Hello U10 Coaches! Thanks for volunteering your time to work with the kids in SYSA. This document contains information you’ll need to make Fall 2016 a successful season for you, your players, and your families. Please read through this document, print a copy and throw it in your practice bag, and refer to it throughout the season.

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**COLLEGE SOCCER SCHEDULES**

As a courtesy and to encourage our members to support local college soccer, we’ve provided a schedule for the season for the UW, Seattle U, and Seattle Pacific. Take your team to a college game this fall!

**PREPARING FOR U10 CITYWIDE LEAGUE PLAY**

**Welcome to your first year of playing in the SYSA Citywide League!** This handbook explains a number of important items about playing in SYSA’s U10 Citywide League in 2016. Please be sure to read it carefully.

**THE U10 KICKOFF JAMBOREE** – SYSA kicks off the U10 season with a Jamboree. All U10 teams play in a series of three 20-minute matches at one field on **Sunday, September 11, 2016**. These Jamboree games are a good introduction to U10 play for your players. In addition, the Seattle Soccer Referees Association uses the games to train new referees.

**GAME SCHEDULES** – Jamboree schedules, as well as all season game schedules, will be published on the SYSA web site, www.sysa.org, GAME SCHEDULES/U10 Schedules page. Bookmark this address, as you will look there frequently.

**MATCH DAY ROSTERS AND GAME SHEETS** – You need to submit a set of game sheets to the referee at the beginning of each regular season match. (For the U10 Jamboree, you only need to submit a roster for the first match. They will not be collected for the other matches on Jamboree day.)

Instructions for printing game day rosters are available in the next section in this document, **Game Day Roster Printing**. You must have printed rosters to hand to the referee before each match.

**CONTACTING YOUR OPPONENT** – The SYSA Rules of Competition (4.8.3) state and we strongly recommend that you contact your opponent before the upcoming weekly match to verify time, location, and jersey colors to avoid conflicts and confusion. You can find your opposing team’s coach contact information linked to their team information in the U10 schedules. Click the team name and the contact information will be displayed.

**RE-SCHEDULED GAMES** – Games are rarely rescheduled. If a game must be rescheduled, Phoebe Russell, the SYSA Scheduler, will contact the teams affected and post the new information on the SYSA web site. (Phoebe can be reached at phoeberuss@comcast.net or 206-933-5769). Make it a habit to check the U10 Schedules page every Friday. Be sure your opponent has noticed changes as well by contacting them. Note that school events are not a sanctioned reason to change SYSA matches.

**RULES OF COMPETITION** – SYSA has published its Rules of Competition on the SYSA web site at this link. Please take a few moments to read the rules. Note that starting in 2016, deliberate heading of the ball is not allowed in U10 and U11 games.

*Enjoy the 2016 Soccer Season and good luck on the pitch!*

**The SYSA Staff and Board of Commissioners**
PRINTING GAME DAY ROSTERS IN 2016

For the Fall 2016 soccer season, SYSA coaches will continue to use printable rosters for game sheets instead of the hand-written, triplicate forms used in the past. Each week, you should print THREE copies of the Game Day Roster and bring them to the game: one for the referees, one for your opponent, and keep one for yourself.

If your club uses Bonzi for player and team registration, use the instructions below.

If your club uses Affinity, use the instructions at the end of this section.

Roster Printing Using Bonzi

Game Day Rosters should be printed from your BonziTeam website. To access your team’s BonziTeam page, your club registrar would have first needed to enable BonziTeam for your team. This will have triggered an invite code to be sent to you via email from BonziTeam. You must accept this invite to see the Fall 2016-2017 team under your BonziTeam login. If you did not receive this invite code contact Bonzi phone support at the numbers listed at the end of this section.

Access this site by logging in with your Bonzi username and password at www.bonziteam.com. Once logged in to your team’s BonziTeam page, you will see a menu on the left side that includes Roster, Schedule, Announcements, etc.

To print your Game Day Roster from BonziTeam, follow these steps:

1. Go to the BonziTeam website: www.bonziteam.com
2. Click the small ‘Sign In’ button in the top right corner of the home page. Your team dashboard will load.
3. From the menu on the left side of the page, select ‘Roster’. The team roster will drop into the column in the middle of the page. If you want the team numbers pre-printed (versus writing them in by hand) follow the process below before printing the roster.
4. Click the ‘Print Rosters and Medical Releases’ button at the top of the roster. A drop down menu appears with printable options for rosters.
5. Select the ‘Official Bonzi SAFE Roster’.
6. A game roster in .PDF format is produced that you can download and print.

