ALABAMA COUNSELING ASSOCIATION

46th Annual Conference
November 14 - 16, 2012

Renaissance Montgomery Hotel
and Convention Center
Montgomery, Alabama
ALABAMA COUNSELING ASSOCIATION

46th Annual Conference
November 14 - 16, 2012
Montgomery, Alabama

One Voice ♦ One Mission ♦ One Purpose
Celebrating the Alabama Counselor

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ALABAMA COUNSELING ASSOCIATION

One Voice ♦ One Mission ♦ One Purpose
Celebrating the Alabama Counselor

Founded 1954

ALCA has enjoyed remarkable growth and success in its 58 year history.

Today it has a membership of approximately 2000 members represented in nine Chapters and thirteen Divisions.

Let’s celebrate the dedication of our members statewide in our schools, colleges, agencies, institutions, and communities.

Our members are among the finest counselors in Alabama.

They are School Counselors... College Counselors...
Marriage and Family Counselors....
Educators and Supervisors.... Career Counselors...
Mental Health Counselors... Groupwork Specialists...
Rehabilitation Counselors...
Addictions and Offenders Counselors...
and Counselors in Private Practice.

They share one Vision of caregiving regardless of the specific nature of their work or location or specialty ~ they are all Counselors!
MESSAGE FROM THE ALCA PRESIDENT
DR. NECOAL DRIVER

Let me start out by saying it is a great honor to welcome you to the 46th Annual Alabama Counseling Association Fall Conference. I am very humbled to serve as your President and preside over this year’s conference. This year’s theme, “One Voice, One Mission, One Purpose: Celebrating The Alabama Counselor,” is a theme that I think we can all truly embrace as a counselor. We partner, give and truly impact the society in which we live. As a result, we need to be honored for our dedication, drive and caring spirit that is shown through our profession. As Martin Luther King stated, “Our lives begin to end the day we become silent about things that matter.” As counselors we understand that as humans we matter, and that we have taken on a responsibility in making sure that our clients voices are heard and dealt with. Truly we are a remarkable profession.

We have not had a fall conference in Montgomery since 1987. I think it is only befitting since Montgomery, Alabama, was a major site for the Civil Rights Movement. It is amazing to see as a society how we have evolved into a nation that is rich and diverse. There is still, however, much at stake, and again I cannot see a better site to make our mark and celebrate who we are than Montgomery, Alabama.

This year’s conference is an exciting conference geared toward the emphasis of what we stand for when we refer to the term “counselor.” We have a number of enriching content sessions aimed at making sure that you continually get the professional development and growth that has been accustomed with the fall conference. I have identified three keynote speakers who will address my theme, but also enrich you with knowledge and approaches that will be useful within the counseling profession. Dr. Bradley Erford, President of the American Counseling Association; Dr. Don C. Locke, internationally recognized for his multiculturalism concepts and research; and Mr. Joshua Burford, LGBT issues and historical trends. Having all three spectacular speakers is sure to be a remarkable and insightful moment.

In keeping with this year’s theme, let’s celebrate who we are as counselors and continue to embrace what we stand for as seen through our unified spirit.

Have a wonderful and enjoyable conference.

Sincerely,

Necoc Holiday Driver, Ph.D., LPC
ALCA President

Dr. Necoc Holiday Driver is the current President of the Alabama Counseling Association and the Department Chair of Instructional Support Programs within the College of Education at Alabama State University. A native of Iuka, Mississippi, Dr. Driver earned a Bachelor’s degree from Troy State University in Human Services/Psychology, a Masters in Community Agency Counseling from Auburn University Montgomery and later a Ph.D. in Counselor Education and Supervision from Auburn University. She has an extensive professional development background. Within ALCA she has served as the State Historian in 2010-2011 and has also served as the past president of the Alabama Marriage and Family Counseling Association, Chapter VII, Association for Alabama Specialists in Group Work, and the Alabama Association for Multicultural Counseling and Development along with other leadership positions. On the national level she served as Membership Co-Chair with the Association for Specialists in Group Work. Dr. Driver has won numerous awards within the state counseling profession and was recognized as the 2010 recipient of the Jean H. Cecil Counselor Educator Award. She continues to publish articles in which her primary research focus targets studies pertaining to African American Women and HIV. A general member of The Alpha Kappa Alpha Sorority, Inc. and a member of the Antioch Baptist Church in Mt. Meigs, Alabama, she heads the tutorial program and co-sponsors the annual scholarship recognition. She is the wife of Devin Driver.
The Alabama Counseling Association had its inception in 1954 as the Alabama Guidance Association, a locally organized, autonomous group. For years this group held state conventions and generally promoted professional development for counselors.

In 1964, during the Guidance Association’s state convention at the Dinkler-Tutwiler Hotel in Birmingham, the question of national affiliation was discussed. With that question as impetus, then President Wilbur Tincher appointed a committee of seven to study the possibility of affiliating with the American Personnel and Guidance Association (APGA). Following discussions with and visits from American Personnel and Guidance Association representatives Willie Dugan, Kenneth Hoyt, and C.Winfield Scott, the committee proposed affiliation on February 14, 1966.

A proposed new constitution aligning the state organization with the American Personnel and Guidance Association constitution was presented at the 1966 state meeting in Montgomery. The membership approved the new constitution and endorsed the alignment. The Alabama Guidance Association then petitioned for national affiliation with APGA. Application for formal recognition was made in the Fall of 1966. Acceptance by the Senate of the American Personnel and Guidance Association was soon forthcoming. The charter for affiliation of the Alabama group was presented at the national convention of the American Personnel and Guidance Association in Dallas, Texas, in 1967.

On November 18, 1983, the General session of the Alabama Personnel and Guidance Association voted to change its name to the Alabama Association for Counseling and Development in compliance with the national association’s change to the American Association for Counseling and Development.

In the business session at its twenty-fifth Annual Conference in Huntsville in 1992, the state organization changed its name to the Alabama Counseling Association (ALCA) following the lead of the national organization once again.

ALCA has enjoyed remarkable growth and success in its 58 year history. Today it has a membership of approximately 2000 members located in nine chapters and thirteen divisions. Each year the annual conference includes nationally known keynote speakers and a variety of professional opportunities. As the Association has grown, it has continued to add services for its members.
Roster of Presidents

1974 - 1975  Leeman Joslin*  1998 - 1999  Sherry Quan
1978 - 1979  Don Schmitz  2002 - 2003  Annette P. Bohannon
1979 - 1980  Barbara Echols Jackson*  2003 - 2004  P. Irene McIntosh
1985 - 1986  Nancy Fortner  2009 - 2010  Judy Childress
1986 - 1987  Linda Mahan  2010 - 2011  Nancy Fox
1987 - 1988  Anne Hartline  2011 - 2012  Dr. Melanie Wallace
1988 - 1989  Bob Comas
1989 - 1990  Ervin (Chip) Wood

*DECEASED

Upcoming Conferences

2012  Montgomery
2013  Birmingham
2014  Huntsville
Pre-Conference Activities
Tuesday, November 13, 2012

Early Registration
3:00-5:00 PM
Renaissance Hotel and Convention Center
Prefunction Area

Exhibit Hall Setup Begins at 1:00 PM

The ALCA Executive Council Meeting
6:00-8:00 PM
Montgomery Meeting Room #7 (2nd Floor)

The ALCA President’s Reception
(For Executive Council Only)
President’s Suite (Room 1227) at the Renaissance
8:15-9:00 PM
Sponsored by ACT
ALCA ANNUAL CONFERENCE
General Information

Awards Breakfast

The ALCA Annual Conference will kick off with the Awards Breakfast on Wednesday, November 14, 8:00 - 9:30 AM, in the Renaissance’s Alabama Ballroom A and B. The breakfast is sponsored by the Home Builders Association of Alabama. Join us in honoring our volunteers, leaders and workers, and those who have distinguished themselves during the past year.

Celebration Dance

The Celebration Dance will be held on Thursday night in the Renaissance Hotel Alabama Ballroom A and B and will feature Marvin Lowe as deejay and lots of door prizes. Come. Enjoy!

Continuing Education Units Available

ALCA has been approved by the National Board of Certified Counselors (NBCC) to provide CEUs for ALCA sponsored events, including those of chapters and divisions and is responsible for assuring compliance with NBCC guidelines for providers. The ALCA Conference is also approved for CEUs for social workers. The procedure for requesting CEUs for the 2012 ALCA Annual Conference is as follows:

The CEU request form is included in the back of this program booklet. Complete this form in its entirety according to the directions printed on the form. Return the form along with a check for $5.00 ($20 for new members) made payable to ALCA to:

Dr. M. Carolyn Thomas
ALCA CEUs
P O Box 640454
Pike Road, AL  36064-0454

The deadline for receipt of these report forms will be January 31, 2013. Certificates for annual conference attendance will be mailed as soon as possible after the conference but no later than March 31, 2013. Requests submitted after January 31, 2013, will cost $10. You must be registered for the conference to claim CEU credit.

Colleagues with Disabilities

The ALCA leaders and members are committed to ensuring you enjoy, benefit, and totally participate in the ALCA conference. Please let the members of our Conference Team know if you have special needs or if someone you know needs special assistance during the conference. ALCA is committed to your full participation in our conference, and we will respond to your needs as fully as possible. Contact Dr. Angela Stowe (205.414.3861), Joanne Schrantz (334.559.2426), or Dr. Chip Wood (205.652.1712).

Division Luncheons

Reservations for Division Luncheons will be made directly with Division leadership. There generally is an additional fee for these.
Cellular Phones & Pagers
Out of courtesy and respect, and for everyone’s benefit and enjoyment during the content sessions and other meetings, please disengage cellular phones, pagers, watch alarms, and any other electronic device that might make noise.

Name Tags/Admission Tickets
Your name tag (badge) will serve as your admission to all conference programs. Please wear it at all times. You will not be allowed to enter program rooms, general sessions, or the exhibit area without your badge. Please acquire it in advance at the registration table.

Exhibits
Exhibits will be located in the Renaissance Exhibit Hall, Section B. The exhibits will offer materials to fill many counseling needs including audio visual aids, printed and other resource materials, college selection aids, books and career information. The exhibits will be open:

    Wednesday, November 14, 8:45 A.M. - 5:00 P.M.
    Thursday, November 15, 8:00 A.M. - 4:00 P.M.

Please look for the list of the exhibitors in the back of this program booklet and take time to thank them during the conference.

Complimentary Breakfasts
Thanks to the generosity of our sponsors, attendees to the ALCA Annual Conference can enjoy free breakfasts all three days of the Conference. You are invited to join us for these breakfast events:

    Wednesday, November 14, 8:00 AM / Renaissance Alabama Ballroom B
    Sponsor: Home Builders Association of Alabama (Awards Ceremony)

    Thursday, November 15, 7:00 AM / Renaissance Alabama Ballroom A and B
    Sponsors: Auburn University and The University of Alabama

    Friday, November 16, 7:30 AM / Renaissance Alabama Ballroom A and B Pre-Function Area
    Sponsor: Amridge University

School Counselor Roundup
This special session is being presented for all school counselors—new through seasoned professionals. The School Counselor Roundup is scheduled for Wednesday, November 14, from 2:30 to 5:30 PM, in the Alabama Ballroom B. The State Department of Education has designated this as one of its training sessions for New Counselor Academy. Experienced school counselors will be providing ideas, skills, strategies, activities, and resources for counselors of all experience levels. New school counselors (with less than 3 years’ experience) need the entire session to meet New Counselor Academy guidelines. Experienced counselors may attend desired portions, though door prizes will be given throughout the session to encourage attendance at all portions.
Internet Access

The Renaissance sleeping rooms have wired or wireless internet access available for $9.95 + tax per connection. The internet service comes as a package called “wired for business” which includes internet as well as unlimited local and domestic long distance phone calls.

A Note about Our Exhibitors and Sponsors

Please remember that our exhibitors and sponsors spend a great deal of money (often thousands) providing food and drinks for breaks, meals, receptions, and giveaway items. They and their organizations do not owe us this generosity. Rather they do it to support us. Remember your manners. Don’t get more than your fair share. If they run out of an item, understand. Don’t be mad! Be appreciative that they did what they could. Your actions reflect on all of us - the ALCA, the counseling profession, as well as you, the professional counselor.

The Good Neighbor Plan
A Word to our Out-of-State Colleagues

The Alabama Counseling Association has a reciprocal agreement with the other state branches of ACA, AMHCA, and ASCA in the Southern Region. If you are from one of the Southern Region states, you may take advantage of our discounted member’s rate for the conference if you send proof of your current membership in your own state’s professional counseling association. Proof of membership may be current membership card with date, a letter of confirmation from your state’s association, or some other form of verification. Those registering on-site must bring similar proof. We are glad to extend this courtesy to our colleagues from other states in the Southern Region of ACA!

