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<td>7:30 am – 8:00 am</td>
<td>Breakfast – Morning Keynote (0.5 CE hours)</td>
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<td>PTSD Treatment Options for Women Veterans</td>
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<td>Legal and Ethical Issues Impacting Therapy Practice</td>
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<td>Howard Gold, JD, MSW</td>
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<td>Supervision Challenges: Growth thru Critical Incidents</td>
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<td>Don Durkee, EdS, LPC, CPCS</td>
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<td>The Essentials of Trauma Competency</td>
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<td>Melinda Paige, PhD, LPC, CPCS, NCC</td>
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<td>Intimate Partner Violence in LGBT Relationships</td>
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<td>Deauna V. Webb, PsyD</td>
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<td>Sherri Allen, PsyD</td>
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<td>10:00 am – 5:30 pm</td>
<td>Convention Institutes (6.0 CE hours)</td>
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<td>Ethics: On-the-Ground and Distance Counseling Issues</td>
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<td>Sonja A. Sutherland, PhD, LPC, CPCS, DCC</td>
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<td>11:45 am – 12:30 pm</td>
<td>Lunch on your own to enjoy Stone Mountain!</td>
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<td>12:30 pm – 2:00 pm</td>
<td>Convention Institutes (1.5 CE hours)</td>
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<td>Healing Hearts with Animal-Assisted Therapy</td>
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<td>Pamela C. Wells, Ph.D., LPC, NCC</td>
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<td>Action Speaks Volumes: Case Conceptualization in Supervision</td>
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<td>Bridget Holyfield-Moss, EdD, LPC, NCC, CPCS</td>
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<td>Tamara Brown-Payne, PhD, LPC, NCC, CRC, ACS, CHLC</td>
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<td>Private Practice: Do’s and Don’ts</td>
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<td>Elizabeth Burns, LPC</td>
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<td>(J)</td>
<td>Comprehensive Assessment &amp; Engagement of LGBTQ Clients</td>
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<td>Jason Patton, PhD, LPC, CPCS</td>
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Thursday, May 5, 2016 - Cont.

2:15 pm – 3:30 pm  Convention Institutes (1.5 CE hours)
(K) Diversity and Supervision: What if I Can’t Relate  
Yurandol O. Powers, PhD, LPC, NCC, CPCS  
Ljubica Spiro, PhD, LPC, CPCS

2:15 pm – 5:30 pm  Convention Institutes (3.0 CE hours)
(L) Ethics and Therapeutics: Serving Polyamorous Clients  
Angelique Burke, EdS, LPC  
Elisabeth Sheff-Stefanik, Phd, CASA, CSE

(M) Aha!: 10 Strategies to Get Your Clients Unstuck  
Courtney Armstrong, LPC

(N) Working with the Addicted Family  
Janet Fluker, LPC, CPCS

3:45 pm – 5:30 pm  Convention Institutes (1.5 CE hours)
(O) Preventing Burnout in Supervision of In-Home Clinicians  
Megan V. Boyd, PhD, LPC

Friday, May 6, 2016
7:30 am – 8:00 am  Breakfast – Morning Keynote (0.5 CE hours)

8:15 am – 9:45 am  The Wisdom Keepers (1.0 CE Hours)

10:00 am – 12:00 pm  Convention Institutes (CE hours)
(A) The Neurobiology of the Disease of Addiction  
Susan Blank, MD

10:00 am – 12:00 pm  Convention Institutes (2.0 CE hours)
(B) Cognitive Remediation Treatment  
Ray Kotwicki, MD

12:15 pm – 1:45 pm  Presidential Forum & Luncheon (1.5 CE hours)
(C) The Truth about CACREP: What CACREP Really Does on Behalf of the Counseling Profession by  
Carol Bobby, PhD

2:00 pm – 5:00 pm  Convention Institutes (3.0 CE hours)
(D) Mindfulness-Based Biofeedback for Pain Management  
Urszula Klich, PhD

(E) Neurofeedback: the Gut-Brain Connection  
Richard Soutar, PhD

5:00 pm – 5:30 pm  Convention Institutes (0.5 CE hours)
(F) District Meetings  
LPCA Board of Directors
Saturday, May 7, 2016

7:30 am – 8:00 am  Breakfast – Morning Keynote (0.5 CE hours)
10:00 am – 10:15 pm  Break
3:15 pm – 3:30 pm  Break

8:15 am – 3:30 pm  Convention Institutes (6.0 CE hours)
(A)  Hypnotherapy: Its Many Faces & Applications  Becky Beaton, PhD, LPC, CPCS  Room S1
(B)  Supervision in a Telemental Health Environment  Jeff Hughes, LPC, CPCS  Room S2
(C)  Online Couch (E-Therapy) Ethics  Nancia Leath, LPC, NCC, CPCS  Room S3
(D)  The Use of Play Therapy w/ the Gender Variant/Transgender Child PT  Trudy Post Sprunk, MEd, LPC, LMFT, RPT-S, CPT-S, CPCS  Room S4

This workshop is CO-SPONSORED BY GAPT (#12-316)

8:15 am – 9:45 am  Convention Institutes (1.5 CE hours)
(E)  Treating Complex Trauma: Tools & Interventions that Work  Ryan Day, PhD, LPC, CPCS, CETP  Room S5

10:00 am – 11:30 am  Convention Institutes (1.5 CE hours)
(F)  Un-silencing the Voice Within: Writing as a Therapeutic Tool  Karla Sapp, EdD, NCC, CCMHC, LPC, CPCS  Room S5

11:45 am – 1:45 pm  Lunch on your own to enjoy Stone Mountain!

