – the choice is yours. **Note:** A gluten-free menu is available.

- **Code** 6-231-01-1
- **Location** Cooper’s Hawk Restaurant, Naperville
- **Date** Sunday, April 3
- **Time**
  - Lemont Transportation: 3:15–8:45 p.m.
  - Denning Transportation: 3:45–8:15 p.m.
  - SEASPAR Transportation: 4:15–7:45 p.m.
- **Limit** 9
- **Fee** $57

**Team Bowling Tournament**
The 36th annual Team Bowling Tournament, co-hosted by the Kiwanis Club of Downers Grove, is one of the highlights of the season. Bowlers from other SRAs join us in a friendly competition. Remember that SEASPAR’s tournament is a team effort, meaning scores from every individual are pooled to create a team score. Lunch is provided after bowling.

- **Code** 6-232-01-1
- **Location** Willowbrook Lanes
- **Date** Saturday, April 9
- **Time** 9 a.m.–12:45 p.m.
- **Limit** 12
- **Fee** $30

**Guys Day Out**
Hey fellas, join us for an afternoon at the Big Ten Museum at the Big Ten Conference headquarters in Rosemont. The Big Ten Experience is a new digital museum featuring 13 interactive exhibits that showcase the history of the conference back to 1896, the year it was founded. Attempt to catch a football, stop a soccer ball, or block a hockey puck through an interactive game that promises to test your speed, agility, and hand-eye coordination in their Game On exhibit. Lunch is included at Kings Rosemont.

- **Code** 6-234-01-1
- **Location** Big Ten Museum, Rosemont
- **Date** Sunday, April 10
- **Time**
  - Lemont Transportation: 10 a.m.–4:30 p.m.
  - SEASPAR Transportation: 10:30 a.m.–4 p.m.
  - Denning Transportation: 11 a.m.–3:30 p.m.
- **Limit** 12
- **Fee** $65

**Luau Dance**
Bring your aloha spirit to SEASPAR’s spring dance! Join your friends as we dance the night away to this spring’s hottest hits. The EAGLES program participants help coordinate this event. Don’t worry if you work up an appetite while you boogie down, as refreshments are included.

- **Code** 6-236-01-1
- **Location** Darien Sportsplex
- **Date** Saturday, April 16
- **Time** 6:30–8:30 p.m.
- **Fee** $17

Remember When...
In 1980, the Downers Grove Kiwanis Breakfast Club began sponsoring the Team Bowling Tournament for SEASPAR. The event continues today – see the program description to the left. The first year, the cost for two games and shoe rentals was $3.50.
**Dreamgirls**

*Dreamgirls* is the story of an up-and-coming 60s singing group from Chicago and the triumphs and tribulations that come on the road of fame and fortune. This Tony and Academy Award winning musical provides an illuminating interpretation of the legendary scenes and unforgettable songs, including “One Night Only” and “Listen.” Please have lunch before this event.

- **Code**: 6-237-01-1
- **Location**: Stage 773, Chicago
- **Date**: Sunday, April 17
- **Show Time**: 2 p.m.
- **Time**:
  - **Transportation**: 11 a.m.–6:30 p.m.
  - **SEASPAR Transportation**: 11:30 a.m.–6 p.m.
  - **Denning Transportation**: 12–5:30 p.m.
- **Limit**: 15
- **Fee**: $95

**Accessible Seat**

- **Code**: 6-237-01-2
- **Limit**: 1

**Charlotte’s Web**

*Charlotte’s Web* tells the story of Fern, a little girl who loves a sweet pig named Wilbur, and their friendship with a spider named Charlotte. Thanks to Charlotte and the mischievous rat Templeton, Wilbur becomes a prize pig, ensuring his place on the farm forever. This endearing tale celebrates the value of friendship, love, and devotion. A breakfast buffet is included.

- **Code**: 6-238-01-1
- **Location**: Drury Lane Theatre, Oakbrook Terrace
- **Date**: Saturday, April 23
- **Show Time**: 1 p.m.
- **Time**:
  - **Transportation**: 9:45 a.m.–3:45 p.m.
  - **SEASPAR Transportation**: 10:15 a.m.–3:15 p.m.
  - **Denning Transportation**: 10:45 a.m.–2:45 p.m.
- **Limit**: 11
- **Fee**: $58

**Accessible Seat**

- **Code**: 6-238-01-2
- **Limit**: 1

**Spring Escape**

Join SEASPAR as we travel to Shipshewana, Indiana. We’ll enjoy shopping at Davis Mercantile, visiting Dutch Creek Farms Animal Park, touring Hostetler’s Hudson Auto Museum, and much more! The group stays at the Farmstead Inn and Conference Center. Participants share rooms and possibly beds. Contact Kim Huggins at 630.960.7628 before January 4 if you want your own room or bed. An additional fee will apply for these arrangements. Staff may not be present in all rooms. Rooms are assigned according to age and gender. **Note:** This trip involves moderate walking. Participants are encouraged to contribute to group dynamics by cooperating with staff and fellow travelers, and by adapting their schedules and routines to accommodate the logistics of the trip. Bring $50 for souvenirs and snacks. A packing list is sent one week prior to the trip.

- **Code**: 6-241-01-1
- **Location**: Shipshewana, IN
- **Dates**: Friday, April 29–Sunday, May 1
- **Times**:
  - **Depart**: 9 a.m.
  - **Return**: 6 p.m.
- **Limit**: 12
- **Fee**: $405
Spring Formal
Join your friends at the Northern Suburban Special Recreation Association’s Spring Formal. Participants enjoy delicious appetizers and a night of dancing. This is a formal event and appropriate attire is required. No jeans or gym shoes. Men should wear ties and a jacket, ladies a party dress. Appetizers are provided.