Statement of Attendance

If you simply need a statement verifying that you attended the conference, please contact the state office at 205-652-1712 or alca@alabamacounseling.org.
YOU ARE INVITED TO THE

Alabama Counseling Association’s Celebration Dance

Thursday, November 15
8:00 pm - 11:00 pm

Renaissance Hotel Ballroom A and B
Music by Marvin Lowe

JOIN US
Graduate Student Poster Session

Thursday, November 15, 2012

Time: 1:30-3:30 pm
Exhibit Hall Prefunction Area

SPONSOR: BRADFORD HEALTH SERVICES
THANK YOU TO BRADFORD HEALTH SERVICES FOR SUPPORTING THE GRADUATE STUDENT POSTER SESSION
2012 ALCA ANNUAL CONFERENCE
Conference in Brief

Tuesday, November 13, 2012
1:00 pm    Exhibit setup begins
3:00-5:00 pm  Conference Registration
6:00-8:00 pm  ALCA Executive Council Meeting
8:15-9:00 pm  President’s Reception for Executive Council - Sponsored by ACT

Wednesday, November 14, 2012
8:00-9:30 am  Awards Breakfast - Sponsored by Alabama Home Builders’ Association
8:00 am-4:00 pm  Conference Registration
8:45 am-5:00 pm  Exhibits
10:00 am-Noon  OPENING GENERAL SESSION - Keynote: Dr. Brad Erford
1:00-1:45 pm  Chapter/Division Presidents / Presidents-Elect Meeting
1:45-2:30 pm  ALCA Division Meetings
2:30-5:30 pm  School Counselor Roundup and New Idea Exchange
2:30-3:45 pm  CONTENT SESSIONS
3:45-4:00 pm  Break - Sponsored by various ALCA Chapters and Divisions
4:00-5:15 pm  CONTENT SESSIONS
6:00-7:00 pm  ALCA Past Presidents’ Reception
7:00-8:00 pm  Opening Reception - Sponsored by Alabama State University
8:00 until . . .  Dinner and activities on your own

Thursday, November 15, 2012
7:00-8:15 am  Auburn/Alabama Breakfast - Sponsored by Auburn University and University of Alabama
8:00 am-3:00 pm  Conference Registration
8:00-4:00 pm  Exhibits
8:30-10:15 am  GENERAL SESSION - Keynote: Dr. Don C. Locke
10:15-10:30 am  Break - Sponsored by Troy University in Montgomery
10:30-11:45 am  CONTENT SESSIONS
11:45 am-1:15 pm  Division Luncheons
1:30-3:30 pm  Graduate Student Poster Session
1:30-2:45 pm  CONTENT SESSIONS
2:45-3:00 pm  Break - Sponsored by Renaissance Hotel
3:00-4:15 pm  CONTENT SESSIONS
4:30-5:45 pm.  CONTENT SESSIONS
5:45-6:30 pm  Chapter Meetings/Socials
6:30-7:00 pm  Retired Counselors’ Reception
8:00-11:00 pm  Dance - Sponsored by ITT Educational Services and ALCA

Friday, November 16, 2012
7:30-8:30 am  Biscuit Breakfast - Sponsored by Amridge University
8:30-10:00 am  BUSINESS & GENERAL SESSION - Keynote: Joshua Bradford
10:30-11:45 am  CONTENT SESSIONS
Noon-1:00 pm  Conference Committee Meeting
CONFERENCE SITE MAP AND PLANS

RENAISSANCE®
MONTGOMERY HOTEL & SPA
AT THE CONVENTION CENTER

Convention Center

Alabama Ballroom

Prefunction Space

Restrooms

Prefunction

Main Entrance

Patio

MPAC ATRIUM

MPAC

MOLTON STREET

TALLAPOOSA STREET

BIBB STREET

COMMERCE STREET

First Floor
CONFERENCE SITE MAP AND PLANS

Ballrooms
ALCA Endowment Fund

If you want to honor someone, send a memoriam, or just make a contribution, the ALCA Endowment Fund is perfect for you.

Through your contribution, you contribute to activities that support counseling.

As a service to our Endowment Fund contributors, we will send the appropriate acknowledgements.

Contact Lin Wood at (205) 652-1712 or lin@alabamacounseling.org

ALCA Activities Calendar

ALCA maintains a comprehensive schedule of its activities and professional development opportunities on its website. Go to www.alabamacounseling.org and click on “Activities Calendar” to see what is happening in Alabama counseling.

ALCA Professional Liability Insurance

In today’s professional or student setting, perhaps nothing is more important than making sure you are protected in the event a client sues you. You need professional/student liability insurance.

ALCA, in partnership with the ACA Insurance Trust, offers their national insurance policy to our ALCA members.

CONTACT

Dr. Ervin “Chip” Wood
(205) 652-1712
alca@alabamacounseling.org
KEYNOTE SPEAKER
Bradley T. Erford, Ph.D.

Bradley T. Erford, Ph.D., LCPC, NCC, LPC, LP, LSP, is the 2012-2013 President of the American Counseling Association (ACA) and a professor in the school counseling program of the Education Specialties Department in the School of Education at Loyola University Maryland. He has authored or edited more than 15 books. His research specialization falls primarily in development and technical analysis of psycho-educational tests and outcomes research and has resulted in the publication of several dozen refereed journal articles, more than 100 book chapters, and ten published tests. He has received numerous awards for his scholarship and service to the counseling profession from ACA and the Association for Assessment in Counseling and Education (AACE), organizations within which he has held numerous leadership positions.
Don C. Locke was born in Macon, Mississippi, and grew up in Sunflower, Mississippi. He graduated from Gentry High School in Indianola, Mississippi, before going off to Tennessee State University where he received a B.S. and M.Ed. He began his career as a social studies teacher in Fort Wayne, Indiana, and eventually became a school counselor in the same system. He earned a doctoral degree from Ball State University and taught military personnel in England and Germany for one year before beginning his 30-year career at NC State University. He retired in July, 2007 from UNC Asheville as Director of Diversity and Multiculturalism, and was named Distinguished Professor Emeritus at NC State University. In 2011 he served as Interim Executive Director of the Asheville Buncombe Community Relations Council. He spent two summers at the Center for Advanced Study in the Behavioral Sciences at Stanford University.

Previously he served as Director of the Asheville Graduate Center and Director of the NC State University doctoral program in Adult and Community College Education at the Asheville Graduate Center. Immediately prior to assuming his position in Asheville in July 1993, he was Professor and Head of the Department of Counselor Education at NC State University in Raleigh. He has served as President of Chi Sigma Iota International and President of the Association for Counselor Education and Supervision. He was named Alumni Distinguished Graduate Professor at NC State in 2003. He is the recipient of the Professional Development Award from the American Counseling Association (1996), and the Professional Recognition Award from the American Counseling Association Foundation (1998).


In 2012 he serves as a member of the Board of Trustees of the Asheville-Buncombe Technical Community College, chair of the Board of Directors of Pisgah Legal Services, and member of the North Carolina Public Schools Forum. He holds life memberships in The American Counseling Association; The Association for Counselor Education and Supervision; NAACP, and Alpha Phi Alpha.

He and his wife, Marjorie Myles Locke, are parents of two adult daughters.
Josh is a graduate of the University of Alabama with Masters degrees in American Studies with a concentration in LGBT history of the late 20th century as well a Masters in Library and Information Studies. Josh has worked as advisor and mentor of Spectrum (the undergraduate LGBT student organization) and works specifically with the freshman class of LGBT students. Josh has been teaching since 1998 and is currently teaching a two part unit on LGBT history for UA. Modern Gay America and Contemporary Queer Culture are currently the only courses on LGBT history being taught in the state of Alabama. Josh has been working for the past five years training educators, counselors, and administrators how to make their environments and outreach more inclusive to LGBTQ individuals. Among his many roles, Josh is the past president of Capstone Alliance (the Faculty/Staff LGBTQ organization), works with Alabama youth as a liaison developing LGBTQ student organizations, and is an avid hiker. Josh works currently in the Office of Student Involvement and Leadership developing outreach programs for minority students, and working on Mentoring programs.
2012 ANNUAL CONFERENCE
Sessions Schedule with Locations

Tuesday, November 13, 2012

1:00 PM  Exhibit setup begins  Renaissance Exhibit Hall, Section B
3:00 PM - 5:00 PM  Conference Registration  Prefunction Area
6:00 PM - 8:00 PM  ALCA Executive Council Meeting  Montgomery Meeting Room 7 (2nd Floor)
8:15 PM - 9:00 PM  President’s Reception for Executive Council  President’s Suite at the Renaissance (#1227)

Sponsored by ACT

Wednesday, November 14, 2012

8:00 AM - 9:30 AM  Awards Breakfast  Alabama Ballroom B
Sponsor: Home Builders Association of Alabama
Billy McQueen, Representative
Presiding: Dr. Mark Leggett, Margaret Fox, and Dr. Tomeka McGhee

8:00 AM - 4:00 PM  Conference Registration  Prefunction Area
8:45AM - 5:00 PM  Exhibits  Renaissance Exhibit Hall, Section B
10:00AM - Noon  OPENING GENERAL SESSION  Montgomery Performing Arts Theatre
Presiding: Dr. Neccoal Driver, ALCA President
Musical Entertainment: Alabama State University Jazz Band
Presentation of Colors: Jefferson Davis High School ROTC
Pledge of Allegiance: Dr. Melanie Wallace, Past President ALCA
National Anthem: Mary Elise Thornton, Booker T. Washington Magnet High School
Introduction of 2012-2013 Officers: Dr. Neccoal Driver, ALCA President
Introduction of Keynote Speaker: Adam Green
Keynote Speaker: Dr. Brad Erford

1:00PM - 1:45 PM  Chapter/Division Presidents & Presidents Elect Meeting with Michael Lebeau  Montgomery Meeting Room 8
1:45PM - 2:30 PM  ALCA Division Meetings

ALAADA  Riverview Meeting Room 1
ALAAOC  Montgomery Meeting Room 1
ALACES  Riverview Meeting Room 2
ALAMC  Riverview Meeting Room 3
ALAMFC  Riverview Meeting Room 4
ALASERVIC  Riverview Meeting Room 5
ALASGW  Montgomery Meeting Room 6
ALCCA  Riverview Meeting Room 6
ALDARCA  Riverview Meeting Room 7
ALGBTICAL  Riverview Meeting Room 8
ALMHCA  Montgomery Meeting Room 5
ALSCA and ALCDA  Montgomery Meeting Room 7
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
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<tbody>
<tr>
<td>2:30 PM - 3:45 PM</td>
<td>CONTENT SESSIONS</td>
<td>Renaissance Meeting Rooms</td>
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<td>2:30 PM - 5:30 PM</td>
<td>School Counselor Roundup</td>
<td>Alabama Ballroom A or B</td>
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<td>Presenters: Dr. Stephanie Howard, Dr. Karen Moore Townsend, Scott Mohon, Anita</td>
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<td>Hutchison, Margaret Fox, AnnaGrace Baker Baldwin, Casey Lancaster, Hayden Belisle,</td>
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<td>Emily Rich, Maegan Vick</td>
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<td>3:45 PM - 4:00 PM</td>
<td>Break: Ice Cream Delight</td>
<td>Exhibit Hall Prefunction Area</td>
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<td>Sponsored by: Chapters I, III, IV, VII, VIII, IX, ALASGW, ALCCA, ALCDA, ALSCA,</td>
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<td>ALAMCD, ALMHCA</td>
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<td>4:00 PM - 5:15 PM</td>
<td>CONTENT SESSIONS</td>
<td>Renaissance Meeting Rooms</td>
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<td>6:00 PM - 7:00 PM</td>
<td>Past State ALCA Presidents’ Reception</td>
<td>Renaissance President’s Suite, #1227</td>
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<td>7:00 PM - 8:00 PM</td>
<td>Opening Reception</td>
<td>Alabama Ballroom C, D, and E</td>
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<td>8:00 PM - until</td>
<td>Dinner On Your Own</td>
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<td>THURSDAY, NOVEMBER 15, 2012</td>
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<td>7:00 AM - 8:15 AM</td>
<td>Alabama/Auburn Breakfast</td>
<td>Alabama Ballroom A and B</td>
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<td>Sponsored by: Auburn University and the University of Alabama</td>
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<td>8:00 AM - 3:00 PM</td>
<td>Conference Registration</td>
<td>Prefunction Area</td>
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<td>8:00 AM - 4:00 PM</td>
<td>Exhibits</td>
<td>Renaissance Exhibit Hall, Section B</td>
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<td>8:30 AM - 10:15 AM</td>
<td>GENERAL SESSION</td>
<td>Montgomery Performing Arts Theatre</td>
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<td>Presiding: Dr. Necocoi Driver, ALCA President</td>
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<td>Introduction of Keynote Speaker: Dr. Shirley Barnes</td>
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<td>Keynote Speaker: Dr. Don C. Locke</td>
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<td>10:15 AM - 10:30 AM</td>
<td>Break</td>
<td>Exhibit Hall Prefunction Area</td>
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<td>Sponsored by Troy University in Montgomery</td>
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<td>10:30 AM - 11:45 AM</td>
<td>CONTENT SESSIONS</td>
<td>Renaissance Meeting Rooms</td>
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<td>11:45 AM - 1:15 PM</td>
<td>Division Luncheons</td>
<td>Alabama Ballroom E</td>
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<td>ALMHCA, ALAMFC, ALACES (Combined Luncheon)</td>
<td>Alabama Ballroom C and D</td>
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<td>ALSCA</td>
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<td>1:30 PM - 3:30 PM</td>
<td>Graduate Student Poster Session</td>
<td>Exhibit Hall Prefunction Area</td>
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<td>Sponsored by Bradford Health Services</td>
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<td>1:30PM - 2:45 PM</td>
<td>CONTENT SESSIONS</td>
<td>Renaissance Meeting Rooms</td>
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2:45PM - 3:00 PM  Break
Sponsored by:  Renaissance Hotel
Exhibit Hall Prefunction Area

