AM I ELIGIBLE FOR ATTENDANT SERVICES?

Yes if…

- You have a valid Ontario Health Card (OHIP)
- You are 16 years of age or older
- You have a **PERMANENT PHYSICAL DISABILITY**
- Your require **PHYSICAL ASSISTANCE** with activities of daily living such as bathing, dressing, transferring and toileting.
- You must be able to direct your own services.
- You must be able to have any medical/professional needs met by the existing community health network on a visitation basis.

**IF YOU DO NOT MEET THE ABOVE ELIGIBILITY REQUIREMENTS YOUR APPLICATION FOR ATTENDANT SERVICES WILL NOT BE ACCEPTED AND WILL BE RETURNED.**

Please keep this **APPLICATION GUIDE** as it is a valuable resource to refer to when updating your PIC application.
The PIC Application Guide includes information about the following types of Attendant Services available:

- Attendant Outreach Services (page 5 – 6)
- Supportive Housing Attendant Services (page 7 - 12)
- Shared Living Attendant Services (page 13 – 15)
- Transitional & Life Skills Programs (page 16-17)
- Specialized Project / Enhanced Support Project (page 18)
- Community Cluster Programs (page 19)

**Attendant Outreach Services** are provided in the consumer’s home between the hours of 6 am and midnight on a pre-scheduled basis. Services may also be provided at the workplace, college or university.

**Supportive Housing** providers typically offer several accessible apartments integrated throughout a larger apartment building and they offer Attendant Services to their tenants on a pre-scheduled and on-call 24-hour basis.

**Shared Living** offers a communal home setting with attendant services for applicants who have limited capacity to self-direct or who have multiple service needs.

**Transitional & Life Skills programs** provide the opportunity for learning and practicing the skills necessary to live and participate in the community. Training may include learning how to: manage and use Attendant Services, manage personal finances, make use of community resources. Transitional programs are generally time-limited, with the usual length of stay being 1-2 years.

**A note to Social Workers, Occupational Therapists, Discharge Planners or those assisting persons with disabilities to apply through PIC:**

- Attendant Services are designed to meet the needs of adults with physical disabilities. While there are no upper age limits for applicants, the organizations listed in this Application Guide specialize in providing a service (as directed by the consumer; doing with the consumer) and not in providing “care” (as in caretaking; doing to the consumer) or “supervision”.
- Please pay particular attention to the eligibility criteria and to the concept of self-direction of services prior to submitting this application.
- Please ensure that the applicant maintains a copy of their application and this Application Guide for future reference.
THE PROJECT INFORMATION CENTRE (PIC)

PIC is the centralized point of access for individuals with permanent physical disabilities applying for Attendant Services in the city of Toronto and the York Region. Through PIC, applicants can apply to a variety of projects and programs with a single application. PIC is responsible for receiving and assessing PIC applications for basic eligibility and for forwarding these applications to Attendant Service Providers. PIC does not provide Attendant Services. Please refer to page 16 for contact information of PIC.

WHAT ARE ATTENDANT SERVICES?

1. Physical Assistance with routine activities of daily living as directed by the consumer
2. The consumer is responsible for the decisions and training involved in his/her own assistance
3. A positive working relationship between the consumer and an attendant

Applicants who are eligible for Attendant Services may be provided with the services listed below, resources permitting. Each Service Provider will discuss these service options in an interview, after which the services offered will be determined,

- Bathing & Washing
- Toileting (emptying leg bag, catheterization, bowel routines)
- Assistance with rising and retiring
- Assistance with breathing (tracheotomy, respirator)
- Essential Communications (Bliss boards, etc)
- Positioning and Transferring
- Meal Preparation and assistance with eating, defined as the activity of preparing meals, not the provision of prepared meals
- Light Housekeeping, including washing dishes, dusting, vacuuming, and laundry. Housekeeping does not include heavy cleaning, exterior home cleaning and lawn maintenance
- Assistance with shopping and banking
- Nurturing Assistance, as directed by the consumer. This is not child care.

