Professional Development

Primary health care nurse education

APNA
Supporting nurses in primary health care
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APNA Professional Development

As the peak professional body for nurses working in primary health care, APNA provides a range of services to support the professional development needs of its members and the broader primary health care nursing workforce. As well as being a respected and vocal advocate for primary health care nurses at a national level, APNA provides:

• An annual national conference for nurses working in primary health care
• Face to face education including:
  - Continuing education workshops
  - Orientation workshops for nurses new to general practice
  - Chronic disease management workshops
  - Education to assist nurses to achieve behavioural change in patients, focusing on healthy weight management
  - Motivational interviewing
  - Management of medical emergencies
• APNA Online Learning, with over 100 hours of education and over 30 hours free for APNA members
• A CPD Portal for nurses to record their professional development activities
• An endorsement program for educational activities that meet the high professional standards of APNA and its members
• A quarterly magazine – Primary Times
• A fortnightly eNews with the latest news and information
• Member-only access to web-based clinical and professional resources
• APNA-supported local nurse networks
• Telephone and email support for professional development and education enquiries.
CPD Portal

The APNA CPD Portal allows members to securely record, store and retrieve their continuing professional development through a simple and accessible web portal.

The APNA CPD Portal will assist you in meeting national registration requirements by allowing members to:

• Record your CPD activities in one central, easily accessible place
• View or print your CPD record to demonstrate evidence of completion of a minimum 20 hours CPD per year
• Develop and record a learning plan based on identified professional needs, including adding learning goals
• Reflect on the value of the learning activities or the effect that participation will have on your practice.

APNA members are able to view their accumulated CPD hours whenever they are logged into the website, as well as update or view their CPD at any time.
APNA Online Learning delivers rich, interactive learning in a fully flexible online format, with courses designed specifically for primary health care nurses and other health professionals.

APNA Online Learning allows for learning to be undertaken at a pace that suits the individual, as modules can be started, paused and recommenced without losing progress. As learning can be completed at any time, education can be scheduled around work and family commitments without the cost and inconvenience of travel.

APNA Online Learning courses are APNA Endorsed and give an estimate of continuing professional development (CPD) hours to contribute to national registration requirements.

APNA Online Learning fosters the continuation of knowledge and skills by offering:
- Free and discounted learning
- Support to meet CPD requirements
- Rich, interactive learning
- Access to a range of valuable resources
- Modules designed for registered nurses, practice managers and general practitioners.
Course List

Adolescent Fertility and Pregnancy

Nurses working in general practice are often in a position to identify young women at risk of unintended pregnancy and implement strategies to assist them to make an informed choice about whether or not to become pregnant. The module on adolescent pregnancy includes strategies to identify at risk young women; management of at risk behaviours, such as information on contraceptive choices, STI testing, drug and alcohol referral; links to resources and support services; information on pregnancy options; and early pregnancy and referral services specific to young women.

Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health.

Aseptic Non Touch Technique – Foundation

This course by the Association for Safe Aseptic Practice (ASAP) provides official accreditation for Aseptic Non Touch Technique theory applied to clinical practice. It teaches healthcare workers how to apply the ANTT Clinical Practice Framework to clinical practice using the ANTT approach.

Duration: 1 hour / 1 CPD hour
Asthma Fundamentals for Primary Health Care Nurses

This module has been designed to provide you with the skills to effectively identify potential asthma in your patients, and will outline the key steps necessary in diagnosis and ongoing management. This module uses the Australian Asthma Handbook 2014 as its framework.

After completing this module, you will be able to:
• define asthma
• evaluate a patient’s history and symptoms to identify potential asthma
• perform the necessary steps to manage a patient’s asthma control
• implement a recall and reminder system for reviewing asthma patients.

Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health.

Basic Life Support

This course provides the theoretical requirements of basic life support revision and has been designed for primary health care nurses and other healthcare workers employed in acute, community and aged care settings. The course is based on current Australian Resuscitation Council (ARC) Guidelines. The aim of this course is to assist clinical and non-clinical health professionals to understand the key principles associated with performing effective basic life support.

