County of Prince William
Prince William County’s Disability Services Board
Committee For Persons With Disabilities

7987 Ashton Avenue - Suite 200   e-mail: lmoore@pwcgov.org
Manassas, VA 20109   www.pwcgov.org/dsb
(703) 792-7649

September 2012

The Prince William County Committee for Persons with Disabilities, serving as the Disability Services Board was established in 1987 as an advisory group to the Board of County Supervisors. The Committee’s primary purpose is to assist in identifying and addressing the needs of persons with physical and sensory disabilities in Prince William County, thus reporting the areas of concern to the Board of County Supervisors.

The Disability Services Board (DSB) for Prince William County conducts an ongoing survey to develop ways to assist residents with PHYSICAL and/or SENSORY disabilities. This survey is used by the DSB to develop a Needs Assessment Report every three years. This Report is provided to local officials to help determine priorities and funding levels for programs designed to assist people coping with physical and/or sensory disabilities. If you or your family member has a disability, please take a few minutes and fill out our survey. The survey is on-line at www.pwcgov.org/dsb or one can be obtained by calling 703-792-7649. The next survey will be available in August 2012. You voice can be heard!

The Committee is constantly trying to promote public awareness of the unique problems which people with disabilities must deal with on a daily basis. If you are interested in helping us create disability awareness and tear down barriers, contact us. Committee meetings are held the first Tuesday of each month at the Development Services Building in room 107A/B. The meeting starts at 7:00 PM. The meetings are open to the public, and citizen input on disability issues, private or public, is welcome. Visit our website at www.pwcgov.org/dsb for meeting agenda and minutes.

The Americans with Disabilities Act (ADA) gives civil rights protection to individuals with disabilities that are available to all others. It prohibits discrimination on the basis of disability in employment, State and local government services, public accommodations, commercial facilities, transportation and telecommunications.

As part of our efforts on behalf of persons with disabilities, the Committee has prepared this Directory of Services for Prince William County. We welcome your suggestions for items to be included in future editions of this directory. Please contact our office at 703-792-7649 or e-mail lmoore@pwcgov.org for further information.
Do you have a “resource” or update for the listing? Please contact Linda Moore, the Administrative Assistant with PWC Disability Services Board for review and inclusion. She may be reached at 703-792-7649 or Email: lmoore@pwcgov.org. Booklets, ¾ Disc, CDs available upon request or you may download directly from the web site: www.pwcgov.org/dsb

Provide:
Name of Organization:

Contact Person:

Address:

Phone: Fax:

TTY:

Email: Website:

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1. ACCESS EQUIPMENT/ASSISTIVE TECHNOLOGY

ASSISTIVE TECHNOLOGIES. Any product or environmental modification that increases the independence, safety or comfort of an individual.

Look in yellow pages under medical supplies, home health equipment and pharmacies for business that sell and loan equipment. Equipment can usually be covered by insurance with a physician order. Contact the Independence Empowerment Center at 703-257-5400 for further resources/assistance.

Area Access
7131 Gateway Court
Manassas, VA 20109

Area Access, Inc. specializes in products that will once again give you the freedom to be independent, active and productive. Our professional mobility consultants will analyze your needs and recommend products to give you back your independence. Scooters, stair lifts, vehicle lifts, chair lifts, walkers, residential elevators, accessible vehicles, etc.

Disabled Dealer of Virginia
2075 W. Main Street
Waynesboro, VA 22980
Fax 540-941-3517

Email: ddmofva@ntelos.net Website: www.disableddealer.com
A national resource for buying and selling adaptive equipment, such as vehicles, lifts, wheel chairs, scooters, ramps etc.

Lions of Virginia District 24-A Special Needs Equipment Program
3906 Melvern Place
Alexandria, VA 22312-1149
Point of Contact is Marilee Kenton. Assist any person who qualifies, is blind, deaf, vision impaired, hearing impaired, who resides in the Commonwealth of Virginia with assistive devices only. No medical or training assistance. Email: Marlee.kenton@dbvvirginia.gov Website: www.webmaster@valions.org

Rehabilitation Equipment Exchange Network www.rehabequipmentExchange.com Individuals can exchange, buy or sell used equipment, including wheelchairs, pediatric equipment, mobility aids, ADL aids, Assistive Technology. The web site is developed and managed by a Physical Therapist from Virginia.

Rehabilitation Equipment Professionals
5130 Duke Street, Suite 12
Alexandria, VA 22304
Website: www.repinc.com
DME wheelchairs, walkers, canes, bath chairs, repair and special order of wheel chairs.

Talking Book and Braille. The National Library Service (Library Congress) for the Blind and Physically Handicapped provides a free library service of recorded books and magazines. There is free pick up and delivery at your home with updated listings sent with service for you to choose your next selections. National Phone Number: 1-800-424-8567.

Fredericksburg Regional Central Rappahannock Center: 540-322-1144
Virginia Assistive Technology System Center (VATS) 1-800-435-8490
website: www.vats.org
The purpose of VATS is to increase the availability of technology to Virginias of all ages. VATS offers statewide information and referral services concerning questions related to assistive technology. By toll free telephone or Internet based contact, VATS will provide current, correct information and accurate referral of contacts for all inquiries. VATS has three regional offices. The Northern Office at George Mason University serves Prince William County. Mon-Thurs 8:30 – 5:00pm
Northern Regional Site:

Helen A. Kellar Institute for Human disAbilities 703-993-3670
George Mason University fax 703-993-3681
4400 University Drive MSN1F2
Fairfax, VA 22030-4444
Website: http://chd.gse.gmu.edu/
VATS North has an Information and Referral service which links consumers to information on national and community services, AT publications, AT equipment exchange, finding and funding AT devices and services, issues related to AT and disabilities, and AT vendor information. Requests for information or referral can be made by phone at (703) 993-3670 (local voice and text) or (800) 333-7958 (toll-free voice and text), by email at vatsn@gmu.edu, or online on the VATS North Request Form web page.

**Two programs offered in Virginia for purchasing Assistive Technology: ATLFA (Assistive Technology Loan Fund Authority) and CSF (Consumer Service Fund)
ATLFA & CSF 1-866-835-5976
1602 Rolling Hills Drive, Suite 106
Richmond, VA 23229
Website: www.atlfa.org
Low-interest loans for a wide variety of special equipment may be available. This includes loans for wheelchairs, motorized scooters, Braille equipment, hearing aids, low vision aids, communication systems, environmental control devices, building modifications for accessibility or telecommunication devices for the deaf. The Consumer Service Fund (CSF) is a "fund of last resort" which enables individuals with a physical or sensory disability to access a service or device that cannot be funded through existing programs

Virginia Department of the Deaf and Hard of Hearing V/TTY 1-800-552-7917
Ratliffe Building, Suite 203
1602 Rolling Hills Drive
Richmond, VA 23229-5012
Making telecommunication possible by making it easy, reliable and convenient. Website: www.varelasy.org

Wheelchair Society of D.C. Sun-Friday 2:00PM-8:00PM 301-495-0277
8220 Mayor Lane
Silver Spring, MD 20910
Serves the metropolitan area. Loan closet for low income, uninsured, Durable Medical Equipment, home medical equipment, no delivery pick-up only.

Power Wheelchairs to Senior Citizens 1-800-400-4210
Power wheelchairs are offered to senior citizens 65 years of age and older at no cost to the recipient, if they qualify through three different organizations. The chairs are for in-home use.
Assistive Devices for Bathing, Grooming, Dressing, Independence

Internet address: www.accesstoday.com

Independent Living Aids, Inc., 200 Robbins Lane, Jericho, NY 11753 (800-537-2118)
www.can-do@independentliving.com Extremely wide range of products

Independent Living Products 11232 E. Beryl Ave. Scottsdale, AZ 85259 (800-377-8033)
Internet address: www.ilp-online.com

Maxi Aids 42 Executive Blvd. Farmingdale, NY 11735 (800-522-6294)
Internet address: www.maxiaids.com

Care4u P.O. Box 377 Wayne, NH 07474 (877)-538-6568 Internet Address: www.care4u.com

North Coast Medical 18305 Sutter Blvd. Morgan Hill, CA 95037 (800-235-7054)
Internet address: www.ncmedical.com

Dynamic Living 428 Hayden Station Rd. Windsor, CT 06095 (888-940-0605)
Internet address: www.dynamic-living.com

Comfort House 189-V Frelinghuysen Ave Newark NJ 07474 (800-359-7701)
Internet address: www.comforthouse.com

Sammons Preston AbilityOne Corporation 4 Sammons Court, Bolingbrook, IL 60440 (800-323-5547) Internet address: www.sammonspreston.com

2. ADA (American Disability Act)

Provides civil rights protection to individuals with disabilities. Guarantees equal opportunity for individuals with disabilities in employment, public accommodations, transportation, State and local government services, and telecommunications.

Mid-Atlantic Disability & Business Technical Assistance Centers Regional center for assistance on ADA
Internet address: www.adata.org

ADA Information Line (Dept. of Justice for publications, questions and referrals) V 1-800-514-0301
Internet address: www.ada.gov TTY 1-800-514-0383

Access Board (or Architectural & Transportation Barriers Compliance Board) V 1-800-872-2253
Internet address: www.access-board.gov TTY 1-800-993-2822

Air Carrier Access Act (pertaining to air transportation, Dept. of Transportation) V 1-800-778-4838
Internet address: www.dot.gov/airconsumer TTY 1-800-455-9880

Dept. Of Transportation, Federal Transit Administration (ADA Information) V 1-888-446-4511
Internet address: www.fta.dot.gov/office.civ.htm TTY 711 relay service

Equal Employment Opportunity Commission (ADA provisions for employment) V 1-800-669-4000
Internet address: www.eeoc.gov TTY 1-800-669-6820

Fair Housing Act & Publications (Accessibility Questions & publications) V 1-800-669-9779
Internet address: www.hud.gov/fhe/fheo.html TTY 1-800-927-9275

Federal Communications Commission (Technical Assistance on ADA telephone V 1-888-225-5322
relay service (TRS) requirements. Internet address: www.fcc.gov/cib/dro TTY 1-888-835-5322
**Internal Revenue Service** (information about tax code provisions including tax Credits (section 44) and deductions (section 190) that can assist businesses in complying with ADA. Internet address: [www.irs.gov/plain/index.html](http://www.irs.gov/plain/index.html)

**Job Accommodation Network (JAN)** (provides advice on accommodation employees with disabilities) Internet address: [www.jan.wvu.edu](http://www.jan.wvu.edu)

**Prince William County Human Rights Commission** Se Habla Espanol 703-792-4680
15941 Donald Curtis Drive, Suite 125
Woodbridge, VA 22191
Fax 703-792-6944
TDD 703-792-4677
Website: [www.pwcgov.org](http://www.pwcgov.org)
Contact the office if you feel you have been discriminated against in the areas of employment, housing, credit, public accommodations, education, on the basis of race, color, sex, national origin, religion or disability.

