# Resource Guide Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>2</td>
</tr>
<tr>
<td>Cancer Resources</td>
<td>3-5</td>
</tr>
<tr>
<td>Wigs</td>
<td>6-7</td>
</tr>
<tr>
<td>Emotional Support</td>
<td>8</td>
</tr>
<tr>
<td>Home Agencies</td>
<td>9-10</td>
</tr>
<tr>
<td>Pain Resources</td>
<td>11</td>
</tr>
<tr>
<td>Quitting Smoking Resources</td>
<td>12</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>13-14</td>
</tr>
<tr>
<td>Complementary Medicine</td>
<td>15</td>
</tr>
<tr>
<td>Transportation Services</td>
<td>16</td>
</tr>
<tr>
<td>Support Groups</td>
<td>17-20</td>
</tr>
<tr>
<td>Websites (Internet) for Cancer</td>
<td>21-25</td>
</tr>
<tr>
<td>Financial Help</td>
<td>26-28</td>
</tr>
<tr>
<td>Housing</td>
<td>28</td>
</tr>
</tbody>
</table>
Introduction

Welcome to the St. Vincent Regional Cancer Center.

The Regional Cancer Collaborative is a cooperative effort that brings cancer care to patients throughout Northeast Wisconsin and the Upper Peninsula of Michigan. We have joined top medical specialists, the latest medical technology and research based treatment options with the comfort of treatment close to home, where emotional support of family and friends creates something really special—state-of-the-art hope.

The St. Vincent Cancer Center has served Northeast Wisconsin and the Upper Peninsula for more than 50 years and has been accredited by the American College of Surgeons Commission on Cancer since 1958.

Our center has a full range of services, and information about other resources within the community enclosed in this booklet. This guide is not meant to cover all possible resources, as every person’s needs are unique. There are other organizations within the community that also could be helpful.

The Regional Cancer Center at both St. Vincent Hospital and St. Mary’s Hospital has a Resource Center on its first floor. The Resource Center is open Monday through Friday from 8:00 a.m. to 4:30 p.m. There is reading material and access to computers for information searches.

Our Patient Navigators can help answer your questions, give access to information and emotional and spiritual support through each step of the cancer care process.

If you need further assistance, you may call the Regional Cancer Center at (920) 433-8488 or on the internet at www.stvincenthospital.org/cancer

The reason we are here is .............. you.

Sincerely,

Your Cancer Care Team
Cancer Resources

A Woman’s Place: 920-498-4205
A Woman’s Place located at 1727 Shawano Avenue (across from St. Mary’s Hospital) in Green Bay, Wisconsin has wigs, bras, hats, turbans and breast prostheses for anyone undergoing cancer treatment.

American Cancer Society Resource Program: 1-800-227-2345
American Cancer Society Resource Program is available to anyone who has been touched by cancer. Information and services provided to patients and families include:
- Cancer Information
- Day to Day Help
- Emotional Support

Brown County Aging & Disability Resource Center: 920-448-4300
Meals, exercise, support and education programs.
300 S. Adams Street
Green Bay, WI 54301

Brown County Human Services: 920-448-6000
County organization that can assist with social service type needs.

Center for Wound Care & Hyperbaric Medicine 920-433-8586
St. Vincent Hospital’s Center for Wound Care & Hyperbaric Medicine is a full service wound care clinic caring for patients with hard to heal wounds. Physician referral may be required.

Child Life Specialists: 920-433-8915
Services include:
- Helping children to cope when a parent goes to the hospital.
- Helping children to cope when a parent has a serious illness.
- Help parents or caregivers explain grief and loss issues to their children.
- Help to prepare a child to see their parent.
- Developmentally appropriate information about their parent’s condition.

Lifeline of St. Vincent Hospital: 920-433-8550
Medically fragile or at risk people can access 24-hour emergency assistance through this emergency contact system.

Meals on Wheels:
- Brown County Aging & Disability Resource Center 920-448-4300
Ribbon of Hope: 920-339-9300
A financial, informational and emotional resource for individuals with breast cancer in Northeastern Wisconsin.
Ribbon of Hope Foundation
100 S. Broadway
De Pere, WI 54115 or www.ribbonofhope.com

St. Vincent Hospital Cancer Support Services: To receive any of the services listed below simply ask your physician, nurse or receptionist at the Regional Cancer Center to arrange an appointment for you with the appropriate person.

- **Breast Health Educator**-Breast Health Educators are available to help address women’s concerns related to breast health and breast disease. Our Educators are licensed registered nurses and offer teaching and licensed materials related to breast self-exam, guidelines for breast screening and information to increase overall awareness in the areas of breast health, breast disease and breast cancer.

- **Chaplains**-From time to time all of us find ourselves searching for answers to some of life’s most difficult questions such as “Why do I have cancer? Where is God when I seem to need God the most?” If you find yourself asking these questions or others, a chaplain is available to listen and address your spiritual concerns. Our chaplains offer prayer and emotional support, education related to grief and loss, assistance in reviewing and completing a living will, power of attorney for health care or pre-hospital do not resuscitate papers.

- **Dietitians**-Nutrition is important for everyone, especially those diagnosed with cancer. A registered dietitian is available to discuss your nutritional needs. Whether you’re experiencing difficulty eating or simply wanting guidance in selecting the right food choices, our dietitian is ready to meet your needs.