Duration: 1 hour / 1 CPD hour
Basic Pharmacology
This course provides primary health care nurses and general practitioners with an understanding of basic principles of pharmacology and the management of cardiovascular disease. The module has been developed to provide an understanding of the basic principles of pharmacology, definitions used in pharmacology and their related concepts, mechanisms of action and potential adverse effects of different drugs used in the management of cardiovascular disease.

Duration: 1 hour / 1 CPD hour
This course was funded by the Australian Government Department of Health.

Bullying and Harassment for Workers
This course has been designed to provide workers with an understanding of bullying and harassment in the workplace, the type of behaviour that should be avoided and what workers can do if bullying or harassment is occurring in their workplace. This course has been independently reviewed by Sparke Helmore Lawyers and has been written in line with harmonised occupational health and safety (OHS) legislation in Australia.

Duration: 1 hour / 1 CPD hour

Cardiovascular Disease Risk – Assessment and Management
Based on the National Vascular Disease Prevention Alliance (NVDPA) Guidelines for the Management of Absolute Cardiovascular Disease Risk, this course has been designed to summarise the key recommendations made in these guidelines, explore the concept of risk factors versus absolute risk, and build confidence in using the online absolute cardiovascular disease risk calculator. This course will introduce Heart Foundation programs and resources to support assessment and management, and inspire practice changes to improve systematic assessment and management of patients. This interactive course provides useful links to other sources of information.

Duration: 1.5 hours / 1.5 CPD hours
This course has been developed with the Heart Foundation.
Chronic Disease and Fertility
This module will educate nurses on the impact of chronic diseases and risk factors on fertility, and the subsequent impact on ante natal care. Issues relating to overweight and obesity, and the role of weight in infertility are included. The module will also cover the impact on fertility of specific chronic diseases such as diabetes, mental health problems, epilepsy, and autoimmune disorders.

► Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health.

Diabetes Management in the Primary Care Setting Unit 1 – Introduction to Diabetes
This course has been designed for those who have identified a need to update or increase their knowledge of diabetes and diabetes management. Unit 1 provides primary health care nurses and other health professionals with a basic understanding of the disease and its impact on the individual and the broader community. This unit provides the minimum diabetes-specific knowledge needed to support provision of quality care to the person with diabetes and their families and carers.

► Duration: 16 hours / 16 CPD hours

This course has been developed with the Australian Diabetes Educators Association (ADEA) with support from MSD.
Diabetes Management in the Primary Care Setting Unit 2 – Supporting People Living with Diabetes

This course has been designed to draw on the knowledge identified in Unit 1 – Introduction to Diabetes. Unit 2 contains more detailed information required to adapt a care plan and management of an individual’s requirements. The aim of Unit 2 is to assist nurses in the primary care sector to become active and confident members of the diabetes care planning team.

► Duration: 10 hours / 10 CPD hours

This course has been developed with the Australian Diabetes Educators Association (ADEA) with support from MSD.

Equal Employment Opportunity

This course has been designed to provide you with an understanding of equal employment opportunity (EEO) and discrimination. This course has been independently reviewed by Sparke Helmore Lawyers and will provide an understanding of:

• what equal employment opportunity (EEO) means
• the legislation that applies to EEO
• behaviour that is considered unlawful discrimination, and defences and exceptions
• how organisations should manage internal complaints
• what happens when an individual makes an external complaint.

► Duration: 45 minutes / 0.75 CPD hour
General Practice Financing
This course has been designed to provide an understanding of general practice financing to nurses and other health professionals. This course provides an introduction to the financing of healthcare and recent changes, specifically funding mechanisms that effect general practice nurses. General Practice Financing is designed for registered nurses, practice managers and general practitioners.

Duration: 1.5 hours / 1.5 CPD hours

This course was funded by the Australian Government Department of Health.

