May 2011

InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

2011 Volunteer Luncheon

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MEMBERS CORNER

MEMBERSHIP REPORT:
MARCH 2011

General: 962
Life: 200
Honorary: 2
Total: 1,164

HOURS REPORT:

TEENAGE VOLUNTEERS (TAV):
860.6 hours
71 TAVs

ADULT VOLUNTEERS:
13,425.8 hours
517 volunteers

TOTAL:
14,286.4 hours
588 total volunteers

INTERESTED IN VOLUNTEERING?
CALL 561.955.4098

Welcome
New Volunteers

Jessica Acosta-Zamora
Angel Alexion
Ronnie Amster
Kimberly Bagley
Rosa Bonorandi
Sara Dawson
Marie Demonthenes
Frank Desmond
Lisa Dunaj
Cyndia Estime
Tervanda Fesdjian
Martha Ginsberg
Ashley Jean-Pierre

Vincent Long
Keith Merle
Christina Mesoraca
Isabel Moskowitz
Alexandra Ordanian
Caitlyn Parker
Janyt Pockros
Kara Reid
Kaya Rouse
Ana Santiago
Jessica Silverio
Leslie Sklarew
Tara Waldrop

DECEASED:
Paul Bouda

MOTHER’S DAY: MAY 8
We wish you a happy Mother’s Day!

MEMORIAL DAY: MAY 30

LET’S GET SOCIAL!
We are looking for ideas from our volunteers on social activities, entertainment venues and other opportunities for get-togethers that our Debbie-Randers think would be fun for us to do as a group. Please relay your ideas to Debbie Leising.

PLEASE REMEMBER: Donations can be made to the D-RMSL in honor of Birthdays, Anniversaries, Graduations, Memorials and Remembrances.
Administrative Update

I am certainly proud to be serving as the Executive Director of the Christine E. Lynn Women's Health & Wellness Institute, a role I assumed in November 2010. It is an exciting time for both the Institute and the Hospital and I look forward with great enthusiasm to expanding our role as the preeminent provider of women's health services in our region.

A native of Indianapolis, I graduated from St. Joseph's College in Rensselaer, Indiana with a degree in Psychology and later received both my BSN and a MSN in Nursing Administration from the Indiana University School of Nursing.

I began my career at St Vincent Hospital where I served in a number of capacities including Director of the hospital's Women's Health program. In that position I was responsible for all women's outpatient initiatives from maternity to senior aging. I was also very active in the community where I conducted a lecture series on a number of women's health topics.

One of the more interesting facets of my professional background is that I am a certified Sexual Assault Nurse Examiner. I was able to provide support and care to victims of sexual assault, rape and domestic violence when they arrived in the Emergency Department. While these were certainly tragic circumstances, I took great satisfaction in the help I could give to these victims at such a terrible time in their lives.

I have served as adjunct faculty with the Indiana University School of Nursing and enjoy teaching and mentoring new nurses. I am a member of the American Nurses Association, Sigma Theta Tau and the International Association of Forensic Nurses.

I am extremely passionate about women's health and fortunate to be working at an institution with such a proud and widely recognized reputation in breast care. Using that as our foundation, my colleagues and I are putting into place strategies that will widen this reputation into such areas as osteoporosis and women’s heart disease. With the generosity of Christine Lynn, we will see a new facility in the not so distant future. By every indicator, the future for women's health at Boca Regional is most bright.

Regards,

Elizabeth Linden, RN, MSN, Executive Director
Christine E. Lynn Women’s Health & Wellness Institute
Boca Raton Regional Hospital
Chinese Celebration Dine-Around

1. Chinese New Year Hosts and Hostesses: Dr. Phil Smith, Phyllis Smith, Karen Foreman & Jay Foreman  
2. Deanna Wheeler  
3. Pat Thomas  
4. Terry Fedele, Jerry Fedele & Evie Zimmerman  
5. Gloria Drummond & Host Jay Foreman  
6. James Carmichael & Aimee Yahn-Carmichael
May 2011 Pin Awards