- **Genetic Counselors**-The risk of developing cancer depends on many factors including age, lifestyle, and family history. Scientists have uncovered genes that play a role in the development of some types of cancer. With that knowledge, genetic counselors can help people who have a family history of cancer and are concerned about their personal history of cancer or their risk to develop cancer. If you are interested in genetic counseling, a genetic counselor will ask you to complete a detailed medical and family history questionnaire. During your meeting, the genetic counselor will help you understand the basics of cancer genetics. The genetic counselor will use your family history to provide more information about the likelihood that a hereditary cancer syndrome is present in your family, discuss whether gene testing would be an option for yourself or family members, and provide a cancer risk assessment.

- **Resource Center**-The Resource Centers are located in the lobby of the Cancer Center at both St. Vincent Hospital and St. Mary’s Hospital sites and offer many items of information and educational material related to numerous types of cancer. Books related to cancer are available for loan and numerous pamphlets related to various aspects of cancer are generally free to patients, family members, or professionals. There are also computers that allow access to data compiled by St. Vincent Hospital and access to the internet. The resource centers are open 8:00 a.m.- 4:30 p.m. Monday through Friday for you and your family to use. If you do not find the information you need, please ask and someone will assist you.
Social Workers-A social worker is available to assist you and your family in identifying a variety of psychosocial needs as well as offer assistance with the coordination of resources to help meet these needs. Our social worker can help you with financial concerns, safety needs or assistance in your home, and any employment or disability concerns you may have as a result of your medical condition. Counseling services are available to address the emotional aspects of coping with cancer including individual counseling and cancer support group information.
Wigs for Purchase
These business names have been provided to us and to the best of our knowledge are reliable. Please use at your discretion.

Carolyn’s Mane Attraction
(Men’s and children’s wigs can be ordered)
2081 S. Oneida Street
Green Bay, WI
(920) 494-3984

Classic Dimensions and Wigs
(Men’s and children’s wigs can be ordered)
103 Fort Howard Avenue
De Pere, WI
(920) 336-3061

Goessl’s Hairstyling (Men’s and children’s wigs available)
710 Gray Street
Green Bay, WI
(920) 499-1666

Hair Response (call for appointment)
Vicki Garland
(920) 619-3662

Hollywood Wigs and Accessories
2214 S. Ridge Road
Green Bay, WI
(920) 405-9505

Keith’s Haircenter (Men’s and children’s wigs available)
904 S. Military Avenue
Green Bay, WI
(920) 499-3300

Look Alike Solutions
Lori Irsay
443 S. Jackson St.
Green Bay, WI
(920) 544-0215
Nell's Wigs
(Men’s and children’s wigs can be ordered)
Stacey Kolze
930 W. Mason
Green Bay, WI
(920) 498-8770

Simply Elegant
(Men’s and children’s wigs can be ordered)
1491 Bellevue Street
Green Bay, WI
(920) 465-3435

Studio Bliss (private in-home wig service)
Website: www.studioblisswi.com
Jody (920) 231-1174
Kelly (920) 379-2657
E-mail: studiobliss@girlonthego.biz
Emotional Support

*Crisis Center Hotline*: 920-436-8888

*Family Services of Northeast Wisconsin* 920-436-6800
A non-profit, human services agency that strives to protect, heal and care for the children and families of Northeast Wisconsin. Over 30 programs are offered that support the people of our communities during challenges and transitions in their lives.

*Prevea Behavioral Care* 920-272-1200
A state-certified outpatient behavioral health clinic where you will find access to the tools you need to cope with emotional, behavioral and relationship problems. Individual, couple, group and family therapies are available. Office hours are 8:00 am to 5:00 pm Monday through Friday.

*St. Vincent Hospital/St. Mary’s Hospital:*
  - Patient Navigator 920-433-8840 (St. Vincent) or 920-433-8971 (St. Mary’s)
  - Pastoral Care 920-433-8162 (St. Vincent) or 920-498-4281 (St. Mary’s)
Home Agencies

Caregiver Care:
Programs that assist people who are caring for their loved ones.
❖ At Home Angels  920-884-7623
❖ Comfort Keepers  920-490-8707
❖ Home Instead  920-965-1600

Home Care:
St. Vincent Hospital & St. Mary’s Hospital Home Health Care:  920-448-7000
St. Vincent and St. Mary’s Home Health Care offers home health, medical supplies and equipment to residents of Northeastern Wisconsin. All services are provided under the direction of the patient’s doctor. Services are provided by trained professionals such as:
❖ Nurses
❖ Homemaker/Companions
❖ Speech Pathologists
❖ Medical Social Workers
❖ Physical Therapists
❖ Home Health Aides
❖ Occupational Therapists

Registered nurses assist you at home and are available 24-hours a day, seven days a week. Certified nursing assistants help with bathing, grooming and exercising in your home. Homemaker/companions assist you with day-to-day activities. Social workers, therapists and other medical professionals are available to meet a variety of personal needs while at your home. This includes assisting with referrals to Mobile Meals, Lifeline and medical equipment.

St. Vincent and St. Mary’s Home Health accepts private pay and qualifying families can take advantage of a sliding fee scale if your insurance does not cover Home Health Services. To request more information call number listed above.

