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Category: Acute Care – Assiniboia Union Hospital Integrated Facility

Program:

Contact: Name: Ann Benoit
Position: Director of Care
Phone: 642-9401 Fax: 642-9457
Address: Box 1120, 501 - 6th Ave. East
Assiniboia, SK S0H OBO

Description:
12 bed acute care facility plus 4 multipurpose beds. Provide 24 hour emergency OPD service with physician on call 24 hours daily. Provide:
- Close observation unit
- Anti-thrombolic Therapy and cardiac monitoring (not a cardiac care unit as in larger centers)
- General medical services (all ages)
- Palliative care
- Convalescent care
- Respite care
- Therapy Services 4 days per week
- Diagnostic services:
  - X-ray
  - Lab (also performs tests on specimens from Coronach Health Centre lab – Sun Country Health Region)
  - EKG

Access:
- Acute care admission as per Admission Criteria Protocol
- Respite admission criteria
- Palliative admission criteria
- Physician to physician transfer
- Convalenscence care, admission criteria – respite admission criteria

Catchment Area:
Service to Assiniboia area (approximately 6,000 people). Serves Rockglen, Coronach to USA border, east to the Five Hills Health Region border, west to Limerick/Lafleche and north to Mossbank. Serves all people who need the service.

Other information:
Physician discharge or transfer. Discharge to other service is done as a team – acute staff, physician, continuing care coordinator and other service providers.

**********

Category: Acute Care – Assiniboia Union Hospital Integrated Facility

Program: Admitting & Registration

Contact: Name: Nicole Neff
Position: Administrative Assistant
Phone: 642-9400 Fax: 642-9459
Address: Box 1120, 501 - 6th Ave. East
Assiniboia, SK S0H OBO
Description:
- Completes admissions and discharges for AUH
- Accepts service requests
- Distributes service requests to appropriate department/area
- Provides information to receiving facilities for long term care, acute care, etc.
- Registers all outpatients for medical, nursing, and diagnostic services
- Various clerical functions
- Receptionist duties

Access:
Self, Family, Physician, Nurse

Category: Acute Care – Assiniboia Union Hospital Integrated Facility

Program: Emergency Care

Contact:
Name: Ann Benoit
Position: Director of Care
Phone: 642-9401  Fax: 642-9457
Address: Box 1120, 501 6th Ave. East
          Assiniboia, SK  S0H OBO
Contact: Nurse in Charge
Phone: 642-9410  Fax: 642-9460

Description:
- Large trauma room with 3 beds
- Includes:
  - One exam room designated for casts/orthopedic*
  - One exam room set up for pelvic exam and gynecological purposes
  *These can also be used for outpatients.

Access:
Self presentation/family  
Ambulance

Catchment Area:
Southern areas of the region
Parts of Sun Country Health Region (Coronach)

Discharge/Transfer or Completion:
Physician, Nurse

Category: Acute Care – Assiniboia Union Hospital Integrated Facility

Program: Outpatient Services

Contact:
Name: Ann Benoit
Manager: Director of Care
Phone: 642-9401  Fax: 642-9457
Address: Box 1120, 501 - 6th Ave. East
          Assiniboia, SK  S0H OBO
Contact: Nurse In Charge
Phone: 642-9410    Fax: 642-9460

Description:
Services include:
- Medical treatment e.g. application of cast
- Nursing procedures e.g. dressing changes
- IV therapy e.g. antibiotics
- Minor surgical procedures e.g. excision lumps, moles
- Suturing
- Collection of lab specimens including venipuncture

Access:
Self
Family

Catchment Area:
Southern areas of the region
Some areas of Sun Country Health Region

Discharge/Transfer or Completion:
Physician
Nurse

Category: Acute Care – Assiniboia Union Hospital Integrated Facility
Program: Palliative Care

Contact: Name: Ann Benoit
Position: Director of Care
Phone: 642-9401    Fax: 642-9457
Address: Box 1120, 501 6th Ave. East
           Assiniboia, SK    S0H OBO

Description:
Services include:
- pain control
- comfort measures
- nutritional support
- pastoral care
- emotional support
- Palliative Care Passport

Access:
- As per Palliative Care Provincial Program
- Access Centre
- Physician

*******
Category: Acute Care – Central Butte Regency Hospital

Program:

Contact: Name: Joanne Wilm
Position: Director of Care
Phone: 796-2190 Fax: 796-4610
Address: P.O. Box 40, 601 Canada Street
Central Butte, SK S0H 0T0

Description:
Emergency Care: 24 hour RN coverage
EMS Service: First Responders and PC Paramedic
Supportive Care: 2 beds - Medical Convalescence
Transition: Waiting Placement (screened by LTC)

Diagnostics: Level 5 Accredited Laboratory
Office Support: Provides medical records support
Support Services: Laundry - 6 days/week
Visiting Services: Physiotherapy and Occupational Therapy
Primary Health Care Clinic: 2 Physician practice - Clinic is attached to the hospital

Access: Acute/Observation and Medical Supportive beds accessed through Medical admission.
Supportive Personal Care and Respite Beds accessed through Access Centre per phone call.
Palliative admission usually through Medical admission. Referral to Regional Coordinator.

Catchment Area: From Brownlee to Riverhurst and Chaplin to Loreburn

Other Information: The Health Centre Auxiliary contact in Central Butte is Carol Bligh. The Regency Manor Auxiliary contact is Marion Songer. There are also Health Care Auxiliaries in Tugaske, Elbow, and Eyebrow.
There is a Central Butte Health Care Foundation. Palliative Care team is active locally.

*******
**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Admitting

**Contact:**
Name: Isolde Alraum  
Position: Director, Health Records and Admitting  
Phone: 694-0378  
Fax: 694-0270  
Address: 455 Fairford St. East  
Moose Jaw, SK   S6H 1H3

**Description:**
- Provides registration services for people accessing Diagnostic Testing, Clinics and other ambulatory services
- Provides registration services for people accessing the Emergency Department and Day Surgery.
- Provides admission registration services for people being admitted to the acute care wards of the hospital

**Access:**
Surgical elective admissions are booked through the operating room with subsequent notification of the Admitting Department.  
Medical admissions are screened through the emergency department with subsequent notification of the Admitting Department.

**Catchment Area:**
Moose Jaw City and the area of the Regional Health Authority. Some clients may be referred from outside of these regions.

********

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Ambulatory Care

**Contact:**
Name: Diane Ireland  
Position: Nurse Manager  
Phone: 694-0200  
Fax: 694-0240  
Address: 455 Fairford Street East  
Moose Jaw, SK   S6H 1H3

**Description:**
Ambulatory care services which include excisions, FNA biopsies, pre-op assessment, eye surgery follow up, cast clinic.

**Access:**
Through the Admitting Department. Often appointments are arranged in advance.

**Catchment Area:**
All areas of the health region can access ambulatory care for the purpose identified by their physician.

**Other Information:**
We also do blood transfusions, platelet transfusions, as well as other blood products to outpatients on an elective basis. Chemotherapy is also done in ER when day surgery is closed.
Category: Acute Care – Moose Jaw Union Hospital

Program: Cardiopulmonary – Cardiac Stress Testing

Contact:
Name: Mike Amies
Position: Director, Respiratory Therapy  or  Respiratory Therapist
Contact: 694-0221
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

Description:
The cardiac stress testing service provides inpatient and outpatient exercise testing on a graded treadmill. An Internist or Cardiologist is in attendance during the test. A therapist or technologist assists in performing the test. During the test, the patient’s ECG and blood pressure are monitored.

Access:
Tests are done at the request of an Internist or Cardiologist with privileges. Tests are booked through the physician’s office.

Catchment Area:
Anyone referred by an Internist or Cardiologist with privileges may access the service. A blue (billing) form is required from Admitting department for:
• Patients covered by Department of National Defense
• Patients from out-of-province
• Patients having tests for employment purposes

Discharge/Transfer or Completion:
Cardiac stress test results are interpreted by the attending Internist or Cardiologist. The report is sent to the referring physician.

---------

Category: Acute Care – Moose Jaw Union Hospital

Program: Cardiopulmonary – Electrocardiography

Contact:
Name: Mike Amies
Position: Director, Respiratory Therapy  or  ECG technologist
Contact: 694-0221  or  694-0347  Fax: 694-0270
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

Description:
The ECG service provides inpatient and outpatient electrocardiograms 8:00 – 4:30 weekdays and 9:00 – 4:00 p.m. weekends. The service provides resting ECG and ambulatory ECG (Holter monitor). The ECG department maintains records for comparison.

Access:
Tests are done at the request of a physician with hospital privileges. Resting ECG’s are done on a walk-in basis from 8:00 – 4:30 weekdays and 9:00 – 4:00 p.m. weekends. Holter monitors are booked appointments by calling 694-0285.
**Catchment Area:**
Anyone with a physician’s referral may access the service. A blue (billing) form is required from Admitting Department for:

- Patients covered by Department of National Defense
- Patients from out-of-province
- Patients having tests for employment purposes

**Discharge/Transfer or Completion:**
ECGs are interpreted by a qualified physician and the report is sent to the referring physician. Abnormal ECG’s (new changes) are discussed with patient’s physician before the patient leaves.

**********

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Cardiopulmonary – Hyperbaric Oxygen Therapy

**Contact:**
Name: Mike Amies  
Position: Director, Respiratory Therapy  
Phone: 694-0221 or  
Contact: Respiratory Therapist  
Phone: 694-0314 Fax: 694-0270  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
Hyperbaric oxygen therapy is provided for UHMS approved indications including:

- Carbon monoxide poisoning
- Arterial gas embolism
- Clostridial myonecrosis
- Decompression sickness
- Osteoradionecrosis and soft tissue radionecrosis
- Thermal burns and frostbite
- Compromised skin grafts and flaps
- Necrotizing infections
- Crush injury
- Chronic refractory osteomyelitis
- Selected non-healing wounds
- Can treat intubated/ ventilated patient
- Can run IV’s during treatment
- Can monitor ECG/blood pressure during treatment

**Access:**
Patients are referred by their physician to a consulting physician with the HBO service. The consulting physician determines access to treatment. After hours emergencies are referred to the respiratory therapist or physician on-call.

**Catchment Area:**
Anyone with a physician’s referral and acceptance by the consulting physician may access the service. A blue (billing) form is required from the Admitting Department for:

- Patients covered by Department of National Defense
- Patients from out-of-province
Patients having tests for employment purposes

**Discharge/Transfer or Completion:**
Patients are transferred back to the referring physician or facility following the course of treatment.

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Cardiopulmonary – Overnight Oximetry Testing

**Contact:**
Name: Mike Amies  
Position: Director, Respiratory Therapy  
Contact: Respiratory Therapist  
Phone: 694-0221  
Fax: 694-0270  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
Overnight oximetry testing is available to diagnose nocturnal oxygen desaturation associated with sleep apnea, hypopnea and other causes. Patients are instructed to use a monitor at home for one night. The monitor is returned to the hospital the next morning and the information is printed out for a doctor’s interpretation.

**Access:**
Tests are done at the request of a physician with hospital privileges  
Tests are booked by phoning the Respiratory Therapist.

**Catchment Area:**
Anyone with a physician’s referral may access the service.  
A blue (billing) form is required from the Admitting Department for:  
- Patients covered by Department of National Defense  
- Patients from out-of-province  
- Patients having tests for employment purposes

**Discharge/Transfer or Completion:**
Oximetry reports are interpreted by an Internist or Cardiologist and the report is sent to the referring physician.

********

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Cardiopulmonary - Oxygen Assessment – S.A.I.L. Testing

**Contact:**
Name: Mike Amies  
Position: Director, Respiratory Therapy  
Contact: Respiratory Therapist  
Phone: 694-0221  
Fax: 694-0270  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
Oxygen assessment is performed using a pulse oximeter with printout. Resting oximetry is performed followed by exertional oximetry and/or overnight oximetry where indicated. Arterial blood gases will be done when oximetry is borderline. Oximetry may be repeated with the patient wearing oxygen where indicated. The results may be used to request/renew Sask Health coverage for home oxygen (S.A.I.L. program)
Access:
Tests are done at the request of a physician with hospital privileges.
Tests are booked by phoning the Respiratory Therapist.

Catchment Area:
Anyone with a physician's referral may access the service.
A blue (billing) form is required from the Admitting Department for:
- Patients covered by Department of National Defense
- Patients from out-of-province
- Patients having tests for employment purposes

Discharge/Transfer or Completion:
Test results are sent to the referring physician. When required, S.A.I.L. forms will be completed and sent to Sask Health.

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Cardiopulmonary - Pulmonary Function Testing
Contact:
Name: Mike Amies
Position: Director, Respiratory Therapy or Respiratory Therapist
Phone: 694-0221 Fax: 694-0270
Address: 455 Fairford Street East Moose Jaw, SK S6H 1H3

Description:
Pulmonary function testing is done to assess lung function, and to evaluate response to medications. Testing includes: spirometry, lung volumes (helium dilution method), diffusion (single breath DLCO) and pulse oximetry. Patient instruction may be provided on lung conditions, medications, delivery devices and healthy lifestyles.

Access:
Tests are done at the request of a physician with hospital privileges. Tests must be booked with the Respiratory Therapist.

Catchment Area:
Anyone with a physician's referral may access the service.
A blue (billing) form is required from the Admitting department for:
- Patients covered by Department of National Defense
- Patients from out-of-province
- Patients having tests for employment purposes

Discharge/Transfer or Completion:
Pulmonary Function tests are interpreted by an Internist and the report is sent to the referring physician.

**********
Category: Acute Care - Moose Jaw Union Hospital

Program: Central Sterile Supply.

Contact: Name: Joanne Kuhn  
Position: Manager, Central Sterile Supply  
Phone: 694-0259 or 694-0395  
Fax: 694-0260  
Address: 455 Fairford St. E., Lower Mezzanine  
Moose Jaw, SK

Description: Central Sterile Supply provides support to facilities within the Five Hills Health Region regarding med/surg products and sterilization practices. C.S.S. also provides the Five Hills Health Region facilities/clients within the city of Moose Jaw with the service of decontamination, processing and distribution of in-house sterilized/sanitized patient equipment.

Access: Equipment from out of hospital facilities is delivered to the C.S.S. department in covered containers when service is required and returned to the facility when processed by courier/taxi etc.

Catchment Area: Five Hills Health Region/contract facilities

**********

Category: Acute Care – Moose Jaw Union Hospital

Program: Chapel – Interfaith

Contact: Spiritual Care Coordinator, FHHR – 694-0214 Fax 694-0282  
Room 109 – 1st Floor, West Wing  
455 Fairford St. E.  
Moose Jaw, SK  
S6H 1H3

Description: Quiet chapel for individual, family and staff use

**********

Category: Acute Care – Moose Jaw Union Hospital

Program: Day Surgery Unit

Contact: Name: Darlene Smith  
Position: Nurse Director  
Phone: 694-0317  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3

Description:
- Average monthly census 500-600 patients/month
- Pre-assessment clinics – 3 days per week
- Chemotherapy outpatient program – ongoing
- Pulse therapy outpatient program – ongoing
- Day surgery patients: general surgery/orthopedics, urology, dental, optometry
- Cataract surgery – 2 days per week
**Access:**
Surgeon, Nurse Director

**Catchment Area:**
All of the Five Hills Health Region

**Discharge/Transfer or Completion:**
Request of surgeon, followed by day surgery nurse

**********

**Category:**
Acute Care – Moose Jaw Union Hospital

**Program:**
Diagnostic Imaging - Multi-modality Imaging Service

**Contact:**
Name: Gerry Ballard  
Position: Director  
Phone: 694-0382  Fax: 694-0219  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
CT:
• CT service Monday to Friday 08:00-16:00; after hours call for emergencies  
• Annual workload volume of 5,555 examinations

Ultrasound:
• 3 ultrasound scanners operating Monday to Friday, day shift; after hours emergency service  
• abdominal, obstetrics & gynecology, peripheral vascular and inpatient echocardiography  
• interventional, biopsy and hookwire procedures  
• annual workload volume of 7,000 examinations

Mammography:
• Monday to Wednesday diagnostic mammography; Thursday and Friday for provincial breast screening imaging  
• hookwire localization for breast biopsy  
• annual workload volume of 2,500 screening and 1,900 diagnostic examinations.

Radiography & Fluoroscopy:
• 2 radiographic rooms for general radiography and 1 fluoroscopic room for contrast studies  
• annual workload volume of 30,100 examinations

**Access:**
Access is on a referral basis from any clinician recognized by the Sask College of Physicians and Surgeons.

**Catchment Area:**
All of our health region/province can access our service.

**********

**Category:**
Five Hills Access Centre (FHAC)

**Program:**
Transition Coordinator FHAC

**Contact:**
Name: Shirley Lapointe  
Position: Transition Coordinator  
Phone: 691-6531  Fax: 691-6530  
Address: 455 Fairford St. East
Moose Jaw, Sask. S6H 1H3

Name: Kim Box
Position: Transition Coordinator
Phone: 691-6502 Fax: 691-6530
Address: 455 Fairford St. East
Moose Jaw, Sask. S6H 1H3

Description:
The Transition Coordinator is the primary link between Moose Jaw Union Hospital, FHAC and Home Care. Appropriately selects and follows up with patient in MJUH, within 24 to 48 hours, that may require continuing care services to facilitate their return to community-based living (e.g., Home Care support, PCH or presenting to Continuing Access Committee for long term care/convalescent care.

Access:
The client must meet eligibility criteria for Home Care Services. The Transition Coordinator must assess the client and determine the needs.

Catchment Area:
Anyone discharged from Moose Jaw Union Hospital.

Other information:
Family and Team conferences may be held to discuss and plan for discharge and future needs.

*********

Category: Acute Care – Moose Jaw Union Hospital

Program: Emergency Department

Contact:
Name: Diane Ireland
Position: Nurse Director
Phone: 694-0200 Fax: 691-2624
Address: Moose Jaw Union Hospital
455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
24-hr Emergency Department with 24/7 physician coverage

Access:
Patients can access ER any time they wish – must meet admission criteria to be admitted to medical ward or ICU screening. Access to the Emergency Room is through the main doors of the hospital, with the Registration completed before entry. There is controlled entry to the Emergency Room. Entry through Emergency lobby is for ambulance or life threatening situations. Entrance from the hospital is controlled so that staff can give directions to patients and visitors.
Emergency visits will be prioritized according to the Canadian Triage and Acuity Scale (CTAS). Non-emergency service should be sought through the physician office or off site medical clinics. Wait times may vary as those requiring immediate service are seen first.

Catchment Area:
All areas of the health region can access ER if necessary. Anyone outside the region may also access ER when necessary.
Discharge/Transfer or Completion:
Physicians orders

Other Information:
Emergency Room staff will not remove clients from vehicles unless a life threatening situation is evident. Moose Jaw and District EMS will be called to professionally help clients transfer from the vehicle to the Emergency Room.

Ambulatory care services are also done in the ER. Please refer to ambulatory care booking policy for further information.

**********

Category: Acute Care – Moose Jaw Union Hospital

Program: Health Records

Contact:
Name: Isolde Alraum
Position: Director, Health Records and Admitting
Phone: 694-0378 Fax: 694-0270
Address: 455 Fairford St. East
Moose Jaw, Sask. S6H 1H3

Description:
• Provides the management of Health Records, Admitting and Switchboard.
• Provides the management of the Admission-Discharge Transfer System and the Central Patient Index for the Health Region.
• Provides physicians with a Central Dictation System and Transcription Service.
• Provides medical information and data for research, utilization and quality review.
• Provides the management of the Voice Mail System and coordinates telephone maintenance.

Access:
Inquiries for records or health record services can be made by calling the Health Record general phone number: 694-0377.

**********

Category: Acute Care – Moose Jaw Union Hospital

Program: Housekeeping

Contact:
Name: Jim Bonnor
Position: Director Housekeeping & Linen Services
Phone: 694-0287 Fax: 694-0260
Address: 455 Fairford St. E.
Moose Jaw, SK S6H 1H3

Description:
The Housekeeping Department provides the following services:
• Daily cleaning of occupied and unoccupied patient rooms at the Moose Jaw Union Hospital (106 beds)
• The thorough cleaning of patient rooms upon discharge
• The cleanliness of all non-patient areas within the hospital
• Maintain acceptable standards of service, ensuring adequate Infection Control while working with all Hospital Departments to optimize patient care.
• Housekeeping hours:
  o Cleaners 0630 – 2300 hrs, 7 days/week
  o Aide 0630 – 1600 hrs, 7 days/week
Late Aide 1430 – 2300 hrs, Monday -Friday

**Access:**
For Housekeeping Services required 0630 – 1530 Mon - Fri, contact Jim Bonnor at Ext 287. During the hours 1530 - 2300 and weekends contact the Cleaner at pager # 694-6587.

**Catchment Area:**
Moose Jaw Union Hospital

**Discharge/Transfer or Completion:**
Upon discharge of patients, rooms will be thoroughly cleaned and disinfected.

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**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Intensive Care Unit

**Contact:**
- Name: Diane Ireland
- Position: Nurse Manager
- Phone: 694-0211  Fax: 694-0240
- Address: Moose Jaw Union Hospital
  455 Fairford Street East
  Moose Jaw, SK  S6H 1H3

**Description:**
5 ICU beds for patients with heart problems, arrhythmias, CHF, surgical patients, overdose patients. After hours post anaesthetic recovery for patients. Eight telemetry units for patients in other areas of hospital.

**Access:**
Admission criteria was developed by the ICU Committee so that we may efficiently utilize resources of the ICU so that intensive care is available to all patients requiring it.

**Catchment Area:**
All areas of the health region can access ICU beds by consulting a medical internist.

**Discharge/Transfer or Completion:**
Patients are transferred to medical/surgical ward when they meet discharge criteria as determined by the internist. Tertiary care services are utilized as necessary when patient requires services outside our capacity.

**Other Information:**
Elective electrical cardioversion - is also done in ICU on an outpatient basis.

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**Category:** Regional FHHR

**Program:** Laboratory - Infection Control

**Contact:**
- Name: Colleen Lambert, MLT/Lisa Francoeur, MLT,HBSc
- Position: Infection Control Officers
- Phone: 694-0342  Fax: 694-0283
- Address: 455 Fairford St. East,
  Moose Jaw, SK  S6H 1H3
Description:
- Provide consultancy regarding the Infection Control and Prevention Program.
- Develop and implement policies and procedures used to minimize the risk of spreading infections in hospital and other health care facilities.
- The purpose of Infection Control is to reduce the occurrence of infectious diseases. These diseases are usually caused by bacteria or viruses and can be spread through human to human contact, animal to human contact, human contact with an infected surface, airborne transmission through tiny droplets of infectious agents suspended in the air, and finally, by a common vehicle such as food or water.

Access:
Resource for the Regional Health Authority
Phone, verbal, e-mail, intranet site and/or letter
Intranet Site

Catchment Area:
All health facilities in Health Region, Managers, Staff, Physicians, Volunteers

Other information:
- Provide daily surveillance of infections
- Recommend compliance with Transmission Based Precautions and Standard Universal Precautions.
- Review all positive Microbiology reports and Virology collected in the region and make recommendations to control and contain infections.
- Report to the Medical Health Officer all communicable diseases identified by the MJUH Laboratory and/or Provincial Laboratory.
- Coordination with Public Health to manage outbreaks for all regional facilities. Includes regional notification.
- Prepare and distribute monthly statistical reports of infections in FHHR to the Infection Control Chairperson and the region Infection Control Committee.
- Provide on-going education to staff on the principles and practices of Infection Control.
- Provide resource information on new and emerging diseases as it becomes available.
- Attend the quarterly Long Term Care Infection Control Committee meetings as a consultant.
- Coordinate Regional Statistics and Infection Control Audits.
- Prepare and distribute regional Infection Control Manual.

Category: Acute Care – Moose Jaw Union Hospital

Program: Laboratory - Diagnostic Laboratory

Contact:
Name: Barbara Flowers
Position: Regional Laboratory Director
Phone: 694-0341  Fax: 694-0283
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

Description:
Medical Laboratory Diagnostic Services for the FHHR Inpatients, Outpatients, Home Visit Program, Outreach Community Collections agencies, (Pioneer Lodge, Extendicare, Providence Place, ACC, Ross Payant Nursing Home, etc) within the region
3 clinic collection sites in Moose Jaw
Blood Glucose meters for the region.
Participate in Warfarin Management Program.
Manager of Infection Prevention & Control Program for FHHR.
ECG and Radiology services in Central Butte, Craik, Rockglen, Lafleche & Kincaid.

Access:

Catchment Area:
Home Visit Program is available from regional Laboratories. Contact individual sites for further information.
Any patient with a requisition from a recognized physician or dentist. Others will have requisition assigned by a Moose Jaw physician.

Discharge/Transfer or Completion:
Home Visit Program – pharmacist/physician discharge from program.
Orders are received as once only or standing order. Once only is an automatic discharge from program. Standing orders require physician renewal of orders annually. Laboratory Reference Manual is available for users of our services (wards, physicians, agencies, etc.)

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Linen Services
Contact: Name: Jim Bonnor
Position: Director Housekeeping & Linen Services
Phone: 694-0287 Fax: 694-0282
Address: 455 Fairford St. E.
Moose Jaw, SK S6H 1H3

Description:
The Linen Department is responsible for:
• The changing and laundering of draperies throughout the hospital. Ensure linens are clean and supplies are ample to operate the hospital efficiently.
• The linen services are on a regular cart exchange with Valley View Centre.
• Hours of linen service 0700 – 1530 hrs, 7days/week

Access:
For additional linen supplies contact the Linen Department at Ext 290 or Jim Bonnor at Ext 287.

Catchment Area:
Moose Jaw Union Hospital, Valley View Centre

Discharge/Transfer or Completion:
Maintain adequate stock of linens for discharge units.

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Maintenance
Contact: Name: Marv Huber
Position: Manager, Maintenance  
Phone: 694-0261  Fax: 694-0268  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
We provide maintenance service for the Moose Jaw Union Hospital - carpentry, plumbing,  
painting, electrical, flooring, renovations and all types of maintenance repairs, including all  
heating and air conditioning in hospital. Computer wiring is also provided throughout the region.

Access:  
Requests for maintenance to Jim Allen, Director, Maintenance. Use Maintenance Requisitions.

Catchment Area:  
Pioneers Lodge and Community Youth Services

***********

Category: Acute Care – Moose Jaw Union Hospital

Program: Maintenance - Physical Plant

Contact:  
Name: Jim Allen  
Position: Regional Director Maintenance, Plant, Clinical Eng.  
Phone: 694-0233  Fax: 694-0268  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
The physical plant provides high pressure steam to the Moose Jaw Union Hospital for the  
operation of heating systems, sterilizers, hot water systems, and food services appliances.

Access:  
The steam plant is operated and maintained by a staff of power engineers. For plant related  
problems the engineer on shift can be contacted by phoning 694-0233.

Catchment Area:  
The Moose Jaw Union Hospital's Physical Plant provides its services to the Moose Jaw Union  
Hospital only.

***********

Category: Acute Care – Moose Jaw Union Hospital

Program: Medicine Unit

Contact:  
Name: Carolyn Bremner  
Position: Nurse Director  
Phone: 694-0323  Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
40 bed acute medical care in partnership with:  
physiotherapy  
occupational therapy  
social work support  
Home Care services  
speech therapy
palliative support
telemetry support

**Access:**
Nurse Director of Acute Care Supervisors and Nurse Director, ER/ICU share responsibility for screening medical patients (supervisor after hours). There is screening criteria and specific form used. All medical admissions are screened.