3:00 PM - 4:15 PM  CONTENT SESSIONS
Renaissance Meeting Rooms

4:30PM - 5:45 PM  CONTENT SESSIONS
Renaissance Meeting Rooms

5:45 PM - 6:30 PM  Chapter Meetings/Receptions/Socials
Chapter I  Riverview Meeting Room 1
Chapter II  Montgomery Meeting Room 1
Chapter III  Riverview Meeting Room 2
Chapter IV  Montgomery Meeting Room 8
Chapter V  Montgomery Meeting Room 5
Chapter VI  Riverview Meeting Room 3
Chapter VII  Montgomery Meeting Room 7
Chapter VIII  Riverview Meeting Room 4
Chapter IX  Riverview Meeting Room 5

6:30 PM - 7:00 PM  Retired Counselors’ Reception
Renaissance President’s Suite, #1227

7:00 PM - Until  Dinner on Your Own

8:00PM - 11:00 PM  Celebration Dance
Alabama Ballroom A and B
Music: Deejay Marvin Lowe
Sponsored by ALCA and ITT Educational Services
Door prizes donated by ALCA Chapters/Divisions and Exhibitors

FRIDAY, NOVEMBER 16, 2012

7:30 AM  Biscuit Breakfast
Sponsored by Amridge University
Alabama Ballroom A and B
Prefunction Area

8:30 AM - 10:15 AM  BUSINESS & GENERAL SESSION
Alabama Ballrom A and B
Presiding: Dr. Necoal Driver, ALCA President
Business Meeting
Introduction of Speaker: Jessica Merchant
Keynote Speaker: Joshua Burford
Closing Comments: Dr. Necoal Driver, ALCA President

10:30 AM - 11:45 AM  CONTENT SESSIONS
Renaissance Meeting Rooms

Noon - 1:00 PM  Conference Committee Meeting
Riverview Board Room

NOTE: All events are being held at the Renaissance Hotel and Convention Center Complex.
### 2012 ALCA ANNUAL CONFERENCE

**Your Conference Planner**

<table>
<thead>
<tr>
<th>TIME</th>
<th>WEDNESDAY November 14</th>
<th>THURSDAY November 15</th>
<th>FRIDAY November 16</th>
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The Counselor Locator Service is designed to match clients with qualified counselors by location and areas of practice through the use of a simple database search system on the ALCA website.

The Alabama Counselor Locator Service is a client focused service designed to help individuals who need counseling services locate them by specialty area and/or geographic location. The service is contained in a database located on the ALCA website. It allows anyone to go into the database and locate the counseling service needed and then to determine the Alabama counselor who can provide this service. The program helps clients find the services needed and helps counselors identify clients.

The target audience is the prospective client. This is a service designed solely to help the person in need to identify someone reasonably close who is qualified to help with the perceived problem. A byproduct is that LPCs and others have a mechanism from ALCA which helps them identify prospective clients.

Evaluation has been made primarily with feedback from participants. Counselors are steadily requesting to be added to the Service. Feedback comes in the form of comments from these people stating how pleased they are with the service and what a wonderful concept it is. There are several obvious benefits. Probably the greatest is the ability for a client to locate the service needed easily and quickly. From the counselor standpoint it is an opportunity to promote awareness. The professionalism of delivery has also enhanced the counseling image.

To view the Counselor Locator Service go to www.alabamacounseling.org and click on “Counselor Locator Service.”

ALCA Members

If you would like to be added to the Counselor Locator Service as a provider, email your information to Dr. Ervin “Chip” Wood at chip@alabamacounseling.org.
Program/Content Session Selection Procedures

Each year comments like these are made: “Why don’t we have more content sessions for ________ division?” or “Why do school counselors have so many sessions?” By learning the selection process for session proposals, those who wonder “Why?” will have their questions answered.

20% of the available content session slots are assigned to ALCA. By recognizing that the membership of ALCA share common interests in addition to the specifics of their division memberships, the opportunity exists for developing ALCA membership identity.

80% of the available content session slots are assigned to divisions as determined by the following formula: (the total number of slots assigned to divisions) multiplied by (the percent of the total ALCA membership for that division) equals the number of programs selected for that division. Any program slots not used by a division are reassigned to the ALCA allotment.

The Program Committee selects content sessions at a meeting convened by the ALCA Program Chair (President-Elect). A quorum is comprised of members present at the meeting. The Program Committee is composed of the ALCA Program Chair, the ALCA Fall Conference Chair and a representative from each division. Each division representative is appointed by the division president. Look at the percentages below and you will understand how this works.

Percentages and Number of Slots for Selecting Annual Conference Content Sessions (2012)

Total # of slots is 105. ALCA (General Interest) gets 20% = 21 slots

This leaves 84 slots to be assigned based on division percentages.

- ALCCA 6% 5 slots
- ALACES 7% 6 slots
- ALAMCD 6% 5 slots
- ALSCA 31% 26 slots
- ALCDA 4% 3 slots
- ALMHCA 13% 11 slots
- ALGBTICAL 4% 3 slots
- ALASGW 3% 3 slots
- ALASERVIC 6% 5 slots
- ALDARCA 4% 3 slots
- ALAMFC 6% 5 slots
- ALAAOC 7% 6 slots
- ALAAD 3% 3 slots

84 + 21 = 105
1. **Suicide: Assessment & Ethical Considerations in Working with Involuntary Commitments and the Terminally Ill**

   **Presenters:**
   - Dr. Jeane B. Lee, Ph.D., LPC, CS, Counseling Supervisor, Alabama State University  
     jeaneblee@gmail.com
   - Judith Harrington, Counselor/Private Practitioner  
     harringtonjudith@bellsouth.net

   **Location:** Montgomery Meeting Room 7

   **Sponsors:** ALMHCA, ALAAOC

   This session elucidates issues that accompany involuntary hospitalization, coordination of care with family, and existential matters related to suicide as a “choice” for persons with progressive illness. Video vignettes will promote discussion of ethical and clinical challenges.

2. **Distance Counseling Strategies with Persons with Post Traumatic Stress Disorder from Kindergarten to the War Zone**

   **Presenters:**
   - Dr. Mary Ann Hollingsworth, Ph.D., LPC, ACS, DCC, Director of Counseling Services, The University of West Alabama  
     ahollingsworth@uwa.edu
   - Dr. Debbie Ann Baker-Dean, Ph.D., LPC, ACS, DCC Online Counselor, The University of West Alabama  
     ddean@uwa.edu

   **Location:** River View Meeting Room 5

   **Sponsors:** ALMHCA

   This session will provide an alternative counseling modality for work with survivors of natural disasters, soldiers coming back from war, and victims of violence from schools to the community at risk for Post-Traumatic Stress Disorder.
3. **Counseling Fundamentalists, Exiting Fundamentalists, and Ex-Fundamentalists**

**Presenter:** Oscar Miles, MA, NCC, Pastoral Counselor, Ardmore Family of God  
**Location:** Montgomery Meeting Room 3  
**Sponsors:** ALASERVIC

This program addresses counselors with clients who are embedded in, departing from, or have already left Christian fundamentalism. It defines fundamentalism broadly, considers possible counseling techniques, and cautions counselors with a worldview antithetical to fundamentalism.

4. **Alabama Career Information Network (ACIN)**

**Presenter:** Willietta Ellis Conner, ALSDE  
**Location:** Montgomery Meeting Room 4  
**Sponsors:** ALSCA, ALDARCA

The ACIN website is your gateway to valuable career exploration activities: college financial aid information, FAFSA tutorial, college preparation, life after high school, valuable resources for students, parents, counselors and educators, on the job videos, Kuder Career Planning, scholarships and much more.

5. **ALAMCD Panel Explores Interpersonal Violence: A Multi-Dimensional Perspective**

**Presenters:**  
Dr. Joan D. Williams, Montgomery Public Schools  
Marjorie Sharpe Baker, Program Coordinator, Family Sunshine Center  
Jessyca Darrington, Alabama State University Counseling Center  
Dr. Shirley Barnes, Alabama State University: Associate Professor of Psychology  
**Location:** Montgomery Meeting Room 6  
**Sponsors:** ALAMCD

The topic of interpersonal violence will be explored from several different perspectives. The panel will include victims, law enforcement, college counseling centers, community services, school counselors, medical personnel and other agencies that answer the sometimes silent cry in the dark.
6. No More Chasing Normal: A Disability Grief Model for Clinicians

Presenter: Loresa Stansell, MA, LPC, Stansell Counseling & Consulting Services, LLC  
stansellcounseling@comcast.net

Location: Montgomery Meeting Room 9

Sponsors: ALDARCA, ALAAOC

Approximately 49.7 million Americans are identified as having some form of disability. This session introduces a disability grief model that outlines the emotional and psychological stages experienced by this population. A traditional grief counseling model is inappropriate.

7. Caring for the Caregiver

Presenter: Linda Frederick, MA, LPC, Family Sunshine Center  
Rojulin@aol.com

Location: River View Meeting Room 1

Sponsors: ALAADA

Caring for the Caregiver will review literature pertaining to stressors inherent in caregiving and offer intervention strategies as well as resources that are available to counselors to help reduce burnout.

8. Facilitating Anger Management with Addicts, Domestic Abusers, and Offenders

Presenter: Lisa Fox, LBSW/LPC, Department of Corrections/Kilby Correctional Facility  
lfox4834@charter.net

Location: River View Meeting Room 2

Sponsors: ALASGW, ALAAOC

This session is designed to facilitate choice and reality theory with cognitive behavior application in changing individuals anger behavior relating to addicts, domestic abusers and offenders.
9. **Assessing and Treating Children and Adolescents with Common Problems: ADHD, ODD, Bipolar and Others**

Presenter: Robert Kline, PhD, Alabama Institute for Deaf and Blind  
[kline.bob@aidb.state.al.us](mailto:kline.bob@aidb.state.al.us)

Location: River View Meeting Room 3

Sponsors: ALSCA

The presenter will cover some of the hot topics such as ADHD, Bipolar, ODD, and intermittent explosiveness, etc. How to counsel with the child and how parents and teachers can best deal with these issues will be discussed.

10. **Navigating Through Tenure and Promotion: Steps for Counselor Educators to Consider**

Presenter: Dr. Joy J. Burnham, Associate Professor and Program Coordinator, University of Alabama  
[jburnham@bamaed.ua.edu](mailto:jburnham@bamaed.ua.edu)

Location: River View Meeting Room 4

Sponsors: ALACES

Successfully navigating through tenure and promotion can be challenging. This presentation offers practical steps for counselor educators to consider, as well as mentors who work with junior faculty, and graduate students interested in academia.

11. **The Untapped Resources: Employment and People with Disabilities**

Presenters: Articia Johnson, MS, ALC, Lighthouse Counseling Center, Inc.  
[articia850@gmail.com](mailto:articia850@gmail.com)

Haley Reynolds, MS, ALC, Career Facilitator and Mental Health Counselor, Montgomery Career Center  
[haley.reynolds@yahoo.com](mailto:haley.reynolds@yahoo.com)

Tarmen Siaway, MA, LPC, NCC, Mental Health Counselor, Dr. Demuth, MD Office  
[tarmensiaway@yahoo.com](mailto:tarmensiaway@yahoo.com)

Location: River View Meeting Room 8

Sponsors: ALCDA, ALAMCD, ALDARCA

People with disabilities have potential to do well in the workplace, when given the opportunity. The goal of this presentation is to address areas in which vocational rehabilitation can strengthen the employability of the disabled.
12. **Navigating NBPTS* Certification in Counseling (National Board for Professional Teaching Standards)**

Presenter: Celeste Neil, EdS, LPC, NBCT, NCC/NCSC, RPT, Retired School Counselor from Vestavia Hills, Currently a Doctoral student at the University of Alabama  
neilcel@aol.com

Location: Montgomery Meeting Room 1

Sponsors: ALSCA

NBPTS Certification in Early Childhood through Young Adulthood/School Counseling (ECYAS/SC) has been designated for 3yr+ Alabama public school counselors to receive $5000 annually for 10 years before recertifying. This session will help counselors navigate the process.

