NASW-PA & PAUSWE
2016 CONFERENCE
October 6–9, 2016 ★ King of Prussia, PA

SOCIAL WORK
FORGING SOLUTIONS OUT OF CHALLENGES
Welcome to the 2016 NASW-PA and PAUSWE Conference!

The National Association of Social Workers Pennsylvania Chapter (NASW-PA) and Pennsylvania Association of Undergraduate Social Work Education (PAUSWE) annual conference is one of the largest annual gatherings of professional social workers in Pennsylvania, averaging between 300 and 500 attendees. The weekend consists of continuing education courses, world-renowned keynote presenters, social/networking gatherings, award ceremonies, student poster presentations and much more.

This year’s conference is October 6–9, 2016 at the Radisson Hotel at the Valley Forge Casino in King of Prussia, PA. Be sure to get your hotel room early as they fill up quickly! Mention NASW-PA for our discounted room rate of $145.

**Hotel Address:** 1160 First Ave, King of Prussia, PA 19406  
**Hotel Phone Number:** 610-337-2000  
**Hotel Website:** www.vfcasino.com/resort/radisson/

In the following pages you will find an outline of the workshops and events being offered this year as well as a registration form. Registration is also available online, along with hotel information and more at

www.nasw-pa.org/conference

Please note that this brochure is for planning purposes only and all workshops and events are subject to change. Updated programs and addendums will be provided at the conference.

**NOTE:** In order to receive 30 CEUs, you must attend a one-hour webinar facilitated by NASW-PA before the conference. There will be 29 CEUs offered at the conference. The one-hour webinar will be included in the conference registration cost. More information to come.

Next to each workshop you will see letters indicating what type of workshop it is:

- **D** - Direct practice, suited for all social workers  
- **A** - Administrative / macro social work practice  
- **SJ** - Social justice / social policy  
- **C** - Clinically focused  
- 💷 - Workshop satisfies ethics requirements

Conference Attendees should check in at **Independence Foyer** when they arrive.
Thursday, October 6th Pre-conference Intensive:

Specialty Pre-Conference Intensives

8:00am - 4:30pm 7 CEUs

Clinical Supervision (A 001)

John Weaver, LCSW
Sue Dietrich, LCSW

This seminar style workshop will present a comprehensive overview of the many issues one must consider when offering clinical supervision to staff members, graduate students, and candidates for licensure.

This session conveys critically important information for licensed clinical social workers that will be supervising other clinicians, students, and LCSW candidates, so as to promote the knowledge and skill base of our profession and assure quality care for those we serve. Attendees will earn 7 continuing education credits specifically in clinical supervision. This course meets NASW-PA's requirement of at least 5 CE’s in clinical supervision to be considered as a screened supervisor.

8:00am - 4:30pm 7 CEUs

Responsible Fatherhood and the Well-being of Children Through the Lens of Social Workers: Constructing Knowledge, Skills, and Resources (A 002)

Rufus Sylvester Lynch, PhD, ACSW

The proposed training will emphasize the importance of fathers in advancing child well-being and explores critical components for positioning children, youth and family-focused service providers to expand capacity to improve outcomes for children through the integration of Child Welfare Services and Responsible Fatherhood Programming, that underscores quality father engagement philosophies, policies, procedures, protocols, and practices.

The workshop will be led by local and national thought leaders and undergirded by child and family research findings; consideration of family strengthening public policies, past and present; practice enhancement techniques for engaging fathers, as well as the identification of individual and organizational needs to improve outcomes for children going forward.

At the conclusion of the workshop, attendees will have been exposed to and better informed of: 1) the nexus between the well-being of children and the integration of responsible fatherhood, 2) co-occurring challenges faced by children, youth and family-focused agencies embracing the inclusion of fathers while responding to evolving service delivery requirements that don't necessarily support such inclusion; and 3) a local approach to expanding the capacity of children, youth, and family-focused agencies to improve outcomes for children through the integration of responsible fatherhood initiatives and/or programming.
Thursday, October 6th Pre-Conference Intensive:

Working with Children and Adolescents

8:00am – 9:30am  
**Building Resilience in Children Exposed to Trauma (D) (A 003)**

Casey Keene, MSW, LSW, Director of Capacity Building and Education, National Resource Center on Domestic Violence

To best support healing and promote resiliency in children exposed to domestic violence, we must attempt to understand the ways in which their experiences of trauma shape their world. This presentation will explore considerations and best practices for crafting trauma-informed responses for children. The presenter will make the case that trauma-informed approaches with children can be effective strategies for prevention.

10:00am – 11:30am  
**Working with Youth to Manage Anger Effectively (D) (A 010)**

David R. Leaman, EdD, psychologist, retired, self

A systematic approach using a variety of cognitive-behavioral strategies will be presented. Participants will have the opportunity to learn about their own anger, and develop practical skills for teaching youth and children how to express anger constructively. Handouts will be provided with experiential instruction for doing individual or group therapy.

1:00pm – 2:30pm  
**Review of Adolescent Depression Treatments (D) (A 020)**

Amanda Foulds, Supervisor, MSW student, Graduate Assistant, JusticeWorks YouthCare, Kutztown University Autism Program  
Fanghsun Wei, PhD, Kutztown University

Adolescent depression is an important issue now. It affects not only clients but also their families and communities. This research reviews different treatment methods to determine the useful treatments for adolescent depression populations. Five treatment methods were included in this study: Cognitive Behavioral Therapy, Collaborative Care, Narrative Therapy, Medication Management, and Interpersonal Therapy. The program evaluation methods and implications to social work practice are included.

3:00pm – 4:30pm  
**Segregated Play (A) (A 030)**

Natasha Al-Rafie, MSW Candidate, Clinical Intern / MSW Student, Family Service of Greater Boston / Wheelock College

According to the article Diversity and Play: Influences of Race, Culture, Class, and Gender segregated play can lead to isolation and shame for children who are not part of the group (Ramsey, 1998 p. 30). Through this presentation you’ll discover self-regulation and prosocial behaviors are linked to positive outcomes for segregated play. The child learns empathy, sympathy, and cultural norms; and the child adapts to emotions.
Thursday, October 6th Pre-Conference Intensive:

Working with LGBT Populations

8:00am - 9:30am  1.5 CEUs

Clinical Work with Transgender & Cisgender Clients (C) (A 004)

Alex Redcay, PhD, Executive Director, Serise Inc
Mayte Redcay

Princeton Hospital is a leader in healthcare & their behavioral health branch is one of the best programs in the state of New Jersey. Working with transgender patients/clients can be challenging due to confusion over ethical practice, appropriate terminology, genetic, neurological evidence, hormones, safety concerns, requirements for gender reassignment surgery & how to handle other clients questions, feelings, or behavior in relation to the trans client. This workshop will answer all your questions.

10:00am - 11:30am  1.5 CEUs

Trauma-Informed Care and Trans* Identity (C) (A 011)

Phoenix Wood, LSW
Julia Gottlieb, LCSW
Cynthia Closs, DSW, LCSW

This symposium will educate social workers about the provision of competent care to transgender (trans*) and gender nonconforming (GNC) identified clients. Focused on mental health services in agency settings, the seminar will familiarize social workers with better practices to improve upon the provision of trauma-informed care to trans* and GNC persons. Panelists will explore interventions that challenge complex trauma reenactments, microaggressions, systemic oppression and emotional well-being.

1:00pm - 2:30pm  1.5 CEUs

PrEP and the Role of Clinicians in Private Practice (D) (A 021)

Michael Tyler Ramos, MSW, LSW, CAADC, Psychotherapist, Walnut Psychotherapy Center and private clinician

Approximately 50,000 Americans are newly infected with HIV every year. In Philadelphia, 50% of new infections were among men who have sex with men, while 40% were within the heterosexual community. 79% of these infections were men. When broken down by race, 10% were white, 74% African American, and 12% Hispanic/Latino. Untreated or undiagnosed mental illness may increase an individual’s risk for HIV acquisition. Research has found that, compared to other men, gay and bisexual men are at increased risk.