**Catchment Area:**
All areas of the health region.

**Discharge/Transfer or Completion:**
Patients are transferred from medicine to Pioneer Lodge (palliative, convalescent, transition, LTC) to LTC facilities (Extendicare, Providence Place, Pioneer) to other acute facilities in health region, to personal care homes in the region and to GARU (Providence Place)

**Other Programs:**
**Observation Beds**
- 24 observation beds for acute medical conditions

**Palliative Care**
- End stage care

**Family Quiet Room**
- Accommodation and family quiet area in a private suite
- On West Wing, 1st Floor, Room 110

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**Category:**
Acute Care – Moose Jaw Union Hospital

**Program:**
Nutrition and Food Services

**Contact:**
Name: Sharon Nicolson
Position: Director, Food Services
Phone: 694-0206 Fax: 694-0270
Address: 455 Fairford Street E. Moose Jaw, SK S6H 1H3

**Description:**
Food service, including snacks and meals, is provided to patients in Moose Jaw Union Hospital (106 beds)
Food service is provided in the cafeteria serving an average of 9,000 customers per month.
Working with Home Care, a hot noon meal is provided to clients in the community six days per week. Averages of 720 meals per month are prepared for Home Care clients.
The Food Service Department provides refreshments and meals to a number of groups meeting in the hospital. During the past fiscal year we have provided courtesy meals averaging 255 meal days/month or a cost of $3,749.00. Catering recoveries, meals which are sponsored and paid for, have averaged 116 meal days/month or $1,712.00.

**Access:**
Patient food service is provided to both admitted and out patients in MJUH
Meals on Wheels clients are assessed and referred to the program through Home Care.
Catering is arranged through admin, staff development and through Food Services based on criteria in current policy.
**Catchment Area:**
City of Moose Jaw

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Operating/Recovery Unit

**Contact:**
Name: Susan Macknak  
Position: Nurse Director  
Phone: 694-0262  Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
- 3 general surgeons  
- one general surgeon operates four days / week with an anaesthetist  
- general surgery – 4 days/week

**Access:**
Booked cases through OR Scheduler and office. Urgent and Emergent cases are done after hours or when open OR time is available.

**Catchment Area:**
All areas of the Health Region

**Discharge/Transfer or Completion:**
Inpatients, Day surgery and same day surgery. Recovery post-op. ICU recovery after hours.

**Other Information:**
Wide variety of surgery offered  
Laparoscopic surgery

********

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Operating/Recovery - Endoscopy

**Contact:**
Name: Susan Macknak  
Position: Nurse Director  
Phone: 694-0262  Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
One Endoscopy unit  
3 surgeons who do endo’s  
Operating 5 days a week, also done as call backs  
Approx 15-17 procedures/day

**Access:**
Booked cases through office and OR Scheduler  
Also done as an emergency

**Catchment Area:**
All areas of the Health Region

**Discharge/Transfer or Completion:**
Patients come to us through day surgery.
Go to recovery if sedated.

**Other Information:**
Gastroscopy
Colonoscopy
Bronchoscopy
Flexible Sigmoidoscopy

Category: Acute Care – Moose Jaw Union Hospital

Program: Operating/Recovery - Colposcopy/Out Patient Gynecology

Contact:
Name: Susan Macknak
Position: Nurse Director
Phone: 694-0262    Fax: 694-0240
Address: Moose Jaw Union Hospital
        455 Fairford Street East
        Moose Jaw, SK   S6H 1H3

Description:
One unit
Operating one day/week
Approximately 5-10 patients/day
Four surgeons
Two Gynecologists
Two Obstetrician/gynecologists

Access:
Booked cases through office and OR Scheduler

Catchment Area:
All areas of the Health Region

Discharge/Transfer or Completion:
Done as outpatients through O.R.  Usually no sedation. Some local anaesthetic

Other Information:
Leeps         Pap Test
Colposcopy    Endocervical Curettings
Bx Cervix     Vulvoscopy
Endometrial Bx Minor Biopsies
Cryotherapy   ********

Category: Acute Care – Moose Jaw Union Hospital

Program: Operating/Recovery – Eye Surgery

Contact:
Name: Susan Macknak
Position: Nurse Director  
Phone: 694-0262    Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK   S6H 1H3

Description:
One surgeon operating 2 days/ week – approx 12 cases/day  
Cataract surgery  
Minor eye surgery

Access:
Booked cases through office and OR Scheduler  
Emergency cases

Catchment Area:
All areas of the Health Region

Discharge/Transfer or Completion:
Come to us through Day Surgery  
To recovery room if sedated

Other Information:
Local  
IV sedation  
General anaesthetic  
Monitored anesthesia care

Category: Acute Care – Moose Jaw Union Hospital

Program: Operating/Recovery – Gynecology Surgery

Contact:
Name: Susan Macknak  
Position: Nurse Director  
Phone: 694-0262    Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK   S6H 1H3

Description:
Four Gyne Surgeons have 7 1/4 hours O.R. time

Access:
Booked cases through office and OR Scheduler  
Urgent and Emergent cases are done after hours

Catchment Area:
All areas of the Health Region

Discharge/Transfer or Completion:
Inpatients, day surgery and same day surgery

Other Information:
Caesarian sections, laparascopic surgery, etc.

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Operating/Recovery – Orthopedic Surgery

Contact: Name: Susan Macknak  
Position: Nurse Director  
Phone: 694-0262  Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
One Orthopedic surgeon  
Operates 15 hours/week and emergency surgery  

Access:  
Booked cases through office and OR Scheduler  
Urgent and Emergent cases are done after hours and in available O.R. time  

Catchment Area:  
All areas of the health region  

Discharge/Transfer or Completion:  
Inpatients, day surgery and same day surgery  
Recovery post-op

Other Information:  
Total joints  
Arthroscopic surgery  
Fractures  
Numerous other surgeries (procedures requiring specialty equipment are not performed in this region)

Category: Acute Care – Moose Jaw Union Hospital

Program: Operating/Recovery – Urology Surgery

Contact: Name: Susan Macknak  
Position: Nurse Director  
Phone: 694-0262  Fax: 694-0240  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
One Urologist operating 11 1/2 hours general time and local time variable as needed.

Access:  
Booked cases through office and OR Scheduler  
Emergency cases bump the slate and urgent and emergent cases are done after hours  

Catchment Area:  
All areas of the Health Region  

Discharge/Transfer or Completion:  
Inpatients, day surgery and same day surgery  
Outpatient locals
Other Information:
Outpatient cystoscopy and vasectomy
Transurethral surgery
Abdominal surgery
Laser surgery

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Paediatrics Unit

Contact:
Name: Heather Segall
Position: Nurse Director
Phone: 694-0331  Fax: 694-0323
Address: Moose Jaw Union Hospital
455 Fairford Street East
Moose Jaw, SK  S6H 1H3

Description:
Budgeted – 10 beds – can accommodate up to 20 patients during peak periods.
Ages 1 week to 18 years
Conditions include all medical conditions, general surgery, orthopaedics, urology
Outpatient nebulizer program
Pulse oximetry, hickmans catheter program
Augersuctions, Telehealth appointments, and other outpatient treatments ordered by the physician

Access:
2 Pediatricians.
Family doctors admitting privileges to Paeds Unit

Catchment Area:
Five Hills Health Region

Discharge/Transfer or Completion:
Num/Charge Nurse of Paediatrics upon request

Other Information:
Equipment includes IV pumps, O2 Sat monitors, heart monitors/B/P machines, telemetry, Kangaroo pumps.

**********

Category: Acute Care – Moose Jaw Union Hospital
Program: Pharmacy

Contact:
Name: Jim Oxley
Position: Director of Pharmacy Services
Phone: 694-0397  Fax: 694-0325
Address: 455 Fairford St. E.
Moose Jaw, Sask.  S6H 1H3

Description:
The Pharmacy Department serves 10 facilities in the FHHR with daily on site pharmacists 0800 – 1630 and on call 24 hours a day.
• Medical Services provided to MJUH to the following areas: Medicine, Psychiatry, Paediatrics, Intensive Care Unit, Women’s Health Unit (Obstetrics, Gynecology), Surgery (General, Orthopedics, Urology, Ophthalmology), Renal Dialysis Unit
• Modified traditional distribution with ward stock to MJUH, Assiniboia, Gravelbourg and Central Butte
• Drug Intervention alerts on physician order sheets
• Inpatient dispensing for MJUH
• Chemotherapy
• TPN (Total Parental Nutrition)
• Home IV Therapy
• Geriatric Assessment Unit and Rehabilitation Unit at Providence Place pharmacy service
• Pain Management for palliative patients
• Inservices throughout the region on drugs and protocols
• High dose extended interval aminoglycoside monitoring
• Clinical service and pharmaceutical products to 10 facilities.
• Warfarin Management Program at MJUH
• Modified CIVA (Central Intravenous Add) Programs
• Seamless discharge planning
• Inpatient Pass Medication service
• Drug Cupboard at MJUH for evening, night and weekend replacement
• Pharmacy and Therapeutics Committees at Central Butte, Pioneers Lodge, Assiniboia and Gravelbourg
• Outpatient DVT (Deep Vein Thrombosis) therapy

**Catchment Area:**
Pharmacy services available throughout Five Hills Health Region

*******

**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Pharmacy - Community Oncology Program of Saskatchewan (COPS)

**Contact:**
Name: Jim Oxley,  
Position: Director of Pharmacy Services  
Phone: 694-0397  Fax: 694-0325  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
This program is run out of the Allan Blair Cancer Centre in Regina. The program gives the patients the option to have their chemotherapy in Regina or at an outreach centre like ours here in Moose Jaw. The Pharmacy Department receives the drugs and the patient information directly from Regina. The chemotherapy is prepared in the pharmacy department with the use of biological safety hood.
The patient receives the medication in the Day Surgery unit. 
The department prepares over 600 doses per year

**Access:**
The staff at the ABC Centre usually give the patient the choice of location for receiving chemotherapy. The first dose is always given at the Centre. Some chemotherapy is only administered at the ABC Centre.
**Catchment Area:**
All patients requiring the service who live within the boundaries of the Five Hills Health Region.

**Discharge/Transfer or Completion:**
Once the patient no longer requires Chemotherapy.

**********

**Category:**
Acute Care – Moose Jaw Union Hospital

**Program:**
Pharmacy - Outpatient DVT Program (Deep Vein Thrombosis)

**Contact:**
Name: Jim Oxley  
Position: Director of Pharmacy Services  
Phone: 694-0397  
Fax: 694-0325  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
Patients normally present to the Emergency Department. The casualty officer or a specialist will enroll the patient into the program. Rather than having the patient admitted for treatment, the medication is given on an outpatient basis. The medication, a low molecular weight heparin, is paid for by the Health Authority. There are a couple of advantages for treatment on an outpatient basis: 1) better utilization of hospital beds and 2) patients prefer being at home. We have a care map in place which is followed by the pharmacist. Once the LMWH is discontinued, the patient is then enrolled in the Warfarin Management Program for 3-6 months.

**Access:**
The physician fills out the enrollment form, if the patient meets the inclusion criteria, the patient is then put on the program following a positive Doppler test.

**Catchment Area:**
Normally, patients in the former Thunder Creek Health District

**Discharge/Transfer or Completion:**
The patient normally comes off the program within 3-6 months following initiation of the treatment

**********

**Category:**
Acute Care – Moose Jaw Union Hospital

**Program:**
Security

**Contact:**
Name: John Liguori  
Position: Executive Director Environmental Services  
Phone: 694-0254  
Fax: 694-0282  
Address: 455 Fairford St. E.  
Moose Jaw, SK  S6H 1H3

**Description:**
- Security staff are on duty at the Moose Jaw Union Hospital between the hours of 2000 – 0600 hours x 365 days.
- Respond to violent/abusive patients/visitors.
- Respond to Emergency Codes.
• Do routine security checks throughout the hospital.
• Monitor parking lots.
• Liaise with City Police.

**Access:**
Moose Jaw Union Hospital Security Staff on duty can reached by pager #694-6619. For any other concerns during 0830 – 1700 hours Mon-Fri contact John Liguori at Ext 254.

**Catchment Area:**
Moose Jaw Union Hospital. All other Five Hills Health Region facilities available as consultants to Managers/staff.

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**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Surgery Unit

**Contact:**
Name: Darlene Smith  
Position: Nurse Director  
Phone: 694-0317  Fax: 694-0320  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
20 beds  
- patients admitted same day of surgery  
- general surgery orthopedics/urology/ophthalmology  
- care mapping, hernia cholecystectomy, knee/hip replacement, TUBT, TURP, bowel surgery  
- TPN/CVP lines/epidurals/PCA pumps

**Access:**
Patients must be admitted under a surgeon

**Catchment Area:**
Five Hills Health Region

**Discharge/Transfer or Completion:**
Upon request of surgeon, nurse manager, charge nurse, supervisor

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**Category:** Acute Care – Moose Jaw Union Hospital

**Program:** Switchboard

**Contact:**
Name: Isolde Alraum  
Position: Director, Health Records and Admitting  
Phone: 694-0378  Fax: 694-0270  
Address: 455 Fairford St. East  
Moose Jaw, SK S6H 1H3

**Description:**
Provides the services of Switchboard, Paging, Alarm Monitoring and Information Services on a 24 hour basis.

**Access:**
By calling the main Moose Jaw Union Hospital number: 694-0200

**Catchment Area:**
Provides their services to all acute care staff, administration, physicians and the public.

**Category:**  
Acute Care – Moose Jaw Union Hospital

**Program:**  
Women’s Health Unit - Maternal and Newborn Infant Care

**Contact:**
Name: Heather Segall  
Position: Nurse Director  
Phone: 694-0247  
Fax: 694-0249  
Address: Moose Jaw Union Hospital  
455 Fairford Street East  
Moose Jaw, SK S6H 1H3

**Description:**
14 bassinettes, 3 labor and delivery (birthing) rooms, 1 operating room, one non stress test room, 1 examining room/gyn  
Deliver approximately 500 babies per year – provide delivery post partum and newborn care as well as caesarian section deliveries, post operative care. Provide 24 hour obstetrical outpatient clinic. Non Stress testing and Assessment. Care of post surgical patients.

**Access:**
Ante partum patients are referred in by the physician. Labor patients come when the labor starts, are assessed by obstetrical staff and admitted by their physicians. There is an admission form, NISS client data base. Length of stay is monitored by Finance Department and reviewed at monthly obstetrical meeting.

**Catchment Area:**
All areas of our Health Region  
We also have patients that choose to deliver here from other health regions.

**Discharge/Transfer or Completion:**
Obstetrical patients with complications are transferred to Regina General Hospital, usually by ambulance, when we do not have obstetrical physician coverage. The delivery of all patients in premature labor with a gestational age of less than 35 weeks gestation is planned to occur at the Regina General Hospital for easy access to the neonatal ward. All obstetrical patients and babies are followed up by our Maternal Visiting Program. Babies with complications are transferred to our tertiary care center, Regina General Hospital NICU, usually by the NICU Transport team and ambulance.

**Other Programs:**

*Family Centered Maternity Care Program*  
Client centered goals established encourage:  
- 24 hour rooming in for baby
- facilitates overnight accommodation for significant other
- bath demonstration given for new parents
- sensitivity to individual patient requests
- assistance with the initiation of breast feeding

Breast Feeding Program
Policy and procedures which facilitate successful breast feeding
Participate in breast feeding committee, both at a local and a provincial level

Prenatal Classes
Tours of the ward given by ward – classes given by Public Health

Quality Assurance Risk Management Program-
Ongoing monitoring of quality improvement

Gestational Diabetic Program
Working closely with Patient Education Department to manage patients with Gestational Diabetes

Car Seat Loaning Program
Lending of baby seats

Maternal Visiting Program
Community nurse visits patient on the ward prior to discharge, then visits them after discharge in their home within 24 hours of discharge time. Well defined criteria – guidelines for mother and baby on discharge. Well defined communications and referral process between PHN and hospital in MVP brochure.

Category: Acute Care – Moose Jaw Union Hospital

Program: Women’s Health Unit – Women’s Surgery

Contact:
Name: Heather Segall
Position: Nurse Director
Phone: 694-0247 Fax: 694-0249
Address: Moose Jaw Union Hospital
455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
14 bed ward, 1 operating room, one non stress test room, 1 examining room/gyn
Post operative care. Care of post surgical patients.

Access:
Surgical patients are booked through the Operating Room. There is an admission form, NISS client data base.

Catchment Area:
All areas of our Health Region
We also have patients that choose to have surgery in our hospital from other health regions.

Category: Acute Care – St. Joseph’s Hospital
Program:

Contact: Name: Deb Hapke  
Position: Director of Client Services  
Phone: 648-3358  Fax: 648-3440  
Address: 216 Bettez St. Bag 50  
Gravelbourg, Sask. S0H 1X0

Description:

Acute care beds: 9 beds  
Care of cardiac, post-op, pneumonia, chronic disease management, paediatric, all medical and trauma conditions or to stabilize client until able to be transferred to city for further treatment  
Emergency/Outpatient: 3 beds  
Doctors available in mornings for outpatient services (e.g. minor excisions, cryo, physicals, casts, Neb Treatment, dressing changes and emergency visits)  
Doctor on call at all hours – 7 days/week for emergencies  
Palliative Care - provided on inpatient unit and flex bed in Long Term Care  
Lab & Radiology - Provided 24 hours on site 0800 – 1630 on call following  
Ambulance service - Available on site

Access:

Doctors on call determine need for admission after assessing patients  
Patients are referred from city hospitals for further convalescence (e.g. post-op) 
3 physicians have access to services in hospital

Catchment Area:

Any one from any area can have access to facility and doctor on call if in need of medical attention.  
Most patients from: Gravelbourg, Lafleche, Kincaid, Mankota, Glentworth, Mossbank, Ponteix-Hazenmore, Hodgeville, shambrock, Glen Bain and surrounding areas.

Other Information:

Refer patients or make them aware of Home Care services, counselor available (Mental Health, Addictions).  
Advanced nursing practitioner on staff as an RN could be used to full scope of practice in facility, long term care, community or district wide.  
Physio services available on site – PT – PTA – OT – all q 1 month  
Dietitian services - weekly

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Category:  
Acute Care – St. Joseph’s Hospital

Program:  
Diagnostic Services

Contact: Name: Dodie Seebach, MLT, Lab Dept Head  
Wanda Lizée, CLXT, X-Ray Dept Head
Phone: 648-2237  Fax: 648-2317  
Address: 216 Bettez St. Bag 50  
Gravelbourg, Sask. S0H 1X0

Description:

Diagnostic Services are provided to inpatients, outpatients, emergency clients and long term care residents.

Lab/Xray hours: 0800 – 1630 hr Mon – Fri
Laboratory services available:
- basic hematology: CBC, ESR, differential
- basic coagulation: PT, PTT
- basic chemistry: Na, K, urea, creatinine, amylase, CPK, CKMB, glucose, urinalysis
- blood bank: 2 O neg, albumin and pentaspan kept on hand
- electrocardiography service

Radiology services available:
Chest, ribs, skull, sinuses, a/c jts, scapula, clavicle, transthoracic shoulder, all spines, abdomen, pelvis, hips, femur, knees, all extremities, sacrum, coccyx, si jts/ sternum/nose - bookings for fluoroscopy are made by the physicians – all pertinent preparatory info is given to patient with diet sheets and necessary laxative.

Access:
Services provided to all clients referred by physicians.

Category: Central Butte EMS

Program:

Contact:
Name: Ron Dufresne
Position: General Manager, Moose Jaw & District EMS and Central Butte EMS
Phone: 694-1820 Fax: 692-0236
Central Butte
(Non-Emergency #: 796-4303
Address: 601 Canada Street, Central Butte, SK S0H 0T0

Description:
24 hour ambulance service based out of the Central Butte Hospital.

Access:
Emergency service through the 911 system. Non-emergency contact is 796-4303.

Catchment Area:
Central Butte and area.

Other information:
Managed by the Moose Jaw and District EMS.

Category: Moose Jaw and District EMS

Program: Child Seat Safety Inspection

Contact:
Name: Michelle McNabb
Position: Receptionist/ Administrative Assistant
Phone: 694-2151 Fax: 692-0236
Address: 777 High St W
Moose Jaw, SK S6H 1T7

Description:
Free inspection of a child seat in a vehicle.
Recommendations are given as to how to mount and operate the seat to meet provincial
standards.

**Access:**
Phone 694-2151 and book an appointment.
Clinics are also held periodically.

**Catchment Area:**
Entire Region

**Discharge/Transfer or Completion:**
Written recommendations are provided to each person that has their seat inspected.

**Other information:**
This excellent program is directed at reducing both injury and death of children involved in motor vehicle collisions.

********

**Category:** Moose Jaw and District EMS

**Program:** CPR & First Aid

**Contact:**
Name: Ray Francis
Position: Director of Community Relations & Training
Phone: 694-2151 Fax: 692-0236
Address: 777 High St W
Moose Jaw, SK S6H 1T7

**Description:**
CPR and First Aid courses.

**Access:**
Call 694-2151 to register.

**Other information:**
Four (4) courses spread throughout the year.
Courses for groups can be done on a demand basis.

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**Category:** Moose Jaw and District EMS

**Program:** Dispatching Services

**Contact:**
Name: Leslie Willfong
Position: Director of Communications
Phone: 694-2151 Fax: 692-0236
Address: 777 High St W
Moose Jaw, SK S6H 1T7

**Description:**
Priority Dispatching for many EMS, Fire and Police services throughout our Health Region

**Access:**
Emergency access 911
Business – Contact Leslie Willfong at 694-2151
E-mail: lwillfong.mjdems@sk.sympatico.ca

**Catchment Area:**
Category: Moose Jaw and District EMS

Program: First Responder Program

Contact: Name: Ray Francis
Position: Director of Community Relations & Training
Phone: 694-2151 Fax: 692-0236
Address: 777 High St W
Moose Jaw, SK S6H 1T7

Description:
First Responders are volunteers in rural communities that are trained and have the necessary equipment to provide stabilizing care to the sick and injured until the Ambulance arrives.

Access:
Apply to Ray Francis.

Catchment Area:
Moose Jaw and Central Butte Areas.

Discharge/Transfer or Completion:
Successful participants are registered with Sask. Health and provided with a certificate. First responder skills are also re-certified every two years.

Other information:
This is an excellent program that has proven time and time again to be working extremely well. These groups have a quick response to patients in their communities because of their close proximity to the patients. When EMS arrives First Responders work closely with the EMS personnel in a team atmosphere.

Category: Moose Jaw and District EMS

Program: Heart to Heart Support

Contact: Name: Ray Francis
Position: Director of Community Relations & Training
Phone: 694-1820 Fax: 692-0236
Address: 777 High St W
Moose Jaw, SK S6H 1T7

Description:
Standby, assessment and presentations provided to recovering heart attack patients.

Access:
Patients must belong to the Heart to Heart program.

Catchment Area:
Moose Jaw and surrounding area.

Other information:
Patients recovering from a heart attack exercise three times a week at Timothy Eatons. E.M.S. provides regular assessment to all participants and also provides emergency care should it be required.
**Category:** Moose Jaw and District EMS

**Program:** Paramedic Services

**Contact:**
Name: Ron Dufresne  
Position: General Manager  
Phone: 694-1820  Fax: 692-0236  
Address: 777 High St W  
Moose Jaw, SK S6H 1T7

**Description:** Providing advanced life support services through direct emergency response, standbys, interfacility transfers, etc.

**Access:**
Dial 911 or  
Dial direct 694-2111 for standbys, transfers, etc.

**Catchment Area:**
Moose Jaw and surrounding area.

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**Category:** Moose Jaw and District EMS

**Program:** Public Access Defibrillation (PAD), Heart Save Awareness Program

**Contact**
Name: Ray Francis  
Position: Director of Community Relations & Training  
Phone: 694-2151  Fax: 692-0236  
Address: 777 High St W  
Moose Jaw, SK S6H 1T7

**Description:** Moose Jaw & District EMS is proud to be the leader of this bold “New” initiative. Its goal is to reduce lives lost due to cardiac arrests. This is achieved through public education and the implementation of Public Access Defibrillation, placing automated defibrillators in public places.

**Access:**
Follow a national standard. Applications are made to the PAD coordinator, Ray Francis.

**Catchment Area:**
Moose Jaw and area.

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**Category:** Moose Jaw and District EMS

**Program:** Public Education and Presentations

**Contact:**
Name: Ray Francis
Position:   Director of Community Relations & Training  
Phone:   694-2151   Fax:  692-0236  
Address:   777 High St W  
                       Moose Jaw, SK   S6H 1T7

**Description:**
Public education regarding EMS and Safety.

**Catchment Area:**
Entire region

**Other information:**
There are many interesting topics that we can present, including “Accessing E.M.S.”, “What can E.M.S. do for me?”, and driver education etc.

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**Category:** Moose Jaw and District EMS  
**Program:** Risk Watch (Child Safety)  
**Contact:** Name:  Ray Francis 
Position:   Director of Community Relations & Training  
Phone:   694-2151   Fax:  692-0236  
Address:   777 High St W  
                       Moose Jaw, SK   S6H 1T7

**Description:**
School based education program, targeted at reducing childhood injuries.  
Every elementary school in Moose Jaw currently uses the program in grades K-8.

**Catchment Area:**
Moose Jaw only

**Other information:**
The teachers have been provided with instructional material to teach their students.  They have the option to call us and we will attend the class to emphasize the teaching.

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**Category:** Moose Jaw and District EMS  
**Program:** Rural Address Program  
**Contact:** Name:  Ray Francis 
Position:   Director of Community Relations & Training  
Phone:   694-2151   Fax:  692-0236  
Address:   777 High St W  
                       Moose Jaw, SK   S6H 1T7

**Description:**
Numerical signs at each farmyard. Vital dispatch information is supplied by property owner and kept in dispatch.

**Access:**
Any Rural Municipality that is interested.
**Catchment Area:**
Five Hills Health Region.

**Other information:**
This is an excellent program which enables all Emergency Response agencies to respond to rural emergencies with accurate pre-planned directions and historical information.

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**Category:** Emergency Medical Services – St. Joseph’s Hospital EMS

**Program:** St. Joseph’s Hospital - EMS

**Contact:**
Name: Daniel Lamarre, EMT  
Phone: 648-3185  Fax: 648-3440  
Address: 216 Bettez St., Bag 50  
Gravelbourg, Sask. S0H 1X0

**Description:**
Basic Life Support (BLT). There are two ambulances manned 24 hours a day.

**Access:**
Full time and casual EMT’s and EMR’s.  
AED is available through the service.  
911 is the access number, and dispatch is through Moose Jaw EMS.

**Catchment Area:**
Serves an area of approximately 30 square miles. However, if they are the closest service, dispatch will direct them to the call.