12:30 pm – 2:00 pm  Convention Institutes (1.5 CE hours)
(G)  Expanding Your Mindfulness Toolbox: Coloring with Adults  Kathy D. Robinson, PhD, LPC, CPCS  Room S2

(H)  Recovery From Addictions: Exploring the Impact of Childhood Sexual Abuse, Attachment Styles and Spirituality  Ann Marie Kerlin, PhD, LPC  Room S3

(I)  Poetry in Psychotherapy  Phil Foster, MDiv, LPC, CPCS  Room S4

(J)  Primer for Disability Forensic Mental Health Evaluations  Allan S. Billehus, EdS, CRC, LPC  Room S5

Saturday, May 7, 2016-Cont.

2:15 pm – 3:30 pm  Convention Institutes (1.5 CE hours)
**Workshop Descriptions and Presenter Bios**

**Thursday, May 5, 2016**

**Convention Institutes**

**(A) PTSD Treatment Options for Women Veterans**
This presentation will create a synthesis of the creative application of techniques, approaches, and strategies with fundamental scientific methods used to work with women veterans. Research suggests that women veterans with PTSD are increasingly like to have experienced multiple traumas along with barriers associated with seeking treatment causes some veterans to seek facilities that may not have any military affiliation providing Clinicians with opportunities to work with women veterans.

_Ramona Evans, MS, NCC_ is a USAF Veteran. She received her M.S. Degree in Clinical Mental Health Counseling and is currently pursuing her Ph.D. at Mercer University.

_Tyler Wilkinson, PhD, LPC, NCC, ACS_ is an Assistant Professor and the Program Coordinator of the Clinical Mental Health Counseling Program at Mercer University. He has practiced for the last 8 years in behavioral health hospitals and private practice.

**(B) Legal and Ethical Issues Impacting Therapy Practice**
This interactive and exciting presentation will review the range of legal issues confronting all therapists in their practice involving confidentiality, privilege, duty to warn/control, legal suicide ideation responsibilities, institutionalization of clients to psychiatric facilities, standard of care of practice, subpoenas, depositions, testifying in court as well as a therapist involvement in divorce and
custody issues. Board complaints and possible lawsuits against a therapist. Your response to any of these issues can have far reaching consequences for your practice.

Howard Gold JD MSW, is a former psychotherapist with more than 35 years of experience practicing in divorce and family law as well as a lifelong dedication to standing up for other people's rights.

(C) Supervision Challenges: Growth thru Critical Incidents
Many aspects of being a therapist cannot be taught or learned in a classroom. Beginning therapists often find themselves unprepared when critical incidents suddenly catch them by surprise. However, with careful supervision, these therapists can learn to navigate these incidents and integrate the lessons available from the experience. Following a developmental model, supervisors can help their supervisees reach new levels of capability and learn to tolerate the unexpected. This workshop will offer a straightforward process for managing the supervisory experience, with specific examples of critical incidents.

Don Durkee, EdS, LPC, CPCS, NCC has over 40 years of counseling, consulting, and executive coaching experience. He has an active therapy practice in Sandy Springs, Georgia, where he treats patients with anxiety and mood disorders, complex PTSD, and dissociative disorders. Don holds M.S. and Ed.S. degrees in Professional Counseling and is also trained in clinical hypnosis. Additionally, he provides clinical supervision for other mental health professionals. Don is a former President of LPCA and was named Counselor of the Year for the state of Georgia for 2014-2015.

(D) The Essentials of Trauma Competency
Since counselors working in a variety of mental health settings will likely be working with survivors of trauma, it is imperative that their training include foundational trauma knowledge and trauma-competent clinical skills. This presentation will review the most current trauma competency literature including the New Haven Trauma Competencies (Cook & Newman, 2014). Trauma-informed attitudes, knowledge and skills essential to trauma competency including critical factors in trauma-specific mental health care such as collaborative goal formation, positive expectancy, and task and bond components will also be addressed. Finally, special considerations for trauma counselors will be discussed.

Melinda Paige, PhD, LPC, CPCS, NCC earned a Ph.D in Counselor Education and Practice and an Ed. S in Professional Counseling from Georgia State University. She is a Founding Director of the Trauma Competency Institute, LLC and is an Assistant Professor at Argosy University Atlanta. Melinda has seventeen years of clinical experience working with trauma survivors as well as training and consulting experience in trauma competency.

Sandra Scohier MS, LPC earned a M.S. in Professional Counseling from Georgia State University. She is a Founding Director of the Trauma Competency Institute, LLC as well as a Trauma Therapist at PACT Atlanta. Her clinical experience includes working with trauma survivors in both inpatient and outpatient settings.

(E) Intimate Partner Violence in LGBT Relationships
Intimate partner violence has been identified as a prevalent public health problem which has been shown to significantly impact on the long-term emotional health of victims. The body of literature on intimate partner violence (IPV) focuses primarily on heterosexual relationships and LGBT relationships are not as often examined. The purpose of this presentation is to discuss the incidence and prevalence of IPV, examine current issues that are relevant specifically to IPV in LGBT relationships, and outline interventions that clinicians can use with their LGBT clients.