**Project Action** ( Funded by Dept. of Transportation to provide ADA information and publications on making transportation accessible. Internet address: [www.projectaction.org](http://www.projectaction.org) TTY 711 relay service

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3. **AGING**

**ADULT PROTECTIVE SERVICES**
Adult protective services receives and investigates reports of neglect or abuse of adults and arranges for services on behalf of the disabled either physically or emotionally and aged who are unable to care for or protect themselves without help. ( Local Social Services offices listed on next page.)

**Sudley North - Manassas** 703-792-7500
Ashton Avenue Suite 200
Manassas, VA 20109

**Ferlazzo Building - Woodbridge** 703-792-4300
15941 Donald Curtis Drive
Woodbridge, VA 22191

**City of Manassas Department of Social Services** 703-361-8277
8955 Center Street
Manassas, VA 20110

**City of Manassas Park Department of Social Services** 703-335-8880
One Park Center Court
Manassas Park, VA 20111

**Area On Aging, Prince William County** 703-792-6400
5 County Complex Court, Ste 240
Woodbridge, VA 22192
TTY 703-792-6444
Fax 703-792-4734
Website: [http://www.pwcgov.org/aoa](http://www.pwcgov.org/aoa) (website includes Senior Centers at Woodbridge and Manassas and Bluebird Tour Program)

The Prince William Area Agency on Aging (PWAAA) serves older adults, their families and caregivers in the tri-jurisdictional area of Prince William County, the City of Manassas, and the City of Manassas Park. The PWAAA is one of over 670 agencies in the national aging network of Area Agencies on Aging. Services include Supportive Services for adults, Loan Closet for free home care aids, nutritious meals, Senior Employment Services and Health Insurance Counseling. Supportive Services intake and screening number is 703-792-6374.
Bluebird Tour Program
7987 Ashton Ave, Suite 231
Manassas, VA 20109
The Bluebird Tour Program provides day and overnight educational and recreational trips for older persons in the Prince William Area.

Prince William Senior Center at Manassas  West End
9320 Mosby Street
Manassas, VA 20109
Senior citizen daily recreational, educational, program, daily lunch.  Provided transportation to and from center.

Prince William Senior Day Program at Woodbridge
Ferlazzo Government Building
15941 Donald Curtis Drive  Suite 125
Woodbridge, Virginia 22191
Senior Day Program is licensed nonprofit adult day care program for impaired older adults who can no longer function independently at home yet do not need 24-hr nursing home care.  Offers a range of social and recreational activities.

Virginia Department for the Aging
Preston Building, Suite 102
1600 Forest Avenue
Richmond, VA 23229
Website: http://www.aging.state.va.us

4. BLIND/ VISUALLY IMPAIRED

American Foundation for the Blind
11 Penn Plaza, Suite 300 (National Headquarters)
New York, New York 10001
Website: www.AFB.org

Braille Words, Inc.  Tina Hable
1404 Hawthorne Ct.
Virginia Beach, Virginia 23456
Website: www.Braillewords.com  Transcribe & emboss printed documents into Braille.

Columbia Lighthouse for the Blind
1120 20th Street, NW
Suite 750 South
Washington, DC 20036
Website: www.clb.org
Columbia Lighthouse for the Blind offers programs that enable individuals who are blind or visually impaired to obtain and maintain independence at home, school, work and in the community.  CLB’s programs include early intervention services, training and consultation in assistive technology, career placement services, comprehensive low vision care and a wide range of rehabilitative services.
EyeCare America is a public service foundation of the America Academy of Ophthalmology. EyeCare America's mission is to reduce avoidable blindness and severe visual impairment by raising awareness about eye disease and care, providing free eye health educational materials and facilitating access to medical eye care. Call the EyeCare America help line (1-800-222-3937) to see if you are eligible for medical eye care at no cost or visit online at www.eyecareamerica.org

Lions Club of PWC Telephone help hotline 703-335-5400
Website: www.valions.org
Supports all residents in PWC through 70 clubs in District 24A. Although the primary mission of the Lions Clubs is in the areas of sight, hearing, and diabetes, all Lions are committed to assist everyone in their community that requires help. Therefore, our help hotlines are available to anyone needing help or wanting to learn more about Lionism. (Aide provided for eye exams & glasses and hearing exam & aids.)

The Guide Dog Foundation Toll-free 1-800-548-4337
631-265-2121
371 East Jericho Turnpike
Smithtown, NY 11787
fax 631-361-5192
Website: www.guidedog.org
Since 1946, the Guide Dog Foundation for the Blind, Inc. has provided guide dogs free of charge to blind people who seek enhanced mobility and independence. Our students come to us from all over the United States and many foreign countries.

Virginia Dept. for the Blind and Vision Impaired Toll-free 1-800-622-2155
804-371-3140
397 Azalea Avenue
Richmond, VA 23227
Website: http://www.vdbvi.org
DBVI provides rehabilitation teaching & instruction, orientation & mobility, vocational rehabilitation services, educational services, deaf blind case management and low vision services. Website: www.vdbvi.org

Virginia Dept. for the Blind and Vision Impaired (Fairfax Regional Office) Fax 703-359-1111
703-359-1100
11150 Main Street, Suite 502
Fairfax, VA 22030
TTY 703-359-1100
DBVI provides rehabilitation teaching & instruction, orientation & mobility, vocational rehabilitation services, educational services, deaf blind case management and low vision services. Website: www.vdbvi.org

Vision Impaired Support Group 703-368-1721
Bull Run Regional Library, 8051 Ashton Avenue, Manassas, Virginia

Visually Impaired Assistive Devices
Gadgetry Program: 1-888-584-7440 (Low Vision Aids, non-profit South Dakota Agency for Blind)
Independent Living Aids: 1-800-537-2118 www.independentliving.com Private mail-order company of products for individuals who are blind.

Lighthouse for the Blind Catalog & Products: 1-800-829-0500
Radio. There are 125 stations are part of the IAAIS or International Association of Audio International Information Services. Call 1-800-424-8567 for a station local to you.
5. BRAIN INJURY

Brain Injury Services
8136 Old Keene Mill Road, Suite B102
Springfield, VA 22152
www.braininjurysvcs.org

Support survivors of brain injury and families with individualized community based services through comprehensive case management, education, and advocacy. This office serves Prince William County.

6. CAREGIVERS NETWORK/RESPITE SERVICES

Adult Day Care (See Aging - Senior Day Programs)

Caregivers Resource Center (CRC)
Prince William Area on Aging
5 County Complex Court, Ste 20
Woodbridge, VA 22192
Website: www.pwcf.gov/aoa

Address the needs of local family caregivers by providing information, support, and educational opportunities to assist with care giving responsibilities to older adult family members. Provides information about health conditions including dementia and other related disorders (such as Alzheimer’s disease), schedules of upcoming education, training, activities program ideas and suggestions for caregivers at home. Call for the Resource Guide for Caregivers.

Capital Hospice
10530 Linden Lake Plaza, Suite 200
Referral and Information
Manassas, VA 20109
Website: www.capitalhospice.org

Capital Hospice helps people living with advanced, progressive illness meet their medical, emotional, spiritual, and social needs. This includes family members and caregivers. Our care is mainly provided in patients' homes, whether they be single family, assisted living, or nursing facilities.

Family Support Programs through Arc of Greater Prince William
13505 Hillendale Drive
Woodbridge, VA 22193
Website: www.arcgpw.org

Programs include Parents Night Out a respite/recreation program offers entertainment to children with disabilities and their siblings; Respite Care Program interviews, check references and trains providers to care for children with special needs; Family Network Support Groups for families with children with disabilities.

McLean Bible Church Access Ministry
P.O. Box 9300
McLean, VA 22102
Website: www.mcleanbible.org

Access Ministries include Beautiful Blessings Classroom, Break Out Respite, Breakaway Respite, Friendship Club, Signs of Life Deaf Ministry, Accessibility Leadership Summit is offered every spring.
Virginia Respite Resource Project
VIDD/VCU P.O. Box 843020
Richmond, VA 23284-3020
Website: www.vcu.edu/vidd
Provides technical assistance and training resources to assist in developing respite and family support services. Several brochures available. List of summer camps in Virginia.

Professional Education and Respite Service, LLC
Jesse A. Kushner, M.Ed
Website: www.vacationrespite.com
Specializing in in-home education, behavioral interventions, and extended hours respite service for parents of children and adults with special needs.

7. CHILDREN WITH DISABILITIES/CHILDCARE

Respite Services: See Caregivers Section
For additional resources for children with disabilities: see also sections on Education, Disability Information, Medical and Expanded Websites Listing

Arc Child Care Centers
Both Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. Both centers are licensed by the Commonwealth of Virginia and offer a sliding fee scale based on the child's household income.

Muriel Humphrey Child Care Center (Arc) 703-670-5060
13505 Hillendale Drive
Woodbridge, VA 22193

Robert Day Child Care Center (Arc) 703-361-2443
9208 Centerville Rd
Manassas, VA 20110
Website: www.arcgpw.org

Care Connection for Children 1-866-222-0372
3299 Woodburn Road, Suite 220
Annandale, VA 22003
Care Connection for Children is a statewide network of centers of excellence for children with special health care needs that provides health care services, community support and resources. Case coordinators connect families with local health care providers show have expertise with children with special health care needs, specialized health insurance programs, resources from the community, school programs and services an other families experiencing similar situations. Care Connection is for children who live in Virginia, are under age 21 and have special health care needs that are not usually needed by children of the same age.

Cerebral Palsy Ability Center 703-920-0600
2445 Army-Navy Drive, 3rd Floor
Arlington, VA 22206
www.cpabilitycenter.org
The Cerebral Palsy Ability Center was founded in October of 1996 with the mission of providing Conductive Education to individuals with motor impairments. Conductive Education teaches these children to sit, crawl and walk more independently and teaches them the life skills they need every day.
Circle of Support Annual Conference 703-670-4800
Sponsored by the Arc Of Greater Prince William is held annually on the first Saturday in November. This low cost conference is for families of children with special needs, their friends, and the professionals who work with them. This year’s conference will be November 3, 2012. For additional information or for a registration package call Jan Russell at 703-730-3124

Little Learners’ Academy 123abc 703-335-8833
9110 Railroad Drive
Manassas Park, VA 20111
www.123abcLittleLearnersAcademy.com
A Child Daycare Center servicing all children including those with special needs! First of its kind in the greater Manassas – PWC – Area. Ages 0 – 12th.

The Early Intervention Program, a division of the Prince William County Community Services Board, is comprised of two programs – the Infant Information Center and the Parent-Infant Education Program. The Early Intervention program provides Service Coordination, Physical Therapy, Occupational Therapy, Speech Therapy and Early Childhood Special Education services to eligible children birth to three years of age. Infants, toddlers and their families who are residents of the City of Manassas, City of Manassas Park or Prince William County are eligible to receive services if the child has a diagnosed disability or developmental delay.
For referral/screening/evaluation information call: 703-792-7879
Offices: 8007 Ashton Avenue, Manassas, VA 20109
15941 Donald Curtis Drive, Woodbridge, VA 22191
Phone: 703-792-7752
Phone: 703-792-4950

National Dissemination Center for Children with Disabilities
V/TTY 800-695-0285
PO Box 1492
Washington DC 20013
Website: www.nichcy@aed.org
Research-based information on effective educational practices. Location to provide educators, administrators and families with research about “what works” with children and students with disabilities. En Espanol or English.

