Welcome

Everyone must have a general facility membership which is available for a one-time, lifetime fee of only $10 per person or $25 for a family household. A $5 day pass is available for visitors. General membership entitles the person use of the game room and gymnasium during center hours. There is an additional fee for most programs and the weight room. Members are issued cards which they need to bring with them every time they come into the facility. It costs $5 for a card to be replaced. Children 12 & under must be supervised by an adult while in the building. Membership is also good for the recreation centers at:

- North Fort Myers, in North Fort Myers 239-533-7200
- Veterans Park in Lehigh Acres 239-369-1521
- Wa-Ke Hatchee in Fort Myers 239-432-2154

CENTER HOURS

Monday-Thursday 7 a.m. - 9 p.m.
Friday 7 a.m. - 7 p.m.
Saturday & Sunday 9 a.m. - 5 p.m.

Fitness Center

The fitness center is open during recreation center hours. Fitness center membership is honored in all Lee County Parks and Recreation fitness center/weight room facilities. Members ages 14 & 15 may use the fitness center if accompanied by a parent or guardian who must also have a fitness center membership.

- $20 - One Month
- $80 - Six Months
- $120 - One Year

BUILDING CLOSURES

LABOR DAY
MONDAY, SEPTEMBER 5, 2016

GYMNASIUM CLOSURES
BADMINTON TOURNAMENT
WEDNESDAY, SEPTEMBER 14, 2016 - SUNDAY, SEPTEMBER 18, 2016

LOOK WHAT'S NEW

Lakes Park Fall & Halloween Event
Yard Sale
Mommy and Me Spanish Class
Mahjong
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</table>
This is strictly a garage sale; this means NO food, produce, or business merchandise to be sold.

Online registration begins September 1, 2016. A limited number of spaces are available for $5 per space for vendors. Registration may be accepted the day of the Yard Sale if spaces are still available (and with exact cash or check only). Vendor set-up will take place from 5 to 7:30 a.m. and the Yard Sale will open to the public from 7:30 a.m. until 12:30 p.m.

Please keep in mind that shade is limited. Remember to bring tents, tables, chairs, and coolers of soft drinks, snacks, and ice because these items will not be provided. Alcohol and pets are prohibited. Vendor parking will be close to the vendor’s sale space; vendor sale spaces will be assigned the morning of the Yard Sale on a first come first serve basis.

Dogs are only allowed inside of the Dog Park on the East side of the Estero Community Park property- please leave your dog at home if you are planning on attending the Yard Sale.

Please call the Estero Recreation Center 239-498-0415 for additional information.
Join us for the Lakes Park Fall & Halloween Festival!

REGISTER BY SEPT. 30 TO BE PART OF THE FUN!
From October 21st to October 30th, Lakes Regional Park will be teeming with families enjoying the whimsical Scarecrows in the Park displays! Last year, 118,000 residents and visitors of Fort Myers had fun viewing the Scarecrows built and sponsored by businesses, organizations, and schools. This is an enormous opportunity for advertising and public exposure during a 10-day festival for any group.

WHY SPONSOR “SCARECROWS IN THE PARK?”
- Display your Community Spirit, reaching an audience of 118,000 with a donation of only $250!
- Lakes Park Enrichment Foundation will invest all donations to our new, exciting Children’s Discovery Garden at Lakes Park.
- Fun team building project for your staff or group.
- Friendly competition with other businesses, organizations, and groups. Great prizes, too.
- Celebrity-judged winning displays announced Opening Night October 21st. Winners recognized throughout the entire event.

SPONSORSHIP DETAILS
- Donation of $250 includes: 9’ wide x 8’ deep plot for displaying your scarecrow(s), props and decorations.
- Signage identifying your business or organization provided.
- Allow a youth group to create your display for an additional $50 donation (to be used for supplies).
- Special Non-Profit rate of $150 available.