Deauna Webb, PhD is a licensed clinical psychologist at the Atlanta VA Medical Center. She specializes in trauma, PTSD, anxiety disorders, and LGBT issues. She is a member of the Diversity Education Committee and supervises the Multicultural Minor rotation for the psychology interns. She serves on the Board of the Directors for the Georgia Psychological Association and is the Chair of the Council for Ethnic Minority Affairs. She has used these experiences to educate others on topics of bullying, LGBT issues, mental health stigma, anxiety, and trauma.

Sherri Allen, PhD is a licensed psychologist whose primary research interest is intimate partner violence. She works to raise awareness about how this issue impacts individuals from different demographic profiles.

(F) Ethics: On-the-Ground and Distance Counseling Issues
Through a highly interactive group format, participants will utilize ethical decision-making models and apply them to case videos & vignettes. Application will be made for both face-to-face and distance counseling settings and provide practical information on how to interpret the ACA and APA codes of ethics and how best to utilize them as guides for effective, ethical practice.
Sonja Sutherland, PhD, LPC, CPCS, DCC is a licensed professional counselor, certified professional counselor supervisor, distance certified counselor, and Assistant Dean of the Schools of Counseling & Psychology at Richmont Graduate University in Atlanta, GA.

(G) Healing Hearts with Animal-Assisted Therapy
The presenters will describe their findings from a qualitative study about how and why counselors use dogs in their counseling practice, including examples from the participants. Suggestions for incorporating the use of dogs in counseling will be provided and time will be given for participants to talk about their own experiences using animals in counseling.

Brandon Hunt PhD, LPC, NCC is an associate professor of Counselor Education at Georgia Southern. Her research focus includes counselor professional development and training, and client experiences in counseling. She served on the Board of Directors for CACREP and NBCC.

Morgan Bland, BS is a second year master’s student in Counselor Education at Georgia Southern with a clinical focus on counseling children experiencing trauma.

(H) Action Speaks Volumes: Case Conceptualization in Supervision
This interactive workshop provides practical and useful information on the rationale of case conceptualization in supervision. This workshop will also provide a framework for various ethical guidelines and how ethical decision making apply to case conceptualization. Participants will learn ways to protect client, community, and the profession as it relates to ethical regard, and professional accountability in supervision. Participants will leave with clear insight into how the word “Action”, truly speaks volumes within the process of supervision.

Bridget Holyfield-Moss EdD, LPC, NCC, CPCS is a Licensed Professional Counselor, Trainer and CEO of Bridgestone Consulting Services, LLC. She received her Master of Science in Mental Health Counseling from Fort Valley State University in Fort Valley, Georgia and a Doctorate of Counselor Education and Supervision from Argosy University Sarasota Florida. She is also a Certified Professional Counselor Supervisor, and a trainer for foster and adoptive families in the state of Georgia. In addition, Bridget is also an Adjunct Instructor at Fort Valley State University and Mercer University.

Tamara Brown Payne, PhD, LPC, NCC, CRC, ACS, CHLC has been a holistic therapist, life coach/strategist, and trainer for over 10 years. She is an Assistant Professor at Fort Valley State University teaching Rehabilitation Counseling and Psychology.

(I) Private Practice Do’s and Don’ts
The presentation will focus on common concerns for the practicing psychotherapist by providing instruction about how to develop “best practices” including how to build an effective and successful business in your private practice by focusing on your niche/brand, generating outcomes and providing excellent customer service, ethics of evidence-based practice, social media. Items that will NOT be addressed include: documentation, the use of technology and electronic health records, considerations involving informed consent, insurance and financial practices, dealing with third parties, protecting confidentiality.

Elizabeth Burns, MA, LPC is an advanced intensively trained DBT therapist. She has provided DBT, Dialectical Behavior Therapy and skills training to individuals and families in her own practice for 18 years. Holds an ongoing position as a Benefit Committee member for the Linehan Institute. She is the Ethics Chair for the Licensed Professional Counselors Association of Georgia 2015-2016.

(I) Comprehensive Assessment & Engagement of LGBTQ Clients
This interactive presentation will introduce basic concepts and competencies for work with clients of gender and sexual diversity informed by up-to-date research material and expert clinical experience. Attention will be focused on on-going, comprehensive, whole-person assessment in consideration of culturally and contextually relevant client material. Participants will receive practical tools to understand and engage these clients across intake, psychotherapeutic counseling, and termination. Real-world scenarios of client material will be shared and discussed to promote competent client care.

Jason Patton, PhD, LPC, CPCS engages relational cultural theory and critical pedagogy in practice and teaching. His work has centered on clients of gender and sexual diversity, gender transition, trauma, abuse, relational concerns, depression, anxiety, bereavement, hoarding, self-harm, and other issues. He has presented at a number of national and regional conferences, including the American Counseling Association and has published in several professional journals and as a chapter author of a number of textbooks. He is a Core Faculty and Field Experience Coordinator for Walden University’s PhD in Counselor Education and Supervision program.

(K) Diversity and Supervision: What if I Can’t Relate

4/15/2016
This presentation is intended for clinical supervisors. Presenters will review culturally sensitive supervision strategies for addressing cultural differences within the supervisory relationship. Topics will include how to facilitate conversations about racial and cultural differences with their supervisee that may be challenging or emotionally charged, how to increase cultural awareness in the supervisory relationship, and how the dynamics of the supervisory relationship can be impacted by race and culture.