3:00pm - 4:30pm  1.5 CEUs

The Intersection of LGBTQIA and Faith Identities (D) (A 031)

Claire L. Dente, PhD, LCSW, Associate Professor, West Chester University Undergraduate Social Work Department

This session will explore how LGBTQIA people of faith integrate sexual orientation & gender identity with their religious and spiritual identities. Historically, many mainstream faith traditions have marginalized LGBTQIA people based on theological teachings, leaving LGBTQIA people of faith to struggle with if/how they might continue to remain connected to their faith system. This session will examine key issues, strengths and challenges that arise for client systems living at that intersection.
Thursday, October 6th Pre-conference Intensive:

Clinical Work and Addiction Treatment

8:00am - 9:30am 1.5 CEUs

Foundations of Motivational Interviewing (D) (A 005)

Bernard Showers, LCSW, HUD/VASH SUD Specialist, Department of Veterans Affairs

Numerous learning techniques will be implemented, including lecture, demonstration, interactive role plays, and audio/visual learning aids. The spirit of motivational interviewing, micro-skills, and change talk will be taught using each of the aforementioned learning methods.

10:00am - 11:30am 1.5 CEUs

Creative Solutions for Individual & Group Therapy (C) (A 012)

Katherine (Kayti) Protos, LSW, Clinician, Steps to Recovery

Participants will experience creative, multi-media approaches to clinical topics as applicable to individual and group practice. This interactive workshop will explore how therapists can harness student learning theories to maximize client engagement and understanding. Topics include, but not limited to: addiction; eating disorder/body image; relapse prevention; spirituality; motivation for change; power-based personal violence; trust-building; identity development; and building connections.

1:00pm - 2:30pm 1.5 CEUs

Treating Prescription Drug Addiction Explosion with EFT (C) (A 022)

Elizabeth Jackson, CADC, CCS, CCPG, BCH, CMP, Clinician & Medical Hypnotist, Self U3 Body Mind Spirit

In today’s world, in the USA, we are seeing more people addicted to prescription drugs than at any other time in our history. Why are people turning to a pill to fix whatever ails them and then taking another pill to counteract the side effects? Insanity. This workshop sheds light on how this has come to be. Presenting - A history of prescription drugs, traditional Allopathic medicine, how illnesses are rooted in stress. Next, the healing nature of our bodies and how EFT benefits in that process.

3:00pm - 4:30pm 1.5 CEUs

Emerging Trends of New Psychoactive Substances (D) (A 032)

Lisa Cerullo, LCSW, Therapist, Mainline Health
Amanda Smith, LCSW

This presentation provides a detailed overview of new psychoactive substances whose use has become an emerging trend among teens and young adults in the United States. The substances that are discussed include synthetic cannabinoids and cathinones (K2, Spice, and Bath Salts) as well as Salvia, N-Bomb, Waxing, and Krokodil. Prevalence of abuse and neurobiology are examined. Guidelines on identifying individuals are presented. Social policies are examined. Treatment recommendations are offered.

6:00pm Official Opening of the 2016 Annual Conference
Chair-Based Yoga for Social Workers (D) (A 050)
Aileen McCabe-Maucher, RN, LCSW, DSW, Social Work Professor/Clinical Social Worker, Simmons College, U Penn, Delaware Technical and Community College

This workshop is a continuing education unit (CEU) course that teaches social workers and other mental health professionals how to cultivate resiliency and enhance self-care through the ancient practice of yoga. The course explores emerging research that reveals how yoga and other mindfulness-based practices can positively impact neurochemistry and brain biology. Most of the yoga positions and breathing exercises are practiced from a chair and can be adapted to any level of flexibility.

A Committed and Fulfilling Marriage Between Self-Care and An Emotional Sense of Direction (D) (A 050)
SaraKay Smullens, ACSW, LCSW, BCD, CGP, CFLE, self-employed social worker and best-selling author

Burnout is epidemic in our society. This workshop will review societal reasons for burnout as well as address its primary intrapsychic and interpersonal causes — compassion fatigue, vicarious trauma, and countertransference. Also introduced will be self-care strategies that can alleviate and prevent it, as well as events that led to six years of research in this area and the publication of the presenter’s latest book. Crucial in selecting and maintaining those self-care strategies that are right for each of us is the development of an “emotional sense of direction” to guide in creative and fulfilling choices in love, friendship and work. In conclusion, it will introduce a short term, interactive therapy model that facilitates this development.

Leadership Development through Assertive Communication (A) (A 052)
Renee Cavallaro, MSS, LCSW, CCDP-Diplomat, Executive Director of Avenues Recovery Center, Owner and Executive Leadership Consultant, How Organizations Promote Excellence

This session will be of interest to participants because a strong leader has excellent communication skills. These skills are essential to successfully building and sustaining relationships. Leadership is all about relationships. Leaders who develop their teams to be independent, positive thinkers have the highest likelihood for success in any given experience.

Oh No, I Love my Client! (C) (A 053)
Danna Bodenheimer, MSW, LCSW, DSW, Psychotherapist/Director of Walnut Psychotherapy Center

This workshop will address the complex emotional experience of loving one’s clients. We will not necessarily discuss erotic love, but instead the feeling of being incredibly drawn into the life and mind of a client in a way that challenges our sense of professionalism, ethics and boundaries. Strategies for managing the intensity of this experience will be explored, in addition to how to make effective use of supervision in order to mitigate the clinical impact of this experience.
Social Advocacy for Deaf and Hard of Hearing People (SJ) (A 054)

Makoto Ikegami, LCSW, Outpatient Therapist, PAHrtners Deaf Services

Although access to mental health services for deaf people has improved in the last ten years, many gaps continue to exist. One significant and contemporary issue requiring increased attention is the unavailability of community mental health services for this population. This workshop proposes an improved social advocacy policy at the macro and mezzo levels and an implementation plan to better understand and address the mental health needs of deaf people.

Sponsor Reception

NASW-PA welcomes you to the annual conference during this evening reception providing opportunities for food, fun, and networking. The food served will have an “Around the World” theme as you enjoy appetizers or desserts from different cultures. A cash bar will be available. Make sure that you visit our sponsors and exhibitors, and thank them for their help in making the conference possible!

Introducing SWEETalks:

NASW-PA is introducing a new component to the annual conference. If you’ve heard of or listened to TED Talks, then you’ll enjoy our SWEETalks. These focused, 30-minute presentations will discuss subjects such as ethics, politics, self-care, and more. They are designed to highlight specific techniques or ideas current to the social work profession. These short and “sweet” events will count for 0.5 hour CE credit when combined with your overall conference attendance. Topics will be announced when you arrive, and you’ll have the choice of several topics.

If you choose not to participate in a SWEETalk you’ll have a full hour to talk with exhibitors, network with colleagues, or check in with the office before your next workshop begins.
Mike Veny, Mental Health Speaker

NASW-PA is thrilled to bring you nationally-renowned speaker and mental health advocate, Mike Veny. This exciting and interactive presentation will start the conference with a bang, and will set the tone for all the events to follow. You do NOT want to miss this engaging presentation by a fantastic speaker! Mike Veny is both a professional motivational speaker and a professional musician, and he will share both of those talents with the attendees at the NASW-PA annual Social Work Conference.

As a person who has struggled with mental health challenges, including anger, depression, anxiety, and OCD, Mike has become a passionate advocate for reducing the stigma surrounding mental health, and has developed a platform entitled “Transforming Stigma into Strength” that is intended to change perspectives regarding mental health on a national level. He is fiercely committed to wellness and suicide prevention, and is regularly featured on ABC, NBC, and CBS news as a mental health expert. He’s a regular guest on The Fresh Outlook TV news show, a writer for Corporate Wellness Magazine and HealthCentral.com. His TEDx talk, Mental Illness is an Asset, has gotten sensational reviews and has been used in college classrooms.

In addition, Mike is a high-energy drum circle facilitator. A drum circle is a fantastic way to bring people together, and has traditionally been used as a prelude to community events. As each person in the audience receives an instrument, you will engage in an interactive drumming presentation as Mike leads the group from disparate rhythms into becoming a unique percussive orchestra. Barriers are broken down, and bonds are formed within the audience as you learn to work in harmony. Previous drum circle experiences have been described as motivating, empowering, relaxing, and energizing... and we expect this one to be no different!