Code  6-243-01-1
Location  Park Center, Glenview
Date  Friday, May 6
Time  Lemont Transportation: 4:45–11:15 p.m.
      SEASPAR Transportation: 5:15–10:45 p.m.
      Denning Transportation: 5:45–10:15 p.m.
Limit  12
Fee  $45

Harley-Davidson Museum
History roars to life at the Harley-Davidson Museum in Milwaukee, Wisconsin. See over 450 motorcycles and artifacts, dating back to Serial Number One, the oldest known Harley-Davidson motorcycle. Lunch is included.

Code  6-246-01-1
Location  Harley-Davidson Museum, Milwaukee, WI
Date  Saturday, May 7
Time  Lemont Transportation: 9 a.m.–7 p.m.
      SEASPAR Transportation: 9:30 a.m.–6:30 p.m.
      Denning Transportation: 10 a.m.–6 p.m.
Limit  12
Fee  $85

Ladies Day Out
It happens the moment you turn onto the long gravel road. It might be the charm of the century-old farmhouse filled with hand painted pottery, artisan-crafted candles, beautiful jewelry, and other unique treasures. Ladies enjoy a freshly prepared lunch and shopping. Come and enjoy the afternoon in the country. Bring $30 for shopping.

Code  6-247-01-1
Location  Emerson Creek Pottery & Tea Room, Oswego
Date  Saturday, May 14
Time  Lemont Transportation: 9 a.m.–3 p.m.
      Denning Transportation: 9:30 a.m.–2:30 p.m.
      SEASPAR Transportation: 10 a.m.–2 p.m.
Limit  12
Fee  $67

50s Dance Party
Relive the fabulous 50s as we “Rock Around the Clock” to our favorite tunes. Show off your fab 50s style in a leather jacket, white t-shirt, jeans, or a poodle skirt. A pizza dinner is provided.

Code  6-248-01-1
Location  The CORE, Lemont
Date  Saturday, May 14
Time  5:30–7:30 p.m.
      SEASPAR Transportation: 4:30–8:30 p.m.
      Denning Transportation: 5–8 p.m.
Fee  $25

Spring Pool Party
Come take a plunge with SEASPAR at The CORE pool! Pizza and munchies are provided. Wear your swimsuit under your clothes and bring a change of clothes and a towel.

Code  6-249-01-1
Location  The CORE, Lemont
Date  Sunday, May 15
Time  5–7:30 p.m.
      SEASPAR Transportation: 4–8:30 p.m.
      Denning Transportation: 4:30–8 p.m.
Limit  12
Fee  $28

Discover Us!
**Drop-Off/Pickup**

SEASPAR asks that parents promptly drop off and pick up participants at the designated program times. Before programs, staff are busy preparing for the program and are unavailable to supervise participants. After programs, staff may be scheduled at another facility and need to depart soon after the program. By allowing them to complete their work promptly, SEASPAR can operate more cost-efficiently. Be sure to check in with the staff when dropping off and picking up your child.

Families of participants who are not picked up promptly are sent a letter that serves to remind them of the concern. If the situation continues, a charge is imposed for subsequent late pickups. If a participant is picked up late (more than 10 minutes) three times in three months or less, a warning is sent stating that the next late pickup results in a payment due to SEASPAR for the overtime. A rate of $18 per hour is used. Payment is due to SEASPAR within one week of notification. If not paid promptly, the amount is due prior to the next registration. The staff makes every effort to return on time from all outings; we ask your cooperation in making pickups promptly.

If a participant is traveling home unsupervised, parents or case managers must submit written notice to the SEASPAR office. Please submit this notice with the registration form. We ask that you notify SEASPAR if someone other than a familiar family member is picking up your child.

**Absences**

When a participant cannot attend an activity, families should notify SEASPAR. The number of staff hired for a program is based on perfect attendance. Help us avoid unnecessary expenses by advising us if a participant will be absent. For special events, this allows those on the waiting list to attend and means that no tickets are wasted. Messages may be left on the after-hours absence line. We realize that last-minute absences may not allow for notice; however, we appreciate your assistance and cooperation.

**Family Playgroup**

Child and Family Connections and SEASPAR have joined together to offer playgroups to families of children with a disability, ages birth to three years. The goal of the playgroup is to bring families together in an open format, to play with other children, and to meet other parents with similar experiences. Toys, balls, books, the Wonders multi-sensory room, and more are available. Siblings are encouraged to attend. The group meets the second Tuesday of the month from 9:30–11 a.m. at the SEASPAR program room at the Lisle Recreation Center. For more information, contact Jenny Somone at Child and Family Connections at 630.493.0400.

**Inclusive Programs**

As part of SEASPAR’s continuum of recreation programs, inclusive services are provided for residents who wish to participate in general recreation programs. For many individuals with disabilities, participating alongside their peers without disabilities is a beneficial and rewarding experience. SEASPAR can provide services to enhance an existing program by training staff, adapting activities, developing behavioral modifications, and/or providing additional support staff.

Parents should be aware of a few simple guidelines prior to enjoying an inclusive recreation experience. First, register according to the park district/recreation department policies. Be sure to indicate on the registration form that your child needs an accommodation. Next, the participant should be able to follow the rules of conduct for the program, either with or without accommodation, and be willing to voluntarily participate in scheduled activities. SEASPAR and its member entity staff encourage and aid, but do not force participation. After registering, the member entity and SEASPAR work cooperatively with you to provide reasonable accommodations. For more information, contact Dana Herrera at 630.960.7609.

