The University of Texas Medical Branch
Department of Psychiatry and Behavioral Sciences

Clerkship Syllabus

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Program Description

The goal of our program is to provide an overview of Psychiatry including the recognition and management of psychiatric problems. In addition we hope to enhance understanding of the doctor-patient relationship and improve your interviewing skills, allowing you to integrate psychosocial factors in treating patients. Students will receive individualized clinical experience under the supervision of psychiatry resident and attending psychiatrist. We hope to help students develop a greater understanding of the role of psychiatrists and to train students in critical aspects of psychiatric diagnosis and treatment.
Objectives: By the end of this clerkship, students will achieve the following:

<table>
<thead>
<tr>
<th>Objectives</th>
<th>How we will teach</th>
<th>How we will assess</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge</td>
<td></td>
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<tr>
<td>1) Knowledge about the diagnostic criteria for the major classes of psychiatric illness</td>
<td>Team-Based Learning (TBL), Clinical Experiences (CE)</td>
<td>Weekly quizzes*, TBL Individual readiness assurance tests (IRATS) and group readiness assurance tests (GRATS), NBME subject tests, clinical evaluations</td>
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<tr>
<td>2) Knowledge about the basic sciences underlying psychiatric illness</td>
<td>TBL, CE</td>
<td>Weekly quizzes*, IRATs, GRATs, NBME subject test, clinical evaluations</td>
</tr>
<tr>
<td>3) Understanding of the relationship between biological, psychological, social, and environmental influences on psychiatric illness.</td>
<td>TBL, CE</td>
<td>Weekly quizzes*, IRATs, GRATs, NBME subject test, clinical evaluations</td>
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<tr>
<td>4) Understanding of the economic influences affecting access to psychiatric care and the current legal and health policy towards psychiatric patients</td>
<td>TBL, CE, Health Policy Module</td>
<td>Weekly quizzes*, IRATs, GRATs, and NBME subject Test, clinical evaluations, Affordable Health Care quiz*</td>
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<tr>
<td>Skills</td>
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</tr>
<tr>
<td>1) The ability to perform a good psychiatric history and MSE</td>
<td>CE</td>
<td>Competency assessment exercises, Clinical evaluations</td>
</tr>
<tr>
<td>2) The ability to, in oral and written fashion, present a psychiatric patient and include information about relevant medical, social, environmental, legal, and past psychiatric, factors in order to formulate and make a good diagnosis and treatment plan</td>
<td>CE</td>
<td>Competency assessment exercises, Clinical evaluations</td>
</tr>
<tr>
<td>3) The ability to find a relevant article from the literature and evaluate that article about a patient.</td>
<td>CE</td>
<td>EBM exercise (attached to 2nd written history)</td>
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<tr>
<td>4) The ability to productively work with a team</td>
<td>TBL, CE</td>
<td>GRATs, Peer evaluation at midpoint* and at end of clerkship*, clinical evaluations</td>
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<tr>
<td>Attitudes</td>
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<tr>
<td>1) Appreciation of the value of teams and teamwork in the healthcare setting</td>
<td>TBL, CE</td>
<td>TBL tests, Peer evaluations, clinical evaluations</td>
</tr>
<tr>
<td>2) Appreciation for the importance of careful, compassionate and respectful treatment of psychiatric patients and their families</td>
<td>CE, TBL</td>
<td>Clinical evaluations</td>
</tr>
</tbody>
</table>

*those assessments denoted by asterisks are ungraded
Overview of Clinical Activities
You will be assigned to two 3 week rotations. Houston students will go to Jester IV Unit, Texas Department of Criminal Justice in Richmond and either West Oaks Hospital in Houston or St. Joseph’s Hospital. Galveston students will go to St. Joseph’s Hospital and either the UTMB Consultation and Liaison Service and the outpatient clinics or just the outpatient clinics. The outpatient clinical rotations will take place in both Galveston and Webster.

