An Invitation to Attend

The AAGP Annual Meeting Program Committee invites you to attend the 2016 Annual Meeting of the American Association for Geriatric Psychiatry in Washington, DC, to explore the treatments, causes, and prevention of mental illnesses impacting the lives of older adults: depression, Alzheimer’s disease and other dementias, sleep disorders, schizophrenia, and more. The 2016 AAGP meeting will highlight the evolving science and practice of healthy aging by having presentations and discussion around the basic and applied science and practice of promoting and sustaining brain health during the aging process. Potential topics may include understanding how physical and mental exercise alters the aging process, cognitive training, mindfulness training as well as ways to integrate and train mental health professionals to be able to implement these research and clinical strategies in their practice.

Who Should Attend?
Psychiatrists, advanced practice nurses, primary care physicians, geriatricians, certified case managers, medical directors of long-term care, neurologists, psychologists, directors of nursing, social workers, pharmacists, students, and others in the mental health field working with older adults and their families

Highlights
The AAGP Annual Meeting offers:

Clinical Case Presentations. Speakers will present clinical cases and invite participant discussion. In each session, hear three fascinating cases and give your opinion.

Plenary Sessions. Participants are invited to hear from incoming AAGP president Dan Sewell, MD at the Opening Plenary. Special guests Arthur Kramer, PhD and Carol Ryff, PhD have been invited to present at the Thursday and Friday plenary sessions.

Self-Assessment Component. To help geriatric psychiatrists meet their Maintenance of Certification self-assessment requirement, the AAGP Annual Meeting offers a self-assessment component at no additional cost to those who register as full conference attendees by March 4. After completing a pre-test before the Annual Meeting, participants will be directed to a customized list of conference sessions to address their knowledge gaps, and receive a comparison of their performance to their peers. The American Board of Psychiatry and Neurology has reviewed the AAGP Annual Meeting Self-Assessment Exam and has approved this exam as part of a comprehensive self-assessment program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

What Makes This Conference Unique?
A variety of educational formats including standard didactic sessions, intensive workshops, group discussions, and scientific poster reviews.

A comprehensive educational program with sessions geared towards clinicians, researchers, educators, and administrators, as well as those new to the field and those seeking the latest practice trends and research in geriatric psychiatry.

Networking opportunities throughout the conference including interest group, caucus and committee meetings, social events, and small-group discussions.

Continuing Education Offered
For physicians, nurses, psychologists, and social workers

Learn More and Register
★ www.AAGPmeeting.org
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Program Committee

Paul A. Newhouse, MD
Chair 2016

Ellen M. Whyte, MD
Chair 2015

Melinda S. Lantz, MD
Chair 2014

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Warren D. Taylor, MD
Alexander Threlfall, MD
Ipsit Vahia, MD
Deborah B. Wagenaar, DO, MS
Julie Wetherell, PhD
Things to do in Washington, DC

After a long day of sessions and thought provoking conversation, we understand our attendees need a break to relax and explore the town! Washington, DC offers exciting cultural and entertaining events including museums, monuments, theaters, and award-winning restaurants.

Welcome to DC (washington.org) is the primary website for exploring Washington, DC, and includes information on attractions and events, including free visitor guides. Below are a few ideas for what to do while in DC:

Madame Tussauds Washington D.C. is the only place where you can see, touch, and take photos with some of your favorite celebrities, historical figures, and all 44 U.S. presidents under one roof. 1001 F Street, NW  
www.madametussauds.com/Washington

The International Spy Museum is the only public museum in the United States solely dedicated to espionage and the only one in the world to provide a global perspective on an all-but-invisible profession that has shaped history and continues to have a significant impact on world events. 800 F Street, NW  
www.spymuseum.org

www.si.edu

Each year, the National Cherry Blossom Festival celebrates spring in Washington, DC, the gift of the cherry blossom trees, and the enduring friendship between the people of the United States and Japan. The activities for the upcoming year are scheduled for March 20 - April 17, 2016.  
www.nationalcherryblossomfestival.org

A living memorial to the Holocaust, the United States Holocaust Memorial Museum inspires citizens and leaders worldwide to confront hatred, prevent genocide, and promote human dignity.  
www.ushmm.org

As the home of National Geographic headquarters, Washington, D.C., offers the world and all that’s in it, from family-friendly exhibits, to dynamic speakers, engaging concerts and award-winning films and retail store.  
www.events.nationalgeographic.com/locations/city/washingtondc

Nestled in the hills of northwest Washington, DC, Hillwood welcomes visitors from around the world with its gracious hospitality. Escape into an oasis only five miles from downtown DC, explore the Mansion, dine at the Café, and enjoy the beauty and tranquility of the formal gardens.  
www.hillwoodmuseum.org

The Newseum’s mission is to champion the five freedoms of the First Amendment through exhibits, public programs and education. The dynamic, engaging and interactive Newseum allows visitors to experience the stories of yesterday and today through the eyes of the media while celebrating the freedoms guaranteed to all Americans by the First Amendment.  
www.newseum.org

photos by Destination DC
General Information

General Schedule of Events
Thursday, March 17–Sunday, March 20
CME sessions will begin at 1:30 pm on Thursday, March 17 and end at 1:00 pm on Sunday, March 20. Special pre-conference programs, including the popular Review Course in Geriatric Psychiatry and the Neuroscience Teaching Day, will be held on March 17. An Opening Plenary Session followed by an Opening Reception will be held the evening of March 17. For a detailed schedule, see page 16.

Site of Meeting
The 2016 AAGP Annual Meeting will take place at:
Washington Hilton & Towers
1919 Connecticut Ave NW
Washington, DC 20009
Phone: 202.483.3000

Enjoy a refreshing stay at the Washington Hilton hotel, located in the center of DC’s most popular neighborhoods and excellent dining, entertainment and nightlife. Just 4 blocks from the Dupont Circle Metro (Red Line) with easy access to the National Zoo, Smithsonian museums, the White House, and many more.

Unwind in the tranquil Heights Courtyard and Gardens and take in spectacular views of Washington, DC’s impressive skyline. Relax in a choice of modern guest rooms. Stay in touch with family or business with in-room internet access or complimentary WiFi in the hotel lobby. Enjoy the spacious health club with cardio, weights, Crossfit, TRX, and spin classes.

Washington Hilton offers four on-site Dupont Circle hotel restaurants, including an authentic neighborhood dining experience in The District Line Restaurant. Savor traditional American cuisine and comfort food created with high-quality ingredients sourced within 150 miles of Washington, DC. Sip cocktails in the TDL Bar and enjoy a selection of locally inspired dishes. View one of 15 flat-screen TVs, and catch up with the latest sports and news over an ice-cold beer in McClellan’s Sports Bar. Start your day with coffee and breakfast on the go at The Coffee Bean & Tea Leaf, or take advantage of the in-room dining menu.

Hotel Information
The AAGP has secured special AAGP Annual Meeting room rates at Washington Hilton & Towers. Hotel reservations must be made by February 14, 2016, in order to obtain the conference rate. Please reserve early as available rooms at the conference rate may fill up. By staying at the host hotel, you will help AAGP meet its contractual obligations with the Washington Hilton and keep future registration fees reasonable. Please consider this when deciding on accommodations. We encourage you to stay at the Washington Hilton.

The AAGP Room Rate for the 2016 Annual Meeting is $249 plus taxes. The Washington Hilton is now taking reservations. The deadline for this rate is February 14, 2016. Reserve early before rooms fill up.

Go online to https://aws.passkey.com/g/53486497
Or, call and identify yourself as a participant of the AAGP Annual Meeting:
1.800.774.1500 or 1.202.483.3000

Cancellations
must be received at least 72 hours (3 days) prior to the arrival date in order to avoid a possible one night’s room and tax penalty on the credit card.

Transportation
Getting To and Around Washington, DC
With three international airports and more than 2,200 daily flights to and from Washington, DC, traveling to the nation’s capital via air is a convenient option. The area’s three major airports are Reagan Washington National Airport (DCA), Washington Dulles International Airport (IAD), and Baltimore–Washington International Airport (BWI). Reagan National has its own stop on the Metro (Yellow and Blue Line). Reagan National and Dulles are serviced by Washington Flyer Taxi, as well as Super Shuttle. To make reservations, visit www.supershuttle.com.

Baltimore–Washington airport can be accessed via Amtrak, and Marc trains to DC’s Union Station. For ticket information, visit www.amtrak.com.

Washington, DC is proud to have one of the world’s best public transportation systems. Most visitors quickly master the Metro system and, in the process, discover that it’s a very quick, efficient, and affordable way to get around the city. Metro operates Monday through Thursday from 5 am to midnight; Friday from 5 am to 3 am; Saturday from 7 am to 3 am; and Sunday from 7 am to midnight.

Once in Washington, DC, visitors can choose from a large selection of rental vehicles, taxis, and limousines. For a list of transportation services, go to http://washington.org/topics/getting-around.
General Information

Self-Assessment Activity
To help geriatric psychiatrists meet their Maintenance of Certification self-assessment requirement, the AAGP Annual Meeting offers a self-assessment component to those who register as full conference attendees by March 4. The AAGP Annual Meeting Self-Assessment Exam offers 8.0 self-assessment CME credits. Participants who choose the self-assessment will receive a pre-test via email before the Annual Meeting. After completing the exam, participants will be directed to a customized list of Annual Meeting sessions to address their knowledge gaps, and receive a comparison of their performance to their peers. To choose the self-assessment component, select the option on the conference registration form and be sure to include your e-mail address. The exam is only available to full registrants and must be completed before the Annual Meeting. The American Board of Psychiatry and Neurology has reviewed the AAGP Annual Meeting Self-Assessment Exam and has approved this exam as part of a comprehensive self-assessment program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

CME Accreditation
The American Association for Geriatric Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designations of Credit
The AAGP designates this enduring material for a maximum of 8.0 AMA PRA Category 1 credit(s)™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Review in Geriatric Psychiatry Self-Assessment Program
In addition to the overall Annual Meeting Self-Assessment activity, AAGP also offers a self-assessment activity in conjunction with the day-long Review in Geriatric Psychiatry to be held March 17. See page 14 for more details.

Attire
Meeting attendees typically dress business-casual for the meeting. In March in Washington, DC, average temperatures range from 38 °F at night to 57 °F during the day.

Members of the Press
AAGP welcomes press coverage of its Annual Meeting, and invites journalists to apply for complimentary registration. Press credentials are required and complimentary registration is limited to working journalists of the general and mental health/medical/aging press. Journalists are encouraged to pre-register by contacting AAGP’s Victoria Cooper at VLaLiberte@aagponline.org.

Other Meetings
Please note that all meetings or programs scheduled during the AAGP Annual Meeting need to be approved in advance by the AAGP. Meetings or programs that directly conflict with AAGP scientific programming are prohibited and cannot be scheduled in the headquarters hotel. The AAGP Annual Meeting is a convenient time for auxiliary gatherings, and auxiliary events are welcomed; however, please make sure to communicate with AAGP before scheduling a meeting to ensure that it is scheduled at a mutually beneficial time. If you wish to schedule a meeting in conjunction with the AAGP Annual Meeting, please contact Christopher Wood at cwood@aagponline.org.