Mike will inspire us with a charge to reduce the stigma surrounding mental illness and what we can do as professional social workers, and then lead us through an empowering drumming experience guaranteed to put a smile on your face. This one-of-a-kind experience is offered only at the Friday morning Keynote Presentation at the 2016 annual NASW-PA conference. We hope you won’t miss this opportunity!

"As a person who struggles with mental health challenges on a daily basis, I am committed to sharing my experience with you and let you know that it's okay to just be you. In fact, I believe that your mental health challenges are your genius in disguise."

– Mike Veny
“Social Working” Across Cultures (D) (B 020)

Kristen Nielsen Donnelly, MSW, M Div, PhD, Director of Personnel and Research, Abbey Group Companies

Every social worker knows the importance of reflexivity, or do they? Is it just a practice talked about in school, but never put into play? This workshop will discuss the importance of knowing ourselves, especially in today’s multi-cultural service environments. This applies to clients, office dynamics, and personal life.

Clinical Hypnosis: Empathic Approach for Cancer Patients (B 021) E

Bonnie Shields, LSW, Senior Clinical Social Worker, Allegheny Health Network

Clinical hypnosis is an approach to help cancer patients more successfully manage their emotions while making life changing decisions. This model can be used in most clinical settings. The goal is to provide an empathic process by setting an example for the client to achieve trance on their own. The therapist models the process which creates a relationship with the client and remains supportive allowing for opportunities to work through difficult decisions without deep emotional distress. The patient perceives and achieves more control in the process.

Ethical Dilemmas in Macro Social Work (A) (B 022) E

Laurie Friedman, LCSW, MPA, Instructor, Millersville University
Jennifer Frank, LSW, Instructor / Field Coordinator, Millersville University

This workshop aims to help participants recognize ethical dilemmas in macro social work practice, i.e. administration, management, community and policy work. We will review Sections 3-6 of the Code of Ethics, along with an ethical decision making framework. Then we will apply the framework to ethical dilemmas and discuss the importance of the process when faced with these decisions.

Improving Outcomes of Treatment, While Saving Time (D) (B 023)

Jason Raines, MPA, MBA, SSBB, CLS, (doctoral student), Director of Systems Improvement and Business Analytics, KidsPeace

Too many treatment programs fail to deliver the desired outcomes for clients. Fortunately, continued improvement concepts and tools can solve that problem. This presentation will take you through how to use different data tools to garner the best outcomes possible in any treatment setting. Participants will learn how to apply Lean and Sigma continued improvement tools to maximize the effectiveness of a course of treatment while creating extra time for a social worker and saving money.
**Friday, October 7th:**

**Friday Morning Workshops / Events**

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**Medical Advocacy and Intimate Partner Violence (D) (B 024)**

Sydney Rolle, BS, Medical Advocate/ Intimate Partner Violence Specialist, Lutheran Settlement House
Jessica DuBois, LSW, Lutheran Settlement House, IPV Specialist/Medical Advocate

This workshop will explore a hospital based intervention for intimate partner violence (IPV) through the discussion of the dynamics of intimate partner violence, barriers to screenings, medical advocacy and best practices for addressing intimate partner violence. IPV effects 1 in 3 women, 1 in 4 men, and 1 in 5 teens. Given these figures, this hospital-based program aims to improve the communities response to survivors of IPV.

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**MSW Does Not Mean “Must Save the World!” (D) (B 025)**

Dorothy Adamson Holley, PhD, LCSW-C, Psychotherapist/Clinical Social Worker, DEAH Training and Consulting, Inc.
Deirdre Osiomwan, RN, BSN

This workshop examines self-care as it relates to the four dimensions of the human person: Physical, Intellectual, Emotional, and Spiritual. Topics include barriers to self-care, boundary issues, self-love, and avoiding burnout. Special attention will be given to identifying ways that self-care practices can be integrated into daily life, thus extending the impact of the learning beyond the workshop. This workshop includes guided meditation on BEing, movement therapy, and a closing ritual.

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**Social Media & Social Movements (SJ) (B 026)**

Ginneh Akbar, LSW, DSW, Assistant Professor, West Chester University
Adiza Ezell, MSW, University of Pennsylvania
Nina Mendez, MS, Drexel University

With the overwhelming success of major movements such as #OccupyWallStreet and #BlackLivesMatter, that began in social media, researchers from various fields are exploring how new media can support global collaboration and communication. This presentation explores the success of major social movements that began in social media, and offers suggestions on how we can use social media to promote activism and advocacy and engage students in meaningful discussions of social policy and social justice.

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**Supporting Children After Suicide Loss (C) (B 027)**

Sarah Montgomery, LCSW-C, Coordinator of Children and Family Programs, Chesapeake Life Center

In this workshop, we will be addressing the special concerns of children who have lost a loved one to suicide. Topics will include appropriate language to use when talking about suicide loss, common reactions (such as anger, self-blame, confusion and sadness), and how to handle sensitive questions from those outside the family. This presentation will utilize lecture, clinical examples and video.
Friday Afternoon Workshops / Events

Friday 12:25pm – 1:30pm  0.5 CEU

PACE Luncheon & Presentation (SJ)

Political Action for Candidate Election (PACE) is the political action arm of the National Association of Social Workers. As a political action committee, PACE endorses and financially contributes to candidates from any party who support NASW’s policy agenda. We will be collecting donations to the PACE Pot with a chance to win, as well as giving a legislative update and political discussion.

Friday 2:15pm – 3:45pm  1.5 CEUs

Changing How We Do Foster Care (D) (B 040)

Rachel Kuhr, LCSW, Director of Adoption Services/ Healing Hearts Family Based program, JFS of Harrisburg
Faye Hall, MA

Caregiving in the foster care system has dramatically shifted due to research in neurobiology and interpersonal trauma. System changes increase the number of children in kinship placements, leaving foster families to parent those with the most significant behavioral, emotional, and attachment challenges. Agencies need to examine training and recruitment polices. The system is changing to one that offers improved staff and family retention, placement stability, and decreased dissolved adoptions.

Creative or Crazy: Being at Ease ‘Outside the Box’ (D) (B 041)

Kevin Masturzo, LCSW, owner, TSW Consulting

We will explore the use of self, adding personality to practice, becoming comfortable stepping ‘Outside of the Box’, and being creative in practice. Aspects of the therapeutic relationship that foster openness and cooperation, and those that sabotage our own efforts, will be identified.
Crisis Preparedness for Non Profit Organizations (A) (B 042)

Jeffery W. Harvey
Willis F. Kettrell

Nonprofit Organizations (NPOs) are constantly encountering operational and financial crises due to the intense competition, limited resources, and funders encouraging collaboration with intra and inter-type organizations. Also, this crisis state NPO is compounded by the inordinate increase in demand for available services. A critical question for the NPO leader is ‘how do NPOs manage the crisis?’ Historically, NPOs usually respond in a non-prepared fashion by losing viable contracts or collaborating with organizations that do support their mission. From a leadership perspective, what are the constructs available to respond to crisis conditions and how do executive leaders prepare the organization for timely circumstances. Three primary crisis preparedness terms can be applied to the NPO to bolster its resiliency: risk, capability, and vulnerability. In this presentation, we will explore and discuss the application of these crisis preparedness frames to the NPO context to prevent NPO financial and operational depreciation and deterioration of available service to the marketplace/consumers.

Groupwork for Recent Immigrants & Refugees (C) (B 043)

Azadeh Block, MSW, PhD, Assistant Professor, California University of PA
Leslie Aizenman, MPPM
Jordan Golin, PsyD

In this session participants learn about the model used to create peer support groups for serving the Bhutanese, Iraqi, Latino/Latina, Sudanese, Congolese, and pan-African populations that have recently settled in the Pittsburgh area (Allegheny County). Successes, challenges and research findings regarding client outcomes for groups will be discussed.

