Local Diver Makes a Splash

Adrienne White is having an amazing year on the Hampton Diving Team. Currently a sophomore at HHS, she had an impressive 2nd place showing at the Western Pennsylvania Interscholastic Athletic League (WPIAL) Diving Championship meet at North Allegheny High School on February 27th. She is now on her way to (Continued on page 12)

Keeping in Tune with Hues and Harmony

The Hampton High School was filled with colorful artwork and melodic sounds as Hampton hosted the Hues and Harmony Art and Music exhibition on February 23rd and 24th. A large crowd of parents, grandparents, students, faculty, and members of the community attended over the two days of the event.

An explosion of color greeted guests (Continued on page 14)
Cuts Fitness Evolves...

With major increases in hours, new equipment and exercise options Cuts Fitness has evolved to be your gym, whether you’ve never belonged to a gym before or you have been exercising for years.

Cuts Fitness provides a challenging predefined, personalized and effective workout that takes just about 30 minutes. According to Art Berg, General Manager “We’re definitely not your ordinary gym. We’ve always been a bit different than most gyms and, now in our 11th year in business, we continue to improve and are the best at offering an effective, quick and friendly exercise option for all.”

Now open 5am to 9pm seven days a week, Cuts Fitness has eliminated the no time to exercise excuse. Many of those peak hours are staffed with Fitness Coaches providing free assistance as needed or as wanted. Cuts Fitness is known for helping each member achieve a realistic goal of better fitness and overall health.

Cuts Fitness has gone overboard to create a safe, secure and immaculately clean facility. A lot of the members say they really don’t like to exercise. But they work out at Cuts Fitness because it is clean and because they can be in and out quickly, at a time and day that is convenient to them.

The workouts are effective too. In addition to losing weight, many members report overall better health, better moods as well as increased flexibility and stamina. Many reports better health have been reported by both members and by their respective medical providers. Providers like the fact that assistance to each member is offered and that the workouts are indeed designed to accommodate and differentiate for differing levels and conditions.

Whether you like to exercise or not, you know you should and Cuts Fitness might just be the best place for you.

CutsFitness
30 minute gym
www.30minutegym.com
Open 5am-9pm Every Day
Talley Cavey Road, on the hill by Alpine Pool store

Long Time Hampton Resident Hal English Announces
He is Running for Re-Election as Your State Representative

Did you know Hal’s community involvement...
- Treasurer of Hampton Community Association (that raised money for the new playground equipment and helped fund the Hampton Veterans Memorial)
- Past President of Hampton Rotary
- 2009 Northern Allegheny Chamber of Commerce Business Man of the Year
- Past Board Member HAAE (Hampton Alliance for Education Excellence) funding teacher ideas
- Hampton Citizen of the Year 2007 – Pine Creek Journal
- 15 Year Hampton Homeowner
- Coordinates the American Legion Memorial Day Service
- Served in the Marine Corps Reserve for 30 years
- Pocks up litter on Route 8
- Has represented Hampton in a Bi-Partisan manner by:
  - being fiscally conservative and an independent voice
  - consistently supporting funding for schools to provide quality education
  - fighting for small businesses that provide family sustaining jobs
  - helping to improve public safety by improving major intersections
  - holding over 50 “Speak with Hal” sessions to hear constituent concerns

More information available at: www.hal-englehs.com
Paid for by Friends of Hal English
Game Day at Wyland
by Gail Scott

Students in Grant McKinney’s HHS Applied Mathematics class have been busy creating new board games for younger students! The fun part of the assignment took place on February 25th when the high school students took their original board games to Wyland Elementary to let kids in grades 1 to 4 play the games.

The mathematics class of 24 seniors and one junior was given the assignment of creating a board game that incorporated an elementary curriculum area - math, science, history, or English. After the students came up with their original idea, they conducted a statistical analysis for many of the facets of the game. Next, the students designed and created their boards and games. One of the most challenging aspects was to write rules that were clear and logical. McKinney said this is the first time he has run this assignment and has never done anything like it before. The games went through several review steps, with the students critiquing each other’s ideas at the outset. McKinney provided feedback on rough drafts. Near the end of February, the students played tested the games and gave feedback to each other about improvements or areas that needed refining before they took the games to Wyland. McKinney commented, “I think everyone was a little nervous wondering if the elementary kids would like their games. It is a bit intimidating to take something you have created and invested so much time into and then have it analyzed by 6 to 10 year olds.” There was no need to fear. The Wyland students had a lot of fun with the games and shared a lot of laughs with the game creators. McKinney said, “It was a great experience. Having real kids play the games made the many revisions and edits worthwhile.” Senior Alexa Aurednik has this to say after returning from

(Continued on page 24)

Killer Popcorn? Noooo!

It wasn’t that long ago that The Center for Science in the Public Interest (CSPI) destroyed the age-old love of movie goers. They released a study telling America that their favorite movie theater treat was... dangerous! Yes, according to the study, popcorn was driving movie fans toward heart attacks!

It wasn’t the popcorn that was the problem. It was the coconut oil it was popped in. Yes, according to research, that coconut oil packed more artery-clogging saturated fat than a table full of fast food hamburgers! A collective sigh rang through the nation. Suddenly people had to decide between health and popcorn. What an awful dilemma!

Roll ahead a decade or so and something miraculous seems to have occurred. Coconut oil, once deemed the evil villain that took away America’s love affair with popcorn, is touted as a miracle. In fact, coconut oil now has more miraculous qualities than the proverbial fairy godmother.

Coconut oil will moisturize your skin, condition your hair, and amazingly, enter your body and work to reverse inflammation, the root cause of disease. What happened? How did it go from zero to hero?

The public is easily swayed by misinformation. Coconut oil is in fact a gift of nature, a gift that has been evidenced to play a role in almost every positive human health shift ranging from boosting metabolism to eradicating yeast infections.

What nutritional experts understand is, the CSPI report was flawed and the public was misinformed. The study was done using hydrogenated coconut oil, an altered form that, in processing, becomes void of all of its health properties. Coconut oil is good! Very good! It is a saturated fat, and when you learn to see through all of the misinformation, you learn that saturated fat from natural untarnished sources is EXTREMELY VALUABLE TO HUMAN HEALTH!

Coconut oil is only one of many misunderstood natural aids. It may surprise you to learn that the greatest nutritional weapons you have against the most common diseases live in your spice cabinet.

At Revelation Health, Allison Park’s Best Kept Secret, we battle misinformation. We help people cut through the confusion and optimize their nutrition. More energy, reversal of symptoms, and an enhanced sense of well-being are the words we hear from our customers and clients. We remain a best kept secret as we serve health practitioners around the nation, but since you’re a neighbor, and the secret is out, stop in! Ask us what coconut oil, or any of nature’s gifts, can do to improve your health, your family’s health, and... your ability to navigate life with less stress, more power, and the vital energy you deserve.

