For more information please visit:
www.anglianwater.co.uk/leisure

By Email:
rutlandwatersports@anglianwater.co.uk

By Phone:
01780 460154

By Post:
Rutland Watersports
Whitwell
Oakham
Rutland
LE15 8BL

NOTES
WATERSPORTS
AT RUTLAND WATER PARK

"A GREAT PLACE TO START"

love
every
drop

anglianwater
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SAILING HOURS

APRIL - OCTOBER
Wednesday - Thursday
09.00 hours – 1 hour before dusk or 20.00 hours latest.
Friday - Tuesday
09.00 hours – 1 hour before dusk or 19.00 hours.

NOVEMBER - MARCH
Thursday - Friday - Monday
09.00 hours – 1 hour before dusk or 15.00 hours.
Saturday & Sunday
09.00 hours – 1 hour before dusk or 16.00 hours.
Closed Tuesday and Wednesday

Launching outside of these times is by appointment only as a safety boat MUST be on duty.

ILLEGAL LAUNCHERS WILL BE BANNED FROM ALL ANGLIAN WATER RESERVOIRS AND MAY FACE PROSECUTION UNDER ANGLIAN WATER WATERPARKS BYLAWS 2004.

Last launch time – 1 hour before off the water time.
If there are no launches the centre may close earlier.

ANNUAL SEASON TICKETS

All annual Season tickets run from 1st April to 31st March and we have a wide range of permits available, to suit all needs and requirements.
Annual launching only,
Annual launching and storage up to 16ft*
Annual boat storage only up to 16ft*
Annual canoe / kayak launch
6 month permits -
High season - 1st April - 30th September
Low season - 1st October - 31st March
*All storage of boats over 16ft will incur an additional charge per extra foot.

ANNUAL SEASON TICKET FOR EQUIPMENT HIRE

Annual season tickets are also available for equipment hire and they also run from 1st April to 31st March. We have three options available to purchase as follows;
Bronze hire (Canoes & Kayaks only.)
Silver hire (Canoes, kayaks & beginner/ intermediate Windsurfing equipment)
Gold hire (Canoes, kayaks, sailing dinghies & advanced windsurfing equipment.)
(For permits which include Sailing/ Windsurfing kit hire, minimum standards of ability need to be met before purchase.)

ALL ANNUAL SEASON TICKETS INCLUDE CAR PARKING, SAILING PERMIT AND DISCOUNT CARD.
(car parking not included in “storage only” permits.)
REGISTRATION

All sailors must report to the Rutland Watersports Centre before launching.

LAUNCHING PRIVATE CRAFT

Launch of private powered craft is not permitted.

DAY LAUNCH

Day launching of private sailing boats and windsurfers is available and individual permits are offered as follows:
- Weekday permit
- Saturday or Sunday permit
- Whole Weekend (2 day permit)
- Afternoon permit (times of issue may vary)
- Canoe / Kayak*

(*Note all Canoes and Kayaks are restricted to Whitwell Creek)

BOAT STORAGE

Various options for boat storage are available as follows:
- Overnight on hard standing
- Overnight on pontoon
- Weekly on hard standing
- Monthly on hard standing

(Prior booking advisable.)

All persons are required to wear a buoyancy aid or life jacket whilst on any pontoon or craft.

All water users must keep 50 metres from all fishing boats.

All water users must observe all sailing limits and restrictions advised by Rutland Watersports.

Please refer to local bylaws and rules of sailing.

Attention: Appropriate action will be taken against owners of boats found to be misusing the pontoon facilities.

Any boats left on the pontoon without prior consent from Rutland Watersports will be dealt with accordingly.

CAMPING

Camping is available for Rutland Water users and is available by permit from April to October (weekends only unless by special agreement by Rutland Watersports).

Camping costs are per individual unit (tent, caravan, motor home).

Prior booking is mandatory. Full payment required with booking. Please contact Rutland Watersports for more information and restrictions on 01780 460154.

For information on alternative accommodation in the area contact Rutland Water Visitor Centre on 01780 686800 or email tic@anglianwater.co.uk

Price list available on request.
HIRE EQUIPMENT

Price list available on request. Wetsuits and buoyancy aids are included in the cost of equipment hire.

**DINGHIES** (minimum requirement RYA level two certification or equivalent ability)
Available hire options:
- Single handed Dinghy
- Double handed Dinghy
- Performance Dinghy
- Multi-Hull Catamaran
  (RYA level 2 multi-hull endorsement required)

**WINDSURFING** (minimum requirement RYA level one certification or equivalent ability)
Available hire options:
- Beginner board (plus trainer rig)
- Intermediate board (plus fully battened rig)
- Advanced ability / construction board (plus appropriate rig)
- Sail only - Battened
- Board only - Beginner
- Board only - Intermediate
- Board only - Advanced ability/ construction
- Mast only (up to 75% carbon)
- Aeron boom only
- Mast extension / Deck plates

**CANOES / KAYAKS / ROWING BOAT / SUPS**
(No experience necessary)
Available hire options:
- Open canoe - (up to 3 people)
- Single Kayak (1 man)
- 1 man sit-on kayak
- 2 man sit-on kayak
- 3 man sit-on kayak
- 4 man-sit-on kayak
- Katakanu - (up to 6 people)
- Rowing boat - (up to 5 people)
- SUP - Stand up Paddle board (1 man)

Canoes / kayaks / rowing boats/ SUPs:
This equipment is restricted to Whitwell Creek only.

**OTHER EQUIPMENT FOR HIRE**
Wetsuits / buoyancy aids / harness / helmets / paddles

Last hire time is 2 hours before centre closes. Footwear is not available to hire, but is available to buy from Rutland Watersports retail shop.