Yurandol O. Powers, PhD, LPC, NCC, CPC holds a doctorate in counselor education and supervision from Walden University. Dr. Powers is the owner of Powerful Alternatives Counseling & Consulting, LLC serving children, adolescents, adults, families. In addition to her private practice, she teaches part time and supervises doctoral students and individuals seeking licensure.

Ljubica Spiro, PhD, LPC, CPC has been providing mental health services for over 10 years. She is the Faculty Development Coordinator at Walden University and has a private practice in Atlanta. Dr. Spiro holds a Ph.D. in Counselor Education and Supervision.

Ethics and Therapeutics: Serving Polyamorous Clients
Using empirical data, this workshop explains the primary types of Consensual Non-Monogamy practiced in the US: Open Relationships, Polygamy, Swinging, Polyamory, Monogamist, and Relationship Anarchy, and explores corollary ethical and therapeutic impacts on the therapy relationship. Participants will learn how to utilize tools for talking to clients about sex, intimacy, and children as they apply to polyamorous relationships. As practitioners increase cultural competency and resources for working with clients who are often seen as nonmainstream, or as “sexually deviant,” this will also serve as a way to strengthen current best practices for some, and as an informative primer for others.

Angelique Burke, EdS, LPC is a Licensed Therapist and Certified Hypnotherapist who presents and trains on a variety of topics. With clients she addresses a range of topics such as Anxiety Reduction, Relationships, Sustainable Workplace Development, Increasing Self-esteem, Careering, Same-Gender and Heterosexual Intimate Partner Domestic & Sexual Violence, Poly/non-monogamous Relationships, “Alternative”/Kinky/Leather Lifestyle Relationships, LGBTQI Relationship Related Issues, and matters related to fertility issues, recurrent pregnancy loss, and “non-partum depression”.

Elisabeth Sheff-Stefanik, PhD, CASA, CSE is the foremost academic expert on polyamory in the US. Elisabeth is the author of three books and 20 academic articles, Sheff’s writings report findings from her research on polyamory and BDSM.

Aha!: 10 Strategies to Get Your Clients Unstuck
What do you do when therapy gets stuck or seems to be going nowhere? Drawing on new insights from brain science, this session delivers 10 practical, creative strategies you can use to elicit motivation, clear unconscious conflicts, and engage your clients more fully in the change process. More specifically, you will learn that the key to triggering “Aha!” moments is to spark the client’s emotional brain— which learns through felt experiences, not rational discussion. Discover how to craft such transformational, felt experiences in your sessions with new spins on interventions that utilize imagery, metaphor, storytelling, humor, play, music, and movement.

Courtney Armstrong is a Licensed Professional Counselor and Board Certified Fellow in Clinical Hypnotherapy. Author of the books, The Therapeutic Aha: 10 Strategies to Get Clients Unstuck and Transforming Traumatic Grief, she has been featured as a trauma and grief expert on national television and radio programs, trains mental health professionals nationally and internationally, and owns an integrative counseling practice in Chattanooga, Tennessee.

Working with the Addicted Family
In this workshop we will describe the symptoms and behaviors of families impacted by addiction, the negative coping patterns that are developed and how to treat families from an attachment perspective through the stages of recovery. We will also look at internal and external barriers that often prevent family intervention.

Janet Fluker, MS, LPC, CPC is the Director of the Family Recovery Center at MARR, Inc., which provides education, counseling and support for families struggling with addiction. She has extensive training and experience in working with families, couples and children and leads workshops on topics related to family recovery. She is also founder of the International Association of Family Addiction Professionals, an alliance of Family Addiction and Recovery professionals who share information, research and best practices with one another.

Preventing Burnout in Supervision of In-Home Clinicians
Those supervisors in an agency, university, or private setting are invited to participate in this interactive workshop for effective methods when supervising home and community-based clinicians. The challenge in supervising this population lies within matching clinician development with the needs of the population. Participants will gain insight from other professionals, be presented...
elements of solution-focused, developmental, and discriminatory models of supervision, and cases studies with examples of elements from these models.

**Megan V. Boyd, PhD, LPC** is the Clinical Director of Evidenced-Based Programs at Grace Harbour, Inc. and serves as an adjunct faculty member for Mercer University. Dr. Boyd has several years of experience in the field of home and community based counseling working with high-risk populations. She has a passion for assisting new clinicians become effective practitioners in this specialty area.

**Friday, May 6, 2016**

**Convention Institutes**

(A) **The Neurobiology of the Disease of Addiction**

It is important to remember that not everyone who uses drugs, alcohol, or participates in some addictive behaviors like shopping or exercise will become an addict. Addiction requires three things to co-exist: a genetic predisposition to the disease; exposure to the substance or behavior that will produce the powerful reward in the brain; and an environmental circumstance such as stress that will create a trigger for continued use.

The presentation will review the biologic development of the human brain, the effects of drugs and alcohol on the brain as seen by SPECT Scans and the powerful neurochemical (Dopamine) reward system that exists when someone uses or experiences the addictive behavior. It is only by understands the biological and social components of addiction that one can effectively address and treat its effects on the human body.