Meeting Website
www.AAGPmeeting.org
Check the meeting website for conference news, program updates, information about AAGP, and things to do in Washington, DC.
Join AAGP

Your Professional Home for Late-Life Mental Health Care

Our Focus
Join conversations, gain access and have a voice on research, policy issues and clinical trends aimed at helping seniors living with:
- Alzheimer’s
- Other dementias
- Depression
- Anxiety
- Substance abuse
- Other related illnesses

Our Membership
AAGP membership includes a diverse group of professionals who carry a passion for the field.
- Psychiatrists
- Physicians
- Neurologists
- Nurses
- Psychologists
- Social Workers
- Pharmacists
- Students

Your Benefits
AAGP benefits allow professionals to interact and expand their involvement through:
- Networking & Collaboration
- Access to Members-Only Website
- Educational Publications
- Discounts
  - Annual Meeting & Other Educational Programs
  - Professional Publications
  - Consumer Brochures
  - AAGP Bookstore

CONNECT
AAGPonline.org
AAGPmeeting.org
AJGPonline.org

www.AAGPonline.org/membership
Questions?
Registration Information & Assistance
tel: 703.556.9222 ext. 121
e-mail: registration@AAGPonline.org

All Other Annual Meeting Inquiries
tel: 703.556.9222 ext. 121
e-mail: meetinginfo@AAGPonline.org

Hotel
The 2016 AAGP Annual Meeting will take place at:
Washington Hilton & Towers
1919 Connecticut Ave NW
Washington, DC 20009
tel: 202.483.3000

The AAGP Room Rate for the 2016 Annual Meeting is **$249 plus taxes**. The Hilton is now taking reservations. The deadline for this rate is **February 14, 2016**. Reserve early before rooms fill up.

★ Go online to https://aws.passkey.com/g/53486497
★ Or, call and identify yourself as a participant of the AAGP Annual Meeting:
  1.800.774.1500 or 1. 202.483.3000

Cancellationsmust be received at least 72 hours (3 days) prior to the arrival date in order to avoid a possible one night’s room and tax penalty on the credit card.

Exhibit Hall, Sponsorships, and Advertising
Christopher Wood
tel: 703.556.9222 ext. 142
e-mail: cwood@aagponline.org

CME/Education Programming
Karen Raetz
tel: 703.556.9222 ext. 141
e-mail: kraetz@AAGPonline.org

Faculty
Christopher Wood
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e-mail: cwood@aagponline.org

Governance Activities
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tel: 703.556.9222 ext. 142
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tel: 703.556.9222 ext. 121
e-mail: membership@AAGPonline.org

Press
Victoria La Liberte Cooper
tel: 703.556.9222 ext. 121
e-mail: vlaliberte@AAGPonline.org

Trainees/Student Programs
Christopher Wood
tel: 703.556.9222 ext. 142
e-mail: cwood@aagponline.org
Important Dates and Deadlines

Early Bird Annual Meeting Registration Deadline
January 22, 2016

Online Annual Meeting Registration Deadline (Higher Rate)
March 4, 2016

AFTER March 4, 2016
All attendees must register on site in Washington, DC at The Washington Hilton & Towers.

Annual Meeting Registration Cancellations Deadline
March 1, 2016
(Cancellation with refund less $75 administrative fee)

Cut-Off for Hotel Conference Rates
February 14, 2016 (or until sold out)
Available rooms may fill up—Reserve early!

Americans with Disabilities Act

AAGP wishes to take any steps required to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently due to the absence of auxiliary aids and services identified in the Americans with Disabilities Act. If such services are necessary in order to participate in the AAGP 2014 Annual Meeting, please communicate your needs to AAGP in one of the following ways prior to March 1, 2016. AAGP cannot ensure the availability of appropriate accommodation without prior written notification of need.

MAIL: AAGP
6728 Old McLean Village Drive
McLean, VA 22101

E-MAIL: registration@AAGPOnline.org

PHONE: 703.556.9222

FAX: 703.556.8729
Program Objectives

The AAGP 2016 Annual Meeting program objectives are developed from the annual needs assessment analysis conducted by AAGP’s CME Committee and Annual Meeting Program Committee each year. This needs assessment utilizes various data sources including a search of current literature to identify gaps in professional practice knowledge for geriatric psychiatrists, past evaluations, web-based survey instruments, and consultation with experts. CME programming is structured around the identified objectives.

In 2016, the Annual Meeting will highlight the evolving science and practice of healthy aging by having presentations and discussion around the basic and applied science and practice of promoting and sustaining brain health during the aging process. Topics will include understanding how physical and mental exercise alters the aging process, cognitive training, mindfulness training as well as ways to integrate and train mental health professionals to be able to implement these research and clinical strategies in their practice.

Overall Program Objectives are listed here and, in addition, each individual session at the AAGP 2016 Annual Meeting also has identified Learning Objectives. Those objectives are listed on the AAGPmeeting.org website, the continuing education material included in the registration packet, and the meeting recordings.

Overall Program Objectives for the 2016 Annual Meeting

- Classify the major mental disorders of late life and contrast the presentation of the major mental disorders of late life with presentation among other patient populations
- Name the chief risk factors associated with each of the major mental disorders of late life and factors associated with optimal mental functioning
- Assess clinical pharmacotherapy and psychosocial treatments for late-life mental illness including depression, dementia, schizophrenia, delirium, bipolar disorder, Parkinson’s disease, generalized anxiety disorder, substance abuse, and sleep disorders, and apply best practices to individual treatment plans to impact quality of life
- Describe three age-related changes in pharmacologic response and how those changes make elders vulnerable to adverse outcomes
- Identify behavioral interventions for managing agitation and other dementia-related behavioral issues and cite three evidence-based applications that can be utilized in complex cases
- Describe one complementary treatment approach that can be utilized in a psychosocial intervention
- Identify an ethical issue such as advance directives and end-of-life care and a best practice approach to resolving that issue
- Distinguish the delivery of culturally appropriate care to specific diverse populations in geriatric psychiatry practice by identifying the unique psychosocial needs of various groups of the elderly population
- Describe the concepts of successful aging and quality of life as related to life transitions and mental status
- Identify key issues in aging and mental health policy and how the Affordable Care Act has impacted mental health and geriatrics
- Apply the latest research methodologies and findings to clinical cases in geriatric psychiatry
- Understand potential mechanisms by which exercise and caloric restriction could influence the brain and neurodegenerative and vascular changes resulting in healthy brain aging
- Learn how mindfulness-based stress reduction may improve cognition in late-life anxiety and depressive disorders
- Evaluate risks and benefits of electroconvulsive therapy (ECT) in patients with Alzheimer’s Disease and Parkinson’s Disease
AAGP Governance Meetings

AAGP members will have several opportunities to be involved with the association during the Annual Meeting. Take advantage of the following to learn how the association is impacting the field of geriatric psychiatry and how you can play a part. For more information, contact AAGP’s Christopher Wood at cwood@aagponline.org

AAGP Board of Directors Meeting
Wednesday, March 16
Executive Session 8:30 am–12:30 pm
Open Session 1:30 pm–5:30 pm
The AAGP Board of Directors meeting is open to any member who wishes to observe.

AAGP Members’ Business Meeting
Thursday, March 17
11:00 am–12:00 pm
(Open to All AAGP Members)
Come to the business meeting to hear about the ways AAGP has been working for you and to give your input into AAGP’s future direction. At the business meeting, President Gary Small, MD, and President-Elect Dan Sewell, MD, will update members on AAGP’s activities, and Secretary/Treasurer Amita Patel, MD, will provide a report of the organization’s financial position.

AAGP Committees and Caucuses
AAGP committees help to accomplish the work of the association throughout the year, meeting face-to-face at the Annual Meeting and continuing business by conference call and e-mail during the year. All of AAGP’s committees and caucuses meet during the Annual Meeting, and all members are invited to attend any of the meetings, unless otherwise noted. If you decide you would like to get more involved, go to www.AAGPonline.org/lists to join the online conversation. Governance meetings are listed in the program’s schedule of events, but are subject to change. For the most current information, check the committee schedule on the meeting website at www.AAGPmeeting.org.

How to Join a Committee or Caucus
Attend any of the meetings during the Annual Meeting. Any AAGP member is welcome to attend a committee or caucus meeting without officially joining. Stop by and decide if you’d like to get more involved. See the current schedule of meetings at www.AAGPmeeting.org
Or go to www.AAGPonline.org/lists to join the conversation now.

Pathway to Leadership
AAGP invites members to get involved and seek leadership positions on committees and on the Board of Directors. The organization needs a continual infusion of active volunteers and leaders in order to grow and prosper. Take this opportunity to shape the future of your association.

Getting involved in AAGP is easy! Simply show up at a meeting, and be a willing volunteer.

1. Join a committee or caucus and actively participate. AAGP is an organization of volunteers, and those who are willing to dedicate time and effort are welcome. Contact the committee chair and ask how you can help.
2. Seek a chair position. Talk with your chair or other AAGP leaders about how you can take on an increased role in a committee or caucus, perhaps as chair of a sub-committee or as a committee vice-chair. Committee chairs turn over every three years, and new volunteers are always needed.
3. Run for the Board of Directors. Submit your application to the AAGP Nominations Committee. Your participation and leadership on AAGP committees or other task forces and projects will be heavily weighted by the nominations committee.
Continuing Education Credits

PHYSICIANS—CME: LIVE

Accreditation Statement
The American Association for Geriatric Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement
The American Association for Geriatric Psychiatry designates this live activity for a maximum of 32.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians—CME: Enduring
Please note: physicians can earn additional CME by electing the AAGP Annual Meeting Self-Assessment Activity.

Self-Assessment Activity
The AAGP 2016 Annual Meeting offers a self-assessment component to those who register as full conference attendees. The AAGP Annual Meeting Self-Assessment Exam offers 8.0 self-assessment CME credits and will be available March 1 – April 30, 2016.

The American Board of Psychiatry and Neurology has reviewed the AAGP Annual Meeting Self-Assessment Exam and has approved this exam as part of a comprehensive self-assessment program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

CME Accreditation
The American Association for Geriatric Psychiatry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Designations of Credit
The AAGP designates this enduring material for a maximum of 8.0 AMA PRA Category 1 credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PSYCHOLOGY, SOCIAL WORK CONTINUING EDUCATION

AAGP will be providing continuing education for Psychologists and social workers through a partner accreditor.

Nurses Continuing Education
The American Association for Geriatric Psychiatry (AAGP)’s Annual Meeting is approved by the California Board of Registered Nursing, Provider Number CEP 14251 for 32.0 contact hours.

Certified Care Managers Continuing Education
AAGP is submitting the 2016 AAGP Annual Meeting for approval for continuing education for certified care managers.