No hire equipment to leave site. Try before you buy available on all watersports equipment.
PERSONAL TUITION

Has it been a while since you’ve been out on the water? Are you struggling with a particular skill or technique concerning your discipline or just not progressing as well as you would like? Whatever your level of ability, if you have answered “yes” to any of the above questions; why not book a 1:1 personal lesson with one of our highly qualified instructors to help bring you up to your desired standard of ability. With flexible sessions available at times suitable to both you and the centre, this option will enable you to target your specific requirements and help you progress to the next level at a rate that suits you individually. Tuition can be carried out using the centre equipment or your own, the choice is yours. Timings arranged around conditions and instructor availability.

Personal tuition is available for:

- Dinghy sailing
- Multi-hull sailing
- Canoeing
- Rowing
- Cruiser sailing
- Windsurfing
- Kayaking
- Power Boating

All tuition is in carried out in accordance with RYA / BCU instruction and ratios. Wetsuits and buoyancy aids, if required, are included in the cost.

GROUP BOOKINGS

Here at Rutland Watersports we can accommodate Group Bookings for both adults and juniors in a wide variety of activities, both on and off the water.

We can offer group sailing and windsurfing tuition to RYA standards; canoeing and kayaking tuition to BCU standards and also raftbuilding and ‘on water’ games carried out to AALA regulations.

Also available is a range of land based activities including orienteering, team building and lateral thinking team games. Our group activities are an excellent choice for Stag & Hen parties as well as corporate activity days and school excursions.

Junior Birthday Parties (for children up to 16 years of age)

Take the headache out of organising your child’s Birthday Party. We can offer an exciting and exhilarating two hour package which includes a selection of raft building activities and canoe / kayak games all tailored to the individual requirement of the group.

For information on our group activities including prices and options available please contact us on 01780 460154 or email rutlandwatersports@anglianwater.co.uk

The Harbour Café Bar (01780 461228) or The Crafty Fox (01780 460047) are able to provide catering for your party or group at an additional cost, should you require it.
Surf, Sail and Paddle Shop

Rutland Watersports surf and retail shop offers a wide selection of clothing, accessories and equipment for sale throughout the year. We stock top quality products from the worlds leading manufacturers; combine this with our expert knowledge and experience, and you will have everything you need to help you chose the very best equipment to satisfy all of your watersports needs and requirements.

The shop is stocked with a full range of summer and winter clothing from brands such as Reef, O’Shea, Gul, Dirty Dog and many more. Also available, all year round, is a selection of confectionary, snacks and cold drinks. A vending machine is on offer should you prefer a cup of tea or hot chocolate.

Gift vouchers are available to purchase and make the perfect choice for that “difficult to buy for” watersports enthusiast.

Shop opening times:
April to October: 9.00 – 17.00 (Peak times extended opening)
November to March: 9.00 – 17.00 (may close earlier)

Seasonal sale dates;
May – Spring sale
August – Summer sale
December – Winter sale
March 2011 – Massive Clearance Sale

We also have selected clearance lines throughout the year so you can pick up an amazing bargain at any time.

Ex Hire Sales: Our hire equipment is offered for sale throughout the year. Most is less than a season old and in good condition. We always have kayaks, canoes, sailing dinghies, windsurf boards and rigs, wetsuits, buoyancy aids and harnesses available to purchase. Ask in the retail shop for current available items.

Try before you buy on all watersports equipment.
Windsurfing
As a premium dealer of Starboard, Tushingham, Dahine, Radz and Aeron we have an extensive range of equipment and products. We can also order products from other leading manufacturers.

Kayaking / Canoeing
As a Pyranha, Feel Free and RTM dealer, we boast an impressive range of boats from sit on kayaks to specialist white water craft. We also provide accessories such as paddles, spray decks, helmets, dry tops and safety equipment.

Sailing
As an RS Academy we can provide a full range of sailing dinghies suitable for all abilities such as RS 500, RS Vision, RS Feva, RS Q’Ba and RS Tera. Chandlery fittings, harnesses, technical clothing and equipment are all available to purchase from our shop all year round.

Chandlery
We have an extensive range of chandlery goods, ropes and braids from some of the best manufacturers in the business. Our well informed staff will be able to advise and help you on all of your chandlery requirements.

All RYA and BCU courses are available all year round.

Gift vouchers can be purchased for all courses and products available from Rutland Watersports throughout the year. For the Rutland Watersports clubs see pages 29/30.
CORPORATE DAYS

With increasing pressures of the working environment and daily workloads becoming more stressful, team building days have become an important component in maintaining staff moral, improving productivity and promoting an efficient, less pressured work place.

Here at Rutland Watersports we can provide you and your colleagues with a tailor made corporate day in which they are challenged in a safe, controlled environment, incorporating a wide range of watersports activities.

Our memorable experience gives you the opportunity to sail or windsurf across the beautiful open waters of Rutland Water, and navigate your way through the magnificent surrounding landscape in our orienteering course.

Harbour Café Bar 01780 461228 or Crafty Fox 01780 460047 can also provide a selection of catering options at an additional cost.

Corporate and risk assessment packs are available via email or as hard copy.
Email: rutlandwatersports@anglianwater.co.uk
**CORPORATE DAYS**

**Single-handed Sailing**
Learn to sail! Each member of the party will learn to sail their own single-handed dinghy whilst remaining together as a group on the water.

**Multi-handed Sailing**
Learn to sail in groups! Divided into small teams the instructors will offer you a hands-on introduction to sailing in our larger dinghies.

**Windsurfing**
Learn to windsurf! As a group you will be taught to windsurf independently by one of our expert instructors in a dynamic and fun environment.