NEW THIS YEAR
- Place an ad or a coupon on our “THANK YOU FOR ATTENDING!” flyer. These flyers will be handed out when attendees place their votes.

www.LakesParkEnrichmentFoundation.org
Email: Scarecrows@LakesPark.org
219-713-3573

RESERVE YOUR SPOT TODAY!
ABOUT THE LAKES PARK FALL & HALLOWEEN FESTIVAL
In addition to “Scarecrows in the Park,” the following family-friendly activities and displays attract people from throughout the community to enjoy the festival.
Invite your employees, customers and friends to see your “Scarecrows in the Park” display, vote, and enjoy.

FESTIVAL FEATURES
Halloween Express Train Rides, Pumpkin Patch, Hayrides, Face Painting, Inflatables, Concessions and Special Appearances by “Way Too Tall Tomte”.

PARKING
There is special rate parking facilitated by Sunrise Rotary on Fridays, Saturdays and Sundays. During other times, regular Lakes Regional Park metered parking rates apply.

“SCARECROWS IN THE PARK” CONTEST GUIDELINES AND RULES
- Open to everyone! Businesses, families, community groups, scout/youth groups and individuals are all welcome to participate.
- Scarecrows must be in good taste and constructed to withstand two weeks of weather. It is mandatory that scarecrows and props are secured by stakes and wire. Secure all parts of the display.
- Traditional, whimsical, scary scarecrows and those reflecting a special theme and/or promoting a business, organization or event may be entered. However, scarecrows reflecting controversial, social, religious or political opinions will not be accepted.
- Lakes Park Enrichment Foundation (LPEF) reserves the right to remove any scarecrow it deems inappropriate.
- Scarecrow entries may include multiple scarecrows or whimsical characters along with “props” and decorations to reflect the theme of your display.
- All entries will receive an 8’ wide x 5’ deep space. Signage identifying your organization and the name of your display/scarecrow will be provided. For children’s groups, both the name of the sponsor and the children’s group will be recognized.
- No electricity is available and no tile torches or gas-powered generators are allowed. Use of elements (sun/wind) can be implemented. Do not include live plants, fresh pumpkins or mulch in display.
- No handouts at scarecrow display.
- Prizes will be awarded based upon voting by celebrity judges at opening night party (Oct. 21) and popular vote of festival attendees, Oct. 21-27 with winners being acknowledged Oct. 28-Oct. 30.
- LPEF and Lee County Parks & Recreation are not responsible for loss or damage to the scarecrows during the festival or in the drop-off and pick-up area.
- Entries give LPEF the right to use photographs, scarecrows and contact names in publicity and on their website: www.LakesPark.org.

KEY DATES & DETAILS
Registration and Scarecrow Name Due September 30th
Installation Thursday, October 20, (9 a.m. - dusk) and Friday, October 21, (9 a.m. - 4 p.m.)
LPEF members will provide location and assistance. Weekend drop-off is not permitted.
Pick-up & Drop-off Location Parking lot adjacent to the Train Playground.
Removal of Display October 31/November 1 (Monday & Tuesday), 9 a.m. til noon.
Any displays not picked up by noon on Tuesday will be discarded. Consider pick-up a "salvage opportunity" as your scarecrow display will weather and not be in very good condition after disassembly/take down.

QUESTIONS?
219-713-3573
Scarecrows@LakesPark.org

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<tr>
<th>Mommy and Me Spanish Class</th>
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<tr>
<td>This Spanish for Toddlers group is a perfect introduction to the Spanish language, thanks to its emphasis on engaging your child in the wonderful world around him or her. Each activity is carefully considered to encourage curiosity and learning of a second language. This activity is geared towards kids 18 months to 4 years old, with limited seating.</td>
<td>We are looking to try and offer this class here at the Estero Recreation Center. Please contact Becca at 239-498-0415 if you are interested in taking this class.</td>
</tr>
</tbody>
</table>
SHELTER DONATIONS NEEDED

- DRY AND CANNED CAT FOOD - ANY BRAND
- DRY AND CANNED DOG FOOD - ANY BRAND
- CAT LITTER (CLAY AND SCOOPABLE)
- CAT CARRIERS
- 13 AND 55 GALLON TRASH BAGS
- SMALL MILK BONE PLAIN DIG BISCUITS (NO DYES)
- CLOROX WIPES
- TOILET TISSUE
- KLEENEX
- PAPER TOWELS
- BLEACH
- DAWN DISH DETERGENT

The animals thank you for your support.