ATTENDANT SERVICES DO NOT INCLUDE:

Professional Services such as nursing care, physiotherapy, occupational therapy, physician services; respite care; short term temporary services; supervision; “care” or taking responsibility for the person with a disability.
WHO IS ELIGIBLE FOR ATTENDANT SERVICES?

1. Applicants must be an insured person under the Health Insurance Act.
2. Applicants must be 16 years of age or older.
3. Applicants must have a PERMANENT, PHYSICAL disability.
4. Applicants must require physical assistance with activities of daily living such as bathing, dressing, and toileting.
5. Applicants must be able to direct their own personal support services.
6. Applicants must be able to have any medical/professional needs met by the existing community health network on a visitation basis.

WHAT IS SELF-DIRECTION?

The key component in the provision of attendant services is self-direction of services by the consumer. The primary responsibility for the way services are delivered rests with the consumers; this means the consumers have to know:

1. What tasks they will need the attendants to perform
2. When these tasks will be performed, and
3. How the consumers wish these tasks to be performed

WHAT IS THE APPLICATION PROCESS

- Applicants can contact the Project Information Centre for an Application Package or download it from the CILT website; complete the application and return it to PIC. Applicants need to keep the PIC Application Guide and a copy of their applications for reference or for updating their applications in the future.
- Project Information Centre assesses applications for basis eligibility; enters information into the centralized database and forwards applications to service providers.
- Service providers review applications for their own eligibility requirements and will contact applicants for updates or assessment interviews. Service providers make decisions to offer services based on eligibility criteria, individual needs and available funding. The attendant outreach service providers in Toronto work together to provide a centralized assessment services.

IS THE WAITING TIME TO RECEIVE ATTENDANT SERVICES?

- Decisions about vacancies are based on available funding and other factors.
- Applicants are advised that all the Supportive Housing Providers in Toronto have a large pool of applicants and few vacancies occur over the course of a year. Applicants are encouraged to apply to a number of projects in order to increase their chances of securing Supportive Housing.
- Attendant Outreach Service providers typically have higher service vacancies.
ATTENDANT OUTREACH SERVICES

• Attendant Outreach Services are provided in the consumer’s home between the hours of 6 am and midnight on a pre-scheduled basis.
• Outreach cannot provide service on an on-call basis.
• The monthly maximum number of Attendant Outreach Service hours available is 90.
  (Approximately 3 hours daily)

IMPORTANT: Each Attendant Outreach Service Provider has a primary service area. Please ensure that you reside in the service area listed. Alternatively, you may check “I will accept services from any of the following outreach service providers”.

ATTENDANT OUTREACH SERVICE – TORONTO

ACCESS INDEPENDENT LIVING SERVICES
50 Ashwarren Road, Tel: 416-780-1650
Toronto, ON M3J 1Z5 Fax: 416-780-0961
Email: info@accessils.ca
www.accessils.ca

▪ Offers services from West to East Toronto, NORTH of Eglinton Avenue.

BELLWOODS CENTRES FOR COMMUNITY LIVING
789 Don Mills Road, Suite 701 Tel: 416-696-9663
Toronto, ON M3C 1T5 Fax: 416-696-9481
Email: admin@bellwoodscentres.org
www.bellwoodscentres.org

▪ Offers services throughout the entire city of Toronto

CANADIAN RED CROSS
21 Randolph Avenue Tel: 416-480-2250
Toronto, ON M6P 4G4 Fax: 416-236-3207
www.redcross.ca

▪ East York, North York, York, Scarborough, Etobicoke
▪ Services in Downtown Toronto between Yonge Street and Roncesvalles Avenue and St. Clair Avenue and the Lakefront
ATTENDANT OUTREACH SERVICE – TORONTO (CONT.)

PACE INDEPENDENT LIVING
970 Lawrence Avenue West, Suite 210
Toronto, ON M6A 3B6
Tel: 416-789-7806
Fax: 416-789-7807
Email: pace@pace-il.ca
www.pace-il.ca

▪ Offers services east of Weston Road, from south to north Toronto.