**Kayaking, Canoeing & Stand up Paddle boarding**
Learn to kayak and canoe! These sessions can be pitched at whatever level your group requests. From a casual paddle around the striking waters of Rutland to competitive team challenges in Whitwell Creek.

**Raft Building**
This popular activity is a fun and constructive challenge to encourage collaborative team work, both mentally and physically, on and off the water.

**Land Games**
Back at the centre our challenging but amusing land based games establish effective and efficient teamwork through collaborative thinking.

**Orienteering**
For the more firm footed of you, our expansive orienteering course will guide you through the stunning woodland and countryside that surrounds Rutland Water.

**Stag and Hen Parties**
All of these activities can be shaped into competitive team challenges for the boisterous, or a relaxing experience to suit your preference.

Rock climbing and cycle hire can also be arranged.

**All of the above days are available all year round.**

Of course, all of these activities can be tailored to incorporate RYA or BCU criteria to enable participants to gain recognised qualifications.
ADULT RYA BEGINNERS SAILING

An age-old pastime made easier and more exciting by modern technology and expert tuition.

Have a go sailing
A 2 hour hands on introduction to the basic concepts of sailing with a competent instructor. Try it and then book onto a Basic skills level 2 course.
Times are: Sundays 10.00 - 12.00 hours.

Start sailing – RYA Level 1 (Dinghy)
Learn to sail - no previous experience required. Students will gain a comprehensive introduction to sailing, including boat handling and essential background knowledge.
2 day course or 1 day One to One
Times are: 09.30 - 15.30

Basic skills – RYA Level 2 (Dinghy)
From complete novice to competent RYA level 2 certificated sailor in under a week. The equivalent to passing your driving test; this course covers all you need to be able to sail independently, includes: safety, leaving and returning to any shore, recovery techniques and background theory. This is the minimum qualification required to hire a boat from an RYA centre. The course is run over a varying amount of days depending on the number of people participating on the course.
3 people = 5 days / 2 people = 4 days / 1 person = 3 days
Times are: 09.30 - 15.30

Multi hull Basic skills – RYA Level 2
This course criteria is the same as Basic skills level 2 (Dinghy) but tailored for Multi Hull boats.
This is the minimum qualification required to hire a multi hull boat from an RYA centre. The course is run over a varying amount of days depending on the number of people participating on the course.
2 people = 4 days / 1 person = 3 days
Times are: 09.30 - 15.30

Basic skills – Level 2 only
Course pre-requisite - must hold RYA level 1 certificate or be of equivalent ability.
3 people = 3 days / 2 people = 3 days / 1 person = 2 days
Times are: 09.30 - 15.30

On completion of a RYA level 2 certificate you will receive 4 half price hire vouchers.

All our full day adult courses include lunch (restricted options)
Hot and Cold menu options available upon request.
**Adult RYA Beginners Sailing**

**Alternative sailing – RYA Level 2**
A chance to learn to sail to RYA level 2 standard in a series of 3 hour sessions. This bespoke course can be tailored to your individual needs to fit in and around personal commitments. The 3 hour sessions can be taken at dates and times suitable to Rutland Watersports and individuals. Approximately six 3 hour sessions will be required to complete the course. Times on request.

**Intermediate sailing – RYA Level 3 (2 day course)**
The intermediate sailing course or RYA level 3 focuses on improving your boat handling skills as both helm and crew. This course prepares you for the RYA Seamanship, Spinnakers or Performance modules. It covers skills such as handling the sailing dinghy safely and competently in higher wind conditions and performing manoeuvres such as man overboard and coming alongside. Times are: 09.30 - 15.30

**Dinghy sailing refresher / assessment day**
Ideal course for those of you who have sailed before but have never actually acquired the relevant RYA certificate. The assessment day will help you to establish exactly where you are at with your sailing ability in accordance with the RYA syllabus and advise you on which course of action to take to bring you up to the standard you require. Times are: 09.30 - 15.30

**Multi hull conversion day**
This course is for Dinghy basic skills level 2 and above sailors. This will convert all the practical and theory technique from a dinghy to a multi hull boat. This is the minimum qualification required to hire a multi hull boat from are centre and other RYA centre. Times are: 09.30 - 15.30

**Family dinghy tuition – 2 Hours**
Introduce your family to the pleasures of dinghy sailing with an expert at the helm. Session's available on request. (2 adults & 2 children) Times on request

**Adult sailing club: Saturdays 16.15 – 18.15**
See page 30

**Ex-hire fleet sales available all year round.**
**All the above courses and tuition are available everyday throughout the year.**
**ADULT RYA ADVANCED SAILING**

**RYA Advanced sailing scheme**
The RYA scheme consists of short flexible courses promoting the different aspects of the sport without the progression of one course leading to the next.

Seamanship skills, Start racing, Sailing with spinnakers and Advanced boat handling all run for two days, available throughout the whole year. For sailors of Level 2 or equivalent ability and experience.

**Sailing with spinnakers – 2 day course**
The spinnaker course is designed to incorporate symmetric and the newer asymmetric spinnaker sails. All the skills are covered to help you fly around the water and stay upright.

Times are 09.30 - 15.30 hours

**Seamanship – 2 day course**
This course covers all you need to learn to sail confidently in the knowledge that you will be capable of manoeuvring your dinghy in a seaman-like manner and able to make seamanship decisions in moderate conditions. Sailing techniques and manoeuvres include: sailing without a rudder /centre board, anchoring and reefing afloat.