13. **Counseling Across Generations**

Presenter: Michelle Grabarczyk, LPC, MeD, EdS, Grabarczyk Counseling and Consulting  
gcandc@bellsouth.net

Location: River View Meeting Room 6

Sponsors: ALCA, ALAADA, ALAMCD

How should a Boomer talk to a Millenial? This presentation explores the cultural factors impacting multiple generations (such as Boomers, X’ers, and Generation Y) and how to respond accordingly to provide effective care.

14. **Supervision? Who me? Why do I need it?**

Presenter: Linda H. Foster, PhD, NCC, NCSC, LPC, Professor, Troy University- Montgomery  
drlindafoster@gmail.com

Location: River View Meeting Room 7

Sponsors: ALACES

Post graduate supervision is the road to licensure, but as a novice counselor how do you know what to expect from supervision? Whether you are a recent CMH counseling graduate or a school counselor who is considering licensure, this program will provide helpful information about supervision.
15. **Stop the Drop: A Peer Helper Dropout Prevention Initiative**

**Presenter:** Dr. Cynthia Erickson, EdD in Curriculum & Instruction & NAPPP Consultant/Trainer, Jennifer Claire Moore Foundation  
**Location:** Montgomery Meeting Room 5  
**Sponsors:** ALSCA  

“The Stop the Drop Project” is a dropout prevention model implemented within the SDE approved Peer Helpers’ program. The presentation will discuss the student lead initiative and how it has impacted students involved.

### School Counselor Roundup  
**Wednesday, November 14, 2012**

<table>
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<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenters</th>
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| 2:30 – 3:15 PM | All grade levels—Counselor advocacy and ethics  
Dr. Stephanie R. Howard, Montgomery Public Schools, Stephanie.Howard@mps.k12.al.us  
Dr. Karen Moore Townsend, University of North Alabama, kmtownsend@una.edu  
Scott Mohon, Shelby County Schools, smohon@shelbyed.k12.al.us |                                           |                     | Alabama Ballroom B       |
| 3:15 – 4:00 PM | High School Counseling  
Anita Hutchison, Hazel Green High School, ahutchison@madison.k12.al.us |                                           |                     |                           |
| 4:00 – 4:45 PM | Middle/Junior High School Counseling  
Margaret Fox, Opp Middle School, mfox@oppboe.com  
AnnaGrace Baker Baldwin, Homewood Middle School, abaldwin@homewood.k12.al.us  
Casey Lancaster, Mountain Brook Junior High School, lancasterc@mtnbrook.k12.al.us |                                           |                     |                           |
| 4:45 – 5:30 PM | Elementary School Counseling  
Hayden Belisle, Oak Mountain Elementary School, hbelisle@shelbyed.k12.al.us  
Emily Rich, Helena Elementary and Intermediate schools, erich@shelbyed.k12.al.us  
Maegan Vick, Helena Elementary School, mvick@shelbyed.k12.al.us |                                           |                     |                           |

16. **Identifying and Treating PTSD in a Residential Addiction Treatment Setting**

**Presenter:** Sally R. Lawes, EdS, LPC-S, NCC, Bradford Health Services  
**Location:** River View Meeting Room 4  
**Sponsors:** ALAAOC  

This presentation will outline a format for treating men diagnosed with PTSD and Chemical Dependency within the context of a residential addiction treatment facility. Strategies providing both group and individual treatment will be presented.
17. **Practical Grief Interventions for Children and Teens**

Presenters:  
- Dr. Jeane B. Lee, Ph.D., LPC, CS, Counseling Supervisor, Alabama State University  
  jeaneblee@gmail.com  
- Ms. Juanita Barnett, Master’s Candidate, Alabama State University  
  Juanta77@gmail.com  
- Ms. Dari Cosey, Master’s Candidate, Alabama State University  
  Dcosey09@gmail.com  
- Ms. Twanda Mack, Master’s Candidate, Alabama State University  
  twanda.mack@bullockco.org  
- Ms. Ashley Posey, Master’s Candidate, Alabama State University  
  Aposey34@yahoo.com  
- Mr. Nicholas Sylvester, Master’s Candidate, Alabama State University  
  Ns2105@yahoo.com  

Location: Montgomery Meeting Room 7  

Sponsors: ALAMFC

Children and teens grieve differently from each other and adults! Reactions to grief, along with specific interventions for group and individual counseling will be provided, along with a handout for parents.

18. **Gay and Lesbian Parenting: Addressing Challenges, Providing resources, and Adhering to Ethical practices**

Presenter: Jessica Merchant, MA, ALC, University of Montevallo  
  jleemerchant@gmail.com

Location: Montgomery Meeting Room 4  

Sponsors: ALGBTICAL

This program addresses family counseling, advocacy, ethics, and support to LGBT families. Topics addressed are: challenges of LGBT households, creation of safe spaces, identifying support resources, and providing ethical practices.

19. **Be A Bucket Filler not a Bucket Dipper**

Presenter: Kathy Hutchens, EdS, Boaz City Schools  
  khutchens@boazk12.org

Location: River View Meeting Room 5  

Sponsors: ALSCA

This session deals with creating a more caring, responsible, and well behaved classroom and school. Too many students have empty buckets and this session will include ways to fill buckets with positive thoughts and, therefore, create a positive environment.
20. **Counseling Adolescents in the Hip-Hop Culture**

Presenter: Dr. Carmela Drake, PhD, ALC, CAADP, Program Director, Sequel Youth and Family Services  
drcydrake@gmail.com

Location: River View Meeting Room 6

Sponsors: ALAMCD

It has become critical for the mental health field to be astute on communicating with youth in the hip-hop culture. This session will discuss study results and clinical implications for counseling this population.

21. **What’s New in ACCESS Distance Learning: Advancement Through Virtual Education**

Presenters: Debbie Crutchfield, ACCESS Distance Learning Specialist,  
Alabama State Department of Education  
dcrutchfield@alsde.edu  
Misty Richardson, ACCESS Distance Learning Specialist,  
Alabama State Department of Education  
mrichardson@alsde.edu

Location: River View Meeting Room 7

Sponsors: ALSCA

The ACCESS presentation will deliver ways to assist secondary school counselors with creative scheduling and showcase new programs that will interest all school systems. Learn how to implement First Choice and ensure credit with NCAA.

22. **My DaddyHurts Mommy, Will Somebody Help Me?**

Presenters: Brenda P. Naftel, LPC, AltaPointe Health Systems  
BNaftel@aol.com  
Glenda Reynolds, ED, LPC, NCC, Professor, Auburn University/Montgomery  
greynold@aum.edu

Location: River View Meeting Room 3

Sponsors: ALSCA, ALAMFC

Informative tactics and techniques on providing support for children who are part of a family living in domestic violence. Workshop attendees will leave with a tool kit to help these invisible victims survive.
23. **Write Your Fears Away: Writing Your Worst-Case Scenarios to Reduce Anxiety**

Presenters: David L. Barnhart, EdD, LPC, CCMHC, NCC, Trinity Counseling Center, Inc.  
Jessica Cleveland, MS, ALC, NCC, Trinity Counseling Center, Inc.  
David R. Stephens, MA, LPC, NCC, Trinity Counseling Center, Inc.  
Lee Ann Penman, MA, LPC, NCC, Trinity Counseling Center, Inc.

Location: Montgomery Meeting Room 5

Sponsors: ALMHCA, ALAAOC

Participants will learn to use written expression as exposure in treating OCD spectrum disorders. *Write Your Fears Away: Writing Worst-Case Scenarios to reduce Anxiety* by David L. Barnhart EdD, will be the reference.

24. **Integrating Motivational Interviewing into a Basic Counseling Skills Course**

Presenters: Melanie Iarussi, PhD, Med, LPC, Auburn University  
Levy Daniel, School Counseling Student, Auburn University  
Sarah Pullen, School Counseling Student, Auburn University  
Virginia Lacy, Graduate Academic Coach, Academic Support Services Auburn University  
Molly Moore, Clinical Mental Health Counseling Student, Auburn University

Location: Montgomery Meeting Room 6

Sponsors: ALCA

This presentation will include an overview of motivational interviewing (MI) and a description of a counseling skills course that integrated MI. Co-presenters, who were students in the course will share their learning experiences.
25. **A School Wide Intervention Plan: A Successful Journey to College and Career Readiness**

Presenter: Pamela Kaye Gabbard, NBCC, NCSC, Retired School Counselor, Consultant, Trainer Career Cruising  
pgabbard@bellsouth.net

Location: River View Meeting Room 1

Sponsors: ALSCA

This session will focus on a unique idea of developing the career education in school as a school wide intervention plan. Core curriculum interventions will be highlighted with the school using instruction and diagnostic assessments. A description of specific actions that will need to be taken by the school in developing this plan will be discussed.

26. **The Psychology of Bullying: Understanding the Psyche of the Bully, the Victim, the Advocate, and the Bystander**

Presenter: Gary Williams, EdS, LPC-S, CRC, NCC, MBTI Master Practitioner, EMDR Certified, CISD Certified, Owner – Counselor and Consulting  
garywill@hiwaay.net

Location: River View Meeting Room 2

Sponsors: ALGBTICAL

This session will highlight the social/psychological dynamics of all four personalities who participate in what has become a national epidemic in our schools and in the workplace. Complex Post-Traumatic Stress and Dissociation will also be considered.

27. **RAVE* and RAMP**: Showcase Your School Counseling Program Implementation of ASCA National Standards (*Recognition of Accountability, Verification and Excellence/**Recognized ASCA Model Program)**

Presenters: Celeste Neil, EdS, LPC, NBCT, NCC/NCSC, RPT, Retired School Counselor from Vestavia Hills, Currently a Doctoral student at University of Alabama  
neilcel@aol.com  
Leticia Varner, EdS, School Counselor (RAVE Recipient), Bessmer City  
Ivarner@bessk12.org

Location: Montgomery Meeting Room 1

Sponsors: ALSCA

RAVE chairperson and award winner (state level) and 2008 RAMP Winner (ASCA-National level) and others share state and national awards designed to showcase school counseling programs that have successfully implemented the ASCA National Model.
28. Integrating Vocational Rehabilitation and Substance Abuse Treatment

Presenter: Cletus Wetli, BFA, ACAP, Alabama Certified Addictions Professional, Graduate Student, RSA Scholar, Rehabilitation Counseling, A&M University
decaturclete@gmail.com

Location: Montgomery Meeting Room 3

Sponsors: ALDARCA, ALAAOC, ALCDA

This session will be a discussion of current and original research advocating integration of vocational rehabilitation and substance abuse treatment, along with a presentation of evidence-based practices to improve employment outcomes for addicts.

29. Managing Your Financial Risk in Turbulent Times

Presenter: Darryl Wilson, Financial Advisor and Risk Management Specialist
dwilson@vision-financialgroup.com

Location: Montgomery Meeting Room 9

Sponsors: ALCA

Vision Financial Group works with individuals and families to help them manage financial risk in every life phase. Whatever your concern on the wealth management spectrum, this session is for you.

30. The Growing Elephant in the Room: Addressing Problematic Internet Use

Presenters: Brandon Browning, LPC, NCC, Auburn University
bzb0005@auburn.edu

Maranda Brown, PhD, ALC, Director, Office of Prevention, Alabama Department of Mental Health
maranda.brown@mh.alabama.gov

Tomeka W. McGhee, PhD, NCC, Assistant Professor and Clinical Placement Coordinator, University of Alabama at Birmingham
drtwmcghee@gmail.com

Felicia Pressley, LPC, Counselor, Total Life Connection
Fpressley@yahoo.com

Location: River View Meeting Room 8

Sponsors: ALCCA, ALMHCA

Increasingly people find themselves caught in an unhealthy relationship with the internet. This session addresses how counselors may recognize and assess the degree of problem internet use related to their population so that they can intervene.
31. **Keeping Hope Alive: Strategies to Combat Compassion Fatigue**

Presenter: Glenda Clare, PhD, LPC-A, LCAS, BCC, Fragile Families NETWORK  
drclare@fragilefamiliesnetwork.com

Location: River View Meeting Room 1

Sponsors: ALAAOC

Hope can only be kept alive by those who first care for themselves. During this workshop, counselors will examine the domains of health and develop strategies to combat compassion fatigue.

32. **The SUCCESS Program: A Mentoring Program for At-Risk Students**

Presenters: Kim Crumbley, School Counselor, Fairview High School  
kcrambley@ccboe.org

Tabitha Roberts, School Counselor, Fairview Middle School  
troberts@ccboe.org

Laura Kerner, Associate Professor of Marketing, Athens State University  
Laura.kerner@athens.edu

Location: River View Meeting Room 2

Sponsors: ALAMCD

Using creative hands on projects, a book, *My SUCCESS MANUAL*, movies and games, trained adult volunteers successfully mentor at-risk high school students and high school student successfully mentor at-risk middle school students.