Call 888-600-0642 or visit 2772 Harts Run Road Allison Park, PA 15101 (Next to Commonwealth Bank) www.revelationhealth.com

www.thehamptonews.net 3
The Hampton Township Police Department is dedicated to enhancing the quality of life of our residents and guests by providing the very best in law enforcement services. The twenty-two officers and two civilian clerks take pride in serving the community in a professional and proactive manner. Thank you to the staff for helping to keep our community safe.

A summary of noteworthy incidents that occurred between January 13th through February 7th, 2016.

**DUI**

- **On January 16, 2016 at 11:56 p.m.,** a traffic stop was conducted on Route 8, after a Hampton Township officer observed multiple traffic violations. The driver was subsequently arrested for DUI.
- **On January 18, 2016 at 2:36 a.m.,** a traffic stop was initiated on East Bardonner Road after a Hampton Township officer observed multiple traffic violations. The driver was subsequently placed under arrest for DUI.
- **On January 29, 2016 at 2:38 a.m.,** a traffic stop was initiated on Route 8 after a Hampton Township officer observed multiple traffic violations. The driver was subsequently arrested for DUI.
- **On January 29, 2016 at 9:05 p.m.,** a traffic stop was initiated on Duncan Avenue after a Hampton Township officer observed multiple traffic violations. The driver was subsequently arrested for DUI.
- **On January 30, 2016 at 1:49 a.m.,** a traffic stop was initiated on Route 8 after a Hampton Township officer observed multiple traffic violations. The driver was subsequently placed under arrest for DUI.
- **On January 30, 2016 at 3:22 a.m.,** a traffic stop was initiated on Route 8 after a Hampton Township officer observed multiple traffic violations. The driver was subsequently arrested for DUI.
- **On February 1, 2016 at 2:21 a.m.,** a traffic stop was conducted on Route 8 after traffic violations were observed by a Hampton Township officer. The driver was subsequently placed under arrest for DUI.
- **On February 3, 2016 at 2:18 a.m.,** a traffic stop was conducted on West Hardies Road after traffic violations were observed.

(Continued on page 5)
by a Hampton Township officer. The driver was subsequently placed under arrest for DUI.

On February 7, 2016 at 2:52 a.m., a traffic stop was conducted on a vehicle on Route 8 after multiple traffic violations were observed by a Hampton Township officer. The driver was subsequently arrested for DUI.

On February 7, 2016 at 2:52 a.m., a traffic stop was conducted on a vehicle on Route 8 after multiple traffic violations were observed by a Hampton Township officer. The driver was subsequently arrested for DUI.

On February 7, 2016 at 4:12 a.m., a traffic stop was conducted on Route 8 after a Hampton Township officer observed a traffic violation. The driver was subsequently placed under arrest for DUI.

Vehicle Accident

On January 13, 2016 at 2:50 p.m., Hampton Township officers responded to Wildwood Road for a two vehicle accident. Both vehicles were able to be driven from the scene.

On January 19, 2016 at 8:02 a.m., Hampton Township officers responded to Route 8 for a two vehicle accident. Both vehicles were able to be driven from the scene.
Home News You Can Use…

...Provided to you by Judy Gifford, Your Real Estate Resource

Thinking of selling?
Life changes create home sales, buyers and sellers looking for more room, less room, first purchase or estate sales. Inventory is low, the interest rate is low and buyers now must meet higher standards of credit which is good news for all in the long run.

Steps to do...

Clear out the clutter. If you are moving, this needs to be done anyway. Plan a garage sale or make donations.

Clean away the cobwebs. Now is the time to house clean as you empty those closets and draws.

Repair those items that you know need fixing. Service the HVAC and seed and fertilize the lawn. Consider calling in the experts for a whole house inspection, radon measurement and pest. A buyer will most likely have it done so be prepared.

Hire a veteran Realtor...doing it yourself is tempting but full of potential risks and pitfalls. You want security, objectivity and expertise to guide and monitor the process….from staging ideas, pricing, extensive online marketing, negotiating sales terms and inspections to a smooth settlement. I would be honored to give you a complimentary market assessment.

Berkshire Hathaway HomeServices, The Preferred Realty
Judy Gifford, Hampton Office, 2860 Wildwood Rd Ext., Suite 100, 412-760-1673, jgifford@thepreferredrealty.com

Hampton Home Sales
01/16/2016 – 2/15/2016

<table>
<thead>
<tr>
<th>address</th>
<th>Sold price</th>
</tr>
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<tbody>
<tr>
<td>4578 Middle Rd.</td>
<td>$435,000</td>
</tr>
<tr>
<td>3055 Hartwood Dr.</td>
<td>385,000</td>
</tr>
<tr>
<td>4573 Middle Rd.</td>
<td>380,000</td>
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<tr>
<td>4012 Gwynedd</td>
<td>339,900</td>
</tr>
<tr>
<td>5055 Apple Ridge Dr.</td>
<td>313,600</td>
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<tr>
<td>2961 Harts Run Rd.</td>
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<tr>
<td>2810 W Bardonner</td>
<td>130,000</td>
</tr>
<tr>
<td>2010 Wallace Rd.</td>
<td>45,000</td>
</tr>
</tbody>
</table>

This information is supplied from the West Penn Multi-List. It is deemed reliable but not guaranteed.
Join us for a new and special kind of family evening storytime which will build on the 7 Principles of Early Literacy. Stories, music and activities will fill your little one’s evening in this fun interactive storytime! Everyone is invited. Storytime will target 3-5 years old. Registration is appreciated!

**Tuesday Evenings, 6:30 p.m. Now through March 15th**

**Miss Mousie’s Babies and Books!**

**Wednesdays at 10:00 a.m. Now through March 16th**

Caregivers who are looking to make new friends, get out of the house and build a foundation in literacy with their babies, this is for you! Stories, songs and interactive play will fill this time together! Make new friends for both you and your baby! Ages newborn thru 3 years old. Registration is appreciated!

**Pint Sized Picassos - Space still available on Thursdays!**

**Thursdays 10:00 - 10:45 a.m. Now through March 17th**

This program combines stories with art and is designed for fun and mess for little artists ages 4 through 6 years of age! Please dress in clothes they may get “messy!”  **Registration a must!**

*Please note, that due to the unique nature of this program, your child must be registered to participate in the “art part.”*

**Fluffy’s Famous Friends and Family Storytime! Thursdays, 1:00 p.m. -1:30 p.m. Now through March 17th.**

Meet Fluffy and some of his famous neighborhood pals each week! Friends include such personalities as Peppa Pig, Daniel the Tiger, Curious George, Pete the Cat, Froggy and so many more. Each week a new friend will be introduced through stories, songs and activities. Everyone is invited, but storytime will be geared towards 3 -5 year olds. Registration is appreciated!