Times are 09.30 - 15.30

**Adult sailing club: Saturdays 16.15 – 18.15**
See page 30

**Try before you buy** on all watersports equipment. Ex-hire fleet equipment sales available all year round.
**ADULT RYA ADVANCED SAILING**

**Performance sailing – 2 day course**
High level performance goals set to achieve with the help of experts. Sail more efficiently by using all of the boats’ equipment to achieve ultimate boat speed. Coached by a fully qualified advanced instructor. Times are 09.30 - 15.30

**Start racing – 2 day course**
Everything you need to know to start racing including tuning the boat, starting procedures, boat handling around the course, strategy and tactics. Coached by a fully qualified advanced instructor. Times are: 09.30 - 15.30

![Sailing Image]

**Sailing personal tuition.**
Has it been a while since you’ve been out on the water? Are you struggling with any particular skills or techniques concerning your sailing? Whatever your level of ability, if you have answered “yes” to the above questions, then why not book a 1:1 personal lesson with one of our highly qualified instructors. With flexible sessions available at times suitable to both you and the centre, this option will enable you to target your specific requirements and help you progress to the next level. Timings arranged around conditions and instructor availability.

All the above courses and tuition are available everyday throughout the year.

Course times/duration may very with participation numbers.

All our full day adult courses include lunch (restricted options) Hot and Cold menu options available upon request.
Rutland Water is the best inland windsurfing location in the UK. There is no greater place to learn to windsurf and improve your skills, so from complete novice to expert we have the conditions, experience and equipment to offer something to everyone. We are an RYA Advance Plus windsurf centre (the only inland Advanced Plus centre in the country) and have an extensive range of state of the art kit.

**Have a go Windsurfing**
A hands-on taster course for beginners to “have a go” at windsurfing which can be incorporated into the first part of the Start Windsurfing course.
Times are: Saturdays
9.30 - 11.30 (2 hours)
9.30 - 15.30 (5 hours)

**RYA Start Windsurfing – 2 Days**
This is the foundation course in the RYA National Windsurfing Scheme. A 10 hour course aimed at anyone who wants to experience the thrill of windsurfing. Learn how to sail a board across the wind, turn around and get home again! Also includes basic theory on equipment, safety and weather etc. This qualification is the minimum requirement to hire equipment from any RYA centre.
Times are: 9.30 - 3.30 Sat & Sun

**Windsurf personal tuition.**
Has it been a while since you’ve been out on the water? Are you struggling with any particular skills or techniques concerning your windsurfing? Whatever your level of ability, if you have answered “yes” to the above questions, then why not book a 1:1 personal lesson with one of our highly qualified instructors. With flexible sessions available at times suitable to both you and the centre, this option will enable you to target your specific requirements and help you progress to the next level.
Timings arranged around conditions and instructor availability.

All the above courses and tuition are available everyday throughout the year.

Course times/duration may very with participation numbers.

On completion of a RYA Start Windsurfing certificate you will receive 4 half price hire vouchers.

All our full day adult courses include lunch (restricted options) Hot and Cold menu options available upon request.

Try before you buy on all watersports equipment. Ex-hire fleet equipment sales available all year round.
**ADULT RYA INTERMEDIATE WINDSURFING**

**RYA Intermediate windsurfing Non-planing and Planing courses – 2 x 4 hour sessions**

Having achieved the RYA Start windsurfing certificate, the next step is the introduction of the dynamic and effective Fast Forward Formula, which will improve your current level of windsurfing and provide you with the techniques required to progress quickly and efficiently. Techniques include faster tacking, footstraps, harness work and stance in planing and non planing conditions. Times to be arranged. (8 hour course)

**Intermediate windsurfing clinics – 2 hours**

Additional individual 2 hour sessions that cover the non-planing carve gybe and beach starts. Times to be arranged.

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**ADULT RYA ADVANCED WINDSURFING**

**RYA Advance windsurfing skills – 2 Days**

Once you have achieved your intermediate planing certificate and are able to control the power in planing conditions, this course takes you to the next level. It uses the Fast Forward Formula to fine tune your skills in more challenging conditions and stronger winds. (Wind must be F3 or above) Techniques include improved stance, blasting control and faster tacks. Times to be arranged. (8 hour course)

**Advanced windsurfing clinics – 2 hours**

Individual 2 hour sessions to take your windsurfing to a whole new level. Clinics include waterstarts and planing carve gybes. Also available are sessions on advanced carving, duck gybes, 360’s, bump and jump, getting airborne and sailing in chop / waves. Times to be arranged (Wind must be F3 or above)

Adult windsurfing club: Saturdays 16.15 – 18.15

See page 29
**ADULT BCU CANOEING / KAYAKING**

**Paddlesport Start – 1 hour session**
A 1 hour hands on introduction to the basic concepts of paddling with a competent instructor. This course is ideal before the BCU 1 star course.
Times are: Sundays 10.00 - 11.00 hours.

**BCU 1 star – 1 day (4 – 6 hours)**
Learn to paddle - no previous experience required. Designed as a basic achievement award, the 1 star is the level that paddlers work towards to achieve a recognisable standard to feel able, safe and confident on the water (includes lunch).
Times are: 09.30 - 15.30 hours.

**BCU 2 star – 2 day course**
This is an improvement award that helps paddlers develop fundamental paddlesport skills on flat water. The emphasis is on improving and refining existing skills in both canoeing and kayaking and developing further knowledge of paddling such as rescue techniques. Prerequisites are to hold a BCU 1 star qualification or minimum of 10 hours personal paddling experience (includes lunch).
Times are: 09.30 - 15.30 hours.