Disclosures from Planning Committee and Board
All Committee members and staff in a position to influence the content of an educational activity, as well as all Board members, are required to complete and submit the Planning Committee Disclosure Form.
## Meeting Overview

<table>
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<tr>
<th>Day</th>
<th>Registration</th>
<th>Programs</th>
<th>Exhibit Hall</th>
<th>Activities</th>
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</thead>
<tbody>
<tr>
<td><strong>WEDNESDAY</strong>&lt;br&gt;March 16</td>
<td><strong>Registration</strong>&lt;br&gt;4:00 pm–6:30 pm</td>
<td><strong>Training Directors’ Workshop</strong> <em>(ticketed event)</em>&lt;br&gt;7:30 am–12:00 pm&lt;br&gt;<strong>Review Course</strong> <em>(ticketed event)</em>&lt;br&gt;7:30 am–4:45 pm&lt;br&gt;<strong>Neuroscience Teaching Day</strong> <em>(ticketed event)</em>&lt;br&gt;8:30 am–12:30 pm&lt;br&gt;<strong>Breakout Sessions</strong>&lt;br&gt;1:30 pm–3:00 pm, 3:15 pm–4:45 pm</td>
<td><strong>AAGP Business Meeting</strong>&lt;br&gt;11:00 am–12:00 pm&lt;br&gt;<strong>Opening Plenary</strong>&lt;br&gt;5:00 pm–6:30 pm&lt;br&gt;<strong>Opening Reception</strong>&lt;br&gt;6:30 pm–8:00 pm&lt;br&gt;<strong>Members-In-Training (MIT) Reception</strong>&lt;br&gt;(open only to trainees and training directors)&lt;br&gt;7:30 pm–8:30 pm</td>
<td></td>
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<tr>
<td><strong>THURSDAY</strong>&lt;br&gt;March 17</td>
<td><strong>Registration</strong>&lt;br&gt;7:00 am–6:00 pm</td>
<td><strong>Breakfast Symposium</strong>&lt;br&gt;7:30 am–9:30 am&lt;br&gt;<strong>Scholars Breakfast</strong>&lt;br&gt;7:30 am–8:30 am&lt;br&gt;<strong>Scholars Program</strong>&lt;br&gt;8:30 am–11:15 am&lt;br&gt;<strong>Breakout Sessions</strong>&lt;br&gt;9:45 am–11:15 am&lt;br&gt;<strong>Plenary Session:</strong>&lt;br&gt;Arthur Kramer, PhD&lt;br&gt;11:30 am–12:30 pm</td>
<td><strong>Product Theater</strong>&lt;br&gt;4:30 pm–5:30 pm&lt;br&gt;<strong>Exhibit Hall Open</strong>&lt;br&gt;4:30 pm–6:30 pm&lt;br&gt;<strong>Early Investigator Research Posters</strong>&lt;br&gt;4:30 pm–6:00 pm&lt;br&gt;<strong>Exhibit Hall Reception</strong>&lt;br&gt;4:30 pm–6:00 pm&lt;br&gt;<strong>Product Theater</strong>&lt;br&gt;5:30 pm–6:30 pm</td>
<td><strong>ARI Reception</strong>&lt;br&gt;6:00 pm–7:00 pm</td>
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<tr>
<td><strong>FRIDAY</strong>&lt;br&gt;March 18</td>
<td><strong>Registration</strong>&lt;br&gt;7:00 am–5:30 pm</td>
<td><strong>Breakfast Symposium</strong>&lt;br&gt;7:30 am–9:30 am&lt;br&gt;<strong>Developing Your Research Career</strong>&lt;br&gt;8:45 am–11:15 am&lt;br&gt;<strong>Breakout Sessions</strong>&lt;br&gt;9:45 am–11:15 am&lt;br&gt;<strong>Plenary Session:</strong>&lt;br&gt;Carol Ryff, PhD&lt;br&gt;11:30 am–12:30 pm&lt;br&gt;<strong>Discussion Roundtables</strong>&lt;br&gt;3:15 pm–4:45 pm</td>
<td><strong>GMHF Donors Reception</strong>&lt;br&gt;(invitation only)&lt;br&gt;7:00 pm–8:30 pm</td>
<td></td>
</tr>
<tr>
<td><strong>SATURDAY</strong>&lt;br&gt;March 19</td>
<td><strong>Registration</strong>&lt;br&gt;7:00 am–5:30 pm</td>
<td><strong>Breakfast Symposium</strong>&lt;br&gt;7:30 am–9:30 am&lt;br&gt;<strong>Annual Meeting Program Committee</strong>&lt;br&gt;7:30 am–9:30 am&lt;br&gt;<strong>Breakout Sessions</strong>&lt;br&gt;9:45 am–11:15 am, 11:30 am–1:00 pm</td>
<td><strong>Exhibit Hall Open</strong>&lt;br&gt;11:00 am–7:00 pm&lt;br&gt;<strong>Exhibit Hall Lunch</strong>&lt;br&gt;12:30 pm–1:30 pm&lt;br&gt;<strong>Research Posters</strong>&lt;br&gt;4:45 pm–6:45 pm&lt;br&gt;<strong>Exhibit Hall Reception</strong>&lt;br&gt;4:45 pm–6:45 pm&lt;br&gt;<strong>Product Theater</strong>&lt;br&gt;5:30 pm–6:30 pm</td>
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Review in Geriatric Psychiatry: Preparation for Subspecialty Examinations
A FULL-DAY PROGRAM DESIGNED FOR SUBSPECIALTY EXAM PREPARATION
Thursday, March 17, 7:00 am–4:45 pm
Participants of this program will hear how to select appropriate evaluation tools for diagnostic assessments, describe treatment interventions for psychiatric disorders in the elderly, compare and contrast treatment options in diverse practice settings, explain the role of the geriatric psychiatrist in health care systems, and discuss practice-related federal policies. Includes a Self-Assessment activity for pre-registrants. See page 16 for details. Register online or on the AAGP Annual Meeting Registration Form.

Early-bird registration fee: $300 AAGP members
$395 nonmembers
After January 22, 2016: $340 AAGP members
$435 nonmembers

Training Directors Workshop
Thursday, March 17, 7:30 am–12:00 pm
The AAGP Training Directors Workshop is open to all directors of geriatric psychiatry fellowship programs, or their designees. This long-running, annual workshop is designed to:
★ present new ideas to help directors of geriatric psychiatry fellowship programs grow their programs and improve upon educational offerings;
★ foster a team approach to recruiting trainees into the field of psychiatry and into geriatrics specifically;
★ give training directors an opportunity to discuss issues, regulations, and current events that are impacting their training programs.
The workshop will include presentations and open discussion forums on a number of topics, as well as updates on AAGP initiatives through the Teaching and Training Committee. Advance registration is required.

Early-bird registration fee: FREE AAGP members
$225 nonmembers
After January 22, 2016: FREE AAGP members
$255 nonmembers

Neuroscience Teaching Day: Translational Neuroscience of Lifestyle Medicine
Thursday, March 17, 8:30 am–12:30 pm
Previous research has found that healthy lifestyle behaviors, such as regular physical exercise and a nutritious diet or a caloric restriction, are associated with a lower risk for Alzheimer’s disease and other dementias. This Neuroscience Teaching Day will be devoted to the translational neuroscience of lifestyle interventions -- from the animal models to human studies of exercise and dietary interventions including caloric restriction, as well as hormonal influences and hormonal replacement strategies for healthy cognitive and brain aging. See page 15. Register online or on the AAGP Annual Meeting Registration Form.

Early-bird registration fee: $165 AAGP members
$245 nonmembers
After January 22, 2016: $185 AAGP members
$275 nonmembers

Plenary Sessions
Friday, March 18, 11:30 am–12:30 pm
Plenary 2: Walking Toward a Healthier Brain and Mind
Faculty: Arthur Kramer, PhD
Dr. Kramer will review research conducted in the laboratory, and the field in general, which has examined the extent to which fitness training and physical activity enhances cognition and brain structure and function of older adults. The presentation will cover both cross-sectional and intervention studies of fitness differences and fitness and physical activity training. Studies which assess cognition via both behavioral measures and non-invasive neuroimaging measures, such as magnetic resonance imaging, functional magnetic resonance imaging, event-related brain potentials, and the event-related optical signal, will be reviewed and discussed. Finally, Dr. Kramer will explore the gaps in the human and animal literature on cognitive and brain health and the manner in which they can be addressed in future research.

Saturday, March 19, 11:30 am–12:30 pm
Plenary 3: Purposeful Life Engagement, Healthy Aging and the Brain: Advances in Science and Practice
Faculty: Carol D. Ryff, PhD
This presentation will review recent findings from multiple longitudinal studies showing that older adults with higher levels of eudaimonic well-being, especially purpose in life, have reduced risk of disease, and they live longer. Also highlighted will be additional investigations that have linked purposeful life engagement to the health of the brain, examined from both cognitive and emotional perspectives. A final segment of the presentation will review community-based interventions designed to promote experiences of well-being among older adults.
Program Highlights

Industry Supported Symposium
Friday, March 18, 12:45 pm—2:45 pm
A 3D View: Towards an Early Diagnosis and a Disease-Modifying Approach to Alzheimer’s Disease

Saturday, March 19, 7:30 am—9:30 am
New Perspectives on the Diagnosis and Treatment of Patients with Parkinson Disease Psychosis

Case Presentation Sessions
Friday, March 18, and Sunday, March 20
Three Case Presentation Sessions on Friday and Sunday will each feature three unusual cases followed by a group discussion. See the schedule of events for details.

Discussion Roundtables
Saturday, March 19, 12:30 pm—1:30 pm
Earn CME by participating in a small-group, in-depth discussion on a topic that interests you. Registrants will receive information about signing up, beginning in January.

Product Theaters
These non-CME events allow presentations and discussions on specific therapeutic interventions. See the Final Program schedule on site for these sessions.

Posters and Exhibit Hall Reception
Friday, March 18, 4:30 pm—6:30 pm
Saturday, March 19, 4:30 pm—6:45 pm
Take in the latest research from established and early-career investigators. Talk to authors and enjoy refreshments in the Exhibit Hall.

Self-Assessment Activity for Psychiatrists
To help geriatric psychiatrists meet their Maintenance of Certification self-assessment requirement, the AAGP Annual Meeting offers a self-assessment component to those who register as full conference attendees by February 20. The AAGP Annual Meeting Self-Assessment Exam offers 8.0 self-assessment CME credits.

Participants who choose the self-assessment will receive a pre-test via email before the Annual Meeting. After completing the exam, participants will be directed to a customized list of Annual Meeting sessions to address their knowledge gaps, and receive a comparison of their performance to their peers.

To choose the self-assessment component, select the option on the conference registration form and be sure to include your e-mail address. The exam is only available to full registrants and must be completed before the annual meeting.

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The American Association for Geriatric Psychiatry (AAGP) is a national association serving its members and the field of geriatric psychiatry and late-life mental health. It is dedicated to promoting the mental health and well-being of older people and improving the care of those with late-life mental disorders. Physicians make up 78 percent of the approximately 1,000 conference attendees along with advanced practice nurses, psychologists, and pharmacists.

AAGP is managed by Degnon Associates.
Review in Geriatric Psychiatry

Preparation for Subspecialty Examinations

William M. McDonald, MD, Program Chair

A full-day program designed for subspecialty exam preparation

Thursday, March 17, 2016 ★ 7:00 am—4:45 pm
Continental Breakfast beginning at 7:00 am

Content areas include:
- Geriatric Psychiatry: Evaluation and Diagnosis
- Dementias: From Risk Factors to Treatment
- Neurological Assessment and Common Neuropsychiatric Disorders
- Anxiety Disorders in Older Patients
- Psychotic Disorders in the Elderly
- Bereavement, Mood Disorders, and Suicide
- Substance Use Disorders
- Sleep Disorders in the Elderly
- Personality Disorders in the Elderly
- ECT: Therapy and Pharmacology
- Palliative Care
- Ethical and Forensic Issues

Program Objectives

Individuals who participate in this program will be able to:
- Select appropriate evaluation tools for diagnostic assessments.
- Describe treatment interventions for psychiatric disorders in the elderly.
- Compare and contrast treatment options in diverse practice settings.
- Explain the role of the geriatric psychiatrist in health care systems.
- Discuss practice-related federal policies.