Health Care Reform: At the Tipping Point? (SJ) (B 044)

Bob Mason, LCSW, CEAP, President, Health Care 4 All PA

Workshop will focus on a variety of strategic approaches to expanding grassroots support for universal health care reform building upon advances of the ACA. Includes using business-oriented documentary, creating social media community through strategic messaging, and working in coalition with other grassroots organizations. This workshop will Utilize Movement Action Planning developed by Bill Moyer and associates to analyze stage of health care reform.
Quality of Life in the Elderly Population (D) (B 045)  
Kelly Follweiler, Therapeutic Staff Support, Kidspeace  
FangHsun Wei, PhD, Kutztown University

This study covers a systematic review of literature articles using the evidence-based model to determine what factors influence an elderly person’s quality of life. The purpose of this study is to address the importance of quality of life and the family well-being. Three main factors were discovered: social interaction, medical status, and financial circumstances. In order to improve the client and family well-beings, the implications of social work practice and research will also be discussed.

Storiez: Trauma Narratives with Inner City Youth (C) (B 046)  
Meagan Corrado, LCSW, DSW pending, Clinical Therapist, Caring Counselors

Every person has a story. Embodied in every story are narratives of pain and suffering as well as narratives of strength and resilience. The Storiez intervention guides therapists through the process of helping inner city youth tell their stories. Participants in this seminar will learn each of the nine steps in the Storiez intervention. They will also learn ways to provide culturally-sensitive, client-centered, strengths-based trauma treatment to this specific population.

When Home is Not a Sanctuary (SJ) (B 047)  
Paul Lukach, LSW, Executive Director, Crime Victim Center of Erie County, Inc.  
Amy Blackman, Director of Prevention Education, Crime Victim Center of Erie County, Inc.

52% of sexual assaults take place where victims live. For many people who have been sexually assaulted, home is not a place for peace, but rather a reminder of the trauma that has occurred. In this workshop, we will examine the links between sexual assault and housing, the housing protections passed in VAWA 2013 for victims of sexual assault, and resources available for victims of sexual assault, both on the state level and locally.
Workshop will focus on a variety of strategic approaches to expanding grassroots support for universal health marketplace/consumers. In this presentation, we will explore and discuss the application of these crisis preparedness frames to the NPO context mission. From a leadership perspective, what are the constructs available to respond to crisis conditions and question for the NPO leader is 'how do NPOs manage the crisis?' Historically, NPOs usually respond in a reactive mode to crisis states. This state, however, is compounded by the inordinate increase in demand for available services. A critical need for NPOs is to develop strategies that prevent the crisis state and implement proactive approaches to their sustainability. This approach must address the competition, limited resources, and funders encouraging collaboration with intra and inter-type organizations.

Crisis Preparedness for Non Profit Organizations (A) (B 042)

Examine the links between sexual assault and housing, the housing protections passed in VAWA 2013 for victims of sexual assault, and the prevalence of sexual assault in the context of a homeless experience. For example, 52% of sexual assaults take place where victims live. For many people who have been sexually assaulted, home is not a place for peace, but rather a reminder of the trauma that has occurred. In this workshop, we will provide the knowledge necessary to understand the impact of sexual assault on victims, the resources available for support, and the trauma-informed housing approach for survivors. This workshop is for professionals working with survivors of sexual assault.

Amy Blackman, Director of Prevention Education, Crime Victim Center of Erie County; Paul Lukach, LSW, Executive Director, Crime Victim Center of Erie County

Also, this crisis state NPO is compounded by the inordinate increase in demand for available services. A critical need for NPOs is to develop strategies that prevent the crisis state and implement proactive approaches to their sustainability. This approach must address the competition, limited resources, and funders encouraging collaboration with intra and inter-type organizations.

Storiez: Trauma Narratives with Inner City Youth (C) (B 046)

They will also learn ways to provide culturally-sensitive, client-centered, strengths-based trauma treatment to this specific population. They will have the opportunity to discuss trauma-informed housing and the impact of sexual assault on victims. The workshop will provide a safe and supportive environment for participants to share their experiences and concerns.

Amy Blackman, Director of Prevention Education, Crime Victim Center of Erie County; Paul Lukach, LSW, Executive Director, Crime Victim Center of Erie County

In this workshop, we will explore how to deconstruct prevailing narratives about poverty and rebuild them using a framework of social empathy. Implications for teaching, practice, and research will be discussed.

Jennifer Frank, LSW, Millersville University Instructor, PhD Candidate, Bryn Mawr College

The purpose of this workshop is to discuss the cost-benefit analysis of the Housing First approach to homeless assistance. The speaker will introduce the purpose of the Housing First approach and outline the evidence supporting its effectiveness. Attendees will gain an understanding of the problem of homelessness, the ineffectiveness of existing programs, and the solutions to the important issue of homelessness.

Tate Boyer, BSW Student, Kutztown University; Yasoda Sharma, PhD, Kutztown University, Professor of Social Work

Alzheimer's disease and related dementia impact the brain far beyond memory issues. These signs and symptoms are often seen only in retrospect, after the decisions and actions resulting from the disease impact the person with dementia's life in a negative, permanent way. We will discuss the signs and symptoms of dementia and the impact of late diagnosis and misdiagnosis. Older Adult Protective Services case studies will be utilized.

Amy Dukes, BA, CCM, Senior Education and Outreach Manager, Alzheimer's Association, Greater PA Chapter

“American identity is rooted in a historical fact – slavery – and serious work must be done to bring us all farther from that agony.” Black Rage, the seminal work by black psychiatrists William H. Grier and Price M. Cobbs, the Diagnostic and Statistical Manual of Mental Disorders Fifth Edition, and other relevant works will be reviewed to address the historically discrepant rates of diagnosis of mental illness in black and white populations.

Lloyd Lyter, PhD, Professor at Marywood University, East Stroudsburg Campus
4:00pm – 5:30pm Continued...

**Mass Community Trauma in a School Setting (D) (B 055)**

Kimberly Preske, LSW, Executive Director, National Alliance on Mental Illness

Explore populations, coping skills and systemic reactions using a case study with an adult school shooting survivor. Traumatic events in school communities are difficult to contain and illustrate the immense complexity of reactions. Recognizing existing relationships within schools provides the basis of cultural competency. Responders can provide skills training and maintain the existing boundaries within schools. Social workers can promote pre-education and planning within their communities.

**Poverty, Ideology, and Pursuing Social Justice (SJ) (B 056)**

Stephen W. Stoeffler, PhD, LSW, Assistant Professor, Kutztown University

This presentation will address the connections that exist between poverty attributions of social workers and their adherence to the social justice statements in the NASW Code of Ethics. Drawing from an original study and extensive literature review, it is demonstrated that one's political ideology and understanding of the causes and cures for poverty greatly affect the level of importance placed on the social justice mission of the social work profession as well as the social welfare policies pursued.

**Trauma-Sensitive Yoga in PA Rape Crisis Centers (D) (B 057)**

Rebecca Zelner, Student Intern, Pennsylvania Coalition Against Rape
Alexa Livelsberger

The purpose is to describe trauma-sensitive yoga as an effective form of therapy for trauma survivors, and how Pennsylvania rape crisis centers are utilizing this new research. It will showcase a research project conducted by the presenter, and will highlight what centers are currently doing with yoga for survivors.

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**PAUSWE CONFERENCE – Friday Night**

**5:00pm – 6:00pm:**
PAUSWE Conference Registration

**6:00pm – 6:30pm:**
PAUSWE Dinner (Add on price for regular conference attendees)

**6:30pm – 7:30pm:**
PAUSWE Keynote: Millennials, Social Work & Sexuality (1 CEU)

*Brent Satterly (picture right), PhD, LCSW, Associate Professor, BSW Program Director, Widener University*

The Circles of Sexuality, a holistic model of human sexuality, is an excellent tool for training BSW students to infuse a strengths-based approach into generalist social work practice. The Millennial generation, in light of social media, has a significantly different approach to human sexuality than previous generations. This workshop will explore the ways that Millennials make meaning around Sensuality, Intimacy, & Sexual Identity.
Join us for a night of fun, friendship, dessert food, and cash bar. Wear your bell bottoms, big hair, and other groovy accessories, such as disco ball earrings or necklaces.... Be creative and have fun. There will be prizes for best dressed and more... watch emails to learn more details.