SPINAL CORD INJURY ONTARIO
1120 Finch Avenue West, Suite 306
Toronto, ON M3J 3H7
Tel: 416-241-1433
Fax: 416-241-2466
Email: asinfo@sciontario.org
www.sciontario.org

▪ Offers services throughout the entire city of Toronto.

ATTENDANT OUTREACH SERVICE – YORK REGION

MARCH OF DIMES CANADA - YORK REGION PROGRAM
13311 Yonge Street, Suite 202
Richmond Hill, ON L4E 3L6
Tel: 905-773-7758 ext 6216
Fax: 905-773-3746
Toll-Free: 1-800-567-0315
www.marchofdimes.ca

▪ Offers services throughout York Region - South to Steeles Avenue, North to Pefferlaw, East to Stouffville, West to Nobleton
SUPPORTIVE HOUSING ATTENDANT SERVICE

- Supportive Housing providers typically offer several accessible apartments integrated throughout a larger apartment building.
- Most Supportive Housing providers offer Attendant Services to their tenants on a pre-scheduled and on-call 24-hour basis.

SUPPORTIVE HOUSING ATTENDANT SERVICE – TORONTO

ACCESS INDEPENDENT LIVING SERVICES
50 Ashwarren Road, Tel: 416-780-1650
Toronto, ON M3J 1Z5 Fax: 416-780-0961
Email: info@accessils.ca
www.accessils.ca

Significant consumer representation on the Board of Directors. Rent Subsidies are available for each location.

1. York Square / Plaut Manor
   2468 & 2480 Eglinton Avenue West, York, M6M 5E2 (Eglinton Avenue W. & Caledonia Road)
   - 1 one bedroom, 12 two bedroom and 1 three bedroom apartments in a Toronto Community Housing Corporation building and in a private not-for-profit building operated by Kehilla Residential Programme

2. Aldebrain Tower
   2155 Lawrence Avenue East, Scarborough, M1R 5G9 (Lawrence Avenue E. & Birchmount Road)
   - 11 two bedroom and 2 three bedroom apartments in a private not-for-profit building operated by Aldebrain Attendant Care Inc.

3. St. Mark’s
   7 The Donway East, North York, M3C 3P8 (Lawrence Avenue E. & Don Mills Road)
   - 7 one bedroom, 4 two bedroom, 1 three bedroom, 1 four bedroom (shared-high service)
   - Building is mixed family, seniors and disabled
BELLWOODS CENTRES FOR COMMUNITY LIVING
789 Don Mills Road, Suite 701  Tel: 416-696-9663
Toronto, ON M3C 1T5 Fax: 416-696-9481

Bellwoods Centres offers non-medical personal support services, accommodation and independent living education/transition programs available to individuals 16 years of age or older with permanent physical disabilities who live in the Toronto area, require assistance with some or all activities of daily living on a continuing basis in order to remain in the community, are able to direct or learn to direct their own services, and are permanent residents of Ontario with a valid Ontario Health Card.

1. Bellwoods Park House
   300 Shaw Street, Toronto, M6J 2X2 (Dundas Street W. & Ossington Ave.)
   ▪ 16 Permanent and 16 Community Connect Program fully accessible apartments
   ▪ 9 bachelor and 23 one bedroom apartments
   ▪ Bellwoods Centres is the landlord
   ▪ Rent-Geared-to-Income units available

2. Bellwoods Dundas
   1082 Dundas Street West, Toronto, M6J 1X1 (Dundas Street W. & Ossington Ave.)
   ▪ 31 fully accessible one bedroom apartments
   ▪ Bellwoods Centres is the landlord
   ▪ Rent-Geared-to-Income units available

3. Bellwoods Mimico Co-op
   1 Summerhill Road, Suite 307 Etobicoke, M8V 1R9 (Royal York & Lakeshore)
   ▪ 11 one bedroom and 2 two bedroom apartments in a co-op setting
   ▪ Requires membership in Mimico Co-op

CANADIAN RED CROSS
25 Elm Street, Suite 404  Tel: 416-598-1564
Toronto, ON M5G 2G5 Fax: 416-598-4033
Email: fran.boyce@redcross.ca

Canadian Red Cross provides 24-hour attendant services to physically disabled adults. Clients must be able to direct their own services.