**Color Me Calm: A Coloring Program for Adults! – Extended!**

**Fridays, 10:30 – 11:30 a.m. Now through April 29th**

Stressed? Looking for a fun, easy way to beat the winter blues after the holiday craziness? Join us for Adult Coloring! The latest craze is artistic coloring for adults! Adult coloring books have more intricate designs and patterns than those designed for children. Did you know? The meditative process in coloring has proven to calm the mind, lessen anxiety and bring a sense of peace. Try it out for yourself! Coloring pages and pencils will be provided. No class on March 25th.

**News and Views**

**TGIF! Fridays, 1:00 p.m.**

No winter doldrums here at the library! Join local author and journalist Gerry K. Smith for a lively exchange of news and opinions! “It’s a potpourri from local to international happenings,” said Smith, “with interesting people who like to stay informed.” Stay informed – join in the conversation – all are welcomed. Registration is appreciated, walk-ins welcomed!
Happy New Year

50% OFF frames with the purchase of lenses
Cannot be combined with insurance, any other promotions or previous orders. Must have valid RX.
Eye exams are available. Does not include Maui Jim eyewear. Expires 4/01/2016

what oils and blends can calm your skin and senses! Please note there will be a $5.00 donation to cover the cost of materials to make your own Pillow Spray! Registration is appreciated.

Murder by the Book! A Mystery Book Club!
Wednesday, March 16th, 6:30 p.m.
Join us as we discuss Rogue Island, by Bruce DeSilva. Books available at the library. Make new friends, discover new authors, and get a clue!

Betty’s Book Buzz: Thursday, March 17th, 1:00 p.m.
Join Betty as she gives her opinions, (both good and bad) about The Good Father, by Noah Hawley. Copies of the book will be available at the library. Make new friends, meet new books!

Cooks-N-Books Thursday, March 31st, 6:30 – 8:00 p.m.
SouthWest (AZ, NM, TX, UT)
Cooks-n-Books is a cookbook and food discussion group for people who love to cook and make new friends! No real experience or culinary expertise is needed- just a desire to share recipes and food!!
We meet in Great Room A in the Hampton Community Center.
Here’s what to do…
1) Check out a cookbook or magazines from the library that has a recipe that fits the region.
2) Cook that dish and bring it to the group the evening of the discussion. Please bring a copy of the recipe as well.
3) Sample all of the amazing recipes!
Please note there will be a $2.00 fee to cover the cost of supplies.

Save the Date for Trivia!!! Friday, April 1st
4th Annual Hampton Community Library Trivia Night
(Knowledge of the Dewey Decimal System not required – No foolin!) Doors open at 7:00 p.m. Trivia begins at 7:30 p.m. Program ends at 9:30 p.m. Assemble your own team, or let us put one together for you that night. $15/person, (8 people/table).
Test your general trivia knowledge! Will Trew Grean hold on to the title this year or is Queen Elizabeth’s Court ready to do battle??? Perhaps your team will surprise them all! Please note this is an adult program. Space is limited; Registration required.

Get Your Artist On—
A Night of Painting with Elaine Bergstrom!
Friday, April 8th, 6:30 p.m. – 9:00 p.m.
Painting begins promptly at 7:00 p.m.
Looking for a Girls Night Out? Date Night? It's that and more! Paint it and Take it. Tap into your artistic side with guidance from Elaine Bergstrom. Bring snacks, beverages, and your creativity. $25 per person includes canvas, paints, brushes and Elaine's guidance. You take your work of art home at the end of the session.
Please note this is an adult program. Space is limited; Registration required.

For more information or to register please call the library at 412-684-1098.

Library (Continued from page 7)

Library Hours:
Sunday, Monday: Closed
Tuesday, Wednesday, Thursday: 9:30 a.m. - 8:00 p.m.
Friday: 9:30 a.m. - 5:00 p.m.
Saturday: 9:00 am - 4:00 p.m.

www.thehamptonnews.net
A Hampton Tradition
by Nicole Kline

As winter comes to an end, so does another exciting season of Hampton Hockey. Hampton Hockey has been a local tradition for over 30 years. At the foundation of this institution is the Talbot’s Developmental team. This team welcomes beginning players of all ages who want to learn the fundamentals. This season the team players ranged from first to tenth grade.

Hampton Middle School’s club team started the season with 11 new players. This construction would pose a challenge for any team, but these players defied the odds. The coach, Mike Sicocca, explained that the team was “faced with a lot of adversity at the beginning of the year and overcame it all to finish 3rd in [their] division and [to tie] for 5th overall in Tier 2.” He explained that “Every game we had was exciting for the fans, the parents, and the players.” This was true for one of the team leaders, Joshua Bianco, who scored 18 goals and 12 assists for 30 total points.

While the middle school team fought adversity, Hampton’s JV Blue team started their season with a big decision. They played in Tier 2 last season and chose to challenge themselves by elevating to Tier 1. At the mid-season point, Coach Shaun Becker stated he is “very proud of everyone that has participated in the practices and games.” This pride undoubtedly continued as the team finished fifth in their division. Their final record was 9-6-3 for a total of 21 points. Each player on this team was essential, and that was especially accurate for stars like Evan Koprivnikar who led the team in goals (11) and Kevin Bott who led in assists (7) and points (14).

Hampton’s JV Gold team finished the season in third place in

(Continued on page 10)
Hockey (Continued from page 9)

Tier 3 East. Coached by Paul Milchak, the team finished 10-5-3 for a total of 23 points. Many players on the team played inline hockey last season, but quickly acclimated to the ice for the first time this season. There were a great deal of exceptional players on this team, highlighted by Michael Orban who lead the team in goals (25), assists (16), points (41), and power play goals (6).

The Hampton Varsity team struggled in the beginning to find their footing and confidence, but that changed after a midseason win over their rivals—Bishop Canevin. Coach Ranallo said in that game “this team figured out who they [were and forged] an identity.” This identity propelled them though the rest of season to a 12-9-1 record. They finished fourth in their division with 25 total points. Justin Weinbrenner was the team’s top scorer (23 goals, 40 points), while teammate Daniel White led in assists (19).

If these teams sound exciting to you, why not see if you have what it takes? Dave Bott, President of the Hampton Ice Hockey Association, reveals that the “school team tryouts are scheduled for early May.” You can contact him at dbspaz@hotmail.com for specifics. Go Talbots!