Variety of nursing, rehabilitation or personal care services provided to patients in their homes.
❖ At Home Angels  920-884-7623
❖ Bellin Home Health Care  920-432-5434
❖ Clarity Care  920-469-5251
❖ Comfort Keepers  920-490-8707
❖ Home Care Advantage  920-437-0496
❖ Home Instead Senior Care  920-965-1600
❖ Interim Healthcare Staffing  920-494-9444
❖ ResCare Homecare  920-498-0606
**Homemaker Companion Services:**
If you need assistance with light house cleaning, meal preparation, shopping, running errands, companionship, respite care, or other daily, living activities, there are a number of local organizations that can help with this. These groups do not provide “hands on nursing care.”

- At Home Angels 920-884-7623
- Comfort Keepers 920-490-8707
- Clarity Care 920-469-5251
- Home Instead Senior Care 920-965-1600
- Interim Healthcare Staffing 920-494-9444
- Southern HomeCare 920-498-0606
- Time Savers, Inc. 920-437-0496
- Visiting Angels 920-403-7422
- WI Personal Care Service 920-499-1795

**Home Medical Equipment:**
These agencies provide medical equipment for use in your home.

- Apria Healthcare 920-469-4800
- Bel-Regional Home Medical 920-433-7801 or 920-433-7824
- GB Home Medical Equipment 920-465-3000 or 920-465-3003
- Independent Mobility Plus 920-965-6000
- Kriders Pharmacy 920-499-6772
- NEW Home Medical Supply 920-496-9977
- Streu’s Pharmacy 920-437-0206
- Walgreen Home Care 1-888-492-5442

**Hospice:**
Medical, psychological and spiritual support provided to the terminally ill and their family by an interdisciplinary team of professionals and volunteers. Hospice can be provided in homes or nursing homes in which the organization has an agreement.

Hospice agencies include:

- Unity 920-338-1111
- AseraCare 920-497-4672
- Heartland 920-436-9390
- Visiting Nurse Assoc. of Wisconsin 920-288-5100

**Palliative Care Program:**
Palliative care is for any individual facing life-limiting illnesses. With palliative care, an interdisciplinary team cares for the whole person (mind, body and spirit), focusing on treatment to alleviate symptoms. Agencies with palliative care programs:

- St. Vincent Hospital Inpatient 920-431-3084
- Unity 920-338-1111
- AseraCare 920-497-4672
- Visiting Nurse Assoc. of Wisconsin 920-288-5100
Pain Resources

- Pain Clinic  
  St. Mary’s Hospital Medical Center  
  920-438-4198

- Pain Management Consultants  
  Bellin Health  
  920-433-7995

- Pain Management Group  
  Prevea Behavioral Care Program  
  920-429-1572

- St. Vincent Hospital  
  920-433-8013

- Advanced Pain Management  
  920-436-9002 or 1-888-901-7246
Quit Smoking Resources
Stopping smoking can assist in a healthy recovery.

St. Mary’s Hospital and St. Vincent Hospital Quit Smoking Program
This program offers group consultation for tobacco cessation. The program consists of two 1 ½-hour sessions one week apart. Prescription medication such as a nicotine patch is recommended. Fee applies. For more information contact:
St. Mary’s Hospital contact: 920-498-3519
St. Vincent Hospital contact: 920-433-8282

Wisconsin Tobacco Quit Line 877-270-STOP (7867)
Offers counseling from 7:00 a.m. to 7:00 p.m. and also 2-week nicotine replacement therapy.
Rehabilitation

**St. Vincent Hospital Outpatient Rehabilitation:  920-433-8052**

Outpatient Rehab Services offers a free twenty minute screening to patients and their caregivers to address issues affecting their daily lives. Direct referrals can also be made for complete evaluation/treatment. Our team of Occupational, Physical, and Speech Therapists can address:

- **Assistive/Adaptive Equipment**
  
  Equipment recommendations, to aid with keeping you independent.

- **Body Mechanics for Patients and Caregivers**
  
  Working with independent and assisted transfer techniques to ease home living and decrease risk of injury to patient and/or family.

- **Communication, Cognition, Memory**
  
  Help with speech or teaching other communication methods if needed, problem-solving skills, memory techniques.

- **Fatigue Management**
  
  Focus on energy saving, simplifying activities to lessen fatigue.

- **Lymphedema Management**
  
  Comprehensive evaluation and treatment protocol for build-up of lymphatic fluid in various parts of the body that may occur following breast or prostate surgery.

- **Pain Modification**
  
  Palliative treatment teaching use of TENS (transcutaneous electrical nerve stimulation), massage techniques to reduce pain symptoms.

- **Scar Management**
  
  Massage and other applications such as topical gel sheets, compression garments.

- **Self-Care, Daily Activity Management**
  
  Adapting bathing, grooming, food preparation, household management, and other activities of daily living.

- **Strength and Mobility for Daily Activities**
  
  Focus on endurance, balance, walking for maximum independence in the home and community.

- **Swallowing**
  
  Clinic or videofluoroscopic evaluation to identify facilitative and safe swallowing maneuvers for individual difficulties.

- **Voice**
  
  Videostroboscopy available to aid with visualization of vocal cords; laryngectomy rehab and support meetings.

