FIGHTING RESPIRATORY INFECTIONS

With back to school comes the time for more teachers and children to be in close contact thus causing the potential for viruses to spread. Respiratory infections are common during August and September with the start of school. Many different viruses cause colds and viral respiratory infections. One may or may not have a fever with a respiratory infection. Symptoms of respiratory infections are a runny nose, sneezing, chills, fever, muscle aches, sore throat and cough. These symptoms may last two to seven days.

Infections are spread by person-to-person through direct contact with secretions from the nose and mouth. The spread of viruses also occurs from the hands and used tissues. It may take up to ten days after exposure for symptoms to occur. A person is contagious shortly before symptoms start and for the duration of acute symptoms.


For further information, please contact the CCHC Helpline at 1-877-281-5277 or by going to the CCHC Website www.kentuckycchc.org.

CCHC has a new consultant covering the following counties: Fayette, Madison, Estill, Jackson, Rockcastle, Lincoln, Garrard, Jessamine, Boyle, Mercer, Woodford and Anderson. Her name is Sarah McMahan. Sarah may be contacted at (859) 288-2327 or at SarahB.McMahan@ky.gov.

PROVIDING CARE FOR SCHOOL-AGE CHILDREN

Child Care Aware Health and Safety Coaches provide technical assistance to child care providers across Kentucky to assure health and safety standards are met. Below are some of their recommendations to ensure centers are meeting regulatory guidance as they care for our school-age children:

Before School Care
Breakfast must be served to all children who arrive at the center prior to 5 a.m. and leave the center to attend school. When children leave the center, staff must be sure to walk the child to the bus stop and assure that each child boards the bus safely. For those centers that provide transportation in a facility-owned vehicle to school, the children must be seated in an appropriate restraint and the seat belt secured. (Follow all transportation regulations!) All children who leave the center to go to school must be signed out of care upon departure.

After School Care
Staff must be stationed at the bus stop to greet children who ride the school bus from school in the afternoon. Regardless of age, children must never be allowed to get off the bus and walk to the child care center without the supervision of a qualified staff. If the center is transporting children to the center in a facility-owned van, the child must have the appropriate restraints. Check to assure each child's seat belt is secure. (Follow all transportation regulations!) The time of arrival must be recorded for each child arriving at the center. Kentucky’s child care regulations require each school-age child wash their hands within 30 minutes of arrival. Remember, each school-age child shall be provided a snack after school. They do not have to eat it, but it must be offered.
There must be a daily schedule and daily planned program (lesson plan) for school-age children. Staff should assure these documents are dated and the schedules and plans are implemented. Don’t forget to develop schedules and plans for children who attend before school, after school and for full days when school is not in session.

Certification in adult CPR and first aid is required for any program that cares for school-age children. Remember – a school-age child is any child at least four years of age and enrolled in school (school-age does not include Head Start or Pre-K children). If the school-age group leaves the premises to walk to a nearby park, assure that staff certified in adults and children CPR/First Aid accompany the group to the park.


Section 8: Transporting Children

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**STARS QUALITY RATING SYSTEM TRANSITIONING**

Effective October 1, 2016, STARS for KIDS NOW Quality Rating System will transition from using the SACERS to using the SACERS-U Environment Rating Scale when conducting official rating visits.

If you are a Licensed or Certified program serving school-age children, please contact a Quality Coach or Regional Child Care Administrator to assist in preparing for a rating visit at: [https://www.kentuckypartnership.org/about/map](https://www.kentuckypartnership.org/about/map).
Kentucky’s Administrative Regulations state:

(1) A child-care center shall maintain:
   (b) A written record for each child:
      1. Completed and signed by the child’s parent;
      2. Retained on file on the first day the child attends the child-care center; and
      3. To contain:
         a. Identifying information about the child, which includes, at minimum, the child’s name, address, and date of birth;
         b. Contact information to enable a person in charge to contact the child’s:
            (i) Parent at the parent’s home or place of employment;
            (ii) Family physician; and
            (iii) Preferred hospital;
         c. The name of each person who is designated in writing to pick-up the child;
         d. The child’s general health status and medical history including, if applicable:
            (i) Allergies;
            (ii) Restriction on the child’s participation in activities with specific instructions from the child’s parent or health professional; and
            (iii) Permission from the parent for third-party professional services in the child-care center;
         e. The name and phone number of each person to be contacted in an emergency situation involving or impacting the child;
         f. Authorization by the parent for the child-care center to seek emergency medical care for the child in the parent’s absence.

The Child Care Collaborative Regulation Committee (CCRC) is led by the Division of Child Care and composed of representatives from the Division of Regulated Child Care, Child Care Aware, STARS for Kids Now, Kentucky Partnerships for Early Childhood Services and Child Care Health Consultants from the Department for Public Health. The CCRC convenes monthly to proactively address regulatory matters and systematically respond to early childhood professional questions concerning the health and safety of Kentucky’s children. If you have a question for our committee, send the question via email to: childcare.regulation@ky.gov

The Standards of Practice was developed by the CCRC committee to provide guidance to child care providers as they work to assure regulatory compliance. The Standards of Practice are available for review online at: https://www.kentuckypartnership.org/resources/tip-and-tools. (Section 13 is the Standards of Practice for Licensed Centers and Certified Family Child Care Homes.)