We are collecting all items in a blue bin in the front lobby of the Estero Recreation Center.

Additional Food Drop-Off Locations
## CLASSES

### ADULT TAP DANCING
**Program Code: 177171**

**Intermediate/Advanced Tap**
- Tuesday, September 13, 2016 - October 4, 2016, 4 - 5 p.m.
- Tuesday, September 13, 2016—October 4, 2016, 5:30 - 6:30 p.m.
  1 day per week for 4 weeks, $44

**Performers and Beginners Tap**
- Thursday, September 15, 2016 - October 6, 2016, 8:30 - 9:30 a.m.
- Thursday, September 15, 2016 - October 6, 2016, 9:30 - 10:30 a.m.
- Thursday, September 15, 2016 - October 6, 2016, 10:30 - 11:30 a.m.
  1 day per week for 4 weeks, $44

It’s fun! It’s healthy! Builds strong bones, great exercise, and helps with balance and rhythm.

For additional information please contact
Marilyn Dienno at 239-498-2022

### PERSONAL TRAINING
**Program Code: 177213**

Heather currently holds certifications through NSCA, ACE, AEA, Spinning® and has accumulated training hours with Yoga Fit, Pilates Institute of America, TRX®, BOSU® and Resist-A-Ball®.

Heather was employed in the corporate wellness department of BlueCross BlueShield of SC for 15 years. Heather’s motto is “Living a healthy lifestyle is a journey, not a destination. It’s about learning what changes to make and how to make them in a way that you can live with for the rest of your life.”

- $50 for Fitness Center Equipment Orientation
- $75 Personal Training Assessment
- $60 – 1, 45 minute personal training session
- $165 – 3, 45 minute personal training sessions
- $200 – 4, 45 minute personal training sessions

For additional information please contact
Heather Simpson at 239-888-2866

### CARDIO STRENGTH & TONE
**Program Code: 177216**

Wednesday, August 31, 2016 - Friday, September 30, 2016

Monday, Wednesday & Friday
9:30 - 10:30 a.m.
3 days per week for 4 weeks, $36

Co-ed aerobics class consisting of low impact cardio, strength & toning exercises for ages 18 and older. Come join in the fun!

For additional information please contact
Heather Simpson at 239-888-2866

### TUMBLING & DANCEOGRAPHY
**Program Code: 177650**

Thursday, September 8, 2016 - Thursday, September 29, 2016

Thursday 3:45 - 4:45 p.m.
1 day per week for 4 weeks, $55
Ages 7 - 11

This class teaches choreography, urban ballet, theatrical dance, and jazercise. Combined with tumbling to build physical endurance, fitness, coordination skills, self-esteem, which will promote healthy living. For an edge to succeed come join the fun.

For additional information please contact
Jada Ross-Henry at 239-994-2621

### JAZZERCISE, LOW IMPACT
**Program Code: 177261**

Friday, September 2, 2016 - Friday, September 30, 2016

Monday, Wednesday & Friday
8 - 9 a.m.
1 day per week, $28
3 days per week, $40

Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt, tone, and lengthen muscles for maximum fat burn. Class is choreographed to today’s hottest music. Jazzercise is a fusion of jazz dance, resistance training, pilates, yoga, and kickboxing.