General tips can be provided at the screening. If it is identified that the patient and / or their family may benefit from brief individualized instruction or treatment, a recommendation for therapy will be forwarded to the patient’s physician.

*To make an appointment for a free consultation, or for more information, please call OP Rehab at (920) 433-8052.*
**Movement for Life Exercise for Cancer Patients**

*Contact St. Vincent OP Rehab Department at (920) 433-8544 in interested in participating.*

Class is for adult cancer survivors and patients who are currently receiving active cancer treatments (surgery, chemotherapy, radiation) and who have not been actively participating in an exercise program. Participants must be able to walk and get up and down from the floor.

*A Woman’s Place located at 1727 Shawano Ave., Green Bay, WI  (920) 498-4205*

*YMCA (920) 436-9622 call for program details.*

*YWCA locations in Green Bay and De Pere (920) 432-5581*

Land and water fitness classes available. Training center features state-of-the-art cardio and weight equipment.
Integrative and Complementary Medicine

Integrative medicine, also known as complementary medicine includes non-conventional ways to healing. These can be combined with traditional medicine. If you choose to try a complementary medicine program, please tell your physician.

Agapes Acupuncture  920-337-1900   www.agapesacupuncture.com
Joining Eastern and Western Medicine in the Christian Spirit

Patients are treated through the use of traditional Chinese methods such as acupuncture, electro acupuncture, herbal therapy, moxibustion and Chi Gong exercises. The goal is to offer a safe, cost effective, and proven alternative to traditional medicine. Agapes Acupuncture is dedicated to joining eastern and western medicines in the Christian spirit. It is the only clinic of its kind in Brown County.

Agapes Acupuncture was founded by Dr. Carl "Patch" Poley. For the past several years, he has studied and successfully completed his training in TCM. Dr. Poley brings this training and reputation to his new practice. His goal is to work cooperatively with each patient's traditional and/or alternative health practitioner; sharing information and working towards helping each patient regain and maintain good health and overall well being.

Beacon House  920-676-1146   www.beaconhouseinc.org

Beacon House, Inc. is a non-profit health resource in Green Bay whose mission is to provide emotional, social and psychological support to those affected by a chronic or life-changing illness or serious physical injury. Programs and services are offered in a safe and comfortable environment that promotes healing of body, mind and spirit.

- “Renewing Life,” our core program, teaches self-help strategies and focuses on how to live well with an illness for as long as you live. Proven by a study at UW-Hospital in Madison to improve quality of life.
- Therapeutic services offered in partnership with volunteer providers include art therapy classes, chair yoga, qigong, mediation, breath work, massage, energy medicine and healing touch. Innovative and educational programs promote health and healing perspectives in the community-at-large through guest speakers and local providers from many fields of complementary and traditional medicine.

Prevea Health  920-496-4700

There are a variety of acupuncture methods, and while everyone experiences acupuncture differently, it is painless for most people. Many patients begin to experience positive results after a few treatments, but the number of treatments depends on an individual’s specific condition.

Danqing Guo, MD
East Mason Site
3021 Voyager Drive
Green Bay, WI

The Bridge to Health  920-434-8500 or 1-877-202-9343   www.thebridgetohealth.org

Help for stress, anxiety, pain, sleep, and weight loss

Our mission is to provide an integrative approach to health, healing and wellness in a holistic, educational approach. Emphasis is on helping you access your self-healing abilities, enabling you to attain optimal health.
Transportation Services

These are a few of the transportation services available in our community.

- A-1 Medi Mobile 920-469-3559
- Bay City Transport (cab service) 920-432-5588
- Brown County Aging Resource Center 920-448-4300
- Comfort Travel 920-490-7667
- County Rescue 920-469-9779
- Home Instead SeniorCare 920-965-1600
- Lamers Medical Transport 920-336-7220
- Medi-Van of Green Bay 920-465-4488
- Red Cross 920-468-8535
- Salvation Army 920-497-7053
- Wheelchair Transport 920-494-3333
- Travel Aide 1-800-631-1804
Support Groups

Support groups have been shown to improve patient outcome. The following are some local groups available for support.

**Camp Lloyd:**
Camp Lloyd is a day camp for children grieving the death of a loved one. It provides a safe environment where campers can explore their own experiences of grief, realize their feelings are normal and find support from each other. As part of University of Wisconsin-Green Bay, Camp Lloyd provides an educational opportunity for undergraduate students to learn about grief in childhood through study and one-on-one mentoring and support to the Camp Lloyd campers. Online registration is available at [www.uwgb.edu/camplloyd/registration.html](http://www.uwgb.edu/camplloyd/registration.html).