**Other information:**
Staff include a CPR – AED Instructor, and a First Responder Instructor.

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**Category:** Moose Jaw and District EMS

**Program:** Vital Aire

**Contact:**
Name: Ron Dufresne  
Position: General Manager  
Phone: 694-1820  Fax: 692-0236  
Address: 777 High St W  
Moose Jaw, SK S6H 1T7

**Description:**
O2 replacement, nebulizers, oxygen and oxygen supplies depot.

**Access:**
Person must have a prescription for oxygen and nebulizer machines.

**********

**Category:** Emergency Medical Services

**Program:** Wald Ambulance - Assiniboia
Contact:
Name: Alice Wald  
Position: Owner/Operator  
Phone: 642-5387  Fax: 642-5699  
Address: 528 – 6th Ave. E., Box 1828  
Assiniboia, SK  SOH  OBO

Description:
Ambulance and paratransit service  
Paratransit service – for all medical appointments, patient must be stable to use this service.

Paramedic service with 3 fully equipped ambulances  
1 – four wheel drive vehicle, First Responder vehicle, body pickup or will be used when roads are impossible for the ambulance. It is fully equipped for patient transport.

Access:
Call 9-1-1 with dispatch through Moose Jaw EMS.

Category:  
Health Centres/ Wellness Centres  
Program:  Grasslands Health Centre, Rockglen  
Phone: 476-2030  Fax: 476-2534  
1006 Hwy 2, Rockglen, Sk. S0H 3R0

Contact:
Name: Barb Tomilin (work two days/week)  
Position: Manager, Long Term Care  
Phone: 476-2030  Fax: 476-2534  
Address: Box 219,  
Rockglen, Saskatchewan S0H 3R0

Description:
17 beds long term care  
Provide Residential Care for Level, 3, 4B and Dementia Care (4A).  
• Activity Services  
• Palliative Care  
• Respite Care  
• Adult Day (Provided 7 days a week, varies with demand & shared with HomeCare)  
• Outpatient Services (No emergency services. Nursing services available. Outpatients drop in at any time.) See separate profile  
• Lab & X-ray services (Tuesdays 8 hours and Fridays 6 hours) See separate profile  
• Meals on Wheels prepared by dietary staff

Access:
Level of Care is assessed by the Screening Committee. Admission is based on assessed level of care to 3, 4A and 4B and is also dependent on the availability or lack of community support. Persons eligible for admission will be offered choice of facility. Every effort is made to respond to client’s request. Requests for transfer in and out are arranged or supported dependent on the bed availability and the client support need. Transfer to acute care for long term care residents is most often by ambulance.

Catchment Area:
Five Hills Health Region

Other information:
• Physician clinic located in facility. Service varies with physician availability. Has been two days a week, Tuesdays and Fridays.
• Provides office space for Public Health Nurse
• Provide storage and support to Home Care staff.
• Foot Care clinic by Home Care staff held in facility.
• Oxygen supply depot for First Responders
• No local pharmacy. Assiniboia pharmacies use the facility as a central drop off point for local residents.
• Board room is used by community.
• A Ladies Auxiliary supports the Centre with capital purchases.

Category: Health Centres/Wellness Centres
Program: Grasslands Health Centre, Outpatient Department - Rockglen
Phone: 476-2030 Fax: 476-2534
1006 Hwy 2, Rockglen, SK SOH 3RO

Contact:
Name: Barb Tomilin
Position: Manager, Long Term Care
Phone: 476-2030 Fax: 476-2534
Address: Box 219
Rockglen, Sask. S0H 2K0

Description:
All emergency care is referred to AUH. There is no resident physician in Rockglen. Clients are advised not to stop at Grasslands Health Centre but to activate EMS. Nursing Services provided include:
• Medical treatment e.g. application of cast
• Nursing procedures e.g. dressing changes
• IV therapy e.g. antibiotics
• Minor surgical procedures e.g. excision lumps, moles
• Suturing
• Collection of lab specimens including venipuncture
On physician clinic days, the physician also provides outpatient treatment services.

Category: Health Centres/Wellness Centres
Program: Kincaid Wellness Centre- Outpatient Services

Contact:
Name: Deb Hapke
Position: Manager
Phone: 642-3233 Fax: 264-3878
Address: Box 179, Kincaid, SK SOH 2J

Name: Michelle Thibault
Position: Receptionist
Phone: 642-3233 Fax: 264-3878
Address: Box 179 Kincaid, SK SOH 2JO
Description:
No emergency Services. Open 5 days a week. Closed weekends.
Services include:
• Doctor clinics on regular set days (part time)
• Visiting Professionals
• Public Health Nurse
• Footcare
• Collection of Lab Specimens
• Minor outpatient procedures when physician is there (e.g. suturing)
• Limited nursing procedures (e.g. dressing changes)
• Receptionist 5 days per week.
• Diagnostics and nurse 4 days per week.

Access:
Cypress Hills Health Region as well as the surrounding area in Five Hills Health Region

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Category: Health Centres/ Wellness Centres

Program: Lafleche & District Health Centre. Outpatients Department
Phone: 472-5230 Fax: 472-5405

Contact:
Name: Deb Hapke
Position: Manager, Long Term Care
Phone: 472-5907 Fax: 472-5405
Address: 315 Main St, Box 159, Lafleche, Sask. S0H 2K0

Description:
All emergency services referred to Gravelbourg. They are advised not to stop in at Lafleche & District Health Centre. The physician accesses and utilizes the outpatient treatment room Monday-Friday. Nursing Services are provided on Tuesdays and Thursdays from 12:00-1:30. The physician’s secretary books client appointments and advises the nurse. All outpatient services required outside the designated nursing service hours are referred to Gravelbourg. Nursing services include:
• Assistance with medical treatment e.g. application of cast
• Assistance with nursing procedures e.g. dressing changes
• Assistance with minor surgical procedures e.g. excision lumps, moles
• Assistance with suturing
• Assistance with preparing tissue specimens for transport
• Assistance with phlebotomy
• Assistance with injections

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Category: Health Centres/ Wellness Centres

Program: Mossbank Wellness Centre

Contact:
Name: Ann Benoit
Position: DOC  
Phone: 642-9401  Fax: 642-9457  
Address: Box 1120, 501 6th Ave. East  
Assiniboia, SK S0H OBO

Name: Sharon Brunt  
Position: Receptionist  
Phone: 354-2300  Fax: 354-2819  
Address: Box 322  
Mossbank, SK SOH 3GO

Description:
No emergency Services. Open five days a week, closed weekends.
Services include:
• Doctor clinics on regular set days (part time)
• Visiting Professionals
• Foot care
• Collection of Lab Specimens
• Minor outpatient procedures when physician is there (e.g. suturing)
• Limited nursing procedures (e.g. dressing changes)
• Multi-skilled receptionist can provide first aid, phlebotomy services

Access:
Five Hills Health Region and surrounding area

**********
Category: Health Centres/Wellness Centres
Program: Willow Bunch Wellness Centre

Contact:
Name: Ann Benoit  
Position: DOC  
Phone: 642-9401  Fax: 642-9457  
Address: Box 1120, 501 6th Ave. E.  
Assiniboia, S0H OBO

Name: Charlene Fafard  
Position: Receptionist  
Phone: 473-2310  Fax: 473-2677  
Address: 17 – 3rd Ave. E., Box 6  
Willow Bunch, SK SOH 4KO

Description:
No emergency Services. Services available 5 days a week.
Services include:
• Doctor clinics on regular set days (part time)
• Visiting Professionals
• Public Health Nurse
• Foot Care
• Collection of Lab Specimens
• Minor outpatient procedures when physician is there (e.g. suturing)
• Limited nursing procedures (e.g. dressing changes)
• Multi-skilled receptionist can provide first aid, phlebotomy services

Access:
Any resident can access service – call the center for an appointment with service provider. Each service provider has criteria for admission to their program i.e. Home Care, Public Health. Exception physician services, no criteria.

**Catchment Area:**
Willow Bunch & surrounding area
Some areas of Sun Country Health Region and Cypress Hills Health Region as well as the surrounding area in Five Hills Health Region.

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**Category:** Long Term Care

**Program:** AUHIF - Pioneer Lodge Wing

**Contact:**
Name: Ann Benoit  
Position: Manager, Acute Care  
Phone: 642-9401 Fax: 642-9457  
Address: Box 1120, 501 6th Ave. East  
Assiniboia, SK S0H OBO  
Contact: Nurse In Charge  
Phone: 642-9448 Fax: 642-9460 or 642-9460

**Description:**
22 beds long term care  
Provide Level, 3, 4B .
- Activity Services
- Palliative/Respite/Convalescence – provided out of the 4 transition beds in acute care wing

**Access:**
See Five Hills Access Centre

**Catchment Area:**
Five Hills Health Region

**Other information:**
Persons eligible for admission will be offered choice of facility. Every effort is made to respond to client’s request. Requests for transfers in and out are arranged or supported dependent on the bed availability and the client support need.

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**Category:** Central Butte Regency Hospital

**Program:** Long Term Care

**Contact:**
Name: Joanne Wilm  
Position: Director of Care  
Phone: 796-2190 Fax: 796-4610  
Address: P.O. Box 40, 601 Canada Street  
Central Butte, SK S0H 0T0

**Description:**
Long Term Care:  
20 beds, Level 3 and 4  
2 Transition/Flex Beds – Through Access Centre – LTC waiting placement, Palliative Care, Respite Care, Medical Convalescent  
RN or LPN  
Activity Department:
Therapeutic Recreation Tech/ Recreation Attendant provides Spiritual, Recreational and Physical programming

Dietary Department:
Providing meals to acute care, LTC, Community meals on wheels and Wheels to meals, Adult Day clients and staff

**Access:**
See Five Hills Access Centre.

**Catchment Area:**
Five Hills Health Region

**Other Information:**
Central Butte & District Regency Manor Auxiliary has members from Central Butte, Tugaske, Riverhurst, Eyebrow, Elbow and Chaplin.

*******
**Category:** Long Term Care – Central Butte Regency Hospital

**Program:** Adult Day Program - The Cottage Inn -

**Contact:**
Name: Debbie Kinnee, SCA  
Dianne Cleave, Recreation Attendant
Position: SCA and Recreation Attendant
Phone: 796-4929  Fax: 796-4610
Address: Box 40, 601 Canada St.  
Central Butte, SK S0H 0T0

**Description:**
Monday to Friday:
Special Care Aide picks up out of town clients at 8:30 a.m., and in town clients are picked up after that. Handibus is used only if clients are wheelchair dependent.
In town clients are transported home around 2:00 to 2:30 p.m., and out of town clients are transported home after that.
10 client spots daily
Recreation Attendant and SCA provide Social, Personal and Medical component to clients – bath, meal and activity provided.

**Access:**
Any client who needs care is eligible, no assessment required.
Referrals from self, family, Community Care Coordinator and other caregivers.

**Catchment Area:**
Monday to Friday pick up in Central Butte
Weekly pick up in the communities of Riverhurst, Chaplin, Elbow, Tugaske, Eyebrow and Brownlee.

**Other Information:**
Daily service fee as per government regulations covers day program and transportation.

*******
Category: Long Term Care

Program: Craik and District Health Centre

Contact: Name: Joanne Wilm, Position: Director of Care Phone: 796-2190 Fax: 796-4610
Address: Box 40, Central Butte, SK SOH 0T0

Nurse in Charge at 734-2288 Fax: 734-2248
Address above

Description:
15 Long Term Care beds
2 beds for 72 hour Observation, (1 bed through Access Centre) Convalescence, Palliative, Respite
24 hour RN coverage supported with Special Care Aides
Activity Department for 5 hours Monday – Friday staffed with Special Care Aide/Recreation Attendant.
Diagnostic services by CLXT
Maintenance Supervisor – Dan Goud
Support service with dietary, laundry and housekeeping
One Physician. On call shared with physician in Davidson
Visiting Physio, OT, Home Care
Adult Day Program – 1 client spot (Monday – Friday)

Access:
See Five Hills Access Centre

Catchment Area:
Five Hills Health Region. LTC based on assessed need.

Other Information:
Supported by Health Centre Auxiliary
Supported by Craik and District Foundation

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Category: Long Term Care

Program: Extendicare

Contact: Name: Lea Meili Position: Administrator Phone: 693-5191 Fax: 692-1770
Address: 1151 Couteau Street West Moose Jaw, SK S6H 5G5

Description:
127 bed long term care facility operated by Extendicare and funded by the Five Hills Health Region and resident fees.
Special Needs Unit: 15 bed unit for the cognitively impaired residents
Setting maintains abilities and social skills
Activity program 7 days per week in that unit.

Activity Program:
7 days per week with Activity Worker
Accommodates a limited number of residents from Personal Care Homes who would benefit from the Activity Program.
PhysioTherapy:  10 hours in two week period to assist with therapy and environment modification.

Dental Services:  Yearly visit from dental hygienist

Dietary Services:  Consultant available to assist dietary staff with special diets/needs

Family Support Group:  Auxiliary for the facility residents
            Accept donations for resident comfort with charitable receipts

Resident Advocate:  Family member who acts as a spokesperson for residents.

Volunteers:  Provide help mainly for comfort and activities
            Provide community service experience for students from Vanier and clients of John Howard

Access:
See Five Hills Access Centre

Catchment Area:
Five Hills Health Region

**********

Category:  Long Term Care – Foyer d'Youville, Gravelbourg

Program:

Contact:
Name:  Deb Hapke
Position:  Director of Client Services
Phone:  648-3358  Fax:  648-3440
Address:  216 Bettez St. Bag 50
             Gravelbourg, Sask. S0H 1X0

Description:
Long term care, respite, and day care services are provided:
50 bed nursing home (1 or 3 sometimes used for respite)
Day Care clients for weekly baths (w/p), meals and for daily services PRN
- personal care such as grooming, bathing, dressing, toileting, etc.
- services such as laundry, housekeeping, spiritual care, nutritious meals, daily activities (separate department)
- 24 hour nursing care

Access:
See Five Hills Access Centre

Catchment Area:
R.M.s:  #44 Waverly, #74 Wood River, #75 Pinto Creek, #104 Gravelbourg, #103 Sutton, #133 Rodgers, #134 Shamrock, #105 Glen Bain, #135 Lawtonia (50%), #73 Stonehenge (50%), #43 Old Post (50%)
Towns/Villages:  Glentworth, Lafleche, Woodrow, Hazenmore, Kincaid, Meyronne, Gravelbourg, Mazenod, Coderre, Shamrock, Hodgeville (50%)

Other information:
Clients are discharged to home only if physical and mental condition improves to warrant discharge (7 days notice given)
Transferred to acute care prn or another LTC center, if desired
Both LTC and Acute host volunteer programs such as Kalimavik, World Youth, School Work Programs and provide practicums for nursing programs – SCA, LPN and NEPS.

**********
Category: Long Term Care – Foyer d’Youville

Program: Activities Program

Contact:
Name: Alma Hebert and Vilay Khamisivady
Position: Activity Workers
Phone: 648-3185  Fax: 648-3440
Address: 216 Bettez St. Bag 50
          Gravelbourg, Sask. S0H 1X0

Description:
Accommodates 50 inpatient clients plus day program – all 50 LTC clients are included.
Visitors reminisce, exercise, play cards, bake, do crafts, listen to music, hold birthday parties.
Serve lunch, host volunteer groups that provide entertainment.
Host work experience students.

Access:
All inpatient clients eligible

Catchment Area:
Gravelbourg, Kincaid, Mossbank, Meyronne, Lafleche, Glen Bain, Hodgeville, Shamrock, Palmer,
Coderre, Vanguard, Hazenmore, Aneroid

**********

Category: Long Term Care – Foyer d’Youville

Program: Adult Day Care

Contact:
Name: Alma Hebert and Vilay Khamisivady
Position: Activity Workers
Phone: 648-3185  Fax: 648-3440
Address: 216 Bettez St. Bag 50
          Gravelbourg, Sask. S0H 1X0

Description:
3 or 4 clients
Visitors reminisce, exercises, card games, baking, crafts, music, birthday parties
Serve lunch, host volunteer groups that provide entertainment
Host work experience students
Provide weekly tub baths and meals if requested

Access:
Apply through Home Care.

Catchment Area:
Gravelbourg, Kincaid, Mossbank, Meyronne, Lafleche, Glen Bain, Hodgeville, Shamrock, Palmer,
Coderre, Vanguard, Hazenmore, Aneroid

**********

Category: Long Term Care – Foyer d’Youville

Program: Respite Care

Contact:
Name: Deb Hapke
Position: Director of Client Services
Phone: 648-3358  Fax: 648-3440
Address: 216 Bettez St. Bag 50
          Gravelbourg, Sask. S0H 1X0
Description:
1 designated bed.
1 or 2 beds are available for short term respite when caregivers need a break.

Access:
See Five Hills Access Centre

Catchment Area:
-R.M.s: #44 Waverly, #74 Wood River, #75 Pinto Creek, #104 Gravelbourg, #103 Sutton, #133 Rodgers, #134 Shamrock, #105 Glen Bain, #135 Lawtonia (50%), #73 Stonehedge (50%), #43 Old Post (50%)
-Towns/Villages: Glentworth, Lafleche, Woodrow, Hazenmore, Kincaid, Meyronne, Gravelbourg, Mazenod, Coderre, Shamrock, Hodgeville (50%)

Other information:
Daily charge based on monthly resident fee.

Category: Long Term Care – Lafleche & District Health Centre

Program: Lafleche & District Health Centre
Phone: 472-5230 Fax: 472-5405

Contact:
Name: Deb Hapke
Position: Manager, Long Term Care
Phone: 472-5907 Fax: 472-5405
Address: 315 Main St, Box 159
Lafleche, Sask. S0H 2K0

Description:
16 beds long term care
Provide Residential Care Level, 3, 4B and Dementia Care (4A).
- Activity Services
- Palliative Care
- Respite Care
- Adult Day provided 5 days a week Monday-Friday
- Outpatient Service (Nursing Support available Tuesdays and Thursday 12-3). NO emergency services.
- Lab &X-Ray – Refer to Laboratory Services or Laboratory Reference Manual
- Meals on Wheels prepared by dietary staff.

Access:
See Five Hills Access Centre.

Catchment Area:
Five Hills Health Region

Other information:
Office and storage space provided for Home Care. Office space provided for physician. Physician’s main clinic located nearby operates Monday-Friday. Space provided for Public Health clinics. Oxygen supply depot for First Responders and residents. Provides space for Home Care foot clinic. Medical records stored on site. Public occasionally uses boardroom.
Category: Long Term Care

Program: Minimum Data Set (MDS)

Contact: Name: Terry Jago
Position: Manager, Program Development & Research (MDS/RUGS)
Phone: 691-1575 Fax: 692-5758
Address: 1000 Albert Street
Moose Jaw, SK S6H 2Y2

Description:
Inter-Rai (Resident Assessment Instrument) is an integrated computer-based program for assessment and evaluation of several areas of health care services.
MDS 2.0 is the Long Term Care component of RAI that is mandated and supported by Saskatchewan Health and fully implemented in Saskatchewan. Five Hills Health Region has implemented the Minimum Data Set (MDS) Long Term Care Instrument at the direction of Saskatchewan Health.
Components of this program are Assessment (MDS), Outcome Measures, Care Planning, Quality Improvement and Resident Classification (RUGS III – Resource Utilization Groupings). The Manager Development and Research (MDS) provides education and support for the MDS program, supporting users and teaching various aspects of the program. Regional and Facility specific Quarterly reports are generated that include Quality Indicators, RUGS III classifications, Outcome Measurements, and other information derived from the individual assessments. Comparisons can be made over time as well as to other facilities in the region as well as to Provincial benchmarks and USA thresholds.
Plans are under way for Saskatchewan to report to CIHI (Canadian Institute Health Information) to utilize a more global comparison.
Participation in the Provincial Advisory Committee for MDS.

Access:
Access to the resident information in MDS program is by authorized users and managers only.
Manager Development and Research (MDS):
- is available to all facilities/users via telephone, email upon request
- visits all long term care facilities in FHHR on regular visits
- available for long term care statistics/trending, etc.

Catchment Area:
Five Hills Health Region

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Category: Long Term Care – Pioneers Lodge

Program:

Contact: Name: Noreen Seida
Position: Director of Resident Care
Phone: 693-4616 Fax: 692-0771
Address: 1000 Albert Street
Moose Jaw, SK S6H 2Y2

Description:
Long Term Care beds 60
Respite beds 1
Transition beds - 13 (convalescent, palliative, waiting placement, urgent response)
Total 74
**Access:**
See Five Hills Access Centre

**Catchment Area:**
LTC – have been out of province in the past
Respite – in region
Transition – same
Palliative - same

**Discharge, Transfer or Completion:**
LTC – transfer at client/family request – transfer request completed and forwarded to Access Centre at 692-5696
Respite - expectation is that client go home at completion of stay – often not the case – transfer to another service
Transition – nurse plays big role in discharge planning with interdisciplinary team for home or other service

**Category:**  Long Term Care – Pioneer’s Lodge

**Program:**  Respite Beds

**Contact:**
Name: Access Centre
Phone: 692-5696 or 1-866-211-5696  Fax: 692-5758
Address: 1000 Albert Street
Moose Jaw, Sask.  S5H 2Y2

**Description:**
There are 4 beds used to provide respite for caregivers. Residents in these beds are admitted for periods of up to one month, and are expected to go home at the end of their stay.

**Access:**
See Five Hills Access Centre

**Catchment Area:**
Five Hills Health Region.

**Other Information:**
The daily fee is the pro-rated monthly fee.

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**Category:**  Long Term Care – Pioneer’s Lodge

**Program:**  Transition Beds

**Description:**
See Five Hills Access Centre – Transition program

**Urgent Response:**
- people who do not meet the criteria for acute care admission, but need a short period of care before they can return home
- people whose main caregiver is suddenly not available, and need care and accommodation until other arrangements can be made

**Access:**
See Five Hills Access Centre
**Catchment Area:**
Moose Jaw mainly, but does include areas around Moose Jaw.

**Other information:**
Admission Agreement is used to clarify purpose, time frame and payment. Discharge is arranged through Community Care Coordinator. Family Room with a futon and relaxation area is available to families who stay with loved ones as arranged with nurse on Memory Lane or the Director of Care. Fee for bed is monthly resident fee prorated on a daily basis.

**********
**Category:** Long Term Care – Pioneer’s Village
**Program:** Housing – Moose Jaw

**Contact:**
Name: Connie Hembroff  
Position: Housing Administrator  
Phone: 693-4616  Fax: 692-0771  
Address: 1000 Albert Street  
Moose Jaw, SK  S6H 2Y2

**Description:**
Pioneers Village has 61 housing units administered by Pioneers Housing and under CMHC. There are 24 one bedroom apartments ($200/Month) and 37 bachelor apartments ($155/month). CMHC criteria is that clients be 65 years old (some exceptions apply). The one bedroom apartments can be made accessible to persons in wheelchairs. People living in these apartments can access meals at Pioneers Lodge for the cost of the meal. Nursing and personal care is available for qualified clients through Home Care.

**Access:**
Application can be made through Connie Hembroff at Pioneers Lodge.

**********
**Category:** Long Term Care – Providence Place
**Program:** Aquafun Pool Program

**Contact:**
Name: Bev Baron  
Position: Director of Rehabilitation Services  
Phone: 694-8812  Fax: 694-8879  
Address: 100-2nd Avenue North East  
Moose Jaw, SK  S6H 1B8

**Description:**
Seniors and disabled adults can access the pool at Providence Place for recreational and exercise purposes twice a week at designated times. Groups may also rent the pool by the hour – target groups are those having difficulty accessing public pools.

**Access:**
Clients pay a small fee and must be able to dress/undress in the change rooms independently or must arrange their own assistant. Registration forms and more information available in the Rehabilitation Department at Providence Place

**Catchment Area:**
Moose Jaw and area  
**********
Category: Long Term Care – Providence Place

Program: Care for the Caregiver

Contact: Name: Leann Keach or Gwen Knoll  
Phone: 694-8819  694-8133  
Address: Providence Place  Moose Jaw Family Services Bureau

Description: Care for the Caregiver is a support group for informal caregivers. Each session has an educational or information-sharing component along with the features of a support group which include sharing, fellowship and support. The program is offered twice monthly on the second and fourth Tuesday from 1300-1530 hours. The support group is not offered during July and August.

Access: All informal caregivers are welcome to attend. Informal caregivers are those people who are caring for a loved one. The support group is an open program. People who attend will determine for themselves when to no longer attend.

Catchment Area: The people who reside in Moose Jaw and surrounding area are the usual people who attend; however, the program is open to all people within the health region.

Other information: The Care for the Care Giver Program is provided to people through the collaborative efforts of Five Hills Health Region, Moose Jaw Family Service Bureau and Providence Place. Funding for this program is reviewed and received on an annual basis and has been offered for five years.

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Category: Long Term Care – Providence Place

Program: Clinical Nutrition Service

Contact: Name: Iann Courchene  
Position: Manager, Clinical Nutrition Service  
Phone: 694-8851  Fax: 694-8879  
Address: 100-2nd Avenue North East  Moose Jaw, SK  S6H 1B8

Description: Clinical Nutrition Service is provided to clients and residents at Providence Place by one Registered Dietitian. The provision of clinical nutrition care includes nutritional assessment and intervention, accurate calculation and formulation of therapeutic diets when necessary, development and implementation of nutrition care plans, nutrition education and counseling, nutrition support for clients/residents requiring tube feeds and participation in care planning conferences for clients/residents.

Access: Referral from physician, any member of interdisciplinary health care team, family or client/resident.

Catchment Area: Clients on the GARU, residents in Long Term Care and clients attending Maguire Centre Adult Day Program.
Category: Long Term Care – Providence Place

Program: Geriatric Assessment and Rehabilitation Unit (GARU)

Contact: Name: Tara Coakwell
Position: Nurse Manager
Phone: 694-8817 Fax: 694-8879
Address:
100 Second Avenue N.E.,
Moose Jaw, Sask. S6H 1B8

Description:
The GARU consists of a 14 bed unit located in Providence Place. Staff includes a multi-disciplinary team composed of physiotherapy, occupational therapy, social worker, dietitian, pastoral care, pharmacy, nursing and family physicians. A geriatrician is available twice a month. The comprehensive program of assessment, diagnosis, rehabilitation and education is targeted to people who are over 65, are frail and at high risk for permanent loss of function, and/or have multiple and complex health challenges. The main goal is to maximize functional ability and achieve a level of health and wellness that will allow clients to return home.

Access:
A medical referral is required from the family physician. The Admission Committee meets weekly to review the waiting list and prioritize clients.
Admission criteria includes:
• frail elderly at high risk for permanent loss of function due to complex problems
• clients experiencing recent, unexplained decreases in function or cognition
• clients who have demonstrated rehabilitation potential.
The geriatric assessment component is designed to benefit elderly individuals with multiple medical problems. The goals of the program are to provide an extensive assessment of the physical, emotional and social status on persons who are experiencing recent unexplained decreases in functional and/or cognitive capacity. The assessment and ongoing care involves all team members, as well as other health care professionals when needed.
The rehabilitation component aims to improve functional ability and help elderly individuals attain their highest achievable level of health, wellness, independence and control over their lives. Clients requiring the rehabilitation program are frail and at high risk for permanent loss of function due to complex medical problems. The intensive rehabilitation program is primarily targeted to post-op orthopedic surgery and post-stroke clients. Clients must have rehabilitation potential for improvement.

Catchment Area:
Referrals are accepted from anywhere in Southern Saskatchewan. Clients from Five Hills Health Region have priority.

