Now you can sign up for your personal account!

YOU CAN NOW ACCESS YOUR PERSONAL ACCOUNT INFORMATION ONLINE!

At the new Tufts Health Plan secure online site, it’s easy to create an account that lets you:

> Pay your monthly premium*
> View your claims history
> View your current and past referrals
> View your monthly Explanation of Benefits (EOB) documents
> Manage your eDelivery preferences
> And more!

*Not applicable to members who are enrolled in a Group plan through their former employer.

Note: Not all features are available to members of all plans. For more information, contact Customer Relations.
TO REGISTER, FOLLOW THESE SIMPLE STEPS:

1 | Visit thpmp.org/registration

2 | On the registration page, enter your member ID number (found on your member ID card), and your date of birth.

3 | Answer security questions, so we can verify your identity.
TO REGISTER, FOLLOW THESE SIMPLE STEPS (CONTINUED):

4. Enter your email address and password, enter your mobile phone number (optional), choose your three security questions, and choose your site key image and security phrase.

![TUFTS Health Plan Registration Form]

- **Identification**
  - Thanks John! We’ve verified who you are.
  - Now, let’s create your account

- **Create Login Information**
  - Your email address will be used to log into your online account.
  - Email Address: [user@example.com]
  - Confirm Email Address: 
  - Password: 
  - Confirm Password: 
  - 8-16 characters with no spaces and at least one letter and one number.
  - Passwords are CASE SENSITIVE.

- **Mobile Phone (SMS)**
  - In order to enhance the security of your online account, you have the option to provide us with a mobile phone number that can receive text messages. We will use this number to send you a verification code should we need to confirm your identity upon login.
  - Mobile Phone Number (SMS): 

- **Choose Security Questions**
  - If you forget your registered email or your password, you will be asked to answer your chosen security questions. Provide answers that you are sure to remember. For your security, answers cannot be retrieved if you have forgotten them.
  - Choose three (3) security questions:
    - Select Security Question
    - Select Security Question
    - Select Security Question

- **Select Security Options**
  - Site Key:
    - Please select a Site Key image from the options below. This image will be presented to you each time you log in to your account. Site Keys provide additional security to help prevent unauthorized access to your account and reduce the risk of identity theft and fraud.
    - Golf
    - Cat
    - Shell
    - Sunflower
    - Tennis
    - Dog

- **Security Phrase**
  - Your Security Phrase will be presented along with your selected Site Key at the time of login. (Example: “I like golf”)
  - I like golf
5 | Make your selections for eDelivery. If you would like to view your plan documents electronically instead of receiving them by mail, make sure you select “Electronic” for each option.
HERE ARE 5 EXCITING THINGS YOU CAN DO WITH YOUR PERSONAL ACCOUNT:

1 | You can pay your monthly premium* securely online

You can see how much your monthly premium is, what you paid last month, and how much is due next month. To make a payment, click on “Make a payment” in the top right corner of this area.

![Payment Details for your Monthly Premium]

*Not applicable to members who are enrolled in a Group plan through their former employer.

2 | You can view your most recent claims

You’ll see how much your provider charged for the service, as well as the amount you’re responsible for paying. Please note, in some cases you may have already paid your cost-sharing amount at the provider’s office, or you may receive a bill at a later date. If you have any questions about your cost-sharing or a bill you receive, please call Customer Relations. To see all of your past claims, click on “Search All Claims” in the top right corner of this section.

![Your 3 Most Recent Claims]

3 | You can view your most recent referrals

You’ll see your three most recent referrals by provider, start and expiration dates, as well as the number of visits the referral allows you to have. To see all of your current and past referrals, click on “Search all Referrals & Authorizations.”

![Your 3 Most Recent Referrals]

Note: Tufts Medicare Preferred Supplement plan members are not required to obtain referrals and therefore will not see this feature in their accounts.
You can view your recent medical Explanation of Benefits (EOBs)

Follow these two steps:

STEP 1: From your account home page, hover over “Claims & Billing” and click on “Explanation of Benefits (EOB) Statement.”

STEP 2: This will display all of your recent EOBs. They are conveniently labeled by month, so you can easily see the medical services you received and what you paid for them.

Note: This feature may appear differently for Tufts Medicare Preferred Supplement plan members.
5 | You can view or change your eDelivery preferences

From your account home page, select “Manage My Account” from the top menu.

At the bottom of your “Manage My Account” page, you’ll see two sections marked “eDelivery Preferences” and “Marketing Preferences.” In the “eDelivery Preferences” section, you can indicate how you want to receive your plan documents (electronically or via US mail), and in the “Marketing Preferences” section, you can tell us whether or not you would like to receive helpful plan information emails via eDelivery. Click “Edit” to change your selections.

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eDelivery Preferences

Electronic delivery of plan documents will help us in our efforts to be more “green” in our business practices. You can already view your claims online, and now you can view your plan documents online any time. You will always know where your documents are and you can reference them any time you log on.

<table>
<thead>
<tr>
<th>Your Documents</th>
<th>Delivery Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explanation of Benefits (EOB)</td>
<td>Electronic</td>
</tr>
<tr>
<td>Plan Documents</td>
<td>Electronic</td>
</tr>
</tbody>
</table>

If you decide, at anytime, that you want to change how to receive these documents, you can click on the “Edit” link to change preferences.

I understand that by clicking “Electronic”, I have “opted in” to have the Explanation of Benefits (EOB-HMO only) or Plan Documents sent to my online account. I understand that paper versions of these documents will no longer be mailed to me. Plan Documents include Annual Notice of Change (ANCQ), Evidence of Coverage (EOC), Formulary (Drug List), Provider Directory, Pharmacy Directory (POP only), and Medicare Supplement Policy (if applicable).

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Marketing Preferences

You can control the amount of emails that you receive from Tufts Health Plan. Just opt out of the types of marketing messages that you don’t want to receive.

<table>
<thead>
<tr>
<th>Communication Type</th>
<th>Selection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emails</td>
<td>Receive emails from Tufts Medicare Preferred that include helpful plan information and health and wellness content.</td>
</tr>
</tbody>
</table>
FOR MORE INFORMATION:
Visit thpmp.org or call Customer Relations at 1-800-701-9000 (TTY 1-800-208-9562)
Tufts Health Plan Senior Care Options plan members visit thpmp.org/sco or call 1-855-670-5934
(TTY 1-855-670-5936) Monday - Friday, 8:00 a.m. - 8:00 p.m. (From Oct. 1 - Feb. 14, representatives
are available 7 days a week, 8:00 a.m. - 8:00 p.m.) After hours and on holidays, please leave a message,
and a representative will return your call the next business day.

¹All data shown is sample data. Your information may appear differently.
Note: Not all features are available to members of all plans. For more information, contact Customer Relations.
This information is not a complete description of benefits. Contact the plan for more information.
Limitations, copayments, and restrictions may apply. Benefits, premiums, and/or co-payments/co-insurance
may change on January 1 of each year.

Tufts Health Plan has HMO plans with a Medicare contract and a contract with the Commonwealth
of Massachusetts Medicaid Program. Enrollment in Tufts Health Plan depends on contract renewal.
Tufts Medicare Preferred Supplement plans are offered in accordance with Massachusetts law.