**BCU 3 star touring – 2 day course**
Having gained sufficient experience in kayaking, including a number of journeys, the 3* award will now refine your paddling skills and perfect your technique. The course will also increase your ability to cope with the various conditions that can be encountered whilst touring. Lengthy paddles around Rutland water will make up a large part of this course, therefore a certain level of fitness is required. Candidates should already hold a 2* award.
Times are: 09.30 - 15.30 hours.

On completion of a BCU certificate you will receive 4 half price hire vouchers.

All our full day adult courses include lunch (restricted options)
Hot and Cold menu options available upon request.

Course times/duration may vary with participation numbers.

All the above courses and tuition are available everyday throughout the year.

Guided tours around Rutland Water are available upon request.

Try before you buy all watersports equipment.
Rutland Watersports is a Pyranha main dealer.
**Areas of Rutland Water Park**

1. **Whitwell** - Watersports Centre & Shop, Cycling, Rutland Belle, Café, Restaurant, Rockblock climbing & high ropes centre
2. **Barnsdale** - Jubilee Orchard, Woodland Nature Trail, Adventure Playground, Picnicking, Café
3. **Hambleton Peninsula** - A great area for anglers, walkers and cyclists to explore
4. **Egleton** - Nature Reserve, Bird Watching Centre
5. **Lyndon Nature Reserve** - Home of the Rutland Osprey Project
6. **Edith Weston** - Sailability run by Rutland Sailability
7. **Normanton** - Church & tours, Fishing, Tackle Shop, Cycle Hire, Restaurant and Café
8. **Sykes Lane, Empingham** - Visitor Centre, Mini Golf, Adventure playground, Café, The Great Tower, The Dam
Have a go Powerboating – 1 hour
A 1 hour taster course for participants to “have a go” at powerboating. Experience the thrill of driving one of our R.I.B’s before deciding if the full R.Y.A level 2 course is for you. Sessions run daily throughout the year.
Times to be arranged

Powerboating – RYA level 1 – 1 day
This hands on introductory course is designed to give a novice a sound, practical introduction to boat handling, basic theory and important safety issues that are required for the safe driving of a powerboat (including lunch, hand book and certificate).
Times are: 09.30 - 15.30 hours

Powerboating – RYA level 2
The course aims to teach sound boat handling skills including stopping the boat under control, coming alongside and man overboard procedures. Also covered is basic theory and important safety issues. This course is the equivalent of passing your driving test in a boat and includes the new photo ID licence (including lunch, hand book and certificate).
3 people = 2 days / 2 people = 2 days / 1 person = 1 day
Times are: 09.30 - 15.30 hours.

Powerboating – Safety Boat – 2 day course
After achieving the RYA level 2 certificate and logged an appropriate number of hours at the helm of a powerboat, this course introduces the techniques used for providing safety cover for other water users in either recreational or race environments. It is also an ideal course for potential RYA instructors (including lunch and certificate).
Times are: 09.30 - 15.30 hours

Powerboat L2 Licence Conversion course – 2 hours
A course to convert current L2 certificate holders to the new photo ID powerboat licence. The session will include an assessment following the L2 syllabus before issuing the new license.
Sessions run daily throughout the year
Times to be arranged

Powerboat L2 or Safety Boat refresher days
Must hold relevant certificate (includes lunch).
Times are: 09.30 - 15.30 hours

All RYA powerboat courses incorporate tiller and console powerboats.
ADULT RYA INSTRUCTOR COURSES

If you are passionate about watersports and want to turn your hobby into a career, then becoming an instructor is for you. We run a full range of courses throughout the season, courses include:

Dinghy Instructor pre assessment – 1 day
Powerboat Instructor pre assessment – 1 day
Dinghy Instructors course – 5 days
Start Windsurf Instructors course – 5 days
Intermediate Windsurf Instructors course – 4 days
Powerboat Instructors course – 5 days
Senior Windsurf Instructor course – 4 days

RYA FIRST AID COURSES

Please call the centre on 01780 460154 for availability, prices and full course details.

CHRISTMAS AT RUTLAND WATERSPORTS

Visit SANTA in his magical grotto at Rutland Watersports

Throughout December we offer a full range of Christmas activity packages including; Arts & Crafts, Christmas trails and Boat rides. We also offer tailored Christmas experiences for school groups.

SEASONAL ACTIVITIES

Other seasonal activities available include; Easter Egg Hunts and Spooky Halloween trails
Please call the centre on 01780 460154 for more details.
JUNIOR RYA BEGINNERS SAILING

All junior sailing courses are run during weekdays in school holidays unless stated otherwise.

Junior have a go Sail – 1 Hour session
From 5 years and upwards, an ideal opportunity for youngsters to “have a go” at this amazing sport. Times to be arranged

RYA SAILING STAGE 1 COURSES
From 7 years and above, an ideal opportunity to learn the essentials of sailing at an early age.

Stage 1 course – 2 days
Dates are: Mondays and Tuesdays during school holidays - Saturdays and Sundays all year round.
Times are: 10.00 - 16.00 hours

RYA SAILING STAGE 2 COURSES
From 7 years and above, a basic but comprehensive sailing course similar to an adult course tailored to suit the young.