For additional information please contact
Ellen Boyd 239-293-2523

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<th>CLASS</th>
<th>PROGRAM CODE</th>
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<th>DAYS/TIMES</th>
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<th>INFORMATION</th>
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<tr>
<td><strong>KICK BOXING</strong></td>
<td>177220</td>
<td>Friday, Sept 2- Friday, Sept 30</td>
<td>Monday &amp; Wednesday, 4:30 p.m., Friday 4 p.m. Monday &amp; Wednesday, 6:30 p.m., Friday 5 p.m. Monday, 5:30 p.m., extra class</td>
<td>Monthly Tuition, $65: additional sibling or family member, $51 Ages 6+ Adults will have special emphasis placed on exercise, stretching, and self defense. Children will have fun while they learn self control through the martial arts discipline.</td>
<td>For additional information please contact&lt;br&gt;Sheila at 239-273-2939 or&lt;br&gt;Master Hyde at 727-798-0220&lt;br&gt;www.sotatkd.com</td>
</tr>
<tr>
<td><strong>TAE KWON DO - HAPKIDO</strong></td>
<td>177235</td>
<td>Wednesday, Sept 7- Wednesday, Sept 28</td>
<td>Wednesday, 5:30 - 6:20 p.m.</td>
<td>1 day per week for 4 weeks, $25</td>
<td>For additional information please contact&lt;br&gt;Shelia Hyde at 239-273-2939 or&lt;br&gt;Master Hyde at 727-798-0220&lt;br&gt;www.sotatkd.com</td>
</tr>
<tr>
<td><strong>PARKINSON'S EXERCISE CLASS</strong></td>
<td>177638</td>
<td>Monday &amp; Wednesday, 11 - noon</td>
<td>Monday &amp; Wednesday, 11 - noon, FREE</td>
<td>Aside from working with your doctor on an ongoing plan primarily involving medications, one of the most important things you can do is exercise. The universal benefits of exercise in helping everyone feel better and improving overall health are well-documented. There is evidence that exercise may hold specific benefits for people with Parkinson's in staying active and relatively limber, and improving balance and motor coordination. ($10 Facility membership is required to participate)</td>
<td>For additional information please contact&lt;br&gt;Hope Parkinson Program Coordinator Michelle Martin with Hope HealthCare Services, 239-985-7727</td>
</tr>
<tr>
<td><strong>CERAMICS CLASS</strong></td>
<td>177638</td>
<td>Tuesday, Sept 2- Tuesday, Sept 30</td>
<td>Tuesday, 4:45 - 7:45 p.m. Friday, 9 a.m. - noon</td>
<td>2 days per week for 4 weeks, $10 Beginners &amp; Pros welcome! Experienced painters advice available. Good time to meet new people and share techniques for painting. Paint and Kiln firings included. Green-ware separate price.</td>
<td>For additional information please contact Jean Gordon Jones at 239-287-3271</td>
</tr>
</tbody>
</table>
## CLASSES

### CHILDREN'S ART CLASS
**PROGRAM CODE: 177619**
Classes return in October. Please check back.

Ages 8 - 17 years old
Monday, 5 - 6 p.m.
1 day per week for 4 weeks, price TBA

This is a four session class, meeting one day a week. Two sessions will be dedicated for an abstract masterpiece and the other two will be dedicated to explore with watercolors.

For additional information please contact Raquel Gaudet at 561-596-1966

### TABLE TENNIS CLASSES
**PROGRAM CODE: 177318**
Tuesday, September 6, 2016 - Saturday, October 1, 2016

Tuesday 6:30 - 8 p.m.
Saturday 10:30 a.m. - noon
1 day per week for 4 weeks, $40
2 days per week for 4 weeks, $80

This class is for all ages! Beginners to advanced levels welcome! Improve your ping pong game faster! The goal of the class is to teach the basics of table tennis. Techniques to be taught include basic strokes, serve, and return serve, tactics, footwork, and equipment.