**Stroke Support Group**

SEASPAR, in cooperation with Hinsdale Hospital and La Grange Memorial Hospital, sponsors the Stroke Support Group for those who have had a stroke and their family and friends. It provides educational sessions about strokes and how to rebound following a stroke. Members encourage one another to face and overcome common problems by sharing their own experiences. The group provides a welcoming atmosphere and a sense of understanding, especially for those with communication and physical limitations. Strength can be drawn from one another in this type of environment. A schedule of activities and trips is available on our website at SEASPAR.org. For more information, contact Greg Pavesich at 630.960.7629.

---

**Remember When...**

**SEASPAR began addressing the need for inclusive services in 1984 – before the national trend toward the inclusion of all children with disabilities developed during the late 1980s and the Americans with Disabilities Act formalized the practice in 1990.**

---

**Remember When...**

The Stroke Club – now the Stroke Support Group – was started in 1988 with Hinsdale Hospital.
**EAGLES**

EAGLES is a community-based program that incorporates therapeutic recreation to help adults with developmental disabilities *Enhance Adult Growth through Lifestyle Education and Service*. This weekly program for adults ages 18–50 emphasizes leisure independence, community outings, and social interaction with peers. Each day includes a physical fitness component, guidance in making healthy choices, a recreational activity, and lunch. Individuals must meet specific criteria in order to be eligible for the program. The program is held at three different sites throughout SEASPAR’s communities: the Darien Sportsplex, the Lisle Recreation Center, and the Brookfield Municipal Building. For more information, contact Dawn Krawiec at 630.960.7608.

**Drop In Center**

The Drop In Center provides individuals who have mental health needs an opportunity to spend leisure time in a friendly, relaxed atmosphere. Activities are designed to enhance relationships between friends, peers, and family members. The program starts with lunch, followed by the planned activity or trip. A schedule of activities and trips is available on our website at SEASPAR.org. Individuals may choose to stop by for a few minutes or stay the entire time. The program is free for everyone who attends. Donations are accepted.

**Dates**

1st and 3rd Sunday of each month (except holidays)

**Time**

1–4 p.m.

**Location**

Westmont Community Center, 75 East Richmond Street

The Drop In Center is co-sponsored by SEASPAR, the DuPage County Health Department, and NAMI DuPage (National Alliance on Mental Illness). For more information, contact Greg Pavesich at 630.960.7629.

**Remember When...**

The grand opening of the Do-Drop-In Center (now the Drop In Center) was held in October 1988. The program maintains its original partners and location.

**SEASPAR/WDSRA Agreement**

SEASPAR and the Western DuPage Special Recreation Association (WDSRA) have an agreement that allows residents of each SRA to register in the weekly programs and special events of the other at their in-district rate. Overnight trips are not included. Registrations must be submitted by the agency’s deadline, and are processed after those of the agency’s residents. WDSRA serves the communities of Bloomingdale, Carol Stream, Glen Ellyn, Naperville, Roselle, Warrenville, West Chicago, Wheaton, and Winfield. For more information, contact SEASPAR at 630.960.7600. For a copy of the WDSRA brochure, contact WDSRA at 630.681.0962 or visit its website at WDSRA.com.

**Participant Scholarships**

The SEASPAR Board and staff are committed to offering programs at the lowest possible cost. However, due to financial restrictions, some individuals may find it difficult to pay the entire fee. To help those in need, a significant amount of scholarship funds are made available through the generosity of donors. Each year, community organizations and individuals contribute funds that are earmarked for scholarships. We appreciate this support which allows participants to benefit from activities. Generally, scholarships are available for up to 50% of the program fee. Any balance due from a previous season must be paid prior to receiving additional scholarship funds. Scholarships are not available for overnight trips, and are only available to SEASPAR residents. Arrangements for a payment schedule are also possible to make the payment of fees more feasible. To apply for a scholarship, contact Matt Corso at 630.960.7600 at least one week prior to the registration deadline.

**Aktion Club**

Through the joint sponsorship of the Downers Grove and Lombard Kiwanis Clubs and SEASPAR, the SEASPAR Aktion Club is a unique community service organization designed for adults who wish to help others. Each year, the group conducts fundraisers to support local, state, national, and international projects. It also performs several service projects annually and competes in state and international Aktion Club contests. Due to the nature of this club, members must be able to perform service activities independently or with minimal supervision or support. For more information, contact Susan Friend at 630.960.7600.

Already looking forward to warmer weather? Watch for your summer brochure to be delivered the week of April 4!
Participant Expectations
SEASPAR provides leisure opportunities for individuals with disabilities, and while participating in our programs, we stress socialization skills, appropriate behavior, and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment in community outings, the staff has developed a list of participant expectations. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem, and normalization.

- Clean, dry clothing.
- No bowel/bladder problems upon arrival at the program. If this is a concern, extra clean clothing, cleanup supplies, and Depends garments must be sent with the participant.
- Attention to body odors (should smell fresh).
- Appearance should be clean.
- Appropriate attire for program participation (gym shoes, warm-ups, or loose-fitting clothing for athletic, sports, or exercise programs). If you have questions about attire, contact SEASPAR at 630.960.7600.

Staff will be consistent in stressing personal hygiene while participants are at programs.

Participation
Participants should be willing to voluntarily participate in the scheduled activities. SEASPAR staff encourage and aid, but do not force participation.