Faculty
- Marie DeWitt, MD
- James M. Ellison, MD
- Alastair Flint, MD
- Nalaka Gooneratne, MD, MSc
- Robert Greenberg, MD, MS
- John Kasckow, MD, PhD
- Maria L. Lapid, M.D
- Laura Marsh, MD
- Arnaldo Moreno, MD
- David W. Oslin, MD
- Prasad Padala, MD, MS, FACHE
- Martha Sajatovic, MD

Self-Assessment

All course registrants will complete the Review in Geriatric Psychiatry self-assessment examination as part of the Review Course. Registrants will receive the examination via email, which must be completed before April 30, 2016. Upon successful completion of the exam and attendance at the course, participants will earn a total of 10.5 hours of self-assessment CME.

The American Board of Psychiatry and Neurology has reviewed the Review in Geriatric Psychiatry Self-Assessment Program and has approved this program as part of a comprehensive self-assessment program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

Good preparation for the
Geriatric Psychiatry Certification Examination

ABPN Maintenance of Certification Examination
April 18–22, 2016
EXAM APPLICATION DEADLINE: November 3, 2015
LATE DEADLINE: December 1, 2015

ABPN Certification Exam
October 17–21, 2016
EXAM APPLICATION DEADLINE: March 22, 2016
LATE DEADLINE: May 17, 2016
Learn more about the MOC exam at www.ABPN.com.

Register early and save!

(See Registration Form, page 43)

Advance registration fee on or before January 22, 2016:
- $300 AAGP members
- $395 nonmembers

After January 22, 2016:
- $340 AAGP members
- $435 nonmembers
Neuroscience Teaching Day

The AAGP Research Committee Presents

The Ninth Annual Neuroscience Teaching Day

Translational Neuroscience of Lifestyle Medicine

Thursday, March 17, 2016

8:30 am–12:30 pm

Continental Breakfast Beginning at 8:00 AM

Previous research has found that healthy lifestyle behaviors, such as regular physical exercise and a nutritious diet or a caloric restriction, are associated with a lower risk for Alzheimer’s disease and other dementias. This Neuroscience Teaching Day will be devoted to the translational neuroscience of lifestyle interventions -- from the animal models to human studies of exercise and dietary interventions including caloric restriction, as well as hormonal influences and hormonal replacement strategies for healthy cognitive and brain aging.

The panel of distinguished investigators will present three talks on the topics: 1) Dr. Mark Mattson (NIH/NIA) on the energetic challenges for the brain through dietary (intermittent fasting) and exercise interventions; 2) Dr. Kirk Erickson (University of Pittsburgh) on exercise and brain plasticity; and 3) Dr. Susan Resnick (NIH/NIA) will present the recent evidence from several longitudinal studies of lifestyle interventions that can decrease the risk of cerebrovascular disease and maintain physical health with positive impact on brain health.

The session will conclude with a panel discussion with workshop participants.

Program Objectives

★ Participants will learn about translational mechanisms of caloric restriction, intermittent fasting, and physical exercise in late-life neuropsychiatric disorders
★ Participants will understand aging-related brain changes and modifiable factors (e.g., genetic factors, vascular risk factors, sleep duration and quality, hormones, inflammation, and personality characteristics) that can play a role in the prevention of accelerated brain aging.
★ Participants will understand the role of physical exercise and fitness for brain health and for cognitive function
★ Participants will learn about the neuroprotective and neurorestorative effects of lifestyle interventions for brain and cognitive aging.

Faculty

PROGRAM CHAIR:
Helen Lavretsky, MD
University of California, Los Angeles
Los Angeles, CA

FACULTY:
Susan Resnick, PhD
NIH/NIA
Bethesda, MD
Kirk Erickson, PhD
University of Pennsylvania
Pittsburgh, PA
Mark Paul Mattson, PhD
NIH/NIA
Bethesda, MD

Workshop Fees

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<tr>
<td>AAGP Members</td>
<td>$165</td>
<td>$185</td>
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<tr>
<td>Non-members</td>
<td>$245</td>
<td>$275</td>
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Neuroscience Teaching Day is a specially ticketed event held in conjunction with the AAGP 2016 Annual Meeting. To register, go to [www.AAGPmeeting.org](http://www.AAGPmeeting.org).

Accreditation and Credit Information

The American Association for Geriatric Psychiatry (AAGP) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Association for Geriatric Psychiatry designates this live activity for a maximum of 3.75 AMA PRA Category 1 credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Thursday, March 17

7:30 AM-12:00 PM
Training Directors Workshop
Georgetown East+West
Chair: Jason Schillerstrom, MD

7:30 AM-4:45 PM
Geriatric Psychiatry Review Course
Jefferson East+West
Chair: William McDonald, MD

8:30 AM-12:30 PM
Neuroscience Teaching Day: Translational Neuroscience of Lifestyle Medicine
International Ballroom West
Chair: Helen Lavretsky, MD

11:00 AM-12:00 PM
AAGP Business Meeting
Gunston East+West

1:30 PM- 3:00 PM
Session 100
Lincoln East
What’s Palliative Care Got To Do With It?
Chair: Laura Dunn, MD
Faculty: Teresa Rummans, MD, Laura Dunn, MD, Maria Lapid, MD
Geriatric mental health providers need to be well-versed in issues facing older adults with serious and life-limiting illnesses. Palliative care, associated with enhanced quality of life and reduced symptom burden, remains underutilized, partly due to lack of awareness of palliative care principles, practices, and potential benefits.

1:30 PM- 3:00 PM
Session 103
Georgetown West
Late Life Schizophrenia: Advances in Research
Chair: John Kasckow, MD, PhD
Faculty: Carl Cohen, MD, Tarek Rajji, MD, Candace Fraser, DO
This symposium will cover advances in research which advance our knowledge of older persons with schizophrenia. The topics will range from research studies examining longitudinal studies on coping strategies in older adults with schizophrenia (Dr. Cohen), research examining cognitive behavioral/social skills training in older adults with schizophrenia (Dr. Rajji), clinical and demographic factors associated with suicidal ideation in hospitalized older adults with schizophrenia (Dr. Fraser) and the evidence base for psychosocial treatments in older adults with schizophrenia (Dr. Kasckow). Dr. Carl Cohen will serve as discussant.

1:30 PM- 3:00 PM
Session 104
Gunston East+West
OVERAGE DRINKING: Alcohol Use Disorders in Older Adults and Role of SBIRT as Evidence-Based Approach to Diagnosis and Management
Chair: Shilpa Srinivasan, MD
Faculty: Rebecca Payne, MD, Rushiraj Laiwala, MD
This session will provide an overview of the prevalence of alcohol use and alcohol use disorders in older adults, along with trends over the last 10 years. The role of SBIRT-Screening, Brief Intervention and Referral to Treatment, an evidence-based national initiative as it applies to older adults will be discussed. Treatment of alcohol use disorders in elderly will be reviewed.
### Schedule of Events

**Thursday, March 17, continued**

<table>
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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>1:30 PM-3:00 PM</td>
<td>Session 105: Sensors, Smartphones and Geriatric Psychiatry</td>
<td>Lincoln West</td>
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<td>Chair: Ipsit Vahia, MD</td>
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<td>Faculty: Azziza Bankole, MD, John Torous, MD, Sophia Wang, MD</td>
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<td>Discussant: Stephen Bartels, MD, MS</td>
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<td>As communication technology becomes ubiquitous, potential uses for technology-based tools present very exciting possibilities for geriatric psychiatry. The session with feature 3 presentations, each focusing on a different form of technology: smart phones, wearable and implantable sensors, and environmental motion detection sensors. Presenters will discuss how this technology, in conjunction with cutting edge analytic methods can present clinicians with tools that did not even exist as recently as 4-5 years ago. The presentations will include case-based and research-based evidence.</td>
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<tr>
<td>3:15 PM-4:45 PM</td>
<td>Session 106: Can We Change the Inevitable? Ameliorating Brain Aging and Cognitive Decline</td>
<td>Lincoln West</td>
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<td>Chair: Warren Taylor, MD, MHSc</td>
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<td>Faculty: Cyrus Raji, MD, PhD, Lihong Wang, MD, PhD, Helen Lavretsky, MD</td>
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<td>This symposium focuses on how to identify and reduce the risk of adverse cognitive aging. After a brief overview discussing theories of cognitive aging, speakers will present new research focusing on data both from healthy individuals as well as a geriatric psychiatry clinic. The presenters will consider the concept of preventive neuroradiology, or how imaging markers may inform us of risk. They will also present new research data examining how physical interventions may benefit cognition in older adults and how such cognitive changes are related to changes in brain function and neural connectivity.</td>
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<tr>
<td>3:15 PM-4:45 PM</td>
<td>Session 107: Career Choices for IMG Geriatric Psychiatrists</td>
<td>Monroe</td>
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<td>Chair: Rajesh Tampi, MD, MS, DFAPA</td>
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<td>Faculty: Iqbal Ahmed, MD, Amita Patel, MD, Ipsit Vahia, MD</td>
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<td>In this symposium we will describe the role of the IMGs in care of older adults with psychiatric illness in United States. We will review their role as private practitioners, educators, as academicians and as researchers. We will also discuss how organizations like the AAGP can play a greater role in attracting larger number of IMGs to join the geriatric psychiatry workforce and also the AAGP.</td>
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<td>3:15 PM-4:45 PM</td>
<td>Session 108: Paying it Forward II: An Interactive Workshop on Mentorship</td>
<td>Lincoln East</td>
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<td>Chair: Laura Dunn, MD</td>
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<td>Faculty: Stefana Morgan, MD, Denise Feil, MD, MPH</td>
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<td>Building upon the 2015 “Paying It Forward” symposium, this interactive workshop on advanced topics in mentoring will focus on specific challenges, such as communication, expectations, and authorship.</td>
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# Schedule of Events

## Friday, March 18

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<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:30 AM-8:30 AM</td>
<td>GMHF Scholars Program Breakfast</td>
<td>Dupont</td>
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<tr>
<td>7:30 AM-9:30 AM</td>
<td>Addressing Cognition in Geriatric Depression: Measurement- and Evidence-Based Care Strategies</td>
<td>International Ballroom Center</td>
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<tr>
<td>8:30 AM-11:00 AM</td>
<td>GMHF Scholars Program</td>
<td>Gunston East/West</td>
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<tr>
<td>9:45 AM-11:15 AM</td>
<td>Ethical, Legal and Forensic Issues in Geriatric Psychiatry</td>
<td>Lincoln West</td>
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<tr>
<td>9:45 AM-11:15 AM</td>
<td>King Lear and Geriatric Psychiatry: &quot;Thou Shouldst Not Have Been Old till Thou hadst Been Wise&quot;</td>
<td>Lincoln East</td>
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<tr>
<td>9:45 AM-11:15 AM</td>
<td>Recent Research in Geriatric Anxiety Disorders</td>
<td>Georgetown East</td>
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<tr>
<td>11:30 AM-12:30 PM</td>
<td>Plenary 2</td>
<td>International Ballroom Center</td>
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<tr>
<td>12:45 PM-2:45 PM</td>
<td>GMHF Scholars Networking Luncheon</td>
<td>Columbia Foyer North</td>
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<tr>
<td>12:45 PM-2:45 PM</td>
<td>A 3D View: Towards an Early Diagnosis and a Disease-Modifying Approach to Alzheimer's Disease</td>
<td>International Ballroom Center</td>
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### Session 205

**Recent Research in Geriatric Anxiety Disorders**
- **Chair:** Mary Dozier
- **Faculty:** Catherin Ayers, Emily Bower
- **Discussant:** Julie Wetherell, PhD

This session will review recent research in the presentation and treatment of hoarding disorder (HD) and fear of falling in older adults. We will address the effect of fear of falling on functional recovery from hip fractures, the association of clutter severity with social functioning, and the results of a randomized controlled trial comparing Cognitive Rehabilitation and Exposure/Sorting Therapy (CREST) to case management in the treatment of late life HD.