For additional information please contact Ms. Naik at 239-494-6790

### GENTLE YOGA FLOW
**PROGRAM CODE: 177251**
Tuesday, August 30, 2016 - Thursday, September 22, 2016

Tuesday & Thursday from 9:15 - 10:30 a.m.
1 day per week for 4 weeks, $32
2 days per week for 4 weeks, $48

Build strength and improve flexibility as you transition at a relaxed pace through a series of meaningful yoga poses. Ideal for beginners to learn correct alignment, proper breathing in the postures, and meditation practices.

For additional information please contact Jennifer Hall at 239-989-2630

### TAI CHI BEGINNERS
**PROGRAM CODE: 177221**
Tuesday, September 6, 2016 - Tuesday, September 27, 2016

Tuesday 9 - 9:45 a.m.
1 day per week for 4 weeks, $24

Tai Chi is a great class that includes multiple health perks. Not only is Tai Chi a gentle series of relaxing motions and breathing techniques, but research suggests Tai Chi may offer a number of health benefits. These benefits include lower blood pressure, reductions of the incidence of depression and anxiety, improved balance and coordination, chronic pain, and more. If you are looking for a noncompetitive, self-paced physical exercise, this class is for you.

For additional information please contact Dave Davenport at 239-949-6988

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CLUBS AND CLASSES

FIT CLUB
PROGRAM CODE: 177209
Thursday, September 1, 2016 - Thursday, September 29, 2016
Wednesday & Thursday 6:30 - 7:30 p.m., FREE
All fitness levels welcome! All you need is a water bottle, towel & a friend! Let’s get together to workout, break a sweat and meet new people. All group workouts are free with membership to the facility.

PLEASE REGISTER AT FRONT DESK
For additional information please contact
Tia Scott at 239-357-1528

BONITA-ESTERO WOODCARVERS
Wednesday 12:30 - 3 p.m.
This club is for wood carvers and "wanna-be" wood carvers. Wood carving is a form of working wood by means of a cutting tool resulting in a wooden figure or sculpture. Free instruction is provided. You must have an active lifetime facility membership to participate. This club is for members ages 18 and up.

For additional information please contact
Lynn Sheeley at 239-482-6822

CHESS CLUB
Saturday
Scholastic Players (ages 7 to 13): 10 a.m. - noon
SW Florida Chess Club (ages 14 to 25): noon - 4 p.m.
All players and skill levels welcome! USCF members & non-members, casual play & USCF rated events, standard & rapid play. Private lessons available. You must have an active lifetime facility membership to participate.

For additional information please contact
Greg Gordon at 239-218-2116
swflchess@yahoo.com

ESTERO ART LEAGUE
Monday and Thursday, 9 a.m. - 3 p.m.
Art classes at the Recreation Center are held through the Estero Art League, Inc. Art classes include wire wrapped jewelry, abstract and mixed media painting, oils, draw to paint watercolor, and acrylics. Participants must be members of both the recreation center and the Estero Art League. Members meet for fellowship and open paint. Youth & adults welcome. Ability to participate in league exhibits, shows, and sales. The Estero Art League requires a yearly membership.

For additional information please contact
Raquel Gaudet at 561-596-1966

BRIDGE CLUB
Tuesday, 9 a.m. - noon
Come out and socialize; Join in on the fun!
This club is for members ages 18 and up.
FREE, RESERVATIONS REQUIRED
For additional information and reservations please contact
Arvilla Roe at 239-466-0520

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**FUN DAYS**

Come spend your teacher in-service days having fun with friends. Activities may include games, swimming, crafts, music, movies, or outdoor play. Hours are from 7:30 a.m. to 6 p.m. Please bring a bagged lunch, snacks, and a water bottle. Please wear appropriate foot wear that will allow you to run and play.

Program Code: 677650

Monday, October 3, 2016
Monday, October 17, 2016
Wednesday, November 23, 2016

Pre-registration required.