Stage 1+2 course – 5 days
Dates are: Monday - Friday available during school holidays
Times are: 10.00 - 16.00 hours

Stage 1+2 course – 10 session
Dates are: Monday - Friday from May to September
Times are: 16.15 - 18.15 hours

Stage 2 only – 3 day course
Dates are: Wednesday to Friday available during school holidays.
Times are: 10.00 - 16.00 hours

Stage 2 refresher day
A practical day sailing to enhance and recap stage 2 skills.
Ideal for those wishing to participate on a stage 2.5 or stage 3 course.
Dates are: Fridays available during school holidays
Times are: 10.00 - 16.00 hours

Stage 2.5 – 5 day course
Exclusive to Rutland Watersports. Designed to help bridge the gap between the stage 2 and 3 courses. This course gives a chance to practice skills learned on stage 2 as well as give an insight into stage 3 techniques. Ideal for those who haven’t had much experience since achieving stage 2 certificate.
Dates are: Monday - Fridays during school holidays
Times are: 10.00 - 16.00 hours

Course times/duration may vary with participation numbers.
Ex-hire fleet equipment sales available all year round.
JUNIOR RYA INTERMEDIATE SAILING

Stage 3 course – 5 days
From 8 years and above the freedom option for juniors. A chance to improve techniques including being able to sail competently on their own and sailing backwards. The minimum qualification for a junior to hire out single handed boats on their own.
Dates are: Monday - Fridays during school holidays
Times are: 10.00 - 16.00 hours

Stage 3 refresher day
A practical days sailing to enhance and recap stage 3 skills. Ideal for those wishing to achieve the next level of a stage 4 course.
Dates are: Available all year round.
Times are: 10.00 - 16.00 hours

Stage 4 – 2 day course
The RYA stage 4 course is designed to transfer the skills of the stage 3 sailor into double handed boats. The course will focus on crew communication, M.O.B, picking up moorings, I.R.P.C.S. and the five essentials. Ideal before all advanced modules.
Dates are: Available all year round.
Times are: 10.00 - 16.00 hours

Junior beginners sailing club: Saturdays 16.15 – 18.15
See page 28

Lunch NOT included with junior courses

“don’t forget to bring FOOTWEAR, a drink and sun cream”
**JUNIOR RYA ADVANCED SAILING**

The RYA advanced sailing modules cover the same topics as the adult advanced syllabus tailored to help young sailors realise their full potential.

**Racing**

The 3 junior racing courses will take you from stage 3/4 to club racing champion. They will go from learning start line procedures and racing strategy to masterminding advanced tactics and technical boat set up.

Coached by a fully qualified Advanced Race Coach

3 people minimum required to run a course.

Start Racing = 2 days
Intermediate Racing = 5 days
Advanced Racing = 5 days

Times are 10.00 - 16.00

**Performance sailing – 2 day course**

High level performance goals set to achieve with the help of experts. Sail more efficiently by using all the boats equipment to achieve ultimate boat speed.

Coached by a fully qualified advanced instructor.

Dates are: Available all year round.

Times are 10.00 - 16.00

**Sailing with Spinnakers – 2 day course**

The spinnaker course is designed to teach the basics skills for sailing with asymmetric spinnaker sails to help you fly around the water and stay upright. Symmetric sails may be covered but only in personal craft.

Dates are: Available all year round.

Times are 10.00 - 16.00

**Seamanship – 2 day course**

This course covers all you need to learn to sail confidently in the knowledge that you will be capable of manoeuvring your dinghy in a seaman-like manner and able to make seamanship decisions in moderate conditions. Sailing techniques and manoeuvres include: sailing without a rudder/centre board, anchoring and reefing afloat.

Dates are: Available all year round.

Times are 10.00 - 16.00

Lunch NOT included with junior courses

“don’t forget to bring FOOTWEAR, a drink and sun cream”
**Junior RYA Advanced Sailing Weeks**

The junior high flyers courses have been designed to start aspiring young sailors of any age on the path to success with tailored 5 day courses. On these they will learn all of the most advanced techniques to improve their ability, confidence and understanding of the sport of sailing.

**Candidates must already hold a stage 4 certificate.**

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**Performance / Start Racing – 5 day course**

This course is designed to steer young sailors towards the club and national sailing circuits. On passing this course the candidates will have completed the R.Y.A. performance sailing and start racing syllabus. All under the watchful eye of a fully qualified Advanced Instructor and Race Coach.

Dates are: Monday - Fridays during school holidays
Times are 10.00 - 16.00

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**Seamanship / Spinnaker – 5 day course**

Combining two of our most popular advanced modules the seamanship / spinnaker course brings a quick and exciting way of forwarding your ability in recreational sailing. On passing this course the participant will have completed the seamanship skills and sailing with spinnakers syllabus.

Dates are: Monday - Fridays during school holidays
Times are 10.00 - 16.00

The first day for the above two courses will be a Stage 4 refresher.

Course times/duration may very with participation numbers.

**Junior advance sailing club: Sundays 16.15 – 18.15**

See page 28
JUNIOR RYA WINDSURFING

Junior have a go Windsurf – 1 hour session
From 5 years and upwards, an ideal opportunity for youngsters to “have a go” at this amazing sport.
Times to be arranged

Stage 1 windsurfing – 2 day
From 7 years. This is the ideal course to introduce active juniors into the exciting sport of windsurfing. We cover the basics to get you out on the water and sailing across the wind and back.
Dates are: Wednesday - Thursday during school holidays
Times are: 10.00 - 16.00 hours

Stage 2 windsurfing – 1 day
Having achieved stage 1, this course will improve your new skills, introducing faster tacking, gybing and improved upwind/ downwind sailing.
Dates are: Available all year round
Times are: 10.00 - 16.00 hours

Stage 1 and 2 Windsurf week – 5 days
A whole week of windsurfing following this format:
Monday - Stage 1
Tuesday - Stage 1
Wednesday - Stage 2
Thursday - Stage 2
Friday - Racing
Dates are: Monday - Friday during school holidays
Times are: 10.00 - 16.00 hours

Junior beginners windsurf club: Saturdays 16.15 - 18.15
See page 28

Stage 3 windsurfing – 1 day
Once you’ve mastered the skills in stage 2, it’s time to hook in and hang on. We now use the Fast Forward Formula to improve your techniques, introducing the beach start, harness and non planing carve gybe.
Dates are: Available all year round
Times are: 10.00 - 16.00 hours