### Session 204

**Psychiatric Disturbances in Parkinson's Disease: What's New?**
- **Chair:** Laura Marsh, MD

Presenters in this symposium will review the latest data on the characterization, diagnosis, and treatment of common but vexing mental health issues in Parkinson's disease (PD) (depression, anxiety, psychosis, and cognitive changes). Practical and developing approaches for promoting mental health in the context of living with PD will be described. The role of psychiatric disturbances over the course of PD, including its pre-motor stages, will be discussed in the context of future research and approaches to clinical care.
## Schedule of Events

### Friday, March 18, continued

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Title</th>
<th>Chair(s)</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>3:00 PM-4:30 PM</td>
<td>Session 207</td>
<td>Morgan</td>
<td><strong>Update on Geriatric Psychiatry Maintenance of Certification Program</strong></td>
<td>Chair: Jeffrey Lyness, MD</td>
<td>Jeffrey Lyness, MD, Lisa Boyle, MD</td>
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<td>Maintenance of Certification is a program required for continued board certification in geriatric psychiatry by the American Board of Psychiatry and Neurology. This symposium will provide AAGP meeting attendees with an update from a Psychiatry Director of the ABPN about its Maintenance of Certification (MOC) program (including recent changes in response to revised requirements issued by the American Board of Medical Specialties), information about how the AAGP can help support its members to maintain subspecialty certification, and an opportunity for participants to discuss issues related to maintaining ABPN subspecialty certification. Jeffrey Lyness will provide a review of the ABPN MOC Program requirements and inform symposium participants about recent updates and rationale for changes. Dr. Lyness currently serves as a Psychiatry Director of the ABPN. Lisa Boyle will provide an overview of AAGP's efforts to provide support to its members to maintain Geriatric Psychiatry certification. Dr. Boyle currently serves as AAGP's CME committee chair.</td>
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<tr>
<td>3:00 PM-4:30 PM</td>
<td>Session 208</td>
<td>Jefferson West</td>
<td><strong>Ageism in Medical Education: How Can We Create Enduring Attitudinal Change?</strong></td>
<td>Chair: Susan Lehmann, MD</td>
<td>Mary Blazek, MD, MEHP, William Brooks, MD</td>
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<td>What can medical student educators do differently to counter the negative attitudes toward aging that impact geriatric education and patient care? Stigma and bias about aging negatively impact patient care and discourage students from pursuing careers in geriatrics. In addition, current studies indicate that many educational interventions designed to engage medical students with older patients fail to produce lasting improvement in attitudes towards aging. In this symposium, three geriatric psychiatrists, who are also medical student educators, address this problem, explore reasons why stigma about aging is pervasive in medical settings, and suggest new approaches to medical education to create enduring positive attitudinal change.</td>
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<tr>
<td>3:00 PM-4:30 PM</td>
<td>Session 209</td>
<td>Monroe</td>
<td><strong>Case Presentation Session 1</strong> Reemergence of Mental Health Issues in a Fully Treated Case of Atypical Neurosyphilis: Treatment Challenges</td>
<td>Chair: Nidhi Goel, MD</td>
<td>Nidhi Goel, MD, MD</td>
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<td>The case presentation will highlight a fully treated case of atypical neurosyphilis. The trajectory of aging, both normal and pathologic and may complicate diagnosis, and require attention during treatment. This case will examine biological, psychological, and cognitive factors that contribute to sex and gender differences as they apply to the aging process.</td>
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3:00 PM-4:30 PM

**Session 210**

**Clinical Advances in ECT Focused on Elderly Patients**

Chair: William McDonald, MD

Faculty: Georgios Petrides, MD, Adriana Hermida, MD, Charles Kellner, MD

This symposium will include topics relevant to the clinical practice of ECT in geriatric psychiatry based on recent research findings.

3:00 PM-4:30 PM

**Session 211**

**Clinical Current and Prospective Programs in Geriatric Telepsychiatry**

Chair: Taya Varteresian, DO, MS

Faculty: Alex Threlfall, MD, Pei Huey Nie, MD

To provide description of current programs and developing programs delivering telepsychiatry to geriatric populations in the Veterans Administration, Department of Mental Health and private practice in multiple settings including outpatient clinic, inpatient medical and psychiatry units, emergency rooms, nursing homes and home settings.

3:00 PM-4:30 PM

**Session 212**

**Taming the Elephant in the Room: Interventions for Improving Dementia Care Using Technology**

Chair: Shilpa Srinivasan, MD

Faculty: James Bouknight, MD, PhD, Juliet Glover, MD, John Taylor, PhD

This session will highlight three unique and innovative interventions, ABCMedHome, MIND at HOME, and the WeCareAdvisor, that make use of technology to facilitate dementia care management.

3:00 PM-4:30 PM

**Session 213**

**Too Old for That? Diagnostic and Clinical Implications of ADHD in Older Adults**

Chair: Shilpa Srinivasan, MD

Faculty: James Bouknight, MD, PhD, Juliet Glover, MD, John Taylor, PhD

This symposium will review ADHD in older adults. The role of neuropsychological testing will be discussed and clinical vignettes will be presented to highlight diagnostic and treatment implications.

3:00 PM-4:30 PM

**Session 214**

**Vive la Différence: Sex Differences in Cognitive and Emotional Aging**

Chair: Paul Newhouse, MD

Faculty: Julie Dumais, PhD, Monique Cherrier, PhD, C. Neil Epperson, MD

Biological and cognitive sex differences that emerge at earlier stages of life may alter the trajectory of aging, both normal and pathologic and may complicate diagnosis, and require attention during treatment. This symposium will examine biological, psychological, and cognitive factors that contribute to sex and gender differences as they apply to the aging process.

Friday, March 18, 2016
Schedule of Events

Friday, March 18, continued

4:30 PM-6:30 PM
**Early Investigator Posters and Exhibit Hall Reception**  
*Columbia Hall*
Poster rounds will take place from 4:30 PM-5:30 PM. Presenters will be available to discuss their work in a standard poster session from 5:30 PM-6:30 PM.

4:30 PM-5:30 PM
**Product Theater**  
*Gunston*

4:30 PM-6:00 PM
**LGBT Caucus Meeting**  
*Monroe*

4:30 PM-6:00 PM
**Clinical Practice Committee**  
*Dupont*

4:30 PM-6:00 PM
**CME Committee Meeting**  
*Embassy*

4:30 PM-6:30 PM
**Teaching and Training Committee Meeting**  
*Fairchild East+West*

5:30 PM-6:30 PM
**Product Theater**  
*Gunston*

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Saturday, March 19, continued

9:45 AM-11:15 AM
**Session 300**  
*Georgetown West*

- Assessing Frontal Lobe-Medial Temporal Lobe Connectivity in Alzheimer’s Disease and Related Dementias  
  Discussant: Azziza Bankole, MD  
  We investigate the particular elements of brain connectivity that correspond to neurodegenerative-related changes in cognition and behavior, specifically in dementia. By applying Dynamic Causal Modeling (DCM) to fMRI and EEG recordings, dementia-induced changes in activity along different pathways are delineated.

9:45 AM-11:15 AM
**Session 301**  
*Georgetown East*

- Dealing with the Unseen: Assessing and Addressing Implicit Attitudes to Enhance Professional Success in Geriatric Mental Healthcare  
  Chair: Tatyana Shteinlukh, MD, PhD  
  Faculty: Lisa Eyler, PhD, Sheena Dev, BS, Nanette Dowling, DO, MHPA, Tatyana Shteinlukh, MD, PhD, Lisa Eyler, PhD, Sheena Dev, BS, Nanette Dowling, DO, MHPA  
  The workshop will introduce participants to the concept of unconscious bias and present data about the role of implicit attitudes in academic medicine, including patient care, teaching, research, and administration.

9:45 AM-11:15 AM
**Session 302**  
*Lincoln West*

- Is Aging a Disease? Subjective Cognitive Impairment and Physiologic Factors  
  Chair: Barry Reisberg, MD  
  Faculty: Yonas Geda, MD, Davangere Devanand, MD  
  Discussant: Gary Small, MD  
  The presence of subjective symptoms of cognitive impairment (SCI) is now demonstrated to be a pre-mild cognitive impairment stage of eventual Alzheimer’s disease lasting a mean of 15 years. Physiologic factors, e.g., apolipoprotein E genotype and age, can influence SCI occurrence. Odor identification is also now shown to be a marker of subsequent cognitive impairment, dementia, and demise.

9:45 AM-11:15 AM
**Session 303**  
*Lincoln East*

- Managing Dementia Residents in Long-term Care Using Telehealth  
  Faculty: Susan Scanland, MSN  
  A geriatric psychiatrist and gerontological nurse practitioner will present their personal experience using telehealth services to manage dementia, depression and other chronic mental illnesses in rural long-term care facilities.

9:45 AM-11:15 AM
**Oral Paper Presentation**  
*Jefferson West*

- Alzheimer’s Disease and Brain Health  
  Five investigators will give brief presentations of cutting-edge research findings in the areas of Alzheimer’s disease and Brain Health with time for questions from the audience. AAGP Members and investigators are encouraged to attend.
Montefiore Diamond Managed Long Term Care Plan, director to social work from Montefiore Home care and the geriatric psychiatrist for the Montefiore Home Care Geriatric Psychiatry Program will discuss how mental health screening and treatment have been integrated across the Montefiore Health system in order to improve patient outcomes and health care utilization.

1:30 PM - 3:00 PM
Session 306
Georgetown West
*Honor Scholars Alumni Session*
Chair: Michelle Conroy, MD
Three to four 2015 Honors Scholars will present their scholarly projects.

1:30 PM - 3:00 PM
Session 307
Jefferson East
*Lifestyle Interventions in Late-Life Neuropsychiatric Disorders*
Chair: Soham Rej, MD
Faculty: Martha Sajatovic, MD, Julie Wetherell, PhD
Discussant: Helen Lavretsky, MD
Lifestyle interventions such as exercise, mindfulness, tai-chi, and yoga are becoming recognized as legitimate therapies in geriatric mental illness and for promoting brain health. In this session, presenters will discuss new data examining how lifestyle interventions can be helpful in treating and preventing a broad range of late-life neuropsychiatric disorders: anxiety, depression, Parkinson’s disease, psychosis, severe mental illness, and cognitive decline.

1:30 PM - 3:00 PM
Session 308
Lincoln West
*Policy and Advocacy 101*
Chair: Alex Therrell, MD
Faculty: Ilse Wiechers, MD, Paul Kirwin, MD, Steven Huege, MD
This workshop, sponsored by the Public Policy Caucus, will explore aging and mental health policy issues and help prepare participants to engage in effective advocacy for our patients and the field of geriatric psychiatry.