Only $15 per child per day, ages 6 - 13.
A recreation center membership is required to participate in this program.

**To Register for Activities**

Three different options are available:

1. **Online:** Go to [www.leeparks.org](http://www.leeparks.org)
   - Click [On-line registration](http://www.leeparks.org) on the left side of the page.
   - Create an account by selecting the last option at the bottom of the page. Follow registration instructions.
   - Sign in using your “User Name” and “Password”
   - Click “Location” drop down menu and select Estero Rec Center.
   - Check the shopping cart next to the desired activity.
   - Multiple activities can be chosen for this one transaction.
   - Click “Enroll Now” at the bottom of the page and follow further instructions.

2. **In person:** Come into the Center and register with the staff at the desk.

3. **By phone:** Call 239-498-0415 and speak with one of our staff members.

All classes, times and prices are subject to change without notice.

**Membership Application**

Having trouble registering for online activities?

All membership information must be updated annually at no additional cost. Just follow the links provided below for the electronic application form which can be emailed or printed, and then submitted to the recreation center.

- [Individual Membership Application](#)
- [Family Membership Application](#)

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Estero Recreation Center has an 18 hole Disc Golf course. Course length is 6, 981 feet with some water hazards, low hills, lightly wooded areas, and a 25 foot mound. Cement tees with hole lengths ranging from 300 feet to over 400 feet.

**NEW COURSE MAP**

The Estero Disc Golf Course Map has been updated. Please stop by the Estero Recreation Center for a new map and a score card.

**Disc Golf Contact Information:**  Arthur Baxter 912-656-1747, baxter@abaxterfrost.com

**Estero Leagues:**  Thursday CTP 5:30 p.m., $10 entry fee, 9ctps payout, $1 to club

**DISC GOLF PRO SHOP**

Discs are for sale at the front desk in the Estero Recreation Center. Discraft and Innova Discs

Single Discs - $10 - $15

All prices include tax.

**CASH ONLY: EXACT CHANGE PREFERRED**
SAN CARLOS COMMUNITY POOL

8208 Sanibel Blvd. South Fort Myers, Florida 33967
239-267-6002

Fall / Winter / Spring:
Sunday: closed
Monday: closed
Tuesday: 10 a.m. - 4:15 p.m.
Wednesday: 9 a.m. - 4:15 p.m.
Thursday: 9 a.m. - 4:15 p.m.
Friday: 9 a.m. - 4:15 p.m.
Saturday: 9 a.m. - 4 p.m.

Water Exercise Classes
Shallow Water Aerobics, All Ages
Tuesday thru Friday, 10:30 a.m.
Arthritis Foundation, All Ages
Tuesday & Thursday, 11:30 a.m.
Water Walking, All Ages
Wednesday & Friday, 11:30 a.m.

Daily Admission
Children $2 (under 18)
Adults $3
Senior (55+)$2

Passes
6 month single $55
Annual single $75
6 month family $70
Annual family $100
6 month senior $24
Annual senior $40

Programs
Swim Lessons $50
One-on-One lessons $20

Pavilion/Pool Rental
Pavilion $25
Pool $35 (plus guard fees)

CONTACT THE POOL FOR SWIM LEVEL ASSESSMENT

LCPR Lifeguard Kory Herrin & Skylee Sistare
PHOTO COURTESY OF JESSICA HENDRICKS

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PARKING STICKERS

Did you know you can purchase an annual parking sticker instead of paying the parking meters? Parking stickers can be purchased anytime throughout the calendar year and are valid for one year from the month of purchase. Parking stickers are $60 per vehicle and can be purchased online, over the phone, at the administration office at Terry Park, Matlacha Community Park, the Estero Recreation Center, the North Fort Myers Recreation Center, the Veterans Recreation Center, and the Wa-ke Hatchee Recreation Center.

Click here for more information and a listing of all the locations that require paid parking. Click here to download the application. For more information contact 239-498-0415.