Other information:
Level 5 (Rehabilitation) Service – no service fee to client. Waiting list averages 6 to 10 days.
Clients are discharged when their level of functioning has been maximized and/or care needs can be managed through community programs. Average length of stay varies from two weeks to three months depending on the care needs and rehabilitation progress.
**Category:** Long Term Care – Providence Place

**Program:** Geriatric Clinic

**Contact:**
Name: Glenda Arnott  
Position: Geriatric Clinic Nurse  
Phone: 694-8854  
Fax: 694-8848  
Address: 100 Second Ave N.E, Moose Jaw, Sask. S6H 1B8

**Description:**
A geriatrician from Saskatoon visits for two days at least monthly to conduct interviews and to perform geriatric assessments of elderly clients on an out-client basis. Evaluation of dementias, failure to maintain independence and assessment of medical problems are common reasons for referral.

**Access:**
A medical referral is required from the family physician for consultation by the geriatrician. Appointments are arranged by contacting the Geriatric Clinic Nurse.

**Catchment Area:**
Southern Saskatchewan. Clients from Five Hills Health Region have priority.

**Other information:**
Average waiting time for an appointment is 2-3 months. Follow-up and continuing care is provided by the family physician.

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**Category:** Long Term Care – Providence Place

**Program:** Guardian Grove - Dementia Unit

**Contact:**
Name: Nurse Manager  
Phone: 694-8817  
Fax: 694-8879  
Address: 100-Second Avenue North East  
Moose Jaw, SK S6H 1B8

**Description:**
A unit of 29 beds provides a protective environment with specialized care and programming suitable for residents with cognitive impairment due to a progressive dementia-related illness. It is believed that such an environment can assist residents to maintain their remaining skills and eliminate confusing stimuli that may lead to disturbing behaviour.

**Access:**
See Five Hills Access Centre

**Catchment Area:**
Any person from the Five Hills Health Region who has been assessed and screened by the Regional Continuing Care Access Committee as requiring Level 3a or 4a care has access to this unit. Out of region residents may apply to the Regional Continuing Care Access Committee.
**Other information:**
Staffed by Nurses and Special Care Aides trained in various aspects of dementia care.
Medication and medical/surgical supplies are contracted to an outside pharmacy. Resident fees are based on Long Term Care rates as set by Saskatchewan Health.
When residents of Guardian Grove are no longer independently mobile or do not require the secure environment, they are transferred to a room on the second floor at Providence Place for ongoing long term care.

**********

**Category:** Long Term Care – Providence Place

**Program:** Guardian Grove - Respite Care

**Contact:**
Name: Tara Coakwell  
Position: Nurse Manager  
Phone: 694-8817  
Fax: 694-8879  
Address: 100 – 2nd Ave N.E.  
Moose Jaw, Sask.  S6H 1B8

**Description:**
One bed on Guardian Grove is designated for respite care for cognitively impaired elderly. The goal is to provide a secure, home-like environment for those clients whose primary caregivers require short-term relief from their responsibilities.

**Access:**
See Five Hills Access Centre

**Other information**
Respite clients pay the normal resident charge, as set by Saskatchewan Health, pro-rated for the length of stay in the respite bed.

**********

**Category:** Long Term Care – Providence Place

**Program:** Long Term Care

**Contact:**
Name: Nancy Coghlin-Gurney  
Position: LTC Nurse Manager  
Phone: 694-8869  
Fax: 694-8886  
for Edgar Hall (34 residents) and St. Anthony’s Wing (32 residents)  
St. Vincent’s (32 residents) and Raphael Wing (32 residents)

Name: Brenda Hartley  
Position: Resident Care Nurse Manager  
Phone: 694-8873  
Fax: 694-8804  
for St. Vincent’s Wing (32 residents) and Raphael Wing (32 residents)  
Edgar Hall (34 residents) and St. Anthony’s Wing (32 residents)  
Address: 100-2nd Avenue North East  
Moose Jaw, SK  S6H 1B8

**Description:**
Long term care to Level 3-4 residents. Private rooms with own bathroom. Client must meet criteria of the Continuing Care Utilization Committee.

**Access:**
See Five Hills Access Centre
**Catchment Area:**
Five Hills Health Region. Out of region residents may apply to the Regional Continuing Care Access Committee.

**Discharge/Transfer or Completion:**
Most residents are here for their final days, though a few are voluntary discharges. Reassessment leading to discharge as per resident long term care reassessment policy.

**Other information:**
Staffed by RN/RPN and special care aides. Medication contracted from outside pharmacy. Care is subsidized, with client portion determined by Saskatchewan Health based on a sliding scale.

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**Category:** Long Term Care – Providence Place

**Program:** Maguire Centre Medical Program, Day Care

**Contact:**
Name: Tara Coakwell  
Position: Nurse Manager  
Phone: 694-8817  
Fax: 694-8879  
Address: 100-2nd Avenue North East  
Moose Jaw, SK S6H 1B8

**Description:**
Day Program provides assessment, treatment and rehabilitation to help elderly and/or people with disability to reach and maintain their maximum level of independence and, where possible, continue to live at home.

**Access:**
Clients must be referred by a physician. They are then assessed by a multidisciplinary team (physician, nursing, social work and rehabilitation) to ensure the program will be of value to them. Attendance days are determined by the team and treatment goals are established. The multidisciplinary team regularly reviews client’s progress. As improvement or stabilization is evident, the number of attendance days will be reduced and then possible discharge, if appropriate. Clients may be referred to Maguire Centre Social Program.

**Catchment Area:**
Anyone in the Five Hills Health Region. In special circumstances and approval, others from outside the region may be considered (i.e. client living with family in region). Short term until rehabilitated.

**Other information:**
We work closely with Home Care, Podiatry, Moose Jaw Transit. Other services available while on program include personal care (bath), dietary consultations, lab services, speech therapy as required. Although there is a physician in attendance daily, clients must maintain contact with their family physician. Clients are free to make their own transportation arrangements. If a handibus is needed, Maguire Centre will make arrangements (cost $4.00 round trip).

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**Category:** Long Term Care – Providence Place

**Program:** Maguire Centre Social Program (Day Care)

**Contact:**
Name: Tara Coakwell or Lis Smith  
Position: Nurse Manager  
Phone: 694-8817  
Fax: 694-8879  
Address: 100-2nd Avenue North East  
Moose Jaw, SK S6H 1B8
**Description:**
An adult day program which offers recreation, socialization, personal care, family support and education with nursing supervised care. The goal is to assist clients to continue living at home and to provide respite for the caregiver.

**Access:**
Referrals may be self-initiated or generated by family members, physician or allied health workers. When referral received, a trial day is arranged to give client and/or family members an opportunity to decide if the program meets their needs. Attendance days are determined by client and/or family in collaboration with Maguire Centre staff and depending on space available.

Clients will be discharged:
1. at their request;
2. if they move into a private care home, community retirement home or long term care;
3. if they can not tolerate, due to their physical/health condition, refusal or inability to pay or if inappropriate social behaviour is exhibited.

There is a program fee of $7.50 per day.

**Catchment Area:**
This is primarily for people of Moose Jaw and surrounding area but anyone in Five Hills Health Region could attend provided they are able to arrange their own transportation.

**Other information:**
Those who would benefit include those living alone or with a caregiver, clients who need care while caregiver works and individuals who are cognitively impaired. Regular program hours are 1-6 p.m. – other times by special arrangement. Clients can provide their own transportation or Maguire Centre can arrange for the handibus at $4.00 per round trip.

Note: Every effort would be made to explore alternate methods of funding. For behaviour, efforts will be made to assist individuals to modify their behaviour so they could remain on program.

**********

**Category:** Long Term Care – Providence Place

**Program:** Multiple Sclerosis Clinic

**Contact:**
Name: Bev Baron  
Phone: 694-8812  
Fax: 694-8879  
Address: 100-2nd Avenue North East  
Moose Jaw, SK S6H 1B8

**Description:**
Dr. Hader from Saskatoon conducts two clinics a year, seeing predominately Multiple Sclerosis clients.

**Access:**
Physician referral (to Providence Place c/o Rehabilitation Department). Priority given to Maguire Centre clients and first come, first served after that until clinic is full.

**Catchment Area:**
Primarily serving Moose Jaw and area at present, but farther reaching requests would be handled.

**********
**Category:** Long Term Care – Providence Place

**Program:** Spiritual Care/Mission Effectiveness

**Contact:** Name: Bev Katchmer
Position: Director
Phone: 694-8831 Fax: 694-8804
Address: 100-2nd Avenue North East
Moose Jaw, SK S6H 1B8

**Description:**
Spiritual Care is an integral part of the holistic approach to health care. It is multi-faith in composition and scope. We endeavor to follow the example of Christ’s healing in a spirit of love, caring and compassion. Spiritual Care is a ministry of presence and listening along with formal worship services. Our Mission works to respect the dignity of all – it is the heart and soul of Providence Place.

**Access:**
All residents, clients, families, staff and volunteers of Providence Place. There is no criteria to access the services of this department. We do network with other facilities throughout the Health Region and Province.

**Other information:**
Spiritual Care provides service for the duration of the resident/client stay. In the event of a death, bereavement follow-up is provided.

**********

**Category:** Long Term Care – Providence Place

**Program:** Recreation Therapy

**Contact:** Name: Dianne Hartell
Phone: 694-8820 Fax: 694-8804
Address: 100-2nd Avenue North East
Moose Jaw, SK S6H 1B8

**Description:**
Recreation Therapy Department provides recreation and leisure programs to Long Term Care residents and GARU clients.

**Access:**
Assessments completed on all residents/clients, recreation therapy program plan is designed, implemented and evaluated.

**Catchment Area:**
Residents and clients of Providence Place

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**Category:** Long Term Care – Providence Place

**Program:** Rehabilitation Services

**Contact:** Name: Bev Baron
Position: Director of Rehabilitation Services
Phone: 694-8812 Fax: 694-8879
Address: 100-2nd Avenue North East
Moose Jaw, SK S6H 1B8
**Description:**
Occupational Therapy and Physiotherapy services provided in fully equipped department with ADL suite, woodworking shop, therapeutic pool, and outdoor area for training with environmental barriers.

**Access:**
A medical referral is required from the family physician. The Admission Committee meets weekly.

**Catchment Area:**
Services accessible to clients of the Geriatric Assessment and Rehabilitation Unit (GARU), Maguire Centre Medical Program (Day Program) and to the residents of Providence Place Long Term Care.

**Other information:**
Planning for client care including discharge or transfer is handled by interdisciplinary teams and attending physicians.

********

**Category:** Long Term Care – Providence Place

**Program:** Social Work Services

**Contact:**
Name: Leann Keach  
Phone: 694-8819  Fax: 694-8879  
Address: 100-2nd Avenue North East  
Moose Jaw, SK S6H 1B8

**Description:**
Social Work is provided by one clinician with three main areas of primary focus for social work service:
- to people admitted to GARU.
- to those people who attend the community outreach programs through Maguire Centre, the medical program (MCMP) and the social program (MCSP).
- to those people who reside in long term care in Providence Place.

**Access:**
Social work is automatic to the GARU and MCMP programs with both programs having specific criteria for admission.  
The services offered by social work to MCSP and LTC are upon referral only – these two areas do not have a designated social work staff position allocated to them.  
Discharge occurs through a multidisciplinary process through both GARU and MCMP programs, and with mutual agreement between social worker and client for MCSP and LTC programs.

**Other information:**
The social worker is a member of the Management Team at Providence Place.  
The social worker provides educational opportunities in conjunction with the University of Regina for social work students. The social worker is a member of the Community Outreach Team and is one of the co-facilitators for the Caregiver Support Group.

********

**Category:** Long Term Care – Providence Place

**Program:** Stroke Prevention Clinic

**Contact:**
Name: Terri Heinrichs  Phone: 694-8855  Fax: 694-1716
**Program:** Long Term Care – Providence Place

**Contact:**
Name: Dianne Hartell
Phone: 694-8820  Fax: 694-8804
Address: 100-2nd Avenue North East
          Moose Jaw, SK  S6H 1B8

**Description:**
The Volunteer Department coordinates volunteers, who enhance the quality of life for our residents and clients and provide assistance to staff. Volunteer areas include appointment, canteen cart, clerical, gift shop, Maguire Centre, Pastoral Care, Rehabilitation, Recreation and Youth Volunteers. Mature volunteers from 10 – 100 are invited to volunteer.

**Access:**
All potential volunteers complete a Volunteer Application Form. An interview is held with potential volunteer and volunteer co-coordinator and references checked. Following a successful interview, volunteers are placed in volunteer areas at Providence Place.

**Catchment Area:**
Residents and clients of Providence Place.

**********

**Program:** Long Term Care – Ross Payant Centennial Nursing Home

**Contact:**
Name: Cynthia Shelstad
Position: Director of Care
Phone: 642-7318  Fax: 642-5313
Address: 300 Jubilee Place, Box 1120
          Assiniboia, Sk.  S0H 0B0

**Description:**
38 beds all together
Provide Level, 3, 4B and Dementia Care (4A). (separate Dementia Unit 12 beds, 26 general LTC beds)
• Activity Services
• Adult Day
• Meals on Wheels prepared by dietary staff
Access:
See Five Hills Access Centre

Catchment Area:
Five Hills Health Region

Other information:
Persons eligible for admission will be offered choice of facility. Every effort is made to respond to client's request. Requests for transfer in and out are arranged or supported dependent on the bed availability and the client support need. Transfer to acute care for long term care residents is most often by ambulance.

**********

Category: Mental Health and Addictions Services

Program: Mental Health and Addictions Services – Centralized Intake

Contact:
Name: Jeff Paulowicz
Position: Assessor-Coordinator, Centralized Intake
Phone: 694 0379 Fax: 691-2648
Address: Mental Health Clinic
455 Fairford Street East,
Moose Jaw  S6H 1H3

Description:
Entry to all programs and services at Mental Health & Addictions is through the Centralized Intake program. Centralized Intake responds to all initial requests for mental health and addictions information or services from individuals, family physicians, family members, or community agency members in the Five Hills Health region. Program staff will briefly discuss concerns with the referring person and, in conjunction with Clinical Leads for each program area, determine the appropriate response to the service request. Referrals may be assigned to a program area at MHAS or one offered by another community agency. Priority for service is determined by intensity of service required. In addition, the staff provides crisis intervention services.

Access:
Clients may refer themselves or be referred by their physician or another agency.

Catchment Area:
Five Hills Health Region.

**********

Category: Mental Health and Addictions Services

Program: Mental Health and Addictions Services – Child & Youth Services

Contact:
Name: Mary Lee Booth
Position: Director, Child & Youth Services
Phone: 691-6459 Fax: 691-6461
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3
Description:
Child and Youth Services provide family-centred services for children and youth and families experiencing significant mental health and/or addictions problems. Services include assessment and treatment for a range of emotional, developmental and behavioral disorders. Families are offered a number of other services including parenting support programs. Some of these services are aimed at detecting problems early and providing treatment and ongoing support to prevent future problems. In many cases the professionals in C & Y Services work collaboratively on case teams with the families and other agency members. Individual, family and group counseling are available.

Child & Youth Assessment and Counselling Services

The clinical team provides assessments and a range of mental health and addictions treatment interventions to clients whose ability to function day to day is significantly impacted by their level of mental health and/or addictions issues. Requests for service may include depression, substance abuse, anxiety, eating disorders, family difficulties, abuse, and grief. Treatment options may include individual, family or group service.

Satellite clinics are provided in Assiniboia, Gravelbourg and Central Butte.

Access:
The Child and Youth Program provides services to children and youth up to the age of 18 and their families in the Five Hills Health Region.

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Child & Youth Services – Adolescent Sex Offender Assessments

Contact:
Name: Tim Nicholl/Cathy Fieldgate
Position: Social Worker/Psychologist
Phone: 691-6464  Fax: 691-6461
Address: 455 Fairford St. East
Moose Jaw, S6H 1H3

Description:
Court ordered assessment and referral to Regina Child and Youth Services for treatment. Assessment includes psychological testing and structured interviews with the youth and parents. Additional information is gathered from collateral sources.

Access:
Referrals come from Provincial Court after the youth has been charged with an offense.

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Child & Youth Services – Assessments for behaviorally disordered children/youth
**Contact**
Name: Cathy Fieldgate  
Position: Psychologist  
Phone: 691-6460  
Fax: 691-6461  
Address: 455 Fairford St. E.,  
Moose Jaw, S6H 1H3

**Description:**
This protocol between the school divisions and MHAS begins with psychological screening (including behavioral checklists and classroom observation) occurring at the school level. The protocol also includes conducting comprehensive parent and teacher interviews. The C & Y team at MHAS is available for consultation and further psychological assessment if there is a need for differential diagnosis. Intervention recommendations may include a medical referral and follow up family support and/or case management at C & Y Services.

**Access:**
Referrals are made through Centralized Intake, Mental Health & Addictions Services

**Catchment Area:**
Five Hills Health Region

*************

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services –  
Cognitive Disabilities Strategy

**Contact:**
Name: Mary Lee Booth  
Position: Director, Child & Youth Services  
Phone: 691 6459  
Fax: 691-6461  
Address: 455 Fairford Street East,  
Moose Jaw  S6H 1H3

**Description:**
Mental Health & Addictions Services participates on this provincial intersectoral strategy that addresses extreme needs of those individuals with cognitive disabilities.

**Access:**
Individuals, families or Case managers from community agencies may apply for assessment, consultation or benefits. Referrals and consent forms are forwarded to selected agency personnel from Mental Health & Addictions Services, Community Resources, Corrections and Public Safety, Prairie South School Division, or Holy Trinity School Division. Referrals are reviewed on a monthly basis by the South Central Cognitive Disabilities Strategy Intake committee.

**Catchment Area:**
Five Hills Health Region.

*************

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services–  
Community Youth & Adolescent Program

**Contact:**
Name: Troy Rusu  
Position: Mental Health Therapist  
Phone: 691 7653  
Fax: 691 6461  
Address: 455 Fairford St. E.  
Moose Jaw, SK  S6H 1H3
**Description:**
Using an integrated case management approach, this intersectoral program assists youth-at-risk between the ages of 16 and 22 to access the necessary resources in the community so that they will have the opportunity to develop skills to live independently and responsibly in the community. This client-centred program assists the youth and their families to identify their service needs and to develop the necessary skills for independent living.

**Access:**
Referrals and consent forms are forwarded to selected agency personnel from Mental Health & Addictions Services, Community Resources, Prairie South School Division, or Holy Trinity School Division. Referrals are reviewed on a monthly basis by the Interagency Intake committee.

**Catchment Area:**
Five Hills Health Region

*******
**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services - Early Psychosis Intervention

**Contact:**
Name: Dr. S. Kariem, Cathy Fieldgate, Troy Rusu
Position: Psychiatrist/Psychologist/Mental Health Therapist
Phone: 691 6464 Fax: 691-6461
Address: 455 Fairford Street East, Moose Jaw S6H 1H3

**Description:**
The Early Psychosis intervention team responds to the needs of youth and their families who are encountering their first episode of psychosis. This response includes detection, treatment and support. This program is in development.

Key clinical components of an evidence-based Early Psychosis intervention program include
- Early screening and identification
- case management
- psychiatric management
- education and family support

**Access:**
Referrals are made through Centralized Intake, Mental Health & Addictions Services

**Catchment Area:**
Five Hills Health Region.

*******
**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services – Early Social Skills Program

**Contact:**
Name: Kathy Knudson
Position: Health Educator
Phone: 630 8411
Address: c/o 455 Fairford St. East Moose Jaw, S6H 1H3
Description:
This prevention and intervention program is offered to children ages 3 to 5 years and their families and is designed to teach social skills to young children in order to promote socially acceptable behavior. The program is offered in specific daycares and preschools in Moose Jaw and surrounding rural areas in Five Hills Health Region.

Access:
Through Contact number

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Child & Youth Services-
Group Programs

Contact:
Name: Mary Lee Booth
Position: Director, Child & Youth Services
Phone: 691-6459 Fax: 691-6461
Address: 455 Fairford St. East
Moose Jaw, S6H 1H3

Description:
Group programs provided by C & Y Services staff include a variety of parenting support (i.e. COPE (a community based program for parents of behaviorally challenged children) and Parenting Anxious Children). Other group services are provided according to service demand.

Access:
Referrals are made through Centralized Intake, Mental Health & Addictions Services

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Child & Youth Services-
Health Promotion

Contact:
Name: Sandra Fowler
Position: Health Educator
Phone: 691 7654 Fax: 691-6461
Address: 455 Fairford Street East,
Moose Jaw S6H 1H3

Description:
Mental health promotion and decreased substance abuse programs are intended to promote health and mental wellness for the citizens in Five Hills Health Region. Assisting people to create and maintain physical, mental, emotional and spiritual health is done in a variety of ways.

Public education and information is aimed at improving individual coping and general living skills. Some mental health promotion programs are designed to create healthier workplaces or develop better parenting skills. Others are intended to address problems in society that are known to contribute to poor mental health, like poverty, illiteracy, lack of education or skills, and poor social support.

- Canadian Mental Health Association (CMHA), Moose Jaw branch
CMHA Moose Jaw branch is a Health Care Organization (HCO) that provides mental health promotion, public education and prevention information and literature on mental health and mental illness for Five Hills Health Region. This organization is dedicated to educating the public about mental illness and about the strengths and abilities of persons with severe mental illness. Over time, these kinds of programs hope to reduce the stigma these individuals still face every day and pave the way for understanding, inclusion and full citizenship.

CMHA, Moose Jaw Branch is located at 261 High St. W., Moose Jaw, Saskatchewan Phone- (306) 692 4240.

Access:
Through Contact Number

Catchment Area:
Five Hills Health Region.

Category: Mental Health and Addictions Services

Program: Child & Youth Services
Integrated Case Management Program

Contact:
Name: Kirsten Clark
Position: Mental Health Therapist
Phone # 691 7659 Fax: 691-6461
Address: 455 Fairford St. E.. Moose Jaw, SK S6H 1H3

Description:
This interagency program is designed to assist families of children/ youth between the ages of 5 and 16 with severe and persistent behavioral, social and emotional challenges. Using an integrated case management and family-centered approach, multi-sectoral services for these families are coordinated.

Access:
Referrals and consent forms are forwarded to selected agency personnel from Mental Health & Addictions Services, Community Resources, Prairie South School Division, or Holy Trinity School Division. Referrals are reviewed on a monthly basis by the Interagency Intake committee.

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Child & Youth Services – KidsFirst

Contact:
Name: Krista Bakke
Position: Program Manager
Phone: 692-1204 Fax: 692-6841
Address: 125 Main St. North Moose Jaw, SK S6H 0V9
**Description:**
KidsFirst is a voluntary program that assists eligible families by building family strengths and providing supports and services based on needs. KidsFirst addresses childcare and transportation barriers and provides early learning opportunities for children and non-traditional methods for service delivery. Home visitors and a mental health/addictions worker provide support to vulnerable expectant and new mothers.

**Access:**
Referrals include screening in the hospitals and referrals from other community organizations. Potential candidates for the program then receive an in-depth assessment and an admissions committee reviews the referrals.

**Catchment Area:**
Targeted area in Moose Jaw

**********

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services - School Team

**Contact:**
Name: Jackie Armstrong
Position: Social Worker
Phone: 691 6481  Fax: 691-6461
Address: 455 Fairford Street East, Moose Jaw  S6H 1H3

**Description:**
In partnership with Prairie South and Holy Trinity School Divisions, a team including social workers, addictions counselors and mental health therapists deliver clinical and prevention services in the high school environment. This program provides adolescent focused self-development, life management, and healthy lifestyles through awareness, educational and informational presentations and group activities aiming to help youth attain their optimum level of self-development and self-improvement.

**Access:**
School guidance counselors and social workers make referrals through Centralized Intake, Mental Health & Addictions Services

**Catchment Area:**
Prairie South and Holy Trinity School Division boundaries.

**********

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services – Shared Services Mentorship Program

**Contact:**
Name: Gwen Miller-Moyse
Position: Social Worker
Phone: 691 7660  Fax: 691 6461
Address: 455 Fairford St. E.  Moose Jaw, SK  S6H 1H3
Description:
This partnership program with Community Resources and Prairie South and Holy Trinity School divisions matches an adult mentor with a child (mentee) to build a positive relationship in hopes of increasing the mentee’s self esteem, confidence, and school performance.

Access:
Referrals and consent forms are forwarded to selected agency personnel from Mental Health & Addictions Services, Community Resources, Prairie South School Division, or Holy Trinity School Division. Referrals are reviewed on a monthly basis by the Interagency Intake committee.

Catchment Area:
Five Hills Health Region

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<tr>
<th>Category:</th>
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<tr>
<td>Program:</td>
<td>Child &amp; Youth Services – Social Skills Program</td>
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</table>
| Contact:          | Name: Paula Green  
|                   | Position: Social Worker  
|                   | Phone: 691-6480 Fax: 691-6461  
|                   | Address: 455 Fairford St. East  
|                   | Moose Jaw, SK S6H 1H3 |

Description:
This prevention and inter-sectoral program is offered to school aged children and their families with the intention of promoting and educating about socially acceptable behavior. Facilitator training is available on an annual basis. Community members and school personnel may also access a wide variety of resource material, as well as consultation and support from the program coordinator. Parenting support seminars and programs are offered through this program.

Access:
Through Contact number

Catchment Area:
Five Hills Health Region

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<th>Category:</th>
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<tr>
<td>Program:</td>
<td>Child &amp; Youth Services – Suicide Intervention &amp; Prevention training</td>
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</tbody>
</table>
| Contact:          | Name: Susan Fryklund, Paula Green and Cathy Fieldgate  
|                   | Position: Social Workers/ Psychologist  
|                   | Phone: 691-6464 Fax: 691-6461  
|                   | Address: 455 Fairford St. East  
|                   | Moose Jaw, SK S6H 1H3 |

Description:
This program includes the ASIST (suicide intervention) workshops that are held approximately twice a year. Education and additional supports, including assisting with critical incidents in the schools, is available upon request.

Access:
Referrals are made through Centralized Intake, Mental Health & Addictions Services
**Catchment Area:**
Five Hills Health Region

*******

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services-
Transitions to Employment

**Contact:**
Name: Brenda Havanka and Joanna Woode
Position: Job Coach/ Case Manager
Phone: 692 1474  Fax: 692-6841
Address: 125 Main St. N.
455 Fairford Street East,
Moose Jaw S6H 0V9

**Description:**
In partnership with Service Canada, this program is for youth between the ages of 15 and 30 experiencing significant employment barriers. The program addresses employment readiness and placement issues.

**Access:**
Clients may refer themselves or be referred by community agency personnel.

**Catchment Area:**
Five Hills Health Region.

*******

**Category:** Mental Health and Addictions Services

**Program:** Child & Youth Services –
Youth Drug Detoxification/Stabilization Act Outreach and Outpatient Worker

**Contact:**
Name: Chantal Hutchinson
Position: Addictions Counsellor
Phone: 691 7675  Fax: 691-6461
Address: 455 Fairford Street East,
Moose Jaw S6H 1H3

**Description:**
An outreach service is available to offer community supports for youth and their families seriously impacted by addictions. Enhanced case management and support services are provided to youth who receive a community order.

**Access:**
Referrals are made through Centralized Intake, Mental Health & Addictions Services. This worker is also available on selected evenings to respond to emergency events through Moose Jaw City Police Services and the Moose Jaw Union hospital emergency ward.