Addiction is a primary, chronic disease of brain reward, motivation, memory and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations (American Society of Addiction Medicine, Definition 2013).

**Susan Blank, MD,** Co-Founder and Chief Medical Officer of the Atlanta Healing Center. Dr. Susan Blank is a graduate of the Medical College of Georgia, she completed a residency in Psychiatry and Neurology at Sheppard Pratt Hospital in Baltimore, Maryland. She received her training in Forensics at the University of Virginia, and her training in Addiction Medicine in Atlanta at the Talbott Recovery Campus. She recently completed a Fellowship and Advance Fellowship training in Anti-aging and Regenerative Medicine. Dr. Blank is President of the Georgia Society of Addiction Medicine and serves on the Advisory Board of the Georgia Physician’s Health Program.

(B) **Cognitive Remediation Treatment**

Research indicates that early identification of risk for serious mental illness provides potential opportunities for prevention and early intervention. Additionally, it is well documented that all mental illnesses can produce cognitive dysfunction, particularly when they go untreated. Cognitive disability may even be one of the best predictors of possible recovery in individuals with known mental illnesses. This presentation will provide insight into how early identification and treatment of mental illness and interventions addressing cognitive decline can greatly improve the overall functioning levels of the persons affected.

**Ray Kotwicki, MD, MPH**

Chief Medical Officer

As chief medical officer, Ray Kotwicki oversees the organization’s clinical services, ensuring that the best, evidence-based treatments are being provided to patients. He joined Skyland Trail in 2007 and assumed full-time chief medical officer responsibilities in 2014.

Kotwicki recently served as an associate professor at Emory University’s School of Medicine - Department of Psychiatry and Behavioral Sciences, and as an associate professor at Emory University’s Rollins School of Public Health. He co-directed the four-year, longitudinal course “Becoming A Doctor” and led medical student education for the Department for seven years. Kotwicki remains on adjunctive faculty at the Emory University School of Medicine, as well as at the University of Miami - Miller School of Medicine.

(C) **The Truth about CACREP: What CACREP Really Does on Behalf of the Counseling Profession!**

This presentation will address why CACREP’s history is one of the keys to understanding how the counseling profession became recognized as a distinct and separate profession from other helping professions and how CACREP continues to play a significant role in gaining increased recognition of who counselors are and the highly skilled services they can offer to the public. In addition, an overview of the reasons why counselor preparation programs choose to seek CACREP accreditation, along with a discussion of common myths that are erroneously ascribed to CACREP’s accreditation standards, processes, procedures and other activities will be provided. In closing, future directions for attaining higher levels of accountability within the profession, as well as to the public, will be discussed.
Carol Bobby, PhD, is the president and CEO of the Council for Accreditation of Counseling and Related Educational Programs (CACREP) located in Alexandria, Virginia, a position she has held since 1987. Throughout her career, Carol has worked as both a counseling clinician and an administrator. In 1982, while still working on her counselor education doctoral degree from the University of Florida, Carol obtained a position with the National Board for Certified Counselors and helped to organize the first administration of the National Counselor Exam. The following year she was hired as director of the National Academy of Certified Clinical Mental Health Counselors, a position she held until 1986. Along with her administrative responsibilities, Carol continues a part-time clinical practice and is a licensed professional counselor in the Commonwealth of Virginia.

(D) Mindfulness-Based Biofeedback® in Pain Management: A compassionate approach to teaching clients how to self-regulate.

Mindfulness-Based Biofeedback treatment is based on merging two scientific methodologies into a modality that is useful for clinical practice. Eastern Meditation techniques are merged with state of the art technology of biofeedback in this Mindfulness-Based Biofeedback program. This workshop will provide an overview of the fundamental principles of Mindfulness-Based psychotherapy and biofeedback and its role in treatment of emotional and physical aspects of chronic pain. Connections will be made with other mindfulness-based programs such as Mindfulness-Based Stress Reduction and Cognitively-Based Compassion meditation practices. Research will review applications with a variety of clinical populations. Pragmatic techniques will be offered to encourage more intention introduction of compassion in clinical practice with patients as well as the clinicians own self-care.

Urszula Klich, PhD, has over 20 years of clinical experience in which she has taught people to apply tools for self-regulation to maximize physical and emotional health. As a psychologist at Shepherd Center she provides pain management for individuals with catastrophic injuries and complex medical illnesses. She has developed a specialized program of Mindfulness-Based Biofeedback (MBB) to help individuals cope with challenges. She has seen how living more mindfully is both advantageous and accessible to anyone who recognizes a need for shift in their life and sets an intention to move forward. She is a sought after speaker both locally and internationally. With compassion-informed treatment, and expertise in health psychology, as the cornerstone of her work, Dr. Klich’s philosophy is best summarized as fostering each individual’s healing power to improve physical, emotional, and spiritual well-being.

(E) This workshop is for those who are new to neurofeedback (NFB), considering entering the field or incorporating NFB into an existing practice, or looking for a current, research-based NFB refresher. Dr. Richard Soutar will cover the basics, key concepts and skill areas including the theory and methods behind NFB and qEEG, practical applications in clinical settings, basic brain anatomy and assessment procedures, EEG biofeedback software, and basic dimensions of brain maps.