South Lee County Youth League Contacts

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<th>Sports</th>
<th>Contact</th>
<th>Phone</th>
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<tbody>
<tr>
<td>High School</td>
<td>Estero High School</td>
<td>239-947-9400 x230</td>
</tr>
<tr>
<td></td>
<td>David Burns</td>
<td>239-947-9400 x230</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>Gorilla Lacrosse</td>
<td>214-577-2210</td>
</tr>
<tr>
<td></td>
<td>Todd Schulz</td>
<td>214-577-2210</td>
</tr>
<tr>
<td>Little League Baseball</td>
<td>San Carlos Little League</td>
<td>239-770-6691</td>
</tr>
<tr>
<td></td>
<td>Lisa Holton</td>
<td>239-770-6691</td>
</tr>
<tr>
<td>Pop Warner Football</td>
<td>Estero Mustangs</td>
<td>239-560-5513</td>
</tr>
<tr>
<td></td>
<td>Gina Watters</td>
<td>239-560-5513</td>
</tr>
<tr>
<td>Roller Hockey</td>
<td>San Carlos Park Roller Hockey</td>
<td>239-877-2770</td>
</tr>
<tr>
<td></td>
<td>Ken Rosencrans</td>
<td>239-877-2770</td>
</tr>
<tr>
<td>Soccer</td>
<td>San Carlos Park Scorpion Soccer Club</td>
<td>239-877-2770</td>
</tr>
<tr>
<td></td>
<td>Kevin Gorski</td>
<td>239-877-2770</td>
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<tr>
<td>Special Needs Sports</td>
<td>Dorothy Barilla</td>
<td>239-432-2031</td>
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<tr>
<td></td>
<td>Various Sports</td>
<td>239-432-2031</td>
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<tr>
<td>Swimming</td>
<td>Gulf Coast Swim Team</td>
<td>239-560-4820</td>
</tr>
<tr>
<td></td>
<td>Swim Florida</td>
<td>239-671-7946</td>
</tr>
<tr>
<td>Tennis</td>
<td>Lee County Community Tennis Association</td>
<td>239-565-5300</td>
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<td></td>
<td>USA South Volleyball</td>
<td>239-233-3779</td>
</tr>
<tr>
<td></td>
<td>Landon Thomas</td>
<td>239-233-3779</td>
</tr>
</tbody>
</table>

Click here to download the application. For more information contact 239-498-0415.
LOOKING TO VOLUNTEER

By volunteering for Lee County Parks & Recreation, you will become an integral part of the mission of Lee County Parks & Recreation. We appreciate the efforts of each of our valuable volunteer staff.

Volunteer Opportunities
Estero Recreation Center - Contact Liz Szurminski
Office: 239-498-0415
Fax: 239-498-4270
Email: LSzurminski@leegov.com
Donations & Sponsors

Throughout the past nine years the Estero Park and Recreation Center has provided the public and its members with a variety of activities and will continue providing quality programs in the future. We are always in need of donations and sponsors. Your donations can be designated to any program of your choice, such as the after school program - Club Rec., or a special event. There are numerous sponsorship opportunities that can be explored to meet your needs. We would certainly take the time to talk to you regarding any suggestions or ideas.

This is an excellent marketing opportunity! For your generous donation, we will advertise your organization on all event flyers & brochures, the Estero Edge and event emails.

If you have any questions or concerns, please call the center and ask for Doreen Baranski at 239-498-0415 or email at dbaranski@leegov.com. Together we can make a difference in our community. Thank you in advance for your time and consideration.