Code of Conduct
SEASPAR asks all participants and family members to observe the behavior code below, which was developed to ensure enjoyable and safe program experiences. SEASPAR will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
- Refrain from using foul language or other offensive behavior such as rude gestures, sexually explicit language, or inappropriate touching.
- Refrain from causing bodily harm or aggressive physical contact.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff.

Discipline
SEASPAR applies a caring, positive approach to discipline. Staff review rules with participants and are willing to work with parents to develop behavior modification programs as necessary. When conduct expectations are not met, staff will take reasonable steps to accommodate the behavior and minimize future risks. However, when accommodations are attempted and are unsuccessful, or when no reasonable accommodation exists to avoid future risks, SEASPAR may take actions such as removing a participant from an activity for a short period of time, removing a participant from an activity for the remainder of the day, suspending participation for the next program meeting, or suspending participation in that program for the remainder of the season. Notwithstanding SEASPAR’s option to use progressive discipline, SEASPAR is not required to do so and may, at its sole discretion, forgo lesser forms of discipline at any time, and proceed immediately with suspending participation for the remainder of the season.

Listed below are examples of reasons for disciplinary action. This list, however, does not constitute a comprehensive list of all acts which may subject the participant to disciplinary action, including suspension from any program or activity. Instead, the following list sets forth some of the more typical circumstances that arise. They include, but are not limited to:

- Making loud noises in particular settings where quietness is expected.
- Inability to sit quietly in theaters, concerts, etc.
- Showing lack of respect for other participants/patrons at activities.
- Running in crowded areas or bolting from the group – this can cause disruption or be a significant safety problem.

Please Check In
When arriving at and departing from programs, parents are asked to check in with staff before leaving or taking their child. Note: SEASPAR staff are not responsible for supervision of participants prior to the start of the program.
Weather Cancellations

Weekly programs and special events may be cancelled due to inclement weather. To check the status of a program, call the SEASPAR office at 630.960.7600 one to two hours before the program begins, or between 4–4:30 p.m. for evening programs. If a program is cancelled, staff attempt to reach all participants by phone to inform them of the cancellation. After hours, program changes are available on the program update selection of SEASPAR's phone system. If indoor facilities are available for weekly programs, the program is held as usual. Programs cancelled due to inclement weather are not rescheduled.

Severe Winter Weather Guidelines for Cancelling Programs:

- **Outdoor programs or programs with transportation for participants with physical disabilities:**
  - Temperature of zero or wind chill of -10° or less

- **All other programs with transportation:**
  - Temperature of -10° or wind chill of -20° or less

All programs (including indoor) are cancelled during snowstorm or blizzard situations when driving restrictions and emergency accident plans are in effect (e.g., winter storm or blizzard warnings).

Loss or Theft

Label all items brought to programs with the participant’s name. Any electronic communication device or adaptive equipment must be checked in with a staff member upon arrival at the program. Participants are encouraged not to bring items of value. SEASPAR is not responsible for theft or loss of personal belongings.
Registration Procedures

Online Registration
Online registration begins on Tuesday, December 15, and ends on Monday, January 4 at 4:30 p.m.

To register online, visit SEASPAR.org. First-time online registrants must call the SEASPAR office for a user name, password, and instructions. The online registration requirements are:

- Must be a SEASPAR resident
- Must have no outstanding balance
- Must have 2016 Annual Information Form on file
- Full credit card payment is required at the time of registration

Mail/In-Person Registration

- Complete both sides of the registration form and sign it.
- All new participants must complete an Annual Information Form and submit it with their registration form. Parents, guardians, or caregivers are responsible for informing SEASPAR of any changes to this information. Annual Information Forms are available at SEASPAR and online at SEASPAR.org.
- Full payment must be received with the registration unless other arrangements have been made. Payment may be made by check, money order, cash, or credit card.
- Mail or drop off your registration, Annual Information Form, and payment as soon as possible, but no later than Monday, January 4 by 4:30 p.m. For after-hours convenience, there is a mail slot at the SEASPAR office entrance.
- SEASPAR resident registrations received by Monday, January 4, will be processed randomly beginning Tuesday, January 5.
- Non-resident registration begins Thursday, January 7, and is processed randomly.
- Registrations will not be processed if a balance remains from a previous season. Please contact the SEASPAR office with questions about any outstanding balances.
- Registrations received after the registration deadline are accepted if space is available.
- Registrations must be received in the office five business days before an activity.
- SEASPAR encourages registration prior to January 4. This enables the staff to answer questions and provide additional information.
- Instructors may not receive payment or register participants at programs.
- SEASPAR sends registration confirmations two weeks before programs begin. Please review the confirmation to verify programs for which you are registered or on the waiting list.

Program Cancellations

- A program may be cancelled if the program minimum is not met.
- Programs may be cancelled due to inclement weather. Make-up dates are generally not possible.
- If a participant cannot attend a program, he/she cannot send a substitute in his/her place.

Refund/Credit Procedures

- A full refund is issued if a program is cancelled by SEASPAR.
- In order for a participant to drop from a program, SEASPAR must be notified five business days prior to the start of the program to qualify for a refund. At that time, the participant will be refunded the cost of the program less a $5 processing fee, the cost of a ticket (if applicable, unless a participant on the waiting list registers), contracted services, or specialized non-refundable supplies.
- A prorated refund is issued if a written medical excuse accompanies the refund request.
- No refund is given if a program is postponed due to low enrollment. If the program is subsequently cancelled, a full refund is given.
- If a participant chooses to cancel from a program after the season has begun, a prorated refund is issued, less a $5 processing fee and ticket price, if applicable.
- All refunds are issued monthly.