Professionals: $10
Students: $5
Saturday, October 8th:
Saturday Morning Workshops

Saturday 8:00am – 9:30am  1.5 CEUs

**PAUSWE Student Track: My Career: I Have Just Graduated, Now What? (C 001)**
Marietta Scalise-Warnitsky, LCSW, QCSW, Licensed Clinical Social Worker, Bloomsburg Psychological Center, Marywood University

Every semester, social work students graduate from bachelor and master degree programs and enter the profession of social work. Armed with their internship experiences and textbook knowledge they enter an exciting, yet challenging profession. This workshop will focus on tips and strategies for the fledging social worker to develop a professional strategy to promote ongoing professional growth.

**PAUSWE Student Track: Social Work with Muslims in the United States (C 002)**
Stephan Granich, DSW, Assistant Professor of Social Work, Lock Haven University

This workshop will present on a recent trip to Rabat Morocco. It will discuss the Muslim culture, the Muslim religion, and the impact of discrimination on Muslims in the United States and how social work can deal with it. The workshop will utilize photos, PowerPoint, and cultural artifacts during the presentation.

**PAUSWE Field Education: Field Education and Students with Disability (C 003)**
Margaret Smith, PhD, ACSW, LSW, MPH, BSW Director Field Education, Edinboro University of PA

This presentation will provide insight into strategies that support self-determination for students with disabilities in field education. The Office of Students with Disabilities (OSD) by law provide support, services and accommodations for students with disabilities. However, students with disabilities entering field education do not necessarily know what supports and accommodations will support their field practicum experience. Therefore, the student must identify supports to be successful.

**PAUSWE Field Education: Two Part Course (45 minutes each) (C 004)**

**Part One: Leading Change: More Affordable Access to Higher Education**
Kathy Schank, MSS, LCSW, BCD, Assistant Professor, Social Work, Delaware County Community College
Michele Belliveau, LSW, PhD, Associate Professor and Chair, West Chester University, BSW Program

There are several pathways to attain a Bachelors of Social Work (BSW). One pathway that is more affordable to students is to start in a Social Work or Human Service degree program at a local community college and transfer into a BSW program. Many students, however, take multiple credits at community college that will not transfer to their comparable 4-year degree. The PA-TAOC enables students to be more informed about their transfer credits, yet human service programs and BSW programs do not always align.

**Part Two: Plans, Partnerships, and Pit Stops: The Journey to Effective Online Learning**
Leonora Foels, PhD, LICSW, LCSW, Associate Professor, Millersville University
Marie Firestone, MEd

The growing demand for online education has influenced social work education. This workshop will present an outline for designing an authentic and effective online learning environment. The purposeful, strategic planning essential for effective teaching and learning of social work knowledge, skills, and values using technology in higher education will be described. Lessons learned will also be presented.
**Saturday, October 8th:**

**Saturday Morning Workshops**

**ASI - Assurance Services: Risk Management (part 1) (D) (C 005)**

Becky S. Corbett, MSW, ACSW, President & CEO, BSCorbet Consulting, LLC

This seminar will reveal the major reasons why social workers are sued and what you can do about those risks. The speaker will define what constitutes a malpractice case and emphasize important recordkeeping issues, guidelines for supervision, special tips for clinical and private practitioners, and brief attendees about malpractice insurance, its special feature and implications for practice.

**Healthy Aging in Communities (A) (C 006)**

Mary Daly, EdD, LMSW, BSW Program Director, Mansfield University of Pennsylvania

Spurred by the recent White House Conference on Aging (2015), social workers are called to plan, deliver, and evaluate healthy aging programs. Engagement can include convening diverse partners, encouraging older adults’ participation in decision-making, promoting educational programs, improving healthcare access, and planning age-friendly communities. This presentation will describe an initiative of a rural Area Office of Aging to integrate community supports and promote aging in place.

**Racial Reconciliation (SJ) (C 007)**

Ling Dinse, LSW, Assistant Professor, Lancaster Bible College

National headlines in the recent months indicate that there is still work to be done in the area of racial relations in the U.S. The United Nations’ Working Group of Experts on People of African Descent assessed racial issues in the U.S. and expressed grave concerns regarding the human rights situation of African Americans. One of our profession’s core values is the importance of human relationships. Social workers have the professional duty to be intentional in finding ways to bridge the gap of racial divide in the American society. It is vital for us to understand factors in the perpetuation of this social ill and explore ways to support racial reconciliation personally and professionally.

**Spiritual Coping Impact in the Workplace & Classroom (D) (C 008)**

Telvis Rich, Adjunct Instructor/Director, Field Education, University of Pittsburgh/Capella University

Social work students and practitioners are faced with challenges in the workplace and classroom. Challenges range from workplace cohesion, time management, meeting documentation deadlines and scheduling client meetings for practitioners. For students the challenges may include managing assignments, practicum, personal obligations and life situations. Whatever the challenge, current and emerging social workers must embrace coping strategies to excel. This session will explore spiritual coping.

**Coffee with Exhibitors / SWEETalks: 9:30am – 10:30am**
Saturday, October 8th:
Saturday Morning Workshops

Saturday 10:30am - 12:00pm  1.5 CEUs

PAUSWE Student Track: Two Part Course (45 minutes each) (C 020)

Part One: Overcoming Barriers to Student Learning
Alex Redcay, PhD, Executive Director, Serise, Inc
Angie Vedal

Students may choose the profession of social work because of personal experiences, like trauma. Students may present with mental & behavioral health issues, particularly anxiety. Finally, students may be met by faculty who are of a different race, religion, or sexual orientation. The student may be triggered by difference, struggle with trust which strains the new faculty-student relationship. This workshop will discuss common issues & how to protect students from sabotaging their learning.

Part Two: Exploring Spiritual Coping in the Classroom
Telvis Rich, LGSW, EdD, Director, MSW Program Field Education, Capella University

Students and faculty in social work programs employ spiritual coping to manage challenges, course rigor and achieve academic and personal success in social work programs. During the presentation, attendees will explore the tenets of spiritual coping, and gain insight on how this emerging tenet influences student success and faculty job satisfaction.

PAUSWE Student Track: Introducing SBIRT in a Rural Social Work Curriculum (C 021)

Thao Pham, PhD, MSW, Assistant Professor, California University of PA, Social Work Department
Rosalie Smiley, PhD, Professor, California University of PA, Social Work Department

This workshop will discuss CalU’s Social Work Department’s efforts to increase the number of social work practitioners qualified to work effectively using SBIRT with adolescents. This workshop will teach the participants basic foundations of SBIRT, how to integrate SBIRT into a BSW curriculum and lessons learned.

PAUSWE Field Education: Developing the Professional Self in Field (Panel) (C 022)

Moderated by Anita Gooding, MSW, BSW Field Director, West Chester University in Philadelphia
Janet Bradley, MSS, MSLE Director of Field Education, West Chester University BSW Program
Michelle Dixon George, MSW, LCSW, BCD, Associate Professor of Social Work and Social Work Field Placement Coordinator at Messiah College
Mary McCormick, MSS, LCSW, Psychotherapist and Adjunct Faculty member at West Chester University

Over the course of the workshop, participants will learn from field directors, faculty, and practitioners about why professionalism is a crucial part of social work, how professionalism presents itself across generations, and how to best teach professionalism in the classroom to both traditional and non-traditional students.

PAUSWE Field Education: Tweeting Towards Social Justice (C 023)

Casey Bohrman, LSW, PhD, Assistant Professor, West Chester University BSW Program
Yvonne Fields-Woodson, BSW Student, West Chester University
Reginald Combs-Harris, BSW Student, West Chester University

As social media, particularly Twitter, has become a core part of most social movements, it is imperative that social workers become more familiar with the ways that social media can be used to advance social causes. The workshop will include an overview of Twitter terminology with a focus on how Twitter is being used by advocacy organizations/individuals. Students will share how they have incorporated Twitter into their activism.
SI - Assurance Services: Risk Management (part 2) (C 024)

Continuation from morning session. This is a closed session for attendees who participated in the morning session.