NOTE: If you have a U16 or older team with a roster greater than 18, cross out the names of any players on the roster who won’t be participating in the game that day. Be sure to give the correct player cards to the referee as well.

Entering Player Jersey Numbers Using BonziTeam

BonziTeam gives you the option of putting in jersey numbers for your players.

2. Select ‘Roster.’
3. The roster opens into the middle of the page. You can change who is showing by clicking the “View All” button at the top and filtering for just the “Players”.
4. Click on a player name.
5. The player ‘profile’ will open on the right hand side of the page, next to the roster.
6. Select the ‘Edit’ icon at the top of the column.
7. Scroll down through the fields until you see ‘Jersey Number.’
8. Enter the player’s number.
9. Click ‘Save’ at the top of the column, then repeat the process until all jersey numbers have been entered for your players.

**Bonzi Support**

Bonzi Sports Software support is available to provide help on any issues related to using their BonziTeam software. If you need any assistance call Bonzi support at 503-691-9860 or toll free at 866-726-4131. Regular business hours are from 9am to 5pm, Monday through Friday.

**Roster Printing Using Affinity**

If your club is using Affinity as its registration software, use these instructions to print your game day roster.

1. Log in to your My Account page at http://www.affinity-sports.com/
2. On the My Account screen, scroll down to the **Teams** section. Click the **Edit** link by the Team entry
3. On the page that is displayed, select the **Team Roster** tab.
4. Click the **Print Team Roster** button below the list of players. If you want the jersey numbers pre-printed (versus writing them in by hand) follow the process below before opening and printing the roster.
5. A game roster in .PDF format is produced that you can download and print.
6. Please bring three copies to the game – one for yourself, your opponent, and one for the referee.

**NOTE:** If you have a U16 or older team with a roster greater than 18, cross out the names of any players on the roster who won’t be participating in the game that day. Be sure to give the correct player cards to the referee as well.

**Entering Player Jersey Numbers Using Affinity**

1. Log in to your My Account page at http://www.affinity-sports.com/
2. On the My Account screen, scroll down to the **Teams** section. Click the **Edit** link by the Team entry
3. On the page that is displayed, select the **Team Roster** tab.
4. Click the **Edit Player Team Info** button below the list of players.
5. Enter the jersey numbers in the **Home Jrs#** column. Click the **Save Changes** button.

**Affinity Support**

Affinity Sports Software support is available to provide help on any issues related to using their Affinity software. If you need any assistance call Affinity support toll free at 800 808-7195. Support business hours are from 7am to 7pm, Monday through Friday and 7am – 3:30 pm Saturday and Sunday.
RULES ABOUT PLAYERS PARTICIPATING ON MORE THAN ONE TEAM

Players on teams in SYSA can play on only one SYSA/WYS team at a time. Any violation of this rule can result in serious penalties to the coach and team. Please read the following information carefully and make sure all your parents and players are informed and understand this rule.

Situation

In the past, we have had teams disqualified, in particular during City Tournament, because of a player on the team playing with two teams at the same time. In these specific cases, the player was simultaneously registered with both an SYSA team and another team that is under Washington Youth Soccer.

Background on This Rule

SYSA is part of Washington Youth Soccer, which in turn is part of US Youth Soccer, which in turn is part of US Soccer Federation. The prohibition against playing with two teams under the umbrella of Washington Youth Soccer comes down to us from Washington Youth Soccer.

Unfortunately, because of the way the registration databases work, a player dually registered to two teams – one within SYSA, one within another association under Washington Youth Soccer – can be difficult for the registrars to detect in many circumstances. However, if detected, it is our association’s obligation to disqualify the team. If a coach knowingly plays an ineligible player, other and more serious sanctions may apply to the coach. If you have any concerns about a player possibly being on two teams within WYS, contact the SYSA Registrar as soon as possible at pfblomso@hotmail.com.

Guidelines

If you have reason to believe that a player is playing with two teams, please check into the situation using the chart below to understand the implications.