1. Elm Street
   25 Elm Street, Toronto, M5G 2G5 (Dundas Street & Yonge Street)
   ▪ 13 one bedroom apartments
   ▪ Building operated by Toronto Community Housing Corporation
   ▪ Rent subsidies available

2. Walton Place
   835 Birchmount Road, Scarborough, M1K 5K1 (Eglinton Avenue E. & Birchmount Road)
   ▪ 12 one bedroom apartments
   ▪ Private non-profit housing building operated by Walton Place
   ▪ Rent subsidies available
MARCH OF DIMES CANADA
13311 Yonge Street, Suite 202
Richmond Hill, ON L4E 3L6
Tel: 905-773-7758 ext 6216
Fax: 905-773-3746
Toll-Free: 1-800-567-0315
www.marchofdimes.ca

1. Stephanie McCaul
   22 McCaul Street, Toronto, M5T 3C2 (Queen Street & University Avenue)
   ▪ 16 one bedroom apartments located in a City Home building
   ▪ Rent subsidies available

2. Bloor
   341 Bloor Street West, Toronto, M5S 1W8 (Bloor Street W. & St. George Street)
   ▪ 13 one bedroom apartments
   ▪ Rent subsidies available

3. York University
   4700 Keele Street, North York, M3J 1P3 (Finch Avenue W. & Keele Street)
   ▪ Providing service on campus and in residence only open to students, staff and faculty with a physical disability
   ▪ Various sizes of apartments available

NUCLEUS INDEPENDENT LIVING
2030 Bristol Circle, Suite 110
Oakville, Ontario L6H 0H2
Tel: 905-829-4499
Fax: 905-829-0555
Email: info@nucleusonline.ca
www.nucleusonline.ca

Provides 24-hour attendant services for physically disabled adults, capable of directing and supervising their own care.

1. Trimbee Court (Nucleus 1)
   30 Denarda Street, Toronto, M6M 5C3 (Weston Road & Eglinton Avenue W.)
   ▪ 11 one bedroom apartments
   ▪ Rent subsidies available
   ▪ Toronto Community Housing Corporation

2. Humberview Co-operative (Nucleus 2)
   2100 Weston Road, Toronto, M9W 3W6 (Weston Road & Lawrence Avenue W.)
   ▪ 12 one bedroom, 6 two bedroom
   ▪ Not all units offer rent subsidies
PACE INDEPENDENT LIVING
970 Lawrence Avenue West, Suite 210                        Tel:  416-789-7806
Toronto, ON M6A 3B6                                      Fax:  416-789-7807

PACE provides 24-hour attendant services at a number of locations. Consumers must be able to direct their services. PACE conducts a telephone interview with all applicants prior to placing their name on the wait list. During this interview, applicants can indicate their location preference. Rent subsidies are available.

1. **Bathurst / Prince Charles**
   3270 Bathurst Street, Toronto, M6A 3A8 (Bathurst Street & Lawrence Avenue W.)
   - 12 one bedroom and 1 two bedroom apartment
   - Private, non-profit building operated by National Council of Jewish Women

2. **Caboto Terrace**
   3050 Dufferin Street, Toronto, M6B 4G3 (Dufferin Street & Lawrence Avenue W.)
   - 12 one bedroom apartments
   - Private non-profit seniors building operated by Italian-Canadian Benevolent Corp.