Butler Valley Dawgs Bring Back a Winner

Valentine’s and President’s Day weekend the Butler Valley Dawgs Bantam 1 team traveled to Jamestown, NY to participate in the Mid Winter Classic. What a successful trip it was! The team won the championship game by beating Wheatfield, NY in a very exciting shootout. Hampton’s own Andrew Coholich buried the game winning goal.

Back Row: Coach John Folmer, Andrew Coholich, Coach Paul Wargo, Carl Fuchs, Coach Steve Hurst, Ben Cutuli, Patrick McCann, Coach Tony Cutuli.
Front Row: Jacob Golab, Caeden Wargo, Joe Folmer, Mitch Hurst, Camden Jackson, Joel Cendrowski, Trey and Troy Gilliland (Mascot – Colin Hurst)
Have you ever watched in fascination as cloth magically emerged under a weaver’s hand? Perhaps you have watched a weaver at work at a museum or fair. Or have you been lucky enough to acquire a loom of your own? Would you like to know how to use it?

**Weaving Classes**
Introduction to Weaving on Harness Looms, for the Very Beginner Saturday, March 12th 9 a.m. - 4 p.m.
Intermediate Weaving on Harness Looms Saturday, March 19th 9 a.m. - 4 p.m.

**Cooking Classes**
Open Hearth Cooking Class Saturday, April 9th 10 a.m. - 4 p.m.
Bee Hive Bake Oven Class Saturday, May 7th 10 a.m. - 4 p.m.
Pre-registration is required for both classes.
Call 412-486-0563 or register online www.depreciationlandsmuseum.depreciation Lands Museum
4743 S. Pioneer Road
Allison Park, PA 15101

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**North Hills Community Outreach**

**NHCO Seeking Gardeners to Grow Seedlings**
North Hills Community Outreach is seeking individuals or gardening groups to volunteer to grow seedlings for transplanting in our organic garden in the spring. All produce supports NHCO’s three food pantries. Please contact Alyssa at aacrawford@nhco.org or 412-307-0069 x 3311.
For more information on the garden, visit nhcogardens.squarespace.com

**NHCO Accepting Spring Share Donations**
North Hills Community Outreach is collecting baskets, basket covers, plastic grass, candy, granola bars, juice boxes, new small toys and new small stuffed animals for Spring Share baskets for local families in hardship. Donations are accepted through March 18th weekdays from 9 a.m. to 4 p.m. at any NHCO office including the Allison Park office, 1975 Ferguson Road, Hampton. For more information, contact Vicki at vdburst@nhco.org or 412-487-6316 opt. 1.

**Buy tickets now for NHCO’s Second Annual Neighborhood Block Party at the Chadwick**
Tickets are on sale now for North Hills Community Outreach’s 2nd annual Neighborhood Block Party at The Chadwick in Wexford, 5:30-8:30 pm, Thursday, April 21st. Enjoy a variety of food stations, live entertainment, fun and games for the kids, and more. Tickets are $30 for adults, $15 for children; a portion of ticket price is tax deductible. Proceeds support NHCO’s 20+ programs for local families in crisis, hardship and poverty. Order tickets by April 8th at nhco.org/2016-neighborhood-block-party or contact Cheryl at 412-487-6316 opt. 1, ext 3111.

**Register Soon to Run for NHCO in the Marathon Races**
Runners who wish to run and fund raise for a charity in the Pittsburgh Marathon, half marathon, relay and 5k must register by March 31st. Runners can earn a FREE race entry when they register for any race weekend event and commit to fundraise for North Hills Community Outreach. Form a relay team at work or school, or run the half or full marathon. Visit thepittsburghmarathon.com or contact Harriet at marathon@nhco.org or 412-408-3830 x 3210.
Adrienne White (Continued from page 1) compete in the PIAA State Championship at Bucknell University, to be held from March 16th-19th. In March, Adrienne said of her team, “I enjoy diving at Hampton because of the encouragement given from teammates and coaches. We push each other to do our best.”

White began as a competitive gymnast for 6 years when a back injury ended her career as a Level 7 gymnast at Jewart's Gymnastics. Diving is one of the best sports to transition into from gymnastics, because the training and background from gymnastics can be utilized. Adrienne began diving with Doe & Julian Krug from Pitt Aquatic Club, who taught her diving fundamentals and more. Adrienne has been diving with Pitt for 4 years and she has been competing for 3 years. She began diving with the Hampton High School team during her freshman year with Coach Keith Hart, and managed to break Hampton's pool and team records for the sport. She finished third at the North Allegheny (NA) Diving Invitational and placed 5th at the 2014-2015 AAA WPIALS with a score of 459.85. Then, she went on to place 8th at States with a score of 408.60. This year, she accomplished the amazing feat of breaking her personal record, and Hampton pool diving record, with a score of 301.25 Adrienne is the only Hampton diver to ever exceed 300 points in a meet! White also won the NA Diving Invitational this season with a score of 487.25. The invitational is an 11 dive meet. When asked, Adrienne says her favorite dive to perform is the 5132D. “The dive consists of a front one and a half somersaults, with one twist.” She commented, "It's easy and fun to dive." Adrienne said that she hopes, going into States, to only improve from last year.

Road Warrior Wrestlers

This past Saturday, February 13th, at Avonworth High School the North Hills Wrestling League (NHWL) concluded its season with the annual NHWL Road Warrior Classic Wrestling Tournaments. At halftime of the day's events the league awarded its annual "Road Warrior Awards." Throughout the season wrestlers in the 8 team league accumulated points based on their finishes at NHWL sanctioned tournaments. The Top 20 point totals from both OPEN & NOVICE divisions are honored as "Road Warriors" by the NHWL. Hampton Jr. Wrestling had 8 wrestlers named Road Warriors this year. Congratulations to the following Hampton Jr. Wrestlers:

**Novice Division:** (1st & 2nd Year Wrestlers): Kieran Bullington (6th), Caleb Rihn (16th), Dustin Kerr (14th)

**Open Division:** Nicholas Gorman (4th), Jayden Resch (7th), Christian Liberto (10th), Kaden Hoolahan (12th), Alan Wolfe (14th)

Pictured are Hampton Jr. Wrestling's 2015-2016 Road Warriors...

**Front Row (L to R):** Nicholas Gorman, Dustin Kerr, Caleb Rihn, Kieran Bullington. **Back Row (L to R):** Kaden Hoolahan, Christian Liberto, Jayden Resch and Alan Wolfe.