**Catchment Area:**
Five Hills Health Region.

*******
**Category:**  Mental Health and Addictions Services

**Program:**  Child & Youth Services-
Youth Residential Services

**Contact:**
Name:  Cathy Fieldgate and Troy Rusu
Position:  Psychologist/Mental Health Therapist
Phone:  691 6464  Fax:  691-6461
Address:  455 Fairford Street East,
Moose Jaw  S6H 1H3

**Description:**
In partnership with Community Resources, residential services are provided to youth and their families by way of four spaces in youth approved home settings in the community. This initiative is intended to provide clinical services and support to youth ages 16-21 with primary mental disorders who cannot live in their family homes.

**Access:**
Referrals and consent forms are forwarded to selected agency personnel from Mental Health & Addictions Services and/or Community Resources. Referrals are reviewed by an Intake committee comprised of MHAS and CR staff.

**Catchment Area:**
Five Hills Health Region.

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**Category:**  Mental Health and Addictions Services

**Program:**  Mental Health and Addictions Services
– Adult Clinical Services

**Contact:**
Name:  Dan Fraser
Position:  Director, Adult Clinical Services
Phone:  691-6458  Fax:  691-6461
Address:  Mental Health Clinic
455 Fairford Street East,
Moose Jaw  S6H 1H3

**Description:**
The adult clinical services team provides assessments and a range of mental health and addictions treatment interventions to clients whose ability to function day to day is significantly impacted by their level of mental health and/or addictions issues. Requests for service may include depression, substance abuse, anxiety, eating disorders, family difficulties, abuse, and grief. Treatment options may include individual, family or group service.

Satellite clinics are provided in Assiniboia, Gravelbourg and Central Butte.

**Access:**
Referrals are made through Centralized Intake, Mental Health & Addictions Services
Clients may refer themselves or be referred by their physician or another agency.

**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

**********
**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services -
Alternatives to Violence

**Contact:**
Name: JoAnne Salido  
Position: Social Worker  
Phone: 691-6469  Fax: 691-6461  
Address: Mental Health Clinic  
455 Fairford Street East,  
Moose Jaw   S6H 1H3

**Description:**
This program is offered to all men who are physically, emotionally or psychologically abusive in their intimate relationships. It is a twelve-week group program that focuses on taking responsibility for their behaviour and learning how they can change the beliefs that contribute to their violent behaviour. This program is offered in partnership with the Department of Justice.

**Access:**
Through Centralized Intake, Mental Health & Addictions Services. Clients may refer themselves or be referred by their physician or another agency.

**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

**********

**Category** Mental Health and Addictions Services

**Program:** Adult Clinical Services –
Assiniboia Social Worker

**Contact:**
Name: Corie Ruzicka-Olson  
Position: Mental Health Social Worker  
Phone: 642-9426  Fax: 642-9459  
Address: 501 – 6th Avenue East, Box 1120  
Assiniboia, SK   SOH OBO

**Description:**
- Individual, family and group counseling
- Critical Incident/Stress Debriefing

**Access:**
Through Centralized Intake, Mental Health & Addictions Services, Moose Jaw

**Catchment Area:**
Southern areas of the region

**Other Information:**
Other mental health services available:
- Psychiatric services on a visiting basis from Moose Jaw
- Mental Health Nurse (home visits)

**********
Category: Mental Health and Addictions Services

Program: Adult Clinical Services – Community Mental Health Nursing

Contact: Name: Dan Fraser
Position: Director, Adult Clinical Services
Phone: 691-6458  Fax: 691-6461
Address: 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

Description:
Community Mental Health Nurses work with clients in the community and coordinate the range of services required by the clients in order to maximize client level of functioning. A case management approach offers coordination of clinical and administration functions including assessment, counseling, planning, linkage, advocacy and monitoring. This includes a recovery focus involving training in basic living skills and crisis intervention, and vigorous outreach in order to assist clients achieving their potential for an increased level of functioning in the least restrictive manner.

Other services include, but are not restricted to medical and inpatient treatment, medication management, residential placements and monitoring, social and recreational programs, prevocational, vocational, and educational programs, family supports, and connections with community agencies and services. The primary function of services is to collaborate with a community based comprehensive range of recovery and support services to people who experience severe and persistent mental illness by an interdisciplinary team.

• Case management and community support
• Depot clinic - Depot medication is provided to clients as prescribed by psychiatrist.
• Early psychosis intervention program support -
• Cognitive disabilities strategy support
• Reintegration of long term detention clients from Saskatchewan Hospital North Battleford
• Shared management- A Community Mental Health Nurse provides clinical consultation to long term care facilities. Services include assessment, review of client progress, introduction and review of behaviour management techniques, contacts with pertinent caregivers and documentation for attending psychiatrist. Services are offered on site at Pioneer Lodge, Capilano Court, Extendicare, and Chez Nous.
• Complex case support
• Family Support and client education

Satellite clinics are provided in Assiniboia, Gravelbourg and Central Butte.

Access:
Saskatchewan Health provides the following guidelines for client prioritization of Rehabilitation Services:
• Those individuals who have a mental disorder which has resulted in two or more hospitalizations or the significant loss of social functional skills for a period exceeding eighteen months.
• Those individuals at risk of becoming long term disabled by a psychiatric disorder including those acutely ill or traumatized. This group will receive priority on a case-by-case basis. Other requests for service will be prioritized in regard to risk, impairment, distress, and mandate.

Referrals are received through the Centralized Intake process or interdisciplinary referral from mental health and addictions services professional staff.
**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

**Discharge/Transfer or Completion:**
Community Mental Health Nurses are case managers and in cooperation with the client and caregivers assess and determine client need for programs, frequency of contact required and duration of services according to established guidelines.

Rehabilitation Clients are discharged when they:
- move outside the Health Authority, at which time transfer to another Authority may be arranged
- are incarcerated or hospitalized outside the authority for an extended period of time
- placed in a special care facility. Transfer to Shared Management Program would occur
- refuse services, is non compliant and does not experience psychotic episodes
- have been stable for an extended period of time and maintain adequate supports in the community.

**********

**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services – Community Mental Health Nursing-Shared Management

**Contact:**
Name: Lynda Yost-Walter
Position: Community Mental Health Nurse
Phone: 691-6489   Fax: 691-6461
Address: 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

**Description:**
A Community Mental Health Nurse provides clinical consultation to long term care facilities. Services include assessment, review of client progress, introduction and review of behaviour management techniques, contacts with pertinent caregivers and documentation for attending psychiatrist.

Services are offered on site at Pioneer Lodge, Capilano Court, Extendicare, and Chez Nous.

**Access:**
Through the Centralized Intake process, each referral must be forwarded to the psychiatrist by the client’s general practitioner

**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

**Other information:**
Psychiatry offers services to the shared management program.

**********

**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services – Day Programs

**Contact:**
Name: Fairlie Godin
Position: Mental Health Therapist
Description:
This program provides care to patients during their transition from hospital to community care and sometimes is offered as an alternative to inpatient care. A variety of group and individual interventions are provided. This program provides family education and support to the Early Psychosis Initiative.

Access:
Access is by the Mental Health Therapist. The Mental Health Therapist, often in consultation with other staff, decide whether or not to admit. Referral for some programs is necessary.

Catchment Area:
The program is designated for the Five Hills Health Region, but we often see people from other parts of the province and from other provinces as well, especially Alberta & B.C.

Discharge/Transfer or Completion:
The day program is a time-limited, ambulatory, active treatment program. The length of stay is variable and dependent on clinical stabilization or reduction of symptoms and impairment.

Category: Mental Health and Addictions Services
Program: Adult Clinical Services – Depot Clinic

Contact:
Name: Betty Hatcher
Position: Community Mental Health Nurse
Phone: 691-6475 Fax: 691-6461
Address: 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

Description:
The Community Mental Health Nurses operate a depot medication clinic on a weekly basis. Depot medication is provided to clients as prescribed by psychiatrist. Follow up services are provided to depot clients.

Access:
Referral from psychiatrist.

Catchment Area:
Moose Jaw

Discharge/Transfer or Completion:
As prescribed by psychiatrist

Category: Mental Health and Addictions Services
Program: Adult Clinical Services – Education

Contact:
Name: Fairlie Godin
Position: Mental Health Therapist, Day Program
Phone: 691-6463   Fax: 691-6461
Address: 3rd Floor West, 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

**Description:**
The family support program provides support and education and workshops for families and significant others. Day Program staff is available to support families in crisis, and present information to family members. This program is offered through the Day Program Therapist.

Public Education and Awareness disseminates information and literature on mental health and mental illness. Local presentations to the community are available through the Day Program therapist.

**Access:**
Services are offered based on demand.

**Catchment Area:**
City of Moose Jaw

**Discharge/Transfer or Completion:**
Determined by client

*********
**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services-
Group Services

**Contact:**
Name: Gail Fitzpatrick
Position: Social Worker
Phone: 691-6492   Fax: 691-6461
Address: Mental Health Clinic
455 Fairford Street East, Moose Jaw S6H 1H3

**Description:**
Group services consist of anxiety and panic, general issues women’s group, depression and family of origin. Groups are also provided for women who are living, or have been living, in abusive relationships and for women who are survivors of sexual abuse. Other groups are offered according to service demand.

**Access:**
Through Centralized Intake, Mental Health & Addictions Services. Clients may refer themselves or be referred by their physician or another agency.

**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

*********
**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services-
In Patient Services
**Contact:**
Name: Dan Fraser  
Position: Director, Adult Clinical Services  
Phone: 691-6458  Fax: 691-6461  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
A 14 bed acute psychiatric unit with two observation beds designated pursuant to the Mental Health Services Act. Admission to the adult inpatient unit is arranged by a psychiatrist with admitting privileges.

**Access:**
Access is by the Psychiatrist. Psychiatrists, often in consultation with other staff, decide whether or not to admit. No referral is necessary. Urgent admissions are often assessed in the emergency department by the psychiatrist or their designate.

**Catchment Area:**
The program is designated for the Five Hills Health Region, but we often see people from other parts of the province and from other provinces as well.

**Discharge/Transfer or Completion:**
Average length of stay on the unit is about 11 days. Discharge is part of a process that involves the entire treatment team and any other resource necessary.

*********

**Category:** Mental Health and Addictions Services

**Program:** Adult Clinical Services-  
Trauma Response Program

**Contact:**
Name: Susan Fryklund  
Position: Social Worker  
Phone: 691-6491  Fax: 691-6461  
Address: Mental Health Clinic  
455 Fairford Street East,  
Moose Jaw  S6H 1H3

**Description:**
Trauma Response program consists of a group of community members representing various agencies whose goals are to provide a coordinated response should a traumatic event occur in the community and also to provide public education and awareness. The initial responder to a traumatic event contacts the call center at 694-2111, who then contacts the team coordinator who arranges with other members of the team appropriate interventions.

**Access:**
The initial responder to a traumatic event contacts the call centre at 694 2111, who then contacts the team coordinator who arranges appropriate interventions with other members of the team.

**Catchment Area:**
The Adult Program provides services to Adults the age of 18 and older and their families in the Five Hills Health Region – a rural and urban population of approximately 55,000 people.

*******
**Category:** Mental Health and Addictions Services

**Program:** Adult Community Services

**Contact:**
- Name: Anne-Marie Ursan
- Position: Director, Adult Community Services
- Phone: 691-6468  
  Fax: 691-6461
- Address: 3rd Floor West, 455 Fairford Street East, Moose Jaw, Sask.  S6H 1H3

**Description:**
Adult Community Services offer adults a referral to a range of supports that may assist them in their recovery plans. The following dimensions are addressed with the client whose ability to function on a day to day basis has been seriously affected by their illness:

- Residential, including supports for Activities of Daily Living
- Prevocational
- Social, Recreational, including psychosocial education opportunities

Adult Community Services also delivers other community supports for specific areas of need.

- Acute Community Mental Health Home Care
- Complex Case Protocol
- Addictions Services
- Acquired Brain Injury Program

**Access:**
Varies

**Catchment Area:**
Five Hills Health Region

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**Category:** Mental Health and Addictions Services

**Program:** Adult Community Services

**Program:** Acute Community Mental Health Home Care

**Contact Person:**
- Name: Deborah Urquhart
- Position: Community Mental Health Nurse
- Phone Number: 691-6484
- Address: 3rd Floor West, 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

**Description:**
This initiative is intended to support the acute care system by improving the capacity for early hospital discharge, to avoid/prevent re-admission and to avoid/prevent imminent admission. A Community Mental Health Nurse provides assessment, family support, identifies and coordinates at home supports A Home Service Worker provides direct services as determined by the needs assessment.

*Services are provided on a part time basis Monday through Friday and are limited to fourteen(14) days.*
Access
Referrals for service will be accepted from the inpatient unit for clients meeting at least one of the following criteria:
- hospital stay of twenty one days
- psychiatric symptoms can be managed with supports outside of the hospital
- readiness for discharge
- ability of client and family to benefit from brief in home and community support

Exclusion Criteria
Referrals for service will not be accepted if the client demonstrates any of the following:
- represents an imminent threat to self or others
- cannot be treated safely in care outside of the home
- does not show an ability to care for physical and personal needs

Catchment Area:
Five Hills Health Region

Discharge/Transfer of Completion:
Clients who require services on a continuing basis will be referred to the appropriate service area.

*********
Category: Mental Health and Addictions Services

Program: Adult Community Services
Acquired Brain Injury Partnership Program

Contact Person:
Name: Dawn MacKenzie
Position: ABI Regional Coordinator
Phone: 691-6442 Fax: 694-8879
Address: 100 – 2nd Avenue N.E.
Moose Jaw, Sask. S6H 1B8

Description
This partnership program provides a coordinator that offers case management/coordination and consultation services to promote community integration and improved quality of life of the individual with ABI. The VON provides Independent Living Workers who participate in the coordination of services for clients with ABI and offer individualized direct care and support. The ABI coordinator facilitates education and training of other human service providers.

Access:
Referrals are made to the program from the ABI Outreach team. Please contact the ABI Coordinator for additional information on community events and individual referrals.

Catchment Area:
Five Hills Health Region

Discharge/Transfer of Completion:
Clients who require services on a continuing basis will be referred to the appropriate community resources.

*********
Category: Mental Health and Addictions Services

Program: Adult Community Services
Addictions Services
**Contact:**
Name: Jim Waldon  
Position: Addictions Counselor Senior, Clinical Lead  
Phone: 691-7657  
Fax: 691-7650  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
Addictions Services provides voluntary out-patient assessment and counseling to persons, adult or youth, who are experiencing problems related to alcohol or other drug use and/or gambling. Services are available to spouses, children, other family members and friends who have been affected by someone else’s drinking, drug using or gambling behaviour. Programs include:
- Gambling - a designated problem gambling counselor works closely with Addiction Services and Gamblers Anonymous. The program provides assessment, referral and treatment for problem gambling.
- SGI Safe Driving program
- Community Education Course
- Day treatment program
- Satellite clinics in Assiniboia and Gravelbourg
- Public education and public awareness

**Access:**
Referrals are accepted from persons concerned that they are experiencing problems with substance use or gambling. As well, anyone who believes that he/she may be affected by someone else’s substance use or gambling behaviour is eligible to receive services.

**Catchment Area:**
There are two offices – Assiniboia Union Hospital and Moose Jaw. Anyone from the Health Region can access either office. People from other parts of the province can also see us but we encourage them to use their local services.

**Discharge/Transfer or Completion:**
Determined by assessment and recovery planning with clients.

**Other Information:**
Detoxification from alcohol or other drugs is available at the Angus Campbell Center – 693-5977.

********

**Category:** Mental Health and Addictions Services

**Program:** Adult Community Services  
Addictions Counselor- Rural

**Contact:**
Name: Larry Harding  
Position: Addictions Counselor  
Phone: 642-9425  
Fax: 642-3804  
Address: 501 – 6th Avenue East, Box 1120  
Assiniboia, SK  SOH OBO

**Description:**
- Counseling
- Intervention with problem gambling
- Alcohol and drug abuse/dependency
Access:
Through Centralized Intake, Mental Health and Addictions Services, Moose Jaw

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services

Program: Addictions – Adult Community Services
Angus Campbell (Detox) Centre.

Contact: Name: Judie Birns
Phone: 693-5977 or 694-0866 Fax: 693-0908
Address: Highway #1 East
Moose Jaw, SK

Description:
The Moose Jaw Alcohol and Drug Society is a Health Care Organization that operates the Angus Campbell Centre. This service offers 20 clients detoxification beds for people over the age of sixteen who seek assistance with withdrawal from alcohol or other drugs. Trained staff provides care and accommodation for periods of up to 14 days depending on client's assessed needs.

Access:
Phone the Centre. Intake form will be completed. It is suggested that a doctor’s approval be obtained. Progress is monitored, and compliance expected.

Catchment Area:
Anyone in Saskatchewan

Other information:
Cost covered for Saskatchewan residents under their health coverage.

Category: Mental Health and Addictions Services

Program: Adult Community Services
Approved Homes

Contact: Name: Tim Nicholl
Position: Residential Coordinator
Phone: 691-6462 Fax: 691-6461
Address: 4th Floor West, 455 Fairford Street East,
Moose Jaw, Sask. S6H 1H3

Description:
Approved Homes represent the residential component of the range of services offered for the Rehabilitation Client of Mental Health and Addiction Services.

- Case managers (Community Mental Health Nurses) develop community support plans that include, but is not restricted to coordination of supports for clients needing residential placements
- The goal of the approved home program is to provide family living in a safe home that offers adequate space and meets health and fire requirements. Private operators are responsible for helping with emotional support, supervision, and legal trusteeship.
Nutritious food, medication management, self help, skill teaching and encouragements represent important aspects of the approved home.

There are fifty approved home spaces in Moose Jaw. A social worker is responsible for overseeing the licensing requirements of each home in addition to assessing personal suitability of the operator.

This position provides consultation and liaison with the approved home operators, as well as doing recruitment, screening, hiring, decertification, monitoring and evaluation of the approved homes.

Access:
The largest group of persons in approved homes has severe mental illness or a disorder that has remained active for at least one year and often several years.

This program serves rehabilitation clients whose support services are coordinated by a Community Mental Health Nurse. Placement or separation in an approved home occurs under the direction of the Residential Coordinator in consultation with the case manager and client’s psychiatrist.

Catchment Area:
Five Hills Health Region

Category: Mental Health and Addictions Services
Program: Adult Community Services
Complex Case Coordinator

Contact:
Name: Deborah Urquhart
Position: Community Mental Health Nurse
Phone Number: 691-6484 Fax: 691-6461
Address: 3rd Floor West, 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

Description
The complex needs process is intended to provide effective human services that contribute to the well being of people with complex needs. This process usually involves several human services agencies and leads to a plan that promotes access to services to address the needs of the most vulnerable, building on the strengths of individuals, families and communities.

Access:
Mental health and/or addictions professionals identify cases for review by a complex case committee. Criteria for complex case are well defined and targeted to the individual with a range of needs and required supports that have been unable to be addressed through current programs and services in the Region.

Catchment Area:
Five Hills Health Region

Discharge/Transfer of Completion:
Client need determines the intensity and frequency of services required. Referrals to appropriate services are made in accordance with the client’s community support plan.
The persons who require approved home placements frequently require placement on a long term basis. On occasion the person may transfer from one approved home setting to another, with the support and direction of the Community Mental Health Nurse. Movement to and from approved homes is closely monitored by the Community Mental Health Nurses and the Residential Coordinator. Approved home operators have the right to decide who will live in their home and under what conditions. However, potential residents often do not fit the ideal model and compromises and trial periods are sometimes necessary on both sides.

**Other information:**
The information provided is from *Mental Health Approved Home Program Operator Manual, Community Care Branch, Saskatchewan Health*. Detailed information on the program is provided in this handbook.

*Category:* Mental Health and Addictions Services

*Program:* Adult Community Services Residential

*Contact:* Name: Anne-Marie Ursan
Position: Director, Adult Community Services
Phone: 691-6468      Fax: 691-6461
Address: 3rd Floor West, 455 Fairford Street East, Moose Jaw, Sask. S6H 1H3

*Description:*
Residential Services

- **Respite services** offer short term supervised care placement that offers temporary relief for caregivers. This service is limited to availability of spaces.
- **Approved Home** settings provide room, board and care to clients in a private home setting. There are thirteen approved homes with fifty spaces.
- **Supportive Apartment Living Program** provides a supervised facility staffed on a twenty four hour basis for persons who require intensive training in independent living skills. Four spaces for intensive needs, 2 spaces for transitional needs, 12 spaces for occasional support needs. Services are delivered by Thunder Creek Rehabilitation Association.
- **Independent Living Program** provides onsite life skills training to clients who choose to live in the community and require support to develop greater self reliance. 31 spaces. Services are delivered by Thunder Creek Rehabilitation Association.

**Thunder Creek Rehabilitation Association** is a Health Care Organization providing residential services, community supports and prevocational programs for Adults who experience severe mental illness. Address: Wakamow Place, 250 Manitoba Street East, Moose Jaw Phone: 693-2814

**Access:**
Services are introduced to rehabilitation clients through their Community Mental Health Nurse. Applications for the Group home and Independent Living Program are completed and reviewed by and Admission committee for Thunder Creek Rehabilitation Association

**Catchment Area:**
Five Hills Health Region

**Discharge/Transfer or Completion:**
Community Mental Health Nurses, in cooperation with clients, caregivers, and other treating professionals determine appropriate residential placements.

**Other information:**
Placement is depending on availability of space.
Additional information on specific residential services is available upon request.

*********

**Category:** Mental Health and Addictions Services

**Program:** Adult Community Services
   Social Recreational

**Contact:**
Name: Anne-Marie Ursan  
Position: Director, Adult Community Services  
Phone: 691-6468  Fax: 691-6461  
Address: 455 Fairford Street East,  
Moose Jaw, Sask.  S6H 1H3

**Description:**
Social/Recreational Services

- **Mental Health Resource Centre** provides a social, recreational program and a drop in component for adults who are in the rehabilitation and maintenance phase of their recovery.
- **Seniors Socialization Program** offers the client who experiences later in life issue an opportunity to participate in activities outside of their residential setting. Caregivers of these clients have an opportunity for brief periods of respite. The clients are provided with assistance in meeting their medical and personal needs. Services are delivered by Thunder Creek Rehabilitation Association.

**Access:**
Programs are introduced to clients by their Community Mental Health Nurses (case managers). Client determines their participation in social and recreational activities.

**Catchment Area:**
City of Moose Jaw

**Discharge/Transfer or Completion:**
Determined by client

**Other information:**
Types and frequency of programs offered are determined in cooperation with the client group. Participation in Senior’s socialization program limited to available spaces.

*********

**Category:** Mental Health and Addictions Services

**Program:** Adult Community Services
   Vocational

**Contact:**
Name: Anne-Marie Ursan  
Position: Director, Adult Community Services  
Phone: 691-6468  Fax: 691-6461  
Address: 455 Fairford Street East,  
Moose Jaw, Sask.  S6H 1H3

**Description**
**Prevocational Services**

- **Helping Initiatives for Hands On Employment.** A supportive work training program for eight clients in the rehabilitation phase of their recovery. Contract work is performed with supervision and assistance. Clients share proceeds from the work they perform. Primary work activity is building and yard maintenance and flyer delivery. Services are delivered by Thunder Creek Rehabilitation Association.

- **Supportive Program for Employment in the Community.** A transitional employment program intended to provide pre employment training and continuous supervision when on a work location for sixteen clients.

**Access**

Services are introduced to rehabilitation clients through their Community Mental Health Nurse. Applications for Helping Initiatives for Hands on Employment are completed and reviewed by an Admission committee for Thunder Creek Rehabilitation Association.

**Catchment Area:**
City of Moose Jaw

**Discharge/Transfer or Completion:**
Community Mental Health Nurses, in cooperation with clients, caregivers, and other treating professionals determine appropriate vocational and training placements.

**Other information:**
Placement is depending on availability of space.

*********

**Category:** Public Health Services

**Program:** Audiology/Hearing Aid Plan

**Contact:**
Name: Patricia Lamb  
Position: Audiologist  
Phone: 691-1554  Fax: 691-1523  
Address:  
# 107 – 110 Ominica Street W  
Moose Jaw, SK S6H 6V2

**Description:**

- **Diagnostic:** Identification and evaluation of hearing loss, monitoring hearing status
- **Paediatric:** Early identification of hearing loss in infants and children
- **Education/Schools:** Management of the hearing impaired in the classroom
- **Amplification:** Fitting amplification systems, technical repairs, maintenance
- **Rehabilitative:** Counseling, inservicing, facilitating education
- **Preventative:** Education to raise awareness of risk factors to hearing loss, hearing conservation

**Access:**
Self referrals  
Physicians/health care professionals  
Social Services  
Educational system (i.e. teachers)

**Catchment Area:**
Entire Health Region
**Category:** Public Health Services  

**Program:** Dental Health Education

**Contact:**  
Name: Sheree Nicolay  
Position: Dental Health Educator  
Phone: 691-1535  
Fax: 691-1523  
Address: #107-110 Ominica Street West, Moose Jaw, SK S6H 6V2

Name: Clara Ellert  
Position: Dental Health Educator  
Phone: 642-9422  
Fax: 642-9459  
Address: 501 – 6th Avenue East, Box 1120, Assiniboia, SK SOH OBO

**Description:**  
- **Primary Prevention:** Dental health presentations to children, teenagers, teen moms, preschoolers and adults in the community  
- **Fluoride mouth rinsing programs** located in schools where non-fluoridated water exists  
- **Screening program:** preschool children are screened by a dental visual inspection every year; school aged children are screened by a dental visual inspection every five years  
- **Dental sealant program and dental cleanings/fluoride treatments** for targeted age groups  
- **Postnatal Program:** information to new moms regarding infant and dental care

**Access:**  
- Dental services are available to all children and adults living in the health region including pre-school, elementary and high school students, seniors, adults  
- Self referral  
- Physician/health care professionals, dentists

**Catchment Area:**  
All areas of the health region are eligible to receive dental health education services.

**Category:** Public Health Services  

**Program:** Early Childhood Psychology

**Contact:**  
Name: Brian Tkachuk  
Position: Early Childhood Psychologist  
Phone: 691-1534  
Fax: 691-1523  
Address: #107 – 110 Ominica Street W., Moose Jaw, SK S6H 6V2

**Description:**  
- Assessment of children 0 – 5  
- Referral to community resources  
- Programming for children 0-5
Five Hills Health Region
Programs & Services Directory
August, 2007

- Counselling for parents of preschool children
- Consultations to parents, para-professionals, professional and government and non-government agencies
- Presentations to at-risk parents of children 0-5
- Community development focus to enhance well-being of young children and their families

**Access:**
- Physician/health care
- Community Resources
- Parent referrals
- Early Childhood Intervention Program
- Preschools
- Early Learning Centres
- Kid’s First Program

**Catchment Area**
The entire Health Region. Early Childhood Services are available to families of all children 0-5 who do not attend a school program.

**Category:** Public Health Services
**Program:** KidsFirst (Non-Targeted)

**Contact:**
Name: Joan McMaster  
Position: Regional KidsFirst Community Developer  
Phone: 693-2849  
Fax: 692-6841  
Address: KidsFirst  
125 Main Street N.  
Moose Jaw, SK S6H 0V9

Name: Jill Zahariuk (on leave replaced with Jeanette Brazeau)  
Position: Early Childhood Services Co-ordinator  
Phone: 642-3374  
Fax: 642-2211  
Address: Box 489, 800 – 1st Street West  
Assiniboia, SK SOH 0BO

**Description:**
The goal of this program is to ensure that:

(a) Children (0-5 years) are born and remain healthy  
(b) Children (0-5 years) are supported and nurtured by healthy well functioning  
(c) Families develop and maintain a safe and secure environment  
(d) Children are appropriately served by the KidsFirst Program and supports.