Stage 4 windsurfing – 1 day
After completing stage 3, blasting around and getting into the footstraps is what this course is all about. Using the Fast Forward Formula to take your skills to the next level and enter into the world of advanced windsurfing.
Dates are: Available all year round
Times are: 10.00 - 16.00 hours
Rutland Rockets Hot Shots Week – 5 days
With maximum time on the water making the most of the conditions, this week is designed to create windsurfing heroes encompassing freestyle, racing and the Fast Forward Formula to improve your skills. (minimum requirement is to hold stage 2)
PARENTAL WARNING: this course could turn your child into a windsurf addict!
Dates are: Monday – Friday during school holidays
Times are: 10.00 - 16.00 hours

Junior advanced windsurf club: Sundays 16.15 – 18.15
See page 28

Junior BCU Canoeing / Kayaking

Paddlepower Start – 1 hour session
This certificated award is designed to provide a framework for a paddler’s first session, provide encouragement and signposting to future sessions. This course is ideal before the Paddlepower Passport.
Dates are: Available all year round
Times are: Sundays 10.00 – 11.00 hours.

Paddlepower Passport – 2 day course
Paddlepower Passport comprises of four progressive levels that guide the new paddler from an initial ‘Start’ session through nine stages of competency. The skills and knowledge gained encourage a paddler to achieve a recognisable BCU standard.
Dates are: Available all year round
Times are: 10.00 - 15.00 hours

Paddlepower Discover – 2 day course
Paddlepower Discover comprises four more progressive levels that encourage the young paddler to focus their attention on particular techniques, skills and areas of knowledge. These will significantly develop competence and raise their standard of achievement. (Must hold Paddlepower Passport).
Dates are: Available all year round
Times are: 10.00 - 15.00 hours

Try before you buy on all watersports equipment.
Ex-hire fleet equipment sales available all year round.
Course times/duration may very with participation numbers.

Lunch NOT included with junior courses
“don’t forget to bring FOOTWEAR, a drink and sun cream”
Junior have a go Powerboat
A 1 hour hands on fun introduction to the basic concepts of powerboating with a competent instructor.
Dates are: Available all year round.
Times are: 16.15 - 17.15 hours

Junior Powerboat level 1 – 1 day
From 8 years old or above. The RYA junior powerboat course introduces the basic concept/skills, ideal to learn the essentials of powerboating at an early age.
Dates are: Available all year round.
Times are: 10.00 - 16.00 hours

Junior Powerboat level 2 – 2 day
From 12 years old or above the level 2 powerboat course will equip juniors with the necessary knowledge/skills to drive a powerboat safely and competently.
Dates are: Available all year round.
Times are: 10.00 - 16.00 hours

Junior powerboat club: Sundays 10.00 – 11.00
See page 29

All activities and courses are available throughout the year.
JUNIOR MULTI ACTIVITIES

Multi Activity Week: 7 to 14 year olds – 5 days
An ideal introduction for juniors into watersports and basic skills. The activities include sailing, windsurfing, canoeing, kayaking and raftbuilding.
Dates are: Monday - Friday during school holidays
Times are: 10.00 - 16.00 hours

Certificated Multi Activity course – 5 days
12 - 16 year olds.
A combined activity course designed for the active watersports enthusiast who would like to achieve governing body certificates. Activities include: Windsurf stage 1 (2 days), Powerboat level 1 (1 day) RYA and BCU Paddlepower Passport (1star) (2 days).
Dates are: Monday - Friday during school holidays
Times are: 10.00 - 16.00 hours

Fun Session: 5 - 7 years olds – 2 hour session
A great place to start. Introducing a child to wearing a wetsuit and buoyancy aid and playing games on the water. Sessions include padding rafts & canoe games
Dates are: Monday - Friday during school holidays
Times are: 10.30 - 12.30 and 13.30 - 15.30 hours

Splash ‘N’ Dash days: 7 - 14 year olds – 1 day
A full day of fun water based activities and games such as canoeing, kayaking and raftbuilding races.
Dates are: Monday - Friday during school holidays
Times are: 10.00 - 16.00 hours

Captain Splosh’s summer fun days: 7 - 14 year olds
A fun packed day with a combination of land and water based team building games. Ideal to challenge and develop a sense of fun with all the exciting activities such as raftbuilding, canoeing, kayaking and specially designed land based games.
Dates are: Monday - Friday every week in August
Other days may be available on request.
Times are: 09.30 - 15.30 hours

For RYA sailing and windsurfing weeks please see Pages 20 - 24

Lunch NOT included with junior courses

“don’t forget to bring FOOTWEAR, a drink and sun cream”
Junior beginners sailing club
The junior beginners sailing club aims to ease juniors into sailing in a safe / controlled environment with fully qualified instructors and safety cover. Each fun session equips the junior with the knowledge to complete RYA stage 1 and 2 and how to look after equipment without the intensity of a structured course. JBSC is also an ideal opportunity to practice skills/ gain experience before participating in a further RYA sailing course.
Times are: Saturdays 16.15 - 18.15 hours

Junior advanced sailing club
After progressing through the basic stages, the advanced club introduces new and more technically advanced skills. A stage 3 certificate is required to attend. The club aims to refine boat handling, boat tuning, racing skills and safety afloat.
Times are: Sundays 16.15 - 18.15 hours