You will be assigned an attending for each rotation and will usually also be working with residents on the same service. The attending and resident physicians will orient you to their services, each of which has its own schedule for rounds, teaching conferences, team meetings, and therapy sessions. Services vary in the responsibility assigned to students. Be sure you understand what your role is to be, and what expectations your attending and resident physicians have for you. The average workday is from 7 am to 5 pm; however this may vary depending on work site. Check with your resident or attending to determine your routine hours. You are required to remain in clinic until released by the attending or psychiatry resident.

On-Call
You will do one day of Saturday day call at St. Joseph’s. Please check with the on call resident to find out what time to report in the morning. Call (x79722) for the most recent resident call schedule. You may trade the call with another student but please tell Kenisha when you do so. If you miss call without a valid absence you will forfeit the 5% completion credit.

Grand Rounds
Students on Consultation Liaison Service, Outpatient Service, and Shriners Burn Hospital are required to attend Grand Rounds on Tuesday mornings. The Grand Rounds schedule can be found on Blackboard.

Required Text
There are 5 Graded components to the psychiatry clerkship. The weights for the components are as follows:

- Clinical evaluation (35%),
- National Board Medical Examination (NBME) (35%)
- Team Based Learning (TBL) component (15%)
- Written History and Evidence Based Medicine Write-up (10%)
- Completion of all other components ON TIME, and before the NBME Exam (5%)

Details about each one of these components, including what is required and when each requirement is due can be found in the “Assignment checklist” in this syllabus and posted on blackboard.

**Clinical Evaluation**
The clinical evaluation is the one used by all of the clerkships. The anchor score is “3” and that score (worth a grade of 85) is what most students can expect to receive for an average good performance on psychiatry. To exceed the anchor score of 85, a student will have to perform in an outstanding fashion, so please do not feel disappointed if your grade does not exceed this score. You will be evaluated by faculty and/or resident.

**NBME Exam**
The NBME exam in psychiatry is given via computer at the testing center. All students must score at the 5th percentile of previous academic year norm on the Psychiatry NBME on the individual exam to pass the course.

**Team Based Learning**
The Team Based Learning component has detailed instructions located on Blackboard. Please remember to prepared for each TBL didactic prior to coming to class, as there will be specific tests for each assignment.

**Written History and Evidence Based Medicine (EBM) Write-up**
A sample write-up for the Written History can be found on Blackboard. Do not put your name on the write-up, only your PID. **It must be a Word or .pdf file.** This write-up will be distributed randomly to Department of Psychiatry faculty and residents for grading.

**There is a 30 page limit for the selected article for the Evidence Based Medicine Exercise.** If any article is longer than 30 pages we will not accept it. The Evidence Based Medicine Exercise must be included with the written history. These must be submitted to Kenisha Moore (kl2moore@utmb.edu) by the end of the 5th week of the clerkship. Failure to complete this on time will result in forfeiture of the 5% completion credit. Failure to complete the Written History write-up and Evidence Based Medicine exercise will result in a PC for the course.
Non-Graded Components

Clinical Competency Exercises
One practice written clinical competency exercise is required. You should conduct a comprehensive evaluation of a patient and write a history and submit that history to your attending by the end of the 2nd week for evaluation.

Two observed interview clinical competency exercises are required. The first observed interview should be submitted to Kenisha Moore by the 3rd week of the rotation. The second observed interview should be submitted to Kenisha Moore by the 4th week of the rotation.

All students must make a Level 2 or higher on all CCEs. If a student makes a level 1, they must repeat the CCE until they obtain a Level 2 or higher. Since the CCE’s are intended to represent development from a beginner to an “expert” clinician, don’t be disappointed if you score in the range of levels 2-4. We expect most students to score in the mid ranges.

Failure to complete these on time will result in forfeiture of the 5% completion credit. Failure to complete and submit all 3 CCEs will result in a PC for the course.

Clinical Reasoning Instrument
All students are required to complete one Clinical Reasoning Instrument each week during the clerkship, for a total of six Clinical Reasoning Instrument forms. The instructions and form are available on Blackboard. Each form must be signed by a faculty or resident and submitted to Kenisha Moore. The forms must be submitted no later than the last Thursday by 5 pm of the clerkship. Failure to complete and submit all six Clinical Reasoning Instrument forms on time will result in forfeiture of the 5% completion credit and a PC for the course.
**Patient Log**
All students are required to record the number and types of patients they see. Six disorders have a target number that is required for course completion. The required level of student participation is listed below on the Psychiatry Case Logger Table and also posted on Blackboard.