Registrations will not be processed without payment.

Non-Resident Fee Policy

SEASPAR does not accept non-resident participants unless they reside in an unincorporated area. (See page 39 for information on the SEASPAR/WDSRA agreement.) An unincorporated area is property not within the boundaries of a park district or municipality, e.g., village, town, city. A 100% increase in fees is charged for non-residents to participate. Example: A $20 resident fee is multiplied by two for a total of $40. Registration forms for non-residents are accepted at any time, but are not processed until resident registration is completed. In all cases, residents are given priority and non-residents are admitted to programs only after all interested residents are served.
Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: DE = Denning LE = Lemont LI = Lisle SE = SEASPAR

### Programs for Everyone

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-001-1</td>
<td>Swim, Hilton, Mon., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-2</td>
<td>Swim, Hilton, Mon., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-3</td>
<td>Swim, The CORE, Mon., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-4</td>
<td>Swim, The CORE, Mon., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-5</td>
<td>Swim, Hyatt, Tue., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-6</td>
<td>Swim, Hyatt, Tue., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-7</td>
<td>Swim, Hyatt, Tue., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-8</td>
<td>Swim, Hyatt, Tue., 6 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-9</td>
<td>Swim, Doubletree, Wed., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-10</td>
<td>Swim, Doubletree, Wed., 6:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-11</td>
<td>Swim, Doubletree, Wed., 6:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-12</td>
<td>Swim, Hyatt, Thu., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-13</td>
<td>Swim, Hyatt, Thu., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-14</td>
<td>Swim, Hyatt, Thu., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-15</td>
<td>Swim, Hyatt, Thu., 6 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-074-1</td>
<td>Karate, Feb.-Mar.</td>
<td>75</td>
</tr>
<tr>
<td>6-074-2</td>
<td>Karate, Apr.-May</td>
<td>75</td>
</tr>
<tr>
<td>6-041-1</td>
<td>Sunshine Through Golf</td>
<td>55</td>
</tr>
</tbody>
</table>

### Music, Piano/Drums/Guitar

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-069-1</td>
<td>Music, Tue., Piano/Drums/Guitar Time Selection</td>
<td>225</td>
</tr>
</tbody>
</table>

### Ice Skating, Feb.-Apr.

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-008-1</td>
<td>Ice Skating, Feb.-Apr.</td>
<td>79</td>
</tr>
<tr>
<td>6-008-2</td>
<td>Ice Skating, Apr.-Jun.</td>
<td>79</td>
</tr>
</tbody>
</table>

### Sensory Explorers, Mon. (3-7)

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-099-1</td>
<td>Sensory Explorers, Mon. (3-7) Time Selection</td>
<td>70</td>
</tr>
</tbody>
</table>

### Adapted Music Lessons

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-050-9</td>
<td>Adapted Music Lessons Time Selection</td>
<td>85</td>
</tr>
</tbody>
</table>

### Sensory Sunday, 5-Visit Pass

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-099-8</td>
<td>Sensory Sunday, 5-Visit Pass Time Selection</td>
<td>25</td>
</tr>
</tbody>
</table>

### Rainbow Therapy Dogs (8-15)

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-056-1</td>
<td>Rainbow Therapy Dogs (8-15) Time Selection</td>
<td>38</td>
</tr>
</tbody>
</table>

## Programs for Children and Young Teens (Continued)

### Sensory Sunday, 12-Visit Pass

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-099-9</td>
<td>Sensory Sunday, 12-Visit Pass Time Selection</td>
<td>50</td>
</tr>
</tbody>
</table>

### Special Events for Children and Young Teens (Continued)

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-210-1</td>
<td>Day Off School, 2,716 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-213-1</td>
<td>Chicago Wolves (12-15) - DE SE</td>
<td>45</td>
</tr>
<tr>
<td>6-222-1</td>
<td>DuPage Children’s Museum (5-10) - DE SE</td>
<td>30</td>
</tr>
<tr>
<td>6-224-1</td>
<td>How I Became a Pirate (5-11) - DE SE</td>
<td>25</td>
</tr>
<tr>
<td>6-227-1</td>
<td>Spring Break, La Grange, 3,211 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-2</td>
<td>Spring Break, La Grange, 3,222 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-3</td>
<td>Spring Break, La Grange, 3,233 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-4</td>
<td>Spring Break, La Grange, 3,244 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-5</td>
<td>Spring Break, DuPage, 3,28 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-6</td>
<td>Spring Break, DuPage, 3,29 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-7</td>
<td>Spring Break, DuPage, 3,30 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-8</td>
<td>Spring Break, DuPage, 3,31 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-9</td>
<td>Spring Break, DuPage, 4,1 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-10</td>
<td>Spring Break, Lemont, 4/4 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-11</td>
<td>Spring Break, Lemont, 4/5 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-12</td>
<td>Spring Break, Lemont, 4/6 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-13</td>
<td>Spring Break, Lemont, 4/7 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-227-14</td>
<td>Spring Break, Lemont, 4/8 (6-15)</td>
<td>60</td>
</tr>
<tr>
<td>6-229-1</td>
<td>Teen Overnight (11-15) - DE LE</td>
<td>60</td>
</tr>
<tr>
<td>6-233-1</td>
<td>Progressive Dinner (12-15) - DE LE SE</td>
<td>35</td>
</tr>
<tr>
<td>6-235-1</td>
<td>Candy Land Party (5-10) - DE LE</td>
<td>25</td>
</tr>
<tr>
<td>6-239-1</td>
<td>Tour a Town (11-15) - DE LE</td>
<td>30</td>
</tr>
<tr>
<td>6-242-1</td>
<td>Swim &amp; Sensory, 4,30 (10-14) - DE LE LI</td>
<td>30</td>
</tr>
<tr>
<td>6-242-2</td>
<td>Swim &amp; Sensory, 5,7 (11-15) - DE LE LI</td>
<td>30</td>
</tr>
<tr>
<td>6-245-1</td>
<td>Blackberry Farm (10-15) - DE LE</td>
<td>42</td>
</tr>
</tbody>
</table>