1:30 PM - 3:00 PM
Session 309
Lincoln East
*Statewide Clinical Outreach Program for the Elderly: A System of Care for Managing Behavioral Disturbances in Dementia*
Faculty: Deborah Klaszky, MS, Lucille Esralew, PhD, Martin Forsberg, MD
Behavioral and psychiatric symptoms of dementia such as agitation, aggression and psychotic disturbances are often reported in the elderly. Nonpharmacologic management is recommended as a first line treatment to decrease the frequency and intensity of these challenging behaviors and improve quality of life for these individuals. During this presentation, a statewide consultation program that specializes in the assessment and treatment of behavioral disturbances in dementia will be discussed.

1:30 PM - 3:00 PM
Session 310
Jefferson West
*Transforming the Geriatric Workforce: Today and Tomorrow*
Chair: Sandra Swantek, MD
Faculty: Lisa Boyle, MD, MPH, Elizabeth Santos, MD, MPH, Joel Streim, MD
The Geriatric Workforce Enhancement Program (GWEP) addresses workforce...
Schedule of Events

Saturday, March 19, continued

development in providing for the needs of older adults suffering from one or more
chronic conditions, including behavioral health and major neurocognitive disorders. This
session examines HHS intent in creating GWEP and introduces 4 of the 44 organizations
participating in the 3-year, $35 million award.

1:30 PM-5:30 PM  K Award Program  Fairchild West
A program for NIH-funded researchers with a K grant.

3:00 PM-4:00 PM  APRN Caucus Meeting  Dupont

3:00 PM-4:30 PM  Diversity Committee Meeting  Cabinet

3:15 PM-4:45 PM  Session 311  Lincoln East
Amyloid Imaging: Using a New Biomarker to Improve Diagnosis
Chair: John Seibyl, MD
Faculty: Yvette Sheline, MD, Norman Foster, MD, Saima Hedrick, MPH
This session will address how the 3 FDA-approved amyloid tracers can be used to help
evaluate common diagnostic dilemmas in Alzheimer’s Disease, and the criteria for the
new IDEAS study. Three speakers will provide 30-minute presentations (including time for
questions) in the 90-minute session.

3:15 PM-4:45 PM  Session 312  Jefferson West
CAM for the Goose and the Gander: Demonstrations of Mind-Body
Practices for Patients and Practitioners
Chair: Moria Smoski, PhD
Faculty: Soham Rej, MD, Helen Lavretsky, MD
Discussant: Paul Newhouse, MD
There is a significant and growing literature demonstrating the effectiveness of
complementary and alternative meditative practices in reducing distress and improving
quality of life for older adults, as well as for health care professionals. This symposium
will present interactive demonstrations of tai-chi, yoga, and mindfulness meditation
practices for use by practitioners and patients alike.

3:15 PM-4:45 PM  Session 313  Georgetown East
Delirium and Post-Operative Cognitive Decline: Who is at Risk for
the Long-term Neurocognitive and Neuropsychiatric Effects?
Chair: Sophia Wang, MD
Faculty: Patrick Smith, PhD, MPH, Jeffrey Browndyke, PhD
Clinicians are starting to appreciate that the neurocognitive and neuropsychiatric
sequelae of acute medical and surgical events persist beyond the recovery period. These
long-term effects may differ by patient population, e.g., those who are medically ill versus
post-operative. In addition, the late-life medical and surgical events are associated with
neurological and psychiatric changes that may increase the risk for subsequent disease
onset with even more significant functional effects (e.g., Alzheimer’s disease). We will
focus our discussion on populations that are at high risk for delirium, post-operative
cognitive decline, and other neuropsychiatric complications. We will specifically discuss
patients who were hospitalized in the intensive care unit, underwent cardiac procedures,
and received lung transplantation.

3:15 PM-5:15 PM  Session 314  Jefferson East
Developing Your Clinician / Educator Career
Chair: Dennis Popeo, MD
Faculty: Alessandra Scalmati, MD, PhD, Lory Bright-Long, MD, Elizabeth Santos, MD, MPH
In this special 2 hour symposium, we will present advice on creating a teaching
portfolio and using that portfolio for promotion; present new teaching skills and allow
participants to practice those new skills; and encourage networking for support and
scholarly collaboration.

3:15 PM-4:45 PM  Session 315  Monroe
From TBI to CTE: a Review and Update on Diagnosis, Management and
Pathophysiology of Mild TBI and Chronic Traumatic Encephalopathy
Chair: Luisa Skoble, MD
Faculty: Stephen Correia, PhD, Stephen Mernoff, MD, Todd Solomon, PhD
This session will present 3 speakers who will review different aspects of diagnosis and
management of mild traumatic brain injury and chronic traumatic encephalopathy.

3:15 PM-4:45 PM  Session 316  Georgetown West
Gay and Gray VI: “I thought I Would Never Get Old!” What
Geriatric Mental Healthcare Providers Need to Know When Caring
for Individuals Aging with HIV
Chair: Brandon Yarns, MD
Faculty: Raeanne Moore, PhD, Maria Marquie, PhD
Discussant: William Apfeldorf, MD, PhD
With the introduction of Highly-Active Antiretroviral Therapy (HAART) in the mid-1990s,
HIV-infected (HIV+) persons who had thought their illness would kill them were brought
back to life in what was called the “Lazarus Phenomenon.” Since then, HIV+ persons
have been aging with—rather than dying from—their illness. Unlike Lazarus, those
aging with HIV are at risk for HIV-associated neurocognitive disorder (HAND) and other
adverse mental health outcomes, but recent literature shows that successful aging
remains possible in people living with HIV. This edition of Gay and Gray will provide
clinicians with an overview of the complications of aging with HIV and provide strategies
to facilitate successful aging in their patients living with HIV.

3:15 PM-4:45 PM  Session 317  Lincoln West
Next Steps: Job Search and Career Choices 101
Chair: Isis Burgos-Chapman, MD,
Faculty: Paul Kirwin, MD, Michelle Conroy, MD, Ipsit Vahia, MD
This session is designed to provide a roadmap for trainees and early career
GeroPsychiatrist transitioning into the job workforce.
Saturday, March 19, continued

3:15 PM-4:45 PM  
**Session 111**  
Embassy

*The Exam Starts in the Hallway: Movement Disorders in Geriatric Psychiatry*

Chair: Laura Marsh, MD  
Faculty: Nikolaus McFarland, MD, PhD, William McDonald, MD, Sarah Fayad, MD  

Movement disorders are commonly encountered in the clinical practice of geriatric psychiatry. Drug-induced movement disorders can develop in patients treated for psychiatric disorders, though the introduction of atypical antipsychotic medications has led to a reduced emphasis on their recognition and management. Neurodegenerative diseases also result in motor dysfunction, gait changes, and abnormal movements, as well as psychiatric disturbances. From the perspectives of geriatric psychiatrists and neurologists with expertise in movement disorders, the presentations, including videos, will review the features and clinical course of movement abnormalities that occur in geriatric psychiatry patients and their differential diagnosis, specific phenomenology, and management.

4:45 PM-6:45 PM  
**Research Posters and Exhibit Hall Reception**  
Columbia Hall

5:30 PM-6:30 PM  
**Product Theater**  
Georgetown

6:30 PM-8:30 PM  
**Documentary**

7:00 PM-8:30 PM  
**GMHF Reception**  
Patio/Kalorana

Sunday, March 20, continued

8:30 AM-10:00 AM  
**Session 401**  
Jefferson East

*Clearing the Mind: Benzodiazepines and the Aging Brain*

Chair: Melinda Lantz, MD  
Faculty: Pui Wong, MD, Maria Varvara, MD, Amy Harsany, MD  

This session review will provide an overview of the use and misuse of benzodiazepines in late life. From the discovery and marketing of these agents to their rise as the most widely prescribed drugs world-wide, benzodiazepines have a role in psychiatry. The risks of these agents will be highlighted and how these agents have impacted the aging brain will be debated.

8:30 AM-10:00 AM  
**Session 402**  
Jefferson West

*Integrated Care: Lessons from the Veterans Administration PC-MHI Program*

Chair: Paul Kirwin, MD  
Faculty: Michelle Conroy, MD, Ilse Wiechers, MD  
Discussant: Andrew Pomerantz, MD

The Veterans Administration Primary Care-Mental Health Integration Program (PC-MHI) was established to enhance collaboration between Primary Care and Mental Health in attempts to increase access, decrease stigma, and provide immediate, time limited mental health care co-located in a primary care setting. This approach is especially advantageous in early detection and treatment of neuropsychiatric disorders in late life.

8:30 AM-10:00 AM  
**Session 403**  
Monroe

*Senior Investigator Workshop*

Chair: Helen Lavretsky, MD  
Faculty: Molly Wagster, PhD, Jovier Evans, PhD  
Discussant: George Niederehe, PhD

The Research Committee will organize this workshop in collaboration with program officers from the NIMH and NIA who will serve as presenters (Jovier Evans, George Niederehe, and Molly Wagster are invited). The workshop to provide an update on federal funding for the senior investigators in the field who are federally funded or seek federal funding.

8:30 AM-10:00 AM  
**Session 404**  
Georgetown East

*Mindfulness Training and Exercise: Benefits for Brain, Mind, and Body*

Chair: Eric Lenze, MD  
Faculty: Julie Wetherell, PhD, Steve Hickman, PsyD, David Sinacore, PT, PhD, FAPTA

Integrative health for older adults includes attending to brain, mind, and body. Increasingly there is interest in two modalities, mindfulness training and exercise, because of their potential benefits for health, symptoms, and cognitive functioning. Our group includes a geriatric psychiatrist, geropsychologist, Physical Therapist and exercise trainer, and mindfulness leader. We will make the case for incorporating mindfulness training and exercise into geriatric mental health care. We will present data from recent research, as well as providing a clinical introduction to these modalities and a “how to” for clinicians to integrate these approaches into their geriatric mental health care.

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*Sunday, March 20*

7:30 AM-9:30 AM  
**Annual Meeting Program Committee**  
Fairchild East+West

8:30 AM-10:00 AM  
**Session 400**  
Lincoln East

*Alternative Approaches to Enhance Cognitive and Emotional Functioning in At-Risk Older Adults*

Chair: Daniel Jimenez, PhD  
Faculty: Stephen Bartels, MD, MS, Philip Harvey, PhD, Sara Czaja, PhD

This session will describe innovative ways to deliver mental health services to three high-risk, older adult populations: (1) racial/ethnic minorities; (2) socially isolated older adults; and (3) older adults with severe mental illness. Treatment alternatives addressing the cognitive, physical and mental health needs will be discussed. Particular attention will be paid to the use of technology and paraprofessionals in delivering non-traditional psychotherapeutic interventions (e.g., health promotion, cognitive remediation therapy). In addition, the role of increased social connectivity and reduced social isolation — as main outcome and potential moderating variable — will also be presented.
# Schedule of Events