Health Literacy – Improving Communication and Participation in Health and Healthcare Delivery
This course will provide you with opportunities to strengthen your understanding of health literacy and how you can support understanding and participation in health. After completing this course you will be able to:

• describe individual health literacy and health literacy of the environment
• recognise the impact of low health literacy
• recognise why a ‘universal precautions’ approach to health literacy can improve understanding of health and access to health services for everybody
• identify the opportunities to implement health literacy strategies to improve patient understanding and participation in health.

Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health.
Identifying, Reporting and Responding to the Abuse of Older People in Care

This course has been developed to provide learners with an understanding of how to identify, report and respond to the abuse of older people who are in a care relationship. This course will provide an understanding of:

- background to and the definitions and prevalence of the abuse of older people in Australia
- types of abuse most commonly experienced by older people
- requirements for the reporting of abuse of an older person in your care
- roles and responsibilities of staff around the abuse of a person in their care
- barriers to staff reporting suspected and actual abuse
- actions to take if there is imminent threat to an older person.

Duration: 1.25 hours / 1.25 CPD hours

Immunisation in the General Practice Setting

This course is based on the clinical recommendations and information contained within the Australian Immunisation Handbook 10th Edition. This course is suitable for nurses working in general practice who are keen to update their immunisation knowledge. This interactive course is an enjoyable way to learn, and provides useful links to other sources of information. The course includes six activities with each activity taking approximately one hour to complete.

This course does not enable a general practice nurse to become an accredited immuniser.

Duration: 6 hours / 6 CPD hours

This course was funded by the Australian Government Department of Health.
Influenza Prevention
This course provides primary health care nurses with concise, practice-based information to support the safe administration of influenza vaccines to individuals over six months of age. By increasing vaccination rates, this program aims to reduce the burden of influenza in the community. This course includes three modules which cover the impact of influenza, influenza vaccination and vaccine administration technique and safety.

Duration: 1.5 hours / 1.5 CPD hours

This course was developed with support from Sanofi Pasteur.

Intravenous Cannulation
This course is designed to provide an understanding of the steps of intravenous (IV) cannulation, special considerations and complications. The education provided in this course supports the supervised practice of IV cannulation, and is not sufficient to practice IV cannulation unsupervised. This course is not a standalone accreditation.

Duration: 1 hour / 1 CPD hour

Introduction to Eyes
This course provides primary health care nurses with an understanding of the anatomy and function of the eye, the five main eye conditions and an introduction to eye health and vision care. Primary health care nurses will use the knowledge gained through this education to meet their duty of care to all patients as needed in relation to eye care.

Duration: 1 hour / 1 CPD hour

This course was developed with support from the Vision Initiative (managed by Vision 2020 Australia).
Leadership in Action
This course will provide you with interactive activities to strengthen your understanding of leadership and provide practical ways to demonstrate leadership to your patients, your practice and your profession. It aims to assist you to develop personal leadership skills using an action plan for your professional development in this area.

Duration: 1 hour / 1 CPD hour
This course was funded by the Australian Government Department of Health.

Managing Fertility in General Practice
This course provides nurses with an understanding of fertility health, family planning and the reproductive health implications for men and women within a general practice setting. This course includes six modules covering family planning and general practice, communication, fertility health, preconception, unintended pregnancy and contraception.

Duration: 4 hours / 4 CPD hours
This course was funded by the Australian Government Department of Health.

Manual Handling in Aged Care
Manual handling is a major cause of workplace injury in aged care workplaces and this is what makes manual handling training in aged care so important. This course has been developed with physiotherapists and is written with national scope. The course will provide the theoretical component of patient handling for all staff in aged care facilities.

Duration: 35 minutes / 0.6 CPD hour
Manual Handling Hazard Guide

Manual handling injures many workers every year, and many of these injuries can last decades. This course will provide all employees with an understanding of some of the measures that can be taken to minimise the health and safety risks that are associated with manual handling tasks. This module covers tasks that are a part of everyday work life and aims to reduce injury in the workplace.