33. **Total Wellness: Finally An Easy-To-Use Method**

Presenter: Dr. T. David Cunningham, LPC, SLPC, NCC  
drdavidlpc@yahoo.com

Location: River View Meeting Room 3

Sponsors: ALSCA

A simple wellness model will be presented and demonstrated by David’s saxophone and performance. The attendees will be guided through the use of the model. Handouts will be provided.
34. **New Ideas for Middle School Counselors**

**Presenter:** Arden Martenz, M.Ed., NBCC, Marco Products  
[ardenmarco@aol.com](mailto:ardenmarco@aol.com)

**Location:** River View Meeting Room 4

**Sponsors:** ALSCA

Enhance your program with ideas created by middle school counselors. Includes an award winning program for girls, an activity board based small group counseling program, a nationally recognized anger management program, ebooks, and more. Reproducible handouts will be available.

35. **How Can I Find Information on Alabama’s Hot Careers?**

**Presenters:** Margaret “Meg” Smith, Statistician Supervisor, Alabama State Department of Education  
[msmith@alsde.edu](mailto:msmith@alsde.edu)  
Tonya Lee, Statistician Supervisor, Alabama State Department of Education  
[Tonya.Lee@dir.alabama.gov](mailto:Tonya.Lee@dir.alabama.gov)

**Location:** River View Meeting Room 5

**Sponsors:** ALCDA, ALDARCA

What jobs are hot in Alabama’s employment outlook? Where can counselors find information about these occupations in an area of the state, state-wide, and across the nation? What about finding training, what is required, where can this training be achieved? What websites are available to help with this process? This presentation will provide answers to all of these questions and more.

36. **Happiness: How Positive Psychology Can Create Change**

**Presenters:** Tami Long, LPC, CEAP, EAP Counselor II, UAB/The Resource Center  
[tlong@uab.edu](mailto:tlong@uab.edu)  
Kathryn Jones, LMFT, CEAP, EAP Counselor II, UAB/The Resource Center  
[kej@uab.edu](mailto:kej@uab.edu)

**Location:** Montgomery Meeting Room 3

**Sponsors:** ALMHCA

Positive Psychology is the scientific study of optimal human functioning. Research shows that increased happiness and optimism have positive effects on health and emotional wellbeing. Learn techniques to improve your overlong levels of happiness and optimism.
37. It’s Not Just A “God Thing”

Presenter: Amy Ryder, MA, ALC (Under the Supervision of Dana Hampson), LPC-S, Adult Counselor, Bradford Health Services

Location: Montgomery Meeting Room 4

Sponsors: ALSERVIC

In this session attendees will learn about spiritual development and how they can help themselves and their clients grow spiritually through the principles found in the 12 step program.

38. What Carl Jung and Analytical Psychology Offers Counselors: Using Dreams and Drawing in Your Practice

Presenters: Dr. Melissa Werner, MA, PhD, ALC Diploma Candidate, C. G. Jung Institute Kusnacht Switzerland, Assistant Professor and Counselor in Private Practice, Athens State University

Location: Montgomery Meeting Room 6

Sponsors: ALCA, ALAAOC

Client dreams and drawings offer symbols supporting their work with us. Using a Jungian framework we review basic symbols from drawings and dreams as an aid to helping clients in their quest for growth and change.

39. Transforming Grief Support Groups

Presenter: Doris Vaughans, LPC, NCC, PhD Student, Hospice of West Alabama

Location: Montgomery Meeting Room 9

Sponsors: ALASGW

Learn to support, encourage, and celebrate group members in grief support groups and keep them returning; initiate specialized grief support groups; and organize successful grief camps for children.
40. **What Older Adults Want in a Counselor**

Presenter: Kristine Ramsey  
kmr603@jagmail.southalabama.edu

Location: River View Meeting Room 6

Sponsors: ALAADA

The intent of this program is to present my findings on what older adults want in the counselors that work with them.

41. **The School Counselor and Principal Working As A Team**

Presenters:  
Donna Clark, Coordinator, Guidance and Counseling Services, Huntsville City Schools  
donna.clark@hsv-k12.org  
Yvette Coley-Smith, School Counselor, Hampton Cove Middle School  
yvette.coley-smith@hsv-k12.org  
Leslie Esneault, 9th Grade Academy Coordinator, Huntsville City Schools  
leslie.esneault@hsv-k12.org  
Dr. Debi Edwards, Principal, Hampton Cove Middle School  
debi.edwards@hsv-k12.org

Location: Montgomery Meeting Room 1

Sponsors: ALSCA

The relationship between the school counselor(s) and the principal is important in the development of a comprehensive school counseling program. This session will explore the dynamics of that relationship and offer strategies to strengthen the relationship and program.

42. **The Teen Brain: Understanding Adolescent Behavior - A Neurological Perspective**

Presenter: Dr. Harold E. Arnold, PhD School Psychology, NCC, LPC, Judson College  
harnold@judson.edu

Location: River View Meeting Room 7

Sponsors: ALMHCA, ALAAOC

A better understanding of what takes place in the teen brain can be of great benefit to parents, educators, school counselors and career counselors. Today’s advancement in neuropsychology and brain imaging allows us to peek inside the teen brain and see what is going on…. “if we dare”!
43. **Leadership Development: Finding Your Place in ALCA**

**Presenters:** Monica Mack, PhD, LPC, NCC, Montgomery Public Schools  
Monica Motley, PhD, Director of Student Services, Alabama School of Mathematics and Science  
Vincent D. Hinton, Assistant Professor, Alabama State University  
Tomeka McGhee, PhD, Assistant Professor, Troy University  
Mark Leggett, PhD, Clinical Associate Professor, University of Alabama  
Starrah Huffman, Emerging Leader 2011, Professional School Counselor, Bullock County Schools

**Location:** River View Meeting Room 8

**Sponsors:** ALCA

If you have ever thought about taking a more active role in our state association or if you are new to the association, this session is for you! Learn more about ALCA and discover your potential and place in ALCA as an Emerging Leader.

44. **One Voice, One Mission, One Purpose: Celebrating the Alabama Counselor**

**Presenter:** Don Locke

**Location:** Montgomery Meeting Room 7

**Sponsors:** ALCA

A continuation of the Opening Session discussing an in-depth look at “One Voice, One Mission, One Purpose: Celebrating the Alabama Counselor and what it means to truly be a counselor.
45. Ethical and Legal Issues for Alabama Counselors

Presenters: Dr. Ervin L. (Chip) Wood, ALCA Executive Director, Alabama Counseling Association  
chip@alabamacounseling.org  
Dr. Charles Guest, Counseling Professor, Department Head, The University of South Alabama  
cguest@usouthal.edu

Location: Montgomery Meeting Room 5

Sponsors: ALCA

This session provides a preventative law approach to legal and ethical issues that confront counselors. The emphasis will be on informing counselors of basic legal and ethical issues so that they will be in compliance with federal and state laws. The presenters hope to strengthen the ability of counselors to act legally and responsibly and to empower them to feel positive about their legal standing as they go about their counseling activities.

46. Special Issues in Counseling Persons Living With or At-Risk For HIV and STD’s

Presenter: Kelli Lasseter, M.S., ALC, Health Services Center  
kelli0268@yahoo.com

Location: Montgomery Meeting Room 9

Sponsors: ALMHCA

This session will identify the unique challenges in counseling persons living with or at-risk for HIV and STD’s. Please note: high-risk sexual and substance use behaviors to be discussed. Handouts provided.

47. Working with National Guard Service Members – Taking Care of Behavioral Health Needs After Deployment

Presenter: Donna Marsh, LPC-S, RPT-S, Alabama National Guard/Ceridian  
donna.marsh@ceridian.com

Location: Montgomery Meeting Room 6

Sponsors: ALCA

This session will provide an overview of guidelines developed by the Department of Defense and Veterans Affairs for treating conditions of Service Members as well as personal experience of Service Members.
48. **Study Skills for Success: A Small Group for Middle/High School Students**

**Presenter:** Dr. Debbie Grant, LPC, NCC, CRC, Hoover High School  
dgrant@hoover.k12.al.us

**Location:** River View Meeting Room 1

**Sponsors:** ALSCA, ALASGW

This group will give middle/high school counselors suggestions for developing a Study Skills Group for students focusing on time management, self-advocacy, communication with teachers, long-range planning and developing a personalized study plan.

49. **Career Counseling and Academic Advising for the Older Adult Student: It’s Not Kids’ Work!**

**Presenter:** Dr. Ronda R. Westry, M.Ed, PhD, Student Support Services Coordinator, Troy University Montgomery Campus  
rwestry@troy.edu

**Location:** River View Meeting Room 2

**Sponsors:** ALCCA, ALAAOC, ALCDA

The goal of this research based interactive session is to explore issues/strategies that are inherent in providing academic advising and career counseling to the adult college student who is 25 years and older.

50. **Beam Me Up Scotty! Counseling Onboard the Star Trek Enterprise**

**Presenter:** Dr. Poppy Moon, Ph.D, LPC, NCC, Tuscaloosa County Schools  
poppymoon@gmail.com

**Location:** Montgomery Meeting Room 7

**Sponsors:** ALCA

Students in K-12 spend 8 hours a day interacting with media! Join Captain Moon as she demonstrates the use of media to prevent, address, and redirect behavior.
51. **Portrait of Ace: Sexual Identity Construction from a CRT Framework**

**Presenter:** Priscilla G. Wilson, Ph.D., ALC, NCC, Jacksonville State University  
pgwilson@jsu.edu

**Location:** Montgomery Meeting Room 3

**Sponsors:** ALGBTICAL

The presentation focuses on my study of seven African American men who were intimately involved with other men (MSM) and the factors that shaped their sexual identity development, using Critical Race Theory (CRT) framework.

52. **School Counselor Coordinators/Supervisors, You’re Not in This Alone!**

**Presenters:** Donna Clark, EdS in School Counseling, Coordinator Guidance Services, Huntsville City Schools  
donna.clark@hsv-k12.org

Cindy Wiley, Counselor and Testing Supervisor, Shelby County Schools  
cwiley@shlebyed.k12.al.us

Patrice Davis, Intervention Supervisor, Baldwin County Schools, Loxley Central Office Site  
pharris@bcbe.org

Rebecca Elmore, Supervisor, Guidance Services and Student Records, Mobile County Public School System  
relmore@mcpss.com

Dr. Sheri Savage, Director of Guidance, Assessment, and Accountability, Jefferson County Schools  
ssavage@jefcoed.com

**Location:** Montgomery Meeting Room 4

**Sponsors:** ALSCA

We’re all trying to accomplish the same goal: to help school counselors make a difference! This content session will provide Coordinators/Supervisors with the opportunity to share ideas, resources, and best practices. Bring resources to share!
53. **Activities That Build: Games for Group Guidance**

Presenter: Nisha Warbington, PhD, LPC-S, University of West Alabama  
[nwarbington@uwa.edu](mailto:nwarbington@uwa.edu)

Location: Montgomery Meeting Room 5

Sponsors: ALSCA, ALASGW

Infuse your group guidance with fresh games, activities, and ideas to assist with self-esteem, teamwork, communication, and other counseling topics. This will be a “hands on” workshop so come ready to play!

54. **Innovations in Counselor Education: Methods for Supervision, Training, and Professional Development**

Presenters: Jamie Carney, PhD, Professor, Auburn University  
[carjns@auburn.edu](mailto:carjns@auburn.edu)
Amanda Evans, Assistant Professor, Auburn University  
[amt0004@auburn.edu](mailto:amt0004@auburn.edu)
Quinn Pearson, Professor, University of North Alabama  
[qmpearson@una.edu](mailto:qmpearson@una.edu)
Michael Brooks, Associate Professor and Community /Agency Counseling Advisor, UAB  
[drmike@uab.edu](mailto:drmike@uab.edu)
Paul F. Hard, PhD, LPC-S, NCC, Assistant Professor, Auburn University  
[pfhard@gmail.com](mailto:pfhard@gmail.com)

Location: River View Meeting Room 3

Sponsors: ALACES

This presentation focuses on innovations in supervision and counselor education. Presenters will be sharing methods and innovations from their experiences within counselor education with specific emphasis on supervision, counseling skill development, and professional development.

55. **Marketing Your College Counseling Center to the Campus**

Presenters: Yulanda Tyree, PhD, LPC, NCC, Associate Dean of Students and Director, Counseling Center, AUM  
[vtyre@aum.edu](mailto:vtyre@aum.edu)
Jessyca Darrington, Director of Counseling Services, Alabama State University  
[jdarrington@alasu.edu](mailto:jdarrington@alasu.edu)

Location: River View Meeting Room 4

Sponsors: ALCCA

We are viable, we are relevant! Why do people “freak out” when they hear counseling center….come learn some innovative ways to engage your school or university in center programs. The counseling center….not just a problem center.
56. **Selected Books for Use in Play Therapy**

**Presenter:** Gregory P. Snider, EdS, LPC-S, Greg Snider, LPC, LLC  
**Location:** River View Meeting Room 5  
**Sponsors:** ALAMFC

The presenter will discuss 29 of his all time favorite illustrated children’s books that he’s found useful in supporting counseling goals. He will provide a handout describing each of these books.