<table>
<thead>
<tr>
<th>If a player is registered with your SYSA team and also with:</th>
<th>Then this is:</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Catholic Youth Organization (CYO) team</td>
<td>OK, because CYO teams are not registered with SYSA or with Washington Youth Soccer. The player is playing on only one SYSA/WYS team.</td>
</tr>
<tr>
<td>A school team</td>
<td>OK, because school teams are not registered with SYSA or with Washington Youth Soccer. The player is playing on only one SYSA/WYS team.</td>
</tr>
<tr>
<td>A team playing under “US Club Soccer”</td>
<td>OK, because “US Club Soccer” teams are not registered with SYSA or with Washington Youth Soccer. Registering these players to participate in our recreational leagues and City Tournament, although it technically cannot be disallowed under current rules, is strongly discouraged as antithetical to the spirit of recreational play.</td>
</tr>
</tbody>
</table>
A team that is registered within SYSA, or with another association outside of SYSA, that is part of Washington Youth Soccer

| Definitely not allowed and a cause for possible sanctions, including forfeiting of games the player played in, for the coach, player, and team. Seattle United players cannot play on their SU team and a rec team at the same time. |

Situations #3 and #4 are the hardest for coaches to figure out, because many of our coaches aren’t familiar with which teams might be part of other associations or “US Club Soccer”. If in doubt, please seek guidance. Find the name of the other team involved and where the team plays, and contact our association registrar at pfblomso@hotmail.com.

**SYSA and WYS Rules and Regulations**

The SYSA regulations restricting players to playing on only one team during a season are copied below. All the SYSA Administration Regulations as well as the Rules of Competition can be found on the SYSA web site at this link, or use this link and past into your browser: http://www.sysa.org/home.php?layout=1025.

**SYSA Rules of Competition**

3.3 – No player shall be allowed to register or participate simultaneously on more than one Washington Youth Soccer (WYS) registered team during the same season. This includes the situation where a player is registered to and plays for a recreational team under SYSA, and simultaneously for a team within another club or association that is also part of WSYSA.

**SYSA Administrative Regulations**

3.4.7 – All players registered on a team are bound to that team for the seasonal year unless properly transferred. No player may play in any scheduled SYSA game except with the team on which he/she is registered.

3.4.8 – No player may be registered on more than one team at any given time within SYSA or WYS jurisdictions.

**WYS Regulations**

204.8 (d) A player may be rostered in only one Member Association and to one team at any given time.
NO SCORES AND STANDINGS FOR U10 TEAMS

US Youth Soccer Association rules require that no scores be kept and consequently no standings calculated for any teams playing in a U10 and younger modified division.

You will find schedules posted on the SYSA web site on the Game SCHEDULES page, and will find details on field locations, standings for older leagues, and other interesting items. You will NOT find standings for your team. No scores are reported at U10.

If your team continues in 2017 and you apply for U11 play through your club, the SYSA Registrar and Scheduler will need to slot your team into a division based on the team’s strength of play. We ask that coaches consider the relative strength of their team and how they fared during the 2016 U10 season, so that you can recommend whether your team is a top level (Gold), middle level (Silver), or lower level (Bronze) team in 2017. SYSA strives for divisions that are competitive, with like playing against like, so teams experience close matches. By placing your team in the proper lever, this can be achieved.

One additional note: Many players move on to Select or Premier level play with Seattle United starting at U11. Many U10 teams will lose some of their best players to this Select/Premier program. This may at first appear to significantly change your team and its level of play. In reality, it rarely does, as most of the other teams experience the same changes. Keep this in mind as you mentally evaluate your team throughout this fall season.
Coaches Code of Conduct

This code of conduct has been developed to clarify and distinguish approved and accepted professional, ethical and moral behavior from that which is detrimental to the development of soccer within Washington Youth Soccer and Seattle Youth Soccer Association.

Responsibility to Players

The coach shall never place the value of winning over the safety and welfare of players.

Coaches shall instruct players to play within the written laws of the game and within the spirit of the game at all times. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior and should not tolerate inappropriate behavior from players regardless of the situation.

Demands on players’ time should never be so extensive as to interfere with academic goals or progress.

Coaches should direct players to seek proper medical attention for injuries and to follow the physician’s instructions regarding treatment and recovery.

Responsibility to WSYSA and SYSA

Adherence to all WSYSA and SYSA rules and policies, especially those regarding eligibility, team formation and recruiting are mandatory and should never be violated. It is the responsibility of each coach to know and understand these rules.

Any coach who knowingly uses a player not registered with his/her team shall be suspended for the balance of the season and for one year thereafter.