Parent Educational Advocacy Training Center – PEATC
V/TTY 703-923-0010
6320 Augusta Drive, Suite 1200
Springfield, VA 22150
Website: www.PEATC.org
Parenting a child with a disability means you may need to be an expert at managing educational, medical and social services for your child. PEATC can help by answering questions, supporting family interests, and building family/professional partnerships.

8. COMMUNITY RESOURCES (Emergency Needs: food, rent, utilities, etc.)
See also: Housing

ACTS (Action in the Community Through Service) Emergency Assistance 703-221-3186
Eastern PWC 24 Hour Help-Line 703-368-4141
3900 Acts Lane (PO Box 74) Fax 703-221-3585
Dumfries, VA 22026 Administration 703-441-8606
Email: ACTS_development@comcast.net
Homeless shelter, emergency financial assistance, food pantry, transitional housing, child care center, domestic violence intervention and prevention, telephone crisis hotline, and two thrift stores

**All Saints Catholic Church – Manassas**
9300 Stonewall Road
Manassas, VA 20110
Outreach program. More focused on Catholic Community within their own Parish due to resources constraints.

**Catholic Charities (Alexandria)**
131 S. West St
Alexandria, VA 22314
Website: www.ccda.net
Food Closet, Clothing and financial assistance when available for rent, prescriptions, utilities, and other crisis problems. Serves all of Northern Virginia to Roanoke. Soup Kitchen served daily at 5:00 PM

**Domestic Violence Turning Points**
P.O. Box 74
Dumfries, VA 22026
24 hour crisis line 703-221-4951
TTY 703-221-3811
Domestic Violence Intervention program serving the communities of Prince William County, Manassas and Manassas Park. Services include: 24 hour crisis line; battered women’s shelter; individual counseling; support groups for women and children; alternatives to violence classes for batterer’s; court advocacy and accompaniment; Community Education; and teen dating violence prevention presentations for middle and high school students.

**Dumfries United Methodist**
3890 Cameron Street
Dumfries, VA 22026
e-mail: dumc01@earthlink.net
Monday 6:30 – 7:30 PM food and clothes closet, financial assistance with utility bills and emergency prescriptions. 30 minute devotional service. Must live in Dumfries, Triangle or Quantico area.

**Energy Assistance**
Applications for fuel assistance are available October through November. Cooling assistance available June through August. Applications may be picked up at local social services offices or call for application to be mailed out.

**Holy Family**
14160 Ferndale Road
Dale City, VA 22193
Office Hours M-F 10:00 a.m. – 2:00 p.m. Food pantry once every 4 weeks. Help with utilities for Eastern PWC Residents.

**Lions Club of PWC**
Telephone help hotline 703-335-5400
Website: www.valions.org
Supports all residents in PWC through 70 clubs in District 24A. Although the primary mission of the Lions Clubs is in the areas of sight, hearing, and diabetes, all Lions are committed to assist everyone in their community that requires help. Therefore, our help hotlines are available to anyone needing help or wanting to learn more about Lionism. (Aide provided for eye exams & glasses and hearing exam & aids.)
Park-West Lions Club 703-392-0077  
8620 Sunny Gate Drive  Fax 703-392-0074  
Manassas, VA 20155  
Email: PWLions@aol.com  
Group of men and women who volunteer their time to humanitarian causes.  
We assist those in need.  Our motto: We Serve

Northern Virginia Family Services Center 703-490-3646  
Eastern Prince William County  
2200 Opitz Blvd, Suite 100  
Woodbridge, VA 22191  
Western Prince William County 703-392-4901  
9842 Business Way  
Manassas, VA 20110  
Website: www.nvfs.org  
A private non-profit organization working to ensure that those in need have access to the resources they need. Healthy families, Early Head Start, Transitional Housing, Family Self-Sufficiency, Counseling for families and individuals, Credit counseling..

Salvation Army – Prince William 703-580-8991  
4343-A Ridgewood Center Dr.  
Woodbridge, VA 22192  
M-F 9:00 –12:00 (Noon) & 1:00 – 5:00.  Food and financial assistance when available.  Must have cutoff notice on utility eviction notice for rental assistance.  Must bring picture ID, proof of income for all working persons in house.  If children bring social security card and birth certificate.  Services include clothing vouchers (for thrift store) and prescriptions (case by case).

SERVE, INC (Western PWC) 703-368-2979  
10056 Dean Drive  Fax 703-368-2004  
Manassas, VA 20110  
Website: www.serveinc.org  
No person in our community will have to be homeless, no child will have to go to bed hungry, and no family will lose their dignity or let their dreams die because of poverty. SERVE, Inc. Provides a variety of services listed below and children’s counseling, activities, child care, GED, ESL, Computer Training and more.  Emergency Services M, T, TH, F 9:30-11:45 & 1:00-3:15, W 5:00-7:45.  Food, Rent, utilities, prescription, etc.  Career Development Center provided 2,118 employment services.  Plus Family care shelter, food closet, save & thrift shops, transitional housing, child services program, emergency assistance.  United Way Combined Federal Campaign.

SHARE/Homeless Intervention Program [HIP] 703-792-7648  
Offers short term rental and mortgage assistance to households experiencing an unforeseen financial crisis. State funded program interest free loans are provided for temporary rental, mortgage and security deposit payments for those who meet program criteria and have income at 80% of area median income or lower. Counseling is an important aspect of the program. Participants are required to create and complete self sufficiency goals in order to facilitate long term financial independence. Applicants must be homeless or imminent threat of homelessness. Must have an unavoidable crisis e.g. illness, lay off, Crisis must be temporary and not chronic. Call for more details. www.pwc.gov/dss

Share – 703-494-5576  
Self help, non-profit food network, helps families and individuals save money on groceries. $15 plus 2 volunteer hours ($30 or more food value).
St Francis House  
2606 Heth Court  
Dumfries, VA 22026  
Website: [www.stfrncis.org](http://www.stfrncis.org)  
Office Hours M-F 8:30-4:00.  Food closet on Wednesday from 9:00 -12:00.  Food closet on first come, first serve basis.  Financial Assistance available once every six months - emergencies only (prescriptions, evictions or utilities cutoff.  Must live in Eastern Prince William.  Free computer classes, call for information.  After school tutorial program by appointment.  Call for summer youth programs.

St. Vincent De Paul Society, Inc  
Our Lady of Angels Conference - Woodbridge  
13744 Mary’s Way  
Woodbridge, VA 22191  
Monday and Wednesday 5:00 – 6:50 PM.  Rent, utilities, food, financial help and other referral services.  Need to bring picture ID and proof of address.  Social security cards required for children.  One time assistance only.

Vineyard Christian Fellowship  
13550 Jeff Davis Highway  
Woodbridge, VA 22191  
Website: [www.vcfwoodbridge.org](http://www.vcfwoodbridge.org)  
Tuesday and Thursday 9:30 -11:30 food only.

Social Services (Departments of)  
Local Social Services Departments provide information and referral services for Social Services Programs such as financial assistance (TANF), food stamps, Medicaid, energy assistance, homeless services, and adult and child protective services.

Prince William County (Two Offices)  
Sudley North - Manassas  
Ashton Avenue Suite 200  
Manassas, VA 20109  

Ferlazzo Building - Woodbridge  
15941 Donald Curtis Drive  
Woodbridge, VA 22191  

City of Manassas Department of Social Services  
8955 Center Street  
Manassas, VA 20110  

City of Manassas Park Department of Social Services  
One Park Center Court  
Manassas Park, VA 20111

**Virginia Department of Social Services offers a statewide toll-free number for citizens to call when they need human services.  1-800-230-6977** This is also available on the web at [www.vaiandr.net](http://www.vaiandr.net)
9. DEAF/ HEARING IMPAIRED, SERVICES FOR

**Gallaudet University**
Voice/TTY 202-651-5351
800 Florida Avenue, NE
Washington, DC
Website: [www.gallaudet.edu](http://www.gallaudet.edu)
Comprehensive education services for the deaf and hard of hearing, Audiology and Speech Clinic.

**Lions Club of PWC**
TelephoneNumber hotline 703-335-5400
Website: [www.valions.org](http://www.valions.org)
Supports all residents in PWC through 70 clubs in District 24A. Although the primary mission of the Lions Clubs is in the areas of sight, hearing, and diabetes, all Lions are committed to assist everyone in their community that requires help. Therefore, our help hotlines are available to anyone needing help or wanting to learn more about Lionism. (Aide provided for eye exams & glasses and hearing exam & aids.)

**National Association of the Deaf**
301-587-1788
814 Thayer Ave. Suite 250
Silver Spring, MD 20910
TTY 301-587-1789
Fax 301-587-1791
Website: [www.nad.org](http://www.nad.org)
National federation of state association and organizational affiliates, offers civil rights advocacy, legal expertise across the broad spectrum of areas but not limited to accessibility, education, employment, healthcare, mental health, rehabilitation, technology, telecommunications and transportation. Seminars and conferences, advocacy information and resources.

**Northern Virginia Resource Center for the Deaf and Hard of Hearing**
703-352-9055
3951 Pender Drive Suite 130
Fairfax, Virginia 22030
TTY 703-352-9056
Website: [www.nvrc.org](http://www.nvrc.org)
Information and Referral Services for Deaf and Hard of Hearing Consumer; training for businesses, agencies, schools, organizations; demonstration center for assistive devices.

**Prince William Speech & Hearing Center, Inc.**
703-670-8126
4317 Ridgewood Center Drive
Woodbridge, Virginia 22192
Fax 703-670-0035
TTY 703-670-8126
Speech-Language Services/Hearing & Repairs/Warranties. Fee adjustments based on family size and income. Fee adjustments are not applied to dispensed commodities but clients may be advised of possible resources. Services by licensed certified professionals to children and adults.

**Virginia Dept. for the Deaf and Hard of Hearing**
V/TTY 800-552-7917
1602 Rolling Hills Drive
Fax 804-662-9718
Rateliffe Building Suite 203
Richmond, Virginia 23229-5012
Website: [www.vddhh.org](http://www.vddhh.org)
Technology assistance program, interpreter services, outreach services, Virginia quality assurance screening [interpreter screening] resource library, oversee Virginia Relay Service.

**Virginia Newborn Hearing Screening Program**
866-493-1090
The Virginia Department of Health’s Hearing Impairment Identification & Monitoring System
VA Relay 7-1-1 or TTY 800-828-1120
Fax 804-864-7721
1500 E. Main Street Room 137
Richmond, VA 23219
Provides services to assure that all infants receive a hearing screening after birth, that infants needing further testing are referred to appropriate facilities, that families have the information they need to make decisions for their children, and that infants and young children diagnosed with a hearing loss receive appropriate and timely intervention services. Collaborating with physicians and other primary care providers, educating parents and professionals.