Students are required to log patients into "New Innovations." If a student does not log one of the six required diagnoses and/or achieve the required level of participation, the student must complete a Design-A-Case of a patient with that diagnosis.

All patient logs (and Design-A-Cases, if needed) must be completed no later than the last Thursday of the clerkship by 5 pm. Failure to complete them by this time will result in forfeiture of the 5% completion credit and a PC for the course.

**Psychiatry Case Logger Table**

<table>
<thead>
<tr>
<th>Disorder</th>
<th>Number Required</th>
<th>Level of Participation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anxiety Disorders</td>
<td>1</td>
<td>FP, PP</td>
</tr>
<tr>
<td>Bipolar Disorders</td>
<td>1</td>
<td>FP, PP</td>
</tr>
<tr>
<td>Depression Disorders</td>
<td>1</td>
<td>FP, PP</td>
</tr>
<tr>
<td>Neurocognitive Disorders</td>
<td>0</td>
<td>OB</td>
</tr>
<tr>
<td>Neurodevelopment Disorders</td>
<td>0</td>
<td>OB</td>
</tr>
<tr>
<td>Personality Disorders</td>
<td>1</td>
<td>OB</td>
</tr>
<tr>
<td>Psychotic Disorders</td>
<td>1</td>
<td>FP, PP</td>
</tr>
<tr>
<td>Somatic System Disorders</td>
<td>0</td>
<td>OB</td>
</tr>
<tr>
<td>Substance Use Disorders</td>
<td>1</td>
<td>OB</td>
</tr>
</tbody>
</table>

**Table Key: Level of Participation**
OB=Observation (Clinical Reasoning Only)
PP=Partial Participation (The student did the History or the PE/MSE)
FP=Full Participation (The student did the complete Psychiatric Evaluation)
Weekly reviews
There are 4 short practice tests that will start the 2nd week of the clerkship. These are non-graded but required. Failure to complete them on time weekly will result in forfeiture of the 5% completion credit. Failure to complete all 4 practice test by the last Thursday by 5 pm of the clerkship will result in forfeiture of the 5% completion credit and a PC for the course.

Health Policy Module
You must read an article on the Affordable Care Act as it pertains to mental health and pass an on-line quiz with a score of 70 or higher. This article and the quiz are posted on Blackboard. This is a required but not graded exercise. Failure to do this by the last Thursday of the clerkship will result in forfeiture of the 5% completion credit. Failure to complete them by the last Thursday by 5 pm of the clerkship will result in forfeiture of the 5% completion credit and a PC for the course.

Mid Term and End of Term Peer Evaluation
The midterm peer evaluation is due by the end of the 3rd week of the clerkship. You can access the peer evaluation through New Innovations. This peer evaluation is not part of your grade but MUST be completed on time. Failure to do this on time will result in forfeiture of the 5% completion credit.

The end of term peer evaluation is due by the last Thursday by 5 pm of the clerkship. Failure to do this by the last Thursday by 5 pm of the clerkship will result in forfeiture of the 5% completion credit.

Faculty/Residents Evaluations
During the last week of the clerkship, you will get a link to perform evaluations of your faculty and residents. You will be expected to do these on your primary faculty and the residents with whom you worked the most. Failure to fill out evaluations by the last Thursday by 5 pm of the clerkship will cause forfeiture of the 5% completion credit.

Optional But Strongly Recommended

NBME Practice Test
The NBME practice exam is optional but highly recommended. It is an excellent opportunity to prepare you for the shelf type questions you will encounter when you take the Psychiatry Subject Test. We would like to strongly encourage you take a NBME practice exam to make sure you are on target to excel. This exam is similar to the practice exams you took for Step 1. The cost for the test is $20. The NBME psychiatry subject examination can be purchased through the NSAS Website at https://nsas.nbme.org/
Final Grade Determination

After all grades are averaged together students will receive one score.