Responsibility to the Laws of the Game

Coaches should be thoroughly acquainted with and demonstrate a working knowledge of the Laws of the Game.

Coaches are responsible to assure their players understand the intent as well as the application of the Laws.

Coaches are responsible for their players’ actions on the field and must not permit them to perform with intent of causing injury to opposing players.

Responsibility to Officials

Officials must have the support of coaches, players and spectators. Coaches must always refrain from criticizing officials in the presence of players or spectators. Professional respect, before, during and after the game, should be mutual.

Comments regarding an official should be made in writing to the appropriate organization assigning the official. Comments about referees can be made on the Seattle Soccer Referees Association webs site. See “Referee Feedback Process” on Page 11.
Your behavior as coach must be such as to bring credit to yourself, our organization and the
sport of soccer. You must use your influence on your spectators that demonstrate
intimidating and/or unacceptable behavior towards officials, player(s) and opposing team
members.

**Parent and Player Code of Conduct**

Parents, players and coaches are required to follow the association’s code of conduct. **Players or parents** who violate these rules may be disciplined at the game (told to leave) and/or required to appear before the SYSA Judicial Board. Violations may result in a variety of consequences, including player suspension and parental bans. Coaches are responsible for their players and for controlling their sidelines. Disruptive parents who do not follow a coach’s instructions may cause the coach to be red-carded, the game forfeited, or the game abandoned by the referee.

**Code of Conduct for Players**

1. Learn and observe the Law of Soccer and league rules.
2. Treat other players as you wish to be treated - do not abuse or ridicule other players, officials, coaches or spectators. Control your play and discipline yourself. Do not play wildly and jeopardize your safety or that of other players. Hold your temper and control your anger. Play clean and fair. Use your skill and talent. Don’t cheat.
3. Listen to your coaches and accept their advice with respect.
4. Respect referees and linemen - do not question their decisions.
5. Give the ball promptly to your opponent for their throw-ins, free kicks, etc. Do not stall by withholding the ball or encroaching on free kicks.
6. Win with grace and lose with dignity. You, your club, and your association will be judged by your behavior.

**Code of Conduct for Parents**

1. Always be supportive of your child, their teammates and coaches. Remember that every player on the team is a contributing player. Spread your encouragement equitably amongst the team.
2. Never badger the opposition or argue with their supporters. Be appreciative of good play from both sides.
3. Never harass or badger the referees and linemen.
4. After each match, have a positive attitude and show an appreciation for the importance of your child’s effort. Remember that playing the game well is more important than winning.
5. Support the team and club by volunteering your services when needed. The only reason your child can play soccer is because of volunteers.

As a coach, it is your responsibility that your players and parents are behaving appropriately. Some coaches feel they are better able to do this by having the parents for both teams on the opposite side of the field from both teams. In fact, we require this arrangement in City Tournament games. While there is no such requirement for regular season games, if you feel this arrangement is helpful, suggest this to the opposing coach. If you both agree, and the field accommodates it, feel free to separate teams and spectators on opposite sides of the field.
The following letter will be sent to all U10 family email addresses. If you can, please share these two pages with all your parents as well.

Dear Parents of U10 Players:

Welcome to a new season in Seattle Youth Soccer Association (SYSA)! For many of you, this year will be the first time your child’s team will experience playing in the SYSA Citywide League. I’d like to introduce you to this new league and ask for your assistance in making the playing experience for your child as fun, inspired, and successful as it can be.

The SYSA Citywide League

Starting at the U10 level, teams play in a citywide league organized by SYSA. Teams from all of SYSA’s 12 neighborhood clubs are in this league. Half of your teams’ games are played outside your neighborhood at fields in the home team’s boundaries. Along with the visits to new fields and new neighborhoods, the play at U10 can become more spirited and sometimes more physical.

Players can express their excitement in a new level of play on the pitch.

Parents’ enthusiasm and excitement on the sidelines needs to be expressed in a positive way, or it can become disruptive and detrimental to the players, the referees, and the game itself.

SYSA consistently sees an increase in two kinds of parent behavior at U10 we’d like to point out: inappropriate sideline behavior, and berating and criticizing the referees.

Sideline Behavior

Your role as a parent and spectator is to cheer on ALL the players on the field with positive and encouraging comments.

Please DO cheer on the players, applaud their efforts, and let them know you appreciate their efforts and successes on the pitch.