3. **Windward Co-operative**
   34 Little Norway Crescent, Toronto, M5V 3A3 (Bathurst Street & Lake Shore Blvd. W.)
   - 9 one bedroom and 2 two bedroom apartments
   - Applicants must be willing to participate in the co-op

4. **Broadway**
   8, 10, 12 Broadway Avenue, Toronto (Yonge Street & Eglinton Avenue W.)
   - Maximum of 11 one bedroom and 9 two bedroom apartments

5. **Henry Lane Terrace & The Esplanade**
   25, 49 Henry Lane Terrace & 140 The Esplanade, Toronto (Front Street E. & Jarvis Street)
   - Maximum of 17 one bedroom apartments and 1 two bedroom apartment
TOBIAS HOUSE ATTENDANT CARE INC.
695 Coxwell Avenue, Suite 611                        Tel: 416-690-3185
Toronto, ON M4C 5R6                                   Fax: 416-690-5487
www.tobiashouse.ca

Tobias House is a not-for-profit charitable organization committed to strengthening the communities in which we operate by providing 24 hour personal support service for individuals with physical disabilities. To this end, we provide a wide scope of high quality, client-focused services designed to support independence and choice of lifestyle in an integrated community environment.

All buildings are an integrated mix of families, seniors, singles and individuals with physical disabilities. Units have roll in showers and rent subsidies are available. Tobias House focuses on high need service individuals including Long Term Ventilator users.

1. **695 Coxwell Avenue**
   - Toronto, M4C 5R6 (Coxwell Avenue & Danforth Avenue)
   - 17 apartment units – one bedroom or one bedroom plus den

2. **84 Carlton Street**
   - Toronto, M5B 2P4 (Carlton Street & Church Street)
   - 18 apartment units – one bedroom or two bedrooms

3. **460 Jarvis Street**
   - Toronto, M4Y 2X8 (Jarvis Street & Wellesley Street)
   - 9 apartment units – one bedroom

   For additional information regarding the number of tenants in the building or unit size please contact Tobias House directly.
SUPPORTIVE HOUSING ATTENDANT SERVICE – YORK REGION

MARCH OF DIMES CANADA - YORK REGION PROGRAM
13311 Yonge Street, Suite 202 Tel: 905-773-7758 ext 6216
Richmond Hill, ON L4E 3L6 Fax: 905-773-3746
Toll-Free: 1-800-567-0315
www.marchofdimes.ca

1. Richmond Hill
   25 Marshall Street Richmond Hill, L4C 0A3 (Yonge Street and 16th Avenue)
   ▪ 2 two bedroom apartments
   ▪ 13 one bedroom apartments

2. Markham
   65 Founders Way Markham, L6C 1R6 (Woodbine Avenue and 16th Avenue)
   ▪ 3 three bedroom accessible townhome units
   ▪ 11 one bedroom accessible townhome units

PARTICIPATION HOUSE MARKHAM
4261 Hwy 7, Suite 204 Tel: 905-513-2756
Markham, ON L3R 9W6 Fax: 905-513-7963
www.participationhouse.net

1. Cedarcrest Manor
   20 Water Street, Markham, L3P 7P7 (Markham Road and Hwy 7)
   ▪ 8 One Bedroom Self Contained Accessible Apartments with 24 hour Onsite Services

2. Hagerman Corners
   4460 14th Avenue, Markham, L3R 1H1 (Kennedy Road and 14th Avenue)
   ▪ 8 One Bedroom Self Contained Accessible Apartments with 24 hour Onsite Services

   49 Green Lane, Thornhill, L3T 7M9 (Bayview Avenue and John Street)
   ▪ 20 One Bedroom Self Contained Accessible Apartments with 24 hour Onsite Services
SHARED LIVING ATTENDANT SERVICES

- Shared Living offers a communal home setting with Attendant Services.
- This option may be the preferred choice for consumers with a limited capacity to self-direct or who have multiple service needs.

SHARED LIVING ATTENDANT SERVICE – TORONTO

NORTH YORKERS FOR DISABLED PERSONS INC.
2880 Bayview Avenue, Toronto, ON M2N 5K3
(Tsheppard Avenue E. & Bayview Avenue) Tel: 416-222-4448
Fax: 416-222-5591
Email: nydp@rogers.com
www.northyorkersfordisabledpersons.ca

A shared living group home environment with maximum capacity for ten physically disabled adults. Priority is given to those who are speech impaired including non-verbal. Applicants should be potentially able to communicate their own needs and direct their own services. Affiliated with Cheshire Homes Foundation. Landlord is North Yorkers. Rent subsidies are available.