A special thanks to our SPONSORS for their continued support!
<table>
<thead>
<tr>
<th>Activity</th>
<th>Days and Times</th>
<th>Courts</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ADULT BASKETBALL</strong></td>
<td>Monday &amp; Thursday 6 - 8:45 p.m., Courts 1 &amp; 2</td>
<td></td>
<td>18 years &amp; up.</td>
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<td></td>
<td>Sunday 9 a.m. - 12:30 p.m., Court 2</td>
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<tr>
<td><strong>SENIOR BASKETBALL</strong></td>
<td>Monday, Wednesday, &amp; Friday 10:35 a.m. - 1:30 p.m.</td>
<td>Courts 1 &amp; 2</td>
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<tr>
<td><strong>FAMILY NIGHT</strong></td>
<td>Tuesday, 6 - 8:45 p.m., Court 2</td>
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<td></td>
<td>Friday, 6 - 6:45 p.m., Court 1 &amp; 2</td>
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<tr>
<td><strong>SENIOR VOLLEYBALL</strong></td>
<td>Monday, Wednesday, &amp; Friday 10:35 a.m. - 1:30 p.m.</td>
<td>Court 3</td>
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<tr>
<td></td>
<td>Sunday, 9 a.m. - noon, Court 1</td>
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<tr>
<td><strong>WHEELCHAIR BASKETBALL</strong></td>
<td>Tuesday 6 - 8:45 p.m.</td>
<td></td>
<td>Based on basketball with some adaptations to reflect the presence of the wheelchair and to harmonize with the different levels of disabilities</td>
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<tr>
<td><strong>OPEN GYM SCHEDULE</strong></td>
<td>Monday, Wednesday, &amp; Friday 7 - 9 a.m.</td>
<td>Courts 1 &amp; 2</td>
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<td></td>
<td>Tuesday and Thursday 7 - 8 a.m. and 1 - 2 p.m.</td>
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<td>Saturday 9 a.m. - 4:45 p.m.</td>
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<tr>
<td><strong>ADULT VOLLEYBALL</strong></td>
<td>Wednesday, 6 - 8:45 p.m., Court 2</td>
<td></td>
<td>18 years &amp; up.</td>
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<tr>
<td><strong>ADULT BADMINTON</strong></td>
<td>Wednesday, 6 - 8:45 p.m., Court 1</td>
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<td>18 years &amp; up.</td>
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<tr>
<td><strong>PICKLEBALL</strong></td>
<td>Tuesday &amp; Thursday, 8 a.m. - 1 p.m. Courts 1, 2, &amp; 3</td>
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<td>All skill levels welcome.</td>
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<td>Sunday, 12:30 - 4:30 p.m., Court 1 &amp; 2</td>
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<tr>
<td><strong>Horseshoe Pits &amp; Bocce Ball Courts</strong></td>
<td>Estero Community Park offers public horseshoe pits and bocce ball courts. Equipment is available inside the recreation center at the front desk or you may bring your own.</td>
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<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<td></td>
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<td></td>
<td>Gentle Yoga Flow</td>
<td>9:15 - 10:30 a.m.</td>
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<td>Adult Tap - Beginners</td>
<td>8:30 - 9:30, 9:30-10:30, 10:30 - 11:30 a.m.</td>
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<td></td>
<td>Parkinson Class, 9 a.m.-3 p.m.</td>
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<td>10:30 a.m. - noon</td>
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<td>6</td>
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<td>8</td>
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<tr>
<td>Jazzercise, 8 - 9 a.m.</td>
<td>Cardio, Strength &amp; Tone, 9:30-10:30 a.m.</td>
<td>Tai Chi, 9 - 9:45 a.m.</td>
<td>Bridge Club, 9 a.m. - noon</td>
<td>Gentle Yoga Flow</td>
<td>9:30 - 10:45 a.m.</td>
<td>Jazercise, 8 - 9 a.m.</td>
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<td>Cardio, Strength &amp; Tone, 9:30-10:30 a.m.</td>
<td>Estero Art League, 9 a.m.-3 p.m.</td>
<td>Parkinson Class, 11 a.m. - noon</td>
<td>Ceramic</td>
<td>4:45 - 7:45 p.m.</td>
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