Virginia Relay Center VDDHH
V/TTY 800-552-7917
V 800-828-1140
TTY 800-828-1120

Making telecommunication possible by making it easy, reliable and convenient. Please see website for details. Website: www.varelav.org

Agencies for Sign Language Interpreting Services:

Birbaum Interpreting Services 301-587-8885
8555 16th Street Suite 300 Fax 301-565-0366
Silver Spring, MD 20910 TTY 301-587-8885

Sign Language on the Web, Video Remote Interpreting
Website: www.bisworld.com

The services we provide include American Sign Language Interpreting, sign language transliteration, oral interpretation, tactile interpretation, cued speech transliteration, computer-assisted real-time captioning, video remote interpreting, as well as emergency and medical and quick-response services. Additionally, BIS have the resources to provide training (sign language instruction, deaf culture, sensitivity, compliance, and interpreting to name a few) for management and co-workers. BIS also provides Video Relay Services, free to all.

Interpreters for the Deaf Directory of Qualified Interpreters in Virginia 1-800-552-7917
Virginia Dept. for the Deaf and Hard of Hearing (VDDHH)
Website: www.vddhh.org

Gallaudet University Interpreting Services V/TTY 202-651-5199
800 Florida Avenue, NE Fax 202-651-5752
Washington, DC 20002
Website: gis.gallaudet.edu

Partners In Sign, Inc 202-638-5630
1817 East Capitol Street 202-638-5632 fax
Washington, DC 20003 202-638-5631 TTY
Website: www.pinsdc.com

Sign Language Interpreting (ASL, PSE, Oral, Tactile) and CART services (Communication Access Real-Time Translation)

Professional Interpreter Exchange, Inc 301-725-3402
9101 Cherry Lane #104 Fax 301-725-3412
Laurel, MD 20708
Website: www.pieinc.com
Provide both sign language interpreting and foreign language translation and interpretation services.

Northern Virginia Resource Center for Deaf and Hard of Hearing Persons 703-865-4444
3591 Pender Drive, Suite 130 Fax 703-352-9058
Fairfax, VA 22030
request@nvrc.org

Sign Language Professionals, Inc. 804-740-7279
P.O. Box 29918 866-675-9278
Richmond, VA 23242-0918
Email: Office@SignLanguageProfessionals.com

VISCOM Interpreting 703-838-5755
2417 South 26th Road 703-637-1268
Arlington, VA 22206
Email: www.vixcomminterpreting.com

Independentinterpreters.com
Email: www.independentinterpreters.com

ASL Interpreters, Inc. 1-804-651-9955
Email: info@aside.com

For a list of individual Free Lance Interpreters, please call 703-792-7649 or visit our web page at www.pwcgov.org/dsb

10. DEVELOPMENTAL DISABILITIES

The Arc Of Greater Prince William 703-670-4800
13505 Hillendale Drive Fax 703-670-8648
Woodbridge, VA 22193
Website: www.aregpw.org Provides support services to the developmentally disabled.

Community Services Boards Prince William County
Committed to improving the quality of life for people with or at risk or developing mental disabilities and substance abuse and to preventing the occurrences of these conditions. 24 hour emergency services.

West Center Sudley North 703-792-7800
7969 Ashton Avenue
Manassas, VA

East Center Ferlazzo Building 703-792-4900
15948 Donald Curtis Drive, Suite 200
Woodbridge, VA 22191

The Early Intervention Program, a division of the Prince William County Community Services Board, is comprised of two programs – the Infant Information Center and the Parent-Infant Education Program. The Early Intervention program provides Service Coordination, Physical Therapy, Occupational Therapy, Speech
Therapy and Early Childhood Special Education services to eligible children birth to three years of age. Infants, toddlers and their families who are residents of the City of Manassas, City of Manassas Park or Prince William County are eligible to receive services if the child has a diagnosed disability or developmental delay. For referral/screening/evaluation information call: 703-792-7879

Offices: 8007 Ashton Avenue, Manassas, VA 20109  703-792-7752
15941 Donald Curtis Drive, Woodbridge, VA 22191  703-792-4950

**Partnership for People with Disabilities**
Virginia Commonwealth University (VCU)  Fax: 804-828-0042
700 East Franklin St., 10th Floor  TDD 800-828-1120
P.O. Box 843020
Richmond, VA 23284-3020
Website: [www.vcu.edu/partnership](http://www.vcu.edu/partnership)  The Partnership is a university center for excellence in developmental disabilities at VCU. The Partnership is proud to operate more than 20 federal and state programs, staffed by more than 100 professionals and students supporting individuals with disabilities and their families.

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**11. DISABILITY, INFORMATION AND SERVICES**

**American Care Partners @ Home, Inc. NOVA House Call MD**
6521 Arlington Blvd, Suite $410  703 261-4146
Falls Church, VA 22042  703 532-4357
Fax 703 532-4356
Website: [www.novahousecallmd.com](http://www.novahousecallmd.com)
NOVA House Call MD is a physician house call Service provider to seniors and other home bound patients living in private residence, senior apartments, assisted living facilities and other congregate-living settings. We accept Medicaid waivers, private pay, and long-term care insurances.

**AWL’s Personal Care Services**
9300 Forest Point Circle, Suite 164  703-393-1481
Manassas, VA 20110
Fax 703-393-6645
Email: info@awlpcs.com
Website: [www.awlpcs.com](http://www.awlpcs.com)
Guarantee to provide a resource within 24 hours of being engaged. All caregivers are licensed in the State of Virginia. We provide the highest quality, skilled, and compassionate services you will ever experience.

**Consumer and Family Participation Fund**
1-866-625-2373
The Consumer and Family Participation Fund was established to make supplemental funds available to support consumers and family members’ attendance at conferences, workshops, other training and service opportunities. For more information call the toll free number or visit the web site at [www.cfpf.net](http://www.cfpf.net)

**Commonwealth Autism Service**
Becky Boswell, Community Services Coordinator  804-355-0300
2201 W. Broad Street, Suite 107  1-800-649-8481
Fax 804-355-0932
Richmond, VA 23220
Website: [www.autismva.org](http://www.autismva.org)
The mission of Commonwealth Autism Service is *to provide leadership in the implementation of a statewide system of services to maximize the potential and quality of life of each Virginian with autism across the lifespan.* The organization offers the following services to families, educators, consumers,
organizations, and professionals – Information and Referral, Workshops and Conferences, and Training and Consultations.

Community Residences, Inc.  703-841-7768
3508 Lee Highway  Fax  703-841-7776
Arlington, VA 22207
Website: www.comres.org
Provides services for individuals with mental retardation, mental illness, physical disabilities, and those who are homeless to live as independently as possible. Focusing on both long-term and short-term care, Community Residences provides a range of services including: residential programs, case management, crisis stabilization, community support services and professional development and education. Serves Metropolitan area.

Creative Health Solutions LLC  703 639-4078
3900 Jermantown Road, Suite 150  Fax  888 314-6706
Fairfax, VA 22030
www.CreativeHealthLLC.com
Leading Northern Virginia innovator of pediatric special needs therapies. Seamlessly integrated Occupational and Speech therapy treating mild to the most severe conditions. Fully equipped sensory gym enabling all sensory therapies. Additional modalities include customized Learning through Listening™, Creative's Accelerated Learning Services (The Brain Fitness Program), Interactive Metronome®, Visual Vestibular Therapy (Astronaut Training), Vision Skills Training, Feldenkrais® and Anat Baniel® for Children, Creative Therapeutic Pairing™ and Creative Therapeutic Social Groups™, including summer Camps.

Department of Rehabilitative Services  V/TTY  800-552-5019
8004 Franklin Farms Drive P.O. Box K-300
Richmond, VA 23288-0300
Website: www.vadrs.org
In partnership with people with disabilities and their families, the Virginia Department of Rehabilitative Services collaborates with the public and private sectors to provide and advocate for the highest quality services that empower individuals with disabilities to maximize their employment, independence and full inclusion into society. Programs include Employment and Vocational service, Community Living, Assistive Technology/Devices and Equipment and Disability Determination.

Local Office:
Department of Rehabilitative Services – Manassas Office  V/TTY  703-335-5550
9309 Center Street Suite 304
Manassas, VA 22110

Directory of Disability Services - NARIC – National Rehabilitation Information Center  1-800-346-2742
4200 Forbes Blvd, Suite 202  TTY  301-459-5984
Lanham, MD 20706
Website: www.naric.com
National library and referral services, customized database searches.

Disabled Action Committee (DAC)  703-878-1737
14405 Artery Lane #11
Dale City, VA 22193
e-mail dac4va@aol.com website: http://members.aol.com/dac4va/main.htm  DAC is a statewide/nationwide advocacy group with Resource pages and plenty of information. We try to unite all the
various disability groups into one large voting block to enable us to elect those, regardless of political party to better represent those with disabilities. We reach approximately 15 million readers made up of the elderly, disabled and non disabled.

**Destiny Place, LLC**  
5319 Sentry Lane  
Woodbridge, VA 22193  
Email: destubtokacegriyogine@yahoo.com  
Destiny Place provides community-based support services to individuals with mental retardation and some mental illness. The program provides opportunities in community settings for individuals to develop skills that will prepare them to integrate into diverse communities.

**Five Star Home Health Care – On Call 24 Hours**  
23430 Rock Haven Way, Ste 220  
Dulles, VA 20151  
[www.assistyouathome.com](http://www.assistyouathome.com)  
Medicaid-Certified Home Care Provider, Long Term Care Insurance, Veteran Aid and Attendance. Services Provided: Bathing, Dressing, Personal Hygiene, Toileting, Eating/feeding, meal preparation, medication reminders, transportation, companionship, grocery shopping, respite family relief and laundry.

**Haynes View at Dale City**  
4502 Hanover Court  
Woodbridge, VA 22193  
[www.haynesview.com](http://www.haynesview.com)  
Haynes View is an adult group home that provides quality care in a wholesome environment, promoting confidence, independence, and self worth to individuals with mental disabilities. Haynesview will develop each individual’s social and communication skills, which will allow for successful integration into the community.

**Prince William County Human Rights Commission**  
15941 Donald Curtis Drive, Suite 125  
Woodbridge, VA 22191  
Website: [www.pwcgov.org](http://www.pwcgov.org)  
Contact the office if you feel you have been discriminated against in the areas of employment, housing, credit, public accommodations, and education, on the basis of race, color, sex, national origin, religion or disability.

**Independence Empowerment Center**  
9001 Digges Road Suite 103  
Manassas, VA 20110  
This is the local Center for Independent Living. Peer counseling, advocacy, housing support, information and referral and independent living training. Assistance with TAP loans (Technology Assistance Program – TTY’s, amplification devices, flashers, etc.)

**In-Home Support Services, Inc.**  
121 West Locust Street, Suite 109  
Culpeper, VA 22701  
Provides Certified Nursing Assistants, Home Health Aides and Companion Services to people in their homes who are recovering form injury or illness, living with a long term illness or disability and new mother care. We also provide personal care to people with short term and long term recovery surgery. We serve all ages
and or services are available 24 hours a day, 7 days a week all year long. We accept private pay, long term care policy and Medicaid clients.