**Access:**
Families and communities may contact the Regional KidsFirst Developer for program information. Individual families screening over a certain level may receive extra support to access services.

**Catchment Area:**
Entire Health Region

**Category:** Public Health Services
**Program:** Epidemiology

**Contact:**
Name: Tara Schellenberg
Position: Epidemiologist
Phone: 691-1541  Fax: 691-1523
Address: # 107 – 110 Ominica Street West
Moose Jaw, SK  S6H 6V2

Description:
• Works on specific research activities, project work and advising on the evaluation and review of programs.
• Collects, analyzes and interprets data on chronic and communicable diseases as well as related health determinants and their trends. Researching and publishing ongoing FHHR health status report and Needs Assessments are priorities.
• Provides information and assistance to Five Hills Health Region staff in respect to principles and practice of epidemiology, statistics, research and evaluation.
• Responsible for the maintenance and utilization of appropriate databases.
• FHHR contact/representative related to survey and indicator development

Catchment Area:
Five Hills Health Region

Category: Public Health Services
Program: Health Promotions

Contact:
Name: Tanya Hill
Position: Coordinator of Health Promotion & Education
Phone: 691-1529  Fax 691-1523
Address: 110 Ominica Street West,
Moose Jaw, SK  S6H 6V2

Description:
The Coordinator of Health Promotion and Education is accountable for the development, coordination, delivery and evaluation of health promotion and related educational activities within the health district. He/she uses community development approach and works with intersectoral groups to address issues identified by communities.

Population Health Promotion strategies are used to address the entire range of factors that determine health (Determinants of Health) of target populations. These strategies include:
• The development of healthy public policy
• The creation of supportive environments
• The strengthening of community action
• The development of personal skills
• The reorientation of health services to promote health

Access
Self referral
Some contacts initiated by the Coordinator.

Catchment Area:
All communities and populations within the health region.

Other Information:
The Health Promotion Coordinator is part of all of the Public Health Services population teams as well as the co-chair of the health region’s Population health Promotion working Group. The Health Promotion Coordinator acts as the health region’s health promotion contact and sits on
Category: Public Health Services

Program: Medical Health Officer

Contact: Name: Dr. Mark Vooght
Position: Medical Health Officer
Phone: 691-1539    Fax: 691-1523
Address: 107 – 110 Ominica St. W
Moose Jaw, SK   S6H 6V2

Description:
Consultant for general and specific Public Health matters, including:
• Infectious diseases: surveillance, epidemiology, treatment and prevention
• Health promotion initiatives (as part of a team).
• Environmental health concerns
• Disaster preparedness
• Interpretation of public health legislation
• Co-ordinate public health services (with Public Health Services Manager)
• Health status and needs assessments in consultation with epidemiologist

Catchment Area
Five Hills Health Region

Category: Public Health Services

Program: Podiatry

Contact: Name: Vacant
Position: Regional Director of Podiatry
Phone: 691-6405    Fax: 691-3608
Address: #100- 2nd Avenue. N.E.
Moose Jaw, SK. S6H 1B8

Description:
Patient education
Treatment of:
• Biomechanical abnormalities
• Skin disorders e.g.: warts, callouses, corns
• Nail disorders e.g.: ingrown toenail, abnormally thick toenails
• Ulcers
• Injury
• Infection

Access:
First appointment is scheduled via referral. Referrals may be made by any health care professional, e.g.
• Family Physician
• Registered nurses
• Home care
• Physiotherapists
• Chiropractors
• Podiatrists

**Catchment Area:**
Anyone in our health region can access our clinics. Clinics are located as follows:
• Main clinic in Moose Jaw at Providence Place
• Satellite clinic in AUH, Assiniboia (twice monthly)
• Satellite clinic in Central Butte, Iver Main Place (once monthly)
• In-town satellite clinics at Valley View Centre (once every three months)

**Discharge/Transfer or Completion:**
On a case by case basis.

**Other information:**
One F.T.E. Receptionist, One Casual Receptionist
Two F.T.E. Licensed Practical Nurses
One F.T.E. Director of Podiatry
One F.T.E. Podiatrist

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**Category:** Public Health Services

**Program:** Public Health Inspection

**Contact:**
Name: Paul Silvester
Position: Senior Public Health Inspector
Phone: 691-1501  Fax: 691-1523
Address: #107 – 110 Ominica Street W.
Moose Jaw, SK S6H 6V2

**Description:**
• Inspection of restaurants, swimming pools, food stores, bakeries, hotels, motels, nursing homes, and licensed day care centres
• CD follow up and investigation
• Education courses
• Enforcement of Tobacco Control Act
• Inspection of plumbing and private sewage disposal systems
• Housing complaint investigations

**Access:**
No restrictions on access to Public Health Inspection.

**Catchment Area:**
Our services are available to all residents of the Health Region

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**Category:** Public Health Services

**Program:** Public Health Nursing

**Contact:**
Name: Audrey O’Reilly
Description:

1) Communicable Disease and STI Control
   - Disease surveillance
   - Contact tracing
   - Follow up and health education
   - Needle Exchange Program
   - Pandemic planning

2) Immunization Program
   - Infant and preschool
   - School age
   - Mass immunization (influenza)
   - Adult immunization clinics (eg. student and occupational)

3) Child and Family Services
   - Child Health Clinics (assessment and screening, appointments and drop in services)
   - Baby check clinics (0-7 weeks, assessment and counseling, drop in services every Thursday p.m.)
   - Breastfeeding clinics (lactation consultant assist with breast feeding challenges)
   - Indepth assessment of high risk clients (referral and follow-up)
   - Maternal visiting program – home visits done 24 to 48 hours following early discharge for infant and maternal assessment
   - Home visiting for at risk clients

4) Health Promotion and Education
   - Breastfeeding classes
   - Prenatal classes (series of three classes monthly)
   - Safety issues
   - Group presentation
   - Participate multidisciplinary teams

5) School Age and Youth Services
   - Classroom presentations (on request)
   - Individual counseling
   - Sexual health workshops
   - Referral to other agencies
   - Follow up
   - Teen Wellness Clinic – STI, pregnancy, birth control, screening and counseling of adolescents (Moose Jaw)
   - High school health program (teen parents)
      - prenatal classes for teens offered twice a year
- parenting classes for t4ens offered twice a year

Access:
Self referral
Physician
Other Agencies

Catchment Area:
Five Hills Health Region

Category: Public Health Services
Program: Public Health Nutrition

Contact:
Name: Melanie Warken
Position: Public Health Nutritionist
Phone: 691-1536 Fax: 691-1523
Address: #107-110 Ominica Street West,
Moose Jaw, SK S6H 6V2

Description:
The goal of the public health nutritionist is to promote, protect and support healthy eating of the population, with an emphasis on health promotion and primary disease prevention. The public health nutritionist assesses needs, prioritizes, plans, implements and evaluates projects and services for the general population, selected target groups, health and other professionals, community groups and agencies and individuals.

Program includes:
- Breastfeeding initiatives – Baby Friendly Action Committee which promotes and supports breastfeeding in the Health Region; Baby Friendly Initiative; breastfeeding surveys
- Nutrition Assessment Guidelines – provides resource used by public health nurses in child health clinics
- Food Security Initiatives – working with various partner to develop and implement a Regional Food Charter; annual food costing; assist with Good Food Box, Community Gardens, and Collective Kitchens, if necessary
- Food Policies – developing and implementing food and nutrition policies in schools and health region facilities
- Media Relations – provide weekly newspaper articles to various venues in health region, press releases, radio interviews, television shows
- Nutrition resources – develop and update nutrition resources (teaching kits, books, videos, handouts, games) for lending
- Public general inquiries related to food and nutrition
- Public presentations/displays/health fairs
- Individual counseling is provided only to clients from prenatal to age five.

Access and Discharge/Transfer Completion:
The priorities of the public health nutritionist change continually based on identified needs, issues and time constraints. Individuals may contact the public health nutritionist directly to inquire about services and programs available.

Catchment Area:
Five Hills Health Region
Category: Public Health Services

Program: Speech Language Pathology

Contact:

Preschool
Name: Jim Ursan
   Christine Ramphal
   Gayle Hagan
Phone: 691-6400
Fax: 694-8804
Address: #107 – 110 Ominica St. W
Moose Jaw, SK S6H 6V2

Adult
Name: Joanne Helland
   Christine Ramphal
   Gayle Hagan
Phone: 691-6404
Fax: 694-8804
Address: Providence Place
Moose Jaw, SK S6H 1B8

Description:
Speech Language Pathologists may work alone or as part of a team to help individuals communicate effectively and to eat and swallow safely. The role of the SLP is to identify, assess, evaluate, treat, manage, educate and help to present language, speech, voice fluency, cognitive and other related communication disorders as well as swallowing problems. Intervention and therapeutic services may be offered on an individual or group basis; consultative services and caregiver training programs may also be provided.

The adult population may include individuals who have suffered a stroke, head injury or who have progressive degenerative diseases such as Amyotrophic Lateral Sclerosis or Parkinson’s Disease, who have had head and neck surgery, or those with other medical conditions resulting in a cognitive, language, voice or swallowing disorder.

The preschool program accepts referrals for children 0 to 5 years of age who are not currently enrolled in school. Toddlers who are slow to start using words easily and clearly or older preschool children who have a difficult time producing and using clear speech may be referred. Children with delayed language development, genetic disorders such as Down’s Syndrome or cleft palate, pervasive development disorders such as autism, medical conditions such as cerebral palsy, hearing impairments may also be involved in this program. Children who may be at risk for delays in their development of effective communication skills would also find benefit from being enrolled in the speech-Language Therapy Program.

Access:
Services can be accessed by anyone in the region. Referrals are accepted from individuals, parents/guardians, family members or any health care worker. Referrals can be directed to the Speech-Language Pathologist providing appropriate consent has been obtained.

Catchment Area:
The entire Health Region. Referrals are also accepted from those living outside the FHHR area, if they are willing to travel.

Category: Regional Services- Acquired Brain Injury

Program: Partnership Program

Contact:
Name: Dawn MacKenzie
Position: ABI Coordinator
Phone: 691-6442 Fax: 692-6220
Address: Providence Place
Description:
The Acquired Brain Injury Coordinator works with the Acquired Brain Injury Partnership to:
- provide support and education to those living with and affected by brain injury
- assists clients to live successfully in their community
- develop realistic plans for clients to transition from acute and/or rehab care into the community
- educate the public about ABI
- advocate for the client and their support system when an unmet need is identified
- partner with other agencies to develop programs that will benefit the ABI client and the community
- offer workshops and programs that teach basic living skills needed by the ABI population (i.e. budgeting)
- encourage clients to network through formal and informal group activities
- evaluates outcomes at regular intervals and adapts care as needed
- attends professional education applicable to ABI

Access:
Referrals may come from any source such as clients, family, care providers and community agencies. The program focus is on moderate to severe injury which has occurred after birth and is not congenital or chronic in nature. Clients whose condition does not meet the ABI Criteria will be referred to an appropriate agency.

Catchment Area:
Five Hills Health Region

Other Information:
The ABI Program adheres to the policies and procedures of the Five Hills Health Region and is a department of Mental Health and Addiction Services.

********
Category: Regional Services – Dialysis Unit
Program: Dialysis
Contact: Name: Laurie Albinet
         Position: Nurse Director
         Phone: 691-2613   Fax: 691-2622
         Address: 455 Fairford St. E.
                    Moose Jaw, SK   S6H 2C9

Description
There are nine dialysis stations that each make two runs per day. Eighteen clients is full capacity. There are other FHHR clients may be on the waiting list when a spot comes open. All patients are under the care of nephrologists from Regina. Physicians are responsible for dialysis patient day-to-day care in their offices, for matters other than dialysis.

Access:
Hours of operation are Monday, Wednesday and Friday from 07:00 hours to 19:00 hours. Referrals may be made to Moose Jaw specialists by nephrologists. If a physician is on duty in the ER, MJUH, he/she could be asked to respond to emergencies in the Dialysis Unit.
**Catchment Area:**
The entire health region

**Category:** Regional Services - Emergency Response Planning

**Program:** Emergency Response Plan

**Contact:**
Name: John Liguori
Position: Executive Director, Environmental Services
Phone: 694-0254 Fax: 694-0282
Address: 455 Fairford St. E.
Moose Jaw, SK S6H 2C9

**Description:**
- Responsibility in ensuring the Emergency Response Plan is in place
- The Emergency Response Planning Committee coordinates emergency response plans throughout the region, ensure cooperation and communication with emergency response agencies, arrange education and practice sessions for involved agencies.
- The Five Hills Health Region has an Emergency Response Plan developed in conjunction with the Emergency Response Committee with representation from the City of Moose Jaw, Emergency Measures Organization Representatives (Moose Jaw, Assiniboia, Craik, Central Butte, and Lakelee Mutual Aide Area), as well as facility representatives in Moose Jaw (Extendicare, Valley View Centre, Providence Place, 15 Wing Air Show and Moose Jaw Union Hospital). The plan has been established to ensure that all personnel in the region know how to respond appropriately if or when an emergency occurs.

**Access:**
Contact John Liguori, Executive Director Environmental Services

**Catchment Area:**
Five Hills Health Region facilities, Emergency Measures Organization Representatives (Moose Jaw, Assiniboia, Craik, Central Butte, and Lakelee Mutual Aide Area), as well as facility representatives in Moose Jaw (Extendicare, Valley View Centre, Providence Place, 15 Wing Air Show).

**Category:** Regional Services – Emergency Response Planning

**Program:** Emergency Response Planning

**Contact:**
Name: Carole Gamble
Position: Manager Support Services and ERP
Phone: 472-5767 Fax: 472-5405
Address: Box 159
Lafleche, SK S0H 2K0

**Description:**
Works closely with the Emergency Planning Working Group to provide input and feedback regarding emergency codes, drills, exercises, training plans and annual reviews.

**Access:**
Catchment Area:
Five Hills Health Region

Category: Regional Services – Environmental Services

Program:

Contact:
Name: John Liguori
Position: Executive Director Environmental Services
Phone: 694-0254  Fax: 694-0282
Address: 455 Fairford St. E.
Moose Jaw, SK  S6H 1H3

Description:

Access:
Contact John Liguori, Director, Environmental Services.

Catchment Area:
Moose Jaw, Assiniboia, Central Butte, Craik, Rockglen, Lafleche, Gravelbourg, Kincaid, Mossbank, Willow Bunch.

Category: Regional Services – Environmental Services

Program: Clinical Engineering

Contact:
Name: Jim Allen
Position: Director
Phone: 694-0261  Fax: 694-0268
Cell: 631-3373
Address 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

Description:
Provide Clinical Engineering services to the Five Hills Health Region:
• Medical device repairs
• Medical device planned maintenance
• Medical device calibration
• Device evaluations for equipment being considered for purchase or use within the health region
• Ensuring that medical devices meet applicable codes, standards and licensing requirements
• Incoming inspections and acceptance of new or loaner / evaluation devices
• Device research
• Health device alerts
• Assisting clinical staff with capital equipment planning
• Assisting clinical staff in understanding the operation and limitations of medical devices
• Assisting with the development of policies and procedures as they relate to medical instrumentation
• Assists and monitors medical device service vendors when present in the facilities
• Maintains a computerized inventory of medical devices located within the health region
• Maintains an inventory of commonly required parts and supplies
• Assists in the investigation of medical device related incidents and provides incident reports to ECRI and Health Canada.
• Security system maintenance
• Pocket pager system maintenance
• Assisting with technology related problems

Equipment maintained by the Clinical Engineering department includes:
• Diagnostic imaging
• General laboratory
• General nursing and clinical equipment
• Security systems
• Paging systems
• Other electronic systems within the health region.

Access:
Clinical Engineering services are accessed by requesting services on a Clinical Engineering work order, or by directly contacting the department to request services. If the department has been directly contacted for emergency services, it is expected that the phone call will be followed up by a completed work requisition.

Catchment Area:
The Clinical Engineering program is offered to all facilities and programs within the Five Hills Health Region.

Discharge/Transfer or Completion:
Department heads are notified of any equipment related problems as they pertain to their particular departments.

Other information:
• The Clinical Engineering Manager provides management functions to the Moose Jaw Union Hospital Steam Plant.
• The Clinical Engineering Manager provides management functions to the Moose Jaw Union Hospital Maintenance Department at times when the manager for that department is unavailable.
• The Clinical Engineering Manager acts as the Deputy Director for Environmental Services at times when the Director is unavailable.
• The Clinical Engineering Manager is responsible for conducting and documenting fire drills at the Moose Jaw Union Hospital in conjunction with the Maintenance Manager, and the Safety Officer.

********************************************************
Category: Regional Services – Environmental Services
Program: Facilities Planning
Contact: Name: John Liguori
          Position: Executive Director Environmental Services
          Phone: 694-0254     Fax: 694-0282
          Address: 455 Fairford St. E.
                     Moose Jaw, SK   S6H 1H3

Description:
Responsible for the maintenance and development of health care facilities within our region.
Access:
Contact the Executive Director of Environmental Services at 694-0254.

Catchment Area:
Five Hills Health Region facilities

Category: Regional Services – Environmental Services

Program: Housekeeping – Assiniboia based

Contact:
Name: Carole Gamble
Position: Manager Support Services and Coordinator Emergency Response Planning
Phone: 472-5767 Fax: 472-5405
Address: Box 159, Lafleche, SK S0H 2K0

Description
Ensures the economical delivery of high quality Housekeeping through:
- The formulation of district goals/policies/procedures
- Routine monitoring and evaluating of staff performances and workplaces
- Effective utilization of equipment and supplies within the scope of the established budget.
- Analyze quality indicators/audits for service improvement.

Access:
Facilities needing housekeeping services should go through Carole Gamble, Manager, Emergency Response Planning and Support Services.

Catchment Area:
Acute and Long term facilities in the former South Country District Health:
- Assiniboia Union Hospital Integrated facility
- Grasslands and Lafleche Health Centre
- Ross Payant Long Term facility/Assiniboia

Other information:
There is a Head Housekeeper for Assiniboia facilities

Category: Regional Services – Finance

Program:

Contact:
Name: Wayne Blazieko
Position: Executive Director Finance & CFO
Phone: 694-0236 Fax: 694-0282
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
Provision of financial services to the Regional Health Authority and Providence Place for Holistic Health, Inc.

Catchment Area:
All areas of the Health Region
Category: Regional Services – Finance
Program: General Accounting

Contact: Name: Guy Kergan  
Position: Director of Accounting Services  
Phone: 694-0224  
Fax: 694-0388  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description: 
Recording and reporting of the financial and statistical aspects of the health service organization’s activities.

Catchment Area: 
All of the Health Region

Category: Regional Services – Finance
Program: Accounts Receivable

Contact: Name: Guy Kergan  
Position: Director of Accounting Services  
Phone: 694-0224  
Fax: 694-0388  
Address: 455 Fairford Street E  
Moose Jaw, SK  S6H 1H3

Description: 
Recording, billing and collection of all accounts receivable due to the health service organization.

Catchment Area: 
All of the Health Region

Category: Regional Services – Finance
Program: Accounts Payable

Contact: Name: Gail Wong  
Position: Senior Finance Officer  
Phone: 694-0305  
Fax: 694-0388  
Address: 455 Fairford Street E.  
Moose Jaw, SK  S6H 1H3

Description: 
Recording, classifying and discharging of the health service organization’s liabilities.

Catchment Area: 
All of the Health Region

Category: Regional Services – Finance
Program: Budget Control
**Contact:**
Name: Darcy Neigel  
Position: Budget Officer  
Phone: 694-0229  Fax: 694-0388  
Address: 455 Fairford Street E  
Moose Jaw, SK  S6H 1H3

**Description:**
Monitoring, analysis and reporting of the variances in the financial and statistical aspects of the health service organization’s planned and actual activities.

**Catchment Area:**
All of the Health Region

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**Category:** Regional Services – Human Resources

**Program:** Occupational Health

**Contact:**
Name: Clara Chaisson  
Position: Employee Health Consultant  
Phone: 694-0370  Fax: 691-7666  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
- Provide reports as necessary
- Provide information to employee regarding health issues
- Listen to employee concerns & follow through, if requested
- Provide in services, educational material, etc., regarding health as requested or needed
- Follow up to workplace incidents that result in WCB claims
- Provide support for safety officer – assist with safety issues when necessary

**Access:**
All Employees

**Catchment Area:**
Five Hills Health Region

**Other Information:**
- Provide alternate suggestion, information, possible outcomes for specific circumstances or situations to aid in solutions
- Work with other HR personnel in follow up to sick time issues, absenteeism, discipline issues (assistance for employee involved)

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**Category:** Regional Services – Human Resources

**Program:** Disability Management

**Contact:**
Name: Clara Chaisson  
Position: Employee Health Consultant  
Phone: 694-0370  Fax: 691-6187
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

**Description:**
- Liaison between SAHO, employer and employee
- Assist employee with forms and information for SAHO
- Develop and implement return to work programs for employees and employer
- Follow employee through return to work

**Access:**
All Employees of the Health Region

**Catchment Area:**
Five Hills Health Region

**Other Information:**
- Assist with accommodations when necessary
- Liaison with outside rehabilitation agencies
- Compile quarterly stats
- Assist with education seminars

Category: Regional Services – Human Resources

Program: Disability Management
WCB related processes

**Contact:**
Name: Clara Chaisson
Position: Employee Health Consultant
Phone: 694-0370  Fax: 691-7666
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

**Description:**
- Liaison between employer and WCB and employee
- Assist managers and employees to fill forms with WCB process
- Follow injured workers
- Promote safety in the workplace
- Develop/assist with return to work programs – follow employee through process

**Access:**
All Employees of the Health Region

**Catchment Area:**
Five Hills Health Region

**Other Information:**
- Educate employees and supervisors about return to work
- Statistics as required for CQI
- Graphs, etc., as requested by managers
- Sit on WCB core committee at Providence Place

Category: Regional Services – Human Resources

Program: Employee Family Assistance Program
Contact: Name: Clara Chaisson  
Position: Employee Health Consultant  
Phone: 694-0370  Fax: 691-7666  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
A voluntary, confidential counseling and referral service for employees.

Access:  
Eligible employee can self refer or can be referred by Employee Health Consultant.

Catchment Area:  
- all employees of the Five Hills Health Region who has passed initial probation and who has been on staff for a period of six months.  
- employees who have been terminated due to re-organization for a period of one year from the date of termination.  
- district board directors are eligible after six months of board membership for the duration of their term of office.  
- any exceptions are at the discretion of the Program Coordinator.

Other Information:  
- The EFAP pays the cost of up to six assessment/counseling sessions for each participant.  
- The EFAP does not cover the cost of counseling for legal matters or mediation services.

Category: Regional Services – Human Resources
Program: Employee Health & Disability Management

Contact: Name: Clara Chaisson  
Phone: 694-0370  Fax: 691-7666  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

Description:  
- Liaison between SAHO, employer and employee  
- Assist in returning employees to work as soon as possible  
- Assist employees when applying for benefits  
- Assist in accommodations when necessary  
- Develop return to work programs

Access:  
Contact Clara Chaisson

Catchment Area:  
Five Hills Health Region

Category: Regional Services – Human Resources
Program: Employee Health – Return to Work (RTW) WCB

Contact: Name: Clara Chaisson  
Position: Employee Health Consultant
Description:
- Encourage employee to start back as soon as possible, post injury
- Help develop return to work programs for employees
- Follow up with employee during and after RTW
- Act as WCB contact for employer and employee
- Liaison for all parties involved in return to work program

Access:
All employees off due to workplace injury – contact Clara Chaisson

Catchment Area:
Five Hills Health Region

Other Information
- Assist employee and some employers to fill out WCB forms
- Assist with accommodations where necessary
- Do reports, evaluations, etc.

Category: Regional Services – Human Resources
Program: Employee Lifestyles
Contact: Name: Clara Chaisson
        Position: Employee Health Consultant
        Phone: 694-0370  Fax: 691-7666
        Address: 455 Fairford Street East
                  Moose Jaw, SK  S6H 1H3

Description:
Employee program to:
- promote a healthy work environment, to encourage employees to live a healthy, active lifestyle,
- provide health programs that are accessible for all employees to meet the needs of employees, regardless of their current health status,
- provide information to employees on a regular basis regarding aspects of a healthy lifestyle; and
- encourage employees to make necessary lifestyle changes that will improve their physical, mental, social and spiritual health and well-being.

Access:
All employees are eligible to participate in all programs
Some programs also include family members.

Catchment Area:
Five Hills Health Region

Other Information:
Committee members are selected by peers or if no volunteers, the committee invites, recruits and/or asks unions to designate a member.
Committee is composed of a member from each site, some front line, some managers (mix from each union).
**Immunization Program**

**Category:** Regional Services – Human Resources  
**Program:** Immunization Program  
**Contact:**  
Name: Clara Chaisson  
Position: Employee Health Consultant  
Phone: 694-0370  
Fax: 691-7666  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3  

**Description:**  
- Provides mantoux testing as per policy  
- Td every ten years  
- Hep B series  
- Flu immunizations each fall  

**Access:**  
All employees self referral – call for an appointment unless otherwise advertised  

**Catchment Area:**  
All employees of the Five Hills Health Region  

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**Executive Director, Human Resources**

**Category:** Regional Services – Human Resources  
**Program:** Payroll and Benefits  
**Contact:**  
Name: Shelley Ganzer  
Position: Director of Payroll & Benefits  
Phone: 694-0208  
Fax: 694-0388  
Address: 455 Fairford St E  
Moose Jaw, SK S6H 1H3  

**Description:**  
FHHR Budget 100 M;  
Payroll Budget 62 M  
Union Contracts 3  

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Number of Health Authority employees - 1825*
*FHHR - 1,392  Providence Place - 313,  St. Joseph’s Hospital - 120*

**Catchment Area:**
Our customers are the employees of Five Hills Health Region.

**Other Information:**
Comprehensive provision of payroll services and employee benefits plans. Services provided are in accordance with government legislation and plan documents.  
*St. Joseph’s Hospital payroll/benefits still processed in Gravelbourg.

************
**Category:** Regional Services – Human Resources

**Program:** Employment Services

**Contact:**
Name:  Kirk Heidecker  
Position: Director Employment Services  
Phone:  691-2603   Fax:  694-0388  
Address: 455 Fairford St. E.  
          Moose Jaw, SK   S6H 1H3

**Description:**
Provision of recruitment services to managers including development of interview guides, assistance in conducting interviews, recommendations of sources for recruitment, drafting of external ads, placement of ads as per region policy and union contracts. Approximately 600 postings for external/internal candidates a year. External advertising takes place for approximately 65 – 70 positions per year.

**Catchment Area:**
All of Five Hills Health Region and affiliates

**Other Information:**
Human resources contact with union representatives on behalf of directors on issues pertaining to retention, recruitment, classification, joint job evaluation and development of applicable policies. Significant clerical support is utilized with respect to postings, letters of appointment, letters of offer, staff development, planning, database management and long service award coordination.