Culturally Diverse Death, Dying, and Bereavement Practices (D) (C 025)

Julie A Guistwite, LSW, Doctoral Student and Adjunct Assistant Professor, Widener University

Social workers across the practice spectrum encounter racially and ethnically diverse clients confronting acute life-threatening illnesses or mourning the loss of a loved one. In an increasingly multicultural world, providing competent assistance requires that practitioners understand diverse end-of-life and mourning practices. This session presents a comprehensive overview of the beliefs and death-related practices of the four prominent minority groups in America. Emphasis will also include the connection between practitioner self-awareness and culturally sensitive practice in the differing sociocultural contexts. This is part of a broad initiative to enhance cultural competence and advance best practice.

HIV Then & Now: Care, Trends & the Role of Social Work in Medication Treatment Adherence (D) (C 026) Sponsored by NASW HIV/AIDS Spectrum Project

Jennifer Goldberg, LSW, MEd, Adolescent Social Worker, Children’s Hospital of Philadelphia

This session will review HIV information and treatment changes over the past decade, define HIV and key concepts to ensure culturally competent practice, understand the unique role of social work in promoting treatment adherence, and discuss collaboration and communication for providers of HIV+ patients in a multi-disciplinary approach.

Legislative Advocacy: Leading Change at the Local, State, and Federal Levels (SJ) (C 027) Sponsored By PA-PACE

Johanna Byrd, IOM, ACSW, Executive Director, NASW-PA
Tim Seip, LSW, DSW Student, Full Time Faculty Member, Kutztown University of Pennsylvania and past member of the PA House of Representatives
Troy Brindle, LCSW, NASW-PA President, Co-owner and Director of Springfield Psychological

This presentation will explore the dynamics associated with professional social work and the policy arena. For social work practice to be at its most effective, social workers must fully utilize the political and policy areas of practice. However, this area of practice is often neglected. This workshop will discuss the ethical implications, examine the current research and trends, and explore the real-world consequences of how social work practice suffers at every level when social workers choose not to get involved, and how we could exponentially expand our influence if we were to fully embrace our role and demand a seat at the table.

Exhibitor Exploration Time / Awards Lunch: 12:00pm – 1:50pm
Saturday, October 8th:
Saturday Afternoon Workshops

Saturday 2:00pm - 3:30pm  1.5 CEUs

**Bridging the Unspeakable (C) (C 030)**

Lynn Coghill, LCSW, ACSW, Director, MSW Program, University of Pittsburgh, School of Social Work
Toya Jones, LCSW

This workshop is well-suited for practicing clinical professionals who are grounded in Cognitive Behavioral Therapy and are familiar with trauma treatment. In this workshop, we will explore creative methods to work with traumatic issues that may not be fully conscious. Come ready to participate in creative strategies to implement with your clients.

**Mindfulness in Clinical Work (D) (C 031)**

Meg Myers, LCSW, Adjunct Professor & Outpatient Therapist, West Chester University and Broudy & Assoc.

The use of mindfulness skills in the therapeutic relationship is a relational skill can be used to enhance clinical skills. In mindfulness-informed therapy, the therapist is tuned in to the energy and experience in the room. This helps the therapist to be attuned to their own internal experience as well as the client’s experience. This is used to help facilitate the experience in the moment between client and therapist. Mindfulness in clinical work can also serve as also a protective factor, helping the client reduce symptoms, as well as protect the therapist from burnout and compassion fatigue.

**Nurture through Nature: Work with Youth in PA (D) (C 032)**

Pia Houseal-Allport, MSS, LSW, SAP Manager, Center for Humanistic Change

Can nature heal? Can exposure to nature impact well-being? Participants will explore how poverty effects children and adolescent well-being and social-emotional growth. Participants will learn why it is important to promote our children’s connection to the outdoors and natural environments, exploring innovative approaches to address well-being.

**Practice Challenges and Ethics: A Review and Integration (D) (C 033)**

Edward Hanna, DSW, LCSW, Assistant Professor, Kutztown University of Pennsylvania

This extended workshop will be presented in two parts. The first part will be a refresher review of the NASW core principles and standards, critical thinking strategies, and ethical decision making processes. The second part will be interactive: Four or five topic areas will be provided to participants to choose from for small group discussions, yet attendees will be encouraged to share their own challenges in the field. Participants will be encouraged to use the code of ethics and critical thinking skills as they focus on dynamic tensions created by ethical dilemmas and challenges to their own personal and professional values. The process is also designed to facilitate peer supervision and support.
Saturday, October 8th:
Saturday Afternoon Workshops

Rights-Based Framework in Social Work Practice (SJ) (C 034)
Karen Rice, PhD, LSW, ACSW, Associate Professor/Chair, Millersville University
A rights-based approach to social work practice aligns with the core values of social work as it incorporates ideals of equality, transparency, accountability, and empowerment. This approach has both intrinsic and extrinsic value as the social services delivered promote collaboration and strengthening of the community. This presentation will highlight the key components of the rights-based framework and demonstrate how to apply it to all levels of social work practice.

Social Work Leadership in a Business Model (A) (C 035)
John Conahan, PhD, LCSW, Associate Professor, Kutztown University
This presentation will utilize case analysis that describes and interprets one organization’s response to the emerging needs of special populations by incorporating a Social Business Model framework. Define and conceptualize the importance of Social Work Leadership. Introduce the role of Social Work Leadership in responding to the gaps in service for special populations? Examine the role of Social Work Leadership with governance? What are the best practices in assessing leadership?

De-Escalation and Safety in the Field (D) (C 036)
L. Wayne Kenney, MHS, LPC, CAADC
Mildred Kenney, MSW
Led by two social workers who have faced dangerous client situations in both home visit and agency/hospital settings, this workshop provides hands-on guidance for staying safe and de-escalating dangerous situations before they get out of hand. Included are several vignettes (including talking through examples from the audience), and techniques such as office arrangement, body positioning, and more to give you the best chance of getting out of a situation unharmed.

Understanding the Challenges Faced by Older Adults (D) (C 037)
Charlene Lane, PhD, LCSW-R,
Assistant Professor Socical Work & Gerontology,
Shippensburg University
As the number of older adults in prison continue to increase; It is imperative that helping professionals are cognizant of the unique needs of this population. Understanding of the needs of older incarcerated adults would ultimately contribute to their quality of life and value the dignity and worth of a population that is typically stigmatized.
Saturday, October 8th:
Saturday Afternoon Workshops

Saturday 3:45pm – 5:15pm

**Campus Sexual Assault 101 (D) (C 040)**

Karen Galbraith, LSW, Training Projects Coordinator, Pennsylvania Coalition Against Rape

In recent years, campus sexual assault has received unprecedented attention from the media, politicians, and society, at large. This workshop will explore the unique considerations for responding to campus sexual assault, including trauma-response, campus culture, and relevant legislation. Participants will learn information that will be helpful in their work to support students and campuses affected by sexual violence on both the micro and macro levels.

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**Duty To Warn: Tarasoff/Emerich Versus Clinical Care (C) (C 041)**

James Andrews, LCSW, BCD, CMFSW, Forensic Social Worker, Forensic Behavioral Associates

This workshop will address the basic elements of duty to warn situations. The workshop will begin with a presentation of the Tarasoff and Emerich case facts and their implications for practice. Lecture and discussion will continue with the risk concepts and clinical considerations governing this complex and often misunderstood intersection of clinical practice and risk management. The participant will gain an understanding of the conceptual background and skills for management of duty to warn.

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**Life & Death: From Personal to Professional (D) (C 042)**

Ruthanne Dimitrov Hackman, PhD, LSW, Part-time faculty, Capella University
Sara Lichtenwalter, LSW, PhD, Gannon University

This workshop has practitioners reflect on the interaction between their personal and professional experiences regarding life, genetics, and death. A presentation with discussion explores the context of practice through a historical review of these topics focusing on explicit and implicit messages in social responses and related implications for social work practice. We will review relevant NASW policy statements and practice standards.