**Prince William County Disabilities Services Board**

[The Committee for Persons with Disabilities]

703-792-7649

7987 Ashton Ave. Suite 200

Manassas, VA 20109

Website:  [www.pwcgov.org/dsb](http://www.pwcgov.org/dsb)

An advisory group to the Prince William Board of County Supervisors. Its primary purpose is to recommend ways and means by which the county may be more responsive to the needs of our disabled population and promote publicity to bring about public awareness. Committee publishes a Directory of Services to assist people with disabilities who reside in or are visiting the Prince William area.

**Multiple Sclerosis National Capital Chapter**

2021 K Street, NW, Suite 715

Washington, DC 20006-1035

Website:  [www.MSandYOU.org](http://www.MSandYOU.org)

National Capital Chapter serves Northern Virginia including Prince William County. Program provided include education, counseling, employment services, recreational therapy, advocacy, equipment resource and respite, and transportation.

**National Dissemination Center for Children with Disabilities**

PO Box 1492

Washington DC 20013

Website:  [www.nichcy@aed.org](http://www.nichcy@aed.org)

Research-based information on effective educational practices. Location to provide educators, administrators and families with research about “what works” with children and students with disabilities. En Espanol or English.

**National Organization on Disability**

910 16th Street Suite 600

Washington, DC 2006

Website:  [www.nod.org](http://www.nod.org)

The mission of the National Organization on Disability (N.O.D.) is to expand the participation and contribution of America’s 54 million men, women and children with disabilities in all aspects of life. By raising disability awareness through programs and information, together we can work toward closing the participation gap.

**Partnership for People with Disabilities**

Virginia Commonwealth University (VCU)

700 East Franklin St., 10th Floor

P.O. Box 843020

Richmond, VA 23284-3020

Website:  [www.vcu.edu/partnership](http://www.vcu.edu/partnership)

The Partnership is a university center for excellence in developmental disabilities at VCU. The Partnership is proud to operate more than 20 federal and state programs, staffed by more than 100 professionals and students supporting individuals with disabilities and their families.

**Pediatric Achievements**

12504 Lake Ridge Drive, Suite C

Woodbridge, VA 22192

[info@pediatriachievements.com](mailto:info@pediatriachievements.com)
Pediatric Achievements, LLC provides pediatric occupational therapy services, including evaluations and treatments. Services are provided in the clinic home, daycare or school. (Pediatric occupational therapy services, consultations, baby massage classes and private handwriting tutoring for children from birth through age 21).

Project W.O.R.D.  
703-525-9673  
3100 Clarendon Blvd  
Fax 703-469-2290  
Arlington, VA 22201  
TTY 703-469-2222  
Website: [www.projword.org](http://www.projword.org)  
Working and Organizing Resources for People with Disabilities. Since its inception, Project WORD has worked to make the community more accessible for people with disabilities. We frequently fill the role of "ambassador," or liaison, to facilitate better communication and rapport between a person with a disability and other community groups (faith communities, other service agencies, businesses, etc.) Programs include Case Management, Information and Referral, Community Outreach and Family Mentoring.

Virginia Office for Protection and Advocacy  
V/TTY 1-800-552-3962  
1910 Byrd Avenue, Suite 5  
Richmond, VA 23230  
Website: [www.vopa.state.va.us](http://www.vopa.state.va.us)  
e-mail: generalvopa@dsa.state.va.us

The Virginia Office for Protection and Advocacy (VOPA) helps with disability-related problems like abuse, neglect, and discrimination. We also help people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems, targeted in our program goals, may also receive advocacy services and/or legal representation.

12. EDUCATION

AAAS Project on Science Technology and Disability  
202-326-6649  
1200 New York Avenue, NW  
Washington DC 20005-3920  
Entry Point! Internship Program for College Students with Disabilities  
A program of the American Association for the Advancement of Science (AAAS) offering summer internships and semester co-ops in major companies throughout the United States, including NASA, IBM, NIH, Texas Instruments, J.P. Morgan Chase. New for 2004 are internships at the National Institutes of Health (NIH). Open to students with disabilities majoring in life sciences, computer science, engineering, mathematics, and some social science and business fields. Qualifying students must: 1) be full-time undergraduate or graduate students, 2) be a Science, Math, Engineering, or Computer Science major (some opportunities available for business majors) 3) Have a B-average GPA and 4) be a U.S. citizen. For more information, contact: Laureen Summers at (202) 326-6649, or Lsummers@aaas.org or visit [http://www.entrypoint.org](http://www.entrypoint.org)

B.E.A.C.O.N.  
703-368-7491  
English 703-368-7491  
9535 Linton Hall Road  
Espanol 703-331-5513  
Bristow, VA 20136  
e-mail: Beacon2000@hotmail.com

Benedictine Educational Assistance Community Outreach to Neighbors, B.E.A.C.O.N. is a free program for adults organized to assist in GED (high school equivalency), ESL (English as a Second Language) and literacy education.
Assist in the development of priorities and strategies for meeting the identified needs of children with disabilities. Assist the school division in interpreting plans to the community, review policies and procedures for the provision of special education and related services. **Meets Third Tuesday of most months at 7:30-9:30** in Room 32 of the special education department building 100. Call 703-791-7287 to verify meeting dates. Members appointed by PWC School Bard Members and PWC Superintendent of Schools.

Center implements and coordinates reasonable accommodations and disability-related services that afford equal access to university programs and activities.

Head Start is a Federally funded program for preschool children from low-income families. The program is operated by Prince William County Public Schools. Head Start helps all children succeed. Services are offered to meet special needs of children with disabilities. Children in Head Start are between the ages of three and five years old. We welcome parent involvement. Head Start is located in ten elementary schools. For more information please refer to web site or call above number.

Matthew’s Center, a non-profit special education school, is committed to providing children with autism, mental retardation, severe speech and language impairment and traumatic brain injury with the foundation required to function successfully in his/her community environment.

Research-based information on effective educational practices. Location to provide educators, administrators and families with research about “what works” with children and students with disabilities. En Espanol or English.
Parenting a child with a disability means you may need to be an expert at managing education, medical and social services for your child. Being your child. PEATC can help by answering questions, supporting family interests, and building family/professional partnerships.

### Parent Resource Center (PWC Schools)

Parent Coordinator
V 703-791-8846 / TDDY 703-791-8847
Administrative Coordinator
703-791-7438
PO Box 389
Manassas, Virginia 20108

**www.pwcs.edu** (Special Education Link)

Located Modular 2 at 14800 Joplin Road, Independent Hill School Administrative Complex. Provide support, training, resources and information to parents and teachers of children with special needs. And, promote positive relationship between parents and educators of exceptional children. Include listening problem solving on school and non-school issues, newsletter, events calendar to include summer camp list.

### Crossroads Counseling Center

Nina Manganaris, LCWS, Clinical Director/Therapist
Fax 703 361-3395
Elizabeth E. Hatchuel, MA Program Coordinator/Therapist
7547 Presidential Lane
Manassas, VA 20109
Email: nmanganaris@csv-inc.com; ehatchuel@csv-inc.com
Website: [www.childrensservicesofva.com/ccc/](http://www.childrensservicesofva.com/ccc/)

### Pre-School Child Find

Independent Hill Building 100
PO Box 389
Manassas, Virginia 20108

Free developmental screening for children 2-4 year of age. Under 2 years old contact Parent Infant Education Program at 703-792-7879. Screening will check on speech, language, fin and gross motor skills, concepts and social skills. Hearing and vision screenings will also be done. All screenings are conducted free of charge at school locations through out the county. Test is 1 hour and designed to be an enjoyable, educational experience for your child.

### Youth Service America Opportunities

Visit YSA’s website for information on awards and grants for youth - youth with developmental disabilities, and organizations to participate in National Youth Service Day. [www.ysa.org](http://www.ysa.org) or <http://www.ysa.org/>

### 13. EMPLOYMENT

**Department of Rehabilitative Services**

V/TTY 800-552-5019
8004 Franklin Farms Drive P.O. Box K-300
Richmond, VA 23288-0300
Website: [www.vadrs.org](http://www.vadrs.org)

In partnership with people with disabilities and their families, the Virginia Department of Rehabilitative Services collaborates with the public and private sectors to provide and advocate for the highest quality services that empower individuals with disabilities to maximize their employment, independence and full
inclusion into society. Programs include Employment and Vocational service, Community Living, Assistive Technology/Devices and Equipment and Disability Determination.

**Local Office:**
Department of Rehabilitative Services – Manassas Office  V/TTY  703-335-5550
9309 Center Street Suite 304
Manassas, VA 22110

Didlake, Inc.  703-361-4195
8621 Breeden Ave
Manassas, VA 20110
Website: [www.didlake.com](http://www.didlake.com)
We offer training, therapies, and rehabilitative services that support the efforts of those with disabilities to acquire the skills they need to live and work as independently as possible. Plus, we create opportunities for employment through small businesses and contracted services that deliver high quality products for a competitive price.

**Equal Employment Opportunity Commission**  800-669-4000
Website: [www.eeoc.gov](http://www.eeoc.gov)  TTY  800-669-6820


**Prince William County Human Rights Commission**  Se Habla Espanol  703-792-4680
15941 Donald Curtis Drive, Suite 125  Fax  703-792-6944
Woodbridge, VA 22191  TDD  703-792-4677
Website: [www.pwcgov.org](http://www.pwcgov.org)

Contact the office if you feel you have been discriminated against in the areas of employment, housing, credit, public accommodations, education, on the basis of race, color, sex, national origin, religion or disability.

**Job Accommodations Network (JAN) see ADA- In our Section 1**  800-526-7234

**The Laurie Mitchell Employment Center [LMEC]**  703-531-6380
8794-S Sacramento Drive
Alexandria, VA 22309  [inside PRS Mount Vernon in the Sacramento Ctr]
Consumer-run drop-in center which provides: free computer training in Microsoft office programs, Employment Workshops, Mock Interviews, Resume/Cover Letter Development & Job Leads. Computer Classes are designed for Beginner through Intermediate Levels. All who come receive services. No income restrictions, no time limits, no referrals or documentation are needed. No fees. No appointments necessary.

**Prince William County Job-line (ext. 332)**  703-792-4636
Human Resources Positions available in Prince William County Government  703-792-6640
4380 Ridgewood Center Drive
Woodbridge, Virginia 22191
Website: [www.pwcgov.org](http://www.pwcgov.org)

**Employment Solutions for Deaf & Hard of Hearing, LLC**  1-866-240-4573
Beth Klein, Owner  Fax  540-242-9177
VA Employment Commission – My SkillSource Center 804-786-3001
Woodbridge Office Prince William One-Stop Center 703-897-0407
13370 Minnieville Road, Woodbridge, VA 22191

Lenden Resources 703-521-4441
750 South 23rd Street Fax 703-521-3443
Arlington, VA 22202
Website: www.socent.org
Provides employment services for adults with documented disabilities including facility-based program, community-based enclave sites and individual employment.

ST. John’s Community Services (SJCS) Employment services 703-914-2755
7023 Little River Turnpike, Suite LL100 703-914-5437
Annandale, VA 22003
www.sjcs.org
Residential; supported employment; day placement; in home support.