- Pass 70-87
- High Pass 88-92
- Honors 93-100

You must score at the 5th percentile of previous academic year norm on the Psychiatry NBME to Pass the course.

All course requirements must be completed/submitted no later than the last Thursday by 5 pm of the clerkship. Failure to meet course requirements will result in academic ramifications such as losing points and even receiving a failing grade.
Dress
Please wear white coats and nametags in all patient care areas. This enables staff to identify you quickly. Please introduce yourself to the ward staff before using charts or seeing patients. Clothing should be professional attire and may vary by site. Usually when working on the inpatient psychiatry ward, men do not wear neckties unless they are the clip on type, and women do not wear open toed shoes. This is for safety and hygienic reasons. However it is recommended that each student consult with his/her resident or attending physician for guidelines on what to wear. **No gum chewing, texting or personal phone calls when interacting with patients.**

Suicide Precautions
Suicide precautions may involve searches conducted by nursing personnel of the patient and his/her possessions to remove harmful objects. Constant or frequent observation and confinement to the unit are also necessary. **Note: If a patient conveys to you that they are suicidal or homicidal, make certain this information is relayed to the patient treatment team.**

Quiet Room
Quiet rooms are used primarily to contain violent and combative patients. Always follow the directions of nursing or security personnel if you are dealing with a violent patient. They are trained to handle such individuals without getting hurt. Please do not try to physically subdue a violent patient on your own.

Confidentiality
Often patients may tell you sensitive information which they do not convey to others. Understand that you should not keep important information confidential from the treatment team. Outside the treatment team, confidentiality is **very important. Do not discuss your patients casually with family or friends. Do not use names or specific information in public places (such as elevators or the cafeteria). If you take notes about patients shred them-do not discard where they could be discovered.**

Absences
**This course follows the absence policy of the School of Medicine as defined by the Curriculum Committee.**
Students must report all anticipated absences **in advance** to the Course Director (Dr. Wagner) and Course Coordinator (Kenisha Moore) for approval. Examples of absences that will be approved include residency interviews and examinations. Documentation will be required from the student to confirm their participation in these approved activities. Students should NOT schedule doctor’s appointments during clinical time if at all possible. **If a student calls in sick the day before or after a holiday they will be required to take call the weekend after the Shelf exam. If a student calls in sick the week of the Shelf exam they are required to take call the weekend after the Shelf exam.** If a student needs to take absence permission must be obtained in writing and a permission slip must be signed by the Course Director approving the absence.
Unanticipated absences (e.g. illness) must be reported to the Course Director, the Course Coordinator, the attending, and the resident. Any unexcused absence may result in a failing grade for the course. School of Medicine Policy dictates that students are not permitted any more than three excused absences per course. More than three excused absences will result in an incomplete and will require the student to make up the absences to complete the course and receive a passing grade. The Undergraduate Education Committee of the Department of Psychiatry & Behavioral Sciences will determine the make-up time.

Evaluation and Appeals
Students are encouraged to seek continuing feedback from their faculty during the rotation. The final grade will be dependent on the undergraduate education committee’s evaluation of student performance and participation, as well as the thoughtful and timely completion of course components. Each component must be completed satisfactorily in order to receive a passing grade. The final grade for the course will be assigned by the Course Director based on the course evaluations, course grades, and completion of course components. The committee retains the right, upon full review of a student’s record, to ask a student to remediate all or part of the course in order to attain a passing grade. Appeals of course grades follow the School of Medicine Appeals Policy 7.1.18 as outlined in the Institutional Handbook of Policies and Procedures. Course grades must be appealed in writing to the Course Director within ten working days from the time that the grade is made available. The Undergraduate Education Committee will render a decision on the student’s appeal within ten days of meeting to discuss the appeal. Further appeals of this decision again follow the SOM Appeals Policy (see Institutional Handbook).

Course Evaluations
In order to continuously improve the course, we ask that students perform on-line evaluations of departmental residents, departmental faculty, and course didactics. Evaluations are required. Student grades will not be released until evaluations are submitted.