- 8 units with private bedrooms and shared washrooms
- 2 units are self-contained bachelor apartments with access to common living areas

PARTICIPATION HOUSE TORONTO PARENT ASSOCIATION
1 Burnview Crescent, Scarborough, ON M1H 1B4 Tel: 416-439-3226
Fax: 416-439-8161

Participation House Toronto Parent Association (P.H.T.P.A.) is a non-profit organization operating group homes and condominiums in Scarborough. It provides housing and support services to disabled adults.

Condo Project Location:
11753 Sheppard Avenue. East, Scarborough, M1B 5M3 (Kingston Road & Sheppard Avenue E.)

- 3 Condos shared accommodation for 6 disabled adults
- 24 hours support services provided
- Rent subsidies are available.
SHARED LIVING ATTENDANT SERVICE – TORONTO (CONT.)

MARCH OF DIMES CANADA – MEYNELL HOUSE
13311 Yonge Street, Suite 202
Richmond Hill, ON L4E 3L6
Tel:  905-773-7758 ext 6216
Fax:  905-773-3746
Toll-Free: 1-800-567-0315
www.marchofdimes.ca

Location: 30 St. Lawrence Street, Toronto, M5A 3N1 (Eastern Ave & Don Valley Parkway)

The Meynell House Supportive Housing Program operates as a congregate care program and offers services for two distinct populations:

1. **Young adults with high service needs.** This service group is identified as those with complex care requiring constant support and observation. The residents will be medically stable and will have their personal care needs met by attendant services.

2. **Adults with Multiple Sclerosis** whose disability has progressed to the point where their service needs may be better met within a supervised setting due to issues of individual safety and level of service.

This project offers services for those applicants who require 5.5 hours or more of care per day. This program is intended to provide support for the above individuals who may be unable, on a consistent basis, to direct their own service or make informed decisions and who require a high level of support to live safely within a community setting.
SHARED LIVING ATTENDANT SERVICE -- YORK REGION

MARCH OF DIMES CANADA – VAUGHAN CONGREGATE CARE PROGRAM
13311 Yonge Street, Suite 202
Richmond Hill, ON L4E 3L6
Tel:  905-773-7758 ext 6216
Fax:  905-773-3746
Toll-Free: 1-800-567-0315
www.marchofdimes.ca

Location: 49 Lebovic Campus Drive, Vaughan, L6A 4V4 (Bathurst Street and 16th Avenue)

- 2 three shared living apartments with private bedrooms and shared bathroom
- 1 one bedroom apartment
- Apartments are rent-assist

Vaughan Congregate Care program for young adults ages 18-35 with complex medical needs. Applicants must have a physical disability with medical complexity. Desire to live independently and to participate in the direction of their care needs to the best of his/her ability. Care needs can be met within the community through the delivery of 24/7 services and supports including March of Dimes Canada (MODC) attendant care, Community Care Access Centre (CCAC) nursing and other CCAC professional services in a shared service model. Services are provided in their apartment as well as the Community.

PARTICIPATION HOUSE MARKHAM – TONY WONG PLACE – AGING AT HOME PROGRAM
25 Deverill Court, Suite 106
Markham, ON L6G 0C7
Tel:  905-513-9660
Fax:  905-470-1422
www.participationhouse.net

Location: 25 Deverill Court, Markham, L6G 0C7 (Kennedy Road and 14th Avenue)

- 3 three bedroom shared living apartments with private bedrooms and shared bathroom/kitchen/living room – male clients (9 clients)
- 1 three bedroom shared living apartment with private bedrooms and shared bathroom/kitchen/living room – female clients (3 clients)

Tony Wong Shared Assisted Living is an aging at home program for adults 55 years of age and older. Applicants must require support care services and have a desire to live independently and willingness to participate in directing their care to the best of their ability. 24 hour PSW care provided on site.
TRANSITIONAL AND LIFE SKILLS PROGRAMS

- Transitional and Life Skills programs provide the opportunity for learning and practicing skills and accessing resources necessary to live and participate in the community.

