Walking - wilderness journeys - long distance trails - wild highland discoveries - island explorations - wilderness backpacking

Notes

In Scotland the term “walking” means any trekking or foot travel which does not include running or rapid climbing and doesn’t involve keeping one’s feet within a ground transparent tent. It includes walking, hiking, hillwalking, etc. We reserve the use of “climbing” for the more exacting. The grading is a general indication. If you’d like to check further, please contact us.

1 FOR:
Moderate, occasional mountain, intermediate terrain.
TERMINAL: Mostly gentle upland, occasional steep hill climbs. AVERAGE DAILY DISTANCE: up to 10 miles (16km) AVERAGE DAILY ASCENT: up to 500ft (150m) WALKING FOR: 5-7 hours (plus stops)

2 FOR:
More suited to regular hill walkers / hikers with recent regular experience of rough terrain.
TERMINAL: Mostly rough highland, occasional steep hill climbs. AVERAGE DAILY DISTANCE: up to 16 miles (26km) AVERAGE DAILY ASCENT: up to 1000ft (300m) WALKING FOR: 7-10 hours (plus stops)

3 FOR:
More suited to regular hill walkers / hikers with some experience of rough terrain.
TERMINAL: Often in remote locations, rough highland, occasional steep hill climbs. AVERAGE DAILY DISTANCE: up to 20 miles (32km) AVERAGE DAILY ASCENT: up to 2000ft (600m) WALKING FOR: 10-12 hours (plus stops)

4 FOR:
Significant altitude and steep gradients.
TERMINAL: Mostly rough, very steep terrain, remote areas. AVERAGE DAILY DISTANCE: up to 25 miles (40km) AVERAGE DAILY ASCENT: up to 4000ft (1200m) WALKING FOR: 12-15 hours (plus stops)

Accommodation

Hostel: Hostel is the cheapest form of accommodation and is often best value, especially for larger groups. Hostel beds are in mixed dormitories.
GUEST HOUSE: Guest house is a private house offering a range of accommodation, from single rooms to whole houses. It is often more expensive than a hostel but is more comfortable and private. The bedrooms are usually better quality than those in a hostel and the common areas are usually more spacious and comfortable.
HOTEL: Hotel is the most luxurious form of accommodation and is the most expensive. It offers the highest level of comfort and facilities, including private bathrooms, restaurants, bars, and often other amenities such as a swimming pool or gym. It is usually the best choice for a special occasion or when you want to treat yourself.
Camping: Camping is usually done in a tent and is the cheapest form of accommodation. It is often the best choice for a budget-friendly trip, especially in remote areas. Camping offers the most freedom and flexibility, as you can choose the location and length of your stay. It is also the best choice for those who enjoy being close to nature.

Safety & Qualifications

All the leaders hold at least a second level of first aid qualification, as well as a public liability insurance policy. They are also qualified in wilderness first aid. All leaders are trained in the latest outdoor activities techniques and are fully insured. All outdoor activities are carried out in an area where the damage will be minimal. All equipment is regularly checked and maintained.

Holiday Insurance Cover

The above trip includes travel insurance for only the leader and the leader’s immediate family. It is recommended that all participants take out their own travel insurance to cover all aspects of their trip. This includes cancellation, medical evacuation, and personal liability.

VAT

All prices include VAT at the current rate of 20% on any service charges, at the time of printing.
Landscapes for the mind and soul - space and time to breathe - wild and wonderful walking holidays - enjoy the best of Scotland

WALKS & TRAILS

CAIRNGORMS PEAKS & PASSES

Grade 3  6xYH+FB  NT

The Cairngorm Mountains form the largest area of high ground in the UK. This trip uses ancient full tracks and drovers’ trails to get from the Angus Glens, on the south east side, to majestic Glen More, on the north west side of the mountain massif. Classic high passes like the Kliblav Pass, Jack’s Road and the Larig Gruar are traversed on the journey across the mountains. Three mountain days allow to explore the high tops of Mayar and Eivie, Dark Lochsloy, Carn a Mhaim and Meall nan Cuillins, plus a handful of high tops in Glen Feshie. Classic all of them, providing quite an action-packed trip!

EIGG & RUM

Grade 2  9xYH+B  FT

This raid is just perfect for giving wilderness backpacking a try. There are far too many to mention here. Please refer to the Independent or ‘Speciality for You’ sections on our website.