57. **Military 101: Understanding the Effects and the Culture Within**

**Presenters:** LaTonja Sallet, LPC, NCC  
Emily Hughes, LPC, NCC, Lead Therapist  
**Location:** River View Meeting Room 6  
**Sponsors:** ALAMCD, ALAMHC, ALAMFC, ALAAOC

The objective of this presentation is to enhance clinician’s understanding of the acculturation issues experiences when working with military service members and their families. Participants will learn useful tips in working with this population.

58. **Let’s Get Our ACT Together!**

**Presenter:** Ginger Green, MEd, Senior Consultant, ACT Inc  
**Location:** Montgomery Meeting Room 1  
**Sponsors:** ALCA

ACT participation is at an all-time high. What do these scores reveal about your students’ skill set? Discover ways to interpret EXPLORE, PLAN, and ACT data and increase readiness for college and career BEFORE graduation.
59.  **Children Grieving**

Presenters:  Brent T. Tucker, PhD, LPC, NCC, Licensed Psychologist, Dothan Pediatric Clinic, Troy University  
Gena Callahan, LPC, Oasis Counseling Services, Troy University, Pike Regional Child Advocacy Center  

Location: River View Meeting Room 7  
Sponsors: ALASERVIC

Presenters will provide counselors knowledge of symptoms associated with grief in children. Participants will learn about theory and techniques that effectively help children grieve.

60.  **Best Practices for Promoting Secondary Student Success in Online Courses**

Presenters:  Peggy Meherg, MA in School Counseling, ACCESS, University of Alabama  

Location: River View Meeting Room 8  
Sponsors: ALCA

As schools begin to use ACCESS to meet the academic needs of students more and more, it is important to make them aware of what works to ensure academic success in the online learning environment.

61.  **School Counselors: Serving the Needs of Lesbian, Gay, Bisexual, Transgender and Questioning Youth in Schools**

Presenters:  Dr. Angela M. Stowe, Ph.D., LPC, NCC, School Counselor, Mountain Brook High School  
Dr. Glenda Elliott, Ph.D., LPC, NCC, Educational Consultant  

Location: Montgomery Meeting Room 3  
Sponsors: ALACES, ALGBTICAL

A school counselor and youth advocate team discuss strategies for working with children who identify as or are perceived to be lesbian, gay, bisexual, transgender, or questioning. Challenges, barriers, and common issues will be addressed.
62. **Student Athletes with Disabilities in College? An Evidenced-Based Support Program**

Presenter: Wayne K. Hamberger, MS, LPC, NCC, UAB Student-Athlete Support Services  
[whambgr@uab.edu](mailto:whambgr@uab.edu)

Location: Montgomery Meeting Room 6

Sponsors: ALDARCA

Students with disabilities face tremendous challenges in college and student athletes face additional time and academic demands. This presentation describes a program to support student athletes with disabilities as freshmen at a Division 1 university.

63. **Supporting Counselors to Prevent Suicide: American Foundation of Suicide Prevention (AFSP) Efforts Across Alabama**

Presenters: Cindy Wiley, Counseling and Testing Supervisor, Shelby County Schools  
[BWiley@Shelbyed.K12.Al.us](mailto:BWiley@Shelbyed.K12.Al.us)  
Lisa Dunn, Area Director, AFSP Alabama Chapter  
[ldunn@afsp.org](mailto:ldunn@afsp.org)  
Dr. Mary Bartlett, PhD, LPC-CS, NCC, CFLE, Magnolia Creek Treatment Center for Eating Disorders  
[contact@drmarybartlett.com](mailto:contact@drmarybartlett.com)

Location: River View Meeting Room 7

Sponsors: ALCA, ALCCA

Alabama suicide rates in 2010 exceeded the national average. Participants will learn about the Alabama chapter of the American Foundation for Suicide Prevention and its efforts in prevention, intervention, and postvention supports across the state.
64. 10 Strategies Proven to Inspire Even the Most Difficult Youth

Presenter: Christian Moore, MSW, LCSW, Founder of WhyTry Program

Location: Montgomery Meeting Room 5

Sponsors: ALCA

This session provides 10 strategies proven to build relationships and encourage youth in K-12 schools, mental health, and correctional organizations worldwide. Speak the language of today’s youth using relevant multimedia, physical activities, and visual metaphors.

65. iCounsel: Using Apple Technology in School Counseling

Presenter: Dr. Poppy Moon, Ph.D, LPC, NCC, Tuscaloosa County Schools

Location: Montgomery Meeting Room 7

Sponsors: ALSCA

Join Dr. Moon, the Apple fanatic, as she demonstrates the use of Apple technology in counseling. From iPad to iMac, Dr. Moon covers it all.

66. Utilizing the 12 Steps in Substance Abuse with Interactive Activities for the Resistant Group

Presenter: Olivia Fadul, MS, ALC, Bradford Health Services

Location: River View Meeting Room 2

Sponsors: ALAAOC, ALASGW

This program provides counselors ideas on interactive activities that are proven to help with large groups. These interactive activities are 12 step activities that will meet the client resistant/motivated clients where they are in treatment.
67. Cross the Great Divide with a Wise and Trusted Friend

Presenters: Dr. Shelia Austin, Departmental Head: Counselor, Leadership and Special Education, Auburn University Montgomery  
Dr. Glenda P. Reynolds, Professor, Auburn University Montgomery  

Location: Montgomery Meeting Room 4

Sponsors: ALAADA

Mentoring in different contexts and settings as well as qualities that impact the success of mentoring will be examined, Prodigies and mentors to avoid, system mentoring and voluntary mentoring, are some of the specific areas covered.

68. The Clear, Cloudy, and Dark Sides of Dual Relationships

Presenters: T. E. Turner, Associate Professor Counselor Education, Jacksonville State University  
Todd McGahey, Assistant Professor Counselor Education, Jacksonville State University

Location: Montgomery Meeting Room 1

Sponsors: ALASERVIC

The violation of Dual Relationships standards comprise a significant number of complaints against practicing counselors. Scenarios and case studies will provide a platform for examining clear examples, not-so-clear cases, and dark and damaging aspects of dual relationships. This session will examine the portion of the Code of Alabama related to the Code of Ethics and Standards of Practice for Licensed Professional Counselors in Alabama, related to dual relationships.
69. **Highlighting the Proposed Changes to the DSM: Implications for Training Programs and Clinical Practice**

Presenters: Eric M. Crumley, MEd, NCC, Auburn University  
Amanda Evans, Associate Professor, Auburn University  
Jessica Tyler, Graduate Research Assistant, Auburn University  
Jamie Carney, Program Coordinator, Counselor Education, Auburn University  

Location: River View Meeting Room 3  
Sponsors: ALMHCA, ALAAOC

This presentation focuses on information relevant to counselors, school, and mental health about the proposed changes and format of the DSM-5. The session will highlight changes to format, diagnostic categories, diagnostic criteria and professional criticism and discussion.

70. **Positive Responses to Negative Teen Behavior**

Presenters: Brad Willis, PhD, LPC, LPC-S, Capella University  
Jeff McClure, MEd, Collaborative Education Teacher, Bullock County High School  

Location: River View Meeting Room 4  
Sponsors: ALAMFC

Come and learn the reasons that teens engage in negative behavior. We’ll also discuss clear, practical techniques to help them more positively engage in counseling in a school or mental health setting.
71. **Growing Through Creating: Inspired Techniques for School and Mental Health Settings**

**Presenters:** Sandra Loew, PhD, LPC, NCC, University of North Alabama  
saloew@una.edu  
Quinn Pearson, Professor, University of North Alabama  
qmpearson@una.edu  
Karen Moore Townsend, Assistant Professor, University of North Alabama  
kmtownsend@una.edu  
Alison Wydner, Graduate Assistant, Miller Professional Counseling  
aswydner@gmail.com  
Amanda Woosley, Student Intern, Bradford Health Services  
amandawoosley@gmail.com  
Karen Price, 8th grade Science Teacher, East Lawrence Middle School  
kprice7482@yahoo.com  
Ronnie Chandler, Student  
KRChandler@comcast.net

**Location:** River View Meeting Room 5

**Sponsors:** ALCA

Each presenter will demonstrate a creative technique that she has used with clients/students of various ages that build trust, evoke or explore feelings, encourage insight, or create rituals that are part of the counseling process.

72. **Child Abuse: Understanding, Identifying, and Reporting for Professional Counselors**

**Presenters:** Timothy Birt, MS, MPA, ALC, Associate Licensed Counselor under supervision of  
Al Sylvia Procter, LPC, Private Practice, Former Executive Director: Tri-County Children’s Advocacy Center  
4tim.birt@gmail.com

**Location:** River View Meeting Room 6

**Sponsors:** ALMHCA, ALAMFC

This session will be a seminar to train mandated reporters of child abuse to identify sexual, physical, emotional abuse & neglect, to assess child sexual behavior, and to report abuse. Extensive cases used to assess participant’s mastery of material presented.
73. Teen Dating Violence – Reducing Domestic Violence Through Youth Education

Presenters: Adam D. Green, MS, Counseling, College Student Personnel and School Counseling, Jacksonville State University  
wevoice2002@yahoo.com  
Sergeant Steven Whited, School Resource Officer, Fort Payne Police-Fort Payne City Schools  
steven.whited@me.com
Location: River View Meeting Room 1
Sponsors: ALCCA, ALAMFC

In this session, counselors will learn the importance of dating violence awareness – signs/forms of abuse. Stress early detection/education. Identify abuse in schools/colleges that is often dismissed as typical teen behavior. Discuss role of advocates, educators and first responders.

74. Dealing with Preteens and Teens in a Media Entrenched World

Presenters: Katie White, ALC, A Center for Eating Disorders  
Katiewhite77@bellsouth.net  
Leslie Brown, ALC, Beacon Addiction
Location: River View Meeting Room 8
Sponsors: ALAMFC

This session will be a presentation and discussion on how to deal with issues such as mean girls, eating disorders, body image issues, and the sexualization of girls in a variety of settings. The session will examine the role media plays in these issues and how therapists can deal with these situations and empower girls to look past what they see in the media.
75. **Career Counseling for Student-Athletes in High School and College**

**Presenters:**
- Elizabeth Hancock, MS, Counseling Psychology, Rehabilitation Counseling/Doctoral Student/Graduate Teaching Assistant, Auburn University Athletic Department
  rah0038@auburn.edu
- Lacey Ricks, Doctoral Student/Graduate Assistant, Auburn University Center for Disability Research and Service
  lar0019@tigermail.auburn.com
- Sarah Kitchens, Doctoral Student/Graduate Assistant, Auburn University
  seo0003@auburn.edu
- Tonia Goodrich, M.S., Doctoral Student/Graduate Teaching Assistant, Auburn Alabama
  tmg0010@auburn.edu

**Location:** Montgomery Meeting Room 9

**Sponsors:** ALCDA, ALAMCD

Student-Athletes are a unique population; often struggling with the realities related to their career potential. It’s important that counselors who work with student-athletes understand the impact that athletics play on an individual’s career choice.

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76. **Beat the Odds: Be Successful**

**Presenter:** Amanda Stone, School Counselor, PACE Alternative Education Program
  astone@madison.k12.al.us

**Location:** Montgomery Meeting Room 7

**Sponsors:** ALSCA

Utilize Michael Oher’s *I Beat the Odds* as a book study for at-risk students to empower them to overcome obstacles in their life and create a “play book” for their future.
77. **Helping the Impaired Counselor: Developing a Plan of Self-Care**

Presenters: Tarmen Siaway, LPC, George W. Demuh M.D. Psychiatric Services  
Haley Reynolds, Career Specialist, Career Center  
Articia Johnson, Mental Health Counselor, South East Alabama Counseling Services

Location: River View Meeting Room 3

Sponsors: ALMHCA, ALAAOC

Working in the helping profession takes a toll on everyone. The objective of this presentation is to help counselors become aware of the signs of burn-out and to help them develop plans of self-care.

78. **From Vanilla to Fifty Shades: Education and Ethical Considerations When Working with BDSM Clients**

Presenters: Andrea Mills, M.Ed, ALC, Private Practice  
Ellery Berryhill, M.Ed, LMFT, NCC, ALC, Counselor, Oasis Counseling Center

Location: Montgomery Meeting Room 6

Sponsors: ALAAOC

This session will focus on historical development, current approaches, and foundational understanding of BDSM lifestyle choices. Presenters will also incorporate case studies and seminar discussion to explore ethical treatment approaches and self-awareness in this area.
79. **Southern Comfort: Getting Back to the Basics of Southern Stress Management**

Presenters: Jared Hood, M.Ed., LPC, Children’s harbor at Children’s of Alabama  
jared.hood@childrensal.org

Location: River View Meeting Room 4

Sponsors: ALCA

Learn to help you and your clients find joy, refuge, and renewal in the small things such as comfort, family, art, nature, and faith. Updated with practical application tools.

80. **Adolescent Substance Abuse and Working with Families**

Presenter: Holly Walker, LPC, NCC Adolescent Program Coordinator, Bradford Health Services  
hwalker@bradfordhealth.net

Location: River View Meeting Room 5

Sponsors: ALAMFC, ALAAOC

This session will explore adolescent substance abuse treatment and family therapy in which family education, collaboration, and counseling is a part of the treatment process. The focus is on family involvement, resources, hand-outs, and ideas.