- **Duration:** 20 minutes / 0.3 CPD hour

Manual Tasks for Workers

This course has been developed to provide workers with an understanding of the risks associated with manual tasks and an awareness of how to perform those tasks safely. The content includes hazardous manual tasks, how to assess manual tasks, ways of reducing the risk of injury, and techniques for performing manual tasks safely.

- **Duration:** 1 hour / 1 CPD hour

Mental Health Part 1

This is the first course of a two-part series designed to develop the mental health literacy of primary health care nurses so they can undertake basic risk assessment with clients who have mental health problems, communicate with patients who may be mentally ill and make the appropriate referrals to a general practitioner or mental health service.

- **Duration:** 2 hours / 2 CPD hours

This course was funded by the [Australian Government Department of Health](https://www.gov.au/).
Mental Health Part 2
This is the second course of a two-part series for primary health care nurses. It focuses on the role of the various members of the mental health team, mental disorders, mental health problems and issues of early intervention. It aims to assist patients to achieve and maintain good mental health.

Duration: 2 hours / 2 CPD hours
This course was funded by the Australian Government Department of Health.

National Bowel Cancer Screening Program
This course provides primary health care nurses with an understanding of the risk factors and symptoms of bowel cancer, different screening tests for bowel cancer, aspects of the National Bowel Cancer Screening Program (NBCSP) and duty of care associated with the management of NBCSP participants.

Duration: 1 hour / 1 CPD hour
This course was developed with support from Cancer Council Australia.
Nurse Clinics in Australian General Practice – Planning, Implementation and Evaluation

This course is a blended learning program of one hour online theory and two hours of reflective learning. This course has been developed to provide nurses with an understanding of the nurse clinic model of care and provide a framework to assist in the planning, implementation and evaluation stages of setting up a nurse clinic in your general practice.

Duration: 1 hour / 1 CPD hour

Optimising Health as People Age

This course will strengthen your understanding of how to support healthy ageing and encourage you to further expand the activities you undertake to optimise health as people age. After completing this module you will be able to:

• describe your role in supporting healthy ageing
• identify geriatric syndromes and the interventions that can optimise health
• identify assessments to optimise health in older people including the 75+ health assessment
• understand the community options, resources and funding available
• demonstrate your ability to support individualised care planning for older patients.

Duration: 1 hour / 1 CPD hour

Palliative Care

This interactive course has been designed to provide primary health care nurses working in a general practice setting with information and knowledge in understanding a palliative approach. It provides practical strategies for implementing a palliative approach within general practice and identifying where a palliative approach fits within advanced nursing competencies.

Duration: 2 hours / 2 CPD hours
Pertussis

This course will provide you with an understanding of the history of vaccines and pertussis in Australia. It looks at immunisation rates, symptoms, preventing pertussis using various strategies, incentives and delivering immunisation services. This course includes four modules which cover history and definitions, symptoms of pertussis, preventing pertussis and making changes.

Duration: 1.5 hours / 1.5 CPD hours

This course was developed with support from Sanofi Pasteur.

Population Health for Nurses in General Practice

This course has been designed to strengthen your understanding of population health principles and encourage you to further expand the activities you undertake as a nurse to improve health outcomes. This module has been developed for nurses working in general practice, however it is relevant to all nurses and Aboriginal health workers working in primary health care settings.

Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health.
Reducing Risky Drinking
This online learning activity provides nurses with an introduction to screening, brief intervention and referral to treatment (SBIRT) for addressing risky alcohol use in primary health. After completing this course, you will have an understanding of SBIRT and be able to recognise risky drinking and its harms, advise patients on standard drinks and the National Health and Medical Research Council alcohol guidelines, engage patients about their drinking, conduct SBIRT in your practice, support your colleagues to conduct SBIRT, and champion alcohol awareness in your clinic.