Bethany Lutheran Preschool

Currently Enrolling for Fall Classes

* Warm loving, Christian environment
* Play based learning curriculum * STEM
* Daily movement and music activities

5155 North Pioneer Rd, Gibsonia
724-443-3890

Simply Music

Private Instruction Piano - Trumpet - Organ - Guitar

Nick Pisani Jr. (724) 443-2718

www.thehamptonnews.net
Competitive Cheer (Cover) by Gail Scott

The Hampton Competitive Cheerleading team capped off an incredible season with a trip to the 2016 National High School Cheerleading Championship ("NHSCC") in Orlando, Florida on February 6th and 7th. This is the first time the Hampton team has traveled to Nationals and the team placed an impressive 13th in the nation out of 43 teams in the small varsity division II section.

The girls qualified for their bid to Nationals at the UCA Allegheny Regional Competition at Slippery Rock University in December 2015, and it was the first time the team attempted to receive a bid to Nationals. At Nationals, the team competed in 2 prior rounds, preliminaries and semi-finals, on Saturday, February 6th before earning a spot to compete at the Finals competition on Sunday, February 7th. Hampton was one of the few local schools to have the chance to compete in the NHSCC Finals, which was a tremendous feat for first-time National competitors.

Team coach Amanda Kerestes started the competitive cheerleading team, with the school’s permission, in the fall of 2013. She also coaches the school’s Varsity cheerleading team and is a family law attorney in Pittsburgh. Coach Kerestes states: “This team is by far the most talented cheerleading team that Hampton has had over the years. We also had a very close-knit group of girls this year and I have greatly enjoyed the memories we have created this season. I am extremely proud of the success of this team and in particular am honored that the girls made the NHSCC finals the first time the team ever competed at Nationals.” Kerestes said the team improves each year and this year the team completed an elite routine with stunts they could not even dream of executing last year. She also said that this year other cheer teams noticed Hampton and that they were now contenders for the win!

Team coach Amanda Kerestes started the competitive cheerleading team, with the school’s permission, in the fall of 2013. She also coaches the school’s Varsity cheerleading team and is a family law attorney in Pittsburgh. Coach Kerestes states: “This team is by far the most talented cheerleading team that Hampton has had over the years. We also had a very close-knit group of girls this year and I have greatly enjoyed the memories we have created this season. I am extremely proud of the success of this team and in particular am honored that the girls made the NHSCC finals the first time the team ever competed at Nationals.” Kerestes said the team improves each year and this year the team completed an elite routine with stunts they could not even dream of executing last year. She also said that this year other cheer teams noticed Hampton and that they were now contenders for the win!

The team consists of girls in grades 9 to 12. They are: seniors Riley Aguiar and Mia D’Amico; juniors Katie Crist, Ally Weeks, Morgan Bondi, and Meghan Stephany; sophomores Alyssa Alessandria, Addision Rutkowski, Olivia Berarducci, and Elyssa Evans; and freshmen Brooke Weeks, Amber Milehak, and Jordan McMillen.

Senior Mia D’Amico said, “I’ve been involved in cheerleading for 6 years. I’m excited to see what is in store for me next year, but I am very upset that this was my last year as a Hampton cheerleader. I am so lucky to have been part of such a talented team. The best part was that the girls are like family which made it easy to work together and achieve our goals.” Senior Riley Aguiar said she is really going to miss her teammates and cheering for Hampton. Riley commented, “I have been cheering for Hampton’s competitive team since its inception 3 years ago. The team formed such a strong bond this year that it made it easy to go to practice and work hard so we could succeed at every competition and make it to Nationals. Then making it to the finals at Nationals was just an amazing accomplishment from such a young team. I am so proud of everyone!” Coach Kerestes had a lot to say about these two amazing seniors. “Mia and Riley have been on the competitive cheer team since its inception, when this memorable journey began, and I will miss them dearly as we have developed a very close relationship. They are two of the most talented girls I have ever coached and I am so proud of what they have accomplished both academically and athletically. I am excited to see what their bright futures have in store for them and hope to keep in touch with them in the future!”

While in Orlando at the competition, the girls were focused on competing; however, the team did attend the theme parks, dinners, and practices together while in Florida which made for a great team bonding time.
immediately upon entering the building. The entry hall and all the areas around the auditorium were lined with rows of tables laden with beautiful ceramic projects and colorful 3 dimensional art. Intricate woven tapestries hung from the walls while paint and pencil drawings lined walls and display easels. Artwork was displayed from every grade level and every school in the district, from Kindergarten to 12th grade. The exhibition has grown over the years and had become too large for the Community Center, so this year it moved to the high school. Art teachers who instructed the students on their projects were Elizabeth Farrell, Kelly Koble, Lisa Woods, Bridget Werger, Karen Vachon-Thaner, and Dan Franklin. In addition to visual artwork, the show hosted (Continued on page 23)
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Coldwell Banker

www.thehamptonnews.net 15
Basketball Season Ends with Many Wins... in More Ways Than One!

by Ginny Szafranski

All students in grades 3-8 have the opportunity to participate in basketball at St. Ursula and over 80% of the students this year chose to participate. The coaches are all volunteers; they are parents, former parents, and alumni. The teams are placed in a division where they compete with other diocesan schools of similar size, so the games are fair and competitive. Each game begins with both teams joining together to say a pre-game prayer. St. Ursula had 6 teams competing this year. The oldest students (grades 7 & 8) form the Developmental Boys and Developmental Girls Teams. This year, each of these teams joined with students and coaches from Providence Heights Alpha for the season. The kids showed steady improvement throughout the season and forged new friendship as the season progressed.

The JV Girls (grades 5 & 6), coached by Alumni, Stephen Norman, won about half of their games, and showed a lot of improvement throughout the season, thanks to their wonderful and dedicated coach. The Varsity Girls (grades 7 & 8), were also coached by Stephen Norman, who reports that their “season has been characterized by their intense focus on learning and improving in practice, their relentless defense and pressure on their opponents and constant positive energy while on the court.”

The Boys JV team, coached by Tim McTighe and Lisa Wheeler, was invited to play against Holy Sepulcher on the court of the Palumbo Center at Duquesne University on Wednesday, Feb 17th. Following their game, they watched the Duquesne verses George (Continued on page 19)

Attention All Hampton Students

Grades 3-12 - Hampton Inline Hockey Player Evaluations for the 2016-17 school year will be held Friday, April 8th and Tuesday, May 17th at Alpha Ice in Harmarville. All levels of experience welcome. Check out www.hamptoninline.com for more information and times.