The following information regarding the enrollment of children is taken from the Standards of Practice.

To ensure the health and safety of each child, the center will maintain individual written information on each child. This information is to be in a location that is confidential and easy for the staff to access. A parent’s signature is required to guarantee all information is correct. This information is to be collected on the child’s first day.

http://www.openarmscenter.com/images/daycare/nowenrolling.png
The file for each child should include:
- Identifying information about the child such as the child's name, address, and birth date;
- Contact information for the child's parent/guardian at their home address or place of employment;
- Family physician; and preferred hospital in case of an emergency;
- The name of each person who is designated to pick up the child in writing;
- The child’s general health information/medical history including allergies and restriction on the child’s participation in activities with specific instructions from the child’s parent or health professional.

If a third-party professional is working with the child, a written letter/release form from the parent/guardian of the child will need to be kept on file. Third-party professional services include any professional coming into the center to work with an individual child for the child’s general health status and medical history. OT/PT, early childhood mental health, etc. require parental consent in a child care center.

The name and phone number of each person to be contacted in case of an emergency situation involving or impacting the child needs to be included in the child’s file. A written form or letter from parents to give the center permission to seek emergency medical care for the child in the parent’s absence is required.

Siblings' paperwork may be stored in one file; however, paperwork for each individual child must be maintained at the child care center. It is an unacceptable practice to have one form completed for multiple children in a family.
The Division of Child Care, in collaboration with the Kentucky Department of Education (KDE) finalized the migration plan for a unified rating system. A Kentucky All Stars Application was developed to capture data from all varying program types that will be incorporated into the All Stars System.

A Kentucky All STARS Ready Kids Conference was held July 11-13th. One of the sessions included a rollout of domains and standards, and migration timelines for Kentucky All STARS. All STARS Applications were distributed at the Ready Kids Conference. Approximately 80 programs have submitted applications expressing an interest in migrating from STARS for KIDS Now to Kentucky All Stars. Additionally, 25 Early Care and Education programs that attended the conference were awarded two classroom makeovers.

In early July, a media blitz announced the Kentucky All STARS and Standards, and the system website was launched. The website includes a PowerPoint presentation that provides an overview of the new unified system, the All STARS Rating Application, the child care provider search, and the rating system process. There is also a frequently asked question link for any questions regarding the system. The website contains responses to the first set of initial questions. As additional questions are asked, responses will be added to the website. The website will be updated as the All STAR system continues to be developed.

Informational updates regarding the unified system will be shared on the KDE and DCC website: http://www.kentuckyallstars.org/.
MANAGING YOUR ACCOUNT:  
ONLINE SELF-SERVICE TIPS IN ECE-TRIS  

BY KATIE RYAN FOTIADIS  

ECE-TRIS makes it easy!  

Do you know about the self-service features in ECE-TRIS?  

We know how much every moment counts. We not only strive to make life easier for early care and education professionals in Kentucky, but for quickly accessing the professional learning portfolio training records as well.

CHECK OUT THE TIPS BELOW:

- **Help with Login**
  - First time logging in? Use the “Help with Login” feature to access your ECE-TRIS account profile.
  - Instructions are available by clicking the blue question mark in the “Login” box.

- **Password Reset**
  - Forgot your password? Use the “Password Reset” feature.
  - Click the blue question mark in the "Login" box for the “Help with Login” feature.
  - Click the link that says, “Begin the password reset process by clicking here”.

- **View/Edit My Personal Information**
  - Keep your information updated, including email addresses and employer information.

- **Change My Password**
  - You are able to update your password to ensure the security of your account.

- **Keeping Your Information Secured**
  - Security features keep your information safe.
  - The account holder is the only one who should have the password.
  - Need help accessing your staff’s records? Contact us! As an administrator, you have special access and permissions to staff records via your own account profile.
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<td>Division of Child Care</td>
<td>(502) 564-2524</td>
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<td>Division of Regulated Child Care</td>
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<td>KENTUCKY ALL STARS</td>
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<td>Kentucky Governor's Office of Early Childhood</td>
<td>(502) 782-0200</td>
<td><a href="http://kidsnow.ky.gov">http://kidsnow.ky.gov</a></td>
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<tr>
<td>ECE-TRIS ECE Training Records</td>
<td>(877) 312-TRIS (8747)</td>
<td><a href="https://tris.eku.edu/ece/">https://tris.eku.edu/ece/</a></td>
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<td>To Report Changes in email address, phone number, services or director</td>
<td>(502) 564-7962</td>
<td><a href="mailto:chfsoigrccportal@ky.gov">chfsoigrccportal@ky.gov</a></td>
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<td>KICCS Portal Access Requests</td>
<td>(502) 564-2524</td>
<td><a href="mailto:portal.access@ky.gov">portal.access@ky.gov</a></td>
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<td>College Coursework or Training Approvals</td>
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<td>KICCS Helpdesk</td>
<td>1-866-231-0003</td>
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<td>CCHC Helpline and Website</td>
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