Duration: 1 hour / 1 CPD hour
This course was developed with Bayside Medicare Local.

Scope of Practice
This course provides an understanding of the scope of practice of the nursing profession and individual nurses working in the general practice setting. Scope of Practice will be useful for registered nurses, practice managers and general practitioners to better understand nursing scope of practice and expanding the scope of nurses. Additional reading has been included in this module to give you a more in-depth knowledge of the subject and it is strongly recommended that you spend additional time reflecting on this material.

Duration: 1 hour / 1 CPD hour
This course was funded by the Australian Government Department of Health.
Sexually Transmissible Infections and Blood Borne Viruses
This course has been designed to provide primary health care nurses with an understanding of the management of sexually transmissible infections (STIs) and blood borne viruses (BBVs). This course discusses HIV and viral hepatitis, and raises awareness of the importance of STI testing, contact tracing and discussing safe sex and prevention with clients.

Duration: 1.5 hours / 1.5 CPD hours

This course has been developed with the New South Wales Sexually Transmissible Infections Program Unit (NSW STIPU) and the Australasian Society for HIV Medicine (ASHM).

Solar Damage, Prevention and Screening
This course is designed to provide nurses with the necessary knowledge and skills for managing patients who are susceptible to solar damage and skin cancer. This course includes information on how ultraviolet radiation affects the structures and function of the skin, identifying high risk patients and the implementation of preventive strategies in practice settings.

Duration: 1 hour / 1 CPD hour

This course was developed with support from LEO Pharma.

Telehealth for Nurses and Midwives
This course has been produced by the Nursing and Midwifery Telehealth Consortium to educate nurses and midwives on the use of telehealth consultations. The nine module course covers all aspects of setting up and running a telehealth consultation.

Duration: 4 hours / 4 CPD hours

This course was funded by the Australian Government Department of Health.
Telehealth for Midwives

This course has been produced by the Nursing and Midwifery Telehealth Consortium to educate midwives on the use of telehealth consultations. The nine module course covers all aspects of setting up and running a telehealth consultation.

Duration: 4 hours / 4 CPD hours

This course was funded by the Australian Government Department of Health.

An Introduction to Telephone Triage

Fully interactive, this course has been designed to provide an understanding of what telephone triage is and how to provide good telephone triage. The course covers the different types of callers and the communication skills necessary to practice good telephone triage. This online education activity is suitable for primary health care nurses, practice managers, reception staff and general practitioners.

Duration: 1 hour / 1 CPD hour

This course was funded by the Australian Government Department of Health with support from Healthdirect Australia.
Ulceration of the Lower Legs

It has been estimated that one per cent of the population will suffer a leg ulcer at some stage in their life, and many of these people will never get the chance to be successfully treated. This online course provides primary health care nurses involved in the care and management of leg ulcers with the knowledge to understand, assess, and provide a practical approach to the management of lower leg ulcers.

Duration: 1 hour / 1 CPD hour

This course was developed with World of Wounds, La Trobe University.

Using a Doppler to Calculate ABPI

This course will assist primary health care nurses develop the essential knowledge and problem solving skills required to use a Doppler ultrasound to assess patients with leg ulcers. It is expected nurses will utilise this course prior to performing an ankle brachial pressure index (ABPI) under the supervision of an experienced wound management clinical nurse consultant.

Duration: 2 hours / 2 CPD hours
Work Health and Safety Fundamentals
This course has been developed with the National Safety Council of Australia (NSCA) to introduce you to the underlying legislation, processes, roles and expectations associated with work health and safety in Australia. It provides a good introduction to work health and safety legislation and is appropriate for all staff in Australian organisations. This course is written in line with the harmonisation legislation released in January 2012.

Duration: 45 minutes / 0.75 CPD hour

Work Health and Safety Harmonisation
This course has been developed to provide managers and supervisors with an introduction to some of the key requirements of the model work health and safety legislation. The course has a national focus and has been designed to provide training for managers and supervisors requiring an introduction to the new harmonisation laws working in Australia.