TROSSACHS WILD TREK

Grade 2-3  4xGH+B  PT

Here’s a lovely, continuous route leading from the Beauty Firth at Inversnaid, to Loch Nevis, the hidden village of Tomich and through the length of Glen Affric, to Loch Duich on the west coast; a trek down out of Scotland, through the Woodwinds and Walker Scott, to the accommodation with full Scottish breakfasts every morning to set you up for the next day. Since 1984, of the many, many hundreds of C-N-D walkers who have successfully walked the West Highland Way with us, the age range has been 12 to 83, so it’s well within the scope of most reasonably fit and healthy folk! There are no worries about getting lost either, as we provide a knowledgeable, fun walking guide. Just sign up and enjoy!

HIGHLAND COAST TO COAST

Grade 2  6xYH+FB  FS

Here’s a lovely, continuous route leading from the Beauty Firth at Inversnaid, to Loch Nevis, the hidden village of Tomich and through the length of Glen Affric, to Loch Duich on the west coast; a trek down out of Scotland, through the Woodwinds and Walker Scott, to the accommodation with full Scottish breakfasts every morning to set you up for the next day. Since 1984, of the many, many hundreds of C-N-D walkers who have successfully walked the West Highland Way with us, the age range has been 12 to 83, so it’s well within the scope of most reasonably fit and healthy folk! There are no worries about getting lost either, as we provide a knowledgeable, fun walking guide. Just sign up and enjoy!

NEW

PRIVATE GUIDED

HIGHLANDS & ISLANDS

If you want to see a wide variety of Scotland in a short time, this 10 night holiday is the tour for you. The flexible itinerary allows you to choose the balance between walking and sightseeing. Bases are in Highland Perthshire, the Isle of Skye and the West Highlands, each providing a choice of walks and sightseeing.

SKYE EXPLORER

New 9 night holiday for Skye exploring. The semi-flexible itinerary allows you to choose the balance between walking and sightseeing. Explore Eigg, Rum, Skye, the Cuillin and the Knoydart peninsula, the Skye Cuillin, Scalabeg, Staffin, the Trotternish Ridge and the island of Rum.

WALKING & WHISKY

NEW

7 night island hopping tour with 5 walking days and the possibility of visiting distilleries on Arran, Islay and Jura. These islands are wonderful examples of the variety of walking, landscapes, and history of Scotland. Really iconic white sand beaches, wooded castle gardens, isolated standing stones, heathland island life, and the ancient heart of Skye, the Misty Island.

WAYS & TRAILS

ANY SCOTTISH WAY IN ANY WAY

There are far too many to mention here. Please refer to the Independent or ‘Speciality for You’ sections on our website.

TROSSACHS TREK

A wee jaunt of about 30 miles through the eastern parts of Loch Lomond & Trossachs National Park with one night plus 3 days free.

WEST HIGHLAND WAY HIGHLIGHTS

A condensed version of this classic, with walking over 4 days from Crianlarich to Fort William; a great option if you’re short of time to explore.

LOCH LOMOND TO LOCH NESS

This 80 mile route is sure to become one of the classic walks of Scotland, from the shores of the Bonnie Banks of Loch Lomond to the shores of Loch Nevis.

WILDERNESS BACKPACKING

FISHERFIELD RAID

Grade 5  2xLB+  NT

Our base camp in the heart of the Fisherfield ‘Big Slate’ is a location without compare from which to collect these fine remote mountains. Backpacking and camping required.

BEN ALDER RAID

Grade 5  1xLB+  NT

This raid is just perfect for good wilderness backpacking a try. There is a pleasant undulating trek on easy terrain and to from our chosen camping spot, with two days in between to capture Carn Dearg, Beinn Chon, Aonach Beag, Beinn Eighean, Beinn Bhuidhe and Ben Alder. You’ll be surrounded by mountains and but won’t have to carry all your kit up and down them. You’re there just to enjoy.

NEW

OPEN GUIDED

HIGHLANDS & NW HIGHLANDS

NEVIS SEA TO SUMMIT

Grade 3  6xYH+FB  NT

Between relatively inaccessible Loch Nevis and Ben Nevis, the highest mountain in the UK, lies a string of unsettling wild roads that makes a perfect walking challenge. We’ll take a boat to near the head of Loch Nevis to get started, and then cross wild passes day by day, reaching Loch Aghan, Glen Nevis and Glen Nevis (with the help of another boat), before making our mountain ascent to ‘Big Ben’, Ben Nevis itself. This will be an unforgettable experience made of another boat (or possibly by a canoe), before making our mountain ascent to ‘Big Ben’, Ben Nevis itself. This will be an unforgettable experience made of another boat (or possibly by a canoe), before making our mountain ascent to ‘Big Ben’, Ben Nevis itself. This will be an unforgettable experience made...