**Sunday, March 20, continued**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Title</th>
<th>Chair/Instructor</th>
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<tbody>
<tr>
<td>10:15 AM</td>
<td>201</td>
<td>Georgetown West</td>
<td><strong>Election 2016: The Stakes for Mental Health and Aging Advocates</strong></td>
<td>Ilse Wiechers, MD, MPP, MPH</td>
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<tr>
<td>10:15 AM</td>
<td>202</td>
<td>Lincoln West</td>
<td><strong>Cognitive Aging: Progress in Understanding and Opportunities for Action</strong></td>
<td>Robert Wallace, MD</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>203</td>
<td>Jefferson East</td>
<td><strong>Geriatric Mental Health Services and Research in the Veterans Health Administration</strong></td>
<td>John Little, MD</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>204</td>
<td>Monroe</td>
<td><strong>Science or Snake Oil?: Review of Use of Testosterone and Vitamins/Nutrients in the Elderly</strong></td>
<td>Luisa Skoble, MD, Ellen Bosley, MBA, MS, RD, Hilary Whitlatch, MD</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>205</td>
<td>Monroe</td>
<td><strong>You Let My Mother Do What?! Sexual Intimacy and Decision-Making Capacity in Cognitively Impaired Older Adults</strong></td>
<td>Eitan Kimchi, MD, Daniel Sewell, MD, Gregory Dolin, MD, Jason Karlawish, MD</td>
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<tr>
<td>12:00 PM</td>
<td>206</td>
<td>Monroe</td>
<td><strong>Management of a Complex Case of Non-Catatonic Mutism in Schizophrenia</strong></td>
<td>Mark Rapoport, MD, Dr. Sarah Brunelle</td>
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<tr>
<td>12:00 PM</td>
<td>207</td>
<td>Monroe</td>
<td><strong>New Onset Geriatric Depression due to Chronic Lyme Disease: Public Health Problem or Holistic Hokum?</strong></td>
<td>Beverly Jones, MD, Dallas Seitz, MD, Andrea Iaboni, MD, Dphil, FRCP, Krista Lanctot, PhD</td>
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**Session 201**

**Election 2016: The Stakes for Mental Health and Aging Advocates**
Chair: Ilse Wiechers, MD, MPP, MPH
Faculty: David Wasserman

This workshop, sponsored by the Public Policy Caucus, will explore the upcoming November 2016 Congressional and Presidential elections, the potential composition of the 115th Congress, and what those factors may mean for advocates of mental health and aging policies and programs. It will provide participants with a look forward to the 2016 elections and the impact of those elections on health care and aging issues over the next two years.

**Session 402**

**Lithium Re-Challenge in a Medically Complicated Patient with Longstanding History of Bipolar Disorder Type I Following Renal Failure And Kidney Transplantation: A 3-year Update**
Faculty: Erica Garcia-Pittman, MD

**Severe Encephalopathy with Wernicke’s Aphas ics Associated with Lamotrigine in a Bipolar Patient**
Faculty: Jessica Broadway, MD

**Session 403**

**Cognitive Aging: Progress in Understanding and Opportunities for Action**
Faculty: Robert Wallace, MD

The Institute of Medicine developed a consensus and evidenced based report on cognitive aging, as distinct from mild neurocognitive and major neurocognitive disorder. Cognitive aging is ubiquitous to the process of aging, yet highly variable across individuals and functions. Some functions decrease, such as memory and executive function. Others, such as wisdom and perhaps vocabulary, may increase. In contrast to neurocognitive disorders, neuronal loss is minimal yet synaptic dysfunction does occur, suggesting the brain with aging is far more plastic than previously thought. Empirical studies support evidence based interventions which can retard or even improve cognitive function with aging, especially exercise, reduction of cardiovascular risk factors, and careful monitoring medications. These findings among others will be presented.

**Session 404**

**Evaluating Medication Related Adverse Events Using Administrative Health Data: Research Methods and Clinical Implications for Geriatric Psychiatry**
Chair: Mark Rapoport, MD
Faculty: Dallas Seitz, MD, PhD, Andrea Iaboni, MD, Dphil, FRCP, Krista Lanctot, PhD

A workshop designed to help clinicians interpret observational research pertaining to the risks of psychotropic medications in older patients, and to translate the findings to practice.
Sunday, March 20, continued

Management of a Complex Case of Non-Catatonic Mutism in Schizophrenia
Faculty: Meera Balasubramaniam, MD, MPH
12:00 PM-1:30 PM  
Session 412  
Jefferson East  
Citalopram for Agitation in Ad (CitAD): Pharmacokinetic Studies, Subgroup Analyses, and Effect on Other Neuropsychiatric Symptoms  
Chair: Constantine Lyketsos, MD, MHS  
Faculty: Bruce Pollock, MD, PhD, Lon Schneider, MD, Anton Porsteinsson, MD  
Followup analyses from the CitAD study.

12:00 PM-1:30 PM  
Session 413  
Lincoln East  
Psychiatric Care from a Distance – Current Challenges and Future Implications  
Chair: Ipsit Vahia, MD  
Faculty: Rujvi Kamat, PhD, Shilpa Srinivasan, MD, Dr. Ching Yu  
Novel information technologies such as telehealth or applications (“apps”) may effectively target unmet needs in geriatric psychiatry by facilitating access to health care and also enhancing communication between mental health teams and their patients. However, many challenges remain with these potential tools. In this session, we will provide an overview of the current communication technologies available for geriatric mental health service delivery. We will address some of the current challenges, which include tolerability for the patients, adaptability of the technology, and the legal and privacy aspects of such technology.

12:00 PM-1:30 PM  
Session 414  
Lincoln West  
Research Update: Advances in Therapeutics in Geriatric Psychiatry  
Sponsored by the AAGP Research Committee  
Chair: Helen Lavretsky, MD  
Faculty: Martha Sajatovic, MD, William McDonald, MD, Krista Lanctot, PhD  
The session is sponsored by the Research Committee of AAGP and will feature 4 leading researchers who will overview and discuss recent advances in therapeutics development in geriatric mood disorders, dementia, and brain stimulation techniques. The Symposium on the Advances in Therapeutics in Geriatric Psychiatry will provide an in-depth discussion of recent therapeutic advances in the treatment of geriatric mood disorders and dementing illnesses using pharmacological, neuromodulation, lifestyle and psychosocial interventions.

12:00 PM-1:30 PM  
Session 415  
Jefferson West  
Chair: Marc Agronin, MD  
Faculty: Wendy Miller, PhD  
In her new book “Sky Above Clouds: Finding Our Way Through Creativity, Aging and Illness” art therapist and counselor Wendy Miller writes of her life as the wife and collaborator of the late Gene Cohen, reflecting upon his groundbreaking work on aging, their work together, and his struggle with terminal illness even as he continued his life’s work. Dr. Miller will talk about her life with Gene and how creative aging was able to enliven their work even as his own monumental life force ebbed.

12:00 PM-1:30 PM  
Oral Paper Presentations  
Georgetown East  
Depression and Anxiety  
Five investigators will give brief presentations of cutting-edge research findings in the areas of depression and anxiety with time for questions from the audience. AAGP Members and investigators are encouraged to attend.
Opportunities for Trainees

AAGP gladly welcomes students and residents at the Annual Meeting. The meeting is packed with educational sessions, committee and interest group meetings for members to get more involved, and some fun social events as well. There are also several events specifically designed for trainees. Additionally, AAGP offers options to help reduce costs for trainees to attend the meeting, through scholarships and assistance reducing hotel costs.

Developing Your Research Career
Saturday, March 19, 8:45 am–11:15 am
This meeting provides information on opportunities for new researchers in geriatric psychiatry and how to get started, obtain research training and support, and persist in the research field.

Early Investigator Poster Presentations
Early Investigator Posters feature research from those in the earlier stages of their career—medical students, residents, research or clinical fellows, or junior faculty (less than two years). The poster session will again include poster rounds, in which senior researchers will meet with the new investigators and any interested conference attendees to review and discuss the posters. Poster rounds are intended to facilitate interaction between senior faculty, young researchers, and the AAGP membership in a relaxed, collegial atmosphere.

Scholars Program for Medical Students and General Psychiatry Residents
Supported by the Geriatric Mental Health Foundation through private donations from AAGP members
The GMHF Scholars Fund, through the generous donations of AAGP members and staff, is providing scholarships for medical students and psychiatry residents to get involved with AAGP. A variety of scholarships will be offered, from subsidized memberships and/or meeting registration, partial travel support, to a few, prestigious full scholarships for travel and participation in the AAGP meeting and ongoing participation throughout the year. All trainees will participate in the educational programs for Medical Students and Residents, and the subsequent Mentoring Lunch. Applications were due October 1, 2015.

Discounted Registration
AAGP offers discounts to students, residents, and fellows on general registration and the ticketed events, as well. Details can be found on the meeting registration form at www.AAGPmeeting.org

Questions about trainee events during the Annual Meeting?
Contact Christopher Wood at cwood@aagponline.org or call 703-556-9222 x142.
About the Geriatric Mental Health Foundation

The Geriatric Mental Health Foundation was established by the American Association for Geriatric Psychiatry to raise awareness of psychiatry and mental health disorders affecting the elderly, eliminate the stigma of mental illness and treatment, promote healthy aging strategies, and increase access to quality mental health care for the elderly. The GMHF is governed by its own Board of Directors, has a separate budget from the AAGP budget, and is self-supporting. The GMHF revenues are dependent upon individual contributions to sustain the programs of the Foundation. The Foundation is the only one of its kind solely devoted to mental health and aging. Learn more about the Foundation at www.GMHFonline.org.

Activities and Services

Outreach and Education

To educate the public and provide resources, the GMHF maintains a presence on the Internet through its website, www.GMHFonline.org. The Foundation’s site features consumer information, news, resources, and a find-a-doctor feature, which lists psychiatrist members of the American Association for Geriatric Psychiatry who are accepting new patients. The Foundation’s aging and mental health series of brochures covers such topics as anxiety, depression, substance abuse and misuse, healthy aging, caregiving, sleep disorders, and disaster preparedness. Single copies of brochures are provided free of charge; bulk quantities may be purchased at cost.

Scholars Fund

In its fifth year, the Geriatric Mental Health Foundation’s Scholars Fund is designed to expose medical students and young physicians to the rewarding field of geriatric psychiatry in an effort to increase the number of medical professionals expertly trained to care for the growing older population. Funds will be used to support Scholars’ activities during the AAGP Annual Meeting, including a structured mentorship program; provide scholarships to AAGP’s focused educational programs; pay for memberships in the Association to give trainees full access to all AAGP member programs and activities; and develop tools for medical students and residents to make informed choices about their medical careers. For a donation of $2,500, an individual or organization may support one trainee as an Honors Scholar for full participation in the Scholars Program. These prestigious scholarships will be named for the contributor (or his or her designee) and will be granted to the most highly qualified applicants as determined by a selection committee. Donations to the Scholars Fund received after November 30, 2015 will be applied to the 2017 program.

Support the GMHF

Support the Geriatric Mental Health Foundation by:
1. **Making a general contribution to support the important work of the GMHF.**
2. **Making a contribution to the Scholars Fund.** Minimum contribution is $50.

All gifts are tax-deductible up to the amount permissible by law. All contributors to the Foundation will be recognized in the AAGP Final Program and GMHF website.

Contributions can be made on the AAGP Annual Meeting Registration Form. To make a gift online at GMHF’s secure website, go to [www.GMHFonline.org](http://www.GMHFonline.org) and click on the “How to Contribute” link, or phone 703.556.9222 ext. 121. If you prefer to mail your gift, you may send it to Geriatric Mental Health Foundation, 6728 Old McLean Village Drive, McLean, VA 22101.

GMHF Board of Directors 2015–2016

Susan K. Schultz, MD, President
Eve Byrd, MSN, MPH, APRN, BC, Secretary/Treasurer
Helen Lavretsky, MD, President-Elect
Meet and Network in the AAGP Exhibit Hall

AAGP’s Exhibit Hall features dozens of exhibitors and includes key information on products and services related to late-life mental health. Raffle prize drawings, receptions, and research poster sessions will take place in the Hall. Join us for food and fun Saturday and Sunday in the Exhibit Hall (see below for details).