Duration: 1 hour / 1 CPD hour
FACE TO FACE EDUCATION

APNA Continuing Education Workshops for Nurses in General Practice

Want to expand your clinical knowledge and professional skills in an interactive, locally-based education workshop?

APNA is pleased to deliver a series of national workshops to facilitate education and networking for nurses working in general practice.

APNA’s Continuing Education Workshops for Nurses in General Practice include:

- Two day registration
- Morning/afternoon tea and lunch on both days
- Certificate with recognition of up to 10 CPD hours
- Practical tools and resources designed for nurses working in primary health care
- APNA Endorsement meeting approved quality standards.

2015 Workshops

Melbourne  Friday 27 and Saturday 28 March
Perth  Friday 1 and Saturday 2 May
Adelaide  Friday 29 and Saturday 30 May

More workshop dates to be announced.
Program

Designed and facilitated by nurses, with a range of outstanding presenters from across health disciplines, these workshops offer nurses working in primary health care an opportunity to engage, network and update your expertise in the following clinical areas:

- Wound care in general practice, including choosing wound products
- Diabetes from head to toe
- The yin and yang of mental health in general practice: A simple guide to mental health for nurses
- Journey to becoming a Nurse Practitioner
- Cardiovascular risk reduction
- Practical tips for use in general practice
- Palliative care and advanced care planning in the general practice setting
- Travel health consultation
- The progress of nursing in Australian general practice: Opportunities, information and answers
Foundations of General Practice Nursing – An orientation for nurses new to general practice

New to primary health care nursing? Foundations of General Practice Nursing will assist nurses new to the setting to better understand their role in the general practice team, and to develop the knowledge and skills specific to general practice.

As part of the Foundations of General Practice Nursing program, APNA will deliver:
- a series of two day workshops to take place in six locations nationally in 2015
- an online course
- filming of the workshop for delivery by webinar.

The proposed Foundations of General Practice Nursing workshops in 2015 are:

- **Melbourne** Thursday 12 and Friday 13 February
- **Sydney** Thursday 19 and Friday 20 February
- **Adelaide** Thursday 12 and Friday 13 March
- **Perth** Tuesday 17 and Wednesday 18 March
- **Hobart** Tuesday 28 and Wednesday 29 April
- **Brisbane** Thursday 4 and Friday 5 June

The course content will be wide ranging, with topics to include the following.

**Professional Practice**

- Overview of primary health care and the Australian healthcare system
- Population health, public health, social determinants of health
- Financing, including the Medicare Benefits Schedule and Practice Nurse Incentive Program
- Professional practice – scope, competencies, continuing professional development, professional indemnity
- National registration standards
- Health privacy principles
- Teamwork/Partnerships
- Communication
Clinical Skills

- Health assessments across the lifespan
- Care planning for chronic conditions
- Immunisation
- Wound care
- Chronic disease management
- Preventative activities/health promotion/lifestyle management

General Practice Environment

- Quality and Safety
- Accreditation
- Triage
- Infection prevention and control
- Information management
- eHealth
- Recall and reminders
- Data and clinical audit tools
- Identifying at-risk populations
- Health promotion and preventative care
The person centred-approach to healthy weight management – If not dieting, then what?

APNA is delighted to bring you Dr Rick Kausman’s two day workshop on the person-centred approach to healthy weight management. The program is designed to help nurses effectively support their patients to be the healthiest they can be, and as a result, achieve and maintain a healthy weight.

- The importance of the language we use when talking about weight
- How closely does BMI measure health?
- The first consultation and Non-Hungry Eating
- The importance of listening
- Should we weigh our patients?
- How to use intuition in combination with nutritional knowledge to achieve and maintain a healthy weight for an individual
- How to help patients put the key pieces of their healthy weight management puzzle together
- Decreasing guilt around food
- Slowing down the speed of eating
- Differentiating between what is normal eating from the muddle people often get in around food rules
- Protection from the seduction of weight loss dieting
- Options for weight loss – Are they helpful? Why or why not?