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**Category:** Regional Services - Human Resources

**Program:** Staff Development

**Contact:**
Name:  Linda Willatt  
Position: Staff & Organizational Development Consultant  
Phone:  692-0148   Fax:  694-8804  
Address: c/o Providence Place, 100 – 2nd Avenue North East,  
          Moose Jaw SK   S6H 1B8

**Description:**
This service focuses on maximizing the knowledge, skills and attitude (KSA’s) of the 1800 employees of the Five Hills Health Region, through the provision of information; enhancing present skills and teaching new skills; as well as through promotion of a positive workplace culture (attitudes).
This is accomplished through:

2. Receiving Staff and/or Manager requests via evaluations of other programs.
3. Direct contact between the Manager(s) and/or employee(s).
4. Meetings and goal setting by the Department as a whole.
5. Discussions at HR meetings
6. Direction of the Director of HR.
7. Responding to the need for dissemination of new information surrounding a policy, procedure, protocol, change event, etc. (timely teaching)
8. Responding to the indications of SD conducted surveys and audits.
9. Response to changes within the organization.
10. Planning, announcing, implementing and evaluating programs/services with a view to using the feedback for improvements.
11. Making suggestions for organizational change as appropriate and reasonable.

**Access:**
Criteria for education/training - (I ask .. “Can they do this if their life depends upon it.”- If so then it is NOT SD that is needed. It is some other organizational change that is needed to remove the barrier(s) to the expected behavior.

**Catchment Area:**
Our customers are the employees of Five Hills Health Region.
Access to SD services/programs can be achieved by contacting the HR Department; the Director of Human Resources; or the specific Consultant; or one of the Consultants in the Department. (phone, e-mail, person to person, or memo).

**Discharge/Transfer or Completion:**
Completion of participation in Staff Development Services/Programs, is noted:
- in the database from Employee Attendance Records.
- by presenting a certificate or pin of achievement (with a copy of the certificate being placed in the personnel file.)
- (for most programs) through the completion of a Process and Outcomes Measurement System (POMS) report to the Manager, the director of HR, and other relevant Senior Admin personnel.
- Or simply by submitting a report to the Director of Human Resources and the involved Manager to indicate the completion of the program and the outcome as perceived by the Staff & Organizational Consultant.

**Other Information:**
Programs/Activities - (Ongoing) General Orientations, Site Orientations, Annual Review Fair (ARF), Infection Control, Fire Safety and Evacuation practice at site level, Pharmacy Inservices, Quality Initiative Forums, Workshop Wisdoms, Management Forums, Stress Busters, Information Publications, Mission Awareness, Safety Promotion activities and publications, Focus Groups with Physicians, with Managers and with Staff, Advance Health Care Directive Policy and Consent Policy Inservicing Accreditation Publications (PPL). A booklet providing basic information about each program is being updated so that it can be made available throughout the Region.

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**Category:** Regional Services – Human Resources

**Program:** Staff Development - Clinical

**Contact:**
Name: Brenda Bumphrey
Position: Staff Development Consultant - Clinical
Description:
• Provides educational support and resources to staff and directors.
• Provides clinical education in order to meet the health region’s policies and standards as well as employee’s professional standards.
• Ensures that staff has the skills necessary to perform their jobs effectively and safely.
• Provides an atmosphere at work where staff feel valuable and needed.
• Provides current information to staff and directors to meet the demands of the continuously changing atmosphere of health care.

Access:
• One of two Staff Development Coordinators, the staff Development Coordinator – Clinical is available on a flexible part-time basis (three day/week).
• Works in cooperation and as part of the Human Resources team, including the Safety Officer, the OH&S Consultant and the Telehealth Coordinator.
• Directors, staff or physicians request education which is then delegated to the appropriate team member.
• An “Educational Needs Assessment” is done on an ongoing basis.

Catchment Area:
Primary focus in the Acute Care nursing areas, but also provides education for required clinical skills for Long Term Care, Home Care and other service areas throughout the Health Region.

Discharge/Transfer or Completion:
*Certification or Transfer of Medical Function skills may require attendance at educational sessions and/or completion of an educational module. Certification is accomplished when the required educational components are completed satisfactorily and competence is achieved. These skills may require ongoing certification.

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Category: Regional Services – Human Resources

Program: Labour Relations

Contact:
Name: Wanda Ogle
Position: Labour Relations Consultant
Phone: 691-2645  Fax: 694-0388
Address: 455 Fairford Street
         Moose Jaw, SK  S6H 1H3

Name: Amanda Zarubin
Position: Labour Relations Consultant
Phone: 691-7662  Fax: 694-0388
Address: 455 Fairford Street
         Moose Jaw, SK  S6H 1H3

Description:
Provides technical advice, contract interpretation, and support at all stages of the disciplinary process, conflict resolution expertise, development and communication of Human Resources policies. Is a resource for current labour relations trends and issues.
Access:  
Access is by direct contact on as needed basis; or by referral from other Human Resources consultants, senior managers or Union Representative.

Catchment Area:  
All of Five Hills Health Region

Discharge/Transfer or Completion:  
No formal process required beyond the legislative, contractual processes involved in labour relations (i.e. completion of grievance by resolution, arbitration or withdrawal).

Other Information:  
Provides liaison with union officials, Saskatchewan Association of Health Organizations and other Health Regions on labour relations issues.

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Category: Regional Services– Human Resources

Program: Telehealth

Contact: Name: Elizabeth Peneycad  
Position: Telehealth Coordinator  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3  
Phone: 694-0282 Fax: 694-0282

Description:  
Using the latest communication and multimedia technologies, the Telehealth Saskatchewan Network is providing a broad spectrum of services that are benefiting patients, families, doctors, health providers and entire communities throughout the province.

Telehealth is a Saskatchewan Health program endorsed by The Action Plan for Saskatchewan Health Care as an effective way to improve access to health services. Telehealth provides clinical and educational services to rural or remote areas of the province through videoconference links with designated sites. Health care professionals can use Telehealth for appropriate clinical appointments, consultations, follow-ups, meetings and education sessions. Telehealth not only connects sites within its own provincial network – it can link with other select sites provincially, nationally and internationally.

Telehealth Saskatchewan’s goals are to:

Improve access to health services and health providers;

- Enhance rural practice support;
- Encourage optimal use of health specialists;
- Provide continuing education and health information to patients and the public; and
- Support provincial or regional (ie North/South) service and education networks.

In Five Hills Health Region, the Telehealth site is located in Moose Jaw Union Hospital. Client clinics include pediatric surgery, child/ youth psychiatry, and renal dialysis. Other clinics can be made available upon request by client or specialist.
A variety of continuing education sessions are offered each month and calendars are posted on bulletin boards. Public education sessions are offered depending upon availability of the Coordinator. Telehealth can also be used for administrative meetings to decrease travel within the province.

**Access:**
Contact Telehealth Coordinator

**Catchment Area:**
Provides clinical, continuing education, and administrative services for the health region at the site in Moose Jaw.

**Other information:**
FHHR plans to expand the telehealth network within the health region to the three rural PHC Team sites when the infrastructure is in place to support the technology.

**********

**Category:** Regional Services - Information Technology (IT DEPT)

**Program:** Computer Network Support

**Contact:**
Name: Rod Cochran
Position: IT Team Leader
Phone: 694-0269 Fax: 694-0282
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Name: Brad Hager
Position: IT Working Supervisor
Phone: 694-0266 Fax: 694-0282
Address: 455 Fairford Street East
Moose Jaw, Sk. S6H 1H3

Name: Curtis Firomski
Position: IT Technician
Phone: 694-0267 Fax: 694-0282
Address: 455 Fairford Street East
Moose Jaw, Sk. S6H 1H3

**Description:**
Support of all computer systems and their infrastructure.

**Access:**
All computers in the region are supported with the exception of Gravelbourg hospital. SHIN Help Desk access info.

**Catchment Area:**
All employees have some access to system if required.

**********

**Category:** Regional Services – Materials Management

**Program:**
**Contact:**
Name: Kevin Krepakevich,  
Position: Director, Materials Management  
Phone: 694-0237  
Fax: 694-0260  
Address: 455 Fairford St. E., Lower Mezzanine  
Moose Jaw, Sask. S6H 1H3

**Description:**
Materials Management provides logistical support for products and services acquired throughout the Five Hills Regional Health Authority by:
- assisting other departments in determining the most suitable materials, supplies and equipment for their needs
- ascertaining potential sources for supply
- procuring goods and services through standard contracts or through a tendering process,
- storing, distributing and maintaining suitable records for all supplies equipment and services
- assisting in the disposal of all scrap, obsolete and surplus materials
- ensuring that the FHHR abides by Federal and Provincial procurement guidelines.

Inventories are located at Moose Jaw Union Hospital and Assiniboia Union Hospital for commonly used products.

Purchase orders are required for all purchases through Materials Management
a) Requisition for Supplies from Stores inventories  
   - stock items  
   - FHHR forms – for documentation as required by departments  
   - list available from the Purchasing Department
b) Purchase Requisition  
   - for non stock items  
   - Specified criteria for purchasing must be met for items over $2,000  
   - see Financial Resources Policy and Procedure Manual Number 205 for details

Requisitions must include the eleven digit facility and department number of the purchaser.

Remote facilities shall make some purchases of goods and services without the use of written purchase orders, within the guidelines identified, but shall approve the invoice for payment and forward it to accounts payable.

**Access:**
As per the Five Hills Health Region Financial Resources Policy and Procedure manual.

**Catchment Area:**
Provides services to all programs and facilities in the Five Hills Health Region.

**Other information:**
Providence Place policies and procedures are included in the Financial Resources Policy and Procedure manual for reference.

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**Category:** Regional Services – Medical Library

**Program:** Resource Centre

**Volunteer Contact:**
Name: Lucille Davie  
Position: Librarian  
Phone: 694-0374  
Fax: 694-0270  
Address: 455 Fairford Street East  
Moose Jaw, SK S6H 1H3
Description:
Hours are Monday, Thursday & Friday 8:00 to noon plus casual
Provides information services to staff, Board, physicians, and allied professionals (public by request):
- Table of Contents routing
- Sask. Health Journal routing
- Document delivery
- Information searches – in house resources, internet resources
- Collection of books, journals for Medicine, Nursing and Allied Health Professionals

Access:
Resource Centre is located on the main floor of Moose Jaw Union Hospital in the Health Records area – open weekdays 0800 to 1630.
Requests for information:
- Voice mail – 694-0374
- E-mail – medlib@fhhr.ca

Catchment Area:
Five Hills Health Region

Category: Regional Services – Nutrition Services

Program: Nutrition Services

Contact:
Name: Joanne Calvert
Position: Senior Clinical Dietician
Phone: 694-0215 Fax: 694-0241
Address: 455 Fairford Street East
        Moose Jaw, SK S6H 1H3
        Email: jcal@fhhr.ca

Description:
Pioneers Lodge
- Clinical Nutrition Management

Director Regional Dietitians
- Coordinates under the direction of Executive Director of Environmental Services the Clinical Nutrition Services at Moose Jaw Union Hospital
- Coordinates the Diabetes and Outpatient clinical Nutrition Services for the Patient Education Centre in conjunction with Carol Straub (Director of Patient Education).
- Coordinates under the direction of Executive Director of Environmental Services the Clinical Nutrition Services for the facilities in Central Butte/Craik and South Country.

Access:
- Residents of all facilities listed:
  Central Butte Regency Hospital
  Craik Health Centre
  Assiniboia Union Hospital Integrated Facility
  Ross Payant Nursing Home
  Mossbank Health Centre
  Willow Bunch Health Centre
  Kincaid Health Centre
  Grasslands Health Centre
  Lafleche Health Centre
• You may contact each facility directly about any nutrition and food service questions or concerns
• You may also call me directly about any program, questions or concerns

Catchment area:

• Five Hills Health Region

Category: Regional Services

Program: Nutrition and Food Services – Assiniboia based

Contact:
Name: Carole Gamble
Position: Manager Support Services and Emergency Response Planning Coordinator
Phone: 472-5767 Fax: 472-5405
Address: 315 Main Street, Box 159
Lafleche, SK S0H 2K0

Description:
Ensures the economical delivery of high quality meal services through:
• The formation of district goals/policies/procedures
• Routine monitoring and evaluating staff performances and workplaces
• Effective utilization of equipment and supplies within the scope of the established budgets
• Analyze quality indicators/audits for service improvement.

Access:
Facilities needing Food Services should go through Carole Gamble, Manager Support Services and Emergency Response Planning.

Catchment Area:
Acute and Long Term Care facilities in Assiniboia

Other information:
Head of Dietary Services for Assiniboia facilities

**********

Category: Regional Services

Program: Nutrition and Food Services – MJUH & Pioneers Housing

Contact:
Name: Sharon Nicolson
Position: Director
Phone: 693-4617 Fax: 692-0771
Pager: 694-6600
Address: 1000 Albert Street,
Moose Jaw SK S6H 2Y2

Description:
Pioneers Lodge
• Food service management
• Clinical Nutrition Management
• Co-chair of OH&S committee/member infection control committee/Life Enhancement Committee/ Chair FHHR Food Policy Committee
Food Service Consulting
Central Butte Hospital & Regency Manor
Craik Health Centre
Assiniboia Union Hospital/Pioneer Lodge
Ross Payant Nursing Home
Grasslands Health Centre
Laflèche Health Centre

Director Regional Dietitians
- Direct the Clinical Nutrition services at Moose Jaw Union Hospital
- Direct the Public Health Nutrition Services for the Region
- Direct the Diabetes and Outpatient Clinical Nutrition Services for the Patient Education Centre
- Direct the Clinical Nutrition services for the facilities in Central Butte/Craik and South Country

Access:
- Residents of all facilities listed above.
- You may contact each facility directly about any nutrition and food service questions or concerns.
- You can also call me directly about any program questions or concerns.

Catchment Area:
- Five Hills Health Region

Category: Regional Services
Program: Nutritional Services – Assiniboia Based.
Contact: Name: Barb Gellert
Position: Dietitian
Phone: 642-9405  Fax: 642-3804
Address: 501 – 6th Avenue East
Assiniboia, SK  SOH OBO

Description:
Office located at Assiniboia Union Hospital.
Services provided:
- Diet counseling
- Meal and menu planning for the “district” facilities
- Education of public
- Swallowing assessments
- Prevention & intervention (e.g. diabetic counseling)
- Nutritional Supplement Program
- Nutritional Assessment

Access:
Physician referral
Nurse referral
Self referral

Catchment Area: Serves the southern part of the Health Region

*******
**Category:** Regional Services - Ostomy Therapy

**Program:** Ostomy Therapy

**Contact:**
- Name: Karen Dixon
- Position: Enterostomal Therapy Nurse
- Phone: 694-0321
- Fax: 694-0320
- Address: Room 112, MJUH, 455 Fairford Street E.
  Moose Jaw, SK S6H 1H3
- Hours: Monday through Thursday 08:00-12:00

**Description:**
- provide care as needed to inpatients, outpatients, LTC facilities and occasionally see patients at their own homes and telephone consultations.
- pre/post op care and teaching, marking of stoma sites
- register patients with SAIL
- provide ongoing care (prn) to all ostomy/wound patients.
- inservices for staff in all facilities;
- teaching staff re: wound/ostomy care and prevention.

**Access:**
Doctors Order. There is an ostomy/wound care referral form.

**Catchment Area:**
The Five Hills Health Region

**Other Information:**
Soon we will use the Saskatchewan Skin and Wound Protocol to standardize wound care in Saskatchewan. Acute care is the highest priority. I can no longer visit the LTC facilities on a regular basis because of a lack of time. I will go out on a PRN basis only. The ET department numbers do not appear to have increased but because acute care is priority, the LTC and rural areas are most often dealt with through phone consultations. However, there is a need as there are many patients in our region that I cannot see. I refer back to family doctors now as instructed by my manager. The ET Department numbers are not a true reflection of the busyness of the department.

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**Category:** Regional Services – Patient Education

**Program:** Cardiac Education Program – “Heart to Heart”

**Contact:**
- Name: Carol Straub
- Position: Manager, Patient Education
- Phone: 694-0364
- Fax: 694-0241
- Address: 455 Fairford Street East
  Moose Jaw, SK S6H 1H3

**Description:**
- Out patient service - Six week class series for patients with diagnosed cardiac disease or at high risk for disease.
- One-on-one counseling as well with cardiac nurse and exercise therapist – some inpatient counseling by nurse.
- Inservices to the public and health professionals as well.

**Access:**
Referral form required, but can self refer, contact with physician throughout
• Prioritization by Exercise Therapist & Cardiac Nurse

**Catchment Area:**
Serves all of the Health Region - Classes only in Moose Jaw currently.

**Discharge/Transfer or Completion:**
Referral made to other services as required i.e. Mental Health

**Category:** Regional Services – Patient Education

**Program:** Cardiac Rehabilitation Exercise Program

**Contact:**
Name: Carol Straub
Position: Manager, Patient Education
Phone: 694-0364  Fax: 694-0241
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

**Description:**
Out patient service – Exercise program at T. Eaton Seniors’ Centre, three mornings/week for patients who have cardiac disease or are at high risk to develop.
Supervised by internists, family physicians, cardiac nurse, exercise therapist, attended by ambulance personnel.

**Access:**
Patients must have referral, stress test, to evaluate cardiac status and risk assessment by internist.
Patients pay small fee for service on monthly basis.

**Catchment Area:**
Serves all of the Health Region. Offered only in Moose Jaw currently. Advice is available for rural residents to facilitate exercise at home.

**Discharge/Transfer or Completion:**
Most patients attend for 16 weeks.

**Category:** Regional Services – Patient Education

**Program:** Diabetes Program

**Contact**
Name: Carol Straub
Position: Manager, Patient Education
Phone: 694-0364  Fax: 694-0241
Address: 455 Fairford Street East
Moose Jaw, SK  S6H 1H3

**Description:**
Diabetes Education, Counselling, Management Service
• Dietitian and diabetes nurse educators offer services
• Adults, children, pregnant women
• Class series as well as individual counseling
• In patients and out patients
• Insulin Initiation, Insulin pump starts and follow up
• Service also to the general public and other health professionals

Access:
Referral form – can self refer, as well as referral by physician and other health care personnel
• Admission & discharge criteria
• Priorization done by manager/designate
• Contact/reporting to physician throughout

Catchment Area:
We have patients from anywhere in the Region. Classes currently offered in Moose Jaw and Assiniboia. Inservices to other centers periodically. Diabetes Nurse Education and Dietitian participate in Central Butte Primary Health Care Clinic and will participate in other PHC sites as these are initiated.

Discharge/Transfer or Completion:
Discharge according to program criteria. May be referred to other services i.e. Home Care, Mental Health, Podiatry.

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Category: Regional Services – Patient Education
Program: Diabetes and Pregnancy Program

Contact
Name: Carol Straub
Position: Manager, Patient Education
Phone: 694-0364 Fax: 694-0241
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
This is an individualized program offering assessment, counseling and follow up for patients with diabetes who are pregnant or are planning pregnancy or who are diagnosed with gestational diabetes. The patient and significant others will receive ongoing instruction and support in the self-management of diabetes at regularly scheduled appointments throughout the pregnancy. The DHC team involved with this program include: Medical director, family physician, nurse educator, dietitian and obstetrician. A blood glucose meter and start up testing supplies are provided by the Centre to the patient for the duration of the pregnancy.

Access:
Physician referral of:
• Patients with pre-existing type 1 or type 2 Diabetes who are, or plan to, become pregnant
• Patients with elevated 75 g Glucose Tolerance Tests, during pregnancy
• All pregnant patients should be screened at the 24th – 28th week of pregnancy for gestational diabetes.

Catchment Area:
Five Hills Health Region

Discharge/Transfer or Completion:
Patients with gestational diabetes are discharged following one post partum visit unless blood glucose levels are abnormal. A 75g glucose tolerance test is recommended after the 6th post partum week. Patients with Type 1 or Type 2 Diabetes will be followed as required to achieve stable management.

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Category: Regional Services – Patient Education
Program: Heart Healthy Diet Class/Hyperlipidemia Management Program
Contact: Name: Carol Straub
Position: Manager, Patient Education
Phone: 694-0364   Fax: 694-0241
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
• Program offered by dietitian
• Outpatient service
• Three hour class offered about every three weeks in Moose Jaw and as needed in Assiniboia, to discuss hyperlipidemia and cardiac risk factors.
• All patients with diabetes, cardiac disease are invited
• Referrals for hyperlipidemia and weight management are booked for class
• Limited individual follow up is available

Access:
• Referral by physician or self
• All patients who attend diabetes and cardiac programs are encouraged to attend as well.

Catchment Area:
Offered in Moose Jaw and Assiniboia currently, to anyone in the Health Region

Discharge/Transfer or Completion:
Discharged after completion of class (or by other programs as appropriate). Follow-up lipid profile is requested three months after class

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Category: Regional Services – Patient Education
Program: Smoking Cessation Program
Contact: Name: Dot Hicks
Phone: 694-0212   Fax: 694-0241
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
Offered as a separate service by Exercise Therapist under special budget, determined each year. Once a year – 6 week program – usually in January

Access:
Self or other referral – application form
Advertised locally
Participants pay fee for the service – employees of FHHR – no charge
**Catchment Area:**
Anyone can attend. Offered only in Moose Jaw

**Discharge/Transfer or Completion:**
Discharged after completion of program

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**Category:** Regional Services – Patient Education

**Program:** Therapeutic Diet Program

**Contact:**
Name: Carol Straub  
Position: Manager, Patient Education  
Phone: 694-0364  Fax: 694-0241  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
Program offered by dietitians  
Outpatient service  
Individual counseling on therapeutic dietary needs, problems  
Follow-up provided as needed.

**Access:**
Referral by physician, self, other health professionals

**Catchment Area:**
FHHR  
Service available in Moose Jaw and Assiniboia

**Discharge/Transfer or Completion:**
Discharged when dietary needs are being understood and/or met.

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**Category:** Regional Services – Physician Services

**Program:** Physician Services

**Contact:**
Name: Dr. T. M. Josdal  
Position: Senior Medical Officer  
Phone: 694-0228  Fax: 694-0282  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 3H3  

Name: Dr. I. Pillay  
Position: Chief of Staff (southern part of the Region)  
Phone: 648-4505  Fax: 648-2558  
Address: 619 Main St. N.  
Gravelbourg, SK  SOH 1XO
**Description of Physician Services in the Health Region:**

General Surgery   3  
Anaesthesia   3  
Internal Medicine  3 + 1 (semi-retired) 
Orthopedics   1  
Ophthalmology   1  
Obstetrics/Gynecology 2 full time 2 just doing gynecology 
Paediatrics 2  
Pathology 2  
Psychiatry 3  
Radiology 1  
Family Practice 2 approximately 1 in Craik; 2 in Central Butte; 24 in Moose Jaw; 3 in Gravelbourg; 2 in Assiniboia;

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**Category:** Regional Services – Primary Health Care (PHC)

**Program:** Primary Health Care

**Contact:**

Name: Dianne Ferguson  
Position: Executive Director Primary Health Care  
Address: 100 – 2nd Avenue N.E.  
Moose Jaw, SK  S6H 1B8  
Phone: 691-1561  Fax: 691-3608

Name: Kathy Filipowich  
Position: PHC Team Consultant  
Address: 100 – 2nd Avenue N.E.  
Moose Jaw, SK  S6H 1B8  
Phone: 691-1563  Fax: 691-3608

Name: Leanne Topola  
Position: Falls Prevention Project Manager  
Address: 100 – 2nd Avenue N.E.  
Moose Jaw, SK  S6H 1B8  
Phone: 691-1570  Fax: 691-3608

Name: Dianne Frank  
Position: Administrative Assistant  
Address: 100 – 2nd Avenue N.E.  
Moose Jaw, SK  S6H 1B8  
Phone: 691-1562  Fax: 691-3608

**Description:**

PHC has the potential to improve the health of the population and contribute to the sustainability of the health care system. To shift to a primary health care delivery system requires a change in thinking about how we organize our health services into the future so they are sustainable.

PHC is based on 5 principles: Health Promotion, Accessibility, Appropriate Technology, Public Participation and Intersectoral Collaboration.
The goals in using this approach to delivering health care are:

- To **improve access** to more integrated everyday services.
- To **provide quality** health services delivered by the right health care provider at the right time in the right setting.
- To **improve the health of the population**, not just each individual’s health, by putting more emphasis on working on the “root causes” of health problems.

Primary health services are often a person’s **first point of contact** with the health care system. PHC is **holistic** - services are provided not just for physical health needs but also include services to enhance people’s mental, emotional and spiritual well-being. This full **range of services** covers the **whole lifespan from birth to death**. There are services for:

- Health promotion and education
- Disease and injury prevention
- Curative services
- Supportive services
- Rehabilitative services
- End of Life Care

PHC services are provided by **integrated, interprofessional teams of healthcare providers**. Who is on the team varies according to the needs of the population that the team serves. Teams have physicians, nurse practitioners and a variety of other healthcare providers working together to provide care and services. The newest team member is the nurse practitioner.

**Role of the Registered Nurse (Nurse Practitioner)**
The Registered Nurse (Nurse Practitioner) RN(NP) brings her/his advanced nursing skills and knowledge to work with the physicians and other members of the primary health care team. The Registered Nurse (Nurse Practitioner) can:

- Provide health teaching and counseling
- Assess, diagnose and treat clients with common illness
- Prescribe some medications and order some x-ray and lab tests
- Do some procedures such as suturing cuts or syringing ears
- Do patient assessments and physical examinations (e.g. women’s PAP tests, breast exams)
- Coordinate services, monitor and follow clients with stable chronic diseases like diabetes and high blood pressure
- Develop programs to meet individual and community health needs

**Catchment Area:**
FHHR

**Access:**
Contact Executive Director Primary Health Care

**Other information:**
Chronic Disease Management
A Regional Chronic Disease Management Project Charter is being developed by FHHR Steering Committee of senior leaders. The project charter will guide the work of disease specific action teams to plan, develop and implement chronic condition care within the Expanded Chronic Care Framework.
The health region will be training peer leaders in fall 2007 in preparation to offer the six weekly classes of the “Live Well with Chronic Conditions” program to the public.

**Access:**
Contact Dianne Ferguson, Executive Director Primary Health Care

A Falls Prevention Project has been initiated to coordinate the work that is occurring across the region to prevent falls in the elderly population. The action teams are looking at best practices and evidence to develop fall prevention strategies for healthy seniors, seniors at-risk for falling, and seniors residing in long term care facilities.

**Access:**
Contact Leanne Topola, Falls Prevention Project Manager

The Executive Director PHC and Team Consultant are using a community development approach in eight communities across the health region to improve the health of the community and provide input to the development of PHC teams. The community meetings will be an ongoing process over time to work with communities to impact health determinants.

**Access:**
Contact Kathy Filipowich, PHC Team Consultant

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**Category:** Regional Services – Primary Health Care

**Program:** New Horizons Primary Health Care Team

**Contact:**
Name: Mary Anne Theede  
Position: Registered Nurse / Nurse Practitioner RN(NP)  
Address: Central Butte Regency Hospital  
Box 430, Central Butte, SK  S0H 0T0  
Phone: 796-2180  Fax: 796-4407

**Description:**
The New Horizons Primary Health Care Team was established in November 2003 as the first PHC Team in FHHR. The team meets monthly and has a team action plan to guide their work.