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St. Ursula Students Learning Through Advanced Technologies

Fourth grade students at St. Ursula are using different kinds of technology to learn. In one lesson the students used their knowledge of subjects and predicates in English to create “Writing Pyramids”. Mrs. Cross, fourth grade teacher, created a “Writing Pyramid” lesson on the Smartboard. The interactive whiteboard or Smartboard is used in all classes that she teaches. In Reading class students review the story of the week by touching the board to match vocabulary words with their meaning, or to perform other activities designed for students to interact with the board while learning skills. Mrs. Cross also writes her own interactive Smartboard lessons based on the stories in the reader and in social studies for the study of Pennsylvania and to review lessons on the regions of the USA with games like “Jeopardy” and “Kooshball Review” on the Smartboard. Fourth graders at St. Ursula also create a seven slide Power Point Presentation on a president of the U.S. after researching the life of a president using the school’s internet resources. The class enjoys watching and learning about each president when the students share the final Power Point presentation with the class.

Happy (Chinese) New Year!

On February 20th, the Chinese Language and Culture Club partnered with Hampton Community Library to celebrate Chinese New Year and the beginning of the Year of the Monkey. Mandarin II students Noah Burger, Jason Hunkele, and Isaac Swanson demonstrate how to play Chinese Checkers, a popular Chinese game.

Mandarin II student Christian Harper helps children create an origami penguin or parrot. Origami is a paper-folding tradition in China.
Hampton Township
2016 Clean-Up Day
Saturday, April 2nd 2016
8:00 AM – 12:00 PM
Meet at the Hampton Community Center entrance
area – 3101 McCully Road
VOLUNTEERS NEEDED!

Take pride in your community and join the Hampton
Rotary Club and the Township as we spruce up the road-
ways in anticipation of summer! Bring a team...ask
friends and co-workers from your office, church, school,
clubs and athletic teams.

Great for students to earn community service credit!
Bags, vests and gloves will be provided. Please wear
protective clothing and shoes.
Registration is appreciated, not required, in order to
schedule clean-up locations.
To volunteer, call 412-486-0400 ext. 303 or visit the
Township’s website at [www.hampton-pa.org](http://www.hampton-pa.org) to register
on-line.

Police Log (Continued from page 5)

- On January 21, 2016 at 5:47 p.m., Hampton Township offic-
  icers responded to Route 8 for a three vehicle accident. One vehi-
  cle had to be towed from the scene.

- On January 22, 2016 at 8:06 a.m., Hampton Township offi-
  cers responded to Route 8 for a two vehicle accident. Both vehi-
  cles were able to be driven from the scene.

- On January 31, 2016 at 11:10 a.m., Hampton Township offi-
  cers responded to the intersection of Mount Royal Boulevard
  and Sample Road for a two vehicle accident. Both vehicles were
  towed from the scene and one driver was transported to the hos-
  pital due to injuries.

- On February 1, 2016 at 2:52 p.m., Hampton Township offi-
  cers responded to Wildwood Road Extension for a two vehicle
  accident. Both vehicles were able to be driven from the scene.

- On February 4, 2016 at 7:21 a.m., Hampton Township offi-
  cers responded to the intersection of Middle Road and McCully
  Road for a two vehicle accident. Both vehicles had to be towed
  from the scene.

end
North Hampton Volunteer Fire

Chief John Schwend’s Report, January 2016

Monthly Incident Summary:

- Brush Fire 1
- CO Alarm No Ill Effects 6
- CO Alarm W / Ill Effects 1
- Commercial Fire Alarm 8
- Commercial Structure Fire 1
- Gas Leak / Smell of Gas 1
- Other 3
- Residential Fire Alarm 5
- Residential Structure Fire 2
- Smoke Investigation / Burning Odor 1
- Vehicle Accident No Entrapment 3
- Wires Down / Transformer Problem 1

Total Incidents for the Month 33
Total Incidents for 2016 33

Annual Hampton VFD #1 Fish Fry:

It’s that time of year again, and the Hampton Township Volunteer Fire Department #1 is holding its Annual Fish Fry. Our Fish Fries will be from Friday, February 12th to Friday, March 18th, 2016. Doors open for Dinner at 4:30 pm and stay open till 7:00 pm. Our last Fish Fry of the year will be on Good Friday – March 25th, 2016. Doors open at 12:00 Noon for lunch and we will stay open non-stop through dinner till 7:00 pm. You can either walk-up and eat inside our beautiful social hall or order take-out to enjoy your meal at home; both are welcome. We also take phone-in take-out orders that will be hot and ready for pick up when you arrive. This is great event to bring the family to! Take Out is available by calling 412-487-1114.

Recruitment:
Hampton VFD #1 is looking for new applicants to help fill our ranks. There are many perks to becoming a volunteer with Hampton VFD #1, such as cash incentives for completing entry level firefighting classes, and compensation for work hours missed to attend these classes. Call Chief Dan Kuny (412) 487-1114 (ext. 1), President Julie Kenst (412) 487 –1114 (ext. 2) or just stop into the fire station located at 2536 Duncan Ave on any Wednesday night before 7:00 pm, meet the members and pick up an application.

Hampton Twp. VFD #1

Chief Dan Kuny’s Report, January 2016

Monthly Incident Summary:

- Residential Fire Alarm 1
- Residential Structure Fire 1
- Commercial Fire Alarm 10
- Commercial Structure Fire 0
- Other Fire 3
- Vehicle Accident W/ Entrapment 1
- Vehicle Accident No Entrapment 1
- Medical Assist 1
- Hazardous Condition (No Fire) 12
- Severe Weather 1
- Public Service Call 2
- Fire Police Detail 2

Total Incidents for January 2016 35
Total Incidents for January 2015 21
Total Incidents for 2016 35

Basketball

(Continued from page 16)

Washington game. The Boys Varsity team, coached by Mike Valenty, had a fun season and was able to pull off some exciting wins throughout the season. Their biggest upset of the season was against Assumption on Feb 6th when they were behind 16 points at half-time, but were able to come back and win that game 28-24! Congratulations to all the players, coaches and families involved!

Noteworthy incidents:

NHVFD was dispatched as mutual aid to Richland Township for the report of a residential structure fire. Crews arrived to find a house filled with smoke and a fire in the wall near the chimney. The fire was extinguished and house ventilated.

NHVFD was dispatched to the report of a chlorine leak at the McCandless Sewer plant on Wildwood road. Crews arrived on scene and were able to secure a valve which stopped the leak.

New Membership: We can always use new members who are interested in firefighting, fire police or as drivers only. There is a place in the department for anyone who is interested in helping. Please contact an officer at 724-443-5250, or visit our website at www.northhamptonvfd.org

Snow Day Outing!