SERVE Inc. 571-748-2600
10056 Dean Drive Fax 703-368-8004
Manassas, VA 20010
Future Training Program (Tyson’s Corner) 703-748-2860
Website: http://www.serveinc.org/services.htm
Internet access, resume writing assistance, career counseling, weekly employment listing job search seminar, interview techniques, telephone and faxing available. Career Development Center provided 2,118 employment services. Plus Family care shelter, food closet, save & thrift shops, transitional housing, child services program, emergency assistance. United Way/Combined Federal Campaign. Emergency Services M, T, TH, F 9:30-11:45 & 1:00-3:15, W 5:00-7:45.

Information on Schedule A for Federal Jobs
For information regarding Schedule A federal jobs. Schedule A has helped many individuals with disabilities who want to work for the federal government. http://www.federaljobs.net/disabled.htm

14. HOUSING/HOMELESS SHELTERS:

Catholics for Housing 703-330-1541
18139 Triangle Shopping Place, Ste 209 Fax 703-330-1542
Dumfries, VA 22026-2582
Cath4hsg@verizon.net Affordable housing/Security Deposits

Habitat for Humanity of Prince William County 703-369-6708
10043 Nokesville Road Fax 703-393-2878
Manassas, Virginia 20110
Website: www.pwcweb.com/habitat
Non-profit, ecumenical Christian housing ministry seeking to eliminate poverty housing and to make decent shelter a matter of conscience and action. We invite people from all walks of life and faiths to work together in partnership to build houses with families in need.

Office of Housing & Community Development (PWC) 703-792-7530
15941 Donald Curtis Drive Suite 112
Woodbridge, VA 22191
Administer Section 8 Rental Assistance Program designed to supplement the rent payments of low-income elderly and families who qualify. Other programs include Community Development, Homeownership, Home Aid Program and Indoor Plumbing/Rehabilitation Program.

**Project Mend-A-House**
7987 Ashton Avenue Suite 231
Manassas, VA 20109
Community based housing repair program for persons age 60 or older or those who have a disability who have essential housing repair needs and no resources available. Repair jobs such as patching roofs, repairing floors, walls and ceilings, plumbing and heating systems repair and some painting. Home modifications include building ramps, safety grab bars in bathroom retrofits. Volunteer opportunities for individuals and groups. Great opportunity for civic groups such as Rotary, Knights of Columbus, church groups and older youth groups.

**Safe Home Solutions**
2065 Mayflower Drive
Woodbridge, VA 222192-2336
Specializing in the installation of bathroom grab bars, stair railings and hand held shower heads. Evaluating homes for safety. Point of Contact: Spiro Karavatas
Email: Sgk17@juno.com

**SHARE/Homeless Intervention Program [HIP]**
Offers short term rental and mortgage assistance to households experiencing an unforeseen financial crisis. State funded program interest free loans are provided for temporary rental, mortgage and security deposit payments for those who meet program criteria and have income at 80% of area median income or lower. Counseling is an important aspect of the program. Participants are required to create and complete self sufficiency goals in order to facilitate long term financial independence. Applicants must be homeless or imminent threat of homelessness. Must have an unavoidable crisis e.g. illness, lay off, Crisis must be temporary and not chronic. Call for more details. [www.pwegov.org/dss](http://www.pwegov.org/dss)

**Virginia Cooperative Extension Service**
8033 Ashton Ave Suite 105
Manassas, VA 20109
Website: [www.pwegov.org/vce](http://www.pwegov.org/vce)
Offers programs that strengthen families and help protect the environment. Our programs include Environmental and Natural Resources, 4-H Youth Education, Financial Education including Home Buying Seminars, Nutrition and Parent Education.

**Virginia Fair Housing Office**
3600 West Broad Street, Fifth Floor
Richmond, VA 23230
Website: [www.fairhousing.vipnet.org](http://www.fairhousing.vipnet.org)
This office investigates allegations of housing discrimination, how to request reasonable accommodations and modifications.

**Virginia Housing Development Authority** in collaboration with the Virginia Board for People with Disabilities have created Access Virginia, a comprehensive collection of information to help people find accessible apartments, learn more about accessibility requirements and Universal Design. Visit the website at [www.accessva.org](http://www.accessva.org) Virginia Housing Development also can provide information on grant funds to help pay for modifying rental units and make them accessible. Contact the Virginia Housing Authority at 1-800-968-7837 or [www.vhda.com](http://www.vhda.com)
HOMELESS SHELTERS:

A roster of shelters in the Northern Virginia area outside of Prince William County is maintained at
The Volunteers of America (Hilda Barg) Homeless Prevention Center Woodbridge, VA on Route 1
Phone: 703-680-5403. This center is also a shelter for families in Prince William County.

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACTS Shelter, Dumfries</td>
<td>703-221-3188</td>
</tr>
<tr>
<td>234 S. Main Street</td>
<td></td>
</tr>
<tr>
<td>Dumfries, VA 22026</td>
<td>Acts Emergency Assistance 703-221-3186</td>
</tr>
<tr>
<td>Hilda Barg Homeless Prevention Center</td>
<td>703-680-5403</td>
</tr>
<tr>
<td>14945 Jefferson Davis Hwy (Route 1)</td>
<td></td>
</tr>
<tr>
<td>Woodbridge, VA 22191</td>
<td></td>
</tr>
<tr>
<td>SERVE, Manassas</td>
<td>703-368-3612</td>
</tr>
<tr>
<td>10054 Dean Drive</td>
<td></td>
</tr>
<tr>
<td>Manassas, VA 20110</td>
<td></td>
</tr>
<tr>
<td>Winter Shelter (Woodbridge) – Drop In Shelter</td>
<td>703-897-0199</td>
</tr>
<tr>
<td>14730 Sentara Mills Road</td>
<td></td>
</tr>
<tr>
<td>Woodbridge, Virginia 22191</td>
<td></td>
</tr>
<tr>
<td>30 bed overnight shelter for single adult men and women, in operation from November 1st through March 31st from 7:00 PM to 7:00 AM, to protect homeless residents from hypothermia during the winter season.</td>
<td></td>
</tr>
</tbody>
</table>

TRANSITIONAL HOUSING

<table>
<thead>
<tr>
<th>Shelter</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACTS</td>
<td>703-441-8606</td>
</tr>
<tr>
<td>BEST Northern Virginia Family Services</td>
<td>703-680-9358</td>
</tr>
<tr>
<td>Dawson Beach</td>
<td>703-492-0499</td>
</tr>
<tr>
<td>B.A.R.N. Manassas</td>
<td>703-369-1325</td>
</tr>
<tr>
<td>SERVE Shelter</td>
<td>703-368-3612</td>
</tr>
<tr>
<td>Turning Points Shelter (Domestic Violence)</td>
<td>703-221-4460</td>
</tr>
</tbody>
</table>

15. LEGAL

The Law Center for Children [TLC] 703-534-4343
6400 Arlington Boulevard, Suite 630
Falls Church, VA 22042
The Law Center for Children is a part of Legal Services of Northern Virginia. To be eligible for services, the child must be a resident of Northern Virginia, whose family’s household income and assets is within TLC’s financial guidelines, and have legal problems which TLC handles such as Education, Public Benefits such as SSI, Medicaid, Adoptions, family issues, etc. TLC does not accept criminal, traffic or fee-generating cases.

The Law Offices of Constance Smith Bourne 571 248-2632
Elder Law and Guardianship
7915 Lake Manassas Drive, Suite 303
Gainesville, VA 20156
Email: bournelaw@verizon.net
Are you looking for ways to save tens of thousands of dollars – or more – with proper legal planning? Do you have a parent or loved one who needs help navigating the public benefit system? If so, I can help. My
job is to make sure you, your loved ones, and those you care about have the legal protections of the law. The Law Offices of Constance Smith Bourne will help you using a variety of legal tools, some of which includes the following: Elder Law and Estate Planning, Document Review and Guardianship.

Legal Services of Northern Virginia [LSNV]  
9240 Center Street  
Manassas, VA 20110  
Website: www.lsnv.org  
Provides free legal assistance to low income residents of Northern Virginia; can provide advice and/or legal representation in these areas: Family Law such as custody, visitation rights, child support, termination of parental right, domestic violence, foster care, adoptions, divorce. Child Advocacy: educational needs, adoptions, name changes, guardianships. Public Benefits: FAMIS, Medicaid, Food Stamps, Supplemental Security Income, Social Security & other public benefits which have been terminated, reduced or denied. Elder Law Services, Housing/Consumer Law and Employment and Civil Rights. LSNV does not accept criminal, traffic or fee-generated cases.

Legal Information Network For Cancer  
P.O. Box 337  
Richmond, VA 22218  
Fax 804-644-5469  
LINC is a non-profit organization that provides supportive legal and financial counseling services to low income cancer patients in Virginia. For over ten years LINC has provided volunteer attorneys and other professionals to help cancer patient’s deal with needs such as Qualifying for Medicare, Medicaid, Social Security Disability, etc. LINC tries to be within reach of every cancer patient who is struggling to find ways to meet life’s basic needs.

Sentara Legal Aid Society, Inc  
6400 Arlington Blvd, Suite 600  
Falls Church, VA 22042  
Web site: www.Sentaralegalaid.info

16. MEDICAL HEALTH

Care Connection for Children  
1-866-222-0372  
3299 Woodburn Road, Suite 220  
Annandale, VA 22003  
Care Connection for Children is a statewide network of centers of excellence for children with special health care needs that provides health care services, community support and resources. Case coordinators connect families with local health care providers who have expertise with children with special health care needs, specialized health insurance programs, resources from the community, school programs and services as other families experiencing similar situations. Care Connection is for children who live in Virginia, are under age 21 and have special health care needs that are not usually needed by children of the same age.

Dental Services (Prince William Area Free Clinic)  
Manassas Clinic 703 792-6378  
Woodbridge Clinic 703 792-7321  
The Prince William Area Free Clinic provides emergency dental care to qualified adults in the Woodbridge office on Tuesday night and Manassas office on Thursday night. Dental patients must schedule an appointment by calling the Woodbridge office at (703) 792-7321 on Monday morning at 10:00AM and Manassas Clinic at (703) 792-6378 on Wednesday afternoon at 4:00PM. The first seven patients to call in will be scheduled for that week.
Sponsored by Virginia Dental Association, provides free dental treatment for older adults and people with disabilities who can not afford the cost of need dental work. Write or call for application.

**Greater Prince William Community Health Center & The Primary Health Care Van**

Services are provided to everyone, with special emphasis on the uninsured or underinsured residents. Patients will be charged a sliding scale fee based upon income. Plans currently in progress to accept Medicaid, FAMIS, and private insurance in the near future. Please call the GOWCHC at either location with any questions. In order to serve you better, we ask that you bring the following information to your first visit. 1) identification – e.g., driver license, 2) proof of residence in Prince William County, the City of Manassas or Manassas Park, 3) proof of income: tax returns, pay stubs, SSI, TANF, child support and 4) a list of all current medications and if available, medical records.