The monthly Central Butte Area Diabetes Clinic was established in March 2004. The team (physicians, NP, Diabetes Nurse Educator, Dietitian, Podiatrist, Laboratory Technologist, and Specialist) see clients according to the 2003 Diabetes Clinical Practice Guidelines with the goal to assist people to learn self-management and control of their diabetes.

**Catchment Area:**
Central Butte area, including Central Butte, Chaplin, Riverhurst, Eyebrow, Brownlee, Elbow, Tugaske and surrounding rural areas.

**Access:**
Contact RN(NP) or call the New Horizons Primary Health Care Team or Dianne Ferguson, Executive Director PHC or Kathy Filipowich PHC Team Consultant

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**Category:** Regional Services – Primary Health Care

**Program:** Assiniboia PHC Team
Contact: Name: Johanne Rust, RN(NP)  
Box 2106, 131 – 3rd Avenue West 
Assiniboia, SK S0H 0B0  
Phone: 642-4454  Fax: 642-5949

Description:  
The Assiniboia PHC Team was established May 1, 2007 with the hiring of the Nurse Practitioner. The NP works out of Dr. Glaeske and Dr. Gauthier’s office in Assiniboia. She provides visiting clinics to Rockglen, Willow Bunch and Mossbank.

Work to build the integrated interprofessional PHC team will begin in fall 2007.

Catchment Area:  
Assiniboia, Mossbank, Willow Bunch, Rockglen and surrounding rural areas.

Access:  
Johanne Rust, RN(NP)  
or Dianne Ferguson, Executive Director Primary Health Care  
or Kathy Filipowich PHC Team Consultant

Category: Regional Services – Primary Health Care

Program: Central Butte Area Primary Health Care Team

Contact: Name: Mary Anne Theede  
Position: Registered Nurse Nurse Practitioner RN (NP)  
Address: Central Butte Regency Hospital  
Box 430, Central Butte, SK S0H 0T0  
Phone: 796-2180  Fax: 796-4407

Description:  
The Central Butte Area Primary Health Care Team was established in November 2003 as the first PHC Team in FHHR. The team meets monthly and has developed a team action plan for the coming year.

The monthly Central Butte Area Diabetes Clinic was established in March 2004. The team (physicians, NP, Diabetes Nurse Educator, Dietitian, Podiatrist, Laboratory Technologist, and Specialist) see clients according to the 2003 Diabetes Clinical Practice Guidelines with the goal to assist people to learn self-management and control of their diabetes. After one year of operation the team is now working on quality improvement initiatives based on responses from a client/family survey and client outcomes.

The team is involved in a secondary stroke prevention project with Saskatchewan Heart and Stroke Foundation and two other PHC teams in the province.

The PHC Team partnered with Learning to do the community development component of both SchoolPLUS and PHC. Two CommunityPLUS Think Tanks were held in fall 2004 and will be followed up in fall 2005 to continue the community work on identified priorities to improve physical activity and decrease substance use and abuse and identify new issues requiring action.

Access:  
Contact RN (NP) or call the Primary Health Care Clinic at 796-2180  
Or Dianne Ferguson, Director PHC  
Or Kathy Filipowich PHC Team Consultant

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**Catchment Area:**
Central Butte Area, including Central Butte, Chaplin, Riverhurst, Eyebrow, Brownlee, Elbow, Tugaske and surrounding rural areas.

**Other information:**

Role of the Registered Nurse (Nurse Practitioner)
The Registered Nurse (Nurse Practitioner) RN (NP) brings her/his advanced nursing skills and knowledge to work with the physicians and other members of the primary health care team. The Registered Nurse (Nurse Practitioner) can:
- Provide health teaching and counseling
- Assess, diagnose and treat clients with common illness. May prescribe some medications and order some x-ray and lab tests
- Do some procedures such as suturing cuts or syringing ears
- Do patient assessments and physical examinations (e.g. women’s PAP tests, breast exams)
- Coordinate services, monitor and follow clients with stable chronic diseases like diabetes and high blood pressure
- Develop programs to meet individual and community health needs

**********

**Category:** Quality Improvement, Risk Management Unit (QIRM Unit)

**Program:** Quality of Care Section

**Contact:**
Name: Michelle Ellingson  
Position: Assistant Quality of Care Coordinator  
Phone: 694-0294  Fax: 694-0282

Name: Edna Steckhan  
Position: Regional Director, Quality Improvement, Risk Management  
Phone: 691-7664  Fax: 694-0282

Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

**Description:**
Services of the Quality of Care unit include:
- Being the contact for concerns and questions regarding the service provided by FHHR
- Documenting the concern for investigation, action and response by the manager involved in the service.
- Acting as a client advocate to obtain information, reasons for actions and questioning decisions made to determine if another approach or improvements can be made.
- Reporting to clients the actions taken on their behalf, improvements made or information about their situation to assure them the situation has been addressed.
- Reporting on the Client Response database to contribute to a FHHR profile and provincial statistics regarding concern issues and response.
- Reporting to the managers of service areas on a quarterly and annual basis.
- Reporting to the Quality Improvement Unit on a quarterly and annual basis

**Catchment Area:**
Anyone can contact the Quality of Care services for themselves or on behalf of someone (with their permission), for investigation of a concern or to provide advocacy on behalf of the client.

*****
**Category:** Quality Improvement, Risk Management Unit (QIRM Unit)

**Program:** Quality Improvement Section

**Contact:**
- Name: Vacant
- Position: Quality Improvement Project Manager
- Phone: 694-0389  
- Fax: 694-0282

**Description:**

Services of the Quality Improvement section:
- project management for improvement initiatives
- provides guidance and facilitation of prospective analysis including the FMEA (Failure Modes and Effects Analysis)
- Provides training and facilitation to the use of the Model for Improvement (PDSA), including database entries into CAIP (Continuous Accountability of Improvement Projects) and reports
- Provides database entry of action plans and accountability reports using CART (Continuous Accountability Reporting Tool)
- guidance and support to Quality Improvement Teams supporting accountability to FHHR and CCHSA (Canadian Council on Health Services Accreditation)
- Provides facilitation and guidance for HQC and Safer Healthcare Now! projects to teams who are participating in the collaboratives.
- provides a framework document for a Quality Improvement Plan, and documents progress for the QIU (Quality Improvement Unit)
- facilitates projects with FHHR teams working with HQC (Health Quality Council) collaborative initiatives.
- provides analysis and generates reports and communications to and from the Quality Improvement Unit
- provides facilitation and guidance to Pursuing Excellence teams using the Lean model of process improvement.

*****

**Category:** Quality Improvement, Risk Management Unit (QIRM Unit)

**Program:** Risk Management Section

**Contact:**
- Name: Edna Steckhan
- Position: Regional Director, Quality Improvement, Risk Management
- Phone: 691-7664  
- Fax: 694-0282
- Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

**Description:**

Services of the Risk Management Section:
- provides a reporting and investigation process for adverse events affecting the patient, clients and residents we serve, environment concerns and equipment failure
- provides trending reports of risk management issues for quality improvement potential
- Provides facilitation and reporting on Root Cause Analysis of serious events
- Provides reporting and facilitation of action plans regarding Critical Incidents
- Provides database entry of action plans and accountability reports using CART (Continuous Accountability Reporting Tool)
• liaison with risk management activities and reporting on staff safety initiatives including OH&S, Staff Safety, Staff Health Nurse
• provides a dynamic data collection, reporting and framework for Enterprise Risk Management
• Provides reporting of risk areas and response to QIU in quarterly and annual reports

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Category: Quality Improvement, Risk Management Unit (QIRM Unit)
Program: Pursuing Excellence Section
Contact: Name: Dale Schattenkirk
Position: Process Improvement Quality Manager
Phone: 691-7676 Fax: 694-0282
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Description:
• Facilitates improvement of processes using the Lean/Six Sigma methodology to obtain efficiencies and effectiveness while reducing waste.
• Identifies need and priority for process improvement using selection criteria.
• Advises managers and teams on Lean tools including 5S.
• Develops data collection of process, assists team members to do measurement of processes and provides charts to explain measurements taken.
• Provides analysis to data to determine the root cause of identified wastes and opportunities for improvement.
• Using lean tools, facilitates team actions to design creative solutions and prevent problems.
• With the team, develops a plan to sustain changes made and identify new opportunities for improvement.

*********
Category: Quality Improvement, Risk Management Unit (QIRM Unit)
Program: Accreditation Section
Contact: Name: Edna Steckhan
Position: Regional Director, Quality Improvement, Risk Management
Phone: 691-7664 Fax: 694-0282
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Description:
• facilitates the organization and implementation of Accreditation Teams to do self assessments and provide accountability for meeting CCHSA standards
• Facilitate training and guidance to Team Leaders
• Ensures all processes necessary to complete the requirements of accreditation are adhered to.
• Work under the guidance of the QIU for reporting and direction.

*********
Category: Quality Improvement, Risk Management Unit (QIRM Unit)
Program: Health Quality Council Linkage Section
Quality Improvement Network (QIN)
Contact: Name: Edna Steckhan  
Position: Regional Director, Quality Improvement, Risk Management  
Phone: 691-7664  Fax: 694-0282  
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Name: Vacant  
Position: Quality Improvement Project Manager  
Phone: 694-0389  Fax: 694-0282

Description
- Linkage to projects and initiatives of the Saskatchewan Health Quality Council.  
- Facilitates project awareness and opportunities of HQC  
- Provides input into HQC communication with region  
- Facilitates application to Innovation Grants and Projects  
- Guides managers and teams to meet the requirements of reporting to HQC for their initiatives.

Category: Quality Improvement, Risk Management Unit (QIRM Unit)

Program: Patient, Client, Resident Safety Initiatives Section

Contact: Name: Edna Steckhan  
Position: Regional Director, Quality Improvement, Risk Management  
Phone: 691-7664  Fax: 694-0282  
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Description:
- Facilitation of initiatives regarding patient/resident/client safety,  
- Facilitates linkages to the Patient Safety Institute, Safer Healthcare Now, Institute of Healthcare Improvement,  
- Assists with documentation and organizing responses to the mandatory Canadian Council on Healthcare Accreditation standards  
- Assists with projects initiated with professional associations linked to patient, resident and client safety.  
- Assists with documentation and reporting of initiatives to the QIU.

Category: Privacy and Access to Information

Program:

Contact: For HIPA (Health Information Protection Act)  
Name: Craig Beesley  
Position: Executive Director Strategy & Communication & Privacy Officer  
Phone: 694-0300  Fax: 694-0282  
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Description:
- Duties of the Privacy Officer  
- Links with Privacy Commission (OIPC)  
- Provides privacy inventories to assist managers with confidentiality, retention and destruction of records  
- Training regarding confidentiality and privacy issues as they relate to HIPA (Health Information and Protection Act)
• Provide reports and obtain advice from the Privacy Oversight Committee (Committee established to provide direction and guidance on all privacy issues in FHHR)
• Provide communication linkages to the affiliated agencies and health care organizations on issues related to HIPA through the HIPA Liaison Committee
• Links to the provincial Privacy working Group to ensure that all policies, guidelines and forms have a provincial alignment

For LAFOIP (Local Authority Freedom on Information and Protection of Privacy Act)
Name: Craig Beesley
Position: Executive Director Strategy & Communication & Privacy Officer
Phone: 694-0300 Fax: 694-0282
Address: 455 Fairford St. E., Moose Jaw, Sask. S6H 1H3

Description
• support to access information under the LAFOIP Act (Local Authority Freedom of Information Act

Category: Regional Services - Safety
Program: Safety Program
Contact:
Name: Rhonice McMaster
Position: Safety Consultant
Phone: 694-0246 Fax: 694-0388
Address: 455 Fairford Street East
Moose Jaw, SK S6H 1H3

Description:
• Implementation of the FHHR’s Safety Program and related policies
• On-going evaluation of the Plan for its effectiveness (statistics, observations, audits)
• Implementation and the continuous development of the TLR back care program throughout the Health Region
• Interpretation and implementation of the OH & S Act and Regulations as they relate to the Health Region
• Promotion of accident prevention and safety through education and training.
• Tracking and monitoring of incidents/injuries (severity and frequency, etc.)

Access:
The Safety Plan encompasses all staff plus the clients, residents, patients, volunteers and visitors we serve.

Catchment Area:
All facilities in the Health Region

Category: Regional Services
Program: Spiritual Care Services
Contact:
Name: David Howick
Position: Spiritual Care Coordinator
Phone Number: 694-0214 Fax: 694-0282
Address: 455 Fairford St. E., Moose Jaw, SK, S6H 1H3
Name: Bernie Doepker
Position: Director of Volunteer Services
Phone Number: 691-6508   Fax: 691-6530
Address: 455 Fairford St. E., Moose Jaw, SK, S6H 1H3

Description:
The Spiritual Care Coordinator is accountable to the Director of Volunteer Services. The coordinator is responsible for developing, assessing, integrating, and coordinating a comprehensive Spiritual Care Program across the Health Region. The program ensures the provision of quality care to patients/clients/residents, families/friends, and staff according to the objectives of the Health Region's vision and mission. The mandate is that of holistic care.

Some of the services provided include: volunteer lay visitor orientation and training; clergy orientation and visitation coordination; spiritual care workshops for staff, clergy, and volunteers; memorial services; care home service coordination; staff seasonal services; work with local palliative care teams; community contact and representation through Ministerial Associations and Community Trauma Teams; representation on the Region's Ethic Committee.

Access:
Access to Spiritual Care Services is available to all who are served by the facilities of the Health Region and their staff. Several Pastoral Care Committees within the boundaries of the Health Region assist in the promotion and support of the delivery of spiritual and religious care provided at given facilities.

Catchment Area:
It is the ambition of the Spiritual Care Coordinator to standardize its services throughout the Health Region as opportunities and resources are available. This would include an expanding of the services available to the rural areas of the Region and to further meet the needs of those throughout the Region requiring special palliative care.

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Category: Regional Services - Therapies

Program:

Contact: Name: Joye Kindrachuk
Position: Director of Therapies
Phone:  694-0350 Fax: 694-0353
Address: 455 Fairford St. E.
          Moose Jaw, Saskatchewan   S6H 1H3

Description:
The Therapies Services serve inpatients, outpatients, home care clients and residents of special care homes in the health region.

Out Patient Services
Located in:
Craik & Central Butte - Physical Therapy available; Occupational Therapy by special request
Assiniboia - PT/OT available
Moose Jaw Union Hosp - PT/OT available

Access:
Referrals can be accepted from the following:
• Physicians
• Other Physical or Occupational Therapists or Speech Language Pathologists
• Nurse Practitioners
• Dentists
• Chiropractors
• Podiatrists
• Social Workers
• Psychologists
• Home Care Assessors
• Self Referral/ Family members/ Care givers

N.B. Some conditions will continue to require a doctor's requisition. These are:
  2. Clients who require compression stockings for venous insufficiency and/or treatment of lymphedema.
  3. Recent orthopedic surgery whereby client is following a specific post-op protocol.

or any other condition for which the PT or OT feels a medical referral is needed.

Any area of the province can make referrals to the service. All outpatients in the region are required to complete a screening questionnaire prior to their name being placed on a wait list. The questionnaire helps determine who is most urgent and who will benefit most from the service.

Screening questionnaires can be found at each location which treats outpatients in the region and in doctors' offices at Kincaid, Lafleche, Gravelbourg, Rockglen, Mossbank, Willow Bunch and Central Butte.

Group Out Patient programs include Back Education Classes, Pulmonary Rehab Program, pre-operative elective joint replacement education, Arthritis education classes, and therapeutic pool programs for children in conjunction with the local school districts and for post-operative joint replacements. Ergonomic consultations for staff are also available. The therapy service includes treatment for all ages as referred.

**Catchment Area:**
Any area of the province can make referrals to our service but no travel is made outside the boundaries of the Five Hills Health Region.

**Other information:**
Clients are discharged from therapy services when the attending therapist feels the client has reached full potential, or is no longer benefiting from the service. The referring doctor is notified of the discharge via a discharge note. Clients can be transferred to other facilities/programs within the Health Region or other regions. The referring therapist will send information as necessary. There are no charges for the Physiotherapy or Occupational Therapy services.

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**Category:** Regional Services – Therapies – Out Patient Programs

**Program:** Arthritis Education Program

**Contact:**
Name: Joye Kindrachuk
Position: Director of Therapies
Phone: 694-0350 Fax: 694-0353
Address: 455 Fairford St. E.
Moose Jaw, Saskatchewan S6H 1H3

**Description:**
This is a 6 week arthritis self-management class which runs once/week. The cost is $25 for the manual. The target group is those with any form of diagnosed arthritis.
**Access:**  
Contact the Therapies Department at Moose Jaw Union Hospital.

**Catchment Area:**  
Anyone can attend.

**Category:**  
Regional Services – Therapies - Out Patient Programs

**Program:**  
Back Education Classes

**Contact:**  
Name: Joye Kindrachuk  
Position: Director of Therapies  
Phone: 694-0350  Fax: 694-0353  
Address: 455 Fairford St. E.  
Moose Jaw, Saskatchewan  S6H 1H3

**Description:**  
Classes run as needed and are two hour long education sessions about the function of the back, conditions and general back care information. All back clients must attend the session prior to being seen for an assessment by a therapist.

**Access:**  
Contact the Therapies Department at Moose Jaw Union Hospital or Assiniboia Union Hospital.

**Catchment Area:**  
Anyone can attend but only offered at Moose Jaw Union Hospital and Assiniboia Union Hospital. Any area of the province can make referrals to our service but no travel is made outside the boundaries of the Five Hills Health Region.

**Category:**  
Regional Services – Therapies – Out Patient Programs

**Program:**  
Pulmonary Rehab Program

**Contact:**  
Name: Joye Kindrachuk  
Position: Director of Therapies  
Phone: 694-0350  Fax: 694-0353  
Address: 455 Fairford St. E.  
Moose Jaw, Saskatchewan  S6H 1H3

**Description:**  
This program targets those with chronic respiratory difficulties to increase function and decrease shortness of breath. Classes consist of twice a week education and exercise sessions for six weeks.

**Access:**  
Referrals should be made to the Therapies Department at Moose Jaw Union Hospital. A doctor’s referral is required for the program and the client must have had a recent pulmonary function test.

**Catchment Area:**  
Only offered in Moose Jaw at the Moose Jaw Union Hospital.

**Category:**  
Regional Services – Therapies – Out Patient Programs
**Program:** Kool Pool Program

**Contact:**
Name: Joye Kindrachuk  
Position: Director of Therapies  
Phone: 694-0350  
Fax: 694-0353  
Address: 455 Fairford St. E.  
Moose Jaw, Saskatchewan  S6H 1H3

**Description:**
This program is for school-aged or pre-school children with physical disabilities who will benefit from therapeutic exercises in the water. The program is run in co-operation with school divisions in FHHR and the Acquired Brain Injury Program. Teacher assistants attend with the children if possible. Children are assessed by PT/OT for appropriateness of admission and must be continent or wear incontinence protection. Referrals should be made to the Therapies Department at Moose Jaw Union Hospital. The program runs October to June.

**Access:**
Referrals should be made to the Therapies Department at Moose Jaw Union Hospital.

**Catchment Area:**
The program is only offered in Moose Jaw.

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**Category:** Regional Services – Therapies – Out Patient Programs

**Program:** Paediatric Program for Special Needs

**Contact:**
Name: Joye Kindrachuk  
Position: Director of Therapies  
Phone: 694-0350  
Fax: 694-0353  
Address: 455 Fairford St. E.  
Moose Jaw, Saskatchewan  S6H 1H3

**Description:**
Ongoing assessment and treatment of children is available for those children with motor delays or sensory integration needs (sensory treatment only available to pre-schoolers).

**Access:**
Enquiries should be made to the Therapies Department at Moose Jaw Union Hospital. Any area of the province can make referrals to the service.

**Catchment Area:**
This program is only offered in Moose Jaw. There is a limited paediatric service offered in Assiniboia, Gravelbourg and Central Butte.

**Other information:**
Clients are discharged from therapy services when the attending therapist feels the client has reached full potential or is no longer benefiting from the service.

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**Category:** Regional Services – Therapies – Out Patient Programs

**Program:** Pre-Op Joint Replacement Classes

**Contact:**
Name: Joye Kindrachuk  
Position: Director of Therapies
Description:
The target group is those awaiting joint replacement surgery. It consists of an education session about the surgery and post-operative management as well as expectations during the recovery period. Equipment needs are assessed and equipment is arranged for the client at the class.

Access:
Referrals should be made to the Therapies Department at Moose Jaw Union Hospital. Any area of the province can make referrals to the service.

Catchment Area:
Classes are held in Moose Jaw. Individual or group sessions are held in Assiniboia, Craik, Central Butte or Gravelbourg as needed.

Category: Regional Services – Therapies – Out Patient Programs

Program: Post Operative Orthopedic Therapeutic Pool Program

Contact: Name: Joye Kindrachuk
         Position: Director of Therapies
         Phone: 694-0350  Fax: 694-0353
         Address: 455 Fairford St. E.
                    Moose Jaw, Saskatchewan  S6H 1H3

Description:
This program is for those who have had recent joint replacement or orthopedic surgery in which joint mobility and strength is decreased. The client's surgical scar must be well healed. The program runs weekly using the therapeutic pool at Providence Place. Referral to the pool program is at the therapist's discretion and should be directed to the Therapies Department at Moose Jaw Union Hospital.

Access:
Referrals should be made to the Therapies Department at Moose Jaw Union Hospital. A doctor’s referral is required if the client has a cardiac history.

Catchment Area:
Program only runs in Moose Jaw.

Other information:
Clients are discharged from pool therapy when the attending therapist feels the client has reached full potential, or is no longer benefiting from the service. The referring doctor is notified of the discharge via a discharge note. Clients can be transferred to other facilities/programs within the region or other regions. The referring therapist will send information as necessary. There is no cost for the program.

Inpatient Services
Provided at:

Central Butte Regency Hospital - PT available; OT by special request
Assiniboia Union Hospital - PT available; OT by special request
Moose Jaw Union Hospital - PT/OT available
St. Joseph's Hospital - PT available; OT by special request
Access: Inpatients/Emergency:
Requests for Physical Therapy or Occupational Therapy for the following conditions may be made by the charge nurse/ discharge transition planner/ or other PT or OT:
- mobility assessments
- equipment prescription
- assessment for level of care

To inform the attending physician of the referral, a notation will be made on the Doctor’s progress notes.

Requests for Inpatient Physical Therapy or Occupational Therapy for the following conditions require the signed physician’s order on the Physician’s Order Sheet:
- Respiratory conditions (chest physiotherapy)
- Orthopedic Surgery or Orthopedic consult including splinting
- Neurology
- Rheumatology
- Cardiac conditions

Service to Special Care Homes
Access:
All therapy services (Occupational Therapy and Physical Therapy) require a physician’s order. Referrals are presently accepted for the following Special Care Homes in the health region:
- Craik and District Health Centre
- Regency Manor (Central Butte)
- Pioneers Lodge (Moose Jaw)
- Ross Payant Nursing Home (Assiniboia)
- Pioneer Lodge Wing at Assiniboia Union Hospital
- Grasslands Health Centre in Rockglen
- Lafleche and District Health Centre
- Foyer d’Youville, Gravelbourg

Service is limited to consultation only for Long Term Care residents, ex. seating/positioning/wheelchair prescription; exercise programming for post-op orthopedics/strokes, etc.
Pioneers Lodge in Moose Jaw receives active Physiotherapy/Occupational Therapy services for clients in transition/convalescent beds.
Referral forms for Long Term Care can be found at the locations listed above.

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Community Physiotherapy/Occupational Therapy

Description:
Assessment and treatment of clients by Occupational or Physiotherapy to help maintain or improve the client’s current level of functioning and to maximize independence. Target groups are those living in private residence or personal care homes.

Access:
Access through Therapy Department at Moose Jaw Union Hospital. Referrals can be made by professional staff, family, friend or self-referral.

Catchment Area:
Anyone within the boundaries of the Five Hills Health Region may access the service.

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**Category:** Regional Services – Therapies

**Program:** Within Reach – Ergonomic Assessment Program

**Contact:**
Name: Rhonice McMaster  
Position: Safety Consultant  
Phone: 694-0246  Fax: 694-0388  
Address: 455 Fairford Street East  
Moose Jaw, SK  S6H 1H3

**Description:**
This is an **employee wellness initiative** in which employees of the Five Hills Health Region may request ergonomic assessment of their work sites when they are experiencing injury or repetitive strain due to the set up of the work site or the work which they are required to do.

**Access:**
Department Managers may refer staff if there is injury or potential for injury. Referral is to Occupational Health Consultant who forwards the referral on to the Occupational Therapist.

**Catchment Area:**
Offered to any employee in the Five Hills Health Region.

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**Category:** Regional Services

**Program:** Volunteer Services – all Facilities

**Contact:**
Name: Bernie Doepker  
Position: Director, Volunteer Services  
Phone: 691-6508  Fax: 694-0282  
Address: 455 Fairford Street E.  
Moose Jaw, SK  S6H 1H3

**Description:**
Volunteers supplement or extend the services provided by employees. This program (with over 1,800 volunteers) enhances the well being of our clients through the provision of services in an appropriate, effective and efficient manner.

Services provided: Canteen Cart, gift shop, friendly visitation, special events, (i.e. assisting with teas, decorating, Christmas parties) attendants on outings, clerical, job shadowing, Auxiliaries, Meals on Wheels, Kool Pool Program, Cast clinic, entertainment groups, Adopt a Grandparent Program, Wellness Clinics, Resource Center, Foundations, Briercrest Bible College students, Pet Therapy, volunteer driver, Family Advisory, Exercise/Falls programs, Rehabilitation, telephone surveillance, Cardiac Care programs, Admitting volunteers, Volunteer Program, shopping volunteer, dental health, and public health.

**Access:**
Application form, interviews, screening, orientation, placement, training.  
Ongoing recognition and evaluations.

**Catchment Area:**
Services provided for the FHHR.

**Other information:**
The director is responsible for the development, coordination, supervision, retention and recruitment of all Volunteer Services.

Category: Regional Services

Program: Wound Therapy

Contact: Name: Karen Dixon  
Position: Enterostomal Therapy Nurse  
Phone: 694-0321  Fax: 694-0320  
Address: 455 Fairford Street E  
Moose Jaw, SK  S6H 1H3

Description:
- provide care as needed to inpatients, outpatients, LTC facilities and occasionally see patients at their own homes and telephone consultations  
- do pre/post op care and teaching, plus marking; removal of stents, etc.  
- register patients with SAIL  
- provide ongoing care (prn) to all ostomy/wound patients.  
- inservices for staff in all facilities;  
- teach staff wound/ostomy care and prevention.

Access:  
Doctors Order. There is an ostomy/wound care referral form.

Catchment Area:  
The Five Hills Health Region

Discharge/Transfer or Completion:  
Enterostomal Therapy nurse makes the decision to continue or discontinue involvement with a patient. Files are usually kept open as many of these patients require ongoing care or are at risk for further problems i.e. diabetics, venous disease, compression wraps, doppler assessments, etc.

Other Information:  
- focus on PREVENTION for wound care in our health region; implement the Braden Scale Assessment Tool; Wound Documentation Record (WDR); when the Saskatchewan Protocol is in place Wound Photography is now being done on a more frequent basis. A camera was purchased in August, 2005. Telehealth is available for wound care as well, which is going to be utilized more

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