Left to right enjoying their day off of school at the Community Center hill are:
- Ben Ritz
- Taylor Kelly
- Connor Orban
- Trista Duchnowski
- Jocelyn Noon
- Laynie Loebig
- Nicole Kosko
- Elizabeth Partee
- Heidi Kroneberg

(Photograph by Gail Orban)
Western Allegheny Community Library (WACL) recently announced the promotion of Hampton resident, Amanda Kirby, as their new Director. Kirby, who has been with the library since 2011, succeeds Marianne Sforza, who had been the library’s director since the organization’s inception in 1990.

“Amanda stood out among a pool of outstanding candidates,” said Patty Giura, president of WACL’s board of trustees. “She brings exciting new ideas to the library that will continue to move the organization forward as a vital community resource.”

Kirby, who previously held the roles of Assistant Director and Head of Youth Services, has been an integral part of the library’s leadership for years. Most recently she served on a committee in partnership with the West Allegheny School District and Monark Student Transportation to mobilize library services with a new community Book Bus. The Book Bus circulates books to children and educational resources to parents, as well as conducting early childhood focused educational activities. Additional accomplishments include receiving the Pennsylvania Library Association Best Practices Award, establishing a Little Free Library in each of the communities served by WACL, implementing a preschool outreach program, and developing a Middle Grade Collection for the library.

“Over the past 25 years the library has grown to be a cornerstone for the community,” said Kirby. “I look forward to continuing that growth and offering our customers new and innovative programs and access to the latest technology.”

Amanda lives in Hampton with her husband Jason and their two sons, Jackson, age 3, and Liam, age 1.

The Maryland State Board of Education has appointed Mr. Jason Bursick as the new Assistant Director of the Maryland Public Secondary Schools Athletic Association (MPSSAA). Jason became the third person to hold the Assistant Director’s position and began working in his new job on January 6th.

Mr. Bursick graduated Hampton High School in 1994 and has served as Athletic Director at McDonough HS in Charles County since 2009 and prior to that was school administrator at Lackey HS for four years. His teaching and coaching career began in 1999 at Thomas Stone HS where he taught social studies and coached wrestling until 2005. Jason holds the Certified Athletic Administrator designation from the NIAAA and recently completed a Master's degree program in Sports Management with a concentration in Sports Administration.

Mr. Bursick has served on the MPSSAA State Wrestling Committee as a district representative, has performed the duties of secretary for the Southern Maryland Athletic Conference, and has also been a district rep to the executive council of the Maryland State Athletic Directors’ Association.

Erin Daly, 2015 Hampton High School graduate, has been named to the Dean’s List at Indiana Wesleyan University College, for the first semester of her freshman year. A student must maintain a grade point average of 3.5 or higher. Erin is a double-major in Music Therapy and Vocal Performance at IWU in the College of Arts and Sciences.

In her first semester of college, Erin has traveled and sung with the IWU Chorale, which was invited by the Family Research Council to perform for the Faith, Family and Freedom Gala in Washington, DC this past September. Erin is the daughter of Joe and Laura Daly, and a sister to Paige who is a junior in Hampton.

On February 21st at 4:15 p.m., Kevin Cherilla was honored to stand on the summit of Mt. Aconcagua again. Mt. Aconcagua is the highest mountain in the western hemisphere at 22,841 ft. Kevin is pictured with Kyle, Joey, David and his local guide, Guillermo Fuentes.
Did you know classified ads are free in The Hampton News?
412-818-6491
info@thehamptonnews.net

Paper Shredding Event:
Saturday, May 21st
9 am – 12 noon at Hampton High School
Parking Lot
Limit 2 bags or boxes. No books, magazines or metal other than staples.

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Exp. 3/31/2016
Mullen Earns Eagle Scout
by Diane Prem

Scott David Mullen, a senior at Hampton High School and member of Boy Scout Troop 195, attained the rank of Eagle Scout on January 13, 2016. For his Eagle Scout project, Mullen constructed a bocce ball court for Saint Joseph’s House of Hospitality, a men’s homeless shelter. “I thought this would be a great project because every year we have a picnic with the residents, and we play bocce ball,” explained Mullen. “In the end, it was especially gratifying to have them thank me and watch them enjoy their new court.”

Mullen earned 42 merit badges and the Arrow of Light award. He also earned The Pillars of Faith award for earning all of the scout religious awards - the Light of Christ, Parvuli Dei, Ad Altare Dei, and Pope Pius XII.

“I have learned many valuable skills such as knots, first aid, the importance of the Scout Oath and Law, leadership, teamwork, planning, and discipline. I will continue to use the Scout Oath and Law as a guideline in my life and one day hope to give back to Scouts by serving as an adult leader.”

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Big Win At Science Competition
by Diane Prem

Seventh and eighth grade students from St. Mary of the Assumption School participated in the Pennsylvania Junior Academy of Science Region 7 Competition held on February 6th at Duquesne University. They competed against other schools throughout Allegheny and Westmoreland Counties in different science categories. Teacher Rita Turchetta had 14 students present their Science Fair projects.

(Continued on page 23)
St. Ursula School Celebrated Proudly

Catholic Schools’ Week was a great success at St. Ursula. This year’s theme of National Catholic Schools’ week was based on community: “Communities of Faith, Knowledge and Service. The theme focused on key components: faith development, academic excellence and dedication to service. They had many different activities that made the week educational and fun. One of the huge perks of St. Ursula is the amount of interaction between classes; older and younger students. “Kids Helping Kids” was the theme all week; the 8th graders had a science project they made to work with the younger students. They made penny boats with first grade, and density towers with third grade. They also did a sink or float experiment with the kindergarten class. The students predicted whether an object will sink or float and then they tested it.

Hampton, Shaler and Carnegie fire fighters visited the school during the day. The children asked questions and tried on the fire fighters’ clothes, then followed up with an ice cream social. The Carnegie Museum presented a show, “Spinosaurus Encounter”, as well as a pep rally and volleyball game...all part of Catholic Schools’ Week! The students and staff did something fun every day during the week!

Science Competition (Continued from page 22)

Nine students won First Place and will advance to the state competition held in May at Penn State University. They are Emma Holtz, Sam Little, Josh Maltese, Julia Matschener, Gillian Mulcahy, Emily Mullen, Adrianna Rossetti, Olivia Schoppen, and Sarah Watson. Other participants included Grace Brynes, Saralynn Hagmaier, Payton Roblaski, Haley Studeny, and Thomas Szymanski.

Special awards were given to: Watson -- the Center for Nucleic Acid Technology Award; Holtz -- the Forensic Science Award; Mulcahy -- the Society of Women Engineers; and Mullen -- a medal and recognition from the American Chemical Society. Additionally, Little, Matschener, Mulcahy, and Watson all received a medal and recognition for Excellence in Scientific Pursuit.

