Step 1. Locate and make a midurethral vaginal incision of approximately 1.5 cm.

Step 2. Dissect bilaterally up to the interior portion of the inferior pubic ramus (1-1.5 cm).

Step 3. To visualize needle insertion orientation, locate insertion of adductor longus tendon on the patient’s pubic ramus. Palpate the notch along the internal edge of ischiopubic ramus where the adductor longus tendon and the inferior pubic ramus meet. The needle insertion should be aimed at the location of this notch.

Step 4. Place one of the integrated self-fixating tips onto the needle by sliding it over the end of the needle. Ensure that the integrated self-fixating tip is oriented such that the mesh wraps along the outside of the needle bend.

Step 5. Insert the needle/sling assembly toward the location identified in Step 3 such that the flat of the handle is perpendicular to the desired path. Track the needle along the posterior surface of the ischiopubic ramus until the midline mark on the mesh is approximately at the midline position under the urethra.

Step 6. Remove the needle and repeat on the contralateral side until the appropriate sling tension under the urethra is achieved. Ensure that the mesh lays flat.

Step 7. Remove needle and close vaginal incision.
If sling appears to be too loose after placing both tips, more tension can be added by utilizing the optional redocking feature. To use this feature the first sling tip must be prepared with a 2.0 polypropylene suture prior to the first sling placement.

**Sling Preparation:**

**Step 1.** Thread a 2.0 polypropylene suture through sling tip, knot the distal suture end.

**Step 2.** Thread suture through needle tip.

**Step 3.** Slide the sling tip/suture assembly onto the needle tip until fully seated.

**Step 4.** Place this sling tip first according to procedural instructions.

**Step 5.** Disengage needle from sling tip and slide needle off suture. Note: Suture is still threaded through first sling tip and remains hanging outside of patient. Place second sling tip according to procedural instructions.

If additional tensioning is required:

**Step 6.** Thread unknotted suture end through needle tip and advance needle toward sling tip. Note: Needle tip is approaching the sling tip when the groove on the needle is approaching the urethra.

**Step 7.** Advance sling until desired tension is achieved.

**Step 8.** Remove suture from patient by pulling knotted end of suture.