**Caregiver Support Group:**
Community support group designed to provide support to people who are caregivers.
When/Where Support Group Meets:
First Wednesday of each month at the Aging and Disability Resource Center 6:30 p.m. – 9:00 p.m.
300 S. Adams
Green Bay, WI
Call: 920-448-4300

**ENCORE Program:**
Encore is a unique program combining physical and emotional support with education for women who are going through or recently completed treatment for cancer (any type of cancer.) The program offers a FREE year of water exercise classes for participants diagnosed within the last 3 years and a discounted rate following the first free year. The networking group meets on a monthly basis and features local practitioners sharing information related to survivorship and treatment.
Call: 920-432-5581

**The Families of Children with Cancer, Inc.**
A support group for patients, families and long-term survivors of childhood cancer that offers financial, social and emotional support.
Contact Person: Kathy Toonen 920-337-0782

**Green Bay Ostomy Support Group:**
Education and support are provided for individuals who have had an Ostomy and their families.
When/Where Support Group Meets:
Third Tuesday of each month except July & December at the Aging Resource Center at 7:00 p.m.
Contact Person: Chris DeMeuse 920-499-8742

**Laryngectomy/Head and Neck Cancer Support Group (Lost Chord Club):**
St. Vincent Hospital support group for patients who have had a laryngectomy or have head or neck cancer. The support group offers education and encouragement for those in various stages of recovery and their family.
When/Where Support Group Meets: Call number listed below for dates and meeting location.
Contact Person: Steve Metzler 920-433-8031
Leukemia/Lymphoma
When/Where Support Program Held:
Held at Fox Valley Technical College the third Monday of each month 5:30 p.m. to 7:00 p.m.
Contact Person: Sandy Lardinois 1-800-261-7399 or email:Sandra.lardinois@lls.org

Look Good/Feel Better Program:
American Cancer Society Program, led by trained cosmetologists, that helps women undergoing cancer treatment learn to cope with the appearance-related side effects of treatment (i.e. hair loss, skin changes).
When/Where Support Program Held:
St. Mary’s Hospital A Woman’s Place the first Monday of each month from 5:30 p.m.
St. Vincent Hospital the third Monday of each month at 8:30 a.m.

For additional dates/times and locations or to register for a session above contact your American Cancer Society Representative at 1-800-227-2345.

Man to Man Support Group:
Prostate cancer support program offers education and support for men with prostate cancer.
When/Where Support Group Meets:
Second Tuesday of each month at 7:30 a.m.
Bay Family Restaurant on Military Ave.
Green Bay, WI
Contact Person: Tom Wiers 920-337-2189

Moving On Support Group:
Moving On is a free support group for anyone diagnosed with breast cancer at any stage in the journey. Monthly group discussions, as well as ongoing educational presentations and question and answer sessions, are led by cancer survivors and experienced health care professionals to empower attendees with the necessary tools to help you achieve holistic well-being.
Second Thursday of each month; 6:30 p.m.- 8:00 p.m.
A Woman’s Place
1727 Shawano Ave.
Green Bay, WI 54303
Contact Person: Kathy Schoendorf, Prevea Breast Health Specialist and breast cancer survivor 920-498-4205.

Myeloma Support Group:
When/Where Support Group Held:
Held at Fox Valley Technical College the fourth Tuesday of each month 5:30 p.m. to 7:00 p.m.
Contact Person: Barbara Nehls-Lowe 1-800-261-7399

Sting Cancer:
Preble High Schools club helps people with cancer through donations, volunteerism and other means, in addition to raising awareness about cancer prevention and related health issues.
Preble High School Contact Person: Nick Nesvacil, Sting Cancer Advisor 920-391-2400 or 920-412-5107
Email: nnesvaci@greenbay.k12.wi.us
De Pere High School Contact Person: Andy Conard, Sting Cancer Advisor
920-337-1021

**St. Vincent Regional Cancer Center Community Education Program:**
A free service to the community. Health professionals and cancer survivors are available to present topics related to early detection, prevention, and treatment of cancer, clinical trials, side effect management and more. To set up a program call number listed above.
Contact Person: Karen Watzka  920-433-8488

**Taking Time Support Group:**
A St. Vincent Hospital cancer support group for individuals with cancer and their families.
When/Where Support Group Meets: First Wednesday of every month 6:30 p.m. - 8:00 p.m. in the Cancer Center Conference Rooms, Basement Level
Contact Person: Tom Bekkers  920-433-8797

**Tea with the Team**
Please join us for an informal get together and an opportunity to socialize with physicians and cancer care professionals at the Regional Cancer Center.
When/Where Support Group Meets: St. Vincent Cancer Center Lobby the 3rd Tuesday of each month (not in the month of December) from 1:00 p.m. to 2:00 p.m. Feel free to bring a guest.
Contact Person: Karen Watzka  920-433-8488

**Women Strong:**
A St. Vincent Hospital support group that provides an opportunity for individuals with gynecologic cancer to interact and discuss common problems and concerns.
When/Where Support Group Meets: St. Vincent Hospital GYN Oncology Clinic
Third Wednesday of each month; 5:30 p.m.-7:00 p.m. St. Vincent Hospital
Contact Person: Karen Watzka  920-433-8488

**Grief Support Group Information**

**The Compassionate Friends:**  920-437-9252
This group is for bereaved families seeking friendship and understanding following the death of a child.
Every third Thursday of each month at 7:00 p.m.
First United Methodist Church
501 Howe Street  Green Bay, WI
Contact: Rev. Dave Wilkinson

**Nativity Parish:**  920-499-5156
Services Offered: Growing Through Grief (anyone grieving the loss of a loved one).

**Pilgrim Lutheran Church**  920-965-2224
Pilgrim's grief care ministries provide a small group atmosphere to grow with others experiencing grief, an annual "Grief at the Holidays" seminar, an annual "Rays of Hope" memorial service and other grief care.
Contact: Tim Ashmann
St. Bernard Parish: 920-468-4811
Services Offered: Journey Through Grief (grief support group for those grieving the death of a loved one).
Contact: Sr. Caroline