Junior beginner windsurfing club
Beginner windsurfing club for juniors aged 7-15. No experience necessary (although an advantage). These fun based sessions are an ideal opportunity to practice/ learn new skills working towards the junior RYA stage 1 / 2 and ultimately the advanced or T15 clubs. Each session is conducted by RYA qualified instructors in a safe, controlled environment and includes safety boat cover.
Times are: Saturdays 16.15 - 18.15 hours

Junior advanced windsurfing club
Advanced windsurfing club for juniors aged 8-15. Minimum stage 2 or similar experience. The club is a chance to build upon previously learned skills and perfect new, exciting manoeuvres.
Times are: Sundays 16.15 - 18.15 hours

Junior team15 windsurfing club
Minimum stage 1 or similar experience. The club encourages juniors to participate in the RYA Team15 initiative where they will have the opportunity to race against their peers and other clubs.
Times are: Wednesday 17.30 - 19.30 hours

Try before you buy on all watersports equipment.
The first Saturday of each month is for complete novices on Beginner Junior Sailing and Junior Windsurfing clubs.

All clubs run April to November
**Junior powerboat club**
With the introduction of the Honda Youth RIB challenge, the JPB aims to equip juniors from 8 - 16 years with the necessary skills to safely drive a RIB (rigid inflatable boat). Ideal for juniors wishing to gain experience of powerboat driving. No experience required.
Times are: Sundays 10.00 - 11.00 hours

**Adult sailing and windsurfing clubs**
These clubs give participants the opportunity to learn the very basics of sailing or windsurfing, or enhance skills already gained. These sessions are the ideal pathway to more advanced courses, all carried out under the watchful eye of an RYA qualified instructor.
Times are: Saturdays 16.15-18.15 hours

During winter times will change to suit shorter day light hours.

All clubs have limited places and must be booked at least one week in advance.

**Ex-hire fleet equipment sales available all year round.**
Tel & Fax: 01780 460154
rutlandwatersports@anglianwater.co.uk

Please also see the Rutland Water Map on the centre pages of this booklet (pages 18 and 19).

Rutland Watersports
Whitwell
Oakham
Rutland
LE15 8BL

For up to date information on all activities happening on and around Rutland water, please visit our website:
www.anglianwater.co.uk/leisure

Try before you buy all watersports equipment.
Ex-hire fleet equipment sales available all year round.
All courses and tuition are available all year round.

Thank you to all the people who have given their permission to use the images within this booklet.

All images are copyrighted.
COURSE DATES & TIMES
Unless specific days are stated within the course criteria, our tuition and courses can be tailored to suit individuals needs at mutually convenient times between the centre and participant.

COURSE START
All participants should aim to arrive 10-15 minutes prior to the course start time to register at the shop. Course booking forms must be completed by an adult with all relevant information entered before course starts.

EQUIPMENT PROVIDED
Specialist equipment provided by Rutland Watersports includes: boats and boards, wetsuits and buoyancy aids. Helmets are mandatory for juniors on stage 1,2 & 2.5 sailing, junior beginner sailing club and all raft building courses. Helmets are available for all other courses and for adults, Please ask an instructor before course commencement.

WHAT TO BRING
Lunch (junior courses only), towel, old shoes (that can get wet), swimming trunks/costume, warm jumper, waterproof coat, suntan cream and hat. NB. Extra warm clothing and suitable waterproofs are required throughout the whole year.

Try before you buy on all watersports equipment.
Ex-hire fleet equipment sales available all year round.
TERMS AND CONDITIONS

The deposit is not refundable once a place has been confirmed unless the course is cancelled by Rutland Watersports.

Participants should ideally be able to swim 50 metres or at least be confident in the water.

Confirmation of a booking will be made by Rutland Watersports on request.

Courses may be cancelled due to insufficient numbers or due to adverse weather conditions.

Booking of junior and youth courses must be made by a parent or guardian.

Logbooks or passports are included in the course. Handbooks which follow the course syllabus are available from Rutland Watersports.

Participants who already possess an RYA logbook or BCU passport will have their books updated by the course instructor at the end of course.

All RYA/BCU courses; Course attendance alone does not guarantee the corresponding RYA/BCU certificate.

Candidates on RYA Level Two Powerboat courses are required to bring a passport size photo to validate their licence.

Anglian Water Services Ltd respects your privacy and recognises the need for responsible management and protective of personal information you share with us. No information supplied by you will be disclosed to any third party without your prior consent.

HOW TO APPLY

In the first instance telephone Rutland Watersports on 01780 460154 to check availability on preferred dates.

The remaining balance is to be paid on the first morning of the course. Terms and Conditions apply.
A non-refundable £50 deposit is required to secure each course place. (for courses under £50 full course cost is required) Full course cost will be payable if allocated course place is cancelled within 14 days of the course start date.

If you wish to receive more information on Anglian Water Park events and activities please tick here. We will not share this data and all information will be held in confidence and in compliance with the Data Protection Act 1998.

A non-refundable £50 deposit is required to secure each course place. (for courses under £50 full course cost is required) Full course cost will be payable if allocated course place is cancelled within 14 days of the course start date.

Cheques should be made payable to ANGLIAN WATER and sent to: Rutland Watersports, Whitwell, Oakham, Rutland, LE15 8BL. Or telephone 01780 460154 to make credit/debit card payments.

“If you wish to receive more information on Anglian Water Park events and activities please tick here. We will not share this data and all information will be held in confidence and in compliance with the Data Protection Act 1998.”

Please sign below to confirm that you have read and understood and fully accept the Terms and Conditions of booking. (Must be signed by a parent or guardian if applicant is under 18 years of age).

All fields must be completed before a booking can be processed.

Anglian water staff may take photographs of course sessions solely for marketing purposes. If you do not wish photographs to be taken, please tick this box.