**Woodbridge Location**

Main Office-GPWCHC 703 680-7950
4379 Ridgewood Center Drive
Woodbridge, VA 22192

Monday, Thursday, Friday 8:00AM – 4:30PM
Tuesday 8:00AM – 12 NOON
Wednesday 11:00AM – 7:30PM

**Manassas Location**

Georgetown South Community Center 571-722-4590
9444 Taney Road
Manassas, VA 20110

Monday-Friday 9:00AM – 4:30PM

**Health Link** 703-392-4901

Northern Virginia Family Service provides acute medical/dental care to low to moderate income residents. Healthlink is not an emergency service. Please call Monday through Friday, 9:30 a.m. to 4:00 p.m. Doctor and Dentist Referral

**Hospitals**

Sentara Hospital 1-800-736-8272
2300 Opitz Boulevard
Woodbridge, VA 22191
[www.Sentarahospital.com](http://www.Sentarahospital.com)

Prince William Hospital 703-369-8000
8700 Sudley Road
Manassas, VA 20110
[www.pwhs.org](http://www.pwhs.org)

**In-Home Medical Supply** 703-768-4440
6911 Richmond Highway, Suite 2
Alexandria, Virginia 22306
Fax 703-768-0923
Medicaid Contact Social Services 703-792-7500
Determines eligibility for Medicaid Program that pays for medical and hospital costs, prescription drugs, and related health services for low income, elderly, children and families.

Medicaid Waivers – Virginia Department of Medical Assistance Services (DMAS)  
Medicaid pays for community services, including personal care, for people who would otherwise need institutional care. Through Medicaid Waivers, these services can provide personal care (help with bathing, dressing, fixing meals, etc.) or other help in the home. For individuals with mental retardation or other developmental disabilities, help may also be provided with training needs. Waivers may have waiting lists. In order to be eligible for a Medicaid Waiver, individuals must be screened and must be eligible for Medicaid. Waivers usually have higher income limits than those for the general Medicaid population. For more information contact:

- Social Services 703-792-7500
- The Virginia Department of Medical Assistance Services (DMAS) 804-786-1465 or www.dmas.virginia.gov
- Community Services Board to inquire about services for individuals with mental retardation and developmental disabilities 703-792-7800

Medicare Contact Social Security Administration 800-772-1213
Determines eligibility for Medicare Program and answers questions about benefits; pays supplemental security income for aged, blind, and disabled.

Newborn Hearing Screening Program 866-493-1090
The Virginia Department of Health’s Hearing VA Relay 7-1-1 or TTY 800-828-1120
Impairment Identification & Monitoring System fax 804-864-7721
1500 E. Main Street Room 137
Richmond, VA 23219
Website: www.vahealth.org/hearing
Email: pdewey@vdh.virginia.gov
Provides services to assure that all infants receive a hearing screening after birth, that infants needing further testing are referred to appropriate facilities, that families have the information they need to make decisions for their children, and that infants and young children diagnosed with a hearing loss receive appropriate and timely intervention services. Collaborating with physicians and other primary care providers, educating parents and professionals

Prince William Area Free Clinic, Inc.
Clinics open one night a week at each end of the county. Provide free adult emergency dental care and acute or chronic medical care to all ages. First come- first serve. Recommend arriving no later than 4:30 p.m. Door opens at 5:00 p.m.

Manassas Free Clinic Thursday Evenings
9301 Lee Avenue 703-792-6378
Manassas, Virginia 20110-5577

Woodbridge Free Clinic Tuesday Evenings
13772 Smoketown Road 703-792-7321
Woodbridge, Virginia 22192

Pharmacy Central Program through Northern Virginia Family Services 571-748-2600
Assistance with maintenance prescriptions. Appointments are necessary. No acute or emergency services.
Prescription Medicines – Pharmaceutical companies give away millions of $$ in Prescription Medications each year, to see if you qualify ask your pharmacist for the pharmaceutical company who makes your medicine also if they have a telephone # for that company. Call the company and ask if they have a Patience Assistance Program for your medicine. You may also contact the Medicine Program at 513-996-7300 or view their website at www.themedicineprogram.com Restrictions do apply.

Prince William County Health Department
Manassas Health Clinic 703-792-6300
9301 Lee Avenue
Manassas, VA 20110
Smoketown Health Clinic 703-792-7300
13792 Smoketown Road
Woodbridge, VA 22192
Sudley North Health Clinic 703-792-4700
7751 Ashton Avenue
Manassas, VA 20109

Prince William Home Medical Supply 703-361-4211
8724 Sudley Road
Manassas, VA 20110
Home medical equipment and supplies for sale and rent.

17. MENTAL HEALTH

Community Services Boards Prince William County: (Mental Disabilities & Substance Abuse)
We are committed to improving the quality of life for people with or at risk of developing mental disabilities and substance abuse problems and to preventing the occurrences of these conditions. 24-hour emergency services.

West Center Sudley North 703-792-7800
7969 Ashton Avenue
Manassas, VA

East Center Ferlazzo Building 703-792-4900
15948 Donald Curtis Drive, Suite 200
Woodbridge, VA 22191

Prince William Drop-In Center 703-763-3865
13184 Centerpointe Way
Woodbridge, VA 22192
Email: PWDropInCenter@yahoo.com
For adult mental health consumers 18 years or older. Open 6 days a week 10:00 am to 1:00 pm – Monday through Saturday. There’s no charge for mental health consumers. It’s all free. Run by mental health consumers for mental health consumers. Self-help groups. Computers, quite room, kitchen with snacks, meet others.

Prince William Center for Psychiatric & Addiction Treatment 703-369-8404
8680 Hospital Way
Manassas, VA 20110
Fax 703-369-8808
www.pwhs.org
Services provided: Substances abuse evaluations, intensive outpatient programs, inpatient detoxification referral, relapse prevention group, alcohol and drug incident classes and family support groups.
18. RECREATION & CAMP INFORMATION

American Red Cross – PWC adapted aquatics 703-368-4511

DanceAbilities 703-218-0751
Website: www.danceabilities.com
DanceAbilities Ltd. Provides therapeutic movement and expressive dance classes for special needs children from ages 3 through 18 in Northern Virginia. Children with mild to moderate disabilities such as Autism, Down Syndrome and Cerebral Palsy participate in our program.

Disabled Sports U.S.A. 301-2170960
451 Hungerford Drive Suite 100 Fax 301-217-0968
Rockville, Maryland 20850
Website: www.disabledsportsusa.org
Providing the opportunity for individuals with disabilities to gain confidence and dignity through participation in sports, recreation and related educational programs.

Eddie’s Club, Inc (Recreation program for children and teens with Disabilities) 703-304-2330
12222 Arabian Place
Woodbridge, VA 22192-6291
Website: www.eddiesclub.org

Manassas City Parks and Recreation 703-792-7060
Website: www.manassascity.org

Opening Door (VA Disabilities Travel Guide) (See travel section) 800-742-3935

Prince William Park Authority 703-792-7060
14420 Bristow Road TTY 703-791-4068
Manassas, VA 20112-3932
Website: www.pwcparks.org

Rainbow Center, 4-H Therapeutic Equestrian Program Inc. 703-754-6159
8033 Ashton Avenue Suite 105
Manassas, VA 20109

Special Guys Bowling League (Paul Weisenberger) 703-325-8803
A bowling league for individuals with special needs. No age limit. The League is a YABA Sanction league that bowls about 30 weeks a year from the 1st Saturday in September to about Mid May at the Dale City AMF Bowling Center in Dale City, VA. Sanction fee of $15 and weekly bowling fee of $8 is required.

The Arc Of Greater Prince William 703-670-4800
13505 Hillendale Drive
Woodbridge, VA 22193
Website: www.arcgpw.org

Virginia Special Olympics 800-932-4653
Northern Virginia Office 703-426-5601
8992 Fern Park Drive
Burke, Virginia 22015
Website: www.specialolympicsva.org
Special Olympics Virginia provides year round sports training and competition in 19 sports for children and adults with disabilities at no cost to the athlete or their family.

Special Olympics Program Greater Prince William 703-680-6661
4326 Dale Blvd
Dale City, VA 22193

YMCA Prince William County Program Center 703-393-6677
10296 Portsmouth Road
Manassas, VA 20109
Website: www.ymcawashdc.org
Financial Assistance available. Special needs children accommodations

CAMP INFORMATION [For a complete listing of camps visit our web site www.pwcgov.org/dsb or call 703-792-7649]

Easter Seals Virginia (State Headquarters) 540-777-7325
201 East Main Street Fax 540-777-2194
Salem, Virginia 24153
Website: www.va.easter.seals.org  Creating solutions that positively changes lives…every disability, every stage of life. Call for more detailed information (800) 365-1656

Virginia Respite Resource Project 804-828-0042
VIDD/VCU P.O. Box 843020 Fax 804-828-0042
Richmond, VA 23284-3020
Website: www.vcu.edu/partnership
List of summer camps in Virginia. Provides technical assistance and training resources to assist in developing respite and family support services. Several brochures available.

19. SERVICE DOGS

Blue Ridge Assistance Dogs, Inc. 703-369-5878
11215 Dumfries Road
Manassas, Virginia 20112
Provides service dogs, social/therapy dogs, hearing dogs, guide dogs specially selected and professionally trained to individuals with disabilities. Website: www.blueridgeassistedogs.org

Canine Companions 800-572-2275
Northeast Regional Center
PO Box 205
Farmingdale, New York 11735
Website: www.caninecompanions.org
Nonprofit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and on going support to ensure quality partnerships

The Guide Dog Foundation 631-265-2121
371 East Jericho Turnpike Toll-free 1-800-548-4337
Smithtown, NY 11787 fax 631-361-5192
Website: www.guidedog.org Since 1946, the Guide Dog Foundation for the Blind, Inc. has provided guide
dogs free of charge to blind people who seek enhanced mobility and independence. Our students come to us from all over the United States and many foreign countries

20. SOCIAL SECURITY OFFICE

Social Security Administration – Manassas
9500 Center Street
Manassas, VA 20110-5520
Determine eligibility for Medicare and answers questions about benefits; pays supplemental security for aged, blind and disabled. Website: www.socialsecurity.gov

Disability Determination

21. SUPPORT GROUPS/COMMUNITY MEETINGS

AADHH (Accessibility and Advocacy for the Deaf and Hard of Hearing) 703-257-5400
Monthly meetings in PWC with special speakers and events. Meets at the McCoart Building.

Arc
Parents and siblings support group meets on the 3rd Monday of each month.

Alcoholics Anonymous
Meets daily and is open to anyone with the desire to stop drinking. Call for more information regarding meetings or getting help. Spanish - 703-360-5447

American Society of Autism, NoVA Chapter (ASANV)
Meets at McLean Bible Church www.asanv.org

A.W.A.K.E Support Group Prince William Hospital www.pwhs.org
For individuals affected by sleep apnea.

NOVA Chapter, American Council of the Blind (ACB)
Meets in Arlington, call for time and location.