St. Jude Parish: 920-496-2160
Services Offered: New Hope (grief support group for those grieving the death of a loved one).
Contact: Sr. Pat Clement

Unity: 920-338-1111
Services Offered:
- Generations-Hope for Grieving Families: Monthly program designed to support grieving families with children and teens ages 6-18. A complimentary dinner is served each session followed by separate group activities for parents and children. Program is held the 2nd Thursday of the month from 5:30 pm to 7:30 pm. Pre-registration is required by calling the Unity office.
- Navigating the Waters of Grief: Adult support group offered in five-week sessions throughout the year in various locations within Unity’s service area. Please call Unity for a current schedule or visit the Unity website at www.unityhospice.org.

Contact: Lisa DeSieno at 920-338-1111 for additional information or registration on programs listed above.

Understanding Grief Program: 920-433-8162
Meets every four months at St. Vincent Hospital.
Contact Person: Pastoral Care
Internet Websites
Some people choose to surf the web for information. There are many websites with information related to cancer available. St. Vincent Hospital’s website, www.stvincenthospital.org, has a link to health information as well as information about our services. Here are a few other websites.

Cancer-General
The following sites are general in nature but have links to specific information.

American Cancer Society www.cancer.org
The ACS website has information for patients with cancer, their family and friends. This site provides statistics, prevention, early detection, survivor networks and support programs.

American Society of Clinical Oncology www.cancer.net
Cancer.Net is your resource for the most trusted and up-to-date cancer information, developed by the world’s leading cancer doctors.

Cancer Care, Inc www.cancercare.org
Cancer Care is a national non profit organization, which provides free professional help to people with cancer through counseling, education, information and referral and direct financial information.
Call: 1-800-813-4673

Cancer Facts www.cancerfacts.com
This online resource for cancer patients, families and caregivers provides the Cancer Profiler which is an interactive decision support tool to help people with cancer make informed treatment decisions.

Caring Bridge www.caringbridge.org
Free, personalized websites that support and connect loved ones during critical illness, treatment and recovery.

Cleaning for a reason www.cleaningforareason.org
The foundation that cleans homes for women with cancer.

Health Directory www.healthfinder.gov
Health finder is a website with hand picked health information from A-Z focusing on prevention, wellness, diseases and alternative medicine as well as medical dictionary, encyclopedia and more.

Cancer-Specific
If the site you are looking for is not listed below, go to one of the general sites listed previously and type in the site you are looking for.

Breast Cancer
ABCD (after breast cancer diagnosis) www.abcdbreastcancersupport.org
ABCD can provide constantly improving exceptional breast cancer support services because of teamwork. Passionate and well-trained volunteers who are supported by committed, knowledgeable
staff who are, in turn, led by a Board of Directors and counseled by a Medical and Community Advisory Board.

Breast Cancer Network of Strength  
**www.networkofstrength.org**

Network of Strength has been a resource for 30 years and has helped thousands find the information they need to make educated decisions. From articles on our Web site to the knowledge of our YourShoes peer counselors on the 24/7 Hotline, Network of Strength keeps you informed. While they don’t give medical advice, they do explain in plain language the information you’re likely to encounter. No matter what the breast cancer topic is, Network of Strength provides information you can trust with a survivor’s touch.

Living Beyond Breast Cancer  
**www.lbcc.org**

Breast cancer information and support is available on this site focusing on living well beyond breast cancer with educational newsletters, interactive message boards and much more.

Mothers Supporting Daughters with Breast Cancer  
**www.mothersdaughters.org**

The support services provided by this organization are free and are designed to help mothers who have daughters battling breast cancer.

National Breast Cancer Foundation, Inc.  
**www.nationalbreastcancer.org**

Leading non-profit information and education resource on breast cancer in U.S. Information is available on early detection, basic facts and stats as well as caregiver information.

National Lymphedema Network  
**www.lymphnet.org**

The National Lymphedema Network is a non profit organization which provides education and guidance to lymphedema patients.

Self-Help for Women with Breast or Ovarian Cancer (SHARE)  
**www.sharecancersupport.org**

SHARE’s services include hotlines, support groups, educational programs, and advocacy activities. All programs are free of charge.

The Susan G. Komen Foundation  
**www.komen.org**

The Komen Foundation supports breast cancer research, education, screening and treatment through it’s national Race for a Cure series, research grants, and other programs. Its website offers recent breast cancer news, information on breast health, a calendar of events and announcements of research initiatives. Helpline is also available.

**Colon Cancer**

The American Society of Colon and Rectal Surgeons  
**www.fascrs.org**

The premier society for colon and rectal surgeons and other surgeons dedicated to advancing and promoting the science and practice of the treatment of patients with diseases and disorders affecting the colon, rectum and anus.

Colon Cancer Alliance  
**www.ccalliance.org**

CCA represents the voice of survivors. Patients and caregivers, help each other live every day with colorectal cancer and triumph over it. We share information, coping skills, joys, and often tears. Sometimes we find ourselves supporting each other through darker times as well, helping one
another move toward accepting death or giving our caregivers strength to live on afterward. Our common experience has resulted in a deep commitment to peer support.