100-HOUR PIN
Erica Alberino
Jennifer Alvarez
Luiz Alves
Deborah Anderson
Lorraine Applebaum
Amir Asasheh
Adi Avis
Javier Barrero
Terry Batinsky
Fran Beckerman
Jessica Bender
Suarine Beverly
Jonet Bloser
Tara Blume
John Boland
Wayne Brazier
Linda Briggs
Jody Buta
Christopher Butler
Rebecca Cairo
Gordon Campbell
Alexandra Campos
Colombe Castellucci
Lian Castillo
Michael Cebrowski
Russell Chisholm
Vincenza Cirillo
Nancy Coakley
Ashley Crowe
Patricia De La Piedra
Robert Denney
Christopher Deshommes
Harelle Deshommos
Carol DiNallo
Lily Feldman
Ruth Felder
Lily Feldman
Linda Finer
Maureen Fiorentino
Debra Friedman
Lauren Kyle Garay
Alexandre Gauthier
Nadine Ghanem
Mathua Goodkin
Lana Grandana
Kerry Grogin
Lisa Haines
Rhoda Halperin
David Harsh
Hamiet Hoffman
Andrea Holguin
Jean Houggy
Geeta Iyer
Mathilde Jean-Pierre
Will Jeffers
Melissa Jenkins
Vasanti Jhaveri
Autumn Jordan
Susan Kahan
Sondra Kalker
Ari Kestenberg
Roshan Khayani
Shirley Kidd
Allen Kohn
Alexis Koper
Patricia Krasman
Emily Kramer
Johnathan Kramer

1000-HOUR PIN
Rachel Thibodeau
Isabelle Tersio
Robert Temple
Jennifer Temple
Donita Tenney
Nancy Tenney
Sondra Tenney
Kathy Tenney
Renee Tenney
Karen Tenney
Linda Tenney
Tony Tenney
Linda Tenney

2000-HOUR PIN
Janet Berns
Craig Carroll
Helene Cohen
Jack S. Cohen
East Goldfine
Nona Goldstein
Alexander Herschymuch
Barbara Kessler
William Mildner
Eilene Schwartz
Norma Vitor

2500-HOUR PIN
Louise Bassano
Cindy Bitner
Phyllis Bittner
Dorothy Cohen
Alice Duquette
Shelley Greenwald
Annellee Haber
Vivian Merritt
Thelma Mickelson
Jane Oppenheimer
Betty Piotnick
Michaela Pollack
Julia Procoa
Joan Rehmert
Al Ritter
Rachel Weiner

3000-HOUR PIN
Arthur Dermer
Janet Goltra
Daisy Grodin
Elinor Stein

3500-HOUR PIN
Alice Balbuena
Ilse Camis
Shirley Cohen
Betty Jan Hofstadter
Marie Kowetz
Larry Lachter
Mildred Landau
Patricia Lynch
Dorothy Moflo
John Phillips
Beatrice Skolnick
Betty J. Smith
Jack Yarmosky

4000-HOUR PIN
Barbara Gideon
Edith Hell
Norman Hell
Deborah Lessing
A. Vincent Liscano
Linda Moss

4500-HOUR PIN
Aurelia Da Pra
Jackie Faber
Martin Lambert
Hamiet Nicholas
Naomi O’Connell
Peter Palmar
Sondra Palmar
Ellie Phillips
Robert Reissman
Ellie Schack

5000-HOUR PIN
Ellen Carroll
Lorraine Hoffman
Betty Masta
Hennetta Mintz
Mae Winkelman

5500-HOUR PIN
Adele Mande Eaton
Gerald Goldberg
Judy Guentet
Elaine Sarro
Mary Selvin
Carolyn Silverstein

6000-HOUR PIN
Eleanor Applebaum
Harold Gerber
Edie Moore
Patricia Oliver
Mildred Strom
Marilyn Westler

7000-HOUR PIN
Mary Jane Findley
Sondra Greene
Maryanne Stark

7500-HOUR PIN
Dorcas Eppton
Patricia Mackay
Wanda Sadowski
John Sweeney
Doris Tormey