### Programs for Individuals with Physical Disabilities

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-050-1</td>
<td>Adapted Boccia</td>
<td>35</td>
</tr>
<tr>
<td>6-056-1</td>
<td>Power Soccer</td>
<td>42</td>
</tr>
<tr>
<td>6-056-12</td>
<td>Wheelchair Table Tennis (8+)</td>
<td>37</td>
</tr>
</tbody>
</table>

**Total $**
registration form
(ages 3-15, continued)

Registration Deadline: Monday, January 4 – 4:30 p.m.

Participant’s Name ____________________ Age ______ Birth Date __________ Gender ______
Address __________________________________________ City __________________ Zip __________
Are you a new participant? Yes O No O Is this a new address? Yes O No O Is this a new phone number? Yes O No O
Home Phone _____________________________ Work Phone: Mom __________________________ Dad __________________________
Parents’ Names ___________________________ Cell Phone: Mom __________________________ Dad __________________________
Email Address __________________________________________________________________________
School ___________________________ Teacher __________________________
Disabilities or Diagnoses __________________________________________________________________
Are there any changes in allergic conditions? Yes O No O Dietary restrictions? Yes O No O Medication? Yes O No O
Other health issues? Yes O No O Please list __________________________________________________________________________
Do you have an updated emergency contact? Yes O No O Name ___________________________
Address _______________________________ Phone Number __________________________
Indicate friends and/or carpool accommodations _____________________________________________________________________________________

WAIVER AND RELEASE

IMPORTANT INFORMATION
SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants’ safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate. You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK
Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK
Please read this information carefully and be aware that in signing up and participating in activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as “SEASPAR”).
I do hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these activities.
I understand that SEASPAR carries no medical insurance and the participant’s family must cover any medical costs incurred. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver, and release of all claims.
In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent’s Signature ___________________________ Date __________

PARTICIPATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.
PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.
The registration deadline is 4:30 p.m. on January 4. Registration confirmations will be sent two weeks before programs begin.
# Programs for Everyone

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-001-01-1</td>
<td>Swim, Hilton, Mon., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-2</td>
<td>Swim, Hilton, Mon., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-3</td>
<td>Swim, The CORE, Mon., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-4</td>
<td>Swim, The CORE, Mon., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-5</td>
<td>Swim, Hyatt, Tue., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-6</td>
<td>Swim, Hyatt, Tue., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-7</td>
<td>Swim, Hyatt, Tue., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-8</td>
<td>Swim, Hyatt, Tue., 6 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-9</td>
<td>Swim, Doubletree, Wed., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-01-10</td>
<td>Swim, Doubletree, Wed., 6 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-11</td>
<td>Swim, Doubletree, Wed., 6:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-12</td>
<td>Swim, Hyatt, Thu., 4:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-13</td>
<td>Swim, Hyatt, Thu., 5 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-14</td>
<td>Swim, Hyatt, Thu., 5:30 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-001-15</td>
<td>Swim, Hyatt, Thu., 6 p.m.</td>
<td>175</td>
</tr>
<tr>
<td>6-014-01-1</td>
<td>Sunshine Through Golf</td>
<td>55</td>
</tr>
<tr>
<td>6-006-01-1</td>
<td>Music, Tue., Piano/Guitar</td>
<td>225</td>
</tr>
<tr>
<td>6-006-01-2</td>
<td>Music, Wed., Piano</td>
<td>225</td>
</tr>
<tr>
<td>6-006-01-3</td>
<td>Music, Thu., Keyboard/Voice</td>
<td>225</td>
</tr>
<tr>
<td>6-070-01-1</td>
<td>Horseback Riding, 5 p.m.</td>
<td>150</td>
</tr>
<tr>
<td>6-070-01-2</td>
<td>Horseback Riding, 5:30 p.m.</td>
<td>150</td>
</tr>
<tr>
<td>6-070-01-3</td>
<td>Horseback Riding, 6 p.m.</td>
<td>150</td>
</tr>
<tr>
<td>6-008-01-2</td>
<td>Ice Skating, Feb.-Apr.</td>
<td>79</td>
</tr>
<tr>
<td>6-008-01-3</td>
<td>Ice Skating, Apr.-Jun.</td>
<td>79</td>
</tr>
<tr>
<td>6-009-04-1</td>
<td>Sensory Explorers, Wed.</td>
<td>70</td>
</tr>
<tr>
<td>6-050-09-1</td>
<td>Adapted Music Lessons</td>
<td>85</td>
</tr>
<tr>
<td>6-099-01-8</td>
<td>Sensory Sunday, 5-Visit Pass</td>
<td>25</td>
</tr>
<tr>
<td>6-099-01-9</td>
<td>Sensory Sunday, 12-Visit Pass</td>
<td>50</td>
</tr>
</tbody>
</table>