Professionalism
Students are reminded of the UTMB Honor Pledge: “On my honor, as a member of the UTMB community, I pledge to act with integrity, compassion, and respect in all my academic and professional endeavors.” While off-campus the student is expected to continue to adhere to the Student Conduct Policy 7.1.3 outlined in the Institutional Handbook of Policies and Procedures. It is also very important to recognize that the highest standards of professional behavior are expected from all members of the health care team. Information on professional behavior is part of the clinical evaluation and significant irregularities in behavior may result in a failing clinical score, outweighing other positive demonstration of clinical skills.
**Occupational Exposure to Blood Borne Diseases and Infectious Pathogens**

Page 8 of BBP policy

V.  
D1. Students who are off campus and 2 hours or LESS away from UTMB  
   a. Notify your faculty immediately.  
   b. Between 8am-5pm, come directly to campus and UTMB Student Health or call Student  
      Health at 409-747-9508 for guidance. Try to seek treatment within 2 hours.  
   c. After hours, weekends, or holidays call the UTMB Access Center at 409-772-2222 or go  
      directly to the UTMB Emergency Room for initial evaluation and then follow up with Student  
      Health the next day. Try to seek treatment within 2 hours of the exposure. Follow up with  
      Student Health the next business day. Student baseline labs to be drawn are HIV, HCV, and  
      HBsAntibody.  
   d. Have the clinical facility draw and run the source labs for HIV, HCV, and HBsAg. Follow the  
      clinical facility’s protocol for source lab and find out the contact person at the facility for the  
      source lab results. Have your faculty assist in this process.  
   e. School of Medicine student’s in the Houston and Austin based programs,  
      follow the prearranged protocol with specific facilities.

D2. Students who are off campus and MORE than 2 hours away from the UTMB  
   a. Notify your faculty immediately.  
   b. Between 8am-5pm, call Student Health at 409-747-9508 for guidance as soon as incident  
      occurs or follow the clinical facility’s protocol for initial evaluation. Try to seek treatment  
      within 2 hours of the exposure. Always follow up with Student Health. Student’s insurance  
      should be billed if necessary for treatment.  
   c. If after hours, weekends, or holidays, call the UTMB Access Center at 409-772-2222 for  
      guidance, follow the clinical facility’s protocol for initial evaluation or go to the nearest  
      Emergency room. Try to seek treatment within 2 hours of the exposure. Follow up with  
      Student Health the next business day. Student’s insurance should be billed if treatment is  
      necessary. Student baseline labs to be drawn are HIV, HCV, and HBsAntibody.  
   d. Have the clinical facility draw and run the source labs for HIV, HCV, and HBsAg. Follow the  
      clinical facility’s protocol for source lab and find out the contact person at the facility for the source  
      lab results. Have your faculty assist in this process.  
   e. School of Medicine student’s in the Houston and Austin based programs, follow the  
      prearranged protocol with the specific facilities for evaluation.

D3. If the student’s insurance is billed for an occupational exposure in scenario D2, and a bill is received  
    for the balance, students should contact Student Health at 409-747-9508 immediately after receiving the  
    bill.

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**Billing instruction for Students Off Campus Exposure**

Student’s Insurance should be billed  
Balance after insurance brought to Student Health by the student or contact  
Student Health at 409-747-9508.
Psychiatry Clerkship Assignment Checklist

**During Clerkship complete Week 6 (Thursday 5 pm, Sept 19th)**

- Health Policy Quiz (must score ≥70%) B
- 6 weekly Clinical Reasoning Instruments K
- Patient Log N
- Faculty/Residents Evaluations B
- End Term Peer Evaluations N

**Week 2 by Friday**

- Weekly Review 1 B
- Clinical Competency Exercises (practice written) A

**Week 3 by Friday**

- Weekly Review 2 B
- Clinical Competency Exercise (observed interview) K
- Mid Term Peer Evaluation N

**Week 4 by Friday**

- Weekly Review 3 B
- Clinical Competency Exercise (observed interview) K

**Week 5**

- Weekly Review 4 B by Friday
- Written History and Evidence Based Medicine (EBM) write up in PDF form by Thursday 5 pm K

**Submission Method Key**

K: Kenisha kl2moore@utmb.edu  B: Blackboard  N: New Innovations  A: Attending