CCA has many programs designed to provide support as you face your diagnosis, treatment and survival. Please consider becoming a part of the CCA Buddy Program and a member of our Online Colorectal Cancer Community.

Convatec Website  www.convatec.com
Manufacturer of many Ostomy products, website provides patients and consumers with a single source of information for Ostomy, wound and skin care needs.

International Ostomy Association  www.ostomyinternational.org
Committed to the improvement of the quality of life of Ostomates and those with related surgeries, worldwide. It provides to its member associations, information and management guidelines, helps to form new Ostomy associations, and advocates on all related matters and policies.

**GYN Cancers**

Self-Help for Women with Breast or Ovarian Cancer (SHARE)  www.sharecancersupport.org
SHARE’s services include hotlines, support groups, educational programs, and advocacy activities. All programs are free of charge.

Women’s Cancer Network Access  www.wcn.org
The Gynecologic Cancer Foundation’s mission is to provide women with knowledge about the risks, prevention, early detection and treatment of gynecologic cancer, and empower them to become the best advocates for their health. The Foundation also funds promising research.

**Lung Cancer**

American Heart, Blood and Lung Institute  www.nhlbi.nih.gov
A professional managed site that provides details on screening for cancer or data on lung cancer.

Lung Cancer Online  www.lungcanceronline.org
Serves as a gateway to other sites. Provides basic lung cancer information for patients and professionals.

**Prostate Cancer**

Prostate Health  www.prostatehealth.com
The Prostate Health Web Site provides patients with an up-to-date education experience on prostate conditions, symptoms, diagnosis and treatments.

Prostate Support Services  www.prostateinfo.com
A comprehensive source of information on prostate cancer for patients and the professionals who care for them.

PCA Community  www.pcacoalition.org
ZERO is your source for up-to-date information on prostate cancer. Here, you’ll find the latest information on risk factors, prevention, detection, treatment, the latest research and more. Empower yourself and your loved ones to learn more about prostate cancer by checking out the information on this site.

American Foundation for Urologic Disease
www.afud.org
The American Foundation for Urologic Disease (AFUD) supports research; provides education to patients, the general public, and health professionals; and offers patient support services for those who have or may be at risk for a urologic disease or disorder. They provide information on urologic disease and dysfunctions, including prostate cancer treatment options, bladder health, and sexual function. They also offer prostate cancer support groups (Prostate Cancer Network). Some Spanish-language publications are available.

Clinical Trials/Cancer Research

Cancer Research Institute
www.stvincenthospital.org/cancer
St. Vincent Hospital is well respected for clinical research, evidenced by our designation as a Community Clinical Oncology Program (CCOP). The St. Vincent Research Department has a list of clinical trial participants who are very interested in sharing their experience about participating in a clinical trial. If you are interested in learning more about clinical research on a more personal level, please call to be connected with one of these special people. A list of clinical trials can be found on the Regional Cancer Collaborative website.
Contact Cancer Research Institute Director Jolene Cheslock at (920) 433-8889.

Following are a few additional sites with information about cancer research and trials that may be available to you.

CureSearch
www.curesearch.org
CureSearch unites the world’s largest childhood cancer research organization, the Children’s Oncology Group, and the National Childhood Cancer Foundation through our mission to cure childhood cancer. Research is the key to the cure.

National Cancer Institute
www.nci.nih.gov
The National Cancer Institute website provides information on clinical trials, recent developments, types of cancer trials and their results.

Coalition of National Cancer Cooperative Groups
www.cancertrialshelp.org
This website will help you begin to learn more about cancer clinical trials, to help you decide if a trial is right for you, a friend or a loved one.

Complementary Therapies

Complementary medicine includes non-conventional ways to healing beyond traditional medicine. If your choice is to try a complementary medicine program we recommend you talk to your physician. The following are a few sites with information about Complementary Therapies.

Natural Database
A comprehensive overview of nutritional supplements, botanicals, and herbals can be accessed only through the St. Vincent Cancer Center Resource Center (free of charge).

National Center for Complementary Medicine  
www.nccam.nih.gov  
National Center for complementary medicine is one of the 27 institutes and centers that make up the National Institute of Health and supports research in complementary medicine. This site provides you information regarding basic understanding of complementary medicine and clinical trials.

Hospice Help
Hospice offers individuals with life limiting illness and their families the ability to make the most out of each day. There are many different programs offered through hospice and the following sites should assist you.

Unity  
www.unityhospice.org  
A caring partnership with Bellin, St. Mary’s and St. Vincent Hospital has a website which provides specific information about the unique services available.

Hospice World  
www.hospiceworld.org  
The Institute is a not for profit organization with information and education about many facets of caring for the dying and bereaved.

Supportive
Following are a few websites which offer support information for people with cancer, their families and caregivers.

Cancer Hope Network  
www.cancerhopenetwork.org  
At Cancer Hope Network, they provide free confidential, one on one support to people with cancer, and their families. They match patients with trained volunteers who have undergone a similar experience.

Cancer Support  
www.cancersurvivor.org  
Cancer Survivor is a site that provides information and support to anyone who has been affected by cancer. It enables family and friends to pose questions and receive encouragement from those with similar experiences.