Richard Soutar, PhD, A pioneer in the field of neurofeedback, Dr. Soutar has published three books on the topic of neurofeedback and conducted workshops on the various aspects of neurofeedback at conferences and clinics in the U.S and Europe. He has also been working continuously over the years as a clinician, director and business administrator of various clinics around the country. He developed the first fully certified internet training course for neurofeedback and has worked successfully with professional athletes and businessmen on peak performance as well as a wide spectrum of individuals with the traditionally labeled psychological and medical disorders. He has also pioneered a wide range of clinical screening and assessment tools for neurofeedback including, the Mini Q, The Magnitude Analysis System, The Interactive Self Inventory, and The NPC Symptoms Checklist. Dr. Soutar has also consulted with a variety of equipment manufacturers on the development of The Mini Q, Distance Training and Training Screen Formats as well as the portable mini neurofeedback trainer, the Bioscan ABT. Presently he is consulting on a variety of grants and research projects for the development of cybernetic interface for ALS patients, Spinal Cord Injury, and Depression.

(F) District Meetings: Meet your District Representative, plan CE, support and special events in your area.

LPAC Board of Directors Schedule:

Saturday, May 7, 2016
Convention Institutes
The three basic types of hypnotherapy will be explained: resource state, cognitive/behavioral, and regression (with memory reconsolidation) will be presented. The presenter will discuss the sometimes controversial application of hypnotherapy and how to avoid false memory syndrome and other misuses of this incredibly valuable skill. This workshop will be both didactic and experiential and participants will walk away with knowledge and skills they can apply immediately.

**Dr. Beaton** is a Licensed Psychologist and the Founder and Clinical Director of The Anxiety & Stress Management Institute (ASMI) with over 25 years of experience. She is a National Board Certified Fellow in Clinical Hypnotherapy (NBCFCH) through the National Board for Certified Clinical Hypnotherapists (NBCCH). Dr. Beaton earned her Fellowship (the highest level of certification) with NBCCH for her extensive years of training and experience in hypnotherapy in 2005. She has taught hundreds of workshops both nationally and internationally. However, for many years Dr. Beaton exclusively taught hypnotherapy certification courses to mental health professionals all over the United States, Mexico, and South Africa. She later created the NBCCH approved training for ASMI in 2008, and she’s excited to be teaching this course once again herself in 2016. The primary reason that she has chosen to teach it again amidst her busy schedule is how powerful the training is for the therapists taking it - both professionally and personally. Dr. Beaton is known for her approachable, down-to-earth, and humorous style. LPCA of Georgia has awarded her with both the Counselor Educator of the Year Award in 2005 as well as the Lifetime Achievement Award in 2015.

**Supervision in a Telemental Health Environment**
Providing supervision to and for clinicians utilizing electronic methods is a new arena for most supervisors. This workshop will address methods, structure, and concerns of conducting supervision utilizing electronic delivery. This will meet the requirements for telemental health supervision per Ga Composite Board Rule 135-11.

**Jeff Hughes, LPC, CPCS** earned his EdS and Med in Counseling from Univ. Of West Georgia. He is the CPCS Chair for the LPCA of GA. He has conducted research and practiced clinical supervision for the past 17 years.

**Online Couch (E-Therapy) Ethics**
This course was created to assist mental health practitioners to make sound ethical decisions when providing online therapy. Mental health professionals have discovered the new world of the Internet. E-therapy is becoming very common and patients whose clinicians do not offer this therapeutic option will be considered to be significantly disadvantaged in treatment. It is important that mental health practitioners understand the expectation for them to utilize carefully considered ethical-decision making processes when faced with online ethical dilemmas. This training will expand on the principles of professional ethics for e-therapy, the legal implications of e-therapy, and practice Case Studies for E-Learning.

**Nancia Leath, MA LPC NCC** is also an Author, Motivational Speaker, and Licensed Minister. Author of *Emancipate In Your Chair* and her latest book *Feed Your Faith & Crush Your Doubts*. She is the owner of Inward Core Healthcare Services, located in Alpharetta, GA. She has over 20 years of counseling, industry, and private practice experience. She combines her clinical counseling expertise with her business knowledge to offer clients a unique perspective of problem solving.

**The Use of Play Therapy with the Gender Variant/Transgender Child**
This workshop is GAPT (#12-316) Sponsored. Provide participants with the opportunity to develop a broader understanding of gender variant and/or transgendered youth while experiencing the techniques for use in Play Therapy with this population. Handouts will include definitions, activities, bibliography, and school regulations.

**Trudy Post Sprunk** is an LMFT-S, LPC-S, RPT-S, CPT-S, and is EMDR Certified. She is a Certified Professional Counselor Supervisor and has been providing supervision since 1993 to both beginner and advanced therapists. Trudy has been a psychotherapist since 1971. She has presented at international, national, and local conferences. She provided material for Liana Lowenstein’s book *Creative Family Therapy Techniques published in 2010* and co-authored an article printed in the AAMFT Family Networker Magazine.

**Treating Complex Trauma: Tools & Interventions that Work**
Vicarious trauma not only significantly impacts counselors, but more so greatly impacts Law Enforcement, Fire Fighters, Teachers & Administrators, Social Service Workers, and other public service workers. Evidence-Based practices are becoming increasingly important in counselor training. This presentation will review the literature, effective treatment methods, and discuss clinical experiences in providing culturally appropriate treatment. Recommendations for how mental health clinicians and professionals can address, identify, and provide effective treatment methods will be highlighted examining the challenges experienced by new and experienced professionals.
Ryan Day, PhD, LPC, CPCS, CETP is an Assistant Professor of Counselor Education at Columbus State University and a Certified Expert Trauma Professional (CETP). He is the founder of The Healing Center for Change, which is a mental health outpatient center located in Northwest Atlanta, GA. Dr. Day is a childhood trauma survivor and has been providing trauma treatment for nearly a decade.

