Veterans 4 Youth (V4Y) is a new program that uses the experience of Defence Force Veterans to assist youths aged 11-16 years. We help boys and girls of that age to develop their self-discipline, self-motivation, self-confidence, self-respect, and respect for others. Our course aims to prepare them for the challenges of life so they can better integrate with society and become responsible young adults.

Our Programs are designed for the “average” 11-16 year-old who might lack self-confidence; be disobedient, disrespectful, rude; or prioritise computer games or social media above their homework or jobs around the home. But they aren’t “off the rails”. Attendees must want to attend the program.

We use trained military veterans to run our Programs. Children show veterans a level of respect that they don’t normally show to parents, teachers, or even the law. This gives us a unique advantage in getting through to them.

The V4Y camp experience will bring positive change - graduates will become more confident in acting as individuals and part of a team, and be better able to make values based decisions which allow them to contribute as members of their families, peer-groups, schools and wider community.

In order to achieve these objectives, the camp consists of learning and experiences that fall under six key learning areas (KLA).

1. Values and Ethics
2. Self Worth and Confidence
3. Teamwork
4. Responsibility
5. Resilience
6. Health and Well-Being

LIFE AMMO COURSE

LIFE CHANGING PERSONAL DEVELOPMENT COURSES FOR TEENS

The V4Y “Life Amмо” Program is a 12-day residential camp, based in SE Queensland, within an hour of Brisbane. The locations will vary depending on availability. Attendees have only to get to Brisbane airport, and we will transport them to the camp location.

The program is based on the military ethos of self-discipline; teamwork; moral and physical courage; and self-worth. But it’s not all hard work! Attendees will have more fun in two weeks than the rest of their cohort will have the entire year. Activities such as rock climbing, abseiling, an obstacle course, and a tandem parachute jump are standard for the course. They will bring out their inner Bear Grylls with some basic survival training, and some courses will include other activities such as a high ropes course, a bridge climb, and raft building.

V4Y camps are designed to provide a challenging, fun, and educational environment whereby adolescents can connect to, or develop:

1. A structured value system.
2. A respect for themselves and others.
3. A sense of self-worth and confidence.
4. An ability to participate fully as part of a team.
5. An attitude of resilience.
6. An attitude of personal responsibility based in an understanding of consequence.
7. An understanding of, and desire for physical health and well-being.
8. An ability to maintain and care for their personal effects and possessions and contribute to the care of communal environments.

Disclaimer - Our courses are NOT suitable for highly troubled teens, who might be addicted, involved with the Juvenile Justice system, or have a history of violence. It is also not suitable for those who have psychological, psychiatric or other such mental health issues. And we can’t accept youths who require large volumes of drugs to control their behaviour.
ABOUT THE CAMP & DAILY SCHEDULE

Attendees begin the day with physical training. This training will improve their physical fitness, and develop the habit of daily exercise. They will be taught how to make their beds, iron their uniforms, and how to present themselves and their uniforms. This teaches them how to take pride in their personal presentation and how to live cleanly. Room and uniform inspections are conducted daily.

They will take part in drill lessons, where they will learn coordination, how to march as a group and how to work as a team. Field training is conducted to teach attendees how to be self-sufficient in the bush. They will also learn the principles of survival and spend a night in the bush, usually in a shelter they have built themselves.

Confidence building activities are designed to take attendees out of their comfort zone and push them past their perceived limits, in order to build their confidence. And every day, a core value is set as the theme for that day. They are then taught how to make decisions based on those values.

TESTIMONIAL

“We sent our son on the January 2016 “Life Ammo” course. We've done plenty of other things before to try and help calm his behaviour—including bringing a behaviour management specialist into the home for intense therapy for a three-month period – but nothing worked as well as this has. For my son, it was the whole structure and routine which worked well for him. Knowing that he would have to get up in the morning, exercise and get into that repetitive routine was really important. The camp built his confidence too. This is a child who would live with his Xbox 24/7. The fact he went two weeks without it showed him that he doesn’t need it to survive. I’m so impressed with the impact that two weeks made.”

- Teresa Irvine

NEXT COURSES DATES

All courses are conducted in SE QLD, within one hour of Brisbane. Attendees will be collected from Brisbane Airport and transported to the venue.

Course 2-16 (QLD/VIC/NT holidays): Tues 29 Mar 2016 to Sat 9 Apr 2016
Course 3-16 (NSW/ACT/WA/TAS/SA holidays): Tues 12 Apr 2016 to Sat 23 Apr 2016
Course 4/16 (QLD/VIC/NT holidays): Tues 28 Jun 2016 to Sat 9 Jul 2016

PRICING

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