National Coalition for Cancer Survivorship  
www.canceradvocacy.org  
Within this website is information on survivorship programs, public health policy issues, a page to order publications, and other issues of interest to cancer survivors. A major feature of this site is “Cansearch: A Guide to Cancer Resources on the Internet,” which is well-researched, step-by-step guide to the many cancer resources found on the web.

Patient Advocate Foundation  
www.patientadvocate.org  
We assist patients with medical debt crisis, insurance access issues and job retention issues.
Financial Help
A comprehensive list of 37 national programs is available upon request. The following are local resources as well as a few national organizations. Many providers offer programs based on individual financial need. Contact the providers’ financial department for information.

A Woman’s Place:
A Woman's Place seeks to improve the health of women and their families in Northeast Wisconsin by providing health, education, support and advocacy for women of all ages.
Phone number: (920) 498-4205

Aging and Disability Resource Center of Brown County:
300 S. Adams St.
Green Bay, WI
Phone number: (920) 448-4300
Services include:
❖ Elderly Benefit Specialist Program
❖ Disability Benefit Specialist Program

American Cancer Society:
Provides extensive cancer information; assists in locating local and national resources.
Phone number: 920-351-0361 ext.3311

Consumer Credit Counseling:
Catholic Social Services offers tools to help people make healthy financial choices.
Phone number: (920) 272-8234

Director of Prescription Drug Patient Assistance Programs: www.phrma.org/patients
If you are having difficulty obtaining other prescribed medications, try contacting the manufacturer directly.

FamilyWize (Brown County United Way) call 211:
Offers discount cards for prescription drugs that are not covered by insurance.

Free Medicine Foundation www.FreeMedicineFoundation.com
Find out if you quality for FREE medicine and see how you can save up to 80% on your prescription medicine.

Green Bay Oncology:
Green Bay Oncology Business Office will help clarify questions you may have regarding your bill.
Phone number: (920) 432-6016 or 1-800-432-6049.

Medicaid/Badger Care:
Families with children under age 19 and pregnant women seeking financial assistance.
NEW Community Clinic:
The mission of the North East Wisconsin (N.E.W.) Community Clinic is to provide access to care where there are gaps in the area's healthcare delivery system.
Phone number: (920) 437-9773

Prescription Drug Assistance Programs: www.medicare.gov
Provide information on public and private programs that offer discounted or free medication as well as Medicare health plans that include prescription coverage:

Ribbon of Hope Foundation:
Mission is to be a financial, informational and emotional resource for individuals with breast cancer in Northeastern Wisconsin. The board of breast cancer survivors and spouses is dedicated to helping others with this disease.
Phone number: (920)339-9300

SeniorCare Customer Hotline
Phone number: 1-800-657-2038

Social Security: www.ssa.gov
Disability, survivor’s benefits, supplemental security income questions can be answered by contacting the Social Security Office. Forms may be downloaded off their website. The phone number to contact is 1-800-772-1213.

St. Vincent Hospital Community Care Program:
Assistance for patients showing financial need regarding their bill.
Phone number: (920) 433-8122.

The Medicine Program:
Assistance to those regularly needing to take prescription medication but lack adequate income to fill their prescriptions each month. There is a $5.00 application fee.
Phone number: 1-573-996-7300.

Wisconsin HIRSP Health Insurance Risk Sharing Plan:
Plan can provide health insurance to persons who are unable to find adequate health insurance coverage in the private market due to their mental/physical condition.
Phone number: 1-800-828-4777.

Wisconsin Home Energy Assistance:
Wisconsin’s low income home energy assistance program (LIHEAP) helps you pay for the cost of heating your home.
Phone number: (920) 448-4540.

Wisconsin Well Women Program (WWWP):
The Wisconsin Well Woman Program (WWWP) provides preventive health screening services to women with little or no health insurance coverage. Well Woman pays for mammograms, Pap tests, certain other health screenings, and multiple sclerosis testing for women with high risk signs of multiple sclerosis. The program is administered by the Wisconsin Department of Health and Family Services, Division of Public Health, and is available in all 72 Wisconsin Counties and 11 tribes. Well Woman pays for certain screenings for some of the most common women’s health concerns. Covered services are available from participating health care providers at no cost to Well Woman clients. There is no premium, co-payment or deductible for the Well Woman Program. Not all covered services are available from every provider. Phone number: 1-608-266-8311

**Housing**

Altrusia House
Altrusia House provides temporary residence to patients and families requiring prolonged medical assistance at the hospital.
1116 E. Mason St.
Green Bay, WI 54301
Phone number: (920) 884-6677

Suburban Extended Stay Hotel
Located near St. Vincent Hospital.
1125 E. Mason St.
Green Bay, WI 54301
Phone number: (920) 430-7040

Rental Assistance:
Integrated Community Services manages 295 rental units in Brown County. Rent is based on income.
Phone number for family and single person seeking housing is: (920) 448-4540 ext 206.
Senior and Accessible housing phone number is: (920) 448-4544.
Section 8 Family Self Sufficiency Program:
Integrated Community Services helps Section 8 families become self-supporting so they will no longer need public assistance. Phone number: (920) 448-4540.

**Notes and Contacts:**