Exhibit Hall Hours

**Friday, March 18**
- 4:30 pm–6:30 pm: Exhibit Hall Open
- 4:30 pm–5:30 pm: Product Theater
- 4:30 pm–6:30 pm: Early Investigator Research Poster
- 5:30 pm–6:30 pm: Product Theater
- 4:30 pm–6:30 pm: Exhibit Hall Reception

**Saturday, March 19**
- 11:30 am–7:00 pm: Exhibit Hall Open
- 12:30 pm–1:30 pm: Exhibit Hall Lunch
- 4:45 pm–6:45 pm: New Research Posters
- 4:45 pm–6:45 pm: Exhibit Hall Reception
- 4:30 pm–6:30 pm: Product Theater

ADMISSION

You must have either an AAGP Annual Meeting Badge or an Exhibit Hall badge ($40) to be admitted into the Exhibit Hall. Children under 18 years of age are free, but any child over the age of two will need to have his/her own badge. Parents/guardians of all children under age 18 must sign a waiver form at the Registration Desk before entering the Hall. Children must be accompanied by an adult.

PRODUCT THEATERS

Product Theaters will again be offered during the Annual Meeting. These presentations, which will be held in a special section of the Exhibit Hall, will feature promotional programs supported by some of our exhibitors. During these sessions, companies will provide the latest information about their products. All meeting attendees are invited to these non-CME events, on a first-come basis, to learn and ask questions about today’s products and services available to mental health professionals working with older adults.

Product Theaters are promotional activities and are not approved for continuing education credits. The content of the Product Theaters and opinions expressed by presenters are those of the sponsors or presenters and not of the American Association for Geriatric Psychiatry.

All product theaters will be held on Friday, March 18 and Saturday, March 19. Look for signs announcing the product theaters in the exhibit hall, at the meeting registration desk, in your registration bags, and in the final program, and plan to attend.

EXHIBITING/ADVERTISING/SPONSORSHIP OPPORTUNITIES

For information on advertising, exhibits, product theaters, or sponsorship opportunities at the AAGP Annual Meeting, please see the 2016 AAGP Annual Meeting Exhibitor Prospectus (PDF) at www.AAGPmeeting.org or write to AAGP’s Christopher Wood at cwood@aagponline.org
How to Register

REGISTRATION FORM INSTRUCTIONS

Personal Information
Complete information. All participants must be registered, and badges must be worn to gain entrance into all sessions and events.

Full Or One-Day Registration

Full Registration—Fee includes admission to educational sessions, Opening Plenary, Opening Reception, exhibit hall, and one copy of meeting materials. Residents and full-time students must mail or fax a photocopy of their student identification card when submitting the registration form to be granted the resident/student rate.

To help geriatric psychiatrists meet their Maintenance of Certification self-assessment requirement, a self-assessment component is available to those who register as full conference attendees by March 4, 2016. See www.AAGPonline.org/MOC for more details. Available only to psychiatrists and only to full-conference registrants (not one-day registrants).

One-Day Registration—Fee includes admission to educational sessions, exhibit hall, and AAGP social functions on the day registered. Also includes one copy of meeting materials.

Intensive Workshops
Space may be limited for these programs—please register early.

Guest Tickets
Spouse/Partner $210/person
Admission to the Opening Plenary, Opening Reception, Exhibit Hall, and all non-ISS symposia. No CME/CE provided.

Opening Reception $85 Adult / $25 Child (4–12 years)
Admission to the Opening Reception is included in the Full and Spouse/Partner fee. Additional tickets may be purchased for $85 per adult/$25 per child. The number of tickets available for purchase on-site is limited.

Exhibit Hall Only $40/person
Admission to the Exhibit Hall is included in the Full, One-Day, and Spouse/Partner fee. Tickets are available to those accompanying a Full- or One-Day registrant. No ticket is required for anyone under 18 years of age. A waiver must be signed by a parent or guardian for those under 18 years old; the form will be available on-site.

GMHF Activities
Contribute to the Geriatric Mental Health Foundation, AAGP’s consumer-education arm, while registering for the meeting. All donations are tax deductible to the extent allowed by law. For more information on the Foundation’s activities, please refer to page 27.

Membership
Renew now and $ave !
Renew your membership to receive the member discount at: www.aagponline.org/renew

Join AAGP at www.AAGPonline.org/membership

NEW Members: Become a NEW Member before registering for the 2016 Annual Meeting and save on the cost of membership by qualifying for the lower member registration rate. See page 5.

Complete either the Psychiatrist application (for psychiatrists, psychiatry residents (M1Ts), or medical students) or the non-psychiatrist application (for all other disciplines). You can pay online directly with a credit card.

2016 AAGP Annual Meeting recordings
Sessions from the 2016 Annual Meeting will be available as synchronized digital audio/PowerPoint presentations. Hear sessions you weren’t able to attend, print handouts, make session notes, and even download presentations to your MP3 player for a totally portable learning experience. Best of all, you can earn additional AMA PRA Category 1 Credits™. Go to www.softconference.com/aagp/ for more information.

Method of Payment
Registration payment may be made by online credit card (Visa, MasterCard, or American Express) or check drawn on a U.S. bank and made payable to AAGP. All payments must be made in U.S. dollars. AAGP cannot assume fees for foreign bank transfers. Forms received without payment will not be processed and the registrant WILL NOT be registered for the conference. Please write legibly—failure to do so may result in delays.
Registration Form

First Name/MI ________________________________
Last Name ________________________________
Degree/Credentials ___________________________
Billing Address __________________________________

City/State ____________________ Zip/Postal Code __________ Country ______
Phone __________________________ Fax ______________________
Email (required) __________________________

Are you an AAGP member? ○ Yes (Member #:_________) ○ No

**FULL REGISTRATION OR ONE-DAY REGISTRATION**

Full Registration - Fees include admission to educational sessions, Opening Plenary, Opening Reception, exhibit hall, and one copy of meeting materials.

<table>
<thead>
<tr>
<th></th>
<th>On or before Jan. 22</th>
<th>After Jan. 22</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAGP Members (Psychiatrists/Retired)</td>
<td>$495</td>
<td>$959</td>
</tr>
<tr>
<td>AAGP Members (Non-psychiatrist)</td>
<td>$395</td>
<td>$495</td>
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<tr>
<td>AAGP Members-in-Training/Student Members*</td>
<td>$195</td>
<td>$270</td>
</tr>
<tr>
<td>Non-member Physicians and PhDs</td>
<td>$810</td>
<td>$890</td>
</tr>
<tr>
<td>Non-member Non-physician/PhD professionals</td>
<td>$655</td>
<td>$735</td>
</tr>
<tr>
<td>Non-member Residents/Students*</td>
<td>$225</td>
<td>$295</td>
</tr>
</tbody>
</table>

* Medical Student Year _______ Resident Year _______ Residents and full-time Students must mail or fax a photocopy of their student identification card when submitting this registration form to be granted the resident/student rate.

One-Day Registration - Fees include admission to educational sessions, exhibit hall, and AAGP social functions on day registered and one copy of meeting materials.

<table>
<thead>
<tr>
<th></th>
<th>On or before Jan. 22</th>
<th>After Jan. 22</th>
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</thead>
<tbody>
<tr>
<td>Members Thursday, March 17</td>
<td>$275</td>
<td>$325</td>
</tr>
<tr>
<td>Friday, March 18</td>
<td>$275</td>
<td>$325</td>
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<tr>
<td>Saturday, March 19</td>
<td>$275</td>
<td>$325</td>
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<tr>
<td>Sunday, March 20</td>
<td>$275</td>
<td>$325</td>
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<tr>
<td>Non-members Thursday, March 17</td>
<td>$335</td>
<td>$385</td>
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<tr>
<td>Friday, March 18</td>
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<tr>
<td>Saturday, March 19</td>
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<tr>
<td>Sunday, March 20</td>
<td>$335</td>
<td>$385</td>
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</table>

INTENSIVE WORKSHOPS ON THURSDAY, MARCH 17

Please register for only one of these workshops as they are concurrent.

<table>
<thead>
<tr>
<th></th>
<th>On or before Jan. 22</th>
<th>After Jan. 22</th>
</tr>
</thead>
<tbody>
<tr>
<td>Review in Geriatric Psychiatry: Preparation for Subspecialty Examinations</td>
<td>$300</td>
<td>$370</td>
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<tr>
<td>Non-Members</td>
<td>$395</td>
<td>$465</td>
</tr>
<tr>
<td>Neuroscience Teaching Day: Neuroscience of Lifestyle Medicine</td>
<td>$165</td>
<td>$185</td>
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<tr>
<td>Non-Members</td>
<td>$245</td>
<td>$275</td>
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Training Directors Workshop

<table>
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<th>Members</th>
<th>Non-Members</th>
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</thead>
<tbody>
<tr>
<td>Members</td>
<td>free</td>
<td>free</td>
</tr>
<tr>
<td>Non-Members</td>
<td>$225</td>
<td>$255</td>
</tr>
</tbody>
</table>

**GUEST TICKETS**

Spouse/Partner Registration* ○ $210 (# of tickets)

* Includes entry into AAGP social functions, Exhibit Hall, and non-ISS symposia.

Spouse/Partner name for badge __________________________

Opening Reception **

Adult ○ $85 (# of tickets)

Child(4–12 yrs.) ○ $25 (# of tickets)

** One ticket is included with each Full and Spouse/Partner Registration.

Exhibit Hall Only ○ $40 (# of tickets)

No ticket needed if under 18 years; waiver must be signed onsite.

**GMHF ACTIVITIES**

Contribute to the Geriatric Mental Health Foundation, AAGP’s consumer-education arm, while registering for the meeting. All donations are tax deductible to the extent allowed by law. Learn more at www.GMH Fonline.org.

| General Fund | $25 | $50 | $100 ○ Other $________ |
| Scholars Fund (minimum contrib. $50) | $50 | $100 ○ Other $________ |

**2016 MEMBERSHIP FEES**

Become a member and save now! NEW members must apply online—visit www.AAGP online.org/membership.

○ RENEWING member

| U.S. or Canadian Member (Psychiatrist) | $345 |
| Retired Member (former Psychiatrist Member only) | $180 |
| International Member (Psychiatrist) ○ HI/UMI: $345 ○ LI: $95 ○ LMI: $155 |
| Member-In-Training | $120 |
| U.S. or Canadian Member (Non-psychiatrist) | $295 |
| International Member (Non-psychiatrist) ○ HI/UMI: $295 ○ LI: $85 ○ LMI: $135 |

**2016 AAGP ANNUAL MEETING RECORDINGS**

Sessions from the 2016 Annual Meeting will be available as synchronized digital audio/PowerPoint presentations. Earn additional AMA PRA Category 1 Credits™. Go to www.softerconfer ence.com/aagp/ for more information.

2016 AAGP Annual Meeting Recordings ○ $199

Please note—Price will increase after the meeting.

**METHOD OF PAYMENT**

All payments must be made in U.S. dollars and drawn on a U.S. bank. AAGP cannot assume fees for foreign bank transfers.

TOTAL ENCLOSED $_________  ○ Check (enclose check made payable to AAGP)

○ Credit card (choose one): VISA MasterCard AmEx

Acct #________________________________________  Exp._________

Signature _______________________________________

To register online, visit www.AAGP meeting.org