Please DON’T shout negative or disparaging comments about any player or referee decision. That’s not modeling good adult behavior.

Please DO let the coach instruct the players on the field. Getting instructions from you will only confuse and frustrate your child and the other players.

Help keep the games a fun experience for the kids. It is their game after all.

Criticizing and Abusing Referees

Beginning at U10, all games will be officiated by trained referees. This may be the first time an “official” rather than a parent has refereed your child’s game.

Please DO respect these referees. They have a difficult job to do officiating the game.
Please DON’T yell at or criticize a referee during a game. Keep in mind that referees at the U10 level may be:

- Young, perhaps just a few years older than the players themselves.
- New to refereeing and just breaking in.
- Players themselves within SYSA.

There is a continual shortage of game officials, and SYSA works with the Seattle Soccer Referees Association to find and train promising new refs. Even so, many young referees stop officiating, and the number one reason young referees quit is ABUSE – the abuse they receive from parents and coaches during games.

Please keep in mind that each young referee you see is someone’s son or daughter. Ask yourself: Would you want an adult yelling at your child, especially as he or she was working hard to referee a game?

Please consider these points as you watch your children and their teams play in SYSA’s Citywide League this fall. With your help and cooperation, we can all make this season a positive and memorable one for all the players, coaches, and families in SYSA.

For a concise summary of parent and player expectations, please take a look at the SYSA Code of Conduct that all players and parents agree to before the start of each season.

Thanks to all of you for having your kids play in Seattle Youth Soccer Association. Have a wonderful fall 2016 season!

Sincerely,

Ed D’Alessandro, Executive Director

Seattle Youth Soccer Association
GUIDELINES FOR FIELD USE

Parking

Please be considerate when parking at fields. Don’t block driveways or park illegally. Respect the neighborhood. Parking in the school lots and not on the streets is one way to be considerate of the neighborhood. Here are some specific field parking suggestions.

**Nathan Hale and Jane Addams (Summit)** – Use the parking lots around the high school and to the west and north of the Jane Addams school. Stay off 110th and the neighboring streets.

**Miller** – There is parking to the west of the field on the upper lot and also to the north of the community center. Again, stay off the streets if possible.

**Genesee** – Park in the lot or across the street, NOT on the street to the south of the upper field.

**Judkins** – Please do not park in front of driveways, and do use the big Washington Middle School lot to the north.

**Shorecrest High School** – You must park only in the north parking lot. Do not park among the portable buildings.

**Interbay Stadium Fields** – With new apartment buildings to the east and north of these fields are occupied, parking in Interbay’s adjacent lot and the neighborhood will likely get harder to find. Please leave yourself extra time to find parking. Additional parking may be found to the north on 16th and 17th. **Take extra care when crossing 15th Avenue**; use the crosswalk and the light.

Trash and Recycling

SYSA needs the neighbors who live near the fields we use to appreciate our efforts so that they will in turn support our field development. **Clean up any trash near or on fields, even if it isn’t yours!** Make one person responsible for keeping your sideline clean after each game. Rotate the chore and make everyone aware. Pick up disposable water bottles and recycle them. Keep sunflower seeds, candy and gum off all surfaces, particularly artificial surface fields.

Dogs and Fields

**Dogs are not allowed on ANY athletic playing field,** per the City of Seattle and Shoreline municipal codes. Please leave your dogs at home and away from our soccer fields. Thanks!

Protect Yourself from Car Break-ins

Please take care not to leave valuable items in your car during games or practices. Unfortunately, car break-ins occur regularly, particularly at Washington Park and Miller Playfields in Seattle, but any field is susceptible to break-ins. Protect any valuable items by locking them in the trunk, or taking them with you onto the field.
**Game-day Tips for Coaches when Interacting with Match Officials**

- **Match officials are there to ensure a safe and fair game**
  Their proximity to play and positioning allows them to see many things others cannot.

- **Pre-game: have roster, cards and balls ready; no player jewelry**
  Arrive early, be polite, have your roster prepared, match any player cards to the roster sequence, have game balls ready (many older teams place one behind each goal to avoid delays). Make sure players are wearing absolutely **NO** jewelry! This includes studs in newly pierced ears.

- **Game “temperature” varies: so will referee decisions.**
  The referee continually uses many inputs to gauge the ‘temperature’ of the game and will make decisions to keep the game safe and fair. Calls may vary with how “hot” the game is at any given time.