8000-HOUR PIN
Jean Antin
Betty Bresnigg
Lila Davis
Jane Greene

9500-HOUR PIN
Joan Buttry
Stanley Sadowski

10000-HOUR PIN
Sally Brisker
Elizabeth Ganz
Diana Rivelino

10500-HOUR PIN
Christy McDonald
Margaret (Peggy) Stein

11000-HOUR PIN
Norman Hurwitz

13000-HOUR PIN
Alexander Alexion
Evelyn (Evi) Zimmerman

14500-HOUR PIN
Patricia Longo

15000-HOUR PIN
Stevie Furer

15500-HOUR PIN
Josephine Ufferts

20500-HOUR PIN
Margaret Westervelt

23500-HOUR PIN
Eleanor Sloane
Elise Winn

24000-HOUR PIN
Lori McGinn

30500-HOUR PIN
Joan Wargo

38000-HOUR PIN
Ruth McGoldrick
Volunteer Week: Helping Hands

Displays throughout the Hospital recognized our volunteers “Helping Hands” during National Volunteer Week.
Cardiac and vascular surgeons at Boca Regional are now performing cases in the most advanced and sophisticated operating room environment available—the Hybrid OR. Working in conjunction with Siemens Healthcare, Boca Regional has combined state-of-the-art imaging, endovascular and surgical techniques, all in one operating room.

In the more conventional hospital setting, these elements are usually dispersed throughout the institution. For example, imaging studies – preoperative, intraoperative and post-operative – are done in various locations in Radiology. With a Hybrid OR, high quality angiographic imaging can be performed in a single setting at any time before, during and after the procedure.

Having these capabilities available in the OR provides both the patient and the surgical team with distinct and substantial benefits. The patient no longer needs a separate angiographic study before an endovascular or surgical procedure. Anesthesia time is reduced. Total procedural time is lessened which reduces the recovery period, the risk for complications and surgical team fatigue.

“Our surgeons specialize in minimally invasive cardiac and endovascular surgeries,” said James Morris, MD and Medical Director at Boca Regional’s Lynn Heart & Vascular Institute. “With the advent of our Hybrid OR, we now have intraoperative capabilities that vastly enhance our effectiveness and efficiency in such complex procedures as branched endografts for aneurysms and our upcoming program for percutaneous valve repair.”

The Hybrid OR also provides advantages in the care of life-threatening emergencies such as an aortic dissection, a tear in the aorta. “With intravascular ultrasound and imaging available in the room we can operate immediately upon diagnosis, and design and implement the most effective treatment,” said W. Anthony Lee, MD and Director of the Endovascular Program and Aortic Center at the Lynn Heart & Vascular Institute.

The Hybrid OR also enhances the use of Hospital resources and staff. “There is no question that having this amalgam of capabilities within the operating room makes us perform more efficiently,” said Jerry Fedele, President and CEO at Boca Regional. “It’s better for our patients, it’s better for the surgical team and Imaging Department and it helps us provide the most sophisticated level of care at a lower cost.”

“Simply put, the Hybrid OR is now the gold standard for cardiac and endovascular surgery,” concluded Dr. Morris. “It is a marvelous application of technology that makes us better at what we do and most importantly, improves patient outcomes. As the saying goes, ‘this is definitely not your father’s OR.’”

The Volunteer Office is accepting gently used books and current magazines to restock our patient library. The supply is running low and we need your help.

Please bring in your magazines, paperbacks and books to the Volunteer Office or drop them off at the volunteer desk inside the Hospital main entrance by the rotunda. Your help is greatly appreciated.

Do you have old newspaper clips on events or activities of the Debbie-Rand Memorial Service League from years gone by? Pictures, flyers or invitations? If you do, the D-RMSL is looking to build its archives on the wonderful work and contributions we’ve made over the last 50 years. Just drop off any related pieces at the Volunteer Office and direct them to Debbie Leising. Thank you for your support.
### Gift Shop Volunteers

**BY: HARRY & ZELDA EPSTEIN, INNerview Editors**

Flowers, jewelry and baby gifts are just a few of the many popular items you can purchase at the Gift Shop, located in the Hospital lobby. Many repeat customers come back throughout the year for that special gift, even when not visiting a patient. It is a tribute to Lois Ackner who manages the purchases and supervises the volunteers. Come in to visit and see for yourself – it’s open seven days a week.