## Special Olympics

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-119-01-1</td>
<td>Tennis</td>
<td>110</td>
</tr>
<tr>
<td>6-117-01-1</td>
<td>Softball</td>
<td>195</td>
</tr>
<tr>
<td>6-104-01-1</td>
<td>Nocce Pre-Season</td>
<td>40</td>
</tr>
<tr>
<td>6-106-01-1</td>
<td>Bowling, 4:30 p.m.</td>
<td>135</td>
</tr>
<tr>
<td>6-106-01-2</td>
<td>Bowling, 5:30 p.m.</td>
<td>135</td>
</tr>
</tbody>
</table>

## Programs for Individuals with Physical Disabilities

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-050-01-1</td>
<td>Adapted Bocce</td>
<td>35</td>
</tr>
<tr>
<td>6-050-06-1</td>
<td>Power Soccer</td>
<td>42</td>
</tr>
<tr>
<td>6-051-01-1</td>
<td>Wheelchair Table Tennis</td>
<td>37</td>
</tr>
</tbody>
</table>

## Programs for Teens and Young Adults

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-012-01-1</td>
<td>Teen Scene, Lyons Township (16-22)</td>
<td>312</td>
</tr>
<tr>
<td>6-012-01-2</td>
<td>Teen Scene, Downers Grove/Lemont</td>
<td>312</td>
</tr>
<tr>
<td>6-095-01-1</td>
<td>Young Adult Club (16-22)</td>
<td>225</td>
</tr>
<tr>
<td>6-211-01-1</td>
<td>Presidents’ Day Out (16-22)</td>
<td>48</td>
</tr>
<tr>
<td>6-028-01-1</td>
<td>Spring Expedition, 3/29 (16-22)</td>
<td>50</td>
</tr>
<tr>
<td>6-028-01-2</td>
<td>Spring Expedition, 3/31 (16-22)</td>
<td>50</td>
</tr>
</tbody>
</table>

## Programs for Teens and Adults

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-003-01-1</td>
<td>Fit N Fuel</td>
<td>60</td>
</tr>
<tr>
<td>6-007-01-3</td>
<td>Afternoon Adventures</td>
<td>270</td>
</tr>
<tr>
<td>6-017-01-1</td>
<td>Casino Night</td>
<td>75</td>
</tr>
<tr>
<td>6-046-01-1</td>
<td>Wrestle Mania – DE</td>
<td>66</td>
</tr>
<tr>
<td>6-002-03-3</td>
<td>Aqua Exercise &amp; Healthy Snack</td>
<td>60</td>
</tr>
<tr>
<td>6-034-01-1</td>
<td>BINGO!; Downers Grove</td>
<td>40</td>
</tr>
<tr>
<td>6-034-01-2</td>
<td>BINGO!; Lemont</td>
<td>40</td>
</tr>
<tr>
<td>6-076-01-1</td>
<td>Role Play</td>
<td>40</td>
</tr>
<tr>
<td>6-014-01-1</td>
<td>Music Mania</td>
<td>95</td>
</tr>
<tr>
<td>6-007-01-1</td>
<td>Day Away Tour</td>
<td>315</td>
</tr>
<tr>
<td>6-050-09-1</td>
<td>Sensory Explorers, Woodshop</td>
<td>88</td>
</tr>
<tr>
<td>6-039-01-1</td>
<td>Animal Assisted Therapy</td>
<td>50</td>
</tr>
<tr>
<td>6-023-01-1</td>
<td>Alley Cats, Lisle</td>
<td>175</td>
</tr>
<tr>
<td>6-022-01-1</td>
<td>Diner’s Delight, Lisle</td>
<td>182</td>
</tr>
<tr>
<td>6-023-02-1</td>
<td>Alley Cats, Willowbrook</td>
<td>175</td>
</tr>
<tr>
<td>6-022-02-1</td>
<td>Diner’s Delight, SEASPAR</td>
<td>182</td>
</tr>
<tr>
<td>6-023-03-1</td>
<td>Diner’s Delight, Denning</td>
<td>182</td>
</tr>
<tr>
<td>6-011-01-2</td>
<td>Dance! the Night Away</td>
<td>72</td>
</tr>
<tr>
<td>6-027-01-1</td>
<td>Bulls &amp; Blackhaws Bananza, 2/10</td>
<td>28</td>
</tr>
<tr>
<td>6-027-01-2</td>
<td>Bulls &amp; Blackhaws Bananza, 2/24</td>
<td>28</td>
</tr>
<tr>
<td>6-027-01-3</td>
<td>Bulls &amp; Blackhaws Bananza, 3/16</td>
<td>28</td>
</tr>
<tr>
<td>6-027-01-4</td>
<td>Bulls &amp; Blackhaws Bananza, 4/13</td>
<td>28</td>
</tr>
<tr>
<td>6-032-01-1</td>
<td>Holiday Treats</td>
<td>48</td>
</tr>
<tr>
<td>6-002-01-1</td>
<td>Adult Swim</td>
<td>60</td>
</tr>
<tr>
<td>6-019-01-1</td>
<td>At the Movies, Hodykins</td>
<td>70</td>
</tr>
<tr>
<td>6-019-01-2</td>
<td>At the Movies, Woodridge</td>
<td>70</td>
</tr>
<tr>
<td>6-014-01-2</td>
<td>Glee Club</td>
<td>110</td>
</tr>
</tbody>
</table>