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**Promoting Equity Within Professional Relationships (D) (C 043)**

Michael Benjamin May, PhD, Psychology Supervisor, NHS/AVS

Treatment plans for consumers with intellectual disabilities and/or mental health disorders in residential facilities are often developed by Graduate Level Therapists (GLTs), yet implementation of those plans is partly the responsibility of Direct Support Professionals (DSPs) who are supported by GLTs. Due to their interdependent relationship, research exploring equity within their relationship was conducted at two treatment facilities. The results of this research offer insights that are tran
Social Work Promoting Collaboration & Integrated Care (D) (C 044)

Christina Gigler, LCSW, ACSW, Field Director/Clinical Instructor, Marywood University School of Social Work
Michelle Felix, DBH, LCSW, Lehigh Valley Health Network
Andrew Palomo, MSW, Valley Youth House

It is time for social workers to be part of efforts transforming the lives of patients and consumers in health care settings. This workshop will explore an effective model for health care organizations utilizing social workers in integrated whole person care through the example of a social work practice initiative with adolescents. It will provide an overview of the theories, perspectives, and practice models of Inter-Professional Practice in integrated care settings.

Trauma Informed Advocacy (D) (C 045)

Alexandra Dolan, LSW, Outcoms in Behavioral Health Training Coordinator, Support Center for Child Advocates
Allie Dolan
Laurie Ayler

This presentation will challenge social workers to think holistically about how trauma affects children and will introduce a model used by the Support Center for Child Advocates in Philadelphia, called “Whole Child Advocacy” which assesses a child’s needs in the following realms: safety, medical, behavioral health, education and well-being. Presenters will share advocacy strategies and emphasize the need to educate and empower caregivers to become their child’s best advocate.

Women and Leadership (A) (C 046)

Karey Murphy, LSW, Clinical Supervisor, Behavioral Health, Atena Behavioral Health
Amy Downes, LCSW

This workshop will explore the state of women, leadership, stereotypes and the decision to seek leadership roles as well as the social workers role in evaluating inequalities that prevent women from reaching their full leadership potential.

Dinner on Own: 5:15pm – 7:00pm
Movie: A Small Good Thing (C 050)

Amy Sagen, LSW, MSG, Chief Operating Officer at NASW-PA

A small good thing asks the question: “What does it take to live a good life: a life of purpose, happiness and meaning?” The film follows the stories of six people who have chosen towards a holistic conception of happiness — one based on a close connection to their bodies, to the natural world, and to the greater good. While one of the six stories covers a social worker, the underlying message really ties back to the question of what makes us happy in life. As social workers, empowering people, groups or communities can be a source of strength and lead to happiness. Ensuring holistic well-being is essential for continued social work practice and this film can serve as a template for critical self-analysis.

Spiritual Life Maps: Discovering Your Journey (C) (C 051)

Leslie Chaundy, PsyD, LCSW, Assistant Professor, Kutztown University

Religion and spirituality play an important role in the lives of many people, yet research indicates that this topic is largely neglected by many social workers and many educational training programs. Learn more about this important topic and how to incorporate spiritual assessment into practice. This workshop will allow participants the opportunity to complete a spiritual life map and discover ways in which religion and spirituality shape their personal lives and their professional practice.

The Ethics of Play and Self-Care (D) (C 052)

Rebecca Suglia, LSW, Counselor, Berks Counseling Center
Katherine Shecora, LSW Employee Assistance Program Specialist Optum Health

Social work ethics dictate that we advocate for social justice among our clients and ourselves. This workshop will focus on how self care through play can inform our professional growth and promote ethical decision-making in our practices.

Movie: Inside Out (C 053)

Johanna Byrd, IOM, ACSW, Executive Director at NASW-PA

After young Riley is uprooted from her Midwest life and moved to San Francisco, her emotions - Joy, Fear, Anger, Disgust and Sadness - conflict on how best to navigate a new city, house, and school.
The role of social workers in evaluating inequalities that prevent women from reaching their full potential will be explored in this workshop.

Karey Murphy, LSW, Clinical Supervisor, Behavioral Health, Atena Behavioral Health

Advocacy and Child Well-being: Whole Child Trauma Informed Advocacy (D) (C 045)

Laurie Ayler, Alex Dolan, LSW, Outcomes in Behavioral Health Training Coordinator, Support Center for Child Advocates

It is time for social workers to be part of efforts transforming the lives of patients and consumers in health care settings.

Social Work Promoting Collaboration & Integrated Care (D) (C 044)

Sherry Rubin, LCSW, ACSW, E-RYT, Clinical Social Worker; Yoga and Meditation Teacher, Self -- Private Practice

Over 2 million people sustain a traumatic brain injury each year. Yet, many people who have sustained a brain injury may not receive treatment or even a diagnosis. Weeks, months, or years later the brain injury can affect their interactions with others, their ability to make good decisions, and their ability to perform tasks and activities to maintain gainful employment. This presentation will address working with people with brain injury in a non-brain injury setting.

Brain Injury – Assessment and Treatment (D) (D 002)

Melodee Hursey, MSW, CBIST, Trainer/Consultant, KarMel Consulting

Providing Care for Clients with ED and SUD (D) (D 005)

Kayti Protos, LSW, Clinician, Steps to Recovery

This workshop will explore the state of women, leadership, stereotypes and the decision to seek leadership roles from a social work and behavioral health perspective.

Sunday, October 9th:
Sunday Morning Workshops

Sunday 8:30am – 11:30am

ACT 31: Mandated Reporter Training (D 001)

This workshop will cover the Act 31 Child Abuse Recognition and Reporting guidelines in PA. All licensed social workers in the state of PA need at least 2 credits in an Act 31, state-approved continuing education. First time licensees need 3 credits.

Brain Injury – Assessment and Treatment (D) (D 002)

Over 2 million people sustain a traumatic brain injury each year. Yet, many people who have sustained a brain injury may not receive treatment or even a diagnosis. Weeks, months, or years later the brain injury can affect their interactions with others, their ability to make good decisions, and their ability to perform tasks and activities to maintain gainful employment. This presentation will address working with people with brain injury in a non-brain injury setting.

Developing Positive Relationships with Challenging Individuals (SJ) (D 003)

Marietta Scalise-Warnitsky, LCSW, QCSW, NASW-PA Board Secretary/ Private Practitioner, Dr. Berger & Associates

Troy Brindle, LCSW, QCSW, NASW-PA President, Co-owner and Director of Springfield Psychological

As social workers, we encounter resistance and negative reactions of the individuals that we work with each day. Often times this resistance and negativity is deeply rooted in past adverse experiences. Developing a positive relationship can present a challenge to the most seasoned worker. This workshop will provide a variety of techniques to utilize in order to develop more positive relationships with challenging individuals.

Yoga Wisdom and Practice for You and Your Client (C) (D 004)

Sherry Rubin, LCSW, ACSW, E-RYT, Clinical Social Worker; Yoga and Meditation Teacher, Self -- Private Practice

Yoga skills appropriate for the clinical setting that work with depression and anxiety will empower your clients with tools to manage mood and take better care of themselves. Knowledge of these evidence-based practices supported by research will enhance what therapists can offer their clients, especially at times when the client becomes “stuck.” These tools offer clients a way to achieve their therapeutic goals by accessing the wisdom of the body. Therapists also benefit from self-care.
Sunday, October 9th:
Sunday Morning Workshops

8:30am - 11:30am Continued...

Providing Care for Clients with ED and SUD (D) (D 005)
Kayti Protos, LSW, Clinician, Steps to Recovery

Although awareness is spreading of the relationship between Substance Use Disorder (SUD) and Eating Disorder (ED), few programs offer integrated treatment and many create barriers to care. This interactive workshop will examine this relationship, engage participants around their experiences, discuss strengths and barriers, identify marginalized voices within this population, and discuss clinical tools, such as motivational interviewing, trauma-informed practice, and creative techniques.

Navigating Difficult Conversations at End of Life (D) (D 006)
Allison Gonzalez, DSW, LSW, Palliative Care Liaison, St. Francis Hospital

Understanding the differences and synergies between palliative and end-of-life care, having conversations regarding goals of care and assisting patients in completing advance directive documents are key elements in delivering quality, patient-centered care. The goal of this presentation is to both help the attendees understand the palliative care/end of life nexus as well as provide some of the skills needed to engage patients and interdisciplinary team members in these important conversations.