Volunteers greet each customer with a warm welcome and assist in choosing appropriate gifts. Free gift wrapping is offered with every purchase.

This fiscal year Lois Ackner, states that they will double their profit and give the Hospital in excess of $100,000 – an outstanding result to cheer about. The following is a list of our Gift Shop volunteers:

**Sunday:** Helena Leitner, Timothy O’Connor & Marcella Nowak

**Monday:** Maria Liberati, Onelia Arguelles, Fern Bonder, Ruth Felder, Irene Fromm, Esta Goldfine, Bernice Weisman & Jacklyn Wishnoff

**Tuesday:** Bea Ainsztein, Mollye Berngard, Nona Goldstein, Rhoda Halperin, Beth Lowell, Suzanne Morris, Judy Sundel & Pat Vissaccio

**Wednesday:** Esta Goldfine, Natalie Patten, Ellen Rothman, Beverly Suanne & Jacklyn Wishnoff

**Thursday:** Carol DiNallo, Barbara Fetner, Lorna Granada, Lane Gross, Pat Lynch, Ellen Manes, Jacqueline Mangones, Natalie Patten & Jo Ulferts

**Friday:** Mildred Apicella, Evelyn Schreier, Joyce Kornbluth, Esther Levitan, Anni Goodman, Ruth Tilson, Luisa Rodriguez, Naybis Plasencia & Joan Buta

**Saturday:** Miranda Alexander, Zara Mansoor, Betty Smith & Jacqueline Mangones

Thanks to each of you!

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### Take Advantage of SHINE

As we are all aware, understanding Medicare, supplemental health insurance, long-term care and prescription coverage is a daunting task for even the most well informed. And if you are about to turn 65, it’s even more important for you to have a firm grasp of the options and choices you have. That’s why we urge you to take advantage of the SHINE Program (Serving Healthy Insurance Needs of Elders). Conducted by Harold Wolkoff, a D-RMSL volunteer and trained SHINE consultant, sessions are available to assist those currently on Medicare, or those soon to be eligible, in navigating the complexities of senior healthcare coverage. Family members and caregivers are also welcome. Harold provides this instruction on Monday and Wednesday mornings in the Education Center by appointment only. Please contact him at 561.955.4518 or 561.955.4419 during those days to schedule time. You’ll be glad you did.
Stop by the Debbie-Rand Thrift Shoppe for all the sales and take advantage of great deals.

Monday - Saturday: 10am - 4pm

903 Meadows Road, Boca Raton, FL 33486
Phone: 561.395.2208

Lud Odierna has earned almost 1600 hours since becoming a Debbie-Rand volunteer in October 2003. Since then he has worked in several departments, including IV Therapy, Endoscopy, Cath Lab and Emergency Room. Since 2006 he has worked in the Surgi-Center.

Lud and his wife, Jo-Ann, moved to Boca Raton in 1964 from New York when he was transferred by the insurance company he was working with at that time. In 1967, he started his own business, Pension Plans of Florida, serving medical professionals.

A graduate in political science from Georgetown University, Lud and Jo-Ann have three children. Their daughter Lisa, husband Gage and their three boys live in Minnesota. Their son Stephen, his wife Mary and their daughter and two sons live in Connecticut. Their son, Vincent, and “grand dog” live in Boca. Although Lud and Jo-Ann are leaving their home in Boca Del Mar, they plan to stay in Boca and Lud promises to continue his volunteer work at Boca Regional.

Thank you, Lud, for your valuable contribution to D-RMSL and Boca Regional.

Volunteer of the Month

LUDWIG ODIERNA

Pearle Vision

$100.00 Gift Coupon

Toward the purchase of a complete pair (frame and lenses) of prescription eyeglasses.

21126 Saint Andrews Boulevard
Boca Raton, Florida
(behind Town Center Mall in front of Maggiano’s)
561-347-7977

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All Boca Raton Regional Hospital volunteers, employees and physicians receive 10% discount on all in-store or locally delivered items, plus an additional 5% discount, which will go to the Debbie-Rand Memorial Service League