## Special Events for Teens and Adults

<table>
<thead>
<tr>
<th>Code</th>
<th>Program</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-028-01-1</td>
<td>Crafters Club</td>
<td>50</td>
</tr>
<tr>
<td>6-013-01-1</td>
<td>Weight Training</td>
<td>96</td>
</tr>
<tr>
<td>6-033-01-1</td>
<td>Yoga</td>
<td>152</td>
</tr>
<tr>
<td>6-025-01-1</td>
<td>Social Club</td>
<td>195</td>
</tr>
<tr>
<td>6-026-01-1</td>
<td>Saturday Night Socialites – AP SE</td>
<td>260</td>
</tr>
</tbody>
</table>

## Payment Type
- Cash 0
- Check 0
- Money Order 0
- Credit Card 0

Cardholder Name: __________________________ Age: _______ Birth Date: __________ Gender: _______

Listed are all programs in order as they appear in the brochure. Please check only those programs for which you are registering. Any age restrictions are noted in parentheses. Circle transportation location where appropriate: AP = 737 Apts. DA = Darien DE = Denning LE = Lemont LJ = Lisle SE = SEASPAR

See transportation information and requirements on pages 15 or 29.

**Office Use Only**

<table>
<thead>
<tr>
<th>Date Rec’d</th>
<th>Cash Amt</th>
<th>Rec’d By</th>
<th>Check Amt</th>
<th>AIF Given</th>
<th>AIF Rec’d</th>
</tr>
</thead>
</table>

4500 Belmont Road | Downers Grove, IL 60515 | 630.960.7600 | SEASPAR.org | 45
registration form
(ages 16+, continued)

Participant's Name ___________________________________________ Age _______ Birth Date __________________ Gender _______

Address _____________________________________________________ City ___________________ Zip ________________

Are you a new participant? Yes O  No O   Is this a new address? Yes O  No O   Is this a new phone number? Yes O  No O

Home Phone ___________________ Work Phone: Mom ___________________ Dad __________________________

Parents' Names ___________________________ Cell Phone: Mom ___________________ Dad __________________________

Email Address _______________________________________________________________________________________

School ____________________________________________ Teacher ________________________________

Disabilities or Diagnoses _____________________________________________________________________________________

Are there any changes in allergic conditions? Yes O  No O   Dietary restrictions? Yes O  No O   Medication? Yes O  No O

Other health issues? Yes O  No O   Please list _______________________________________________________________________

Do you have an updated emergency contact? Yes O  No O   Name ____________________________________________

Address _____________________________________________________ Phone Number _______________________

Indicate friends and/or carpool accommodations __________________________________________________________

IMPORTANT INFORMATION

SEASPAR is committed to conducting its recreation activities in a safe manner and holds the safety of participants in high regard. SEASPAR continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants’ safety. However, participants and parents/guardians of minors registering for activities must recognize that there is an inherent risk of injury when choosing to participate. You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of the participant. Despite careful and proper preparation instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activities, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreation activities exist. In this regard, it must be recognized that it is impossible for SEASPAR to guarantee absolute safety.

WAIVER AND RELEASE

I agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as “SEASPAR”). I hereby fully release and forever discharge SEASPAR from any and all claims for injuries, damages, and losses which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these activities (including transportation services/vehicle operation, when provided).

I understand and acknowledge that there are certain risks of physical injury to participants in these activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these activities against SEASPAR, including their officials, agents, volunteers, and employees (hereinafter collectively referred as “SEASPAR”).

In the event of an emergency, I understand and authorize SEASPAR staff and officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care for myself or minor child and agree that I will be responsible for payment of any and all medical services rendered.

Parent's Signature ___________________________________________ Date __________________

Participant's Signature (18 or older or Parent/Guardian) ___________________________________________ Date __________________

PARTICI PATION WILL BE DENIED if the waiver is not signed and dated by parent/guardian.

PARTICIPATION WILL BE DENIED if a current Annual Information Form is not on file.

Submit registration form with payment to SEASPAR, 4500 Belmont Road, Downers Grove, IL 60515.

The registration deadline is 4:30 p.m. on January 4. Registration confirmations will be sent two weeks before programs begin.
events and fundraisers

MOTHER AND SON GYM JAM

Presented by the Downers Grove Junior Women's Club and Downers Grove Park District

* Proceeds Benefit SEASPAR *

Sports
Music
Snacks
Entertainment
Raffles

dgjwc.org

Friday, January 8
6:30-8:30 p.m.
Downers Grove
Recreation Center

Resident: $25
Non-resident: $37
Ages 5-12

Believe & Achieve

An Annual Banquet
Recognizing
SEASPAR
Participants, Staff, and Partners

Wednesday, May 18
Abbington Banquets
Glen Ellyn

Look for your invitation in April!

SEASPAR
9-Hole Golf Event

Friday, May 20
Registration: 11 a.m. • Shotgun Start: Noon

Downers Grove Golf Course

$50/Person
Lunch Included

SEASPAR
Walk and Roll-A-Thon

A Fundraising Event

Ebersold Park, Downers Grove

Sunday, May 22 • 10 a.m.-12 p.m.

• Collect Pledges •
• Walk and Roll at Ebersold Park •
Raise Money for a New Vehicle for SEASPAR!
SEASPAR Fish Fry

Friday, February 5 • 4-9 p.m.

Wheatstack Restaurant
5900 S. Route 53, Lisle

All-You-Can-Eat Meal - $20
Children’s Meals - $10
Carry-Out Available

Proceeds Benefit SEASPAR’s Programs & Services

Purchase Tickets Online!
SEASPAR.org

Plant Sale Fundraiser

April 30 and May 3 • 9 a.m.-5 p.m.

Bronwood Greenhouse, Oak Brook

Bring new life to your garden while supporting SEASPAR!