BELLWOODS CENTRES FOR COMMUNITY LIVING
789 Don Mills Road, Suite 701
Toronto, ON M3C 1T5

Tel: 416-696-9663
Fax: 416-696-9481
Email: admin@bellwoodscentres.org
www.bellwoodscentres.org

1. Community Connect Program
300 Shaw Street, Toronto, M6J 2X2 (Dundas Street W. & Ossington Ave.)

The Community Connect (CC) Program is a short term supportive housing program located at Bellwoods Park House that facilitates the transition of individuals that are designated as Alternate Level of Care (ALC) from hospitals as well as individuals from Long Term Care Homes (LTCHs) to an independent living environment. Through safe-living education and 24/7 access to prescheduled personal support services, the program offers clients an opportunity to learn to live safely in an accessible home environment.

Clients must require assistance with their personal care needs and be able to be left alone in their private apartment. They also need to direct their own personal support services.

Two programs are available:
- up to six months with requirement of a confirmed discharge location
- up to fourteen months with no requirement of a confirmed discharge location

Facilitators (trained in Occupational Therapy) and Independent Living Educators (ILEs) assist clients to achieve optimal safety and independence in their home through skill development and community linkage. Assessment and skill development focus on the following areas:
- home safety
- accessibility
- community orientation
- mobility and seating
- self-care skills
- household management skills
- communication skills
- health and wellness
- housing, funding and linkage to community resources
- transition from hospital or Long Term Care Home (LTCH) to a community destination

Training in activities of daily living is provided by Facilitators (trained in Occupational Therapy) and Independent Living Educators (ILEs). Upon discharge, MILE Program is available to assist with community transition and follow up.
2. MILE Program
300 Shaw Street, Toronto, M6J 2X2 (Dundas Street W. & Ossington Ave.)

The MILE Program is a community based education program for clients 16 years of age and older with a permanent physical disability. Facilitators (trained in Occupational Therapy) and Independent Living Educators (ILEs) assist clients to achieve optimal safety and independence in their home through skill development and community linkage. Assessment and skill development is provided with focus on the following areas:

- home safety
- accessibility
- community orientation
- mobility and seating
- self-care skills
- household management skills
- communication skills
- health and wellness
- housing, funding and linkage to community resources
- transition from hospital or Long Term Care Home (LTCH) to a community destination

MILE services are based on identified objectives and time limited.

GAGE TRANSITION TO INDEPENDENT LIVING (GTIL)
100 Merton Street, Unit 105
Toronto, ON M4S 3G1
(Yonge Street & Davisville Avenue)

GTIL offers an opportunity for young adults with physical disabilities to prepare for living independently with attendant services. Independent living skills such as directing attendants, budgeting, menu planning, grocery, shopping, managing health, acquiring permanent housing and accessing community resources, can be learned through the maximum 18 month apartment program.

- 10 one-bedroom accessible, subsidized apartments in an integrated apartment building with 24 hour Attendant Services, Life-skills Educators and Health Educator.
- Eligibility: 18 years or above; have a physical disability requiring attendant services for personal care; motivated to learn skills for independent living; able to learn skills to live safely in an independent living setting
SPECIALIZED PROJECT

NABORS
2 Carlton Street, Suite 1001
Toronto, ON M5B 1J3
Tel: 416-351-0095 ext. 210
Fax: 416-351-0107
dhinchevynabors.ca
www.nabors.ca

(ATTENDANT SERVICES ARE NOT PROVIDED)

NABORS (Neighbours Allied for Better Opportunities in Residential Support) provides both 24-hour personal support and independent living assistance including life skills training. The program also assists clients to participate in co-operative living. Each site is designed as an “intentional community” for clients with multiple disabilities and seeks to assist in the greater integration of disabled and non-disabled residents. Very infrequent vacancies. Rent subsidies are not available.