Melbourne  Friday 27 and Saturday 28 February
Brisbane  Friday 13 and Saturday 14 March
Sydney  Friday 20 and Saturday 21 March
Hobart  Friday 22 and Saturday 23 May
Perth  Friday 5 and Saturday 6 June
Adelaide  Friday 19 and Saturday 20 June
Management of Medical Emergencies in the General Medical Practice

APNA, in conjunction with Cynergex Group, will conduct Management of Medical Emergencies in the General Medical Practice workshops in a range of locations throughout 2015.

Management of the emergency patient is a subject familiar to primary health care nurses working in general practice. However, the opportunity to train with the practice team is often not available until an emergency occurs.

Management of Medical Emergencies in the General Medical Practice is a one day course (7 CPD hours) which will enable primary health care nurses working in the general practice setting to:

- Identify the most common medical emergencies affecting patients, using a risk management approach
- Manage the immediate care of medical emergencies utilising a practice management (crew resource management) system
- Apply techniques and protocols consistent with current emergency medical guidelines for pre-hospital care
- Refer the patient to further appropriate care.

Management of Medical Emergencies in the General Medical Practice training covers:

- Identification and management of poor perfusion
- Signs and symptoms of life threatening conditions including:
  - Cardiac chest pain
  - Altered conscious state, CVA and TIA
  - Respiratory conditions
  - Seizures
  - Hypoglycemia
  - Anaphylaxis
  - Cardiac arrest
- Use of the pulse oximetry and observation of vital signs
- CPR including team CPR and use of defibrillators
- Introduction to the ECG
- Use of support airway devices such as i-gel and laryngeal mask airway (LMA)
- Oxygen therapy and titration recommendations
- Emergency drugs.
National Conference

APNA delivers a cutting-edge professional conference each year. Our national conference provides extensive opportunities for primary health care nurses to network with colleagues from around Australia. Each year the conference program enhances attendees’ clinical expertise and adds to their personal and professional development.

APNA’s forthcoming national conference, Brave to Bold, will be held on the Gold Coast from 14 to 16 May 2015. Why brave to bold? We know nurses need to be brave, and prove they are, on a daily basis – the work demands it!

This conference will challenge nurses to be BOLD. We have international and national keynotes that will challenge and excite you as they share their stories of how they progressed from brave to bold. The conference will have practical workshops to update your knowledge. Technical skills will be updated in our pre-conference workshops so you can go back to your workplace bolder than before.

We have five streams motivating the program, including Lifespan, Wellness, Innovation, Proficiency and Leadership. We’ll also present sessions on mental health, refugee health, advance care planning, domestic violence, ethics, wound care, mentoring, co-payments, the use of technology, family planning and much more. A big part of the conference will be our Leadership stream where you will hear from people who have taken the step from brave to bold. We will showcase our Best Practice Award winners and you’ll have plenty of opportunity to meet them and other nurses from across the country.

It’s not all hard work… We have a few social events planned for you to let your hair down with your fellow nurses and dance the night away, the highlight being our Bollywood inspired gala dinner. Music, henna artist, photo booth and a few surprises.

The national conference is APNA Endorsed and attendees can earn between 13 and 20 CPD hours. Lots more information can be found at www.apnacconference.asn.au.

brave to bold
APNA National Conference 2015
14-16 May – Gold Coast
APNA nurses Network

Are you a nurse leader interested in starting a network?

APNA has commenced support and promotion of six local area nurse networks. Primary health care nurses can meet regularly, build relationships, create local professional development opportunities and share knowledge and experience.

Nurses can attend a local network meeting close to home, saving time and money on travelling to distant events. Nurse leaders and members of the network determine how and when the meetings will take place with convenience as a priority.