(F) Un-silencing the Voice Within: Writing as a Therapeutic Tool
A therapeutic tool that promotes self-healing, reflection, and growth, journal writing is healthy for both the heart and soul. Journal writing has been widely used within the mental health field, as a way to assist clients with insight into their thoughts, feeling, and actions. The purpose of this session is to provide mental health providers with an overview of journal writing, forms of journal writing that can be utilized, and implications for professional practice.

Karla Sapp, EdD, LPC, CPCS, who currently employed with the Federal Bureau of Prisons as a Drug Treatment Specialist, providing individual/group therapy to male offenders, and operates her own practice U Matter Consulting and Counseling. Karla has a research interest in the assessment and treatment of criminal offenders, sports counseling, and lifestyle choices/wellness, expressive/reflective journal writing, professional development, and Sensory Processing Disorder.

(G) Expanding Your Mindfulness Toolbox: Coloring with Adults
In January of this year, six adult coloring books were on the Amazon 20 best-selling books lists. Coloring is not art therapy; however, it is proving to be therapeutic. Coloring helps to center the mind and provides a calming effect. In this experiential workshop, we will explore and present the potential benefits of coloring with adult clients presenting with a range of disorders; including depression and anxiety.

Kathy D. Robinson, PhD, LPC is an Assistant Professor at Mercer University with more than 10 years of counseling experience. She specializes in working with suicidal individuals. As an educator, she is the faculty coordinator of Reach Out Speak Out: An initiative on the Atlanta Mercer University campus which implements effective suicide prevention strategies campus wide.

Rico Curtis-Davidson, LPC is a doctoral student in the Counselor Education and Supervision program at Mercer University. He is Assistant Clinical Director at Positive Impact Health Centers in Atlanta.

Kathleen Bazile, LPC is a Georgia Licensed Professional Counselor and doctoral student at Mercer University’s Counselor Education and Supervision program. Her research includes neuropsychology and the practicality of mindfulness across counseling.

(H) Recovery From Addictions: Exploring the Impact of Childhood Sexual Abuse, Attachment Styles and Spirituality
This workshop presents findings from current original research on women in residential treatment for addictions recovery. The presentation will explain the use of assessments at intake and exit, describe co-occurring symptoms of women entering treatment, as well as the implications of attachment theory and spirituality on the journey to recovery.

Ann Kerlin, PhD, LPC, is a counselor educator and also engaged in research in mental health. She teaches full time and is currently engaged in research on recovery from addictions, especially when childhood sexual abuse is present, interested in attachment theory and spirituality and their application to the recovery process.

(I) Poetry in Psychotherapy
In this didactic and experiential presentation, attendees will gain understanding in the use of poetry as a modality in psychotherapy. The participants will be given a brief history of poetics in therapy, as well as information regarding Poetry Therapy as a distinct and certifiable discipline. The use of poetry in psychotherapy is best seen in a context of archetypal, transpersonal, and narrative theories. This context will be elaborated and discussed. Poems will be presented for specific client presentations. Emphasis will be on relationship and spiritual issues, among others. The participants will explore experientially the impact of poetry on self-awareness.

Phil Foster, MDiv, LPC, CPCS is a psychotherapist, clinical supervisor, and consultant in Decatur, Georgia. For over thirty years, Phil has been living and walking psychotherapeutically with individuals, couples, groups, and organizations, based on mythic-poetics, transpersonal, and archetypal paradigms. He is a Past President of LPCA, and the 2006 George C. Podein Counselor of the Year. For over 20 years Phil studied with several indigenous healers. In April 2017, he will make Life Promises as a Lay Cistercian of the Monastery of the Holy Spirit, Conyers, Georgia.

(J) Primer for Disability Forensic Mental Health Evaluations
Demand for MH forensic services is increasing. As a Professional Counselor you must to be aware of Disability Systems. Over 35% of individuals receiving SSA benefits have a primary Mental Health diagnosis and most claims are denied due to limited MH documentation and/or objective evidence or because they aren’t filled out correctly by the providers. By knowing what the disability
system is’ looking for’ you will know how to perform this service that will provide the clinical judgment and evidentiary evidence the adjudicators can use in their disability determination. Presenter will discuss how to complete a forensic evaluation and an MRFC form that can be accepted and used in the court system.

**Allan S. Billehus, EdS, CRC, LPC** has been a Certified Rehabilitation Counselor since 1996 and a Licensed Professional Counselor in Georgia since 2000. He has performed a variety of forensic clinical and evaluation services for over 15 years, testified in over 1,100 hearings, and has qualified as an Expert for Federal Court and testified in Arizona, Florida, Georgia, Tennessee, and South Carolina. Mr. Billehus is on the panel of Vocational Experts for the Social Security Administration.