81. **ASVAB Career Exploration Program**

Presenters: Rob Gaston, MSPSE, MS Ops Mgt, US Department of Defense  
Robert.w.gaston@mepcom.army.mil

Location: Montgomery Meeting Room 9

Sponsors: ALSCA

ASVAB’s Career Exploration Program includes activities that help students identify their interests/provide information about the Verbal, Math, & Science/Technical Skills. They see how their interests/skills relate to over 400 occupations and start making educational/career plans.
82. The Seven Faces of Bullying

Presenters: Dr. Shelia Austin, Departmental Head: Counselor, Leadership and Special Education, Auburn University Montgomery
Dr. Glenda P. Reynolds, Professor, Auburn University Montgomery
Dr. Shirley Barnes, Alabama State University: Associate Professor of Psychology

Location: River View Meeting Room 6

Sponsors: ALSCA

Bullying impacts all children. The researchers will discuss roles in bullying, from non-participant to bully. They will discuss these roles and suggest interventions for each of them based on best practices in current literature. Presenters will discuss developmental level, personality, and appropriate interventions.

83. Suicide in Sexual Minority Youth: Risks, Interventions & Myths

Presenters: Dr. Paul F. Hard, PhD, LPC-S, NCC, Auburn University
Dr. Mary Bartlett, PhD, LPC-S, NCC, AMSR Trainer, Private Practice

Location: River View Meeting Room 7

Sponsors: ALACES, ALGBTICAL, ALMHCA, ALAMCD

Research does not support the picture of LGBT youth in psychological peril. Biased research from the 70s & 80s created the myth. Counselors need to be informed of the facts, what places LGBT youth at risk, and appropriate interventions.
84. Reaching the Unreachable: Moving Forward When You Feel Stuck

Presenters: Vincent Dewayne Hinton, EdS, LPC, NCC, Alabama State University
            vincentdhinton@yahoo.com
            Nicholas Sylvester, Graduate Student, Alabama State University
            ns2105@yahoo.com
            Jowuane Williams, Graduate Student, Alabama State University

Location: River View Meeting Room 8

Sponsors: ALCA, ALMHCA

This session is designed to engage participants with strategies to help support the therapeutic process for any age and client. The session attendees will walk away with tools, handouts and renewed awareness.

85. If I Had Known Then What I Know Now! Landing the Job and Setting Yourself Apart As A New Counselor.

Presenter: Dana Hampson, LPC-S, MBA, Bradford Health Services

Location: Montgomery Meeting Room 1

Sponsors: ALCDA

Come learn the tricks of the trade for getting yourself established in the counseling field! Included will be setting yourself apart via resume development, interviewing skills and being a top notch employee.

86. What to do in Retirement

Presenters: Katharine Nichols, ALCA Past President, Retired School Counselor
            katnic@aol.com
            Judy Childress, ALCA Past President, Semi-retired School Counselor
            childressj@charter.net

Location: Montgomery Meeting Room 4

Sponsors: ALCA, ALAADA

An opportunity for counselors to interact about retirement. This may be in conjunction with a reception to honor Dr. Fannie Cooley.
87. Alabama State Department of Education Support Services

Presenters: Janice E. Webb, EdS, State Department of Education
Ceceilia Mills, EdS, State Department of Education
Margaret Smith, Education Administrator, State Department of Education

Location: Montgomery Meeting Room 5

Sponsors: ALSCA

This session will focus on support services available to school counselors in the implementation of their Comprehensive Counseling and Guidance Program. Also included will be a review of the graduation requirements and recent changes that will affect future graduates.

88. Bereavement via Social Networking Sites: A Look at Technology’s Influence on Grief in Adolescents and Young Adults

Presenters: Virginia Dawson Lacy, CED Doctoral Candidate, Auburn University
Jessica Melendez Tyler, Clinical Therapist, East Alabama Mental Health Adult Day Services

Location: River View Meeting Room 1

Sponsors: ALCCA, ALMHCA

Attendees will get a review of the grief process for adolescents and young adults, explore how the use of the social networking sites can affect those suffering from grief, and identify areas for future research.

89. Presenting and Using Yoga in Counseling

Presenter: Virginia Seibels, LPC, Certified Yoga Teacher

Location: River View Meeting Room 2

Sponsors: ALCA

The presentation will introduce types of yoga being used for teaching relaxation skills, body awareness, and mind body connection. Research and techniques of yoga used in counseling will be presented.
90. **Disaggregation and Interpretation of SAT/SAI Data for School Counselors**

Presenters: Margaret McFadzean Fox, MS.Ed, School Counselor, Opp City Schools  

mfox@oppboe.com

Location: Montgomery Meeting Room 3

Sponsors: ALSCA

The presenter will teach school counselors how to disaggregate and interpret the data from Stanford Achievement Test/Otis Lennon School Ability Test as it relates to the student’s School Ability Index (SAI). The types, characteristics, and applications of scores on subtests as well as scores on battery totals and composites will be explored.

91. **Don’t Call Me an “Angry Black Woman”: Effectively Working with Women of Color**

Presenters: Asha McAdory, M.A., LPC, NCC, Fellowship House Inc  

AshaSD@aol.com

Location: River View Meeting Room 1

Sponsors: ALAMCD

Women of color have a unique set of stressors deriving from a combination of gender and racial discrimination. This content session will explore societal perceptions associated with and culturally specific counseling techniques for this population.

92. **Turn Your Scheduling Nightmares into Sweet Dreams with ACCESS**

Presenters: Anne Marie Freeman, Associate Director of Student Services, Troy University ACCESS  

afreeman17235@troy.edu

Location: River View Meeting Room 2

Sponsors: ALSCA

ACCESS invites school counselors to see the many ways that the program can help with scheduling conflicts as well as the option of offering additional courses within their schools.
93. Get in the Know, NOW! - Type, Trends, and Tidbits on Drugs

Presenter: Kimberly D. Morris, LPC, NCC, Bradford Health Services

kmorris@bradfordhealth.net

Location: River View Meeting Room 3

Sponsors: ALAAOC, ALCCA

This content session will discuss drugs that adolescents and young adults are abusing. It includes types of drugs, how they are ingested, side effects and dangers of using these drugs, and resources for those of concern.

94. Character for Teens: Fighting the Entitlement Syndrome

Presenter: Sarah Manikas Rech, M.Ed., LPC, Montgomery Catholic Preparatory School

srech@montgomerycatholic.org

Location: Montgomery Meeting Room 5

Sponsors: ALCA

“Character for Teens” assists teens battling entitlement syndrome. Topics include integrity, honesty, goals, time management, perseverance, self-esteem, etc. Group discussion and art projects engage students in learning about themselves and becoming successful members of society.

95. Treating Eating Disorders and Suicidality

Presenters: Dr. Mary Bartlett, PhD, LPC-CS, NCC, CFLE, Magnolia Creek Treatment Center for Eating Disorders

contact@drmarybartlett.com

Angela Dainas, Associate Therapist, Magnolia Creek Treatment Center for Eating Disorders

angel.bryant@magnolia-creek.com

Dr. Nicole Siegfried, Clinical Director, Magnolia Creek Treatment Center for Eating Disorders

nicole.siegfried@magnolia-creek.com

Location: Montgomery Meeting Room 9

Sponsors: ALMHCA, ALAMFC, ALCCA

Suicide is a leading cause of premature death for clients with Anorexia. Participants will learn about eating disorders and the suicidal mind, and how counselors can help these clients regulate emotions and recover.
96. **How to Organize and Implement a Career Day at the Elementary or Middle School Level**

Presenter: Jennifer Riddle, Elementary School Counselor, Shelby and Wilsonville Elementary

Location: Montgomery Meeting Room 1

Sponsors: ALSCA

This workshop will provide learners with ideas of how to organize and implement a career day at the elementary or middle school level.

97. **Surviving Your First Year as a Elementary, Middle, or High School Counselor**

Presenter: Jaclyn Snow Weaver, M.Ed in School Counseling, Certified in Education Administration, School Counselor, Citronelle High School

Location: River View Meeting Room 4

Sponsors: ALSCA

This session focuses on organizational techniques, frequently asked questions, being a leader in school counseling, resources, and the job descriptions of a school counselor. The presenter has been a counselor at all three levels.

98. **The Developmental Model of Supervision in Action: A Case Study**

Presenters: Christine Baker, MA, ALC, Pathways Professional Counseling  
Lisa Keane, Clinical Director, Pathways Professional Counseling  
Rod Marshall, President/CEO, Alabama Baptist Children’s Home

Location: Montgomery Meeting Room 6

Sponsors: ALCA

The Developmental Model of Supervision identifies discrete stages of supervisee maturity, each with specific characteristics, responsibilities, and skills. This presentation will illustrate this model within a case study format consisting of a LPC-S, a supervising associate, and an ALC.
99.  **Supporting Students and Teachers Through Grief**

Presenter:  T. E. Turner, Associate Professor Counselor Education, Jacksonville State University  
  
tturner@jsu.edu

Location:  River View Meeting Room 5

Sponsors:  ALASERVIC

Grief is one of life’s most common experiences. This session will provide resources for providing support to individuals through loss, as well as strategies for providing support in cases of widespread grief.

100.  **How to Identify Bullies Before They Hit Their Targets, and What to do if They Have Already Struck**

Presenters:  Dr. William B. Green-Burns, PhD, Associate Professor of Education/School Counseling, The University of West Alabama  
  wbg@uwa.edu

  Dr. Dana Harwell, PhD, Assistant Professor of Education, The University of West Alabama  
  dharwell@uwa.edu

  Dr. Mae Daniel, Curriculum and Instruction, The University of West Alabama  
  mdaniel@uwa.edu

Location:  River View Meeting Room 6

Sponsors:  ALSCA

The presenters have examined the research on bullying and will offer a simple outline for a 5-step program including: How to Bully Proof Your System, School, and Classroom; How to Recognize Bullying; Myths of Bullying; Treatment of Victims; and Treatment of Bullies.

101.  **Using Progressive Muscle Relaxation in the Counseling Setting**

Presenters:  Donna Mullinax, MS, BCH (Board Certified Hypnotist), CI (Certified Instructor of Hypnosis), Garrett Counseling & Consulting  
  dmullinax@garrettcounseling.com

  Ashley L. Garrett, MS, EdS, LPC, NCC, Director, Garrett Counseling & Consulting  
  algarrett@garrettcounseling.com

Location:  River View Meeting Room 7

Sponsors:  ALMHCA, ALAAOC

Explore basics of Progressive Muscle Relaxation. Learn techniques useful with clients (children and adults) in individual and group settings. Participants receive scripts and resources for immediate use. Session culminates in relaxation session for interested participants.
102. **Starting A Private Practice: A Step-by-Step Guide**

**Presenters:**  
Anna Barksdale, LPC, Private Practice/University of Phoenix/Argosy University  
[annabarksdale55@yahoo.com](mailto:annabarksdale55@yahoo.com)  
Timothy Birt, Therapist, Private Practice  
[4tim.birt@gmail.com](mailto:4tim.birt@gmail.com)

**Location:** Montgomery Meeting Room 3

**Sponsors:** ALCA

Starting a Private Practice: A step by step guide to a successful practice. Including business plans, insurance, marketing, advertising, office selection, taxes and financial management needed to develop a thriving private practice.

103. **Counseling and Cultural Diversity: How Diversity in Our Clients Impacts Our Work**

**Presenter:** Linda H. Foster, PhD, NCC, NCSC, LPC, Professor, Troy University- Montgomery  
[drlindafoster@gmail.com](mailto:drlindafoster@gmail.com)

**Location:** River View Meeting Room 8

**Sponsors:** ALACES, ALAMCD, ALMHCA, ALGBTICAL

This presentation will examine how we define “Diversity” in our clients. During the presentation we will also consider other client characteristics outside of the mainstream definition of “diversity.” The presentation will investigate how we can address the needs of our clients and how to most effectively evaluate our clients and provide effective treatments.