The Sentara Chapter, National Federation of the Blind
Meets in Arlington – Contact Larry Povinelli

Cancer Support Groups at Sentara Hospital www.Sentarahospital.com 1-800-736-8272

Cancer Support Groups Sentara Hospital www.pwhs.org 1-800 736-8272

Caregivers Support Group
For families and friends of people with Alzheimer’s disease and dementia. Sentara Hospital www.Sentarahospital.com

Caregivers Support Group – Manassas – meets at 7:30 PM on the 3rd Tuesday of each month at Caton Merchant House, 9201 Portner Ave in Manassas. 703-369-8004

C-PAP Support Group - Sentara Hospital www.Sentarahospital.com 1-800-736-8272
For all sleep center patients, spouses and family members. For information call 202-444-1301
Chron’s & Colitis Support Group  Sentara Hospital  [www.Sentarahospital.com](http://www.Sentarahospital.com)  1-800-736-8272

Chron’s & Colitis Support Group  Prince William Hospital  [www.pwhs.org](http://www.pwhs.org)  703-369-8004

Northern Virginia Association of the Deaf (NVAD)  703-352-9056TTY  703-352-9055 (Voice)
Meets at the Northern Virginia Resource Center in Fairfax.

Diabetes Support Group  Sentara Hospital  [www.Sentarahospital.com](http://www.Sentarahospital.com)  1-800-736-8272

Depression Awareness Group  703-368-4141
1st & 3rd Tuesday of each month.  Ground floor Sentara Hospital
Hylton Education Center, Room D.  ACTS

City of Manassas and Manassas Park Disability Services Board  703-335-5550 Ext. 119
Meets on the 1st Thursday of each month at 7:00 PM at Manassas Department of Social Services,
8955 Center Street, Manassas, VA.

Prince William County Disability Services Board  703-792-7649
(Committee For Persons With Disabilities)  Meets the 1st Tuesday of each month at 7:00 PM at the McCoart building, 1 County Complex Court off Prince William Parkway.  [www.pwcgov.org/dsb](http://www.pwcgov.org/dsb) for reports, activities, resources.

Gastric Bypass Support Group  Sentara Hospital  [www.Sentarahospital.com](http://www.Sentarahospital.com)  1-800-736-8272
For people considering gastric bypass surgery and for long term post-op patients their friends and family.

Heart to Heart Support Group  -  Sentara Hospital  [www.Sentarahospital.com](http://www.Sentarahospital.com)  1-800-736-8272
Group for people with cardiac disease.


Dale City Multiple Sclerosis Outreach Group  703-491-8108
Support group for Eastern Prince William County MS persons, their spouses and friends.

Fibromyalgia Support Group  703 -680-5231
Email:  woodbridgefibromyalgia-owner@yahoogroups.com
Website:  [www.groups.yahoo.com/group/woodbridgefibromyalgia](http://www.groups.yahoo.com/group/woodbridgefibromyalgia)

Multiple Sclerosis National Capital Chapter  202-296-5363
2021 K Street , NW, Suite 715  1-800-944-4867
Washington, DC 20006-1035
Website:  [www.MSandYOU.org](http://www.MSandYOU.org)
National Capital Chapter serves Northern Virginia including Prince William County.  Program provided include education, counseling, employment services, recreational therapy, advocacy, equipment resource and respite, and transportation.

National Federation of the Blind.  703-897-8968
Prince William Chapter, call for meeting information.
New Friends  
Sentara Hospital  
www.Sentarahospital.com  
1-800-736-8272  
For widows and widowers age 55 and younger.

Overeaters Anonymous of Northern Virginia  
703-823-6682  
Support group for Compulsive Eaters. Call for meetings and locations.

PWC Parents with K.I.D.S.  
(Knowledge & Information on Down Syndrome)  
Contact the Parent Resource Center at 703-791-8846 for more information and meeting schedule.

Pulmonary Support Group  
Sentara Hospital  
www.Sentarahospital.com  
1-800-736-8272  
Group for people with chronic respiratory disease.

Support groups for parents & children with disabilities — contact the Parent Resource Center for information: 703-791-8846

Recovery, Inc.  
703-441-0840  
14806 Blackburn Road  
Woodbridge, VA  
Email: 32@recovery-inc.org  
A self-help mental program based on the ground breaking work of our founder a neuropsychiatrist, the Late Abraham A. Low, M.D. We are non-profit, non-sectarian and completely managed. Recovery Inc., has been active since 1937.

Manassas Area Low Vision Support Group  
703 754-7082  
Park West Lions Club  
8620 Sunnygate Drive  
Manassas, VA 20109  
3rd Monday 10:00am – 12:00pm  
Nancy Cota  
nancy.cota@comast.net

22. TAX RELIEF

Earned Income Tax Credit — The Earned Income Tax Credit (EITC) is a special tax benefit for working people who earn low or moderate incomes to help reduce their tax burden and to supplement their wages. Prince William Area Family Economic Success Partnership offers free tax filing to eligible families and individuals from January until April. For more information call Social Services at 703-792-7500 or look for the posters on Prince William County government buildings.

Tax Relief for the Elderly (65+) and Disabled  
Manassas City  
703-257-8222  
Manassas Park  
703-335-8811  
Prince William County  
703-792-6780  
Senior citizens (65 years of age or older) and disabled persons who meet certain criteria may be granted relief from all or part of real estate taxes, the vehicle license decal fee, and up to $250 of personal property tax. Qualifying limits may change from year to year. Tax relief is granted on an annual basis and a new application must be filed each year.
23. TRANSPORTATION

Area Agency on Aging 703 792-6400
Door-to-door transport for participants in Senior Day Programs only.

Kingdom Transportation – Accessible Transportation 571 288-6478

PRTC/Omni Link, Omni Ride & Omni Match [www.PRTCtransit.org] 703-730-6664
14700 Sentara Mill Road 703-730-6664
Toll Free 888-730-6664
Woodbridge, Virginia 22192
Public bus transportation

Manassas Cab 703 257-0222/24 hrs
7565 Gary road
Manassas, VA 20109

Yellow Cab 703 369-2100
2622 Morse Lane 703 491-2222
Woodbridge, VA 22192

Ride Away 888-743-3292
East Coast’s largest provider of modified vehicles and adaptive equipment for people with disabilities. Mid-
Atlantic locations in Richmond and Clinton, MD [www.ride-away.com]
Ride-Away Richmond location:
232 East Belt Blvd
Richmond, VA 23224 804-233-8267
Ride-Away Maryland location:
6413 Old Alexandria Ferry Road
Clinton, MD 20735 301-856-2650

Security Care, Inc [email: SCI0877@CS.Com] 703-361-0877
8331 Highland Street Fax 703-257-4086
Manassas, Virginia 20110
Wheel chair and taxi transportation local or long distance. 48 hour notice.

Dept. of Medical Assistance Services 804-786-4231
(Medicaid rides only)
600 East Broad Street
Richmond, Virginia 23219

Medicaid Transportation LogistiCare 866-386-8331
Website: [www.dmas.virginia.gov]

Working Wheels 703-441-8606
Donated car client referral. Must be referred by an agency such as Social Services or Independence
Empowerment Center.

US Department of Transportation
400 7th Street SW
Washington DC 20590
Website: [www.faa.gov/acr/dat.htm]
Aviation Consumer Protection Division 202-366-2220
Air transportation complaints and concerns. TTY 202-366-0511

Airline Safety and Security 1-800-255-1111
Aviation Hotline for Air Travelers with Disabilities 1-800-778-4838 TTY 1-800-455-9880

24. TRAVEL

Aviation Information and Assistance 866-266-1368 TTY 866-754-4368
Free hotline for aviation information and assistance for disability related air service.

Angel Flight 888-426-2643
3161 Donald Douglas Loop South
Santa Monica, CA 90405
Website: www.angleflight.org
Arranges free air transportation in response to health care and other compelling human needs.

Opening Door – Virginia Disabilities Travel Guide 800-742-3935
Travel accessibility for the State of Virginia, includes travel resources, attractions, accommodations, etc.
Website: www.travelguides.org

25. VOLUNTEER OPPORTUNITIES IN OUR COMMUNITY

Voluntary Action Center 703-369-5292
8248 Center Street
Manassas, VA 20110
Website: www.volunteerprincewilliam.org
Re-entry skill/resume building through volunteer positions. Building is not ADA accessible, please call for alternate meeting location. This organization is the clearing house for high percentage of agencies within Prince William County for seeking volunteers as well as providing skill building for person’s entering/re-entering the work force.

26. ADDITIONAL WEB LINKS

Useful Websites on Disability Topics and Issues
www.nichcy@aed.org National Dissemination Center for Children with Disabilities
English or En Espanol. Research-based information on effective educational practices. Location to provide educators, administrators and families with research about “what works” with children and students with disabilities. 800-695-0285

Employment Related
www.diversityworld.com Diversity World
www.worksupport.com Information, resources and research about work and disability issues
www.ibm.com/able IBM's Accessibility Center Web Site with information on News, Guido Corona's Blog, Accessibility, Products, and much more.
http://www.eop.com/cd.html Careers and the Disabled
www.usbln.com The web page for the Business Leadership Network
www.earnworks.com A free service to connect employers with disability staffing agencies
www.jan.wvu.edu The Job Accommodation Network

General Information & Resources
www.aapd-dc.org American Association of People with Disabilities
www.nod.org National Organization on Disability
http://www.disabilityresources.org Disability Resources on the Internet
http://www.naric.com/ National Rehabilitation Information Center (NARIC)
www.Aging-Parents-and-Elder-Care.com Care-giving and Health Related Websites

Government
http://www.disabilityinfo.gov Federal website of disability-related government resources
http://www.grants.gov Federal website providing information on federal government grants
http://www.socialsecurity.gov/work Federal website providing information on returning to work for individuals receiving Social Security based on disability.

International
http://www.wcdfoundation.org World Congress and Exposition on Disability Foundation
www.disabilityworld.org An international electronic magazine of world-wide disability news and views

Policy Related
http://www.disabilitypolicycenter.org Disability Policy Resources prepared by Bobby Silverstein, Director of the Center for the Study and Advancement of Disability Policy

Prescriptions
www.themedicinceprogram.com

Travel Related
http://www.access-able.com Access-Able Travel Source
http://www.travelintalk.net Travelin’ Talk Network
www.wunago.com A free membership web site for wheelchair accessible travel information
http://projectaction.easter-seals.org/site/PageServer?pagename=ESPA_travelers_database Information on accessible travel options in cities across the U.S. Entries include details on city transit, including paratransit operations, bus, train, taxi, airport shuttles and other modes of transportation.
www.gimponthego.com A site full of hints, reports and information provided by travelers with disabilities.

Resolving Issues: Air Line Travel. To resolve issues on the spot as they occur or in advance of travel, call the DOT’s hotline at (800) 778-4838 (voice) or (800) 455-9880 (TTY) from 7:00 a.m. to 11:00 p.m. Eastern time. To have a complaint investigated by DOT, submit complaints by e-mail to airconsumer@ost.dot.gov or by mail to: Aviation Consumer Protection Division, U.S. Department of Transportation, 400 7th Street, S.W., Washington, D.C. 20590. Additional information is available on DOT's website at http://www.dot.gov/airconsumer

Internet Disability Job Boards