What are the benefits of networking?

- Foster leadership, engages, supports and nurtures nurses and nurse leaders
- Education initiatives and knowledge sharing to support lifelong learning
- Promotes inclusive social connections and access to peer mentoring opportunities
- Facilitates the opportunity to provide feedback on workforce issues, shortages and retention
- Improves collaboration between disciplines and ‘silos’ (e.g. general practice, aged care, community health) to better support community needs
- Encourages the application of current best practice principles with time to discuss converting new knowledge into practice
- Enables resource-sharing
- Promotes the profession as a speciality and offers collegiate support for transition to practice
- Opportunities for representation

What’s in it for you?

- Reduce your isolation and expand your professional networks
- Expand your knowledge and professional development opportunities
- Share your skills and expertise
- Find peers to discuss everyday practice issues
APNA Endorsement

APNA provides an endorsement program that recognises best practice adult learning within the context and scope of primary health care nurse education. The APNA Endorsement program is designed to ensure that training and education offered to primary health care nurses is up to date, relevant, professionally delivered and includes formal evaluation.

APNA provides a set of quality standards to be met in order for APNA Endorsement to be granted.

**Quality Standard 1**
The educational activity is highly relevant to the needs of primary health care nurses to provide high quality nursing care in a primary health care setting.

**Quality Standard 2**
The content of the educational activity is evidence-based and of high quality.

**Quality Standard 3**
The delivery of the educational activity is professional.

**Quality Standard 4**
The educational activity includes a formal evaluation.

**Quality Standard 5**
The educational activity is developed and delivered by a credible organisation.
APNA Representation

A key role of APNA has been to represent the views and concerns of primary health care nurses and ensure that the voice of nurses is heard at all levels. Opportunities for committees, working parties, focus groups and more often arise. If you would like to contribute to APNA policy and education, and represent your profession, please contact us.

APNA Education and Professional Development Advisory Committee (EPDAC)

The purpose of the Education and Professional Development Advisory Committee is to provide advice and guidance to APNA and its Board across a range of APNA’s education and professional development activities. The role is across two key areas:

- Advise the APNA Board and management on the organisation’s strategy for professional development and educational activities.
- Advise the APNA Board and management on the APNA CPD Endorsement program.

APNA Conference Advisory Committee

The purpose of the Conference Advisory Committee is to provide broad advice to APNA Board and management regarding the approach for APNA’s annual national conference, including suggesting possible speakers, topics and themes. The committee is expected to:

- Provide wise and thoughtful counsel to the APNA Board and management on matters relating to the APNA National Conference.
- Be available as a resource to management and the APNA Board on matters relating to the APNA National Conference.
APNAnurses Connect

APNAnurses Connect is a space for nurses working in primary health care to share information and opinions about our profession, our professional challenges and our professional pride. You can write about a topic, leave feedback, discuss questions, raise issues and comment on posts.

The forum – Nurses Connect – will put policy front and centre, and is a place for APNA to canvass its members on the issues affecting primary health care nurses. Your input feeds directly into APNA’s advocacy activity and to APNA’s submissions on behalf of the profession.

This is a place for you to get involved, make your voice heard and strengthen the connection between you and your nurse colleagues across Australia.

Nurses Connect

This is the gateway to the APNA Forum, where you can provide input to policy topics posted by APNA, ask questions of your own to seek feedback from your colleagues, and start or join nurse communities to link up with nurses in your region or with similar interests. This is also a sharing space where you can contribute or find links to fact sheets, templates and recommendations for quality education and courses.

Explore APNAnurses Connect today by visiting www.apnanurses.asn.au.
Important Information

My APNA member number .................................................................

APNA Online Learning login details

Username ................................................................................................
Password ................................................................................................

APNA website and CPD Portal login details

My APNA member number .................................................................
Password ................................................................................................

Contact us
For more information on APNA professional development please contact APNA on 1300 303 184 or via education@apna.asn.au.
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