- **Soccer is fast-moving and referees may make mistakes**
  Soccer is played very fast and the referee must make many split-second decisions to keep the game safe. Accept that over the course of a season mistakes will even out.

- **Know the Laws of the Game (including Mod variations)**
  In Mod and Recreational soccer the Laws of the Game are modified and frequently change as you move up to the next age-group.

- **Referee’s decisions are final**
  Decisions are based on the referee crew’s application of the Laws of the Game to what they see on the field. A referee can modify a decision before the next start of play or the termination of the match.

- **Help make the substitution process run smoothly**
  Let the center Referee or the Assistant Referee know you want to sub after, which they will signal the Referee. They may deny your request until a subsequent stoppage in play in order not to disadvantage the opponent.

- **Know that referees must balance when to call an injury stoppage**
  Judging the severity of injuries to players is a specific part of the referee’s responsibilities. However, if a player is seriously hurt and the referee seems to have not noticed you may want to get the referee’s attention.

- **Thank referees and complete on-line evaluations**
  We have a hard time recruiting new referees and keeping the ones we have. At the end of the game, regardless of the outcome, please thank the match officials and have your players do the same. We encourage you to provide feedback by clicking on the ‘Evaluations’ link at www.seattlerefs.org and filling out the form.

Many thanks in advance for your collaboration!

Need help, got questions? Contact me!!!
Duncan Munro, SYSA Liaison to Seattle Soccer Referees Association
Email: ssraliaison@sysa.org
Sending Feedback about Referees

The Seattle Soccer Referees Association (SSRA) would like to receive respectful feedback on match officials’ performance via the tool available at the SSRA website. This will allow SSRA to mentor more effectively as they will be able to identify common areas of difficulty, figure out good advice, and then apply it uniformly.

To access the referee evaluation tool, go to www.seattlereds.org. Click “Information” and then “Evaluation.” A specific game can be identified by using the filter tools at the top of the table, for example:

League = Youth Rec
Gender = B
Level = U10

After you specify the game, click the symbol in the 'Ref’ column and fill out the form.

If you have any questions or comments about using this form, please contact the SYSA SSRA Liaison, Duncan Munro, at this email address: srrialiaison@sysa.org.
### 2016 DIVISION 1 AND 2 COLLEGE GAMES IN SEATTLE