(H) **Husbands on the Home Front When Wives Deploy**

Implications for clinical practice and supervision are reviewed as both relate to an understanding of the military culture within the context of the unique challenges faced by the population, including gender roles and identity within a culture primarily dominated by “male warrior/female spouse (or significant other)” coupling. There will be a discussion on research that focused on the experience of civilian husbands and fathers married to military women who have deployed. Co-presenters, who are affiliated with the military culture either by family or work, add additional perspectives into the experiences of the focus population.

**Thomas (Tom) Watson, EdD, LPC, NCC, CPCS**, an Assistant Professor at Argosy University, has worked in various capacities with military personnel since completing his counseling program at Argosy in 2004. While completing his doctoral studies in Counselor Education & Supervision, he served as College Counselor and Liaison to Returning Combat Veterans & Military Personnel at a local college, and subsequently as a Team Member with the contracted USMC Psychological Health Outreach Program, providing services to Marine Reservists and their families at units along the Eastern Seaboard. Memberships include LPCA (former Board Member), ACA, ACES, and MGCA (appointed Board Member in 2015).

**Natasha Barnes, MS** has a B.S. in Psychology and a M.S. in Counseling. She is employed as an Instructor for the University of Phoenix, and as an assessment counselor for Riverwoods & Lakeview Behavioral Health. She is currently working to complete her EdD at Argosy University Atlanta. Her dissertation focus is depression and anxiety in adult children of military parents.

**Tracy T. Carter, LPC, NCC, CPCS**. She is currently attending Argosy University, Atlanta, GA, Counseling Education and Supervision, EdD program. Mrs. Carter is the 2016 NBCC Minority Fellowship Award Recipient.

(L) **Ethics in Supervision: We’re Gonna Need a Bigger Compass**

With recent and anticipated changes like tele-mental health, 1013 privileges, diagnosis, and shifting requirements for credentialing, trainees and counselor educators face increasingly complex challenges. This workshop will help participants identify and address ethical challenges for supervisees and supervisors.

**Larry Schor, PhD, LPC, NCC, CPCS** is a longtime member of LPCA and was 2004 Counselor of the Year. In addition to being a Professor of Psychology at the University of West Georgia, he maintains a small private practice in Carrollton, Georgia. He developed www.georgiadisaster.info which is the official Disaster Mental Health website for Georgia.

(M) **The Role of EHRs in Telemental Health**

With the new laws being passed for telemental health, many of us are scrambling to figure out whether they apply to us, and if so, what we need to do to be doing about it. We want solutions that are easy to use, HIPAA-compliant, and inexpensive. But what are they and how do we find them? This workshop can help answer those questions.

**Susan C. Litton, Ph.D.** holds degrees in both mental health and IT and is actively engaged with careers in both. Dr. Litton has been a clinical psychologist in private practice in Atlanta, GA since 1985. She’s also the creator and driving force behind PSYBooks (www.psybooks.com), an online practice management system (EHR) for mental health professionals. Dr. Litton is a charter member of the Coalition for Technology in Behavioral Science (CTiBS) and served as a representative to the HL7 CBCC Workgroup, which is tasked with developing international standards for EHRs.

(N) **Neuroplasticity Neuroscience: the Foundations of Neuroscience**

Despite the fact that the concept of neuroplasticity is broad, vague, and hardly new (the theory was born in the mid-1800s and was heavily researched throughout the 1990s), it is one of the most reliable and fundamental discoveries about the brain that we have to date. Intelligence is not fixed; it turns out, nor planted firmly in our brains from birth. Rather, it’s forming and developing throughout our lives.
Daniel A. Helminiak, STL, PhD, PhD, LPC is an American Catholic priest, theologian and author. Daniel also a professor in the Department of Humanistic and Transpersonal Psychology at University of West Georgia and trained as a psychotherapist.

Narratives of Childhood Trauma Survivors through Loving Kindness Meditation
Survivors of childhood trauma often struggle with forgiveness, shame, guilt, emotional and physical disconnect. Loving-kindness meditation is a mindfulness based practice designed to enhance feelings of kindness and compassion for oneself and others. This presentation will showcase narratives and case studies of childhood trauma survivors healed through Loving Kindness Meditation. Through demonstration and experiential activities, participants will learn about holism and the importance of integration of body, mind and spirituality. Audience will also learn how to assist clients to uncover and release hidden trauma in a gentle and supportive manner.

Suneetha Manyam, PhD, LPC, NCC is an Associate Professor at Mercer. She is serving children and couples for several years through private practice besides teaching in the clinical mental health counseling, counselor education and supervision programs. Dr. Manyam co-authored a long-term rehabilitation administration grant that recently received federal funding for which she is serving as an assistant project director. Dr. Manyam also presents regularly at conferences and publishes papers.

M. Caroline Fernandes, BA, BSSS, HWLC is a certified holistic wellness life coach, a graduate student, and an intern psychotherapist working with children, teenagers and adults. She regularly conducts workshops on eastern holistic healing techniques (regionally/internationally).

Clinical Supervision Competency: Rules, Regulations & Best Practices
Supervision rules and regulations are changing to increase the effectiveness of supervisors. This workshop will look at current and changing rules and regulations, as well as discussing best practices to utilize in supervision.

Jeff Hughes, LPC, CPCS earned his EdS and MEd in Counseling from Univ. Of West Georgia. He is the CPCS Chair for the LPCA of GA. He has conducted research and practiced clinical supervision for the past 17 years.