1) Chord Co-op
43 Goldwin Avenue, York, M6M 5H4 (Eglinton Avenue & Jane Street)
- 8 apartments in a non-profit housing co-op

2) Courtyards Co-op
10 Broadway Avenue, Toronto, M4P 3G8 (Eglinton Avenue & Yonge Street)
- 4 apartments in a non-profit housing co-op

ENHANCED SUPPORT PROJECT

PACE INDEPENDENT LIVING
970 Lawrence Avenue West, Suite 210
Toronto, ON M6A 3B6
Tel: 416-789-7806
Fax: 416-789-7807
Email: pace@pace-il.ca
www.pace-il.ca

Bello Horizonte
1500 Keele Street, Toronto, M6N 5A9 (Keele Street & Eglinton Avenue W.)
- To be eligible, applicants must have Huntington Disease and / or require enhanced services i.e. assistance with life skills, budgeting, social interaction, communication.
- 3 one bedroom and 7 two bedroom apartments available
COMMUNITY CLUSTER PROGRAMS (CCP)

BELLWOODS CENTRES FOR COMMUNITY LIVING
789 Don Mills Road, Suite 701
Toronto, ON M3C 1T5
Tel: 416-696-9663
Fax: 416-696-9481
Email: admin@bellwoodscentres.org
www.bellwoodscentres.org

Sudbury
180 Sudbury Street, Toronto, M6J 0A8 (Dufferin Street & Queen Street W.)
Clients live in 5 accessible apartments.

Bellwoods' Sudbury Community Cluster Program (CCP) provides opportunities to community service clients to live safely in an accessible, affordable home environment, providing supportive housing level of service in a community service model. Clients have access to physical and personal support services provided through a community based transitional program and 24/7 access to services and support on a pre-scheduled and ad-hoc basis in a community setting. Our transitional program includes the MILE Program which focuses on home and community skill development to maximize safety and independent living in the community through the provision of education and support for client-established objectives.

The CCP is targeted to improve access for individuals in the community, Long Term Care Home (LTCH) residents, as well as individuals designated as Alternate Level of Care (ALC)* who are leaving the hospital to live permanently in a safe environment and within the community. This program provides a smooth reintegration into the community through the provision of permanent housing options, personal support services, supportive living environments within the community, and our transitional program – the MILE Program. MILE services are integral to the Community Cluster Program as it supports clients’ transition from existing community settings, Long Term Care Homes (LTCHs) or hospitals to a supported community setting.

*For ALC patients leaving hospitals to live in community, Bellwoods also offers accessible, affordable units (5 units at 180 Sudbury St and 10 units 5 Deauville Lane).
THE CENTRE FOR INDEPENDENT LIVING IN TORONTO (CILT) INC.

CILT is a consumer driven, community-based disability resource centre. Our goal is to assist persons with disabilities to live independently in the community. CILT offers Information and Referral, Peer Support, Independent Living Skills Training (including self-advocacy) and administers the Self-Managed Direct Funding Attendant Services program in addition to PIC

THE PROJECT INFORMATION CENTRE (PIC)

PIC is the centralized point of access for individuals with physical disabilities applying for Attendant Services in the city of Toronto and York Region. Through PIC, applicants can apply to a variety of projects and programs with a single application. PIC is responsible for receiving and assessing PIC applications for basic eligibility and for forwarding these applications to Attendant Service Providers.

PIC does not provide Attendant Services. However, PIC maintains information about Attendant Service options across the province of Ontario and provides information and referral regarding Attendant Services.

PIC maintains an online Ontario Attendant Service Directory (Greenbook Online) which offers a searchable directory of Attendant Services options available in Ontario.

PIC also maintains a Consumer Attendant Roster (CAR Online) for consumers wishing to hire their own attendants. For further information, please contact:

PROJECT INFORMATION CENTRE (PIC)
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