Sunday 8:30am - 4:30pm

Licensure Prep Course

John Weaver, LCSW
Sue Deitrich, LCSW

Cost: $ 75.00 NASW Member | $150.00 Non-member (Cost is not included in conference registration)

This full-day preparatory course has been evaluated by recent participants as an excellent review of theories and terminology, with helpful practice test questions, study manual, and discussion. The enrollment for each course is limited to allow for maximum participation and learning. The response to previous courses was very high, so if you are planning to take the intermediate or clinical licensure exam, be sure to register early! Registrations may be taken at the door only if space is available. This course assists with either the masters or clinical level of the examination. The number of questions in particular areas and the complexity of the questions is what differs between the exams.
2016 NASW-PA & PAUSWE Conference Registration:

Registration Fees and Options: Join NASW and save! Take advantage of the lower member registration fee by joining NASW online at www.socialworkers.org You can also join by calling 1-800-272-6279 or visiting www.nasw-pa.org Full payment must accompany registration. Submit one form with each registration. Duplicate as necessary. Please note that full conference and one-day attendees get free access to Sunday workshops included in their registration cost.

Registration Fees and Options: An additional processing fee of $25 will be added to all registrations made within two weeks of the Conference start date (October 6, 2016). Registration is open online until one week before the Conference start date. Registration is open online at www.nasw-pa.org/conference

Students: to take advantage of the reduced student registration cost, please attach a photo copy of your current student ID as well as your NASW membership number with the application form.

Which days will you attend? Please check one of the following:

Full Conference + Pre-conference Intensive:
☐ Professional Member: $380
☐ Professional Non-member: $545
☐ Student: $200
☐ Presenter Only: $255

Full Conference (Evening 10/6 – 10/9):
☐ Professional Member: $280
☐ Professional Non-member: $405
☐ Student: $140
☐ Presenter Only: $180

One Day Attendance:
☐ Professional Member: $180
☐ Professional Non-member: $230
☐ Student: $75
☐ Presenters Only: $100

☐ PAUSWE Section Only – Professional: $95
☐ PAUSWE Section Only – Student: $42
☐ Sunday Morning Only – Professional Member: $30
☐ Sunday Morning Only – Professional Non-member: $50
☐ Sunday Morning Only – Student or Presenter: $50

Optional add-ons. Check all that apply:

☐ Friday Guest/Non-Attendee Lunch Ticket: $30
☐ Friday Night Social Event (Student): $5
☐ Friday Night Social Event (Professional): $10
☐ Saturday Guest/Non-Attendee Lunch Ticket: $30
☐ Saturday Licensure Prep Course: $75 NASW Member / $150 Non-Member
☐ PAUSWE Dinner for Non-PAUSWE Attendee: $30

Basic Info:

First Name: ___________________________ Last Name: ___________________________
Credentials: ___________________________
Email Address: ___________________________
Address: ____________________________________________________________
City: ___________________________ State: ___________________________ Zip Code: ___________________________

NASW-PA Member? ☐ Yes ☐ No ☐ Member in a Different State

Professional Title: ___________________________

Organization: ___________________________

Students, what college / university do you attend? ___________________________

Badge flags: ☐ member ☐ Board member ☐ past President ☐ committee member ☐ PAUSWE

Conference days I will attend: ☐ Thursday ☐ Friday ☐ Saturday ☐ Sunday

I understand that the sessions and/or session times may change: ☐ Yes

Checks can be made out to NASW-PA

Mail payment to:

1000 Bent Creek Blvd., Suite 40
Mechanicsburg, PA 17050

Registration can also be completed and paid for online. If you would prefer to pay online with a credit card, please visit:

www.nasw-pa.org/conference
Please Select Workshops You Want to Attend

**Thursday, October 6: Choose no more than one from each box**

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- □ Networking Luncheon
- □ Sponsor Reception

**Friday, October 7: Choose no more than one from each box**

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</tr>
<tr>
<td>4:00pm</td>
<td>□ B 050</td>
</tr>
</tbody>
</table>

- □ Mike Veny, Keynote Speaker
- □ PACE Luncheon / PACE Presentation
- □ PAUSWE Dinner
- □ Brent Satterly, PAUSWE Keynote Speaker
- □ 1970’s Themed Social Event

**Saturday, October 8: Choose no more than one from each box**

<table>
<thead>
<tr>
<th>Time</th>
<th>Workshop Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00am</td>
<td>□ C 001</td>
</tr>
<tr>
<td>10:30am</td>
<td>□ C 020</td>
</tr>
<tr>
<td>2:00pm</td>
<td>□ C 030</td>
</tr>
<tr>
<td>3:45pm</td>
<td>□ C 040</td>
</tr>
<tr>
<td>7:00pm</td>
<td>□ C 050</td>
</tr>
</tbody>
</table>

- □ 9:45am – 10:15am SWEETalk
- □ Award Ceremony / Networking Luncheon

**Sunday, October 9: Choose no more than one**

- □ D 001
- □ D 002
- □ D 003
- □ D 004
- □ D 005
- □ D 006
- □ Licensure Prep Course (Additional Cost)
Forging Solutions
Out of
Challenges
# Conference Overview - See You in October!

<table>
<thead>
<tr>
<th>Time</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7am</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>8am</td>
<td>7:15am – 8:15am Continental Breakfast</td>
<td>7:15am – 8:15am Continental Breakfast</td>
<td>7:15am – 8:15am Continental Breakfast</td>
<td>8:30am – 11:30am Workshops</td>
</tr>
<tr>
<td>9am</td>
<td>Coffee Break</td>
<td>8:00am – 10:00am Mike Very Keynote Speaker</td>
<td>8:00am – 9:30am Workshops</td>
<td>8:30am – 10:30am Coffee with Exhibitors</td>
</tr>
<tr>
<td>10am</td>
<td>10:00am – 11:30am Workshops</td>
<td>Exhibitor Exploration 10:00am – 10:45am</td>
<td>Exhibitor Exploration 12:00pm – 12:30pm</td>
<td>9:45am – 10:15am SWEETalks</td>
</tr>
<tr>
<td>11am</td>
<td>11:45am – 12:45am Networking Luncheon</td>
<td>10:45am – 12:15pm Workshops</td>
<td>12:00pm – 12:45pm Award Ceremony &amp; Networking Luncheon</td>
<td>8:30am – 10:30am Workshops &amp; Movies</td>
</tr>
<tr>
<td>12pm</td>
<td>1:00pm – 2:30pm Workshops</td>
<td>12:25pm – 1:30pm PACE Luncheon &amp; Presentation</td>
<td>10:30am – 12:00pm Workshops</td>
<td>8:30am – 4:30am Licensure Prep Course (Not Included in Conference Registration Cost)</td>
</tr>
<tr>
<td>1pm</td>
<td>Coffee Break</td>
<td>Exhibitor Exploration 1:30pm – 2:15pm</td>
<td>2:00pm – 3:30pm Workshops</td>
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<tr>
<td>2pm</td>
<td>3:00pm – 4:30pm Workshops</td>
<td>2:15pm – 3:45pm Workshops</td>
<td>3:45pm – 5:15pm Workshops</td>
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<tr>
<td>3pm</td>
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<td>4:00pm – 5:30pm Workshops</td>
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<tr>
<td>4pm</td>
<td></td>
<td>5:00pm – 6:30pm Workshops</td>
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<td></td>
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<tr>
<td>5pm</td>
<td></td>
<td>6:00pm – 6:30pm PAUSWE Dinner</td>
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</tr>
<tr>
<td>6pm</td>
<td>6:00pm – 7:30pm Workshops</td>
<td>6:00pm – 6:30pm PAUSWE Dinner</td>
<td>7:00pm – 10:00pm Workshops &amp; Movies</td>
<td></td>
</tr>
<tr>
<td>7pm</td>
<td>7:30pm – 9:00pm Sponsor Reception</td>
<td>6:30pm – 7:30pm PAUSWE Keynote</td>
<td></td>
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<tr>
<td>8pm</td>
<td></td>
<td>7:30pm – 10:00pm 1970s Themed Social Event</td>
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<tr>
<td>9pm</td>
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<tr>
<td>10pm</td>
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</tbody>
</table>

**Total CEUs:**
- Thursday: 8.5 CEUs
- Friday: 8.5 CEUs
- Saturday: 9.5 CEUs
- Sunday: 3 CEUs