Hues and Harmony (Continued from page 14)

every type of vocal and instrumental music that you could think of. The musical schedule included selections played by the 5th Grade Band, the Elementary Orchestra, Talbot Chamber, HMS Jazz Band, HHS Honors Orchestra, and the HHS Wind Ensemble. Chorus selections were sung by the choruses from all three elementary schools, Poff, Wyland, and Central. Performances were also given by the Middle School Chorus and the High School Chorus. The music directors for the events were Chad Himmler, Sean Desguin, Lurrene Parker, Laura Arledge, Ryan Meyer, Amy Stephenson, Mary Magdic, and Kristin Bumblis.

The show truly highlights Talbot talent and community pride! As an added bonus, the student artwork and performances reflect the Pennsylvania Academic Standards for Arts and Humanities.

See the website for more photos by Gail Scott: www.thehamptonnews.net.
Flea Market/Craft/ Vendor Fair
Come shop and dine at the Hampton Bands annual Flea Market, Craft/ Vendor Fair, and Band Dad’s Café. Saturday, March 12th, 8 a.m. to 2 p.m. at Hampton High School. To reserve a vendor table contact Ellen Bollinger at ebolling@consolidated.net. Donated items can be dropped off on Friday, March 11th after 3 p.m. at the High School.

Hampton to Host PMEA Band Fest
The HTSD is hosting the Pennsylvania Music Educators Association (PMEA) Band Fest on March 4th and 5th. The festival will include over 150 fifth- and sixth-grade band students from 60 elementary and middle schools in Western Allegheny County. The students will form an honors band and rehearse together for two days in Hampton. The band will present a concert to the public at 2:00 p.m. on Saturday, March 5th. Tickets available at the door for $5.

Hop on Over to the Hampton Easter Egg Hunt
Be sure to come out and hunt for Easter eggs on Saturday, March 19th at the Hampton Community Center. The event is free for Hampton residents and will run from 1 p.m. to 3 p.m. There will be an egg hunt, crafts, and activities for the children. Be sure to bring your camera so you can take a photo with the Easter Bunny! The egg hunt is for children 10 years of age and younger. Cookies and refreshments will be served. The hunt will take place inside the Community Center. It is going to be a lot of fun for the kids, so don’t miss it! Please go to the Hampton Township Website to register at http://www.hampton-pa.org. Registration is necessary to make sure there are enough eggs for all children. DEADLINE for registration is Tuesday, March 15th.

The event is sponsored by the Hampton Community Association (HCA) and Hampton Township. The HCA was responsible for raising funds along with Hampton Township to install a new large playground in the Hampton Community Park that will arrive later this spring. This is just one of the many fun events the HCA hosts every year. The egg hunt is free but you can make a donation for the playground installation project if you like at the Community Center in the large donation display.
Rain or Shine. Come out and hunt for eggs with the Easter Bunny on Saturday, March 19th!

Game Day (Continued from page 3)
Wyland, “I am really glad that I had the opportunity to be in the trial run of this class. It was an amazing experience and I hope the kids had as much fun as we did”. Jarod said, “With the reaction of some of the kids who were playing the games, I think we should sell these to companies.” One of the Wyland students asked “Can we buy this game or can we take it home?” The students at Wyland thoroughly enjoyed their school day playing board games designed by the high-schoolers. The older kids, meanwhile, enjoyed the inventing process and felt proud of what they created. Grant McKinney scored the assignment a “success” and hopes to do the project again next year. Keep your eyes open and maybe we will see these games on toy store shelves in the future!
Taste of California Wine Dinner
Thursday, April 7th 6PM
- Reservations Required -
724.444.7333

Join us for Live Music in March
6:30PM - 9:30PM
Thursday, March 10th - Jessica Lee
Thursday, March 24th - The Express

5517 William Flynn Hwy, Gibsonia, PA 15044
Upcoming Events

Spring Musical—Spamalot

Hampton High School is proud to announce its upcoming spring musical, “Monty Python’s Spamalot.” Show dates are April 8th, 9th, 15th, and 16th, with each performance starting at 7:30 p.m. A 2005 Tony Award winner for Best Musical, “Spamalot” follows King Arthur as he travels around England to recruit his Knights of the Round Table.

Interested individuals also can follow the Road to Opening Night on Twitter at hhsmusical14, or visit the Hampton High School Performing Arts website at http://hhsmusical.wikispaces.com.

"The Totally 80’s Party" benefiting St. Mary’s School will be at Hampton Banquet Hall Friday, April 15th, 7pm-11pm. Enjoy live 80’s music, silent auction, raffles, and FUN. Tickets include dinner, dessert, beer, & wine, and are $35 until March 15th and $40 thereafter. For tickets, email stmaryptg@gmail.com or call (412) 303-3478.

Come out and support Slippery Rock University’s Relay for Life, sponsored by Colleges Against Cancer! The event is held on Saturday, April 9th from 10:00 a.m.-10:00 p.m. Relay for Life is a great organization that gives us an opportunity to celebrate loved ones who have won their battle against cancer, remember those no longer with us, and fight back against this disease that robs so many of so much. Create a team, send a donation, or ask for more information! Email us at srucac.execboard@gmail.com if you would like to become involved!

Spring Treasure Hunt

Saturday, April 2nd, 9 AM – 2 PM at Parkwood Presbyterian Church, 4289 Mt. Royal Blvd., Allison Park, PA 15101. Private Sellers/vendors wanted for this Indoor Community Flea Market. Contact Elaine 412-486-8755 eie908@gmail.com or www.parkwoodchurch.org for an application form and flyer.

Annual Fashion Show and Luncheon!

Proceeds benefit Greater Harmony Chorus. Enjoy a lovely luncheon, fashion show, opportunity to purchase clothing, fabulous basket raffles and 50/50 raffle at the Wildwood Country Club. April 2nd, 2016 at noon. Call by March 26th at 724-903-9049 for tickets. www.greaterharmony.org
Help Wanted/Classified

Part time receptionist at Bosak Optical: Looking for friendly detailed oriented person for receptionist position. Hours are Tuesday 10-6, Wednesday 10-8 and two Saturdays per month 8-1. Please email resume to nicliggett@yahoo.com.

Now hiring full & part time stylists at Capelli Dio Salon. We are looking for experienced stylists with clientele. Please call us at (724) 443-4255 or you may email us at info@capellidiosalon.com.

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Girl Scout Father/Daughter Sweetheart Dance

Girl Scout Father/Daughter Sweetheart Dance held on Friday, Feb. 26th at the High School

Katelyn, Addi and Sophia
at Girl Scout Father/Daughter Dance

Olivia and Willow

Karalyn and her father
Grace with her Dad
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“I feel like I have the freedom to make this place my home.”

-Ed Bires, retired postmaster