104. **The Vision in the Mirror and the Vision in My Head – Hindrances to Weight Loss Maintenance**

**Presenters:** Karena T. Valkyrie, PhD, LPC, Troy University  
[drktvalkyrie@gmail.com](mailto:drktvalkyrie@gmail.com)  
Whitney Greenen, Student, Troy University  
[whitneygreenen@gmail.com](mailto:whitneygreenen@gmail.com)

**Location:** Montgomery Meeting Room 4

**Sponsors:** ALCA

Obesity is a national epidemic. Many lose weight; yet, 1 in 6 is considered to succeed at weight loss maintenance (WLM). We explore the need for multiple strategies to help increase the odds for successful WLM.
105. iCounsel: Easy Ideas to Tech Up Your Elementary School Counseling Program

Presenters:  Dr. Stephanie Howard, Elementary School Counselor, Montgomery Public Schools
            Stephanie.Howard@mps.k12.al.us
            Mrs. Sheryl Smith, Elementary School Counselor, Auburn City Schools
            ssmith@auburnschools.org

Location:   Montgomery Meeting Room 7

Sponsors:  ALSCA

Update your elementary school program with simple technology insertions. Come prepared to learn as well as share some easy ways to incorporate technology into your existing program. Take away ideas to implement right away!
Mission Statement

To enhance human development throughout the life span and to promote public confidence and trust in the counseling profession

Our Common Values

Caring for self and others
Acquiring and using knowledge
Respecting diversity
Empowering leadership
Encouraging positive change

Our Strategic Goals

To promote the recognition of the counseling profession

To develop and implement a set of strategies that responds to the needs of a diverse membership

To develop and expand diversity throughout the membership of the association

To promote unity of purpose and diversity of practice

To prepare and nurture effective leaders

To provide leadership as as association in governmental relations and public awareness
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DIVISIONS BY SPECIALTY

ALCCA Alabama College Counseling Association
ALACES Alabama Association for Counselor Education & Supervision
ALAMCD Alabama Association for Multicultural Counseling & Development
ALSCA Alabama School Counselor Association
ALCDA Alabama Career Development Association
ALMHCA Alabama Mental Health Counselors Association
ALASGW Alabama Association for Specialists in Group Work
ALASERVIC Alabama Association for Spiritual, Ethical & Religious Values in Counseling
ALDARCA Alabama Division of the American Rehabilitation Counseling Association
ALAMFC Alabama Association for Marriage & Family Counseling
ALAAAOC Alabama Association of Addictions & Offenders Counselors
ALAADA Alabama Association for Adult Development and Aging
ALGBTICAL Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling in Alabama

MEMBERSHIP TYPES

Active Professional/Regular Membership - Open to all active ALCA members and to all persons professionally engaged in guidance, counseling, or personnel activities in educational, vocational, religious, rehabilitation, employment agencies, or other such agencies.

Student Membership - Open to any graduate or undergraduate student who is not employed full time as a counselor and who is actively engaged in a program of study in counseling, guidance, or personnel (Certification by advisor is required).

Retired Membership - Open to persons who were members of ALCA at the time of their retirement.

Past Presidents Membership - Open to persons who have served as past ALCA state presidents (Dues are complimentary).
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CONTENT SESSION SELECTION PROCEDURES

Content program proposal forms will ask those submitting proposals to indicate the intended division audience for the program. These may be either a division or ALCA (for programs of general interest). Interested divisions for each content session will be noted in the program book.

The number of content session slots will be determined by the ALCA Program Chair (President-elect), taking into consideration the number of slots allotted in the past years and the number of rooms available for content programs.

80% of the available content program slots will be assigned to divisions as determined by the following formula: (the total number of slots assigned to divisions) multiplied by (the percent of the total ALCA membership of the division) equals the number of programs selected per division. Any program slots not used by divisions will be reassigned under ALCA allotment.

20% of the available content program slots will be assigned to ALCA. By recognizing that the membership of ALCA share common interests in addition to the specifics of their division memberships, the opportunity exists for developing ALCA membership identity.

Content programs will be selected at a meeting convened by the ALCA Program Chair (President-elect). A quorum will comprise members present at the meeting. The ALCA Program committee will be composed of the ALCA Program Chair, the ALCA Fall Conference Chair and a representative from each division. Each division representative will be appointed by the division president.

NOTE: PRESENTERS ARE RESPONSIBLE FOR PROVIDING ALL AUDIO/VISUAL EQUIPMENT NEEDS AND ALL HANDOUTS.

SCAPE OF THE PROPOSALS

All content session proposals are submitted to the ALCA Conference Program Committee for consideration as a Conference Content Session and include the following categories:

Regular Programs
Proposals should be planned to remedy gaps in knowledge, to provide skills, innovative methodologies and procedures, and to be responsive to the interests of Association members.

Student Programs
Graduate and Undergraduate students are invited to submit proposals related to counseling and development practices. Faculty members should encourage students to submit proposals.

Research Programs
Submission of recent research findings and their practical applications are invited. Researchers whose programs are selected are encouraged to bring copies of their work for distribution at the sessions.

NOTE: ALL PRESENTERS (including panelists) MUST BE REGISTERED FOR THE ANNUAL CONFERENCE

Content Program Proposal consists of a completed one-page content session proposal form. Please use the accompanying form and format. Please be sure that all information requested on the proposal form is accurate.

PROPOSAL DUE DATE: JUNE 15, 2013

Email Proposal form to ALCA Executive director Dr. Chip Wood at chip@alabamacounseling.org.
ALCA 2013 Annual Conference Content Session Proposal Form

All information must be typed (font size no larger than 11) and should be emailed to Dr. Chip Wood at chip@alabamacounseling.org.

Title of Proposal: ______________________________________________________________

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<th>Presenter:</th>
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<td>Job Title:</td>
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<td>Job Site:</td>
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<td>Job Title:</td>
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<td>Phone:</td>
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</table>

ALCA Divisions Interested in Presentation: (Highlight all)

- College Counseling
- Counselor Educ & Supervision
- Multicultural Counseling & Dev
- School Counselor
- Career Dev
- Mental Health
- Spec in Group Work
- Spiritual, Ethical & Religious Values
- Marriage & Family
- Addictions & Offenders
- Adult Dev & Aging
- Lesbian, Gay, Bisexual & Transgender Issues
- ALCA

Note: ALL PRESENTERS MUST BE REGISTERED FOR THE CONFERENCE INCLUDING PANEL MEMBERS

Program Description (Do Not Exceed 35 Words)

Clinical Focus Area:  
Child  Adolescent  Adult

School Counseling Area:  
NA  Elem  Mid  HS

Using Music or Audio Equipment?  Y  N

Professional Track:  
Intervention/Practice Advocacy
Theory/Research Self-Development General

Presenters submitting additional Proposals?  Y  N

Name of Additional Proposal Presenter(s):

Title of Additional Proposals:

NOTE: PRESENTERS ARE RESPONSIBLE FOR PROVIDING ALL AUDIO/VISUAL EQUIPMENT NEEDS AND ALL HANDOUTS
ALCA Annual Conference

EVALUATION

Please tell us your opinion of this conference for the days you were here. Check the appropriate category for each item. Leave blank any item that does not apply to you. Answer both sides and return the completed form to the evaluation table. Thank you.

I attended (Check all that apply):  Wednesday _____  Thursday _____  Friday _____

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<tr>
<th>OVERALL PROGRAM</th>
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<td>Setting a theme for the conference</td>
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<tr>
<td>Organization of presentations</td>
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<tr>
<td>Overall effectiveness of presenters</td>
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<tr>
<td>Awards presentations</td>
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<tr>
<td>Activities on first day</td>
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<td>Activities on second day</td>
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<td>Activities on third day</td>
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<td>Speaker/opening session on Wednesday</td>
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<td>Speaker/general session on Thursday</td>
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<tr>
<td>Speaker/closing session on Friday</td>
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Most valuable guest speaker (Name): ____________________________

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<tr>
<th>ANCILLARY SERVICES</th>
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<td>Pre-conference publicity</td>
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<td>Registration</td>
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<td>Conference program booklet as guide</td>
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<td>Exhibits</td>
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<td>Hospitality at sponsored breaks, receptions</td>
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<td>Quality of division social functions</td>
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<tr>
<td>Quality of luncheons, dinner, other socials</td>
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<td>Quality of services for first-timers</td>
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<td>Quality of services for student attendees</td>
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<tr>
<td>Usefulness of other conference services</td>
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<th>CONFERENCE FACILITIES</th>
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<td>Accommodations for disabilities</td>
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<td>Layout of conference at site</td>
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<td>Size and comfort of meeting rooms</td>
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<td>Housing accommodations at site</td>
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<tr>
<td>Housing accommodations off site</td>
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<td>Site – city and facilities</td>
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<td>Food availability</td>
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<td>Food quality</td>
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<td>Overall rating of location</td>
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<tr>
<td>Session</td>
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<td>GENERAL SESSION 1</td>
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<tr>
<td>Session was well organized and delivered</td>
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<tr>
<td>Presenter was knowledgeable</td>
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<tr>
<td>Session was helpful to me</td>
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<td>Presenter was knowledgeable</td>
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<tr>
<td>Session was helpful to me</td>
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<td>Session was helpful to me</td>
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My Chapter: 
Primary Division: 
Secondary Division: 

Please list the three Content Sessions you most liked and found most useful. Tell why?

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Please list any Content Sessions you would most like to add at future conferences.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Comments:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

WE VALUE YOUR FEEDBACK

Turn this form in at the evaluation table in the Registration area or mail to ALCA Office
Alabama Counseling Association
GENERAL CONVENTION SESSIONS REPORT
Continuing Education Units

Full Name:____________________________________________________________________

Address:  _____________________________________________________________________  
City         State         Zip  

Telephone:  _________________________E-Mail:  ____________________________________  

YOU MUST BE REGISTERED FOR THE CONFERENCE TO CLAIM CEUs. PAYMENT MUST CLEAR BEFORE CERTIFICATE WILL BE ISSUED. 
You may report any of the following: Morning Workshop Session (Keynote Speaker), Opening General Session (Keynote Speaker), Business & General Session (Keynote Speaker), Content Sessions. Indicate below which programs you attended. Insert title and number of Content Sessions. You should request credit only for programs you attended in their entirety. Credit cannot be granted for ancillary programs (business meetings, committee meetings, luncheons, receptions). Credit cannot be granted for a program one presents. Do not record programs with overlapping times. Presenter’s signature not required.

Wednesday, November 14, 2012
10:00 AM - 12:00 PM Opening General Session  Attended:  Yes____ No_____  2.00 
2:30 PM - 3:45 PM (Session # / Title) ________________________________  1.25 
4:00 PM - 5:15 PM (Session # / Title) ________________________________  1.25 

Thursday, November 15, 2012
8:30 AM - 10:15 AM General Session  Attended:  Yes____ No_____  1.75 
10:30 AM - 11:45 AM (Session # / Title) ________________________________  1.25 
1:30 PM - 2:45 PM (Session # / Title) ________________________________  1.25 
3:00 PM - 4:15 PM (Session # / Title) ________________________________  1.25 
4:30 PM - 5:45 PM (Session # / Title) ________________________________  1.25 

Friday, November 16, 2012
8:30 AM - 10:00 AM Business & General Session  Attended:  Yes____ No_____  1.50 
10:30 AM - 11:45 AM (Session # / Title) ________________________________  1.25 

I certify that the information on this report form is complete and accurate. Total CEUs : ____________

Signature:  _____________________________________ Date:  _______________________

Print neatly - Your certificate depends on it. Make a copy of the completed form for your records. Requests must be postmarked by January 31, 2013. Certificate will be mailed as soon as possible but no later than March 31, 2013. There is a $5.00 processing fee. Make check payable to ALCA. **$10.00 charge for duplicate certificate requests and for requests submitted after January 31, 2013.**

Mail to:  Dr. M. Carolyn Thomas, ALCA CEUs, PO Box 640454, Pike Road, AL  36064-0454

Persons who need to verify attendance at certain workshops (e.g., ethics) should attach a copy of this CEU request form to the certificate when submitting papers to a licensing board.
Register by August 15, 2012 at the Summer Rate!

Join thousands of your peers at the premier educational event in professional counseling

Take advantage of the largest networking opportunity of the year

March 21–24
Pre-Conference Learning Institutes — March 20–21*

Keynote speaker

Ashley Judd

Registration Rates for 2013 ACA Conference & Expo, Cincinnati, OH

<table>
<thead>
<tr>
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<tr>
<td>Professional/Regular</td>
<td>$340</td>
<td>$365</td>
<td>$415</td>
<td>$475</td>
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<td>New Professional/Student/Retiree</td>
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<td>$310</td>
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<tr>
<td>Non – Member Student Attendees</td>
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<td>$370</td>
<td>$480</td>
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1-day registration = $300

*Additional fees apply

Online:counseling.org/conference • Phone: 800-347-6647 x222 (M–F, 8 a.m.–6 p.m., ET)
Special Thanks to Our Sponsors

Alabama Home Builders Association -- Breakfast

The Renaissance Hotel -- Break

Auburn University -- Breakfast

ACT -- Reception

Bradford Health Systems -- Poster Session

The University of Alabama -- Breakfast

Troy University in Montgomery  -- Break

ITT Educational Services  -- Dance

Alabama State University -- Reception

Amridge University -- Biscuit Breakfast

These ALCA Chapters -- Break
I, III, IV, VII, VIII, IX

These ALCA Divisions -- Break
ALASGW, ALCCA, ALCDA, ALSCA, ALAMCD, ALMHCA
Legal Liability Issues for Counselors in Alabama

ONLY $25.00

To Order, Submit Written Request and Check to:

Dr. Ervin (Chip) Wood
ALCA Executive Director
217 Daryle Street, Livingston AL  35470
See you in Birmingham at the
Sheraton Hotel and BJCC Medical Center Forum

November 20-22, 2013

for our 2013 ALCA Annual Conference

Have a safe trip home!

Sincerely,
Nancy Wolfe
ALCA President-Elect