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Home</th>
<th>Opponent</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-Aug</td>
<td>Sat</td>
<td>SU Women</td>
<td>Trinity Western</td>
<td>Championship Field</td>
<td>5:00 PM</td>
</tr>
<tr>
<td>14-Aug</td>
<td>Sun</td>
<td>SU Men</td>
<td>UBC</td>
<td>Championship Field</td>
<td>12:00 PM</td>
</tr>
<tr>
<td>21-Aug</td>
<td>Sun</td>
<td>UW Women</td>
<td>Trinity Western</td>
<td>Husky Field</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>28-Aug</td>
<td>Wed</td>
<td>UW Women</td>
<td>Santa Clara</td>
<td>Husky Field</td>
<td>3:00 PM</td>
</tr>
<tr>
<td>2-Sep</td>
<td>Fri</td>
<td>UW Women</td>
<td>Cal Poly</td>
<td>Husky Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>4-Sep</td>
<td>Sun</td>
<td>UW Men</td>
<td>Oral Roberts</td>
<td>Husky Field</td>
<td>3:00 PM</td>
</tr>
<tr>
<td>5-Sep</td>
<td>Mon</td>
<td>SU Women</td>
<td>UW Women</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>8-Sep</td>
<td>Thurs</td>
<td>SPU Men</td>
<td>Colorado Christian</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>9-Sep</td>
<td>Fri</td>
<td>SU Women</td>
<td>Idaho</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>10-Sep</td>
<td>Sat</td>
<td>SPU Men</td>
<td>Metro State</td>
<td>Interbay Stadium</td>
<td>4:30 PM</td>
</tr>
<tr>
<td>10-Sep</td>
<td>Sat</td>
<td>SPU Women</td>
<td>Metro State</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>12-Sep</td>
<td>Mon</td>
<td>SPU Women</td>
<td>Cal State East Bay</td>
<td>Interbay Stadium</td>
<td>12:00 PM</td>
</tr>
<tr>
<td>16-Sep</td>
<td>Fri</td>
<td>SU Men</td>
<td>College of Charleston</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>16-Sep</td>
<td>Fri</td>
<td>UW Men</td>
<td>Davidson</td>
<td>Husky Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>17-Sep</td>
<td>Sat</td>
<td>SPU Men</td>
<td>Fort Hays State</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>18-Sep</td>
<td>Sun</td>
<td>SU Women</td>
<td>Gonzaga</td>
<td>Championship Field</td>
<td>12:00 PM</td>
</tr>
<tr>
<td>18-Sep</td>
<td>Sun</td>
<td>UW Men</td>
<td>College of Charleston</td>
<td>Husky Field</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>18-Sep</td>
<td>Sun</td>
<td>SU Men</td>
<td>Davidson</td>
<td>Championship Field</td>
<td>3:00 PM</td>
</tr>
<tr>
<td>22-Sep</td>
<td>Thurs</td>
<td>SPU Women</td>
<td>St Martins</td>
<td>Interbay Stadium</td>
<td>7:30 PM</td>
</tr>
<tr>
<td>23-Sep</td>
<td>Fri</td>
<td>UW Women</td>
<td>Utah</td>
<td>Husky Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>24-Sep</td>
<td>Sat</td>
<td>SPU Women</td>
<td>Central WA</td>
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</tr>
<tr>
<td>25-Sep</td>
<td>Sun</td>
<td>UW Men</td>
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<td>5:00 PM</td>
</tr>
<tr>
<td>29-Sep</td>
<td>Thurs</td>
<td>SPU Men</td>
<td>Montana St Billings</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>30-Sep</td>
<td>Fri</td>
<td>SU Men</td>
<td>Utah Valley</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>1-Oct</td>
<td>Sat</td>
<td>SPU Men</td>
<td>NW Nazarene</td>
<td>Interbay Stadium</td>
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</tr>
<tr>
<td>1-Oct</td>
<td>Sat</td>
<td>SU Women</td>
<td>Utah Valley</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>6-Oct</td>
<td>Thurs</td>
<td>UW Women</td>
<td>Arizona State</td>
<td>Husky Field</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>6-Oct</td>
<td>Thurs</td>
<td>SPU Women</td>
<td>Concordia (Ore)</td>
<td>Interbay Stadium</td>
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</tr>
<tr>
<td>6-Oct</td>
<td>Thurs</td>
<td>UW Men</td>
<td>Stanford</td>
<td>Husky Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>6-Oct</td>
<td>Thurs</td>
<td>SPU Men</td>
<td>Western WA</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>7-Oct</td>
<td>Fri</td>
<td>SU Women</td>
<td>Grand Canyon</td>
<td>Championship Field</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>8-Oct</td>
<td>Sat</td>
<td>SU Men</td>
<td>Houston Baptist</td>
<td>Championship Field</td>
<td>7:00 PM</td>
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<tr>
<td>8-Oct</td>
<td>Sat</td>
<td>SPU Men</td>
<td>Concordia (Ore)</td>
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<tr>
<td>9-Oct</td>
<td>Sun</td>
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<td>Arizona</td>
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<tr>
<td>9-Oct</td>
<td>Sun</td>
<td>UW Men</td>
<td>California</td>
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<tr>
<td>13-Oct</td>
<td>Thurs</td>
<td>SPU Men</td>
<td>St Martins</td>
<td>Interbay Stadium</td>
<td>7:00 PM</td>
</tr>
<tr>
<td>15-Oct</td>
<td>Sat</td>
<td>SPU Women</td>
<td>Simon Fraser</td>
<td>Interbay Stadium</td>
<td>4:00 PM</td>
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<td>Thurs</td>
<td>SU Women</td>
<td>UMKC</td>
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<td>21-Oct</td>
<td>Fri</td>
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<td>Gonzaga</td>
<td>Husky Field</td>
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<td>22-Oct</td>
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<td>SPU Women</td>
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<td>22-Oct</td>
<td>Sat</td>
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<tr>
<td>27-Oct</td>
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<td>UW Women</td>
<td>Oregon</td>
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<td>29-Oct</td>
<td>Sun</td>
<td>UW Women</td>
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<tr>
<td>3-Nov</td>
<td>Thurs</td>
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<tr>
<td>5-Nov</td>
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<td>San Diego State</td>
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<td>10-Nov</td>
<td>Thurs</td>
<td>UW Men</td>
<td>Oregon State</td>
<td>Husky Field</td>
<td>6:00 PM</td>
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